

1 FOOD AND DRUG ADMINISTRATION
2 CENTER FOR DRUG EVALUATION AND RESEARCH
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5
6 JOINT MEETING OF THE ANESTHETIC AND ANALGESIC AND
7 DRUG SAFETY AND RISK MANAGEMENT ADVISORY COMMITTEES
8 (AADPAC and DSaRM)
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12
13 Monday, December 17, 2018

14 8:01 a.m. to 4:46 p.m.
15

16 Day 1
17

18
19 FDA White Oak Campus
20 Building 31, the Great Room
21 10903 New Hampshire Avenue
22 Silver Spring, Maryland

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17 National Fibromyalgia & Chronic Pain Association
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P R O C E E D I N G S

(8:01 a.m.)

Call to Order

Introduction of Committee

1 DR. BROWN: Good morning. I would first
2 like to remind everyone to please silence your
3 cell phones, smartphones, and any other devices, if
4 you've not already done so. I would also like to
5 identify the FDA press contact, Ms. Lyndsay Meyer.

6 Lyndsay, if you could raise your hand. I'm
7 not seeing Lyndsay yet this morning.

8 My name's Ray Brown, and I'll be chairing
9 today's meeting. I'll now call the Joint Meeting
10 of the Anesthetic and Analgesic Drug Products
11 Advisory Committee and the Drug Safety and Risk
12 Management Advisory Committee to order. We'll
13 start by going around the table and introducing
14 ourselves. We'll start to my left with the FDA.

15 DR. THROCKMORTON: Good morning. I'm Doug
16 Throckmorton. I'm the deputy director for
17 regulatory programs, Center for Drug Evaluation and
18 Research, FDA.

1 DR. HERTZ: Good morning. I'm Sharon Hertz.
2 I am the director for the Division of Anesthesia,
3 Analgesia, and Addiction products in CDER.

4 DR. STAFFA: Good morning. I'm Judy Staffa.
5 I'm the associate director for Public Health
6 Initiatives in the Office of Surveillance and
7 Epidemiology in CDER.

8 DR. SECORA: Good morning. My name is
9 Alex Secora. I'm a reviewer in the Division of
10 Epidemiology, CDER.

11 DR. AMIRSHAHI: Good morning. I'm
12 Maryann Amirshahi. I'm an emergency physician at
13 Medstar Washington Hospital Center here in D.C.

14 DR. DASGUPTA: Good morning. My name
15 Nabarun Dasgupta, and I'm a pharmacoepidemiologist
16 at the University of North Carolina, Chapel Hill.

17 DR. GERHARD: Tobias Gerhard,
18 pharmacoepidemiologist at Rutgers University.

19 DR. BOUDREAU: Good morning.
20 Denise Boudreau. I'm a pharmacoepidemiologist at
21 the Kaiser Permanente Washington and also
22 University of Washington.

1 DR. MEISEL: Steve Meisel, director of
2 medication safety, Fairview Health Services in
3 Minneapolis.

4 DR. BESCO: Good morning. Kelly Besco,
5 medication safety officer for the OhioHealth
6 healthcare system in Columbus, Ohio.

7 DR. SHOBN: I'm Abby Shoben, and I'm a
8 biostatistician at The Ohio State University.

9 DR. HERNANDEZ-DIAZ: Sonia Hernandez-Diaz,
10 pharmacoepidemiologist, Harvard Chan School of
11 Public Health.

12 LCDR SHEPHERD: Jennifer Shepherd, FDA. I'm
13 the designated federal officer for this meeting.

14 DR. BROWN: I'm Ray Brown. I'm a pediatric
15 anesthesiologist at the University of Kentucky.

16 DR. ZACHAROFF: Good morning. I'm Kevin
17 Zacharoff. My expertise is in anesthesiology and
18 pain medicine, and I come from the Stony Brook
19 School of Medicine in New York.

20 DR. McCANN: Hello. Mary Ellen McCann, I'm
21 a pediatric anesthesiologist at Boston Children's
22 Hospital and Harvard Medical School.

1 DR. BATEMAN: Brian Bateman,
2 anesthesiologist at Brigham and Women's Hospital,
3 Harvard Medical School.

4 DR. GOUDRA: Basavana Goudra,
5 anesthesiologist at Penn Medicine, Philadelphia.

6 MS. ROBOTTI: Hi. Suzanne Robotti. I'm the
7 president of MedShadow Foundation and the executive
8 director of DES Action USA.

9 MS. NEWMAN: Sabrina Newman, patient
10 representative, advocate for the National
11 Fibromyalgia and Chronic Pain Association out of
12 New Albany, Indiana. Thank you.

13 DR. CICCARONE: Good morning, everybody.
14 Dan Ciccarone, professor of Family and Community
15 Medicine, University California, San Francisco.

16 DR. KREBS: Hi. Erin Krebs, general
17 internist at the Minneapolis VA and University of
18 Minnesota.

19 DR. PISARIK: Paul Pisarik, urgent care
20 physician at St. John Health Systems in Tulsa,
21 Oklahoma.

22 DR. GARCIA-BUNUEL: Good morning.

1 Martin Garcia-Bunuel. I'm a primary care
2 physician, the deputy chief of staff, and director
3 of quality safety improvement at the VA Maryland
4 Healthcare System.

5 DR. MACHER: Jeff Macher, professor of
6 strategy economics and policy in the McDonough
7 School of Business at Georgetown University in D.C.

8 DR. BALLOU: Jordan Ballou. I'm a clinical
9 assistant professor of pharmacy practice with the
10 University of Mississippi, specializing in
11 community pharmacy practice.

12 DR. BRAND: Paul Brand. I'm a community
13 pharmacist in Florence, Montana and a clinical
14 pharmacist.

15 DR. FAUL: Mark Faul, senior health
16 scientist, Centers for Disease Control and
17 Prevention.

18 DR. HERRING: Hello. Good morning. I'm Joe
19 Herring. I'm a neurologist and associate
20 vice-president of clinical neuroscience at Merck
21 and the industry representative to the AADPAC.
22 Thank you.

1 DR. BROWN: Welcome to all our panelists.
2 We appreciate you being here today.

3 For topics such as those being discussed at
4 today's meeting, there are often a variety of
5 opinions, some of which are quite strongly held.
6 Our goal is that today's meeting will be fair and
7 open for a discussion of these issues and that
8 individuals can express all of their views without
9 interruption.

10 Thus, as a general reminder, individuals
11 will be allowed to speak into the record only if
12 recognized by the chairperson. We look forward to
13 a productive meeting.

14 In the spirit of the Federal Advisory
15 Committee Act and the Government in the Sunshine
16 Act, we ask that the advisory committee members
17 take care that their conversations about the topic
18 at hand take place in the open forum of the
19 meeting.

20 We're aware that members of the media are
21 anxious to speak with the FDA about these
22 proceedings. However, FDA will refrain from

1 discussing the details of this meeting with the
2 media until its conclusion. Also, the committee is
3 reminded to please refrain from discussing the
4 meeting topic during breaks or lunch.

5 Now, I'll pass it to Lieutenant Commander
6 Jennifer Shepherd, who'll read the conflict of
7 interest statement.

8 **Conflict of Interest Statement**

9 LCDR SHEPHERD: Good morning. The Food and
10 Drug Administration is convening today's Joint
11 Meeting of the Anesthetic and Analgesic Drug
12 Products Advisory Committee and Drug Safety and
13 Risk Management Advisory Committee under the
14 authority of the Federal Advisory Committee Act of
15 1972.

16 With the exception of the industry
17 representative, all members and temporary voting
18 members of the committee are special government
19 employees or regular federal employees from other
20 agencies and are subject to federal conflict of
21 interest laws and regulations.

22 The following information on the status of

1 this committee's compliance with federal ethics and
2 conflict of interest laws, covered by but not
3 limited to those found at 18 U.S.C. Section 208, is
4 being provided to participants in today's meeting
5 and to the public.

6 FDA has determined that members and
7 temporary voting members of these committees are in
8 compliance with federal ethics and conflict of
9 interest laws. Under 18 U.S.C. Section 208,
10 Congress has authorized the FDA to grant waivers to
11 special government employees and regular federal
12 employees who have potential financial conflicts
13 when it is determined that the agency's need for a
14 special government employee's services outweighs
15 his or her potential financial conflict of interest
16 or when the interest of a regular federal employee
17 is not so substantial as to be deemed likely to
18 affect the integrity of the services which the
19 government may expect from the employee.

20 Related to the discussions of today's
21 meeting, members and temporary voting members of
22 this committee have been screened for potential

1 financial conflicts of interest of their own as
2 well as those imputed to them, including those of
3 their spouses or minor children, and for purposes
4 of 18 U.S.C. Section 208, their employers. These
5 interests may include investments; consulting;
6 expert witness testimony; contracts/grants/CRADAs;
7 teaching/speaking/writing; patents and royalties;
8 and primary employment.

9 Today's agenda involves input and advice on
10 strategies to increase the availability of naloxone
11 products intended for use in the community. The
12 committees will be asked to consider various
13 options for increasing access to naloxone, weighing
14 logistical economic and harm reduction aspects, and
15 whether naloxone should be co-prescribed with all
16 or some opioid prescriptions to reduce the risk of
17 overdose death.

18 Because of the potential significant costs
19 and burdens that may be associated with naloxone
20 co-prescribing -- for example, economic costs to
21 consumers and health systems, adjusting to
22 manufacturing, volume growth, drug shortages -- the

1 committees will also be asked to consider the
2 potential burdens that may be associated with
3 naloxone co-prescribing for all or some
4 prescription opioid patients.

5 This is a particular matters meeting during
6 which general issues will be discussed. Based on
7 the agenda for today's meeting and all financial
8 interests reported by the committee members and
9 temporary voting members, no conflict of interest
10 waivers have been issued in connection with this
11 meeting.

12 To ensure transparency, we encourage all
13 standing committee members and temporary voting
14 members to disclose any public statements that they
15 have made concerning the topic at issue.

16 With respect to FDA's invited industry
17 representative, we would like to disclose that
18 Dr. Herring is participating in this meeting as a
19 non-voting industry representative, acting on
20 behalf of regulated industry. Dr. Herring's role
21 at this meeting is to represent industry, in
22 general, and not any particular company.

1 Dr. Herring is employed by Merck and Company.

2 With regard to FDA's guest speakers, the
3 agency has determined that the information to be
4 provided by these speakers is essential. The
5 following guest speakers have reported interests,
6 which are being made public to allow the audience
7 to objectively evaluate any presentation and/or
8 comments made by the speaker.

9 Dr. Phillip Coffin has acknowledged he is a
10 co-investigator on the CDC prescription drug
11 overdose prevention for states award for
12 California, which includes training medical
13 providers to conduct academic detailing on opioid
14 stewardship, including the prescription of
15 naloxone.

16 Dr. Peter Davidson has acknowledged he is a
17 pro bono advisory board member for Lifedose [ph], a
18 501(c)(3) organization, formed to explore the
19 possibility of acquiring FDA approval to develop
20 and manufacture a generic naloxone formulation to
21 ensure low cost access to naloxone for
22 community-based organizations serving people who

1 use drugs. At this time, Lifedose does not have
2 any products in development or application in
3 process.

4 Dr. Joanna Katzman has acknowledged she is
5 the principal investigator on a grant from Adapt
6 Pharma given to the Department of Neurosurgery at
7 the University of New Mexico to evaluate opioid
8 overdose education and opioid treatment programs
9 throughout New Mexico. The project period runs
10 from July 2018 through June 2019. Dr. Katzman has
11 not yet received any money from Adapt Pharma for
12 this grant.

13 Dr. Alexander Walley has acknowledged he is
14 involved in several government-funded studies
15 through the Centers for Disease Control and
16 Prevention, the National Institutes of Health,
17 National Institute on Drug Abuse, and the Office of
18 National Drug Control Policy. These studies focus
19 on opioid-related topics such as opioid overdose,
20 naloxone access, opioid use disorder, chronic
21 opioid therapy, and opioid dependence in
22 HIV-infected persons.

1 Mr. Tim Ingram has acknowledged he has
2 100 shares of Pfizer common stock.

3 As guest speakers, Doctors Kaufmann,
4 Davidson, Katzman, Walley, Ingram, and Wermeling
5 will not participate in committee deliberations,
6 nor will they vote.

7 We would like to remind members and
8 temporary voting members that if the discussions
9 involve any other topics not already on the agenda
10 for which an FDA participant has a personal or
11 imputed financial interest, the participants need
12 to exclude themselves from such involvement, and
13 their exclusion will be noted for the record.

14 FDA encourages all other participants to
15 advise the committee of any financial relationships
16 they may have regarding a topic that could be
17 affected by the committee's discussions. Thank
18 you.

19 DR. BROWN: Dr. Lloyd, if you could
20 introduce yourself?

21 DR. LLOYD: Josh Lloyd, deputy director in
22 DAAAP, FDA.

1 DR. BROWN: We will now proceed with the
2 FDA's introductory remarks from Dr. Sharon Hertz.

3 **FDA Opening Remarks - Sharon Hertz**

4 DR. HERTZ: Good morning, Dr. Brown, members
5 of the Anesthetic and Analgesic Drug Products
6 Advisory Committee, and members of the Drug Safety
7 and Risk Management Advisory Committee, invited
8 guests.

9 Today we are here to discuss naloxone, one
10 prong of the FDA's multipronged approach to
11 addressing the morbidity and mortality from
12 opioids. We are working to reduce the ongoing
13 problem of overdose and death associated with the
14 use of opioid analgesics to manage pain with the
15 misuse of opioid analgesics, including behaviors
16 such as taking more than directed, and with the
17 abuse of opioid analgesics for the positive
18 reinforcing effects, along with the abuse of
19 illicit opioids.

20 Naloxone was first approved for use in 1971.
21 Until 2014, it was only commercially available as a
22 solution for injection. Naloxone is an opioid

1 antagonist that reverses the action of opioid
2 agonists, such as morphine or heroin, by competing
3 for and blocking the opioid receptor on cell
4 membranes. It is short acting, and its effects can
5 resolve while the opioid agonist is still present,
6 necessitating re-dosing in some circumstances.

7 For successful intervention, to save a life
8 and avoid any lasting effects from an opioid
9 overdose, naloxone must be administered before
10 permanent injury has occurred from hypoxia or
11 anoxia. With an overdose of an opioid sufficient
12 to cause a complete cessation of breathing, that
13 means within minutes. In order for rapid reversal
14 of an overdose with naloxone, naloxone must be
15 present where overdoses can occur.

16 The first product specifically intended for
17 use in the community was approved in -- I have here
18 2015, but I think it might have been 2014. But
19 many organizations and local municipalities across
20 the U.S. have developed programs for making
21 naloxone available in the community, generally
22 relying on the off-label use of commercially

1 available naloxone, solutions in pre-packaged kits
2 using a syringe and nasal atomizer device or a
3 syringe and needle. These programs generally
4 provide training on how to recognize an overdose
5 and how to use the kit.

6 Commercial products for use in the community
7 may be easier for an untrained individual to
8 administer in some situations. To facilitate
9 bringing these newer formulations to market, the
10 agency has held public meetings in 2012 and 2015
11 and has established an approach whereby sponsors
12 can compare their product to approve naloxone in a
13 pharmacokinetic study, and based on those results,
14 may not need any additional clinical testing.

15 An additional public meeting and advisory
16 committee was held in 2016 to further discuss the
17 target dose for these products.

18 There are currently two naloxone products
19 currently approved specifically for use in the
20 community, an autoinjector and a nasal spray, and
21 you'll hear more about these products shortly.
22 We've required that approved products be suitable

1 for use in all patients, regardless of age, and
2 that the package have at least 2 doses. And that's
3 in case of either a delay in obtaining medical
4 care, more definitive medical care, or in the
5 chance that there might be a mistake from a
6 layperson in a very frantic setting.

7 In spite of efforts by the agency to
8 facilitate new naloxone products, and in spite of
9 the efforts of numerous community-based programs to
10 provide naloxone kits, overdose deaths continue to
11 rise. The rate of increase is alarming due to the
12 toxicity of certain currently available illicit
13 opioids.

14 Much greater availability of naloxone is
15 needed, but there have been some barriers. As
16 you'll hear, cost is one barrier. The cost for the
17 first naloxone autoinjector is now over \$4,000,
18 originating at approximately 600 for a package of
19 two.

20 The average retail cost of the first nasal
21 spray is approximately 150 per dose or 300 per
22 package. Development of generics for newer

1 products must traverse a landscape of more than
2 30 patents. Even the retail cost for generic
3 naloxone solution has increased from less than \$2
4 in 2005 to approximately 40 in 2018.

5 Availability, in general, is another factor.
6 You'll see estimates of the size of different
7 populations who could benefit from access to
8 naloxone, and some well exceed existing
9 manufacturing capability.

10 There is still a great need to educate
11 prescribers about the risk of accidental or
12 intentional overdose among fully compliant patients
13 and members of their households. Similarly, it can
14 be difficult for prescribers to identify situations
15 where there is risk for misuse or abuse of opioid
16 analgesics.

17 There are a number of societal factors that
18 are active in both promoting and limiting access.
19 The large number of states with standing orders and
20 other programs for access to naloxone at the
21 pharmacy present a great opportunity, but support
22 for these programs may not be consistent within

1 municipalities.

2 Just last week -- I'm going to assume many
3 people here may have heard about a report of a
4 denial for life insurance for a nurse trying to
5 have naloxone available not because she had any
6 history of abuse, but because she wanted to have it
7 available in case she needed to use it to help
8 provide somebody else in the community.

9 It's now known if policies by insurance will
10 become a significant disincentive, but I think this
11 is one example of just how complex this issue has
12 become.

13 We're going to ask you to discuss the most
14 relevant strategies for increasing access to
15 naloxone in the community, considering different
16 populations, potential costs, barriers to
17 implementation, and relative benefits of different
18 approaches.

19 In particular, we are interested in hearing
20 your thoughts about whether naloxone should be
21 co-prescribed with all or some opioid
22 prescriptions, taking into consideration the costs

1 and burdens that may be associated with some form
2 of co-prescribing.

3 To help you in your deliberations, we will
4 hear from industry, including the recent
5 announcement of a new generic from one of the
6 innovators; agency presentations will provide
7 additional regulatory background and current
8 patterns of drug utilization and analysis of a
9 model to estimate the health system costs of
10 different target cohorts for prescribing; and we
11 have a number of our guest speakers who will be
12 providing us with both their experience as well as
13 some of the data out there on the use of naloxone
14 for reversal of overdose in the community.

15 Thank you, again, for taking time from your
16 busy schedules. I know we have you here on a
17 regular basis, many of you, and we are aware that's
18 a commitment, and we appreciate it.

19 DR. BROWN: Thank you, Dr. Hertz.

20 Both the Food and Drug Administration and
21 the public believe in a transparent process for
22 information gathering and decision making. To

1 ensure such transparency at the advisory committee
2 meeting, FDA believes that it's important to
3 understand the context of an individual's
4 presentation.

5 For this reason, FDA encourages all
6 participants, including the applicants and industry
7 non-employee presenters, to advise the committee of
8 any financial relationships that they may have with
9 the applicant such as consulting fees, travel
10 expenses, honoraria, and interests in a sponsor,
11 including equity interests in those based upon the
12 outcome of the meeting.

13 Likewise, the FDA encourages you, at the
14 beginning of your presentation, to advise the
15 committee if you do not have such financial
16 relationships. If you choose not to address this
17 issue of financial relationships at the beginning
18 of the presentation, it will not preclude you from
19 speaking.

20 We're now going to proceed with the
21 presentations from industry beginning with
22 Mr. Kramer.

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Industry Presentation - Robert Kramer

MR. KRAMER: Good morning. My name is Bob Kramer, and I serve as president of Emergent BioSolutions. Mr. Chairman, in response to your last question, I and my colleagues, we have no interest or financial conflict, just to be clear.

Let me start by thanking the FDA and the advisory committees for convening this important meeting to explore ways to expand naloxone access in the community by co-prescribing naloxone. We appreciate the invitation to participate in the meeting and hope to share information with you that will help you in your deliberations.

Turning to slide 2, you can see we have a lot of ground to cover, and I'd first like to provide a summary of our recommendations. First, we support the implementation of naloxone co-prescribing, targeting high-risk opioid prescriptions. We recommend the FDA implement opioid label amendments and associated regulatory measures to ensure a clear and consistent co-prescription approach. We believe this step

1 could rapidly accelerate adoption of co-prescribing
2 naloxone targeted at the highest risk opioid
3 prescriptions.

4 Secondly, we believe the economic supply and
5 logistical burdens of such measures are manageable,
6 and we are confident in our ability to support
7 these initiatives.

8 Also, we're aware of one estimate of the
9 cost of co-prescribing naloxone to the healthcare
10 system, which was included in the FDA briefing
11 documents. This estimate is much inflated from our
12 estimate, as it includes a per-dose cost of
13 naloxone that is significantly higher than the dose
14 cost for Narcan nasal spray, and I'll point to
15 these differences as we go through in my
16 presentation.

17 The end result, however, just to be clear,
18 is that a fully implemented co-prescription program
19 targeting opioid prescriptions associated with the
20 highest risk of opioid overdose would cost an
21 estimated \$150 million per year as opposed to the
22 \$64 billion number included in the report.

1 So just to reiterate, 150 million per year,
2 not the \$64-billion number that was in the report.
3 These are stark differences, and they need to be
4 understood in the backdrop of the conversation over
5 the next few days.

6 On slide 3, I want to highlight a few points
7 about Emergent BioSolutions quickly, if you're not
8 familiar with our company. We're a 20-year-old
9 U.S. publicly traded company that focuses in on a
10 life sciences base. Our focus is on working with
11 governments to be better prepared to address public
12 health threats, whether they be accidental,
13 intentional, or naturally occurring.

14 We have a portfolio of 11 marketed products
15 that include vaccines for the protection against
16 anthrax, smallpox, cholera, and typhoid, plus a
17 portfolio of therapeutic treatments for protection
18 against anthrax and botulism, and in addition, a
19 drug/device combination portfolio that addresses
20 nerve agents and chemical warfare agents.

21 We have over 1600 employees around the
22 world, 19 different locations, many of which are

1 manufacturing locations that support our supply
2 chain capability. We believe we can support
3 increasing access to Narcan with our core
4 competencies and experience providing preparedness
5 solutions for public health threats.

6 The good news on slide 4 is that naloxone
7 distribution is growing, albeit from a very low
8 base. This chart shows the volume of naloxone
9 prescribed by brand and by quarter. The chart
10 represents what's happening in terms of individuals
11 obtaining naloxone from traditional distribution
12 channels like pharmacies. It does not, to be
13 clear, include naloxone that's distributed to
14 public health purchasers such as state health
15 departments or police, where most of our units are
16 distributed.

17 Narcan today has a 96 percent market share
18 in the retail prescription market of naloxone
19 products used in the community. Our blended
20 average cost per carton of 2 doses to Medicaid,
21 Medicare, VA, and commercial insurers is about
22 \$100. This cost has not increased since launch in

1 early 2016, and this is one fact that is the
2 largest difference between our estimates and the
3 ones included in the briefing document you may have
4 referred to, which blended the cost of Narcan with
5 another brand that costs over \$4,000.

6 Looking at the slide, the growth over time
7 has been driven by Narcan nasal spray. We believe
8 the key factors underpinning this relative
9 expansion are, first, ease of access of pharmacies,
10 affordability, increase in awareness, as well as
11 state-driven initiatives.

12 Narcan nasal spray, just as a reminder, is
13 intended for community use. So it can be readily
14 administered by non-medically trained persons.
15 It's intended as an emergency treatment and
16 importantly as a bridge to medical care. Each
17 device delivers a single, fixed dose of
18 4 milligrams of naloxone in a very small,
19 100-microliter spray. It's supplied in a carton
20 with two devices, and the shelf life provides two
21 years of coverage.

22 Two points I want to emphasize. First,

1 Narcan nasal spray as the leading community use
2 product is supporting the public health goal of
3 expanded access today. Secondly, while naloxone
4 expansion is heading in the right direction, as
5 we'll cover in later slides, the levels of naloxone
6 distributed relative to the elevated risk of opioid
7 overdose remains grossly inadequate.

8 As the advisory committee members are aware,
9 Emergent coordinated a briefing document on its
10 behalf and on behalf of two other support sponsors
11 presenting here today. I want to highlight just a
12 few key messages from that briefing document.

13 The first point is that prescription opioids
14 continue to play a key role in this crisis. The
15 role is both direct as a cause of death and
16 indirect as a gateway to the use of illicit
17 opioids. The lost opportunity to intervene is
18 significant.

19 A recent study by CDC of over 11,000 opioid
20 overdose deaths across 11 states reported that
21 about 40 percent of deaths are witnessed, but
22 naloxone was rarely administered in these settings.

1 This is an enormous lost opportunity to
2 dramatically impact mortality from this crisis. We
3 believe working with healthcare providers and
4 workers who prescribe and dispense opioids is
5 critical to addressing this crisis.

6 The second point that I want to emphasize is
7 that co-prescribing is widely endorsed, but
8 adoption has been low. Simply put, we know that
9 certain opioid prescriptions are associated with a
10 higher risk of opioid overdose. We also know that
11 almost all opioid stakeholders endorse
12 co-prescribing naloxone with higher risk opioid
13 prescriptions, but the levels of naloxone
14 prescriptions being filled are not anywhere close
15 to the number of opioid prescriptions being filled.

16 Just to put some simple numbers on it, there
17 were just eight naloxone prescriptions in 2017 for
18 1,000 prescriptions of opioids, with more than
19 50 MMEs. This is despite the CDC recommendation of
20 co-prescribing naloxone in its guideline for
21 prescribing opioids for chronic pain issued in
22 2016. It's despite the Surgeon General naloxone

1 advisory issued earlier this year, which also calls
2 for naloxone prescribing, and despite countless
3 medical societies, associations, and agencies with
4 the same call to action.

5 The key message from sponsors is that as a
6 matter of opioid safety, we recommend that the
7 committee and the FDA consider intervening with
8 regulatory measures such as opioid label changes
9 incorporating co-prescription to accelerate the
10 adoption of this widely endorsed risk mitigation
11 strategy.

12 In preparing for the meeting, we engaged
13 IQVIA, which is a leading provider of patient
14 prescription data, to try and identify how many
15 Americans received opioid prescriptions that fell
16 within the CDC definition of higher-risk opioids.
17 Specifically, these criteria included those filling
18 opioid prescriptions with daily doses of 50 MME or
19 greater, concurrent use of opioids and
20 benzodiazepines, and those filling a prescription
21 for the opioid dependency treatment, buprenorphine.

22 Over a two-year period, a total of

1 97 million Americans filled at least one
2 prescription, and 35 percent of these, or
3 34 million Americans, filled at least one
4 prescription that fell within the definition of
5 higher risk as defined by CDC. It's a huge number
6 of individuals who are at an elevated risk of
7 opioid overdose based on opioid prescriptions they
8 fill. Indeed, if you look at just the last year
9 alone, it's 20 million.

10 The conclusion here is that independent
11 patient data claims from IQVIA, which identified
12 actual patients for two years ending September of
13 2018, indicates 34 million unique patients filled
14 at least one prescription that met CDC's higher
15 overdose risk criteria.

16 Our recommendation is to focus regulatory
17 measures on the opioid prescriptions associated
18 with the highest risk of opioid overdose. This is
19 also a key difference from the FDA economist
20 universal coverage assumption that led to this
21 \$64 billion number.

22 On slide 7, when we then looked at what

1 portion of the 34 million Americans had also filled
2 a Narcan prescription, the numbers were pretty
3 surprising. Overall, the number was just
4 1.3 percent. This ranged from 0.8 percent of those
5 on a daily opioid dose of 50 MME or up and 5.7 of
6 those filling a buprenorphine prescription.

7 What this tells us is that over the last two
8 years, a staggering 34 million Americans filled
9 prescriptions that CDC identified as being
10 associated with a higher risk of opioid overdose,
11 but just 1.3 percent of these individuals have
12 filled a prescription for Narcan. To us, this
13 underscores the urgent need for FDA to intervene.

14 It also begs the question of what would
15 happen if FDA did intervene. Fortunately, we have
16 some excellent proxies for the potential impact.
17 Starting in March of 2017, five states have
18 implemented regulations, generally via the state
19 medical board or society, urging co-prescription of
20 naloxone alongside higher risk opioid
21 prescriptions.

22 To be clear, this is not a mandate on

1 patients to have naloxone, it's a requirement for
2 healthcare providers that prescribe naloxone or
3 offer naloxone prescription to individuals taking
4 higher risk opioid prescriptions. These states are
5 Virginia, Vermont, Arizona, Rhode Island, and
6 Florida. Two additional states, Washington and
7 California, will implement similar regulations
8 between now and January of 2019. These states
9 generally use the CDC guideline for higher-risk
10 prescription criteria. However, most states use
11 the daily opioid threshold of greater than 50 MME.

12 The impact of these states' regulatory
13 interventions was immediate and significant. These
14 states have an adoption rate of up to seven-fold
15 the national rate. As the chart shows, once the
16 regulations are implemented in the states, you get
17 an immediate spike in demand.

18 This data show that when co-prescription is
19 required, adoption, as measured by filled
20 prescriptions, will be 8 to 10 percent of those
21 at-risk populations. This is another key variable
22 that varies greatly from the assumptions laid out

1 in the economist's report.

2 The compliance rate could be lower because,
3 as a reminder, the requirement is only to offer or
4 provide a prescription. It then becomes the
5 patient's choice and responsibility as to whether
6 they fill the prescription and take it to the
7 pharmacist.

8 While this state action level or level of
9 action is positive, it does lead to an inconsistent
10 picture across the nation. You have states that
11 require co-prescribing and some that do not. You
12 have states that require co-prescribing, and even
13 when they do, the thresholds and the criteria may
14 differ. This leads to confusion and inconsistent
15 risk opioid mitigation.

16 Using these states' experience as a proxy,
17 we estimate that if FDA intervene to stimulate
18 adoption of co-prescribing naloxone alongside
19 opioid prescriptions considered higher risk based
20 on CDC criteria, an additional 3 million cartons of
21 Narcan would be distributed over a two-year period
22 with about 2 million occurring in the first year

1 post-implementation. While this is far from
2 perfect in achieving coverage, it would represent a
3 step-wise change in access to naloxone.

4 I want to address how we at Emergent are
5 prepared and equipped to address the resulting
6 increase in demand. First, we've already committed
7 significant capital to expand capacity, and this
8 will yield a doubling of our capacity in the next
9 12 months versus 2018. It will also allow us to
10 reach 20 million devices or 10 million cartons
11 during 2020.

12 The net point here is that we have current
13 initiatives underway to support continued expansion
14 of our capacity and expect to be able to manage the
15 anticipated demand change from a regulatory
16 intervention.

17 I also want to spend a few minutes to
18 describe enabling factors that are already in place
19 to support expanded naloxone access and some of the
20 remaining challenges.

21 First, pharmacy access without a personal
22 prescription is permitted in all 50 states, and

1 leading pharmacy chains have already adopted this.
2 In fact, many have gone even further with
3 pharmacists intervening to counsel opioid
4 recipients on opioid risks and, indeed, raising
5 awareness of naloxone availability with in-store
6 campaigns.

7 Second, we'll cover the costs in greater
8 detail on the next slide, but I want to flag that
9 broad health insurance coverage at affordable,
10 out-of-pocket costs to individuals and payer
11 systems is critical to minimizing the financial
12 barrier to access. We believe we have made
13 significant progress on this front.

14 Third, awareness and stigma remain, in our
15 view, as the greatest challenge. We believe the
16 engagement of many stakeholders, including
17 clinicians and pharmacists, in raising awareness of
18 opioid risks and the potential role of naloxone in
19 mitigating these risks is critically important.
20 The initiatives we're discussing today are
21 tremendously important in this regard.

22 Finally, we would respectfully caution

1 against a rush to an over-the-counter solution for
2 this current crisis. For over-the-counter
3 medications to succeed in expanding access, we
4 believe conditions need to be in place.

5 First, there must be a dramatic increase in
6 awareness and education to drive patient action.
7 Today, awareness is very low, and this will take
8 some time to build.

9 Second, we believe retaining the engagement
10 of healthcare providers, rather than bypassing
11 them, is critically important, as the issue
12 concerns opioid safety, as well as access to
13 naloxone.

14 Third, we will need to ensure that a system
15 is in place to defray the out-of-pocket costs of an
16 OTC drug for individuals so as not to create a
17 barrier to access. Because OTC drugs are not
18 required to be covered by health insurers, the vast
19 majority of individuals would have a higher
20 out-of-pocket cost than they have today.

21 We do not believe that OTC would improve the
22 unique pharmacy access situation that exists for

1 naloxone today, and we reiterate that an expanded
2 co-prescription program could facilitate
3 physician-patient discussions about benefits and
4 availability of naloxone and therefore increase
5 awareness.

6 On slide 12, affordability of Narcan is
7 central to what we do, and I want to provide the
8 FDA, ADCOM members, and attendees with the facts
9 today on Narcan nasal spray cost.

10 Since its launch in 2016, Narcan has been
11 available at a discounted price of no more than
12 \$37.50 per dose, or \$75 for a carton of two, to all
13 public health purchasers, not-for-profits, police,
14 EMS, 340Bs, Medicaid, and on the federal supply
15 schedule. That represents a 40 percent discount
16 off the list price. The price has never increased.
17 The majority of our volume is at the \$37.50 price
18 or less per dose.

19 For individuals with health insurance,
20 97 percent of covered lives have access to Narcan
21 nasal spray, and the co-pays on dispense
22 prescriptions are very affordable with 77 percent

1 being less than \$11 and 43 percent of these less
2 than \$1. The co-pay averaged over one period of
3 time was \$17.65. We continue to work with payers
4 to try and reduce or eliminate the co-pay, and
5 several insurers have taken this step with us.

6 The main point I want to make here is that
7 we understand the importance of affordability and
8 remain committed to maintaining it.

9 On slide 13, in closing, we recommended the
10 FDA require that opioid labels be amended to
11 address targeted naloxone co-prescribing via either
12 a box warning or in addition to the indication
13 statement. We propose language such as: prescribe
14 community use naloxone to patients prescribed daily
15 opioid dose of 50 MMEs or greater; patients
16 concurrently prescribed any opioid dose or
17 benzodiazepines; or patients with a substance use
18 disorder.

19 We recommended the communication plan to
20 healthcare providers be amended and that the
21 blueprint for opioid training under REMS, which has
22 already been updated to reflect naloxone

1 prescribing, be consistent.

2 With these actions taken, we estimate that
3 the cost to health systems, based on 3-million
4 incremental Narcan nasal spray units over two
5 years, would be about \$300 million or just 2 and a
6 half percent of the annual spent on opioids. This
7 is before taking into account any other potential
8 savings from a reduction in opioid-related harms,
9 such as those observed in Dr. Coffin's co-
10 prescribing study pilot in San Francisco or the
11 Veterans Affairs' experience.

12 In summary, we believe FDA regulatory action
13 is warranted because co-prescription, as a risk
14 mitigation strategy, has not yet been sufficiently
15 adopted. We believe the logistical, economic, and
16 supply burdens are reasonable and manageable. And
17 the good news is the cost to the healthcare system
18 of introducing the targeted co-prescribing that we
19 recommend runs about \$150 million per year, which
20 is in stark contrast to the \$64-billion estimate
21 you may hear later today.

22 I urge the committee to base its decisions

1 on these facts, and ultimately, lives are at stake,
2 and these risks can be mitigated with sensible
3 targeted naloxone co-prescribing. Thank you very
4 much.

5 **Industry Presentation - Dean Mariano**

6 DR. MARIANO: Good morning. I'm
7 Dean Mariano, senior director of clinical
8 development and medical affairs at Insys
9 Therapeutics. I'm an anesthesiologist with
10 additional board certifications in pain management
11 and addiction medicine. I joined Insys in 2017 and
12 maintain a small pain addiction consulting practice
13 in Connecticut.

14 I'm the immediate past-president of the
15 Connecticut Pain Society and the former chairman of
16 the Connecticut State Medical Society's task force
17 on opioids. I'm still an adjunct assistant
18 professor at the Quinnipiac University Frank H.
19 Netter MD School of Medicine.

20 I now come to the co-prescribing of naloxone
21 with opioids from two perspectives, that of a
22 clinician who has co-prescribed and that of

1 industry.

2 Deaths from opioid overdoses is a growing
3 epidemic in the United States with deaths involving
4 opioid analgesics having more than a five-fold
5 increase in the U.S. since 1999. More than 49,000
6 Americans died from opioid overdoses in 2017.
7 That's more than 115 people per day. At least half
8 of all opioid overdoses involved a prescription
9 opioid.

10 Overdose deaths increase for men and women,
11 people ages 15 and older, all races and
12 ethnicities, and across all levels of urbanization.
13 Prescription opioids have added to this growing
14 number of overdose deaths.

15 Prescription opioids continue to contribute
16 to the opioid overdose epidemic in the United
17 States. When looking at overdose deaths from
18 prescription opioids, the CDC analyzes the
19 following: natural opioids, which include pain
20 medications like morphine and codeine;
21 semisynthetic opioids such as oxycodone,
22 hydrocodone, hydromorphone, and oxymorphone; and

1 methadone, a synthetic opioid used to treat pain
2 and opioid use disorder.

3 Current information reported about overdose
4 deaths does not distinguish pharmaceutical fentanyl
5 from a illegally manufactured fentanyl. The CDC
6 Injury Center separates synthetic opioids other
7 than methadone from prescription opioid death
8 calculations. The most common drugs involved in
9 prescription opioid overdose deaths include
10 oxycodone, hydrocodone, morphine, and methadone.

11 The federal government has a strategy to
12 help with the opioid crisis. In 2017, the
13 Department of Health and Human Services launched a
14 five-point opioid strategy:

15 Strengthen public health surveillance,
16 promote healthy evidence-based methods of pain
17 management. HHS issued over 800 million in grants
18 in 2017 to support treatment, prevention, and
19 recovery while making it easier for states to
20 receive waivers to treat through their Medicaid
21 programs.

22 HHS supports cutting-edge research on pain

1 and addiction, including a new NIH public/private
2 partnership. And finally, HHS works to better
3 target the availability of life-saving overdose
4 reversing drugs. The President's 2019 budget
5 includes \$74 million in new investments to support
6 this goal.

7 The Surgeon General of the United States has
8 echoed similar sentiment. In April 2018, Dr. Adams
9 released an advisory on naloxone and opioid
10 overdose, emphasizing the importance of the
11 overdose-reversing drug naloxone for patients
12 currently taking high doses of opioids as
13 prescribed for pain, as well as for other at-risk
14 populations.

15 He also has developed a postcard for the
16 American population. The postcard has five key
17 points to address what you can do to prevent opioid
18 misuse: talk about it; be safe; understand pain;
19 know addiction; and the last point, be prepared, is
20 what I'm going to focus on. It reads, "Many opioid
21 overdoses occur at home. Having naloxone could
22 mean saving a life. Know where to get it and how

1 to use it."

2 Access to naloxone is improving. All 50
3 states allow medical providers to prescribe
4 naloxone to patients who are at risk for an opioid
5 overdose, including those in outpatient treatment
6 for opioid misuse or who take high doses of
7 prescription opioids for medical conditions.
8 However, many individuals who at most risk for an
9 opioid overdose do not have regular contact with
10 healthcare professionals and would benefit from
11 alternative means to obtain naloxone.

12 Naloxone access laws make naloxone easier to
13 obtain by expanding how the medication can be
14 distributed beyond traditional prescriptions,
15 including statewide protocols, standing orders, and
16 dispense without prescription.

17 The additional naloxone access laws and
18 public-provider awareness has helped more at-risk
19 populations obtain naloxone. With state naloxone
20 access laws changing, the dispensing of naloxone
21 from U.S. pharmacies increased at a rapid pace
22 starting around the second quarter of 2015.

1 Where does naloxone fit in to response to an
2 opioid overdose? Naloxone is an important part of
3 the solution but is not the only component in
4 responding to an opioid overdose. Recognizing
5 signs of an opioid overdose, trying to arouse the
6 person, calling 911, and performing rescue
7 breathing and/or chest compressions are all part of
8 a potentially successful opioid reversal.
9 Patients, family, friends, caregivers, and others
10 need to understand all the steps to help.

11 Naloxone for overdose treatment is part of
12 opioid class labeling. Even when opioids are
13 prescribed appropriately, there is still a risk of
14 opioid-induced life-threatening respiratory
15 depression. It should be noted that a vast
16 majority of these prescriptions are dispensed in an
17 outpatient setting, and patients may take their
18 first dose while at home.

19 Class labeling states naloxone is a specific
20 antidote against respiratory depression.
21 Typically, the one way we know about respiratory
22 depression in an outpatient setting is if they

1 present at the emergency department.

