

# An Industry Perspective on Successful Prediction of Food Effect and Fed BE Studies

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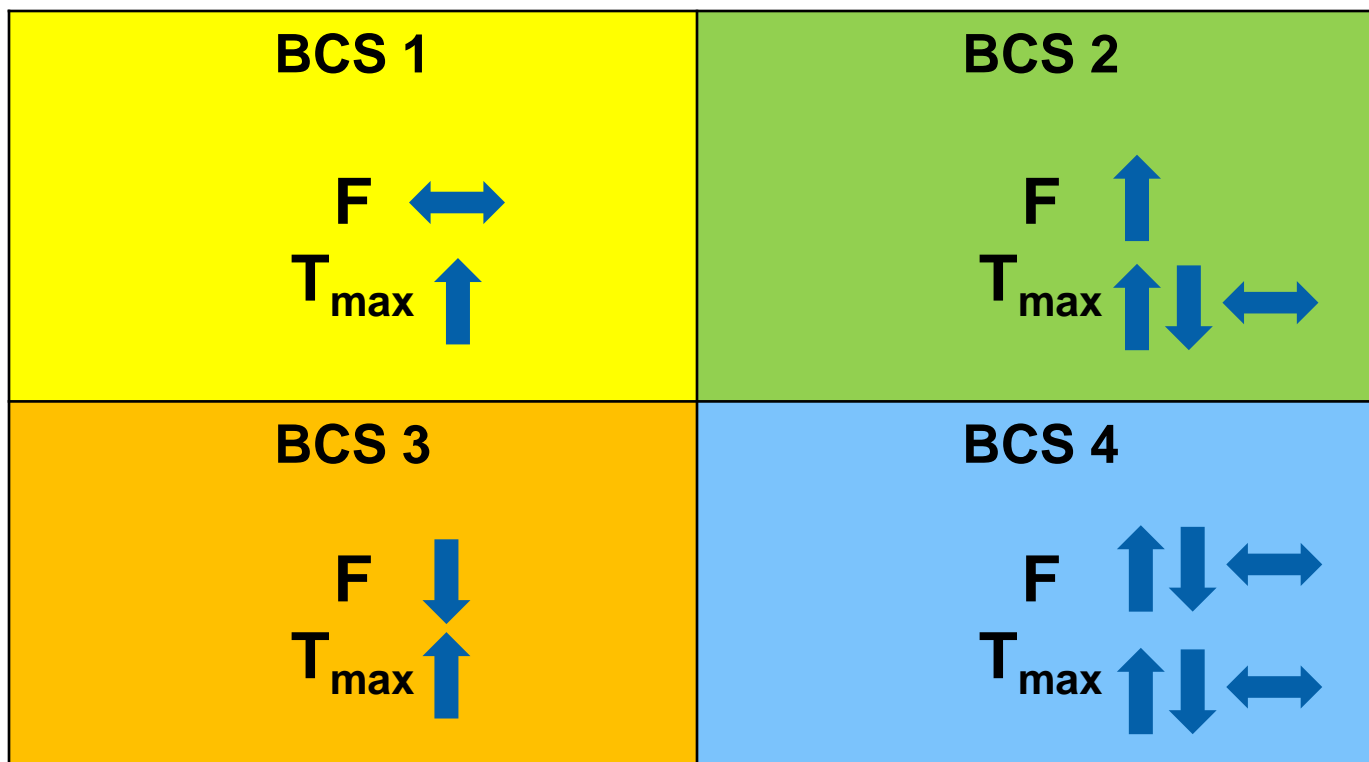
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**FDA's Generic Drug Research Public Workshop**

