

# Studies to further establish PK as central tool for a streamlined approval of generic inhalation drugs

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# Background

- Great need for generic inhaled drugs.
- High pressure to streamline generic development and approval.
- FDA is very active in providing guidance information and participating in discussions with stakeholders. (June 21<sup>st</sup> 2013, FDA Meeting on Bioequivalence, ... GDUFA Meetings, DIA 2018, **today's workshop** ...)

# Previous Work

FDA HHSF223201610099C, FDA HHSF223201110117A,  
FDA HHSF223201610099C, FDA HHSF223201300479A.

Hypothesis for slowly dissolving drugs ( $F_{\text{oral}} = 0$ ):  
**PK can provide information necessary to assess pulmonary bioequivalence.**

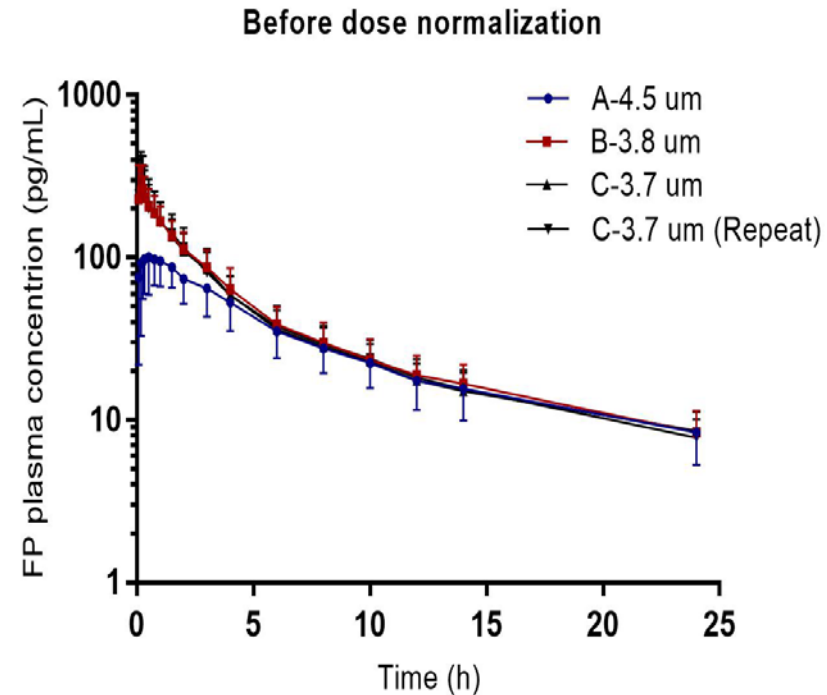
- Pulmonary available dose (AUC)
- Pulmonary residence time ( $C_{\text{max}}$ ,  $t_{\text{max}}$ )
- Regional lung deposition (c/p ratio)

→ A formulation that deposits more centrally is predicted to have:

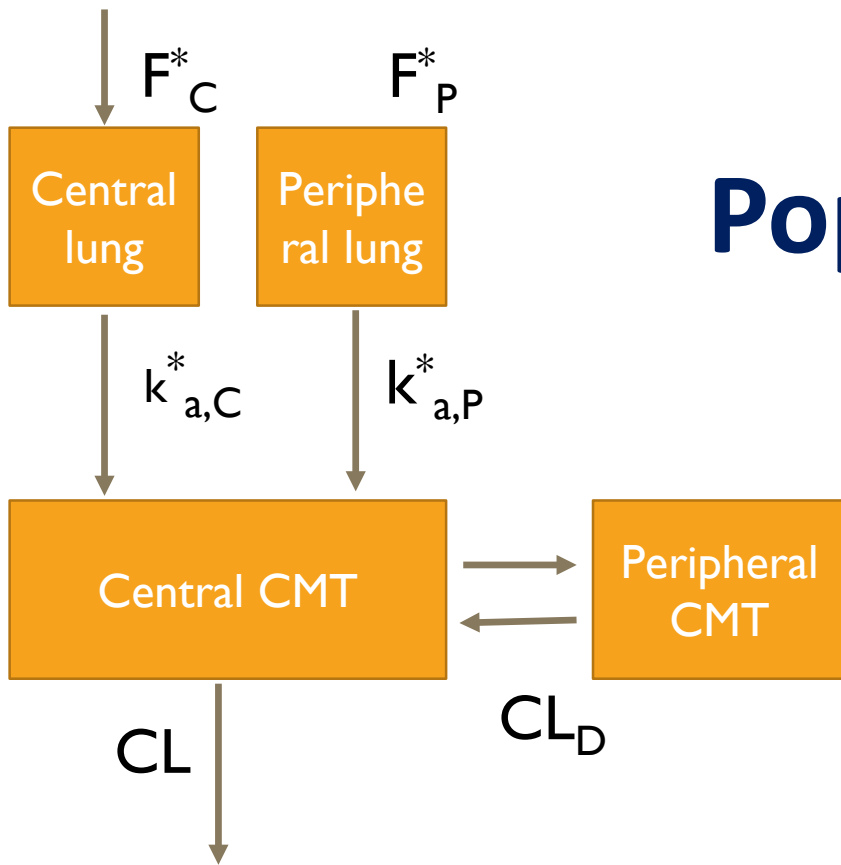
- Lower AUC due to increased mucociliary clearance,
- Lower  $C_{\text{max}}$

# Study Design and Results (in a nutshell)

- Formulate three Fluticasone DPIs which differ in MMAD (collaboration with Rob Price, Jag Shur)
- In vitro evaluation found differences in
  - Total Lung Dose<sub>in vitro</sub> (Mike Hindle)
  - Dissolution rate (UF)
- PK could provide information on:
  - Total lung dose (AUC)
  - Pulmonary residence time (C<sub>max</sub>/D)
  - c/p ratio, based on C<sub>max</sub>/D, but not AUC
  - **Further information on c/p ratio necessary**