2 Labels are not the only source supporting
3 co-prescribing of naloxone. The CDC guideline for
4 prescribing opioids for chronic pain supports
5 co-prescribing. Recommendation number 8 states,
6 clinicians should incorporate into the management
7 plan strategies to mitigate risk, including
8 considering offering naloxone in situations such as
9 history of overdose, history of substance use
10 disorder, higher opioid doses greater or equal to
11 50 morphine milligram equivalents per day, or
12 concurrent benzodiazepine use.

13 Naloxone can help save a life from an opioid
14 overdose but administering it is necessary. A
15 study published in 2018 on pharmaceutical opioid
16 overdose deaths in the presence of a witness looked
17 at fatal opioid overdoses where there was evidence
18 that witnesses had noted symptoms consistent with
19 overdose and the outcomes. The results showed that
20 we need patients, family, friends, caregivers, and
21 others to develop an understanding on how to
22 respond to an opioid overdose.

1 Out of the 587 deaths, 21 percent were
2 witnessed, most occurring at the decedent's home,
3 and 88 percent were co-prescribed other CNS
4 depressants, especially benzodiazepines. Symptoms
5 of overdoses were noted but not acted upon
6 70 percent of the time.

7 These findings support the administration of
8 education and/or naloxone to partners in family
9 members of people who use pharmaceutical opioids in
10 order to reduce overdose deaths. Today,
11 educational support is available and more
12 organizations are getting involved.

13 Guidelines are being adopted in educational
14 materials even in the absence of mandated
15 guideline-based indications for naloxone
16 co-prescribing. Some of the reasons to prescribe
17 naloxone include: higher-dosed opioid
18 prescriptions during opioid rotation because of
19 incomplete cross tolerance; sleep apnea and other
20 respiratory conditions; known or suspected alcohol
21 use; current benzodiazepine, other sedative
22 prescriptions, or antidepressant use; request from

1 patient and caregiver; and difficulty with
2 accessing emergency medical services.

3 Even without EMS access issue, time is of
4 the essence. EMS is not the sole solution in the
5 response to an opioid overdose. Average time for
6 an EMS unit to arrive on scene was 7 minutes
7 nationally, response time increased to more than
8 14 minutes in rural settings, and nearly 1 in
9 10 callers wait up to 30 minutes. This is
10 important because with lack of oxygen, permanent
11 brain damage can occur after 4 minutes. This is a
12 concern since most of the naloxone is being
13 administered by EMS.

14 The National Emergency Medical Service
15 Information System verifies that a majority of
16 naloxone administration is done after EMS arrives.
17 Greater than 78 percent of the time, this occurred
18 out of the over 170,000 activations since January
19 2016 in over 3,600 EMS agencies throughout
20 43 states and territories. Only 6 percent of the
21 time naloxone was administered prior to EMS arrival
22 for all suspected opioid-related overdoses.

1 There is support the co-prescribing of
2 naloxone with prescriptions could have a positive
3 benefit. Co-prescribing is supported through
4 research funded by the National Institute of Drug
5 Abuse. The study evaluated the feasibility and
6 effect of implementing a naloxone prescription to
7 primary care patients prescribed opioids long-term
8 for chronic pain. The study is the first to
9 demonstrate clinical benefit of reducing opioid-
10 related emergency department visits.

11 759 out of the 1,985 patients receiving
12 chronic opioids were prescribed naloxone. Patients
13 prescribed higher doses of opioids or had an
14 opioid-related emergency department visit in the
15 past 12 months were more likely to be
16 co-prescribed. There were also no net change over
17 time in opioid doses among those who received
18 naloxone and those who did not.

19 When naloxone was co-prescribed with chronic
20 opioids for pain, there were 47 percent fewer
21 opioid-related emergency department visits after
22 six months and 63 percent fewer after one year.

1 The study concluded, when advised to offer naloxone
2 to all patients receiving opioids, providers may
3 prioritize those with established risk factors.
4 Co-prescribing may also have ancillary benefits,
5 including patients become more aware of the hazards
6 and engage in efforts to improve medication safety.

7 What do patients think about being offered a
8 co-prescription of naloxone? This study focused on
9 the patient's attitude towards the co-prescribing
10 and their experience with naloxone. The study
11 suspect that the term "overdose" may not capture
12 all opioid-poisoning events, thus asked separately
13 whether the patient had an experienced an overdose
14 and a bad reaction from opioid use.

15 Ninety percent of the 60 patients studied
16 never previously received a naloxone prescription;
17 82 percent successfully filled the prescription and
18 97 percent believed that patient prescribed opioids
19 for pain should be offered naloxone.

20 Most patients had a positive or neutral
21 response to being offered naloxone. Positive
22 reactions included improved relationship with

1 clinician, appreciated the offer, and community
2 benefits.

3 Thirty-seven percent reported safer opioid
4 use behaviors, including improvements in opioid
5 dosing, timing of opioid use, decrease in
6 polysubstance use, proper opioid storage, not using
7 opioids alone, an increased knowledge about opioids
8 and opioid overdose.

9 No negative behavior changes were
10 identified. Thirty-seven percent had personally
11 experienced an opioid-poisoning event, 5 percent
12 reported that the prescription naloxone was used on
13 them, and 77 percent of participants estimated that
14 the risk of an opioid overdose as low.

15 The conclusion from this study was primary
16 care patients on opioids found it acceptable to
17 receive a prescription of naloxone. The
18 prescription reached patients who did not have
19 access to naloxone, and having naloxone may be
20 associated with beneficial change in opioid use
21 behaviors.

22 Other studies have looked at the community

1 benefits of naloxone. In this study by Katzman
2 et al., which she'll be speaking later today, is
3 the first large scale prospective study to report
4 community benefits of naloxone when provided in an
5 opioid treatment program setting. The study
6 measured the opioid overdose reversal rate with
7 take-home naloxone among participants with a
8 diagnosis of opioid use disorder in an opioid
9 treatment program setting.

10 At intake, 44 percent of the
11 244 participants overdosed at least once and
12 87 percent witnessed an overdose. At the 3-month
13 visit, 13 percent successfully reversed an opioid
14 overdose on 38 community members. One study
15 participant overdosed and was reversed by EMS.
16 Eighty-seven percent of the reversed were family or
17 friends of the study participants.

18 How many doses of naloxone did it take to
19 successfully reverse an opioid overdose? Of the
20 38 reported overdose reversals, 50 percent required
21 1 dose of naloxone, 45 percent required 2 doses of
22 naloxone, and 5 percent required 3 doses of

1 naloxone. The third dose was delivered by EMS or a
2 study participant with an extra dose. All reported
3 overdose reversals were successful, and all
4 involved injected heroin. It is not known if
5 community members would have survived without the
6 naloxone.

7 EMS data shows a significant population
8 requires more than 1 dose of naloxone for reversal
9 of an opioid-related overdose. Looking at the
10 National Emergency Medical Services Information
11 Systems statistics, it takes 1.34 doses of naloxone
12 on average out of the more than 170,000 activations
13 since 2016; 74 percent required one dose, and
14 almost 26 percent of the patients required 2 to 4
15 doses of naloxone for reversal of an opioid-related
16 overdose. The National Institute of Health is
17 fostering partnerships to address this concern.

18 The National Institute of Health
19 public/private partnerships is part of the Health
20 and Human Services five-point opioid strategy. One
21 of the focus areas under enhanced medications for
22 opioid use disorder and to prevent or reverse

1 overdoses is to develop more potent or
2 longer-lasting opioid antagonists. Insys
3 Development Company anticipates an NDA filing of
4 its 8-milligram per actuation naloxone nasal spray
5 formulation with a unique first in class PK profile
6 the first quarter of 2019.

7 In conclusion, co-prescribing naloxone may
8 have positive impact on unintentional opioid
9 overdose deaths. It is difficult to predict who on
10 chronic opioid therapy will experience
11 opioid-induced respiratory depression associated
12 fatalities.

13 A study by Takeda et al. states if naloxone
14 is co-prescribed in a universal precautions manner
15 for all patients receiving chronic opioid therapy,
16 it may have a significant impact on intentional and
17 unintentional overdose opioid deaths. Thank you.

18 **Industry Presentation - Charles Argoff**

19 DR. ARGOFF: Good morning. I'm
20 Charles Argoff. I'm a neurologist by training,
21 professor of neurology at Albany Medical College.
22 I'm also subspecialty certified and board certified

1 in pain management. I direct our pain management
2 fellowship, which is kind of unusual as a
3 neurologist to be in that position, but I am. I am
4 director of our company as a pain center, and it's
5 a pleasure to be, and thank you for the opportunity
6 to speak. I was asked by kaléo to speak this
7 morning.

8 The agenda for my presentation includes
9 discussing the role of naloxone in the opioid
10 overdose public health crisis. I will add to
11 what's been said already that this is a complicated
12 term and sometimes an offensive term when you're
13 the person who is the patient, who is experiencing
14 great relief from opioid medications and
15 functioning, and you're made to believe that you
16 are part of an epidemic.

17 I think as we think about the use of
18 naloxone, it's really important to think of what
19 you would want your mother to be told when she was
20 prescribed warfarin and what measures would be
21 taken routinely as part of being on warfarin to
22 ensure safe use.

1 If we acknowledge that opioid therapy is
2 part of the treatment paradigm for chronic pain for
3 some people -- the CDC guideline doesn't say never
4 prescribe opioids -- it is a guidance for us to use
5 them as safely as possible. And we need to think
6 about that as we think about the subject we're here
7 today and tomorrow about, the role of naloxone.

8 That leads to a second part of the agenda,
9 which is expanded access to naloxone. Are we going
10 to at the end of the day have a risk factor? You
11 are all familiar on this committee with opioid risk
12 tools, and you know that one that comes to mind,
13 it's not a perfect tool, is the ORT, opioid risk
14 tool, which some can score zero on. But zero
15 doesn't mean no risk. Zero means low risk.

16 So everyone who is prescribed and using an
17 opioid for medical purposes, before we get into
18 opioid use disorder and illicit drug use, is at
19 risk of an unintentional event.

20 Are we going to take a risk factor approach?
21 Do we have uniform agreement about that, or are we
22 going to take the universal precautions approach;

1 and then how can we implement all this?

2 We are responding. Everyone in this room,
3 everyone who may be listening in is responding to a
4 very dynamic public health crisis. I mention some
5 comments about prescribing opioids. I am a
6 clinician. If I wasn't here today, I probably
7 would have 20 to 30 people on my schedule. I
8 prescribe opioid therapy to those people who are
9 appropriate candidates. And I am concerned about
10 unintentional consequences.

11 I also have developed and spoken in this
12 very room about the potential benefits of the very
13 REMS programs that were put into place with the
14 blueprint that was developed for trying to prevent
15 harm from the use of long-acting, extended release
16 opioids, and I'm very familiar with the
17 modifications that have been made.

18 So prescribing opioids inherent to such is
19 safety, safe and appropriate use. Co-prescribing
20 naloxone can be part of that. We know that people
21 suffer from opioid use disorders; we know that.
22 People, and their families, and family members need

1 to be aware and educated about the role of naloxone
2 and trained in the use of naloxone in overdose.

3 Certainly, those individuals who are using
4 illicitly heroin and/or are using other illicit
5 drugs, including fentanyl, which we are all too
6 familiar with the rising concerns of that
7 particular substance and how it's being used and
8 laced in other medicines, these individuals need to
9 be in a position where naloxone can be helpful to
10 them. That means it needs to be available.

11 I made some of these points already, but I
12 want to emphasize this point. Numerous
13 publications have emphasized the role of chronic
14 opioid therapy in certain individuals. Those of us
15 who actually maintain a clinical practice actually
16 see patients for whom chronic opioid therapy is
17 part of their effective regimen.

18 It's been estimated by some that 5 to 8
19 million U.S. adults regularly use opioid therapy as
20 part of their chronic pain treatment. This is even
21 in the face of a 25 percent decline in the total
22 number of opioid prescriptions dispensed between

1 the years 2012 to 2017; increasingly recognized,
2 and there are new treatments being developed for
3 this, and we still recognize that opioid use
4 disorder is not uncommon to the estimated
5 2.1 million people who are 12 years or older
6 diagnosed of opioid use disorder in 2017.

7 These are individuals who have a high rate
8 of relapse, and there's a crucial need to expand
9 evidence-based treatments for this group; that
10 these are at-risk groups.

11 It's not as if there aren't numerous
12 recommendations for expanded access. CDC
13 guideline, public health service, numerous
14 professional organizations, EMA, Federation of
15 State Medical Boards, CDC, there's not disagreement
16 in general that naloxone and opioid overdose
17 education should be readily accessible to
18 individuals likely to witness a life-threatening
19 opioid overdose. This has been mentioned by our
20 previous speakers. And when you think about
21 take-home naloxone, we think about considerations
22 for a risk-based versus universal prescribing. I

1 mentioned this point earlier.

2 If you think about risk-based -- I know this
3 is not the kind of -- I'm just going to be a little
4 bit unorthodox. Raise your hand in this room if
5 you can always predict who's going to be at risk.
6 No one can do that. Everyone is at risk if they're
7 prescribed an opioid, and everyone is at risk if
8 they're using for illicit purposes.

9 The cons of using a risk-based, take-home
10 naloxone program is that you may miss people. The
11 pros of a universal take-home naloxone approach is
12 that your reach is a broader population; there's
13 less targeting and stigma. I gave you an example
14 of when you treatment somebody with insulin, for
15 example, for diabetes, there are certain patient
16 education and family education strategies that you
17 incorporate as part of best practice.

18 Shouldn't best practice for opioid therapy
19 be incorporating what happens if things go south
20 and you need to use an opioid reversal agent?
21 Shouldn't that be part of what we do? Isn't that
22 what's part of a risk mitigation strategy program

1 in the real world?

2 So a universal take-home naloxone program
3 would reach a broader population. There would be
4 less targeting and stigma if this became a fluent
5 discussion with people when they're prescribed
6 opioids for chronic approaches, and it may lead to
7 a more efficient strategy at the level of the
8 healthcare provider office.

9 The cons, and there have been people who
10 have commented upon this already, is the increased
11 pharmaceutical costs and the more potential for
12 inappropriate administration. I think that it's
13 for you to decide during today, and tomorrow, and
14 other times what's in the best interest from a
15 public health point of view.

16 If you remember just two slides ago, I had a
17 slide with many different organizations that have
18 made recommendations. These are the
19 recommendations from different organizations. You
20 can see the AMA has its own. The CDC has some
21 overlap. Some are different.

22 Is there anyone here who wouldn't see how

1 confusing this might be? Which recommendation are
2 you reading and in what setting do you prescribe or
3 make sure naloxone is available? And I think one
4 of these studies have already been addressed, the
5 Opioid Use Disorder study. Drs. Takeda and Katzman
6 have demonstrated an opioid use disorder that there
7 is evidence that take-home naloxone can help
8 prevent opioid overdose deaths.

9 Drs. Takeda and Katzman published a study
10 looking at a universal precautions approach in
11 chronic pain. In each of these studies, using and
12 adopting a universal precautions approach gave
13 important evidence that take-home naloxone, at
14 least in the opioid use disorder study, can help
15 prevent opioid overdose deaths in targeted
16 populations. And in the chronic pain study,
17 actually, people didn't use naloxone. It was given
18 only to high-risk patients, but that in and of
19 itself, by having it available was an important
20 measure.

21 I want to come back to this point. The
22 goals of any -- I think it's important to look at

1 this picture in a view of chronic pain being a
2 chronic disease state and opioid use disorder being
3 a chronic condition as well. The goals of any
4 long-term chronic disease, like diabetes, or
5 asthma, or others, are to maximize the benefits
6 while managing the risk of treatment and
7 progression of disease. We all know only too well
8 that everything that we do from a treatment point
9 of view has risks.

10 Individualized treatment for these
11 conditions, they can certainly drain resources, and
12 optimal management of these and other conditions
13 also involve other individuals. When we look at
14 this with respect to chronic pain and using chronic
15 opioid therapy in chronic pain, part of going
16 forward needs to involve the assessment of the
17 risks, the acknowledgement of the risks, the use of
18 all available measures to reduce risk, and
19 involving family, friends, and other care providers
20 in the management of chronic pain and the risks
21 associated with certain treatments, in this case
22 chronic opioid therapy.

1 With any chronic condition, we know that
2 relapse of some degree is expected. We know that
3 we are not curing people with chronic pain, and so
4 it may be that individuals would be on chronic
5 opioid therapy for an unknown period of time, and
6 we need to manage the risks.

7 Recommendations, just in conclusion,
8 naloxone should be an integral component of
9 treatment for patients who are on chronic opioid
10 therapy for chronic pain or the diagnosis of opioid
11 use disorder. Healthcare providers, pharmacists,
12 and patients should be educated on naloxone as a
13 life-saving emergency intervention for opioid
14 overdose.

15 It's already been made mention of multiple
16 times, somewhat overlapping perhaps but also an
17 entirely separate group of people who misuse or
18 abuse opioids, who are currently in treatment, and
19 those who are not in treatment, access to naloxone
20 for these populations have to be increased as well
21 so that harm reduction can occur. Concerned family
22 members and friends in all populations need to be

1 involved and trained as well.

2 Thank you for your attention and listening
3 to me, and it's my pleasure to ask Omar Khalil from
4 kaléo to come up.

5 **Industry Presentation - Omar Khalil**

6 MR. KHALIL: Good morning. Committee
7 members and distinguished guests, my name is Omar
8 Khalil, general manager of Neurology & Addiction
9 with kaléo. On behalf of the entire kaléo team, I
10 want to thank you for inviting us to participate in
11 today's meeting.

12 We are here because we all agree that more
13 needs to be done to improve access to naloxone in
14 this country. As a company focused on patients, we
15 believe today's discussions represent a very
16 important step in addressing that challenge.

17 I would also like to thank Dr. Charles
18 Argoff for sharing his observations as a clinician
19 on the frontlines treating patients and observing
20 the real-world challenges in managing the chronic
21 diseases of pain and opioid use disorder. Now, I
22 would like to share some of kaléo's observations in

1 this field.

2 kaléo first started to see the signs of the
3 opioid overdose crisis around a decade ago when one
4 of our founders witnessed a woman admitted to the
5 ER following an accidental overdose after wearing
6 more than a dozen fentanyl patches.

7 Once she was revived with naloxone, she
8 claimed her doctor never told her to remove one
9 patch before she put on another. And while we can
10 never verify the truth of that statement,
11 discussions with other ER physicians that day
12 indicated that overdoses were an increasingly
13 common occurrence.

14 In 2011, we met with the FDA to discuss the
15 need for a take-home naloxone. As we explored this
16 need, it became clear that despite the availability
17 of generic naloxone, opioid overdose mortality
18 numbers continued to climb and that a large number
19 of the overdose deaths were occurring in the home.

20 Based on our experience working with the
21 healthcare community, we determined there was a
22 need for additional naloxone delivery options for

1 people who were not medically trained. Our company
2 invested more than \$80 million to develop and
3 launch Evzio in 2014. This became the first
4 take-home naloxone product approved by the FDA for
5 use by non-medically trained individuals. It was
6 designed to be easy to use. It is the only
7 naloxone product with voice guidance, which even
8 reminds the user to call 911 following
9 administration.

10 Testing was conducted related to the rigors
11 of the use outside of the hospital, including
12 exposure to extreme temperatures, crushing forces,
13 and liquid ingress. As part of the development
14 effort, we invested in a state-of-the-art robotic
15 production line that conducts over 100 automated
16 quality checks on each device, ensuring streamlined
17 and consistent quality production.

18 In 2016, kaléo participated in the FDA
19 advisory committee meeting to discuss the proper
20 dosing of naloxone, given the growing availability
21 of synthetic fentanyl. In 2017, kaléo launched a
22 2-milligram version of Evzio. Over the past four

1 years, we've also stepped in to assist first
2 responders and harm reduction groups, despite the
3 fact that Evzio was not initially developed to
4 serve that segment of the market.

5 To-date, we have donated approximately
6 350,000 autoinjectors. And according to voluntary
7 third-party reports, our donations have been used
8 to help save more than 5,500 lives, a fact about
9 which we are extraordinarily proud.

10 In regard to access, kaléo has also
11 witnessed how an extremely complex and challenging
12 healthcare system has impeded access to this
13 important, potentially life-saving medication. In
14 short, our healthcare distribution system was
15 applying old models to address a new and complex
16 problem.

17 We believe strongly that barriers to patient
18 access will not help save patient lives or costs to
19 the healthcare system. As results of these
20 obstacles, kaléo faced an existential decision to
21 either stop providing Evzio or launch a new access
22 program built with the commitment that eligible

1 commercially-insured patients could receive Evzio
2 at no cost to them and without significant delay,
3 regardless of whether their insurance company
4 blocked access or applied a high-dollar co-pay.

5 While kaléo has received significant
6 criticism as a result of this approach, what many
7 don't recognize is the impact we've had on
8 patients. In the first year, fewer than 5,000
9 Evzio prescriptions were filled under a traditional
10 model. When we eliminated those barriers and
11 launched this new access program, in the second
12 year, more than 66,000 prescriptions were filled.

13 In the vast majority of those commercial
14 prescriptions, kaléo was the entity that paid for
15 product. We also address the unfortunate but
16 common feelings of shame and stigma, a hindrance
17 for some patients, by shipping Evzio directly to
18 their home.

19 While our patient-focused program has
20 improved access for some, we recognize that it has
21 its limits. As a company founded by patients for
22 patients, we refuse to accept the solution that

1 doesn't address the needs of more of those who are
2 at risk. And while we have removed the barrier of
3 cost for many, we recognize that approach could
4 have an impact on certain payers and does not
5 provide an adequate solution for patients with
6 government insurance.

7 This is why we recently announced that we
8 are launching an authorized generic for Evzio at a
9 list price of \$178 per carton and are working to
10 lower the price of the branded product to that same
11 level as well. We are working closely with the
12 major payers to negotiate unrestricted coverage for
13 the authorized generic for Evzio and have been
14 encouraged by their initial positive response.

15 We have also lowered our price for first
16 responders, government agencies, other professional
17 rescue or public health-focused organizations to
18 \$178 per carton, or \$89 per dose, with additional
19 discounts available as well. We have already
20 started filling orders under this program.

21 As we consider other barriers and obstacles
22 to increasing access to naloxone, I won't cover the

1 ground that Dr. Argoff and the others have already
2 discussed. However, I do want to point out the
3 importance that education plays in addressing this
4 problem. While we are all taking steps in the
5 right direction, we still hear too many stories of
6 patients who are unaware or aren't prepared to
7 acknowledge the risks of opioid use, physicians who
8 feel their patients don't need take-home naloxone,
9 or pharmacists who don't know how to counsel a
10 patient in need.

11 A critical factor of any successful naloxone
12 distribution program has been the education
13 provided to the patient by an appropriate trusted
14 healthcare provider. We believe the best way to
15 address this crisis rests in the relationship
16 between the healthcare provider, the pharmacist,
17 and the patient. We know that when physicians have
18 candid conversations with patients about the use of
19 opioids to address chronic pain, they reduce the
20 risk of an accidental overdose.

21 We know when pharmacists effectively
22 communicate to their customers the importance of

1 filling their naloxone prescription, they increase
2 patient education and the likelihood of filling
3 that prescription. We also know, based on our
4 discussions with harm reduction groups, that each
5 time they save a life with naloxone, they are given
6 another opportunity to convince a person suffering
7 from the illness of addiction to seek treatment.

8 We understand that one idea under
9 consideration is the development of an
10 over-the-counter naloxone product. We believe
11 there are two different dynamics that should be
12 considered as it relates to over-the-counter
13 naloxone.

14 The first is the availability and sale of
15 naloxone directly to patients without a
16 prescription through retail channels. We are
17 concerned that approach may actually reduce access
18 to naloxone in the near term. While we may reach a
19 point in the future when that option is viable, our
20 experience suggests we are not there yet.

21 Based on our experience, the likelihood that
22 a patient will self-identify as at risk and then go

1 to the pharmacy to pick up an over-the-counter
2 naloxone is still low. Years after many states
3 have issued standing orders for take-home naloxone,
4 we still don't see significant uptake by patients.

5 Another major challenge is affordability for
6 patients. Keep in mind, an over-the-counter
7 solution generally puts the entire burden of cost
8 on the patient, which we have already seen as a
9 barrier to access. We know that patient
10 abandonment increases as patient out-of-pocket
11 expenses also increase.

12 With naloxone. given the challenges
13 regarding awareness and education that we have
14 already discussed, the threshold for out-of-pocket
15 expenses is very low. Currently, even when the
16 cost to the patient is zero dollars, we see roughly
17 30 to 40 percent of patients who never follow
18 through on filling their Evzio prescription. Those
19 percentages naturally jump higher when there is
20 even a small co-pay.

21 Conversely, the second dynamic to consider
22 when discussing over-the-counter naloxone is the

1 regulatory burden for organizations looking to
2 distribute naloxone broadly or for use on their own
3 premises. We know that many organizations have
4 taken an active role in distributing naloxone
5 directly to patients in need, or making it
6 available in locations where there may be a risk
7 for overdose.

8 The fact that naloxone is categorized as a
9 prescription medication increases the regulatory
10 burden that these organizations must go through to
11 do so compliantly.

12 We fully support finding a means to treat
13 naloxone in these situations similarly to other
14 over-the-counter medications as we believe this
15 will increase access to naloxone for this segment
16 of the community.

17 Lastly, I want to spend a few moments
18 addressing our investment in manufacturing and
19 quality. Currently, we operate two
20 state-of-the-art automated autoinjector
21 manufacturing lines based here in the United
22 States, one of which is dedicated to Evzio. Our

1 manufacturing process has been designed to meet
2 FDA's strict CGMP device performance reliability
3 requirements.

4 As I mentioned previously, during the
5 manufacturing process, we conducted over
6 100 automated quality checks on each device
7 produced. With our current capacity, we have the
8 potential to product single-digit millions of units
9 each year, and we are also planning on initiating
10 capacity expansion activities in 2019 to prepare
11 for expected demand growth in future years.

12 In closing, I would like to stress kaléo's
13 eagerness to be part of the solution. We have
14 heard far too many stories of loved ones who have
15 been lost in this opioid overdose health crisis,
16 but we have also witnessed the relief and gratitude
17 on the faces of mothers and fathers who described
18 rescuing their sons and daughters from the brink of
19 death, thanks to naloxone.

20 Let us all be reminded that the work in
21 front of us is about saving lives, and there can be
22 no higher calling than that. Thank you.

Clarifying Questions

1
2 DR. BROWN: Are there any clarifying
3 questions for industry from the panel?

4 (No response.)

5 DR. BROWN: If not, I have one. Several of
6 the speakers spoke to -- and Mr. Omar, I think you
7 did just a few minutes ago -- the regulatory burden
8 associated with the dispensation of naloxone. I
9 think that's one thing that the panelists are going
10 to want to speak of over and over again over the
11 next two days.

12 On the other hand, if you take the approach
13 that you take away all the regulatory burden or a
14 substantial portion of it and make it an
15 over-the-counter drug, nobody seems to be
16 interested in that.

17 Could you address that?

18 MR. KHALIL: I can certainly share my
19 perspective, and then I think the other sponsors
20 certainly can share their own perspective. Our
21 perspective on over-the-counter is really twofold.
22 The concern with making it available without a

1 prescription through retail pharmacies, again
2 without the awareness and education that is needed,
3 given where we are today with naloxone, the
4 likelihood of patients going into pharmacies,
5 purchasing naloxone directly without the
6 interaction with a healthcare provider, we are
7 concerned in the near term that that would limit
8 access and limit the availability of naloxone.

9 On the flipside, for organizations who are
10 looking to distribute naloxone, currently, because
11 it is a prescription medication, they would need to
12 have a medical director available, have certain
13 licenses based on which state they are in, in order
14 to be able to do that compliantly.

15 Those are the burdens that we would see. If
16 there was a way to overcome those burdens and make
17 it easier for those organizations to distribute
18 naloxone, that would help address the needs of
19 increasing access to those members of the community
20 while maintaining the ability for patients, and
21 physicians, and pharmacists to have that
22 interaction that will increase access in the

1 prescription market.

2 MR. KRAMER: Thank you, Mr. Chairman. I
3 would simply reiterate some of the points I made in
4 my talking points around this issue, which is for
5 OTC to work effectively, there needs to be
6 significantly increased awareness and education for
7 these patient populations.

8 We need to make sure that by putting an OTC
9 mechanism in place, it does not create any economic
10 barrier to the very people who need these products
11 by creating cost that are much higher than they are
12 today. We continue to focus on awareness,
13 education, and affordability before, I think, it
14 makes a lot of sense to actively pursue this OTC
15 process. Thank you.

16 DR. BROWN: Thank you. For future speakers,
17 if you could just mention your name because we're
18 transcribing all of this, and it makes it difficult
19 for the transcriber to understand who's actually
20 speaking.

21 Dr. Brand?

22 DR. BRAND: Thank you, Mr. Chair.

1 I guess my question is to Dr. Kramer. In
2 conjunction with the public health, the consistent
3 and constant public health message regarding the
4 risk of opioid overdose, I'm looking at your slide
5 that said 40 percent of the overdose deaths involve
6 prescription opioids, which means, of course,
7 60 percent are involved with illicit opioids.

8 Would you be opposed to over-the-counter
9 Narcan, considering that the majority of the people
10 who need Narcan, to use Narcan, are not necessarily
11 the patients since they typically are unconscious
12 but are people who can't get a prescription for it;
13 say, an onlooker, or a caregiver, or a first
14 responder who need to have access to it and need to
15 have the education how to use it?

16 The other portion, there was a slide that
17 said 70.4 percent of the witnesses took no action.
18 So that's why I say an over-the-counter program
19 with public education as to what to do, would you
20 be opposed to that?

21 Thank you, Mr. Chair.

22 MR. KRAMER: Sure. Thank you for the

1 question. And just for clarity, I'm not a doctor,
2 but appreciate the edition.

3 I think for that issue, we have to look at
4 the fact that we're trying to deal with both
5 populations of people who are affected with opioid
6 overdoses, both the prescription occurrence, as
7 well as illicit drug users and how we deal with
8 that.

9 So the key for us is increasing the overall
10 awareness. I think at some point in time, it may
11 be appropriate, and OTC might be the best tool for
12 that. But right now, we've got to overcome some
13 significant barriers around awareness and
14 education, while not making it a disincentive to
15 the very people who need access to this product by
16 unintentional causes of price increases and
17 economic issues.

18 DR. BROWN: For the transcriber, that was
19 Mr. Robert Kramer, president and chief operating
20 officer of Adapt Pharma.

21 Ms. Robotti?

22 MS. ROBOTTI: Hi. Suzanne Robotti. I'm

1 sorry, Mr. Kramer, another question for you.

2 On your slide number 8, you give statistics
3 on five states implemented regulations requiring
4 naloxone prescribed with higher risk opioids -- or
5 I should say I have two questions.

6 Did I miss it? Did you tell us, what was
7 the morbidity on this? Were lives saved? What as
8 the outcome?

9 MR. KRAMER: This is again, Bob Kramer. I
10 don't know that we have the data, or I have it with
11 me now, but we're certainly glad to look at that
12 and provide that to you. I just don't have it
13 right now.

14 MS. ROBOTTI: Yes. It would be a wonderful
15 way to see if expanded naloxone distribution
16 actually has an outcome favorable.

17 Second question, also, Mr. Kramer, in your
18 presentation, I believe you mentioned that there's
19 a two-year expiration date on your form of
20 naloxone. I do not know how expiration dates are
21 set. Is there judgment involved in that? That
22 seems very short, and a lot of naloxone that might

1 potentially be still useable would expire and be
2 lost.

3 What flexibility is there -- and that might
4 actually be an FDA question -- in expiration dates
5 of all forms of Narcan, of naloxone?

6 MR. KRAMER: For ours, I can only speak that
7 we have stability data that supports the two-year
8 shelf life. We continue to monitor the overall
9 stability of that product in the device. We're
10 certainly open to looking at extension of dating,
11 if you will, but it has to be supported by firm
12 data. I'm sure FDA would agree with that.

13 MS. ROBOTTI: You would be the source of
14 that data?

15 MR. KRAMER: Yes, we would.

16 MS. ROBOTTI: Thank you.

17 MR. KRAMER: Again, this is Bob Kramer
18 answering. Sorry, Mr. Chair.

19 DR. BROWN: Dr. Goudra?

20 DR. GOUDRA: Basavana Goudra for Penn,
21 anesthesia. Two questions; one, I think it is Dean
22 Mariano who said that there is evidence -- well,

1 you were citing one of the studies, which mentioned
2 63 percent or 64 percent decreased hospitalization.

3 My question is -- I mean I was kind of
4 intrigued with this. I thought anybody who would
5 get naloxone is depressed enough in terms of
6 respiratory standpoint, and considering naloxone as
7 short half-life, they still end up hospital anyway.
8 So how did they end up with 63 percent decreased
9 hospitalization?

10 The second question, maybe Dr. Robotti
11 already talked about it, is there any data to
12 suggest that co-prescription of naloxone has
13 actually decreased mortality?

14 DR. MARIANO: To answer the question, the
15 study looked at the reduction in emergency
16 department visits related to opioid-related visits.
17 There was a 63 percent reduction in opioid-related
18 emergency department visits while giving naloxone
19 at home, which they estimated that by giving people
20 naloxone at home, it actually raised the
21 possibility that they provided -- it affected the
22 patients' behavior with respect to opioids.

1 So it reduced the amount of people coming
2 into the ER for opioid-related ER visits. They're
3 postulating that it reduced opioid risk behaviors,
4 that it wasn't about admissions into the hospital
5 itself, what that study focused on. That was
6 co-prescribing supported.

7 So fair? So they're looking at that it
8 hopefully has added to reducing opioid risk
9 behaviors at home that led to reductions in ER
10 visits. Thank you.

11 DR. BROWN: That was Dean Mariano, senior
12 director of clinical development, medical affairs,
13 Insys.

14 Our next question, from Dr. Pisarik?

15 DR. PISARIK: Paul Pisarik. I have a
16 question. In those five states that had naloxone
17 co-prescribing, is it too early to see if there's
18 been a reduction in the mortality rate from opioid
19 overdosing?

20 MR. KRAMER: This is Bob Kramer. Again,
21 thanks for the question. It is a bit too early to
22 see that, so we continue to follow the data, but

1 it's too early to tell right now.

2 DR. BROWN: Dr. Bateman?

3 DR. BATEMAN: This question is for
4 Mr. Kramer. I'm not sure I fully followed the
5 points being made around over the counter. You
6 brought up two points: the need for patient
7 awareness -- and I guess that would imply that
8 patients would need to self-identify as being at
9 risk and then choose to purchase the product.

10 Just because the product is available over
11 the counter doesn't mean that it can't be
12 prescribed. Omeprazole is available over the
13 counter, and physicians prescribe PPIs all the
14 time.

15 Couldn't there be a model where physicians
16 routinely prescribe this, but for patients who
17 recognize that they might be at risk or their
18 family members might be at risk, that they would be
19 able to buy it over the counter?

20 The second point you made was that if it
21 moved to an over-the-counter model, it would drive
22 up cost. I'm not sure I fully appreciate the

1 interrelationship of those two.

2 MR. KRAMER: Thanks. This is Bob Kramer
3 again. I think the answer to your first question
4 is really a question for the regulators, for FDA,
5 whether a prescription would still be required or
6 be appropriate if it were, in fact, offered OTC.

7 On the second question, what we're trying to
8 do is to ensure that the patient, and clinician,
9 and physician conversation occurs. And to the
10 point on cost, our perspective is that, I think, we
11 should be very careful to ensure that by making
12 products like these naloxone products OTC, that it
13 doesn't have unintentional consequences of making
14 the product more expensive to the very people who
15 need it.

16 We have seen that happen, and we just want
17 to make sure that that doesn't happen because,
18 again, many OTC products are not covered by health
19 insurance programs. The burden will fall to the
20 patient, which could further create a barrier to
21 them accessing the very product that they need and
22 at the time that they need it.

1 DR. BROWN: Dr. Hernandez-Diaz?

2 DR. HERNANDEZ-DIAZ: I have two questions
3 that are actually a follow-up to Dr. Brown's
4 questions before. It's about getting the naloxone
5 to the right place, in the hands of the right
6 people that are going to use it. I think it's for
7 Dr. Kramer as well, but maybe anybody can answer.

8 Again, the use of prescription opioids in
9 the context of a party in teenage years, one of
10 them having an overdose, that would be prescription
11 opioid. But I wonder if you can expand on the
12 overdoses that you attribute to prescription
13 opioids.

14 Which ones are in the context of use of
15 opioids for that intentions versus use of
16 prescription opioids for not the intention that
17 they were prescribed? How are you going to get
18 naloxone to the prescription opioids in those
19 situations?

20 In the same context, very nicely somebody
21 said that we want to have naloxone in the hands of
22 those that are likely to witness an overdose. How

1 are you planning to get naloxone to those people?
2 Is there going to be like a buddy system or family
3 members being always involved in the
4 co-prescription? Because otherwise, the person
5 passing out is not going to be using it.

6 MR. KRAMER: Again, Bob Kramer with
7 Emergent. I think on the first question, we just
8 don't have the data to adequately respond to your
9 question.

10 I think in the second question around how do
11 we ensure that naloxone products are available in
12 and around the patients who are using higher-risk
13 opioids, our point is to make sure that whether
14 it's Narcan or any other naloxone product, is to
15 get that in the home and get that around
16 the -- again, some of the colleagues talked earlier
17 today about the caregivers, the mothers, the
18 fathers, again, the people who are surrounding
19 these folks who are on higher-risk opioids, is to
20 get the product there so they can deploy it when
21 they need to, because we have all heard how timely
22 administration of naloxone is critically important.

1 DR. BROWN: We're going to keep a continuous
2 rolling list of clarifying questions, but we're
3 going to move on now to the FDA presentations.
4 We'll get to everybody's questions at a later time.

5 We'll now proceed with the FDA's
6 presentation by Dr. Jiang.

7 **FDA Presentation - Timothy Jiang**

8 DR. JIANG: Good morning. My name is
9 Timothy Jiang. I'm a medical officer in the
10 Division of Anesthesia, Analgesia, and Addiction
11 Products. The topic of my presentation today is
12 Clinical and Regulatory Overview of Naloxone
13 Products Intended for Use in the Community.

14 The United States is experiencing a
15 devastating public health crisis associated with
16 the use, misuse, and abuse of both illicit and
17 prescribing opioids. The crisis has taken a
18 staggering toll with an estimated 2 million
19 Americans having a substance use disorder involving
20 prescribing pain relievers and close to 600,000
21 having a substance use disorder involving heroin.

22 Opioid overdose is characterized by

1 life-threatening respiratory and central nervous
2 system depression that may lead to irreversible
3 hypoxic brain injury. Opioid overdose is an
4 emergency and requires immediate treatment. In
5 recent years, there has been a marked increased in
6 the number of opioid-related overdose deaths driven
7 by heroin and synthetic opioids other than
8 methadone.

9 The figure from November 2018, National
10 Center for Health statistical data brief, shows the
11 age-adjusted rates of drug overdose death by
12 categories in the United States from 1999 to 2017.
13 The four categories are synthetic opioids other
14 than methadone, which include fentanyl, fentanyl
15 analogues, and tramadol in dark blue; heroin in
16 light green; natural and semisynthetic opioids,
17 which include morphine, codeine, hydrocodone, and
18 oxycodone in dark green; and methadone in light
19 blue.

20 According to the definition of the data
21 brief, drug overdose deaths include death resulting
22 from unintentional or intentional overdose of a

1 drug, being given the wrong drug, taking a drug in
2 error, or taking a drug inadvertently.

3 The key finding from the age-adjusted rate
4 of drug overdose deaths involving synthetic opioids
5 other than methadone increase by 45 percent from
6 2016 to 2017. Other key findings include rates of
7 drug overdose deaths continue to rise.

8 In 2017, the age-adjusted rate of drug
9 overdose deaths was 3.6 times of the rate of 1999.
10 The rates of drug overdose involving heroin,
11 natural or semisynthetic opioids, and methadone
12 were the same in 2016 and 2017.

13 Naloxone is a small molecule, mu opioid
14 receptor antagonist. It was initially approved in
15 the United States in 1971 with the trade name of
16 Narcan. Narcan, as originally approved, is an
17 injectable naloxone product that can be dispersed
18 by intravenous, intramuscular, or subcutaneous
19 routes of administration.

20 It's indicated for the complete or partial
21 reversal of opioid depression, including
22 respiratory depression induced by natural or

1 synthetic opioids. Narcan is also indicated for
2 the diagnosis of suspected or known acute opioid
3 overdose.

