# Department of Health and Human Services Food and Drug Administration Center for Drug Evaluation and Research Office of Surveillance and Epidemiology Office of Medication Error Prevention and Risk Management

## FINAL RISK EVALUATION AND MITIGATION STRATEGY (REMS) MODIFICATION REVIEW

Date:	April 20, 2016
Reviewers:	Danny Gonzalez, Pharm.D. M.S. Risk Management Analyst DRISK
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Drug Name(s):	See table below
Therapeutic Class:	Opioid Agonist: Extended-Release and Long-Acting Opioid Analgesic Drug Products

Drug Name	Dosage and Route	Application Type/Number	Submission Date, eCTD Sequence Number
Belbuca (buprenorphine)	buccal film	NDA 207932	4/4/2016; # 0034
Butrans (buprenorphine)	transdermal system	NDA 021306	4/7/2016; # 0153
Dolophine (methadone hydrochloride)	tablets	NDA 006134	4/5/2016; # 0049
Duragesic (Fentanyl Transdermal System)	transdermal system	NDA 019813	4/7/2016; # 0147
Embeda (morphine sulfate and naltrexone hydrochloride)	extended-release capsules	NDA 022321	4/8/2016; # 0146

		1	
Exalgo (hydromorphone HCl)	extended-release capsules	NDA 021217	4/4/2016; # 0156
Hysingla (hydrocodone bitartrate)	extended release tablet	NDA 206627	4/7/2016; # 0068
Kadian (morphine sulfate)	extended-release capsules	NDA 020616	4/8/2016; 0067
MS Contin (morphine sulfate)	controlled-release tablets	NDA 019516	4/7/2016; # 0068
Methadone	oral solution	ANDA 087997	4/7/2016; # 0036
Methadone oral solution	oral solution	ANDA 087393	4/6/2016; # 0037
Methadone	oral concentrate	ANDA 089897	4/6/2016; # 0035
MorphaBond (morphine sulfate)	extended-release tablet	NDA 206544	4/11/2016; # 0021
Nucynta ER (tapentadol)	extended-release oral tablets	NDA 200533	4/4/2016; # 0151
Opana ER (oxymorphone hydrochloride)	extended-release oral tablets	NDA 201655	4/4/2016; # 0142
Opana ER (oxymorphone hydrochloride)	extended-release oral tablets	NDA 021610	4/4/2016; # 0081
Oxycontin (oxycodone hydrochloride)	controlled-release tablets	NDA 022272	4/7/2016; # 0278
Targiniq (oxycodone hydrochloride and naloxone hydrochloride)	extended-release tablets	NDA 205777	4/7/2016; # 0080
Zohydro ER (hydrocodone bitartate)	extended-release oral capsules	NDA 202880	4/4/2016; # 0094
morphine sulfate ER capsule	extended-release oral capsules	ANDA 079040	4/6/2016; # 0054
fentanyl transdermal system	transdermal system	ANDA 077449	4/13/2016; # 0033
methadone HCL tablet	Tablet	ANDA 040050	4/4/2016; # 0045
methadone HCL tablet	Tablet	ANDA 040517	4/4/2016; # 0047
morphine sulfate ER tablet	extended-release oral tablets	ANDA 076412	4/4/2016; # 0048

morphine sulfate ER tablet	extended-release oral tablets	ANDA 076438	4/4/2016; # 0046
fentanyl transdermal system	transdermal system	ANDA 077154	4/4/2016; # 0071
morphine sulfate ER tablet	extended-release oral tablets	ANDA 200824	4/4/2016; # 0052
fentanyl transdermal system	transdermal system	ANDA 076258	4/4/2016; # 0056
fentanyl transdermal system	transdermal system	ANDA 077775	4/4/2016; # 0105
fentanyl transdermal system	transdermal system	ANDA 077062	4/8/2016; # 0060
morphine sulfate ER capsule	extended-release oral capsules	ANDA 200812	4/8/2016; # 0051
morphine sulfate ER tablet	extended-release oral tablets	ANDA 078761	4/4/2016; # 0036
morphine sulfate ER tablet	extended-release oral tablets	ANDA 074769	4/11/2016; # 0048 4/18/2016; # 0049
morphine sulfate ER tablet	extended-release oral tablets	ANDA 074862	4/11/2016; # 0049 4/18/2016; # 0050
methadone HCL tablet	tablet	ANDA 040241	4/7/2016; # 0001
methadone HCL tablet	tablet	ANDA 090635	4/4/2016; # 0038
morphine sulfate extended release capsules	extended-release oral capsules	ANDA 202104	4/8/2016; # 0012
morphine sulfate extended-release tablets	extended-release oral tablets	ANDA 075295	4/4/2016; # 0054
fentanyl transdermal system	transdermal system	ANDA 076709	4/12/2016; # 0151
oxymorphone HCl extended-release	extended-release oral tablets	ANDA 200822	4/7/2016; # 0045
hydromorphone HCl extended-release	extended-release oral tablets	ANDA 202144	4/7/2016; # 0061
oxymorphone HCl extended-release	extended-release oral tablets	ANDA 202946	4/4/2016; # 0034

oxymorphone HCl extended-release	extended-release oral tablets	ANDA 079046	4/6/2016; #0069
oxymorphone HCl extended-release	extended-release oral tablets	ANDA 079087	4/4/2016; # 0046
methadone HCl	oral solution	ANDA 090707	4/8/2016; # 0034
morphine sulfate	extended-release oral tablets	ANDA 203849	4/6/2016; # 0021
morphine sulfate	extended-release oral tablets	ANDA 77855	4/8/2016; # 0040
morphine sulfate	extended-release oral tablets	ANDA 76720	4/8/2016; # 0032
morphine sulfate	extended-release oral tablets	ANDA 76733	4/7/2016; # 0032
hydromorphone hydrochloride	extended-release oral tablets	ANDA 204278	4/5/2016; # 0024
oxymorphone HCl	extended-release oral tablets	ANDA 200792	4/8/2016; # 0037
oxymorphone HCl	extended-release oral tablets	ANDA 203506	4/14/2016; # 0023
morphine sulfate	extended-release oral capsules	ANDA 202718	4/7/2016; # 0038
methadone HCL tablet	tablet	ANDA 90065	4/4/2016; # 0024
methadone HCL tablet	tablet	ANDA 203502	4/6/2016; # 0011
morphine sulfate	tablet	ANDA 203602	4/5/2016; # 0012
Morphine sulfate	capsule	ANDA 200411	4/13/2016;# 0027

\*\*\* This document contains proprietary and confidential information that should not be released to the public. \*\*\*

## **1 INTRODUCTION**

The purpose of this review is to document the Division of Risk Management's (DRISK) final review of the proposed modification to the single, shared system (SSS) risk evaluation and mitigation strategy (REMS) for the extended-release and long-acting (ER/LA) opioid analgesics, <sup>1</sup> or 'ER/LA opioids', initially received between October 9 - December 11, 2015, and amended with the final documents between April 4-18, 2016.

The proposed modifications to the ER/LA Opioid Analgesics REMS (ER/LA REMS) consist of revisions to the *FDA Blueprint for Prescriber Education for ER/LA Opioid Analgesic (FDA Blueprint)*, an ER/LA REMS appended material, to include OxyContin (oxycodone hydrochloride) use in the pediatric population, the addition of titration information for OxyContin<sup>2</sup>, and product-specific information for MorphaBond<sup>3</sup> (morphine sulfate extended-release tablets) and Belbuca<sup>4</sup> (buprenorphine buccal film).

## 1.1 BACKGROUND

The ER/LA REMS includes ER/LA opioid brand name and generic products formulated with the active ingredients: buprenorphine, fentanyl, hydrocodone, hydromorphone, methadone, morphine, oxycodone, oxymorphone, and tapentadol. ER/LA opioids are approved for the management of pain severe enough to require daily, around-the-clock, long-term opioid treatment and for which alternative treatment options are inadequate. Although, all opioid formulations have the potential for misuse, abuse, overdose and death, the Agency believes that ER/LA opioids possess a significant safety concern because they contain more opioid per tablet, capsule, film, or patch, and either stay in the body longer or are released into the body over longer periods of time. Additionally, when the extended-release features of some of these formulations are manipulated, either deliberately or inadvertently, these products deliver high doses of opioid in an immediate-release manner, potentially resulting in overdose.

As described in DRISK's July 6, 2012 Final REMS review, in accordance with section 505-1 of the FDCA, the Agency determined that a REMS is necessary for ER/LA opioids to ensure that the benefits of the drug continue to outweigh the risks of adverse outcomes (addiction, unintentional overdose, and death) resulting from inappropriate prescribing, abuse, and misuse. Additionally, in the interest of public health and to minimize the burden on the healthcare delivery system of having multiple unique REMS programs, a SSS should be used to implement the REMS for all members of the class.

The ER/LA REMS is a SSS and was originally approved on July 9, 2012. The manufacturers of ER/LA opioids are collectively referred to as the REMS Program

<sup>&</sup>lt;sup>1</sup> The branded and generic drug products subject to this REMS include *all*: a) extended-release, oral-dosage forms containing: hydromorphone, morphine, oxycodone, oxymorphone, or tapentadol; b) fentanyl and buprenorphine-containing transdermal delivery systems; <u>and</u> c) methadone tablets and solutions that are indicated for use as analgesics.

<sup>&</sup>lt;sup>2</sup> Gonzalez D. DRISK REMS Modification Review for ER/LA SSS REMS, dated August 26, 2015.

<sup>&</sup>lt;sup>3</sup> Gonzalez D. DRISK REMS Modification Review for MorphaBond, dated September 17, 2015.

<sup>&</sup>lt;sup>4</sup> Gonzalez D. DRISK REMS Modification Review for Belbuca, dated October 23, 2015.

Companies (RPC). Modifications to the ER/LA Opioid Analgesic REMS were approved on August 28, 2012 and April 15, 2013.

The goal of the ER/LA REMS is to reduce serious adverse outcomes resulting from inappropriate prescribing, misuse, and abuse of ER/LA opioid analgesics while maintaining patient access to pain medications. Adverse outcomes of concern include addiction, unintentional overdose, and death. The ER/LA REMS consists of a Medication Guide (MG), elements to assure safe use (ETASU), and a timetable for submission of assessments of the REMS.

The ETASU includes a training program for prescribers that is not linked to distribution. The tools used to support the ETASU include continuing education (CE) programs by CE providers on the safe use of ER/LA opioids, letters for prescribers and professional organizations to inform them about the program, a patient counseling document, and a REMS website. The timetable for submission of assessments is at 6 months and 12 months after the initial approval date of the REMS (July 9, 2012), and annually thereafter.

# **1.2 REGULATORY HISTORY**

Following is an overview of the regulatory history for the proposed ER/LA REMS Modification:

**August 13, 2015:** The Agency approved the REMS modification proposed in PAS-0027 for OxyContin (oxycodone hydrochloride extended release tablets), which added information about the use of OxyContin in the pediatric population and titration information for OxyContin for adult patients to the ER/LA REMS Blueprint.

**August 27, 2015:** The Agency sent a REMS modification notification letter to the RPC members notifying them of the revised REMS materials reflecting: (1) incorporation of information regarding use of OxyContin in the pediatric population and (2) addition of information to the titration recommendations of OxyContin for adult patients.

**October 2, 2015:** The Agency approved MorphaBond (morphine sulfate extended release tablets), NDA 206544, with the ER/LA REMS that included the MorphaBond product specific information in the *FDA Blueprint*.

**October 9 - December 11, 2015:** All RPC sponsors submitted the revised ER/LA REMS to their respective applications in response to the August 27, 2015 REMS modification notification letter. Exceptions include NDA 22272 because this application included the current ER/LA REMS when approved by the Agency on August 13, 2015.

**October 23, 2015:** The Agency approved the REMS proposed for Belbuca (buprenorphine buccal film), NDA 207932, with the ER/LA REMS that included the Belbuca product specific information in the *FDA Blueprint*.

**December 16, 2015:** The Agency approved ANDA 203602 (morphine sulfate) with the ER/LA REMS that aligned with the currently approved REMS for the RLD (MS Contin) approved on June 26, 2015.

**February 23, 2016:** The Agency advised the RPC, via email, to incorporate changes made to the ER/LA Opioid REMS based on the recent approvals of MorphaBond (NDA 206544) and Belbuca (NDA 207932). These changes are the focus of this review.

**April 4 - April 18, 2016:** The RPC member companies submitted their final REMS document, appended materials, and supporting document.

# 2 MATERIALS REVIEWED

## 2.1 SPONSOR'S SUBMISSIONS

See the table starting on page one of this review for a complete list of submissions for this REMS modification

# 2.2 OTHER MATERIALS INFORMING OUR REVIEW

- Gonzalez D. DRISK REMS Modification Review for ER/LA SSS REMS, dated August 26, 2015.
- ER/LA REMS Modification Notification letter, dated August 27, 2015.
- Gonzalez D. DRISK REMS Modification Review for MorphaBond, dated September 17, 2015.
- Gonzalez D. DRISK REMS Modification Review for Belbuca, dated October 23, 2015.
- Lee K. Office of Prescription Drug Promotion (OPDP) Review of ER/LA REMS Materials (MorphaBond and Belbuca additions), dated December 15, 2015.

# 3 RESULTS OF REVIEW OF THE PROPOSED ER/LA REMS MODIFICATION

# 3.1 RATIONALE FOR THE PROPOSED REMS MODIFICATION

The purpose of the current REMS modification is to include OxyContin (oxycodone hydrochloride) use in the pediatric population, the addition of titration information for OxyContin<sup>5</sup> in adults, and product-specific information for MorphaBond<sup>6</sup> (morphine sulfate extended-release tablets) and Belbuca<sup>7</sup> (buprenorphine buccal film).

# 3.2 PROPOSED REMS MODIFICATIONS

# 3.2.1 Goals

There are no proposed changes to the goals of the REMS.

<sup>&</sup>lt;sup>5</sup> Gonzalez D. DRISK REMS Modification Review for ER/LA SSS REMS, dated August 26, 2015.

<sup>&</sup>lt;sup>6</sup> Gonzalez D. DRISK REMS Modification Review for MorphaBond, dated September 17, 2015.

<sup>&</sup>lt;sup>7</sup> Gonzalez D. DRISK REMS Modification Review for Belbuca, dated October 23, 2015.

# **3.2.2** Medication Guide

There are no proposed changes to the MGs for individual products.

## 3.2.3 Elements to Assure Safe Use

## 3.2.3.1 REMS Document

There are no proposed changes to the REMS document.

## 3.2.3.2 REMS Appended Material

The Sponsors included the updated information for OxyContin, MorphaBond, and Belbuca as previously discussed.<sup>8</sup>The Sponsor proposed additional changes to update the reference documents in the footnotes and minor formatting changes in the *FDA Blueprint for Prescriber Education for Extended-release and Long-acting Opioid Analgesics*. The remaining REMS appended materials included minor formatting changes.

*Reviewer comment: DRISK agrees with the changes to these documents. The minor formatting changes were not intended to substantively change the REMS.* 

## 3.2.4 Timetable for Submission of Assessments

There are no proposed changes to the Timetable for Submission of Assessments.

## 3.3 REMS Assessment Plan

There are no proposed changes to the REMS Assessment Plan.

# 3.4 REMS SUPPORTING DOCUMENT

The RPC proposed the addition of new member companies to the cover page of the supporting document as well as minor clarifying statements and formatting changes throughout the document. See additional proposed edits below.

