1	SCIENCE BOARD TO THE FOOD AND DRUG ADMINISTRATION
2	ADVISORY COMMITTEE MEETING
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9	Monday, October 7, 2019
LO	8:30 a.m.
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L8	U.S. Food and Drug Administration
L9	Building 31
20	10903 New Hampshire Avenue
21	Silver Spring, Maryland 20993
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PARTICIPANTS

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- 4 RAKESH RAGHUWANSHI, MPH, DESIGNATED FEDERAL OFFICER
- 5 CYNTHIA A. AFSHARI, PH.D., DABT
- 6 ANTHONY BAHINSKI, PH.D., M.B.A, FAHA
- 7 KATHYRN BOOR, PH.D.
- 8 BARBARA B. KOWALCYK, PH.D.
- 9 RICHARD LINTON, PH.D.
- 10 LISA K. NOLAN, D.V.M., M.S., PH.D. [VIA PHONE]
- 11 THEODORE F. REISS, M.D., M.B.E.
- 12 DOJIN RYU, PH.D.
- 13 MINNIE SARWAL, M.D., D.C.H. MRCP, PH.D. [VIA PHONE]
- 14 SCOTT J.S. STEELE, PH.D.
- 15 LAURA L. TOSI, M.D.
- 16 CONNIE WEAVER, PH.D.
- 17 XIANG-QUN (SEAN) XIE, PH.D., EMBA
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- 2 (8:38 a.m.)
- 3 CHAIRMAN MCLELLAN: Good morning. And
- 4 welcome to the Science Board for the Food and Drug
- 5 Administration. My name is Mark McClellan. I'd like
- 6 to start off with a reminder that if you take your
- 7 technology out and tell it to be quiet, that would be
- 8 appreciated. If you can't tell it to be quiet, then
- 9 turn it off. Okay.
- 10 We have a full day and lots to do, so I'll
- 11 officially now call the Science Board meeting to
- 12 order. We'd like to start by going around and
- 13 introducing ourselves. For those of you who are old
- 14 hats, you'll know that as we desire to speak, one of
- 15 the things we do is put our flag up like this and that
- 16 way I'm able to identify you and call on you to speak.
- 17 Otherwise we'll be looking for an engaged
- 18 conversation. For those of you who are on the phone,
- 19 we'll be asking you to simply interrupt us and I'll do
- 20 my best to catch you.
- So, if you would, let's go ahead and start
- 22 and introduce yourselves. Those of you who are new,

- 1 tell us just a little bit more about yourself, okay?
- Thanks.
- 3 DR. REISS: So I guess I'll start it. I'm
- 4 not new. Ted Reese, head of Clinical Research and
- 5 Development at Celgene and I&I
- DR. STEELE: I'm Scott Steele at the
- 7 University of Rochester, associate professor in Public
- 8 Health Sciences and I direct our regulatory science
- 9 programs.
- 10 DR. TOSI: Laura Tosi, and I'm at Children's
- 11 Hospital in George Washington University and I run our
- 12 Bone Health Program at Children's Hospital.
- DR. BOOR: Kathyrn Boor and I am new. I am
- 14 Dean of the College of Agriculture and Life Sciences
- 15 at Cornell University and my background is as a
- 16 molecular biologist focused on food safety.
- DR. WEAVER: I'm Connie Weaver. I'm a
- 18 Distinguished Professor Emerita at Purdue University
- 19 in Food Science and Human Nutrition.
- DR. RYU: My name is Dojin Ryu. I'm Interim
- 21 Director of the School of Food Science and also I'm
- 22 new. My background is mold and mycotoxins, or broadly

- 1 defined as chemical food safety.
- DR. AFSHARI: Cindy Afshari. I'm a Lead
- 3 Nonclinical Safety at Janssen Pharmaceutical.
- 4 DR. LINTON: Good morning. Rich Linton.
- 5 I'm also a new person on the committee. I'm Dean at
- 6 the College of Agriculture and Life Sciences at NC
- 7 State University. My background is as a food
- 8 scientist, a food microbiologist, a bacteriologist by
- 9 training.
- 10 DR. BAHINSKI: Hi. Tony Bahinski. I'm
- 11 Global Head of Safety Pharmacology at GlaxoSmithKline.
- DR. XIE: Good morning. My name is Sean
- 13 Xie. I'm a Professor of Pharmaceutical Science and
- 14 Associate Dean for Research Innovation. Also, I run a
- 15 NIDA-funded Center of Excellence for Computational
- 16 Drug Abuse Research.
- DR. KOWALCYK: Barb Kowalcyk. I'm faculty
- 18 at the Ohio State University in the Department of Food
- 19 Science. My background is epidemiology and
- 20 biostatistics and food safety.
- 21 CHAIRMAN MCLELLAN: So as you can tell,
- 22 these things, you need to somewhat bring them close