4 Earlier formulations of naloxone and its
5 generic equivalents are not optimized for use by
6 non-medical professionals, although as I will
7 present in my subsequent slides, some unapproved
8 kits include these products for use in the
9 community.

10 Two naloxone products intended for use in
11 the community have been approved for use in both
12 adult and pediatric patients. Evzio was initially
13 approved in April 2014 and is a prefilled,
14 single-use autoinjector for intramuscular or
15 subcutaneous use that is currently available as a
16 2-milligram dose of naloxone hydrochloride per
17 injection. Evzio's average retail price is \$4641
18 for a package of two units in the event repeat
19 administration is required.

20 Narcan nasal spray was initially approved in
21 November 2015. It's currently available as a
22 single-use device with a 4-milligram dose of

1 naloxone in a 0.1 mL spray. Its average retail
2 price is \$142 for a package of two units.

3 The indication for the newer naloxone
4 products was modified to indicate the products are
5 intended for use in any situation where opioids may
6 be present, in addition to the use in emergent
7 treatment for known or suspected opioid overdose,
8 as manifested by respiratory and/or central nervous
9 system depression.

10 Additionally, as I referred earlier,
11 improvised naloxone products are being used in some
12 community settings to reverse opioid overdose. One
13 such product is supplied as a kit consisting of
14 injectable 2-milligram in 2-mL naloxone in a
15 prefilled syringe with a mucosal atomizer device to
16 allow for intranasal delivery.

17 Half of the volume, 1 cc, is sprayed into
18 one nostril, and the remaining volume, 1 cc, is
19 sprayed into the other nostril. The injectable
20 product that is being used in this kit is not
21 approved for intranasal use.

22 The average invoice price for the naloxone

1 product in this kit is \$29. It is noted the price
2 has increased by 244 percent from 2006 to 2017
3 based on a recent publication by my colleagues in
4 CDER's economics staff. Other products are
5 supplied as kits containing naloxone intended for
6 subcutaneous or intramuscular injection.

7 In many cases, life-threatening respiratory
8 depression due to opioid can be successfully
9 reversed by timely administration of naloxone, a
10 drug that blocks the effects of opioids. The
11 utility of naloxone in saving lives is reflected in
12 the endorsement by the Department of Health and
13 Human Services where "promoting use of
14 overdose-reversing drugs" is one of the five
15 priorities to combat the opioid crisis.

16 The commissioner of FDA, Dr. Scott Gottlieb,
17 specifically noted that the agency is focused on
18 increasing the use and access to the potentially
19 life-saving antidote naloxone. There are existing
20 initiatives to increase naloxone availability by
21 various distribution programs outside the realm of
22 FDA.

1 Naloxone is currently available through
2 individual prescriptions from healthcare providers
3 in more traditional healthcare settings, such as
4 pain clinics and opioid treatment programs.

5 Naloxone is also available without individual
6 prescriptions through community-based programs
7 offering overdose education and naloxone
8 distribution outside of traditional healthcare
9 settings.

10 In addition, naloxone is available by direct
11 access from pharmacies under programs such as
12 statewide naloxone standing orders or collaborative
13 practice agreements. You will hear presentation on
14 this topic by my colleague from the Division of
15 Epidemiology in the Office of Surveillance and
16 Epidemiology, as well as by several guest speakers.

17 As noted in the prior public meetings
18 pertaining to naloxone products, FDA is committed
19 to increasing availability of naloxone products
20 intended for use in the community. FDA has been
21 facilitating the development and approval of new
22 naloxone products for use in the community by

1 non-medically trained persons and is working to
2 foster the development of naloxone products for
3 over-the-counter use as a means to increase its
4 availability in the community.

5 You will hear a presentation by my colleague
6 from the Division of Nonprescription Products this
7 afternoon. The agency could also consider
8 additional actions, including revisions of label
9 for some or all opioid-containing drug products to
10 inform prescribers about the existence of naloxone
11 products, or to advise prescribers to consider
12 co-prescribing naloxone, or to more strongly
13 recommend co-prescription of naloxone.

14 There are several possible strategies for
15 co-prescription of naloxone. Co-prescription
16 naloxone concurrently with opioids could be
17 considered for all patients.

18 The benefits of this strategy include that
19 it places naloxone in all households with
20 prescribed opioid medications. It may help
21 prescriber and patients understand the importance
22 of proper use and storage. It is available for

1 accidental or other exposures by other members in
2 the household. However, this strategy does not
3 reach all persons at risk for opioid overdose.

4 Alternatively, co-prescription of naloxone
5 concurrently with opioids could be considered for
6 only some patients at higher risk for overdose.
7 The higher-risk groups include individuals with
8 concurrent prescription for other central nervous
9 system depressants; individuals with pain
10 management require higher doses of opioid
11 analgesics or with chronic pain managed with opioid
12 analgesics; individuals with a history of
13 opioid-related emergency department visits or prior
14 overdose; and individuals with a personal or family
15 history of substance use disorder.

16 Additionally, prescription of naloxone could
17 also be considered for high-risk groups who do not
18 even receive an opioid analgesic prescription in
19 the first place. This group includes patients
20 using medication-assisted treatment for opioid use
21 disorder; individuals with prior history of opioid
22 use disorder; individuals with prior history of

1 opioid abuse; and individuals with recent release
2 from criminal justice system with a history of
3 opioid abuse or opioid use disorder.

4 You will hear a presentation on this top by
5 my colleague from CDER's economic staff and by
6 several guest speakers.

7 Ideally, all patients who are prescribed
8 opioids also would have naloxone available for use
9 in the event of overdose of the patient or other
10 member of the household. Unfortunately, healthcare
11 resource are limited and the retail price of
12 approved naloxone products for community use can be
13 high as I discussed earlier.

14 CDER's economic staff has conducted analysis
15 to assess the potential costs of requiring
16 co-prescribing and concluded that cost of
17 co-prescription can be substantial, depending on
18 the assumptions made. The issue will be discussed
19 further during the course of this morning.

20 When discussing whether naloxone
21 co-prescribing should be targeted to all or some
22 patients prescribed opioids, as I discussed

1 earlier, a couple of additional considerations are
2 worth noting.

3 While prescription opioids contributes to a
4 substantial portion of overall opioid-related
5 morbidity, recent data suggests that a substantial
6 and growing percentage of opioid-related deaths are
7 associated with use of illicit opioids. As a
8 result, co-prescription of naloxone may not reach a
9 large proportion of individuals at a risk for
10 overdose deaths of opioids.

11 Additionally, in order for a reversal of an
12 opioid overdose to be successful, it must be
13 administered soon enough to prevent irreversible
14 anoxic brain injury. In some cases, this means
15 that overdose would need to be witnessed for
16 naloxone administration to be early enough to
17 rescue the patients.

18 In conclusion, the agency is committed to
19 increase access of naloxone in the community by
20 additional actions. How best to meet this
21 commitment is a topic for discussion today and
22 tomorrow, and we look forward to hearing your

1 suggestions and comments.

2 Thank you. I will invite my colleague,
3 Dr. Mehta, to the podium.

4 **FDA Presentation - Shekhar Mehta**

5 DR. MEHTA: Good morning. My name is Shek
6 Mehta. I am a drug utilization analyst here at the
7 FDA. Today, I'll be presenting information on the
8 drug utilization of naloxone. Before I begin, I
9 would like to highlight some important
10 characteristics with respect to the distribution
11 and administration of naloxone.

12 The pathways for distributing naloxone are
13 unique and complex. There are a variety of
14 settings of care and types of administration that
15 are associated with this rescue agent.

16 For example, naloxone can be administered to
17 patients in inpatient or outpatient settings. It
18 can be administered by healthcare providers, first
19 responders, or by bystanders in the community.
20 When naloxone is distributed through these various
21 modalities, some distribution and use may be missed
22 in the community and commonly utilized data sources

1 used in a research. Also, when naloxone is
2 dispensed or distributed, we often don't know how
3 many times it was administered, in what form, and
4 to whom.

5 To further elucidate naloxone utilization
6 and distribution, we turn to proprietary drug
7 utilization data sources and published literature
8 to better understand how and where naloxone is
9 being used.

10 The goal of my presentation is to provide
11 information and context on the availability and
12 distribution of naloxone using a variety of
13 different sources. First, I will describe
14 information from proprietary drug utilization
15 databases available to the FDA. This will include
16 nationwide trends in U.S. sales distribution data
17 and dispensed prescription data.

18 I will also present data from other sources
19 such as those found in publications and from
20 various distribution programs. Strengths and
21 limitations of available data sources will be
22 discussed throughout the presentation. I will

1 conclude with key findings of our analysis.

2 A proprietary database was used to provide
3 sales distribution data sold from manufacturers to
4 various channels of care. Although sales data do
5 not reflect actual patient use, these data provide
6 national trends in the distribution of naloxone.
7 Of note, donations and some direct sales are not
8 captured by this database.

9 Listed here are settings of care where
10 naloxone is distributed. We have limited
11 granularity of the exact facilities that comprise
12 each distribution channel.

13 For example, distribution to EMS may be done
14 through sales to the non-federal hospital setting
15 when the hospitals stock ambulances. It can also
16 be distributed through sales to other settings
17 captured in the data source used, which does not
18 have more specific information, but may include
19 distribution to state and local governments that
20 also supply police, EMS, and other first
21 responders. Sales data were analyzed based on
22 product formulation. One unit is considered one

1 administration of a vial or device.

2 First, we will look at naloxone sales by
3 setting. This figure displays the nationally
4 estimated number of naloxone units sold by
5 manufacturers to major channels of distribution.
6 Naloxone sales gradually doubled from 2.5 million
7 units sold in 2013 to 5 million units sold in 2017.

8 In 2017, 83 percent of naloxone units sold
9 were to non-retail settings, largely to hospitals
10 and clinics, while 17 percent was to the retail
11 channel. Although small, the retail channel had
12 the largest percentage increase over the examined
13 time.

14 This figure provides the nationally
15 estimated number of naloxone units, by formulation
16 sold from manufacturers to all settings of care.
17 The majority of sales were for vials of naloxone.
18 Sales for the nasal spray, as shown by the green
19 line, and sales for the autoinjector, as shown by
20 the blue line, were low but increasing.

21 Of note, these sales do not include
22 donations or some direct sales from manufacturers.

1 The majority of these sales were to non-retail
2 settings such as hospitals, as shown in the
3 previous slide. Sales to the retail sector alone
4 are shown next.

5 This figure shows sales distribution data
6 but only for products sold to retail pharmacies.
7 In contrast to patterns of overall sales, the small
8 but increasing volume of sales to the retail
9 setting were primarily for the nasal spray
10 formulation, as shown by the green line.

11 Next, we will further examine the
12 availability of naloxone intended for community use
13 by focusing on the retail dispensing setting. Two
14 additional proprietary databases containing
15 prescription transaction data were used to examine
16 retail prescription dispensing patterns.

17 With these databases, we are better able to
18 understand the volume of prescription products
19 dispensed directly from pharmacies to consumers.
20 However, it is unknown who the intended use is and
21 when or even if the naloxone is administered based
22 on retail prescription data alone.

1 As we have seen from sales data, the
2 outpatient retail setting represents a small
3 proportion of total naloxone availability.
4 However, it is an emerging setting where
5 availability has grown rapidly.

6 This figure provides the nationally
7 estimated number of naloxone prescriptions
8 dispensed from U.S. retail pharmacies stratified by
9 formulation. Similar to patterns in the sales
10 data, prescriptions dispensed more than doubled
11 from 134,000 prescriptions in 2016 to more than
12 330,000 prescriptions in 2017.

13 Over 70 percent of the prescriptions in 2017
14 were for the nasal spray formulation of naloxone.
15 Of note, prescriptions were typically for two units
16 of naloxone.

17 To provide further context of the
18 prescription market, this figure provides the
19 nationally estimated number of opioid analgesic
20 prescriptions compared to naloxone prescriptions
21 dispensed from retail pharmacies. The amount of
22 opioid analgesic prescriptions dispensed far

1 surpasses the naloxone prescriptions dispensed from
2 retail pharmacies by several orders of magnitude
3 each year over the examined time period.

4 Note that in 2017, there were 336,000
5 prescriptions of naloxone dispensed while over
6 196 million opioid prescriptions were dispensed in
7 that same year.

8 In order to provide context on the
9 state-by-state variability, this figure provides a
10 ratio of naloxone prescription per 1,000 opioid
11 analgesic prescriptions dispensed by state in 2016
12 compared to 2017. Although very low, the ratio of
13 naloxone prescriptions to opioid analgesic
14 prescriptions dispensed appears to have increased
15 in some states such as Virginia and Vermont.

16 Although the impact on dispensing was not
17 formally studied, Virginia and Vermont were among
18 the states that implemented standing order or
19 collaborative practice agreements in 2016. Note
20 that these data do not indicate concurrent or
21 co-prescribing of naloxone to individual patients.

22 Although informative of nationwide trends

1 and patterns, the proprietary databases have
2 limitations. The databases used do not capture
3 distribution of drugs outside of the typical
4 pharmaceutical supply chain, such as donations to
5 community programs or direct sales. For example,
6 first responders such as police and EMS may not
7 receive naloxone from usual supply chains.

8 Prescription-level data are based on
9 prescriptions dispensed only from retail
10 pharmacies. Naloxone may be prescribed and
11 dispensed through a traditional prescription
12 process. However, many states have standing order
13 or collaborative practice agreements that expand
14 the availability of naloxone to guardians and
15 bystanders that may witness an overdose.

16 However, these data are not representative
17 of all naloxone available to the community. In
18 addition, not all dispensed naloxone is used, and
19 the number of administrations per overdose event is
20 unknown. Patients ultimately administered naloxone
21 may not hold an actual prescription or be dispensed
22 naloxone from a pharmacy.

1 To further elucidate naloxone utilization
2 and distribution, we assessed other data sources
3 such as reports from manufacturers and literature
4 to better understand how and where naloxone is
5 being distributed and used in the community.

6 Data on donated products and some direct
7 sales are not fully captured in proprietary data
8 sources, shown previously. In some years, large
9 proportions of certain naloxone formulations were
10 distributed through direct sales and donations as
11 compared to available information captured in
12 proprietary data sources.

13 This slide illustrates the complexity of the
14 market, as well as potential gaps and knowledge,
15 concerning the distribution of naloxone. Many
16 distributors may have compassionate pricing and
17 other distribution programs.

18 In our literature search, we identified many
19 published studies on naloxone distribution where
20 the methods of distribution were based on
21 distribution models and target populations could be
22 organized into three broad and potentially

1 overlapping categories.

2 First, there are prescribing programs that
3 operate in traditional healthcare settings like
4 primary care, pain clinics, or drug treatment
5 programs. Standing orders or collaborative
6 practice agreements are also methods utilized to
7 enhance availability of naloxone through
8 pharmacies. Data sources available to the agency
9 generally capture naloxone dispensing through these
10 settings.

11 The second group pertains to community-based
12 harm reduction and overdose education and naloxone
13 distribution programs that tend to use a diffuse
14 network of organizations throughout a defined
15 community for naloxone trainings. Some
16 long-standing, well-known programs include the
17 Chicago Recovery Alliance and Project Lazarus.

18 The makeup of the network of community-based
19 organizations varies based on the program. These
20 OEND programs primarily target high-risk groups,
21 however, they also train and distribute naloxone to
22 any person in need, including lower-risk people and

1 the friends and family of those at risk of
2 overdose.

3 The third group overlaps somewhat with the
4 second group. However, an important distinction is
5 that the individuals receive a naloxone kit at a
6 single point in time, often with inconsistent
7 follow-up assessments for further naloxone
8 dispensation.

9 Also, the target population here for
10 take-home naloxone programs is specifically those
11 with high, short-term risk of overdose and
12 generally lack a long-term care plan after naloxone
13 is provided. These types of recipients may include
14 those recently released from incarceration or
15 treated in the ER for opioid overdose.

16 Our proprietary databases often do not
17 capture dispensing and distribution through
18 community-based programs or take-home naloxone
19 programs.

20 While the data are still somewhat limited in
21 this area, we viewed this published work similar to
22 other critical hypothesis-generating information on

1 the effects of naloxone use in the community.
2 Overall, we learned that naloxone is distributed
3 through several different models, many of which are
4 outside of traditional healthcare settings.

5 Regardless of how naloxone is obtained,
6 there are reports in the literature of
7 administrations and overdose reversals, both among
8 those who obtain the naloxone and their close
9 contacts.

10 Naloxone prescribing programs in more
11 traditional healthcare settings, such as in clinics
12 or treatments centers, can be targeted based on
13 one's perceived risk of overdose or can follow a
14 universal precaution prescribing model, where every
15 patient receiving an opioid is prescribed naloxone.
16 The targeted approach appears to be more common
17 than the universal precaution model.

18 Finally, we found no formal study comparing
19 the effectiveness of overall public health benefit
20 of any one specific distribution model.

21 Although there is much to learn from this
22 burgeoning area of research, these data also have

1 some limitations. It is often unclear how
2 community-based programs obtain naloxone and how
3 much is distributed from those programs. The
4 literature includes small descriptive surveys of
5 convenient samples. Most data came from surveys
6 often with short and inconsistent follow-up on
7 subsequent naloxone administrations. Therefore,
8 data on actual naloxone use and opioid overdose
9 reversals may be an underestimate.

10 It is unclear whether findings from these
11 studies are representative of other similar
12 programs or programs in other geographic areas.
13 Data on naloxone administrations generally relied
14 on self-report without independent data
15 verification. Often, these data were collected
16 when participants return for additional naloxone.

17 Aside from data from the Veterans Affairs
18 model, which is to be presented today, data on
19 targeted or universal precaution prescribing models
20 mostly came from small pilot initiatives with
21 unclear generalizability to the total U.S.
22 population. There is great value, however, in

1 understanding what can be learned from these many
2 local experiences, and many of our guest speakers
3 today will provide informative insight into this
4 program.

5 National estimates of naloxone sales and
6 prescription data show increasing trends in
7 community availability of naloxone. However, more
8 data are needed to fully characterize the unique
9 and complex patterns of naloxone distribution,
10 utilization, dosing, and effectiveness.

11 As some of the challenges discussed today
12 illustrate, innovative and collaborative methods
13 are needed to address issues associated with
14 naloxone distribution to populations at risk.
15 While there are limitations with these data, there
16 is still a tremendous amount to be learned from the
17 various naloxone distribution models in use.

18 Invited speakers will address the various
19 types of naloxone distribution programs and their
20 effectiveness in distributing naloxone in hopes to
21 reduce events and mortality. Each type of program
22 has its own unique strengths and limitations with

1 respect to increasing naloxone availability and
2 preventing opioid overdose death. We look forward
3 to hearing from our invited speakers and their
4 experience on the frontlines of these efforts.

5 I'd just like to thank my colleagues who
6 helped with the presentation. Thanks.

7 **FDA Presentation - Matthew Rosenberg**

8 MR. ROSENBERG: Good morning, everyone. My
9 name is Matt Rosenberg. I'm from the economic
10 staff here in the Center for Drug Evaluation and
11 Research at FDA.

12 Before I get started, I just want to
13 acknowledge the important challenge that we face
14 here today, as well as tomorrow, in trying to
15 figure out whether and how broadly to implement
16 policies like naloxone co-prescribing or something
17 similar.

18 The opioid crisis continues to have
19 devastating societal impacts, and we want to do as
20 much as possible, with the limited resources we
21 have, to try to stem the tide. I believe that the
22 economic model I'm about to present here can help

1 orient us in this space, even though, of course, it
2 has limitations as any forecast of a novel policy
3 would. But I think that it can at least help us
4 get a sense of scale.

5 For instance, are we potentially looking at
6 health system cost of millions of dollars per year,
7 billions of dollars per year, or maybe even more?

8 Are there certain groups that we would want
9 to target from the perspective of public health,
10 both in terms of cost and benefits?

11 What steps could we take to tip the balance
12 further in our favor, either by reducing cost or
13 increasing benefits?

14 I hope I can persuade you by the end of this
15 talk that our numbers can contribute to some useful
16 evidence for you as you consider these questions
17 over the next couple of days. So just very briefly
18 before I move on, I want to thank colleagues of
19 mine who have contributed to this work.

20 Now, as I'm going into the details, I just
21 want to walk you through briefly why we think an
22 economic model in particular is needed in this

1 space. The challenge with implementing these
2 initiatives is that there's inevitably going to be
3 some response by the marketplace as we increase
4 demand for naloxone.

5 Suppose that the price per dose on the
6 Y-axis here and the number of doses on the X-axis
7 are at the point indicated by this circle. What
8 happens if we're going to implement naloxone
9 co-prescribing or some other sort of targeted
10 prescribing initiative?

11 Well, first, let's consider what the total
12 costs are under this sort of chart. You can see
13 that the area between the circle and the axes, the
14 price times the number of doses is what we would be
15 concerned with here.

16 As we increase use of the drug, inevitably
17 our circle shifts over the right because more
18 people are using it. And of course, more people
19 purchasing it, even at the same price, would
20 increase cost to the health system.

21 But there's the second effect that we'd be
22 concerned about, and that's really why the economic

1 model comes into play here. And that's the fact
2 that increasing demand for a drug like naloxone is
3 inevitably going to drive up its price, and we have
4 seen from previous research, as my colleague
5 highlighted, that prices of naloxone have been
6 increasing over the last decade or two.

7 Keeping this in mind, we would think that as
8 demand goes up, so would the price, and total cost
9 would be higher than we would expect if we were
10 only just expanding the access by itself.

11 With this in mind, I want to give you a
12 sense of how we try to tackle this problem and why
13 we see some larger numbers perhaps than others have
14 been projecting in this space. We start out by
15 assuming, as we have kind of had a discussion this
16 morning, that co-prescribing is likely to be
17 carried out with these community-use products, and
18 particularly the FDA-approved ones like Evzio
19 Autoinjector and Narcan Nasal Spray.

20 We then worked trying to estimate this cost
21 for populations that are in the recent Surgeon
22 General's advisory on opioid overdose and naloxone

1 use, and we assume that every available patient in
2 this group is going to receive a co-prescription.
3 Using various assumptions, we build out an economic
4 model, and we estimate two types of costs for each
5 patient population.

6 The first cost is for the new doses that are
7 needed to expand access, and this includes the
8 total spending on those doses, so the total cost of
9 purchasing them and dispensing them in a pharmacy.
10 For doses that were previously in use, we only
11 focus on the higher spending because of the
12 increase in the price, and we estimate these costs
13 for when the policy is fully implemented.

14 What do I mean by this? The policy is
15 initially implemented, and you can see there's some
16 sort of ramp-up period. People are getting their
17 first prescription as they get a prescription for
18 an opioid for the first time or as they replenish
19 the prescription that they previously had.

20 Eventually, we get somewhere approaching a
21 steady state where people are periodically
22 replacing doses as they expire or as they get new

1 prescriptions, but we're generally hovering around
2 some sort of level of access here.

3 Our model focuses in on this steady-state
4 period, so we're not worrying too much about the
5 startup cost here, but of course, those would be
6 something as well that we have to keep in mind if
7 we were to implement this.

8 Before I show you our overall findings, I
9 want to give you an example of how we estimate the
10 annual cost of naloxone co-prescribing or targeted
11 prescribing initiatives that fall under a similar
12 category. For the next couple of slides, I'm going
13 to focus here on what we're calling our all opioid
14 analgesic population, which focuses on patients who
15 are dispensed an opioid analgesic product in a
16 retail pharmacy.

17 This is our largest population. This is
18 kind of our universal precaution model that we're
19 talking about, although, of course, it would still
20 not include people who are on illicit opioids, but
21 it at least gives a sense of how large some of
22 these costs could be. And as we go down to look at

1 smaller populations, hopefully, it will start to
2 make some sense of how we provided those numbers.

3 This group starts out with 58 million
4 patients, which we estimated using 2017 data from
5 IQVIA's total patient tracker database.

6 We divide this population into two separate
7 groups. The first one here on the left are those
8 patients who have been previously prescribed or
9 co-prescribed naloxone with their opioid, and we
10 estimate that this is 96.9 percent of patients, but
11 we know we have probably over-estimated how many
12 people are in this group.

13 Then we put everybody else on the right-hand
14 side of all the patients who haven't previously
15 been co-prescribed naloxone or haven't received it
16 in several years, which means that the dose is
17 probably expired, and they would need a
18 co-prescription.

19 We're going to focus on how we arrived then
20 at which patients are going to get their naloxone
21 out of these two groups, keeping in mind that the
22 group on the right-hand side is definitely going to

1 need naloxone because they either don't have their
2 co-prescription, or they don't have any other doses
3 available; whereas the one on the left is only
4 going to need to replenish it if it's used up or
5 expired.

6 This group on the left, we have a few
7 categories that we divide it up into as we think
8 about these sorts of considerations. Some patients
9 don't need to replenish their doses because they're
10 still going to be available. They're not used up
11 or expired.

12 Some patients are going to use their dose to
13 try to reverse an overdose maybe out in the
14 community or elsewhere. Then the remaining
15 patients who haven't used their dose, some of them
16 are going to have it expired because just simply we
17 have reached the shelf life and it has to be
18 replaced.

19 We take these two groups and we assume only
20 a 70-percent fill rate for the prescription, which
21 is what we see for other sorts of emergency
22 products like EpiPen or epinephrine autoinjector,

1 and then at 2 doses per prescription, we end up
2 with this 46.7-million-dose number for the folks in
3 the left-hand group that we started with. And
4 you'll notice that some of these numbers are not
5 going to quite multiply out as you expect simply
6 because of rounding, so hopefully, that's nothing
7 to be too concerned about.

8 The 2-million-group, the second group, this
9 is going to be a much easier calculation. Since
10 they don't have naloxone, we have to prescribe it
11 to them. And in applying the same process as
12 before, we end up with 2.8 million additional doses
13 for this group.

14 How do we estimate the overall number of
15 doses needed by the health system to meet the needs
16 of a particular patient population? Well, we take
17 the 46.7 million doses from the first group, add it
18 to the 2.8 million doses from the second group, and
19 then we subtract out doses that we estimate are
20 already in use by the population.

21 Since we're looking at a very broad group
22 here, we include everything, but for smaller

1 populations, we'd actually scale this down. For
2 instance, if it was only half of the 58 million
3 number, we would put only half a million doses in
4 that subtraction. When we add that all up, we see
5 that there would be 48 and a half million doses
6 needed by the health system, in addition to what's
7 being used now; and if you add on the 1 million or
8 so doses already in use, that gets us closer to
9 about 50 million doses altogether.

10 What do we do then with this number from the
11 previous slide? Well, knowing that there's an
12 increase in demand for the drug, we have to figure
13 that there's going to be some sort of response here
14 where prices for the drug are probably going to go
15 up. But the question is, by how much?

16 We used an economic model here to work on
17 this piece, and specifically what's called a
18 constant elasticity supply and demand model. But
19 don't worry if you aren't so familiar with the
20 economics jargon because we're not going to spend
21 too much time going through the technical details
22 here. The general idea is similar to what you

1 think of in your ECON101 supply and demand curve.

2 We have a demand curve on the left here
3 that's downward sloping. So that means that when
4 the price of the drug goes up, fewer people want to
5 use it. And then we have a supply curve that's
6 upward sloping. So as the price goes up, a company
7 would want to produce and sell more of the drug.

8 The intersection of these curves is the
9 price of the drug when there's a lot of competition
10 in the marketplace, and we term this here as the
11 production cost, which is the additional cost of
12 producing one more unit of the drug. That's the
13 result from economic theory.

14 Suppose that we have co-prescribing, and we
15 shift out the demand curve by some amount as shown
16 by this new line. So what happens to the price?
17 Well, you can see that the price is going to go up.
18 The quantity is going to go up as well, maybe not
19 entirely as much as the increase in demand, and the
20 price is going to go up to some new numbers, as we
21 see here.

22 It turns out there's actually a formula

1 within this kind of model you can use to estimate
2 how much the price is going to go up with a certain
3 set of assumptions. I'm not going to spend too
4 much time going over it here, but the idea is that
5 we'll try to apply this on the coming slides to
6 estimate how much prices could increase.

7 Now, something we need to keep in mind
8 though is that this idea of being at the production
9 cost only occurs if we have a lot of competition in
10 the marketplace. With lots of generic competition,
11 we would be at the intersection of those curves in
12 terms of price. But if we don't have competition,
13 it's possible we could be higher.

14 To capture this possibility, we have created
15 two separate scenarios. The first we call the with
16 generics scenario. By this we mean that there's a
17 lot of competition for both of the brand name
18 products and the prices drop down to the estimated
19 production cost.

20 This is effectively a lower bound because we
21 know that obviously firms are in business to try
22 turn a profit, and they're not going to want to

1 sell products at a loss.

2 We then have the without generics scenario
3 here. This is the status quo. We only have
4 branded products in the market, and prices are
5 going to be a bit higher. So they're going to be
6 more like the retail prices that you see in
7 pharmacies rather than the production cost, which
8 is going to be less. This is an upper bound, and
9 we're going to talk somewhere later about how
10 different levels of retail price might affect the
11 estimates.

12 I'm going to start from the without generics
13 scenario and work backwards because as you're going
14 to see, we estimate the with generics scenario by
15 scaling this one down. We use data from IQVIA's
16 national prescription audit database to try to
17 estimate the retail prices.

18 We take the exit pharmacy prices and market
19 shares for the two products, and you'll notice that
20 the number for Evzio Autoinjector is higher than
21 the recently announced price because this is what
22 it was a few weeks ago. We're going to talk some

1 more about what the implications of a lower price
2 could mean later on, but for now, we're going to
3 start out with this higher number.

4 We get an average retail price of \$478.41
5 per dose when we take a weighted average by these
6 market shares. We then use the formula from the
7 previous couple of slides to try to estimate how
8 much the change of demand affects prices. Based on
9 the number of doses we calculate earlier, you can
10 see that we're estimating a 4,689 percent increase
11 in annual demand for community use naloxone
12 products based on the assumptions we have made
13 about this different groups, and that with our
14 model, these increasing demands translates into a
15 2,347 percent increase in the price.

16 How high are prices going to go up with
17 these kind of percentage increases? In the without
18 generics scenario, we're starting with the retail
19 price here. That was \$478.41. Where do we go from
20 there? Well, with this kind of percentage
21 increase, the prices go over \$11,000 per dose. In
22 the with generics scenario, we scale these numbers

1 down by 89 percent to account for having 8 or more
2 generic competitors for each product, which brings
3 us to around \$1300 per dose.

4 We then take these new prices, and we
5 calculate the annual cost for each of the two
6 patient groups I mentioned earlier within each
7 patient population. This slide is going to focus
8 on the with-generic scenario to illustrate the
9 general process, but the without generics scenario
10 is the same approach but just with higher prices.

11 In the groups that need new doses, we take
12 the total purchase price and a dispensing cost of
13 \$3.94 per dose. For the doses that were already in
14 use, we only take the increase in the price. When
15 we add these all up, we get \$63.9 billion per year
16 for with-generics and \$579.2 billion, as you can
17 see in the title, without-generics.

18 On these next few slides, I'm going to show
19 you what our results look like for many of the
20 patient populations that we have tried to
21 approximate based on the Surgeon General's
22 advisory.

1 In this first table, you can see groups that
2 we believe are more likely to interact with the
3 health system and be impacted by a co-prescribing
4 initiative in particular. You can see the first
5 row includes the groups we just estimated. And as
6 you go further down the table, we're looking at
7 more and more targeted groups.

8 As we reduce the size of the patient
9 population, of course, the costs are going to fall.
10 In most cases though, they still are going to
11 exceed a billion dollars per year in the without
12 generics scenario. So that's our upper-end
13 estimate.

14 On this slide, I'm presenting other sorts of
15 groups that we don't believe are going to interact
16 with the health system as much but that we may
17 ideally want to reach with some sort of targeted
18 prescribing approach. Now, of course, these costs
19 are going to assume that we get the drug to all the
20 patients in this group, although in practice,
21 that's probably not going to be the case.

22 These findings are similar to what you saw

1 on the previous slide, although the groups are
2 generally a bit smaller. For some of the more
3 targeted populations in the last few rows, we have
4 a better chance of getting under a billion dollars
5 per year.

6 As we think about these results and what
7 they mean, it's important to keep in mind that
8 we're probably not going to be able to fully
9 anticipate how all the different players in this
10 market and elsewhere are going to respond to a
11 policy like this. I'd like to highlight a few
12 changes that we have recently heard about in
13 naloxone market and how they might affect these
14 cost estimates.

15 Just last week, we found out that Evzio
16 Autoinjector is going to be available as an
17 authorized generic at a list price of \$178 for
18 2 doses. And obviously, in our earlier numbers, we
19 used that higher price. So what are the
20 implications, then, of plugging in a low price
21 instead?

22 You can see I've replaced that price of

1 about \$2,300 per dose with a lower value of \$89 per
2 dose. Obviously, the average retail price is going
3 to fall. It's going to be something like \$75 a
4 dose. What implications does this have then for
5 our overall cost?

6 Plugging in this new price drops things.
7 Obviously, we're not at the without generics
8 scenario at this lower price. We're down to
9 \$90.2 billion compared with something over
10 \$500 billion before, but we're still about
11 50 percent higher than the scenario with generics.

12 In our original findings, we also assume
13 that only demand increases. But what happens -- we
14 have heard some of these even this morning, that
15 companies are planning to expand production
16 capacity. We know this is going to shift out the
17 supply curve simultaneously and offset some of the
18 increases in price. How much do we expect cost to
19 go down as this happens?

20 This chart shows how cost might decline
21 relative to our original numbers if the supply
22 curve simultaneously shifts out by certain amounts.

1 For instance, if the supply curve shifts out by a
2 factor of 3 -- and keep in mind, this is not the
3 same as increasing capacity by a factor of 3, but
4 if this sort of thing happens, we would expect
5 costs to drop to about 40 percent of what they
6 were.

7 You can see that this effect is starting to
8 level off, that it drops off to about an 80 percent
9 decline, and then the effect of increasing supply
10 starts to diminish.

11 How large are these annual numbers that
12 we're looking at? I want to provide a few
13 benchmarks that we can use to help us think about
14 the scale of these results.

15 The highest selling drug in the U.S. in
16 2017, by revenue, had total sales of \$16.9 billion.
17 In several of our scenarios, naloxone would become
18 the largest pharmaceutical market in the U.S. by
19 dollars. In 2017, total U.S. pharmaceutical
20 spending was \$452.6 billion. So even in the
21 scenario with the lower prices, in our larger
22 patient populations, we're looking at increases in

1 spending of perhaps 20 percent or even more.

2 As we consider what we're going to do in
3 terms of targeting patient populations, we have to
4 consider the benefit side of the coin as well. We
5 know that giving out naloxone has the potential to
6 save lives or perhaps avoid serious injuries that
7 could occur during overdose events.

8 These benefits are tricky to pin down,
9 because as we have been finding out this morning
10 and in our own research as well, it's hard to know
11 what the overdose rates are in different
12 populations and how we could save them or perhaps
13 improve their situation using naloxone. But I have
14 found a study that I think at least is helpful for
15 beginning to think about these different benefits.

16 A Coffin and Sullivan study in 2013 looked
17 at a population of people who use heroin and
18 estimated that the drug would be cost-effective,
19 giving out a kit of naloxone in a community setting
20 at a price of up to \$2,240 per dose.

21 How does this compare to our scenarios?
22 Well, in the scenario with generic competition, as

1 well as at the lower prices that we saw for Evzio,
2 it would actually be cost-effective in all of our
3 patient populations. In the without-generic
4 scenario, it would not be cost-effective until we
5 reduce the patient population to 6.7 million
6 patients or fewer. But as we think about this,
7 there are several challenges to taking these sorts
8 of numbers and using them to make decisions.

9 First, we know that people who use heroin
10 are a higher-risk group, that we're looking at
11 perhaps broader approaches with some of these
12 patient populations that could target people who
13 have different levels of risk, perhaps lower risk.
14 And if that's the case, we would need to have an
15 even smaller patient population, and perhaps some
16 of the larger ones we have considered might not be
17 cost-effective even with generics.

18 Then the second thing to keep in mind is
19 that even if the policy is cost-effective, it's
20 still very costly, which means that the health
21 system may not have the resources to implement some
22 of the larger patient populations even if they were

1 cost-effective groups.

2 Before I wrap up, I just want to highlight
3 three of the main limitations of our model. First,
4 we're relying on a set of assumptions, and we know
5 that there is uncertainty about what the
6 marketplace looks like and how people are going to
7 respond to co-prescribing. This means that the
8 range of potential cost is probably bigger than
9 what we have shown here.

10 We have done some sensitivity analysis, and
11 we have shown that, generally, for most of the
12 assumptions, the order of magnitude isn't really
13 changing much as we vary them within some
14 reasonable ranges. but we know that there are
15 things that we won't be able to anticipate, and the
16 cost could be certainly a bit higher or lower than
17 what we're showing here.

18 The next challenge is that we're assuming
19 that everyone is getting the drug, and we know this
20 is probably not going to be the case, and we have
21 seen evidence this morning that that hasn't been
22 the case. And even when you look at our economic

1 model, you'll see that an increase in price, of
2 course, is going to imply a decline in quantity.

3 If we wanted to reach some of these other
4 groups, we would have to have probably even higher
5 prices than what we're seeing because we would have
6 to shift ourselves kind of even further up in terms
7 of demand than we are right now.

8 Generally speaking, our model is probably
9 going to overestimate the costs that are actually
10 incurred at a given patient population because some
11 people are inevitably going to be turned away by
12 the higher prices.

13 Finally, we don't account for production
14 limits on naloxone. And I think we've heard this
15 morning that production capacity is probably not
16 going to be large enough for several years to hit
17 some of these larger groups when we're talking
18 about things like 50 million doses per year.

19 If this is the case, we're probably even
20 underestimating how much this is going to cost,
21 because when you approach capacity limits, prices
22 go up even faster than they do when you're in a

1 situation where supply is more flexible.

2 As my presentation comes to a close, I want
3 to leave you with just a few short perspectives on
4 our results.

5 We have seen, of course, that in some cases,
6 naloxone co-prescribing or targeted prescribing
7 could have large annual health system costs,
8 depending on which patients we go after. Our
9 results though do hint at a few strategies that
10 could help to tip this balance in our favor. The
11 most obvious one is focusing on smaller groups of
12 high-risk patients. And by doing this, we bring
13 the cost down and probably increase the benefits.

14 We can also try to promote generic
15 competition for these products or also consider
16 expanding OTC availability, but we know that there
17 are patents in place on a lot of these products,
18 and it might be more challenging than it looks to
19 get new things in the marketplace.

20 Of course, if production capacity is
21 expanding simultaneously with demand, that would
22 help to absorb some of the price increases and keep

1 the costs from being as high as our model suggests.

2 Thank you for your time this morning, and
3 I'm happy to answer any questions you have about
4 the work or otherwise. Thank you.

5 **Clarifying Questions**

6 DR. BROWN: Thank you very much. We'll now
7 proceed with some clarifying questions for the FDA.
8 Please remember to state your name for the record
9 before you speak, and if you can, please direct
10 questions to a specific presenter.

11 Dr. Dasgupta?

12 DR. DASGUPTA: Hi. Thank you. I have a
13 question for Dr. Mehta. It's a simple question. I
14 feel like we haven't seen any numbers. We have
15 seen what the branded numbers are. We have seen
16 the numbers of industry and the IQVIA data. I
17 still don't see any kind of relative comparison of
18 how much naloxone is distributed through the
19 harm-reduction programs, the OEND programs.

20 If the number of doses -- it looks like it's
21 about a million a year go out in the branded
22 products. But if the naloxone programs are

1 distributing a million, 2 million doses a year, our
2 understanding of all these modeling is going to be
3 very, very different, because that's all the
4 liquid-injectable, or mostly the liquid-injectable,
5 which is at a much lower price.

6 Can you give us some numbers on how to put
7 these numbers that we saw this morning into
8 context?

9 (Pause.)

10 DR. MEHTA: We actually don't have an
11 estimate of the amount of drugs that's distributed
12 through all these OEND programs and take-home
13 naloxone programs, so it's very hard to ascertain
14 that information just from the disparate and
15 diffused networks of all of these different
16 programs.

17 We have an idea of what's distributed
18 through transaction information from our
19 proprietary databases, but again, it's hard to kind
20 of aggregate the information from very disparate
21 and diffused networks of different programs.

22 Does that answer your question?

1 DR. DASGUPTA: It does. It just makes all
2 my interpretation go out the window.

3 (Laughter.)

4 DR. BROWN: Dr. Besco?

5 DR. BESCO: Hi. Kelly Besco. I have a
6 question for Dr. Jiang. You quoted a price of
7 using the prefilled syringe with the mucosal
8 atomizer device of \$29, and I just wanted to
9 clarify if that quoted price included the price of
10 the atomizer device itself or just the prefilled
11 syringe product?

