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PATIENT-FOCUSED DRUG DEVELOPMENT  
PUBLIC WORKSHOP ON GUIDANCE 1

**COLLECTING COMPREHENSIVE  
AND REPRESENTATIVE INPUT**

DISCUSSION DOCUMENT

Workshop Date: December 18, 2017

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1 **1. INTRODUCTION AND BACKGROUND**

2

3 This and future discussion documents are intended to provide a basis for discussion that will  
4 inform the development of guidance documents to facilitate collection and submission of usable  
5 patient experience data for medical product development and regulatory decision making. This  
6 document, its appendices, and the draft glossary provide background for the FDA public  
7 workshop, “Patient-Focused Drug Development: Guidance 1 – Collecting Comprehensive and  
8 Representative Input,” on December 18, 2017.

9 FDA will develop a series of four guidance documents describing in a stepwise manner how  
10 stakeholders can collect and submit information from patients and caregivers to be used for  
11 medical product development and regulatory decision making. These four guidance documents  
12 will focus on practical approaches and methods to collect and utilize robust and meaningful  
13 patient and caregiver input that will ultimately inform the development of clinical studies that  
14 measure what matters most to patients, such as how patients feel and function in their daily lives.

15 The topics and questions that each document will address are described below.

16 **Guidance 1:** Whom do you get input from, and why? How do you collect the information?

17 *Guidance 1 will discuss several methods to collect patient input. We need to consider the*  
18 *potential research questions and methods when deciding from whom to get input (a sampling*  
19 *strategy). Further in-depth discussion of methods to develop and identify impacts important to*  
20 *patients will be discussed in Guidance 2.*

21 **Guidance 2:** What do you ask, and why? How do you ask non-leading questions that are well-  
22 understood by a wide range of patients and others?

23 *Guidance 2 will provide discussion on methods for gathering information about what aspects*  
24 *of symptoms, impacts of their disease, and other issues are important to patients. It will discuss*  
25 *how to do qualitative research including interviews, interview guides, types of survey*  
26 *questions, and considerations for collecting demographics and survey information. It will also*  
27 *discuss survey methods and qualitative research topics to help avoid misleading results such as*  
28 *inadvertently priming patients in ways that can lead to results that poorly represent what is*  
29 *important to patients.*

30 **Guidance 3:** How do you decide what to measure in a clinical trial?

31 *Guidance 3 will address refining the list of important impacts and concepts from patients to*  
32 *develop potential study endpoints. Given that not everything identified can demonstrate change*  
33 *in a specific treatment trial or is measurable, how will you select what to measure to show*  
34 *clinical benefit?*

35 **Guidance 4:** How do you develop or select tools to measure the concepts identified using the  
36 methods in Guidance 3? Once you have a measurement tool and a way to collect data using it,  
37 what is an appropriate clinical trial endpoint?

38 *Guidance 4 also will address other related questions, including:*

- 39 1. *How will the tool be administered to patients? You need to decide how you will use the*  
40 *tool selected in a trial (e.g., pen and paper form patients will fill out, using a website,*  
41 *using a study-provided device, going to an office for measurement).*
- 42 2. *When and how frequently should you measure? Daily? Every 8 weeks? For an endpoint,*  
43 *if you are using a daily diary, should you average information over a week? A month?*  
44 *Not at all and use the daily measurements?*
- 45 3. *What amount of change makes a difference in patients' lives?*

46 *Answers to these questions are driven by one question: What are the important questions that*  
47 *patients want answered?*

48  
49 Endpoint development is not a linear process. It is highly iterative and can be hard to break up  
50 into distinct steps. For example, many of the topics in Guidance 1 are important in any research  
51 endeavor. The topics covered in Guidance 2 might be used in an exit survey as part of a trial to  
52 gain further insights from participants, or people who choose to not participate in a trial to find  
53 out what clinical trial changes may enhance participation.

54 Importantly, these steps can take place in parallel with drug development or, alternatively, they  
55 may take place in the precompetitive setting independent of any specific drug development  
56 program. Many patient organizations choose to undertake the work of identifying important and  
57 measurable health impacts and developing measurement tools in order to facilitate and pave the  
58 way for future drug development.

59 The science of patient input is constantly evolving and gathering robust and meaningful **patient**  
60 **experience data** to inform medical product development is a collaborative process. Many  
61 professional groups and research teams around the world have developed and are developing  
62 templates, checklists, and guidelines for different aspects of gathering and interpreting patient  
63 experience data, and many such documents already exist for patient reported outcomes. As these  
64 projects and documents mature, we will be updating our approaches.

65 With this discussion document, FDA seeks input from patient stakeholders, researchers, medical  
66 product developers, and others on how best to communicate FDA's current thinking on  
67 approaches to collecting patient experience data. Questions for readers to consider:

- 68 1. What level of detail do you think is appropriate for this FDA guidance series?
- 69 2. What document structure and content would be most useful for this first guidance?
- 70 3. Many potential research methods are available and not all could be included in the  
71 discussion document. Is it clear the Agency is open to discussion of the methods  
72 described and other methods, both within medical product programs and in the pre-  
73 competitive space?
- 74 4. What are the most important timepoints when FDA input could be maximally helpful?
- 75 5. The PDUFA VI commitment letter calls for a glossary of standardized nomenclature and  
76 terminology relevant to all four guidance documents. Are the proposed draft definitions  
77 within the glossary clear and do they serve to facilitate dialogue?

78 **1.1. Introduction to the Legislation and Series of FDA Guidance for Enhancing the**  
79 **Incorporation of the Patient’s Voice in Drug Development and Regulatory Decision**  
80 **Making**

81 This series of guidance documents is intended to facilitate the advancement and use of  
82 systematic approaches to collect and use robust and meaningful patient and caregiver input that  
83 can more consistently inform medical product development and regulatory decision making. This  
84 builds on learnings from the disease-specific PFDD meetings<sup>1</sup> that FDA conducted under  
85 PDUFA V as an enhancement of the Agency’s implementation of a more structured approach to  
86 *benefit-risk assessment*.<sup>2</sup> The benefit-risk framework recognizes that when FDA reviewers  
87 conduct a benefit-risk assessment, they consider not only the submitted evidence related to the  
88 benefit and risk outcomes and effects reported in clinical studies but also, importantly, the  
89 “clinical context” of the disease. This clinical context encompasses two major considerations: 1)  
90 an analysis of the disease condition, including the severity of the condition, and 2) the degree of  
91 unmet medical need. FDA recognized a need to learn about the clinical context more  
92 comprehensively and directly from the perspective of the patients who live with the disease and  
93 are exposed to any available therapies and their caregivers.

94 PFDD meetings gave FDA a deeper appreciation for the expertise that patients and caregivers  
95 can bring to the process and the value of incorporating their voice. Furthermore, FDA concluded  
96 that patient input can not only inform the clinical context and provide insights to frame the  
97 assessment of benefits and risk but also provide a direct source of evidence regarding the  
98 benefits and risks, if *methodologically-sound* data collection tools could be developed and used  
99 within clinical studies of an investigational therapy. If such evidence can be used as a basis for  
100 FDA’s assessment of benefits and risks, it could also be incorporated in drug labeling to better  
101 inform decisions by patients and doctors at the point of care.

102 Thus, a primary purpose of this series of four methodological PFDD FDA guidance documents is  
103 to provide information and direction to external stakeholders regarding what work FDA would  
104 expect to be done to bridge from important early-stage meetings to gain patients’ narrative  
105 perspectives on the clinical context, to development and use of methodologically-sound data  
106 collection tools in clinical trials. These guidance documents will also address Agency  
107 expectations regarding what sort of analyses might be conducted as part of this work and what  
108 sort of documents might be produced, and when appropriate, submitted to FDA for review.

109 The four guidance documents that will be developed correspond to commitments under section  
110 I.J.1 associated with PDUFA VI<sup>3</sup> under the Title I of FDA Reauthorization Act of 2017. The  
111 projected timeframes for public workshops and guidance publication reflect FDA’s published  
112 plan aligning the PDUFA VI commitments with some of the guidance requirements under  
113 Section 3002 of the 21<sup>st</sup> Century Cures Act of 2016.<sup>4</sup> A description of the timelines for  
114 development of the four guidances can be found in **Appendix 1**.

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<sup>1</sup> <https://www.fda.gov/forindustry/userfees/prescriptiondruguserfee/ucm347317.htm>

<sup>2</sup> <https://www.fda.gov/forindustry/userfees/prescriptiondruguserfee/ucm326192.htm>

<sup>3</sup> <https://www.fda.gov/forindustry/userfees/prescriptiondruguserfee/ucm347317.htm>

<sup>4</sup> <https://www.fda.gov/downloads/forindustry/userfees/prescriptiondruguserfee/ucm563618.pdf>

115 In addition to work related to planning for use of *fit-for-purpose clinical outcome assessments*  
116 (*COAs*), successful incorporation of patient input in medical product development should include  
117 considerations to facilitate patient enrollment and minimize the burden of patient participation in  
118 clinical trials and other research studies. Questions to be considered for this planning may  
119 include: What aspects of clinical trials conduct (e.g., informed consent, enrollment, frequency of  
120 assessments, assessment burden, patient follow-up) can be better tailored to address the needs  
121 and concerns of the patients? What steps can be taken to minimize patient burden due to research  
122 participation? Patient input to address these important questions should be collected during the  
123 pre-clinical stage and can employ methods that will be addressed in Guidances 1 through 4.

124 In all cases, the level of rigor of the methods applied needs to be appropriate for the questions the  
125 study wants to address and the potential impact of incomplete or misleading results.

## 126 **1.2. Purpose and Scope of Guidance 1: Approaches to collecting comprehensive and** 127 **representative patient and caregiver input on burden of disease and current therapy**

128 The purpose of this document is to present methods for collecting information on the patient  
129 experience that is representative of the intended population to guide the development and  
130 evaluation of medical products throughout the medical product lifecycle. In addition, this  
131 document presents a synopsis of methods on how to operationalize and standardize data  
132 collection, analysis, and dissemination of patient experience data.

