

# Clinical Implementation of Precision Therapeutics in Children

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# Disclosures

- In the past 12 months, I have no financial relationships with the manufacturer(s) of any commercial product(s) and/or providers of commercial services discussed in this presentation
- Atomoxetine PK Study supported by R01HD058556: Exogenous and endogenous biomarkers of CYP2D6 variability in pediatrics (JS Leeder and Y Lin)
  - PK analysis: Jacob Brown, PharmD; Sue Rahman, PharmD
  - CYP2D6 Genotyping: Andrea Gaedigk, PhD
  - Analytical method development: Leon van Haandel, PhD

# Grant Support

R01 HD058556: Exogenous and endogenous biomarkers of CYP2D6 variability in pediatrics (JS Leeder and Y Lin)

T32 HD069038: Research Fellowship Program in Pediatric Clinical/Developmental Pharmacology (GL Kearns; JS Leeder and SM Abdel-Rahman)

R01 HD081299: PKPK prediction of ontogeny mediated alteration in drug elimination (B Prasad)

U54 HD090258: Genomic- and Ontogeny-Linked Dose Individualization and cLinical Optimization for Kids: GOLDILOKs; Specialized Center for Research in Pediatric and Developmental Pharmacology (Leeder, PI)

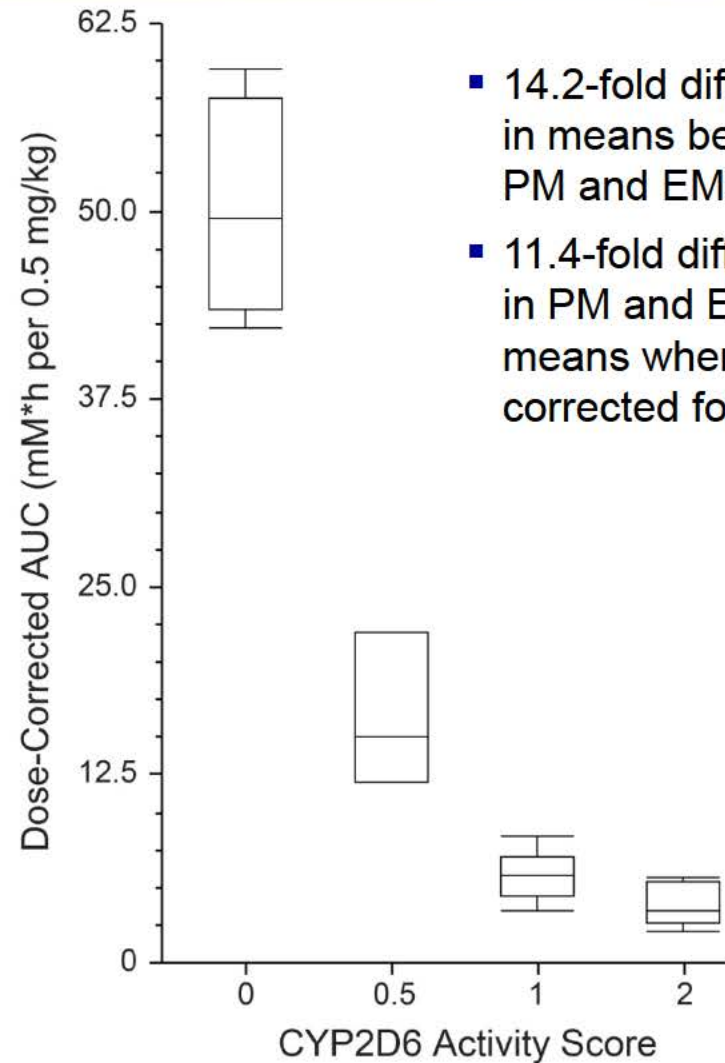
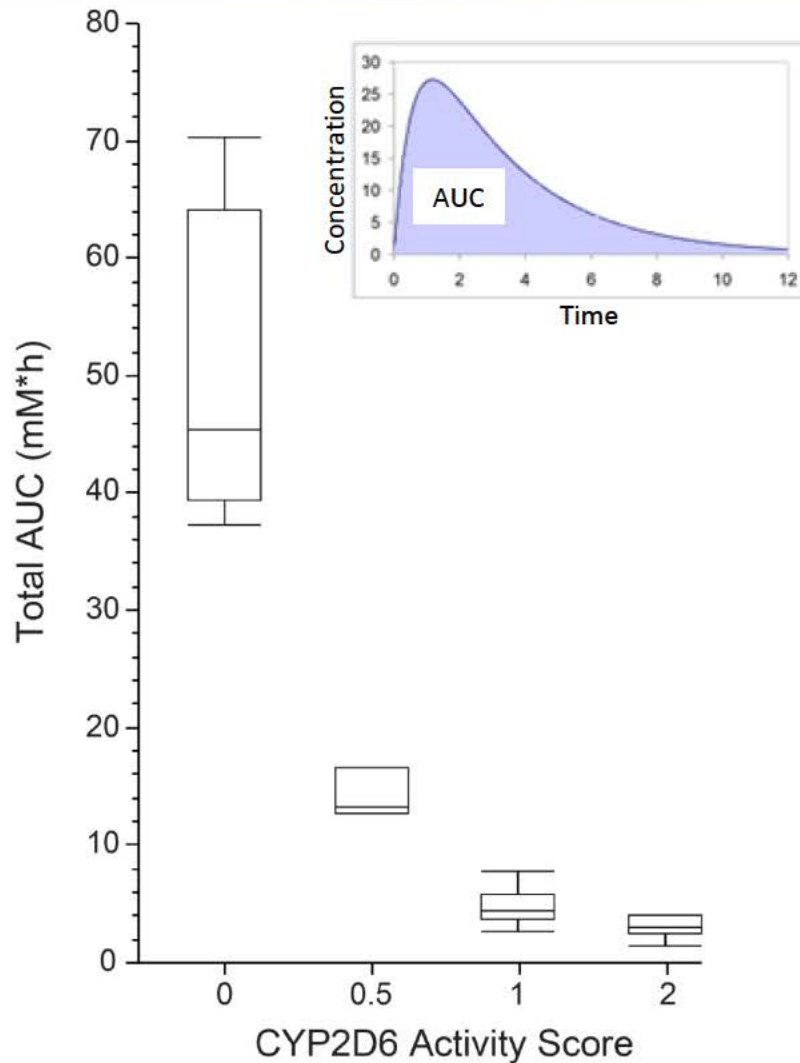
# Goals of Presentation