12 DR. JIANG: It's the naloxone products only.
13 It's based on a publication by my colleague, if you
14 want to elaborate further, and has nothing to do
15 with the device; products only, for one unit.

16 DR. BESCO: Do you have any idea how much
17 the atomizer cost?

18 DR. JIANG: I have no idea. I was told
19 during the preparation it cost a few bucks, but
20 whoever wants to add on, please.

21 DR. BROWN: Dr. Ciccarone?

22 DR. CICCARONE: Hi. Dan Ciccarone here.

1 Question for Matthew Rosenberg. Thank you for your
2 impressive analysis and presentation today. I'm
3 trying to reconcile your numbers, which are
4 impressively large, with those presented by
5 industry this morning. And I know I'd really
6 prefer to set up a debate here.

7 But if you could just give us your side, why
8 are your estimates two to three orders of magnitude
9 higher than what they were trying to tell us this
10 morning?

11 MR. ROSENBERG: I think our numbers are a
12 bit larger for a few reasons. We've shown some
13 populations that are probably larger than what
14 they're looking to estimate. I think the industry
15 folks suggested that we target some smaller groups,
16 which would also bring the number of patients down.
17 So I think our model would probably agree that cost
18 would be lower if we focused on those patient
19 populations, but there are also some differences in
20 how we have estimated things.

21 I believe in their model, they have just
22 taken perhaps the current retail prices and

1 extrapolated them to all those doses, but in our
2 model, we have tried to get a sense of how much
3 they're going to go up. We've seen naloxone prices
4 have gone up historically as people have been
5 trying to expand access. There are, of course,
6 other questions about what people should do or not;
7 those are different questions. But we think that
8 prices are probably going to rise, and that that
9 has to be considered in these sorts of estimates.

10 DR. BROWN: Dr. McCann?

11 DR. McCANN: Mary Ellen McCann. My question
12 is for Dr. Mehta. On slide 17, I think you said
13 that there's not any efficacy studies looking to
14 see whether you increase the amount of naloxone in
15 the community, whether it makes a difference or
16 not.

17 I was just wondering, could the FDA either
18 encourage or compel states, like Virginia or
19 Vermont, to conduct these efficacy studies? And if
20 not, could the FDA do those studies themselves?
21 Maybe this is for Sharon.

22 DR. MEHTA: Yes.

1 DR. STAFFA: This is Judy Staffa. I don't
2 know that that's within our authority to require
3 that. With regard to undertaking that, that would
4 have to be something we would have to consider
5 through some kind of collaborative relationship and
6 acquiring funding for something like that.

7 DR. McCANN: All right. Thank you.

8 DR. BROWN: Ms. Robotti?

9 MS. ROBOTTI: Hi. Suzanne Robotti. For
10 Matt Rosenberg, I hope this isn't a naïve question,
11 but your cost assumptions don't include the
12 distribution of the individual injectables, which
13 still is a percentage in the market on page 4 of
14 the Emergent slides.

15 I would think the fact that it's an
16 injectable would not be a deterrent for people to
17 use it in populations potentially comfortable with
18 using an injectable, and guardians would be highly
19 motivated to learn how to, particularly if it's
20 generic or extremely a lot less expensive.

21 MR. ROSENBERG: Yes. So as you mentioned,
22 those formulations are much less expensive than the

1 ones we we're looking at here. And our model would
2 imply, of course, that if we were to substitute for
3 those formulations instead, that cost would be
4 quite a bit lower than what we have shown. There
5 are trade-offs involved probably, in terms of how
6 well the policy might work versus the cost, that if
7 we give out these sorts of formulations, it may
8 take more effort in terms of training or other
9 sorts of things.

10 So I don't know how costly training is
11 versus buying the more expensive version of the
12 drug. There are probably differences in those
13 costs. I agree with you that considering those
14 sorts of options could also be a possibility if
15 other safeguards were taken to make sure it would
16 work as well.

17 DR. HERTZ: Hi. This is Sharon Hertz. I'd
18 like to encourage you to ask the question of some
19 of the later speakers, particularly about
20 acceptance of nasal versus injectable, because I'm
21 not sure that we know how acceptable that is, and
22 they may have more experience.

1 DR. BROWN: Sharon, did you mean you don't
2 know what -- what did you mean by that
3 specifically?

4 DR. HERTZ: About the off-label use of the
5 Prenolol in a kit, I believe is what you are asking
6 us about, right? The current generic injectable
7 naloxone and how we could factor that in? And you
8 had mentioned, Suzanne, you thought that the cost
9 would be lower if people just use that injectable.

10 MS. ROBOTTI: As an injectable, not with the
11 kit on top of it.

12 DR. HERTZ: Just to sort of explore that a
13 little bit later with some of our guests.

14 DR. BROWN: Dr. Gerhard?

15 DR. GERHARD: I have a question that goes
16 both to FDA and maybe to Mr. Kramer as well, and
17 it's just maybe also an overall comment to maybe
18 take one step back. I think we have, with the
19 pricing, a lot of considerations. I think we'll
20 probably talk much more about this, the three
21 orders of magnitude difference in estimates that
22 come from the population come from the estimate in

1 cost and increases in pricing. And we'll probably
2 get somewhere closer but probably still have a lot
3 of uncertainty at the end of the day.

4 I just want to raise the question, if we're
5 thinking about the opioid epidemic as a public
6 health emergency, one of the biggest crises the
7 country has seen, whatever language you want to
8 use, if you recognize that, are we really
9 restricted to the context of the market pricing of
10 drugs the way would discuss co-prescribing of a PPI
11 for somebody with an NSAID and thinking about what
12 would insurance cover in these circumstances?

13 My thinking was really triggered by just
14 looking at the portfolio of Emergent that includes
15 vaccines such as anthrax vaccine and so on. And
16 maybe I'm completely off line here, but I don't
17 think that in the case of an anthrax attack or
18 epidemic, we would use that same approach.

19 I don't know how you -- I would assume there
20 is bulk purchasing by the government that puts this
21 in place for emergency scenarios. Wouldn't there
22 be a scenario to put something in place for this

1 step, fixes the price at an acceptable level for
2 both sides and deals with it in the context of an
3 unusual emergency rather in the context of typical
4 prescription drug pricing that we use for typical
5 chronic conditions in the country?

6 DR. BROWN: Is this something we're going to
7 discuss at a later point? I know we talked about
8 it in the comment, or does somebody at the
9 left-hand side have a comment about this?

10 MR. KRAMER: Thank you for the question. I
11 think it's a really important question, and I have
12 been kind of dying to jump in here.

13 In response to an earlier question about the
14 significant difference in cost estimates, I would
15 offer a couple of points. First of all, I don't
16 think we have much disagreement or misunderstanding
17 about the total number of high-risk opioid patients
18 who need to be addressed with some type of naloxone
19 products. Whether it's 58 million or 50 billion, I
20 don't think that's a big difference.

21 I think the two major differences in our
22 estimates are the following. First, there is an

1 adoption rate difference in what Mr. Rosenberg has
2 in his model, which is, I believe, 70 percent,
3 versus what the data show us in the five
4 co-prescription states since implementation, it's
5 closer to 10 percent. So that is a seven-fold
6 increase by itself.

7 But the significant increase -- and I was
8 trying to write some numbers down, as Mr. Rosenberg
9 was going through his presentation, to project that
10 there is going to be a 2,300 and something percent
11 increase the cost of these naloxone products, and
12 I'll just talk about Narcan, which is ours --

13 DR. BROWN: Mr. Kramer, could we speak to
14 the FDA presentations right now and speak to the
15 industry presentations in a few minutes? I want to
16 get directly to Dr. Gerhard's question.

17 My question to the FDA was, is this
18 something that we're going to talk about, that one
19 of the speakers is going to talk about at a later
20 point?

21 DR. HERTZ: This is Sharon Hertz. I think
22 that we are not prepared to speak about that now,

1 going to that vaccine type model, but perhaps some
2 of the speakers later on, the invited speakers, can
3 address that.

4 DR. BROWN: Dr. Meisel?

5 DR. MEISEL: Steve Meisel. Questions for
6 Dr. Mehta and perhaps some others. I have two
7 questions, actually. One is, every good idea has
8 got unintended consequences. I can envision a
9 scenario where grandma is in hospice on narcotics
10 and isn't doing very well, and a family member
11 panics and has access to naloxone and administers
12 it, and then creates a crisis of uncontrolled pain
13 and other sorts of conditions, and similar
14 scenarios along the way.

15 Are you aware of any situation where
16 naloxone was given for purposes other than what
17 we're talking about here, which is an overdose?
18 And if so, what the outcomes may have been?

19 DR. MEHTA: Yes.

20 MR. SECORA: Hi. This is Alex Secora. I
21 helped out with the review with Dr. Mehta. I'm not
22 sure that in the published literature there were

1 reports of use outside of indication. There may be
2 that situation that occurs, but there weren't
3 reports that we can identify in our literature, no.

4 DR. MEISEL: Then my second question, and
5 again, I'm not exactly sure who to refer this one
6 to, we talk about kits of 2 doses because one dose
7 can probably work and you might need a second dose,
8 or maybe there's an error. But with some of the
9 street drugs that are out there, 2 doses may not be
10 enough. You might need to give 3 or 4 doses with
11 these, with carfentanil and all sorts of things
12 that are out there, high doses of fentanyl.

13 Have we modeled what might really be
14 necessary in terms of cost for situations like
15 that? This is probably a question for the
16 economics folks. I think there would be some
17 circumstances where 2 doses in a kit are maybe not
18 enough, and how would we manage that?

19 MR. ROSENBERG: This is Matt Rosenberg from
20 the economic group. We haven't looked at any
21 specific modeling around that, but the more doses
22 that we need, that's going to increase cost. Each

1 patient we're assuming is getting one prescription
2 right now, but if they would need 4 doses, that
3 would be 2 prescriptions.

4 DR. BROWN: We're going to take a 15-minute
5 break. Panel members, please remember that there
6 should be no discussion of the meeting topic during
7 the break amongst yourselves or within a member of
8 the audience. We're going to resume at 11:10.

9 (Whereupon, at 10:53 a.m., a recess was
10 taken.)

11 DR. BROWN: We're now going to begin the
12 invited speaker presentations with Captain
13 Christopher Jones.

14 **Speaker Presentation - Christopher Jones**

15 CAPT JONES: Good morning. I have no
16 conflict of interests to disclose.

17 Chris Jones from the CDC, and I wanted to
18 start off this panel really talking about who are
19 the risk populations. You have heard of some of
20 this already, as people have referred to the CDC
21 guidelines as SAMHSA Opioid Overdose Prevention
22 Tool Kit was also included in one of the slides.

1 We've gone through an exercise within HHS to
2 try to look at this, look at what we've
3 recommended, and today, just talking through some
4 of the populations to hopefully inform the
5 conversations. I'm not going into the specific
6 effectiveness for prescribing or co-prescribing
7 naloxone to these populations. You'll hear from
8 some of the other speakers around the effectiveness
9 of different approaches.

10 Really, there are two buckets of individuals
11 that we consider prescribing or co-prescribing
12 naloxone for: those who are prescribed opioids for
13 pain, and then I'll go through different groups
14 here; and then individuals who are at high risk who
15 may not be prescribed opioids for pain.

16 A distinction, people often when they say
17 co-prescribing, it's sort of in the context of
18 analgesics being prescribed for pain,
19 co-prescribing naloxone. But I don't think we can
20 discount the importance of prescribing or equipping
21 individuals who are at high risk who are not
22 prescribed opioid analgesics.

1 Within the opioids prescribed for pain,
2 there are four subgroups here: people who are
3 prescribed opioid doses, 50 morphine milligram
4 equivalents per day or higher, that's consistent
5 with the CDC guideline, which you have already
6 heard, and it's consistent with the SAMHSA Opioid
7 Overdose Prevention Tool Kit as well; people who
8 are co-prescribed benzodiazepines regardless of the
9 opioid dose; people who have respiratory
10 conditions, such as COPD or obstructive sleep
11 apnea, again, regardless of the opioid dose; and
12 then individuals who have substance use disorder,
13 excessive alcohol use, or mental disorder, again,
14 regardless of the opioid dose. And I'll talk to
15 some of the data to support these recommendations
16 in just a minute.

17 Individuals who are not prescribed opioids
18 for pain, and some of these are quite obvious but I
19 think really incredibly important high-risk
20 populations: individuals who are using heroin or
21 synthetic opioids or misusing prescription opioids;
22 individuals who are using other illicit drugs, and

1 I'll talk about that more in a minute, such as
2 methamphetamine or cocaine, where the supply may be
3 contaminated with illicit synthetic opioids;
4 individuals who are receiving treatment for opioid
5 use disorder, including medication-assisted
6 treatment; and individuals who are released from
7 incarceration or other controlled settings who have
8 a history of opioid misuse due to a loss of
9 tolerance.

10 Looking at the individuals who are
11 prescribed opioids for pain, patients receiving
12 opioid doses of 50 MME or higher, you can see here
13 just two different studies. There is a variety of
14 literature to support a dose-response relationship.

15 People have chosen different thresholds,
16 somewhat arbitrarily in the literature. People
17 have not always used the same definitions. But
18 this looks at risk of non-fatal -- that should be
19 opioid overdose, not opioid dose -- and then one
20 for fatal from Tennessee. But you can see here a
21 pretty consistent finding of as the MME per day
22 increases, the risk for overdose increases.

1 When we look at MMEs for acute or chronic
2 pain -- so there also have been some question of
3 should we focus on people who are prescribed
4 opioids chronically for pain? Amy Bohnert's paper,
5 looking at overdose deaths in the VA population did
6 look at both, people who had an acute pain
7 diagnosis and people who had a chronic pain
8 diagnosis.

9 These are just the overdose death rates by
10 grouping of MME. You can see here, again, a
11 dose-response relationship by the categories that
12 she chose, both for acute pain, as well as those
13 with chronic pain.

14 Opioids and benzodiazepines, this is
15 Dr. Dasgupta's paper, so I apologize for presenting
16 information that you have researched. This, again,
17 goes to supporting the role of benzodiazepines in
18 overdose deaths. We have seen in the national
19 mortality data that opioids and benzodiazepines are
20 commonly implicated in overdose deaths, that
21 benzodiazepines are some of the most common
22 substances that are listed on death certificates

1 for overdose deaths involving opioids.

2 I think this speaks to really the
3 importance. You can see here the line that has the
4 open circles, or individuals who died from an
5 overdose involving opioids that had also received a
6 benzodiazepine, looks very different than those who
7 did not. And even the MME relationship is
8 different; so not surprising, given the
9 pharmacology of the substances, but, again, a
10 pretty substantial risk population.

11 When we look at other comorbidities, I think
12 these have been less well teased out as far as
13 guideline recommendations. The two states that you
14 have heard about today, Virginia and Vermont, their
15 recommendations around co-prescribing are largely
16 based on MME or opioids plus benzodiazepines. They
17 don't really go into other comorbidities.

18 These are, again, from two different studies
19 that looked at overdose risk. I have just
20 highlighted, again, COPD, which I mentioned
21 earlier, substance use disorder, different mental
22 disorders, depression, bipolar, schizophrenia,

1 anxiety, and then of course, benzodiazepines on the
2 right. Then on the second study, again, the
3 magnitude of the odds ratios or hazard ratios are
4 slightly different but a consistent signal of
5 increase in risk; for mood disorders, pretty
6 broadly defined; again, opioid use disorder, other
7 use disorders, and then benzodiazepine use as well.
8 And these models control for MME, so their risk is
9 above and beyond what might be adjusted for the
10 MME.

11 Moving to other populations who are not
12 prescribed opioids -- and again, I think there's
13 room here. Even as this is really confusing on
14 co-prescribing, again, there are regulatory actions
15 that could be taken to address the expansion of
16 naloxone among these populations.

17 The issue with fentanyl and illicit
18 synthetic opioids has really broaden the risk pool
19 for individuals who might benefit from naloxone.
20 We've seen in the last couple years clusters of
21 overdoses where people thought they were using one
22 particular substance, whether that'd be counterfeit

1 benzodiazepine pressed tablets, or opioids to look
2 like commonly abused prescription opioids, or even
3 cocaine or methamphetamine, where individuals have
4 been exposed to illicit fentanyl.

5 For those individuals who are obviously not
6 using opioids on a regular basis and think they're
7 using a stimulant of some sort, they would be at
8 incredibly high risk for respiratory depression
9 associated with opioids because they have no
10 tolerance.

11 This has really expanded the population of
12 people who are at risk for overdose. We did an
13 analysis of data through 2016 in the mortality
14 data. In 2016, 40 percent of deaths that involve
15 cocaine also involves synthetic opioids. You can
16 see for psychostimulants and benzodiazepines, it's
17 been a pretty clear pattern of increase in the last
18 few years. The 2017 data came out a couple of
19 weeks ago. We haven't had a chance to look at
20 that, but no doubt, you'll see that synthetic
21 opioids are contributing to the deaths involving
22 other substances.

1 We see that this really parallels what DEA
2 is seeing in their NFLIS data or essentially their
3 seizure case data where we see fentanyl exhibits,
4 but we also see fentanyl plus heroin, fentanyl and
5 cocaine, fentanyl, cocaine, and heroin that are
6 showing up in the DEA data, fentanyl and other
7 substances.

8 Again, I think we have to sort of think more
9 broadly than just people who might be knowingly
10 using opioids when we're thinking about who's at
11 risk and who might benefit from expanded access to
12 naloxone.

13 This just shows, again, sort of the
14 unpredictability in the illicit drug supply. In
15 2013, acetylfentanyl showed up in Rhode Island and
16 other Northeastern states. We saw fentanyl,
17 carfentanil, but there are a number of different
18 analogues that are showing up. And as we take
19 measures to control these illicit substances,
20 additional analogues are showing up. Some of them
21 are more or less potent than fentanyl, but it
22 really lends to some unpredictability and people

1 being able to protect themselves and mitigate risk
2 for overdose.

3 The last group is people who are leaving
4 incarceration. This is from Ingrid Binswanger's
5 work looking at individuals who are released from
6 incarceration in Washington State, showing the
7 substantially increased risk for overdose in the
8 first couple of weeks following a release from
9 incarceration; again, another population, to me, a
10 low-hanging fruit population of if you're leaving,
11 you should be given naloxone.

12 Thinking about other people who might have
13 been in more controlled settings, so people who are
14 receiving treatment at a residential treatment
15 facility for opioid use disorder who are then
16 integrating back into the community, and they have
17 been using substances. They've been in a
18 controlled environment, and those people are also
19 at an incredibly high risk due to lack of tolerance
20 or loss of tolerance.

21 That is it for me. I was told to keep it
22 brief, so hopefully, that was very brief. But I

1 hope that it will help inform the conversation in
2 thinking about how do we target at-risk populations
3 and how do we account for the changing illicit drug
4 supply as we think about what regulatory levers to
5 pull as we try to address this issue.

6 DR. BROWN: Thank you, Dr. Jones.

7 Our next speaker, Alexander Walley,
8 associate professor of medicine at Boston
9 University.

10 **Guest Speaker Presentation - Alexander Walley**

11 DR. WALLEY: Hi. Thank you. I'm happy to
12 be here and present to the FDA. I'm glad you're
13 looking at this topic. I'm going to focus on
14 naloxone dispensing via retail pharmacies.

15 My experience with naloxone I think is first
16 as a care provider. I'm a primary care provider
17 and prescribe buprenorphine and naltrexone for
18 opioid use disorder. I also prescribe chronic
19 opioid therapy for some patients with chronic pain.
20 I worked in a methadone maintenance program where
21 there's a lot of people with opioid use disorder.

22 I've also spent time at the Massachusetts

1 Department of Public Health since 2007, where I
2 have been the medical director of the Opioid
3 Overdose Prevention Program and write the standing
4 order for Massachusetts that allows that program to
5 distribute naloxone, as well as the statewide
6 pharmacy naloxone standing order.

7 I'm going to talk about the promise of
8 pharmacy-based naloxone rescue kits, the barriers
9 of pharmacy-based naloxone rescue kits, and some
10 opportunities. But before we go there, I just want
11 to mention and acknowledge Dan Bigg, who we lost
12 this year. I guess you could call this OTV
13 naloxone, out-the-van naloxone.

14 This is his Chicago Recovery Alliance van
15 where he distrusted naloxone since the early 2000s,
16 late 1990s. There's discussion about unintended
17 consequences, which I think has come up. We have a
18 lot of experience with community distribution of
19 naloxone, and there aren't a lot of unintended
20 consequences. In fact, I can't think of any
21 unintended consequences in my experience with
22 naloxone.

1 The one unintended consequence we've seen
2 develop, which we didn't expect, is really the rise
3 in the cost. I'm really heartened that FDA is
4 accounting for cost now because I have been to
5 other FDA meetings about naloxone, where we
6 actually couldn't address the issues of cost. I
7 think that is a really major driver around the
8 public health issue.

9 Really, on the basis of the work in the
10 community, naloxone has been mainstreamed. Many
11 professional organizations, World Health
12 Organization, our National Drug Control Strategy,
13 has recognized the role that naloxone rescue can
14 play in addressing the overdose crisis. Most
15 notably, I think the Surgeon General's announcement
16 in April really was a call to action, which I think
17 specifically shines a light on pharmacy-based
18 naloxone.

19 Along with federal leadership, at the state
20 level, there's been really innovative regulatory
21 and legal -- a movement essentially to make
22 naloxone more available in pharmacies. State laws

1 nationwide have drastically increased patients'
2 ease of access to naloxone through pharmacies. The
3 great majority of states now allow naloxone to be
4 distributed without a prescription via standing
5 orders under collaborative practice agreements or
6 pharmacist prescribing authority.

7 People not at risk themselves for overdose
8 have access to naloxone via third-party
9 distribution in many states. There's immunity of
10 pharmacists from liability for furnishing naloxone
11 in many states. In some states, there's actually
12 mandated insurance coverage so that insurance
13 companies cover it.

14 There's a great resource here. PDAPS.org,
15 which really tracks naloxone-related loss.
16 However, despite all of that, there has been slow
17 adoption at the pharmacy. There are three studies.
18 In Indiana, two and a half years after the rollout
19 of pharmacy-based naloxone, only 58 percent of
20 pharmacies stocked naloxone and 50 percent of
21 pharmacists who were surveyed were not comfortable
22 dispensing naloxone specifically to people who

1 injected opioids.

2 In New York, three years after opening up of
3 access there, the New York Times did a survey of
4 New York City pharmacies, and only 37.5 percent of
5 the pharmacies stocked naloxone and/or were willing
6 to dispense it.

7 California, two years after its liberalizing
8 of naloxone, making it more available in retail
9 pharmacies, 24 percent of the pharmacies surveyed
10 dispense naloxone without a prescription. Fifty
11 percent were stocking it and 60 percent were
12 willing to bill insurance for naloxone. So there
13 are gaps there despite the movement, the legal and
14 regulatory movement.

15 Just looking at my own state, Massachusetts,
16 this is a study done by my colleague, Tom Stopka.
17 In 2015, 97 percent of Massachusetts pharmacies
18 were selling syringes at that time, but only
19 45 percent were selling naloxone.

20 This is a qualitative study that I think
21 gets at the conundrum that pharmacists and people
22 who go to pharmacies face that was led by my

1 colleague Traci Green, which you'll hear from
2 tomorrow. These are perspectives of people with
3 chronic pain, substance use disorder, caregivers,
4 and pharmacists in Massachusetts and Rhode Island.

5 There's fear about consequences from
6 obtaining pharmacy naloxone from patients. I think
7 that if you go to the pharmacists and bring it up
8 that you are interested in getting Narcan,
9 automatically red flags go up in that pharmacist's
10 mind. Why do you want Narcan? Do you think you're
11 going to overdose? Then all of a sudden, there you
12 are, the criminal again.

13 Some pharmacists are concerned about
14 offending patients. I think for me, it might ruin
15 a relationship even knowing the background of
16 somebody. But you don't want to step over those
17 boundaries, where you would ruin a relationship.
18 Then they will go and talk to their friends, "Oh,
19 she thinks I'm an addict."

20 So you basically have this hesitancy on both
21 sides, on the provider side and on the patient
22 side, of offending the other person by talking

1 about overdose and talking about naloxone.

2 There is some good news. One of my favorite
3 quotes from this study was, "You can take the
4 stigma away by making it as common as, do you want
5 fries with that?"

6 Others have had good experiences. "He asked
7 me if I knew how to use it, and I said, yeah, and
8 that was it. So I mean I think it should be that
9 easy because there are some people who will give
10 you a hard time, you know."

11 This concept out of opt-out offering of
12 naloxone was considered a promising strategy by
13 both patients and providers. If it was up to me,
14 every single opiate prescription that was being
15 filled would also be dispensed with Narcan. If the
16 patients aren't using them or their families aren't
17 using, it would help, I think, to overcome and
18 reduce the stigma that Narcan is only for heroin.

19 Some opportunities, as I think has already
20 been mentioned or I pointed out, naloxone has been
21 available through community-based programs really
22 sparsely throughout the U.S., like concentrated in

1 some areas but really needed in far more areas
2 through harm reduction programs. Just in 2013,
3 which was really way before the opening up of
4 pharmacy access of naloxone, there were over
5 130,000 doses that were documented distributed in a
6 study in MMWR. In 2017 alone, through our
7 community-based distribution system, so outside the
8 pharmacy in Massachusetts, we distributed over
9 60,000 doses.

10 Dr. Jones' study, which I put up the main
11 graphic here, shows this increase in naloxone
12 distribution through pharmacies where you see that
13 they're finally starting to be a player in this.
14 And we saw even more recent data I think in one of
15 the earlier presentations that shows substantial
16 increases in 2016, 2017, and 2018. So we're now
17 really seeing exponential growth in distribution of
18 naloxone through pharmacies.

19 Some of those states, I think, that were
20 relatively early adopters, we're starting to see
21 increases in uptake. In Texas, there was a project
22 that looked and showed that 69 percent of the

1 pharmacies were stocking and willing to dispense
2 standing order naloxone; 80 percent were willing to
3 dispense to a third party; and 50 percent were
4 willing to bill insurance for third party. I think
5 that's progress.

6 In Massachusetts, we recently worked on a
7 study that did a random buying of naloxone in 20
8 selected pharmacies in the state, and there were
9 79 percent of the pharmacies where there was a
10 successful purchase. So I think there's progress
11 in the right direction.

12 This has been a vision, because pharmacies
13 are the healthcare locations that are most widely
14 distributed in communities, that there's a lot of
15 promise for lots of different populations.

16 Here's a study that was just published this
17 year from North Dakota, where a pilot was done
18 where they implemented an opt-out pilot, meaning do
19 you want fries with that situation. In three North
20 Dakota retail pharmacies where the pharmacists had
21 prescribing authority, 16 percent of patients with
22 a morphine mL equivalent dose of greater than 50

1 were offered naloxone in this one-month pilot. It
2 took 5 to 10 minutes of the pharmacist's time per
3 prescription. The co-pay was typically less than
4 \$10.

5 They found that training for the pharmacists
6 and the technicians could improve intake; and one
7 of the needs identified was having at the pharmacy
8 an automatic morphine mL equivalent calculator that
9 could facilitate eligibility determination.

10 There are lots of ways that pharmacies could
11 be involved, including the traditional, where you
12 go in as a consumer, you purchase it, and you walk
13 out. Others include the prescriber writing a
14 prescription. We have seen these partnerships
15 develop between pharmacies and addiction treatment
16 facilities, or social service organizations, or
17 even harm reduction agencies, where the pharmacy
18 can procure the naloxone on behalf of those and
19 ideally be able to bill insurance. So there's
20 limited cost out of pocket to the patient.

21 There's been the development of
22 publicly-funded, through SAMHSA and AHRQ, resources

1 to educate providers, pharmacists, and patients.
2 Here are two websites that provide lots of
3 resources that are able to support distribution of
4 naloxone through pharmacies.

5 Here are examples of some public service
6 posters that have been developed at the
7 prevent-protect.org website to promote naloxone
8 distribution in pharmacies.

9 One issue I just wanted to mention is that
10 pharmacies are now venues where overdoses happen.
11 Pharmacies generally have bathrooms. There's
12 people that are at high risk that go there. This
13 is one of the resources that has been developed at
14 one of those sites. It turns out also, pharmacists
15 are trained in CPR and they, themselves, are
16 important people to train on how to respond to
17 overdoses.

18 I really appreciate having this opportunity,
19 and I look forward to any comments or questions.
20 Thank you.

21 DR. BROWN: Thank you.

22 Our next speaker is Dr. Phillip Coffin,

1 director of Substance Use Research, San Francisco,
2 Department of Public Health.

3 **Guest Speaker Presentation - Phillip Coffin**

4 DR. COFFIN: Good morning, or afternoon. I
5 have been tasked with talking about co-prescribing
6 from clinics, and I've opted to largely focus on
7 work that we conducted in San Francisco. As I
8 understand, there are several different speakers on
9 this topic.

10 The major study, which has been referred to
11 and which I believe, to my knowledge, is the only
12 study of co-prescribing that has any sort of
13 outcome or outcome-ish data, was called the
14 Naloxone for Opioid Safety Evaluation.

15 This was a NIDA-funded R21 that we conducted
16 from 2013 to 2015 in San Francisco among safety net
17 clinics at the San Francisco Department of Public
18 Health. These are clinics that only accept
19 publicly-insured patients, either Medicare or
20 Medi-Cal, or uninsured patients, or Healthy SF
21 patients.

22 These clinics, as you'll see in some of the

1 data, there's a lot of substance use disorders
2 among patients, many patients in the clinics. What
3 we did in this setting, we went around to each
4 clinic and trained them in how to prescribe
5 naloxone. Our recommendation was that you offer it
6 to anyone who's prescribed an opioid. That was
7 sort of the universal precautions-type approach
8 that's being talked about.

9 We supported the staff. We presented at
10 various staff meetings and things like that. We
11 had a clinic champion at the clinics who would set
12 up the things on how to prescribe it. At that
13 point in time, what we were recommending
14 prescribing was that off-label jerry-rigged nasal
15 device that has been discussed before.

16 Thus, we had to have atomizers in the clinic
17 that were given to patients, along with patient
18 information sheets because the pharmacies, when
19 dispensing that product, didn't have any patient
20 information to go with it. So it was a very
21 complicated way of prescribing naloxone from a
22 clinic setting.

1 We also assisted with pharmacies because
2 each time a pharmacy would receive such a
3 prescription, they wouldn't know what to do with
4 it, and the prescriber would get a message, or a
5 call, or a message back that they couldn't do it.
6 Then they would contact us, and we would contact
7 the pharmacy. So over the course of this project,
8 we got about 60 or 70 pharmacies around the city
9 dispensing naloxone in this manner.

10 In terms of our data analysis, we did a
11 chart abstraction of about 3,000 patients that
12 ended up about 2,000 that were eligible for this,
13 Patients were on long-term opioid therapy. We did
14 interviews with patients, and we did surveys of
15 providers along with a few other things.

16 This is an example of the type of a brochure
17 that we provided to patients. This is one side of
18 it. The other side had more information about
19 naloxone.

20 Going through some of the data -- you've
21 already some of these data, so I'll try not to just
22 present the same stuff you have already heard.

1 I'll try to add to it a little bit. We are about
2 2,000 patients. This is your basic demographics.
3 As you can see, if you look down towards the
4 bottom, there's a lot of emergency department
5 visits in this population. There are some patients
6 in this two-year period who maybe had 2 [00],
7 3 [00], 400 emergency department visits.

8 The opioid-related number of visits,
9 opioid-related was defined a little bit broadly.
10 It was people who were in the emergency department
11 for a reason that the attending physician in the
12 emergency department determined to be due to either
13 a side effect of opioids or seeking opioids. There
14 were not too many opioid over-sedation visits,
15 which is a slightly broader definition of an opioid
16 overdose visit. We had 59 deaths during this study
17 period, and 5 were from opioid poisoning, so we
18 were not powered to detect any mortality benefit.

19 As I mentioned before, this was a high-risk
20 population. Many of them were on quite a few
21 opioids. Almost 10 percent were on over
22 400 morphine milligram equivalents. And the

1 highest dose was 4.2 grams of morphine equivalent
2 opioids. We excluded methadone and buprenorphine
3 from this analysis -- excluded methadone and
4 buprenorphine that were prescribed for agonist
5 maintenance treatment. If they were prescribed for
6 pain, then we included them.

7 As was mentioned before, younger people
8 tended to be prescribed naloxone more, the
9 higher-dosed people and people who had an
10 opioid-related ED visit in the 12 months prior to
11 the initiation of the program. So even though we
12 recommended it for everybody, prescribers, in
13 general, were self-selecting patients that may be
14 were at higher risk.

15 In terms of the outcome data -- and again, I
16 think this is the only sort of health-related
17 outcome data that we have for co-prescribing
18 specifically. You'll forgive me. I'm not a
19 biostatistician, and this was an extremely complex
20 analysis. However, it was a Poisson or regression
21 analysis that controlled for our demographics,
22 morphine equivalent dosing, an ED visit for

1 opioid-related reasons in the preceding 12 months
2 prior to the study, secular trends with a cubic
3 spline, and lots of other fancy things.

4 What we found in this was that people who
5 got naloxone had fewer opioid-related ED visits
6 relative to people who didn't get naloxone over the
7 course of the study in the follow-up period.

8 Again, this is in a population that has ED
9 visits that are opioid-related at a rate of 7 per
10 1000 person years, so it's a pretty high rate of
11 people coming to the ED for opioid-related reasons.
12 And in that context, our number needed to treat
13 would have been 29 patients to 1 opioid-related
14 emergency department visit in the following year.

15 In trying to explain these data, I look at
16 Alex Walley's paper from Massachusetts, which is
17 really the best data on outcomes from naloxone
18 distribution, which is where almost all of our data
19 on naloxone are. They're from the distribution
20 programs, not from co-prescribing programs.

21 The data from the distribution programs show
22 a reduced rate of opioid overdose mortality in

1 communities that distributed naloxone compared to
2 communities that didn't. In those data, they
3 didn't see any difference in emergency department
4 visits. Now, this is a population level dataset,
5 so it might just be you don't see a difference in
6 emergency department visits because you're keeping
7 alive more high-risk people, so you end up kind of
8 equalizing your emergency department visits; you
9 don't really know.

10 In trying to figure out why we saw this
11 reduction in opioid-related emergency department
12 visits, a previous speaker this morning cited
13 reasons that I also usually cite, which is possibly
14 this provision of naloxone and the ensuing
15 discussion with the provider because the --

16 As I'll show in a little bit, in a moment,
17 there was a lot of really great discussions with
18 providers that came with these naloxone
19 prescriptions. It was a good way at the time to
20 introduce the idea of opioid stewardship in a
21 non-antagonistic way with patients. A lot of
22 providers came to us and said that it really made

1 it easier to talk about opioid risks when they
2 started it with offering naloxone because that
3 wasn't about taking away their opioids; it was
4 about making their medications safer.

5 We did interviews with patients who were
6 offered naloxone, 60 interviews, 10 patients at
7 each clinic. Our demographics were strikingly
8 similar to the overall population. And as was
9 mentioned before, a lot of them had witnessed an
10 overdose. Only 10 percent had previously gotten
11 take-home naloxone from our distribution program in
12 the city.

13 Thirty-seven percent had a history of an
14 overdose or a bad reaction, and this was actually a
15 fascinating finding because only 20 percent said
16 they had ever had an overdose. When we asked them
17 if they had had any other bad reaction, an
18 additional 17 percent reported a bad reaction,
19 which they described as having fallen asleep,
20 stopped breathing, or couldn't be woken up without
21 assistance.

22 So it was something we considered an

1 overdose, but they didn't call it an overdose
2 because they were taking their medications. As was
3 mentioned, they had a low perceived risk of
4 overdose. In general, they wanted naloxone in the
5 future, almost all of them, and felt that it should
6 be available.

7 These data were also presented on this page.
8 A couple of patients felt that the prescription was
9 unnecessary, or they felt judged by their provider,
10 or they felt scared. In the course of this
11 project, we pretty quickly realized that some
12 patients could feel really offended by the
13 presentation of this, and some providers were
14 reluctant to offer it to patients because they
15 didn't want to offend them.

16 So some of our recommendations were
17 to -- this is part of the reason we used the
18 universal precautions-type approach, was because if
19 we risk scored patients by their overdose risk and
20 then offer them naloxone, we felt that providers
21 might be reluctant to prescribe them an opioid that
22 they may actually legitimately truly need, and

1 naloxone at the same time; felt that that might
2 raise medical, legal concerns for providers.

3 We wanted to take away that risk evaluation
4 piece of it and just make it universal. We also
5 wanted providers to be able to honestly say we're
6 offering this to everybody who is prescribed
7 opioids. We also felt that opioids in somebody's
8 house was a risk, not just to them but potentially
9 to other people who come in contact with those
10 opioids, sort of the risky drugs, not risky
11 patients model.

12 When we did that -- which started a little
13 bit into the program when we really kind of started
14 advising providers on how to approach patients with
15 one of those approaches being, I'm not so concerned
16 about you; you have been doing fine on your
17 medications for a long time, but you got a lot of
18 opioids in the house, and I know you have a
19 grandkid, and somebody can accidentally get into
20 these. I just want to make sure there's naloxone
21 with your medications.

22 This is not my research. This is out of New

1 York. In the studies of naloxone, we haven't found
2 any concerns about compensatory risk behavior for
3 people who get naloxone. So I don't think there
4 are really any particular risks in that domain.
5 The other risk, which was mentioned earlier by a
6 panelist, was the concern that a patient, for
7 example, on hospice getting opioids might be
8 administered naloxone by a family member that is
9 worried.

10 I used to worry about that happening, and
11 then I started speaking with hospice providers
12 about it and learned that hospice providers have
13 been giving their the patient's families naloxone
14 for 20 years. That's already been well
15 established. I don't know if they have had adverse
16 reactions in that setting.

17 PCPs really accepted the program. They
18 liked it. Almost all of them prescribed naloxone
19 and wanted to do it in the future. A fair number
20 felt that they might prescribe less opioids in the
21 context of offering naloxone, but most felt that it
22 wouldn't affect their prescribing. Frankly, to sum

1 up all these risks, these concerns that they note,
2 the major concern was that it was a pain to
3 prescribe that jerry-rigged nasal device.

4 One of the providers said, "I expected the
5 decrease in deaths from overdose. I hadn't thought
6 about how the act of prescribing has opened other
7 important conversations." Another said, "The
8 conversation about naloxone has changed the dynamic
9 between discussions of harms and benefits."

10 We also did a systematic review of naloxone
11 co-prescribing. We looked at 17 papers. The
12 interest in prescribing naloxone obviously
13 increased over time, not a surprise there. Most
14 studies did implement universal prescribing, and
15 they provided patients with take-home materials
16 from clinics. Most of these were done earlier with
17 the earlier devices.

18 This is my image of Dan Bigg because we
19 should all have one. This was another study we did
20 out of San Francisco. This was actually looking at
21 the distribution program. The distribution program
22 doesn't just provide naloxone to people who use

1 drugs, but also to family, and friends, et cetera,
2 and a lot of other communities.

3 In that program, we were able to link
4 initial fills of naloxone with refills of naloxone,
5 and we found that the people who are most likely to
6 use their naloxone to reverse an overdose were
7 people who used heroin, people who used
8 methamphetamine, and people who had previously
9 witnessed an overdose.

10 This is to say if our resources are limited,
11 it is really clear and obvious that our priorities
12 should be on distributing naloxone. Most of the
13 people who get naloxone through a distribution
14 program; many of them are not accessing the
15 healthcare system in a way that many other people
16 do.

17 Getting people free or extremely low cost,
18 essentially being able to hand out for free
19 naloxone from distribution programs is the most
20 important, and most powerful, and most well-studied
21 avenue of intervention in this domain.

22 Another area which I think we really need to

1 focus on and hasn't been addressed sufficiently is
2 the fact that, unfortunately, we have a problem in
3 opioid use disorder treatment, which is the
4 mortality, particularly at the end of any treatment
5 program, any treatment program, but more so
6 treatment programs that are not based on
7 medications.

8 While it would be wonderful to improve these
9 treatment programs so that it didn't lead to
10 increases in mortality, I think a critical
11 short-term way to ameliorate this problem is by
12 ensuring that people have naloxone whenever they
13 leave a treatment program.

14 In summary, this is a feasible, acceptable
15 intervention even with crazy, complicated devices.
16 The term "overdose" is problematic. We've searched
17 for a new term and haven't been able to find one.
18 This has been a problematic term since Edward
19 Becker did papers in 1972 on the topic. We have
20 not been able to fix that.

21 Naloxone co-prescribing might positively
22 influence opioid use behaviors, patient-provider

1 relationships, and the frequency of opioid-related
2 ED visits. And I say "might" because this was not
3 a randomized trial. This is not DSaRM FDA approval
4 data. The low threshold distribution models
5 totally remain the most powerful way to expand
6 access, and that's what most of the data are based
7 on.

