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2 CENTER FOR DRUG EVALUATION AND RESEARCH (CDER)  
3  
4 DATA AND METHODS FOR EVALUATING THE IMPACT OF OPIOID  
5 FORMULATIONS WITH PROPERTIES DESIGNED TO DETER ABUSE IN  
6 THE POSTMARKET SETTING:  
7 A SCIENTIFIC DISCUSSION OF  
8 PRESENT AND FUTURE CAPABILITIES

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1 P R O C E E D I N G S

2 DR. LEVENSON: Good morning. Just to review,  
3 my name is Mark Levenson. I'm the division director of  
4 the Biometrics Division in CDER. I'm going to talk  
5 about some housekeeping now for a few minutes, as  
6 people settle in, and then we're going to have a few  
7 words by the deputy center director, Doug Throckmorton.

8 Okay. So, thank you for your participation.  
9 I think the first day there were some great ideas. I  
10 think we already have some ideas that we can go back  
11 and think about implementing, and there will actually  
12 be more discussion at the end of the day what the next  
13 steps are. So, I think the first day was great and I  
14 look forward to this second day. And I actually feel  
15 people were dying to talk about a lot of topics that  
16 were second-day topics anyway, so I think this will be  
17 a very fruitful day.

18 So, before we begin, some housekeeping  
19 details. Please silence your cell phones and other  
20 devices. Please check in at the tables outside in the  
21 lobby, if you haven't done so. Agendas and discussion  
22 questions are available at the registration tables. I

1 think the panel members have them at their tables. All  
2 the meeting documents, including the slides, have been  
3 posted on the FDA webpage for this meeting.

4 Transcripts of the meeting will also be posted  
5 approximately six to eight weeks after the meeting.

6 The restrooms are still down the hall. When it comes  
7 time for the public sessions, we'll review the  
8 procedures of that. I won't go over that now.

9           But now I'd like to introduce Dr. Doug  
10 Throckmorton. Dr. Throckmorton is the deputy director  
11 for regulatory programs at CDER at FDA. Dr.  
12 Throckmorton has many duties as deputy center director,  
13 but he is a leader in promoting the safety of  
14 prescription opioids. And as you can see from day one,  
15 he is keenly interested in this topic. So, Doug, thank  
16 you for providing some opening remarks today.

17           DR. THROCKMORTON: Thanks, Mark, very much,  
18 and I appreciate everyone that's come, everyone that's  
19 on the web, and everyone who was able to participate  
20 yesterday. I agree with what Mark said. We've heard  
21 some terrific discussion. I'm looking forward to this  
22 afternoon's discussions and this morning's, also, Mark,

1 I confess. So, I'm eager to get to those as quickly as  
2 we can.

3           You heard yesterday from the commissioner  
4 about the broader context of our approach to the  
5 opioids crisis, clearly reflecting the importance that  
6 this plays for the Agency's mission, that the things  
7 that we're doing day-to-day, it's at the top of our  
8 agenda. I talk with him almost daily about the things  
9 that he has in mind for us to do. He is committed to  
10 making a difference in this particular public health  
11 crisis, along with many others. It is one of our  
12 highest priorities. What I'd like to do just briefly  
13 is place the abuse-deterrent formulations in that  
14 broader context to help us remember the importance that  
15 the Agency places in this particular part of that  
16 larger response.

17           AD opioids, we continue to believe are one  
18 aspect, one important tool to take down and use under  
19 appropriate circumstances to try to address the opioids  
20 crisis. There is a lot we don't know about them, a lot  
21 that you guys are helping us to learn about them, but  
22 we continue to believe that they are one tool that has

1 enormous potential. Given that, we have committed  
2 substantial resources to supporting their development,  
3 assessment and appropriate regulation, and we can talk  
4 about the policies that we put in place, the  
5 regulations that we've thought about undertaking, the  
6 guidances that we put into place in the last couple of  
7 years to try to steer the development of abuse-  
8 deterrent formulations. The point is that the Agency  
9 believes that they're important. The Agency has  
10 committed resources to them to try to make them  
11 appropriately used.

12           We have a goal, and let me just read it,  
13 because it's important. Our goal is to incentivize the  
14 development of opioid medications with progressively  
15 better abuse-deterrent properties and support their  
16 widespread use. That's a goal that we have articulated  
17 now for the last couple of years. It continues to be  
18 one of the goals, the second being a goal related to  
19 generics availability to guide our actions in the AD  
20 formulation space.

21           You guys are helping us with the central issue  
22 as regards to making progress in the abuse-deterrent

1 opioids. We need to know whether they work in the real  
2 world. Judy Staffa said that yesterday. That is  
3 exactly the question we need answered. Now, Erin and  
4 others asked what that exactly meant. We can get back  
5 to that conversation if you need to, but fundamentally  
6 that is a question that needs answered for us to take  
7 the next steps, to take the next kinds of steps that we  
8 want to take to understand and support the best  
9 possible uses of AD opioids.

10 We know it's not easy. We know you guys spent  
11 the day yesterday talking about how hard it is, hard to  
12 decide exactly what it means to say that they work in  
13 the real world; hard to find the data that you'd like  
14 to answer that question; hard to look to the data  
15 systems that are available to prove the data to get the  
16 answers that we want to have.

17 The challenges were articulated well by all of  
18 you. Ed Boyer's comment about the dextromethorphan  
19 reporting I thought was really telling as regards to  
20 the limitations of the kinds of data that we have to  
21 have here. Several of you recommended alternative  
22 approaches, looking at other indirect measures of abuse

1 and misuse of opioids as possible ways of assessing the  
2 impact of abuse-deterrent formulations. Technological  
3 effects were suggested, for instance. Deterring  
4 insufflation or extraction in a clinical study of some  
5 kind, or focusing on AD formulations with properties  
6 that are directed to dose and then making inferences  
7 from those kinds of things. I think that has obvious  
8 potential. We need to make certain that the new  
9 products with other technologies that don't focus on  
10 crush and extraction resistance could be assessed also  
11 using those kinds of studies.

12           People suggested street price, and it has an  
13 on-face attractiveness, doesn't it, as you think about  
14 street price. If someone is willing to pay more for a  
15 product, it may be that it's more attractive to them  
16 for other purposes. Several speakers yesterday  
17 mentioned drug diversion data, ARCOS or other systems,  
18 as a possible clue to understand the effectiveness of  
19 AD formulations.

20           And then, finally, some people suggested other  
21 sort of biomarker kinds of approaches that could be  
22 used. All of them have potential; all of them would

1 need to be validated. We would have to understand the  
2 link between those indirect measures and that clinical  
3 outcome that I dearly want, to know whether abuse-  
4 deterrent formulations deter abuse in the real world.

5           So, today you are going to continue to give us  
6 important suggestions, and I'm really looking forward  
7 to that. As you do that, I just want us to all  
8 remember that as we think about the challenges of the  
9 systems, the challenges of the data, the challenges of  
10 making progress here, remember that we are in the midst  
11 of a public health crisis. We have 40,000 people --  
12 choose your number -- dying of overdose each year, and  
13 we need to make certain that our response is both  
14 appropriate and scientific and timely and impactful.  
15 So, we have to balance the need for the best possible  
16 data with sufficient data for us to make the right  
17 regulatory decisions for the best possible public  
18 health outcome.

19           I hope as we talk today you continue to keep  
20 the ideas coming. I really appreciated the end of the  
21 day yesterday with the detailed suggestions you made as  
22 far as methodologic approaches that we should be

1 taking, additional analyses that we may not have  
2 thought about. I understood about 10% of them, but  
3 fortunately everybody to the right of me at the table  
4 understood them and I know was listening very  
5 carefully. Those are exactly the kinds of things we  
6 brought you guys together to give us, to point out  
7 thing we haven't thought to do, because this group is  
8 working tremendously hard. Any new suggestions  
9 absolutely welcome.

10 So, for today we're going to continue our  
11 discussion. I'm looking forward to listening as much  
12 as I possibly can. As I said before, in the midst of  
13 this public health crisis, FDA believes that abuse-  
14 deterrent formulations have a place, a place that we  
15 need your help to define. This is more than just ADFs,  
16 but for today, for this meeting, we really need to ask  
17 for your help in clarifying their value and clarifying  
18 how best we can understand their use in addressing the  
19 opioids crisis. Thanks very much.

20 DR. LEVENSON: Thank you, Doug, for those  
21 words. I think they will set the day off right. So,  
22 thank you very much. So, like yesterday, I'm going to

1 start today with an opening, like Judy did yesterday,  
2 start today with an opening presentation that is going  
3 to provide a roadmap for day two. So, first I'm going  
4 to review some of the overall objectives of this  
5 workshop and then provide some examples of day two  
6 datasets, and then describe the outline for the day.

7           So, just to review, day one was focused on  
8 improving the use of existing data sources used in ADF  
9 evaluation, but day two is focused on the use and  
10 development of new sources and capabilities for ADF  
11 evaluation.

12           So, again, just to review what the objectives  
13 of this is, according to the 2015 Guidance on Abuse-  
14 Deterrent Formulations, the objective we're trying to  
15 achieve here is to determine whether the marketing of a  
16 product with abuse-deterrent properties results in  
17 meaningful reductions in abuse, misuse and related  
18 adverse clinical outcomes, including addiction,  
19 overdose and death in the post-approval setting.

20           In addition to that, we'd like to determine  
21 whether products discourage riskier forms of abuse and  
22 misuse. For example, whether they discourage IV use as

1 opposed to oral use. So, that's also an objective that  
2 would be worthwhile to achieve.

3           So, the guidance talks about populations that  
4 we're interested in, and, again, I quote from the  
5 guidance here. At least one study should include a  
6 high-risk population such as the population of known  
7 drug abusers, but formal studies should not be limited  
8 to only high-risk populations. So, some examples of  
9 populations might be known drug abusers; on the other  
10 end of the spectrum might be patients with a new  
11 prescription. And somewhere in the middle might be  
12 somewhat this vague notion of patients on the verge of  
13 abuse, patients who have been using opioids and may at  
14 a certain stage be prone to abuse, whether the ADF will  
15 have an effect on moving to abuse outcomes.

16           We have certain requirements to achieve this.  
17 It's important that we have product-specific  
18 information, including brand and formulation. FDA  
19 makes labeling for particular products, so we need  
20 specifics on products and formulations. We need --  
21 whatever system we use we need information on the  
22 routes of abuse, because as was mentioned several times

1 yesterday, products do not necessarily deter all routes  
2 -- or not intended to deter all routes of abuse and are  
3 designed for specific routes of abuse. So, we have to  
4 know how the product is being abused.

5 We need the ability of any sort of system to  
6 rapidly be modified in response to changes in the  
7 prescription drug market. New drugs will come on the  
8 market, there will be changes in the opioid market, and  
9 whatever system we employ has to be adaptable as the  
10 market changes. As was mentioned yesterday, we need  
11 rigorous and valid outcome ascertainment. We have to  
12 believe the outcomes we're measuring.

13 And this was also discussed yesterday in terms  
14 of the causal session. We need comparability over  
15 products and stability over time in the system in order  
16 to probably make causal statements.

17 We need well-defined populations. This could  
18 be done through probability sample or otherwise, but we  
19 have to know who we're actually trying -- who we're  
20 studying and what we're making inference on. And we  
21 need the ability to measure different populations. As  
22 the guidance said, we're interested in different

1 populations at risk, but we also may be interested in  
2 different regions and demographic subgroups.

3           As you heard yesterday, some drugs have very  
4 small market share, so whatever system we use has to be  
5 able to handle drugs with a small market share. To  
6 accomplish this, we may need multiple data sources and  
7 studies. It's not probably reasonable to assume that  
8 one data source and one type of study can accomplish  
9 all this.

10           So, just for concreteness, I'm going to go  
11 through several examples of the type of data we're  
12 going to discuss today. So, we'll have sessions on  
13 probability samples, and we're going to have a session  
14 on what's called following patients over time, and the  
15 primary example of that would be a cohort study. And  
16 I'm also going to discuss a study that's not about  
17 opioids but has similar objectives to what we're trying  
18 to achieve today, and is sort of a combination of a  
19 probability and a cohort sample, just to show that it  
20 may be not be one or the other that provides a  
21 solution. If there are ways of using aspects of both  
22 designs, that may be helpful.

1           So, I'm not an expert on any of these studies,  
2 and there are panel members that are experts on these  
3 studies, at least the first two. But I'm just  
4 providing them as concrete examples so we're all sort  
5 of talking the same language as we start the day.

6           So, first I'm going to discuss the NSDUH  
7 survey as an example of a probability survey. So,  
8 NSDUH is a multi-stage area probability design. So, in  
9 the first stage strata are formed based on states and  
10 regions, so that covers the whole US. From there, the  
11 four stages of probability sampling occur. In the  
12 first stage, census tracts are chosen by random, and  
13 the second stage, census block groups are chosen by  
14 random, and then census block clusters, and finally  
15 households within those clusters are chosen at random.  
16 An algorithm is used to select members of the household  
17 for the detailed survey.

18           So, this is an example of a multi-stage area  
19 probability design. So, youths age 12 to 17, and young  
20 adults are over-sampled in this. The prescription drug  
21 use is focused on a 12-month period, and there are  
22 questions on misuse. And the drugs are identified

1 using electronic images of pills.

2           Okay. So, as an example of a cohort study,  
3 I'm going to use this FDA postmarket requirement  
4 3033.2. For those of you who are not familiar with a  
5 postmarket requirement, FDA has the authority to  
6 require from the drug manufacturers to conduct studies  
7 under certain circumstances, and those are called  
8 postmarketing requirements. And several years ago FDA  
9 required the manufacturers of all extended release,  
10 long-acting opioids to conduct a series of postmarket  
11 requirements, and this is just one of them. Actually,  
12 it's one and some supporting studies.

13           So, this was a study where we asked industry  
14 to conduct an observational study using patient health  
15 records, insurance claims and death records. So, this  
16 is basically a study in administrative data. So, a  
17 group of patients initiating opioids, and that's well  
18 defined with well-defined inclusion/exclusion criteria,  
19 are followed over time for some predefined outcomes.  
20 And those outcomes were developed in two companion  
21 studies. So, two companion studies developed and  
22 validated algorithms using coded medical terminology

1 for overdose, death, abuse and misuse. So, we're going  
2 to talk a little bit more about this in the cohort  
3 session later in the day, but just for a little  
4 concreteness, this is one example of a study that is  
5 being conducted.

6           So, now some general comments on probability  
7 samples and cohort designs. First probability samples.  
8 So, probability samples, subjects are randomly selected  
9 from some well-defined population. There may be  
10 longitudinal information collected. You can follow the  
11 same subjects over time or there may not be; it may be  
12 more cross-sectional in nature. And because of the way  
13 the population is chosen based on probability, rigorous  
14 inference to the population is possible. And from this  
15 inference you can calculate quantities such as  
16 incidents based on these population quantities. So,  
17 you can calculate the incidents of subjects with a  
18 given exposure -- incidents of an event with subjects  
19 with a given exposure based on these population  
20 estimates.

21           Now, a cohort design by what we mean today,  
22 and it might mean different things in different

1 settings, but this is a design where it's based on some  
2 subjects satisfying some well-defined  
3 inclusion/exclusion criteria. The subjects have  
4 longitudinal information on exposure, risk factors, and  
5 are at risk for the outcome. And incidents and  
6 relative risks are based on aggregating the subject  
7 level information. So, again, we can calculate  
8 incidents in this case by sort of aggregating the  
9 relevant subjects.

10           So, a few kind of thoughts on comparing these  
11 two designs, the cohort and the probability sample.  
12 The good news is they both provide a direct  
13 denominator. This is in contrast to the datasets that  
14 were the focus of day one, which was numerator-only  
15 datasets, and the denominator came from some other  
16 source of data that was the discussion of the second  
17 session of the day. So, both of these designs have big  
18 advantages. They provide a direct denominator.

19           The inferred population differs between the  
20 two studies, so strictly the cohort, the inferred  
21 population is just a cohort, but you may use judgment  
22 or some standardization to apply to some larger group.

1 The inferred population for the probability sample is  
2 the population from which it's drawn. As I said, they  
3 both allow valid estimates of incidents, and because  
4 you have patient -- subject level information, you can  
5 explore relationships. In addition to exploring  
6 relationships, you could probably employ additional  
7 methodologies, like propensity scores that we discussed  
8 yesterday. So, because we have that subject level  
9 information, both for people with and without events  
10 for different exposures, there is a lot of methods that  
11 are available for these sorts of data.

12           The two studies share similar challenges,  
13 although they may be expressed differently. The  
14 challenge in the cohort is identifying the appropriate  
15 cohort and getting the information you want from them.  
16 It's actually kind of similar for the probability  
17 sample is the sampling or enriching for certain  
18 populations and then obtaining information for them.  
19 So, there are still -- there are challenges, as I'm  
20 sure you're well aware, and those challenges will be  
21 important to discuss today as we try to make a system  
22 that's actually usable for us.

1 I'm just going to spend a moment on this  
2 slide, which is a little complicated, that actually  
3 gives us a little concern about cohorts and actually  
4 probability samples as well. This was a study by Dr.  
5 Lisa LaVange, our office director in Biostatistics in  
6 CDER. This was before she came to CDER. It compares a  
7 probability estimate with a simulated cohort study.  
8 Now, the simulated is actually -- you'll see in a  
9 moment, it's not too simulated. So, this comes from  
10 this survey, the Medical Expenditure Panel Survey.  
11 It's a probability survey, and from that survey which  
12 was a real survey, a simulated cohort was formed for  
13 this analysis. The simulated cohort consists of  
14 patients who had one or two clinic visits in the last  
15 year. So, some sort of patients that had some sort of  
16 clinical encounter, which might be a reasonable way to  
17 form a cohort.

18 So, this bar chart compares the outcome,  
19 average number of workdays missed due to illness or  
20 injury for the sample based approach, which is the  
21 white bar, for this cohort which is this slightly  
22 shaded bar. And the dark bar is standardizing the

1 cohort to the population. And it doesn't take a lot of  
2 thought to understand why this cohort is biased, but it  
3 is sort of a reasonable cohort, and you can see that  
4 the cohort or even standardizing it to the population  
5 doesn't quite give you what the population estimate  
6 would. Now, this -- I'm not trying to say that  
7 probability samples are always going to be better than  
8 cohorts, but you do have to worry about the  
9 representation of both of them.

10           So, now I'm going to say, as my last example,  
11 a few words on this Hispanic Community Health Study.  
12 This is an example that uses elements of cohort studies  
13 and elements of probability samples, and I think in a  
14 very effective way. It's not a study on opioids, but  
15 it actually has objectives that are not too different  
16 from the objectives we're looking at today. So, the  
17 objectives, just for concreteness, was to estimate  
18 prevalence of baseline risk factors and explore  
19 relationships between risk factors and health outcomes.

20           It was a probability sample embedded in a  
21 multi-site cohort study and I'm going to say more about  
22 that. The size was about 16,000, and it had

1 longitudinal aspects, so let me talk about the design,  
2 which is mainly what I'm interested in here.

3           So, the design consisted -- it started with  
4 four cities in the US, and these cities were not chosen  
5 randomly; they were chosen because they were enriched  
6 with Hispanics and they provide a certain breadth of  
7 what the investigators felt of Hispanic communities in  
8 the US. So, the first stage was this nonrandom  
9 selection of four communities, which is actually four  
10 cities in this case. From those communities there was  
11 another nonrandom stage that census tracks. They were  
12 in close proximity to clinics and also provide some  
13 breadth as well, and that breadth was a little bit  
14 quantitative, but I won't go into now. But this was,  
15 again, based on judgment, census tracks were chosen.  
16 So, in some sense the census tracks are cohorts now.

17           But from these census tracks there were two  
18 stages of random sampling. First, census blocks were  
19 chosen and then households were chosen in that. So,  
20 you do get a rigorous representation within these sorts  
21 of judgment-selected cohorts. So, I'm bringing this  
22 study up as an example that it doesn't necessarily have

1 to be either/or, that you can use elements of both  
2 cohorts and probability sampling.

3           So, those are my examples. I'm going to just  
4 conclude with our sort of outline and what we're trying  
5 to accomplish today. So, in day two, again, we have  
6 four sessions. The first session is on national  
7 surveys, and this is both on the use of existing  
8 national surveys for our present purposes, as well as  
9 opportunities for new surveys or supplementing existing  
10 surveys, and that will be our first session of the day.

11           The second session has this kind of lengthy  
12 title: Designs that Assess Exposure and Outcome in the  
13 Same Individuals over Time. The prime example of that  
14 is a cohort study, but we don't want to limit the  
15 discussion to just cohort studies, and that idea will  
16 be further expanded in that session.

17           The seventh session, the third of the day, is  
18 on leveraging other data, and linking and benchmarking.  
19 Some of these ideas came up in the first day. This is  
20 both linkage to get more information on the same  
21 patient, or benchmarking, where we're using some sort  
22 of standardization to apply to some known population.

1 So, I think that will be a very fruitful session.

2 And, finally, in last session we'll sort of  
3 sum things up, as we did yesterday, try to probe a few  
4 of the ideas that came up throughout the day. But in  
5 addition to that, we really want to see what the next  
6 steps are that we can do at FDA. We heard a lot of  
7 good ideas today. I actually expect today will be at  
8 least as fruitful, but we want to leave this with where  
9 FDA can go from that. So, Judy and I will try to probe  
10 this and feel what sort of concrete steps we can do to  
11 both -- as Doug said, you get something working in the  
12 near term and then also maybe get something perhaps  
13 more -- that has greater features in the long run. So,  
14 that will be our final session of the day.

15 So, here is some of the discussion and  
16 feedback we seek today. So, we're interested in the  
17 utility, strength and limitations of the existing  
18 national surveys; approaches and feasibilities to  
19 modifying existing national surveys; the development of  
20 new surveys, including Internet panel surveys and other  
21 designs; novel study designs, including longitudinal  
22 cohort studies and leveraging and linking multiple data

1 sources. And we're also interested in maybe -- maybe  
2 this didn't come out as much, but we have found this  
3 useful in previous studies -- smaller or local regional  
4 studies or other types of information. So, if you have  
5 some great idea that doesn't fit into any of the  
6 sessions, feel free to try to squeeze it in.

7           So, that's the roadmap for day two and that's  
8 some of the discussion we're seeking. So, we'll start  
9 our first session today, which is on the national  
10 surveys, and it's going to be moderated by Dr. McAninch  
11 and Dr. Xie, and Dr. McAninch will have the opening  
12 presentation. Thank you.

13 SESSION 5: BUILDING ON ESTABLISHED NATIONAL SURVEYS

14           DR. MCANINCH: Good morning. Again, I'm Jana  
15 McAninch, and I'll be moderating -- speaking and  
16 moderating the session with Dr. Xie on opportunities  
17 using national surveys and other types of surveys to  
18 evaluate ADFs in postmarketing setting.

19           So, in this session we'll be discussing the  
20 potential for national surveys to help us understand  
21 the impact of abuse-deterrent opioids. And just to  
22 introduce the session, I'll briefly discuss why we're

1 particularly interested in this type of data, describe  
2 several of the established national surveys, and  
3 discuss whether there might be opportunities to build  
4 on these to evaluate ADFs. And then I'll describe some  
5 of the, I guess, more emerging survey methodologies in  
6 this space, primarily Internet-based surveys. And  
7 then, finally, what would be some key elements to a  
8 population survey that is designed to evaluate ADFs.  
9 And, of course, we'll go to the discussion questions.

10           So, why are we devoting a whole session to the  
11 topic of national surveys? Well, first, some of the  
12 outcomes that we are interested in are really behaviors  
13 with a particular intent. So, as opposed to medical  
14 diagnoses or reportable adverse events, and therefore  
15 they may be best captured or perhaps only able to  
16 capture using self-reported data.

17           And, second, much of the data that we  
18 currently rely on is, in essence, based on passive  
19 surveillance, so where we're relying on people to call  
20 into poison centers or to present for substance use  
21 disorder treatment. And we're interested in active  
22 surveillance systems where the selection to the sample

1 is not by definition dependent on the outcome that  
2 we're measuring. So, the major established national  
3 health-related surveys also have the advantage of using  
4 probability sampling, as Mark just described.

5 We know that drug abuse patterns vary widely  
6 by geographic region, by urbanicity, and we can't  
7 assume that the prevalence and patterns of abuse that  
8 are measured in a convenience sample reflect the nation  
9 as a whole, which is typically what we're interested in  
10 as a federal regulatory agency. And the use of  
11 probability sampling also allows us to make inferences  
12 to a defined underlying population and facilitates  
13 valid comparisons between products and over time.

14 So, I know several of the existing national  
15 surveys have been discussed briefly. I'll go into just  
16 a little bit more detail with an eye to what types of  
17 data would be particularly valuable for evaluating the  
18 impact of ADFs. And we have a number of panelists  
19 today who have expertise both on conducting and  
20 analyzing data from these types of surveys. So, we  
21 hope to have some really fruitful discussions.

22 So, we've heard some about the National Survey

1 on Drug Use and Health, or NSDUH, which is an ongoing  
2 nationally representative, face-to-face population  
3 survey on the civilian, noninstitutionalized US  
4 population, age 12 years and older, and this is  
5 sponsored by SAMHSA. And based on interviews of  
6 approximately 70,000 participants each year, NSDUH is  
7 able to provide national estimates on self-reported  
8 drug-taking behaviors, including misuse of prescription  
9 pain relievers.

10 And NSDUH underwent a major survey redesign,  
11 which was implemented in 2015, and this did result in a  
12 trend break. But it now provides more detailed  
13 information on past year use and misuse of specific  
14 opioid molecules as well as more information on the  
15 reasons for that misuse. But with a couple of  
16 exceptions, NSDUH still collects fairly limited  
17 information on recent misuse of specific opioid  
18 products and on routes of abuse.

19 So, I know that this is a pretty small print,  
20 but it's just an example of a table from SAMHSA's  
21 published results from the 2015 NSDUH survey showing  
22 estimates for past year use and misuse of opioids. So,

1 there are a couple of specific products, as you see,  
2 but the rest are at the molecule level. And in the  
3 left-hand column you have the estimated percentage of  
4 people who have used a particular opioid in the past  
5 year, so that's either as directed or otherwise. And  
6 in the next column you have the estimated percentage of  
7 people who have misused the opioid, which is broadly  
8 defined as using it in any way not directed by a  
9 doctor. And then in the last box is the proportion of  
10 users of a particular opioid who reported misusing it  
11 in the past year. And we find this to be a pretty  
12 interesting metric, perhaps giving some insight into  
13 the likelihood that a particular opioid will be misused  
14 by an individual who is exposed to that opioid. So, we  
15 would be interested in the panel's thoughts about this  
16 type of metric or how it could perhaps be refined to  
17 get at abuse behaviors even more specifically,  
18 including route of abuse.

19 So, NSDUH has been used to study trends in  
20 nonmedical use of OxyContin, and Capt. Jones was one of  
21 the authors on one of those studies. But we're  
22 interested in a discussion about how NSDUH could be

1 used to help evaluate other ADFs. And particularly  
2 thoughts on the potential for new or revised questions  
3 or modules, keeping in mind sample size and the ability  
4 to get sufficiently precise estimates for products with  
5 low market share or a low prevalence of nonmedical use.  
6 And then, of course, this is already a fairly lengthy  
7 interview, and we wouldn't want the burden of  
8 additional questions to adversely affect response or  
9 completion rates.

10 I also just wanted to briefly mention some  
11 other national public health surveys, just to get  
12 people thinking about what other methods might possibly  
13 help us in evaluating ADFs. So, first in Monitoring  
14 the Future survey, which is, again, a longstanding  
15 NIDA-sponsored school-based national survey that is  
16 focused on adolescents. And this survey asks about use  
17 of a wide variety of substances, but in general, again,  
18 it's not possible to distinguish specific products by  
19 brand or formulation. And Monitoring the Future does  
20 also have a longitudinal component, where a subset of  
21 students complete follow-up surveys after high school.

22 The National Health and Nutritional

1 Examination Survey, or NHANES, includes not only  
2 interviews, but also physical exams and laboratory  
3 testing, and it has a longitudinal follow-up component  
4 as well.

5           The National Health Interview Survey is a  
6 large national health-related household survey that  
7 uses methods that are fairly similar to NSDUH.

8           The Behavioral Risk Factor Surveillance System  
9 is a health-related telephone survey of more than  
10 400,000 adults each year, and it uses a modular  
11 questionnaire with a core component and then optional  
12 modules and questions that can be added by individual  
13 states.

14           The Youth Risk Behavior Surveillance System is  
15 another school-based survey that monitors various  
16 health risk behaviors including alcohol and drug use,  
17 and these data can be analyzed at the national, state  
18 or even the district levels for local policy-making.

19           And then finally the Pregnancy Risk Assessment  
20 Monitoring System, or PRAMS survey, which surveys women  
21 who have had a recent live birth, sampling from state  
22 birth certificate files. And they also over-sample

1 women from some high-risk groups and conduct follow-up,  
2 longitudinal follow-up surveys as well.

3           So, there will clearly be some big challenges  
4 using these types of national surveys to collect data  
5 at the level of detail that we need to evaluate ADFs.  
6 These are already fairly lengthy surveys. There are  
7 typically a variety of stakeholders and topics that  
8 need to be covered, and it's not easy to change these  
9 questionnaires quickly to include new products as they  
10 enter the market. And, also, the household and school-  
11 based surveys may not be capturing people that are at  
12 highest risk for the outcomes that we're interested in.  
13 So, we might miss important trends that are occurring  
14 in these higher risk subgroups, and there would likely  
15 be low precision for the less commonly used products  
16 and routes of abuse. And these large surveys, of  
17 course, require quite a bit of time to clean and  
18 prepare the data before it becomes available to users.

19           So, I also just wanted to touch on some  
20 emerging survey methodologies, specifically Internet-  
21 based surveys, which we heard a little bit about  
22 yesterday, but we'd like to have some more discussion

1 about these today.

2           So, this is something we've recently been  
3 seeing more of in the prescription drug abuse research  
4 space and of these opt-in Internet survey panels where  
5 a survey administration company recruits individuals to  
6 subscribe to an online panel, who can then participate  
7 in various surveys. They typically use some type of  
8 sample matching or weighting techniques to try to  
9 obtain a sample of demographic distribution that is  
10 similar to your target population. And these surveys  
11 can be tailored to examine specific products or look  
12 into specific research questions.

13           So, both of the major proprietary drug abuse  
14 surveillance programs, Inflexxion and RADARS, have  
15 conducted these types of Internet-based surveys using  
16 opt-in panels, and we have panelists today from both of  
17 these groups. For example, in 2015, Theresa Cassidy  
18 and the group at Inflexxion published a descriptive  
19 study on nonmedical use of prescription stimulants  
20 using the survey research company YouGov. And then  
21 Jody Green and the group at RADARS have recently  
22 launched a new survey program called NMURx in the

1 United States, which uses established online survey  
2 panels to examine nonmedical use of prescription drugs  
3 more broadly. And they use multiple methods for  
4 recruiting participants. And the survey includes  
5 estimates for lifetime, past year and past 90, 30 and  
6 7-day nonmedical use of specific products. And it also  
7 includes information on route and reasons for  
8 nonmedical use.

9           So, another interesting approach that we  
10 encountered recently is the recruitment of survey  
11 participants from visitors to online drug discussion  
12 forums, such as Blulight.org, which essentially  
13 enriches the sample with people who have drug abuse  
14 experience. There were several recent Internet surveys  
15 conducted by Inflexxion using this type of recruiting  
16 to evaluate, to study nonmedical use of hydrocodone.

17           So, I think that the Internet-based  
18 recruitment raises some interesting questions about  
19 sampling, and we have some experts here who can talk  
20 about that more. But, for example, what is the  
21 underlying population for these opt-in panels exactly?  
22 And what about for studies that recruit from drug-abuse

1 discussion forums? And what kind of selection forces  
2 might be operating and might change over time given the  
3 evolution of Internet and social media use. And can we  
4 make valid inferences to some defined underlying  
5 population?

6           And, finally, I think that the relative ease  
7 of modifying these types of Internet-based  
8 questionnaires is a real potential advantage, but we  
9 still need rigorous questionnaire development and  
10 validation to get high quality data that we're looking  
11 for.

12           So, before we get to the discussion questions,  
13 I just wanted to summarize what we see, again, as some  
14 of the key elements of an ideal national survey for use  
15 in evaluating abuse-deterrent opioids. So, again, of  
16 course, we need data on specific products, and route of  
17 abuse is very important. We need to be able to rapidly  
18 modify the survey in response to changes in the  
19 prescription opioid market. And the survey needs to  
20 use good questionnaire validation processes and  
21 rigorous methods to minimize misclassification,  
22 particularly differential product misclassification.

1 And I am not an expert on survey development, but I  
2 think this could potentially involve factors like the  
3 question format, for example, using a yes, no, don't  
4 know type of question structure, rather than asking a  
5 participant to select products from a long list or a  
6 series of screens. This would also facilitate  
7 assessment and management of missing data.

8 Pill photos may be useful for identifying  
9 specific products and formulations. And, the order in  
10 which products are presented we've learned may be an  
11 important aspect of minimizing differential  
12 misclassification. So, we might want to consider  
13 strategies like multiple survey versions with random or  
14 varying question order.

15 We would like to see probability sampling  
16 methods used possibly with over-sampling of high-risk  
17 groups. And we're also interested in discussing the  
18 feasibility of a longitudinal follow-up component,  
19 where you could actually assess changes in behavior  
20 over time in a fixed panel or cohort rather than just  
21 repeated cross-sectional surveys within a population.

22 And then, finally, at the risk of saying

1 something that is perhaps very obvious, I just wanted  
2 to point out that even the best new survey or newly  
3 developed survey prospectively collected data can't go  
4 back in time to collect data from 2009 or 2012. So,  
5 when we're thinking about evaluating ADF products that  
6 are already marketed, this may be a limitation of any  
7 new prospective data collection system.

8 Okay, I'll put the first question up and then  
9 we'll go ahead and start the discussion. Thank you.

10 DR. XIE: All right. So, the procedure of  
11 discussion is the same as yesterday. Scott here will  
12 help us keep track of raised hands. Our first question  
13 is: Let's discuss the feasibility, advantages, and  
14 disadvantages of modifying established national surveys  
15 to collect data for ADF evaluation.

16 DR. GOLDIE: Dr. Krebs?

17 DR. KREBS: Hi. You know, I think for, like,  
18 the National Survey on Drug Use and Health and  
19 Monitoring the Future, my issue with the nonmedical  
20 drug use questions is that I think they are so  
21 nonspecific that they're really swamped by the almost  
22 ubiquitous behavior that is normative in this society,

1 where people save opioids. You know, hydrocodone or  
2 oxycodone, acetaminophen that they've received from a  
3 dental appellant or something else, and then share that  
4 with family members and friends, or use it for a  
5 different mild pain purpose. You know, people save  
6 these things because they feel they can't get them when  
7 they want them later on. And, you know, if you look at  
8 the way the questions are asked, an honest answer for  
9 many of us would be yes on those questions without any  
10 intent to use them for an abuse purpose. Certainly,  
11 this isn't a specific doctor-directed purpose, but  
12 people feel they're using them responsibly on some  
13 level. There is not an intent to abuse them. And I  
14 just feel like the questions don't distinguish between  
15 that kind of very common use, misuse or nonmedical use,  
16 and the kind of abuse behaviors that, really, this  
17 group is interested in. So, I think adding some sort  
18 of specificity to those questions would be really  
19 important to try to make conclusions about ADF  
20 effectiveness.