*Reviewer comments: DRISK agrees with the changes to this document. The minor clarifying statements and formatting changes were not intended to substantively change the REMS.* 

# 4 DISCUSSION AND CONCLUSION

DRISK finds the proposed REMS modification for the ER/LA Opioid Analgesics REMS, as submitted by all the Sponsors between April 4 - 18, 2016, acceptable. The timetable for submission of assessments of the REMS and the REMS assessment plan will remain the same as that approved on July 9, 2012. Therefore, the modified ER/LA Opioid Analgesic REMS is acceptable to this reviewer.

# **5 RECOMMENDATIONS**

This reviewer recommends approval of the REMS Modification for ER/LA Opioid Analgesic REMS received April 4 - 18, 2016 and appended to this review. The Approval Letter should reference the REMS assessment plan included with the July 9, 2012 REMS approval.

# ATTACHMENTS

1. REMS Document and REMS appended materials

Initial REMS Approval: 07/2012 Most Recent Modification: 04/2016

## EXTENDED-RELEASE (ER) AND LONG-ACTING (LA) OPIOID ANALGESICS RISK EVALUATION AND MITIGATION STRATEGY (REMS)

## GOAL

The goal of this REMS is to reduce serious adverse outcomes resulting from inappropriate prescribing, misuse, and abuse of extended-release or long-acting (ER/LA) opioid analgesics while maintaining patient access to pain medications. Adverse outcomes of concern include addiction, unintentional overdose, and death.

## I. REMS ELEMENTS

## A. Medication Guide

A Medication Guide will be dispensed with each ER/LA opioid analgesic prescription in accordance with 21 CFR § 208.24.

The Medication Guides for ER/LA opioids are part of the ER/LA Opioid Analgesic REMS program and will be available through the ER/LA Opioid Analgesic REMS website (www.ER-LA-opioidREMS.com).

## B. Elements to Assure Safe Use

- Training will be made available to healthcare providers who prescribe ER/LA opioid analgesics.
  - a. Training will be considered "REMS-compliant training" under this REMS if: 1) it, for training provided by CE providers, is offered by an accredited provider to licensed prescribers, 2) it includes all elements of the <u>FDA Blueprint for Prescriber Education for Extended-Release</u> <u>and Long-Acting Opioid Analgesics ("FDA Blueprint")</u>, 3) it includes a knowledge assessment of all of the sections of the FDA Blueprint, and 4) it is subject to independent audit to confirm that conditions of the REMS training have been met.
  - b. The NDA/ANDA holders of ER/LA opioid analgesic products ("NDA/ANDA holders") will ensure that REMS-compliant training is made available to prescribers of ER/LA opioid analgesics and will achieve the following performance goals:
    - i. Not later than March 1, 2013, the first REMS-compliant training will be made available.
    - Within two years from the time the first REMS-compliant training becomes available, 80,000 prescribers (based on 25% of the 320,000 active prescribers in 2011) will have been trained;
    - iii. Within three years from the time the first REMS-compliant training becomes available, 160,000 prescribers (based on 50% of the 320,000 active prescribers in 2011) will have been trained;
    - Within four years from the time the first REMS-compliant training becomes available, 192,000 prescribers (based on 60%)

of the 320,000 active prescribers in 2011) will have been trained.

- c. The content of the REMS-compliant training will be based on the learning objectives established by the <u>FDA Blueprint</u>. The FDA Blueprint contains core messages to be conveyed to prescribers in the training about the risks and appropriate prescribing practices for the safe use of ER/LA opioid analgesics. The NDA/ANDA holders will direct providers of REMS-compliant training to the FDA Blueprint, via the REMS website (www.ER-LA-opioidREMS.com), and via its Request for Grant Applications. No less than annually, NDA/ANDA holders will direct providers of REMS-compliant training to consult the FDA Blueprint for possible revisions (e.g., changes to the drug specific information).
- NDA/ANDA holders will ensure that independent audits of the educational materials used by the providers of REMS-compliant training are conducted. The audits must:
  - Be conducted by an auditor independent of the NDA/ANDA holders. (Accreditation bodies of CE providers would be considered independent of the NDA/ANDA holders and would be eligible to conduct the audits.)
  - ii. Evaluate:
    - whether the content of the training covers all components of the <u>FDA Blueprint</u> approved as part of the REMS;
    - whether the knowledge assessment measures knowledge of all sections of the FDA Blueprint; and
    - 3. for training conducted by CE providers, whether the training was conducted in accordance with the standards for CE of the Accreditation Council for Continuing Medication Education<sup>®</sup> (ACCME<sup>®</sup>), or of another CE accrediting body appropriate to the prescribers' medical specialty or healthcare profession.
  - iii. Be conducted on a random sample of 1) at least 10% of the training funded by the NDA/ANDA holders, and 2)
     REMS-compliant training not funded by the NDA/ANDA holders but that will be counted towards meeting the performance goals in section <u>B.1.b.</u>
- e. To facilitate prescriber awareness of the availability of the REMS and REMS-compliant training, within 30 calendar days of the approval of the REMS, the NDA/ANDA holders will make available, and then

maintain a web site that will contain information about the REMS specified below (www.ER-LA-opioidREMS.com): i. A current list of the REMS-compliant training that is supported by educational grants from the NDA/ANDA holders, when this information becomes available. ii. A copy of the Patient Counseling Document (PCD) on Extended-Release/Long-Acting Opioid Analgesics. iii. A copy of the Prescriber Letters 1, 2, and 3 (when mailed and for at least one year thereafter) (see section B.1.f). f. To make prescribers aware of the existence of the REMS and the prescriber training that will be made available under the REMS, the NDA/ANDA holders will electronically deliver (email or fax), or directly mail letters to all DEA-registered prescribers who are registered to prescribe Schedule II and III drugs: i. Prescriber Letter 1 will be sent not later than 60 days after the initial approval of this REMS, notifying prescribers of the existence of the REMS and the fact that prescriber training will be offered, and providing a copy of the Patient Counseling Document (PCD). ii. Prescriber Letter 2 will be sent not later than 30 days before the first prescriber REMS-compliant training required by the REMS is offered by providers and will notify prescribers of the imminent upcoming availability of accredited REMS CE courses iii. The prescribers will be identified via the DEA Registration Database. iv. At least annually from the date of initial approval of the REMS, the DEA Registration Database will be reviewed and Prescriber Letter 3 will be sent to all newly DEA-registered prescribers who are registered to prescribe Schedule II and III drugs to inform them of the existence of the REMS, provide them the Patient Counseling Document (PCD), and notify them of the availability of the REMS-compliant training and how to find REMS-compliant courses. To further ensure that prescribers are aware of the existence of the g. ER/LA Opioid Analgesic REMS and the prescriber training that will be made available under the REMS, the NDA/ANDA holders will electronically deliver (email or fax), or directly mail the following two letters to the professional organizations and state licensing entities listed in section **B.1.g.iii** with a request that the information be disseminated to their members: 4

i.	<u>Professional Organization/Licensing Board Letter 1</u> will be sent not later than 60 days after the approval of this REMS, notifying prescribers of the existence of the REMS and the fact
	that prescriber training will be offered, and providing a copy of the Patient Counseling Document (PCD) on
	Extended-Release/Long-Acting Opioids.
ii.	<u>Professional Organization/Licensing Board Letter 2</u> will be sent not later than 30 days before the first prescriber REMS-

- not later than 30 days before the first prescriber REMScompliant training required by the REMS is offered by providers and will notify prescribers of the imminent upcoming availability of accredited REMS CE courses.
- iii. The letter and enclosures referenced above, will be sent to the following entities:
  - a) State Licensing Boards of:
    - 1) Medicine (allopathic and osteopathic)
    - 2) Nursing
    - 3) Dentistry
  - b) Associations of State Licensing Boards:
    - 1) Federation of State Medical Boards
    - 2) National Council of State Boards of Nursing
    - 3) American Association of Dental Boards
  - c) Learned Societies and Professional Associations, including, but not limited to:
    - 1) American Academy of Addiction Psychiatry
    - 2) American Academy of Family Physicians
    - 3) American Academy of Hospice and Palliative Medicine
    - 4) American Academy of Neurology
    - 5) American Academy of Nurse Practitioners
    - 6) American Academy of Nursing
    - 7) American Academy of Orofacial Pain
    - 8) American Academy of Pain Management
    - 9) American Academy of Pain Medicine
    - 10) American Academy of Physical Medicine and Rehabilitation
    - 11) American Academy of Physician Assistants

12) Ame Med	rican Association of Colleges of Osteopathic icine
13) Ame	rican Association of Colleges of Nursing
14) Ame	rican Association of Poison Control Centers
15) Ame	rican Board of Medical Specialties
16) Ame	rican Board of Orofacial Pain
17) Ame	rican College of Nurse Practitioners
18) Ame	rican College of Osteopathic Family Physicians
19) Ame	rican College of Physicians
20) Ame	rican College of Rheumatology
21) Ame	rican Dental Association
22) Ame	rican Dental Education Association
23) Ame	rican Medical Association
24) Ame	rican Medical Directors Association
25) Ame	rican Nurses Association
26) Ame	rican Nurses Credentialing Center
27) Ame	rican Osteopathic Association
28) Ame Med	rican Osteopathic Association of Addiction icine
29) Ame	rican Pain Society
30) Ame	rican Society of Addiction Medicine
31) Ame	rican Society for Pain Management Nursing
32) Ame	rican Society of Anesthesiologists
33) Ame	rican Society of Pain Educators
34) Asso	ciation of American Medical Colleges
35) Cour	cil of Medical Specialty Societies
36) Hosp	ice and Palliative Nurses Association
37) Natio	onal Association of Managed Care Physicians
	onal Association of State Controlled Substances orities
	onal Commission on Certification of Physician stants
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	onal Hospice and Palliative Care Organization

42) Society of Emergency Medicine Physician Assistants

h. NDA/ANDA holders will ensure that an interim single toll-free number call center is implemented no later than July 23, 2012, and a fully operational centralized call center is implemented no later than 90 calendar days after the approval of the REMS.

The following materials are part of the ER/LA Opioid Analgesic REMS and are appended:

- Patient Counseling Document (PCD) on Extended-Release/Long-Acting Opioid Analgesics
- FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics
- Prescriber Letter 1
- Prescriber Letter 2
- Prescriber Letter 3
- Professional Organization/Licensing Board Letter 1
- Professional Organization/Licensing Board Letter 2
- <u>ER/LA Opioid Analgesic REMS website</u> (www.ER-LA-opioidREMS.com)

## **II. Implementation System**

The ER/LA Opioid Analgesic REMS can be approved without the Elements to Assure Safe Use specifically described under FDCA 505-1(f)(3) (B), (C), and (D) of the Act; therefore an implementation system is not required.

## III. Timetable for Submission of Assessments

REMS assessments will be submitted to the FDA at 6 months and 12 months after the initial approval date of the REMS (July 9, 2012), and annually thereafter. To facilitate inclusion of as much information as possible, while allowing reasonable time to prepare the submission, the reporting interval covered by each assessment will conclude no earlier than 60 days before the submission date for that assessment. The NDA holders will submit each assessment so that it will be received by the FDA on or before the due date based on the initial approval date of the REMS.

Patient Counseling Docu Release / Long-Acting		Patient Counseling Document on Extend Release / Long-Acting Opioid Analgesia
Patient lame:		Patient Name:
The <u>DOs</u> and <u>E</u> Extended-Release/Long - Ac		Patient Specific Information
Read the Medication Gui		
<ul> <li>Take your medicine exact</li> <li>Store your medicine away place</li> </ul>	ly as prescribed from children and in a safe	
Flush unused medicine do		
<ul> <li>Call your healthcare provide about side effects. You m FDA at 1-800-FDA-1088.</li> </ul>		
<ul> <li>Call 911 or your local emerge</li> <li>You take too much medici</li> </ul>		
• You have trouble breathin	g, or shortness of breath	
<ul> <li>A child has taken this med</li> </ul>	licine by accident	
alk to your healthcare provid	ler:	
<ul> <li>If the dose you are taking</li> </ul>		
<ul> <li>About any side effects you</li> </ul>		Take this card with you every time you see y healthcare provider and tell him/her:
<ul> <li>About all the medicines yo counter medicines, vitamir</li> </ul>		Your complete medical and family history,
supplements	is, and dietary	including any history of substance abuse or mental illness
DON'T:		<ul> <li>If you are pregnant or are planning to become</li> </ul>
Do not give your medicine		pregnant
<ul> <li>Do not take medicine unle vou</li> </ul>	ess it was prescribed for	The cause, severity, and nature of your pair
<ul> <li>Do not stop taking your</li> </ul>	medicine without talking	<ul> <li>Your treatment goals</li> </ul>
<ul> <li>Do not stop taking your to your healthcare provi</li> <li>Do not cut, break, chew,</li> </ul>	der	<ul> <li>All the medicines you take, including over-the counter (non-prescription) medicines, vitam and dietary supplements</li> </ul>
injectyour medicine. If yo medicine whole, talk to yo	ou cannot swallow your	<ul> <li>Any side effects you may be having</li> </ul>
Do not drink alcohol while	taking this medicine	Take your enjoid pair medicine supetity of
For additional information of dailymed.nln	,	Take your opioid pain medicine exactly as prescribed by your healthcare provider.

FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics 04/2016

## Introduction for the FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics

In April 2011, FDA announced the elements of a Risk Evaluation and Mitigation Strategy (REMS) to ensure that the benefits of extended-release and long-acting (ER/LA) opioid analgesics outweigh the risks. The REMS supports national efforts to address the prescription drug abuse epidemic.

As part of the REMS, all ER/LA opioid analgesic companies must provide:

- Education for prescribers of these medications, which will be provided through accredited continuing education (CE) activities supported by independent educational grants from ER/LA opioid analgesic companies.
- Information that prescribers can use when counseling patients about the risks and benefits of ER/LA opioid analgesic use.

FDA developed core messages to be communicated to prescribers in the Blueprint for Prescriber Education (FDA Blueprint), published the draft FDA Blueprint for public comment, and considered the public comments when finalizing the FDA Blueprint. This final FDA Blueprint contains the core educational messages. It is approved as part of the ER/LA Opioid Analgesic REMS and will remain posted on the FDA website for use by CE providers to develop the actual CE activity. A list of all REMS-compliant CE activities that are supported by independent educational grants from the ER/LA opioid analgesic companies to accredited CE providers will be posted at <u>www.ER-LA-opioidREMS.com</u> as that information becomes available.

The CE activities provided under the FDA Blueprint will focus on the safe prescribing of ER/LA opioid analgesics and consist of a core content of about three hours. The content is directed to prescribers of ER/LA opioid analgesics, but also may be relevant for other healthcare professionals (e.g., pharmacists). The course work is not intended to be exhaustive nor a substitute for a more comprehensive pain management course.

Accrediting bodies and CE providers will ensure that the CE activities developed under this REMS will be in compliance with the standards for CE of the Accreditation Council for Continuing Medical Education (ACCME)<sup>1.2</sup> or another CE accrediting body as appropriate to the prescribers' medical specialty or healthcare profession.

For additional information from FDA, including more detailed Questions and Answers about the REMS for ER/LA Opioid Analgesics, see http://www.fda.gov/Drugs/DrugSafety/InformationbyDrugClass/ucm163647.htm.

<sup>1</sup>Accreditation Council for Continuing Medical Education. 2016. <u>Accreditation Requirements. Criteria for CME Providers-Accreditation</u> <u>Criteria</u>. Accessed on February 22, 2016. <sup>3</sup>Accreditation Council for Continuing Medical Education. 2016. <u>Accreditation Requirements</u>. <u>Criteria for CME Providers Standards</u>

<sup>3</sup>Accreditation Council for Continuing Medical Education. 2016. <u>Accreditation Requirements. Criteria for CME Providers-Standards</u> for Commercial Support. Accessed on February 22, 2016.

FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics 04/2016

### FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics

### Why Prescriber Education is Important

Health care professionals who prescribe extended-release (ER) and long-acting (LA) opioid analgesics (hereafter referred to as ER/LA opioid analgesics) are in a key position to balance the benefits of prescribing ER/LA opioid analgesics to treat pain against the risks of serious adverse outcomes including addiction, unintentional overdose, and death. Opioid misuse and abuse, resulting in injury and death, has emerged as a major public health problem.

- Based on the 2010 National Survey on Drug Use and Health, public health experts estimate more than 35 million Americans age 12 and older used an opioid analgesic for non-medical use some time in their life—an increase from about 30 million in 2002.<sup>3</sup>
- In 2009, there were nearly 343,000 emergency department visits involving nonmedical use of opioid analgesics.<sup>4</sup>
- In 2008, nearly 36,500 Americans died from drug poisonings, and of these, nearly 14,800 deaths involved opioid analgesics.<sup>5</sup>
- Improper use of any opioid can result in serious side effects including overdose and death, and this risk can be greater with ER/LA opioid analgesics.

Appropriate prescribing practices and patient education are important steps to help address this public health problem. Health care professionals who prescribe ER/LA opioid analgesics have a responsibility to help ensure the safe and effective use of these drug products. ER/LA opioid analgesics should be prescribed only by health care professionals who are knowledgeable in the use of potent opioids for the management of pain.

The expected results of the prescriber education in this REMS are that the prescribers will:

- a. Understand how to assess patients for treatment with ER/LA opioid analgesics.
- Be familiar with how to initiate therapy, modify dose, and discontinue use of ER/LA opioid analgesics.
- c. Be knowledgeable about how to manage ongoing therapy with ER/LA opioid analgesics.
- d. Know how to counsel patients and caregivers about the safe use of ER/LA opioid analgesics, including proper storage and disposal.
- Be familiar with general and product-specific drug information concerning ER/LA opioid analgesics.

## I. Assessing Patients for Treatment with ER/LA Opioid Analgesic Therapy

- Prescribers should consider risks involved with ER/LA opioid analgesics and balance these against potential benefits. Risks include:
  - Overdose with ER/LA formulations, as most dosage units contain more opioid than immediate-release formulations.

<sup>3</sup>Substance Abuse and Mental Health Services Administration. 2011. *Results from the 2010 National Survey on Drug Use and Health: Detailed Table*, Table 7.1.a. Rockville, MD.

http://www.samhsa.gov/data/NSDUH/2k10NSDUH/labs/Sect7peTabs1to45.htm#Tab7.1A. Accessed on February 22, 2016. <sup>4</sup>Substance Abuse and Mental Health Services Administration. 2011. Drug Abuse Warning Network, 2009: National Estimates of Drug-Related Emergency Department Visits, Table 19. Rockville, MD. http://www.samhsa.gov/data/2k11/DAWN/2k9DAWNED/HTML/DAWN2k9ED.htm#Tab19. Accessed on February 22, 2016.

http://www.samhsa.gov/data/2k11/DAWN/2k9DAWNED/HTML/DAWN2k9ED.htm#Tab19. Accessed on February 22, 2016. <sup>5</sup>Warner M, Chen LH, Makuc DM, Anderson RN, and Miniño AM. 2011. Drug Poisoning Deaths in the United States, 1980–2008, in U.S. Donardito and Mirania Control and Provide American Control and Provide American American Control and Provide American Control and

Walter W, Chen En, Walde DM, Anderson RN, and Winning AW. 2011. Didg Foolining Dealths in the United States, 1960–2006, in U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Health Statistics, NCHS Data Brief, No 81. December 2011. Hyattsville, MD. <u>http://www.cdc.gov/nchs/data/databriefs/db81.pdf</u>. Accessed on February 22, 2016.

	ii. Life-threatening respiratory depression
	iii. Abuse by patient or household contacts
	iv. Misuse and addiction.
	v. Physical dependence and tolerance.
	<li>vi. Interactions with other medications and substances (See <u>table in Section VI</u> for product-specific information).</li>
	vii. Risk of neonatal opioid withdrawal syndrome with prolonged use during
	pregnancy.
	viii. Inadvertent exposure/ingestion by household contacts, especially children.
b.	Prescribers should assess each patient's risk of abuse, including substance use and
	psychiatric history. Prescribers should:
	<ul> <li>Obtain a complete history and conduct a complete physical examination. The history should include assessment for a family history of substance abuse and</li> </ul>
	psychiatric disorders, as well as special considerations regarding dose and
	adverse effects in geriatric patients, pregnant women, and children.
	<ul> <li>A history of substance abuse does not prohibit treatment with ER/LA opioid</li> </ul>
	analgesics but may require additional monitoring and expert consultation.
	<ul> <li>Be knowledgeable about risk factors for opioid abuse.</li> <li>Understand and appropriately use screening tools for addiction or abuse to help</li> </ul>
	assess potential risks associated with chronic opioid therapy and to help
	manage patients using ER/LA opioid analgesics (e.g., structured interview
	tools).
	iv. Adequately document all patient interactions and treatment plans.
С.	Prescribers should understand when to appropriately refer high risk patients to pain
	management specialists.
d.	Prescribers should understand opioid tolerance criteria as defined in the product labeling.
	<ul> <li>Prescribers should know which products and which doses are indicated for use only in avoid to be a straight and the straight and</li></ul>
	in opioid-tolerant patients. (See <u>table in Section VI</u> for product-specific information).
ll. Init	iating Therapy, Modifying Dosing, and Discontinuing Use of ER/LA Opioid Analgesics
a.	Prescribers should have awareness of federal and state regulations on opioid prescribing.
b.	Prescribers should be aware that:
	i. Dose selection is critical, particularly when initiating therapy in opioid non-tolerant
	patients.
	<ul> <li>Some ER/LA opioid analgesics are only appropriate for opioid-tolerant patients. (See table in Section VI for product-specific information)</li> </ul>
	iii. Dosage should be individualized in every case.
	iv. Titration should be based on efficacy and tolerability. (See individual product labeling)
C.	Prescribers should be knowledgeable about when and how to supplement pain
	management with immediate-release analgesics, opioids and non-opioids.
d.	Prescribers should be knowledgeable about converting patients from immediate-release to
	ER/LA opioid products and from one ER/LA opioid product to another ER/LA opioid product.
e.	Prescribers should understand the concept of incomplete cross-tolerance when converting
	patients from one opioid to another.
f.	Prescribers should understand the concepts and limitations of equianalgesic dosing and
	follow patients closely during all periods of dose adjustments.
	3

is prescribed. ii. PPAs can help er treatment, the ris iii. PPAs can include	and monitor pati- ises. rstand that taperi th ER/LA opioid a /LA Opioid Anal- lish analgesic ar nctional outcome vare of the existe- ents signed by bo- usure patients an- ks, and how to u	ents closely, esp ing the opioid do analgesics when Igesics ad functional goa s, side-effect fre ence of Patient P oth prescriber an d caregivers und	ecially at the time of se is necessary to therapy is no long als for therapy and in quency and intensi rescriber Agreeme d patient at the time	of treatment safely er needed. beriodically ty, and health- nts (PPAs).
discontinue treatment wi III. Managing Therapy with ER a. Prescribers should estable evaluate pain control, fur related quality of life. b. Prescribers should be av i. PPAs are docum- is prescribed. ii. PPAs can help er treatment, the ris iii. PPAs can include appropriate mon- medication.	th ER/LA opioid a /LA Opioid Anal lish analgesic ar nctional outcome vare of the existe ents signed by bo usure patients an ks, and how to u	analgesics when Igesics ad functional goa s, side-effect fre ence of Patient P oth prescriber an d caregivers und	therapy is no long Ils for therapy and p quency and intensi rescriber Agreeme d patient at the time	er needed. beriodically ty, and health- nts (PPAs).
<ul> <li>a. Prescribers should estate evaluate pain control, fur related quality of life.</li> <li>b. Prescribers should be aviewed i. PPAs are documn is prescribed.</li> <li>ii. PPAs can help er treatment, the ris</li> <li>iii. PPAs can include appropriate mon medication.</li> </ul>	lish analgesic ar actional outcome vare of the existe ents signed by bo usure patients an ks, and how to u	nd functional goa s, side-effect fre ence of Patient P oth prescriber an d caregivers und	quency and intensi rescriber Agreeme d patient at the tim	ty, and health- nts (PPAs).
evaluate pain control, fur related quality of life. b. Prescribers should be av i. PPAs are docum is prescribed. ii. PPAs can help er treatment, the ris iii. PPAs can include appropriate mon medication.	actional outcome vare of the existe ents signed by bo usure patients an ks, and how to u	s, side-effect fre ence of Patient P oth prescriber an d caregivers und	quency and intensi rescriber Agreeme d patient at the tim	ty, and health- nts (PPAs).
<ul> <li>b. Prescribers should be average in the image in the imag</li></ul>	ents signed by bo sure patients an ks, and how to u	oth prescriber an d caregivers und	d patient at the time	
<ul> <li>ii. PPAs can help er treatment, the ris</li> <li>iii. PPAs can include appropriate mon medication.</li> </ul>	ks, and how to u	•		
appropriate mon medication.			ns safely.	
c Urescribers should moni	toring (such as r	andom drug test	ing), and to safegu	ard the
to misuse and abuse by: i. Recognizing, doo	umenting, and a	ddressing aberra	ant drug-related be	havior.
behaviors that m	ay represent abu	ise.	ms, where practica testing (e.g., scree	
confirmatory tests iv. Screening and re v. Performing media	ferring for substa	ance abuse treat	ment as indicated.	
<ul> <li>d. Prescribers should unde with ER/LA opioid analge</li> </ul>	rstand how to an esics.	ticipate and mar	nage adverse event	
<ul> <li>Prescribers should be av ER/LA opioid analgesics during pregnancy only if</li> </ul>	in pregnant won	nen. ER/LA opio	oid analgesics shou	
f. Prescribers should be av required for a prolonged	vare of the pregn	ancy status of th	neir patients. If opic	
patient of the risk of neo treatment will be availab	natal opioid witho			
<ul> <li>g. Prescribers treating patie benefits and side effects</li> <li>h. Prescribers should under</li> </ul>	of these drugs, a	and the continue	d need for opioid a	nalgesics.
<ul> <li>condition if the clinical pr</li> <li>i. Prescribers should be far</li> <li>that may arise from the u</li> </ul>	esentation chang niliar with referra	ges over time. I sources for the		-
IV. Counseling Patients and C	aregivers abou	t the Safe Use o	of ER/LA Opioid A	nalgesics
<ul> <li>Prescribers should use the prescribing opioid analges</li> </ul>		eling Document a	as part of the discu	ssion when
				4