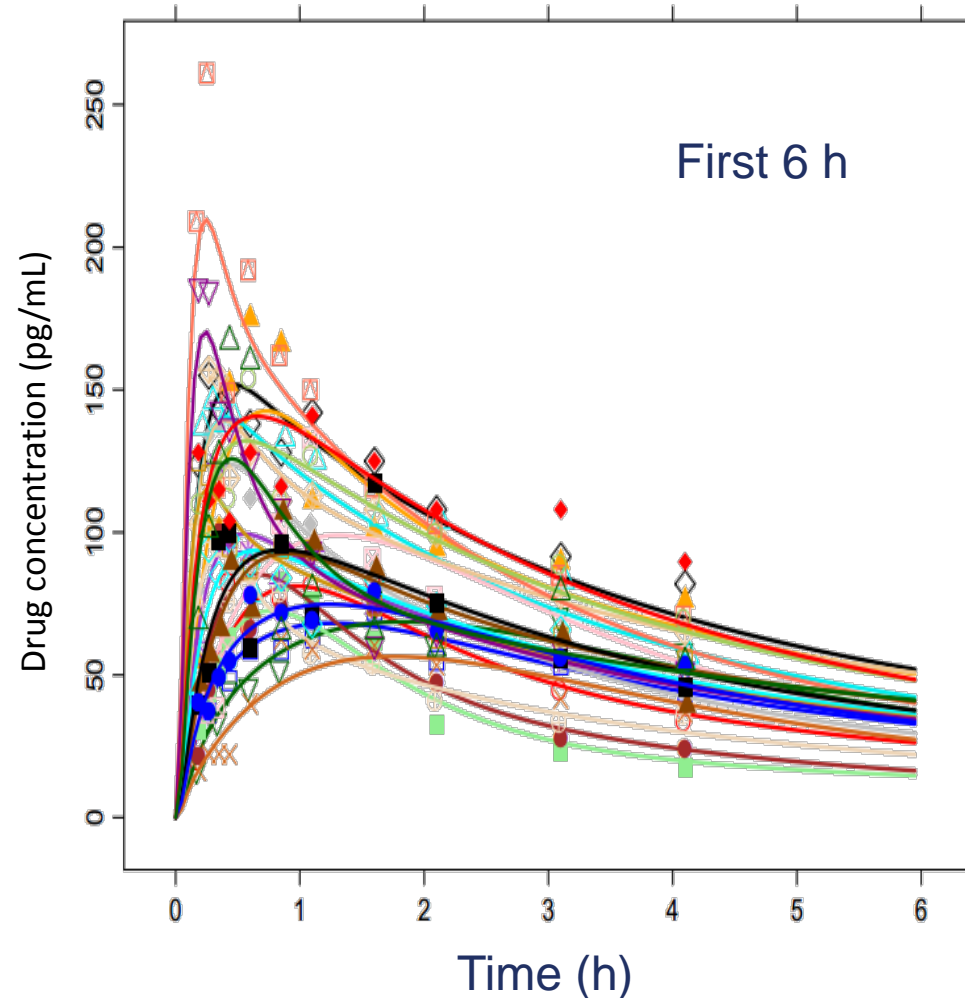


# PART 2: Population PK analysis



**$F_C$** : absorbed dose fraction from the central region of the lung.

**$F_P$** : absorbed dose fraction from the peripheral region of the lung.



# Lung related mean PK parameter estimates

Parameters	A- 4.5 $\mu\text{m}$	B- 3.8 $\mu\text{m}$	C -3.7 $\mu\text{m}$
	Mean	Mean	Mean
Absorption $t_{1/2}$ for central lung (h)	<b>2.7</b>	<b>1.6</b>	<b>1.7</b>
Absorption $t_{1/2}$ peripheral lung (h)	<b>0.27</b>	<b>0.13</b>	<b>0.13</b>
Absorbed dose - central lung (%)	<b>6.1</b>	<b>6.1</b>	<b>5.3</b>
Absorbed dose - peripheral lung (%)	<b>1.7</b>	<b>5.7</b>	<b>6.0</b>
c/p ratio	<b>3.5</b>	<b>1.1</b>	<b>0.9</b>

# Summary

- Population PK could clearly provide information on the regional lung deposition
  - However, population PK is a quite involved technique for standard BE assessment.
- Future research to evaluate simpler approaches informed by population PK.