21 DR. GOLDIE: Dr. Novak?

22 DR. NOVAK: Yeah, I think that's a great

1 point. I know that, I think NSDUH did a really nice  
2 job of addressing, at least to the extent that they  
3 could. My point or concern about using some of these  
4 national surveys is kind of an issue that we kept  
5 bringing up. You know, when you have new products and  
6 new product entrants, and some of these surveys have  
7 some pretty complicated suppression rules in terms of  
8 the reliability of the estimates. And so you might get  
9 some single cases and you can't really present the  
10 estimate, and so you have just a raw cell size, which  
11 can be not very meaningful. Then the amount of time it  
12 takes to actually modify the survey, because you think  
13 about it, you have to go through OMB, which takes many,  
14 many months, and then you have to train your survey  
15 interviewers. And so that could be two to three years  
16 down the road. And so then the only thing that could  
17 be used on some of the surveys if they have the fill-  
18 in-the-blanks, which I think could be kind of  
19 interesting, where you can at least use the unweighted  
20 counts to sort of keep track of some interesting  
21 trends. Or at least -- then in terms of Dr. Krebs'  
22 interesting comment about, you know, the attribution of

1 behavior, you look and see what they're actually  
2 calling the pills. I think that could be instructive,  
3 and I've looked at the NSDUH write-in data and it's  
4 interesting for prescription pain relievers. You get  
5 very specific questions like M13, which is the actual  
6 inscription of the pill. So, obviously somebody was  
7 taking the survey, didn't know what they were taking  
8 and they thought it was something, a pain reliever, and  
9 they looked and said, oh, it's M13, or whatever. Or  
10 they can mislabel as a benzodiazepine or aspirin or  
11 something, so, I mean, there's just a lot of  
12 variability. But my central point is I just think that  
13 that's going to be a very -- that early entrants is  
14 going to be a very difficult hurdle to overcome given  
15 these national surveys have to serve many, many  
16 different purposes.

17 DR. GOLDIE: Dr. Compton?

18 DR. COMPTON: Well, the surveys like the  
19 National Survey on Drug Use and Health provide a wealth  
20 of information about sort of overall use of a group of  
21 products that the sample size just falls apart when you  
22 start looking at specific, especially specific

1 formulations within a class. Even looking at oxycodone  
2 or OxyContin, specifically, that becomes sort of at the  
3 boundary of what's possible to examine. And it won't  
4 give you -- you know, there's a conflation of misuse  
5 versus what you all are describing as the problematic  
6 use. Misuse is a pretty broad category, and yet the  
7 goal of these new formulations is to reduce  
8 insufflation and injection. That's not queried, and  
9 even if it were able to be queried, I think the base  
10 rate is unlikely to be sufficient to allow you to look  
11 at it with any precision. I think you'll be swamped by  
12 false positives. You'll get as many false positives as  
13 you get real cases if the rate is too low.

14           On the other hand, it still may give you a  
15 good sense of sort of overall popularity or overall  
16 use. So that if you think it's going to create a  
17 change in population misuse patterns enough that it  
18 won't be as popular among drug users and the people  
19 that as an addiction specialist I take care of, then  
20 these surveys might be helpful.

21           I also would be very concerned about new  
22 products, that the rates are just unbelievably low at

1 the beginning, so they won't give you an early warning  
2 signal at all. It will be a very late signal of misuse  
3 from a sample of 70,000.

4 DR. MCANINCH: Dr. Miech, Dr. Brooks, Capt.  
5 Jones.

6 DR. MIECH: Yeah, so I want to defend a little  
7 bit some of the national samples. Let me start off --  
8 well, I'll start there. Some of the issues that were  
9 raised, I agree, that there can be a definite lag time,  
10 and a big national sample is like a giant ship and it  
11 can be hard to change it quickly and put in new  
12 questions. That being said, I think it is important to  
13 point out the difference between a grant and a  
14 contract. So, a grant, like Monitoring the Future,  
15 we're sponsored by NIDA, which everything we do is  
16 largely in response to the data needs of NIDA. I just  
17 want to point that out, because there is a very high-  
18 ranking person from NIDA sitting at the table, five  
19 chairs down from me. And so with that in mind, one of  
20 the big advantages of Monitoring the Future that I  
21 think NIDA sees is that we actually can respond fairly  
22 quickly to new developments. So, around Thanksgiving

1 time we have revision -- a questionnaire revision  
2 meeting, and then the following November we'll have  
3 collected 40,000 surveys from a national represented  
4 sample of in-school students. So, we can get this  
5 stuff out pretty quickly within a year. But, again,  
6 that's an advantage of a grant. If you're working  
7 through the federal government, you have to go to the  
8 Office of Management and Budget; that can slow you down  
9 considerably. So, it's something to think about.

10 As far as the reasons for misuse or different  
11 types of misuse, that's very important. And so we have  
12 questions, did you take this prescription opioid with a  
13 doctor's orders or without a doctor's orders, which  
14 kind of gets at that, but perhaps not as in-depth as  
15 would be useful to some people. So, we also ask  
16 questions in detail, I think seven or eight questions  
17 about why did you misuse it? Was it to get high? Was  
18 it to have fun, or was it because you had pain? So,  
19 with this information you can actually start to drill  
20 down to some of that. Now, that being said, there are  
21 these limitations, as Wilson pointed out very well.  
22 When you start talking about individual products, you

1 get to very small sample sizes.

2           So, let me give you some concrete numbers. In  
3 2016, among 12th graders, we have a survey of about  
4 15,000 of them every year. About 5% reported that they  
5 had misused a prescription opioid in the past year, 2%  
6 in the past 30 days. So, 5%, we had 15,000 people, so  
7 750 people actually abused prescription opioids in the  
8 past year. So, that is something to work with, you  
9 know? And if 5% of them are working with ADFs or have  
10 exposure to ADFs of some type, that would be 38 or so.  
11 That being said, that's probably not enough to look at  
12 anything in much detail. But if you start collecting  
13 over years, over a period of years, then you might  
14 actually have something to start working with.

15           So, that's just some of the points I want to  
16 raise. I agree with everything that's been said so  
17 far. There are definitely limitations. It's not the  
18 cure-all, a national sample, but there are certain  
19 strengths as well in terms of the generalizability.

20           DR. GOLDIE: Dr. Brooks, Capt. Jones?

21           DR. COMPTON: If I could add one comment to  
22 what Richard said. For the record, this is Wilson

1 Compton. One of the strengths of Monitoring the Future  
2 is in early warning, in that they can add what they  
3 call tripwire questions, which are just one or two  
4 questions at the very end of the survey to ask about  
5 misuse of something new. That was added for Provigil,  
6 for example, and it hasn't been misused by a lot of  
7 kids, but that was a concern when that was introduced  
8 not too long ago. And so that might be a way to -- for  
9 teenagers, to quickly ascertain whether there is a  
10 meaningful rate of misuse of new products.

11 DR. MCANINCH: Dr. Brooks and then --

12 DR. BROOKS: Yeah, this is John Brooks. So, I  
13 just want to take a moment to try and lay something out  
14 that I've been thinking about. Because in reading this  
15 question, it really made me come back to some of the  
16 first principles that we started the day with  
17 yesterday, when Judy was laying out sort of what our  
18 purpose was. And to me, at this point, based on the  
19 purpose of meaningfully reducing abuse, misuse and  
20 adverse outcomes, it's really a surveillance question  
21 that we're asking. We want to be able to detect if,  
22 when these formulations are introduced into the

1 marketplace, are they ending up -- how can we detect  
2 that they're being abused, misused or if there is an  
3 adverse outcome associated with them?

4           In terms of abuse defined as addiction, I  
5 think that the existing systems, like NSDUH, would be  
6 very good at detecting whether an abuse-deterrent  
7 formulation of a medication is entering the marketplace  
8 and people are reporting use around that product in a  
9 way that is reflective of what we think addiction is.  
10 But in terms of determining whether the drug is being -  
11 - that the deterrent is not working, that the deterrent  
12 is being overcome, I don't think any of these are going  
13 to be sufficient to detect that because of the very  
14 small numbers of people who are engaging in the  
15 behavior where you were trying to overcome the  
16 deterrent.

17           When we -- from my area, when we want to find  
18 people, when we want to find out when something is  
19 being abused by the people who are trying to abuse it,  
20 we do the survey of the people who are being abused --  
21 sorry, the people who are abusers. They are also being  
22 abused by the drug. But people who are abusing the

1 drug, and then watch that population to see, is the  
2 deterrent formulation coming into their universe of  
3 abuse?

4           And I might propose that one way of beginning  
5 to think around detecting that is to create a system  
6 where the denominator becomes people who are injecting  
7 drugs, people who are inhaling drugs, people who are  
8 smoking drugs. And then creating, getting your  
9 numerator out of that as being the number of people in  
10 that population who are now abusing my different  
11 formulations of drug, including the ADF formulations.  
12 It serves two purposes. First, you'll detect the  
13 presence of abuse of the ADF when it enters that  
14 population and, depending on how you collect the data,  
15 you can compare the prevalence of abuse of the  
16 different formulations.

17           The other advantage -- the disadvantage of  
18 this is it doesn't give you insight into why is the  
19 person abusing the drug? What led them to abuse? How  
20 did their abuse evolve? But to me that doesn't seem to  
21 be the first principal question being asked here. The  
22 first principal question is, are people overcoming the

1 deterrent and therefore abusing the drug in a way in  
2 which it wasn't intended, either an oral medication  
3 that is being injected, smoked or inhaled?

4           The other advantage of this is it also allows  
5 you to potentially monitor for side effects or adverse  
6 consequences. That among people who report using the  
7 abuse-deterrent formulation, you can then create  
8 surveys that ask them in greater detail about potential  
9 side effects or follow them.

10           Now, the real challenge to these is how do I  
11 create my denominator population in a way that is  
12 relatively representative so that it both gives me good  
13 point estimates of what I think is close to the truth  
14 of the actual number of people using these drugs, and  
15 also provide consistent data that allows me to monitor  
16 for trends over time? There are ways to do that. I  
17 wouldn't put that shortcoming as a reason not to  
18 consider doing the method. But I just wanted to lay  
19 out that that's the way I might think about approaching  
20 a question like this to begin with.

21           We do something like this in HIV. We have the  
22 National HIV Behavioral Survey, where we go out and ask

1 -- what we're looking for are what are the risk factors  
2 of persons in different risk groups that are leading  
3 them to potentially acquire HIV infection? And in this  
4 survey every year, on a rotating basis, we interview  
5 either men who have sex with men, heterosexuals, or  
6 injection drug users. And we ask them a lot of  
7 questions about what are you doing right now in terms  
8 of risk that might increase or decrease your risk for  
9 acquiring HIV infection? We also incidentally collect  
10 biological specimens, which is something I notice none  
11 of these systems, as far as I could tell, do, which is  
12 a difficult thing in terms of IRBs, you've got to store  
13 the specimen. But just something to consider if there  
14 was ever an interest in testing blood or urine to see  
15 what was actually in someone's system, since there has  
16 been a -- people have been saying that there is a  
17 paucity of biological markers. That is one thing to  
18 consider.

19           Anyway, on the cycle where we interview  
20 injection drug users, we ask a lot about how they  
21 inject and sort of what led to their injection  
22 behavior; how did they get to that point and are they

1 doing things safely? It's a -- it may not be the ideal  
2 survey and it could certainly be improved upon, and  
3 something like that could be tooled to address these  
4 sorts of questions, but it would require something very  
5 different. Let's see if there is something else I  
6 wanted to say. I think that's it.

7 DR. MCANINCH: Okay, great. Capt. Jones and  
8 then Dr. Crane.

9 CAPT. JONES: Just a couple of things on  
10 NSDUH. So, with the redesign, they do include  
11 information around motivations for misuse. So, you  
12 could look at people who were sort of self-selecting to  
13 say were you misusing to get high versus pain or sleep,  
14 or whatever. Again, it's going to substantially reduce  
15 your absolute numbers, so you're going to have issues  
16 with reliability and precision. You also can look at  
17 abuse or dependence, so operationalizing DSM-IV, to get  
18 to a group to sort of answer Dr. Krebs' concerns around  
19 the broad definition of misuse.

20 And I think this is sort of a long run game.  
21 You have immediate needs in being able to look at  
22 issues around products that you've already given some

1 labeling claims to, but you're moving towards generic  
2 ADFs. So, there is a long run game here for having  
3 surveillance systems that are reliable over time and  
4 are probably worth the investment. So, I wouldn't  
5 discard the fact that there are bureaucratic hurdles  
6 with revising some of the national surveys, because we  
7 need some quick data sources, but we also need some  
8 long-term data sources. So, I think that's specific to  
9 the NSDUH.

10           There are other surveys that you put up where  
11 in some cases it might be easier to add specific  
12 modules. Some of the CDC surveys have done that for  
13 other public health issues. They have not done that  
14 for this, but it's something that could be explored,  
15 and I know that we've looked at that around some of the  
16 pain-related issues over time. So, those are other  
17 things to consider. Thanks.

18           DR. MCANINCH: Dr. Crane?

19           DR. CRANE: I may have mentioned yesterday the  
20 National Hospital Care Survey, which is coming out of  
21 NCHS, and Carol DeFrances, to my right, is leading that  
22 effort. I'm not going to try to explain the whole

1 survey, but it is getting hospital-level data from  
2 participating hospitals, emergency department records,  
3 inpatient when possible, and the shift has been toward  
4 electronic health records. So, from SAMHSA's  
5 perspective, we're interested in ED visits related to  
6 substance use. So, similar to DAWN, the substance  
7 contributed to the visit either as the direct cause or  
8 a contributing factor.

9           To get this kind of -- I mean, I think many of  
10 us are familiar with ICD-10-CM, and how the drug  
11 categories are fairly broad, and how the categories  
12 aren't necessarily consistent. If you look in the F  
13 ones, which are the kind of psych drug dependence and  
14 abuse, the drug class groups are not the same as the  
15 ones you find in poisoning. So, what we're hoping,  
16 what we're trying to do is encourage hospitals to  
17 submit clinical notes. This is an optional part of  
18 participation in the survey, and then see what we can  
19 pull from there.

20           So far, not a tremendous number of hospitals  
21 are doing this, and we have a lot of work ahead of us  
22 kind of seeing, you know, what we can generalize from

1 what we do get. We're going to be doing validation.  
2 But I think if something new is showing up, if it's  
3 documented in the record somewhere, we should be able  
4 to pick it up. Now, I think this idea of making these  
5 ADFs distinctive in some way could help. Because, I  
6 mean, the person -- it isn't always the person coming  
7 in who is identifying the drug. It could be somebody,  
8 you know, a household member and so forth. So, I think  
9 that if it's showing up, we're going to try to find it.  
10 Obviously, millions of records.

11 One thing, though, that I haven't heard  
12 anybody -- and we're interested in feedback on this,  
13 because we're going to have to use natural language  
14 processing, and so forth. But one thing I haven't  
15 heard anybody mention is polydrug use. So, we know  
16 most drug-related ED visits, there is more than one  
17 substance involved, particularly if it's being misused  
18 in some way. So, I mean, I guess that's another  
19 question is, how do you kind of, you know, disaggregate  
20 that to figure out, well, this drug -- this formulation  
21 was in this visit; was it being misused or was it just,  
22 you know, part of, like, polypharmacy, you know, kind

1 of assessing that?

2           The route of administration may be indicated,  
3 particularly if it's a novel. I think I mentioned that  
4 yesterday. And we're actually going to be doing a  
5 validation study, and the other problem is drug-related  
6 visits are -- well, at least traditionally they've been  
7 a pretty small percentage of all ED visits, maybe 2% or  
8 3%. So, how do we find -- how do we validate our  
9 methods to find them? And I don't want to keep going,  
10 but we're using kind of an algorithm based on ICD-10  
11 diagnoses and procedure codes, and so forth. So, we  
12 know that we can narrow it down to increase our true  
13 positives. What we don't know is what we're missing,  
14 because there's no clear drug diagnosis.

15           DR. MCANINCH: Dr. Winterstein, Dr. McClure,  
16 and then I'll conclude question 1.

17           DR. WINTERSTEIN: I actually have something  
18 different to talk about. I just want to follow up on  
19 this real quickly. We are working with inpatient  
20 psychiatric facilities as part of a project for CMS  
21 right now, and I also had the opportunity to look at a  
22 lot of charts lately, and this might be another

1 population. So, you just talked about the population  
2 of patients who come into EDs with overdoses. In the  
3 inpatient psychiatric facility population, depending on  
4 the type of facility, the prevalence of substance use  
5 disorder somewhere ranges between 25% and 50%. It's  
6 huge, and those patients are assessed very  
7 comprehensively. I mean, the charts are, because these  
8 are psychiatric assessments, they are explicit about  
9 direct use and types and modes of direct use, because  
10 that is just part of what IPFs do. So, that might be  
11 another really interesting population to look at and to  
12 get information on abuse.

13           The other thing that I wanted to say is  
14 something that might be -- and that might be completely  
15 naive what I'm saying now. But something that might be  
16 very helpful and perhaps not too hard to add to any  
17 type of national survey would be two pieces: one, make  
18 them linkable. So, obviously, NHANES can be linked to  
19 Medicare MECS data. It might be possible to do  
20 something similar with NSDUH data, for example, which  
21 would have, from a pharmacoepidemiological perspective  
22 a bunch of advantages that would allow potential

1 validation studies of claims data or EHR data. And I  
2 recognize the limitations with sample size, but it's  
3 sometimes amazing what you can do with a few thousand  
4 people. So, validation studies as well as calibration  
5 approaches and, in particular, approaches for  
6 adjustment for external confounding and propensity  
7 score calibration type of method. So, that's one part.  
8 The linkage would be very helpful.

9           And the other one would be to add additional  
10 level of -- along the same lines, to add additional  
11 level of stratification that would look at health plan.  
12 And that could be as simple as stratifying the  
13 recruited population by Medicare or Medicaid or private  
14 insurance, because the Medicare and the Medicaid  
15 populations are, in particular, I think important. And  
16 having the ability to link the data to those  
17 populations also allows very comprehensive assessment  
18 of how reflective that sample population actually is  
19 from the source population of prescription opioid  
20 users, if that linkage was established. And that goes  
21 back to the discussion we had yesterday about effect  
22 modifiers in trying to see whether incidents estimates

1 from those studies are representative in any way or  
2 fashion. Because if we're able to establish a linkage  
3 to MECS data, or any kind of Medicaid data or Medicare  
4 data, that would certainly be permissible. And, again,  
5 sample size restrictions for sure, but to me it seems  
6 this would be way to achieve a sampling frame that  
7 would allow a slew of additional research.

8 DR. MCANINCH: Thank you for that comment. We  
9 have another session this afternoon on linkages, so we  
10 can talk a little bit more about that then as well.

11 DR. GOLDIE: Dr. McClure, your comment on  
12 question 1, please.

13 DR. MCCLURE: Yes. One factor I wanted to  
14 bring up, and Dr. Winterstein touched on this, is  
15 health plan enrollment for the patients. That could  
16 become an important factor. When we look at the  
17 various states, especially for Medicaid programs, the  
18 formulary can be a bias factor that's in there. It  
19 compelled me yesterday with some of the discussion we  
20 had to look at some of the formularies and preferred  
21 lists on state Medicaid programs. And when I looked at  
22 several of them, I see the ADF formulations on the not

1 preferred list. So, Medicaid patients are not upfront  
2 going to be able to have access to these medications,  
3 which can introduce a bias. When I look at our Quest  
4 data, when we look at misuse of medications and it  
5 matching what is prescribed with drug testing, we see  
6 Medicaid patients had a higher rate of misuse than  
7 Medicare or third-party payers. So, again, health  
8 plans, I think, can be an important piece of  
9 information to understand what's happening with the  
10 population.

11 DR. XIE: All right. I think we need to move  
12 on to the next question. Let's discuss the advantages  
13 and disadvantages of Internet-based surveys, both opt-  
14 in general population panels and enriched samples for  
15 evaluating ADFs. In particular, what are the potential  
16 selection forces and how might these affect the  
17 inferences that we can make?

18 DR. CONRAD: Hi. This is Fred Conrad. So, I  
19 have a few comments about web surveys in general. I  
20 happen to be a fan, but I think when it comes to opt-  
21 in, use of opt-in panels, we need to be very careful  
22 about any kind of population estimates. In fact, most

1 peer reviewed journals won't accept population  
2 estimates from this kind of survey without some sort of  
3 calibration study to assure that they are  
4 representative.

5           There are representative panels that can be  
6 used for web surveys. They are recruited through  
7 probability methods, like telephone, and they are  
8 provided Internet access if they don't have a device.  
9 But it seems to me this doesn't solve the base rate  
10 problem, which has been mentioned a few times, namely,  
11 that in either a nationally representative sample or an  
12 opt-in panel, the prevalence of the target populations  
13 that Mark Levenson outlined are too rare to provide  
14 reasonable estimates.

15           If the sampling issues can be solved, and I  
16 think that's a separate issue, but I think they can be  
17 solved, web surveys do provide a very attractive  
18 option. First of all, web surveys are relatively  
19 inexpensive, sampling aside. There is no additional  
20 cost per case. So, if the sample grows or if this is a  
21 longitudinal study, the costs are fixed of developing  
22 and implementing the questionnaire. And they are self-

1 administered, which means that like CASI and ACASI,  
2 which have been mentioned a few times yesterday, this  
3 promotes candid and honest responses to sensitive  
4 topics, as we're dealing with here. So, I do think web  
5 surveys are an attractive option, but I think the  
6 sampling issues are really the obstacle, not so much  
7 the mode of data collection.

8 DR. GOLDIE: Dr. Parker?

9 DR. PARKER: Jennifer Parker, National Center  
10 for Health Statistics. I think I mentioned yesterday  
11 that we were doing some extensive work looking at the  
12 Internet panels for our purposes, and so far the jury  
13 is still out on whether we will be able to use them for  
14 national estimates. But I will say my program has two  
15 different groups looking at these Internet panels. The  
16 mathematical statisticians that are looking at variance  
17 estimations and bias and the issues there. But we also  
18 have a questionnaire design program that is very  
19 excited about these Internet panels because they're  
20 using them to understand how people respond to the  
21 questions, and it gives it some of the topics here.  
22 So, are people interpreting the question of use or

1 misuse or abuse in the way you think they are? And if  
2 they answer yes to a certain base question, then a lot  
3 of probes can kick in really automatically that you  
4 wouldn't necessarily burden -- you wouldn't put all  
5 those on a national survey because it's just too  
6 expensive. But we are -- they are definitely excited  
7 about using these Internet panels for understanding  
8 what different populations think about different  
9 questions, and I think that could be very useful here.  
10 Again, I don't know the details, but if you're  
11 interested you should contact me.

12 DR. GOLDIE: Dr. Novak?

13 DR. NOVAK: Yeah, I think all the points  
14 raised are really great. And I think the other thing  
15 to kind of keep in mind is that a lot of people think  
16 of these opt-in web panels as being completely  
17 convenience samples. And there's ways of basically  
18 taking them and using, like, methods of quota sampling  
19 and bin sampling to sort of fill population quota to  
20 come up with your original, you know, sample that looks  
21 kind of similar to the construction of, let's say, the  
22 United States population. Now, that doesn't account

1 for obviously the selection bias, I mean, because you  
2 have people that get onto the Internet, then you have  
3 another selection bias of people that have to opt-in to  
4 the panel. So, there's all these little different  
5 steps, but, again, there's a little different tweaks  
6 that you can use. So, for instance, we did a study  
7 where we actually supplemented an Internet panel with a  
8 market research firm, and these firms are available all  
9 over the country and they're in malls, and they kind of  
10 go anywhere. And so we said, well, we're really  
11 lacking in our low SES populations, and so we put them  
12 in lower SES areas, and they did basically street  
13 intercept, and we found some remarkably efficient ways  
14 of getting these people into the panel. Like, we would  
15 have the station set up for them to take the surveys  
16 right then and there. And it was, you know, obviously  
17 the variance estimates are never going to be as good as  
18 probability sample, but for our purposes it was a  
19 pretty good, quick and dirty estimate of sort of a mean  
20 prevalence of an early entrant of a new drug that was  
21 coming on the market.

22 DR. GOLDIE: Ms. Cassidy?

1 MS. CASSIDY: Hi. I just wanted to comment a  
2 little bit more on the sort of Internet surveys and the  
3 opt-in panels, I think, and maybe just relate it back  
4 to some of the experience that we had with the study  
5 that we did around prescription stimulants. And I just  
6 -- I agree with the comments that were made by the  
7 other panelists. And I also wanted to just give credit  
8 where it's due. I was standing on Dr. Novak's  
9 shoulders a bit when we did this prescription stimulant  
10 study with the opt-in Internet panel, and at the time  
11 it was somewhat novel to kind of go an Internet panel  
12 like that, an opt-in panel. I was -- I didn't have  
13 access to a large population base sample that I could  
14 draw from, so I had this particular -- I just want to  
15 echo Dr. Novak's comments that this particular group  
16 was really doing political polling surveys and hadn't  
17 really thought of looking at a health-related question  
18 at the time. And it was related to the question -- so,  
19 there was a bit of a proof-of-concept there if, when we  
20 did this, and we were able to create a sample that  
21 would represent the US population, would that have  
22 consistent estimates that would match what the study

1 that Dr. Novak did, and also the NSDUH data. And it  
2 did reasonably well. The other element of that was  
3 that at the time we did that study, Vyvanse was newly  
4 in the market. It's a prodrug formulation, and wanted  
5 to be able to see if we could get down some information  
6 from this type of a survey sampling effort that was  
7 more product-specific and could contain route  
8 administration data. And we were successful in doing  
9 that, and it was, you know, at the time it was a low  
10 volume drug. We weren't sure how much we were going to  
11 be able to pick up, and so I think still there are  
12 those issues of maybe precision in estimates. But I do  
13 think that there is a place in utility for certain  
14 types of questions and maybe taking the temperature on  
15 those questions for certain types of populations. I  
16 think some of those hidden populations are certainly  
17 going to be harder to get at with something like an  
18 opt-in panel. But if you're looking for, you know,  
19 efficiency in terms of data collection, we were able to  
20 have a sample of 10,000 individuals. I think they  
21 collected the data in two weeks.

22 And then thinking about enriching that with

1 some of these other types of mechanisms for -- you  
2 know, we couldn't look at adolescents, obviously, in  
3 these panels, so there might be other options for that  
4 to sort of enrich them. But I think that they could be  
5 useful in relating to the question for ADF. We used  
6 pictures, so similar to what some of the other  
7 surveillance systems were doing to be able to identify  
8 the pills and things like that.

9           So, at least at that point there was -- I  
10 think there is definite utility for those types of  
11 approaches, and they could adapt to the opioid  
12 scenario.

13           DR. GOLDIE: Dr. Green?

14           DR. GREEN: In development of the RADARS  
15 system nonmedical use of prescription drug survey that  
16 Jana mentioned, it's interesting to hear all these  
17 comments, because it's very useful, I think, as we look  
18 at future design and getting the best of the data  
19 systems that we possibly can. So, I did want to -- I  
20 think the same point is very important here, and  
21 recognizing that we can sample according to the  
22 population. So, we do diversify our sample by region

1 and then also by gender to make sure that we have  
2 appropriate representation geographically and some  
3 demographics. And then I think there is utility in  
4 maybe using the NSDUH data to benchmark or do that  
5 external validation of the sample that you are getting  
6 from the online surveys. So, we've looked at that as  
7 well. And pretty impressively the age groups matched  
8 up really well. The ethnicity was not as diverse in  
9 the opt-in panel as it is in the NSDUH sample. And  
10 then also when you start looking at that nonmedical  
11 use, recognizing that the definitions are a little bit  
12 different, we saw comparability there as well. So, in  
13 our program we ask about lifetime use of the products.  
14 For instance, opioid lifetime use was about 62% of our  
15 sample, and I believe NSDUH is 67%, so very comparable  
16 there. And also when we -- if they indicate lifetime  
17 use, so to Dr. Parker's comment that skip logic is  
18 great because you can drill down into those populations  
19 that are giving you a positive response for something  
20 that you want to study. So, if they indicate lifetime  
21 use, we then ask about the nonmedical use: Have you  
22 used it without a doctor's prescription or in a way

1 that is not recommended by your doctor? And then when  
2 they yes to that, you can ask the motivations. We  
3 asked is this to treat pain, is it to get high, other  
4 reasons, route, and all product-specific information.  
5 So, I think -- I definitely heard the comments about  
6 the low market share. And when we have these products  
7 that are not widely distributed is this going to be a  
8 valid estimate product level? I think this goes back  
9 to yesterday's conversation about drug groupings. So,  
10 can we at least look at ADFs as a group and look at  
11 that behavior.

12 I also liked John's comments, too, about  
13 looking at those that have the behavior, because you  
14 can, then, take that cohort of people that are  
15 reporting, even chewing of the medication. So, we were  
16 surprised to see that, you know, of those endorsing  
17 nonmedical use of opioids, 30% of them report that they  
18 chew an extended release product.

19 So, you can look at the chain of behavior, the  
20 snorting, the smoking, the injection. And then of  
21 those, and I think this goes, also, to Dr. Ciccarone's  
22 comments yesterday about are we looking for those that

1 are the blips or the signals of all of those people  
2 that are reporting injection or snorting, are ADFs  
3 showing up in that group of the people that you're  
4 monitoring? And also recognizing that this is a  
5 general population, so we don't expect -- you know,  
6 this isn't the high-risk group, so we can still  
7 complement the, you know, the data with the treatment  
8 center data, where we are looking at the special  
9 vulnerable populations.

10 I'd also like the comment about content  
11 validation, and so making sure that the questions are  
12 being asked are being understood by the users. We're  
13 doing that in another clinical study with some pain  
14 patients, and so I think that's great to be able to do  
15 this as well.

16 And then I just wanted to make one other  
17 comment about the -- is there a way, then, to use these  
18 to tease out, to Dr. Schnoll's comments yesterday, the  
19 actual patients that are getting into trouble with  
20 their prescription opioids versus the recreational  
21 users who are reporting nonmedical use or abuse of all  
22 kinds of drugs. Because we also monitor stimulants,

1 benzodiazepine, GABA analogues, and, of course, I'm  
2 from Colorado, so marijuana -- a lot of that going on,  
3 and then other illicit drugs. And so you can start  
4 looking at and trying to parse out those recreational  
5 users from the intended patient population.

6 DR. GOLDIE: Dr. Crane followed by Ms. Bose.

7 DR. CRANE: I'm interested in knowing -- has  
8 to do with the selection forces. So, you've matched  
9 to, say, the United States population and gender and  
10 maybe region; how much do you get into income,  
11 household income? And, also, so I'm interested in kind  
12 of social factors that go beyond the, you know, age and  
13 demographic that could affect somebody's ability to do  
14 it or have the time to even do an Internet survey.  
15 And, oh, what was the other thing? And, also, are the  
16 surveys scalable? I mean, do you need to do it on a  
17 laptop? Is it easy to do on a pad or a phone? I mean,  
18 I think phones, smartphones now are pretty ubiquitous,  
19 so that would be an important factor. So, I guess I'm  
20 just interested in social representativeness of these.

21 DR. GOLDIE: Ms. Bose followed by Dr. Lo Re.

22 MS. GREEN: So, in response, yeah, we do

1 collect other demographic information, income,  
2 education and a couple of other things. Your second  
3 comment was -- oh, then we also do include the DAST-10  
4 inventory, which is a validated measure to assess risk  
5 of substance abuse. And that's also interesting. I  
6 think another internal validation to, I guess, say the  
7 individual is more likely to endorse nonmedical use for  
8 whatever motivation due to higher DAST-10 scores. They  
9 tend to have more polysubstance abuse, as you mentioned  
10 earlier. I think that's really important and  
11 interesting to see, not just opioids, but then what is  
12 the relationship with benzodiazepines and opioids and  
13 even alcohol intake and whatnot? And you said one more  
14 thing.

15 DR. CRANE: Scalable to, like, mobile phones  
16 and so forth.

17 MS. GREEN: Yeah. So, currently the  
18 technology that GMI uses, that's our vendor that we use  
19 for the online surveys, they are working on the mobile  
20 compatibility version. They're having a little bit of  
21 difficulty with our survey, because it is pretty  
22 complex when you think about all the different products

1 that we ask about. Basically, they end up with  
2 matrices. If they endorse a product, then that product  
3 shows up on the next page with a matrices that tells us  
4 all the motivations that influence your nonmedical use  
5 routes. Also, where they got it. That was the other  
6 thing I forgot to mention is we ask the source of the  
7 drug, where did they get it? Did they buy it on the  
8 street or get it from their physician? So, ours is  
9 pretty complicated, but it hasn't yet been converted to  
10 be compatible with the mobile devices, but I think  
11 that's important, too.

12           And then to Theresa's point, too, we have,  
13 like -- we do two launches a year, 30,000 respondents  
14 each, and it does take maybe three to four weeks. So,  
15 I don't -- hopefully it's not impeding the completion  
16 of those surveys by not having that application. I  
17 think a lot of the complex ones are done online.

18           DR. CRANE: I think it might affect who  
19 participates. That's what I was getting at, yeah.

20           MS. GREEN: Sure, absolutely. And we see that  
21 in the StreetRx program, and actually Nab probably  
22 knows the numbers better than I. We did convert the

1 StreetRx, which is the street price site, for those of  
2 you not familiar, to be compatible with mobile devices.  
3 And do you remember what percentage of people -- it's  
4 80% of people that are going to that website are using  
5 mobile devices. That's also a very, I would say maybe  
6 five data entry points as opposed to the survey, which  
7 might take like 10 minutes to complete.

8 MS. BOSE: This is Jonaki Bose. This is more  
9 of my, sort of my methodologist, statistician hat and  
10 less of the NSDUH hat. I think that the NCHS  
11 experiences are worth looking into deeply and  
12 understanding what they're talking about, and the fact  
13 that if variance estimation is something that we're  
14 interested in, then that's something to look at. And  
15 that potentially some of these panels are good at  
16 questionnaire development and methodological work, but  
17 may or may not fulfill the needs that you guys have.  
18 But that being said, the NSDUH clearly -- or any large-  
19 scale survey is not going to be nimble. Not just OMB  
20 clearance, but there is an issue of field time,  
21 questionnaire development, a whole ton of things. And  
22 given that, what options do you have? And if we are

1 going to look at Internet polling and convenience  
2 samples as an option, then what do you do? What do you  
3 look at? And I think some of the things to consider is  
4 that large numbers are not a sign of robustness. So,  
5 we just want to be careful that when we justify the  
6 size of our surveys we're not saying we have a lot of  
7 people and therefore it is good. I also think matching  
8 solely on demographics is highly risky, especially if  
9 you do marginals only, because you're not looking at  
10 any of the covariant structure within there.

11 And so in addition to doing that, I would  
12 agree that you benchmark to existing substance use, so  
13 your outcome measures of interest. So, if you're going  
14 to do a general population, then you look at any of the  
15 federal large-scale population surveys and you  
16 benchmark. And when you benchmark, you don't benchmark  
17 just for the national totals, but among subgroups as  
18 well. So, you're kind of going through and doing a  
19 series of quality checks, because that's the best we  
20 have.

21 And also, as talking about replicability, so  
22 not just do one survey but maybe do several surveys,

1 where you have a series of questions that overlap. And  
2 so you should, if the population is similar, for those  
3 series of questions get similar answers within  
4 acceptable ranges and measurement error.

5           And the other thing I did want to say is also  
6 that it makes us more nimble, you can maybe get a large  
7 number of people in a short amount of time, but there  
8 are still some key tenets to data collection that have  
9 to be maintained, such as the questionnaire quality,  
10 and developing good questions takes time. And so if we  
11 are going to invest as a federal system in these types  
12 of activities, then we have to think about, are we  
13 going to have a pool of questions that we've upfront  
14 developed that can be implemented on the fly? So,  
15 questionnaire development, for example, cannot happen  
16 on the fly; it's the nature of questionnaire  
17 development. So, do you have a methods panel  
18 simultaneously along with these where you do use an  
19 opt-in panel and do questionnaire development while  
20 you're collecting estimates? So, I think it's really a  
21 matter of maintaining some of the essential federal  
22 standards that we have to operate by that OMB outlines

1 in our statistical standards and the Principles of  
2 Federal Statistical Agencies just came out, I think,  
3 yesterday or the day before, but fulfill the needs of  
4 the Agency's nimbleness and more detailed data  
5 collection, those kind of things.