8 I will also note my cost-effectiveness paper
9 from 2013 was mentioned, and that paper, again, was
10 based on the distribution model of providing
11 naloxone to people who use drugs and not on the
12 co-prescribing model.

13 My estimate of the cost-effectiveness for
14 the co-prescribing model, it would be a
15 substantially lower cost of naloxone because the
16 impact of naloxone in people who are at lower risk
17 for overdose is going to be less substantial. The
18 use of it, to reverse an overdose, is going to be
19 less common in that scenario. Thank you.

20 **Clarifying Questions**

21 DR. BROWN: Thank you, Dr. Coffin, and thank
22 you to all the speakers.

1 Are there any clarifying questions for any
2 of the speakers by members of the panel?

3 Dr. Bateman?

4 DR. BATEMAN: Thank you. This question is
5 for Dr. Coffin.

6 I'm interested in your data showing, really,
7 a rather dramatic decrease in the risk of
8 opioid-related emergency department visits after
9 the implementation of naloxone. The way we sort of
10 expect this medication to be used is people have an
11 overdose, someone is around them, they reverse
12 them, and then they call 911.

13 Your data would almost suggest that people
14 are having overdoses in the community, getting
15 reversed, and never showing up in an emergency
16 department. I'm just wondering if you can comment
17 on that. Did you hear stories like that, and what
18 is your interpretation?

19 DR. COFFIN: We did not hear stories like
20 that. The number of emergency department visits
21 for overdose or opioid over-sedation was not high
22 in the study to begin with. The vast majority of

1 overdoses that occur in San Francisco, and in most
2 communities, frankly, the majority of them don't
3 reach medical attention to begin with.

4 I would imagine that patients who are
5 prescribed opioids would be more likely to get
6 medical attention in the event of an overdose than
7 somebody who is using heroin or street opioids.

8 I don't think this was directly related to
9 overdose events. I think the findings that we saw,
10 which included all opioid-related emergency
11 department visits, if they're real -- and again,
12 this is not randomized trial data, so I don't know
13 if they're real. But if they are real, I suspect
14 they're related to the way people are using opioids
15 and the way they're addressing their opioid use.

16 Perhaps it led some people to go to the ED
17 less to request more opioid medications. Perhaps
18 it led people to watch their opioid use more
19 carefully and have fewer falls. I'm not sure. I
20 don't really know.

21 DR. BATEMAN: So that would almost suggest
22 that maybe the counseling is more important than

1 the medication.

2 DR. COFFIN: In that scenario, I think so.
3 I think the interaction with their provider and the
4 discussion around opioid safety was powerful, and I
5 do believe that providing naloxone enhanced that
6 interaction substantially.

7 DR. BROWN: Dr. McCann?

8 DR. McCANN: Mary Ellen McCann. This is for
9 Dr. Walley. My question is about online
10 pharmacies. Are any of them dispensing these
11 Narcan products and do you have any data about
12 that?

13 DR. WALLEY: No, but I think that is an
14 important idea to think about. I didn't mention,
15 but it was on one of my slides, mobile pharmacy.
16 In Massachusetts, we're trying to allow for
17 pharmacists to go to, say, community meetings. We
18 found that the demand for naloxone at community
19 meetings has really taxed our state-funded program.
20 Because we're a universal healthcare state, we
21 could have a mobile pharmacy out of, say, for
22 example, a community meeting and have a pharmacist

1 distributing naloxone, billing people's insurance
2 there.

3 We have done that on a handful of occasions.
4 I think that's a promising model. The logistics of
5 setting that up have been more complicated than we
6 expected.

7 Then this idea of a mobile online
8 distribution is interesting. In Massachusetts, the
9 definition of a prescription requires a
10 face-to-face interaction between a provider and a
11 patient. We have gotten around that with naloxone,
12 but we haven't extended it to try and do online
13 pharmacy yet.

14 I see all over the billboards for erectile
15 dysfunction medications being able to be
16 distributed through online pharmacies now, so every
17 time I walk by one, I'm like, we should do that for
18 naloxone.

19 DR. McCANN: Thank you.

20 DR. BROWN: Dr. Hernandez-Diaz?

21 DR. HERNANDEZ-DIAZ: It was the same
22 question. Thank you.

1 DR. BROWN: Dr. Krebs?

2 DR. KREBS: This is a question for
3 Dr. Coffin, but others can comment as well and if
4 they have an answer. You mentioned you tried to
5 find another term other than overdose that works
6 better. I think this is really important because
7 we aren't really talking about distinct populations
8 here. We're talking about a drug-using population
9 for whom overdose makes a lot of sense as a
10 familiar concept. And we've applied that word to
11 users of prescription medications, but that's not a
12 term we normally use, so it implies misuse for many
13 patients.

14 I'm curious about what other terms you have
15 tried, bad reaction, poisoning, toxicity. Have you
16 tried those and found they're not satisfactory?

17 DR. COFFIN: Yes. Poisoning or toxicity are
18 not patient-level words, really. The term
19 "overdose," I think you're right. And it's not
20 only problematic for patients, it's problematic for
21 a lot of providers. Providers, also, when they
22 hear overdose, they assume the person is using

1 heroin or took their whole bottle of pills as
2 opposed to had an accidental opioid-induced or
3 over-sedation event basically, or respiratory
4 suppression event.

5 The term that we tend to use clinically is
6 "bad reaction" especially for a bad reaction where
7 you stop breathing or can't be woken up without
8 help. It's similar to the reaction that we use in
9 some research studies, or the definition we use in
10 some research studies. But I haven't found that
11 magical word that can totally replace overdose.

12 DR. BROWN: Dr. Amirshahi?

13 DR. AMIRSHAHI: Maryann Amirshahi. My
14 question is for Dr. Walley. You had presented
15 data, and I believe it was North Dakota, that it
16 would take about 5 to 10 minutes of a pharmacist
17 intervention for each co-prescription. Having
18 worked prior in a retail pharmacy, if we implement
19 co-prescribing on a large scale, this could be
20 tremendously burdensome to a retail pharmacist
21 who's already tasked with prior authorizations,
22 counseling patients, filling prescriptions.

1 Do you have any suggestions how we can
2 perhaps streamline this and make this less
3 burdensome that we can implement it on a larger
4 scale?

5 DR. WALLEY: Yes. I think that 5 to
6 10 minutes should be taken in context of a pilot
7 study with 3 enthusiastic pharmacies. And these
8 were actually independent pharmacies, which I don't
9 think were under the same time pressure that the
10 typical retail, say, for example, chain pharmacy is
11 under.

12 There's substantial work being done right
13 now in federally-funded studies with collaborations
14 with retail pharmacists, looking at how to
15 streamline that process. There's a lot of public
16 education that's going on as well.

17 I don't think 5 to 10 minutes is what's
18 needed. I think as we learn more, we're going to
19 be able to get that down to a lot less than that,
20 like any other medication transaction that occurs
21 with the pharmacy.

22 It's not really that complicated when it

1 comes down to it. And it's really right in line
2 with what pharmacists should be talking to patients
3 about, if we're talking about a co-prescribing
4 situation. So the pharmacist really should be
5 talking to the patient about the risks of the
6 primary opioid or the other sedating psychoactive
7 medication, and then it's a natural discussion to
8 talk about the role of naloxone after that.

9 So I think it fits in nicely to what
10 pharmacists should be doing, but exactly what that
11 script is, I think we'll be finding out soon,
12 efficient ways to deliver that.

13 DR. BROWN: Dr. Ciccarone?

14 DR. CICCARONE: Question for Dr. Coffin.
15 Thank you so much for your impressive body of work
16 over the years on this topic. I'm curious more
17 about the study on co-prescribing. The intent was
18 for it to be universal, and yet, it was
19 interpreted, if I heard you correctly, as targeted.

20 Walk me through the pros and cons, then,
21 since one of the decisions here is going to be
22 around co-prescribing universal versus targeted. I

1 think you're still on the side of universal. Can
2 you justify that a little bit or correct me if I'm
3 wrong?

4 DR. COFFIN: I'm not sure what side I'm on.

5 (Laughter.)

6 DR. COFFIN: Were I on the other side of
7 this curtain, I would be seriously thinking about
8 how to vote.

9 The intent was universal for the reasons
10 that I described. The implementation, of course,
11 was not, just as vaccinations, or mammographies,
12 et cetera, like we intend them to be universal for
13 the audience that they're intended for, however
14 they're implemented at a much lower rate.

15 In general, historically, preventive
16 interventions like this might be implemented to
17 15 percent of the population. We felt pretty good
18 that we got it to about 38 percent of the
19 population we had recommended.

20 Some of the people who got it when I looked
21 at the dose that people were on, some of the people
22 were people who are on low-dose codeine with

1 Tylenol, one pill a day. That would certainly, in
2 my mind, probably be a low-risk population. And
3 there were patients who were on a gram a day, who
4 didn't get naloxone co-prescribed, which would have
5 been definitely a population that I would have
6 thought.

7 In my practice since that study, as was
8 disclosed at the beginning, I do academic detailing
9 of -- I train providers in academic detailing to go
10 out and talk to other providers about opioid
11 safety, opioid stewardship, and that does include
12 naloxone.

13 Our guidance in that program for indications
14 for naloxone, it evolves a little bit, but
15 historically, it's been anyone who uses illicit
16 opioids, who uses street opioids. Now, I would
17 broaden that to anyone who uses street drugs of any
18 kind, anyone who may witness an overdose, of
19 course.

20 In terms of the people who are prescribed
21 opioids, we decided to rely upon the CDC
22 recommendations. I like that the CDC

1 recommendations included dose threshold because
2 that dose threshold can be irrespective of the
3 provider's perceived risk of the patient to
4 overdose, and it can address the issue of having a
5 bunch of opioids in the house.

6 Having some Tylenol, acetaminophen, and
7 codeine in the house, probably the likelihood that
8 your kid is going to accidentally overdose on that
9 is pretty low. It's a pretty low-dose drug, but
10 having hundreds of milligrams of morphine in the
11 house all the time, the risk of that resulting in
12 an accident or exposure to somebody else is pretty
13 substantial. So I have relied upon the CDC
14 recommendations in my work since that study.

15 DR. BROWN: Dr. Brand?

16 DR. BRAND: My question was for Dr. Walley.
17 One of your slides, you listed that 50 percent of
18 pharmacists didn't want to bill insurance for a
19 third-party prescription. As a retail pharmacist,
20 I'm thinking that if you bill their insurance for a
21 prescription that ultimately is to be used on
22 someone else, does that constitute insurance fraud,

1 or how do you get around that?

2 DR. WALLEY: Right. I'm just going to
3 repeat that because I think that's a really
4 important question and an issue when it comes to
5 implementing third-party prescribing.

6 The issue is that when either through a
7 standing order or a direct prescription, say, that
8 I write or a prescription that goes to somebody
9 under a standing order where I don't actually have
10 a relationship with that person, if the naloxone is
11 not to be used on them when they overdose, that's
12 what we call third-party prescriptions.

13 There are laws in most states that allow for
14 that. That's not typically permitted -- that's not
15 recognized as a prescription, that type of
16 mechanism, except for naloxone in a lot of states.
17 So it is a legitimate prescription in most states,
18 and it can be done. Then the issue is, what's the
19 insurance's view on it?

20 This is a big area of concern. I'm
21 confident that in Massachusetts, it's okay. It's
22 not insurance fraud. We've gone to multiple

1 insurers to discuss this with them. Mass Health,
2 which is our Medicaid program, is aware of it and
3 has issued a guidance to pharmacists that has
4 basically encouraged them to bill Mass Health in
5 this situation. There aren't any suits that have
6 been brought to challenge this as insurance fraud.

7 So that all being said, it would be great to
8 get clarity from CMS, or the individual state
9 insurance authorities, or the individual insurers
10 themselves to recognize that this is in the public
11 health interest, and it shouldn't be insurance
12 fraud.

13 This is an advantage to the programs that
14 don't go through insurance, through the public
15 health programs, right, because in that case, there
16 really is not question of this. But I think if
17 we're going to respond to the public health crisis
18 through this preventative measure, it needs to
19 involve people who aren't they, themselves, at
20 risk. And in order to do that, somebody is going
21 to have to pay for it, and it's expensive per unit
22 cost. So I think insurance is an important payer,

1 basically.

2 DR. BROWN: Dr. Goudra?

3 DR. GOUDRA: Dr. Goudra from Penn Medicine.
4 Two questions; I guess, either Dr. Coffin or
5 Dr. Walley both can take it.

6 Is it likely or is there any evidence to
7 suggest that co-prescription of naloxone is going
8 to change the prescription patterns, prescription
9 habits of clinicians in terms of opioid
10 prescription? Will they get more comfortable in
11 prescribing that?

12 The second question is, can it encourage
13 more abuse from the patient's perspective, knowing
14 that they're probably safer now to abuse them?

15 DR. COFFIN: The first question
16 was -- sorry, could you repeat the first question?

17 DR. GOUDRA: The prescription patterns of
18 the patients.

19 DR. COFFIN: Yes. In our study, we didn't
20 find any impact on opioid prescribing for patients
21 who got naloxone versus those who didn't in the
22 analysis that we did for Annals of Internal

1 Medicine.

2 In our initial analysis of that, we did find
3 a reduction in opioid-prescribing among those who
4 got naloxone compared to those who didn't.
5 However, that wasn't accepted by the Annals of
6 Internal Medicine statistician.

7 I still have some concern about the final
8 version that showed no impact. I'm not sure which
9 one was right, so I don't know is the answer there.

10 Our interviews with providers suggested that
11 about a quarter of providers would reduce their
12 dose if they thought they had reduce their
13 opioid-prescribing if they were prescribing
14 naloxone, whereas about 7 percent thought they
15 might increase their prescribing of opioids. But
16 most felt that it wouldn't affect their prescribing
17 of opioids.

18 Then in terms of encouraging or worsening
19 somebody's opioid use behaviors, what's been
20 demonstrated in the literature beginning with
21 studies in 2004 and with a study that I mentioned
22 in my slides, we now have several studies that show

1 no compensatory use or risks with naloxone
2 prescribing. While it is conceivable, and I'm sure
3 somebody out there has decided to use a ton of
4 opioids because they have naloxone, I'd be shocked
5 if that never, ever happened.

6 We don't hear about it in the distribution
7 programs or the co-prescribing programs, and the
8 rigorous data on the subject has suggested the
9 opposite instead.

10 DR. BROWN: Dr. Dasgupta?

11 DR. DASGUPTA: A question for Captain Jones,
12 please. The use of the opioid thresholds,
13 50 milligrams or 190, whatever number it is, seems
14 to be like a consistent potential model for how
15 co-prescribing might work with naloxone.

16 In the implementation of the CDC guidelines,
17 on a national level, have you seen a level of
18 comfortableness at the pharmacy or clinic level in
19 calculating those MMEs, and how much uncertainty is
20 there in that? Because if we make that as a gate
21 into naloxone co-prescribing, I'm afraid that
22 there's a lot of fluidity in how that number is

1 calculated to make that such an important gate.

2 CAPT JONES: I think this is a current topic
3 of discussion. As part of the guideline process,
4 CDC did issue a calculator, but it's for a subset
5 of opioids, not for all possible opioids. And it
6 probably, if you look at the IQVIA data, would
7 account for the vast majority of prescriptions that
8 are dispensed. So some of the lower utilization
9 opioids, they did vet in the same way. And some of
10 the MME conversion factors that have been used from
11 CDC, and CMS, and others are based on Michael von
12 Korff's original work, and some are extrapolated
13 from what's in labels.

14 There's an issue of using MMEs for
15 surveillance versus clinical care. I think we've
16 tried to say on our broader list of MMEs, this is
17 really a surveillance tool versus the more vetted
18 smaller subset, which we feel went through the
19 process of review as part of the guideline.

20 So I think it is really important, and
21 there's lots of questions around how do you treat
22 buprenorphine, how do you treat methadone given its

1 tricky pharmacokinetics.

2 I think from an FDA perspective, if it were
3 to be a threshold that were put in place, I think
4 more conversations would need to occur where
5 consensus is out there that we agree that if we say
6 50 MMEs is the place to do it, that we all agree of
7 what 50 MME is. I think that's really, really
8 important.

9 Then figuring out, as new products come on
10 the market, how do we account for that; how is that
11 incorporated into these things; and do you have to
12 convene a group to then come to consensus? So I
13 think there are logistical issues that have to be
14 worked out, but it's a really important question.

15 DR. BROWN: We had some questions from
16 earlier this morning.

17 Dr. Krebs, did you have some questions or a
18 question for our industry representatives?

19 DR. KREBS: Yes. I might as well come back
20 to it, although I think I might have answered it to
21 myself, but I'm not actually sure if I have made
22 the right interpretation.

1 This is going to back to the assumptions
2 behind the cost calculations, actually. This is
3 for Mr. Kramer and the Emergent presentation, and
4 it's looking at the states that are requiring
5 co-prescribing.

6 My understanding is that these five states
7 required physicians to prescribe naloxone with some
8 threshold of higher risk opioids. Then it looks
9 like 8 to 10 percent of patients meeting that
10 threshold of higher-risk opioids filled the
11 prescription. And other numbers we've seen have
12 assumed something like 70 to 80 percent of patients
13 who get a prescription fill it.

14 So my question is, the gap between 8 to
15 10 percent and 70 to 80 percent, is that the
16 physician adherence to the requirement that they
17 prescribe? Is it that 10 percent of patients
18 prescribed Narcan fill it, or is it that 80 percent
19 of patients who receive a prescription fill it, but
20 most of these patients aren't actually getting a
21 prescription? Does that make sense?

22 MR. KRAMER: It does. Again, this is

1 Bob Kramer with Emergent BioSolutions. I
2 appreciate the opportunity to come back and clarify
3 some things.

4 Our experience with these five states has
5 been that the adoption rate, in terms of the number
6 of prescriptions that ended up being converted, or
7 adopted, and filled, is in that 8 to 10 percent
8 range. And I think it is a significant difference
9 between what the other model shows or assumes,
10 which is a 70 percent conversion or adoption model.
11 That was the one difference.

12 The other, as I was starting to say, is
13 really on price and the inflation factor for
14 naloxone products that we have assumed versus
15 perhaps was in the model.

16 Just to be really clear, and I can only
17 speak for our product, Narcan, it's been on the
18 market for three years. We have never had a price
19 increase. It's \$37.50 per dose. That's what we
20 sell it to the public interest market. I think
21 this is a real contrast that the committee should
22 weigh in terms of what is a theoretical behavior of

1 pricing versus what's actually occurred. We have
2 had no price increases for three years. We have no
3 plans to increase prices.

4 Just as a business model, Emergent, we have
5 been in this space dealing with public health
6 threats. And as one of your committee members,
7 Mr. Gerhard commented, we've sold tens, if not
8 hundreds of millions of doses, of vaccines and
9 therapeutic products over the last 20 years, and we
10 have never experienced that kind of pricing
11 behavior on our products.

12 The pricing behavior is typically in a
13 consumer price index type of range of maybe a 3 or
14 a 4 percent per year price increase, not the 2,300
15 and something percent price increase that was
16 included in the model.

17 DR. HERTZ: Hi. This is Sharon Hertz. So
18 am I hearing you say that unlike others in the
19 industry, you are committing not to increase the
20 price of your product over some time period?

21 MR. KRAMER: Again, this is Bob Kramer.
22 What I'm saying is that we have not increased the

1 price for Narcan for three years and have no plans
2 to do so.

3 DR. HERTZ: For how long?

4 MR. KRAMER: As a company, our approach to
5 pricing products, whether it's a vaccine, or a
6 therapeutic, or in this case, naloxone device, is
7 to make sure that we and our customers agree on a
8 long-term price so that as an industry, we can make
9 the necessary investments in research, and
10 development, and capacity expansion to be the
11 reliable partner to governments to provide these
12 medical countermeasures.

13 DR. HERTZ: So how long will you maintain
14 the current price?

15 MR. KRAMER: I'm not going to commit today
16 that we will never increase the price. All I'm
17 telling you is that for 20 years of history for
18 Emergent, we have never increased prices to the
19 magnitude that was described in that model. At
20 best, it's been the long consumer price index,
21 measures of 3 to 4 percent per year.

22 DR. BROWN: Dr. Zacharoff?

1 DR. KREBS: I just wanted to make sure I
2 understood. It was 10 percent of patients who
3 received a prescription actually filled it. Do you
4 know how many of these patients received a
5 prescription, or you only know the fill?

6 MR. KRAMER: I believe we only know the fill
7 or the conversion.

8 DR. KREBS: So the adherence gap could be on
9 the prescriber side or on the patient side; we're
10 not sure?

11 MR. KRAMER: It could be.

12 DR. KREBBS: Okay. Thank you.

13 DR. BROWN: Dr. Zacharoff?

14 DR. ZACHAROFF: Hi. Kevin Zacharoff. I
15 have two questions for Dr. Mariano, one with
16 respect to your presentation, slide number 13,
17 where you talked about the fact that between the
18 period of 2011 and 2013, you quoted a study that
19 showed 587 deaths.

20 If I understood that slide correctly,
21 79 percent of the deaths were not witnessed, which
22 seems to me to mean that if there was nobody there

1 witnessing the arrest, that there might have been a
2 situation where there was no opportunity to give
3 naloxone.

4 The other thing that this slide said -- you
5 had the slide a second ago, slide 13 -- 72 percent
6 of these patients, I'm presuming these are all
7 patients, not people using opioids illicitly, were
8 co-prescribed benzodiazepines, and then 88 percent
9 of them were co-prescribed other CNS depressants.

10 My take-home message seemed to be that one
11 way to radically improve safety -- I mean we can't
12 guarantee there's going to be a witness, so we can
13 leave that 79 percent of unwitnessed deaths alone
14 for a minute. But one really important message
15 that I took away from this slide was that
16 co-prescribing benzodiazepines and other CNS
17 depressants is really dangerous if you're
18 prescribing opioids.

19 I wanted to know what your thoughts are with
20 respect to the idea that we co-prescribe naloxone
21 when in actuality, it's the co-prescribing of other
22 medications that's creating the high-risk

1 situation.

2 DR. MARIANO: Speaking personally, as
3 someone who's been a pain physician for over
4 20 years in this space, we know, based on all the
5 data that we have had for years, that when you
6 added benzodiazepines and opioids together, you get
7 like a five-fold increase in risk of a death
8 related to co-prescribing those two together versus
9 having opioids alone. The CDC dataset stated that
10 for years.

11 There is definitely issues when you're
12 looking at adding respiratory depressant
13 medications together, including your CNS
14 depressants, and alcohol, and everything else with
15 opioid medications.

16 When we look at adding naloxone to the mix
17 when we're prescribing opioids, is it the naloxone
18 itself that's going to help with the reversal?
19 Combined together is enough to push them over the
20 edge. If we can reverse one of the true attributes
21 of causing that respiratory-depressant event to
22 possibly bring them back from the brink of apnea,

1 by reversing the opioid component, that might be
2 enough to reverse them.

3 The other factor is by prescribing naloxone,
4 what some of the studies have shown is it has
5 reduced the amount of polysubstance use just by
6 having the dialogues, just having the education,
7 and having the discussions with patients.

8 I'm not saying they're going to say that
9 using naloxone or something like that is going to
10 change an overdose related to a benzodiazepine
11 because it's not. I think it's hoping that we're
12 going to start looking at better education, a
13 better look at how we're utilizing opioids with
14 other substances, and how naloxone fits into that
15 whole package of making the patient more -- a safer
16 environment in general.

17 If that even helps having the discussions
18 and having the talks about polysubstance use, and
19 maybe reducing that, or saying, hey, you know, we
20 can't continue going down this road, I'm going to
21 prescribe you naloxone; however, we have to address
22 X, Y, and Z on top of it because these are risks,

1 I'm hoping it helps.

2 DR. ZACHAROFF: Thank you. One more quick
3 question. On slide 21 of your slides, the last
4 bullet says community benefits, that patients when
5 surveyed, even though it's a small group of
6 patients, their positive reactions included those
7 three things. The last one was community benefits.
8 And I'm wondering what community benefits is
9 referring to.

10 DR. MARIANO: Dr. Coffin could probably
11 actually chime in better than I can for this since
12 this was his study. But what I took from the
13 article when I read it -- and it was an excellent
14 article by the way -- I took the community
15 benefits, again, the education, the understanding
16 of it, recognizing opioid overdose, maybe being
17 able to use it in the community if you do recognize
18 it because a lot of these people do have friends
19 who are utilizing medications. It was those types
20 of factors.

21 Dr. Coffin, I know I'm not trying to throw
22 this on you, but would you agree or disagree?

1 DR. COFFIN: Yes.. Basically, people said
2 that having naloxone, they could use it in their
3 community. Most of these people lived in
4 communities with high rates of substance use.

5 DR. ZACHAROFF: So we're talking about
6 people actually having it for the sake of carrying
7 it around with them or having it available to
8 administer to someone in the community in the event
9 that there was a need for it?

10 DR. COFFIN: That was one of the positive
11 reactions to being offered naloxone in clinic, yes.

12 DR. ZACHAROFF: Okay. Thank you very much.

13 DR. BROWN: Dr. Ciccarone? Dr. McCann?

14 DR. McCANN: Hi. This is for Dr. Kramer.
15 Dr. McCann. My questions is on slide 8.

16 My question is, if you can trust the
17 internet, I looked up the mortality rate from
18 opioid deaths in Virginia in 2016, before the
19 co-prescribing was instituted, and it was 1130
20 deaths. Then another Googled article said that the
21 death rate actually went up 30 percent in 2017,
22 probably fueled by fentanyl on the street rather

1 than prescriptions.

2 You earlier said that it was too early to
3 determine whether co-prescribing actually decreased
4 opioid deaths. Do you have a time frame of when it
5 would actually be measurable?

6 MR. KRAMER: Again, this is Bob Kramer with
7 Emergent. I'm not aware of a widely accepted time
8 frame, but on your earlier point, I think the study
9 time for when that data was collected and when the
10 program was implemented in that particular state
11 was a little bit later, perhaps second quarter of
12 2017. So there may be a little bit of a disconnect
13 between those sets of data that you were referring
14 to.

15 DR. McCANN: Thank you.

16 DR. BROWN: Dr. Gerhard?

17 DR. GERHARD: Tobias Gerhard. I just wanted
18 to make one comment when we think about what the
19 total anticipated demand would be, to be careful to
20 consider this kind of lack of compliance or whether
21 the fill rate is 10 percent or whether it's
22 70 percent, because if it were after some

1 implementation, 10 percent, we would have to have
2 another meeting to figure out how we get it to 70,
3 or 80, or 100 percent.

4 If we considered that a certain population
5 at a certain level of risk should have the drug,
6 and then only 10 percent would fill it, there's a
7 problem there. However, obviously, finding what is
8 the right level of risk population from a universal
9 approach to some subset of that is a different
10 question.

11 Then obviously, it's also the fill rate is
12 not independent of the price. If you'd make it
13 free, presumably, you'll get that rate up much
14 higher. So I think we come back down to the issue
15 that price is really the critical consideration of
16 how we get some handle in the several orders of
17 magnitudes, different, and whether there might be
18 out-of-the-box approaches to deal with this
19 differently than for regular prescription drugs.

20 DR. BROWN: If there are no other clarifying
21 questions, we're going to now break for lunch.
22 We're going to reconvene again in this room in one

1 hour, about 1:30.

2 Please take any personal belongings you may
3 want with you at that time. Committee members,
4 please remember there should be no discussion of
5 the meeting during lunch, amongst yourselves, with
6 the press or with any members of the audience.

7 (Whereupon, at 12:24 p.m., a lunch recess
8 was taken.)

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1 A F T E R N O O N S E S S I O N

2 (1:30 p.m.)

3 DR. BROWN: If we could come back to our
4 agenda, we're going to proceed now with the
5 presentation from our invited speaker,
6 Dr. Elizabeth Oliva.

7 **Speaker Presentation - Elizabeth Oliva**

8 DR. OLIVA: Thanks for inviting us to
9 present on some of the work we have been doing in
10 the VA. We last spoke with you three years ago,
11 and a lot has happened. I'm going to try and get
12 through as much as I can. There are slides,
13 though, and addendum slides as well, so lots of
14 information.

15 I just want to acknowledge the many people
16 in the village that really helped us get our
17 program up and running. A lot of the people in the
18 community are here to today, so we really are
19 standing on the shoulders of giants. So I really
20 appreciate all of my community partners and their
21 continual support. I call them my brain trust.

22 There's been a lot of talk today about

1 naloxone distribution, and one of the things I do
2 like to talk about and really emphasize -- and I
3 think Phillip Coffin did get and touch upon
4 this -- is there's really a tremendous amount and a
5 tremendous opportunity in the opioid overdose
6 educational piece, the OE part of OEND.

7 We can give out millions of naloxone
8 prescriptions, but if people don't know how to
9 recognize an overdose, they're not going to be able
10 to use it, so that life-saving potential will not
11 become realized. More importantly, we actually
12 would prefer if people prevented these to begin
13 with, so really, teaching patients who probably
14 this might be the first time that a provider talks
15 with them about the risk for overdose.

16 Regardless of which patient population
17 you're talking about, patients with OUD, it may be
18 the first time a person tells them about what their
19 risk is and how they can mitigate that, including
20 not using alone, being sure to cut your dose in
21 half; really harm reduction that's been in place in
22 communities, but bringing it into healthcare system

1 implementation.

2 Again, with patient-prescribed opioids,
3 there's a lot we can do also because, again, they
4 may have had opioids for years, decades, and they
5 may not have recognized what are some of the things
6 that can put them at risk of an overdose.

7 In our educational materials, we target two
8 patient populations: patients with opioid use
9 disorder and patient-prescribed opioids. And
10 similar to previous speakers, we are expanding some
11 of that to just patients with substances use
12 disorders, given that a number of patients using
13 some of these other drugs that may be laced with
14 fentanyl are also at risk of overdose.

15 In terms of what VA has been doing broadly,
16 naloxone and OEND is just one part of our broad
17 strategy. We work very closely with partners
18 across the system to really try to hit this from as
19 many different ways as we can, given that we have a
20 closed healthcare system where we can really work
21 and work together to ensure these risk factors get
22 addressed.

1 In 2014, we did establish a national
2 program. People out there are in healthcare
3 systems, and we did write up a paper that really
4 talked about how we got that up and running. I'm
5 always happy to talk with people as they're
6 standing up their programs and pay it forward.

7 There's been a lot of support for this. We
8 had an undersecretary for health information letter
9 in 2014 that really helped set the stage. Even
10 besides that -- and you'll see some of our original
11 kits -- Pharmacy Benefits Management has just been
12 an amazing supporter of this initiative and
13 recognized very early on that we needed something
14 like this.

15 Since the inception, PBM has been providing
16 funding for naloxone to be dispensed to VA patients
17 without the medical center incurring the cost of
18 naloxone, and not only that, there's been recent
19 legislation that has eliminated co-payments for
20 patients getting naloxone, as well as getting
21 education on naloxone. Really, there should be no
22 barriers to this within the VA system.

1 We also have clinical guidance, our
2 recommendations for issuing document that really
3 talks about -- sorry, I meant to highlight in red
4 the third sentence in our recommendations, which is
5 offering naloxone rescue to veterans prescribed, or
6 using opioids who are increased risk for opioid
7 overdose, or whose provider deems, based on their
8 clinical judgment, that the veteran has an
9 indication for ready naloxone availability. We
10 have basically empowered our providers to give it
11 to anyone they think needs it.

12 Here's the evolution of the kits within VA.
13 We had originally started with an intranasal kit,
14 with the mucosal atomizer that have been described
15 earlier, as well as the intramuscular naloxone kit.
16 And as soon as formulations were available that
17 were for laypersons, we switched those out. So we
18 now carry the nasal spray, as well as the
19 autoinjector.

20 There's a tremendous amount of technical
21 assistance within VA. We have a SharePoint. We
22 have videos that are available via YouTube. These

1 videos are also incorporated into our standardized
2 training and note templates within the VA. We have
3 an amazing academic detailing program, which I'll
4 show you has evidence of really helping us get this
5 program up and running. They offer a tremendous
6 amount of one-on-one, face-to-face provider
7 training. They've funded to make sure that all of
8 our brochures are available within the clinic.

9 It's amazing that even just printing out a
10 trifold brochure can be a barrier for people. We
11 get those trifold brochures paid for and can be
12 stocked and professionally printed in every clinic
13 that requests them. They also fund DVDs that have
14 these OEND videos on a DVD for patients as well to
15 be stocked in the local clinics as well.

16 You will see we have a number of panel
17 management tools that actually help people identify
18 patients at risk for overdoses. I'll show what some
19 of those look like. We have a lot of training that
20 we have developed that is available actually
21 externally as well.

22 Here's what the academic detailing OEND

1 SharePoint looks like. This is really modeled on
2 like an Amazon style, one-stop shop for providers
3 that goes over the provider materials, and it has
4 patient materials. What you'll see -- I'm not sure
5 if you'll be able to see from the
6 back -- essentially, there's a thing that says
7 order. People can use this as a way of ordering.

8 All of our patient ed is both in English and
9 Spanish. So again, this is a one-stop shop. It
10 has the links to the videos. It also has our data
11 tools, our ways of identifying patients at risk of
12 overdose. So these are all, again, one-click for
13 anyone who's interested and has access to patient
14 level data, and can access these reports.

15 Patient education is not complicated. I
16 learned this very well from Eliza Wheeler when she
17 first trained me on training people on OEND. We
18 actually just have a trifold brochure, which goes
19 over -- again, remember, there are three tenets:
20 how to prevent, recognize, and respond to an
21 overdose.

22 I'll show you both versions. This is the

1 one for patients with an opioid use disorder:
2 choose before you use, this is the prevention
3 information. The front part again, all about
4 prevention; back part is how to recognize, and then
5 how to respond to an overdose, so signs of an
6 overdose and how to respond.

7 Same thing with our patient brochure for
8 patient-prescribed opioids, you'll see that that
9 education has to be a little bit tailored, given
10 that they're prescribed opioids; so that prevention
11 information, again, in the front and recognition
12 and response on the back.

13 To date, we have given naloxone to
14 a -- well, it's actually over -- I think it's over
15 160 today. I want to say the last time we spoke to
16 you, about three and a half years ago, we were only
17 at 5400. I want to just say given the tremendous
18 amount we've grown in three and a half years, it
19 really is a testament to how you can move a system
20 and how you can get people onboard prescribing
21 naloxone.

22 Here is what it looks like. We are

1 obviously still in the early stages of
2 implementation when you think about an S-shape
3 implementation curve. We are still growing.
4 Thankfully, it's linear, so we're hoping to
5 continue on. But you'll see the top left-hand side
6 is patients with a naloxone fill; bottom left,
7 number of prescribers. We are up to 17,000
8 prescribers, over 17,000 to date.

9 Top right, opioid plus benzos, this is
10 what percent of patients, 26 percent, we've gotten
11 to in the previous year; bottom right, percent of
12 patients with OUD who have gotten a naloxone fill.

13 When people are implementing, I try to break
14 it up into key implementation considerations:
15 provider education, patient identification, then
16 you educate the patient, and then it's really
17 important to tie in post-overdose care.

18 As I mentioned, we have a tremendous amount
19 of provider education. We have an in-person
20 through academic detailing. We have web-based. We
21 also have a national monthly call. We're probably
22 about 2 to 4 facilities who will present on how

1 they're implementing OEND. So we have quite a
2 number of examples, that I'm happy to share with
3 the advisory committee if they're interested, of
4 different ways in which people have gotten this up
5 and running in their facilities. The big thing is
6 to, again, address stigma and misperceptions,
7 particularly around risk compensation, which could
8 be a barrier.

9 As you can see academic detailing is a
10 published paper that showed that providers who did
11 get academic detailing had 7 times greater
12 prescribing of naloxone compared to those who did
13 not get academic detailing.

14 In terms of patient identification, this is
15 one of our risk dashboards. I just want to mention
16 that right here, it's not hyperlinked. But
17 essentially, once you open up this report, it'll
18 list your facility, and it'll have a hyperlink on
19 that far right-hand column number, patients with no
20 fill. So it will automatically list all the
21 patients in your facility that have not had a fill.

22 What you'll see right now is that based on

1 RIOSORD, one of the predictive risk models, you can
2 kind of see risk-based prescribing happening in
3 general, that the patients with the highest risk
4 class 8 or over, 54 percent of them have gotten
5 naloxone. When you get down to 5 to 7, it's
6 43 percent, and then 22 percent.

7 Nationally, in terms of opioids plus benzos,
8 we're about 32 percent total. I'll just, again,
9 give you these examples. For patients with OUD,
10 we're at 23 percent, and 35 percent of those with a
11 possible overdose who have gotten naloxone. So
12 again, these reports were meant to give people
13 actionable list of patients that they can reach out
14 to.

15 We have another tool. This is actually
16 being mandated nationally for very high-risk
17 patients to get an interdisciplinary team review.
18 The VA stratification tool for opioid risk
19 mitigation is based on a predictive risk model to
20 identify patients at risk for overdose or suicide
21 who are prescribed opioids.

22 What it does, it identifies patients as very

1 high, high, medium, or low risk. It lists why
2 they're at risk. So it says "relevant diagnoses"
3 right next to the risk, and it will tell you
4 exactly what is placing them at risk. And then it
5 has risk mitigation strategies, and naloxone you'll
6 see is one of the risk mitigation strategies, and
7 then it has care team and follow-up information.

8 We also have another tool -- we have many
9 tools in VA, so the issue is more just making sure
10 we're supporting people depending on what type of
11 tool they use. This one is used typically in
12 primary care. It's the Opioid Therapy Risk Report,
13 and it will list when naloxone has been dispensed,
14 and essentially it has also what the morphine
15 equivalent has been in the past 12 months, as well
16 as pain scores and such.

17 They have developed a really cool clinic
18 huddle tool that can be used to show people's
19 appointments that day, and it'll list any patients
20 who you may want to consider naloxone for. This
21 can be used, and it has like every surgery -- every
22 clinic available on VA, they will be able to get a

1 list of patients and potentially ones that might
2 need naloxone.

3 One of the things I want to really highlight
4 is really try to move beyond -- this is MEDD and
5 opioids to address the opioids crisis. There have
6 been multiple risk models, predictive risk models,
7 that have essentially said that comorbidities
8 account for more risk compared to opioids across
9 multiple risk models. don't have time to go into
10 that. The slides are in the addendum slides, but I
11 just want people to take a step back and think.

12 If you a have patient that has a medical
13 condition, pain, overlapping mental health
14 substance use disorder, and let's say they have
15 opioids, you take those opioids away, you still
16 have all these other things that put them at risk
17 for an overdose or suicide. So maybe they're not
18 going to overdose on those opioids, but maybe
19 they'll overdose on one of the other medications
20 you're prescribing.

21 The idea is to really think about taking a
22 patient-centered approach that addresses

1 comorbidities for all patients regardless of MEDD
2 threshold, or naloxone-prescribing, or opioids are
3 no longer part of the patient's treatment plan
4 because opioids, again, are maybe a third of the
5 risk, a really small portion of the risk when you
6 look at the overarching assessment of risk factors.

7 This is an example of why MEDD is not going
8 to probably help from a population-based
9 perspective. Eighty percent of patients who die of
10 an overdose or suicide in VA were under 90 MEDD.
11 And almost 4 out of every 5, again, who died,
12 80 percent, were under that 90 MEDD threshold.
13 Almost 3 out of 4 of all deaths were among patients
14 with mental health or substance use disorder.

15 I tell people, you don't need a fancy risk
16 calculator. If you have a patient-prescribed
17 opioids who has a mental health or substance use
18 disorder condition, you should think about
19 prescribing naloxone.

20 Here's what our store model looks like.
21 Again, there was a question that was raised about
22 opioids and benzos. I have in the addendum slides

1 something that might be of interest to the
2 committee, that basically prescribing of other
3 sedating pain meds, like SNRIs, TCAs, and
4 anti-convulsants actually had greater risk when
5 combined with opioids and benzos. You want to put
6 that on your guys' radar as something to think
7 about as well. But this will just show you just,
8 again, medical, psychiatric, and other types of
9 comorbidities that can impact risk.

10 We have a lot of patient education that has
11 been happening. I'm happy to go into more, but
12 really, the key issue is really increasing
13 awareness and figuring out who you're reaching out
14 to, and different ways to make sure they get
15 educated.

16 There's post-overdose care. Again, there's
17 some really concerning studies coming out
18 suggesting that patients who have a non-fatal
19 overdose are at really high risk of an overdose in
20 the following year. So I think it's really
21 important to improve care post-overdose, so we have
22 a national standardized note template that walks

1 people through and that will basically generate a
2 cover sheet reminder, if the treatment provider
3 isn't the one completing it, that lets them know
4 that there is a possible overdose.