b.	Prescribers should explain product-specific information about the prescribed ER/LA opioid analgesic.
c	Prescribers should explain how to take the ER/LA opioid analgesic as prescribed.
	Prescribers should explain the importance of adherence to dosing regimen, how to handle
<b>u</b> .	missed doses, and to contact their prescriber should pain not be controlled.
e	Prescribers should inform patients and caregivers to read the specific ER/LA opioid
•.	analgesic Medication Guide they receive from the pharmacy.
f.	Prescribers should warn patients and caregivers that under no circumstances should an oral
	ER/LA opioid analgesic be broken, chewed or crushed. In addition, patches and buccal films
	should not be cut, torn, or damaged prior to use. Manipulating the ER/LA opioid analgesic
	described above may lead to rapid release of the ER/LA opioid analgesic causing overdose
	and death. When a patient cannot swallow a capsule whole, prescribers should refer to the
	product labeling to determine if it is appropriate to sprinkle the contents of a capsule on
	applesauce or administer via a feeding tube.
g.	Prescribers should caution patients and caregivers that the use of other CNS depressants such
	as sedative-hypnotics and anxiolytics, alcohol, or illegal drugs with ER/LA opioid analgesics can cause overdose and death. Patients and caregivers should be instructed to only use other
	CNS depressants, including other opioids, under the instruction of their prescriber.
h.	Prescribers should instruct patients and caregivers to tell all of their doctors about all
	medications the patient is taking.
i.	Prescribers should warn patients and caregivers not to abruptly discontinue or reduce the
	ER/LA opioid analgesic and discuss how to safely taper the dose when discontinuing.
	Prescribers should caution patients and caregivers that ER/LA opioid analgesics can cause
	serious side effects that can lead to death, even when used as recommended. Prescribers
	should counsel patients and caregivers on the risk factors, signs, and symptoms of
	overdose and opioid-induced respiratory depression, gastrointestinal obstruction, and
	allergic reactions.
۸.	Prescribers should counsel patients and caregivers on the most common side effects of ER/LA opioid analgesics, and about the risk of falls, working with heavy machinery, and
	driving.
Ι.	Patients or caregivers should call their prescriber for information about managing side effects.
	Prescribers should explain to patients and caregivers that sharing ER/LA opioid
	analgesics with others may cause them to have serious side effects including death, and
	that selling or giving away ER/LA opioid analgesics is against the law.
n.	Prescribers should counsel patients and caregivers to store ER/LA opioid analgesics in
	a safe and secure place away from children, family members, household visitors, and
	pets.
0.	Prescribers should warn patients and caregivers that ER/LA opioid analgesics must be
	protected from theft.
p.	Prescribers should counsel patients and caregivers to dispose of any ER/LA opioid
	analgesics when no longer needed by flushing them down the toilet.
	Prescribers should counsel patients and caregivers to inform them about side effects.
r.	Adverse events should be reported to the FDA at 1-800-FDA-1088 or via
	http://www.fda.gov/downloads/AboutFDA/ReportsManualsForms/Forms/UCM163919.
	pdf.
Ge	neral Drug Information for ER/LA Opioid Analgesic Products
	rescribers should be knowledgeable about general characteristics, toxicities, and drug
int	teractions for ER/LA opioid analgesic products. For example,
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FD/	A Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics 04/2016
a.	ER/LA opioid analgesic products are scheduled under the Controlled Substances Act and can be misused and abused.
b.	Respiratory depression is the most important serious adverse effect of opioids as it can be
c	immediately life-threatening. Constipation is the most common long-term side effect and should be anticipated.
	Drug-drug interaction profiles vary among the products. Knowledge of particular opioid-drug
	interactions, and the underlying pharmacokinetic and pharmacodynamic mechanisms,
	allows for the safer administration of opioid analgesics.
	i. Central nervous system depressants (alcohol, sedatives, hypnotics, tranquilizers,
	tricyclic antidepressants) can have a potentiating effect on the sedation and respiratory depression caused by opioids.
	ii. Some ER opioid formulations may rapidly release opioid (dose dump) when exposed
	to alcohol. Some drug levels may increase without dose dumping when exposed to
	alcohol. See individual product labeling.
	iii. Using opioids with monoamine oxidase inhibitors (MAOIs) may result in possible
	increase in respiratory depression. Using certain opioids with MAOIs may cause serotonin syndrome.
	iv. Opioids can reduce the efficacy of diuretics by inducing the release of antidiuretic
	hormone (ADH).
	v. Some opioids (methadone, buprenorphine) can prolong the QTc interval.
	vi. Concomitant drugs that act as inhibitors or inducers of various cytochrome P450
	enzymes can result in higher or lower than expected blood levels of some opioids. vii. See table in Section VI for product-specific information.
e.	Tolerance to sedating and respiratory-depressant effects of opioids is critical to the safe use
	of ER/LA opioid analgesics.
	i. For ER products, patients must meet the criteria for opioid tolerance, described in the
	table in Section VI, before using:
	<ul> <li>a. certain products,</li> <li>b. certain strengths,</li> </ul>
	c. certain daily doses, and
	d. in specific indicated patient populations (e.g., pediatric patients).
	ii. See the <u>table in Section VI</u> for product-specific information.
f.	ER/LA opioid analgesic tablets must be swallowed whole. ER/LA opioid analgesic capsules should be swallowed intact or when necessary, the pellets from some capsules can be
	should be swallowed intact of when necessary, the penets norm some capsules can be sprinkled on applesauce and swallowed without chewing.
а.	For transdermal products, external heat, fever, and exertion can increase absorption of the
9.	opioid, leading to fatal overdose. Transdermal products with metal foil backings are not safe
	for use in MRIs.
h.	For buccal film products, the film should not be applied if it is cut, damaged, or changed in any way. Use the entire film.
i.	Follow the instructions for conversion in the Dosage and Administration section (2.1) in the
	Prescribing Information of each product when converting patients from one opioid to another.
l. Sp	ecific Drug Information for ER/LA Opioid Analgesic Products
Pre	escribers should be knowledgeable about specific characteristics of the ER/LA opioid
ana	algesic products they prescribe, including the drug substance, formulation, strength, dosing
	erval, key instructions, specific information about conversion between products where
	ailable, specific drug interactions, use in opioid-tolerant patients, product-specific safety ncerns, and relative potency to morphine. The attached table is a reference. For detailed
	process, and relative potency to morphine. The attached table is a reference. For detailed prmation, prescribers can refer to prescribing information available online via DailyMed at
	w.dailymed.nlm.nih.gov or Drugs@FDA at www.fda.gov/drugsatfda.
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Drug Information (	ommon to the Class of Extended-Release and Long-Acting Opioid Analgesics (ER/LA opioid analgesics)
Exalgo (hydromorphon	ER capsules)       MorphaBond (morphine sulfate ER tablets)         buccal film)       MS Contin (morphine sulfate ER tablets)         transdermal system)       Nucynta ER (tapentadol HCI ER tablets)         rCl tablets)       Opana ER (oxymorphone HCI ER tablets)         odermal system)       OxyContin (oxycodone HCI ER tablets)         HCI ER tablets)       Targiniq ER (oxycodone HCI/naloxone HCI ER tablets)         he bitartrate ER tablets)       Cohydro ER (hydrocodone bitartrate ER capsules)
Dosing Interval	Refer to individual product information.
Key Instructions	<ul> <li>Limitations of usage:         <ul> <li>Reserve for use in patients for whom alternative treatment options (e.g., non-opioid analgesics or immediate-release opioids) are ineffective, not tolerated, or would be otherwise inadequate to provide sufficient management of pain.</li> <li>Not for use as an as-needed analgesic.</li> <li>Not for mild pain or pain not expected to persist for an extended duration.</li> <li>Not for use in treating acute pain.</li> </ul> </li> <li>Individually titrate to a dose that provides adequate analgesia and minimizes adverse reactions.</li> <li>The times required to reach steady-state plasma concentrations are product specific; refer to product information for titration interval.</li> <li>Continually reevaluate to assess the maintenance of pain control and the emergence of adverse reactions.</li> </ul> <li>During chronic therapy, especially for non-cancer-related pain, periodical reassess the continued need for opioids.</li> <li>If pain increases, attempt to identify the source, while adjusting the dose.</li> <li>When an ER/LA opioid analgesic is no longer required, gradually titrate downward to prevent signs and symptoms of withdrawal in the physically-dependent patient. Do not abruptly discontinue these products.</li>
	<ul> <li>Solid oral dosage forms:         <ul> <li>Swallow tablets and capsules whole: crushing, chewing, breaking, cutting or dissolving may result in rapid release and absorption of a potentially fatal dose of opioid.</li> <li>Some capsules can be opened and pellets sprinkled on applesauce for patients who can reliably swallow without chewing and used immediately. See individual product information.</li> <li>Exposure of some products to alcoholic beverages or medications containing alcohol may result in the rapid release and absorption of a potentially fatal dose of opioid.</li> <li>Dispose of unused product by flushing down the toilet.</li> </ul> </li> <li>Transdermal dosage forms:         <ul> <li>Avoid exposure to external heat. Patients with fever must be monitore for signs or symptoms of increased opioid exposure.</li> <li>Location of application must be rotated.</li> <li>Prepare skin by clipping, not shaving hair, and washing area only with water.</li> </ul> </li> <li>Buccal film dosage form:         <ul> <li>Do not use if the package seal is broken or the film is cut, damaged, changed in any way.</li> <li>See individual product information for the following:             <ul> <li>Dosage reduction for hepatic or renal impairment.</li> </ul> </li> </ul></li></ul>

Drug information Common	Drug Information Common to the Class of Extended-Release and Long-Acting Opioid Analgesics (ER/LA opioid analgesics)	
Drug Interactions Common to the Class	<ul> <li>Concurrent use with other central nervous system depressants (sedatives hypnotics, general anesthetics, antiemetics, phenothiazines, other tranquilizers, and alcohol) can increase the risk of respiratory depression, hypotension, profound sedation, or coma. Reduce the initial dose of one of both agents.</li> <li>Avoid concurrent use of mixed opioid agonist/antagonists (i.e., pentazocin nalbuphine, and butorphanol) or partial opioid agonists (buprenorphine) in patients who have received or are receiving a course of therapy with a ful opioid agonist. In these patients, mixed opioid agonist/antagonists and partial opioid agonists may reduce the analgesic effect and/or may precipitate withdrawal symptoms.</li> <li>Opioids may enhance the neuromuscular blocking action of skeletal musc relaxants and produce an increased degree of respiratory depression.</li> <li>Concurrent use with anticholinergic medication increases the risk of urina retention and severe constipation, which may lead to paralytic ileus.</li> </ul>	
Use in Opioid-Tolerant Patients	<ul> <li>Adult patients considered opioid-tolerant are those receiving, for one weel or longer:         <ul> <li>at least 60 mg oral morphine/day</li> <li>25 mcg transdermal fentanyl/hour</li> <li>30 mg oral oxycodone/day</li> <li>8 mg oral hydromorphone/day</li> <li>25 mg oral oxymorphone/day</li> </ul> </li> </ul>	
	<ul> <li>Pediatric patients (11 years and older) considered opioid-tolerant are those who are already receiving and tolerating a minimum daily opioid dose of at least 20 mg oxycodone orally or its equivalent (applicable to OxyContin's pediatric indication only)</li> <li>See individual product information for which products:         <ul> <li>Have strengths or total daily doses only for use in opioid-tolerant patients.</li> <li>Are only for use in opioid-tolerant patients at all strengths.</li> </ul> </li> </ul>	
Contraindications	<ul> <li>Significant respiratory depression</li> <li>Acute or severe asthma in an unmonitored setting or in the absence of resuscitative equipment</li> <li>Known or suspected paralytic ileus</li> <li>Hypersensitivity (e.g., anaphylaxis)</li> <li>See individual product information for additional contraindications.</li> </ul>	
Relative Potency To Oral Morphine	<ul> <li>These are intended as general guides.</li> <li>Follow conversion instructions in individual product information.</li> <li>Incomplete cross-tolerance and inter-patient variability require the use of conservative dosing when converting from one opioid to another - halve th calculated comparable dose and titrate the new opioid as needed.</li> </ul>	

opeonie zragime	Specific Drug Information for Extended-Release and Long-Acting Opioid Analgesics (ER/LA opioid analgesics)		
Avinza	Morphine Sulfate ER Capsules, 30 mg, 45 mg, 60 mg, 75 mg, 90 mg, and 120 mg		
Dosing Interval	Once a day		
Key Instructions	<ul> <li>Initial dose in opioid non-tolerant patients is 30 mg.</li> <li>Titrate in increments of not greater than 30 mg using a minimum of 3 to day intervals.</li> <li>Swallow capsule whole (do not chew, crush, or dissolve).</li> <li>May open capsule and sprinkle pellets on applesauce for patients who can reliably swallow without chewing; use immediately.</li> <li>Maximum daily dose: 1600 mg due to risk of serious renal toxicity by excipient, fumaric acid.</li> </ul>		
Specific Drug Interactions	<ul> <li>Alcoholic beverages or medications containing alcohol may result in the rapid release and absorption of a potentially fatal dose of morphine.</li> <li>P-gp inhibitors (e.g. quinidine) may increase the absorption/exposure o morphine sulfate by about two-fold.</li> </ul>		
Use in Opioid-Tolerant Patients	90 mg and 120 mg capsules are for use in opioid-tolerant patients only.		
Product-Specific Safety Concerns	None		
Belbuca	Buprenorphine Buccal Film, 75 mcg, 150 mcg, 300 mcg, 450 mcg, 600 mcg 750 mcg, and 900 mcg		
Dosing Interval	Every 12 hours (or once every 24 hours for initiation in opioid naïve patient and patients taking less than 30 mg oral morphine sulfate equivalents)		
Key Instructions	<ul> <li>Opioid-naïve patients or patients taking less than 30 mg oral morphine sulfate equivalents: Initiate treatment with a 75 mcg buccal film, once daily, or if tolerated, every 12 hours.</li> <li>Titrate to 150 mcg every 12 hours no earlier than 4 days after initiation.</li> <li>Individual titration to a dose that provides adequate analgesia and minimizes adverse reactions should proceed in increments of 150 mcg every 12 hours, no more frequently than every 4 days.</li> <li>When converting from another opioid, first taper the current opioid to more than 30 mg oral morphine sulfate equivalents per day prior to initiating Belbuca.</li> <li>If prior daily dose before taper was 30 mg to 89 mg oral morphine sulfate equivalents, initiate with 150 mcg dose every 12 hours.</li> <li>If prior daily dose before taper was 90 mg to 160 mg oral morphine sulfate equivalents, initiate with 300 mg dose every 12 hours.</li> <li>Titration of the dose should proceed in increments of 150 mg ever 12 hours, no more frequently than every 4 days.</li> <li>Maximum dose: 900 mcg every 12 hours due to the potential for QTc prolongation</li> <li>Severe Hepatic Impairment: Reduce the starting and incremental dose by half that of patients with normal liver function.</li> <li>Oral Mucositis: Reduce the starting and incremental dose by half that of patients with normal liver function.</li> </ul>		

Specific Drug Information for Extended-Release and Long-Acting Opioid Analgesics (ER/LA opioid analgesics)	
Specific Drug Interactions	<ul> <li>CYP3A4 inhibitors may increase buprenorphine levels.</li> <li>CYP3A4 inducers may decrease buprenorphine levels.</li> <li>Benzodiazepines may increase respiratory depression.</li> <li>Class IA and III antiarrhythmics, other potentially arrhythmogenic agents, may increase risk for QTc prolongation and torsade de pointes.</li> </ul>
Use in Opioid-Tolerant Patients	Belbuca 600 mcg, 750 mcg, and 900 mcg are for use following titration from lower doses of Belbuca.
Product-Specific Safety Concerns	<ul> <li>QTc prolongation and torsade de pointes</li> <li>Hepatotoxicity</li> </ul>
Relative Potency To Oral Morphine	Equipotency to oral morphine has not been established.
Butrans	Buprenorphine Transdermal System, 5 mcg/hr, 7.5 mcg/hr, 10 mcg/hr, 15 mcg/hr, 20 mcg/hr
Dosing Interval	One transdermal system every 7 days
Key Instructions	<ul> <li>Initial dose in opioid non-tolerant patients when converting from less thar 30 mg morphine equivalents, and in mild to moderate hepatic impairmen - 5 mcg/hr dose.</li> <li>When converting from 30 mg to 80 mg morphine equivalents - first taper to 30 mg morphine equivalent, then initiate with 10 mcg/hr dose.</li> <li>Titrate in 5 mcg/hour or 10 mcg/hour increments by using no more than two patches of the 5 mcg/hour or 10-mcg/hour system(s) with a minimun of 72 hours between dose adjustments. The total dose from all patches should not exceed 20 mcg/hour</li> <li>Maximum dose: 20 mcg/hr due to risk of QTc prolongation.</li> <li>Apply only to sites indicated in the Full Prescribing Information.</li> <li>Apply to intact/non-irritated skin.</li> <li>Skin may be prepped by clipping hair, washing site with water only</li> <li>Rotate site of application a minimum of 3 weeks before reapplying to the same site.</li> <li>Do not cut.</li> <li>Avoid exposure to heat.</li> <li>Dispose of used/unused patches by folding the adhesive side together and flushing down the toilet.</li> </ul>
Specific Drug Interactions	<ul> <li>CYP3A4 Inhibitors may increase buprenorphine levels.</li> <li>CYP3A4 Inducers may decrease buprenorphine levels.</li> <li>Benzodiazepines may increase respiratory depression.</li> <li>Class IA and III antiarrhythmics, other potentially arrhythmogenic agents may increase risk for QTc prolongation and torsade de pointe.</li> </ul>
Use in Opioid-Tolerant Patients	Butrans 7.5 mcg/hr, 10 mcg/hr, 15 mcg/hr, and 20 mcg/hr transdermal systems are for use in opioid- tolerant patients only.
Drug-Specific Safety Concerns	QTc prolongation and torsade de pointe.     Hepatotoxicity     Application site skin reactions
Relative Potency To Oral Morphine	Equipotency to oral morphine has not been established.