- Describe three challenges facing clinical implementation of pharmacogenomics information in pediatrics
  1. Application of “population” data to “individual” children
  2. Focus on (primary) polymorphic pathway
  3. Limitation of extrapolating/scaling adult data to children
- Differentiate between the importance of the “right exposure”, rather than the “right dose”, to better understand inter-individual variability in the response to a medication
- Discuss alternative study designs to efficiently generate required data to inform regulatory and clinical decisions

1. Application of “population” data to inform decisions at the level of “individual” patients

# Relevance of “Population” Data to “Individuals”: Comparison of “Mean” Atomoxetine AUC

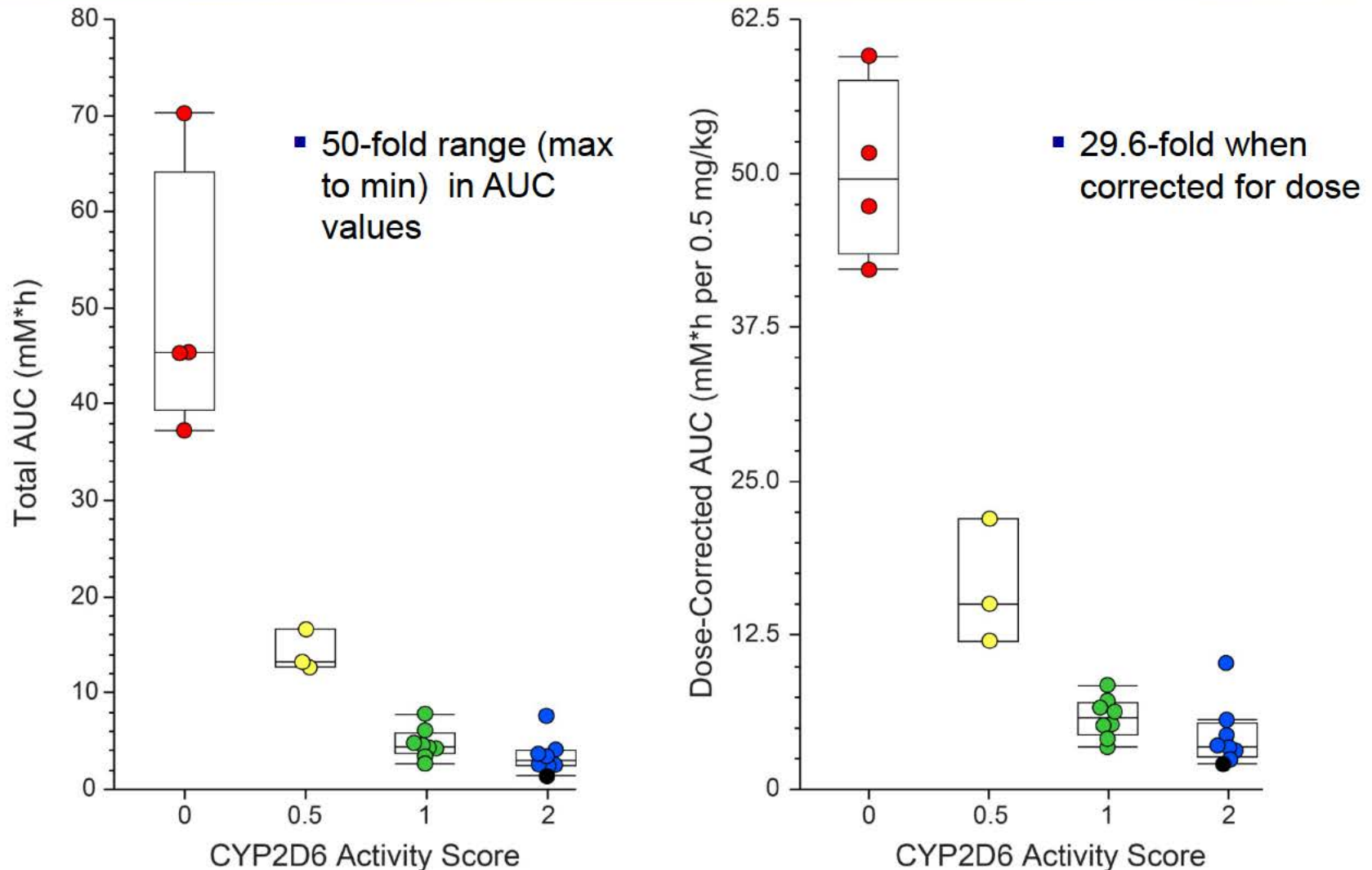
Brown *et al.* *CPT* 2016; 99:642-50



- 14.2-fold difference in means between PM and EM2 group
- 11.4-fold difference in PM and EM2 means when corrected for dose