5 I'm going to be wrapping up; I know I'm at
6 time. Healthcare system considerations, this is
7 just one tool in our clinical armamentarium. It's
8 not a panacea and it's not just about naloxone.
9 There are numerous ways in which you can get this
10 up and running. When you're doing it from a
11 healthcare system approach, coordinating across
12 program offices is critical.

13 Again, patient identification, just
14 generally patient-prescribed opioids, as well as
15 those with opioid use disorder. But I think the
16 one reason why we have been able to move as quickly
17 is just really emphasizing to providers it's a few
18 minutes of training that could save a life. It's
19 not complicated, it's not rocket science, it's a
20 trifold brochure, you can do this.

21 Clinical consideration is really making sure
22 we integrate medication-assisted treatment. I talk

1 about life-saving naloxone and life-transforming
2 medication-assisted treatment. I think that we can
3 do more to really help link folks together. Again,
4 post-overdose care is a critical juncture. Again,
5 considering comorbidities and any history of opioid
6 use, I think we are all onboard about patients with
7 a history of past illicit use.

8 I think that the field is moving more
9 towards thinking about patients who maybe have been
10 using for a chronic period of time who may have
11 risk factors, who even if they're no longer being
12 prescribed opioids may still be at risk, and still
13 need that, and still need pain management
14 treatment. There's a lot more we can do in that
15 space.

16 Some relevant considerations for the
17 committee, patient refusal of naloxone, there are
18 some addendum slides talking about how patients can
19 be really bad at risk perception. It's really
20 important for us, if we say, oh, would you like
21 this? They'll probably say, no, I don't need it;
22 even though there's one study that said that

1 basically, patients at super high risk, 70 percent
2 of them thought they were below the average risk of
3 an average American. So there's a lot more we can
4 do.

5 Again, issues coming up, what about patients
6 who live alone? I think we can still emphasize
7 again that OE part of OEND and also, just again,
8 strategies to decrease stigma. There's been a
9 number of letter-based approaches. I think we
10 really need to make sure we involve the provider
11 and treatment team. We do not want to undermine
12 that patient-provider relationship.

13 Again, that opt-in versus opt-out that was
14 discussed earlier in terms of potential unintended
15 consequences, we really need to think about that
16 when we're developing these approaches. And I feel
17 that whether or not you say that it isn't held
18 against us, it still feels that way. So there are
19 just a lot of things that we have learned that we
20 are working on, kind of addressing within the VA.

21 We also have a Rapid naloxone initiative
22 that just started in September where we're trying

1 to get VA police as well as AED cabinets equipped
2 with naloxone, and there's some information about
3 if folks are interested. I have a grant that
4 actually just started December 1st that's going to
5 be looking at probably what this committee would
6 have liked, which is the effectiveness of a rescue
7 medication and preventing opioid overdose mortality
8 among veterans. That data might be in a year or
9 two, but we are definitely going to be looking at
10 that and looking at whether or not risk-based
11 prescribing is impacting mortality. I also have a
12 grant I just submitted to evaluate the new VHA
13 Rapid Naloxone Initiative.

14 Sorry about going over time, but thank you
15 for your time and attention.

16 DR. BROWN: Thank you very much.

17 We'll now continue with Dr. Joanna Katzman.

18 **Guest Speaker Presentation - Joanna Katzman**

19 DR. KATZMAN: Thank you so much. I'd like
20 to thank the FDA for inviting me here. It's really
21 an honor and a privilege. And I'd also like to
22 thank some folks here that have really helped me

1 get excited about naloxone research, Dr. Fred
2 Brason, Dr. Kim Wagner, and Dr. Peter Davidson who
3 had helped me with some research along the way.

4 I'm from the University of New Mexico, and I
5 recently stepped down from directing the University
6 of Mexico Pain Center for six years, and now I'm
7 the senior associate director of Project ECHO at
8 the ECHO Institute. I started the ECHO pain and
9 opioid management, ECHO, 10 years ago, and we now
10 have 47 ECHO pain or ECHO opioid programs around
11 the country, including the VA, the Department of
12 Defense, and the Indian Health Service. I have a
13 small grant with Adapt Pharma to survey programs
14 across New Mexico, and as spoken earlier this
15 morning, I haven't used any funds yet related to
16 that.

17 I wanted to let you know that I'm going to
18 be talking today about take-home naloxone and
19 specifically about providing naloxone directly to
20 the patient or client with or without a
21 prescription, specifically for targeted populations
22 at risk of opioid overdose.

1 New Mexico drug overdose rate is about
2 25.2 per 100,000. This was in 2016. As it still
3 is higher than the U.S. national average of
4 19.8 per 100,000, as you can see, the curves are
5 getting closer and closer together. In 2017,
6 although not on this curve, the New Mexico rate has
7 dropped even more to 24.7 per 100,000. The New
8 Mexico rate, as you can tell, has fallen since
9 2014.

10 The improvement in New Mexico's ranking is
11 also illustrated by these two side-by-side tables.
12 On the left is the 2005 data with New Mexico
13 ranking being number one in the country. On the
14 right is the 2016 data with New Mexico being number
15 12 in the country. In 2017, New Mexico is not
16 number 12 anymore; it's number 17, and we have
17 dropped from 500 deaths to 385 deaths, down
18 4 percent.

19 I believe it's related to a number of
20 things, most likely our naloxone distribution in
21 the state, both community-prescribing and by
22 targeted distribution to high-risk populations,

1 along with our concerted effort with mandated
2 continuing medical education specific to pain,
3 opioid overdose education, and naloxone prescribing
4 to every clinician with prescriptive authority.
5 Our rate in the state, as I mentioned, is
6 24.7 percent.

7 New Mexico has not seen the overdose deaths
8 due to illicitly manufactured fentanyl. However,
9 methamphetamine and benzodiazepines are frequently
10 combined with opioid-related deaths in New Mexico.
11 As a matter of fact, methamphetamine overdose in
12 New Mexico are close to the top in the United
13 States. We really are a state of breaking bad.

14 Although New Mexico continues to improve in
15 U.S. rankings for drug overdose deaths and has no
16 counties listed in the CDC 220, New Mexico
17 continues to have the highest rates in the entire
18 country for overdose, specifically Rio Arriba
19 County and other counties as you can see staggered
20 around the state. And I should mention that New
21 Mexico is not new to the unintentional opioid
22 overdose epidemic. As a matter of fact, New

1 Mexico, as previous slides have shown, since the
2 1990s and early 2000s, really is where the heroin
3 epidemic first began in Northern New Mexico.

4 Now, naloxone distribution is also not new
5 to New Mexico. It's really where most of the
6 community prescribing and naloxone legislation
7 really began. In 2001, we had early community
8 dispensation distribution and legislation related
9 to authority to administer. New Mexico was the
10 first state to enact the Good Samaritan law.

11 In 2014, we had Medicaid coverage. In 2014,
12 pharmacists had prescriptive authority, and most
13 pharmacists in the state learned how to actually
14 prescribe. In 2016, we had a naloxone standing
15 order. And then in 2017, I helped work with
16 legislators to enact the first of its kind, New
17 Mexico House Bill 370, which mandates take-home
18 naloxone for patients in all opioid treatment
19 programs, inmates released with a diagnosis of
20 opioid use disorder, and all law enforcement
21 agencies.

22 Between 2014 and 2016, I was leading the

1 pain center at that time, and we wanted to study a
2 universal precautions protocol for studying the
3 effectiveness of giving naloxone as take-home to
4 every patient who came in on an opioid analgesic no
5 matter if we were prescribing the opioid or if they
6 were getting an opioid from their primary care
7 provider, but we were seeing them for chronic pain.

8 We realize that risk is fluid, so if they
9 were on an opioid, no matter a small dose of
10 Vicodin or a large dose of methadone, if they
11 developed a respiratory illness, if they were using
12 and we did not know it, we realize we wanted to see
13 what would happen with their risk.

14 We also knew that we were taking care of
15 their patients very effectively with controlled
16 substance agreements, random pill counts, urine tox
17 screen because our New Mexico Medical Board has a
18 lot of rules and regulations. We also wanted to
19 see if we could do this in a short amount of time
20 with a streamline effect.

21 We enrolled 206 patients. Over two years,
22 you can see our morphine equivalent dose. We had

1 one patient use the naloxone and no death was
2 reported. We learned many things. We learned that
3 the overdose education in naloxone distribution was
4 very easy. We learned that we could use the
5 take-home naloxone without disrupting the
6 efficiencies in the clinic. And we learned that
7 risk was fluid, and we could do this in our clinic
8 with quite amount of ease with various providers.
9 We then took this program to our addiction clinic.

10 What we did is we took this to our addiction
11 clinic for patients with substance use disorder.
12 Our addiction clinic has quite a high amount of
13 female patients because we preferentially enrolled
14 patients who are pregnant or just delivered a baby.
15 Our study demographics, however, matched our opioid
16 treatment program population.

17 We also found that even though we tried to
18 get a companion present, most of the time,
19 90 percent of the time, the companion was not
20 accompanying the patient when we were giving them
21 overdose education in naloxone distribution.

22 We enrolled 244 patients at three months.

1 We retrospectively looked at these patients, and 15
2 of these 244 patients had received a prior naloxone
3 prescription from our addiction clinic. When we
4 asked these patients, none of them had gone to the
5 pharmacy to pick up their naloxone prescription.

6 At six months, we had enrolled 287 patients.
7 251 patients had completed the 6-month follow-up of
8 our study, which included every 3 months urine tox
9 screens, questionnaires, follow-up visit questions,
10 asking them had they used the naloxone, and if so,
11 what was the context and so on.

12 Forty-four of the study patients had
13 performed an overdose on a community member, on 65
14 patients in the community. As you can see,
15 35 study participants performed one overdose
16 rescue; 9 study participants performed 2 overdose
17 rescues; 2 study participants performed 3; and so
18 on.

19 At six months, the results were such that
20 43 percent of the rescues involved 1 naloxone dose,
21 54 percent involved 2, and a small number involved
22 more than 2, involved 3 because 911 was called or

1 in one of the instances, someone in the situation
2 had a third dose.

3 911 was called 46 percent of the time, which
4 is a usual in this opioid treatment program, and
5 this is what we found in multiple cities around the
6 country, is that 911 is usually called less
7 50 percent of the time. We also found that
8 approximately 80 percent of the time, the person
9 who was reversed was known to the reverser.

10 We also did a logistic regression analysis,
11 and we wanted to know, of these 65 patients who
12 were reversed, of the 65 patients who reversed
13 other people in the community, who were they, what
14 was special about these 65 patients out of the
15 251 patients who we enrolled?

16 Well, they were a younger population,
17 between the ages of 18 to 44; they were Hispanic,
18 but this did match population being studied.
19 Significant odds were that they had witnessed a
20 prior overdose before being enrolled into the
21 study.

22 Odds 3 times were that they had been

1 reversed themselves before on naloxone. And
2 interestingly, but not surprisingly, about 5 times
3 the odds were that they two or more illicit
4 medications in their tox screen and that many of
5 them had missed a urine toxicology screening
6 appointment.

7 At 12 months -- and this is unpublished but
8 going to be published soon, and at one year, we
9 have now enrolled over 402 study subjects; 332
10 study subjects completed the 12-month follow-up.
11 This is prospective study. 79 out of the 332
12 reversed at least one community member. And we
13 have had 115 reversals in the community.

14 If you go back to that original discussion
15 point, that between 2016 and 2017, we have had 500
16 deaths in New Mexico, but in 2016 and in 2017, we
17 dropped from 500 deaths to 385 deaths, dropping our
18 ranking in New Mexico from number 12 in the country
19 to number 17 in the country; we have 115 community
20 reversals here. So I do think this shows some
21 evidence that mandating naloxone in opioid
22 treatment programs is making a difference or at

1 least a significant association.

2 Also, another interesting point here is that
3 for whatever reason, and we have not written about
4 this, enrolling patients or giving patients opioid
5 overdose education and naloxone, and having them
6 come back and talk to you about their naloxone, and
7 did they reverse somebody in the community, and
8 what was that like, we have an 83 percent retention
9 rate at our opioid treatment program at the
10 university. And now, we're going around the state
11 and looking at all of our opioid treatment programs
12 around New Mexico; 83 percent retention rate for
13 opioid treatment program in on year is very high.

14 This is our 12-month follow-up. As I
15 mentioned, 115 community overdose reversals, and I
16 might mention not one patient in the opioid
17 treatment program -- these were people in the
18 community that. These were study subjects that
19 reversed community members. No patient was
20 reversed themselves. However, and this is a typo,
21 study subjects came back. And that should be 85,
22 not 8530. There were 85 study subjects that came

1 back requesting more kits. So there's a
2 possibility that these are patients in the clinic,
3 having been reversed by family members, requesting
4 more naloxone.

5 It looks like 1 dose was given for
6 53 reversals, 2 doses were given for 60 reversals.
7 It's about 50 percent needing 1 or 2 doses, and all
8 were reversals were heroin related.

9 We're now looking at all the opioid
10 treatment programs around New Mexico. We're
11 surveying all the different people who work at the
12 opioid treatment programs. There are barriers to
13 writing prescriptions, providing take-home, and
14 we're trying to figure out what are the barriers to
15 providing take-home naloxone at opioid treatment
16 programs.

17 It looks like it's affordability, it looks
18 like it's time to educate patients, and it looks
19 like it's patients not wanting to use it, and some
20 of the directors at the opioid treatment programs
21 are telling us that it's liability.

22 When they state that it's other barriers,

1 we're asking them why, and they're stating it's not
2 their clinic policy, there's no naloxone dispense
3 at the clinic. They're also stating that the staff
4 are not educated on naloxone. And then we're also
5 going to the clinics and providing the staff with
6 opioid overdose education.

7 Finally, as you know, New Mexico, as I
8 mentioned at the beginning, has a very, very
9 significant harm reduction program and community
10 education program. In the first six months of
11 2018, the New Mexico Department of Health dispensed
12 over 2000 doses, 2060 doses to be exact. There
13 were 845 reversals, so that's 41 percent of all
14 naloxone doses dispensed used on an opioid
15 reversal.

16 With this House Bill 370, with mandating
17 naloxone at opioid treatment programs, with every
18 inmate leaving jail who has an opioid use disorder,
19 and as you know, that's a high-risk situation, and
20 with policing, I think we're making a difference in
21 New Mexico.

22 I think lessons learned in terms of

1 take-home naloxone so far is that it has been very
2 successful in reversing community members if given
3 to patients at opioid treatment programs, that
4 targeted naloxone distributions through harm
5 reduction programs, syringe exchange programs, and
6 other keys sites critical for overdose
7 education -- for overdose reversal, excuse me.

8 Correctional facilities are now providing
9 take-home naloxone and opioid education. We do not
10 have robust data readily available yet. And over
11 68 law enforcement agencies, including the Bureau
12 of Indian Affairs, are abiding by this House
13 Bill 370, but barriers still exist in mandating
14 take-home naloxone to some of the opioid treatment
15 programs throughout New Mexico. Thank you.

16 DR. BROWN: Thank you very much. We'll now
17 continue with an invited speaker presentation from
18 Dr. Daniel Wermeling.

19 **Guest Speaker Presentation - Daniel Wermeling**

20 DR. WERMELING: Good afternoon. I retired
21 in March of this year, and one of the things I did
22 was also have a mobile naloxone pharmacy on Friday

1 afternoons, and we still fulfilled full
2 prescription requirements and had prescriptions
3 filled. We did about 60 in 3 hours on Friday
4 afternoons. What was important was that these are
5 injection drug users, and we had 50 percent refill
6 rates every week. So IDUs are really going to turn
7 this over.

8 That's not why I have been asked to come
9 today. Dr. Hertz wrote me a couple of times in the
10 last six months to try to explain some of these
11 things. First, I also started a company called
12 AntiOp, and all of the assets, whether they were
13 owned by me through the university or independently
14 in the company, have been sold to other parties. I
15 don't consult for any of the companies that are
16 here or for anybody else.

17 I also have this in the context of a startup
18 company in which there's no revenue, so keep that
19 in context as we talk about cost. I have been
20 involved with nasal spray development for 25 to
21 30 years, 11 INDs, and 1 NDA, which is for
22 naloxone. So I'm not using anybody else's secrets

1 when I talk about this. It's meant to be a broad
2 conceptual framework to think about how to do
3 things in large buckets.

4 Now, we were partially successful. In 2009,
5 I filed NHI grants and other things to get started
6 on a naloxone nasal spray development. After about
7 three or four years, I was able to partner with
8 Indivior, and then we co-developed. It's the same
9 Aptar mono-dose nasal spray as you have seen, but
10 we had a lower naloxone concentration but the same
11 total dose in a kit. We were using one sprayer per
12 nostril instead of one sprayer per one naris.

13 Functionally, the only other change is that
14 since I've done this for a long time, I knew that
15 doing non-sterile products is cheaper than trying
16 to make a sterile product. That's something else
17 that's not well understood, is that these products
18 are made under aseptic conditions to the same
19 technical qualifications as an injection.

20 The second part is that when I first started
21 this, there was only one machine in the country
22 that could do 125-microliter -- think about that

1 volume -- 125 microliter fills at speed. You could
2 do it at R&D scale but not at commercial speed.
3 Then as I got farther along, another company did
4 develop the equipment, but only one company
5 actually had a pre-approval inspection for
6 something that actually did reach the market.

7 We weren't successful with the NDA here, and
8 the partner I had, Indivior, elected not to
9 continue development, but they did make a
10 commitment to France, so there was an authorization
11 for temporary use until the NDA equivalent was
12 filed. And in 2017, it was commercialized, and
13 you'll see it's Nalscue, and basically, the cost
14 there is on the internet, roughly 80 euros for a
15 kit.

16 In trying to think about how to
17 conceptualize this for the audience, I tried to put
18 things in three big buckets. You have the research
19 and development cost. And at least for me, as a
20 nonrevenue company, that means it's somebody else's
21 money, and there's a cost of money. And there's a
22 time cost of money and a risk adjusted cost of

1 money. So that's an investment, and you're using a
2 lot of contractors.

3 There's product manufacturing and
4 distribution, and that tends to be the focus of a
5 lot of discussions, like Lesley Stahl on CBS the
6 other day saying naloxone costs 10 cents according
7 to industry insiders. I can confirm that it's for
8 the powder; it's not for the product.

9 Then you have the corporate institution
10 itself. You have their own people who are involved
11 with research and development, clinical
12 development, nonclinical product development
13 itself. And then you have to run a corporation.
14 So these are all things that are running at one
15 time. Product manufacturing and distribution is
16 minuscule compared to the rest. So when we talk
17 about cost, you have to include all costs. You
18 don't get to just say, it's 10 cents.

19 Now, who's going to do this? Back in 2009
20 and '10, I remember Phil Skolnick saying to me at a
21 meeting like this that there's not a business here.
22 I said, "Yeah, I know, I kind of worry about that

1 because there's no understanding of what the market
2 is in 2010," and there's no sense of volume or the
3 standard of care. And so who's going to put money
4 in this when there's no understanding of it at all?

5 Big companies aren't going to get involved
6 with this because they don't know, and it's
7 probably too small for them to even put capital in,
8 versus startup and small and medium companies and
9 generic companies, if somebody gets approved, they
10 can come in. The difference, though, is that their
11 marginal cost to do anything is higher than if
12 you're a large company. They don't have scale.
13 Think about that as a context also.

14 Large bucket, first cost to develop. Now, I
15 don't know what Indivior's and my final cost were
16 to do all of this -- that wasn't disclosed to
17 me -- but I'm just going to use a round number.
18 Let's say \$25 million over five years. That may be
19 a typical kind of 505(b)(2) development plan. And
20 it's an at-risk investment. There's no guarantee
21 for it, so those people have compensation expected
22 for that at risk.

1 Now, to think about it here, when you look
2 at \$135 or \$150 for a kit, think about the
3 amortization of the cost into the per unit price.
4 So you're just sort of doing some simple
5 multiplication and division to try to see how much
6 is allocated to any particular element of the
7 buckets.

8 The other element is that this gets
9 expensive the farther you go, and so it's an
10 inverted pyramid. The early parts of this are
11 relatively inexpensive, but to get through this and
12 to prepare for launch, that's where things get
13 expensive.

14 Then the FDA in previous meetings like this
15 have explained what's required in the NDA, and so
16 there's been excellent guidance for companies to do
17 this. There's nonclinical summaries, clinical
18 summaries for the active and whatever inactive
19 ingredients you have, you have the pharmacokinetic
20 studies, pediatrics, and human factors on can the
21 product actually be activated properly.

22 Something else that's significant is the FDA

1 user fee. When I went online to explore what this
2 was, and you can explain where you check your boxes
3 are for where you are, it's about a 2 and a half
4 million dollar expense, so that's not insignificant
5 in and of itself. Then of course, you may be
6 required to do other things post-approval.

7 Then you get to just the product itself.
8 You're going to buy naloxone, which the cost is
9 almost immaterial. You're going to choose a
10 device. And as I said, I have worked with this
11 Aptar mono device for 20, 25 years. It's the most
12 elegant technology for nasal spray that I
13 understand, but it's expensive.

14 When you do all of these things, you're
15 doing a lot of chemistry work in the laboratory and
16 making small scale production batches to try and
17 understand if this is scalable or not. You have
18 research and engineering and things that look like
19 commercial scale batches for each one. Then you
20 have compliance, quality assurance, and writing all
21 of this up.

22 If you're looking like you're going to be

1 successful, then companies may take risks without
2 the NDA approval letter and say we're going to make
3 a batch and fully package it and have it ready for
4 distribution. So now you may be investing
5 significantly, at risk, waiting to see what the FDA
6 says.

7 Now, when I go through big buckets of cost
8 in this element, there are two things that I think
9 are expensive that I question whether they're
10 needed. One is that it's a sterile product. From
11 my experience doing things that are preserved,
12 antimicrobially preserved products are less
13 expensive than doing sterile products.

14 The other thing, in 25 years, I have never
15 seen nasal spray geometry be determinative of
16 anything about systemic drug absorption. It's a
17 testing technology looking for a use, and it's
18 expensive.

19 Now, let's say, when we talk about
20 production, you're going to make your first batch.
21 This is your commercial batch; 250,000 units, the
22 drug itself is nothing, but you're committing with

1 that decision perhaps 3 and a half million dollars
2 for acquiring all the components, formulating the
3 materials, and having aseptic production, so this
4 is the clean room, bunny room kind of production,
5 assembly and labeling. So this is all unique
6 equipment that's met and designed just to handle
7 this little device.

8 Then you have to commit for all of these
9 batches you're doing chemistry test for years, so
10 you're committing a million dollars for all the
11 time points over two to three years. So it easily
12 could be \$50 [000] to \$100,000 at time points for
13 physical, chemical, microbiologic, and spray
14 pattern physics. So you start multiplying numbers
15 of batches times number of tests, and you can see
16 this multiplies out to a big number really quickly.

17 Then you have retention samples. So your
18 yield efficiency -- I just threw a number in. I'm
19 not sure what anybody else's would be. But you
20 have to take some units out for retention, and so
21 they're no saleable units. So they're dedicated to
22 QC testing for all these time points, stability

1 testing, and in case FDA wants any of them. So
2 your effective yield is reduced.

3 Then you have to package it, so it goes into
4 secondary, tertiary packaging, which you have all
5 seen. Then you have to send it out. So you've got
6 shipping, insurance, returns, rebates, and the
7 wholesaler who takes perhaps 5 to 6 percent.

8 When you get to this scale with these kinds
9 of dollars, it's not hard to see that the cost of
10 goods is about 20 [dollars] to \$30 per commercial
11 package. And if you think about that in terms of
12 what happens in retail, industry doesn't like to
13 have cost of goods exceed 20 to 25 percent of
14 transaction pricing, so this fits, to me, kind of a
15 general trend.

16 Then it costs to distribute. It's not a
17 free service. And for all the different vendors
18 who provide materials or services, then they're in
19 the chain, and they make a profit before you do.
20 So you think about it as a value-added tax. It
21 just keeps multiplying and goes up as you go along.

22 Finally, the final vendor then is the

1 pharmacy when they're ordering the drug and
2 actually dispensing it. Other factors in here for
3 distribution might be that it triggers a royalty
4 payment, and that can easily be 5 to 10 percent of
5 commercial sales for one of these products.

6 You still continue to pay FDA, so you have
7 annual product strengths per year, and then you are
8 committed to other kinds of things like medical
9 information, you have to collect safety data,
10 annual reports, lots of regulatory commitments as
11 you go along.

12 Then of course, you have your company. Now,
13 I learned from other failures that I've had to not
14 own anything. My company owned three things: an
15 iPad, a phone, and data, because that's all that
16 FDA cares about is the data. So I learned not to
17 own anything. But when you really get into at
18 scale, you're going to own things, right? So you
19 have buildings, and people, and insurance,
20 IT systems, computing, your financial systems, all
21 of these things, bankers, and cost of money.

22 If you're operating the company, then you

1 have all of these things and tons of attorneys. I
2 must say, over the whole plan, I must have had ten
3 different attorneys and spent hundreds of thousands
4 of dollars a year just with that.

5 Circling back, do we have success? I think
6 we could say from today's discussion that we're not
7 where we want to be? One of the barriers has been
8 described as cost. What we have, in my opinion, is
9 a high cost/low volume environment, when actually,
10 the business model has to flip if we're going to be
11 successful. It has to go to a high volume/low cost
12 type of model if we're going to succeed societally.

13 Are there ways that we can think about this?
14 If you increase volume, I would differ a little bit
15 with our economist earlier. There are different
16 kinds of effects. There are multiple effects that
17 take place at one time, and human behavior is hard
18 to predict. But I threw out a thought experiment.

19 What if at the beginning of this in 2010, I
20 said that another specification of the product,
21 non-development, but just was to say, it can't cost
22 at the transaction price more than \$20? Then you

1 can start thinking about technologies that might
2 fit that. And I had a really hard time trying to
3 think about a technology that could go through all
4 of this development process, have a corporation,
5 and have a lower cost of goods for a product.

6 Yet, I still think about, I used this term,
7 how do we make rain naloxone? We need to have this
8 dropping from the skies. So I have a number of
9 considerations that I hope may have some impact.

10 One is to do cheaper products. The cheapest
11 thing I could think of, which is inelegant, it's
12 nothing like an Aptar sprayer, but doing
13 blow-fill-seal. There are multiple manufacturers
14 all around the country. It's not technically hard.
15 And you can get millions, and millions, and
16 millions of these things without difficulty, yet
17 it's a solution. Some companies actually have a
18 nasal spray adapter on them, so you could get to
19 something that's less expensive.

20 How many doses do you need? Who knows. You
21 can extend shelf life, perhaps. We saw a 3-year
22 shelf life with our product, but that's in

1 controlled circumstances. You don't know if it's
2 been put in the window sill or if it's been in the
3 trunk, all kinds of different ways that drugs can
4 be treated.

5 Lastly, what would FDA accept? I mean, this
6 is a step backwards, in a sense, of how they would
7 look at things to use in an inelegant delivery
8 system. On the other hand, you could say, we could
9 put a half a mL of 20-milligram or 40-milligram per
10 mL solution in there and deliver 20 milligrams to a
11 patient. The efficiency I'm not as worried about.
12 It's still going to get there.

13 FDA has some other things to help on the
14 financial side of things. One is that there's
15 called a priority review voucher. This is a way
16 that for other kinds of diseases that FDA has
17 provided incentives, also for rare pediatric
18 things. If this is something that is really
19 important to them, they could look at their own
20 cost structure, about what it is that passes
21 through to industry.

22 You could get rid of nasal spray geometry

1 because I think it's relatively worthless. You can
2 improve preserve products, trim post-commitment
3 studies, use nonsterile products, and eliminate the
4 user fee of 2 and a half million dollars. These
5 are significant dollars.

6 Three, so now you can look at OTC in
7 development. I think we have heard that it can
8 increase access, but it doesn't decrease cost. The
9 cost is the cost. You're still including or
10 encumbering, let's say, by the time you got FDA
11 approval, \$30 million in debt. Unless you had
12 revenues, how do you pay for that? You had to get
13 it from somebody.

14 It doesn't bend the cost curve necessarily
15 except to take the pharmacy out of it; you're not
16 doing wholesale distribution to a pharmacy, and a
17 pharmacy having a dispensing fee. That's what's
18 removed.

19 One of the consequences could be that you
20 cut people off with insurance unless our rules
21 change. So you could discuss whether cost is a
22 real issue here or not.

1 Then lastly, I've heard about nonprofit.
2 There are some companies who may get funding for
3 development as a gift or a donation, but you still
4 have these other operational costs. Somehow you
5 have to pay for these things, and you have to
6 generate enough sales and volume of units to
7 generate a profit. Before you can forego one; you
8 have to make one.

9 I would say so far, we haven't had enough
10 volume, sales of naloxone-related products to
11 generate big profits. In fact, I would guess we
12 may not even have the cost covered yet.

13 The one that really strikes me, though, is
14 sort of an economics 101 thing, and that is ability
15 and willingness to pay. What we don't have is bulk
16 purchasing. This is drip, by drip, by drip. So if
17 you're going to do this drip, by drip, by drip,
18 there is going to be a slow build-up of sales
19 units, but we're using different kinds of terms to
20 explain this. This discussion of 2 million units
21 today, in my mind, is off by at least a factor of
22 10 and maybe 15. And we'll go through that.

1 What the companies need, they can commit if
2 they have purchase orders. So somebody has to be
3 able to step up and say, okay, we're going to buy,
4 with this production schedule 10 million units.
5 What would that price be if you were going to buy
6 10 million units? Would price go down? I bet you
7 could bargain for a lower price if you were
8 committing to that much.

9 Now, to commit to that much, I think about
10 things in another way relative to distributional
11 models, and that's for vaccines. We use a lot of
12 catastrophic, healthcare, epidemiologic terminology
13 when we discuss this crisis, but do we
14 systematically then use methods or discuss methods
15 that are equivalent to the type of crisis that we
16 say?

17 For example, influenza vaccines and
18 bioweapons, national defense kind of fit into this
19 category. There are numbers of companies who are
20 involved with this. What they have built in, in
21 part, is partial-committed purchase orders.
22 Federal, state, and local governments buy some of

1 our national vaccine production every year. In
2 fact, that's 160 million doses each year that are
3 made by these companies and distributed.

4 What's the cost of a flu vaccine? It's
5 almost nothing, right? My insurance just covers
6 it. It may have a small co-insurance, but it's not
7 something that breaks the bank. Yet, if we
8 contrast this, we have 70,000 flu deaths a year and
9 we have 160 million units of flu vaccine prepared
10 and administered each year. But we have 70,000
11 deaths due to overdose and 2 million units
12 produced. Yet, we use the same kinds of terms
13 epidemiologically about it, but we're not
14 committing the same level of resources at it.

15 What we would we do, another thought
16 experiment, if we had one of these issues comes
17 here from Africa like Ebola or something else, and
18 a company had a nasal vaccine? How would we handle
19 that professionally, societally, financially?

20 I'm going to guess we're going to pull all
21 the stops out. And I think that's what we did with
22 a few other examples in the past. A lot of things

1 were done when a few individuals showed up here in
2 the United States with one of these infectious
3 disease matters. So what would it cost and how is
4 it covered? Are we using, again, an imbalance of
5 prioritization of resources for infectious
6 disease-related matters versus this matter?

7 I think some of the cost issues can be
8 addressed, but I think there has to be frank
9 conversations amongst the stakeholders, and that is
10 buying. We have to have buyers. My sense is we
11 need about 25 million units a year to handle new
12 prescriptions and maybe a 30 or 40 percent refill
13 rate. I have seen larger numbers, but this is sort
14 of my sense of it.

15 There are cheaper ways to do it in terms of
16 the product, and that's one element of cost, but
17 the others also still exist. And of course, this
18 is just an educated opinion. I've been at this,
19 but I wasn't successful in the sense of having the
20 product approved here, but I was in another place.
21 So I do have a sense of cost for these various
22 products that I have worked on, including naloxone.

1 A few other slides that I put at the end is
2 that we just don't have sufficient distribution to
3 manage this. We're way too low, and so volumes
4 have to pick up. Another factor here for the
5 physician colleagues is that we don't have a
6 standard of care. The physicians in my community
7 would say, well, show me where this is in my
8 guidelines, and of course it doesn't exist yet.

9 I remember that was one of the things I
10 thought about many, many years ago, has the
11 standard of care yet been adopted and how well is
12 it articulated in being adopted? Is there an
13 ability to pay?

14 We have some inconsistencies with insurance,
15 and this doesn't really fit traditional healthcare
16 models. In Kentucky, 50 percent of the people die
17 from injecting fentanyl and half die from pills.
18 It's hard to ignore one side. I know you're here
19 for prescription opioids, but you've got two
20 populations basically, and the phenomenon are
21 different, and one has insurance and one may not
22 have insurance.

1 I put together a slide of sort of a
2 hypothetical build-up just so you could see where
3 there may be allocations of cost and just some
4 additional things that basically relate to volume,
5 can we get enough units sold to satisfy all the
6 different interests? Thank you.

7 **Clarifying Questions**

8 DR. BROWN: Thank you, Dr. Wermeling.

9 It's time for us to have some clarifying
10 questions for the speakers that we have heard. Are
11 there any clarifying questions for the invited
12 speakers from the panel? Please remember to state
13 your name for the record before you speak. If you
14 can, please direct questions to a specific
15 presenter.

16 If there's nobody else that's going to ask a
17 question, I would like to ask Dr. Wermeling,
18 25 million doses of naloxone at scale, is that
19 going to affect substantially the model that we saw
20 this morning and the amount of government outflow
21 of capital?

22 DR. WERMELING: Here's a way I can try to

1 explain it. I worked at UK for 40 years, and we're
2 a member of the University of Health System
3 Consortium. It's all the academic medical centers
4 in the country. They have tremendous buying power.

5 Everybody doesn't pay the same for drugs, so
6 the UK has an advantage, let's say, over my
7 community hospital neighbors in that they can buy
8 things at a price that the other can't. So volume
9 speaks.

10 Now, I can't commit or say whether the other
11 companies would be able to talk about how the cost
12 curve bends, but if something came forward with a
13 purchase order and said we want this many units, my
14 guess it's negotiable.

15 DR. BROWN: Thank you. Dr. Meisel?

16 DR. MEISEL: Thank you. Steve Meisel from
17 Fairview in Minneapolis. First, thanks to all
18 three of these speakers for pretty remarkably
19 effective and helpful presentations.

20 I have two questions. One is for
21 Dr. Katzman. Just a point of clarity here, on
22 slides 3 and 4, you talk about the ranking dropping

1 from number 1 down to number 12, and then you said
2 number 17, I think, now. If I look at slide 3,
3 your rates have actually gone up. The change here
4 is the fact that other states have gone up faster
5 than you have gone up, but it's not the fact that
6 you're fallen.

7 Am I reading that correctly?

8 DR. KATZMAN: I think this is not on.

9 Sorry, Dr. Meisel. Right. Correct. As the
10 U.S. national drug overdose mortality rates have
11 gone up between 2013 and 2016, so has New Mexico.
12 New Mexico's rates actually have fallen between
13 2014 and 2017, Dr. Meisel, but they're still higher
14 than the U.S. national average, which is climbing
15 up, but New Mexico is actually falling separately
16 from that.

17 DR. MEISEL: Right. And the rest of the
18 country is going up at a faster rate. Thank you.
19 That was just my clarity for you.

20 I have a question for Dr. Wermeling. You
21 put up a picture, and I don't remember what slide
22 number, I won't worry with it, for naloxone in

1 these little pillow packs kinds of things, and you
2 talk about the studies of nasal sprays, and maybe
3 that's not all that helpful.

4 Are you suggesting -- those little things
5 are just pillows of liquid; that you just kind of
6 squirt up into somebody's nose and that would be
7 effective?

8 DR. WERMELING: Sure.

9 DR. MEISEL: Do we have any data from
10 anybody that that would actually would be
11 effective?

12 DR. WERMELING: It's a function. The
13 function is osmosis. So if you have a high
14 concentration of drug on one side of the membrane,
15 it's going to be absorbed. My sense is that
16 although some of it may run away, if you put a
17 little bit of methylcellulose in it, it'll adhere
18 to the nasal cavity.

19 DR. MEISEL: But nobody has studied this
20 per se, right? That's not commercially available,
21 nobody has done that. Is that right? That's a
22 postulate?

1 DR. WERMELING: No. We have done nasal
2 solutions. If you look at other products like
3 midazolam, for example, old studies, but nasal
4 midazolam was first dripped in with a syringe.

5 DR. MEISEL: Okay. And then very, very
6 quickly, you talked about the sterility. I can't
7 seem to find it. Is Narcan nasal spray today
8 manufactured sterile or is it just antiseptic? I
9 can't seem to find that anywhere. Maybe the vendor
10 can help us with that.

11 MR. KRAMER: This is Bob Kramer. Our
12 product is not labeled sterile, so that's the
13 differentiation.

14 DR. MEISEL: But it is manufactured sterile?

15 MR. KRAMER: It is, yes.

16 DR. MEISEL: Okay. Thank you.

17 DR. BROWN: Dr. Dasgupta?

18 DR. DASGUPTA: Dr. Katzman, can I trouble
19 you to look at slide 16 from your deck one more
20 time? Thank you for showing us these data. Of
21 course, data catches our attention.

22 There are two things here that I think I

1 understand, but I would love for you to be able to
2 put into context. In the right-hand side where it
3 says, "study participants," there was only two with
4 reported overdoses, and then all the other
5 reversals were in the community, and those were not
6 to the person who was in the clinic who it was
7 prescribed to.

8 Do you think that's consistent with other
9 programs? If you could help us put that into
10 context. And similarly, on the left-hand side
11 where 85 were lost, is that similar to what you see
12 in other programs as well?

13 DR. KATZMAN: Thank you for the question.
14 This is really the first prospective study like
15 this of its kind, so I really can't answer that
16 question, if it's similar to other studies. This
17 is novel in that sense of being prospective. What
18 I can tell you is that's a typo, and like you said,
19 it's 85 that are lost or stolen.

20 So what we're hypothesizing is that we think
21 perhaps it's the study participants that may have
22 been coming in and requesting -- we took it as face

1 value. And, obviously, we gave them additional
2 kits, and we think the majority probably really did
3 lose it, but we're wondering if some perhaps were
4 reversed themselves by family members or a friend.
5 And we're wondering if some did reverse others in
6 the community and just for whatever reason did not
7 want to report it. But nonetheless, we think that
8 the 115 was probably an underreport of how many
9 people were reversed. Thank you.

10 DR. BROWN: Dr. Ciccarone?

11 DR. OLIVA: Sorry. This is Elizabeth Oliva.
12 I wanted to add to that. We did have tracking of
13 pilot reversals. We had 172. About two-thirds of
14 that was actually used on somebody else. I think
15 it's consistent with the UK data where they stopped
16 that study, of giving it to people after
17 incarceration, because essentially people were
18 using it on the people on the control arm.

19 So I think in general, because it's kind of
20 more a public health approach, the idea is that the
21 person you're going to give it to is likely going
22 to be using it on somebody else and just flooding

1 the system so that people have it available.

2 DR. DASGUPTA: So maybe all our focus on the
3 patient characteristics up front is -- how would
4 you feel about that?

5 DR. OLIVA: I think we're going to have to
6 throw a multi-pronged approach at this, so I think
7 some of the data is going to suggest there are
8 definitely patients at risk, that it would be good
9 to educate for a variety of reasons, not just
10 because it might reduce.

11 There's a lot of opportunity from that
12 patient care perspective, but in terms of probably
13 a population-based perspective, I'd probably ask
14 somebody like you what your thoughts are on that
15 and how we might best be able to address that from
16 an epi perspective.

17 DR. BROWN: Dr. Ciccarone?

18 DR. CICCARONE: Dr. Oliva, thank you so much
19 for your leadership in this area. We've been
20 talking a lot about pricing and volume. I'm hoping
21 you could shed some light about what's going on in
22 the VA. Obviously, you have a huge amount of

1 doses. Can you say something about pricing?

2 DR. OLIVA: Well, actually, probably I'm not
3 the right person to talk to about pricing because
4 that goes through Pharmacy Benefits Management's
5 services. So they actually have all those numbers.
6 I'm just in charge of implementing. I think you can
7 get those numbers from the federal supply schedule.
8 I think we have pretty much the best pricing that's
9 offered to anybody.

10 In terms of pricing -- I'm not sure if I
11 mentioned it -- we do recommend nasal spray if it's
12 clinically appropriate. We have both formulations
13 available, but just for a cost consideration, we
14 are recommending the nasal spray unless there's
15 some issues where there might be some
16 contraindications, and then people do have the
17 autoinjector that they can prescribe.