- 1 and speak clearly. So I am Mark McClellan. Let's
- 2 see. At last note, I am now at the University of
- 3 North Texas. That's an inside joke. And I'm the Vice
- 4 President for Research and Innovation there.
- 5 MR. RAGHUWANSHI: Morning. I'm Rakesh
- 6 Raghuwanshi, Designated Federal Officer for the
- 7 Science Board.
- 8 RADM HINTON: Good morning, Denise Hinton,
- 9 FDA's Chief Scientist.
- DR. ABERNETHY: Good morning. Amy
- 11 Abernethy, principal deputy commissioner and Acting
- 12 Chief Information Officer at FDA.
- 13 DR. KEEFE: Good morning. I'm Dennis Keith.
- 14 I'm the Director of the Office of Food Additive Safety
- 15 in the Center for Food Safety and Applied Nutrition.
- DR. MAYNE: Good morning. I'm Susan Mayne
- 17 and I direct the Center for Food Safety and Applied
- 18 Nutrition. And welcome to the new members.
- 19 DR. MARKS: I'm Peter Marks, Director of the
- 20 Center for Biologics Evaluation and Research. And
- 21 also welcome. Thanks.
- DR. WILSON: Good morning Caroline Wilson,

- 1 Associate Director for Research in the Center for
- 2 Biologics.
- 3 DR. TAN: Good morning. I'm Regina Tan and
- 4 I'm the new Director for the Office of Research for
- 5 the Center for Veterinary Medicine.
- I come here from the Department of
- 7 Agriculture where I was the Director for the Office of
- 8 Food Safety and I'm a proud graduate of Purdue
- 9 University.
- 10 DR. MENDRICK: Hi, I'm Donna Mendrick. I'm
- 11 the Associate Director of Regulatory Activities from
- 12 NCTR.
- 13 CHAIRMAN MCLELLAN: Very good. And so, Rich
- 14 and Sean and Kathyrn, thank you, particularly the
- 15 three of you for joining us. I think you'll find our
- 16 discussions enjoyable learning and really an
- 17 opportunity to give back if you would, to our
- 18 government and be a part of that science discussion
- 19 for the future.
- 20 We always start our conversation with a
- 21 reminder of conflict of interest and so for that I'll
- 22 turn it over to Rakesh.

1 MR. RAGHUWANSHI: Yes, so good morning once

- 2 again. Welcome to all of you. Thank you for
- 3 traveling from near and far to be here. And thanks to
- 4 the new members for your willingness to serve. Also
- 5 welcome to the members of the public who are here and
- 6 have an interest in today's topic. Today the Science
- 7 Board will hear a response from CBER to the
- 8 recommendations the Board made in 2017 as they
- 9 reviewed CBER's research program.
- 10 The Science Board will also discuss color
- 11 additives and behavioral effects in children. All
- 12 members of this advisory committee are special
- 13 government employees and are subject to federal
- 14 conflict of interest laws and regulations.
- The following information on the status of
- 16 this committee's compliance with federal ethics and
- 17 conflict of interest laws covered by, but not limited
- 18 to those found at 18 USC 208, is being provided to
- 19 participants in today's meeting and to the public.
- 20 FDA has determined that members of this
- 21 committee are in compliance with federal ethics and
- 22 conflict of interest laws.

Based on the agenda for today's meeting, no

- 2 conflict of interest waivers have been issued. We
- 3 have one open public comment period scheduled for
- 4 10:00 a.m. with two members of the public having
- 5 requested to speak.
- 6 And once again for our Science Board members
- 7 on the phone, we'll give you a chance to introduce
- 8 yourselves a momentarily. Please remember to unmute
- 9 your phone when you're speaking and mute your phone
- 10 when you're not speaking.
- If you're logged into the webcast, the link
- 12 was sent to you this morning. Just make sure to turn
- 13 down your computer speakers.
- 14 And for those of you at the table again,
- 15 please make sure you speak very clearly into the
- 16 microphone so our transcriber can duly record
- 17 everything.
- 18 CHAIRMAN MCLELLAN: So let's go to the
- 19 telephone lines and for those of you on the lines,
- 20 we'd give you an opportunity here to please introduce
- 21 yourselves.
- DR. NOLAN: Lisa Nolan, Dean of the College