Specific Drug Information for Extended-Release and Long-Acting Opioid Analgesics (ER/LA opioid analgesics)	
Dolophine	Methadone Hydrochloride Tablets, 5 mg and 10 mg
Dosing Interval	Every 8 to 12 hours
Key Instructions	<ul> <li>Initial dose in opioid non-tolerant patients: 2.5 to 10 mg</li> <li>Conversion of opioid-tolerant patients using equianalgesic tables can result in overdose and death. Use low doses according to the table in the full prescribing information.</li> <li>Titrate slowly, with dose increases no more frequent than every 3 to 5 days. Because of high variability in methadone metabolism, some patients may require substantially longer periods between dose increase (up to 12 days).</li> <li>High inter-patient variability in absorption, metabolism, and relative analgesic potency.</li> <li>Opioid detoxification or maintenance treatment shall only be provided in federally certified opioid (addiction) treatment program (Code of Federal Regulations, Title 42, Sec 8).</li> </ul>
Specific Drug Interactions	<ul> <li>Pharmacokinetic drug-drug interactions with methadone are complex.</li> <li>CYP 450 inducers may decrease methadone levels.</li> <li>CYP 450 inhibitors may increase methadone levels.</li> <li>Anti-retroviral agents have mixed effects on methadone levels.</li> <li>Potentially arrhythmogenic agents may increase risk for QTc prolongatic and torsade de pointe.</li> <li>Benzodiazepines may increase respiratory depression</li> </ul>
Use in Opioid-Tolerant Patients	Refer to full prescribing information.
Product-Specific Safety Concerns	<ul> <li>QTc prolongation and torsade de pointe.</li> <li>Peak respiratory depression occurs later and persists longer than analgesic effect.</li> <li>Clearance may increase during pregnancy.</li> <li>False positive urine drug screens possible.</li> </ul>
Relative Potency To Oral Morphine	Varies depending on patient's prior opioid experience.
Duragesic	Fentanyl Transdermal System, 12, 25, 37.5*, 50, 62.5*, 75, 87.5*, and 100 mcg/hr (*These strengths are available only in generic form)
Dosing Interval	Every 72 hours (3 days)
Key Instructions	<ul> <li>Use product specific information for dose conversion from prior opioid</li> <li>Use 50% of the dose in mild or moderate hepatic or renal impairment, avoid use in severe hepatic or renal impairment</li> <li>Application         <ul> <li>Apply to intact/non-irritated/non-irradiated skin on a flat surface.</li> <li>Skin may be prepped by clipping hair, washing site with water only</li> <li>Rotate site of application.</li> <li>Titrate using a minimum of 72 hour intervals between dose adjustments.</li> <li>Do not cut.</li> </ul> </li> <li>Avoid accidental contact when holding or caring for children.</li> <li>Dispose of used/unused patches by folding the adhesive side together and flushing down the toilet.</li> <li>Specific contraindications:             <ul> <li>Patients who are not opioid-tolerant.</li> <li>Management of ascute or intermittent pain, or in patients who requir opioid analgesia for a short period of time.</li> <li>Management of mild pain.</li> </ul> </li> </ul>

Specific Drug Information for Extended-Release and Long-Acting Opioid Analgesics (ER/LA opioid analgesics)	
Specific Drug Interactions	<ul> <li>CYP3A4 inhibitors may increase fentanyl exposure.</li> <li>CYP3A4 inducers may decrease fentanyl exposure.</li> <li>Discontinuation of a concomitantly used cytochrome P450 3A4 inducer may result in an increase in fentanyl plasma concentration.</li> </ul>
Use in Opioid-Tolerant Patients	All doses of Duragesic are indicated for use in opioid-tolerant patients only.
Product-Specific Safety Concerns	<ul> <li>Accidental exposure due to secondary exposure to unwashed/unclothed application site.</li> <li>Increased drug exposure with increased core body temperature or fever.</li> <li>Bradycardia</li> <li>Application site skin reactions</li> </ul>
Relative Potency To Oral Morphine	See individual product information for conversion recommendations from prior opioid
Embeda	Morphine Sulfate ER-Naltrexone Capsules, 20 mg/0.8 mg, 30 mg/1.2 mg, 50 mg/2 mg, 60 mg/2.4 mg, 80 mg/3.2 mg, 100 mg/4 mg
Dosing Interval	Once a day or every 12 hours
Key Instructions	<ul> <li>Initial dose as first opioid: 20 mg/0.8 mg.</li> <li>Titrate using a minimum of 1 to 2 day intervals.</li> <li>Swallow capsules whole (do not chew, crush, or dissolve)</li> <li>Crushing or chewing will release morphine, possibly resulting in fatal overdose, and naltrexone, possibly resulting in withdrawal symptoms.</li> <li>May open capsule and sprinkle pellets on applesauce for patients who can reliably swallow without chewing, use immediately.</li> </ul>
Specific Drug Interactions	<ul> <li>Alcoholic beverages or medications containing alcohol may result in the rapid release and absorption of a potentially fatal dose of morphine.</li> <li>P-gp inhibitors (e.g. quinidine) may increase the absorption/exposure of morphine sulfate by about two-fold.</li> </ul>
Use in Opioid-Tolerant Patients	Embeda 100 mg/4 mg capsule is for use in opioid-tolerant patients only.
Product-Specific Safety Concerns	None
Exalgo	Hydromorphone Hydrochloride Extended-Release Tablets, 8 mg, 12 mg, 16 mg or 32 mg
Dosing Interval	Once a day
Key Instructions	<ul> <li>Use the conversion ratios in the individual product information.</li> <li>Start patients with moderate hepatic impairment on 25% dose that would be prescribed for a patient with normal hepatic function.</li> <li>Start patients with moderate renal impairment on 50%, and patients with severe renal impairment on 25% of the dose that would be prescribed for a patient with normal renal function.</li> <li>Titrate in increments of 4 to 8 mg using a minimum of 3 to 4 day intervals</li> <li>Swallow tablets whole (do not chew, crush, or dissolve).</li> <li>Do not use in patients with sulfite allergy—contains sodium metabisulfite.</li> </ul>
Specific Drug Interactions	None
Use in Opioid-Tolerant Patients	All doses of Exalgo are indicated for opioid-tolerant patients only.
Drug-Specific Adverse Reactions	Allergic manifestations to sulfite component.
Relative Potency To Oral Morphine	Approximately 5:1 oral morphine to hydromorphone oral dose ratio, use conversion recommendations in the individual product information.

Specific Drug Information for Extended-Release and Long-Acting Opioid Analgesics (ER/LA opioid analgesics)	
Hysingla ER	Hydrocodone bitartrate Extended-Release Tablets, 20 mg, 30 mg, 40 mg, 60 mg, 80 mg, 100 mg, and 120 mg
Dosing Interval	Every 24 hours (once-daily)
Key Instructions	<ul> <li>Opioid-naïve patients: initiate treatment with 20 mg orally once daily. During titration, adjust the dose in increments of 10 mg to 20 mg every 3 to 5 days until adequate analgesia is achieved.</li> <li>Swallow tablets whole (do not chew, crush, or dissolve).</li> <li>Consider use of an alternative analgesic in patients who have difficulty swallowing or have underlying gastrointestinal disorders that may predispose them to obstruction.</li> <li>Take one tablet at a time, with enough water to ensure complete swallowing immediately after placing in the mouth.</li> <li>Use 1/2 of the initial dose and monitor closely for adverse events, such as respiratory depression and sedation, when administering Hysingla El to patients with severe hepatic impairment or patients with moderate to severe renal impairment.</li> </ul>
Specific Drug Interactions	<ul> <li>CYP3A4 inhibitors may increase hydrocodone exposure.</li> <li>CYP3A4 inducers may decrease hydrocodone exposure</li> <li>Concomitant use of Hysingla ER with strong laxatives (e.g., Lactulose) that rapidly increase GI motility may decrease hydrocodone absorption and result in decrease hydrocodone plasma levels.</li> <li>The use of MAO inhibitors or tricyclic antidepressants with Hysingla ER may increase the effect of either the antidepressant or Hysingla ER.</li> </ul>
Use in Opioid-Tolerant Patients	A single dose of Hysingla ER greater than or equal to 80 mg is only for use in opioid tolerant patients.
Product-Specific Safety Concerns	<ul> <li>Use with caution in patients with difficulty swallowing the tablet or underlying gastrointestinal disorders that may predispose patients to obstruction.</li> <li>Esophageal obstruction, dysphagia, and choking have been reported with Hysingla ER.</li> <li>In nursing mothers, discontinue nursing or discontinue drug.</li> <li>QTc prolongation has been observed with Hysingla ER following daily doses of 160 mg. Avoid use in patients with congenital long QTc syndrome. This observation should be considered in making clinical decisions regarding patient monitoring when prescribing Hysingla ER in patients with congestive heart failure, bradyarrhythmias, electrolyte abnormalities, or who are taking medications that are known to prolong the QTc interval. In patients who develop QTc prolongation, consider reducing the dose.</li> </ul>
Relative Potency To Oral Morphine	See individual product information for conversion recommendations from prior opioid
Kadian	Morphine Sulfate Extended-Release Capsules, 10 mg, 20mg, 30 mg, 40 mg, 50 mg, 60 mg, 70 mg, 80 mg, 100 mg, 130 mg, 150 mg, and 200 mg
Dosing Interval	Once a day or every 12 hours
Key Instructions	<ul> <li>Product information recommends not using as first opioid.</li> <li>Titrate using a minimum of 2-day intervals.</li> <li>Swallow capsules whole (do not chew, crush, or dissolve).</li> <li>May open capsule and sprinkle pellets on applesauce for patients who can reliably swallow without chewing, use immediately.</li> </ul>

Specific Drug Information for Extended-Release and Long-Acting Opioid Analgesics (ER/LA opioid analgesics)	
Specific Drug Interactions	<ul> <li>Alcoholic beverages or medications containing alcohol may result in the rapid release and absorption of a potentially fatal dose of morphine.</li> <li>P-gp inhibitors (e.g. quinidine) may increase the absorption/exposure of morphine sulfate by about two-fold.</li> </ul>
Use in Opioid-Tolerant Patients	Kadian 100 mg, 130 mg, 150 mg, and 200 mg capsules are for use in opioid tolerant-patients only
Product-Specific Safety Concerns	None
MorphaBond	Morphine Sulfate Extended-release Tablets, 15 mg, 30 mg, 60 mg, 100 mg
Dosing Interval	Every 8 hours or every 12 hours
Key Instructions	<ul> <li>Product information recommends not using as first opioid.</li> <li>Titrate using a minimum of 1 to 2-day intervals.</li> <li>Swallow tablets whole (do not chew, crush, or dissolve).</li> </ul>
Specific Drug Interactions	P-gp inhibitors (e.g. quinidine) may increase the absorption/exposure of morphine sulfate by about two-fold.
Use in Opioid-Tolerant Patients	MorphaBond 100 mg tablets are for use in opioid-tolerant patients only.
Product-Specific Safety Concerns	None
MS Contin	Morphine Sulfate Extended-release Tablets, 15 mg, 30 mg, 60 mg, 100 mg, and 200 mg
Dosing Interval	Every 8 hours or every 12 hours
Key Instructions	<ul> <li>Product information recommends not using as first opioid.</li> <li>Titrate using a minimum of 1 to 2-day intervals.</li> <li>Swallow tablets whole (do not chew, crush, or dissolve).</li> </ul>
Specific Drug Interactions	P-gp inhibitors (e.g. quinidine) may increase the absorption/exposure of morphine sulfate by about two-fold.
Use in Opioid-Tolerant Patients	MS Contin 100 mg and 200 mg tablet strengths are for use in opioid-tolerant patients only.
Product-Specific Safety Concerns	None
Nucynta ER	Tapentadol Extended-Release Tablets, 50 mg, 100mg, 150 mg, 200 mg, and 250 mg
Dosing Interval	Every 12 hours
Key Instructions	<ul> <li>Use 50 mg every 12 hours as initial dose in opioid nontolerant patients</li> <li>Titrate by 50 mg increments using a minimum of 3-day intervals.</li> <li>Maximum total daily dose is 500 mg</li> <li>Swallow tablets whole (do not chew, crush, or dissolve).</li> <li>Take one tablet at a time and with enough water to ensure complete swallowing immediately after placing in the mouth.</li> <li>Dose once daily in moderate hepatic impairment with 100 mg per day maximum</li> <li>Avoid use in severe hepatic and renal impairment.</li> </ul>
Specific Drug Interactions	<ul> <li>Alcoholic beverages or medications containing alcohol may result in the rapid release and absorption of a potentially fatal dose of tapentadol.</li> <li>Contraindicated in patients taking MAOIs.</li> </ul>

Use in Opioid-Tolerant	(ER/LA opioid analgesics) No product-specific considerations.
Patients	
Product-Specific Safety Concerns	Risk of serotonin syndrome     Angioedema
Relative Potency To Oral Morphine	Equipotency to oral morphine has not been established.
Opana ER	Oxymorphone Hydrochloride ER Tablets, 5 mg, 7.5 mg, 10 mg, 15 mg, 20 mg, 30 mg, and 40 mg
Dosing Interval	Every 12h dosing, some may benefit from asymmetric (different dose given in AM than in PM) dosing.
Key Instructions	<ul> <li>Use 5 mg every 12 hours as initial dose in opioid non-tolerant patients and patients with mild hepatic impairment and renal impairment (creatinine clearance &lt; 50 mL/min) and patients over 65 years of age</li> <li>Swallow tablets whole (do not chew, crush, or dissolve).</li> <li>Take one tablet at a time, with enough water to ensure complete swallowing immediately after placing in the mouth.</li> <li>Titrate in increments of 5 to 10 mg using a minimum of 3 to 7-day intervals.</li> <li>Contraindicated in moderate and severe hepatic impairment.</li> </ul>
Specific Drug Interactions	<ul> <li>Alcoholic beverages or medications containing alcohol may result in the absorption of a potentially fatal dose of oxymorphone.</li> </ul>
Use in Opioid-Tolerant Patients	No product specific considerations.
Product-Specific Safety Concerns	<ul> <li>Use with caution in patients who have difficulty in swallowing or have underlying GI disorders that may predispose them to obstruction, such a a small gastrointestinal lumen.</li> </ul>
Relative Potency To Oral Morphine	Approximately 3:1 oral morphine to oxymorphone oral dose ratio
OxyContin	Oxycodone Hydrochloride Extended-release Tablets, 10 mg, 15 mg, 20 mg, 30 mg, 40 mg, 60 mg, and 80 mg
Dosing Interval	Every 12 hours
Key Instructions	<ul> <li>For Adults:         <ul> <li>Initial dose in opioid-naïve and opioid non-tolerant patients is 10 mg every 12 hours.</li> <li>If needed, adult dosage may be adjusted in 1 to 2 day intervals.</li> <li>When a dose increase is clinically indicated, the total daily oxycodon dose usually can be increased by 25% to 50% of the current dose.</li> </ul> </li> <li>For Pediatric patients (11 years and older): Use only in <u>opioid-tolerant</u> patients (see below, <i>Use in Opioid-Tolerant Patients</i> for dosing information).</li> <li>For all patients:         <ul> <li>Hepatic impairment: start with one third to one half the usual dosage</li> <li>Renal impairment (creatinine clearance &lt;60 mL/min): start with one half the usual dosage.</li> <li>Consider use of other analgesics in patients who have difficulty swallowing or have underlying GI disorders that may predispose the to obstruction. Swallow tablets whole (do not chew, crush, or dissolve).</li> <li>Take one tablet at a time, with enough water to ensure complete swallowing immediately after placing in the mouth.</li> </ul> </li> </ul>
Specific Drug Interactions	<ul> <li>CYP3A4 inhibitors may increase oxycodone exposure.</li> <li>CYP3A4 inducers may decrease oxycodone exposure.</li> </ul>