133 Guidance 1 will include a glossary of terms that will be used in one or more of the four guidance  
134 documents<sup>5</sup>. Words or phrases found in the draft Glossary appear in bold italics at first mention  
135 within the body of text in this document.

136 In addition to standard terminology, the goal of this guidance is to provide an understanding of:

- 137 • Methods to consider at an early stage in drug development to gain a thorough account of  
138 patients' experience and perspective on their disease and available therapy
- 139 • Example research objectives and questions (this will be further explored in future  
140 guidances as well)
- 141 • Factors and approaches to ensure the perspectives of a representative cross-section of the  
142 disease-indicated population have been included in the information collection
- 143 • Standard approaches to consider for collecting, managing, analyzing and reporting the  
144 information

145 Stated another way, for an identified disease area, the information in Guidance 1 should enable  
146 the user to develop a plan that will:

- 147 • Identify approaches and methods to collect information from patients and caregivers
- 148 • Ensure that the input to be collected is sufficiently representative of the range of clinically  
149 relevant diversity in the patient population

---

<sup>5</sup> The draft glossary of terms has been shared as an attachment to this discussion document.



- 150       • Identify methods and necessary steps to develop a plan for analysis and reporting of the  
151       information that will be collected

152 Note that the level of rigor needed for generating patient experience data can vary across studies  
153 and will depend on the intended use. Guidances 2 and 3 will go into more depth regarding the  
154 kinds of research approaches to consider and will detail suggested approaches for  
155 summarization/tabulation, presentation and subsequent submission of the collected information  
156 for review (e.g., by FDA). Guidances 2 through 4 can then be used to inform relevant  
157 stakeholders of subsequent steps necessary for the development and testing of COAs that may be  
158 later implemented in clinical studies.

159 This document is intended to serve as a focus for continued discussion among FDA, patient  
160 stakeholders, drug developers, academic community, and the public. It is anticipated that this  
161 document will also provide a foundation for FDA and external stakeholders in the development  
162 of subsequent relevant guidance(s) on patient-focused medical product development, as it  
163 introduces research methods for the science of patient input as well as key definitions.

164 Although this document presents methods and approaches for collecting patient experience data,  
165 it does not address methods for collecting and analyzing COAs or *patient preference*  
166 *information*. Some of those issues are addressed in the following guidance for industry:

- 167       • *Patient-Reported Outcome Measures: Use in Medical Product Development to Support*  
168       *Labeling Claims*  
169       • *Patient Preference Information—Voluntary Submission, Review in Premarket Approval*  
170       *Applications, Humanitarian Device Exemption Applications, and De Novo Requests, and*  
171       *Inclusion in Decision Summaries and Device Labeling.*<sup>6</sup>

### 172 **1.3. Patient Experience Data**

173 ***What is patient experience data?*** Patient experience data is defined in Title III, Section 3002(c)  
174 of the 21<sup>st</sup> Century Cures Act as data intended to provide information about impact (including  
175 physical and psychosocial impacts) of a disease or condition, or a related therapy or clinical  
176 investigation. Patient experience data can be interpreted as including (but is not limited to) the  
177 experiences, perspectives, needs and priorities of patients related to: 1) the symptoms of their  
178 condition and its natural history; 2) the impact of the conditions on their functioning and quality  
179 of life; 3) their experience with treatments; 4) input on which outcomes are important to them; 5)  
180 patient preferences for outcomes and treatments; and 6) the relative importance of any issue as  
181 defined by patients.

182  
183 Others have defined patient experience in similar ways. The patient experience in a medical  
184 product development context incorporates the patient’s journey throughout the course of their  
185 disease or condition including patient views, feelings, needs, actions, preferences, interactions  
186 (e.g., clinical trials, home life, social life, etc.) with respect to their disease and its treatment  
187 (Wolf et al., 2014; McCarthy et al., 2016).

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<sup>6</sup> Guidances are updated periodically. For the most recent version of a guidance, check the FDA Drugs guidance web page: <http://www.fda.gov/Drugs/GuidanceComplianceRegulatoryInformation/Guidances/default.htm>.

188 The patient’s journey should be defined from the patient perspective informed by input from  
189 patient partners and clinicians. A patient partner may be an individual patient, caregiver or  
190 patient advocacy group that engages other stakeholders to ensure the patients’ wants, needs and  
191 preferences are represented in activities related to medical product development and evaluation  
192 (Wilson et al., 2017). **Figure 1** describes types of patient partners.

193 **Figure 1. Types of Patient Partners**

- A **patient** is any individual with or at risk of a specific health condition, whether or not they currently receive any therapy to prevent or treat that condition. Patients are the individuals who directly experience the benefits and harms associated with medical products.
- A **caregiver** is a person who helps a patient with daily activities, health care, or any other activities that the patient is unable to perform himself/herself due to illness or disability. This person may or may not have decision-making authority for the patient and is not the patient’s healthcare provider.
- A **patient advocacy group** is a group of individuals who may or may not be part of the target patient population, who have a role in promoting an interest or cause to influence policy with respect to patients’ health or healthcare.

194  
195 There are different parts of the patient experience to collect and/or measure in medical product  
196 development, which may include but are not limited to (Milken Institute, 2015):

- Signs/symptoms of disease or condition
- Chief complaints (most bothersome signs/symptoms)
- Burden of living with a disease or condition
- Burden of managing a disease or condition
- Burden of participating in clinical studies
- Impacts from disease or condition on activities of daily living and functioning
- Impacts from treatment on activities of daily living and functioning
- Views on currently available treatment options
- Views on unmet medical need
- Disease progression, severity, and chronicity
- Natural history of disease or condition
- Minimum expectations of benefits
- Tolerance for harms or risks
- Acceptable tradeoffs of benefits and risks (i.e., patient preference)
- Attitudes towards uncertainty

212 Information collected on patient experience will be referred hereon as patient experience data.  
213

214 ***Can data be collected from other experts as well?*** To supplement patient experience data, FDA  
215 recommends also gathering input from clinicians and other experts in the given disease area to  
216 ensure endpoints are clinically relevant.

217  
218 ***Who can collect and submit patient experience data?*** As stated in Title III, Section 3002(c) of  
219 the 21<sup>st</sup> Century Cures Act of 2016, patient experience data can be collected by any persons  
220 including (but not limited to): patients, family members and caregivers of patients, patient  
221 advocacy organizations, disease research foundations, researchers, and drug manufacturers. The  
222 person or group collecting the data needs to be clear in submissions to FDA.

223 ***Why is it important to collect patient experience data?*** Patients are experts in their own  
224 experience of their disease or condition and the ultimate consumers of medical products. The  
225 collection of patient experience data is important because it provides an opportunity to inform  
226 medical product development and enhance regulatory decision making to better address patients'  
227 needs.

228 ***When do you collect patient experience data?*** Patient experience data should be collected  
229 throughout medical product development, beginning as early as the discovery phase. Early in  
230 development, patient experience data can be used to help identify unmet medical needs and  
231 important clinical outcomes to be studied, as well as inform clinical trial design. In early and  
232 later stages of development or in the precompetitive space, patient experience data can help  
233 inform assessment tool development and selection, as well as analyses and communication of  
234 benefit-risk. Work in the precompetitive space can be important to be ready for future clinical  
235 trials.

236 ***When should patient stakeholders be involved in product development?*** Patients should be  
237 meaningfully involved throughout the medical product development process—not only as study  
238 subjects but as partners. Engaging patients actively in the development process can potentially  
239 improve rates of trial enrollment and retention and increase applicability to patients (Bower et  
240 al., 2014).

241  
242 ***How do you collect patient experience data?*** FDA recommends using qualitative, quantitative,  
243 or mixed methods (use of both qualitative and quantitative methods in the same study) to collect  
244 robust and meaningful patient experience data. These methodological approaches are discussed  
245 in **Section 3** of this document and **Appendix 6**. Some key distinctions between each method are  
246 shown in **Table 1**. Factors to consider when selecting an appropriate methodological approach  
247 are discussed in **Section 2**.

248 Patient experience data can be collected in a variety of research settings, including (but not  
249 limited to): clinical trials; observational studies, including survey studies. The level of rigor  
250 needed for patient experience data generation can vary across study and will depend on the  
251 intended use. As such, it is important to begin early discussions with FDA to determine which  
252 approach should be used.

253

**Table 1. Methodological Distinctions for Collecting Patient Experience Data**

	Methodological Approaches		
	Qualitative Methods	Quantitative Methods	Mixed Methods
<i>Scientific Question</i>	<ul style="list-style-type: none"> <li>• <i>What aspects are important to patients for measurement and reporting of clinical trial results?</i></li> <li>• Uses direct communication (speech or written form) to explore or confirm the meaning or interpretation of a topic from the participant's perspective (e.g., type of patient experience, such as disease symptoms and/or impacts)</li> </ul>	<ul style="list-style-type: none"> <li>• <i>How do we design a questionnaire measuring aspects of disease?</i></li> <li>• Uses a tool (e.g., survey or questionnaire) that provides numerical information (e.g., survey or questionnaire score) to explore or confirm an outcome</li> </ul>	<ul style="list-style-type: none"> <li>• <i>Do we measure severity or frequency?</i></li> <li>• Uses both the qualitative and quantitative data and approaches in an integrated manner in the same study or a set of related studies</li> </ul>
<i>Example</i>	<ul style="list-style-type: none"> <li>• A group of patients are interviewed to describe their experience with the disease or condition</li> </ul>	<ul style="list-style-type: none"> <li>• A group of patients are surveyed and asked to rate the severity of their disease symptoms using closed-ended questions</li> </ul>	<ul style="list-style-type: none"> <li>• A group of patients are given a survey or questionnaire with both open-ended and closed-ended questions</li> </ul>

255 **Source:** Adapted from Teddlie & Tashakkori (2009)

256 ***How can external stakeholders submit patient experience data to FDA?*** It is important to  
 257 remember that patient experience data informs development and evaluation of medical products  
 258 throughout the medical product lifecycle development. While FDA plays a critical role in  
 259 medical product development, the Agency is just one part of the process. Depending on what  
 260 type of patient experience data is collected and when it is collected (e.g., stage of development),  
 261 other stakeholders who also play an important role in the medical product development process  
 262 (e.g., drug developers, researchers, etc.) may be appropriate end users.