# Relevance of “Population” Data to “Individuals”: Comparison of “Mean” Atomoxetine AUC

Brown *et al.* CPT 2016; 99:642-50



# Application of Population Data to Inform Clinical Decisions for Individual Patients

J Neural Transm (2008) 115: 341–345  
DOI 10.1007/s00702-007-0835-0  
Printed in The Netherlands

ADRA2  
rs1800544 (-1291 C>G)

Journal of  
Neural  
Transmission

## Adrenergic $\alpha$ 2A receptor gene and response to methylphenidate in attention-deficit/hyperactivity disorder-predominantly inattentive type

T. L. da Silva<sup>1</sup>, T. G. Pianca<sup>1</sup>, T. Roman<sup>2</sup>, M. H. Hutz<sup>3</sup>, S. V. Faraone<sup>4</sup>, M. Schmitz<sup>1</sup>, L. A. Rohde<sup>1</sup>

	G allele (+) (G/G or G/C)	G allele (-) (C/C)
Improvement	29	9
No Improvement	11	10

Sensitivity:  $29/38 = 76.3\%$   
Specificity:  $10/21 = 47.6\%$

Positive Predictive Value =  $29/40 = 72.5\%$   
Negative Predictive Value =  $10/19 = 52.6\%$



# Application of Population Data to Inform Clinical Decisions for Individual Patients

OPEN

ADRA2  
rs1800544 (-1291 C>G)

The Pharmacogenomics Journal (2014) 14, 295–302  
© 2014 Macmillan Publishers Limited All rights reserved 1470-269X/14  
[www.nature.com/tpj](http://www.nature.com/tpj)



## ORIGINAL ARTICLE

### Positive effects of methylphenidate on hyperactivity are moderated by monoaminergic gene variants in children with autism spectrum disorders

JT McCracken<sup>1</sup>, KK Badashova<sup>1</sup>, DJ Posey<sup>2</sup>, MG Aman<sup>3</sup>, L Scahill<sup>4</sup>, E Tierney<sup>5</sup>, LE Arnold<sup>3</sup>, B Vitiello<sup>6</sup>, F Whelan<sup>1</sup>, SZ Chuang<sup>7</sup>, M Davies<sup>7</sup>, B Shah<sup>1</sup>, CJ McDougle<sup>8</sup> and EL Nurmi<sup>1</sup>

	G allele (+) (G/G or G/C)	G allele (-) (C/C)
Improvement	12	20
No Improvement	18	8

Sensitivity:  $12/38 = 31.6\%$   
Specificity  $8/26 = 30.8\%$

Positive Predictive Value:  $12/30 = 40.0\%$   
Negative Predictive Value:  $8/28 = 28.6\%$