Specific Drug Information for Extended-Release and Long-Acting Opioid Analgesics (ER/LA opioid analgesics)		
Use in Opioid-Tolerant Patients	<ul> <li>For Adults:</li> <li>Single dose greater than 40 mg or total daily dose greater than 80 mg are for use in adult patients in whom tolerance to an opioid of comparable potency has been established.</li> <li>For Pediatric patients (11 years and older):</li> <li>For use only in <u>opioid-tolerant</u> pediatric patients already receiving and tolerating opioids for at least 5 consecutive days with a minimum of 20 mg per day of oxycodone or its equivalent for at least two days immediately preceding dosing with OxyContin.</li> <li>If needed, pediatric dosage may be adjusted in 1 to 2 day intervals.</li> <li>When a dose increase is clinically indicated, the total daily oxycodone dose usually can be increased by 25% of the current total daily dose</li> </ul>	
Product-Specific Safety Concerns	<ul> <li>Choking, gagging, regurgitation, tablets stuck in the throat, difficulty swallowing the tablet.</li> <li>Contraindicated in patients with gastrointestinal obstruction.</li> </ul>	
Relative Potency To Oral Morphine	Approximately 2:1 oral morphine to oxycodone oral dose ratio.	
Targiniq ER	Oxycodone Hydrochloride / Naloxone Hydrochloride Extended-release tablets, 10 mg/5 mg, 20 mg/10 mg, and 40 mg/20 mg	
Dosing Interval	Every 12 hours	
Key Instructions	<ul> <li>Opioid-naïve patients: initiate treatment with 10 mg/5 mg every 12 hours</li> <li>Titrate using a minimum of 1 to 2 day intervals.</li> <li>Do not exceed 80 mg/40 mg total daily dose (40 mg/20 mg q12) of Targiniq ER</li> <li>May be taken with or without food.</li> <li>Swallow tablets whole. Do not chew, crush, split, or dissolve, as this will release oxycodone, possibly resulting in fatal overdose, and naloxone, possibly resulting in withdrawal symptoms.</li> <li>Hepatic impairment: contraindicated in moderate and severe hepatic impairment. In patients with mild hepatic impairment, start with one thir to one half the usual dosage.</li> <li>Renal impairment (creatinine clearance &lt; 60 mL/min): start with one half the usual dosage.</li> </ul>	
Specific Drug Interactions	CYP3A4 inhibitors may increase oxycodone exposure.     CYP3A4 inducers may decrease oxycodone exposure	
Use in Opioid-Tolerant Patients	<ul> <li>Single dose greater than 40 mg/20 mg or total daily dose of 80 mg/40 mg are for use in opioid-tolerant patients only</li> </ul>	
Product-Specific Safety Concerns	Contraindicated in patients with moderate to severe hepatic impairment	
Relative Potency To Oral Morphine	<ul> <li>See individual product information for conversion recommendations from prior opioid.</li> </ul>	
Zohydro ER	Hydrocodone Bitartrate Extended-Release Capsules, 10 mg, 15 mg, 20 mg, 30 mg, 40 mg, and 50	
Dosing Interval	Every 12 hours	
Key Instructions	<ul> <li>Initial dose in opioid non-tolerant patient is 10 mg.</li> <li>Titrate in increments of 10 mg using a minimum of 3 to 7day intervals.</li> <li>Swallow capsules whole (do not chew, crush, or dissolve).</li> </ul>	
Specific Drug Interactions	<ul> <li>Alcoholic beverages or medications containing alcohol may result in the rapid release and absorption of a potentially fatal dose of hydrocodone.</li> <li>CYP3A4 inhibitors may increase hydrocodone exposure.</li> <li>CYP3A4 inducers may decrease hydrocodone exposure.</li> </ul>	
Use in Opioid-Tolerant Patients	<ul> <li>Single dose greater than 40 mg or total daily dose greater than 80 mg are for use in opioid-tolerant patients only.</li> </ul>	

FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics 04/2016

Specific Drug Information for Extended-Release and Long-Acting Opioid Analgesics (ER/LA opioid analgesics)	
Product-Specific Safety Concerns	None
Relative Potency To Oral Morphine	Approximately 1.5:1 oral morphine to hydrocodone oral dose ratio.
For detailed information, refer to prescribing information available online via DailyMed at www.dailymed.nlm.nih.gov or Drugs@FDA at www.fda.gov/drugsatfda.	

Prescriber Letter #1

This letter ceased distribution on July 31, 2012

### FDA-Required REMS Program for Serious Drug Risks

Subject: Announcement of a Risk Evaluation and Mitigation Strategy (REMS) for all extended-release/longacting opioid analgesic drug products due to their risks of misuse, abuse, addiction, and overdose.

### Dear DEA-Registered Prescriber:

Extended-release and long-acting (ER/LA) opioid analgesics are approved for the management of chronic moderate-to-severe pain in the U.S., and can be safe and effective in appropriately selected patients when used as directed. However, opioid analgesics are also associated with serious risks and are at the center of a major public health crisis of increased misuse, abuse, addiction, overdose, and death.

The U.S. Food and Drug Administration (FDA) has determined that a Risk Evaluation and Mitigation Strategy (REMS) is necessary for ER/LA opioid analgesics to ensure that the benefits continue to outweigh the risks of adverse outcomes (addiction, unintentional overdose, and death) resulting from inappropriate prescribing, abuse, and misuse. A REMS is a strategy to manage a known or potential serious risk associated with a drug product. In the interest of public health and to minimize the burden on the healthcare delivery system from having multiple unique REMS programs, pharmaceutical companies subject to this REMS have joined together to implement this REMS for all ER/LA opioid analgesic drug products.

The principal components of this REMS are:

- a) Prescriber training on all ER/LA opioid analgesics,
- b) the Patient Counseling Document on Extended-Release and Long-Acting Opioid Analgesics (PCD), and
- c) a unique Medication Guide for each ER/LA opioid analgesic drug product.

The branded and generic drug products subject to this REMS include all:

- extended-release, oral-dosage forms containing
  - hydromorphone,
  - morphine,
  - oxycodone,
  - oxymorphone, or
    tapentadol:
  - tapentadoi;
- fentanyl and buprenorphine-containing transdermal delivery systems; and
- methadone tablets and solutions that are indicated for use as analgesics.

### Prescriber Action

Under the REMS, you are **strongly encouraged** to do **all** of the following:

- Train (Educate Yourself) Complete REMS-compliant training offered by an accredited provider of continuing education (CE) for your discipline. This training is being developed and will be offered early next year at no or nominal cost to prescribers. You will be notified when REMS-compliant training will become available. *REMS-compliant training* will: (a) be delivered by accredited CE providers; (b) cover all elements of the FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics ("FDA Blueprint"); (c) include a post-course knowledge assessment; and (d) be subject to independent audit of content and compliance with applicable accrediting standards.
- Counsel Your Patients Discuss the safe use, serious risks, storage, and disposal of ER/LA opioid analgesics with
  patients and their caregivers every time you prescribe these medicines. The enclosed Patient Counseling Document on
  Extended-Release/Long-Acting Opioid Analgesics (PCD) should be used to facilitate these discussions.
- Emphasize Patient and Caregiver Understanding of the Medication Guide Stress to patients and their caregivers
  the importance of reading the Medication Guide that they will receive from their pharmacist every time an ER/LA
  opioid analgesic is dispensed to them, as the information in the Medication Guide may have changed.

DDRP Letter 1

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### Prescriber Letter #1

 Consider Using Other Tools - In addition to the PCD, there are other publicly-available tools to improve patient, household, and community safety when using ER/LA opioid analgesics, as well as compliance with conditions of treatment, including Patient-Prescriber Agreements (PPAs) and risk assessment instruments.

#### **REMS-compliant Training Programs**

A critical component of the ER/LA Opioid Analgesics REMS program is essential safety education for prescribers. REMScompliant training for prescribers, as described previously, will be delivered by accredited CE providers and will include both general and product-specific drug information, as well as information on weighing the benefits and risks of opioid therapy, appropriate patient selection, managing and monitoring patients, and counseling patients on the safe use of these drugs. In addition, the education will include information on how to recognize evidence of, and the potential for, opioid misuse, abuse, addiction, and overdose.

It will be some time before the REMS-compliant training funded by educational grants from the pharmaceutical companies subject to this REMS becomes available. The FDA developed core messages to be communicated to prescribers in the FDA <u>Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics ("FDA Blueprint"</u>), which will be used by accredited CE providers to develop REMS-compliant training courses. A follow-up letter notifying you of the availability of REMS-compliant training funded under this REMS will be sent not later than thirty (30) days before such training is offered. However, REMS-compliant education may also be offered by academic institutions or professional societies independent of REMS-related funding. We encourage you to successfully complete REMS-compliant training offered to improve your ability to prescribe these medications more safely.

### The Patient Counseling Document on Extended-Release/Long-Acting Opioid Analgesics (PCD)

Enclosed with this letter is the Patient Counseling Document that was developed under the REMS for ER/LA opioid analgesics to assist you in having important conversations with patients for whom you select an ER/LA opioid analgesic. It contains important safety information common to the drug products subject to this REMS, and includes space for you to write additional information to help your patients use their specific ER/LA opioid analgesic safely. The PCD should be provided to the patient or their caregiver at the time of prescribing. Patients and their caregivers should be counseled on:

- the importance of taking these medicines exactly as you prescribe them,
- the need to store ER/LA opioid analgesics safely and securely out of the reach of children, pets, and household members to avoid risks from unintended exposure,
- the importance of not sharing these medications, even if someone has the same symptoms as the patient, and
- · the proper methods of disposal of unneeded ER/LA opioid analgesics.

You can re-order or print additional copies of the PCD from www.ER-LA-opioidREMS.com.

### Adverse Event Reporting

To report all suspected adverse reactions associated with the use of the ER/LA opioid analgesics, contact:

- the pharmaceutical company that markets the specific product, or
- the FDA MedWatch program:
  - by phone at 1-800-FDA-1088 (1-800-332-1088) or
  - online at www.fda.gov/medwatch/report.htm

More information about this REMS can be obtained at: <u>www.ER-LA-opioidREMS.com</u> or by calling the ER/LA Opioid Analgesic REMS Call Center at 1-800-503-0784.

Sincerely,

The ER/LA Opioid Analgesic REMS Companies

DDRP Letter 1

Page 2 of 2

This letter ceased distribution on January 28, 2013

#### FDA-Required REMS Program for Serious Drug Risks

Subject: Availability of Risk Evaluation and Mitigation Strategy (REMS)-compliant training under the REMS for all extended-release/long-acting opioid analgesic drug products.

# Dear DEA-Registered Prescriber:

Extended-release and long-acting (ER/LA) opioid analgesics<sup>1</sup> are approved for the management of chronic moderate-to-severe pain in the U.S., and can be safe and effective in appropriately selected patients when used as directed. However, opioid analgesics are also associated with serious risks and are at the center of a major public health crisis of increased misuse, abuse, addiction, overdose, and death. The U.S. Food and Drug Administration (FDA) determined that a Risk Evaluation and Mitigation Strategy (REMS) was necessary to ensure that the benefits of ER/LA opioid analgesics continue to outweigh the risks of adverse outcomes (addiction, unintentional overdose, and death) resulting from inappropriate prescribing, abuse, and misuse.

Several months ago, you received a letter announcing the REMS for all ER/LA opioid analgesic drug products, which explained that the principal components of this REMS are:

- a) Prescriber training on all ER/LA opioid analgesics,
- b) the Patient Counseling Document on Extended-Release/Long-Acting Opioid Analgesics (PCD), and
- c) a unique Medication Guide for each ER/LA opioid analgesic drug product.

#### **REMS-compliant Training Programs**

The purpose of this letter is to provide notification of the upcoming availability of REMS-compliant training on ER/LA opioid analgesics – provided at a nominal to no cost to prescribers. REMS-compliant training is a critical component of the ER/LA Opioid Analgesics REMS program and constitutes essential safety education for prescribers. *REMS-compliant training* will: (a) be delivered by accredited CE providers; (b) cover all elements of the FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics ("FDA Blueprint"); (c) include a post-course knowledge assessment; and (d) be subject to independent audit of content and compliance with applicable accrediting standards.

REMS-compliant training will focus on the safe prescribing of ER/LA opioid analgesics. The FDA developed core messages to be communicated to prescribers in the FDA Blueprint, which will be used by accredited CE providers to design and deliver REMS-compliant training courses. The FDA Blueprint is available at <a href="http://www.fda.gov/downloads/Drugs/DrugSafety/InformationbyDrugClass/UCM277916.pdf">http://www.fda.gov/downloads/Drugs/DrugSafety/InformationbyDrugClass/UCM277916.pdf</a>

The core messages include:

- Understand how to assess patients and determine which may be appropriate for treatment with ER/LA opioid analgesics.
- Be familiar with how to initiate therapy, modify dose, and discontinue use of ER/LA opioid analgesics.
- Be knowledgeable about how to manage and monitor ongoing therapy with ER/LA opioid analgesics.
- Know how to counsel patients and caregivers about the safe use of ER/LA opioid analgesics, including proper storage and disposal.
- Be familiar with general and product-specific drug information concerning ER/LA opioid analgesics.

REMS-compliant training for prescribers also includes information on weighing the benefits and risks of opioid therapy and how to recognize evidence of, and the potential for, opioid misuse, abuse, addiction, and overdose. REMS-compliant training may also be offered by academic institutions or learned societies independent of REMS-related funding. We encourage you to

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<sup>&</sup>lt;sup>1</sup> The branded and generic drug products subject to this REMS include *all*: a) extended-release, oral-dosage forms containing: hydromorphone, morphine, oxycodone, oxymorphone, or tapentadol; b) fentanyl and buprenorphine-containing transdermal delivery systems; <u>and</u> c) methadone tablets and solutions that are indicated for use as analgesics.

successfully complete REMS-compliant training from an accredited CE provider to improve your ability to prescribe these medications more safely.

#### Prescriber Action

Under the REMS, you are **strongly encouraged** to do **all** of the following:

- Train (Educate Yourself) Complete REMS-compliant training on the ER/LA opioid analgesics offered by an accredited provider of continuing education (CE) for your discipline.
- Counsel Your Patients Discuss the safe use, serious risks, storage, and disposal of ER/LA opioid analgesics with
  patients and their caregivers every time you prescribe these medicines. Use the enclosed Patient Counseling
  Document on Extended-Release/Long-Acting Opioid Analgesics (PCD) to facilitate these discussions.
- Emphasize Patient and Caregiver Understanding of the Medication Guide Stress to patients and their caregivers
  the importance of reading the Medication Guide that they will receive from their pharmacist every time an ER/LA
  opioid analgesic is dispensed to them, as information may have changed.
- Consider Using Other Tools In addition to the PCD, there are other publicly-available tools to improve patient, household, and community safety when using ER/LA opioids, as well as compliance with conditions of treatment, including Patient-Prescriber Agreements (PPAs) and risk assessment instruments.

A listing of REMS-compliant training funded under this REMS appears on www.ER-LA-opioidREMS.com.

#### The Patient Counseling Document on Extended-Release/Long-Acting Opioid Analgesics (PCD)

Enclosed with this letter is the Patient Counseling Document that was developed under the REMS for ER/LA opioid analgesics to assist you in having important conversations with patients for whom you select an ER/LA opioid analgesic. It contains important safety information common to the drug products subject to this REMS and includes space for you to write additional information to help your patients use their specific ER/LA opioid analgesic safely. The PCD should be provided to the patient or their caregiver at the time of prescribing. Patients and their caregivers should be counseled on:

- the importance of taking these medicines exactly as you prescribe them,
- the need to store ER/LA opioid analgesics safely and securely out of the reach of children, pets, and household members – to avoid risks from unintended exposure,
- the importance of not sharing these medications, even if someone has the same symptoms as the patient, and
- the proper methods of disposal of unneeded ER/LA opioid analgesics.

You can re-order or print additional copies of the PCD from www.ER-LA-opioidREMS.com.

#### Adverse Event Reporting

To report all suspected adverse reactions associated with the use of the ER/LA opioid analgesics, contact:

- the pharmaceutical company that markets the specific product, or
  - the FDA MedWatch program:
    - by phone at 1-800-FDA-1088 (1-800-332-1088) or
    - online at <u>www.fda.gov/medwatch/report.htm</u>

More information about this REMS can be obtained at: <u>www.ER-LA-opioidREMS.com</u> or by calling the ER/LA Opioid Analgesic REMS Call Center at 1-800-503-0784.

Sincerely,

The ER/LA Opioid Analgesic Companies

DDRP Letter 2

Page 2 of 2

# FDA-Required REMS Program for Serious Drug Risks

Subject: Risk Evaluation and Mitigation Strategy (REMS) for all extended-release/long-acting opioid analgesic drug products due to their risks of misuse, abuse, addiction, and overdose

Dear DEA-Registered Prescriber:

You are receiving this letter because you recently registered with DEA to prescribe Schedule II or III drugs. The purpose of this letter is to inform you about a Risk Evaluation and Mitigation Strategy (REMS) that has been required by the U.S. Food and Drug Administration (FDA) for all extended-release and long-acting (ER/LA) opioid analgesic drug products.