18 DR. CICCARONE: Thank you. If I can squeeze
19 in one more question.

20 Dr. Wermeling, regarding those
21 blow-filled-seal packs, what dose concentration
22 were you suggesting for those?

1 DR. WERMELING: A high one; 40-milligram
2 per mL and put a half a mL in it. So you're going
3 to get huge exposure. I don't know what it would
4 be. You'd have to do the study. It'd probably be
5 a dose ranging -- just like any other typical
6 study, you would have to do a dose and volume
7 ranging study, and then decide which one you want.

8 DR. CICCARONE: Thank you.

9 DR. BROWN: Dr. Macher?

10 DR. MACHER: This is also for Dr. Wermeling.
11 I was wondering if you could dimensionalize. If we
12 got rid of the sterility requirement, how much cost
13 would decrease?

14 DR. WERMELING: So for production of the
15 vial, 2 to 3 X.

16 DR. MACHER: Okay. And then if we went from
17 a 2 dose to 1 dose but with a higher dosage, any
18 idea there?

19 DR. WERMELING: Well, you saw the price for
20 a kit. That was an estimate. But yes, it gets
21 less expensive, of course, if you don't have to put
22 as many kits --

1 DR. MACHER: Together, yes.

2 DR. WERMELING: -- together. You can try to
3 stitch together a story. If you had to make
4 something that needed to be less expensive, and
5 without being disparaging, and if you wanted to
6 send it to a third-world country who didn't have a
7 budget like the United States, then you'd say,
8 okay, if I had to do that, what would I do?
9 Another theoretical question.

10 DR. MACHER: Yes. Thank you.

11 DR. BROWN: Dr. Faul?

12 DR. FAUL: My question is for Dr. Katzman.
13 With the number of reversals, what percentage of
14 successful reversals of this program did exist that
15 you think EMS can do? Do you see any differences
16 between maybe EMS and take-home naloxone?

17 DR. KATZMAN: Thank you for your question.
18 I'm not exactly sure what you're asking. But in
19 this high-risk population, patients with opioid
20 substance use disorder who might be also using
21 other illicit substances with alcohol, perhaps
22 benzodiazepines, this is a population that really

1 less than half the time is actually calling 911.
2 This is such an important conference, but we're
3 actually talking about such two different
4 populations, and we want to capture it all.

5 The other thing is New Mexico is such an
6 underserved state too, that part of the
7 conversation not only is about take-home naloxone
8 for high-risk populations like patients in opioid
9 treatment programs; we want to cover it with all
10 the policing agencies including Bureau of Indian
11 Affairs because we've got 30 tribes in New Mexico
12 and patients leaving all correctional facilities.
13 But we also want to make sure that EMS is
14 well equipped and know how to take care of patients
15 who are overdosing and are trained, and first
16 responders are trained, too.

17 So that's the important thing, especially in
18 rural communities like New Mexico, like Appalachia
19 and other rural and underserved communities. It's
20 just as important for EMS.

21 Am I helping you with that question?

22 DR. FAUL: Yes. Thank you.

1 DR. BROWN: Are there any further clarifying
2 questions for any of the presenters from the panel?

3 (No response.)

4 DR. BROWN: If not, we're going to take a
5 15-minute break. Panel members, please remember
6 that there should be no discussion of the meeting
7 topic during the break. We'll resume at about
8 3:05. Thank you.

9 (Whereupon, at 2:48, a recess was taken.)

10 DR. BROWN: We'll now continue with another
11 invited speaker presentation from Dr. Joy Gamber.

12 **Speaker Presentation - Joy Gamber**

13 DR. GAMBER: Good afternoon. Thank you for
14 inviting me to speak today. I'm Joy Gamber. I'm a
15 mental health clinical pharmacist with the Dallas
16 VA Medical Center. Today, I'm going to be
17 discussing naloxone access laws, so legal regimes
18 in place to promote access to the antidote.

19 As a note, this presentation is of my own
20 research and opinion and does not reflect my
21 employer. As an introduction, first, I'm going to
22 review background on potential legal concerns

1 relating to naloxone and then discuss the purpose
2 of legislation. Next, I'm going to compare
3 statewide provisions and maybe highlight some
4 differences and unique laws, and finally discuss
5 clinical outcomes associated with legislation.

6 There can be mostly theoretical risks to
7 prescribers and layperson administrators of
8 naloxone, both criminal and civil. Criminal risk
9 to prescribers could include aiding and abetting
10 the unauthorized practice of medicine.

11 This is to suggest that by prescribing
12 naloxone to a layperson for ultimate administration
13 to an overdose victim, a prescriber could
14 theoretically be considered as enabling the
15 rendering of medical treatment by someone who is
16 not a licensed healthcare provider, and this in
17 violation of certain state criminal laws.

18 Also, prescribing naloxone to a patient with
19 the understanding that its used would be on someone
20 who doesn't have an established patient-provider
21 relationship with the prescriber could violate
22 certain state prescription drug laws.

1 Civil concerns are going to relate to
2 incorrect naloxone use, or incorrect use of
3 naloxone, or failure to use naloxone, which could
4 cause physical injury to another, which could leave
5 the prescriber vulnerable to medical malpractice.
6 Professional sanctions might also be issued for
7 nontherapeutic prescribing and, again, aiding and
8 abetting the unauthorized practice of medicine.

9 Patients or layperson users of naloxone
10 might fear criminal prosecution for possessing the
11 antidote without a prescription being found at an
12 overdose scene, in possession of controlled
13 substances or a paraphernalia, or being found in
14 violation of their probation or parole terms. And
15 laypersons could be civilly prosecuted similarly
16 for harms related to incorrect use or failure to
17 use naloxone.

18 The main purpose of naloxone access laws is
19 kind of inherent to their title. It's to improve
20 access to the antidote. This is primarily done
21 through a few provisions.

22 First, third-party prescribing, this is to a

1 person to whom is not a direct patient of the
2 prescriber but to whom naloxone is given because
3 they're potentially in a position to assist an
4 overdose victim.

5 Distribution makes naloxone more widely
6 available to persons without a patient-specific
7 order or an established patient-provider
8 relationship. This allows dispensing via the
9 community programs or by pharmacies and go so far
10 as establishing naloxone as kind of a pseudo
11 over-the-counter product dispensed by way of
12 protocol or a collaborative practice agreement.

13 Also, pharmacist prescriptive authority
14 expands access by allowing pharmacists to prescribe
15 the antidote to patients at risk for overdose who
16 are encountered in community practice. Other aims
17 of legislation are to encourage education and
18 training of and by prescribers and distributors and
19 also to establish legal immunity for prescribers,
20 dispensers, and laypersons involved.

21 Good Samaritan laws are kind of beyond the
22 scope of this talk, but they're another type of

1 protection that's afforded exclusively to
2 laypersons. Their purpose is to encourage the
3 activation of emergency response by providing legal
4 immunity to persons who might otherwise incur
5 charges at the scene of an overdose.

6 This is a bar graph that was created by the
7 Network for Public Health Law, and it shows just
8 the proliferation of the naloxone access and Good
9 Samaritan laws over the states in the past several
10 years.

11 The next several slides are going to give
12 you a detailed look at the status and
13 characteristics of naloxone access laws across the
14 states. An X is going to delineate presence of a
15 certain provision, and headings across the top
16 starting from the left are in reference to, first
17 of all, existence of a naloxone access law,
18 criminal protections for the prescriber, civil
19 protections for the prescriber, third-party
20 prescribing, distribution, and finally, criminal
21 and/or civil protections for the layperson
22 administrator.

1 In the second column, you'll see
2 superscripts on some of the X's, and this is going
3 to indicate that there are additional provisions in
4 place. An A is going to say that the law also
5 contains protections for pharmacists or
6 distributors; a B means the law also provides
7 immunity from disciplinary or professional
8 sanctions; and C indicates authorization of
9 pharmacist prescriptive authority.

10 On this slide, you can see that, for
11 example, Idaho lacks any provision for naloxone
12 distribution and that most states provide
13 pharmacist or dispenser protections, but only a
14 couple authorized prescriptive authority beyond
15 that of physicians. Kentucky provides no criminal
16 or civil protections for prescribers, only
17 professional immunity

18 Here, Minnesota lacks legislation explicitly
19 permitting third-party prescribing. Maine provides
20 an example, however, of very highly comprehensive
21 naloxone access legislation. So they offer
22 protections across the board, as well as pharmacist

1 prescriptive authority.

2 Distribution is not found in Nebraska's
3 legislation as being explicitly permitted, while
4 New Mexico and New York fail to protect prescribers
5 from criminal or civil liability.

6 You're going to see asterisks under a couple
7 of the columns for Oklahoma, and this is because
8 legal protections here are somewhat vague. In
9 general, immunity is provided kind of under an
10 umbrella act that's actually titled the Good
11 Samaritan Act. And likewise, with Utah, they do
12 not include explicit protections for prescribers;
13 instead only pharmacy laws and nursing laws will
14 provide for exclusion from unlawful conduct.

15 Rhode Island provides no criminal or civil
16 protection for prescribers, and South Dakota
17 provides no legal protection for laypersons.

18 Finally, Virginia offers on civil
19 protections for prescribers and lay administrators,
20 while Wyoming's law is maximally comprehensive.

21 Even among states who contain the same
22 provisions in their laws, there's a lot of

1 variability in the details. For example, civil and
2 criminal protections may be provided outright or
3 they could be contingent on mandatory education and
4 training requirements. Another difference is in
5 the definition of third party. Most states define
6 this as a family, a caregiver, or other person in a
7 position to assist an overdose victim. But here
8 are some states that go so far as to say that any
9 person may be provided with naloxone.

10 Finally, the method of distribution
11 authorized varies widely across the states. It
12 could be established by a standing order, a
13 protocol, a collaborative practice agreement, or
14 direct legislative authorization, and agreements
15 can be developed by a physician, a public health
16 department, a board of pharmacy, a board of
17 medicine. And also, to whom and by whom
18 distribution is permitted also varies widely, so
19 from pharmacies, to community programs, to schools,
20 to prisons.

21 There also might be training mandates, in
22 the case of distribution, for the distributor

1 and/or for the recipient of naloxone. Actually, in
2 recent years, a few states have gotten rid of these
3 provisions probably to further improve access.

4 In review of each state's laws, I did a lot
5 of reading through LexisNexis, and I found that
6 some states have actually implemented a few unique
7 provisions to further improve naloxone access, so I
8 wanted to highlight some of those.

9 Several states do establish grant programs
10 to fund overdose education and to purchase stocks
11 of naloxone. States have also started to mandate
12 that at least one form of naloxone be covered by
13 prescription drug programs and/or Medicaid, or at a
14 minimum, not require prior authorization for the
15 prescriptions.

16 Other states are requiring syringe exchange
17 programs and opioid treatment programs to educate
18 patients on overdose response and naloxone use. A
19 couple of states have come to establish
20 co-prescribing guidelines. In Massachusetts,
21 pharmacies located in areas that are considered
22 high-risk for overdose are actually required to

1 maintain adequate supplies of naloxone on their
2 shelves.

3 Nevada requires opioid informed consent
4 documents to include information on naloxone, and
5 New York requires pharmacies with 20 or more
6 locations to offer naloxone distribution from that
7 pharmacy. New York also provides detailed
8 framework of operational requirements for opioid
9 overdose prevention programs.

10 In Oklahoma, legislation permits naloxone to
11 be dispensed by a pharmacist without any
12 prescription or any protocol in place. This is
13 kind of the closest thing that I have seen to
14 making it a pseudo over-the-counter product.
15 Oregon and Rhode Island have created legislation
16 for electronic tracking of naloxone dispensing,
17 likely for later analysis of outcome measures.

18 Finally, Utah, Vermont, and West Virginia
19 have made provisions for overdose outreach and
20 response pilot programs.

21 In summary, as of November of 2018, all
22 51 states currently contain naloxone access

1 legislation. More states offer civil protections
2 than criminal protections for prescribers. All but
3 one state permits third-party prescribing, and all
4 but three allow for distribution.

5 Most protect a layperson from civil or
6 criminal prosecution, and a small minority of
7 states have extended prescriptive authority to
8 pharmacists or go so far as to say that any person
9 can possess the antidote.

10 As of July 2017, the majority of states have
11 also passed Good Samaritan laws to protect
12 laypersons from prosecution of certain crimes
13 discovered upon emergency response at an overdose
14 scene.

15 Now is just a brief look of recent
16 literature that's evaluated the clinical impact of
17 these legislative changes. From 2007 to 2016, this
18 study found that access legislation, particularly
19 that contained provisions for third-party
20 prescribing and standing orders, increased naloxone
21 dispensing by 78 prescriptions per state quarter.
22 This was a 79 percent increase in outpatient retail

1 dispensing when compared to states without any
2 legislation.

3 The author suggested other regulatory
4 methods to increase access to naloxone would be to
5 require that pharmacies stock naloxone, requiring
6 naloxone to be co-prescribed to patients at risk
7 for overdose, and requiring all payers to cover
8 naloxone without prior authorization or other
9 barriers.

10 During the same time period, this study also
11 found that the presence of any access legislation,
12 but especially standing order provisions, was
13 associated with increased naloxone dispensing
14 through Medicaid as well. This was by
15 33 prescriptions per state quarter.

16 Lambdin et al. evaluated the impact of
17 naloxone access laws in stimulating implementation
18 of OEND programs from year 2000 to 2014, and
19 results show that state with a naloxone access law
20 were 28 times more likely to also implement an OEND
21 program.

22 Watson et al. examined the knowledge in

1 overdose response trends among laypersons who
2 received naloxone kits in 20 Indiana counties, and
3 results show that the majority of respondents not
4 only had knowledge of Good Samaritan protections in
5 that state but also were significantly more likely
6 to have called 911 in response to an overdose
7 versus those without knowledge of protections
8 there.

9 McClellan et al. assessed opioid overdose
10 mortality trends and non-medical opioid use in
11 relation to naloxone access laws and Good Samaritan
12 laws from year 2000 to 2014. They found a 14 and
13 15 percent lower incidents of opioid mortality in
14 states with these protections and no increase in
15 non-medical opioid use. The paper suggested that
16 universal adoption of laws could have saved an
17 additional 3,000 additional lives per year.

18 They found that with the exception of
19 prescriber immunity, which was associated with the
20 23 percent reduction in death, there was no other
21 statistically significant associations between the
22 specific provisions of these laws and opioid

1 overdose deaths.

2 A working paper by Erfanian et al. also
3 examined opioid overdose mortality rates in
4 relation to the naloxone access laws from 1999 to
5 2014. However, the results here were more mixed.
6 They actually found that some provisions seemed to
7 decrease overdose death rates while others seemed
8 to increase overdose death rates. Their overall
9 conclusion was that there was no statistical
10 evidence for naloxone access laws in reducing
11 opioid death rates.

12 However, another working paper by Rees
13 et al., which looked at the same time frame, found
14 that adoption of naloxone access laws was
15 associated with a 9 to 11 percent reduction in
16 opioid-related deaths.

17 This effect seemed to be delayed by about
18 two years, and it was especially strong for
19 non-heroin-related deaths. Criminal protections
20 for layperson possession of naloxone seemed the
21 most robustly associated with reduction in deaths,
22 and they found Good Samaritan laws were not

1 associated with reduction in deaths. This paper
2 also did not find any evidence of increased
3 recreational opioid use from the laws.

4 In summary, there are various legal
5 concerns, which have been raised in regards to
6 naloxone prescribing, dispensing, possession, and
7 administration by laypersons. State-based
8 legislation is not completely comprehensive
9 nationwide, and provisions are highly nuanced.
10 More could be done in the way of unique and
11 creative provisions to help increase access.

12 Review of current literature suggests that
13 naloxone access legislation increases dispensing in
14 community pharmacies and to Medicaid-eligible
15 patients and may also help establish
16 community-based OEND programs for more widespread
17 distribution.

18 While one review was unable to find a
19 difference in mortality outcomes, two other studies
20 suggest that these laws also reduce opioid overdose
21 deaths without increasing non-medical opioid use.

22 Here are my references, and I just want to

1 thank you for your time and attention today.

2 DR. BROWN: Thank you. Our next speaker is
3 Mr. Tim Ingram.

4 **Guest Speaker Presentation - Timothy Ingram**

5 MR. INGRAM: Good afternoon. My name is Tim
6 Ingram. I'm a local public health commissioner for
7 Hamilton County, Ohio, which Cincinnati is the
8 county seat for. I would like to thank the Food
9 and Drug Administration for inviting me here to
10 present some preliminary findings of a very
11 exciting project that has been underway for about
12 9 months, 15 months exactly, called the Narcan
13 Distribution Collaborative.

14 The collaborative is actually composed of
15 many individuals and entities. However, the
16 principals are Dr. Shawn Ryan, who is the medical
17 director for BrightView Health, a behavioral
18 treatment facility; Dr. Michael Lyons, an emergency
19 department physician, emergent medicine physician,
20 who's also involved in the project; Adapt Pharma,
21 now Emergent BioSolutions; the five healthcare
22 systems of Greater Cincinnati, Bon Secours, Mercy,

1 TriHealth, University of Cincinnati Medical Center,
2 and Christ Hospital, and Cincinnati Children's
3 Hospital; Interact for Health and the Deaconess
4 Foundations; and Hamilton County Heroin Coalition;
5 and the Board of County Commissioners, the
6 locally-elected body there.

7 The Narcan Distribution Collaborative is a
8 local public health initiative developed by
9 Dr. Ryan, Dr. Lyons, and myself to address the
10 unacceptable number of overdose deaths in Hamilton
11 County, and we asked the question: What would
12 happen to the rates of overdose death if the
13 community were to completely saturate with naloxone
14 availability?

15 In reviewing some 2016 Center for Disease
16 Control data, Ohio is second in the nation with the
17 highest overdose rate of 39 individuals per 100,000
18 population. Hamilton County, the third most
19 populated county located in Southwest Ohio, is a
20 primary epicenter for opioid addiction in the state
21 and is contributing to Ohio's high ranking.

22 You can see what our vision of the project

1 is, and, again, we were looking to saturate the
2 community across all spectrums based on data that
3 we have through our robust surveillance systems for
4 drug overdoses.

5 This slide shows Hamilton County resident
6 deaths due to unintentional drug overdoses from the
7 years 2008 through 2017. The pink shaded area is
8 the number of deaths due to all opioids. The green
9 line depicts heroin deaths. The purple line is for
10 fentanyl deaths. The black line is cocaine, and
11 the blue line shows prescription opioid deaths.

12 In 2017, just like the rest of the country,
13 drug overdose deaths set a record high for Hamilton
14 County and of course the state of Ohio. There were
15 444 overdose deaths to Hamilton County residents in
16 2017, and 89 percent of those deaths involved an
17 opioid of some kind.

18 A shift towards fentanyl, replacing heroin
19 in the drug supply, is the primary driver of the
20 increase in overdose deaths. Fentanyl and its
21 analogues were more present than ever in 2017.
22 About 72 percent deaths involved fentanyl or its

1 analogues, while less than half involved heroin.
2 There were nearly twice as many overdose deaths
3 involving cocaine in 2017 compared to the time
4 period of 2015 throughout 2016.

5 Seventy-two percent of the overdose deaths
6 involving cocaine also contained fentanyl,
7 indicating that cocaine is being increasingly mixed
8 with fentanyl. 2017 also had a high proportion of
9 deaths involving pharmaceutical prescription
10 opioids, 23 percent than in recent years.

11 The original goals and outcomes for the
12 Narcan Distribution Collaborative are to rapidly
13 and substantially increase the distribution of
14 12,500 cartons or 25,000 doses of Narcan throughout
15 the community using data to drive where we should
16 distribute it. It reduced by greater than
17 50 percent both the number of fatal opioid
18 overdoses and those resulting in intensive care
19 admission.

20 The outcome measures were the number of
21 naloxone doses distributed, the number of naloxone
22 doses administered, and the number and proportion

1 of opioid overdoses that result in death or ICU
2 admission.

3 The results, again, we asked the question,
4 what would happen with the rates of overdose deaths
5 in Hamilton County if it were to be completely
6 saturated with naloxone availability? The results
7 that follow are for the time period of October 1,
8 2017 through September 30th of 2018, unless
9 otherwise noted. So let's look at some of the
10 results thus far.

11 First and foremost, the Narcan Distribution
12 Collaborative is exceeding expectations in the
13 amount of Narcan distributed. At the start of the
14 project on October 1, 2017, we expected to
15 distribute 12,500 Narcan cartons, or 25,000 doses,
16 over two years. However, we have distributed all
17 the Narcan allocated to us in less than 15 months.
18 As a result of this success, the manufacturer, now
19 Emergent BioSolutions, recently authorized an
20 additional 6,000 cartons of Narcan, which will
21 total 18,500 cartons, or 37,000 doses, for this
22 project to be used in 2019.

1 This table details all Narcan dispensed in
2 Hamilton County from October 1, 2017 through
3 September 30, 2018, and the next slide includes the
4 year prior to the beginning of the Narcan
5 Distribution Collaborative project. This shows
6 Narcan cartons and other naloxone distributed in
7 Hamilton County since October 1, 2016. In the year
8 prior to the start of the Narcan Distribution
9 Collaborative project, 1,488 doses of naloxone were
10 distributed to first responders and 2,020 doses
11 were prescribed.

12 Take-home naloxone programs were rare in
13 Hamilton County prior to the initiation of the
14 Narcan distribution project.

15 As previously mentioned, the community
16 distribution portion of the Narcan Distribution
17 Collaborative has been very successful.

18 With Hamilton County public health staff
19 moving doses more quickly than expected, we
20 reassessed the criteria for distribution, and as a
21 result, in July of 2018, as you notice on the graph
22 here, we intentionally reduced our rate of

1 distribution to assure we were targeting the
2 communities with their greatest needs and then
3 knowing at some point, in 2019, there will be no
4 more free Narcan available.

5 We wanted this pullback of free Narcan to be
6 gradual instead of abrupt. This will also allow us
7 some time to strategize and to seek a sustainable
8 funding source to continue the distribution of
9 Narcan. Nonetheless, this effort remains the
10 largest Narcan distribution effort in the country.

11 This slide displays residential zip code
12 locations for individuals distributed take-home
13 Narcan cartons. Each carton of Narcan contains
14 2 doses. Of the 8,288 individuals, almost 8300
15 individuals, distributed take-home cartons, this
16 map displays zip codes for 6,285 of them. There
17 were some data provided that was returned that was
18 incomplete, and of course there is a significant
19 amount of homeless populations that's also
20 receiving Narcan.

21 As of September 30, 2018, 11,117 take-home
22 Narcan cartons have been distributed from various

1 sites throughout Hamilton County. We expected
2 survey data to return from individuals provided
3 10,351 cartons of Narcan, but as of October 15,
4 2018, only individual level data has been received
5 from 8,288 individuals as shown in table 2.

6 Although there are still survey data outstanding,
7 the level of data completion is encouraging and
8 actually better than expected, given the very
9 practical nature of this program.

10 Table 3 shows the types of sites where
11 individuals obtained Narcan. This exchange
12 project, often called the syringe exchange program,
13 a comprehensive blood and born infection prevention
14 program in Hamilton County and also ran by the
15 public health system, is the most successful Narcan
16 distribution site implemented by the collaborative.
17 Over 1,850 cartons, or 7,000 doses, have been
18 distributed directly to this population suffering
19 from opioid use disorder.

20 A partnership with the Hamilton County
21 Sheriff's Office utilizing the justice centers also
22 has been a very successful site. Close to 3,000

1 doses, or 1500 cartons, have been distributed
2 there, and we occupy that site weekly.

3 We have very good working relationships with
4 law enforcement and the fire departments in
5 Hamilton County. They began a program called Use
6 One Leave One. When they revived somebody, they
7 would leave a dose of Narcan with a family member
8 that's on the street.

9 We also have something you have heard of
10 that's been wrapped in different paper, but
11 basically they're quick response teams, which are
12 composed of generally a fire person or an EMS
13 person along with a social worker who visits the
14 home of somebody who had overdosed that they had
15 just revived to see if they were ready to get into
16 treatment. That's also a place where we provide
17 Narcan to.

18 Table 4 shows who initiated or requested
19 Narcan by dispensing location. Again, the syringe
20 exchange program is where the most staff-initiated
21 request occurred for Narcan, as you might expect,
22 because we have a very trusting relationship, these

1 folks. Since January 1st, we have exchanged
2 300,000 syringes on this site, along with providing
3 vaccinations, HIV testing, hepatitis C testing, as
4 well as providing them Narcan, and also, if they're
5 ready for treatment, we have access to treatment.

6 Self-request occurred most frequently at the
7 justice center as inmates are being discharged from
8 incarceration and they are met by family members.
9 Hamilton County, public health staff, and others
10 staff the jail on Saturdays of each week with a
11 full display announcing Narcan, providing them
12 training as family members or the inmates walk by.

13 This next table, as we review the survey
14 data, talks about that most people requested Narcan
15 for the purpose of having it available to revive a
16 person they may be near or for themselves if they
17 overdose. One-third of the respondents selected
18 more than one reason for taking home Narcan.

19 Further analysis of the survey results
20 provides information on the client's prior history
21 of opioid usage and whether they had ever
22 administered Narcan or naloxone. It is interesting

1 to note that 28 percent of individuals who had
2 previously overdosed, 72 percent of this cohort had
3 overdosed multiple times. Another observation
4 reveals that most of Narcan distributed went to
5 people who reported they had never overdosed on
6 opioids.

7 The next three slides display outcomes from
8 a Narcan Distribution Collaborative public health
9 initiative thus far. But before I discuss these
10 results, it's important for me to point out to you
11 that there are other factors, including the Narcan
12 Distribution Collaborative project, that are
13 impacting these outcomes.

14 First, I'd like to mention treatment
15 capacity in Hamilton County has increased along
16 with evidence-based treatment protocols. We have
17 treatment on-demand access and more providers are
18 setting long-term goals for therapy and for
19 medication-assisted treatment for those individuals
20 who say I'm ready to address this illness.

21 Two, several healthcare systems -- we have
22 five great healthcare systems in the Greater

1 Cincinnati Area -- are beginning to integrate the
2 care of their patients with behavioral health
3 providers of the community by opening access to
4 patient's electronic health records in order to
5 assure continuity of care.

6 Nonetheless, the Narcan Distribution
7 Collaborative project has contributed to reducing
8 ED visits by about 42 percent and emergency medical
9 transport runs by 38 percent for all types of drug
10 overdoses, just not opioids but all types of drug
11 overdoses. And most importantly, the number of
12 deaths due to opioid overdoses in Hamilton County
13 have decreased by 31 percent when comparing the
14 8-month time period from February 2017 through
15 September 2017 to the 8 months since the launch of
16 the Narcan Distribution Collaborative, which began,
17 again, on October 1, 2017. These results are
18 through May of 2018. Good progress.

19 Looking at for a period of time in 2017,
20 from January 2017 through May 2017, compared with
21 the same time period in 2018, show similar results,
22 33 percent decrease.

1 In summary, opioid drug deaths have
2 decreased by almost 31 percent over the last eight
3 months compared with the pre-Narcan Distribution
4 Collaborative project in Hamilton County, Ohio.
5 Emergency department visits and EMS transport runs
6 are decreased overall for all drug overdoses in
7 2018. It's important to note that no adverse
8 health events have been reported to date as a
9 result of administering Narcan and that the Narcan
10 Distribution Collaborative work will continue into
11 2019.

12 The Hamilton County Board of Health, our
13 local-elected officials, and our state-elected
14 officials, and our congressional delegation, I
15 might add, and other community leaders support the
16 work of the Narcan Distribution Collaborative.

17 As health commissioner, I look forward to
18 the continued success of the Narcan Distribution
19 Collaborative in 2019 and beyond, or until such
20 time opioid poisonings are no longer the leading
21 cause of death for people under the age of 50.
22 After all, this the work we do at in public health,

1 and the Narcan Distribution initiative is helping
2 to prevent deaths. I thank you for your time. I
3 bid you a good day.

4 DR. BROWN: Thank you very much.

5 Our next speaker is Dr. Peter Davidson.

6 **Guest Speaker Presentation - Peter Davidson**

7 DR. DAVIDSON: Good afternoon. The last
8 speaker for the day. Thank you, all, for sticking
9 it out. My name is Peter Davidson. I'm an
10 associate professor in the Department of Medicine
11 at the University of California, San Diego. I have
12 been conducting research on overdose and overdose
13 prevention since 1997, originally in Australia and
14 since 2000 here in the United States.

15 As a simple disclosure, my sole economic
16 connection with naloxone is that I'm currently
17 receiving an RO1 from NIDA to study the impacts of
18 law enforcement use of naloxone on drug user
19 behavior.

20 A little bit of background for why we're all
21 here in a way, when someone has an overdose, it's
22 like any other medical emergency. The ideal

1 response we would like to see from people who are
2 present at the scene is to call 911, and then if
3 possible, do rescue breathing. That's what we'd
4 actually like to people to do. And we know among
5 illegal drug users, at least 85 percent of
6 overdoses are witnessed, so this should be
7 something that's possible.

8 However, though, we know from decades of
9 research that there are really substantial barriers
10 to calling 911 if you're present in an overdose.
11 We know when we ask people what did you do at your
12 last overdose, and if they didn't call 911, why
13 not? That they say, I was terrified at the police
14 attending.

15 Partly in response to that, we have
16 introduced Good Samaritan laws in the last few
17 years, but they are sort of a relatively limited
18 efficiency. They protect people from simple
19 possession of heroin and possession of needles and
20 things like that, but they usually don't provide
21 any protection from possessing drugs to the purpose
22 of sales, which is often in the eyes of the

1 attending police.

2 They don't protect people from violation of
3 probational parole. We know street-based drug
4 users are on probational parole at any one time.
5 So these laws don't protect quite as much as we
6 would like them to.

7 On top of that, in the last three or four
8 years, law enforcement has responded to the
9 overdose epidemic by kind of doubling down.
10 They're now frequently treating overdose deaths as
11 homicide cases, which may mean that if you're
12 present at an overdose, law enforcement could
13 charge you with homicide if you were involved in
14 the purchase of the drugs that led to that person's
15 death.

16 We know from the research that less than
17 50 percent of overdose witnesses call 911. We're
18 basically broken the 911 system as far as people
19 who use drugs are concerned.

20 One of the community responses to this
21 situation is to try and cut out the middleman, to
22 actually provide naloxone directly to people who

1 use drugs to use in the event that they're present
2 when someone overdoses.

3 Like needle exchange before it, a lot of
4 these programs were started by people who use drugs
5 and those who are very close to them back in the
6 late 1990s. People just came up with creative ways
7 of accessing naloxone, and distributing them in
8 their community, and then using it on each other
9 when people overdose.

10 Those of us in the research world, in the
11 public health world followed along behind it, sort
12 of, oh, this is happening; we really should study
13 whether there's unintended effects of this and
14 whether or not this should be made more available.

15 Across the next 10 to 15 years, a lot of
16 research has been done on this topic. The initial
17 earliest research found that naloxone distribution
18 to people who use drugs is feasible. A bigger body
19 of research found that naloxone use by people who
20 use drugs is a safe thing to do, that there aren't
21 unintended consequences, that people can use it
22 successfully in the event of a medical emergency.

1 More recently, we have started to see the
2 evidence emerging that distributing naloxone to
3 people who use drugs is effective at reducing
4 mortality and is also cost-effective.

5 My colleague, Alex Walley, published in 2013
6 one of the really big important papers showing that
7 communities in Massachusetts that had naloxone
8 distribution directly to drug users saw reductions
9 in the rate of deaths compared to communities that
10 didn't have it.

11 We also have research that says immediate
12 use of naloxone at the scene, like as soon as
13 people realize, oh, someone has overdosed, reduces
14 associated morbidity. And this is becoming
15 particularly important now that the drug supply is
16 contaminated with fentanyl, and the response time
17 available between when someone uses drugs and when
18 they overdose is becoming much shorter.

19 Partly, as a consequence of all this
20 research, community naloxone programs started to
21 expand fairly rapidly in the mid-2000s. My
22 colleague Eliza Wheeler and I, along with some

1 other colleagues, did a survey of every known
2 naloxone program back in 2010, and at that time,
3 there were about 188 sites distributing naloxone
4 around the country.

5 When we repeated that survey in 2014, that
6 had jumped to 644 sites. And by then, we were
7 already saying to each other, basically, we can't
8 replicate this research any further. We won't be
9 able to do this in the future because this is
10 expanding so rapidly that we could no longer keep
11 track of every program that was doing this out in
12 the community.

13 Just in that 2014 dataset, those programs
14 that were included in that survey had reported
15 training 152,000 people out there in the community
16 on how to use naloxone, and those people had
17 reported using naloxone to save the life of someone
18 after an overdose over 26,000 times. And we know
19 this is a really significant undercount because
20 many of these programs don't actually collect data,
21 so they weren't able to tell us how many people had
22 trained or how many people had come back to tell

1 them that they'd use naloxone.

2 Sort of jumping to the present day, at
3 least some of these programs -- there's a group
4 called the OSNN group, and basically they act as
5 kind of a shared clearing house for best practice
6 for community distribution of naloxone and also act
7 as kind of a purchasing club to purchase naloxone.

8 There's 89 programs involved in that
9 purchasing club in 34 different states. In 2017,
10 those programs bought 506,000 doses. This year,
11 these numbers are a little out of date. I think
12 they're up to 865,000 doses and may actually get to
13 a million by the end of this year.

14 I want to emphasize something that I'm going
15 to repeat a couple of times during this
16 presentation. All of this is injectable naloxone.
17 Injectable naloxone is far, far cheaper than nasal
18 naloxone or the autoinjector. So this is the only
19 thing that many small community programs can
20 actually afford to distribute.

21 I also want to emphasize that just about all
22 that research that I mentioned was done with the

1 injectable naloxone, and all that practicality and
2 safety studies were done within injectable
3 naloxone. Drug users know how to use needles.
4 This is not really a problem.

5 In the last few years, we have seen
6 community naloxone sort of expand beyond just
7 people who use drugs to other people who might be
8 present at an overdose, family and friends, the
9 staff of community agencies that serve people who
10 use drugs, and most prominently perhaps law
11 enforcement. However, the data that we have on the
12 use rates of naloxone in these different
13 populations suggest very strongly that it's the
14 people who use drugs who are the most likely to
15 actually use naloxone.

16 This data was shared with me by a colleague,
17 Caleb Banta-Green, at the University of Washington
18 from the first two years of a SAMHSA-funded
19 project. Basically, they're finding that of all
20 the kits issued to opioid users, 21 percent of
21 those kits actually are used to reverse an
22 overdose, whereas only 3 percent of law enforcement

1 programs end up using naloxone.

2 We're seeing similar things in other
3 programs around the country. I mentioned I have a
4 NIDA RO1 looking at law enforcement use of naloxone
5 in San Diego. Basically, in the first and most
6 successful year of that program, we trained
7 700 officers, and they used naloxone 60 times in
8 the next year.

9 At the same time, in the same community, a
10 community-based program started only a year or two
11 earlier by a mother who had lost her son to
12 overdose, trained 1500 people, and 619 of those
13 people used naloxone successfully in the community
14 to reverse an overdose. That's 60 versus 600. One
15 of those programs, the community program cost
16 almost nothing. It was run by a single person.
17 The police program, by comparison, cost tens of
18 thousands of dollars.

19 In summary, the person who's most likely to
20 witness an overdose is another person who uses
21 drugs. If we want to facilitate distributing
22 naloxone in the community to the place where we'll

1 all have the biggest impact, these are the programs
2 that we really need to be supporting.

3 The three things I'd like to ask the FDA to
4 consider doing, which would really facilitate
5 community distribution of naloxone, one, and
6 possibly the biggest one right at the moment, is to
7 clarify that injectable naloxone is also approved
8 for community distribution.

9 Several of the industry representatives
10 earlier today mentioned that their products were
11 approved for distribution in the community. This
12 kind of language has led to considerable confusion
13 amongst funders, in particular SAMHSA and the big
14 state health departments, which are funded by
15 SAMHSA block grants. The confusion is that, oh, if
16 only the nasal Narcan or the autoinjector are
17 approved for community distribution, that must mean
18 that injectable naloxone distribution to the
19 community is an off-label use.

20 It would be enormously helpful if you
21 clarified that injectable naloxone is also suitable
22 for use in the community in a medical emergency

1 because, again, injectable naloxone is far, far
2 cheaper than these other formulations and is pretty
3 much the only thing that little community programs
4 can afford.

5 Many of these programs have annual budgets
6 of less than \$100,000 a year. \$35 may not sound
7 like much for a drug, but for these communities,
8 it's a total showstopper.

9 Secondly, another thing the FDA may wish to
10 consider is extending the shelf life of most of
11 these products to five years or longer. Every
12 product currently available on the market has a
13 shelf life of two years, but the FDA and the
14 Department of Defense's shelf life extension
15 project set back in 2006 said the actual shelf life
16 of naloxone is at least 60 months, and more recent
17 research has suggested that it may be longer.

18 Having a product that expires two years
19 after manufacture is a considerable logistic and
20 economic burden to community naloxone programs, and
21 it would be enormously helpful if that time frame
22 could be extended to match the data.

1 Thirdly, it would be incredibly helpful if
2 at least some products were made over the counter.
3 Just about every state has naloxone access law,
4 which facilitates naloxone distribution under
5 standing orders, either individual by program ones
6 or entire statewide ones. But because naloxone is
7 not an over-the-counter medication, every program
8 needs an associate or a physician just to order the
9 medication.

10 If you're some tiny program out in rural
11 Nevada, finding a physician who's willing to
12 collaborate with you on this can be incredibly
13 difficult. So having at least some products that
14 are available over the counter would really
15 facilitate distributing naloxone in these
16 environments.

17 I want to add a final ask, and that is that
18 the FDA make use of the expertise that's available
19 in the community. These programs have 20 years'
20 experience distributing naloxone directly to people
21 who use drugs. These community experts who are the
22 people that the VA went to, to help get things

1 started, these are the experts that big programs,
2 statewide programs, like New York and Massachusetts
3 went to, to find out how do we even do this and how
4 do we scale it to a state level.

5 I really encourage the FDA in any future
6 meetings involving naloxone to explicitly invite
7 some of these people with 20 years of expertise of
8 doing this work. Thank you very much.

9 **Clarifying Questions**

10 DR. BROWN: Thank you, Dr. Davidson.

11 We're going to speak to the issue of
12 clarifying questions for all of the speakers that
13 we have heard today. We've had very many. They
14 have given a lot of information, which has been
15 just excellent, and I appreciate that the FDA
16 brought these folks in so that we could have a more
17 complete understanding of the problem.

18 However, some of them are not going to be
19 here tomorrow, and if we will want to ask questions
20 of them, please ask those questions today if you
21 possibly can. So at this point, Ms. Robotti?

22 MS. ROBOTTI: Hi. Suzanne Robotti.

1 Question for Tim Ingram. In your program, which is
2 really interesting, did you do a financial
3 evaluation on program success, meaning how much the
4 Narcan cost or would cost if the county, city, or
5 state was to pay for it, and how much there was in
6 savings in missed ED and emergency room and EMS
7 runs?

8 MR. INGRAM: We haven't done that cost
9 analysis yet. We know that the contribution from
10 Emergent BioSolutions, we know what the estimates
11 were when they had originally donated the product
12 to us.

13 We have average cost for ED admissions.
14 Although we have five systems in town, they are
15 somewhat variable. The range can be anywhere from
16 900 [dollars] to \$1700, depending on which system
17 is going in and what exactly is going on with that
18 particular person that presented, but we have not
19 done the economic analysis. We may do so, but it
20 has not been discussed.

21 DR. BROWN: Dr. Zacharoff?

22 DR. ZACHAROFF: Mr. Ingram, before you sit

1 down, thanks so much for your wonderful
2 presentation. Just a question, in case I missed
3 it. I saw that you presented data about
4 distribution of naloxone and then the results of
5 the distribution. Did you present or is there any
6 data about actual naloxone administration?

7 MR. INGRAM: For the cost of administration?

8 DR. ZACHAROFF: For administration of the
9 naloxone?

10 MR. INGRAM: No. We have difficulty in that
11 area because of the nature of the population to
12 gain that data back. We have some data. Since
13 this is really a take-home naloxone program, we do
14 get good data from other naloxone that's been
15 distributed to first responders, and we do have
16 some data on this. But this focus is really
17 basically putting Narcan and the family members or
18 others, or the folks that are suffering from opioid
19 use disorder themselves.

20 So we are really targeting the population
21 using different avenues, based on the data that we
22 collect actually 7 days a week on monitoring

1 emergent department visits and 911 dispatches. We
2 monitor it 7 days a week.