# Disclaimer

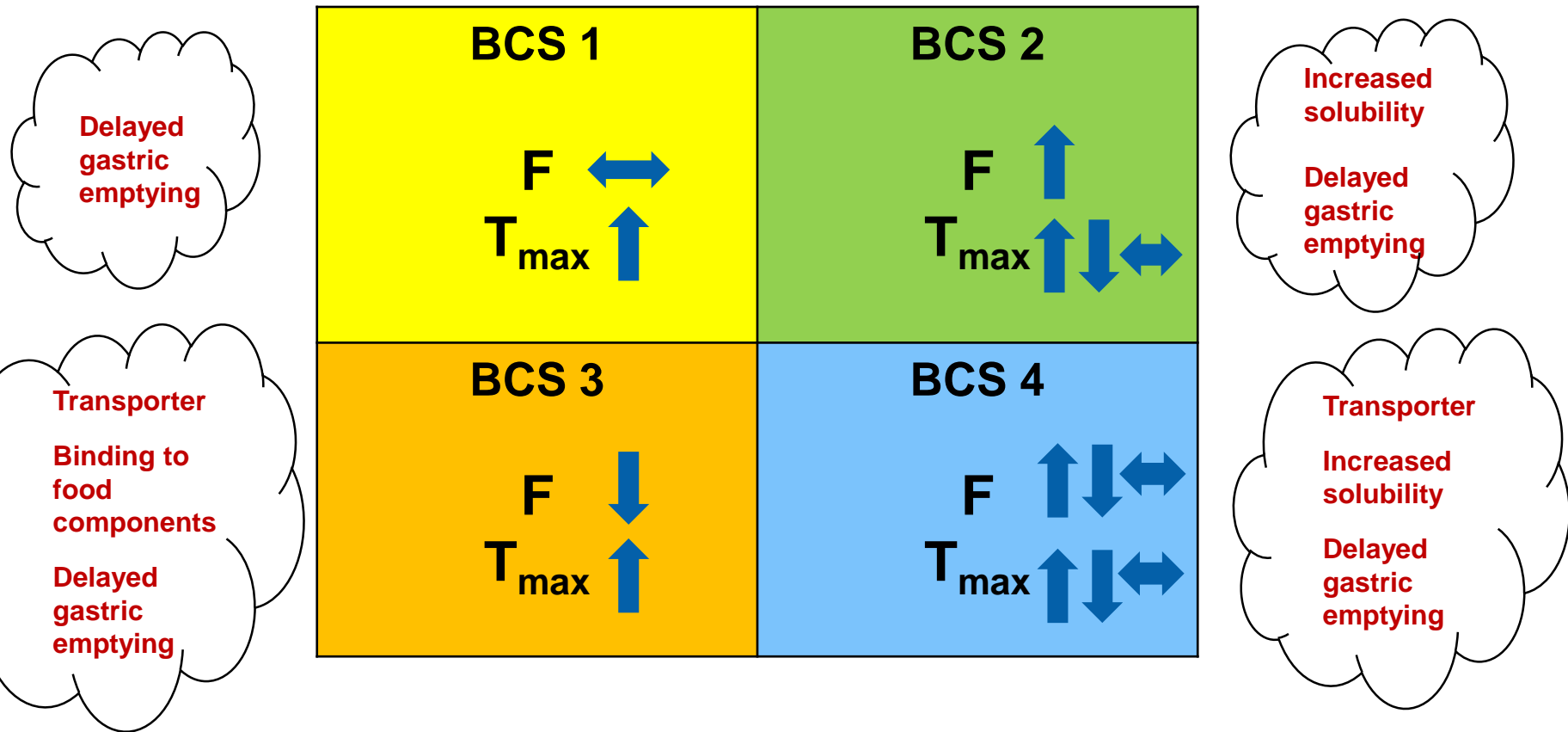
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# Effect of Food on Pharmacokinetics



Fleisher et al., Clinical Pharmacokinetics, 36, 233-254 (1999)

# Primary Mechanism of Food Effect



Fleisher et al., Clinical Pharmacokinetics, 36, 233-254 (1999)

# Where/How Can We Predict Effect of Food Reliably?

BCS 1 & 2 compounds with known food effect mechanism(s)

- Impact on gastric emptying
- Impact of fat & bile salts on solubility and dissolution

Linear PK or non-linearity due to saturation of absorption because of solubility limitation

- No known/obvious interaction of food with intestinal enzymes &/or transporters

Moderate to high bioavailability

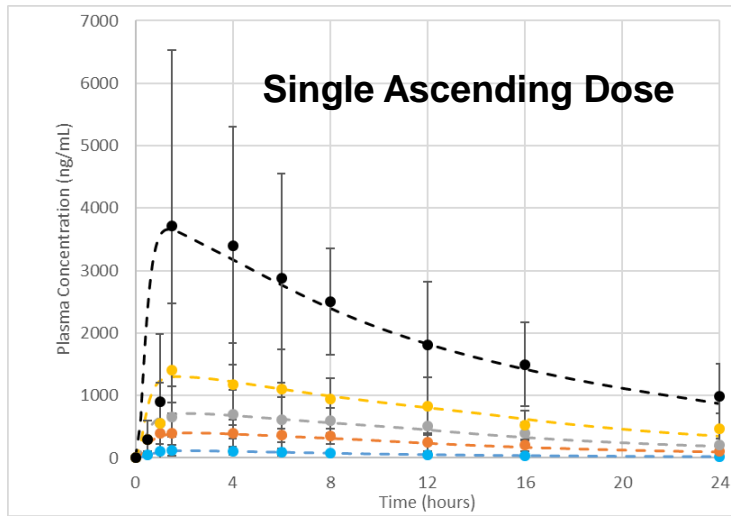
Reliable solubility and/or dissolution data

Reliable estimates of human PK parameters (either from single dose oral or IV data or pop-PK)