ER/LA opioid analgesics are used for the management of pain severe enough to require daily, around-the-clock, long-term opioid treatment and for which alternative treatment options are inadequate. Because of the risks of addiction, abuse and misuse with opioids, even at recommended doses, and because of the greater risks of overdose and death with extended-release formulations, reserve ER/LA opioid analgesics for use in patients for whom alternative treatment options (e.g. non-opioid analgesics or immediate-release opioids) are ineffective, not tolerated, or would be otherwise inadequate to provide sufficient management of pain.

They can be safe and effective in appropriately selected patients when used as directed. However, opioid analgesics are also associated with serious risks and are at the center of a major public health crisis of increased misuse, abuse, addiction, overdose, and death.

FDA determined that a REMS was necessary to ensure that the benefits of ER/LA opioid analgesics continue to outweigh their risks of adverse outcomes (addiction, unintentional overdose, and death) resulting from inappropriate prescribing, abuse, and misuse. A REMS is a strategy to manage a known or potential serious risk associated with a drug product. In the interest of public health and to minimize the burden on the healthcare delivery system of having multiple unique REMS programs, the pharmaceutical companies subject to this REMS have joined together to implement the REMS for all ER/LA opioid analgesic drug products.

The ER/LA Opioid Analgesic REMS has three principal components:

- a) Prescriber training on all ER/LA opioid analgesics,
- b) a Patient Counseling Document on Extended-Release/Long-Acting Opioid Analgesics (PCD), and
- c) a unique Medication Guide for each ER/LA opioid analgesic drug product.

The branded and generic drug products subject to this REMS include all:

- extended-release, oral-dosage forms containing
  - hydrocodone,
  - hydromorphone,
  - morphine,
  - oxycodone.
  - oxymorphone, or
  - tapentadol;
- fentanyl and buprenorphine-containing transdermal delivery systems; and
- methadone tablets and solutions as well as buprenorphine-containing buccal films that are indicated for use as analgesics.

# Prescriber Action

Under the REMS, you are strongly encouraged to do all of the following:

- **Train (Educate Yourself)** Complete REMS-compliant training on the ER/LA opioid analgesics offered by an accredited provider of continuing education (CE) for your discipline. *REMS-compliant training* will: (a) be delivered by accredited CE providers; (b) cover all elements of the FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics ("FDA Blueprint"); (c) include a knowledge assessment; and (d) be subject to independent audit of content and compliance with applicable accrediting standards.
- **Counsel Your Patients** Discuss the safe use, serious risks, storage, and disposal of ER/LA opioid analgesics with patients and their caregivers every time you prescribe these medicines. Use the enclosed *Patient Counseling Document on Extended-Release/Long-Acting Opioid Analgesics* (PCD) to facilitate these discussions.

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- Emphasize Patient and Caregiver Understanding of the Medication Guide Stress to patients and their caregivers the importance of reading the Medication Guide that they will receive from their pharmacist every time an ER/LA opioid analgesic is dispensed to them, as information may have changed.
- Consider Using Other Tools In addition to the PCD, there are other publicly available tools to improve patient, household and community safety when using ER/LA opioid analgesics, as well as compliance with conditions of treatment, including Patient-Prescriber Agreements (PPAs) and risk assessment instruments.

#### **REMS-compliant Training Programs**

REMS-compliant training is a critical component of the ER/LA Opioid Analgesics REMS program. REMS-compliant training will focus on the safe prescribing of ER/LA opioid analgesics. The FDA developed core messages to be communicated to prescribers in the FDA Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics ("FDA Blueprint"), which is being used by accredited CE providers to develop the REMS-compliant training courses. The Blueprint is available at <a href="http://www.fda.gov/downloads/Drugs/DrugSafety/InformationbyDrugClass/UCM277916.pdf">http://www.fda.gov/downloads/Drugs/DrugSafety/InformationbyDrugClass/UCM277916.pdf</a>

REMS-compliant training for prescribers includes both general and product-specific drug information, as well as information on weighing the benefits and risks of opioid therapy, appropriate patient selection, managing and monitoring patients, and counseling patients on the safe use of these drugs. In addition, the education includes information on how to recognize evidence of, and the potential for, opioid misuse, abuse, addiction, and overdose. REMS-compliant training may also be offered by academic institutions or learned societies independent of REMS-related funding. We encourage you to successfully complete REMS-compliant training from an accredited CE provider to improve your ability to prescribe these medications more safely.

For a listing of available REMS-compliant training offered by accredited CE providers under the REMS, visit <u>www.ER-LA-opioidREMS.com</u>.

#### The Patient Counseling Document on Extended-Release/Long-Acting Opioid Analgesics (PCD)

Enclosed with this letter is the Patient Counseling Document that was developed under the REMS for ER/LA opioid analgesics and designed to assist you in having important conversations with patients for whom you select an ER/LA opioid analgesic. It contains important safety information common to the drug products subject to this REMS, and includes space for you to write additional information to help your patients use their ER/LA opioid analgesic safely. The PCD should be provided to the patient or their caregiver at the time of prescribing. Patients and their caregivers should be counseled on:

- the importance of taking these medicines exactly as you prescribe them,
- the need to store ER/LA opioid analgesics safely and securely out of the reach of children, pets, and household members- to avoid risks from unintended exposure,
- the importance of not sharing these medications, even if someone has the same symptoms as the patient, and
- the proper methods of disposal of unneeded ER/LA opioid analgesics.

You can re-order or print additional copies of the PCD from www.ER-LA-opioidREMS.com.

## Adverse Event Reporting

To report all suspected adverse reactions associated with the use of the ER/LA opioid analgesics, contact:

- the pharmaceutical company that markets the specific product, or
- the FDA MedWatch program:
  - by phone at 1-800-FDA-1088 (1-800-332-1088) or
  - online at www.fda.gov/medwatch/report.htm

More information about this REMS can be obtained at: <u>www.ER-LA-opioidREMS.com</u> or by calling the ER/LA Opioid Analgesic REMS Call Center at 1-800-503-0784.

Sincerely,

The ER/LA Opioid Analgesic REMS Companies

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Professional Organization/Licensing Board Letter #1

This letter ceased distribution on August 24, 2012

# FDA-Required REMS Program for Serious Drug Risks

Subject: Announcement of a Risk Evaluation and Mitigation Strategy (REMS) for all extended-release/longacting opioid analgesic drug products due to their risks of misuse, abuse, addiction, and overdose

Dear < Professional Organization/Licensing Board>:

We encourage you to share the following information with your <members/licensees>.

Extended-release and long-acting (ER/LA) opioid analgesics are approved for the management of chronic moderate-to-severe pain in the U.S., and can be safe and effective in appropriately selected patients when used as directed. However, opioid analgesics are also associated with serious risks and are at the center of a major public health crisis of increased misuse, abuse, addiction, overdose, and death.

The U.S. Food and Drug Administration (FDA) has determined that a Risk Evaluation and Mitigation Strategy (REMS) is necessary for ER/LA opioid analgesics to ensure that the benefits continue to outweigh the risks of adverse outcomes (addiction, unintentional overdose, and death) resulting from inappropriate prescribing, abuse, and misuse. A REMS is a strategy to manage a known or potential serious risk associated with a drug product. In the interest of public health and to minimize the burden on the healthcare delivery system from having multiple unique REMS programs, pharmaceutical companies subject to this REMS have joined together to implement this REMS for all ER/LA opioid analgesic drug products.

The principal components of this REMS are:

- a) Prescriber training on all ER/LA opioid analgesics,
- b) the Patient Counseling Document on Extended-Release and Long-Acting Opioid Analgesics (PCD), and
- c) a unique Medication Guide for each ER/LA opioid analgesic drug product.

The branded and generic drug products subject to this REMS include all:

- extended-release, oral-dosage forms containing
  - hydromorphone,
  - morphine,
  - oxycodone,
  - oxymorphone, or
  - tapentadol;
- fentanyl and buprenorphine-containing transdermal delivery systems; and
- methadone tablets and solutions that are indicated for use as analgesics.

#### Prescriber Action

Under the REMS, prescribers are strongly encouraged to do all of the following:

- Train (Educate Themselves) Complete REMS-compliant training offered by an accredited provider of continuing
  education (CE) for their discipline. This training is being developed and will be offered early next year at no or
  nominal cost to prescribers. You will be notified when REMS-compliant training will become available. *REMScompliant training* will: (a) be delivered by accredited CE providers; (b) cover all elements of the FDA Blueprint for
  Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics ("FDA Blueprint"); (c) include a postcourse knowledge assessment; and (d) be subject to independent audit of content and compliance with applicable
  accrediting standards.
- **Counsel Their Patients** Discuss the safe use, storage, and disposal of ER/LA opioid analgesics with patients and their caregivers every time they prescribe these medicines. The enclosed *Patient Counseling Document (PCD)* on *Extended-Release/Long-Acting Opioid Analgesics* should be used to facilitate these discussions.

DPOLB Letter 1

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# Professional Organization/Licensing Board Letter #1

- Emphasize Understanding the Medication Guide Stress to patients and their caregivers the importance of reading the Medication Guide that they will receive from their pharmacist every time an ER/LA opioid analgesic is dispensed to them, as information in the Medication Guide may have changed.
- Consider Using other Tools In addition to the PCD, there are other publicly-available tools to improve patient, household, and community safety when using ER/LA opioid analgesics, as well as compliance with conditions of treatment, including Patient-Prescriber Agreements (PPAs) and risk assessment instruments.

#### **REMS-compliant Training Programs**

A critical component of the ER/LA Opioid Analgesics REMS program is essential safety education for prescribers. REMScompliant training for prescribers, as described previously, will include both general and product-specific drug information, as well as information on weighing the benefits and risks of opioid therapy, appropriate patient selection, managing and monitoring patients, and counseling patients on the safe use of these drugs. In addition, the education will include information on how to recognize evidence of, and the potential for, opioid misuse, abuse, addiction, and overdose.

It will be some time before the REMS-compliant training funded by educational grants from the pharmaceutical companies subject to this REMS becomes available. The FDA developed core messages to be communicated to prescribers in the FDA <u>Blueprint for Prescriber Education for Extended-Release and Long-Acting Opioid Analgesics ("FDA Blueprint")</u>, which will be used by accredited CE providers to develop REMS-compliant training courses. A follow-up letter notifying you of the availability of REMS-compliant training funded under this REMS will be sent not later than thirty (30) days before such training is offered. However, REMS-compliant education may also be offered by academic institutions or professional societies independent of REMS-related funding. We encourage you to successfully complete REMS-compliant training offered to improve your ability to prescribe these medications more safely.

# The Patient Counseling Document on Extended-Release/Long-Acting Opioid Analgesics (PCD)

Enclosed with this letter is the Patient Counseling Document that was developed under the REMS for ER/LA opioid analgesics to assist you in having important conversations with patients for whom you select an ER/LA opioid analgesic. It contains important safety information common to the drug products subject to this REMS, and includes space for you to write additional information to help your patients use their specific ER/LA opioid analgesic safely. The PCD should be provided to the patient or their caregiver at the time of prescribing. Patients and their caregivers should be counseled on:

- the importance of taking these medicines exactly as you prescribe them,
- the need to store ER/LA opioid analgesics safely and securely out of the reach of children, pets, and household members – to avoid risks from unintended exposure/ingestion,
- the importance of not sharing these medications, even if someone has the same symptoms as the patient, and
- the proper methods of disposal of unneeded ER/LA opioid analgesics.

Prescribers can re-order or print additional copies of the PCD from www.ER-LA-opioidREMS.com.

#### **Adverse Event Reporting**

To report all suspected adverse reactions associated with the use of the ER/LA opioid analgesics, contact:

- · the pharmaceutical company that markets the specific product, or
  - the FDA MedWatch program:
    - by phone at 1-800-FDA-1088 (1-800-332-1088) or
    - online at <u>www.fda.gov/medwatch/report.htm</u>

More information about this REMS can be obtained at: <u>www.ER-LA-opioidREMS.com</u> or by calling the ER/LA Opioid Analgesic REMS Call Center at 1-800-503-0784.

Sincerely,

The ER/LA Opioid Analgesic REMS Companies
DPOLB Letter 1

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	Organization/Licensing Board Letter #2	This letter ceased distribution on January 24
	FDA-Required REMS Program	m for Serious Drug Risks
Subject:	Availability of Risk Evaluation and Mitig REMS for all extended-release/long-action	ation (REMS)-compliant training under the ng opioid analgesic drug products.
Dear <b><prof< b=""></prof<></b>	essional Organization/Licensing Board>:	
moderate-t used as dire major publi Administra ensure that	o-severe pain in the U.S., and can be safe and ef ected. However, opioid analgesics are also asso ic health crisis of increased misuse, abuse, addi tion (FDA) determined that a Risk Evaluation a the benefits of ER/LA opioid analgesics contin	ics <sup>1</sup> are approved for the management of chronic ffective in appropriately selected patients when ociated with serious risks and are at the center of a iction, overdose, and death. The U.S. Food and Drug and Mitigation Strategy (REMS) was necessary to sue to outweigh the risks of adverse outcomes rom inappropriate prescribing, abuse, and misuse.
	nths ago, you received a letter announcing the ained that the principal components of this REM	REMS for all ER/LA opioid analgesic drug products, MS are:
b) the	escriber training on all ER/LA opioid analgesics Patient Counseling Document on Extended-Rele nique Medication Guide for each ER/LA opioid	ease/Long-Acting Opioid Analgesics (PCD), and
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on ER/LA o critical com for prescrib	pioid analgesics – provided at a nominal to no ponent of the ER/LA Opioid Analgesics REMS pers. <i>REMS-compliant training</i> will: (a) be delive the FDA Blueprint for Prescriber Education fo	
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Analgesics ( independer REMS-comp core messa; providers to <u>http://www.</u> The core me • Un ER • Be ana • Be • Km inc	It audit of content and compliance with applica pliant training will focus on the safe prescribin, ges to be communicated to prescribers in the F o design and deliver REMS-compliant training fda_gov/downloads/AboutFDA/ReportsManuals essages include: derstand how to assess patients and determine /LA opioid analgesics. familiar with how to initiate therapy, modify d algesics. knowledgeable about how to manage and mor ow how to counsel patients and caregivers abo luding proper storage and disposal.	nowledge assessment; and (d) be subject to able accrediting standards. g of ER/LA opioid analgesics. The FDA developed DA Blueprint, which will be used by accredited CE courses. The FDA Blueprint is available at Forms/Forms/UCM163919.pdf e which may be appropriate for treatment with lose, and discontinue use of ER/LA opioid nitor ongoing therapy with ER/LA opioid analgesics.
Analgesics ( independer REMS-comp core messa; providers to http://www. The core mo • Un ER • Be ana • Be • Kn inc • Be	It audit of content and compliance with applica pliant training will focus on the safe prescribin, ges to be communicated to prescribers in the F o design and deliver REMS-compliant training fda_gov/downloads/AboutFDA/ReportsManuals essages include: derstand how to assess patients and determine /LA opioid analgesics. familiar with how to initiate therapy, modify d algesics. knowledgeable about how to manage and mor ow how to counsel patients and caregivers abo luding proper storage and disposal.	nowledge assessment; and (d) be subject to able accrediting standards. g of ER/LA opioid analgesics. The FDA developed TDA Blueprint, which will be used by accredited CE courses. The FDA Blueprint is available at Forms/Forms/UCM163919.pdf e which may be appropriate for treatment with lose, and discontinue use of ER/LA opioid nitor ongoing therapy with ER/LA opioid analgesics. but the safe use of ER/LA opioid analgesics,
Analgesics ( independer REMS-comp core messa; providers to http://www. The core me Un ER • Be ana • Be • Kn inc • Be	It audit of content and compliance with applica pliant training will focus on the safe prescribin, ges to be communicated to prescribers in the F o design and deliver REMS-compliant training, <u>fda.gov/downloads/AboutFDA/ReportsManuals</u> essages include: derstand how to assess patients and determine /LA opioid analgesics. familiar with how to initiate therapy, modify d algesics. knowledgeable about how to manage and mor ow how to counsel patients and caregivers abo luding proper storage and disposal. familiar with general and product-specific dru	nowledge assessment; and (d) be subject to able accrediting standards. g of ER/LA opioid analgesics. The FDA developed DA Blueprint, which will be used by accredited CE courses. The FDA Blueprint is available at Forms/Forms/UCM163919.pdf e which may be appropriate for treatment with lose, and discontinue use of ER/LA opioid nitor ongoing therapy with ER/LA opioid analgesics. but the safe use of ER/LA opioid analgesics. g information concerning ER/LA opioid analgesics. include <i>all</i> : a) extended-release, oral-dosage forms containing: r tapentadol; b) fentanyl and buprenorphine-containing

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# Professional Organization/Licensing Board Letter #2

REMS-compliant training for prescribers also includes information on weighing the benefits and risks of opioid therapy and how to recognize evidence of, and the potential for, opioid misuse, abuse, addiction, and overdose. REMS-compliant training may also be offered by academic institutions or learned societies independent of REMS-related funding. We encourage you to successfully complete REMS-compliant training from an accredited CE provider to improve your ability to prescribe these medications more safely.