3 DR. ZACHAROFF: So your presumption is based
4 on the distribution --

5 MR. INGRAM: The reductions.

6 DR. ZACHAROFF: -- that it must be
7 administered?

8 MR. INGRAM: We believe that because we're
9 seeing reductions that I mentioned, and just not
10 overdose death rates -- and I qualify that, that
11 there are some other factors that are in play here
12 clearly because there are multiple other people
13 that are doing work in this area.

14 One of the things we know that was a
15 limitation was behavioral treatment access and
16 having access when people are ready for treatment,
17 getting them in treatment on that Saturday morning
18 and not waiting 'til Monday. These things have
19 changed.

20 The other thing that's been very difficult
21 is the cultural shift that's occurring in our
22 healthcare system. It's been a struggle given the

1 nature of the stigma that's attached with this
2 population.

3 However, we are now starting to see, at
4 least with two of the five systems in town -- as I
5 mentioned, they're opening up their patient
6 population records of people suffering opioid use
7 disorders with the behavioral treatment providers
8 and beginning to try to share lessons learned
9 across the continuum.

10 We are looking at the results as one factor
11 and knowing that we're having success. But I do
12 not have data on administration.

13 DR. BROWN: Thank you. Dr. Meisel?

14 DR. MEISEL: Steve Meisel with Fairview in
15 Minneapolis. Once again, compliments to these
16 three speakers. I think, in retrospect, I would
17 have paid to come here today as a seminar. This
18 has been fascinating.

19 I had a question for Dr. Gamber, although
20 maybe the agency can answer this as well. You
21 talked about a compilation of 51 states and state
22 laws on various aspects. Did the recently signed

1 SUPPORT Act, federal act, provide any clarity, any
2 standardization in any of the elements that you
3 described with liability, or Good Samaritan, or any
4 of those kinds of pieces? Did the SUPPORT Act
5 address any those elements, or was it silent?

6 DR. GAMBER: I'm actually not sure. I know
7 just from my review of the legislation through
8 November of this year that there is basically no
9 standardization. Pretty much every single state
10 kind of words things in their own ways. And even
11 as far as researching to try to find if there's a
12 naloxone access law in place, it could be under
13 naloxone, it could be under opioid antagonist, it
14 could be under opioid reversal antidote.

15 Like I said, the definitions of like
16 third-party prescribing differ, distribution
17 differs across the state. So to my knowledge, none
18 of it has become very standardized. There are
19 states that kind of go above and beyond, I believe,
20 such as like New York that set out more defined, I
21 guess, guidelines like for community programs or
22 training requirements that maybe could be used as

1 like a standard. But between the states, there
2 didn't seem to be much consistency in the language.

3 DR. MEISEL: Thank you.

4 Dr. Hertz, are you aware of any assessments
5 of the new federal law that addressed of these
6 pieces?

7 DR. HERTZ: My understanding of the elements
8 in the SUPPORT Act -- and I have to preface that by
9 saying my limited review of the parts that the
10 division is trying to help work on, there are some
11 aspects about naloxone, but I do not know that
12 there's anything about state laws.

13 Prescribing authority is a state medical
14 board function, so I don't know what kind of
15 federal agency -- I don't know where that would
16 come from on a federal level.

17 DR. MEISEL: That's fine. If there's
18 nothing there, there's nothing there. Thank you.

19 DR. BROWN: Dr. Ciccarone?

20 DR. CICCARONE: Daniel Ciccarone, UCSF. I
21 also want to echo kudos to all the speakers for
22 excellent science and presentations. I really

1 appreciate it.

2 Commissioner Ingram, please, the finding of
3 the 31 percent reduction in mortality is
4 outstanding. I want to applaud you and your public
5 health department for achieving that particularly
6 during the fentanyl age.

7 One of the concerns that one reads about,
8 both in the scientific literature, economic
9 literature, media, is that naloxone may not be
10 working as well as we want it to, either at a
11 clinical level or in a public health level. There
12 are even counterclaims that say that this is moral
13 hazard; that naloxone distribution is leading to
14 greater drug use and greater overdose.

15 What you're showing is that if you saturate,
16 if you take an all-in approach, can we get opioid
17 reduction? Because that would be my claim, that
18 there isn't simply enough naloxone in many of these
19 situations to face the synthetic, and the timing of
20 your data, '17 and current 2018.

21 I just have one simply question for you.

22 MR. INGRAM: Thank you.

1 DR. CICCARONE: You're welcome. One of the
2 goals was to saturate, and I see a peak. Somewhere
3 earlier this spring, maybe early summer, you
4 reached about 1800 doses per month. I don't know
5 if that's doses or cartons. And then there was
6 this tapering.

7 I'm wondering even at 1800 for your county,
8 do you feel like it could have even gone higher?

9 MR. INGRAM: We purposely began to reduce
10 the amount we were putting in the streets, if you
11 will, and in different populations starting in July
12 because we were concerned -- because we were so
13 successful in getting it out, we were really
14 concerned about what would happen if all of a
15 sudden this free Narcan disappeared from the
16 population that was used to getting it?

17 So we abruptly began to slow down the
18 supply. And we were actually using data even
19 before. This is a data-driven project. So what we
20 thought we would do is we know the treatment
21 providers in our community had the funding through
22 other grants and so forth, that they were now

1 getting Narcan and naloxone.

2 One of the first places that we began to
3 pull back on how much we were giving was actually
4 in the treatment providers themselves while we
5 tried to convince the healthcare systems that when
6 they are seeing a patient who is presented at the
7 emergency department, and most of them come through
8 the emergency department, that when they put them
9 back out on the streets, that they were also
10 prescribing or providing them with Narcan. And
11 initially, we began to see them with that, trying
12 to teach them that they could actually bill for it.

13 So we believe -- but I do want to tell you
14 that we have some news coming out of Emergent
15 BioSolutions that they may up our supply based on
16 some of the results. So we will move to more of a
17 complete saturation model than just limiting it to
18 certain areas.

19 What we're really trying to do here is
20 change the culture of how healthcare looks at this
21 issue in our community and to make sure that we
22 have better integration between the behavioral

1 health system, which in Ohio, the mental health
2 system in Ohio -- maybe unlike several other
3 states; I don't know -- is that the mental health
4 boards can't provide any direct services. They are
5 brokers of money, if you will, and they had to
6 provide it out to the many not-for-profits that
7 provide those services.

8 So they're all out there. First what we had
9 to do is convince them that they need to use
10 evidence, medication-assisted treatment, protocols,
11 and then begin to change the healthcare system's
12 culture saying, look, we need to begin to look at
13 this no different than another disease, as you've
14 heard.

15 So this has been a journey for the last
16 several years. And I can tell you, when you said
17 the words, "moral failing," believe me, there are
18 still folks in our community that don't feel that
19 we are doing the right thing.

20 I will tell you that 98 percent of the
21 monies that are being used in this project have all
22 been privately raised. There are no public

1 dollars, very little, except for me standing here
2 and some other dollars have went into this. So we
3 did that purposely and deliberately because we knew
4 that that taxpayers in the community were going to
5 be very critical because we have folks that still
6 see this as a moral failing and not as an illness,
7 which it is.

8 So we continue to work. I can tell you with
9 these types of results coming and the political
10 will, it's gaining in Hamilton County because of
11 the success we're having. So we're very optimistic
12 that when we finish this project at the end of
13 2019, or perhaps now into 2020, that we will have a
14 sustainable funding stream, given perhaps something
15 else that may occur with the state pharmacy boards
16 and the medical boards in Ohio, as well as what you
17 may do here, because this will not go away
18 overnight.

19 So thank you for your comment. I hope I
20 answered the question, but I allowed myself to give
21 another slide or two.

22 (Laughter.)

1 DR. BROWN: Dr. Dasgupta?

2 DR. DASGUPTA: Commissioner Ingram, again,
3 please.

4 (Laughter.)

5 DR. DASGUPTA: Slide 7 from your deck, if
6 you don't mind. This is what you get from giving a
7 great presentation. Slide 7, you have a line there
8 for prescriptions. Would you mind explaining? Is
9 that co-prescriptions?

10 MR. INGRAM: No. No, those would be single
11 prescriptions. Ohio, in 20- -- I don't know the
12 exact year, I might have to ask my legal counsel
13 that gave an excellent presentation here, on when
14 Ohio passed that you could get naloxone without a
15 prescription. I think it was in 2016.

16 Those are individuals who have walked into a
17 pharmacy and requested naloxone, went through the
18 training, and then got a dose, and paid for it.

19 DR. DASGUPTA: How do you get those data
20 from the pharmacies?

21 MR. INGRAM: We're getting it from -- the
22 University of Cincinnati, Dr. Lyons is our

1 principal investigator. He's pulling this data
2 from different data sources that are available to
3 us.

4 DR. DASGUPTA: Okay. And then when you say
5 treatment providers, is that drug substance abuse
6 treatment providers?

7 MR. INGRAM: Yes.

8 DR. DASGUPTA: Okay.

9 MR. INGRAM: Yes, it'd be substance use
10 disorder treatment providers or behavioral
11 treatment providers in the Greater Cincinnati area.

12 DR. DASGUPTA: Okay. Thank you.

13 Dr. Davidson, the naloxone kit that you
14 showed us, we couldn't see it from over here.
15 Would it be appropriate to pass it around for us to
16 take a look, get a real sense of what it is?

17 DR. DAVIDSON: Yes. I can pass it around.
18 It consists of 2 doses of naloxone, 2 needles, and
19 then information packet stored in a needle disposal
20 container.

21 Oh. We can't? Apparently, we can't pass it
22 around. Sorry.

1 (Laughter.)

2 DR. BROWN: Dr. McCann?

3 DR. McCANN: Mary Ellen McCann. This is for
4 Commissioner Ingram again. You probably mentioned
5 it, and I just blanked out. On slide 15 when you
6 talked about the remarkable decrease in morality
7 and emergency room visits, do you have any data
8 about how much illegal drugs were coming into that
9 county, Hamilton County, during the study period as
10 opposed to before the study period?

11 MR. INGRAM: Could you just repeat that
12 question again? How many drugs did you say?

13 DR. McCANN: Illegal drugs or basically -- I
14 don't think this is the reason for your remarkable
15 results, but one possibility would be that there
16 were no illegal drugs getting into Hamilton County.

17 MR. INGRAM: No. There are illegal drugs
18 getting into Hamilton County.

19 DR. McCANN: Right.

20 MR. INGRAM: I will tell you, this is a
21 public health initiative, and I talked about the
22 other two variables that could be contributing to

1 this reduction. Also, there's a lot of work going
2 on by law enforcement in our community and the Drug
3 Enforcement Agency.

4 I don't know why Ohio became the epicenter,
5 not just for the state but almost for the country,
6 it seemed like. You were hearing about Ohio, and I
7 can still remember when I was standing next to the
8 corner in 2016 when carfentanil hit the streets for
9 the first time, we didn't even know what it was.
10 And then in August of that year, we had 128
11 overdoses in one week and lots of deaths.

12 So we still have a problem. And if there
13 was a lady or a gentleman standing up here in law
14 enforcement, they would tell you there's still a
15 huge problem with illicit drugs hitting the streets
16 of Hamilton County and Greater Cincinnati. And
17 although they're doing a great job, they're trying
18 to reduce the supply on the streets, it's still
19 there.

20 DR. McCANN: So the question is, do they
21 feel that they've reduced it a little bit or that
22 more drug is just flooding the county?

1 MR. INGRAM: I will speak anecdotally based
2 on the work I've done with our partners in blue
3 because we work closely with them. They tell me
4 that it's become more difficult than ever because
5 of the fentanyl composition, because fentanyl, it
6 takes so little to cause so much harm and so much
7 damage. And it's easy to be shipped, hidden, and
8 so forth. They said I think it's ever harder
9 because of fentanyl.

10 Fentanyl has now become the drug of choice.
11 We don't have a heroin problem in our community
12 anymore. We have a fentanyl problem.

13 DR. McCANN: Thank you.

14 DR. BROWN: Dr. Shoben?

15 DR. SHO BEN: This is also for Commissioner
16 Ingram. On slide 13, you showed the data on the
17 people who were getting these take-home cartons.
18 And I was really struck by the fact that it's
19 40 percent across the row, and it's really almost
20 50 percent of the people you have data on had
21 administered Narcan before.

22 My question is, that was surprising, and do

1 you have more information about that? And then how
2 much do you think this was just an easy way for
3 them to get a refresher kit of Narcan versus
4 reaching new people?

5 MR. INGRAM: If I understood the question,
6 and please correct me if I didn't, in the "no"
7 column, obviously -- you're talking about the no
8 category or the yes category?

9 DR. SHO BEN: The yes category.

10 MR. INGRAM: Yes category?

11 DR. SHO BEN: Yes.

12 MR. INGRAM: Almost 40 percent had
13 administered Narcan, and then we were
14 looking -- this is survey data, obviously. We're
15 collecting. As we give out a carton of Narcan, we
16 hand them the form, and we ask them to fill out the
17 form.

18 We do training -- it's very easy. We have a
19 very small brochure, and it's basically peel,
20 place, push. It's three piece. And if they have
21 any difficulty, we'll even show them exactly how to
22 do it on one that's already been injected.

1 What was your other question, ma'am? I'm
2 sorry.

3 DR. SHO BEN: That seems really high to me,
4 that you had so many people who said they'd
5 administered Narcan before getting a package from
6 you? I guess, where are they getting it from, and
7 how much is this reaching new people versus people
8 who had previously had access to naloxone?

9 MR. INGRAM: This doesn't mean that they
10 hadn't had Narcan before.

11 DR. SHO BEN: Sure.

12 MR. INGRAM: This is just the ones that were
13 coming through the different distribution sites
14 that I showed earlier. I know I'm not answering
15 your question. Go ahead.

16 DR. SHO BEN: If you think about -- in my
17 mind, the real test of how well this is flooding
18 the market with naloxone work, ideally, obviously,
19 not real world, but ideally, you would go somewhere
20 where naloxone had never been available before and
21 get a baseline of this is what the rate of what
22 opioid-related deaths is, and then flood the market

1 with naloxone and see what it does.

2 This data suggested -- not that you haven't
3 had fantastic results, but suggests that naloxone
4 had been in the community before such that
5 40 percent of your participants had previously
6 administered Narcan.

7 How much are you reaching new people versus
8 just refreshing what was already in the community?

9 MR. INGRAM: Well, obviously, the no column
10 is people that have not -- I mean, that tells the
11 people that we're reaching for the first time. And
12 I would tell you that we stood up the -- we call it
13 the exchange project, which is the syringe exchange
14 program -- a mobile unit, like a big RV with
15 comprehensive services on it.

16 When we stood that up as a public health
17 project in Hamilton County on January of 2018, we
18 moved it specifically into those communities with
19 the highest drug overdose death -- not just death
20 but the highest overall drug overdose rates in our
21 area. We went exactly to where the worst areas
22 were.

1 I don't know how else to answer your
2 question at this point. Thank you.

3 DR. SHOBEEN: Thank you.

4 DR. BROWN: Dr. Macher?

5 DR. MACHER: I might suggest to Mr. Ingram
6 he just wait until he doesn't have a question from
7 someone, but I'm going to ask you another question.
8 And I'm imagining the next question might be for
9 you as well.

10 In looking at the data, most of the kits
11 went to Hamilton County, but some of them went to
12 your neighboring counties in Indiana and in
13 Kentucky. And I'm wondering if there is either
14 information you shared with your counterparts in
15 the counties as to whether they saw a direct
16 reduction in ED visits and in drug overdoses,
17 either directly because the kits you're supplying,
18 or indirectly because of the social networks of the
19 individuals you're providing kits to?

20 MR. INGRAM: Very good question. We have
21 regional data too, which I didn't present today.
22 And I did that deliberately because I wanted to

1 focus on just Hamilton County, Ohio, given that
2 there will be some overlap based on that zip code
3 information.

4 We have Narcan being distributed up in the
5 Butler County, which is the second largest county
6 in the Southwest Ohio area, next to Hamilton
7 County, and they're seeing some reductions, too.
8 But again, I would qualify that, that it's not just
9 the Narcan Distribution Collaborative but because
10 we also are trying to affect system change, but we
11 know Narcan is helpful.

12 Also, we're seeing similar results in
13 Clermont County too, which is the first county east
14 of Hamilton County. But I specifically tailored
15 this presentation to just give the data, the
16 results on Hamilton County, Ohio. We are doing
17 some regional work here.

18 I presume that when we finally publish this
19 work in its final format, later in 2019 or early
20 2020, we'll be talking about the entire region.

21 Thank you.

22 DR. BROWN: Dr. Pisarik?

1 DR. PISARIK: Paul Pisarik for Commissioner
2 Ingram again. The naloxone that you'd been
3 distributing is at no cost to participants; is that
4 correct?

5 MR. INGRAM: That's correct.

6 DR. PISARIK: Do you think if naloxone were
7 over the counter at a reasonable cost, that would
8 make a difference also in your program? Would it
9 help, like at the area more?

10 MR. INGRAM: If we charged, do you think it
11 would --

12 DR. PISARIK: No. If naloxone was over the
13 counter at a reasonable cost to the participants,
14 do you think that would help to blanket the area
15 even more?

16 MR. INGRAM: That's a good question. I
17 thought about that a little bit because Ohio did
18 kind of change -- well, Ohio did change the laws in
19 2016 to where you no longer had to have a
20 physician's prescription to get naloxone.

21 In a sense, it's not over the counter, but
22 in a sense, it almost is, if I can say that,

1 because you can walk in and get one. But, of
2 course, the problem we have, and we've heard from
3 various speakers, is there's that stigma that's
4 attached, and that judgment that's occurring, and
5 people somewhat are reluctant to do so, even still
6 today.

7 I don't know. I really don't know. I'm so
8 focused right now on just trying to make sure that
9 we're putting the Narcan and also preventing the
10 secondary infections that are occurring in our
11 community because we are also starting to see an
12 increase in HIV in the injectable drug use
13 population, and I think that's a trend that's
14 starting in the country. We're really focused on
15 making sure that this doesn't get out of hand.

16 I would do anything that I could come back
17 here and say, five years from now, that drug
18 overdoses are no longer the leading cause death for
19 people under the age of 50.

20 DR. PISARIK: Thank you.

21 DR. BROWN: Dr. Meisel?

22 DR. MEISEL: A question for the

1 commissioner. Again, I think you might as well
2 just stand there. I just want to clarify -- first
3 of all, again, congratulations for some outstanding
4 work. The population that you're talking about are
5 people, by and large, with opioid use disorder,
6 right? We're not talking about anybody that gets
7 prescribed OxyContin for chronic pain or those
8 kinds of folks that we may be thinking about today
9 in terms of do we have recommendations for
10 co-prescribing, that sort of thing.

11 This is a very different population that
12 you're describing; is that right?

13 MR. INGRAM: Yes, you're right.
14 Predominantly, the people we are giving that, the
15 syringe exchange program is our most successful
16 distribution site, we know those folks are
17 injecting opioids because they're coming on for
18 lots of other reasons, not just for the Narcan.

19 But I will say to you that we also know that
20 there are folks coming to some of the other
21 locations who perhaps are fighting prescription
22 drug problems, too. But if I had to say what would

1 be the majority of the population, it is probably
2 the folks that, for one reason or another, can no
3 longer get their prescription drugs that they used
4 to, and they have turned to the other opioids,
5 illicit opioids. That's probably the population
6 we're reaching the most right now.

7 DR. BROWN: We're going to proceed now with
8 our last presentation of the day from Dr. Barbara
9 Cohen from the FDA.

10 **FDA Presentation - Barbara Cohen**

11 MS. COHEN: Thank you. Good afternoon. I'm
12 Barbara Cohen, a social scientist with the Division
13 of Nonprescription Drug Products, and I'm here this
14 afternoon to talk about the Nonprescription Model
15 Drug Facts Label Project, which I have led under
16 the direction of Dr. Karen Mahoney, the deputy
17 director of our division.

18 Here's an overview of what I'm going to
19 discuss today. First, why OTC naloxone? Second,
20 to put this project in context, I'll provide a
21 general overview of the types of consumer behavior
22 studies, including label comprehension studies that

1 companies may be asked to conduct when they're
2 seeking to introduce a new therapeutic category
3 into the OTC marketplace.

4 I'll provide insights into the process and
5 challenges we at FDA faced in developing the model
6 Drug Facts Label, or DFL, for OTC naloxone. And
7 I'll talk about the rigorous label comprehension
8 testing that we conducted to evaluate this model
9 DFL. Finally, I'll conclude by discussing the
10 current status of the study, as well as next steps.

11 Why OTC naloxone? Well, the goal quite
12 simply is to make naloxone broadly available on
13 store shelves for anyone to purchase, like any
14 other nonprescription drug product.

15 Although naloxone availability has been
16 significantly expanded in recent years through
17 programs like, for example, standing prescription
18 orders and others we have been hearing about today,
19 still, these can require people to interact with a
20 healthcare professional such as a pharmacist before
21 they obtain the product. And it's believed that
22 this can serve as a significant barrier for many

1 individuals, for example, the U.S. Surgeon General
2 Advisory, and we talked about that earlier today.

3 When industry sponsors are embarking on
4 development programs for Rx to OTC switches that
5 would represent a new therapeutic OTC category,
6 often they are able to rely on the safety and
7 efficacy for the prescription product, although new
8 clinical studies may be required, if proposing a
9 new indication or a new patient population.

10 At any rate, what's always necessary is to
11 translate key elements of the prescription label
12 into consumer-friendly terms for the DFL with
13 potential consumer studies needed to evaluate the
14 OTC-ness of the product.

15 In terms of the differences, just to refresh
16 all of our memories between a prescription label
17 and an OTC Drug Facts Label, here's a prescription
18 label. Keep in mind that this is intended for a
19 healthcare provider audience and as such has many
20 pages of text. By contrast, the OTC label intended
21 for consumers with very little real estate
22 available.

1 Here are the types of consumer behavior
2 studies that we might ask the sponsor conduct, and
3 here is what they assess. Label comprehension
4 studies evaluate whether consumers can understand
5 the key label messages. Self-selection studies
6 evaluate whether consumers are able to choose the
7 appropriate product for themselves personally,
8 given their specific medical conditions and other
9 medication usage.

10 Actual use studies seek to understand
11 whether consumers can take a product home and use
12 it according to the label directions. And human
13 factor studies assess how consumers actually
14 prepare a product for use and administer the
15 product.

16 FDA had engaged with potential naloxone OTC
17 companies in a 2015 public scientific workshop,
18 exploring naloxone uptake and use, held in
19 collaboration with NIDA, CDC, SAMHSA, and HRSA. We
20 explained the typical development program that
21 might be utilized for an Rx to OTC switch of a
22 product that could lead to a new OTC therapeutic

1 category.

2 The feedback subsequently received was that
3 some sponsors perceived the need to do these
4 studies as a barrier to development. That feedback
5 led FDA to initiate this project. We proposed an
6 innovative approach. We decided on the goal of
7 developing a model DFL that could be understood by
8 all potential individuals who might use naloxone,
9 and then rigorously refining and testing that DFL
10 through qualitative and quantitative label
11 comprehension research, conducted through a
12 competitive contract by experienced consumer
13 research firms, also with expertise in conducting
14 studies with substance abuse populations. FDA
15 would then conduct an independent review of the
16 data.

17 We further decided that if successfully
18 tested, this model DFL could serve as a template by
19 which a sponsor could add information specific to
20 their specific product or device, and then assess
21 through human factors the comprehension of that
22 product-specific information.

1 After further consideration of multiple
2 factors, such as the circumstances of use and
3 practicality of study conduct, we decided that the
4 label comprehension study in this instance was the
5 key study to be conducted, and that self-selection
6 and actual use studies were likely not needed.

7 I'm just going to spend a minute further
8 discussing what's involved generally with label
9 comp studies before moving to the specifics of this
10 project.

11 Typically, the first step after development
12 of a draft label is to identify key communication
13 objectives, the most important concepts on that
14 label that need to be understood by the consumer.

15 Questionnaires should be constructed in a
16 way that targets these communication objectives in
17 an unbiased manner. And it's also important to us
18 to enroll a demographically diverse population,
19 particularly with regard to limited literacy
20 individuals since the average reading level in the
21 United States is estimated at the 8th grade.

22 We're ideally looking for Drug Facts Labels

1 to be written at a 4th to 8th grade reading level,
2 and in the testing, limited literacy subjects
3 should be incorporated as assessed by validated
4 instruments.

5 Here are the unique challenges faced in
6 developing an OTC naloxone Drug Facts Label. There
7 are always challenges that companies face when
8 reducing a full Rx-prescribing information down to
9 the key essentials of the DFL as I just presented.

10 However, OTC naloxone represented a
11 particularly unique situation. Unlike any other
12 OTC drug, it's intended to be administered by one
13 person to another in a situation where one person
14 is unresponsive and every second counts.
15 Furthermore, the person administering the product
16 also needs to call 911 and stay with the
17 unresponsive person to prevent death by relapse, as
18 well as to continue to dose at 2 to 3-minute
19 intervals if the person is not revived.

20 Obviously, this is all taking place in a
21 highly stressful emergency situation in which it
22 can't be assumed that the person administering the

1 product ever was trained or read the instructions
2 even in advance before it became necessary to
3 administer naloxone. In other words, we had to
4 assume that the person was reading the label for
5 the very the first time, to be conservative.

6 In light of these unprecedented
7 circumstances, FDA made the decision to
8 significantly simplify the label by distilling it
9 to its key elements.

10 To address these challenges, we -- and here,
11 I want to emphasize that we had a whole project
12 team comprised of medical officers, social
13 scientists, labeling experts, and the other
14 relevant disciplines -- analyzed the Rx label and
15 conducted a literature review to incorporate the
16 elements of most clinical importance.

17 We also solicited input from the addiction
18 treatment community, including naloxone
19 distribution programs, as well as both internal and
20 external substance abuse experts. The goal there
21 was to identify recurring themes and best practices
22 so as to determine the most critical elements for

1 inclusion in the DFL.

2 At the same time, we also sought input from
3 our internal communication experts about the best
4 ways to present this information. The resulting
5 DFL was accompanied by adjacent pictograms, a first
6 for nonprescription products.

7 I should also note that 2 product forms of
8 naloxone were available at the time this study was
9 initiated; that is the nasal spray and
10 autoinjector. Proposed model labels were developed
11 for each, identical except for a placeholder
12 section that described administration, and in the
13 subsequent testing, the labels were rotated.

14 Now, I'll discuss the process of testing the
15 DFL. Simultaneous to the development of the model
16 DFL, we crafted a statement of work that was based
17 on the fundamental principles outlined in our label
18 comprehension guidance, as well as additional best
19 practices.

20 To optimize results, an iterative design is
21 utilized in the formative stage. The label can
22 evolve in real time as feedback is continuously

1 gathered from participants. In this case, we
2 conducted one-on-one interviews to gain valuable
3 feedback on a label. We further built on these
4 best practices by then conducting a pilot study
5 based on the revised draft, where we assessed
6 recruitment methods, data collection tools, and
7 appropriate sample size for the pivotal based on
8 the thresholds we were aiming to achieve.

9 Finally, after findings from the pilot study
10 were assessed, we proceeded with the pivotal study.
11 Here, regarding the pivotal study, I also want to
12 acknowledge the tremendous contributions of our
13 statistical team, who was involved particularly
14 with the pivotal quantitative study all the way
15 from the development of the statement of work
16 initially, through the creation of the statistical
17 analysis plan, and culminating with the rigorous
18 independent review of the pivotal study dataset.

19 Just aligning with what I said before,
20 here's how the study was divided into the three
21 tasks.

22 Task 1 was to conduct unstructured cognitive

1 interviews so as to obtain rapid feedback about the
2 model DFL from potential end users. There were 36
3 participants interviewed in this task.

4 Task 2 was to evaluate the label
5 comprehension recruitment methods, interviewing
6 techniques, data collection tools, and appropriate
7 sample size through pilot study, again involving
8 36 participants. And finally, task 3 was to
9 evaluate the label through a pivotal quantitative
10 study with 710 participants.

11 Now, I'm going to discuss the key target
12 populations because another of our best practices
13 is that the study population include all subjects
14 who could potentially use, in this case, OTC
15 naloxone, and be large enough to provide a reliable
16 demonstration of key communication objectives.

17 We wanted to include a significant number of
18 those who used opioids, both prescription opioids
19 and heroin and/or fentanyl, as well as family
20 members and friends, who I refer to on this slides
21 as associates. These associates did not use
22 opioids themselves but who might be called upon to

1 administer the drug.

2 We also wanted to include adults and
3 adolescents who were, in a sense, all comers. In
4 other words, they were recruited for this study
5 through typical research databases, having nothing
6 to do specifically with opioid use. This is
7 because anyone needs to be able to pick up a label
8 and understand it, not just those who are
9 knowledgeable about or connected in some way with
10 the therapeutic category. An opioid-naïve person
11 today may have the need to administer the drug
12 tomorrow.

13 Here are the primary endpoints. Check for
14 suspected overdose; give the first dose; call 911
15 immediately; repeat doses every few minutes until
16 fully awake or until emergency personnel arrive;
17 stay with the person until the ambulance arrives;
18 and a composite endpoint, check for suspected
19 overdose, and give the first of the medicine, and
20 call 911.

21 Product use is for the treatment opioid
22 overdose. And the signs of the overdose are if you

1 think someone used an opioid and the person does
2 not wake up or is not breathing well, these are
3 signs of an overdose.

4 These are the secondary endpoints. It's
5 safe to keep giving doses; give another dose if the
6 person becomes very sleepy again; some people may
7 experience symptoms when they wake up, such as
8 shaking, sweating, nausea, or feeling angry.

9 As I mentioned earlier, a well-designed
10 study involves a geographically-diverse population,
11 so I just wanted to touch on the locations for the
12 pivotal study.

13 For individuals who used opioids,
14 community-based organizations and substance abuse
15 centers, treatment centers in Chicago; Charleston;
16 West Virginia; San Francisco; and Raleigh-Durham,
17 and for adults and adolescent all comers, marketing
18 research sites in Tampa; Dallas; Los Angeles;
19 Indianapolis; Raleigh; and New York City.

20 Additionally, in the iterative phase of the
21 project in tasks 1 and 2, the pilot study, research
22 was conducted in other locations with high rates of

1 opioid abuse such as Columbus, Ohio and Baltimore,
2 Maryland.

3 The current status of the study is that it's
4 been completed by the contractor, and currently,
5 the report and dataset are undergoing a thorough
6 review by an independent team of FDA reviewers. As
7 far as next steps go, once the review is finished,
8 the results will be released publicly.

9 If the Drug Facts Label has been determined
10 to achieve sufficient comprehension, industry may
11 adapt it to their products. If it is not
12 successful, the lessons learned from this process
13 will still be valuable to sponsors looking to
14 develop a DFL for naloxone OTC.

15 In any event, the study will hopefully serve
16 to significantly expedite the consumer behavior
17 testing program and allow for a faster OTC
18 transition for naloxone.

19 Thank you. And I just want to acknowledge
20 all of the many, many people at FDA, in so many
21 different divisions and areas of the agency, who
22 have worked on this project.

Clarifying Questions

1
2 DR. BROWN: Are there any clarifying
3 questions for the speaker? Dr. Besco?

4 DR. BESCO: Kelly Besco. I'm not sure the
5 correct way to frame this question. In thinking
6 about these products moving out from behind the
7 pharmacy counter, I postulate that there may be a
8 high degree of theft that would occur, and I'm just
9 wondering how prior to making such a change in
10 availability, how we might measure or better
11 predict the theft potential of these products.

12 DR. MAHONEY: This is Karen Mahoney, deputy
13 director, Division of Nonprescription Products.
14 That's not a question that we have specifically
15 considered. We do know that retail pharmacies as
16 well as other retailers have theft prevention
17 programs in place, but that's not a question that
18 we specifically considered, but it's something to
19 take back.

20 DR. BROWN: Ms. Robotti.

21 MS. ROBOTTI: You mentioned that you
22 developed this label with only two of the three

1 naloxone products available. You did not consider
2 developing a label for the injectable.

3 Is that so? Is there a reason why that was?

4 DR. MAHONEY: Karen Mahoney again. Although
5 the labels have placeholders in place for two
6 currently available community use of naloxone
7 products, we would welcome programs for any kind of
8 naloxone product.

9 The portion of the model DFL that included
10 just a pictogram basically and very basic
11 instructions for a specific type of product, that
12 actually was not part of the testing. When a
13 sponsor wants to come in for an OTC naloxone
14 product, if the rest of the label is successful,
15 what they'll do is they'll plug their
16 device-specific information into that section and
17 do limited retesting in a human factor's protocol.
18 So any kind of naloxone product would be welcomed.

19 MS. ROBOTTI: So the manufacturer, whose
20 name I do not know, of the injectable form of
21 naloxone, they were not invited today, and they
22 would have to come and apply for one of these

1 labels and to become OTC?

2 DR. MAHONEY: We have reached out to
3 multiple naloxone manufacturers and IND holders,
4 not just the current NDA holders, to welcome them
5 to come in and talk to us about a naloxone OTC
6 development program. Although you've heard today
7 that the approved NDA holders don't see OTC
8 naloxone as the way to go, that's not been the case
9 across the board, and we have had lots of interest.
10 So we see that as a positive.

11 DR. HERTZ: This is Sharon Hertz.

12 DR. MAHONEY: Did I answer your question, or
13 is there further?

14 MS. ROBOTTI: You did. I just kind of feel
15 they're underrepresented today and that they --

16 DR. HERTZ: This is Sharon Hertz.

17 MS. ROBOTTI: Hi.

18 DR. HERTZ: We invited anyone that we were
19 aware of who had any interest that we could tell in
20 developing a naloxone product. The ones who came
21 are the ones who came, but nobody was excluded.
22 Everybody was offered the opportunity.

1 DR. MAHONEY: Yes. I just want to emphasize
2 again that we have reached out broadly to anyone
3 who's interested in -- publicly, again today. We
4 welcome it. Just send a meeting request to us, and
5 we will respond. We haven't turned down any
6 meetings, and we won't.

7 DR. BROWN: Dr. Ciccarone?

8 DR. CICCARONE: I appreciate this
9 conversation and the labeling project. If someone
10 could just spell out to me, what, at this moment,
11 are the barriers to having an OTC naloxone product?
12 The labeling, I see as one. Congratulations on
13 that. What are the other things? Getting a
14 company to move forward, I think I'm hearing is
15 another?

16 DR. MAHONEY: Karen Mahoney. We have been
17 listening closely to see what people perceive as
18 the barriers. As Ms. Cohen mentioned, the need to
19 perform a consumer behavior study was one thing
20 that was mentioned as a barrier. So we decided to
21 take that barrier away, and we found some funding,
22 and we were able to do the study.

1 A potential sponsor of an OTC naloxone
2 product would need to come in and meet with us
3 about their development program. That would most
4 definitely be very beneficial for them because they
5 could get our feedback and help.

6 We've been holding those meetings with a
7 very high priority. Then they would need to put
8 together a package that would support the
9 development of their program and send it in as an
10 application. If a sponsor does that, it would have
11 a very high priority in our review process.

12 DR. HERTZ: This is Sharon Hertz. There's
13 not really a barrier. I mean we have a path to
14 getting products approved. What we need is
15 somebody who wants to go OTC, take advantage of the
16 fact that the division has done all of this work.
17 That's what we need. We need someone to come in.

18 DR. BROWN: Dr. Meisel?

19 DR. MEISEL: Steve Meisel, Fairview. This
20 is less of a question, just more of a suggestion,
21 and it's probably something that you haven't
22 thought of.

1 There is a risk, I think, if this product
2 were over the counter, that doesn't exist when it's
3 used by healthcare providers, or with the
4 assistance of healthcare providers, or dispensed by
5 healthcare providers. And that is the risk of
6 nomenclature confusion.

7 Naloxone and Naproxen, off the tongue, sound
8 alike. I could easily see somebody who doesn't
9 fully hear correctly think, I'm going to have to go
10 get some of this stuff. And they go to the shelf,
11 and they're familiar with Naproxen. They pick some
12 Naproxen solution, and when some crisis happens,
13 they try to stick it up somebody's nose.

14 That sounds absurd. For everybody in this
15 room, it is absurd. But I have seen more
16 preposterous things happen out there, and I can
17 almost guarantee you that would.

18 So as we consider whether or not to make
19 this product over the counter, I would encourage
20 the OTC division to be cognizant of this risk and
21 to think about strategies to ensure that people
22 don't make mistakes by that kind of nomenclature

1 confusion.

2 DR. MAHONEY: Thank you for that. Our
3 Division of Medication Error Prevention and
4 Analysis was involved in our development of the
5 model Drug Facts Label, and they have been very
6 helpful. We expect their continued involvement as
7 we go along. It's a very good point, and it's
8 actually something that is considered for any drug
9 that comes forward for approval.

10 DR. BROWN: Dr. Besco?

11 DR. BESCO: Yes. Kelly Besco, Ohio Health.
12 I reside in Ohio, and I'm just starting to think to
13 myself, I wonder how many people in my family know
14 that there are standing order programs available
15 for naloxone, that they could go in their pharmacy
16 to obtain naloxone.

17 I'm just wondering if there have been any
18 studies about patient and community knowledge about
19 the existence of standing-order programs. I guess
20 that might be a panelist question or even for FDA.
21 I'm just thinking, moving to OTC is a big move, so
22 I'm wondering just about general knowledge of the

1 public about these standing-order programs.

2 DR. BROWN: Are there any other clarifying
3 questions for these past presenters or for any of
4 the presenters today? Dr. Gerhard?

5 DR. GERHARD: Tobias Gerhard. Just one
6 quick question for FDA of what you see the role of
7 the over-the-counter product or the
8 over-the-counter status for this product, because
9 at least in my thinking and kind of what I heard,
10 the population that we are missing with potential
11 co-prescribing type programs, all the illicit drug
12 use, I don't think would be the people taking
13 advantage of an over-the-counter product unless it
14 is incredibly heavily subsidized, which just the
15 switch to over-the-counter wouldn't achieve.

16 Therefore, you'd probably get most interest
17 of maybe parents of teenagers that are well off,
18 that kind of -- but those people could probably
19 also be relatively easily targeted by kind of
20 standing-order programs. Then it's just kind of a
21 question, does it lower the administrative barriers
22 and maybe address some states where those programs

1 don't exist?

2 I think by looking at these things
3 separately, I think the financial barrier is
4 probably still the largest, and it doesn't go away
5 with over-the-counter status.

6 That's maybe more a comment than a question,
7 but I'm not sure whether you have given this some
8 thought of what you'd achieve or what the goal of
9 an over-the-counter status product would be.

10 DR. STAFFA: This is Judy Staffa. I think
11 what we were trying to do was to tee up -- as we
12 consider co-prescribing as a strategy, we wanted to
13 tee up all the different strategies that we knew
14 were going on out in the community and that we knew
15 were going on internally at FDA.

16 We wanted you to hear of every idea we have
17 heard of or thought of as a context in which to
18 consider co-prescribing. So to my knowledge, we're
19 interested in hearing your thoughts about exactly
20 what you just asked us.

21 DR. MAHONEY: This is Karen Mahoney. The
22 potential anonymity of OTC availability could be

1 another reason that it could increase uptake of
2 naloxone widely. Right now, there's still the
3 requirement for some kind of healthcare
4 professional, a contact, for almost every kind of
5 access to naloxone.

6 Another question that has been brought up a
7 lot has been whether or not overall cost would go
8 up if naloxone became available OTC. There are
9 obviously many, many factors that go into pricing.
10 We do have some experience with the switch of other
11 products from prescription to nonprescription. And
12 in general, with those, overall healthcare system
13 costs have gone down.

14 One specific question is what would happen
15 to the cost for individual insured persons, and we
16 don't have an answer for that. We do know that in
17 the nonprescription world, there is a price point
18 above which the consumer generally will not go and
19 that companies have generally priced the product
20 with that in mind.

21 Those are just a couple of things that are
22 potentially relevant to the cost question. We

1 don't know. I don't want to mislead anyone and
2 tell you that we know definitively what would
3 happen to cost. But we do have some experience
4 with what's happened with other products.

5 DR. BROWN: Any other questions?

6 (No response.)

7 DR. BROWN: Dr. Hertz, do you have any
8 comments before we leave today?

9 DR. HERTZ: Mostly just that I'm looking
10 forward to the discussion tomorrow.

11 **Adjournment**

12 DR. BROWN: The meeting for today is now
13 adjourned. We kindly ask that all attendees
14 dispose of any trash or recycling and to take all
15 of your personal belongings with you.

16 Panel members, please remember that there
17 should be no discussion of the meeting topic
18 amongst yourselves or with any member of the
19 audience. We'll reconvene at 8 a.m., in the
20 morning.

21 (Whereupon, at 4:46 p.m., the meeting was
22 adjourned.)