6 DR. GOLDIE: Dr. Lo Re, followed by Dr.  
7 Conrad, then Capt. Jones, which will conclude question  
8 2.

9 DR. LO RE: Yeah, I guess I have concerns  
10 about the disadvantages of Internet-based surveys. I  
11 think potentially they could be valuable if you're  
12 interested in evaluating the behaviors who are  
13 prescribed ADF versus non-ADF opioids. And, again, I  
14 come back to the questions that you really wanted to  
15 focus on yesterday, which is really to understand the  
16 effectiveness of ADFs versus non-ADFs, and the  
17 behaviors that are occurring. And so where I think  
18 these kinds of qualitative surveys would be valuable is  
19 perhaps understanding the behaviors. However, I worry,  
20 although -- I worry about access to these Internet  
21 surveys. I understand many people have phones, but I'm  
22 also concerned about the willingness to even respond to

1 any web-based queries. And particularly you're going  
2 to go through all the effort of questionnaire, survey  
3 design. Are people who are more likely to abuse not  
4 going to have access to Internet surveys or be willing  
5 to respond? And I have questions, if you're going to  
6 get representative information about drug use behavior  
7 from these, or if they're even going to have the  
8 capacity to be able to respond if they're abusing  
9 drugs.

10 And I think Dr. Brooks made some really astute  
11 comments in saying that if you're interested in looking  
12 at the behaviors of people who are abusing, then  
13 certainly collecting cases of persons who abused and  
14 misused and querying as he had done and showed in the  
15 surveillance for the Opana outbreak. But I think I  
16 have concerns that really this is -- whether it's going  
17 to be worth the effort in getting valuable information  
18 on behaviors.

19 DR. GOLDIE: Dr. Conrad?

20 DR. CONRAD: Just to follow up on the last  
21 comment. I think this is a very good point. The  
22 concern about nonresponse bias is pervasive in the

1 survey industry, and in this domain I think the concern  
2 is particularly appropriate. But I do think that  
3 making -- my original comment was going to be about the  
4 use of mobile devices and Jody Green's experience. I  
5 do think it's essential to be able to implement any  
6 questionnaire that's distributed online on mobile  
7 devices. Because for many members of the population, I  
8 suspect an even larger percentage of the target  
9 populations under discussion, the only way they go  
10 online is on mobile. And so the kinds of issues that  
11 were just raise I think are particularly likely to be  
12 exacerbated if we don't have mobile questionnaires  
13 available.

14 DR. GOLDIE: Capt. Jones?

15 CAPT. JONES: Yeah, I'm just going to echo the  
16 last two speakers and just point out. I think in  
17 addition to the importance of the mobile access for  
18 probably certain high-risk populations, there is also  
19 geographic variation. And in more rural areas they may  
20 not have reliable access even if they have computers,  
21 and that's a disproportionately burdened population in  
22 this issue. So, I do think that's a potential concern

1 as well.

2 DR. XIE: All right, we'll move on to question  
3 3, and after this question we'll take a brief break.  
4 Discuss the design strategies for minimizing  
5 misclassification, particularly differential product  
6 misclassification in surveys being used to evaluate  
7 ADF.

8 DR. GOLDIE: Dr. Schnoll?

9 DR. SCHNOLL: Sid Schnoll. I was involved in  
10 funding two studies that tried to look at that, and  
11 what we found, that when given a card with pictures of  
12 drugs on it, people who claim they had used a certain  
13 drug, 50% could not identify that drug on the cards.  
14 And so the problem of misclassification can be big.  
15 Dr. Scharman mentioned yesterday, in terms of somebody  
16 even identifying their prescription drug, if their  
17 given a generic form, often on the label will be the  
18 name of the branded product. And people, you know, as  
19 we said yesterday, it's like Kleenex. Every box of  
20 tissues is identified as Kleenex. So, it is a big  
21 problem and I think if we're going to move forward in  
22 identifying products, we can't just go and have

1 pictures and under it say what the brand is, because  
2 then people will identify it as such, obviously, but  
3 that may not be what they're getting. And certainly  
4 what happens on the street, somebody is told by whoever  
5 sells them the drug, this is X, the person says, oh,  
6 yeah, this is X, and they don't know whether it is X or  
7 not, and they don't know what they're actually using.

8           And now we are running into an additional  
9 problem of counterfeit. And if some of you have ever  
10 looked at some of these counterfeit medications, they  
11 are very, very hard to distinguish from the real  
12 product. Colors are close, have the same indicia on  
13 it, the shapes are very similar. It's a very difficult  
14 situation and I think we're going to have to be  
15 extremely careful in making decisions to decide whether  
16 or not a person is actually using the product they said  
17 they were using.

18           DR. GOLDIE: Capt. Jones?

19           CAPT. JONES: A couple of things. I wish  
20 Tracey Green was here, but maybe Theresa can talk a  
21 little bit about this. I remember having a  
22 conversation with her a couple of years ago, where they

1 did some analyses to look at the ability to identify  
2 specific products, and they found variation between  
3 more infrequent recreational type user versus those who  
4 had abuse or dependence. And the folks who had abuse  
5 or dependence did a much better job, and that would be  
6 as n of 1, that is also my experience, that, you know,  
7 very familiar with imprint codes and drugs of abuse and  
8 knowing what they were. And a variety of those  
9 products have social capital. You have people come  
10 into the pharmacy who say I want N357. You know,  
11 that's their preferred Mallinckrodt version of  
12 hydrocodone. So, you know, I think it's important to  
13 think about who might be identifying, that there may be  
14 better specificity among certain groups.

15 I think this is also a place where within  
16 reasonable resources you could do some work on looking  
17 at both different ways of presenting information,  
18 different orders of presenting information. You know,  
19 testing that out, so that if you do try to modify an  
20 existing survey or create something new, you have some  
21 actual evidence to inform those efforts.

22 DR. GOLDIE: Ms. Cassidy and then Dr.

1 Dasgupta.

2 MS. CASSIDY: And so I just wanted to expand a  
3 little bit on the comment that Dr. Jones has made. We  
4 did work with Dr. Tracey Green to look at some of this  
5 issue of misclassification particularly as it related  
6 to prescription opioid use, but OxyContin and Opana ER.  
7 Both of those products had been reformulated, and  
8 trying to understand when individuals who are coming  
9 into or being assessed for treatment, if they are able  
10 to identify those products and distinguish the  
11 difference between them. We were a little concerned  
12 about a continuation that we saw of endorsement of  
13 original OxyContin, and so wanted to understand better  
14 why some of that persisted, and was that in the way the  
15 question was being asked? Is that in the way that the  
16 pill or the image was being presented? Was it -- and  
17 so it was a qualitative study. It was a small group of  
18 abusers, but we did find that there was some  
19 differences in the type of abuser who was able to more  
20 specifically identify and sort of very confident and  
21 positive about -- and we used a couple different  
22 methods. It wasn't just sitting with them and showing

1    them cards, but, you know involved interviews and then  
2    following up with them.  There was also an element of,  
3    you know, there was some element of, like, if they're  
4    sort of -- their sort of trusted partner, whoever that  
5    was, their sort of friend that maybe misused or abused  
6    drugs with, was saying, like, this is that particular  
7    product that they were using, that they would tend to  
8    endorse that even though that wasn't necessarily.  So,  
9    there was some sort of level of confidence or  
10   differentiation for the different types of users.

11           What we did do is use that information to then  
12   help us inform what kind of, you know, enhancements we  
13   could make to the NAVIPPRO data that we were  
14   collecting, so that we could sequentially start to test  
15   that out to see if, when we changed something, and we  
16   did make some -- if people didn't respond to, you know,  
17   reformulated as, you know, the name of the drug.  It  
18   was like old OxyContin, new OxyContin, old Opana, new  
19   Opana.  So, there was some sort of standards that came  
20   out of that that sort of resonated with some.  And I  
21   think that we could do more work in that area to sort  
22   of test that out with how we're collecting data and do

1 that sequentially so that we understand what the  
2 impacts are when we make some of those changes.

3 DR. GOLDIE: Dr. Dasgupta, please?

4 DR. DASGUPTA: I'll keep it short; because I  
5 think Theresa covered some of my points. But I think  
6 misclassification can be purposefully used as a method  
7 of social control, right? So, in relationships, in  
8 romantic relationships and close friendships, where one  
9 person is responsible for preparing the drugs, the  
10 tablets or heroin for injection, the person who is  
11 actually ingesting the drug may never have actually  
12 seen the tablet. And we see this happen -- I mean,  
13 there's gender differences and all these other things,  
14 right, so an amount of social control.

15 Bringing that back to how does that impact an  
16 actual ADF evaluation, I don't know how, you know,  
17 unless a particular drug gains a cachet enough that  
18 it's going to have -- differentially do that, have that  
19 kind of attractiveness, I don't really know how those  
20 biases in general would differentially impact one ADF  
21 versus another. So, while I think these are very  
22 important social and public interest questions, when it

1 comes back to like actual ADF evaluations, I don't know  
2 how much that -- how important that is.

3 DR. GOLDIE: Ms. Bose, please?

4 MS. BOSE: So, the more I listen to what we're  
5 talking about, I think that it may be of use to  
6 identify some of the methodological challenges that  
7 we're talking about, some of the measurement  
8 challenges, before we talk about survey design and  
9 things like that. So, for example, can respondents  
10 distinguish to the level of detail that you need to  
11 answer a given analytic question? And that might  
12 depend on the question. So, it's a -- you've outlined  
13 a number -- the large scope that we want to talk about,  
14 but every time I think about the NSDUH and what it can  
15 do, or what some of the other data sources can do, I  
16 start drilling down to the specific types of analytic  
17 questions we're talking about. So, I think it may be  
18 useful to kind of step aside and say here are the broad  
19 to the detail type of questions that we are looking to  
20 answer. Based on that, here are some of the  
21 methodological challenges we have. Can respondents --  
22 does the ability to identify a given pill vary

1 depending on frequency of use, the presence of a  
2 substance abuse disorder? Because if we're doing a  
3 survey of a general population, then all questions need  
4 to be understood by every single person answering them  
5 regardless of their substance abuse data. And an  
6 example that we often talk about is when we're  
7 developing general identity questions, a lot of times  
8 I've heard, well, the person will understand it if it  
9 applies to them. Well, it doesn't matter; it still  
10 needs to apply to the 95% of the people for whom it may  
11 not apply. And I think similar considerations apply to  
12 the nature of use, route of administration, all of  
13 those kinds of things. So, I think maybe coming up  
14 with a simultaneous methodological plan that supports  
15 your analytic goals and then feeds into overall survey  
16 design may -- it's expensive, it's time-consuming,  
17 there's always staffing and resource pinches for us.  
18 So, this is an ideal approach potentially, but I think  
19 it may be helpful for us.

20 DR. GOLDIE: Dr. Boyer?

21 DR. BOYER: Yeah, so the Internet isn't just  
22 populated with drug users, it's also populated with

1 tricksters who do things like send out stuff like fake  
2 news. And one thing, like, Theresa, I don't know how  
3 you ensured internal validity of your, you know, like  
4 of your sample on Bluelight, but the psychotropic drug  
5 user population are famous for being tricksters. So, I  
6 always, like, when I did my online surveys of drug  
7 users as far back as 2006, I mean, one of the first  
8 things I did was start building in a number of  
9 questions about fake drugs. And if they had used the  
10 fake drugs, then they tossed the stuff out.

11           So, I understand that people like to get lots  
12 of surveys and you want everybody that you contact to  
13 complete the survey, but that's not a reality online.  
14 It will never happen, I don't think, to any reasonable  
15 degree. And I worry about the quality of the data that  
16 you actually do extract from it, because people will  
17 just make stuff up.

18           DR. GOLDIE: Dr. Novak?

19           DR. NOVAK: Yeah, that's a great point by Dr.  
20 Boyer. I think we've asked some questions about fake  
21 drugs, too, in particular, Superval (ph) and Darnital  
22 (ph). And both we've gotten less than 1 percentage of

1 people that have endorsed those. And I think a little  
2 bit more people misclassified Superval than Darnital.  
3 I think they kind of figured it out.

4           But the point I wanted to make in my original  
5 comment was in terms of, you know, we've done some  
6 studies, and we have a paper in process now where we've  
7 asked abusers and nonabusers to identify different  
8 types of medications that are abused, ADFs, non-ADFs.  
9 And we found an interesting kind of artifact, that it's  
10 just not the person being an abuser and their  
11 consumption, but it's the actual consumption of the  
12 drug, which shouldn't be of any surprise to anybody  
13 here.

14           But if you have a new market entrant, like  
15 Zohydro, even Zohydro users were less likely to  
16 correctly identify that relative to some other drugs.  
17 And then there was also a seasonality effect that we  
18 picked up with regard to sort of a shift of  
19 identification with the Opana epidemic that happened in  
20 Scott County, where people during that time when taking  
21 our surveys they were more likely to misidentify. And  
22 traditionally, if they got the question wrong it was

1 OxyContin was the Kleenex. But during that time with  
2 the Opana outbreak in that period, the Opana actually  
3 became the new Kleenex. And so I think we have to be  
4 very sensitive to, you know, the secular drug trends  
5 and also the penetration, and how people can easily be  
6 sort of swayed by the media and whatever that's going  
7 on.

8 DR. GOLDIE: Ms. Cassidy, do you want to  
9 respond?

10 MS. CASSIDY: Yeah, I just wanted to respond  
11 to Dr. Boyer's comment about, like, how do we validate  
12 some of this Internet conversation or what's discussed  
13 on the Internet. I think there's a couple of things.  
14 One point is within our treatment center data that  
15 we're collecting, we also use fake drugs, and in the  
16 surveys that we do, we also include fake drugs. In  
17 almost all of those, every one of those efforts, there  
18 is an extremely low endorsement, you know, less than  
19 1%. So, just a -- so, that's one factor, one aspect.

20 I think the other point that I wanted to make  
21 in relation to Internet surveys is, we keep, as a  
22 group, talking about the populations and what's the

1 population, or which segments of the population and  
2 what you can learn about those different segments of  
3 the population about abuse as it relates to ADF, and  
4 what data sources and methods are helpful in doing  
5 that. And I think that when we're talking about maybe  
6 opt-in panels, and we're talking about Internet service  
7 in the general population, that's sort of a -- that's  
8 one aspect. And the types of questions and the types  
9 of information that you can gain there is somewhat  
10 different from an Internet survey that would be looking  
11 at, you know, people who are recreational abusers or  
12 drug abusers who were discussing things online. I  
13 think as it relates to drug discussion forums, like  
14 Bluelight, you can watch what people are talking about  
15 passively and see what they're saying and what their  
16 behaviors and their perceptions and their  
17 attractiveness or beliefs are around particular  
18 products. And then partnering with some of those  
19 forums and communities you can ask them more actively  
20 some of these questions about their behaviors and their  
21 perceptions about these things. Another aspect of  
22 these communities is they tend to be somewhat self-

1 policing, so when there's bragging and really just  
2 wildly false information, they're pretty, as a  
3 community, they have their own sort of internal  
4 structures and rules about how they communicate and  
5 what they're allowed to talk about, and how they police  
6 that for themselves. So, we've worked with some of the  
7 moderators when we're talking, you know, we're thinking  
8 about an Internet survey and trying to make sure that  
9 when we're asking questions that those questions are  
10 focused and they resonate with those communities in a  
11 way that we can elicit that information. But in terms  
12 of the drug abuser population, doing those kinds of web  
13 surveys, I think those right now are really enrichment  
14 type activities where we could understand better about  
15 the phenomenon. And so things like are people trying  
16 to manipulate for a particular product, to come up with  
17 a new route of administration or extraction for  
18 something. I think there are different questions that  
19 we're asking of different populations, so we're not  
20 necessarily trying to have like the rigor of precision  
21 and valid estimates. That hasn't been -- to date, that  
22 really hasn't been the goal and the objective. I think

1 there is a place for that type of data collection and  
2 information that is important when we're thinking about  
3 trying to get at these more hidden populations who it's  
4 difficult to maybe elicit that information from.

5 DR. MCANINCH: I'm just going to jump in. We  
6 are scheduled for a break now, and to complete this  
7 discussion afterwards. But I think we have a great  
8 discussion going and I wanted to ask if people need a  
9 break now or if folks are okay pushing through for  
10 another 15 minutes or so, to finish this discussion and  
11 then take a break afterwards? I'm seeing some nodding,  
12 so we'll keep going. Okay, thanks.

13 DR. GOLDIE: Dr. Boyer?

14 DR. MCANINCH: And if anybody does need to  
15 leave for a moment, that's fine, too.

16 DR. BOYER: Yeah, I think the only thing I'd  
17 add to that is, depending on the population and the  
18 website that you want to -- website or websites that  
19 you want to draw from, having the buy-in of, in the  
20 case of Bluelight, either Sebastian's Ghost or Monica,  
21 you know, who could do the work would be critically  
22 important, too.

1 DR. GOLDIE: Dr. Brooks and then Dr. Miech.

2 DR. BROOKS: Yeah, John Brooks. So, looking  
3 at the question about designing strategies and  
4 minimizing misclassification, clearly it sounds like in  
5 all the different forms of surveys that people are  
6 using there is this chronic difficulty with  
7 misclassification, which is reducing your predictive  
8 positive value to know that when I say it's Kleenex,  
9 it's Kleenex and not Costco tissue. You know, thinking  
10 about ways to reduce the -- there are a lot of creative  
11 solutions out there. But one that crossed my mind but  
12 it is first a question to FDA is, to what extent does  
13 the Agency has jurisdiction to dictate the appearance  
14 of the tablet as its manufactured? Everybody knows the  
15 purple pill; everybody knows the little blue pill. And  
16 is there any way that you could require or encourage  
17 manufactures to create formulations that are distinct  
18 enough that people will reliably begin to remember  
19 them? And so that if generic formulations are made,  
20 they have to be distinctly different enough that users  
21 can remember them?

22 DR. THROCKMORTON: I'll just say short answer,

1 limited, pretty limited authority there. We would have  
2 to be able to decide it was a safety -- something  
3 necessary for safety or effectiveness.

4 DR. BROOKS: So, that's what I thought the  
5 case may be, and I was going to argue the issue here is  
6 that these are drugs that have a particularly bad  
7 safety profile in terms of abuse, overdose and death.  
8 And you might be able to leverage that to push for some  
9 changes in that area.

10 DR. GOLDIE: Then Dr. Miech?

11 DR. MIECH: I pass, thanks.

12 DR. GOLDIE: Okay. Dr. Crane?

13 DR. CRANE: I wanted to put in a plug for good  
14 ethnographic research, which is more than just asking  
15 people questions. It's -- there are methods to do this  
16 to validate it, and also its participation. Because  
17 what, as many of us know, people tell you may not  
18 reflect what they actually do, and that could be for a  
19 variety of reasons, partly because they want to tell  
20 you what they think you want to know. And then, of  
21 course, of it's illegal activities, there is a reason  
22 to conceal that. Participation doesn't necessarily

1 mean you have to use drugs with them, but it's being  
2 around people enough to see what actually happens.

3 And then the time element is really important,  
4 too. Now, this is -- oh, Wilson is not here. It's not  
5 something to be done quickly, and it's not something  
6 that maybe has large generalizability, but as one of my  
7 professors at Cal used to say, it's highly -- you know,  
8 limited generalizability but it can be highly valid.

9 DR. GOLDIE: Dr. Dasgupta? It's been covered?

10 DR. DASGUPTA: But I think the questions  
11 about, yes, people make things up online, people make  
12 things up in real life, people make things up on paper  
13 forms. I mean, I don't think the problems we're  
14 talking are at all specific to the Internet. There is  
15 literacy bias; there is all these other issues there,  
16 right? So, I mean, I think if we -- I don't have the  
17 hubris to think that the data we collect is 100%  
18 accurate in every questionnaire. And I think the  
19 methods to -- and the nonhealth Internet survey field  
20 is very -- has a huge kind of body of literature which  
21 deals with these problems, whether you're talking about  
22 car color preference or what kind of socks you wear.

1 And there are statistical methods, there are kind of  
2 survey structure questions that you can do to get that  
3 information and have an idea of what's valid or not.  
4 And I think the same applies to any of the household  
5 survey -- sorry, not the household surveys -- any of  
6 the surveys we were talking about, whether they're  
7 federal or not, that you're going to get an element of,  
8 yeah, this is BS. And you have to know that it's going  
9 to happen and have to have a way to address that  
10 upfront. I mean, I don't, you know, there is no other  
11 way to do it.

12 DR. GOLDIE: Dr. Ciccarone, I wanted to give  
13 you an opportunity.

14 DR. CICCARONE: I just wanted to build on the  
15 quick comment by Ed Boyer a minute ago about getting  
16 buy-in from these online communities. There is  
17 increasing concern among them about how researchers and  
18 other entities are interfacing with them. They're  
19 building their own internal community-based ethic, and  
20 stuff like that, and it's important to play well with  
21 them.

22 DR. GOLDIE: Dr. Crane, you want to follow up?

1 DR. CRANE: I was just thinking that, I mean,  
2 in terms of doing ethnography, it's not so much I'm  
3 trying to figure out what the objective truth is, but  
4 what people decide to say to me, is it in itself  
5 meaningful? They may tell me one thing because, you  
6 know, as a white person they think, oh, you know, she's  
7 thinking -- you may be seen as representative of the  
8 state or of a dominant ethnic group or so forth. So,  
9 it's not so much -- I mean, I think it's going beyond  
10 just kind of trying to figure out. It's not the same  
11 as doing a survey whatever the answer is. It's  
12 understanding the meanings of what people are actually  
13 saying.

14 DR. GOLDIE: Dr. Conrad, did you want to  
15 contribute? Okay. Then, I'm sorry, Dr. Schnoll?

16 DR. SCHNOLL: Sid Schnoll. I just want to  
17 reinforce some of the comments that were made about  
18 ethnography. I think it's a tremendous way to collect  
19 very important, detailed information that you really  
20 can't get any other way. And, yes, the numbers may be  
21 small, but they can be very important in terms of the  
22 kinds of data that are collected. And I know Wilson's

1 not here, but I am concerned that I don't think NIDA is  
2 supporting ethnography studies the way they used to,  
3 and they should get back to it. But I just want to  
4 also reinforce something that Scott said about people  
5 not endorsing phony drugs. When we started RADARS, we  
6 put in a phony drug that we called Cebadone (ph), and  
7 it was very rarely endorsed. But when one of our  
8 ethnographers was out on the street, one of the  
9 questions they often ask: Are there any new drugs  
10 around? And a number of people said, "Well, I've heard  
11 of this drug Cebadone, but I haven't seen it yet." So,  
12 I think putting things in there can create certain  
13 biases that were unintended.

14 DR. XIE: Well, I think we have 10 more  
15 minutes to discuss the last question. We'll skip  
16 question No. 4. I think we covered a lot of it. So,  
17 the last question is: Discuss the feasibility of using  
18 Internet or other types of survey panels longitudinally  
19 to evaluate ADFs.

20 MS. BOSE: I think a lot of longitudinal work  
21 depends on your analytic goals, and I think for me  
22 personally it's a little hard to discuss the

1 feasibility of using a longitudinal panel without  
2 knowing what your analytic goals are. But my  
3 experience on longitudinal studies and designing  
4 longitudinal studies is that they are sample size  
5 heavy, because the number of pathways and trajectories,  
6 if you're trying to map a number of different things,  
7 then your sample size does get pretty large pretty  
8 fast. If you have a series of repeated measures that  
9 are fairly simple, then maybe it wouldn't happen.

10           So, I think that -- so, for example, some of  
11 the mental health studies that I've worked on designing  
12 have to do with mental health and the onset of disease  
13 and the remission and the reappearance. Those things  
14 are really, really sample size, so then you kind of go,  
15 okay, maybe our analytic goals don't require a  
16 representative sample. Maybe it doesn't require a  
17 nationally representative sample. Maybe a  
18 nonrepresentative regional sample combined with other  
19 qualitative or ethnographic features will help us  
20 answer some of the detailed questions we're looking  
21 for, but they're longitudinal with several waves are  
22 nontrivial efforts.

1           And then just to talk about -- actually, it  
2 comes up later, the follow-up surveys. Does that come  
3 up later somewhere in the agenda? Okay, those are a  
4 little bit different, because the National Health  
5 Interview Survey has modules. On the NSDUH we have  
6 done some, so those we can talk about later.

7           DR. GOLDIE: Dr. Green?

8           DR. GREEN: I think a, I guess the word, the  
9 buzzword these days is omnichannel. So, doing these  
10 longitudinal surveys doesn't mean they all have to be  
11 online. You can use texting, you can use other modes  
12 of communicating with the people you're trying to  
13 follow, you know, that might be a quicker response so  
14 that you can hopefully retain those same individuals  
15 over time. And, of course, as mentioned before, if the  
16 initial survey takes 10 minutes, you may want to have  
17 an abbreviated survey to follow it from that period  
18 forward. But I think it is a great way to assess both  
19 the exposure to the product, so have you gotten a new  
20 prescription? What prescription was that? And being  
21 able to track the opportunity for exposure and then  
22 what the actual experience was with that product. I

1 think one thing that needs to be said here is it's  
2 great to think that these patients are just getting one  
3 product and I'm going to follow them in their  
4 experience on that one product, but that's not reality.  
5 And there are many people around the table that can  
6 speak to this more succinctly as clinicians than  
7 myself. But my understanding is these patients are not  
8 just having an experience with one product; there's  
9 rotations for different pain medications. So, to be  
10 able to follow them in their experience, making sure  
11 that we understand what that opportunity of the  
12 exposure was, what prescriptions they're getting, and  
13 then being able to relate that experience.

14           And then just the last thing for  
15 consideration, I don't think it's a deal-breaker, but  
16 the anonymity is something we haven't talked about.  
17 So, with the online survey for us, it is anonymous, and  
18 we don't have a way to identify the participants. So,  
19 we do see probably, maybe, I would like to believe  
20 pretty honest answers, for the most part, about their  
21 experience and what they're doing and the behaviors  
22 with these medications. And so just making sure we

1 balance the ability to maintain the anonymity, because  
2 they do, again, these are aberrant behaviors, they need  
3 to make sure that there aren't going to be consequences  
4 for revealing what they're actually doing with these  
5 products. So, balancing the anonymity with the ability  
6 to follow them all the time.

7 DR. GOLDIE: Dr. Novak?

8 DR. NOVAK: Yeah, I want to actually pick up  
9 on the point that Jody just brought up in terms of  
10 anonymity. One of the things, in terms of building  
11 successful longitudinal tracking, which a lot of people  
12 is sort of 80% as the benchmark, you have to have  
13 excellent rapport in brand recognition with your  
14 research participants. And if you don't, they're going  
15 to -- I mean, to track abusers especially over time,  
16 you need to collect some pretty sensitive information.  
17 Abusers, they are very mobile, transitory, they move  
18 around, they move to different places. They switch  
19 cell phones, they can even switch email addresses, and  
20 we've gone so far as to actually, in our longitudinal  
21 research studies, to ask abusers to write letters to  
22 people that we can give to friends of theirs who --

1 here's to contact if I'm not using, who can find me.  
2 And then they can say, okay, here's somebody you can  
3 contact who probably knows where I am when I'm using.  
4 And so, I mean, those are all -- that's a lot of  
5 investment that are tradeoffs when you use these web  
6 panels and really web surveys in general. You  
7 sacrifice that connection in exchange for the  
8 efficiency that you could get with just getting a lot  
9 of data fairly quickly.

10 DR. GOLDIE: Dr. Winterstein?

11 DR. WINTERSTEIN: It also touches on the point  
12 that Dr. Green just made. I was thinking about the  
13 underlying population and where it would make sense to  
14 have longitudinal follow-up. So, samples that draw  
15 from the general population probably have too small of  
16 a numerator of opioid users that would lend itself to  
17 follow-up, and I'm not sure that's the best allocation  
18 of resources. And then, likewise, surveys that look at  
19 abusers and the mode of abuse. I'm not sure how much  
20 follow-up there is really needed, because we have  
21 already the mode of abuse there, and I don't know how  
22 much longitudinal follow-up would be really valuable in

1 that scenario. But where I could see great value is  
2 patients who are chronic opioid users and perhaps still  
3 in a usual prescription type of framework. So, for  
4 example, patients who were just initiated on some  
5 earlier opioid or who were sampled based on one year of  
6 exposure and then starting that follow-up to see how  
7 these patients developed into abuse pattern. That, to  
8 me, would be the most valuable piece of information.

9 DR. GOLDIE: Dr. Boyer?

10 DR. BOYER: I think there also needs to be a  
11 certain degree of stability in how to reach people. I  
12 mean, Drug Buyers -- Drug Buyers was a website like in  
13 the early 2000s, where you would go to buy OxyContin  
14 online and it disappeared after about 2008 or so, 2007  
15 -- 2009. Even AlphaBay, you know, like, AlphaBay went  
16 down two days ago. Maybe it's related to the raid in  
17 Quebec, maybe they're trying to move to another site  
18 because their admins are still posting on other sites.  
19 But if you're going to try to recruit to other  
20 individual websites, you've got to make sure that it's  
21 going to be stable enough. And even if you try to move  
22 to something like Erowid, to try and pull people in,

1 like Erowid is pretty heavily edited, and Earth and  
2 Fire are increasingly cagey about who they work with.  
3 So, there's some real issues in terms of feasibility,  
4 and, like, maintaining access to a specific population.

5 DR. GOLDIE: Dr. Conrad?

6 DR. CONRAD: Just two comments. One is, it  
7 seems to me that real anonymity is virtually impossible  
8 to guarantee in a longitudinal setting. I mean, you  
9 just kind of have to know some identifying information  
10 about the participants to continue to recontact them.  
11 But confidentiality is not impossible to assure over  
12 the period of time. So, I agree with the earlier  
13 comment that establishing trust in the participants is,  
14 I think, crucial.

15 The other comment is, I wanted to endorse Jody  
16 Green's suggestion that this be -- I'd never heard the  
17 phrase omnichannel, but in my world this is called  
18 mixed mode surveys. And I think to maximize response  
19 rates of participation over time, you want to give the  
20 respondents as many ways to participate as possible.  
21 And I strongly want to endorse text messaging. We've  
22 done a number of studies and text messaging has great

1 properties, mostly because there is so little  
2 information about who is on the other end promoting  
3 candid responses. And also because it's asynchronous,  
4 so people can take their time to answer; they're not  
5 under -- even more conventional web surveys create a  
6 certain amount of temporal pressure to give an answer  
7 right away.

8           The one concern I have, and this just comes  
9 with the territory with mixed mode surveys is  
10 identifying mode effects. So, if there are differences  
11 between the respondents and text and web, is it because  
12 they're really different or is it because of the mode?

13           DR. GOLDIE: Dr. Lo Re?

14           DR. LO RE: Yeah, I actually think that  
15 longitudinal surveys are important and would be  
16 feasible for the overall goal of, I think,  
17 understanding the incidence and the risk factors for  
18 abuse and misuse. I think insomuch as wanting to  
19 understand the behaviors of misuse and abuse of ADF  
20 versus non-ADF drugs, longitudinal surveys would be  
21 valuable, although I don't think necessarily the  
22 Internet for the reasons that I mentioned before. But

1 we've already highlighted the current limitations of  
2 existing surveys, that they don't include information  
3 on injection, noninjection, drug use, alcohol  
4 consumption, other medical comorbidities, other drugs,  
5 the duration, the type of pain, their insurance. And  
6 it would seem like those are the only things that you  
7 could really get from asking the patients. And that  
8 certainly would go towards the risk factors.

9 I also think that we haven't talked about  
10 surveying the providers themselves who are prescribing  
11 the ADFs or non-ADFs, and it's not clear to me why some  
12 providers may prescribe a patient an ADF versus a non-  
13 ADF formulation. So, I do think that longitudinal  
14 surveys will be helpful, perhaps coupled with other  
15 methods, you know, with harder outcomes, like death,  
16 like overdose, perhaps in cohort studies.

17 DR. GOLDIE: Dr. Miech?

18 DR. MIECH: Yeah, looking at the question, I  
19 see there is a focus on Internet and other types of  
20 surveys. And kind of building on what Dr. Lo Re was  
21 saying, there are administrative approaches, using  
22 administrative data that I think might be really

1 helpful here, like PDMPs. I think we realize what the  
2 limitations of those are, that not everybody who  
3 becomes opioid abuser was prescribed those drugs. But  
4 nevertheless there are some other types of data sources  
5 I think that could really inform the question here.  
6 And we could look at maybe clinical sample size, too,  
7 kind of building on the idea of the providers and  
8 follow those individuals over time, recognizing  
9 limitations there.

10 DR. GOLDIE: Ms. Bose?

11 MS. BOSE: Again, two methodological points.  
12 The first one is what Fred just said, talking about  
13 mode effects. Mode of facts are real. Mode effects  
14 may -- the level of error associated with the mode  
15 effects may be ignorable, but that's something we might  
16 want to determine. And it's shocking how much the mode  
17 does make a difference. And so when we moved our basic  
18 demographic, marital status question, for example, from  
19 ACASI to CAPI, we saw a difference in missing less  
20 rates as well as in the estimates themselves, and this  
21 is supposed to be a factual question. And so there are  
22 a number of factors that affect modes, the number of

1 theoretical constructs whether face-to-face has a  
2 theory of reciprocity versus anonymity versus -- you  
3 know, there's all sorts of reasons, but they do occur.  
4 And we might, then, determine, well, we're just going  
5 to go ahead and mix the data from the different modes,  
6 but it's a more deliberate decision.

7           And the other point that I wanted to bring up  
8 is I don't know what laws govern the ability to keep  
9 your data confidential, but that's something to also  
10 keep in mind, under the federal context. So, for  
11 example, there are a number of agencies under -- that  
12 have been designated as federal statistical agencies or  
13 units under a law called CIPSEA by OMB. And so when  
14 the NSDUH data are collected, I can get a FOIA request  
15 and I can turn it down. I can be subpoenaed, I can  
16 turn it down, but the only reason I can do it is  
17 because I have a specific law that exempts us from FOIA  
18 requests. And so if FDA has something similar, and it  
19 doesn't have to be CIPSEA, it can be other laws; then,  
20 yes, you can guarantee confidentiality. But if you do  
21 not have such laws and you are vulnerable to different  
22 type of requests, and it can be actually internal or

1 external for us. It can be a GAO request; it can be an  
2 IG request. And so understanding the confines of your  
3 law will help you determine what it is that you can  
4 promise your respondents.

5           And then pushing that one level further, and  
6 this might come up in the linking one, but it applies  
7 to the confidentiality and response rate and data  
8 quality domains as well. On the NSDUH we don't collect  
9 social security numbers, the last four or the entire  
10 one, and the reason being is we are concerned about the  
11 adverse effect on our already dropping response rate.  
12 So, those are the kind of tradeoffs. And it might be  
13 easy to ask them, but there are consequences for  
14 collecting it. So, those are some of the things to  
15 kind of consider the tradeoffs, the benefits to linking  
16 with other data sources, which we would love to do, but  
17 --

18           DR. GOLDIE: Dr. DeFrances, please?

19           DR. DEFANCES: I just wanted to follow-up on  
20 Dr. Lo Re's comments about surveying providers, and I  
21 know Dr. Scharman mentioned it yesterday. But we have  
22 a mechanism at NCHS called the National Ambulatory

1 Medical Care Survey. It's a nationally representative  
2 survey of physicians and community health centers, and  
3 that may be a mechanism that we can get at some of  
4 these questions. That survey was used in the past to  
5 look at antibiotic prescribing, and I just wanted to  
6 throw that out, that that may be a mechanism. And also  
7 in light of the commissioner's comments about training,  
8 the survey has two components. We do an introduction  
9 where we ask the physician opinion questions and about  
10 how they operate the office, and then we go in and we  
11 take a sample of patient visits. So, I wanted to throw  
12 that out for consideration by FDA as well.