263 There are various pathways to (a) submitting patient experience data to FDA and (b) engaging  
 264 with FDA for discussion. Additional FDA guidance on how to submit patient experience data is  
 265 under development. Depending on the type of patient experience data and the intended purpose  
 266 of the data with respect to medical product development, different content and formats may be  
 267 appropriate for submission. At the minimum, a study report from the research study should be  
 268 submitted to FDA, but additional information including the primary data captured will be needed  
 269 (see **Section 4** and **Appendix 2**).

270 Specific criteria defining what is most informative and useful for FDA submission should be  
 271 discussed early and often with the appropriate FDA review division(s), as the level and type of  
 272 criteria might vary based on how the data will be used. However, in all cases the intended  
 273 purpose of the patient experience data being submitted to the Agency (i.e., how the data are  
 274 intended for use in supporting medical product development and regulatory decision making)  
 275 should be made clear in the submission.

276 Many existing FDA regulations, guidances, and other standards and requirements pertaining to  
277 the capture/collection, transmission, processing, storage, archiving, retention, and submission of  
278 data from clinical studies conducted to support a regulatory medical product application (e.g., an  
279 IND, NDA, or BLA) or medical product labeling language **also apply** to patient experience data  
280 generated in such studies. See **Appendix 2** for a partial list of such regulations, guidance(s),  
281 standards, and requirements.

282 ***How is patient experience data used for regulatory purposes?*** Patient experience data is used to  
283 help inform clinical trial design, trial endpoint selection, and regulatory reviews including  
284 benefit-risk assessments. FDA encourages stakeholders considering to collect and submit patient  
285 experience data to FDA to have early interactions with FDA during the design phase of such  
286 studies and obtain feedback from the relevant FDA review division.

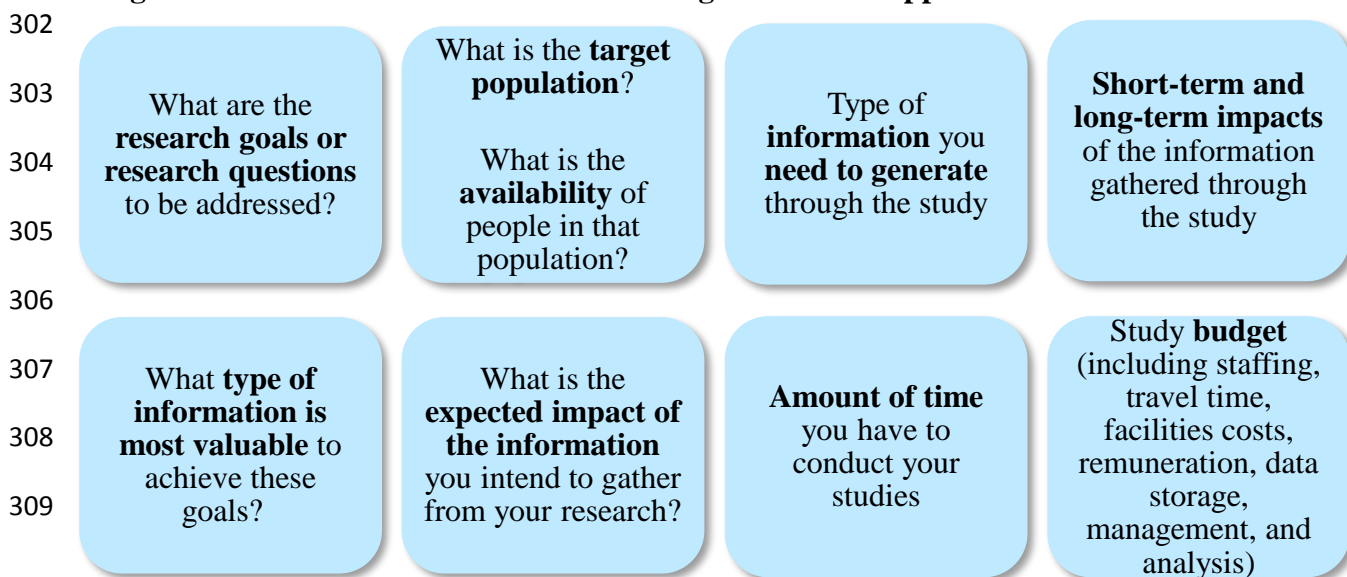
287  
288 FDA values the use of patient input to help foster the development and availability of safe and  
289 effective medical products. The collection of patient input helps FDA gain a better understanding  
290 of the patient experience and expected clinical benefit.

## 291 **2. GENERAL CONSIDERATIONS FOR COLLECTING PATIENT EXPERIENCE** 292 **DATA**

### 293 **2.1. Overview**

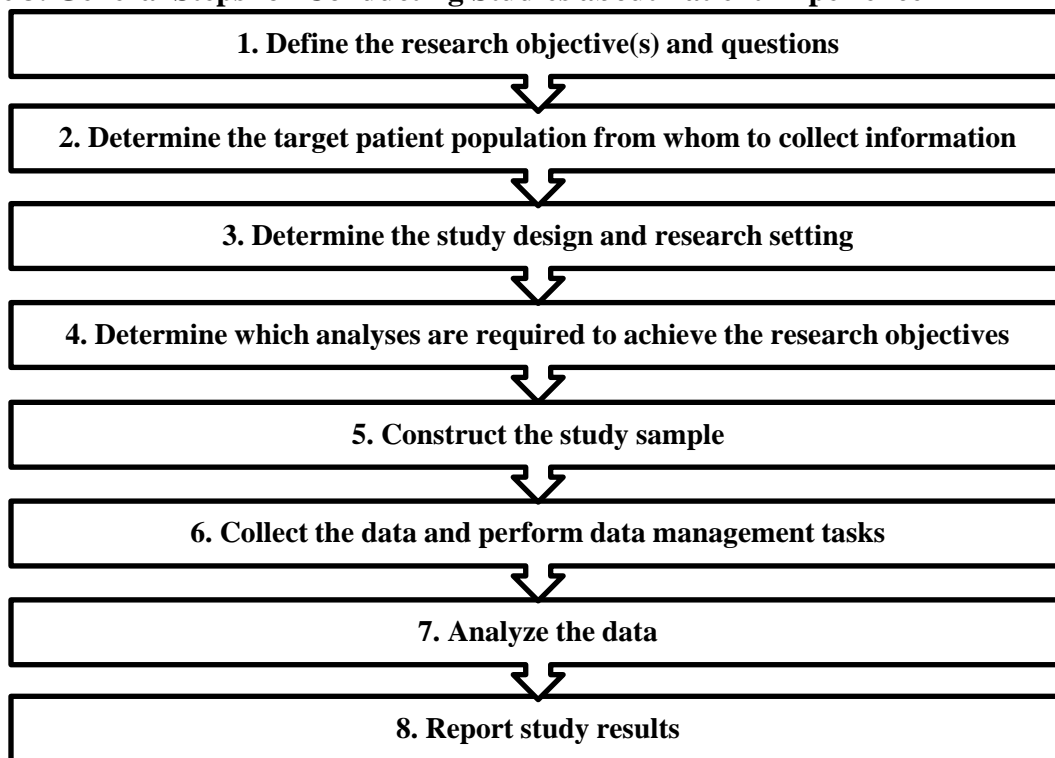
294 ***How do you select a research approach?*** The research approach should be determined during  
295 the study design phase, prior to study implementation and should be comprised of the plans for  
296 your research as well as the steps to implement those plans. While selecting the appropriate study  
297 methods, you should consider the broad research assumptions underlying your study design as  
298 well as the detailed elements that should be incorporated into the methodology to meet those  
299 assumptions and achieve success (Johnson and Christensen 2017; Teherani, Martimianakis, et al.  
300 2015). **Figure 2** lists the factors that should be considered when selecting a research approach.

301 **Figure 2. Factors to Consider when Selecting a Research Approach**



310 *What steps should be used to collect patient experience data?* FDA recommends stakeholders  
311 follow the general steps listed in **Figure 3.** for studying patient experience. The subsequent  
312 sections provide additional details. **The research approach may need to be adjusted based on**  
313 **the answers to these questions.**

314 **Figure 3. General Steps for Conducting Studies about Patient Experience**



315

## 316 **2.2. Defining the Research Objectives and Questions**

317 *How do you define research objectives and questions?* Your research objective(s) should be  
318 defined by the research questions you are trying to answer. When formulating your research  
319 objective, be specific. It may be useful to break down a broader research goal into specific  
320 research objectives, aims, and questions. Your research objectives and questions should inform  
321 which methodological approaches you use in your research.

322 When drafting your research questions, you should consult previously conducted studies and  
323 other relevant research literature (published and unpublished) along with research and clinical  
324 experts. This will help to determine the most appropriate question(s) that will guide your study  
325 procedures (Johnson and Christensen 2017). A carefully conducted review on your topic of  
326 interest coupled with expert consultation early in the study planning phase will help you clearly  
327 identify objectives and questions that will inform:

- 328 • which methods are better suited to meet your research goals and provide evidence to  
329 support your research questions; and
- 330 • the design of study materials (e.g., study protocol, interview guides, coding dictionary).

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**Example:**

**Research objective:** To explore the attitudes and needs of patients with human immunodeficiency virus (HIV)

**Research questions:**

1. How does HIV impact patients' daily lives?
2. Why might HIV patients not accept treatment?
3. What do patients look for in an ideal treatment for HIV?

**Next steps:** After defining your research objective and questions, you can start thinking about what research method to choose to meet your goal. If patients feel uncomfortable asking questions or sharing concerns about living with HIV, it might be more suitable to engage them in one-on-one interviews over the telephone to provide them with a more comfortable interview setting rather than in group discussions or even administering a survey.

## 344 2.3. Whom to Collect Information from

### 345 2.3.1. Defining the Target Population

346 **How do you define the target population?** The group of patients whose experience you wish to  
347 learn about is the **target population**. Characteristics of the target population should inform both  
348 the type of research methodology and mode of administration that you choose for your study.