#### **Requested Action**

We ask you to encourage your <members/licensees> to successfully complete REMS-compliant training to improve their ability to prescribe these medications more safely. Under the REMS, prescribers are **strongly encouraged** to do **all** of the following:

- Train (Educate Themselves) Complete REMS-compliant training offered by an accredited provider of continuing education (CE) for their discipline.
- Counsel Their Patients Discuss the safe use, serious risks, storage, and disposal of ER/LA opioid
  analgesics with patients and their caregivers every time you prescribe these medicines. Use the
  enclosed Patient Counseling Document on Extended-Release/Long-Acting Opioid Analgesics (PCD) to
  facilitate these discussions. Prescribers can re-order or print additional copies of the PCD from
  www.ER-LA-opioidREMS.com.
- Emphasize Patient and Caregiver Understanding of the Medication Guide Stress to patients and their caregivers the importance of reading the Medication Guide that they will receive from their pharmacist every time an ER/LA opioid analgesic is dispensed to them, as information may have changed.
- Consider Using Other Tools In addition to the PCD, there are other publicly-available tools to
  improve patient, household, and community safety when using ER/LA opioids, as well as compliance
  with conditions of treatment, including Patient-Prescriber Agreements (PPAs) and risk assessment
  instruments.

A listing of REMS-compliant training funded under this REMS appears on www.ER-LA-opioidREMS.com.

#### **Adverse Event Reporting**

To report all suspected adverse reactions associated with the use of the ER/LA opioid analgesics, contact:

- the pharmaceutical company that markets the specific product, or
  - the FDA MedWatch program:
    - by phone at 1-800-FDA-1088 (1-800-332-1088) or
    - online at <u>www.fda.gov/medwatch/report.htm</u>

More information about this REMS can be obtained at: <u>www.ER-LA-opioidREMS.com</u> or by calling the ER/LA Opioid Analgesic REMS Call Center at 1-800-503-0784.

Sincerely,

The ER/LA Opioid Analgesic Companies

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EP/LA Opioid Analgonics PEMO	
ER/LA Opioid Analgesics REMS The Extended-Release and Long-Acting Opioid	
Analgesics Risk Evaluation and Mitigation Strategy	
Home Important Safety Information Medication Guides	U.S. Prescribing Information
Looking for Accredited REMS CME/CE?	Click Here.
RISK EVALUATION AND MITIGATION STRATEGY (REMS)	Accredited Continuing Education for Healthcare
A Risk Evaluation and Mitigation Strategy (REMS) is a strategy to manage known or	Professionals
potential serious risks associated with a drug product and is required by the Food and Drug Administration (FDA) to ensure that the benefits of a drug outweigh its risks.	REMS-Compliant CE for ER/LA Opioid Analgesics
The FDA has required a REMS for extended-release and long-acting (ER/LA) opioid analgesics.	Listing of Accredited CME/CE REMS-Compliant Activities Supported by RPC
Under the conditions specified in this REMS, prescribers of ER/LA opioid analgesics are strongly encouraged to do all of the following:	Continuing Education Provider Information
Train (Educate Yourself) - Complete a <u>REMS-compliant education program</u>	Materials for Healthcare
offered by an accredited provider of continuing education (CE) for your discipline	Professionals
<ul> <li>Counsel Your Patients - Discuss the safe use, serious risks, storage, and disposal of ER/LA opioid analgesics with patients and/or their caregivers every time</li> </ul>	Dear DEA-Registered Prescriber Letter
you prescribe these medicines. Click here for the <u>Patient Counseling Document</u>	Patient Counseling Document
(PCD) Emphasize Patient and Caregiver Understanding of the Medication Guide -	Medication Guides
Stress to patients and their caregivers the importance of reading the Medication Guide that they will receive from their pharmacist every time an ER/LA opioid is	Healthcare Professional Frequently Asked Questions
<ul> <li>dispensed to them</li> <li>Consider Using Other Tools - In addition to the PCD, there are other publicly</li> </ul>	Materials for Patients
available tools to improve patient, household and community safety, as well as	Medication Guides
compliance with conditions of treatment, including Patient-Prescriber Agreement (PPA) and risk assessment instruments	Patient Frequently Asked Questions
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Click here for a complete list of products covered under the ER/LA Opioid Analgesics REMS Program	ADDREY READER
For additional information about the ER/LA Opioid REMS Program, call 800- 503-0784.	
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nelp ensure the safe and e	who prescribe ER/LA opioid analgesics have effective use of ER/LA opioid analgesics. RE a safe prescribing of ER/LA opioid analgesics	MS-compliant training	FDA Blueprint for Prescriber Education for Extended-Release
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Blueprint for Prescriber Ec	-	ting Opioid Analgesics	
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	to assess patients for treatment with ER/LA now to initiate therapy, modify dose, and disc 3.		
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# **Selected Important Safety Information**

# ABUSE POTENTIAL AND RISK OF LIFE-THREATENING RESPIRATORY DEPRESSION

The branded and generic drug products subject to this REMS include all:

- extended-release, oral dosage forms containing
  - hydrocodone,
  - hydromorphone,
  - morphine,
  - oxycodone,
  - o oxymorphone, or
  - tapentadol;
- fentanyl and buprenorphine-containing transdermal delivery systems; and
- methadone tablets and solutions as well as buprenorphine-containing buccal films that are indicated for use as analgesics.

These drug products will be collectively referred to as Extended-Release and Long-Acting (ER/LA) prescription opioid analgesics.

ER/LA prescription opioid analgesics are opioid agonists and Schedule II or, Schedule III, as is the case with transdermal and buccal film buprenorphines, controlled substances with abuse liabilities similar to other opioid agonists. Schedule II and Schedule III opioid substances have high potential for abuse and risk of fatal overdose due to respiratory depression.

ER/LA opioid analgesics can be abused in a manner similar to other opioid agonists, legal or illicit. This should be considered when prescribing or dispensing ER/LA opioid analgesics in situations where the physician or pharmacist is concerned about an increased risk of misuse, abuse, or diversion.

Persons at increased risk for opioid abuse include those with a personal or family history of substance abuse (including drug or alcohol abuse or addiction) or mental illness (e.g., major depression). Patients should be assessed for their clinical risks for opioid abuse or addiction prior to being prescribed opioids. All patients receiving opioids should be routinely monitored for signs of misuse, abuse and addiction.

ER/LA opioid analgesics containing buprenorphine, fentanyl, hydrocodone, hydromorphone, methadone, morphine, oxycodone, oxymorphone, and tapentadol are indicated for the management of pain severe enough to require daily, around-the-clock, long-term opioid treatment and for which alternative treatment options are inadequate. Extended-release oxycodone (OxyContin) is also indicated in pediatric patients 11 years of age and older who are already receiving and tolerate a minimum daily opioid dose of at least 20 mg oxycodone orally or its equivalent. **ER/LA opioid analgesics are not indicated for acute pain.** 

Because of the risks of addiction, abuse and misuse with opioids, even at recommended doses, and because of the greater risks of overdose and death with extended-release formulations, reserve ER/LA opioid analgesics reserved for use in patients for whom alternative treatment options (e.g. non-opioid analgesics or immediate-release opioids) are ineffective, not tolerated, or would be otherwise be inadequate to provide sufficient management of pain. For some of the ER/LA opioid analgesics, certain strengths, certain daily doses, and in specific indicated patient populations (e.g., pediatric patients) are for use in opioid-tolerant patients only. Consult the individual Full Prescribing Information for the definition of opioid tolerance and dosing instructions for patients. ER/LA opioid analgesics are not intended for acute pain, pain that is mild or not expected to persist for an extended period of time, or for use on an as-needed basis.

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ER/LA opioid analgesic formulations have product specific dosage and administration instructions. Refer to the individual Full Prescribing Information for specific doses and dosing recommendations.

ER/LA oral dosage forms must be swallowed whole and must not be cut, broken, chewed, crushed, or dissolved. Taking cut, broken, chewed, crushed or dissolved oral dosage forms leads to rapid release and absorption of a potentially fatal dose of the opioid agonist. For patients who have difficulty swallowing their medication whole, certain oral products may be opened and sprinkled on applesauce—refer to the product-specific Full Prescribing Information.

Transdermal dosage forms must not be cut, damaged, chewed, swallowed or used in ways other than indicated since this may cause choking or overdose resulting in death. Avoid direct external heat sources to transdermal application site and surrounding area.

As stated in the Boxed Warning, prescribers need to be aware of the following:

- ER/LA Opioid Analgesics exposes users to risks of addictions, abuse and misuse, which can lead to overdose and death. Assess each patient's risk before prescribing and monitor regularly for development of these behaviors and conditions.
- Serious life-threatening or fatal respiratory depression may occur. Monitor closely, especially upon initiation or following a dose increase. Instruct patients to swallow ER/LA Opioid Analgesics tablets whole to avoid exposure/ingestion to a potentially fatal dose.
- Accidental ingestion of ER/LA Opioid Analgesics, especially in children, can result in fatal overdose.
- Prolonged use of ER/LA Opioid Analgesics during pregnancy can result in neonatal opioid withdrawal syndrome, which may be life-threatening if not recognized and treated. If opioid use is required for a prolonged period in a pregnant woman, advise the patient of the risk of neonatal opioid withdrawal syndrome and ensure that appropriate treatment will be available.
- Initiation of CYP 3A4 inhibitors (or discontinuation of CYP 3A4 inducers) can result in a fatal overdose.

ER/LA opioid analgesics are contraindicated in patients with a known hypersensitivity to any of the components of ER/LA opioid analgesics, including the respective active ingredients, or in any situation where opioids are contraindicated; in patients who have significant respiratory depression; in patients who have acute or severe bronchial asthma; or in patients who have or are suspected of having paralytic ileus. **These contraindications are not all-inclusive of those for each individual ER/LA opioid analgesic;** therefore, the Full Prescribing Information for the individual ER/LA opioid analgesics must be consulted.

The concomitant use of ER/LA opioid analgesics containing buprenorphine, fentanyl, methadone, or oxycodone with cytochrome P450 3A4 inhibitors may result in increased opioid plasma concentrations and may cause potentially fatal respiratory depression.

#### **Adverse Reactions**

Serious adverse reactions of ER/LA opioid analgesics include life threatening respiratory depression, apnea, respiratory arrest, circulatory depression, hypotension, and death.

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Accidental exposure/ingestion of ER/LA opioids, especially in children, can result in death.

With methadone, cases of QT interval prolongation and serious arrhythmia (torsades de pointes) have been observed during treatment. Most cases involve patients being treated for pain with large, multiple daily doses of methadone, although cases have been reported in patients receiving doses commonly used for maintenance treatment of opioid addiction. A positive-controlled study of the effects of transdermal buprenorphine on the QTc interval in healthy subjects demonstrated no clinically meaningful effect at a transdermal buprenorphine dose of 10 mcg/hour; however, a transdermal buprenorphine dose of 40 mcg/hour (given as two 20 mcg/hour transdermal buprenorphine systems) was observed to prolong the QTc interval.

The most common adverse reactions of ER/LA opioid analgesics include constipation, nausea, somnolence, dizziness, vomiting, pruritus, headache, dry mouth, asthenia, and sweating. Additionally, the following have been reported with transdermal buprenorphine and fentanyl products: application site pruritus, application site erythema, and application site rash. Refer to the individual Full Prescribing Information for all product-specific adverse reactions.

# **Adverse Event Reporting**

Please report all suspected adverse reactions associated with the use of the specific ER/LA opioid analgesic to the appropriate company. You may also report adverse events directly to the FDA's MedWatch Reporting System:

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- by calling 1-800-FDA-1088 (1-800-332-1088),
- online at <u>https://www.accessdata.fda.gov/scripts/medwatch/medwatch-online.htm</u> or
- by mail using the fillable portable document format (PDF) Form FDA 3500, available at http://www.fda.gov/downloads/AboutFDA/ReportsManualsForms/Forms/UCM163919.pdf

# **Patient Counseling Document and Medication Guide**

The Patient Counseling Document (PCD) on Extended-Release/Long-Acting Opioids is a tool unique to this REMS designed to facilitate important discussions with your patients and their caregivers for whom you select an ER/LA opioid analgesic. The PCD should be provided to the patient and/or their caregiver at the time of prescribing. It contains important safety information about the drug products subject to this REMS and includes space for you to write additional information to help your patients use their ER/LA opioid analgesic safely.

Patients and their caregivers should be counseled on: the importance of taking these medicines exactly as you prescribe them, the need to store ER/LA opioid analgesics safely and securely—out of the reach of children, pets, and household acquaintances to avoid risks from unintended exposure, the importance of not sharing these medications, even if someone has the same symptoms as the patient, and the proper methods of disposal of unneeded ER/LA opioid analgesics.

It is important that you encourage your patients and their caregivers to read the relevant Medication Guide when they pick up their prescription from the pharmacy. The Medication Guide provides important information on the safe and effective use of the specific ER/LA opioid analgesic prescribed.

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# Interstitial Popup

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Thank you for visiting www.er-la-opioidrems.com. By clicking "Continue" below, you will be leaving the ER/LA Opioid Analgesics REMS website. RPC is not responsible for the privacy policy, the content or the accuracy of any website accessed through a link.

IMPORTANT SAFETY LABEL CHANGES!
Revised Indication:
<ul> <li>For the management of pain severe enough to require daily, around-the-clock, long-term opioid treatment and for which alternative treatment options are inadequate.</li> </ul>
Revised Warnings:
ADDICTION, ABUSE and MISUSE
LIFE-THREATENING RESPIRATORY DEPRESSION
ACCIDENTAL INGESTION
CYTOCHROME P450 3A4 INTERACTION.
New Warning:
NEONATAL OPIOID WITHDRAWAL SYNDROME
Please click on the U.S. Prescribing Information link for the complete label for each ER/LA opioid drug.
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