13 DR. XIE: All right. I think some of us  
14 cannot wait for a break any more, specifically, me.  
15 So, let's reconvene about at 11:00 for audience  
16 discussion, and then the session will end. Thank you.

17 For the last session we did have a very lively  
18 discussion and I feel bad that I have to cut some of  
19 you off. But please feel free to use the docket link  
20 to sending your input, and also you can email us, send  
21 us any comments that you have in mind.

22 Let's start the audience discussion for the

1 last session. We're now going to begin the audience  
2 participation. Please try to focus your comments on  
3 the session's topic, which is building on established  
4 national surveys. You will be given three minutes to  
5 speak. A light system will be there. Green means keep  
6 going, yellow means hurry up, one minute left, and red  
7 means please go back to a seat. So, every speaker,  
8 please provide your name, state your disclosures, and  
9 provide your comments.

10 DR. COPLAN: Good morning. Paul Coplan,  
11 Purdue Pharma. I just wanted to share some of the work  
12 that we have done in case it would be helpful. So, it  
13 seems like the themes from the discussion this morning  
14 were that it is important to have nationally  
15 representative samples on the one hand and then Dr.  
16 Brooks mentioned doing focus studies in communities of  
17 high risk people, people abusing product, to look at  
18 the entrance of the product into their community to see  
19 the uptake in the patterns of abuse in the abuse-  
20 deterrent formulation. Then there was -- several  
21 people mentioned ethnographic research. So, the  
22 complementation of the smaller focused, in-depth,

1 qualitative research with the national surveys. We had  
2 planned to do that and in fact included national survey  
3 -- well, national surveys as well as an in-depth  
4 analysis of a focused cohort in Kentucky. The study  
5 was done by the University of Kentucky. It was  
6 published by Jennifer Havens, and the qualitative  
7 research was done by another person to complement the  
8 national surveys. And unfortunately we wanted to do it  
9 longitudinally, but by the time we got the survey going  
10 the product had already been introduced, so we could  
11 only look at the recently after the introduction. So,  
12 I wonder if that would be a useful example to perhaps  
13 this kind of combination of the national and the more  
14 focused abuser cohort. Thank you.

15 DR. HENNINGFIELD: Good morning. I'm Jack  
16 Henningfield with Pinney Associates and Johns Hopkins  
17 School of Medicine. Most of the discussion is on the -  
18 - how we track abuse and whether the AD opioids are  
19 deterring abuse. A different issue that I think is  
20 trickier but that I'd like to put on the radar screen,  
21 maybe the RADARS screen, is the utilization of these  
22 products by people with pain. And part of the

1 rationale we make sometimes is that, for example,  
2 somebody that is in a situation, a living environment  
3 where they are especially susceptible to theft, that it  
4 would be great that they be on these products. When we  
5 had one meeting, public hearing on AD opioids, I think  
6 the Veterans Administration representative said he  
7 wasn't sure that they should be paying for AD opioid  
8 because most veterans, he said, didn't abuse them. I  
9 think we've really got to be tracking how they're used  
10 and if they're actually helping people with pain. And  
11 what makes things a little bit more complicated is that  
12 at the same time we're introducing AD opioids, we're  
13 introducing new restrictions on how medicines can be  
14 prescribed and new burdens. And I think that they can  
15 disproportionately hurt lower income people and  
16 minority people, the very populations that ideally AD  
17 opioid would be helping.

18 I don't know how we track that; I don't have a  
19 clue. But I think we need to be figuring out if they  
20 are providing the benefits that they should be  
21 providing and if they're not, what we need to be doing  
22 to help them help people with pain.

1 DR. LEE: If there is no other audience  
2 participation, then we're going to move onto the next  
3 session. Dr. Tamra Meyer will give you a brief  
4 overview about this session. This session is about  
5 designs that assess exposure and outcome in the same  
6 individuals over time. So, here we're going to focus  
7 on cohort designs as a new opportunity to evaluate the  
8 impact of ADFs. So, she is going to give you a brief  
9 overview and then we're going to ask you some  
10 questions.

11 SESSION 6: DESIGNS THAT ASSESS EXPOSURE AND OUTCOME IN  
12 THE SAME INDIVIDUALS OVER TIME

13 DR. MEYER: Good morning. I want to make sure  
14 this is on, okay. So, I'm really excited about the  
15 discussion we're going to have, because I feel like  
16 everyone has been trying to have this discussion the  
17 whole time. And I feel like you've just been holding  
18 back waiting for this session, so it's going to be  
19 really good. Again, I'm Tamra Meyer. I'm an  
20 epidemiologist in the Office of Surveillance and  
21 Epidemiology in CDER. And Dr. Hana Lee will be  
22 moderating the session with me.

1           Okay. So, here's the overview. First, we're  
2 going to go over the causal question, and then we're  
3 going to go over the major challenges when we're trying  
4 to design new studies or use existing resources to do  
5 new studies. We've hit them pretty hard already, but  
6 they might apply to these types of studies a little bit  
7 differently.

8           Then, let's see, then I'll give you some  
9 examples of how these types of studies are being used  
10 currently. And then we've come up with five discussion  
11 questions. I think we're actually going to combine one  
12 of them, so stay tuned for that. And the discussion  
13 questions are around the challenges and how we overcome  
14 those challenges to design these new studies.

15           Okay, so here is a picture, some ideas about  
16 how the progression through the different routes and  
17 the development of substance abuse might go in some  
18 people. And this is not how it goes for all people,  
19 but in some patients there is this typical trajectory,  
20 and I think it's helpful to think about this when we're  
21 trying to decide which portion of effectiveness we want  
22 to capture. So, in some patients it starts with

1 chewing, or it starts with taking the formulation whole  
2 and then chewing and then crushing and snorting, and  
3 then in some patients or some people moving on to  
4 injecting the products. And someone might move through  
5 this trajectory trying to get more of the product out,  
6 or get the drug effects more quickly because of this  
7 increasing dependence on the opioid. So, this presents  
8 some opportunities to ask about effectiveness in  
9 different places here.

10           So, Dr. Schnoll is recommending that maybe we  
11 just focus on chewing or snorting, wherever the  
12 formulation is designed to work. We could potentially  
13 ask whether the formulations could help prevent someone  
14 from making it onto this trajectory at all, so any  
15 abuse. And we could also ask whether putting the  
16 formulation in there could help someone from escalating  
17 and moving on to severe substance abuse, or moving on  
18 to more severe substance abuse. All right, so there's  
19 lots of places to ask those questions and I could tell  
20 that you were struggling with this, as we do.

21           So, yesterday we were asking these causal  
22 questions using the ecologic study designs, and this is

1 where we were capturing the events in groups of people,  
2 different people across different time periods, and  
3 then normalizing those to some kind of measure of  
4 number of prescriptions or number of dosage units in  
5 the geographic areas. In this session we want to ask  
6 those same causal questions, but ask them in the same  
7 patients, so following exposure to outcome in the same  
8 patients over time.

9           So, like I said, we've hit some of these  
10 challenges before. To overview them we have that you  
11 have to sample the relevant populations, and I'll talk  
12 more about that in just a second. We have to get the  
13 appropriate sample size. We have to adequately capture  
14 confounders, choose the appropriate comparators, which  
15 can help somewhat with the confounding; accurately  
16 capture the exposure and the outcomes. And then I  
17 think this goes to Dr. Throckmorton's point, is that we  
18 need to choose a design that will balance the resource  
19 intensity and the time that is needed to conduct the  
20 study with our desire for the strong causal evidence  
21 that we need. Since there is this raging opioid  
22 epidemic, it's helpful if we can answer these questions

1 more quickly about whether these ADF formulations are  
2 effective, right? So, keep that in mind as we're  
3 talking through the study designs.

4           Okay. So, this has been a common theme, and  
5 here we were all talking about how the choice of the  
6 population is critical. And we might ask different  
7 questions in different populations, like whether we  
8 want to look at any abuse, or whether we want to look  
9 at moving to a different route of abuse. The question  
10 might be different depending on the population, right?

11           So, we've heard a lot about patients, like  
12 trying to track patients who are currently misusing and  
13 abusing opioids, so I kind of put them into one bucket.  
14 But then within that I just wanted to remind people  
15 that there are many subpopulations of interest that we  
16 might look at. Some of the ones that have been  
17 mentioned are patients with chronic pain, patients at  
18 high risk for developing opioid use disorder. Those  
19 are in both populations.

20           So, I just wanted to put this up there,  
21 because the choice of the outcome will differ, and the  
22 timing. I think we've already discussed that a little

1 bit, too, the timing of the outcome might different  
2 from someone who is in the first bucket and one who is  
3 not currently misusing and abusing to develop the  
4 outcome will be different from someone who is currently  
5 misusing and abusing.

6           Okay. The next challenge is the confounders.  
7 And Dr. McAninch discussed this a little bit, but the  
8 confounders are a little bit different when we're  
9 talking about these types of designs. So, I'll come up  
10 with an example of the exposure being the ADF opioid  
11 and the outcome being just overall abuse, but I could  
12 have picked anything.

13           So, we have some factors that are going to be  
14 associated with just the outcome, like genetics, and  
15 then we have a bunch of interrelated factors over on  
16 the left that are associated with whether or not a  
17 person has access to the ADF exposure. Things that we  
18 heard were street price, prescription price, insurance  
19 plan, which will determine a person's access but not  
20 necessarily the outcome. And in the middle we have all  
21 of these patient level factors in red that are  
22 associated with both the exposure and the outcome,

1 things like the social network or socioeconomic status,  
2 that we need to consider as potential confounders when  
3 we're designing these studies. And I'm not suggesting  
4 that these are the only ones or that we need to capture  
5 all of these. Our question for you will be to help us  
6 think through which one of these might be the most  
7 important, depending on the outcome that we select, or  
8 maybe some strategies at choosing the ones that we must  
9 capture if we're going to design a new study.

10           Okay, and I think this idea of choosing the  
11 appropriate comparators, and the counterfactual has  
12 also been covered. I'll just go through it quickly.  
13 So, the counterfactual would be this gentleman in blue,  
14 had he not taken the ADF opioid in his hand and  
15 potentially taken another opioid product without the  
16 ADF properties. And so we can choose a comparator to  
17 try and get as close to that counterfactual condition  
18 as possible. And so if we choose a good comparator, we  
19 might match the drug characteristics, like the active  
20 ingredient or the pharmacology of the drug, but then  
21 remember all of those patient level confounders from  
22 the previous slide. Choosing a good comparator we

1 might also be able to balance some of those patient  
2 level factors as well, like the indication,  
3 socioeconomic status, I mean, depending on which one we  
4 choose, it could be a good match and help balance some  
5 of those factors as well. So, we'll ask you to think  
6 through which of the characteristics of the comparators  
7 are important.

8           Okay, and this has come up repeatedly,  
9 capturing exposures and the outcomes is very difficult.  
10 For the exposures we have to capture prescribed drugs,  
11 other sources of the drugs, the product-specific drug  
12 is really important, and we've heard repeatedly that  
13 that's really hard to do. And then for the outcomes,  
14 we have to consider what the timing of the outcome is,  
15 like I said, depending on the patient population and  
16 where we think they might be in that trajectory. We  
17 have to try and operationalize these soft outcomes,  
18 like abuse, that get at intent, and that's really hard  
19 to do. And then we need to capture that route,  
20 specifically, abuse, to be able to ask questions about  
21 that trajectory that I put up there.

22           So, using our go to pharmacoepi data source of

1 claims, I just wanted to talk through some of the  
2 challenges with those data specifically. And as you've  
3 heard before, only prescribed drugs are captured.  
4 Often it's only prescribed drugs that make it through  
5 insurance claims, right? So, we might not capture the  
6 cash payments. We're definitely not capturing the  
7 other sources of exposure, but for the prescribed  
8 drugs, we might capture the product okay, because we  
9 have the product listed there in the claims data.

10 Let's see. For the outcomes we have to use  
11 algorithms based on diagnosis codes and procedure  
12 codes. And they may perform pretty well for hard  
13 outcomes, like overdose, especially if it can link to  
14 death data. But for soft outcomes, like abuse, they  
15 may not perform very well. And for route of abuse, I  
16 can't imagine a way to capture in claims.

17 Okay. So, for the study designs, the goal  
18 here is to provide a few examples that will hopefully  
19 help spark some ideas for our discussion. And I  
20 focused on cohort and case control studies, because I  
21 think we've adequately discussed the cross-sectional  
22 surveys. And I didn't want to bring in the self-

1 comparison studies because I think a lot of the  
2 assumptions for that study design are not met for our  
3 exposure and outcome. But if you have a different  
4 opinion, please feel free to bring it up. I just don't  
5 have any examples on those. And not all of the  
6 examples I chose are about ADF opioids, nor are they  
7 necessarily about the outcomes of interest here. But I  
8 think there are study designs that might be informative  
9 for our discussion.

10 Okay. And just a little disclaimer. Just by  
11 the fact of me bringing it up doesn't mean I'm  
12 endorsing the studies, and I don't intend to critique  
13 them heavily, but I will provide a couple of strengths  
14 and limitations as I see them, of the general design.

15 Okay. So, the first example we have is a  
16 nested case control study that was done in Ontario,  
17 Canada, and they looked at road trauma related to the  
18 dose of a recent opioid prescription, and they used  
19 prescription claims data to do this. So, they looked  
20 for patients with an emergency department visit, and  
21 then those are the cases, and then they matched them  
22 with patients without an emergency department visit.

1 And then they looked back to see if there was an  
2 overlapping prescription. Well, they had to have an  
3 overlapping prescription either at the time of the case  
4 or the matched control, and then they looked at the  
5 dose. So, they compared those two.

6 And as far as strengths and limitations, I  
7 think that it's pretty similar to like a retrospective  
8 cohort study using claims data, which I describe in a  
9 couple slides away. The only additional limitations,  
10 as I can see them, is that you have to do this careful  
11 selection of the controls to make sure they are also at  
12 risk of the outcome. And some of the techniques that  
13 we have to make the groups the same, so the cases and  
14 controls are the same, like propensity score matching,  
15 they're not well developed for case control studies  
16 yet. So, those are kind of the extra challenges for  
17 nested case control studies that I see.

18 This one is really interesting, and we're  
19 excited to have Dr. Brooks here and to get people's  
20 opinions about how we might be able to utilize these.  
21 So, the next one is this outbreak investigation design.  
22 And I think we are all aware of this example. But it's

1 kind of this case series followed by a case control  
2 design. So, in case you haven't heard about this  
3 study, this was a study to find out the exposure for an  
4 unusual number of HIV cases in Scott County, Indiana.  
5 And they did some interviews of the cases and found out  
6 that a lot of the cases had injected an ADF drug called  
7 Opana ER. And then they did a case control study where  
8 they matched the cases to close contacts, and then  
9 compared those who didn't have HIV. And they did  
10 questionnaires to ask about the typical HIV risk  
11 factors, like needle sharing and sexual partners.  
12 Anyway, this might be an interesting design for us to  
13 think about using on a bigger scale. I'm not sure how  
14 we would do that, but if we could be using HIV or  
15 hepatitis as markers of, like the failure of the ADF,  
16 like in this example. And it was something that Dr.  
17 Kornegay had mentioned yesterday; it's like these  
18 proxies for safety issues.

19           So, as far as the strengths and limitations,  
20 these designs are really good for rare outcomes that  
21 come to medical attention. And the limitations would  
22 be like the sample sizes were generally smaller, the

1 generalizability might not be there. It requires  
2 careful selection of the control group as well. And  
3 then as all of the discussion we've just had,  
4 collecting exposure information retrospectively, asking  
5 people to provide the product information might be  
6 difficult.

7           Okay. So, my example for retrospective cohort  
8 study design, Dr. Levenson already went over this  
9 morning, but briefly, one of the FDA-required PMRs,  
10 postmarketing studies, for extended release, long-  
11 acting, ER/LA, opioids, is to look at the incidence of  
12 overdose and death in patients newly prescribed an  
13 ER/LA opioid. And so this is done in claims data but  
14 also linked to mortality data, and Dr. Kornegay will go  
15 over linkages a lot more in the next session.

16           Let's see. The strengths of the design are  
17 that in something like claims you can get a large  
18 sample size, and for the prescribed products get  
19 accurate product information that are paid through  
20 insurance. And as I already mentioned, you're missing  
21 cash, you're missing outside sources of exposure, and  
22 then you have to rely on these algorithms to identify

1 the outcomes. But, of course, the mortality data also  
2 helps.

3           Okay. My example for the historical cohort  
4 study isn't quite an historical cohort study, but I  
5 wanted to use this example that one of our frequent  
6 audience participants did, Dr. Coplan did. So, this is  
7 a study that assesses the rate of doctor shopping, and  
8 this is a concept that Dr. Kornegay mentioned  
9 yesterday, too. It's like a proxy for abuse or misuse.  
10 And this study looked for patients who were using at  
11 least, or had at least two prescribers prescribing  
12 their opioid, and at least three pharmacies in a six-  
13 month period. And they looked before and after the  
14 reformulation of OxyContin.

15           So, in the older cohort, the historical  
16 cohort, they looked for patients who used the original  
17 formulation of OxyContin and then to see what kind of  
18 doctor and pharmacy shopping they had. And then they  
19 did the same thing in the current cohort and then  
20 compared them. And they compared the OxyContin pre and  
21 post, but they also compared OxyContin to other  
22 comparators, kind of like what we do for the ecologic

1 studies in the pre/post design.

2           The strengths and limitations are very similar  
3 to the retrospective cohort study. The additional one  
4 is kind of the thing we get into with ecologic designs,  
5 is the time related biases that might occur, since one  
6 cohort is completely in the past and the other cohort  
7 is, you know, current.

8           Okay. And the last example, I know we've sort  
9 of been talking about the whole time, is Dr.  
10 Degenhardt's study, and it's a prospective cohort study  
11 in patients who were misusing and abusing opioids  
12 already. And this study was designed to try and assess  
13 the impact of the 2014 introduction of the OxyContin  
14 reformulation in Australia. And they called it the  
15 NOMAD study, which I think is a great name, and they  
16 used questionnaires to collect data and multiple time  
17 points. And they collected data on route of abuse for  
18 both the pharmaceutical opioid and the illicit opioids.  
19 They asked about overdose, they asked about injection-  
20 related injuries and, of course, other things.

21           So, the strengths of these studies are clear,  
22 and I know Dr. Lo Re really wants to do these studies

1 already, too. So, we can capture opioids from all of  
2 the sources that we care about if we're designing a  
3 cohort study going forward. We can collect rich  
4 information on the confounders that might not be there  
5 in the claims data, like social network and  
6 socioeconomic status, things that are harder to collect  
7 in claims. We can also pre-specify and standardize our  
8 definitions of the outcome. The design limitations are  
9 that they are generally smaller sample sizes. Again,  
10 the same concerns about self-identifying the product,  
11 down to the product level.

12           Some other things that I thought of after Dr.  
13 Throckmorton talked this morning was just the speed of  
14 the study. So, maybe Dr. Degenhardt can comment on  
15 that in a minute about how long it took, because we  
16 have this concern about we have this raging opioid  
17 problem and do we want to wait 20 years to have results  
18 from a cohort study? Probably not. So, there's this  
19 idea of balancing the time that it takes and the  
20 resources.

21           But, anyway, so those are the examples.  
22 Hopefully, that will spark some discussion, and we'll

1 go ahead and start that now.

2 DR. LEE: Okay. So, the first question is, we  
3 are interested in hearing your thoughts on which  
4 populations are the highest priority targets for  
5 assessing the effectiveness and safety of ADF, or AD  
6 products?

7 DR. SCHNOLL: This is Sid Schnoll. I think  
8 one of the populations at very high priority are  
9 patients to whom the drugs are prescribed, what's going  
10 on with them, how they're using the drug. A study that  
11 I'm doing for another REMS, we actually interview  
12 patients to whom the drug was prescribed, and we get a  
13 lot of information. If you offer them confidentiality  
14 and anonymity, they will tell you all sorts of things.  
15 And you have the ability to follow them longitudinally  
16 because you know who they are. So, it does offer a  
17 great opportunity to look at things that otherwise you  
18 may not see, and it's an easy population to find. You  
19 can look up who was prescribed the drug, and we usually  
20 do that through pharmacies, national pharmacies, and  
21 they actually find the people for us, and they come and  
22 they're willing to be interviewed.

1 DR. GOLDIE: Dr. Brooks?

2 DR. BROOKS: I just want to ask, for this  
3 question, what do you all envision is effectiveness  
4 here? What is the effectiveness that you're trying to  
5 assess?

6 DR. MEYER: All of it. I'm sorry --

7 DR. BROOKS: I know it sounds a little  
8 facetious, but I think it's very critical to be super  
9 clear on what the question is that you want to measure,  
10 because that will drive what method you adopt to  
11 address the question.

12 DR. MEYER: Yeah, and I don't know if anyone  
13 else wants to comment on it for the Agency, but I think  
14 for me they're all important. Like, we can choose to  
15 ask about effectiveness at any place, right? And Dr.  
16 Schnoll was saying that let's care about the patient  
17 population to whom they're prescribed and look at what  
18 was intended to be prevented by the formulation. But  
19 then, also, I think of the, my personal opinion, of  
20 like public health interventions, too, and so we have  
21 to look why here as well.

22 DR. BROOKS: Because what I heard the first

1 day was the question we're looking to answer is how  
2 effective are ADFs at preventing diversion -- or  
3 preventing the abuse -- sorry, the drug being abused.

4 DR. MEYER: Yes.

5 DR. BROOKS: This is my normal vocabulary, I'm  
6 sorry.

7 DR. STAFFA: But I think we're very clear that  
8 through the route by which they are intended to deter  
9 it, so I think we were very clear about, that that's  
10 really the focus question.

11 DR. BROOKS: Good. Yeah, I just wanted to put  
12 that on the table so that everybody is thinking the  
13 same way, that we're looking at how to measure the  
14 effectiveness of preventing use through a route other  
15 than intended.

16 DR. SCHNOLL: I'm going to jump in here a  
17 second. These are abuse-deterrent formulations;  
18 they're not abuse-prevention formulations. And I think  
19 the language is very important here, because they deter  
20 abuse, they don't prevent it.

21 DR. GOLDIE: Capt. Jones?

22 CAPT. JONES: Just a further clarification

1 that are you are not concerned around effectiveness in  
2 the context of pain relief?

3 DR. STAFFA: That's correct. I believe that's  
4 determined at approval.

5 DR. CRANE: Sorry, just wondering what you  
6 were thinking in terms of safety?

7 DR. MEYER: For me, I think of the HIV  
8 outbreak, for example, and the idea that patients are  
9 moving along that trajectory, right? So, moving from  
10 potentially snorting it to injecting it and having more  
11 severe health outcomes. That could be one, like,  
12 safety signal, but I'm sure there are others.

13 DR. STAFFA: This is Judy Staffa. We did have  
14 a safety signal that I believe has been put into the  
15 OxyContin label where patients had some difficulty  
16 swallowing it because the coating or additives that  
17 were used to prevent it from being crushed made it  
18 sometimes difficult for patients to get it all the way  
19 down. And that was detected -- I believe it was  
20 reported to our spontaneous reporting system, and that  
21 information was added in the label. So, that's an  
22 example of a safety issue that could occur in patients.

1 And I think what Tamra brought up was a safety issue  
2 that could occur in people who are trying to abuse it  
3 through other routes.

4 DR. CRANE: So, there are some that you can  
5 kind of catch quickly, and then there's others which  
6 would -- you probably never could have anticipated  
7 without this research.

8 DR. GOLDIE: Dr. Brooks, did you have a  
9 follow-up? Dr. Krebs?

10 DR. KREBS: So, I'm going to agree that I  
11 think patients are a high priority, not the only  
12 priority, but certainly one, in part because these are  
13 the folks ingesting the medication and in some cases  
14 paying more for it than they would for a different  
15 product. So, I was going to say I do think there are  
16 some trade-offs in terms of what you can get from  
17 different types of studies. And if you're studying  
18 patients, an advantage of that, of going to the source  
19 and starting with the drug dispensed is that then you  
20 know what the drug is, so you clearly know the  
21 exposure. And if it's linked in a health system to  
22 outcomes, then you can be pretty clear on at least the

1 discrete outcomes, things like death or emergency  
2 visits, or hospitalizations, those kinds of things.  
3 But if you're linked to all those things, then I do  
4 think the sensitivity of the questions comes into play  
5 in terms of how willing people are to respond to your  
6 survey and to stay in a cohort longitudinally. I have  
7 a cohort in VA of more than 9,000 patients treated with  
8 long-term opioid for chronic pain, and I've been  
9 cautious about what questions. My primary outcome does  
10 not have anything to do with abuse, and so I've been  
11 very cautious about what kind of questions I include on  
12 that topic. Of those who have opted out of ours -- you  
13 know, we have about 66% response rate, and among those  
14 who have opted out, probably the biggest comment is  
15 they don't trust that it's confidential, or that this  
16 isn't linked to their clinical care. You know,  
17 patients are very sensitive right now to the general  
18 milieu in the society that people think people  
19 prescribed drugs misuse them and that misuse is the  
20 main reason why people have poor outcomes of opioid  
21 therapy. And so patients don't want to be associated  
22 with that and are concerned that data being collected

1 about how they may misuse drugs could be used, then, to  
2 take away their access to those medications for pain or  
3 any other purpose.

4           So, I'm not sure, it sounds like maybe you've  
5 used some different methods; you're doing more in-depth  
6 questioning about routes. But at least in my captive  
7 patient population in a health service, it's -- you  
8 know, I'm not sure we would get our response rates that  
9 we have, or have the kind of follow-up that we've got  
10 so far if we were asking a lot of really sensitive  
11 questions about misuse of the prescribed medications.

12           DR. SCHNOLL: This is Sid Schnoll again. We  
13 embed some things in a broader survey. I mean, you  
14 don't try to focus it on that area, but we were  
15 surprised at how open patients have been. But we make  
16 it clear to them that this information does not go back  
17 to their provider, so the provider never sees the  
18 information.

19           DR. KREBS: And is it a longitudinal survey  
20 where you're going to have re-contact with the same  
21 cohort of folks? Because that was my concern, too, was  
22 that maybe they'll answer it once, but will they come

1 back in a year and answer it again?

2 DR. SCHNOLL: We have some that have responded  
3 in a longitudinal fashion, but it hasn't been going  
4 long enough to really talk about.

5 DR. DEGENHARDT: If I can just also comment on  
6 that -- Louisa Degenhardt from Australia. The cohort  
7 that we created in Australia was we recruited people  
8 outside of the clinical context. And as I think I  
9 mentioned yesterday, some of them were receiving  
10 prescriptions from doctors; not necessarily one, it  
11 could be multiple. But we were very definitely  
12 recruiting not related to them being a patient or not a  
13 patient. But the way that we recruited people was, did  
14 you tamper with pharmaceutical opioids at least once a  
15 month? We asked a huge amount of data, and while it  
16 was very sensitive, we were still able to get a 92%  
17 follow-up rate at four months and 90% follow-up rate at  
18 18 months. So, it is possible to have a lot of data, a  
19 lot of sensitivity and not lose people, I think, if you  
20 make sure that everything is very separate from any  
21 consequences, either clinical or otherwise.

22 DR. KREBS: This just goes back to our

1 conversation yesterday about who is a patient. Well,  
2 these people are all maybe patients and things are  
3 certainly overlapping circles. But if you want to get  
4 kind of that in-depth information about misuse or abuse  
5 going for that kind of population outside of the  
6 clinical context might be the best place to do it. And  
7 if you are more interested in sort of the broader  
8 population with fewer of the people who are doing  
9 things like tampering, but more detailed information  
10 about the drug exposure and potential hard outcomes,  
11 then going for that clinical population might be the  
12 way to go.

13 DR. GOLDIE: Dr. Graubard and then Dr. Lo Re,  
14 please.

15 DR. GRAUBARD: So, I just have a general  
16 question. I'm hearing various -- information about  
17 various cohorts and subgroups and so forth. What is  
18 the recruitment rate? I heard 66% response rate, but  
19 what's the actual recruitment rate and what is the  
20 retention rate? Because I suspect when you get into  
21 sensitive items, particularly in the United States, I  
22 don't know how it would be in Australia. Australia

1 sounds better than it is in the United States. I'm a  
2 little concerned that your retention rates are really  
3 going to go down quickly, and also recruitment rates.  
4 I mean, just in things we do at the cancer institute,  
5 we have difficulty getting people in cohorts, just the  
6 recruitment cohorts, and we're not asking the sensitive  
7 questions that you're asking.

8 DR. GOLDIE: Dr. Lo Re, please?

9 DR. LO RE: I'm going to comment specifically  
10 on safety and particularly comment regarding the HIV,  
11 hepatitis C, and other safety outcomes. I think in  
12 regards to the populations, this may be one of the  
13 situations where you want to take -- you could  
14 potentially use retrospective cohort studies to utilize  
15 electronic health records to assess incident HIV and  
16 hepatitis C. And I guess I'm thinking, at least in  
17 this country, both Kaiser Permanente and National VA,  
18 there have been studies that have merged both the data,  
19 and we published a study to look at the risk of acute  
20 liver injury associated with retrovirals by hepatitis  
21 status merging both VA and Kaiser. And I think  
22 certainly you have access to laboratory data which

1 could assess hepatitis C and HIV status. But if you  
2 included new users of ADF and non-ADF, it would allow  
3 you to evaluate incidence, incidence rates of those  
4 infectious outcomes, but also other outcomes. And I go  
5 back to Opana and the TTP, you know, other skin and  
6 soft tissue, severe skin reactions. Other potentially  
7 untoward skin infections from injection that  
8 potentially could be -- develop algorithms in those  
9 data sources and compared across different -- within  
10 classes, across classes, ADF versus non-ADF, to  
11 specifically assess safety.

12 DR. GOLDIE: Capt. Jones followed by Dr.  
13 Compton, please.

14 CAPT. JONES: So, I have a question, because  
15 as researchers, I think we're going to the place of  
16 people who are abusing substances and people who are  
17 addicted. And historically FDA's view has been more  
18 focused on the patient rather than nonpatients and  
19 diversion. I think under new leadership that seems to  
20 be shifting a bit and the decision around Opana  
21 reflects sort of a broader public health perspective.  
22 But I think FDA's perspective on ultimately why do you

1 want this information? What regulatory decisions will  
2 you be making? And are you making it in the context of  
3 a product being used as labeled, or a product not being  
4 used as labeled by nonpatients? And sort of what is  
5 the weight of the patient-provider traditional use of a  
6 product versus the public health implications of  
7 nonpatients using these products? And I think that  
8 also helps to inform, because I think we would  
9 naturally say let's -- the addictive population is much  
10 more likely to be manipulating these products, or  
11 attempting to manipulate these products than the vast  
12 majority of people who are legitimate patients with  
13 pain who are getting opioids. And the PMRs have  
14 largely tried to address some of the prevalence of the  
15 people receiving opioids, you know, what's addiction  
16 rates, overdose, death rates, stuff like that. So, I  
17 think it's important to understand the patient versus  
18 nonpatient perspective from FDA to address those  
19 questions.

20 DR. STAFFA: This is Judy Staffa. Well, I can  
21 take that on, but then I'd also love to hear from Dr.  
22 Throckmorton. I think it's both. I think the PMRs

1 you're referring to with a lot of postmarket required  
2 studies in this phase. The postmarketing required  
3 studies that are on the manufacturers of extended  
4 release, long-acting products, many of those have been  
5 referred to here today, were focused on patient  
6 populations to try to understand the risks in patients  
7 taking these products, all of these products,  
8 independent of whether they were designed to deter  
9 abuse or not. So, they had a different purpose than  
10 the PMRs we require from companies who develop products  
11 that are designed to deter abuse in some route. Those  
12 PMRs are more specific to this conversation, where  
13 they're expected to provide data to show how that works  
14 in the real world after approval, outside the  
15 controlled settings of the premarket testing.

16 I think the example of Opana made it very  
17 clear, that product did not have labeling around abuse  
18 deterrent; however, that's what the company designed it  
19 to do. That was what they intended, their intentions  
20 were, or in that direction. And the product was  
21 withdrawn from the market not based on anything that  
22 was happening in patients taking it legitimately for

1 pain. It was withdrawn because of the risks relating  
2 to abuse. So, I think both of those are within FDA's  
3 purview, particularly if that's what we're developing  
4 these products to do, the ADF products. We have to  
5 look at that as the outcome, and I think that's the  
6 outcome we're concerned about here is can we understand  
7 better what they do? Can people defeat them? I think  
8 when we approve them based on the premarket data, we  
9 are approving them as something as a safe and effective  
10 alternative for patients to take them in the same  
11 fashion that they take the nonabuse-deterrent  
12 formulation. So, we expect them to meet their needs.  
13 And, as I mentioned with the OxyContin example, if we  
14 find a safety issue that is specific to patients, we go  
15 down the same pathway we normally do when safety issues  
16 are discovered -- weigh that against the benefits and  
17 then determine a path forward. Doug, did you want to  
18 add anything to that?

19 DR. THROCKMORTON: You know, I think that's  
20 right, Chris, and I agree, there is a clearer signal  
21 from the Agency now that we're going to be thinking  
22 about the public health impacts of these products.

1 We've always done that. I mean, there has always been  
2 an understanding that these products had both intended  
3 uses, safety and effectiveness, and that there were the  
4 unintended consequences of their misuse or abuse. And  
5 that was included into the regulatory decision-making  
6 in a less formal way than I think we're going to do it  
7 going forward. You can look at Palladone, you could  
8 look at other places where clearly we've taken into  
9 account the things that -- abuse and misuse and tried  
10 to make decisions accordingly.

11           Without any question, as I listened to the  
12 discussion about what population to study here, it  
13 seems to me we're sort of focusing around power. One  
14 way to think about this is empowered to detect a  
15 difference. So, the notion of using a population  
16 that's misusing, that's admitting that they've misused  
17 these, seems a little attractive to me because it  
18 identifies a high-risk population that may be more  
19 likely, more, let's call it sensitive, for a better  
20 word, to interventions, like abuse-deterrent  
21 formulations. It's a population that will give you  
22 more power to detect a difference with a smaller

1 population provided you believe that the answer you get  
2 there can then be translated back to that larger  
3 patient population that Sid and Judy I think are both  
4 saying. It is the ultimate thing we want to  
5 understand.

6           You could take it the next step. You could  
7 use populations of recently incarcerated individuals we  
8 know who are at extremely high risk of abuse and misuse  
9 and relapse. That might give you another kind of  
10 estimate, if you wanted to. But which population to  
11 study I think can be severed from which population  
12 we're interested in, and I think about which  
13 populations to study mostly in terms of our ability to  
14 get an answer that we can interpret.

15           DR. GOLDIE: Dr. Compton, please?

16           DR. COMPTON: It's a very interesting  
17 discussion about whether the population of interest are  
18 the patients to whom the medications are prescribed or  
19 the broader social network around those folks that may  
20 be misusing these. I certainly would encourage you to  
21 focus primarily on the broader network that is misusing  
22 these drugs. I think the patient population is such a

1 low base rate for direct -- you know, that pathway you  
2 described I think is pretty rare and it's going to be  
3 hard to follow, and it will take you 10 years to go all  
4 the way down that pathway, and it will just be a  
5 handful of people. We have other studies to get at  
6 that in a general sense, and I don't think the ADFs are  
7 going to make much difference in that long-term  
8 pathway.

9           On the other hand, studying this in a high-  
10 risk group could be very fruitful, and I think Dr.  
11 Degenhardt's example is a terrific example. I will say  
12 that there are US investigators who do just as good a  
13 job with their follow-ups. There are certainly  
14 investigators like Chris Scott and Mike Dennis in  
15 Chicago and Illinois, who have both done it in their  
16 own studies and taught many others how to achieve more  
17 than 90% follow-up rates routinely in very large  
18 samples of drug users. The Washington University group  
19 under Linda Cotler and previously Lee Robbins did this  
20 historically for decades. And so it's not unheard of.  
21 It's very different than sort of the national  
22 probability samples, because it does require intense

1 personalized follow-up. You essentially don't lose the  
2 folks; that's how you keep them for 90-some percent,  
3 and you make it attractive for them to participate,  
4 both in terms of incentives and by making it a pleasant  
5 experience for them. So, there are ways to achieve  
6 those rates that are essential for the quality of the  
7 science for questions that you want answered. But I  
8 would focus mostly on the high priority, high-risk  
9 populations.