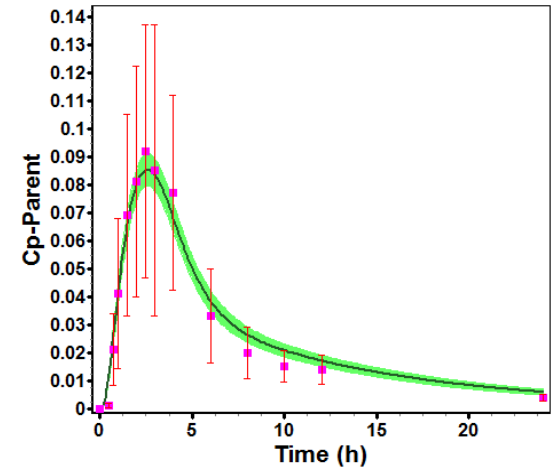
Clinical data are available in at least 1 prandial state for model verification

Estimates of intrasubject CVs on PK parameters from prior studies

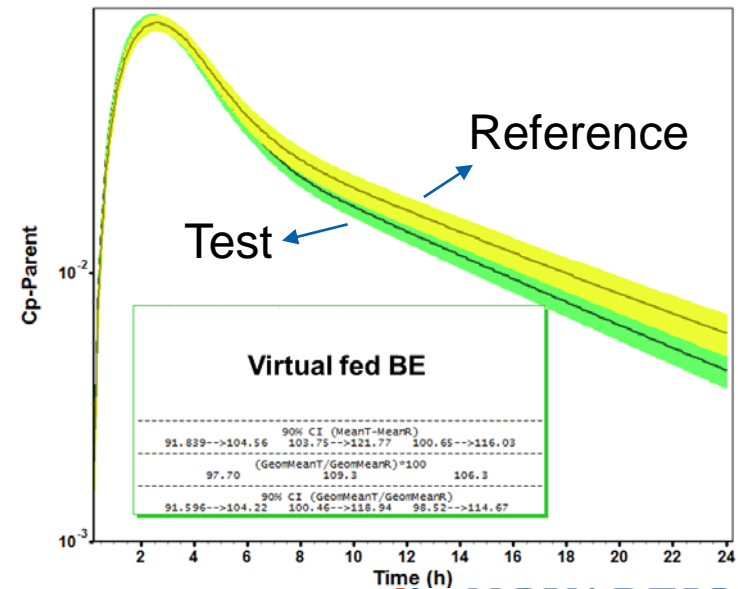
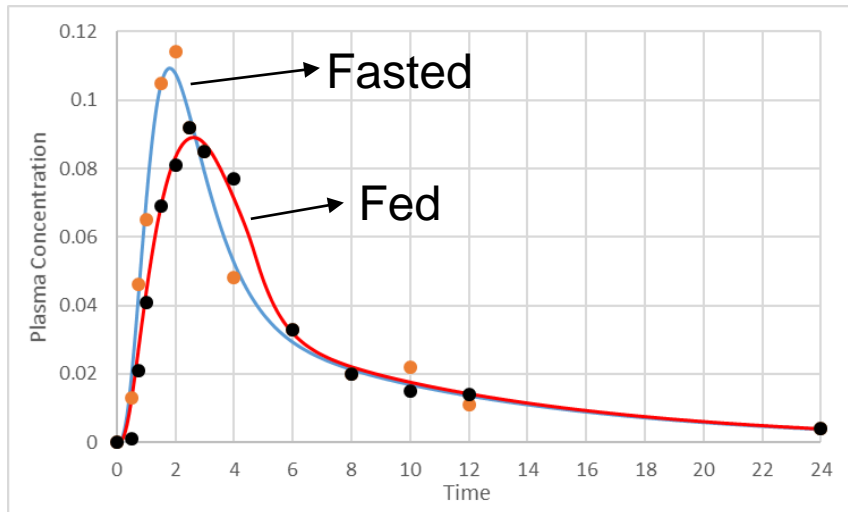
# Typical Workflow for Prediction of Effect of Food



*Population simulations by incorporating variability in PK parameters from previous clinical studies*



Crossover Population Simulations show BE



Sandoz Clinical Development

NOVARTIS

# Cross Industry Case Studies

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Pharmacokinetics, Pharmacodynamics and Drug Transport and Metabolism

Food Effect Projections via Physiologically Based Pharmacokinetic Modeling: Predictive Case Studies



*5 case studies from 4 Pharmaceutical companies demonstrating the successful prediction of food effect, using appropriately established and verified models*

# Summary

- Advances in PBPK modeling allow for waiver of food effect & fed BE studies, on a case-by-case basis
- Within constraints discussed here, there is good success in prediction of food effect & fed BE studies
- Regulatory research should focus on use of these models in waiver of food effect & fed BE studies
  - Fasted state is the most sensitive to assess formulation differences
  - Ethical considerations
  - Reduction in time & cost of development
- ANDA
  - BCS 1 IR product: if sponsor opts for in-vivo BE then only fasting BE should suffice
  - BCS 2 IR product: fed BE studies could be waived if molecules follow constraints discussed here



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Thank you