349 **Example:** If you wish to understand the views and preferences of all individuals with  
350 Parkinson's disease (PD) in the world, then the target population could be defined as the set of  
351 all individuals who have been diagnosed with PD. If you are interested in a subset of PD  
352 patients, such as patients diagnosed within the last 5 years, then the target patient population  
353 could be restricted accordingly. The target population may also be restricted to a certain  
354 geographic area, such as PD patients in the US or the state of California.

355 More specifics are needed, however. Will the diagnosis be confirmed clinically by the research  
356 team? If not what will the source be, self-report, the participants' clinicians, another source? In  
357 different situations, different answers may be appropriate. An important factor to keep in mind  
358 when choosing a target population is if the research goal is a confirmatory study, or is it more  
359 exploratory or hypothesis generating?

### 360 2.3.2. Determining Who Will Be Providing Patient Experience Data

361 **Who should provide the patient experience information?** FDA generally recommends that the  
362 patient directly report their experience with their disease or condition, unless the patient cannot  
363 reasonably be expected to reliably self-report (e.g., young children, individuals with cognitive  
364 problems, such as Alzheimer's disease, etc.). In such cases, a clinician or other trained health  
365 care professional and/or primary caregiver(s), may report on patient experience if it is observable

366 (e.g., signs of disease or condition, functioning, etc.) (FDA, 2015). Patient representatives and  
367 advocates can also provide valuable information about the patient experience.

368 Who the *reporter* is (i.e., the person who will be providing the patient experience information)  
369 may vary from patient to patient *within* the target population. You should assess whether  
370 multiple reporters are in fact needed within the target population, as well as set criteria to  
371 determine when multiple reporters are needed (e.g., determine the minimal age limit at which  
372 children can provide reliable responses; determine minimal cognitive function at which  
373 individuals can provide reliable responses, etc.). Who the reporter is should be recorded for each  
374 report.

375 **Example:** If you are studying asthma in patients aged 4-17 years old, then the reporter might be  
376 (a) the patient's primary caregiver or parent for young children who cannot provide a reliable  
377 response and (b) the patient themselves (if determined they are of age to provide a reliable  
378 response).

379 Factors to consider if self-report is feasible for patients include (but are not limited to):

- 380 • Age
- 381 • Level of cognitive development
- 382 • Communication skills
- 383 • Health literacy
- 384 • Insight
- 385 • Health state
- 386 • Co-morbidities

387  
388 FDA recommends stakeholders engage with subject matter experts in that disease area when  
389 determining the appropriateness of self-report in the target population.

### 390 2.3.3. *Subgroups*

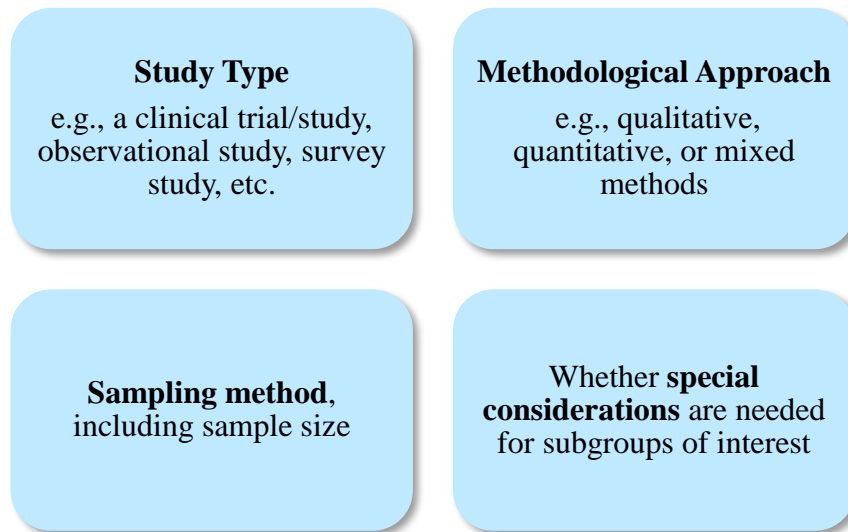
391 All subgroups of interest should be pre-specified at the study design stage whenever possible.  
392 Care should be taken with the number of subgroups being proposed for analysis and inference.  
393 Subgroups of interest may be based on reporter type (e.g., patients versus primary caregivers)  
394 and/or socioeconomic, demographic, cultural, linguistic, clinical, or other factors pertinent to the  
395 disease/condition of interest. For diseases/conditions that manifest with notable symptom  
396 heterogeneity, subgroups may be based on the most prevalent (commonly seen) symptoms.

## 397 2.4. **Determining the Study Design and Research Setting**

398 *How do you determine the research study design and setting?* Your research study design and  
399 setting is determined by your research objectives and questions, which should inform the  
400 following.



401 **Figure 4. A Few Study Design Factors**



402

403 *2.4.1. Sampling Methods*

404 There are many sampling methods, each varying in complexity, the use of which depends on the  
405 needs and limitations of each situation. FDA recommends stakeholders engage with subject  
406 matter experts when determining the appropriateness of sampling methods to use. **Table 2** lists  
407 some sampling approaches that may be used to obtain patient experience. They can be classified  
408 under two broad types of sampling schemes:

- 409     • probability/random sampling and  
410     • non-probability/non-random sampling.

411 More in-depth discussions of these sampling methods with respect to advantages and  
412 disadvantages can be found in the literature (e.g. Johnson, 2015; Groves, Fowler, et al., 2009;  
413 Levy & Lemeshow, 2008; Korn and Graubard, 1999; Valliant, Dever, et al., 2013; Fricker, 2008;  
414 Heckathorn, 1997; Johnson & Christensen, 2014; and Rothenberg, 1995).

**Table 2. Types of Sampling**

Type of sampling	Selection Strategy	Examples	Limitations
<p><b><i>Probability Sampling</i></b></p> <p>Simple random sampling (SRS)</p>	<p>A sample drawn by a procedure in which every member of the population has an equal chance of being selected.</p>	<p>A simple random sample is taken from a population of patients admitted to a hospital in the first six months of 2015.</p>	<ul style="list-style-type: none"> <li>• Can be expensive when units are geographically dispersed and information is obtained through face-to-face interviews.</li> <li>• SRS samples often do not reflect the heterogeneity in the target population.</li> </ul>
<p>Stratified random sampling</p>	<p>A sample drawn by dividing the population into mutually exclusive groups and then selecting a random sample from within each group.</p>	<p>Population of prisoners admitted to California prisons are stratified by race and gender and a SRS is taken for each race and gender combination.</p>	<ul style="list-style-type: none"> <li>• Requires the stratification factors to be known.</li> </ul>
<p>Multiplicity sampling</p>	<p>A sample drawn by first taking a probability sample from the target population followed by drawing a sample from the set of individuals who belong to the network of those initially sampled</p>	<p>Current Population Survey Immigration-Emigration Supplement probability samples households each month. Includes question about immediate relatives who had previously lived in the US but are currently living abroad. Enables estimation of emigration rate. (Jensen, 2013)</p>	<ul style="list-style-type: none"> <li>• The initial probability sampling phase may not be feasible.</li> <li>• Relies on the initial respondents to identify members in their network.</li> </ul>
<p>Cluster sampling</p>	<p>A sample drawn by which clusters (i.e., a collective type of unit that includes multiple elements, such as clinical sites in different geographic areas) are randomly selected and either complete- or sub- sampling of individuals within the selected clusters are taken.</p>	<p>A probability sample of hospitals in a state is taken, from which a probability sample of patients from each hospital is taken.</p>	<ul style="list-style-type: none"> <li>• Often requires information about cluster size as selection probabilities can depend on such information.</li> <li>• Heterogeneity can be compromised if units within cluster tend to be homogeneous.</li> </ul>
<p>Multistage probability sampling</p>	<p>Generalization of cluster sampling to include multiple levels/stages of cluster sampling.</p>	<p>CDC Medical Monitoring Project (Frankel et al. 2013).</p> <ul style="list-style-type: none"> <li>• Stage 1, a probability sample of states.</li> <li>• Stage 2, a probability sample of facilities within each sampled state.</li> <li>• State 3, a probability sample of HIV patients from each sampled facility.</li> </ul>	<ul style="list-style-type: none"> <li>• Often requires information about cluster size as selection probabilities can depend on such information.</li> <li>• Heterogeneity can be compromised if units within cluster tend to be homogeneous.</li> </ul>

Type of sampling	Selection Strategy	Examples	Limitations
<b>Non-Probability Sampling</b>			
Snowball sampling (chain-referral)	A sample drawn by which each research participant is asked to identify other potential research participants. The initial sample of individuals is often obtained via non-probability sampling; subsequent samples are obtained by chained referrals from the previous sample.	Patients with sickle cell disease participate in focus groups to discuss symptoms of the disease and impacts of the medications taken. Focus group participants are asked to identify other people they know with sickle cell disease who may be potential research participants so study staff can invite them to join the research study.	<ul style="list-style-type: none"> <li>• Convenience sample</li> <li>• No basis for generalizability to target population.</li> </ul>
Respondent-driven sampling	Similar to snowball sampling. The chain of referrals is often longer than snowball sampling and under certain conditions, estimates can be generalizable to target population (Heckathorn, 2011).	See Heckathorn (1997).	<p>Requires:</p> <ul style="list-style-type: none"> <li>• A long recruitment chain.</li> <li>• Population is socially networked (Malekinejad et al 2008).</li> </ul>
Web-based sampling	A sample drawn by the contact mode (i.e., how the respondents are contacted, such as the web) which can involve multiple sampling strategies (e.g., systematic sampling, multiplicity sampling, list-based, entertainment polls, un-restricted self-selected surveys, volunteer (opt-in) panel).	Researcher selects patients from a web-panelist (e.g., online polling panel) to include in study	<ul style="list-style-type: none"> <li>• Limited by pre-registered panelists</li> <li>• Selection bias</li> <li>• Potential response bias</li> </ul>
Purposive sampling	A sample drawn by which the researcher specifies the characteristics of the population of interest and locates individuals with those characteristics.	Researcher is interested in studying adult females with acne	<ul style="list-style-type: none"> <li>• Researcher bias (researcher selects the sample)</li> </ul>
Convenience sampling	A sample drawn by including people who are available, volunteer, or can be easily recruited in the sample.	Patients who can travel to attend Patient-Focused Drug Development (PFDD) meetings	<ul style="list-style-type: none"> <li>• Sample can have biases that both over- and under-represent the overall population</li> <li>• Researcher bias</li> </ul>
Quota sampling	A sample drawn by which the researcher determines the appropriate sample sizes or quotas for the groups identified as important.	Researcher chooses their sample to consist of 45% females and 55% males to maintain the correct proportions representative of the target population.	<ul style="list-style-type: none"> <li>• Sample has not been chosen using random selection (impossible to determine possible sampling error)</li> <li>• Unable to make statistical inferences from the sample to the population</li> </ul>