10 DR. GOLDIE: Dr. Winterstein followed by Dr.  
11 Shoben, please.

12 DR. WINTERSTEIN: This is a great meeting for  
13 my question. We started the discussion asking what do  
14 you mean with effectiveness, and I was looking back at  
15 the first slide that Dr. Meyer showed, and they have  
16 actually surprised me, because the outcomes that she  
17 showed was the intended or unintended route of use.  
18 But then the next one was development of dependence and  
19 development of substance use disorder. And that  
20 surprised me, because basically the idea would be does  
21 an abuse-deterrent formulation decrease the risk for  
22 needing more drug and developing subsequent substance

1 use disorder? And that's a claim I haven't heard  
2 before. It's kind of an intriguing idea. The question  
3 would be does restricting access to basically more of  
4 those facts or decrease the whole risk of that  
5 development. I'm curious what the addiction  
6 specialists in this room feel about that. I have never  
7 thought about the abuse-deterrent products doing this,  
8 because if that were the case, then studying initiators  
9 and patients would make a lot of sense, because that  
10 would be an additional benefit of these products that  
11 we haven't really talked about.

12 DR. MEYER: So, maybe I'll clarify how I got  
13 there, and it goes back to your -- Dr. Compton's  
14 comment that this is a pathway, but it's probably a  
15 pathway that takes a really long time and a very small  
16 number of people, right? There's the typical  
17 trajectory, there is probably the other one, so this is  
18 probably just like one pathway and I was just kind of  
19 following it to the end of what that pathway would be.

20 DR. WINTERSTEIN: Well, but those trajectories  
21 can go fairly fast. They don't take necessarily a long  
22 time to have somebody who is initiating an opioid

1 becoming a chronic user and subsequently having  
2 substance abuse disorder. That's not necessarily fast,  
3 but it's very different saying that a product deters  
4 abuse via a non-oral route versus a product prevents  
5 development of needing more drug faster. That's the  
6 distinction that I think is important to think about,  
7 and if the latter is the case, then studying the  
8 trajectories of early initiators would make a lot of  
9 sense, right? Because that would be a completely  
10 different pathway. I mean, in the discussion that we  
11 have is we either have patients who already have  
12 substance abuse disorder and need more than they get  
13 prescribed and start to look at alternative routes to  
14 get there. But the other path that you were lining out  
15 here essentially, maybe inadvertently, is a different  
16 one. It is we don't even allow them to getting more  
17 and therefore we basically protect them from getting  
18 substance abuse disorder. I don't know whether that's  
19 true or not, but that's kind of what we have here, and  
20 I think that's the discussion of looking at patients  
21 versus -- patients who have chronic opioid needs and  
22 pain versus patients who are substance -- who have been

1 diagnosed with substance abuse disorder.

2 DR. CRANE: This is Elizabeth Crane. I'm just  
3 going to add or are they switched to something else?

4 DR. SHOBEEN: This is Abby Shoben. I really  
5 this question is sort of the question that we've been  
6 dancing around for the past two days in a sense of,  
7 like, who are we really trying to protect with these  
8 abuse-deterrent formulations? And I've always sort of  
9 thought of them as being sort of a population level  
10 kind of intervention that, like, if you sort of could  
11 do the randomized trial, it would be randomizing one  
12 unit to -- sort of one geographic unit to saying you  
13 guys are going to get all of this abuse-deterrent  
14 formulation, and a different geographic unit would --  
15 you would just get sort of the control that doesn't  
16 have these ADF properties. And then do you see  
17 reductions in the rates of abuse by the nasal and  
18 intravenous route, assuming that's what the product was  
19 intended for. And then I've sort of thought about them  
20 as sort of, like, kind of like a vaccine in a sense,  
21 like you're protecting both the person who is getting  
22 it, the patient specifically, but also all of those

1 people around them. How you actually study that in  
2 practice is an interesting question, but I think that  
3 it's -- I've always thought of them as being sort of a  
4 more population level intervention and we therefore  
5 need to think about how to study that and not just the  
6 individual person with a prescription.

7 DR. GOLDIE: Dr. Schnoll and then Capt. Jones,  
8 please.

9 DR. SCHNOLL: Sid Schnoll. You know, I think  
10 we have to begin to put this into the context of what  
11 is happening now. If this was seven or eight years  
12 ago, I think we would see a lot more people who were  
13 abusing prescription opioids. But it's changed, and  
14 now we're seeing more illicit heroin, illicit fentanyl,  
15 and to some extent this may in fact be because of the  
16 introduction of these products. I think some people at  
17 the FDA remember when you first brought up the REMS for  
18 the ER/LA opioids. I asked a very simple question:  
19 Would you consider a benefit of this REMS to be an  
20 increase in heroin abuse? And, of course, the FDA said  
21 no, but in fact anybody who has worked in substance  
22 abuse for any length of time knows that people are

1 going to go to the easiest product that they can get  
2 and use. And when you put an impediment in front of  
3 them, whether it's an ADF, whether it's a PDMP that's  
4 cutting down on doctor shopping, or something else,  
5 they're just going to change to what's easier to get.  
6 And it's happening. So, we're sort of chasing the last  
7 problem, to some extent. And last night I was thinking  
8 about some things and it's sort of like the Crosby,  
9 Stills and Nash song, "When you can't be with the one  
10 you love, you love the one you're with." And, you  
11 know, so people are going to use what's there, what's  
12 available.

13           So, we've got a new situation now, and we have  
14 to look at how can we test these products in this new  
15 situation? And there are people who are attempting to  
16 abuse these ADFs, but that's a shrinking population,  
17 and it may not be as easy as we once thought. So,  
18 we've got to really think that maybe what we've done  
19 has been pretty effective.

20           DR. GOLDIE: I'm going to give Capt. Jones the  
21 last word on question 1 before we move on to question  
22 No. 2.

1           CAPT. JONES: I was just going to add that  
2 even looking at people who are receiving prescriptions,  
3 I think you can cut out a really large group of people  
4 from the start who get a single prescription. If you  
5 look at 60 or 70 million unique individuals getting an  
6 opioid prescription in the past year, a large majority  
7 of those people get one and are done. And I don't know  
8 that that's worth the resources that you could get down  
9 to the people who are getting multiple prescriptions as  
10 a way to follow.

11           And I also think there has been a huge amount  
12 of research in the last couple of years to understand  
13 other contributing factors to risk. And if you're  
14 looking at a cohort study, you can also identify, even  
15 if they don't have a diagnosis, would be sort of  
16 dependence and other mental health conditions and other  
17 history of substance abuse. You know, different types  
18 of things that could help hone in on the population of  
19 patients that you're interested in, in addition to  
20 looking at a high priority group of people who are  
21 already diagnosed with abuse or dependence.

22           DR. THROCKMORTON: Chris, this is Doug.

1 That's really helpful. So, quick estimate. Which  
2 would be a better way to enrich the population? Use a  
3 population that admits to misusing or choose a  
4 population, let's say, over 100-morphine equivalence  
5 per day, or some other measure of large chronic opioid  
6 use, as far as identifying a population you'd be able  
7 to test most efficiently?

8 CAPT. JONES: I mean, I think the people who  
9 are addicted are going to be your most innovative folks  
10 to try and figure out how do we defeat these products?

11 MS. BOSE: Can I add something to that? I  
12 think using the NSDUH data, in as much as we can't go  
13 into the specifics, when you start looking at the  
14 population of people who did say they misused in the  
15 past year, and then you start cross-tabbing between  
16 reasons for misuse. So, I used all the -- feeling pain  
17 relief, and then to get high, or all of those other  
18 things. And then you also look at the way in which  
19 they misuse, so I used it for longer versus for the  
20 feeling it caused also. And then you cross-tab it with  
21 the sources of the drugs. You really can start to  
22 break down profiles of users. And based on those

1 profiles, it might help you to identify who you want to  
2 target. So, for example -- and the other variable is  
3 frequency of use.

4           So, there's a number of broad measures that  
5 kind of start painting a broad picture of some of these  
6 users. And you will see that, let's see, people who  
7 use -- misused it for the purpose of pain relief still  
8 continue to have a doctor as their source of the  
9 prescriptions compared to people who said that their  
10 reasons for use were non-pain relief.

11           So, I think -- and kind of going back to the  
12 earlier conversation earlier during the day, while the  
13 national data don't do what you need to do in terms of  
14 specific formulas or specific substances, it does at a  
15 nationally representative level give you a picture of  
16 some -- and it misses out on, again, your prison  
17 population, your homeless population, your in-  
18 residential treatment population. So, it doesn't cover  
19 everybody, but it kind of does start out with the  
20 different profiles and maybe help target who you want  
21 to see.

22           DR. THROCKMORTON: I'll just add that on a lot

1 of those things we have a paper coming out that details  
2 many of those things.

3 DR. MEYER: I think we're going to have to  
4 move on. I know you can catch me at lunch and then  
5 feel free to submit materials to the docket, and if it  
6 -- and we've kind of covered some of -- like the last  
7 question already, so if we'll have time we can come  
8 back to it.

9 So, the second question is basically the  
10 question I had about confounders. Like, can you help  
11 us try and figure out which confounders are the most  
12 important? And I guess it depends on the outcome, but  
13 if you could comment on both of those things, all of  
14 the above, that would be great. We can start with Dr.  
15 Dasgupta.

16 DR. DASGUPTA: Thanks. I was actually raising  
17 my hand for this question. So, I think we've talked  
18 about polypharmacy on and off, but I think that is one  
19 of the more central factors in looking at an individual  
20 over time. Especially for low volume ADFs, there is  
21 going to be very, very, very few people who are using  
22 who only have access to one ADF. And how you control

1 for that, how you adjust for that in crossover designs,  
2 incident user designs, there is a lot of ways to think  
3 about it. But I think at the fundamental level your  
4 every inference you make from longitudinal individual  
5 data is going to be for anything other than overdose  
6 mortality, pretty much, you know, is going to be a  
7 time-varying exposure. It's going to be something that  
8 has changed over time in an individual, especially once  
9 you get into addiction or injection or progression or  
10 downward spiral, any of these concepts. So, I don't  
11 really have a solution, but I think in terms of  
12 figuring out what to make of a regulatory submission I  
13 think knowing that there is going to be no clean  
14 answer, this is something that we should just kind of  
15 acknowledge upfront.

16 DR. MEYER: Okay, real quick. I just want to  
17 tell people that we had intended to combine question 2  
18 and question 3. Yeah, because question 3 was this  
19 question about characteristics of the comparators,  
20 which kind of also answers question 2. So, if you want  
21 to comment on either right now, that would be very  
22 helpful. Thank you. And we have a queue.

1 DR. KREBS: Hi. Erin Krebs. And I keep going  
2 back to patients, chronic pain patient-prescribed  
3 opioids, because that's the population I know. I will  
4 say in response to the question about where is the  
5 money, where are you more likely to find the people? I  
6 don't think this is where you're more likely to find  
7 the people, but since it is what I know, that's what  
8 I'll talk about. And in terms of the confounders and  
9 the comparators, I think if we're talking about  
10 patients with chronic, pain-prescribed opioids, the  
11 critical thing to keep in mind in that, in general,  
12 studies of any risk mitigation strategy find that risk  
13 mitigation strategies are associated with high risk for  
14 the addiction abuse outcome because prescribers are  
15 targeting people with those risk mitigation strategies.  
16 They're not applied randomly in the population unless  
17 there is some other reason why they would be, or a  
18 prescriber only prescribes that particular -- you know,  
19 always uses that risk mitigation strategy. But, you  
20 know, like frequent drug testing is associated with  
21 illicit drug use, not because it causes it, but because  
22 prescribers are suspicious it might be going on, so

1 they look for it. And I think that's a big issue here,  
2 if you're comparing an abuse-deterrent formulation,  
3 especially if it's a higher tier product, compared with  
4 something that is more available, that there is a  
5 reason it got prescribed.

6 DR. GOLDIE: Dr. Green, followed by Dr.  
7 Scharman, please.

8 DR. GREEN: So, I'm still struggling a little  
9 bit with the outcomes being measured, and if we think  
10 of the ones, abuse, misuse, addiction, overdose and  
11 death that we've talked about for a couple of days now,  
12 we haven't had the discussion that addiction is not  
13 related to one specific product. I think that's the  
14 outcome I struggle with the most in terms of assessing  
15 a specific product. Overdose and death are events that  
16 you can, you know, you can relate more specifically to  
17 a product, but I think addiction is the most troubling.

18 And then when you think about a longitudinal  
19 or following a patient, you have to think of ethical  
20 considerations, too. So, you get information and you  
21 see a patient that is starting to tamper or starting to  
22 misuse or abuse the product and are you going to

1 intervene or not? I mean, this is a discussion for  
2 IRBs in these studies, but can you ethically let this  
3 patient continue down whatever pathway it is? And so  
4 if abuse, misuse are in your primary outcomes and you  
5 can stop there and ethically manage the study, I think  
6 that's fine, but then to sit back and watch and see who  
7 goes on to addiction, overdose and death might be a  
8 little more challenging to do. So, that's a comment  
9 about following patients over time.

10 DR. GOLDIE: Dr. Scharman, please.

11 DR. SCHARMAN: I think in speaking to the  
12 question of confounders, I think one of the biggest  
13 ones is confounders in trying to determine our  
14 denominator in population. I don't think we understand  
15 enough about why one specific population in a state has  
16 a higher risk of abuse than another county. We have  
17 counties that have similar rural populations, degrees  
18 of homelessness, degrees of joblessness, and they are  
19 high-risk counties. And then we have counties with  
20 those same demographics and they're not. Some are  
21 opioid abusers, some are synthetic cannabinoid abusers  
22 and why? And so until I think we get a better handle

1 on what makes certain populations more at risk than  
2 others, I think it's going to be hard to set our  
3 studies so that we have equivalent populations.

4           So, with the Opana outbreak, why that  
5 particular county in that state? Because other  
6 counties that meet those same demographics, what  
7 happened there? And so I think confounders in  
8 populations are something to consider until we really  
9 understand why some counties are more abuse-prone than  
10 other counties.

11           DR. GOLDIE: Dr. Lo Re, please, followed by  
12 Dr. Brooks.

13           DR. LO RE: I think from the, just the  
14 confounders from the provider level, I think it would  
15 be important to collect what was the indication for the  
16 opioid prescription and what was the reason that the  
17 provider selected that formulation. Whether it was  
18 just a formulary issue, was this an issue of they had  
19 concerns for -- the person has a history of abuse or  
20 dependence. I think from the patient level it would be  
21 interesting to know the adherence to the opioid,  
22 socioeconomic status, psychiatric disease. We talked

1 about polypharmacy, but perhaps some individual drugs  
2 for particular interactions, chronic liver disease.

3           And then just to get at, since, as I was  
4 hearing through the conversation there were some  
5 interest in knowing whether an ADF was more likely  
6 being insufflated or injected. I wonder, too, if as  
7 other outcomes you could think of sort of infectious  
8 outcomes of injection, such as endocarditis or skin and  
9 soft tissue infections to evaluate as outcomes as well.  
10 And there are certain ways to algorithmize those over  
11 time.

12           DR. GOLDIE: Dr. Brooks will conclude the  
13 discussion on question 2 and 3, before we move on to 4.  
14 So, Dr. Brooks, please?

15           DR. BROOKS: While I can't summarize the  
16 extensive discussion, but I did want to respond to Dr.  
17 Scharman's comment very quickly to remind folks that in  
18 the Indiana event, it wasn't an outbreak of opioid  
19 abuse. That is occurring everywhere. It was an  
20 outbreak of HIV infection that was caused by aspects of  
21 the particular opioid that led to people injecting with  
22 extremely high frequency, so that when that virus was

1 introduced into the population, it spread very quickly.  
2 We've done -- for those who are interested,  
3 we've spent a lot of time at our agency thinking about  
4 how to look forward to where there may be other  
5 jurisdictions set up for experiencing the same problem.  
6 But the problem we're interested in is not where there  
7 necessarily is opioid abuse occurring through -- by  
8 injection or inhalation, but, rather, where just  
9 injection drug use in general is occurring. It could  
10 be from heroin or methamphetamine or any other problem.  
11 I will say that one of the values of outbreaks, and if  
12 you were to do -- is that they're often sentinel  
13 events, so that if a system were set up looking for  
14 evidence of misuse, that is, abuse of a deterrent  
15 formulation in a way that it was deterred not to be  
16 used, so injecting a deterrent formulation. A  
17 surveillance system of people who are engaging in the  
18 behavior and then turn out to be using the abuse-  
19 deterrent formulation, that could be a sensitive -- you  
20 could pick up that event. A system like that might  
21 sensitize you to detect it. It may not detect an  
22 outbreak, but it might detect the event.

1 DR. LEE: Okay. We're going to move on to the  
2 next question, so let's discuss which study designs may  
3 be most useful for future studies of the effectiveness  
4 and safety of ADF opioids. And Tamra went over some  
5 examples of cohort studies, prospective, retrospective,  
6 historical, and then there is a case control example,  
7 and we are interested in hearing some other possibly  
8 novel designs. And although it's not listed, maybe if  
9 you are studying longitudinal, if you want to conduct a  
10 longitudinal study within the limited budget, then  
11 maybe a case cohort study would be an option, too, for  
12 those who are familiar with the design. And then when  
13 you are considering the study design, please weigh in  
14 the resource, intensity and time into the  
15 consideration.

16 DR. DEGENHARDT: Louisa Degenhardt. Just in  
17 reply, I guess, to Dr. Brooks, but it actually  
18 addresses this question. When we designed the study to  
19 look at the introduction of reformulated OxyContin,  
20 we've actually got several major components of the  
21 study, and the prospective cohort is one of them. But  
22 what we've also been able to do is leverage off exactly

1 the surveillance mechanism that you're proposing, which  
2 we conduct every year in all capital cities of  
3 Australia, where we interview people who inject drugs  
4 regularly blind to what drug they are injecting. And  
5 what we're monitoring is which drugs are being injected  
6 or snorted or swallowed or otherwise abusing. And the  
7 intention, because we're sampling people the same way  
8 every year, is that we can detect exactly those things.  
9 And that can be done with any new opioid. So in fact  
10 we regularly introduce new modules when new  
11 prescription medications are introduced into the  
12 market, including reformulated OxyContin, but also  
13 others with the idea of exactly detecting those  
14 changes.

15 DR. BROOKS: I just have a technical question,  
16 which is how do you account for different sampling  
17 between your cross-sectional surveys? Is there any  
18 method that you use to -- and what I'm getting at is in  
19 cross-sectional surveys, it's very hard statistically  
20 to argue the trend, to do a trend analysis. But you  
21 can sometimes infer the direction something is going if  
22 the populations were sampled appropriately and

1 appropriately similarly.

2 DR. DEGENHARDT: So, we use the same sampling  
3 frame every year, so we go to the same places, we've  
4 got the same criteria, literally the same sites. So,  
5 all of that is kept as standardized across time as  
6 possible.

7 DR. LEE: Dr. Dasgupta?

8 DR. DASGUPTA: It seems like there are lots of  
9 -- it seems like we all have a particular one, two or  
10 three data sources that we inherently trust, and that  
11 constellation of data sources is different for each  
12 person sitting around the table. And some people place  
13 more weight on ethnography or claims, whatever it is.  
14 At the end of the day, I mean, if you have to make --  
15 if there has to be a study or a short set of concise  
16 studies that make -- that, you know, collectively prove a  
17 point about safety or effectiveness, it's not -- I  
18 don't know how -- without kind of explicit guidance or  
19 direction from the Agency, I don't know how to navigate  
20 that kind of cognitive bias that each of us carries  
21 without kind of explicit, you know, saying, like, these  
22 are the -- this is the collection of sources. And I've

1 noticed in the more recent public discussions from the  
2 Agency that there is kind of, here is the primary set -  
3 - here are the primary sources and here's kind of  
4 supportive sources, and kind of that kind of a  
5 description of how to do the ADF evaluations. And so I  
6 think we talk about the study designs, talk about data  
7 sources, but at the end of the day we're kind of left  
8 with this individual cognitive bias of what we think is  
9 the best source individually, and I don't really know  
10 how to get over that.

11 DR. GOLDIE: Dr. Ciccarone and then Dr. Lo Re,  
12 please?

13 DR. CICCARONE: Dan Ciccarone. I'm going to  
14 bring up my cognitive and other bias, which is toward a  
15 qualitative research or ethnography. As a number of  
16 people have brought up, most recently I think Sid, the  
17 ideas that we're shifting from this general population  
18 problem to a more focused problem. We should assume  
19 that the ADFs work, right? There is evidence already  
20 that they work. Opana was the exception; it wasn't a  
21 very good ADF. And so moving toward more focused or  
22 targeted studies is imperative, as Dr. Throckmorton

1 brought up. There is an issue of power now, so we need  
2 to increase our sensitivity as the ADFs work. And  
3 here's where the advantage of sort of outbreak  
4 investigations or targeted studies come in.

5           Where surveys can tell us the bigger questions  
6 of who and when, the qualitative research is going to  
7 get us into the how, and that's important in terms of  
8 routes and other risk behaviors, and the why -- what's  
9 the intent that the users are trying to achieve?  
10 Samples may be convenient, but we're going to use that  
11 to our advantage. Again, the Scott County example  
12 combining survey methodology with ethnography, the sum  
13 was greater than the parts. And, of course, all of  
14 this fits into a mosaic. You know, the idea is that  
15 it's not ethnography or a targeted study all by itself;  
16 it fits into these large population studies. In fact,  
17 large population studies may tell us where the hot  
18 spots are, tell us where to focus our reference. It  
19 does exist, samples exist between the general  
20 population survey level and the treatment population  
21 level in people that have already identified  
22 themselves, or others have identified them as addicted

1 or dependent. These folks are sort of in the middle.

2           It will help us understand, you know,  
3 qualitative and ethnographic research, the confounders,  
4 the effect modifiers, which are really key to the last  
5 set of questions here. They will help us understand  
6 plausibility, right? So, if we're getting into  
7 causality, we need to understand the linkages between  
8 what we're seeing in the epidemiological data and the  
9 social and behavioral plausibility that helps us get to  
10 causality. Helps us understand context of abuse, of  
11 course. It will also help us understand the issue of  
12 polypharmacy, right, as a key thing. I know this  
13 historically, we've been talking about polypharmacy for  
14 multiple decades now. It's become -- it's been  
15 highlighted again now, and we need to understand how  
16 people are mixing drugs, and particularly the  
17 substitutions. So, I'm in heroin, I want to know which  
18 one of these ADFs is going to replace heroin.  
19 Hydromorphone, good replacement for heroin, so we need  
20 to be particularly careful on the ADFs for oxymorphone.

21           I'll wrap up soon. I just want to say that,  
22 again, surveys can identify the hot spots and then we

1 can go in with outbreak investigation kind of, or RAPID  
2 ethnographies to kind of figure out. And one way in  
3 which a survey or outcomes can help us is looking for,  
4 as Dr. Lo Re brought up, skin and soft tissue  
5 infections, blood-borne viruses, overdose. If there is  
6 an outbreak of those, then we can sort of focus on,  
7 well, what's going on with this outbreak of abscess or  
8 endocarditis, that kind of thing.

9 We used to have a number of ethnographers in  
10 the field, and having a panel survey of ethnographers  
11 periodically tell us what's going on in your location.  
12 I know NDEWS is trying to replicate this with their  
13 sentinel folks, so working with the NDEWS folks I think  
14 would be helpful. But I do miss the old CEWG, the  
15 Community of Epidemiological Working Group, which had  
16 sentinel ethnographers that we can chat with and find  
17 out what's going on in various cities. So, I think as  
18 we get to questions that we can't quite get answers to,  
19 we have more why questions, it does tell us that we  
20 need to be spending a little bit more money on  
21 ethnography.

22 DR. GOLDIE: Dr. Lo Re?

1 DR. LO RE: Yeah, I'm just going to follow up  
2 on something that Dr. Dasgupta had mentioned about the  
3 different data sources. I would just use caution that  
4 the existing data sources, the designs that are  
5 employed really should be driven by the questions that  
6 are being answered and that are being sought. So, I  
7 think certainly for safety, potentially electronic  
8 health records would be an option. But I think given  
9 the inherent limitations that we've all heard about the  
10 existing surveys, the challenges in actually  
11 ascertaining misuse and abuse in claims, EHR, that the  
12 prospective cohorts and prospective cohort designs of  
13 varying populations certainly might be the best option,  
14 which is why I think we're all moving in this  
15 direction.

16 DR. GOLDIE: Captain, did you have a comment?

17 CAPT. JONES: Thanks. Capt. Jones. Not being  
18 as enmeshed in the field of opioid abuse, I'm trying to  
19 make analogies to general medication safety and  
20 effectiveness research. And so I'm wondering what  
21 really is different about the safety of these ADFs as  
22 opposed to other drugs, if our main concern is safety

1 among those who are taking them or for whom they're  
2 prescribed. And I'm not quite sure what the safety  
3 differences are. Most of the adverse events that we  
4 find from other drugs we find through things like  
5 volunteer reporting, MedWatch. Most outbreaks are  
6 reported not so much from surveys and research, at  
7 least the surveys that are described here, but either  
8 comprehensive public health surveillance by health  
9 departments, that's like everybody everywhere for all  
10 lab reports of a bacterial infection or whatnot, or,  
11 again, by the astute clinician reporting something.  
12 So, for safety I'm not quite sure what is different for  
13 the safety of these products than other drugs.

14 Now, of course, if we're talking about  
15 immunization effects or effects in like other folks and  
16 effects among people for whom the drug is not  
17 prescribed, well, then that's a whole other discussion.  
18 But, again, if our focus is on looking at the safety of  
19 these products for whom they're prescribed, I don't  
20 know what is qualitatively different in the products.

21 DR. STAFFA: This is Judy Staffa. I'll take a  
22 stab at that. I think because we're introducing

1 excipients into products that patients who are taking  
2 them for pain don't need, I think we're being very  
3 vigilant about making sure we understand. And as these  
4 formulations get more innovative, we may be seeing  
5 excipients where there is not as much experience. And  
6 I think there is -- again, there is testing that goes  
7 on in the premarket just like with every other oral  
8 product, but I think that's why we're sensitive to  
9 that, and that's why we want to pay attention to that.  
10 Because we did -- I don't know that we expected to see  
11 what we saw with patients having difficulty swallowing.  
12 I mean, it doesn't seem like rocket science in  
13 hindsight, but I don't know that we were anticipating  
14 that, and so, yeah, our usual systems can help. But  
15 remember one of the reasons we developed the sentinel  
16 initiative is there is a whole lot of drug safety  
17 issues that are not going to be reported through  
18 spontaneous reports. And so if you think about it that  
19 way, it could be other things that we just want to  
20 understand better and know about, particularly with the  
21 non-API part of these products, I think. Does anybody  
22 from FDA want to add anything to that?

1 DR. THROCKMORTON: Well, I guess, Dan, I think  
2 you're talking about ascertainment, maybe, aren't you,  
3 which is how the adverse events would be detected. I  
4 mean, the source is different. I think Judy is exactly  
5 right. We focus our premarket testing, at least  
6 currently, on the intended routes. Sometimes we've had  
7 to expand that now, obviously, but the ascertainment is  
8 not fundamentally different. I think that's what  
9 you're saying, isn't it?

10 DR. CICCARONE: Yes, and then we think about,  
11 well, if we're worried about the excipients, then the  
12 adverse events either have to be incredibly rare or,  
13 I'm sorry. So, we turn to things like sentinel, or we  
14 have to do things like cardiovascular outcome studies  
15 when these things are either rare or they're so common  
16 and we're looking for marginal differences. And I  
17 don't know if that's truly what we are worried about  
18 here, either those marginal differences or those things  
19 that are so rare that we need to -- because if we think  
20 it's so rare that we need something like a sentinel, I  
21 mean, prescribing use isn't high enough to detect it in  
22 something like that anyway.

1 DR. LEVENSON: This is Mark Levenson. I think  
2 you raised a good point, and that point was raised as  
3 well yesterday, that this is just another safety issue.  
4 But I could say why we may have looked at this  
5 differently. Typically, a drug company is not seeking  
6 a claim in safety, and in this case we are encouraging  
7 companies to seek disclaim -- I mean, this is something  
8 that FDA would like to encourage, and with the claim,  
9 with an actual claim it gives them an incentive to  
10 develop these. So, if somebody wants to make a claim  
11 and if they need more rigorous information than  
12 typically collected in safety. Then there is also the  
13 aspect that we're also trying to protect the  
14 population, which you mentioned as well, which is a  
15 little different.

16 DR. GOLDIE: Dr. Unick, I'm going to give you  
17 an opportunity to comment and then we're going to move  
18 on to question No. 5.

19 DR. UNICK: Just to answer this question, I  
20 think that if we want to have a clear idea of what's  
21 going on in populations of folks that are using these  
22 substances outside of medical supervision, we have to

1 engage them. And when we do them successfully, we do  
2 them carefully and we build relationships, and we have  
3 long-term relationships with folks, and we don't just  
4 run out because we think there's a problem. That's  
5 fine for a sentinel event, where an HIV outbreak  
6 occurs. But if we want to know what's going to happen  
7 with future products, we have to develop relationships  
8 now and build those relationships over time so that you  
9 have the trust of individuals.

10           This is not a -- you know, for a lot of these  
11 folks they haven't had good experiences with  
12 institutions or with -- you know, Baltimore Hopkins  
13 certainly has a questionable reputation among a lot of  
14 folks, but Hopkins still has a very good study with the  
15 ALIVE study, where they've developed these long-term  
16 relationships. And so you can then leverage this  
17 information to figure out safety or what emerging  
18 issues are. So, I just want to encourage thinking  
19 ahead of time rather than just reacting to events.

20           DR. LEE: Okay. This is our last question  
21 before our lunch break. Let's discuss the feasibility  
22 and importance of assessing unintended secondary

1 consequences of ADF opioids, such as shifting abuse to  
2 other opioids, including heroin and such.

3 DR. MEYER: So, we've already covered this a  
4 little bit, if you want to add additional comments, go  
5 ahead, please.

6 MS. CASSIDY: Hi, Theresa Cassidy. As I read  
7 this question, I just wondered if others were thinking  
8 about it the same way that I was. In terms of the  
9 importance of assessing unintended consequences of the  
10 ADF opioids, I think that we could probably all agree  
11 that from a public health perspective in context, like,  
12 obviously, this is important to monitor these secular  
13 trends and patterns and what might be happening as it  
14 relates to, you know, we're in the midst of a  
15 prescription drug abuse epidemic, so that is clearly an  
16 important aspect of this question. But I think we've  
17 also discussed and seen it is feasible to do that with  
18 the variety of different data sources, and that we can  
19 see some of these patterns and shifts happening. Where  
20 I struggled a little bit, and this is relative to the  
21 two examples that were here, shifting to abuse of other  
22 opioids, including heroin, I so struggled with how that

1 comes back to the product level versus, like, maybe ADF  
2 as a group, and how you relate that back to the success  
3 of a particular ADF because that's based on the routes  
4 that it was intended to deter. And I think the example  
5 that Opana was slightly different, where it was  
6 actually related to injection and maybe like injection  
7 drug users are sort of a sentinel group and we need to  
8 kind of take a look at that. But if we're seeing  
9 shifting to, like, you know, fentanyl and other things,  
10 absolutely it's an important public health, you know,  
11 outcome to watch for a monitor, and sort of see what's  
12 happening. And maybe that prompts us to understand  
13 where we need to have other types of abuse-deterrent  
14 mechanisms to stop those types of abuse, or try to  
15 deter that type. But I was just struggling a little  
16 bit with this question of how it relates back to the  
17 products themselves.

18 DR. STAFFA: This is Judy Staffa. Maybe I can  
19 try to clarify a little bit, again, just from the way  
20 I'm struggling with this, is that I don't -- I've heard  
21 people voice the opinion that if we do something like  
22 have abuse-deterrent formulations, or any other kind of

1 intervention, and that causes people to shift more to  
2 low-cost heroin, have we done something good? And if  
3 you go down that pathway -- I don't know the answer to  
4 that question; I think it's a real difficult question.  
5 But if you go down that pathway, it can almost take you  
6 to a pathway that says, well, then we shouldn't do  
7 anything, and I don't think that's very wise. But on  
8 the other hand, are there ways to understand that  
9 knowing that as FDA we don't have much control over  
10 Mexican cartels and the availability of low-cost  
11 heroin. We understand that that's out there; is there  
12 a way to be able to understand that as an outcome or as  
13 some part of this picture that wouldn't necessarily  
14 mean anything good or bad, but simply be a factual  
15 piece of information, which is important to understand.  
16 And, you're right, I don't know whether you look at  
17 that for ADFs as a whole or whether that is something -  
18 - again, we are a little -- after the Opana experience,  
19 I think we're trying to make sure we're thinking about  
20 this in the broadest possible way. I don't know that  
21 any of us really thought that would happen at the very  
22 beginning, but as that began to become clear, I think

1 it's making us want to make sure that we're positioned  
2 to understand on intended consequences should we begin  
3 to see them again and be able to react quickly. Does  
4 that help at all?

5 DR. GOLDIE: Dr. Schnoll, do you want to  
6 respond?

7 DR. SCHNOLL: Yeah, Sid Schnoll. I think,  
8 Judy, you bring up a very important issue. We're  
9 looking at a very complex problem when we talk about  
10 addiction in general, and people have spent thousands  
11 of years trying to address it. And in terms of  
12 products with reduced abuse to treat pain, the College  
13 on Problems of Drug Dependence has been working on that  
14 for almost 90 years now and we haven't done it. There  
15 will be adverse consequences, but I don't think the FDA  
16 should stop in doing what they're doing in trying to  
17 get better products on the market. But what has to be  
18 understood is that this problem is not just the purview  
19 of FDA, that it's much bigger, and there is only so  
20 much that one agency can do to address a major public  
21 health problem. And the FDA is trying to do what it  
22 can, but it's got to include a much broader societal

1 approach to this, including other agencies, as I  
2 mentioned yesterday, trying to get meetings of these  
3 other agencies on a regular basis to try to address  
4 this.

5           So, we've seen, as I mentioned earlier, this  
6 shift. Was this shift to heroin and fentanyl analogues  
7 due to the ADFs? Maybe to some extent, but we have the  
8 PBMPs, we have education, we have the CDC guidelines.  
9 I mean, we could talk about all these things as being  
10 part of it. Can we measure what degree each of these  
11 was part of that? I'm not sure we can get to that  
12 point, but that's why I get back to what I said very  
13 early. FDA should be looking at what its products can  
14 and cannot do, and not go beyond that and try to say  
15 that it's going to solve a much larger problem. It  
16 would be like saying, you know, statins are supposed to  
17 get people to stop eating bacon, or anti-diabetes  
18 problems -- products are supposed to get people to stop  
19 eating chocolate cake. It's not going to happen.

20           Define what you can do and go after that, and  
21 measure that. Don't try to measure things that you  
22 can't control. I think that's, to me, the bottom line

1 on this. And if you try to do too much, it ain't going  
2 to work.

3 DR. GOLDIE: Dr. Crane, followed by Dr.  
4 Ciccarone.

5 DR. CRANE: Yeah, I totally agree with Dr.  
6 Schnoll. I mean, this opioid problem didn't come out  
7 of nowhere. People are calling it epidemic, but it's  
8 been growing. You know, we started tracking it in  
9 2002, and it was probably there before then. But the  
10 core people working on it were not the people that had  
11 the ear of the policymakers, too. So, I think, yeah, I  
12 think doing all of this deterrence without funding  
13 effective treatment is a big part of it, and that's not  
14 FDA's responsibility. But FDA has been very good at  
15 working with SAMHSA and other agencies on -- and now  
16 there is a big push. So, anyway, that's just my  
17 comment.