# Is $C_{max}$ sensitive to the c/p ratio?

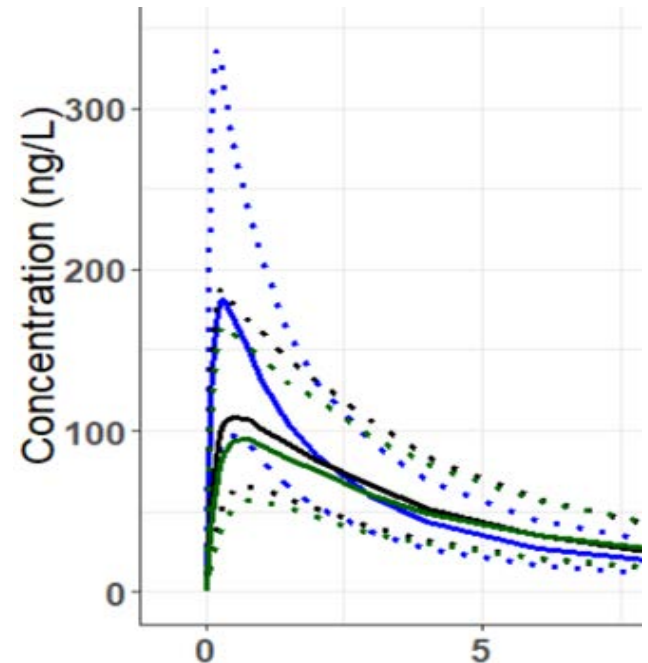
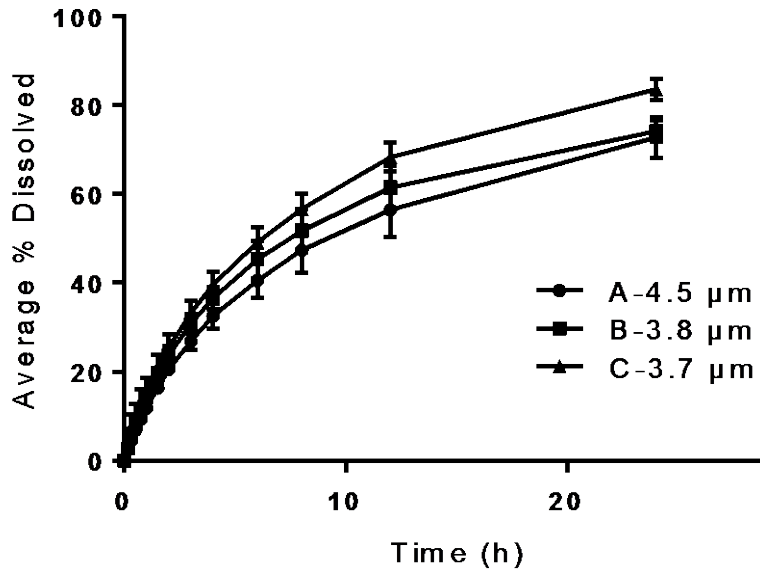
## Differences in Dissolution Rate

	MDT (h)	Relative surface area
A-4.5 $\mu\text{m}$	19.2	0.5
C-3.7 $\mu\text{m}$	13.4	1