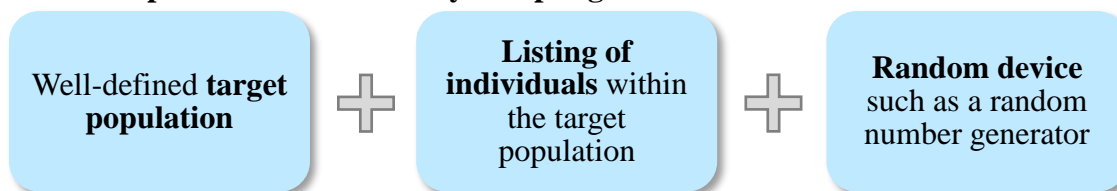
416 **What is representativeness?** An important goal is obtaining patient experience data that are not  
417 only relevant, objective, accurate, but also representative of the target population. In this  
418 document, the term *representative* can be interpreted in the following ways. Depending on the  
419 research question you need to consider what impact information, and potential missing  
420 information, will have on the usefulness of the gathered patient experience data.

421 (1) **A sample is representative of the target population if statements made about patient**  
422 **experience based on data from the sample of patients is generalizable to the target**  
423 **population.** Probability sampling schemes enable you to obtain such representative  
424 samples and often arise in the context of quantitative studies. However, if groups of  
425 patients from the target population are not adequately represented in your study sample,  
426 your ability to generalize your research findings to the target population may be limited,  
427 even if you use a probability sampling scheme. To some extent, this can be alleviated by  
428 oversampling such groups as part of the sampling plan.

429 (2) **A sample is representative of the target population to the extent that patients in the**  
430 **study sample consists of individuals of various characteristics that to some degree**  
431 **approximate the heterogeneity of characteristics in the target population.** However,  
432 statements made about patient experience based on data from the sample are not  
433 necessarily generalizable to the target population. Studies in which generalization to the  
434 target population is not the primary objective often use non-probability sampling schemes.

435 The necessary components for probability sampling are shown in **Figure 5**.

436 **Figure 5. Components for Probability Sampling**



437  
438 The listing of individuals is often referred to as the sampling frame. Ideally, the sampling frame  
439 should enumerate all individuals in the target population. A random number generator can be  
440 used to randomly sample individuals from the sampling frame which in principle produces a  
441 sample of patients whose experiences are said to be representative of the target population.

**Example:** Suppose the target population consists of 100,000 Parkinson’s disease (PD) patients alive in the US and each individual is enumerated in a sampling frame with a label of 1 to 100,000. A sample of 2000 patients is randomly selected from among the 100,000 patients and their experiences are ascertained. By virtue of random sampling, statements made about patient experience based on the 2000 individuals in the sample are also valid for the entire 100,000 PD patients.

442  
443 Non-probability sampling, however, does not require a listing of the entire target population nor  
444 does it require a random device to sample individuals. Note also that in some cases, probability  
445 sampling can be accomplished without the availability of a formal sampling frame prior to study  
446 initiation as it may be constructed as part of the study.

447 2.4.2. *Sample Size*

448 ***How to determine the sample size for your study?*** Sample size estimates are driven:

- 449 • research objectives
- 450 • type of outcomes under consideration
- 451 • study design
- 452 • planned methods of analysis
- 453 • whether the study is quantitative or qualitative in nature.

454 Having an insufficient sample size may produce unreliable and/or imprecise results. FDA  
455 recommends that if the sample size is limited due to practical considerations (e.g., rare diseases),  
456 the research objectives should be adjusted accordingly and noted as a limitation in the study  
457 report. In practice:

- 458 • the number of sampled individuals completing the study can be substantially small,
- 459 • there may be interest in one or more subpopulations, and/or
- 460 • the study design may be complex.

461 Sample size calculations should take these features into consideration. If the goal of the study  
462 emphasizes both the target population and a subpopulation within the target population, then the  
463 sample size should be chosen to satisfy the criteria underlying the sample size calculations for  
464 both the target population and the subpopulation inference.

465 2.4.2.1. *Studies Using Quantitative Methods*

466 For quantitative studies, the criteria for sample size calculation are usually quantifiable.

**Example:** In efficacy superiority clinical trials comparing two or more arms, some of the common statistical specifications for determining sample size are:

- attaining a pre-specified power (e.g., sensitivity to detect a treatment effect of at least 80%, if the effect exists), and
- minimizing the chance of false positive results (e.g., type I error at most 5%).

467 For studies focusing on a single population, sample size calculation may be based on precision  
468 criterion such as relative error. Sample size calculations for different sampling types, study types,  
469 and data types can be found in the literature (e.g., Levy & Lemeshow, 2008; Chow et al., 2008;  
470 Thompson, 1987). For complex designs where sample size formulae do not exist, simulation  
471 could be used.  
472

473

474

475

#### 476 2.4.2.2. Studies Using Qualitative Methods

477 For qualitative studies, sample size determination is often less formal and based on the concept  
478 of saturation, which roughly means little new information (i.e., new concepts of importance and  
479 relevance to subjects and research question) is gained by recruiting additional patients (Francis et  
480 al 2010; Dworkin 2012) and the group of patients thus far recruited appears to be representative.  
481 As such, sample size formulae for such studies are often unavailable. Although sample size  
482 determination for qualitative studies is usually subjective, there is some guidance in the literature  
483 (e.g., Frances et al., 2010; Sandelowiski, 1995; Dworkin, 2012; and references therein).

### 484 2.5. Constructing a Sampling Frame

485 *Construct a sampling frame?* Without a sampling frame, it is difficult (and potentially  
486 infeasible) to sample from the target population. To the extent that disease registries are inclusive  
487 and regularly-updated, they can provide a natural sampling frame. Some disease registries may  
488 be at the state level, some may be national or international, and some may be local to an  
489 organization such as a hospital or a chain of hospitals owned by a particular organization or part  
490 of a network. With such registries, care must be taken to exclude people who have died.

491 For many disease areas, however, registries may not exist or may not be inclusive or well-  
492 maintained. In such cases, you may have to devote resources to construct the sampling frame.

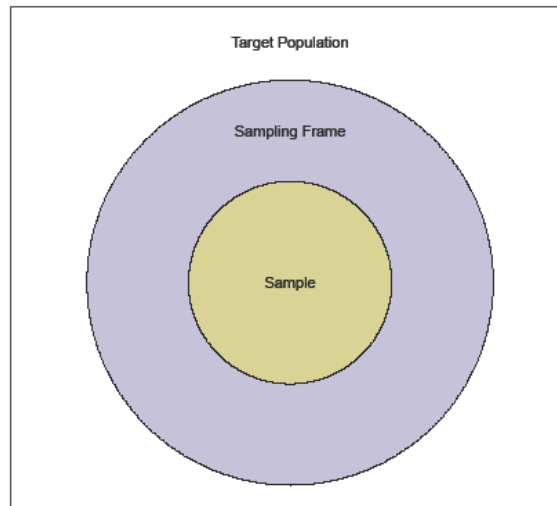
**Example:** In the United States, physician listings such as the AMA Masterfile or state  
licensing board files has the potential to be used to create a sampling frame for the target  
population in the sense that a sample of physicians from these sources may be used to elicit  
members of the target population.

493  
494 In the above example, unless all physicians treating patients are sampled, and all relevant  
495 patients under the care of each physician are identified, the resulting sampling frame may exhibit  
496 undercoverage in the sense that not every member of the target population is counted in the  
497 frame. **Figure 6** illustrates the concept of undercoverage. The target population of interest is the  
498 square. Undercoverage occurs because a proportion of members of the target population is not  
499 included in the sampling frame, the large circle. In general, under-coverage may not be  
500 problematic if:

- 501 • members excluded from the frame could be reasonably viewed as not being substantially  
502 different from those enumerated in the frame, and
- 503 • the primary goal of the study is to understand the distribution of the patient experience in  
504 the target population, rather than to estimate total number of people that hold certain views  
505 and preferences.

506 Regardless, attempts should be made to minimize under-coverage so that the patient population  
507 in the frame is not different from the target patient population. In some cases, it may be possible  
508 to conduct a screening study to identify members of the target population and create a sampling  
509 frame. Additionally, sometimes multiple frames may be used.

510 **Figure 6. Example Undercoverage Sampling Frame**



511

## 512 2.6. Additional Considerations to Achieve Sufficient Representation

513 *How do you achieve sufficient representation?* Sufficient representation is achieved through  
514 careful construction of a sampling frame and choice of an appropriate sampling scheme.  
515 However, there are scenarios in which probability sampling may not be feasible. Regardless of  
516 how the study sample is constructed, it is important to try and ensure that patients in the study  
517 sample represent the target population—to the greatest extent possible with respect to the  
518 variables that can affect the outcome of interest. **Figure 7** shows some factors to consider to  
519 achieve sufficient representation.

520 **Figure 7. Factors to Consider to Achieve Sufficient Representation**

### Socioeconomic and demographic background

- Include persons from all relevant demographics within the target population, including: age, sex, race/ethnicity, level of education, socioeconomic status to the extent possible.