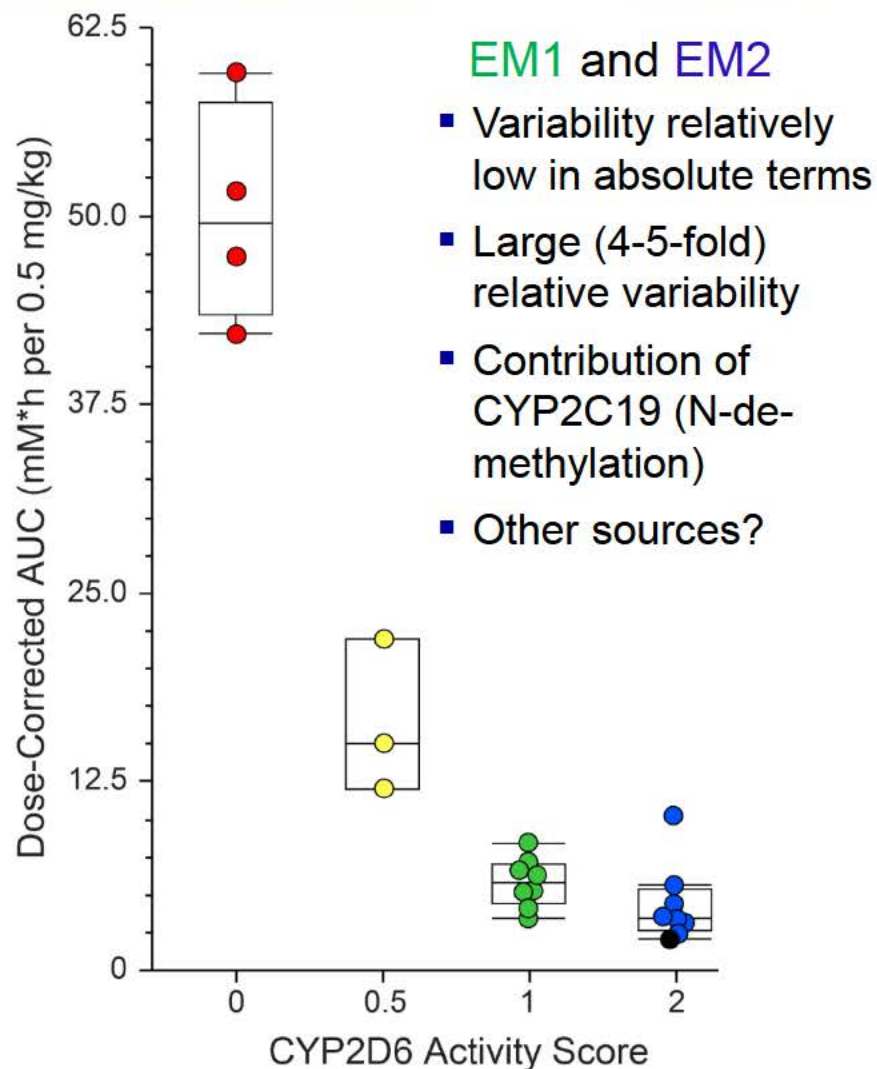
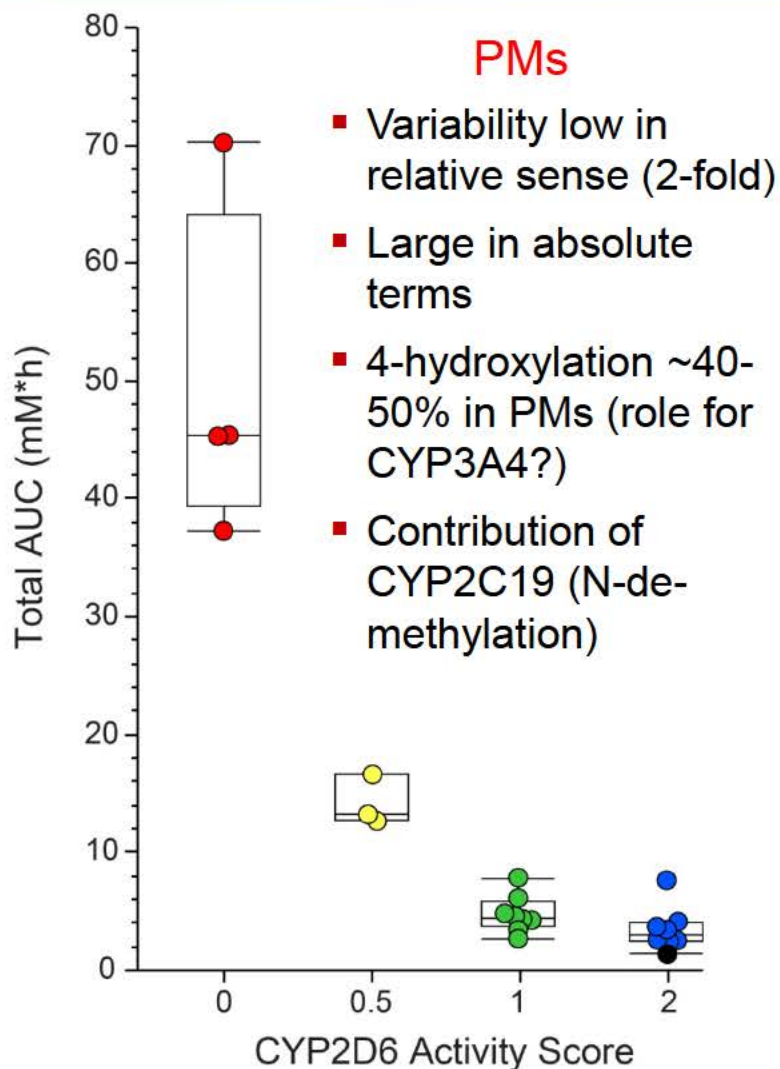
# Implications of Using “Population” Data to Inform Clinical Decisions for Individuals

- Statistical evaluation of genotype effect involves comparison of means for each genotype group
- Considerable variability in phenotype may exist within a genotype group; most individuals lie outside the mean
- Genotype data underlying commercial PGx testing are derived from genetic association studies, often involving small “populations”
- Application/extrapolation to individual patients is limited
  - Sampling errors
  - Actual condition being studied
  - Limited (if any) prospective validation

