# FDA Public Hearing: Scientific Data and Information about Products Containing Cannabis or Cannabis-Derived Compounds





Larry A. Walker, Director Emeritus

National Center for Natural Products Research



# National Center for Natural Products Research University of Mississippi

- FDA/CFSAN CoE for Botanical Ingredients Research [Ikhlas Khan, UM/NCNPR]
- Cannabis/cannabinoids contractor for NIDA Drug Supply Program [Mahmoud ElSohly, UM/NCNPR]
- Partner in the Botanical Adulterants Prevention Program of American Botanical Council [Ikhlas Khan, UM/NCNPR]
- Current "Expanded Access" IND for CBD Extract Oral Solution in refractory childhood epilepsy [Brad Ingram, UMMC]



### Potential safety issues – Cannabis

- Risks in NASEM Assessment 2017: primarily THC and smoking related?
- Product authenticity/quality issues
- Potential CBD safety issues







#### Article

#### Hepatotoxicity of a Cannabidiol-Rich Cannabis Extract in the Mouse Model

Laura E. Ewing <sup>1,2</sup>, Charles M. Skinner <sup>1,3</sup>, Charles M. Quick <sup>4</sup>, Stefanie Kennon-McGill <sup>1</sup>, Mitchell R. McGill <sup>1,2,3</sup>, Larry A. Walker <sup>5,6</sup>, Mahmoud A. ElSohly <sup>5,6,7</sup>, Bill J. Gurley <sup>3,8</sup> and Igor Koturbash <sup>1,3,\*</sup>

#### **CBD Content vs. Product Label Claim**

| Product | CBD<br>Label Claim | Total CBD | % Label<br>Claim | THC<br>> 0.3%   | Synthet.<br>Cannab. | PORTE     |
|---------|--------------------|-----------|------------------|-----------------|---------------------|-----------|
| 1       | 350 mg             | 417 mg    | 119%             |                 |                     | DR IF     |
| 2       | 300 mg             | 0.2 mg    | 0.1%             |                 |                     | SILVER OR |
| 3       | No claim           | 10 mg     | ???              |                 |                     | Ho 20 di  |
| 4       | 500 mg             | 521 mg    | 104%             | +++             |                     |           |
| 5       | 4-5 mg             |           | 0%               | +++<br>only THC |                     | MAX CHI   |

REVIEW



## Marijuana's Effects on Brain Structure and Function: What Do We Know and What Should We Do? A Brief Review and Commentary



Richard D. deShazo, MD, MACP, <sup>a,b,e</sup> Sara B. Parker, BA, <sup>a</sup> Daniel Williams, PhD, <sup>c</sup> John B. Ingram, MD, <sup>b,d</sup> Mahmoud Elsohly, PhD, <sup>f</sup> Kathryn Rodenmeyer, BA, <sup>e</sup> Kyle McCullouch, BBA<sup>a</sup>

<sup>a</sup>Department of Medicine, University of Mississippi Medical Center, Jackson; <sup>b</sup>Department of Pediatrics, University of Mississippi Medical Center, Jackson; <sup>c</sup>Department of Psychiatry, University of Mississippi Medical Center, Jackson; <sup>d</sup>Department of Neurology, University of Mississippi Medical Center, Jackson; <sup>c</sup>Mississippi Public Broadcasting, Jackson; <sup>f</sup>The National Center for Natural Products Research, University of Mississippi, Oxford.

## Mississippi Program CBD Extract Oral Solution in Childhood Epilepsy

#### Harper Grace's Law

Mississippi Code § 41-29-136 (2017) Expires July 1, 2021

#### **Purpose:**

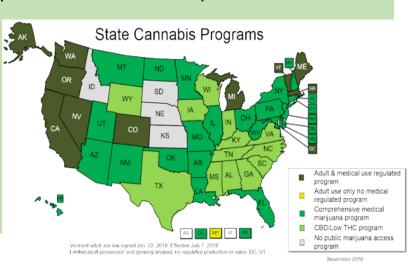
- Needs of patients with refractory childhood epilepsy
  - Evaluate tolerability under guidance of UMMC physicians
  - Protect patient/family wrt state/federal Controlled Substance laws

#### **Allows**

- CBD Extract provided by NCNPR
- Only UMMC Pharmacy can dispense CBD Solution to patients
  - CBD/THC Ratio ≥ 20:1
  - CBD ≥ 50 mg/mL (5%)
  - THC  $\leq$  2.5 mg/mL (0.25%)

#### **Does NOT Allow:**

- CBD ⇒ non-DEA C-I registrant
- Sale of any CBD products



"Restricted THC" program, similar to 12 other states, but difficulty in implementation b/c of DEA restrictions

#### **UM Program –**

- Small 'expanded access' IND
- Primary endpoint: tolerability
- Secondary endpoints: seizure control, QoL, drug interactions

At 6 mo. all 10 pts enrolled continue in program

- Low doses (2 increasing to avg 6 mg/kg/d)
- Most have reductions in seizure frequency
- Generally well tolerated, but some side effects
- Drowsiness, agitation, GI upset, skin rash
- Several patients w/ mild infections fall/winter
- Very mild elevations in liver enzymes
- Elevation in clobazam metabolite
- Increased perampanel toxicity

## Cannabis/Hemp/CBD Products – Possible Regulatory Approach

- 1. GRAS existing now for a few 'cannabinoid-free' hemp products
  - Food ingredients fiber-type hemp, from certified seed
- 2. Strict limits for CBD, hemp-derived supplements
  - Derived from "Farm Bill" certified seed, THC-free, restricted CBD
  - GMPs; AE surveillance; SF claims only; adult only, limited dose
  - Special attention warranted, as for performance enhancer, weight loss, sexual enhancer products
  - Consider conditional registration for manufacturers participating in rigorous safety/quality stewardship programs?

## Cannabis/Hemp/CBD Products – Possible Regulatory Approach

## 3. Cannabis-derived botanical or "single chemical entity" drugs

- Developed under appropriate INDs, with adequate CMC package, trial design, etc.
- With relaxed DEA restrictions on sourcing extracts for legitimate research programs

### 4. What about state medical marijuana programs?

- Assuming these will continue in varied forms...
- Need professional and coordinated national system for gathering identity, quality and safety surveillance data

## Important National Needs/Recommendations:

- Clinical research on controlled quality, well-defined Cannabis-derived products [whether CSA or not]
- 2. Necessitates relaxed DEA restrictions on producing Cannabis by appropriately licensed entities for legitimate clinical research
- 3. FDA-sponsored research basic clinical safety and pharmacokinetic studies on representative products
- 4. Extend animal work to establish NOAEL on representative products
- 5. National testing program for cannabinoid quality and standardization methods for extracts and finished products [FDA, NIST?]
- 6. National AE reporting system for allowed CBD supplement products
- 7. Rapid response program for products involved in serious incidents
- 8. Research on safety outcomes in state medical Cannabis programs