### Cultural background and spoken language(s)

- Include persons from all relevant cultures and languages within the target population to the extent possible
- Ensure that results from the research study apply to the entire target population. People from different cultures may describe their signs and symptoms of a disease or condition differently and/or may have different values and preferences.

### Literacy and health literacy

- Include persons with all levels of reading, writing, problem solving abilities to the extent possible. Also consider person's speaking ability.

### Clinical characteristics

- Range of severity of disease or condition
- Range of symptoms and/or functional impacts experienced (especially for those diseases or conditions with symptom heterogeneity, such as migraines and some rare diseases)
- Range of physical and cognitive abilities

521

522 **3. METHODS FOR COLLECTING AND ANALYZING PATIENT EXPERIENCE**  
523 **DATA**

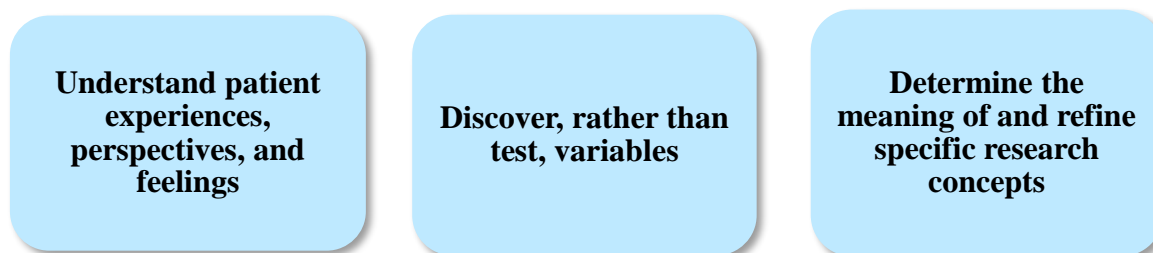
524 This section provides an overview of various methods for collecting patient experience data. As  
525 noted in **Section 1.3**, three main research approaches are commonly used to help guide the  
526 collection of patient experience data: qualitative research, quantitative research and mixed  
527 methods research (Johnson and Christensen 2017). Additional discussion on these methods can  
528 be found in **Appendix 6**.

529 **3.1. Qualitative Research Methods**

530 *What are qualitative research methods?* The short answer is this is when we talk to people, but  
531 to be research, we need structure. Qualitative research methods are generally an exploratory  
532 approach used to gain insight into the patient experience and to better understand the meaning of  
533 research concepts (Johnson and Christensen 2017; Neuman 2014; MSF 2002). Qualitative  
534 methods generally serve to provide answers for the “what,” “why,” and “how” rather than the  
535 “how many” or “how much” in order to generate in-depth information about the experiences,  
536 perspectives, and feelings of patients and other individuals (e.g., clinicians, caregivers), in their  
537 own words. Qualitative methods are used to elicit information related to research questions,  
538 whether it is to better understand burden of disease and/or treatment, or instrument design and  
539 feasibility.

540  
541 Ultimately, qualitative research is a fluid, dynamic and evolving process. **Figure 8** shows the key  
542 outcomes from this method.

543 **Figure 8: Key Outcomes from Studies Using Qualitative Methods**



544

545 *3.1.1. Sources of qualitative data*

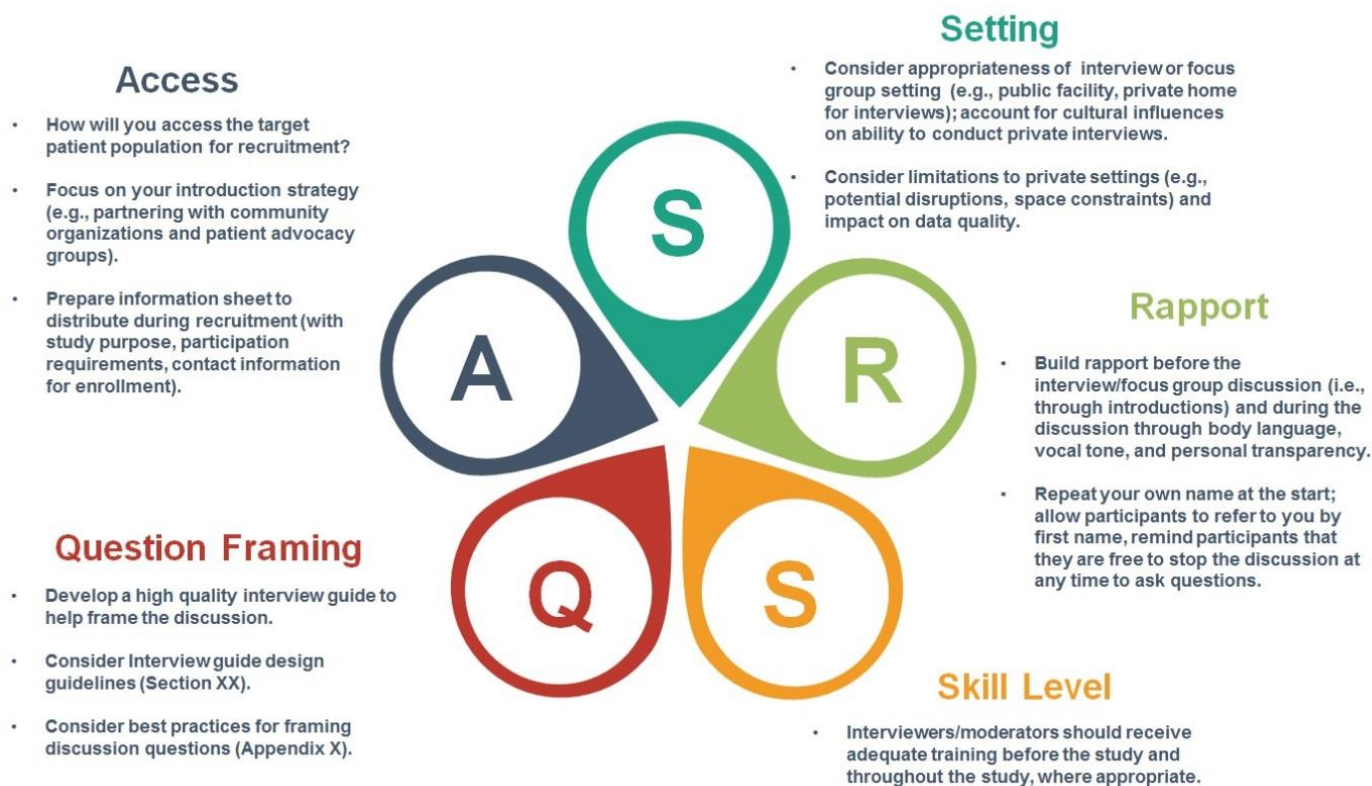
546 *How do you generate qualitative data?* Sources of qualitative data collection include interviews  
547 (e.g., one-on-one interviews, focus groups, etc.) and consensus panels (e.g., Delphi panels).  
548 FDA recommends that you select the source that meets the needs of your study (including your  
549 available resources). **Appendices 3, 4, and 6** describe some common sources, considerations,  
550 advantages, and disadvantages of qualitative data (Johnson and Christensen, 2017; Edwards and  
551 Holland, 2013; Kvale 1996; McNamara, 1999) and mode of interview administration (e.g., in-  
552 person, telephone, video).



553 3.1.1.1. Considerations for Successful Interviewing and Focus Group Moderation

554 FDA recommends you use best practices when interviewing and moderating focus groups.  
555 While it is difficult to provide a comprehensive list of rules for good interviewing or moderating  
556 techniques, below you will find some practical considerations for planning and conducting  
557 interviews and moderating focus groups (Johnson and Christensen 2017; MSF 2002). **Figure 9**  
558 illustrates factors to consider for successful interviewing and focus group moderation.  
559

560 **Figure 9. Considerations for Successful Interviewing and Focus Group Moderation**



561

562 3.1.1.2. Social Media

563 FDA encourages external stakeholders to explore the use of social media tools (e.g., medical  
564 community blogs; crowdsourcing; social media pages, such as Twitter, Facebook; etc.) to shed  
565 light on patients’ perspectives regarding symptoms and impacts of a disease or condition.  
566 Targeted social media searches may be useful during the preliminary stages of a study to  
567 complement literature review findings, inform the development of research tools (e.g.,  
568 qualitative study discussion guides) or as a supplement to traditional qualitative research  
569 approaches (e.g., one-on-one interviews, focus groups). If social media tools are used to collect  
570 patient experience data, they should not be relied upon as a primary source of data. FDA  
571 recommends that social media data be used as a complementary supplement to other traditional  
572 qualitative data sources (e.g., literature, interviews, or expert opinion).  
573

574 While social media tools can provide useful data, limitations related to sampling need to be  
575 considered. With most social media sources, there is no mechanism for verifying patient identity,  
576 or clinical and demographic characteristics; you must rely on patient self-identification and  
577 diagnosis, which can be inaccurate. Likewise, different demographic groups tend to use different  
578 types of social media (e.g., Pinterest is often dominated by female users, Instagram is dominated  
579 by young adults, etc.). Based on this variability, you may need to use different social media tools  
580 to gather information from the demographic group(s) you are targeting.