18 DR. CICCARONE: Dan Ciccarone. Yeah, so, I'll  
19 just state some obvious things in terms of this  
20 question about the intertwining of opioids and heroin.  
21 We could spend the next two days discussing the  
22 trajectories and what caused what, and basically the

1 answers are unknown. And anyone's hypothesis about  
2 this begot that, most of what I've heard, the  
3 hypotheses out there, have some degree of truth.

4           The point moving forward is, is there, since  
5 the population has intertwined, the opioids are  
6 intertwined, the outcomes are intertwined, is there a  
7 potentially substitutable product that we allow through  
8 the gate? And that's what we need to -- do we need to  
9 screen for? The reason why the ER/LAs were at risk,  
10 I'll state the obvious -- high dose in a single pill,  
11 crushable, snortable, you know, the alternative route  
12 thing that we talked about, chewable. And the abuse-  
13 deterrent formulations are trying to address that, so  
14 that's the key issue that we're talking about today,  
15 but there is still circumventable, right? So, that's  
16 what we're looking for. But which is the next one  
17 that's going to be figured out, right? There is a  
18 hierarchy of opioid out in the world of desirability in  
19 terms of euphoria. We've kind of forgotten -- Sid and  
20 I were talking about this last night -- we've kind of  
21 forgotten what the hierarchy is, but I'll just say the  
22 obvious ones. You know, hydromorphone is way more

1 desirable than hydrocodone. And so which of the more  
2 desirable opioids, are their ADF-ness good enough?

3 That would be my --

4 As a heroin researcher, that's what I want to  
5 know is, are those nonsubstitutes? And, yes, the  
6 heroin epidemic has a complete life of its own at this  
7 point in terms of supplies, adulteration contamination  
8 with fentanyl and the like. And that has less and less  
9 to do with what we're doing on the prescription side of  
10 things in the region that's effective right now.

11 DR. WINTERSTEIN: I'm not sure I'm a good  
12 wrap-up, but I will try. I think this question, in  
13 terms of having patients with severe addiction, who are  
14 considering moving to heroin, I think the help there is  
15 treatment programs and buprenorphine and methadone, not  
16 withholding other agents, but to providing something  
17 that addresses the problem. Because that's what's  
18 needed. And given that reasoning, I don't think that  
19 there really are unintended consequences of making the  
20 drugs that are approved for the purpose of treating  
21 pain to making them harder to abuse, as long as there  
22 are alternatives for treatment of substance abuse

1 disorders available. That's how I'm looking at it. I  
2 mean, those medications we are discussing today are  
3 supposed to treat pain and not substance abuse  
4 disorder. And perhaps therefore the unintended  
5 consequences are really not an issue in that context,  
6 because this unintended consequence is somebody who has  
7 developed substance abuse disorder already and will  
8 need something to address that.

9 DR. SCHARMAN: So, speaking to your question  
10 5, secondary consequences may be more to the acute  
11 secondary consequences. I think over time poison  
12 center data, part of the National Poison Data System,  
13 has been very good at looking at shifts based on  
14 availability of consequences. So, for example, when  
15 hydrocodone-acetaminophen products went to C2, you  
16 immediately saw on our database a huge drop in those  
17 exposures. When buprenorphine -- we track this at our  
18 center -- when a number of prescribers of buprenorphine  
19 went up in our state, our number of pediatric  
20 poisonings of buprenorphine tracked that increase. So,  
21 we think our database is pretty sensitive to shifting  
22 from one drug to another when a certain drug is

1 restricted. So, I think, you know, we've already  
2 talked about it. It's not a perfect database, but it  
3 is pretty sensitive to those. Again, as Dr. Boyer  
4 mentioned, I think if you wanted to use our database  
5 for heroin, that would be a mistake. Hospitals don't  
6 call us because they get it all the time and they know  
7 to use naloxone. But we do tend to get a really good  
8 sentinel source for the bizarre things that drugs do.  
9 So, if a particular ADF caused a really nasty effect,  
10 if someone tried to manipulate it and inject it, we'd  
11 probably be more likely to get that call, because it's  
12 an odd route of the drug, they have this weird acute  
13 effect, and they might ask -- they might call us first.

14           So, I think that the poison center world is  
15 one place, not the place, but one place to look at for  
16 those immediate, unintended, secondary consequences of  
17 the ADF. And I think we do get adverse drug reaction  
18 questions as well. So, again, we complement MedWatch  
19 and some of the other ones. I think all of those  
20 reporting systems have their pluses and minuses, but we  
21 complement that. And so I think if a patient was  
22 prescribed an ADF and all of a sudden we saw this

1 cluster of patients that are reporting this weird  
2 effect, that would be one way that those could be  
3 picked up on.

4 DR. LEE: Okay, thank you for the comment. It  
5 is really the time to wrap up this session. We're  
6 going to come back at 1:30 for audience participation.  
7 Enjoy your lunchtime.

8 DR. STAFFA: Okay, we're ready to get started  
9 again. I know everyone is so excited. Session 7 and 8  
10 are going to be fantastic. But first we're going to  
11 finish up session 6 with our audience participation.  
12 I'm going to turn it back over to Hana.

13 DR. LEE: Okay. The rules are the same. If  
14 you want to participate in the audience participation,  
15 please line up. And green light means you can continue  
16 speaking; yellow light means you have a minute left;  
17 and then the red light blinking, please stop  
18 immediately and return to your seat. Please speak your  
19 name and affiliation one more time, please.

20 DR. COPLAN: Thank you. Paul Coplan from  
21 Purdue Pharma and adjunct professor at University of  
22 Pennsylvania School of Medicine. Just wanted to

1 mention that we are doing a cohort study for -- we're  
2 doing two cohort studies. One of them is the one that  
3 Dr. -- three cohorts. One is that Dr. Levenson  
4 mentioned, which is 3033-2, which is on  
5 clinicaltrials.gov, which is a claims database. And  
6 then we're also doing a cohort study. But for  
7 OxyContin, we -- the fourth study involves a  
8 retrospective claims database study to look at the  
9 incidence of overdose. And I think there are three  
10 issues we're working through on those studies and if  
11 people had any thoughts on that, we would really  
12 appreciate it.

13           The first one is statistical power. So, we  
14 are working in two large insurance claims databases,  
15 MarketScan and HealthCore, that involve 140 million  
16 lives covered between them. And the power to detect a  
17 reduction for OxyContin pre to post is we have 80%  
18 power to detect a 30% or 35% decrease. So, 20%  
19 decrease we would not be adequately powered. That's  
20 just for OxyContin. Then there is a question of the  
21 real outcome is difference in difference. Is there a  
22 difference in OxyContin relative to the difference for

1 either morphine or something else? And the difference  
2 in difference is interaction effect, which is a very  
3 low powered test, so we then have much less power to  
4 detect a difference when we start to do interaction  
5 tests. So, we are struggling with power.

6 We are much better powered on the opioid use  
7 disorder outcome, because that's about 10 times more  
8 common. And we have in fact done a preliminary study,  
9 which we published, that shows that while there was an  
10 increase in opioid use disorder in most opioids, there  
11 was a significant reduction for OxyContin ER after  
12 reformulation, about a 20% reduction. That also is a  
13 more relevant endpoint for payers, because the opioid  
14 use disorders are a chronic condition and costs a lot,  
15 so that is much more relevant to payers.

16 But the other issue is multiple opioids. So,  
17 some people would just use one ER opioid alone. But a  
18 lot of the patient abuse is that people will use IRs  
19 for a long period of time, then the physician will add  
20 the ER on top of the IR, keep the IR at the same dose.  
21 So, now we have a substantial amount of IR use plus the  
22 ER. So, the IR has its own -- contributes its own risk

1 of overdose that's not going to be affected by an  
2 abuse-deterrent formulation. So, one question is, do  
3 we use just -- you know, some people like Matthew  
4 Miller has just looked at one opioid alone,  
5 monotherapy, so that you can tease out just the effect  
6 of that opiate. Others have used all opioids, but then  
7 you attenuate the effect of any abuse-deterrent  
8 formulation by all the other opioids, if there are  
9 concomitant opioids that are being used. So, if people  
10 have any thoughts on that, that would be very helpful  
11 for us. Yeah, I'll leave it at that, thank you.

12 DR. DEVEAUGH-GEISS: Hi. I'm Angela DeVeugh-  
13 Geiss, also from Purdue Pharma. I just wanted to make  
14 a brief comment about comparators. The issue has come  
15 up and kind of peppered a number of the discussions,  
16 but there doesn't seem to be a direct conversation  
17 about that, and I think it's a really important  
18 consideration when designing these studies and trying  
19 to determine whether there was a change. I think  
20 there's different options for how you choose  
21 comparators. There can be therapeutic equivalence.  
22 So, for example, another ER opioid, if you're comparing

1 to an ER abuse-deterrent formulation, or abuse  
2 equivalence, so things that people are likely to be  
3 switching to. So, for example, there's a study that  
4 was done that some of you here know more about than I,  
5 using the RAPID survey and the SKIP data, looking at  
6 what individuals who had been abusing OxyContin are  
7 likely to then report abusing afterwards. For example,  
8 IR oxycodone single entity. And so it would be very  
9 helpful to hear both from the panel and more from the  
10 FDA about kind of the intent behind the selection of  
11 comparators, which are chosen in part by FDA with some  
12 additional input from the sponsors, but to hear what  
13 others think as well.

14 DR. HENNINGFIELD: Good afternoon. I'm Jack  
15 Henningfield, Pinney Associates and Johns Hopkins  
16 School of Medicine. I have kind of a big picture  
17 comment, where this fits. Yesterday, Sid Schnoll  
18 mentioned the interagency committee that helped  
19 coordinate drug control and communications. It's not  
20 clear that we have had such coordination in the last  
21 few years, and so it's not surprising that the media  
22 often flat-out get things wrong, such as that AD

1 opioids aren't working because we have increased  
2 fentanyl and heroin problems. This meeting has several  
3 key agencies together, and I really hope that the  
4 conversation among the agencies will continue. I think  
5 that's really important. We have to be consistent with  
6 surveillance and reporting in the communications. We  
7 shouldn't be counting illicit fentanyl, for example, as  
8 prescription drugs, or conflating prescribed patients,  
9 who are not the main problem, with nonpatients who  
10 report using prescription opioids as their first  
11 substance of abuse when we don't even know what they  
12 were using.

13           A big issue is how AD opioids fit into opioid  
14 abuse and control efforts while addressing under-  
15 treated pain. Blunt instrument approaches hurt low  
16 income and people in minorities. We know that  
17 draconian restrictions on prescribing, one-week  
18 prescription limits, overly burdensome prescribing  
19 requirements can hurt the people that are hurting the  
20 most, and that's a serious problem.

21           FDA can't wrestle the opioid problems in  
22 America by itself, and AD opioids as we've heard over

1 and over can't do it by themselves. But other  
2 interventions, such as treatment on demand, that has to  
3 be part of it. We have to make sure that what we're  
4 doing here today fits into the big fabric that  
5 hopefully is being created.

6 AD opioids efforts need to be integrated with  
7 comprehensive efforts, as NIDA has advocated, and the  
8 Addiction Society of Medicine, American Society for  
9 Addiction Medicine. We need to know if insurance  
10 payers and the VA are paying for products. If the  
11 products sit on the shelves, they're not used, they  
12 don't help. We need treatment on demand, so when  
13 somebody asks for help, they get help, and they're not  
14 asked if they have insurance or money, and if so, to  
15 wait.

16 CDC's Top 10 Public Health Advances of the  
17 20th Century provides some models that are worth  
18 looking at. They all involve comprehensive efforts,  
19 they involve innovations in technologies, education,  
20 look at automobile safety, seatbelts, which are now  
21 required, improved highways, education, infectious  
22 disease control. Again, innovations in medicine,

1 education, wash your hands, and so forth. You need  
2 big, comprehensive, coordinated efforts to make big  
3 changes.

4           Finally, I hope that you will have input into  
5 the report being developed by the White House  
6 Commission on the Opioid Crisis. I think it's really  
7 important to emphasize that AD opioids and other  
8 innovations in pain medicines are part of the solution,  
9 but that we need surveillance to guide interventions  
10 and track consequences of our efforts intended and not  
11 intended, as well as the surprise that history shows  
12 should be no surprise. Thank you for your efforts.

13           DR. LEVENSON: So, thank you. We're going to  
14 start our seventh session, and Cindy Kornegay will  
15 provide the introduction and presentation.

16 SESSION 7: LEVERAGING OTHER DATA: LINKING AND  
17 BENCHMARKING

18           DR. KORNEGAY: Good afternoon. Before we  
19 begin discussing the session, I'm going to provide a  
20 very brief overview of leveraging, linking and other  
21 benchmarks that can be used to investigate ADF opioids.

22           So, in the last day and a half or so we've

1 discussed many aspects of ADF opioid investigations  
2 including product identification, population sampling,  
3 the study designs, and various other aspects in the  
4 implementation and design of these types of  
5 investigations.

6           So, when we started to talk about linking or  
7 leveraging or benchmarking, or any of those terms,  
8 applying that to the data resources, we came up with  
9 about three reasons, three big reasons why it would be  
10 desirable to do so. And the first reason would be to  
11 provide additional statistical power. Often, even in  
12 very large single data resources, the number of  
13 individuals who are possibly exposed or definitely have  
14 the outcome can be very low, so this could be a good  
15 way to increase the study size. To provide additional  
16 risk factors and/or confounders, since there is a wide  
17 variety of risk factors that need to be considered for  
18 certain conditions, and a single data resources,  
19 particularly if it's a clinical data resource, might  
20 not have adequate data collection in all of those  
21 areas. And, finally, to provide additional context to  
22 enhance generalizability. And I'm going to give brief

1 examples for all of these.

2           So, when it comes to providing additional  
3 statistical power, there are large collections of  
4 healthcare data, and they do have a large number of  
5 individuals, but many of these individuals are at very  
6 low risk of abuse-related overdose or death. These  
7 individuals generally are stable enough to hold a job  
8 and, quite honestly, pay for health insurance, which  
9 means they are probably not spending all their time on  
10 drug-seeking or drug-using behaviors. And even some of  
11 the organizations that don't require this kind of  
12 stability, like the VA, have in recent years  
13 increasingly stringent restrictions on opioid  
14 dispensing.

15           Now, there are many, many smaller practices  
16 that include pain management and addiction management,  
17 and these would have a wider variety of patients of  
18 interest to us for ADF opioid studies. But they are  
19 less accessible for a variety of reasons, which can  
20 include technical limitations, lack of resources, fear  
21 of exploitation or litigation. Or possibly it's just  
22 the easiest way for the practice to ensure patient

1 privacy and compliance with the legal landscapes that  
2 can be very different between states.

3           As an example of using several data -- linking  
4 together data resources to achieve and create study  
5 size, it's a study that's a key part of the extended  
6 release and long-acting postmarketing requirements, or  
7 ER/LA PMRs that FDA has asked industry to conduct.

8           The primary study is a prospective cohort  
9 study that will use data from several different  
10 resources. And the purpose of collecting, getting  
11 patients from these different resources is to increase  
12 and enhance the target population of individuals who  
13 are on long-term therapy for chronic pain, and also to  
14 ensure adequate participation of individuals who are at  
15 high, medium or low risk for the outcomes of interest.

16           Now, the second category of additional risk  
17 factors. Well, prescription drug abuse has a variety  
18 of risk factors and outcomes that are not always  
19 predictable, and they are not always included in  
20 clinically-based data resources. And so one of the  
21 things that we periodically explore is if it's possible  
22 to link or leverage clinical and nonclinical data

1 resources kind of in tandem. And an example of this is  
2 an FDA pilot project that we are conducting. Well,  
3 actually, the state of Connecticut is conducting it and  
4 has involved the FDA, and this is going to link  
5 exposure, treatment, outcome and mortality data within  
6 the state of Connecticut. This is a proof-of-concept  
7 project, and the goal of this project is to determine  
8 if an opioid which is dispensed to a patient is also  
9 the opioid that is involved in an overdose or other  
10 outcome of interest.

11 And also to just emphasize the need for  
12 additional risk factors, this is one of the slides that  
13 Dr. Meyer had put up in her presentation. And I'm not  
14 going to go through it, just like she didn't, but just  
15 to emphasize that the relationship between the risk  
16 factors and both the exposure and the outcome are very  
17 complex. For example, information on social networks  
18 and pain and socioeconomic status are unlikely to be  
19 included all in a single data resource, which kind of  
20 emphasizes the need to pull several of them together.

21 Now, the third is to provide -- the third  
22 reason, which is to enhance generalizability, and this

1 would be really to be able to benchmark a small or  
2 large convenient sample to a nationally representative  
3 estimate. Now, we do recognize that we would need to  
4 find data resources that would have -- the national  
5 base data resources that would have this capability.  
6 And we're not quite sure of what that data resource  
7 would be. I mean, the census data is kind of obvious,  
8 but we're not sure if it would have all the important  
9 variables, if the demographic variables that the census  
10 data do have are what's needed to help achieve this  
11 type of estimation.

12           And as an example, which is kind of outside of  
13 the abuse realm and also a proto example, several years  
14 ago FDA had access to outcome-based evaluation --  
15 outcome-based data -- or, I'm sorry -- hospital-based  
16 data for a very large convenient sample. So, we had  
17 inpatient drug utilization data, and we wanted to know  
18 if we could create national projections of that  
19 inpatient drug utilization data from this very large  
20 convenient sample to the entire country. And so what  
21 we did was we compared the information in the sample to  
22 the National Hospital Discharge Survey, and I'm sure

1 I'm dating myself, since that survey has been out of  
2 commission for a little while. And while the National  
3 Hospital Discharge Survey had demographics and  
4 procedures and discharges, it did not have drug use  
5 data. However, we were able to look at the information  
6 that was similar between the two data resources, and  
7 that facilitated our understanding of how  
8 representative this convenient sample was and where it  
9 could and could not be used to protect information  
10 nationally. And so although this did not require the  
11 actual linkage of data at that time, it was actually a  
12 way to leverage one data resource to the other.

13           And so, finally, I do want to acknowledge that  
14 we are fully and extremely aware that there are many,  
15 many challenges to doing this. It's difficult to do it  
16 when you're just looking at different types of clinical  
17 information, and so trying to link from clinical to  
18 nonclinical would be even tougher. So, some of the  
19 challenges might be technical, identifying patients, or  
20 identifying time periods when the databases were  
21 consistent. The update frequency of a linkage would  
22 also be an issue. Is this a one-time thing or is this

1 going to be something done periodically, and if so, how  
2 would it account for changes in the database?

3 Confidentiality we think would be a huge  
4 factor. Not every organization allows patients with  
5 substance use disorder diagnoses to be identified, and  
6 you would also be dealing with increasingly small  
7 sample sizes. And contractual restrictions which might  
8 have been in place before linking or leveraging or  
9 benchmarking was even considered. As an example, in  
10 the early days, some of the PDMPs were not allowed to  
11 link to either commercial entities or across state  
12 lines. And so with that, I'm going to turn it over to  
13 my colleague, Kunthel, who is going to tee up the  
14 discussion question. Thank you.

15 DR. BY: Thank you, Cindy. Originally, we had  
16 three questions for this session, and we've decided  
17 that there is a sense of overlap so that we could  
18 combine them into just a single question. And the  
19 question is not on the slide, so I'll just --

20 DR. STAFFA: And it's a really, really big  
21 question.

22 DR. BY: So, I'll just read it to you. So, I

1 guess, the long question in some sense betrays our lack  
2 of experience in this space, this space of linking.  
3 So, I'd like to apologize in advance if it seems vague.  
4 So, here's the question. We'd like to discuss  
5 linkages, leveraging, benchmarking, or additional data  
6 resources and opportunities that could enhance ADF  
7 opioid studies. Please describe the resources, what  
8 additional information or advantages it would provide  
9 in terms of adding sample size, adding risk factors,  
10 and/or enhancing generalizability.

11           So, in terms of that third one, I was thinking  
12 this morning of what Dr. Bose was saying about the  
13 NSDUH, when she mentioned that when you're looking at  
14 the people that, at least in terms of one year, past  
15 year abuse, that you could drill down to specific  
16 subpopulations of those people and in some sense  
17 looking at the characteristics of those individuals.  
18 So, I was thinking back in terms of what we have in  
19 terms of poison center data and treatment center data,  
20 and asking myself, okay, so you have here these people  
21 that are described in NSDUH, even though it's a  
22 subpopulation. Can we use that information somehow,

1 either combining them directly or using the kinds of  
2 weights that are available in the NSDUH, and somehow  
3 applying those weights to the treatment center people,  
4 or the treatment center sample that we have, and in  
5 some sense say something broader than just saying,  
6 okay, this is what we observed among the people that  
7 seek assistance in substance abuse treatment centers.  
8 So, I'll start the conversation with that.

9 MS. BOSE: I might have to defer it or ask a  
10 better analyst than I to answer, because I'm not the  
11 strongest analyst. But if you're talking about, are we  
12 going back to the issue of denominator and exposure, or  
13 are you talking about something different?

14 DR. BY: There -- in the numerator data only,  
15 which is the treatment center data --

16 MS. BOSE: The treatment, right.

17 DR. BY: -- you just have counts, counts of  
18 people who either abuse one product or another product,  
19 right? So, in some sense they provide sort of an  
20 approximate sort of information about what people are  
21 doing. And we want to be able to sort of go beyond  
22 that data and say, if you can dig deeper into the

1 population of people who abuse substance, could we in  
2 some sense overcome that sampling issue stuff that I  
3 talked about in session 2 yesterday, by taking some of  
4 the information in NSDUH and then applying it to the  
5 count data somehow, and having it be more  
6 generalizable. Not necessarily to the US population or  
7 the population of patients, but the population of  
8 people who abuse drugs.

9 MS. BOSE: Because when you first started  
10 talking I was thinking about catchment areas and where  
11 they were receiving treatment, what are the  
12 characteristics of the area they are receiving  
13 treatment, assuming we can collapse several years of  
14 data, and so there's sample size issues there. But  
15 that doesn't exactly sound like what you're talking  
16 about. You're almost talking about kind of remediating  
17 or, you know, dealing with the fact that some of these  
18 are not random samples and can we use random samples --  
19 or known probability samples, too, and I don't know. I  
20 don't know what the --

21 DR. BY: So, can they talk to each other and  
22 understand each other.

1 MS. BOSE: Right, right, right. Local level  
2 linking is a little different than borrowing strength  
3 from a random sample in order to inform a nonrandom  
4 sample, and I'm not sure. I don't have a lot of  
5 experience in that domain.

6 DR. UNICK: So, one thing that's been done in  
7 other areas is to leverage existing probability-based  
8 samples, replicate their methodology in smaller cohorts  
9 that are targeted, and then make inferences using the  
10 larger probability samples to have a sense of what the  
11 benchmark is. So, people definitely do this, and, for  
12 example, the MEPS data site could give you information  
13 on how people utilize prescription drugs over time, and  
14 then you could target more specific populations that  
15 you were interested in, in looking at how those differ  
16 from the larger population sample.

17 DR. STAFFA: And, for the record, that was Dr.  
18 Unick.

19 DR. KORNEGAY: So, to start off -- oh, sorry.

20 DR. GOLDIE: Dr. DeFrances?

21 DR. DEFRACTES: I just wanted to talk a little  
22 bit about the Hospital Care Survey. I'm not sure

1 relevant for -- but in the Hospital Care Survey we  
2 collect inpatient, emergency department and outpatient  
3 visits, and we get all visits. And part of that is we  
4 get personally identifiable information -- name,  
5 address, social security number. So, we are able to  
6 link across settings. We can tell if someone comes  
7 back to a sampled hospital for a repeat ED visit or  
8 hospitalization. But we can also link to outside data  
9 sources, such as the National Death Index. We're doing  
10 some work, we got some PCORI funds and actually working  
11 on perfecting the algorithm to linking to the National  
12 Death Index, which is housed at NCHS. We are also  
13 going to be doing another pilot study where we'll be  
14 linking to CMS data.

15 I think in the future, again, once the survey  
16 gets up and running, it hopefully will add some value  
17 to looking at substance involved ED visits, but I think  
18 a real important thing -- and, again, this is something  
19 at NCHS we haven't been able to do is we can take  
20 visits, but we can also talk now about people,  
21 patients, and that's not something we've ever been able  
22 to do before. So, I know we've been partnering with

1 FDA and SAMHSA. Our biggest problem has been hospital  
2 recruitment, getting -- it's a voluntary survey, it's  
3 getting hospitals, but I see tremendous value, the  
4 Hospital Care Survey, to hopefully shed some light on  
5 some of the issues we've talked about today, but also  
6 as future issues come up. Again, it only deals with  
7 hospitals, someone coming to the ED or an inpatient,  
8 but still I think hopefully will have tremendous value  
9 in the future.

10 DR. STAFFA: This is Judy Staffa. Can I ask a  
11 follow-up question on that? That's very exciting, to  
12 be thinking about linking those data to death data and  
13 to CMS data. And I just want to throw out the  
14 question: Are there any potentials to link those data  
15 to PDMP data or to treatment center data, or to kind of  
16 broaden that linkage?

17 DR. DEFRANCES: Again, I think it could be.  
18 Right now, when we go to hospitals, we say upfront  
19 where we're going to link the data. I think we would  
20 have to tell hospitals -- again, it's voluntary, so in  
21 our letter we say that we're going to -- we want all  
22 your visits and we're going to link to NDI and CMS.

1 We'd have to work through that, but I think it has the  
2 potential. We'd have to tell the hospitals upfront.  
3 And then there's the IRB and confidentiality issues,  
4 but it could be explored.

5 DR. GOLDIE: Dr. Dasgupta, please?

6 DR. DASGUPTA: I saw you mentioned linking to  
7 NDI for claims data and such. So, some of my  
8 pharmacoepi colleagues at UNC are looking into the  
9 quality of the linkage with Truven and other claims  
10 datasets to NDI, and it's decent but it's not as good  
11 as you'd expect. And so they're working with going a  
12 level deeper and looking at social security numbers and  
13 trying to get data from -- we are working with the  
14 Social Security Administration data to try to get a  
15 better -- kind of do a validation study on the NDI  
16 linkage in claims data. And we definitely are seeing  
17 certain places where things don't match up as well as  
18 you would think. And so I think for, as a field we  
19 jump into, the NDI linkage with claims data,  
20 specifically, I think for these questions of interest,  
21 I think there is a little bit more methodological work  
22 to be done.

1 DR. STAFFA: So, this is Judy Staffa again.  
2 So, I have a question on that. Because for years we've  
3 been linking claims data to NDI for specific study  
4 questions. So, are you talking about efforts to link  
5 on a specific issue, or are you talking about more of a  
6 standing linkage, where that linkage exists and is  
7 updated regularly, and then when you have questions,  
8 the linkage is already there?

9 DR. DASGUPTA: So, both. So, it's looking --  
10 so, the original product was looking at it as a global,  
11 all-cause mortality linkage, but a subset of the study  
12 is looking at it specifically for opioid-related  
13 outcomes in opioid patients. So, there's -- the work  
14 isn't done yet, but I think it's worth being a little  
15 bit cautious on that.

16 DR. GOLDIE: Dr. Parker?

17 DR. PARKER: I can speak to the issue since I  
18 led the record linkage program at NCHS for about five  
19 years, and actually looked at all those NDI linkages,  
20 all the ones that met that code in the middle that were  
21 ambiguous. I can tell you that if you have good social  
22 security numbers, we can probably link that really

1 well, but if you don't have good social security  
2 numbers, it is going to be difficult. And I don't know  
3 about all these populations, but you can guess at some  
4 of the populations that we don't have good social  
5 security numbers for. We also don't necessarily do the  
6 best with people who use nicknames. You know, like if  
7 you're Jenny all the time but you're Jennifer on your  
8 death certificate, you're not going to be -- you know,  
9 it will be flagged. And so people who use different  
10 names, people who change their names, marriages,  
11 divorces, there's all sorts of issues. But we are  
12 working on it and, as Carol said, we do have a grant or  
13 some money to evaluate those algorithms, and I think  
14 we'll be doing that.

15 More generally I could talk about all the  
16 problems with record linkage, since I spent most of my  
17 time working on it, but I think I'll talk about some of  
18 the advantages.

19 For your question, at NCHS, what we do is we  
20 link all of our surveys that are linkable all together.  
21 And so what, for example, we'll be collecting all the  
22 HIS data, all the HANES data, some of the hospital

1 data. And we'll link that all to the CMS data, all at  
2 once, all the Medicare data first, because that's  
3 easier, all the Medicaid data second. And what that  
4 does is it provides a lot of data that is overlapping.

5           So, we'll get data for the Health Interview  
6 Survey from, say, 2010, 2011, 2012, 2013, 2014, 2015,  
7 linked to any Medicaid record that's available. And so  
8 for someone who is in our survey in 2012, we can have  
9 Medicaid data from 2008, or we can have Medicaid data  
10 from 2016, depending on the status of the linkage  
11 program. And so what that allows for you to do, if  
12 you're interested in some of these studies is to say  
13 what's the point of time that you're interested in?  
14 So, if you're interested in what's going on in Medicaid  
15 in, say, 2016, or whatever our latest data year are,  
16 maybe it's earlier, you can look at survey data going  
17 back. And so some of those survey elements, like  
18 education and income and marital status, and things  
19 like that, they might be a little bit -- considered  
20 more static, but your point of time might be the  
21 Medicaid data. Or you could do it differently and say  
22 what was going on and who was prescribed something in

1 2012, and how are they responding on your survey a few  
2 years later? And so there are a lot of different study  
3 designs that you can use with linked data, and so I  
4 would encourage you to think about that.

5           One of the things that we do at NCHS is that  
6 we really like -- and Barry can confirm this -- we  
7 really like to have national data to link to the  
8 national surveys, because we don't want gaps. So, for  
9 example, if you have a health plan that's spotty or not  
10 -- doesn't necessarily cover everybody, we probably  
11 wouldn't link that. But Medicare, Medicaid we're  
12 linking to housing data, programs like that. The SEER  
13 data, it's not in all the states, so we can't link to  
14 the SEER data. So, when you're talking about some of  
15 the other data systems, if you know that -- if it's  
16 national, it can be linked to the national surveys.  
17 Otherwise, there is just too much unknown. So, I think  
18 I'll stop there.

19           DR. GOLDIE: Dr. Graubard, would you like to  
20 respond to that?

21           DR. GRAUBARD: I won't respond to that part.

22           DR. GOLDIE: But you did have a comment?

1 DR. GRAUBARD: Yeah, so, actually, I just  
2 wanted to ask Jennifer, what percent are you getting  
3 social security numbers for nowadays?

4 DR. PARKER: Well, that was one of the  
5 problems I didn't start with. One of the key things  
6 that we need to link is the consent of the survey  
7 respondents. And when we were asking nine-digit social  
8 security numbers for the Health Interview Survey, the  
9 percent of people that was giving us that number went  
10 way down. And it doesn't go down randomly; it varies  
11 by some of the usual suspects, so you have to really  
12 handle that. When we started asking for four-digit  
13 social security numbers, it went back up a little bit.  
14 I think it's around 70% for the Health Interview  
15 Survey. It's a little higher for HANES, but it also is  
16 going way down. If -- people that are giving blood  
17 tend to give their social security number. People in  
18 government programs tend to give the social security  
19 number more often than people who don't. I guess  
20 they're used to giving the government their social  
21 security number. So, there's a lot of things that go  
22 into that.

1           I think Carol's data comes under a different -  
2 - comes in a different pathway, and so we don't need  
3 individual patient consent to link her data. We also  
4 don't -- we haven't in the past needed consent to link  
5 to the NDI, although our ERB has changed that policy.  
6 So, I think we're going to be only linking people who  
7 consent to the NDI now. So, things change.

8           DR. GRAUBARD: Could you say a little,  
9 Jennifer, about the fact that if someone has a dataset  
10 and they want to link it to a survey at NCHS, kind of  
11 directional aspect of that in terms of who has to give  
12 who data here to do the linkage?

13           DR. PARKER: So, you're just asking me all the  
14 problems.

15           DR. GRAUBARD: Well, it's important because --

16           DR. PARKER: Yeah, it's very important. So,  
17 NCHS data are covered under CIPSEA, as was said, and we  
18 don't let our data out. So, all linkages have to be  
19 done inside. And so for organizations that have  
20 similarly restricted policies, there is just no  
21 mechanism to put them together. I mean, we found that  
22 with some of the cancer data, where the cancer centers

1 don't want to give their data up, either. And so just  
2 putting -- getting over those hurdles of linkage were  
3 difficult. But all data that are linked come to us.  
4 And then they don't go out; they stay with us. You can  
5 come to us and look at them, but they don't go out.  
6 They're available in our research data center. And we  
7 do work closely with our collaborators to try to  
8 facilitate that, but we care a lot more about the  
9 confidentiality for our respondents than we do about  
10 any particular research project.

11 DR. GOLDIE: Dr. DeFrances, you had a comment?

12 DR. DEFANCES: No, I was just going to  
13 respond that the Hospital Care data, again, we have a  
14 waiver of patient informed consent, so we just get --  
15 the hospital is the entity that gives permission, if  
16 they give us the PII.

17 DR. GOLDIE: Dr. Brooks and then --

18 DR. BROOKS: Judy, I just wanted to clarify,  
19 you asked about the PDMP. And as Jennifer was noting,  
20 it's not available at the national level yet. It's  
21 available right now state-by-state, so you have to make  
22 an individual arrangement. CDC has a contract out to

1 Brandeis to try and create a national set. It's not  
2 there yet, it will be one day, and then you'll be able  
3 to tie it all together neatly.

4 DR. STAFFA: Yeah, it's Judy Staffa. And  
5 that's one of the data sources in the Connecticut pilot  
6 project is their PDMP, but we also bother Brandeis as  
7 well. We're in on that one, so we're continuing to  
8 watch that grow.

9 DR. GOLDIE: Speaking of, Dr. Kreiner?

10 DR. KREINER: Thanks. So, yeah, we're not  
11 close -- 12 states at this point. I wanted to talk  
12 about a different -- Massachusetts Department of Public  
13 Health for the past two years has a pilot data-linking  
14 project called Chapter 55, where -- and so this has  
15 proceeded in one-year increments based on legislative  
16 authorization to do it one year at a time, where PDMP  
17 data, all-payer claims data, hospital discharge data,  
18 emergency room data, treatment admissions data, death  
19 certificate data, some rudimentary criminal justice  
20 data are all databases that can be linked at the  
21 individual level. And in addition, some community  
22 level data, like naloxone distribution and drug seizure

1 data are available as well. The trick is the research  
2 so that the data are linked behind a veil, identify  
3 data, and then they are made available to researchers  
4 who have applied to do this in a de-identified format.  
5 And, of course, all the usual issues with record-  
6 linking, data-linking, or any record-linking is an  
7 ongoing issue just with PDMP data by itself. And then  
8 when you're linking to these other datasets it's  
9 compounded. And, of course, there are the usual issues  
10 of data quality and all that. But it enables some  
11 really innovative research to take place.

12           The other trick is that the data that you've  
13 requested to be linked are linked for one -- for that  
14 session. You go to DPH, you sit there at a computer,  
15 you work on the data for as long as you can stand to do  
16 that, and then once the session ends the data, the  
17 linkages go away, so you would need to initiate a  
18 second session. So, there are limitations, and I think  
19 there may be other states that are looking at this,  
20 something similar. And each year with this project  
21 they've been able to add additional data and data  
22 years. So, the power is increasing, I think.