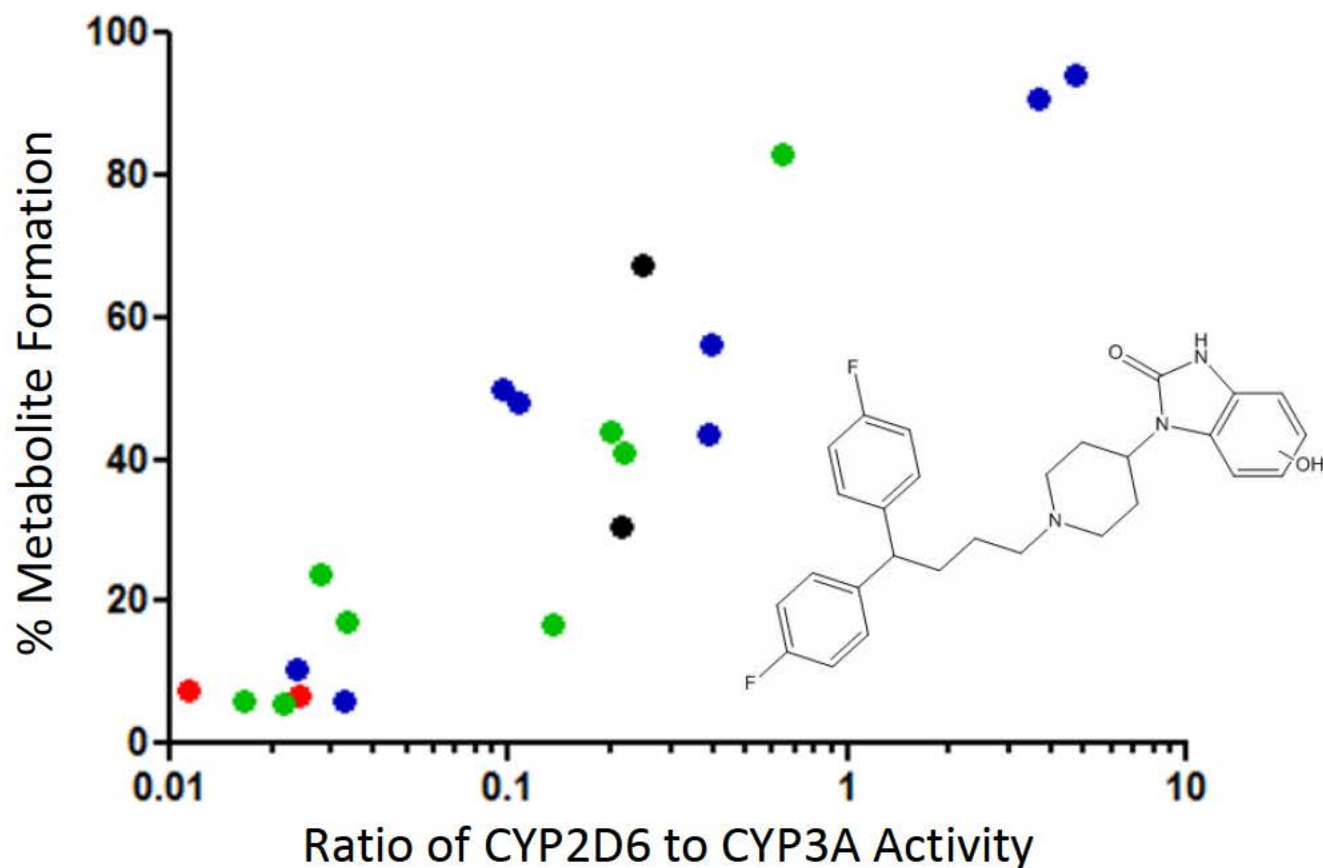
**2. Competing pathways as sources of inter-individual variability in the dose-exposure relationship**

# Contribution of Competing/Secondary Pathways: Intra-Genotype Variability in Atomoxetine AUC

Brown *et al.* CPT 2016; 99:642-50



# Contribution of Competing/Secondary Pathways: Pimozide Biotransformation *In Vitro*



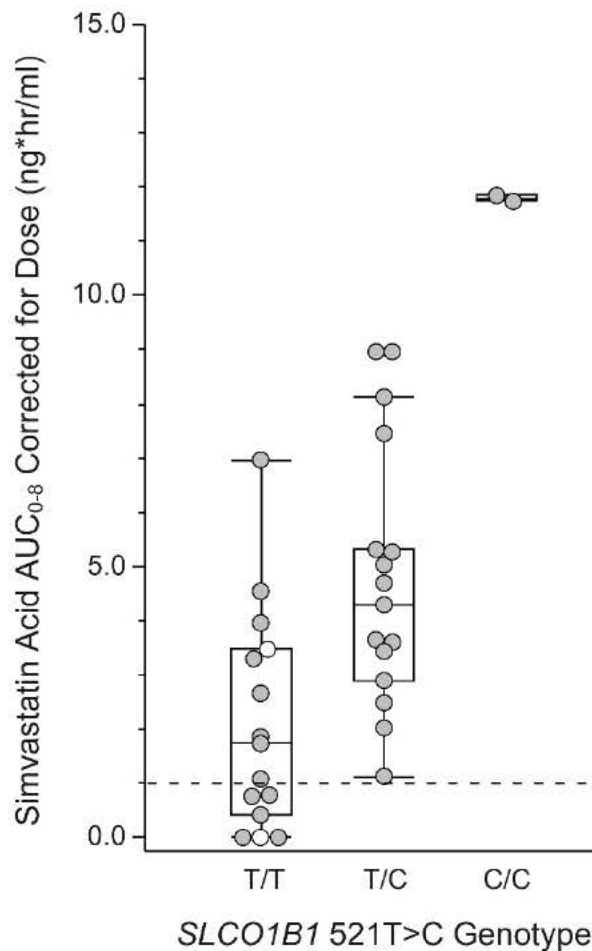
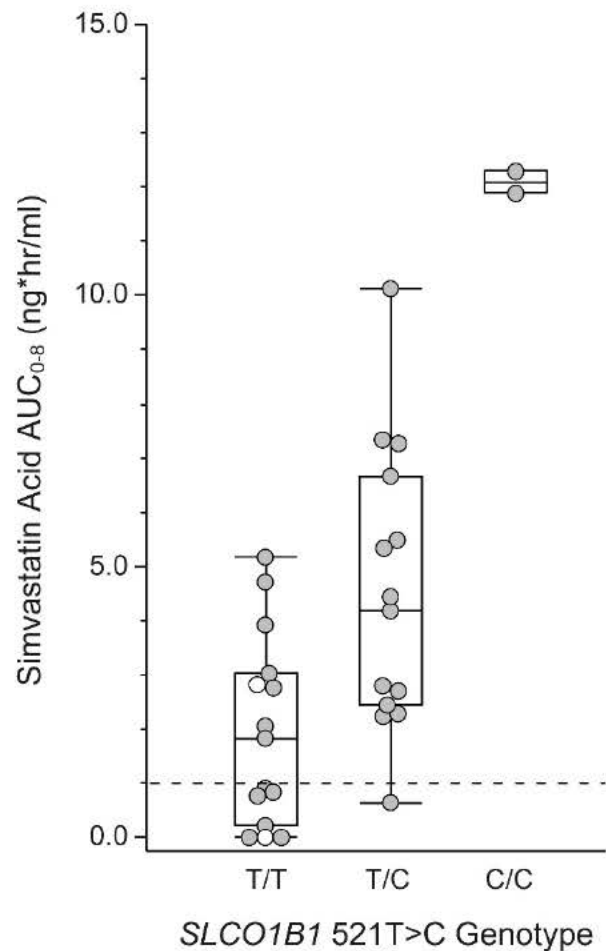
- Antipsychotic used to treat Tourette syndrome
- CYP2D6 warning in label (PGx, DDI)
- Pathway not characterized
- Ring-hydroxylated metabolite formed by CYP2D6