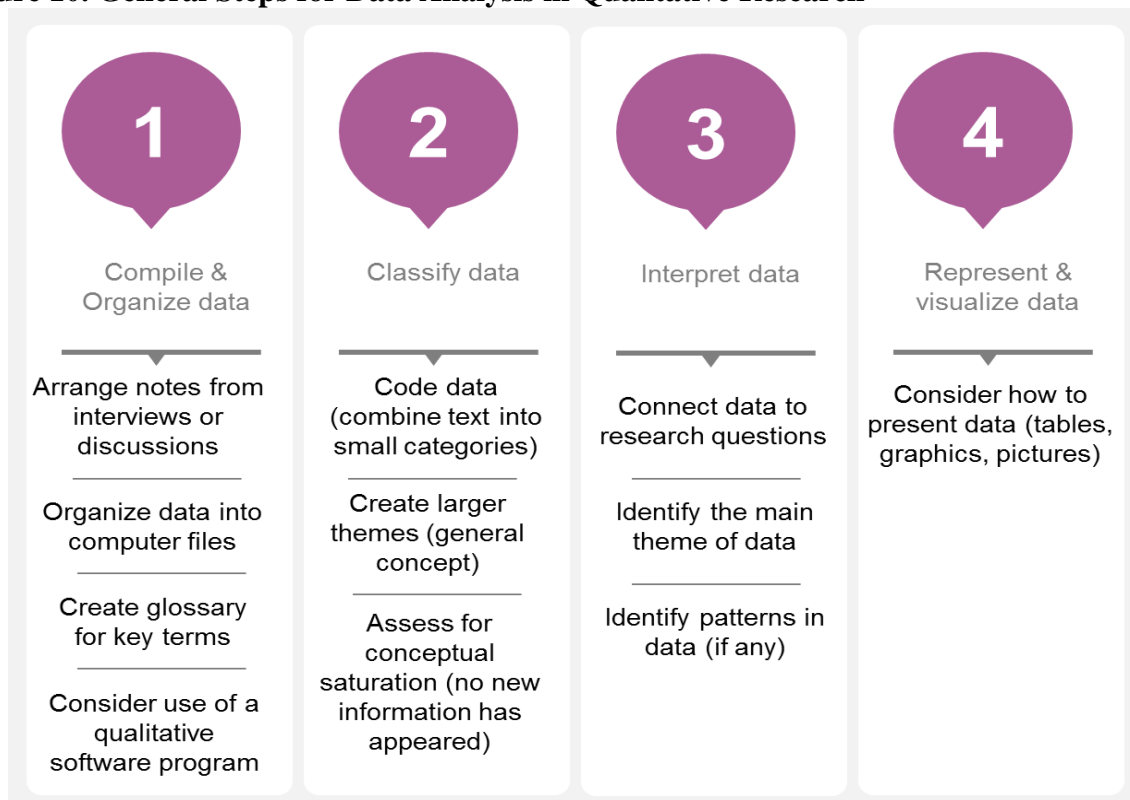
### 581 3.1.2. *Selecting qualitative methods*

582 **How do you determine which qualitative method(s) to use?** When selecting your qualitative  
583 method, consider how well the individual characteristics of each method match your research  
584 goals and the data you expect to generate from your study. Advantages and disadvantages  
585 associated with each qualitative data collection method are outlined in **Appendix 6**.

### 586 3.1.3. *Analyzing qualitative data*

587 **How do you analyze data from studies using qualitative methods?** FDA recommends  
588 stakeholders to consider the general steps outlined in **Figure 10** when analyzing qualitative data.  
589 **Appendix 6** expands on these steps.

590 **Figure 10. General Steps for Data Analysis in Qualitative Research**



592

593 **3.2. Quantitative Research Methods**

594 *What are quantitative research methods?* Quantitative research methods are characterized by  
595 the collection of quantifiable data (e.g., numerical data) and the application of statistical methods  
596 to summarize the collected data. **Appendix 6** summarizes potential aims of quantitative research.

597 **Example:** A group of patients are given a Psoriasis Symptom Questionnaire that includes  
598 “closed-ended” questions with a fixed set of response options related to psoriasis symptoms.  
599 The Psoriasis Symptom Questionnaire produces a score (i.e. quantitative data).

600 *3.2.1. Analyzing quantitative data*

601 *How do you analyze data from studies using quantitative methods?* It is beyond the scope of  
602 this document to provide an exhaustive list of analytical approaches to analyze quantitative data.  
603 Information about missing data, analysis under probability sampling, and software can be found  
604 in **Appendix 6**.

605 In general, however, the analytical approach you take should be appropriate for the:

- 606 • research objectives. This is partly related to the aims listed in **Table 9** in **Appendix 6**.
- 607 • study design. Potential designs include clinical trials, observational studies, surveys.
- 608 • types of data generated in your research study. Some examples include continuous,  
609 frequency, categorical, and longitudinal data (**Table 10** in **Appendix 6**).

610 **3.3. Mixed Methods**

611 *What is mixed methods?* Mixed methods research is where both qualitative and quantitative  
612 methods are used. A mixed methods study addresses a set of research questions that require both  
613 qualitative and quantitative evidence and methods. Both the quantitative and qualitative data  
614 should be analyzed and interpreted together before reaching a conclusion.

615  
616 Mixed methods studies can occur in different ways: mixing of data, of designs, and of analyses.  
617 The simplest approach to a mixed method study involves the mixing of data.

618  
619 **Example:** A group of patients are given a survey that is assessing the burden of diabetes. The  
620 survey includes open-ended and closed-ended questions. With the use of these types of  
621 questions, the survey can produce both qualitative (textual) and quantitative (numeric or  
622 categorical) data.

623 A more complex approach to a mixed method study is mixing of designs. **Figure 11** lists  
624 examples of mixed designs.

625  
626  
627

628  
629

## Figure 11: Mixing Qualitative and Quantitative Components in a Mixed Methods Study

### Parallel

- Interviewing participants (qualitative) at the end of a clinical trial or observational survey study (quantitative) to gain insight into the participant’s behavior
- Using and analyzing open-ended (qualitative) and closed-ended (quantitative) items as part of the same survey/questionnaire
- Transforming qualitative data into quantitative data through content analysis

### Sequential (qualitative first, then quantitative)

- Using qualitative data to define patient subgroups, based on site/field observations of their experience with the disease/condition or treatment (qualitative), and then comparing patients’ responses to a survey/questionnaire (quantitative)

### Sequential (quantitative first, then qualitative)

- Using additional qualitative data about individuals who demonstrated a clinical benefit versus those who did not in a quantitative analysis to explain their quantitative scores.

630 **Source:** Adapted from Yin (2016)

### 631 3.3.1. Analyzing data from mixed methods

632 **How do you analyze data from mixed methods?** Different types of analyses can be used to  
633 analyze data from a mixed method study, including combining the use of analyses described for  
634 qualitative (**Section 3.1**) and quantitative (**Section 3.2**) methods. FDA recommends that  
635 stakeholders choose the best analysis approach for their research objective.

## 636 4. OPERATIONALIZING AND STANDARDIZING DATA COLLECTION AND 637 DATA MANAGEMENT

### 638 4.1. Standard Approaches to Consider for Collecting and Managing Data

639 **What activities occur during data collection?** There are a series of inter-related activities in the  
640 process of collecting data (**Figure 12**). FDA encourages stakeholders to carefully plan these  
641 activities. Further, FDA recommends stakeholders to standardize data collection activities and  
642 data quality issues to the extent possible.

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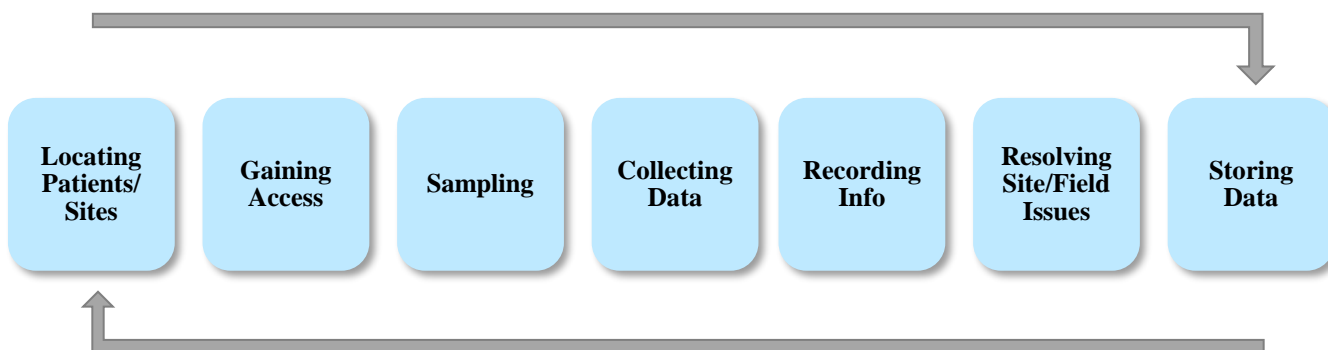
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648 **Figure 12. Data Collection Activities**

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**Source:** Adapted from Creswell (2013)

662 *4.1.1. Locating Patients/Sites*

663 A critical step in the process of data collection is to identify the appropriate sample and/or sites  
664 to study. Patients should not be located at a single site. FDA recommends including patients  
665 from diverse sites to provide a complete picture of the topic of interest (see **Sections 2.4.1, 2.5,**  
666 **and 2.6** on representativeness).

667 *4.1.2. Access*

668 For any study that involves gaining access to sites and patients, external stakeholders should seek  
669 permission from a human subjects review board prior to conducting a study and comply with  
670 regulations concerning institutional review board (IRB) review and approval, including:

- 671 • informed consent requirements;
- 672 • Health Insurance Portability and Accountability Act (HIPAA) authorizations
- 673 • reporting requirements; and
- 674 • maintenance and retention of records.

675 Studies should be conducted in compliance with Good Clinical Practice, including International  
676 Conference on Harmonization Guidelines and consistent with the most recent version of the  
677 Common Rule. In addition, these studies should adhere to all applicable local laws and  
678 regulatory requirements relevant to the use of medical products.

679 *4.1.3. Sampling Strategy*

680 Of similar importance within the data collection process is the determination of a strategy for the  
681 sampling of patients or sites. Refer to **Section 2.4.1** on the different types of sampling.

682

683 4.1.4. Collecting Data

684 FDA recommends stakeholders consider the most appropriate data collection approach for their  
 685 research objective. Data collection methods can include but are not limited to the following:

- 686 • Observations
- 687 • Interviews
- 688 • Documents (including questionnaires)
- 689 • Audiovisual materials

690 Each of the four data collection methods generates different types of data (see **Table 3**), each of  
 691 which has its own advantages and limitations.

**Example:** If data collection for a study only consists of interviewing but the main research objective is to understand how people actually reacted to a given situation (e.g., disease complication, treatment side effects, etc.), the data may be limited to an understanding of the situation as reported by the participants. Depending on the study, these interview data might not provide a full picture of how the people actually reacted, although the data might still show understanding into how participants were thinking about or developed their own understanding of the situation (Yin 2016).