1 DR. GOLDIE: Dr. Dasgupta, please?

2 DR. DASGUPTA: So, having done studies where  
3 we use PMP-linked mortality data in a couple of states,  
4 I can tell you that the quality of linkage between  
5 states is quite variable. Some states do it using  
6 portions of names; other states use full names. There  
7 is a lot of variability, so trying to get a national  
8 picture I think is difficult. There are a handful of  
9 states who are already doing that linkage on an ongoing  
10 basis -- Utah, for example, and so those are potential  
11 sites. But in a recent research effort we were trying  
12 to combine as many states as we could into -- we  
13 already had linked PMP mortality data and we basically  
14 ended up realizing that the linkages and the data  
15 quality were so different between states that combining  
16 those wasn't going to work right away.

17 One interesting PMP mortality linkage that  
18 goes beyond overdose is Kentucky has just agreed to  
19 link all-cause mortality with their PMP, so I think  
20 that has the potential of -- and doing it on a monthly  
21 basis prospectively. So, that may be a new data source  
22 for this that is more exciting.

1 DR. KORNEGAY: So, one of the other -- oh,  
2 sorry, Dr. Kreiner?

3 DR. KREINER: I just -- just as long as there  
4 was a lull, I want to make a small comment about VA  
5 patients. So, as you may know, for the past few years  
6 the VA, National VHA has been in the process of  
7 submitting, having state submissions from their  
8 facilities to state PDMPs. We've been able to look at  
9 that data in several states and in particular Kentucky,  
10 we found that about a third of the patients who pay for  
11 prescriptions by VA are obtaining prescriptions paid  
12 for by other payment sources. And in particular, when  
13 cash is one of those other payment sources, they are  
14 much higher risk scores for those patients compared to  
15 the VA, the patients that use VA payment only. So,  
16 even with the limitations of PDMP data, it can give  
17 insight into specific populations.

18 DR. KORNEGAY: So, in addition to the state  
19 level linkages, yesterday I believe it was Dr. Unick  
20 who talked about using dark web information, and Dr.  
21 Boyer talked about using urine testing, and  
22 understanding that there is no way that we could do

1 this nationally or even regionally. Would there be a  
2 state or a local way to kind of operationalize using  
3 that data in some way that would assist in  
4 investigating ADF opioids? Like, how could we  
5 possibly, for example, link urine testing data, which  
6 is really nonclinical because it's often collected  
7 through law enforcement and other places, to maybe  
8 treatment center data, or something where we don't  
9 necessarily know who it is, where anonymity or  
10 confidentiality is maintained, but we have the benefit  
11 of that information.

12 DR. GOLDIE: Dr. Dasgupta, please?

13 DR. DASGUPTA: So, we've been -- I can speak  
14 to the Dark Web data. So, we've been -- in my previous  
15 job we had been monitoring dark web sales and posts for  
16 about seven years, and it was very useful in capturing  
17 things like we were detecting the fentanyl analogues  
18 back in 2010 well before it became kind of an  
19 established problem in the US. There's a lot of -- the  
20 data are very, very difficult to use. As has been  
21 mentioned, markets go blink and out of existence on a  
22 regular basis. The formats of the posts are not

1 standardized between marketplaces and the -- certain  
2 marketplaces cater to certain populations either by  
3 language or a geographic location, or by the types of  
4 things that they allow to be posted. There's a lot of  
5 nuance there. So, I think Dark Web data, and we've  
6 looked at ADF kind of impressions, right?

7           So, the market listing itself is interesting.  
8 But what's usually more revealing are the comments of,  
9 just like on any kind of e-commerce site, where you  
10 have user feedback, right, for people who have  
11 purchased it, you have the same thing. And you get a  
12 lot of people saying, like, oh, this isn't really that  
13 -- you know, this ADF isn't that good; you should try  
14 this one instead, or whatever. So, it's qualitative.  
15 It's hard to do in a systematic kind of quantified  
16 manner. You can probably do it -- there's a few  
17 aggregators of listings, and those folks are -- at  
18 least one of them is research-friendly, so you can do  
19 things with that, with kind of scrapes. But at the end  
20 of the day I think it's not going to be a quantitative  
21 data source, but it can provide some listing, but it's  
22 not easy.

1 DR. GOLDIE: Dr. Crane?

2 DR. CRANE: Another potential source that is  
3 really taking a long time to get it going, the health  
4 information exchanges, which there may be other people  
5 who know more about them, but electronic exchange of  
6 information of patients. It could be done at the state  
7 level. I think it's probably related to the Affordable  
8 Care Act, or CMS, but I think the idea is that a  
9 physician can login and get access to that patient's  
10 information from their primary provider, from other  
11 sources.

12 Now, there are some state-run ones, like I  
13 think Indiana supposedly somebody said everybody in  
14 Indiana is in theirs. There are others that are more  
15 local, and there are some that are just being done by  
16 nongovernmental. Maryland's is called CRISP. So, that  
17 might be something to look at for the future. John?  
18 John Squeet (ph), okay.

19 DR. GOLDIE: Dr. Kreiner?

20 DR. KREINER: This again is about PDMPs, but  
21 there are a couple of PDMPs that are integrated in  
22 HIEs, so Maryland's is one where PDMP records are

1 automatically linked with the claims data in HIE, the  
2 patient record in HIE. Nebraska is another one. And  
3 there are at least a couple of PDMPs that are now  
4 starting to incorporate other data fields with the PDMP  
5 data. So, Wisconsin, for example, is including  
6 information reported by law enforcement about any  
7 arrest, drug-related arrests for suspected  
8 misuse/abuse, goes into the patient record that the  
9 physician can access. And there are related fields. I  
10 think at least one other state is looking at adding  
11 overdose information, both fatal and nonfatal.

12 DR. STAFFA: This is Judy. Can I ask one  
13 follow-up question on that? Since we're talking about  
14 PDMPs, and Cindy had mentioned that at the beginning,  
15 many of the PDMPs were only state-specific and they  
16 couldn't talk to each other, even if they wanted to.  
17 How much has that changed? Is there a lot of  
18 interaction? We're hearing that, but we don't really  
19 have a sense of how widespread that is.

20 DR. KREINER: So, the vast majority of states  
21 can exchange data with other states, PDMPs. What that  
22 means is a provider in one state can query their PDMP

1 on a patient and be able to access data theoretically  
2 on that patient from some number of other states that  
3 they can specify. It does not mean that the bulk data  
4 is being linked with across state lines.

5 DR. GOLDIE: Dr. Crane?

6 DR. CRANE: I was just going to mention that  
7 we're developing an algorithm for natural language  
8 programming to find drug-related visits, and we're  
9 looking for a data source, and the Maryland HIE hasn't  
10 worked out. But it wouldn't be to produce estimates,  
11 but it would be to give us information to help us  
12 develop our tool.

13 DR. KORNEGAY: Dr. Green?

14 DR. GREEN: I wanted to move into the  
15 benchmarking. I don't know if that's --

16 DR. KORNEGAY: Sure.

17 DR. GREEN: -- where you -- it's part of the  
18 discussion or not. I couldn't remember the merged  
19 question.

20 DR. KORNEGAY: Whichever you want to discuss  
21 is fine.

22 DR. GREEN: And this came up earlier when we

1 were talking about the online surveys and benchmarking.  
2 But I think there is opportunity in that space to  
3 benchmark things like online surveys with NSDUH or  
4 other nationally representative surveys that may not  
5 get to the granularity that we want with product  
6 specificity. So, if we can, say, for instance, show  
7 that NMURx is an appropriate sample or an adequate  
8 image or picture for the national representativeness as  
9 benchmarked by, say, the NSDUH survey, then we can  
10 utilize the product specificity and some of the other  
11 trends over time. You know, these surveys are probably  
12 going to be a little bit more flexible and quicker to  
13 change.

14           And then to the timeliness, too, because,  
15 basically, as mentioned with the Mantra (ph) survey,  
16 have 30,000 respondents in a few weeks and really be  
17 ready to lock your data in a matter of months, not  
18 waiting much longer than that. I see them as very  
19 complementary. Not that one is better than the other,  
20 but I think there's work to be done in that area.

21           And then the same -- I've already spoken with  
22 you about -- in understanding the treatment centers and

1 what they actually do represent in relation to the  
2 world of treatment centers using NSSATS information or  
3 other ways to understand what that looks like.

4           And then for the benchmarking, if you can  
5 establish what that sample looks like, can we then do  
6 more, you know, better national estimates or find ways  
7 to model that out to a larger population?

8           And then I think for poison centers there's  
9 all kinds of debate of, if poison centers are a good  
10 indicator of death or not, and if that outcome is -- if  
11 poison center data is an appropriate measure for death.  
12 And the work we've done in comparing the death reported  
13 to poison centers and then what's in NDI shows that the  
14 trends over time can definitely be said there is high  
15 correlation. Of course, they are drastically under-  
16 reported, obviously. I think it's somewhere between,  
17 depending on the molecule, between 5% and 8% of the  
18 deaths that are reported to NDI, actually, are in the  
19 poison center database. But further exploring that  
20 maybe by state to see if there is differential  
21 reporting between ER and IR products to better  
22 understand what does get reported to poison centers for

1 deaths, and then maybe use that also as a model to  
2 build out what that actually represents. Because,  
3 again, it's a little more timely product specificity  
4 and the value that you get from some of the programs,  
5 even though you know that it's under-represented.

6 DR. GOLDIE: Dr. Scharman?

7 DR. SCHARMAN: Yes, I am speaking to the  
8 question of potential data sources. So, I kind of  
9 mentioned this before but not in this context. The  
10 dynamic of where people receiving treatment has  
11 changed, so I've traditionally looked at treatment  
12 centers, emergency departments, physician offices, and  
13 now this widely expanding use of lay public naloxone  
14 changes where these people that are abusing drugs are  
15 seeking care. So, whether there are risk reduction  
16 programs that have expanded beyond needle exchange,  
17 which gives us some piece of information, to they also  
18 dispense naloxone. More and more pharmacies are now  
19 dispensing naloxone, and so those potential chains,  
20 CVS, Walgreens, have huge databases. And looking at  
21 the -- you know, maybe linking that data to buyers in  
22 naloxone and people getting other prescriptions might

1 be a potential database. I'm sure there's lots of  
2 dirty data and confounders, but it's a population I  
3 think we have to look for that we haven't had before,  
4 and we need to look at, is there a way to survey those  
5 users to collect data from those sources? Because  
6 those are people actually at high risk for drug abuse,  
7 because they're getting naloxone. Not all, because  
8 some people are buying to have in use for other people  
9 who are addicted, of course.

10 But I know in West Virginia, in order to track  
11 dispensing naloxone, they're using the Prescription  
12 Drug Monitoring Program, for better or for worse, as a  
13 way to track those. So, again, I think we need to be  
14 forward-looking as that program expands across the  
15 country as potential data sources to find people who  
16 are high-risk users of opioids, or family members of  
17 high-risk users who are buying it. And the local  
18 health department risk reduction programs are going to  
19 pick up the people that aren't buying it themselves,  
20 and the pharmacies are going to pick up the people that  
21 have insurance or money to buy it. So, by combining  
22 those two, you might get a broader range.

1 DR. GOLDIE: Dr. Lo Re?

2 DR. LO RE: Yeah, just a question. I heard  
3 that you were linking in Connecticut, maybe I misheard,  
4 the Prescription Drug Monitoring Program with some  
5 other data; is that right?

6 DR. KORNEGAY: Yeah, it's a pilot program  
7 that's actually very similar to the one that Dr.  
8 Kreiner described in Massachusetts of basically taking  
9 all the information that's available at the state  
10 level. So, those who get insurance through the state  
11 treatment PDMP data, mortality data, emergency  
12 department data, kind of whatever they can get in there  
13 and link together.

14 DR. LO RE: Could either of you just comment  
15 how good in regards to your first sub-bullet, misuse  
16 and abuse definitions? Do we have any sense on the  
17 validity of misuse and abuse definitions in the PDMP  
18 data at this point?

19 DR. KORNEGAY: Dr. Kreiner?

20 DR. KREINER: So, there is a literature that  
21 has linked prescription histories to overdose deaths,  
22 sometimes other kinds of outcomes, like in claims data

1 diagnosis of abuse, but there is no -- there is not a  
2 widely accepted threshold, if you want, or defined  
3 measure. There are so-called risk indicators, and you  
4 can do sensitivity analyses around that. So, average  
5 daily dosage of opioids, use of multiple prescribers  
6 and multiple pharmacies overlapping opioid  
7 prescriptions, overlapping opioid and benzodiazepine  
8 prescriptions, things like that. But when those  
9 measures have been studied in literature, there are  
10 different thresholds that have been used that have been  
11 found to be associated with the kinds of outcomes of  
12 interest. So, at this point they are indicators. That  
13 some are at a higher threshold is probably extremely  
14 likely, but there hasn't been an extensive sensitivity  
15 analysis around that, that I know of.

16 DR. STAFFA: This is Judy Staffa. Actually,  
17 one of the 11 ER/LA PMRs for those manufacturers is  
18 around validating doctor shopping and pharmacy shopping  
19 definitions, hoping that we would then have definitions  
20 that would be able to be used more broadly. But I  
21 don't think those studies are done yet.

22 DR. KORNEGAY: No, they aren't. And to

1 specifically respond to the question about Connecticut,  
2 this is just in the beginning stages, so I don't know  
3 if it's even gotten to that stage of design yet.

4 DR. LO RE: So, I'm just asking because -- and  
5 this is one of the key outcomes that you had proposed  
6 in the five originally. Dr. Levenson, I think in your  
7 roadmap this morning you had mentioned that there were  
8 some efforts at trying to develop algorithms for  
9 validation. I don't know if those are ongoing and  
10 there aren't any data at this point, but it would seem  
11 to be potentially somewhat challenging. So, I was just  
12 thinking if we're talking about linking PDMP with  
13 potentially EHR or claims data in the future, that's  
14 going to be valuable if you can identify misuse and  
15 abuse. And I'm looking at a website from the CDC for  
16 prescription drug monitoring program, and it says that  
17 they are designed to monitor information for suspected  
18 abuse or diversion. So, that's why I was just asking,  
19 do you actually have some evidence on a patient-by-  
20 patient level that there is abuse diversion, then it  
21 would be valuable if those were validated. But I'm  
22 just asking because I don't use these data regularly.

1 DR. GOLDIE: Dr. Kreiner?

2 DR. KREINER: So, such risk indicators  
3 actually have more than one purpose, so researchers  
4 might wish them to be as accurate as possible for the  
5 purpose of PDMPs to alert prescribers, for example,  
6 when their patients hit one of these risk thresholds.  
7 They are much more willing to accept, you know, false  
8 positives in the interest of trying to prevent further  
9 issues. So, that's why PDMPs use these thresholds to  
10 trigger alerts, for example. But they're less  
11 interested in whether they are perfectly accurate or  
12 not, as long as there aren't very many false negatives.

13 DR. LO RE: Just to push, do you think, then,  
14 to go back to some of the earlier questions about other  
15 ways to improve data, do you think that maybe that  
16 somehow using the Prescription Drug Monitoring  
17 Programs, leveraging those existing could potentially  
18 improve ascertainment of misuse and abuse, that would  
19 be feasible?

20 DR. KREINER: Well, so my opinion is yes, and  
21 it's a moving target, so as people shift into other  
22 opioids, as people recognize that PDMPs are monitoring

1 certain thresholds and may try to game that a little  
2 bit. So, yes, it can be refined but it's likely to  
3 change. There is already a lot of variability across  
4 the country and it's likely to change over time as  
5 well.

6 DR. KORNEGAY: Are there any others who care  
7 to make a comment or propose a new data resource for us  
8 to go off and explore? Okay, then I think the next is  
9 the audience participation.

10 DR. BY: Yes.

11 DR. LEVENSON: Cindy, if I can interrupt here  
12 before we start this. Ms. Bose, when you opened the  
13 session by saying there were two purposes we might want  
14 to make use of NSDUH, but let's explore the ways we  
15 didn't discuss in this session. You said possibly for  
16 catchment areas. Could you elaborate on that?

17 MS. BOSE: So, I haven't done a lot of work in  
18 that area, but people have looked at, they've looked at  
19 data from the NSSATS, which is a universe survey of all  
20 substance abuse treatment facilities in the nation.  
21 And they may have used TEDS data as well, which are  
22 both admission and in some cases for some states

1 person-level admission and discharge data for the  
2 treatment of substance abuse disorders. And those  
3 records identify the top three substances for which a  
4 person received treatment. And they've -- I think  
5 people have tried to look at population characteristics  
6 surrounding those treatment areas and make different  
7 assumptions and conclusions based on that. So, that's  
8 one of the areas where they've done it.

9           Similarly, I'm not entirely sure how it  
10 translates, but people have looked at distance,  
11 veterans and distance to VA facilities and the nature  
12 of the population in local areas. So, that was what I  
13 first had thought of before I was trying to actually  
14 parse out what you had asked me.

15           DR. LEVENSON: And do you feel the national  
16 surveys could be useful in this regard?

17           MS. BOSE: I think the national surveys are  
18 characterized by their limitation in this regard,  
19 because -- several different things. Sample size is  
20 the first one, and even if we were to pool, for  
21 example, on many measures not only do I have  
22 consistency between 2002 to 2014, but I also have other

1 measures that you can compare. But the moment we start  
2 going into the local areas, we just have limitations.  
3 Like, if you look at county level estimates, there is  
4 maybe, I don't know, 100 counties for which we can make  
5 estimates. And the other issue is, if we're trying to  
6 study something that is rapidly evolving and changing,  
7 then the cumulation of years is really  
8 counterproductive to what we're trying to do. So, I  
9 think that the national studies, unfortunately --

10           And some of the things I was mulling about is  
11 that we do small area estimation, where we do use the  
12 area resource file, and we use private vendor data and  
13 come up with estimates. But even there, there are  
14 limitations and the areas for which we do come up with  
15 estimates are substate and they may or may not be  
16 useful. And I was also trying to go back to some of  
17 the work that I think the Bureau of Transportation  
18 statistics has done, because all transportation is very  
19 local as well. So, if you have local area  
20 transportation data that's not nationally  
21 representative, I'm not completely sure, but I believe  
22 they have tried to, again, using that borrowing of

1 strength concept, they've tried to say, okay, we have a  
2 certain limited pool of data; we have certain data  
3 about the characteristics of that area; can we borrow  
4 strength not from a national dataset, but from other  
5 areas with similar characteristics? But that's very  
6 much model defined. It really depends on the quality  
7 of your model and the input data that can go into it.  
8 So, I'm not sure if what they've tried to do in the  
9 field of transportation can be transported to this  
10 domain, either.

11 DR. GOLDIE: Dr. Boyer?

12 DR. BOYER: Yeah, so keeping in mind that  
13 weird is my specialty, I don't know exactly how to  
14 intercalate this into like PDMPs and nationwide  
15 datasets. But are you guys familiar with the MIT  
16 garbage project, or trash project? There are certain  
17 parallels here with that thing. The trash project is  
18 based on the following premise: We know an awful lot  
19 about supply chains, but we don't know -- well, we know  
20 hardly anything about what happens after something  
21 leaves a supply chain. Like, we don't know how garbage  
22 is removed, in other words. I mean, we know where we

1 pick up garbage and where we take it, but how it goes  
2 from point of sale into a home to a landfill isn't  
3 nearly as defined as when it comes from manufacturer's  
4 position into a home. So, they essentially  
5 radiolabeled 500 people's trash -- I think it was in  
6 Seattle, and then put RFID readers, but it would  
7 probably be Bluetooth now, around the city at strategic  
8 locations, and that gave a sense of how flow was moving  
9 around the city.

10           So, if you had a geographically constrained  
11 location, you know where something should be going, you  
12 can identify all the locations where it should be; then  
13 you can identify by subtraction all the places where it  
14 shouldn't go at the same time. I don't know how that  
15 fits into, like, how do you split out, you know, like  
16 taking a pill and injecting it versus snorting it? You  
17 know, like when you should be adjusting it, but I'm  
18 just throwing it out there as another interesting way  
19 of getting data on use and movement of items that may  
20 be of some benefit to you.

21           What we've done in the naloxone space is we've  
22 actually put Bluetooth emitters on RFI -- sorry, on

1 naloxone syringes that we've distributed from our  
2 emergency department, so we can figure out whether or  
3 not they actually enter production -- or enter the  
4 community at all. Notably, one individual received  
5 naloxone, he left it, he went home with it, he came  
6 back two hours, and he got it after an opioid overdose.  
7 He came back two hours later with another opioid  
8 overdose, because he took his naloxone syringe home,  
9 put it in the top drawer of his nightstand, and then  
10 proceeded to overdose the second time. So, I can kind  
11 of apply it to drugs -- you can apply it to drug  
12 misuse, but how to put it in terms of tampering with  
13 the medication, I haven't quite gotten my head around  
14 that just yet.

15 DR. STAFFA: Any further thoughts on that?  
16 Anybody want to get up in the stratosphere with Dr.  
17 Boyer? Dr. Compton?

18 DR. COMPTON: I'm almost always willing to  
19 enter the weird zone with Dr. Boyer. I think that --  
20 it reminds me of a comment I made yesterday that, are  
21 we following the pills instead of the people, because  
22 that's really what we're talking about. And I don't

1 know a way to solve this issue.

2           And Ed is reminding us of one potential way,  
3 but are there ways, instead of thinking about surveying  
4 groups of individuals, figure out where the pills are  
5 going and then track a certain number of them.  
6 Especially if you can figure out who the high risk  
7 people that they're going to and then track those  
8 particular pills, not the people. But you got a  
9 prescription for this particular ADF; what did you do  
10 with that? Where did it go? Where is it now? Who  
11 used it? How big is it?

12           I mean, I am coming back to a little more of  
13 the ethnographic work that I think could be another  
14 really important data source. I mean, we haven't  
15 talked as much about Internet chats and discussion  
16 groups that came up a few times, and I wasn't here for  
17 all the discussion, so maybe it came up other places.  
18 But I think that's -- it won't give you the overall  
19 rates at all, but it will tell you where to look, and  
20 it will give you some hypothesis-generating  
21 information. And, also, if somebody has figured out  
22 how to bust open the abuse-deterrent formulation, it

1 may show you that, which is really important,  
2 irrespective of how many people are doing it.

3 DR. CICCARONE: This is Dr. Ciccarone. Since  
4 we're in the stratosphere, happy to hang out with you  
5 all there. Testing paraphernalia. You got, you know,  
6 discarded syringes and other paraphernalia that is in  
7 the waste stream somewhere that can be captured and  
8 tested.

9 DR. GOLDIE: Dr. Green?

10 DR. GREEN: Well, I want on the crazy train.  
11 What about -- and for all the way smarter R&D people,  
12 is it possible that you could have an actual platform  
13 that sends a Bluetooth signal when it became  
14 disengaged? Or do you actually have a pill, so if it  
15 is able to be crushed or dissolved or if that basically  
16 explodes or comes apart, then that signal is sent out  
17 and then you do have rates and you do have, 100%  
18 theoretically catchments of every pill that goes out of  
19 the manufacturer.

20 DR. GOLDIE: Dr. Boyer?

21 DR. BOYER: I mean, it's conceivable. We've  
22 built mockups of naloxone syringes that send out a 3G

1 signal whenever the plunger is depressed, so you can  
2 tell the time and geolocate precisely where it's being  
3 administered. So, it's doable.

4 DR. STAFFA: This is Judy. I just want to  
5 throw in a little reality check back down here on the  
6 ground. I'm trying to imagine -- I'm still stuck on  
7 the exploding pill and what a patient is going to do  
8 with that when they're trying to just take it?

9 DR. BROOKS: They'll let you know when they've  
10 taken it.

11 DR. GREEN: The pill doesn't actually explode,  
12 just when the platform disengages. So, when they  
13 defeat the mechanism, a signal is sent to say, hey,  
14 it's kind of like, you know, success. You know, just  
15 something that gives you an indication. Because what  
16 we're trying to measure again, right, is the tampering.  
17 Like the abuse-deterrent formulation we are trying to  
18 measure, you know, is that preventing inhalation,  
19 injection, chewing? And the only way you can do those  
20 things is if you can disintegrate the pill to some  
21 extent. So, if you can get to that actual action,  
22 yeah, yeah.

1 DR. GOLDIE: Excuse me. Dr. McClure wants to  
2 contribute, Dr. Unick wants to contribute, and then Dr.  
3 Kreiner? Oh, boy, did you open something up.

4 DR. MCCLURE: Okay, we'll get up in the  
5 ionosphere here from the analytical toxicologist  
6 perspective. This isn't something that's available  
7 now, but there could be prodrug formulations of some of  
8 these drugs when we look at them. And from a  
9 prescription drug-monitoring program, if you take it as  
10 an enteric compound, it's going to metabolize, on  
11 release to drug you'll get the desired effect. But if  
12 it's not metabolized you may still have the prodrug  
13 that's there.

14 From a prescription drug monitoring program  
15 perspective, you could monitor your patients, you could  
16 look and see prodrug versus not prodrug. So, you could  
17 help differentiate some of those individuals that are  
18 supposed to be using drugs in the appropriate manner.

19 Yeah, those are some of the things that are  
20 out there. We talked about the markers that are  
21 available. Well, that would show that the drug has  
22 been used. But I think when we're talking about

1 something common, though, with the drugs, enteric, it  
2 means it's going to be digested, it's going to be  
3 absorbed. So, maybe prodrug is something to look at  
4 with the pharma groups.

5 DR. GOLDIE: Dr. Unick?

6 DR. UNICK: A little less mission impossible  
7 would be going to actual users and asking them about  
8 their preferences for abuse deterrents. So, conjoint  
9 analysis or willingness to pay kinds of analyses could  
10 ask about different mechanisms of abuse deterrents and  
11 see what folks that are wanting to defeat these  
12 mechanisms prefer. And that will give you an indicator  
13 of where you shouldn't go, or at least what they  
14 believe are easier to defeat mechanisms. Because you  
15 really do have a pool of people that are actively  
16 seeking to defeat your deterrents, and if you talk to  
17 them they might be willing to tell you how and why and  
18 what their preferences are.

19 DR. GOLDIE: Dr. Kreiner and then Dr. Crane.

20 DR. KREINER: So, I was going to suggest a  
21 more indirect approach, but should the ADF be defeated  
22 -- well, let me back -- so, you can use PDMP data to

1 construct patient-prescriber networks, and you can  
2 identify high-risk patients and the prescribers who  
3 prescribe to them. At least in certain geographic  
4 areas, such networks look to be fairly stable over a  
5 period of time.

6           So, should an ADF be defeated, I would expect  
7 that drug to diffuse into such networks. And so rather  
8 than trying to pick up an increase in prescriptions  
9 across the whole state, you'd have localized samples  
10 that you'd be looking at diffusion into. I think that  
11 would be a pretty good signal that ADF had been  
12 defeated.

13           DR. GOLDIE: Dr. Crane and then Dr. Brooks.

14           DR. CRANE: I'm interested in how the  
15 information about how to defeat it is disseminated  
16 outside the local area. Is this something people put  
17 on YouTube?

18           DR. UNICK: Yeah, you can search the web for  
19 this. They'll tell you how to microwave them and then  
20 boil them and microwave them again and boil them again.  
21 There will be recipes.

22           DR. GOLDIE: Just go ahead.

1 DR. MCCLURE: Yeah. While one of the  
2 presentations was going on earlier I was looking on the  
3 Net, and there are some actually very creative and  
4 actual factual ways that you could do solvent  
5 extraction of the drugs in the appropriate alkaline-  
6 acidic environment, as well as what I would look at as  
7 even aqueous extractions using things like lemon juice  
8 that are out there with and without the use of  
9 microwaves. And it's detailed very quickly, very  
10 easily how it's done.

11 DR. CRANE: We have white hat hackers you  
12 could extend that to, you know, this issue, also.

13 DR. THROCKMORTON: Yeah, just to be clear, we  
14 do this. We have formulations chemists that spend  
15 their time doing this to products when they're  
16 submitted to us. So, yeah, you're absolutely right, it  
17 is an essential part of the assessment.

18 DR. GOLDIE: Dr. Brooks and then Ms. Cassidy.

19 DR. BROOKS: Yeah, I was just going to mention  
20 -- this is Dr. Brooks -- with regard to Dr. Kreiner's  
21 point, there are in the past, and you mentioned this  
22 too, I think, Dan, that folks have used returned

1 syringes to monitor for the presence of hepatitis C,  
2 hepatitis B and HIV. And if there were a way to detect  
3 the ADF chemical signature that was different from  
4 others, you could use batches of syringes that are  
5 brought back and set up a monitoring program that way.  
6 You get into a difficulty handling sharps, but I think  
7 that could be overcome.

8 MS. CASSIDY: This is Theresa Cassidy. I just  
9 wanted to respond to Dr. Crane's question about -- and  
10 some of the discussion about whether, you know, this  
11 information exists about how to extract, manipulate. I  
12 mean, looking at Internet discussions and drug  
13 discussion forums, we've been doing that for a number  
14 of years, and we can look at the different types of  
15 recipes. And you're exactly right, there's all kinds  
16 of different types of extraction mechanisms. You can  
17 start to quantify them and look at those patterns and  
18 look at how they relate to specific products. So, that  
19 is part of the measures and metrics that we can think  
20 about using so that information is out there and does  
21 exist, pretty specific.

22 DR. BY: Okay. I think it's time for the

1 audience participation now. So, you know the rules.  
2 Follow the traffic signal. As you come up, state your  
3 name and your affiliation.

4 DR. STAFFA: Does that mean Dr. Coplan has  
5 left the building?

6 DR. BY: I guess we can go on a 15-minute  
7 break. Thank you.

8 SESSION 8: NEXT STEPS

9 DR. LEVENSON: Okay. We're starting our last  
10 session of the day and the last session of our two-day  
11 workshop. And rather than probe specific issues, we  
12 thought we'd go with the big questions, chiefly, how do  
13 we fit together some of the ideas, some of the ideas  
14 for studies that came up to get sort of the mosaic  
15 picture. We recognize going into this that one study  
16 was not going to be sufficient. We have multiple  
17 questions, multiple populations, different endpoints we  
18 look at. So, it's sort of going to be a mosaic  
19 approach. So, I'd like the panel's thoughts on what --  
20 what are the components of that mosaic together that  
21 would kind of get at the questions we're interested in.  
22 And we'll probe certain ideas as go along. So, what

1 combination of studies are needed to address the  
2 questions we're interested in?

3 MS. BOSE: Before we talk about that, the  
4 thing that I kept struggling with is prioritization.  
5 And, again, coming from that bigger question of all the  
6 things we want to understand, including some very, very  
7 specifics about the trajectory of how you take -- you  
8 know, quite possibly starting from pain management and  
9 then going all the way into addiction or not, or  
10 substitution. And these are such huge ideas that I  
11 kept thinking if I -- fortunately, I don't have to --  
12 but if I were have to beat this into shape, where would  
13 I start? And I keep starting from how do I take these  
14 picture concepts and break it down into specific  
15 research questions that I'm trying to answer, and then  
16 further down and further down. And then kind of say,  
17 okay, I'm going to take these and prioritize them, and  
18 also categorize them as, relatively speaking, low-  
19 hanging fruit and complex. And then kind of maybe  
20 using that as a starting, two-dimensional grid,  
21 identify what is super hard but we can't let go because  
22 that's part of our fundamental mission. And then

1 what's interesting and a low-hanging fruit, and there  
2 is value in it, obviously, and we can get to it. So, I  
3 think almost before even answering that it might help  
4 to break it down.

5 DR. GOLDIE: Dr. Crane -- oh, I'm sorry.

6 DR. STAFFA: Hold on. Well, I'm going to try  
7 to take a shot at that. So, I want you to think about  
8 the fact that you are the scientists at the  
9 pharmaceutical companies who are receiving this request  
10 from FDA. You have an abuse-deterrent formulation that  
11 deters abuse, or you believe it does based on the  
12 premarket data to certain routes -- that may be  
13 snorting, that may be injecting. And you are tasked  
14 with trying to demonstrate that it actually does that  
15 in the real world, and you know that you can't go to  
16 any one particular place and you can't do any one  
17 particular study. I think we've beaten that to death.  
18 So, you need to have a mosaic approach, and we've  
19 talked about a whole lot of different designs and we've  
20 talked about a whole lot of different ways of pros and  
21 cons of different approaches to doing that. So, you  
22 have to put together a mosaic of how you're going to

1 approach this. What studies are you going to  
2 undertake? Now, I'm not imagining you have, you know,  
3 endless budget and endless time; it has to be done in a  
4 reasonable amount of time, and you have to pick the  
5 designs and the fit together that you think is going to  
6 absolutely give us the most information possible. So,  
7 if you're the scientist sitting in that seat and you  
8 have to do this, let's base it on science, but a little  
9 bit of reality in there, because we can't do everything  
10 we just talked about, especially not the stuff Dr.  
11 Boyer was talking about, right? So, we have to think  
12 about -- sorry, just kidding. So, we have to think  
13 about what do we think is the best foot forward? And,  
14 again, that may be very different for many of you, and  
15 I'm going to ask you to even go further, to take in  
16 mind something Dr. Dasgupta said is, a lot of folks are  
17 coming from a background where if I have a hammer, this  
18 problem must be a nail, right? So, let's try to step  
19 outside of that and really think about what's actually  
20 going to solve this problem here. What kind of  
21 combination of, I don't know, three, four, however many  
22 studies. We don't set a number, we just say it's a

1 mosaic and these studies should somehow, at least  
2 conceptually, fit together and inform each other, as  
3 we've kind of alluded to, but now what does that  
4 package look like to you?

5 DR. LEVENSON: This is Mark Levenson again.  
6 And, again, we're interested in both kind of short-term  
7 solutions, things that we can implement relatively  
8 soon, as well as long-term solutions. So, the low-  
9 hanging fruit and also maybe what would be more ideal  
10 in a longer-term picture.

11 DR. GOLDIE: Dr. Crane?

12 DR. CRANE: You're not going to like this,  
13 Judy, but I think -- I mean, I think the issue with the  
14 mosaic is, yes, yeah, you have to bring together  
15 different sources of information with different -- so  
16 different. But they're going do what they think you  
17 guys will accept. So, I mean, I think it's partly like  
18 what -- if you have any standards -- I didn't mean  
19 that. I mean --

20 DR. STAFFA: Just a few. Just a few.

21 DR. CRANE: At the (unknown) Research, several  
22 of us think that it's really valuable, but it's not

1 necessarily a large-scale thing. You know, people have  
2 been doing applied anthropology for a long time. So,  
3 thinking about what standards you want to apply to the  
4 proposed research to say, yeah, this is okay, you know,  
5 with web research -- I mean, Jonaki, I think, talked  
6 about methodology. So, I think for some of these areas  
7 there needs to be a bit more firmed up like the  
8 strengths and limitations of approach, so you know what  
9 you're getting and how to interpret it. But I think,  
10 yeah, and government isn't always very good with things  
11 like the particular, I mean, ethnographic stuff. It  
12 gets funded, but that's not, you know, one of the big  
13 priorities. And I think that that's -- you're starting  
14 -- this is a good starting point, but I think it's, you  
15 know, it's going to -- discussion, but this is going to  
16 have to continue.

17           And you may want to -- I'm sorry. I don't  
18 know if you could let a pharmaceutical company do a  
19 pilot or proposal about what they're thinking they  
20 would kind of try this out without really committing to  
21 it, so you could evaluate it. I think this is called  
22 the agile approach, you know. You know, kind of work

1 on an ongoing basis so you don't wait until they kind  
2 of put something together and come to you and you're  
3 like, no, no, this is not what we want. But kind of  
4 have a more interactive way of doing it.

5 DR. GOLDIE: Capt. Budnitz, did you have a  
6 comment?

7 CAPT. BUDNITZ: Capt. Budnitz. So, I was  
8 going to try to put on a kind of actual hat and I'm in  
9 a drug company and I'm trying to get an answer that is  
10 maybe -- maybe this is something like I'll start with  
11 the equivalent of a Phase 1 study, something that's  
12 cheap, easy, fast, and can show some evidence of safety  
13 or effectiveness. And I think I would, you know, pick  
14 up on John's suggestion, where if you look at a group  
15 of folks that are already IV drug users and you try to  
16 identify if your abuse-deterrent product is being used  
17 in that group. And you couple that with, you know,  
18 market data that says we have a lot of sales in this  
19 local region, so it's something that you could  
20 realistically do quickly. You could -- it's relatively  
21 inexpensive. It's kind of like a Phase 1 type study,  
22 just to show that you don't have anything unexpected.