# Potential Importance of Competing Pathways

- Tendency to focus on magnitude of effect of genetic variation in primary pathway of elimination
- Value is greatest when polymorphic pathway is responsible for 100% of drug clearance
- For individual patients, alternative pathways increase in importance when primary pathway is absent (PMs) or compromised (IMs)
- For CYP2D6 substrates, like pimozone, PGx-based dosing guidelines should consider role of ontogeny and genetic variation in competing pathways (e.g., CYP3A4)

### **3. Extrapolation of adult data to children**

# Extrapolation of Adult Data to Pediatrics: Genotype-Stratified PK Study of Simvastatin



- Hydrolysis of lactone (SVL) to form active acid form (SVA)
- Assumptions of rapid hydrolysis and CYP3A metabolism
- Sampling strategy based on adult experience inadequate duration
- Undetectable SVA concentrations in 25% of subjects



## 4. Concept of “Right Exposure”

# Variability in Drug Response

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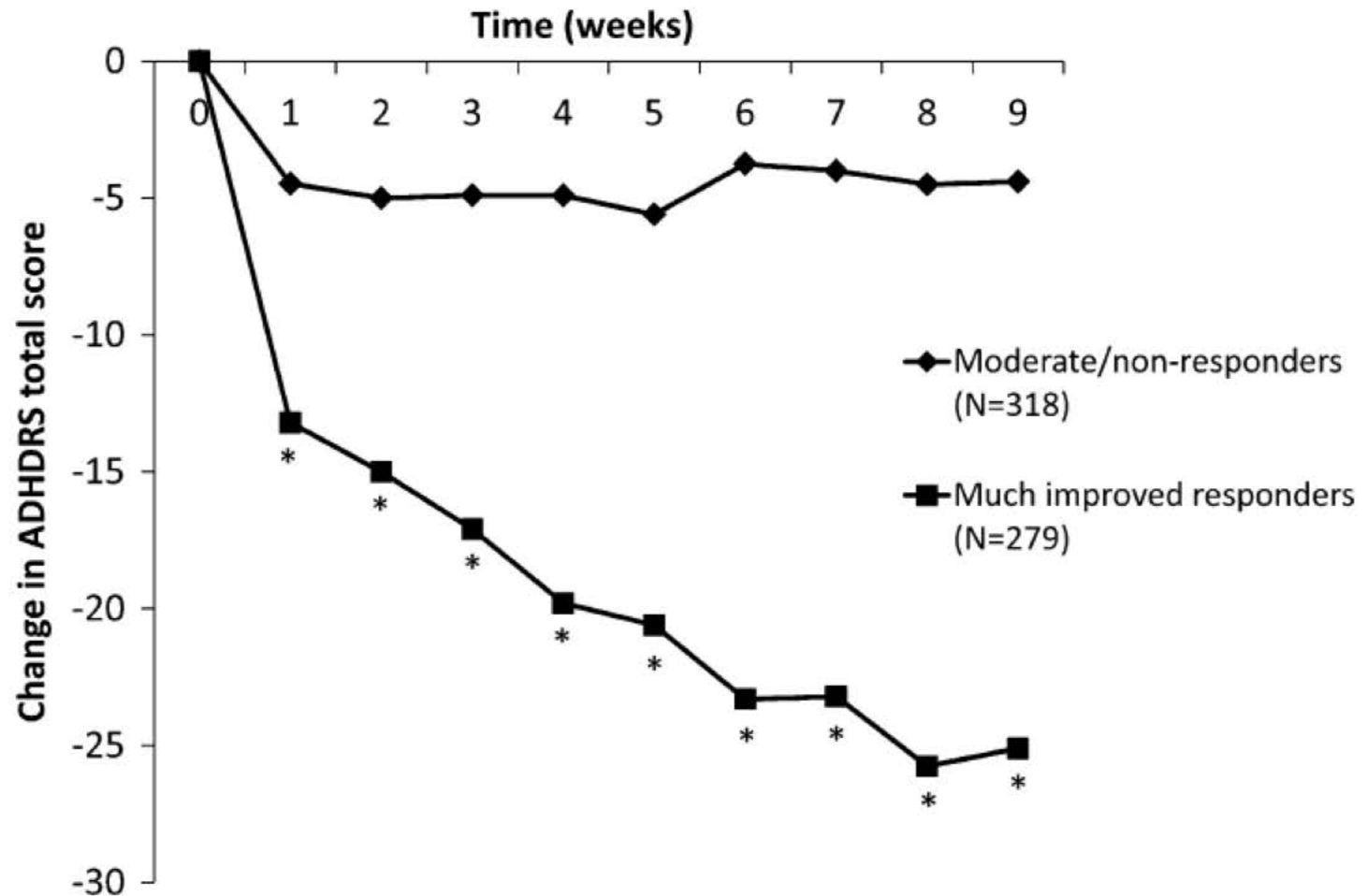
~~Dose~~ → ~~Exposure~~ → ~~Response~~