692  
 693 **Table 3: Data Collection Methods and Types of Data for Qualitative and Quantitative**  
 694 **Research**

Data Collection Method	Illustrative types of data	Specific examples of data
<i>Interviews</i>	Language (verbal and body)	A person’s explanation of some behavior or action; a recollection; an expressed belief or viewpoint (e.g., email, face-to-face, focus group, online focus group, telephone interviews; Delphi panel)
<i>Observations</i>	People’s gestures; social interactions; actions; scenes and the physical environment	The communication between two people; group dynamics; spatial arrangements or a person and a setting
<i>Documents (including questionnaires)</i>	<i>Contents of:</i> personal documents, other printed materials, graphics, archival records, and physical artifacts	Public documents (e.g., official memos, minutes, records, archival material); medical records, chart audits; patient/caregiver questionnaires or diaries; photo elicitation (participants take photographs or videotapes)
<i>Audiovisual Materials</i>	Sight and sound (recorded speech or actions)	Videotape or photographs of individuals or groups; sounds (laughter or other vocalized expressions); email or discussion board messages (e.g., medical community blogs); phone text messages or social media pages (e.g., Twitter, Facebook)

695 **Source:** Adapted from Creswell (2013) and Yin (2016)

696

697 4.1.4.1. Documents (including questionnaires)

698 Various documents can be used to collect data in obtaining patient and/or caregiver input on  
699 burden of disease and treatment (see **Table 3**). Surveys or questionnaires are frequently used  
700 particularly in observational studies to capture patient experience data.

701 ***What are questionnaires?*** Questionnaires generally consist of a standard set of questions that are  
702 generally administered in the same order to each participant, but can be administered via  
703 computerized adaptive testing (Johnson and Christensen 2017). Questionnaires can be  
704 administered in both observational studies and clinical trials. In these settings, data can be  
705 collected by questionnaires throughout the study or at the end of the study (e.g., exit surveys).

706 Exit surveys are a standardized method used to collect information about various information,  
707 including treatment satisfaction and study experience with minimal recall bias (Geldsetzer, Fink,  
708 et al. 2017). Exit surveys are generally administered at the end of a participants' enrollment in a  
709 study. However, they also can be administered at any multiple time points throughout the study  
710 (Turner, Angeles, et al. 2001; Hrisos, Eccles, et al. 2009).

711 Questionnaires can be administered in different modes:

- 712 • In-person paper administration: paper questionnaires filled out in person by the participant
- 713 • Interviewer administration: questionnaire administered by an interviewer following a  
714 structured protocol
- 715 • Telephone questionnaire administration: questions administered over the phone
- 716 • Electronic administration: participants can complete questions via email, web interface, or  
717 electronic device

718 ***What are some key considerations when using questionnaires to collect patient experience***  
719 ***data?*** Key considerations when using questionnaires to collect patient experience data include  
720 the following:

- 721 • Each participant in a sample is asked the same set of questions to the extent possible
- 722 • Design questions that are interpreted and understood well by participants (e.g., pilot-test  
723 questions)
- 724 • Avoid using incomplete questions (e.g., Age? Reason last saw doctor?)
- 725 • Avoid using questions that ask two or more questions at once (i.e., multi-barreled  
726 questions)
- 727 • Create distinct and non-overlapping response options for each question

728 If questionnaires are intended to be used in observational survey studies, FDA encourages the  
729 following steps (Cooper, Cooper, et al. 2006):

- 730 • Select pool of participants or web-panelists (e.g., health panels) to be observed. Obtain the  
731 required permissions needed to gain access to the participants and/or panelists.
- 732 • Create a system in which questions can be entered, as well as possible responses, into a  
733 database table.

- 734 • Generate tables to record the data entered through the questionnaire from the database
- 735 table of questions and possible responses.
- 736 • Develop a simple, user-friendly paper-based or web-based questionnaire.
- 737 • Provide data validation during the entry process.
- 738 • Develop a coding manual that could be used as a reference document.
- 739 • For web-based surveys, generate descriptive statistics that could be observed through the
- 740 web during the entry phase of the questionnaire.
- 741 • Develop program files that allow opportunity to do more advanced statistics once the
- 742 questionnaire is completed.
- 743 • Maintain a database to access the questionnaire table and data entered into the
- 744 questionnaire. This database should have built-in features or capacity to interface with
- 745 software that has features such as forms, queries, and reports to further work with the data.
- 746

747 If questionnaires are intended to be a study endpoint in a clinical trial, FDA recommends that  
748 stakeholders adopt good measurement principles. Refer to the FDA PRO Guidance on factors to  
749 consider when administering questionnaires in clinical trials.

#### 750 4.1.4.2. Audiovisual materials

751 Audiovisual materials (e.g., videotape, photographs, social media, etc.) also can be used to  
752 collect data in characterizing the patient experience (see **Table 3**).

753 Steps to consider when using audiovisual materials in the data collection process include:

- 754 • Obtain the required permissions needed to use materials.
- 755 • Obtain permission to extract information from web content, if necessary (e.g., request
- 756 permission to join online forums and inquire whether there are restrictions on use of
- 757 information for research purposes).

#### 758 4.1.5. Recording information

759 FDA recommends that stakeholders develop written forms or protocols to collect patient  
760 experience data, such as a discussion guide or observational protocol. A discussion guide or  
761 observational protocol is a pre-designed form used to record information collected during an  
762 interview or observation (e.g., interviewer may take notes on the discussion guide or  
763 observational protocol).

#### 764 4.1.6. Resolving Site/Field Issues

765 FDA recommends that standardized training is provided to the members of the research team to  
766 improve consistency of research. The roles and responsibilities of the team should be outlined in  
767 the research protocol. This will help to prevent many site issues. FDA encourages stakeholders  
768 to also have a troubleshooting guide. Researcher(s) should anticipate and address site/field issues  
769 that might arise during data collection. Examples of these issues are listed in **Table 4**.



770 **Table 4. Site/Field Issues**

<p><b>Access to patients/sites</b></p> <ul style="list-style-type: none"><li>• Patients' willingness to participate in research</li><li>• Patient responsiveness</li><li>• Appropriateness of a site</li><li>• Building of trust and credibility at the field site</li><li>• IRB unfamiliar with certain methodologies</li></ul> <p><b>Interviews</b></p> <ul style="list-style-type: none"><li>• Mechanics of conducting interviews (unexpected participant behaviors, sensitive issues, inexperienced researchers)</li></ul> <p><b>Paper Questionnaire Administration</b></p> <ul style="list-style-type: none"><li>• Quality control at the visit (e.g., researchers or site staff failing to check and gain clarity responses in the presence of the participant)</li></ul> <p><b>Web-based Questionnaire Administration</b></p> <ul style="list-style-type: none"><li>• Consistency in data monitoring procedures and follow-up (e.g., monitoring for timely completion and attrition)</li></ul> <p><b>Observations</b></p> <ul style="list-style-type: none"><li>• Consistency in the role of observer</li><li>• Mechanics of observing (remembering to take site notes)</li><li>• Recording accurate quotes/notes</li><li>• Managing information sufficiently at site</li><li>• Funneling information from the observations appropriately</li></ul> <p><b>Documents and Audiovisual materials</b></p> <ul style="list-style-type: none"><li>• Locating materials</li><li>• Obtaining permission to use materials</li><li>• Minimal noise disturbance</li><li>• Best location for video recorder/camera</li></ul> <p><b>Ethical issues</b></p> <ul style="list-style-type: none"><li>• Informed consent procedures</li><li>• Dishonest or hidden (secret) activities</li><li>• Confidentiality toward participants</li><li>• Benefits of research to participants over risks</li></ul>
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771 **Source:** Adapted from Creswell (2013)

772 *4.1.7. Data Management*

773 FDA recommends that data management is addressed in the early stages of a research study.  
774 Before initiating data collection, consider formulating a data management plan (DMP)—a  
775 written document that describes the data you expect to acquire or generate during your research  
776 study; how you intend to manage, describe, analyze, and store said data; and what mechanisms  
777 you will use at the end of your study to preserve and share your data (Stanford University  
778 Libraries n.d.(b)). Creating a written DMP helps formalize the data management process,  
779 identify potential weaknesses in the DMP, and provides a record of what you intend(ed) to do  
780 (Stanford University Libraries n.d.(b)). See **Appendix 5** for resources to consider when  
781 developing a data management plan, as well as components of a good data management plan.

782 *4.1.8. Data Standards*

783 FDA recommends that external stakeholders use appropriate data standards to the extent possible  
784 when collecting, managing, and reporting patient experience data. See **Appendix 2** for some data  
785 standards resources.

786 *4.1.9. Monitoring and Quality Assurance*

787 FDA expects that external stakeholders will be responsible for monitoring the study, ensuring  
788 data integrity, and performing the data analysis.

789 *4.1.10. Storing Data*

790 FDA recommends that external stakeholders plan how to store their data in advance of starting  
791 their study. Researchers should decide how data will be best stored so that it can be easily  
792 retrieved and protected from any type of damage or loss. The approach to data storage should  
793 reflect the type of data collected. In regards to the length of time to keep records of data,  
794 researchers should comply with their IRB and appropriate regulations.

795 Principles to consider about data storage and handling data include the following (Creswell  
796 2013):

- 797 • Create back-up copies of computer files
- 798 • Use high-quality equipment for audio-recording information during interviews
- 799 • Protect the anonymity of participants by de-identification
- 800 • Create a data collection table or database to track and identify data
- 801 • Maintain a list of types of data collected

802 *4.1.11. Confidentiality*

803 All personal participant data collected and processed for research should be managed by the  
804 research team with adequate precautions to ensure confidentiality of the data in accordance with  
805 applicable national and/or local laws and regulations on personal data protection.

806 **5. CONCLUSIONS**

807 This document has provided an overview of methods to collect robust, meaningful, sufficiently  
808 representative patient input to inform medical product development and regulatory decision  
809 making. The proposed methods presented serve only as a basis for dialogue in the evolving and  
810 growing area of the science of patient input.

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