Integrate  
in PBPK Model  
Nernst-Brunner  
Fick's Law

$C_{max}$  ratio, if only  
dissolution differs

$C_{max}$ ratio	Predicted	Measured
C/A	1.15	1.8

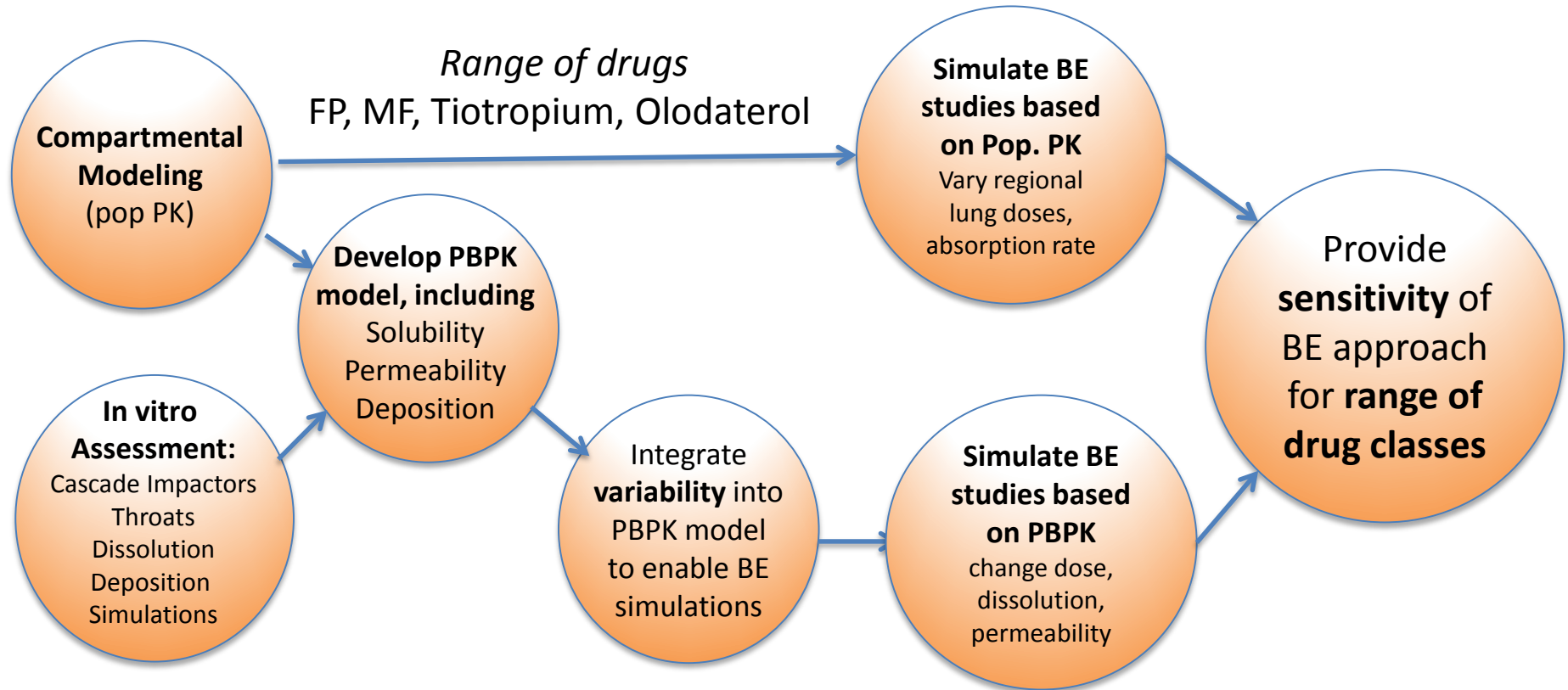




# Summary

- NCA-PK can provide information on
  - Dose
  - Pulmonary residence time
  - Regional deposition
    - Cmax seems to be sensitive to the c/p ratio
- Open Questions – Future Research:
  - Is NCA analysis (Cmax) a robust parameter?
    - A PBPK/popPK based simulation approach should be able to answer this question.
  - How can we generalize this approach to other corticosteroids, long-acting beta-agonists (LABAs), and anti-muscarinic agents

# Future Research I: Novel BE approaches to study regional distribution of inhalation drugs supported by PBPK and PopPK



# Future Research II: Systematic evaluation of the ex-throat plume properties of MDI formulations

Droplet Size Distribution (DSD)

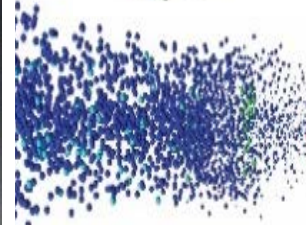
Plume geometry via laser diffraction

**MDIs:** Advair, Symbicort and QVAR

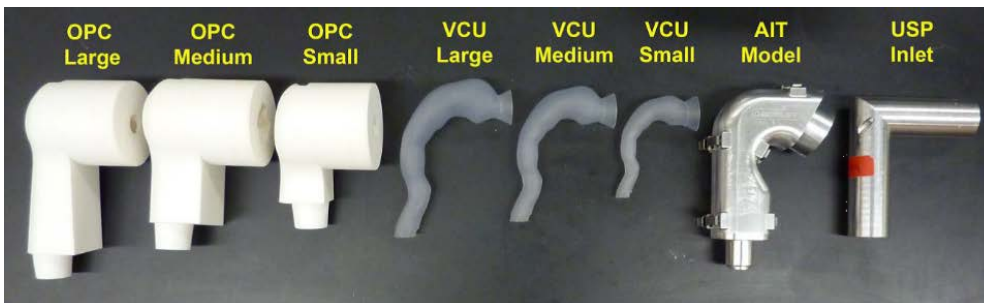
Dissolution profiles

Aerodynamic Particles Size Distribution (NGI)

Computational fluid dynamics



Eight available throat models



→ Improved understanding of realistic testing conditions.

# Acknowledgements

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  - U01FD004950 (Dissolution)
  - 5U01FD004943-05 (MDI)
  - FDA-SOL-1120918 (Nasal Spray)
  - HHSF223401610099C (DPI)