Response → Exposure → Dose

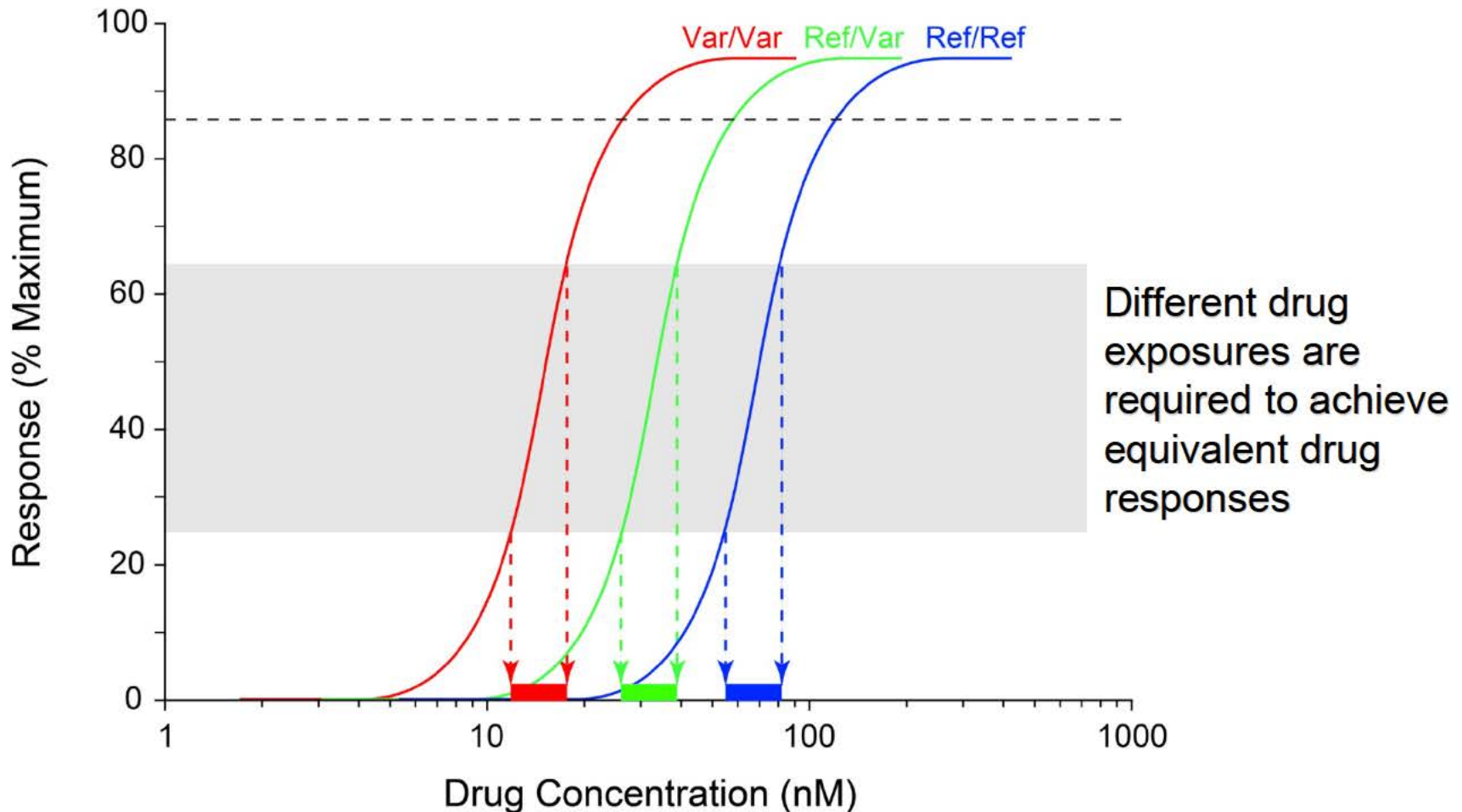
“The difficulty lies not so much in developing new ideas as in escaping from old ones”

- John Maynard Keynes

# Variability in Clinical Response to Atomoxetine



# Genetic Variability in Drug Target Contributes to Variability in Response



# Implications of Focus on Variability in Response at the Target(s) of Drug Action

- With current dosing regimens, different drug phenotypes generally can be ascertained in the treated population (“responders”; “non-responders”; “partial responders”)
- For “non-responders”
  - Inadequate exposure?
  - Low level expression or non-functional drug target?
- What drug exposure is required to elicit the desired response for a given drug target genetic variant?
- For that same individual, what dose is required to provide that exposure?

## 5. Alternative study designs

# Evolution of Thought

- Personalized Medicine
  - Encounters between healthcare providers and their patients are “personal” encounters
- Individualized Medicine
  - Use of information **unique** to the individual patient allows the results of the personal encounter to be “individualized”
- Precision Medicine
  - Greater depth genomic data available to inform diagnosis and treatment
  - Precision Diagnosis
  - Precision Therapeutics

# Genotype-Stratified Pharmacokinetic Study Designs

- Cohort of patients for which genotype is known, or can be determined from existing biorepository of genomic DNA
- Combination patient registry and biorepository
  - Parental permission and participant assent to be contacted for future studies
- Selected of participants based on genotype; e.g. *CYP2D6*
  - 2 (or more) functional alleles (“EM2; UM”)
  - 1 functional allele (“EM1”)
  - 0.5 functional alleles (“IM”)
  - 0 functional alleles (“PM”)
- “Extremes” of dose-exposure relationship for a given population more likely to be captured with a relatively small sample size