1 Obviously, if you then see a lot of IV drug users using  
2 it, well, that's obviously a problematic kind of signal  
3 and you have to do something, but that might be like a  
4 first step. So, I'll just start off the discussion  
5 there.

6 DR. GOLDIE: Dr. Schnoll?

7 DR. SCHNOLL: Sid Schnoll. I brought this up  
8 at the very beginning yesterday, and we have to be  
9 clear on what problem we're trying to solve here. And  
10 I'm not sure we can do good studies without defining  
11 the problem, at least that I was taught, the scientific  
12 method, to find the problem and then you move forward.  
13 If the problem is to see if people are trying to  
14 somehow get past the ADF of this product, I think there  
15 are some ways that you can do that. If the problem is  
16 going to be, gosh, we've got this huge opioid problem  
17 in this country; we need to solve it. Forget it. I  
18 mean, we're not going to do that, and to try to even  
19 get close to that is not going to be something that's  
20 doable or any company is going to try to undertake.

21 DR. STAFFA: So, it's the former.

22 DR. SCHNOLL: Okay, thank you.

1 DR. STAFFA: What's in the mosaic?

2 DR. SCHNOLL: All right. Just wanted to get  
3 that clarification from you. So, I think at that point  
4 you can do some of the larger studies, like RADARS,  
5 like the Inflexxion NAVIPPRO system, which pick up  
6 things. You can look at some of the geographic things  
7 that are happening. We know that RADARS looks at  
8 things in the three-digit zip code, so you can pick  
9 things up and look at with some ethnographic studies of  
10 what's going on, if you're seeing a problem in one of  
11 those three-digit zip codes. You couple that with a  
12 cohort study looking at what's going on with the  
13 population that has been prescribed the drug. And you  
14 look at this over time, maybe two, three years, to see  
15 if you're picking anything up. And I think Dan's  
16 comment about maybe you want to concentrate on areas  
17 where you have a large number of prescribers, which you  
18 can do. You can pick that up. That gives you  
19 something to look at, and you can see, is there  
20 concordance with what you're picking up, say, with  
21 these larger studies with what you're seeing in your  
22 cohort study? I think that's something that's doable,

1 that a company can think about, but I caution that the  
2 politicians and the public is looking for something  
3 bigger. So, FDA is going to have to change the  
4 narrative as to where they are. FDA is not going to be  
5 able to solve the opioid epidemic, and somehow that  
6 message is going to have to get out there.

7           Last night I was thinking about this, and  
8 those of you who work in addiction, and I'm a  
9 recovering academic, so I want to read to you the  
10 Serenity Prayer, which opens up most 12-step meetings.  
11 And it says, "God grant me the serenity to accept the  
12 things I cannot change, the courage to change the  
13 things I can, and the wisdom to know the difference."  
14 I think if we think about that and where we are, what  
15 we can do and what we can't do, I think that's  
16 extremely important in not trying to do everything.

17           And I also want to sort of, when people are  
18 talking about big data, I have a favored quote from  
19 Albert Einstein, who said, "Not everything that counts  
20 can be counted, and not everything that can be counted  
21 counts." And so we have to be very careful as we move  
22 forward, define the problem, develop studies that

1 address learning about that problem, and not try to do  
2 too much with loads of data that will only confuse us.

3 DR. GOLDIE: Dr. Lo Re?

4 DR. LO RE: I think in addition to the cohort  
5 studies that Dr. Schnoll had suggested and that Dr.  
6 Budnitz, the studies that Dr. Budnitz had suggested, I  
7 think certainly some low-hanging fruit might be to do  
8 some retrospective studies to look at proxies for  
9 misuse and abuse, like looking at infectious outcomes  
10 that I had mentioned before, HIV, hepatitis C,  
11 endocarditis.

12 I guess one of the things I would just say  
13 that in all of the studies that we -- the proposals  
14 that we had talked about, since one of the key  
15 objectives is to compare the incidents of use and  
16 misuse and in essence to determine whether the abuse-  
17 deterrent formulations are effective, I felt like we  
18 didn't spend as much time actually discussing the  
19 appropriate and valid ways to actually ascertain the  
20 outcome of use and misuse in various modalities. We  
21 sort of tiptoed around it, but my sense was that it's  
22 going to be somewhat challenging in existing data

1 sources to do that. And that really questioning  
2 patients sort of longitudinally using qualitative  
3 methods or ethnographic, however we want to, you know,  
4 that probably will be the most optimal way.

5 But I think giving consideration -- because  
6 you mentioned that use and abuse as two of the key of  
7 the five main endpoints. And I felt like those are  
8 somewhat certainly challenging to determine in  
9 retrospective cohort, case control -- you know,  
10 retrospective claims or EHR data. But giving really  
11 strong consideration to that in addition in the mosaic  
12 approach using the retrospective studies to look at  
13 various proxies for use and misuse, and then also doing  
14 these cohort studies.

15 DR. GOLDIE: Dr. Krebs?

16 DR. KREBS: Well, as someone who does  
17 prospective patient reported outcomes, comparative  
18 effectiveness type research, and also someone who is  
19 not often accused of being overly sympathetic to  
20 industry, I think it would be sort of cruel to ask them  
21 to do prospective cohort studies among patients  
22 prescribed these drugs, looking at these outcomes,

1 which I think are vanish -- I think these behaviors are  
2 vanishingly rare in the population, overall population  
3 of patients prescribed these drugs. New starts of  
4 long-acting opioids are not going to become more common  
5 as guidelines or disseminated into practice, and I  
6 think it would be an exercise in futility for all if  
7 that was the recommendation that came out of this.

8           So, if there are cohort studies, let them be  
9 in populations that are substance-abusing populations,  
10 not new patient prescription cohorts. You know, I  
11 wouldn't propose such a study because I wouldn't  
12 believe that I could recruit those people, retain them,  
13 or get enough outcomes to say anything about the  
14 relationship between the exposure and the outcome. So,  
15 that would be my comment there.

16           I think if there is going to be large studies  
17 of patients, they should be looking for signals of  
18 things like, for example, inappropriate prescriber  
19 behavior that might be associated with prescribers not  
20 understanding the purpose of abuse-deterrent  
21 formulations. So, perhaps looser prescribing because  
22 we're over-confident that these drugs are safe and

1 can't be abused and can't lead to addiction. You know,  
2 something that could be done with large databases, that  
3 kind of stuff. But if you're going to do prospective  
4 cohort studies, I wouldn't start with the prescribed  
5 pain patient population.

6 DR. GOLDIE: Dr. Winterstein?

7 DR. WINTERSTEIN: I'd like to defend Dr. Lo  
8 Re's idea. I actually came to the very similar  
9 conclusion, but just to respond to the most recent  
10 comment on this, I think that study that Dr. Lo Re was  
11 describing would lend itself to a case-control study  
12 and really old-fashioned case-controlled study, if you  
13 will. It could be nested in an administrative claims  
14 cohort so that there is better prescription data  
15 available.

16 But technically, if there were outcomes on  
17 overdose and infection, that could easily become a case  
18 control study that would be current that could  
19 ascertain prior exposure information on illicit as well  
20 as prescribed opioids, which I think would be very  
21 intriguing. It would overcome the sample size  
22 constraints and the issue with long-term follow-up of

1 patients and so on. I don't think that would be a  
2 cohort design.

3           The other thing why I like what Dr. Lo Re  
4 said, I've been actually wrestling with this since I  
5 arrived yesterday. You know, we always struggle with  
6 the use of surrogate outcomes in evaluating  
7 effectiveness and safety, and to me abuse-deterrent is  
8 somewhat of a surrogate outcome. What we really  
9 ultimately want to do is we want to improve public  
10 health. And what links to abuse deterrent is we don't  
11 want people to use opioid in a non-oral fashion, and  
12 why would we not want to do this? What is bad about IV  
13 use? There is a higher infection risk and there is a  
14 higher overdose risk.

15           So, at the end of the day, ultimately, these  
16 are the outcomes we are really interested in, right?  
17 Because otherwise the whole idea of abuse deterrents  
18 would really not be important. So, I would not  
19 describe those outcomes, and I think those outcomes in  
20 a case control design could be targeted and there would  
21 be -- there would be, I think, very feasible ways of  
22 ascertaining exposure information. Again, it's an old-

1 fashioned case control study pre-claims data that I'm  
2 talking about, but it might be a good way to get to  
3 them.

4 DR. GOLDIE: Dr. McClure and then Dr.  
5 Dasgupta.

6 DR. MCCLURE: Yeah, coupling both concepts I  
7 think there. When you look at the substance use  
8 disorder population that is out there, these are  
9 individuals who are already seeking support and  
10 behavioral change. If you look at that population  
11 that's there and you query them in a study, so that you  
12 look for either past or concurrent abuse-deterrent  
13 medication utilization on there, and then within that  
14 population of that subset, then you look for did they  
15 convert to IV or nasal insufflation use of those abuse-  
16 deterrent medications? The next step then would be to  
17 query, if they did, what was the outcome of that? Did  
18 they continue to use the abuse-deterrent medications in  
19 a manner that they were able to subvert them, or did  
20 they choose other drugs, or did they do some  
21 combination? Out of that you could also determine what  
22 the identification was for those abuse-deterrent

1 medications. You're going to have the power of the  
2 numbers to at least be able to get information along  
3 that line to see, is it being converted to nasal  
4 insufflation or intravenous use? And then you could  
5 look at that as applying it to then the general  
6 population. You could see, does that apply to the  
7 numbers that you don't know at that point for general  
8 population?

9           Looking at a situation where you have  
10 pharmacotherapy, though, and you have a healthcare  
11 provider and they're giving them abuse-deterrent  
12 medications, if you're trying to query that group and  
13 look for it, you're going to see very low power in  
14 terms of your statistical numbers on there. And if you  
15 do come across those settings, I think that if when you  
16 see intravenous use or nasal insufflation, that's a  
17 trigger at that point for that healthcare provider to  
18 then transfer that patient into a substance use  
19 disorder treatment program. And my support for both of  
20 these populations as a service provider, I see those  
21 patterns happening; they see substance use disorder,  
22 they shuffle those patients off.

1 DR. GOLDIE: Dr. Dasgupta?

2 DR. DASGUPTA: I think the choice of which  
3 studies to do is going to be -- is limited, or  
4 constrained at least by the practicality of very low  
5 volume products, right? So, I wonder if we can  
6 envision a submission that would have very little in  
7 the way of a formal statistical testing. Obviously,  
8 FDA uses .05 and all sorts of other parts of the  
9 statistical goings on that they can see overseas. But  
10 if we're talking about low volume drugs, would  
11 surveillance data that's well conducted with  
12 ethnographic data for a low volume drug, would that be  
13 a sufficient package to be a credible evaluation? And  
14 I don't know the answer to that question, but I'm  
15 curious how important the statistical significance in  
16 the traditional alpha equals .05 kind of way that this  
17 all hinges on.

18 DR. LEVENSON: No, I agree. If there is no  
19 market share you're never going to get the statistical  
20 precision. So, either there is no potential for a  
21 claim or some other pathway is necessary. This is Mark  
22 Levenson.

1 DR. GOLDIE: Dr. Green?

2 DR. GREEN: I keep coming back to the outcomes  
3 and the questions. I think a lot of stuff that we've  
4 talked about is really interesting and important in the  
5 public health broader understanding of the substance  
6 abuse and opioid abuse. So, maybe if we can parse out  
7 for a minute kind of what is of interest and informs us  
8 about public health issue versus what's required of  
9 companies under a PMR. And currently, you know, from  
10 the diagram, it's the abuse issues, addiction, overdose  
11 and death. And so if we look at that and we know we  
12 need product specificity and route specificity, then I  
13 think that kind of narrows our mosaic a little bit.  
14 But there is already, I think, some great data sources  
15 that are being used, but certainly can be improved.

16 But maybe we can also talk about are those the  
17 right outcomes? I think I mentioned this earlier --  
18 addiction is probably the one that we struggle with the  
19 most, because that's not typically related to a  
20 specific product. And for a product evaluation, is  
21 that really an appropriate outcome, where the other  
22 ones, I think, fit them all a little bit better,

1 especially when you look at it by route.

2           So, certainly having the national estimates  
3 would be a nice addition, I think, to the mosaic,  
4 whether it be (unknown) or another way to do that.

5 Because currently I think we are using a lot of the  
6 special populations, so the acute events that are  
7 reported to poison centers -- that's great because  
8 that's outcome data; the treatment centers, because  
9 that is a special, vulnerable population that's  
10 important to the issue. And then what's happening on  
11 the streets, whether it be price or the law enforcement  
12 activity, the drug diversion data, and then on the web  
13 and the chats and the forums. I like to qualify that  
14 as adding color to the mosaic. That's what I usually  
15 say about the qualitative data, because I think it is  
16 important and it tell us a lot, and it just kind of  
17 enlightens us, I guess, on the mosaic.

18           Probably one of the gaps, though, I still see  
19 is that patient aspect of, you know, of the patients  
20 actually getting these products, how do we track them  
21 to see what the progression is, if at all. Obviously,  
22 made complicated by the fact that typically the patient

1 is not just exposed to the one product, just one  
2 product; they could be prescribed more. Or, of course,  
3 they can get it from other sources. So, I would say  
4 the gap in the mosaic is that patient piece. But  
5 there's, I think, a lot of pieces that are already  
6 there that can be improved upon.

7 I do like the ethnographic stuff as well. One  
8 thing that hasn't come up yet is when our treatment  
9 center program, the SKIP program, one of them, our  
10 participants are asked if they would like to do follow-  
11 up surveys. And so they go into Dr. Ciccarone's RAPID  
12 program, and so essentially we have a pool of people  
13 who have intertreatment that we reach out to on a  
14 quarterly basis for special topic surveys. And so  
15 they've become a great resource. Some of the stuff has  
16 been published in terms of what did this population do  
17 when OxyContin was reformulated? Did they -- we  
18 learned that a lot of them went to the IR products,  
19 because they're easily available, easily crushable.  
20 But that was really good information. But using that  
21 population along with the field research to get at some  
22 of the special topics to supplement the other

1 quantitative data I think would be a nice addition to  
2 the mosaic.

3 DR. GOLDIE: Dr. Graubard?

4 DR. GRAUBARD: In listening to the two days  
5 and hearing what people are saying, I think to me there  
6 are basically three things that you should do. One is,  
7 I want to echo what was said before about case control  
8 studies. I think that would be -- I would do  
9 population-based case control studies and develop areas  
10 around the country -- find areas around the country  
11 where you have -- where you can create catchment areas  
12 where you can identify cases of overdose, whatever you  
13 want to make the case to be, in this particular case.  
14 But pick areas selectively around the country and make  
15 it clear what the catchment area is, and then draw  
16 population controls from those areas using surveys, or  
17 whatever methods are available to get population  
18 controls.

19 The cohort study, I agree with the previous --  
20 Dr. Krebs, that it is going to be very difficult to do  
21 cohort studies, but I think the cohort study is really  
22 important. It should be done with a high-risk

1 population in the way I think she was referring to, so  
2 that you have -- and, again, it would be nice to have  
3 those cohort studies in well-defined catchment areas,  
4 where you can identify these high-risk populations.  
5 And they maybe could be scattered around the country at  
6 various locations.

7 My background is more population  
8 representative type analyses, but realizing that you  
9 can't do that very well here. But at least in the  
10 areas that you select, you can be representative. And  
11 you can talk about combining those results across those  
12 areas and properly weighting or proper calibration to  
13 known distributions of things from other sources,  
14 administrative databases, and so forth. Maybe you  
15 could get at some sort of population estimate.

16 The third thing is surveillance, and I think  
17 that we've talked about various sources of surveillance  
18 data, but population surveys is my first love. And  
19 what would be nice is to get a core of questions that  
20 you could identify that could get at the critical items  
21 that you want to build a surveillance system around,  
22 the rates, or whatever it is you're trying to

1 calculate. And get those questions on the major  
2 national surveys and then combine the results across  
3 the surveys. So, the National Health Interview Survey,  
4 the National Drug Use Survey, you know, there are other  
5 national surveys that could be used. Maybe even  
6 NHANES. And possibly surveys that cover  
7 noninstitutionalized populations that you could add to  
8 that to augment those samples to make it more wide  
9 population that you could actually do the estimation  
10 for. And if you have some good survey research people,  
11 they could tell you how to put the weights together  
12 properly in the most efficient way, so you can get good  
13 estimates.

14 That's kind of the way I would view it, but  
15 I'm not an expert in this area by any means. I work at  
16 the National Cancer Institute; I have nothing to do  
17 with this.

18 MS. BOSE: Just to add something to that.

19 DR. GOLDIE: Ms. Bose?

20 MS. BOSE: I'm sorry?

21 DR. GOLDIE: Go ahead.

22 MS. BOSE: Not wearing my NSDUH hat, but

1 wearing a survey methodologist hat, I do think there  
2 are benefits to the national surveys, because they do  
3 provide context. And I also do think that they give us  
4 numbers in ways, despite the coverage problems, despite  
5 other issues, that no other source does.

6           So, for example, we have a lot of expert panel  
7 meetings, and when we're mired in our particular  
8 subject area, I do think it does seem like everybody is  
9 doing it. So, whether it's treatment or any of these  
10 things. But, like, for example, when we look at pain  
11 reliever misuse numbers, they are actually not that  
12 large; they're fairly small. And so even though the  
13 NSDUH items are in some ways general, it turns out that  
14 in the nation not everybody is misusing them, whether  
15 you use users as a denominator or you use the entire  
16 population. And even if we account for measurement  
17 error, there is going to be underreporting because  
18 people don't want to talk to misusing these substances.  
19 Even if we allow for a nice, strong error on one side,  
20 just on underreporting, you still get a sense of the  
21 magnitude of the problem, what types of beginning  
22 denominators you might be looking at. And without the

1 national data you have absolutely no source, as far as  
2 I can tell. Because if you can look at your treatment  
3 data or users, there's nothing to say what is the  
4 magnitude that we're talking about?

5           And so I think that national surveys do not  
6 work well as surveillance tools, where you need to know  
7 what's happening in the now, so they don't. But I do  
8 think they just kind of, even with their coverage  
9 issues and with their measurement issues, and with  
10 their response rate issues, they do provide that kind  
11 of a basic metric. And so to build on what Barry just  
12 said is to kind of go back and say what are those key  
13 measures? And are there some key measures that are  
14 missing that are good candidates for national surveys?  
15 Because most of the stuff we've talked about  
16 potentially are not for these general, all-purpose  
17 surveys. So, what the National Health Interview Survey  
18 and the NSDUH, they're all purpose surveys meant to  
19 cover a lot of different topics. So, I think that  
20 would be one of my plugs to kind of not disregard the  
21 value of these national surveys despite the detailed  
22 questions we're asking.

1           And the other thing is, also, I think there  
2 has been a lot of different work done in this domain,  
3 but go back and see whether it meets your purposes.  
4 There are coverage problems where we're not including  
5 these certain populations. But what if I made an  
6 assumption of use and misuse, so substance abuse  
7 disorder rates, for example, for these populations;  
8 that would still help me establish upper and lower  
9 bounds. And so that's another way where we might use  
10 other sources along with a national source to build  
11 these overall national metrics of the population of  
12 interest that you're looking at. And then from there  
13 go into the specialized surveys.

14           DR. GOLDIE: Dr. Schnoll?

15           DR. SCHNOLL: Sid Schnoll. The case control  
16 was brought up, and I guess I have a question. How  
17 would you identify the cases? I guess part of my  
18 concern, if we're looking for overdose or death,  
19 particularly death, you would do toxicology, and you  
20 would come up with hydrocodone, oxycodone. Would you  
21 know that that was from a tampered product or another  
22 product? And so it could be a major problem. I'm

1 particularly thinking about and we've heard a bit about  
2 it here yesterday and today, the drugs that are most  
3 abused are the IR drugs. And it was also brought up  
4 that we got lots of polypharmacy going on in these  
5 populations. So, I'm just concerned that you would get  
6 this number, and then how would you really decide out  
7 of that group what to study and how to study it? It  
8 just -- I guess I'm confused, and if you can help, I'd  
9 like to hear it.

10 DR. GOLDIE: Dr. Winterstein?

11 DR. WINTERSTEIN: Yeah. I haven't totally  
12 designed it yet, but mortality certainly is much harder  
13 to follow up on what happened than overdoses, where  
14 somebody was rescued. Same with infections, life-  
15 threatening endocarditis or so on. We would assume  
16 that not everybody dies immediately. I mean, it would  
17 need to be a hospital network of some type, where there  
18 would be a prospective collection of those cases and  
19 then direct follow-up at admission. That would be the  
20 ideal scenario, just thinking about it on the spot. I  
21 mean, those studies certainly exist and those networks  
22 exist. It is by far more expensive to do something

1 like that than claims data analysis, but right now the  
2 sky is the limit. We were tagging drugs and having  
3 them explode, but mortality certainly would be much  
4 harder.

5 DR. SCHNOLL: I mean, would we be able to find  
6 -- we know these are rare events, and certainly right  
7 now even what we're saying in just overdoses that did  
8 not lead to mortality, a lot of it is the illicit  
9 drugs. And you may find occasionally something if  
10 you're doing toxicology. But I'd just be concerned  
11 about finding the cases and then being able to study  
12 them.

13 DR. GOLDIE: Dr. Graubard and then Dr. Lo Re.

14 DR. GRAUBARD: Yeah, so, right, deaths as  
15 already said, the deaths are hard, if they're the  
16 cases, but so you have to use other sources of  
17 information for them. You know, survivors, next-of-  
18 kin, whatever you can do. I understand there's biases  
19 and there's problems with that, but this is a hard  
20 problem and it's just not going to be perfect. We'll  
21 have people -- then you can also make inference about  
22 the cases that survive their overdoses, if that's the

1 identification of the case. And you can look at those  
2 -- you know, that part of your case control study. But  
3 the key is to have some sort of catchment area, where  
4 you have some sort of system, emergency rooms,  
5 hospitalizations, whatever it takes to have a pretty  
6 good complete identification of cases over some window  
7 of time, and then get population-based controls to go  
8 with it.

9 DR. GOLDIE: Dr. Lo Re?

10 DR. LO RE: Yeah, I think the beauty of the  
11 case control study is that you would fix the number of  
12 cases, so it's particularly advantageous for very rare  
13 outcomes. With regards to the outcomes that you study,  
14 you could develop and hopefully validate methods to  
15 ascertain skin or soft tissue infections, infectious  
16 endocarditis, if you wanted overdoses. And then look  
17 at associations, assuming that you've developed methods  
18 to select control, appropriate controls to look at  
19 associations between various ADF or non-ADF opioids.  
20 And so particularly if there are certain drugs or  
21 formulations that you wanted to look for the purposes  
22 of association and safety signals, that may be at least

1 an initial method to do that while you're waiting for  
2 these larger cohort studies to accrue patients and to  
3 get the results.

4 DR. GOLDIE: Dr. Scharman?

5 DR. SCHARMAN: I was interested in asking Dr.  
6 Brooks, is there something that we can learn from the  
7 HIV population about how to reach these special  
8 populations? I remember when HIV first came out, had a  
9 lot of stigma associated with it. I mean, your drug  
10 abusers or gays, and nobody wanted to admit any of that  
11 at that time, and yet you eventually got the place  
12 where we could do research on that population and  
13 evaluate that population. And do you have any insights  
14 on how you reached them? Because I think it kind of  
15 parallels this drug-abusing population that we could  
16 use in this situation?

17 DR. BROOKS: Well, I think there are probably  
18 people more expert, but what we did is we found experts  
19 who understood the kinds of people who were being  
20 infected by HIV infection as those came to light. And  
21 we didn't do studies of those people to learn to do it  
22 ourselves; we engaged those people who were expert in

1 working with those populations to help us reach out to  
2 them. And I think a probably a lot of people in this  
3 room have got that expertise, either from the  
4 perspective of treating addiction to medication-  
5 assisted therapy, running SSPs, running detox centers,  
6 or doing research in that area. But I would say it  
7 probably -- to design a study and to reach the right  
8 group of people, you'd want a group of experts who know  
9 about that population and how to get them, and also  
10 monitor where they are. Because particularly the  
11 injection drug using phenomenon is probably a moving  
12 target in the US right now. It's spreading into  
13 different areas. But you can follow that, and if you  
14 have enough expertise you can direct the study to where  
15 you want it to go.

16 DR. LEVENSON: We have a public comment  
17 session for here as well. Scott, do you want to set  
18 that up?

19 DR.GOLDIE: So, we're going to open up to the  
20 audience participation portion for this session. We  
21 are looking for additional ideas from the audience. If  
22 you would please come to the designated table with the

1 timer. Again, it's three minutes total, green, yellow,  
2 red. If you have something to contribute, please, we'd  
3 like to hear it.

4 MS. LEVIN: Hi. I'm Penny Levin with Teva  
5 Pharmaceuticals. Today I'm here representing the  
6 Association for Accessible Medicines, AAM, formerly the  
7 Generic Pharmaceutical Association. AAM is the  
8 nation's leading trade association for manufacturers  
9 and distributors of generic prescription drugs. AAM's  
10 core mission is to improve the lives of patients by  
11 advancing timely access to affordable generic  
12 medicines. The generic industry is an integral part of  
13 this healthcare system and believe generic ADFs can  
14 play a key role in addressing the concerns related to  
15 prescription drug abuse.

16 To date, the FDA has approved 10 innovative  
17 ADF opioids; however, there are no generic ADF opioids  
18 approved to the American patient with pain. This poses  
19 serious issues, including lack of access to needed  
20 affordable medicines. Additionally, drug utilization,  
21 as we've discussed the past two days, of ADF medicines  
22 is needed in larger numbers to allow both FDA and the

1 payers to have the data to fully assess whether ADF  
2 medicines are produced in the desired or anticipated  
3 outcomes in the postmarketing setting. While FDA  
4 requires postmarket studies to determine whether an ADF  
5 reduces the risk of abuse and misuse, no innovative ADF  
6 opioid has convinced FDA to date of such effectiveness.  
7 Similarly, payers like Blue Cross Blue Shield have  
8 stated publicly they will not reasonable the use of ADF  
9 opioids until such claims of postmarket effectiveness  
10 have granted by the FDA. Hence, this poses a serious  
11 conundrum.

12           The generic industry is here today to urge FDA  
13 to provide product-specific guidance to these products.  
14 Such guidance would facilitate generic manufacturers  
15 the ability to meet FDA expectations and increase  
16 access to these medicines in a more timely manner.  
17 This will also help contribute to the denominators  
18 needed in the postmarketing setting to conduct  
19 appropriate epidemiological studies.

20           It is important that while the Agency has  
21 historically looked at the risk of abuse and misuse in  
22 the drug abuser, we cannot lose sight of the true

1 patient who suffers from pain. We may want to step  
2 back and ask ourselves, if we are not able to  
3 understand whether a product is deemed effective or not  
4 from an ADF perspective after collecting and reviewing  
5 data from numerous postmarketing studies, are we asking  
6 the right questions? Are we collecting the right data  
7 to make such a determination? How are we viewing  
8 success and how are we measuring it? These are very  
9 difficult issues, but important questions to ask, and  
10 appreciate the FDA and advisors' thoughtful and  
11 comprehensive approach they have been taking to  
12 understand this complex area.

13 In closing, we urge FDA to reconsider their  
14 hypothesis of solely identifying success as a reduction  
15 in abuse and misuse by the drug user and instead  
16 consider the following questions: Have all of the  
17 relevant stakeholders been identified and are they  
18 engaged? Are we asking the right questions to capture  
19 effectiveness of an ADF? Are we collecting the right  
20 data to evaluate the effectiveness of the ADF, and how  
21 are we measuring success? We welcome to the  
22 opportunity to discuss this important matter with the

1 FDA and will provide comprehensive written comments to  
2 the docket. Thank you.

3 MS. NIEBLER: Good afternoon. I am Wendy  
4 Niebler with Egalet. I appreciate having the  
5 opportunity the past two days to listen to the  
6 discussion and to comment. Yesterday and today there  
7 was a brief discussion of the study challenges giving  
8 the low prescribing rate of most abuse-deterrent  
9 formulations of opioids. I would like to reinforce  
10 this point. For example, in 2016, over 97% of  
11 prescriptions for morphine were for nonabuse-deterrent  
12 formulations despite there being an abuse-deterrent  
13 formulation available on the market. We can have the  
14 best study designs and analysis plans, but real world  
15 studies cannot be conducted successfully if the low  
16 prescribing of ADF opioids continues. Healthcare  
17 providers need to be encouraged with multiple methods,  
18 including policy, to prescribe the abuse-deterrent  
19 formulations if they decide to prescribe an opioid. In  
20 addition, payers need to understand the importance of  
21 coverage of these products on their plans and the  
22 significant role they play in obtaining the real world

1 data we all desire. Thank you.

2 DR. POLANIN: My name is Dr. Megan Polanin.  
3 I'm with the National Center for Health Research. Our  
4 center analyzes scientific and medical data and  
5 provides objective health information to patients,  
6 providers and policymakers. And I do not have any  
7 conflicts of interest. We greatly appreciate the FDA's  
8 efforts in holding this meeting to discuss data and  
9 methodological strategies to evaluate the impact of  
10 ADFs. The presentations and panel discussions have  
11 been stimulating and informative. With next steps in  
12 mind, one proposed strategy we want to reinforce is  
13 utilizing correct nomenclature to describe opioids with  
14 ADFs to ensure that they are accurately prescribed to  
15 and used by patients. For example, if a drug is  
16 difficult or impossible to crush, it can be labeled as  
17 crush-resistant instead of abuse-deterrent. If an  
18 opioid is determined to be more difficult to crush, a  
19 study could compare various warnings on labels for the  
20 drug to see which, if any, are more effective.  
21 Labeling a drug as crush-resistant instead of abuse-  
22 deterrent may result in less abuse. We believe

1 providing scientifically accurate information for  
2 doctors and patients is a critical factor in preventing  
3 opioid misuse and abuse. Thank you for the opportunity  
4 to share our perspective.

5 DR. COPLAN: Paul Coplan, Purdue Pharma.

6 Firstly, with regards to the controls for case control  
7 study, so the controls are intended to reflect the  
8 prevalence of use of the exposure of interest in the  
9 population that gave rise to the cases. So, Dr.  
10 Graubard talked about using a population-based control,  
11 but the population would not be using opioids to the  
12 same -- so, if we look at overdose as a -- you know,  
13 overdose cases. And then we're looking for controls  
14 that reflect the exposure to an abuse-deterrent opioid.  
15 So, if we use population-based controls that wouldn't  
16 be using opioids, so there would be less exposed to  
17 opioids, so it wouldn't be reflective of the prevalence  
18 of ADF use in the population that gave rise to the  
19 cases. So, would it be, then, a population control in  
20 opioid users, I think which is what Tara Gomes did in  
21 the slide that Dr. Meyer showed.

22 And the second thing had to do with there was

1 some discussion about numerator-only datasets, and I  
2 think the poison centers -- sorry, the treatment  
3 centers were considered numerator-only datasets. And  
4 then we heard Dr. Brooks and Dr. Budnitz talked about  
5 high risk samples, so subsamples of high-risk  
6 populations that you could look at to see where, when  
7 the abuse-deterrent formulation came into -- what was  
8 intended to be abuse-deterrent -- when it came into  
9 those populations, was it abused or was it not? And  
10 then Dr. Throckmorton referred to that having a high  
11 power, better power with a small sample size to be able  
12 to pick up a signal. And in fact the numerator-only  
13 samples could be considered subset or subpopulations of  
14 high-risk groups. So, for example, treatment centers  
15 are in fact like a sentinel population of the type of  
16 population that Dr. Brooks is talking about. It has  
17 the advantage of systematic evaluation by the same  
18 questionnaire over time, so you can look at trends over  
19 time. So, I just wanted to share that thought. Thank  
20 you.

21 DR. DEVEAUGH-GEISS: Hi. Angela DeVeaugh-  
22 Geiss, also from Purdue Pharma. I just -- I thought it

1 was worthwhile to reemphasize something that was  
2 brought up during the last panel discussion, which is  
3 that we've got research designed to address the broader  
4 public health question of opioid abuse and related  
5 outcomes. And then we've got the PMRs, and within the  
6 PMRs we even have two kind of distinct pathways. We've  
7 got the ER/LA opioid class PMRs, which have been  
8 discussed throughout the day with some examples of the  
9 prospective cohort study provided during, I think it  
10 was Dr. Kornegay's talk this afternoon. And on a  
11 separate line of work, to some extent, we've got, then,  
12 the individual product level postmarketing requirements  
13 designed to look at the effect of the abuse-deterrent  
14 formulations. And as we're talking about study  
15 designs, there has been a lot of interesting options  
16 brought up, but I think it's important to remember that  
17 each group is really distinct and would have a  
18 different study design that would be best to answer the  
19 questions of each kind of program of research. For  
20 example, with the abuse-deterrent formulations, if the  
21 goal is to look at whether there is a real world effect  
22 on insufflation and injection, we need to be sure that

1 whatever data we're using is able to get to that level  
2 of specificity of the outcome, as opposed to a study  
3 like the prospective cohort study for the class PMRs,  
4 where we're actually looking for instant abuse and  
5 misuse among individuals initiating therapy with ER/LA  
6 opioids, again, which is a very distinct behavior.  
7 Within that you may have injection and insufflation,  
8 but it's not the end all kind of metric that we're  
9 looking for.

10 DR. GOLDIE: Are there any other audience  
11 participants for an oral presentation? Okay, with  
12 that, then I'll close the audience participation  
13 component and remind everyone in the room that  
14 additional comments and information can be submitted  
15 until September 11, 2017 to the docket. The docket is  
16 on the screen in front of you. And I will turn it over  
17 to Dr. Staffa.

18 DR. STAFFA: Any -- I'm going to ask the group  
19 -- any final comments or thoughts, knowing that these  
20 don't have to be final comments; they're just final  
21 comments for today. As you go home and noodle about  
22 this and think it over and thoughts occur to you,

1 please, send them to the docket. Again, we're very,  
2 very interested in hearing all and any ideas as we work  
3 through this, and I'm sure our industry colleagues are  
4 very interested as well. Any final comments for today?

5 Oh, Dr. Racoosin?

6 DR. RACOOSIN: Hi. I'm Judy Racoosin. I'm  
7 the deputy director for safety in the Division of  
8 Anesthesia, Analgesia and Addiction Products. We're  
9 the division that is responsible for reviewing and  
10 helping to guide the development of these products that  
11 have been the topic of the meeting for the last two  
12 days. And I just wanted to thank everyone for all of  
13 your participation and comments. My colleagues in the  
14 Division of Epidemiology and Biostatistics have been  
15 leading the methodologic in discussions that have  
16 happened for the last two days, and I will be looking  
17 forward to collaborating with the groups as we move  
18 forward to figure out what these study designs are  
19 going to look like. But I just wanted to take a moment  
20 from the review division perspective to thank you all  
21 for participating.

22 DR. STAFFA: Yeah, and I think on behalf of

1 all of us at CDER, I know many of you took time out of  
2 your busy schedules as well as your summer vacations to  
3 join us and to provide your considerable expertise. I  
4 think we got a lot of questions at the beginning when  
5 we were inviting you to this meeting of why are you  
6 inviting me to this meeting? I'm hoping it's clearer  
7 now why we invited this very eclectic group, and I have  
8 to say we have truly benefited from the conversation  
9 you stimulated, even when I got up in the stratosphere,  
10 it's been fascinating, and you've given us a lot to  
11 digest. So, thank you very much for your participation  
12 and we hope to hear more from you from the docket.  
13 Thank you, and safe travels.

14 (Whereupon, at 4:10 p.m., the workshop  
15 was concluded.)  
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