# Genotype-Stratified Pharmacodynamic (PD) Study Designs

- Based on hypothesis that different drug target genotypes require different drug exposures to elicit the same clinical response
  - Regulatory region variants affect how much target may be present
  - Variants in protein-coding regions affect how target function
- Stratification of participants by drug target genotype
- Requires appropriate (validated) models to individualize doses to achieve a target exposure based on either C<sub>max</sub> or AUC
  - Control the dose-exposure relationship to minimize possibility that absence of response is not due to inadequate exposure
- Escalation of exposure at intervals determined by pharmacokinetic properties and clinical response to assess the exposure-response relationship

# Atomoxetine Prototype

## Atomoxetine Dosing Procedure

Body Weight (kg)

50

Height (cm)

125

Gender

- Male  
 Female

Genetic Metabolizer

- Poor Metabolizer  
 Intermediate Metabolizer  
 Extensive Metabolizer 1  
 Extensive Metabolizer 2

Obesity Status

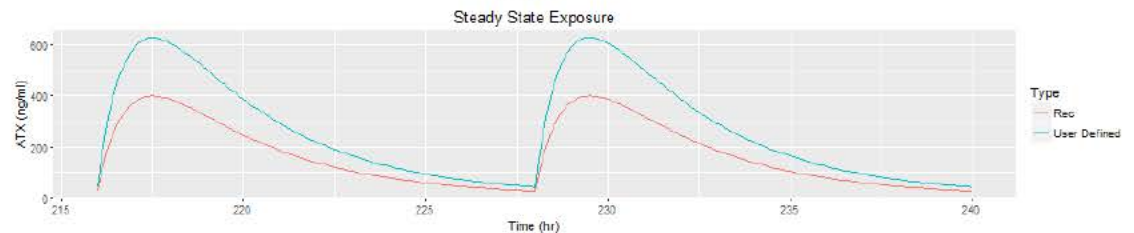
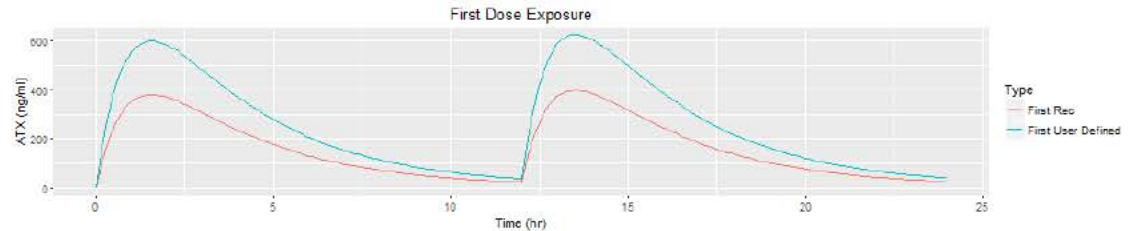
- Obese  
 Not Obese

User Defined (mg)

60

Dosing Regimen

- QD



	Dose Type	Dose (mg)	AUC (ng*hr/ml)	Cmax (ng/ml)	Tmax (hr)
1	User Defined (SS)	60.00	6481.54	628.57	229.50
2	Model Recommend (SS)	38.18	4124.66	400.00	229.50
3	User Defined (1st)	60.00	6265.28	624.58	13.50
4	Model Recommend (1st)	38.18	3987.04	397.47	13.50

# Precision Therapeutics for Children: “GOLDILOCKS”

Genomic- and  
Ontogeny-  
Linked  
Dose  
Individualization and  
Clinical  
Optimization for  
Kids

- “Not too big, not too small ... the dose of medication that is ‘just right’ for your child”
- Takes into consideration those factors that make each child unique
  - Genome
  - Stage of development (ontogeny)
- “Response → Exposure → Dose” paradigm
- Focus on the individual’s **drug target genotype**, determine the right exposure for that genotype, and the dose required to achieve the desired exposure

# Conclusions

- To address the challenges facing clinical implementation of pharmacogenomics information in pediatrics ...
  1. Prospective validation of population-based genotype data for clinical application to “individual” children
  2. Detailed characterization of all pathways of drug clearance
  3. Generate data in pediatric population in which drug will be used
- If the goal is drug response, investigate the role of ontogeny and genetic variation of drug targets
  - Proximal phenotype for CYPs and drug metabolizing enzymes is metabolite formation and systemic drug exposure, not drug response
- Genotype-stratified PK study designs allow for effect of genotype on dose-exposure relationship to be assessed in a relatively small cohort
- Genotype-stratified PD study designs require means of controlling the dose-exposure relationship to assess exposure-response relationship

# Complex Problems, Multidisciplinary Teams

## Pharmacogenetics:

Andrea Gaedigk, PhD  
Roger Gaedigk, PhD

In Vitro/In Vivo Phenotyping: Robin  
Pearce, PhD

## Gene Regulation:

Carrie Vyhldal, PhD

## Analytical Chemistry:

Leon van Haandel, PhD

## Quantitative Pharmacology:

Susan Abdel-Rahman, PharmD  
Chelsea Hosey, PhD

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Barry Preuett, BA

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Bridgette Jones, MD  
Tamorah Lewis, MD, PhD  
Valentina Shakhnovich, MD  
Stephani Stancil, APRN  
Jaszianne Tolbert, MD  
Jon Wagner, DO

APPEARS THIS WAY ON ORIGINAL