- 1 of Veterinary Medicine at the University of Georgia.
- 2 CHAIRMAN MCLELLAN: Thank you Lisa. Minnie?
- 3 DR. SARWAL: Minnie Sarwal, Professor of
- 4 Surgery, Medicine and Pediatrics at the University of
- 5 California, San Francisco, Director of Precision
- 6 Transplant Medicine and the Kidney Pancreas Transplant
- 7 Program.
- 8 CHAIRMAN MCLELLAN: Thank you, Lisa. Thank
- 9 you, Minnie. And thank you for taking the time to
- 10 dial in if you couldn't be here, to dial in and join
- 11 us. We appreciate that.
- 12 So our flow of the meeting today will be
- 13 pretty standard. As we get into some of these areas
- 14 my intention will be to pull out a lot of discussion.
- 15 I will be particularly looking for your opinions in
- 16 terms of many of the challenges that we'll end up
- 17 getting into. I'm trying to position us as a resource
- 18 at this time for FDA to use your varying opinions, and
- 19 we hope you will have varying opinions, as a feedback
- 20 to them to assess next steps and where they need to
- 21 go.
- I do not necessarily expect this to come to

- 1 a sense of momentous decision, but rather an engaged
- 2 conversation, engaged discussion that brings your
- 3 expertise to the table and integrates it with the
- 4 issues at hand. But to start, let's go to our chief
- 5 scientist's update and move on to Denise. Thank you
- 6 for being here so much.
- 7 RADM HINTON: Thank you. I appreciate it.
- 8 Good morning and thank you to all of our Science Board
- 9 members for traveling to be here with us today. And
- 10 then for those of you on the phone, we thank you for
- 11 your time and commitment as well. I'd like to welcome
- 12 Dr. Boor, Dr. Linton, and Dr. Ryu as our new members
- 13 of the Science Board. We are grateful for your
- 14 service. Thank you.
- I would like to give you some highlights of
- 16 the work we've been doing in the Office of the Chief
- 17 Scientist over the course of the year. We are fresh
- 18 off of hosting our 2019 Science Forum, which was a
- 19 two-day event showcasing research efforts of our
- 20 scientists. It attracted a global audience. We had
- 21 almost 1700 participants and 267 posters over eight
- 22 different topics of interest.

1 A few days prior to that we had our seventh

- 2 annual Scientific Computing Days focused on areas such
- 3 as artificial intelligence, genomics, and modeling and
- 4 simulation. This drew over 1,000 attendees and
- 5 featured a digital poster session which was piloted
- 6 and highly lauded by our attendees.
- 7 I mentioned these two events because
- 8 supporting our scientists is one of my top priorities
- 9 and then last fiscal year we put on 32 training events
- 10 for almost 4,000 participants and awarded over 1,600
- 11 continuing education units. Interestingly, in 83
- 12 percent of the CE evaluation respondents reported
- 13 there was an impact of CE on their competence and this
- 14 addressed their knowledge gaps.
- 15 It's important to me that our scientists and
- 16 reviewers stay at the forefront of science. Our
- 17 office funded 28 intramural grants in areas including
- 18 medical countermeasures, nanotechnology, diagnostics,
- 19 clinical trial enhancements, and antimicrobial
- 20 resistance, among others.
- 21 We also completed 12 cooperative research
- 22 and development agreements, we call CRADAs, including

- 1 one with the National Institute for Innovation and
- 2 Manufacturing Biopharmaceuticals, or NIIMBL. This is
- 3 the Manufacturing USA public-private partnership.
- 4 This agreement enables FDA and NIIMBL to support pre-
- 5 competitive research, development, testing and
- 6 training needed to foster advanced manufacturing
- 7 innovations in areas such as continuous manufacturing,
- 8 on demand manufacturing and advanced process control
- 9 technologies amongst others. Ultimately advances in
- 10 these areas will help increase NIIMBL's national
- 11 impact by enhancing patient access to new and improved
- 12 medicines.
- 13 More broadly, FDA is working with several
- 14 Manufacturing USA institutes to assist their efforts
- 15 and to identify gaps in technology, understand the key
- 16 factors for bringing 21st Century technologies to the
- 17 market and to strengthen the workforce and training.
- 18 I mentioned medical countermeasures earlier
- 19 and recently we just issued three extramural contracts
- 20 under the fiscal year 2019 broad agency announcement.
- 21 And this is to advance the regulatory science needed
- 22 to further medical countermeasure development for

- 1 Acute Radiation Syndrome, Ebola virus, and Zika. We
- 2 continue to work closely with the Department of
- 3 Defense to help expedite the development and
- 4 availability of medical products necessary to support
- 5 the unique needs of our military personnel.
- 6 In August this year, FDA granted a variance
- 7 request and this was submitted by the Army Blood
- 8 Program for the use of cold stored platelets in
- 9 theater for DOD personnel.
- In addition to speaking to partnerships, we
- 11 continue to work with our CERSI at Yale and Mayo
- 12 Clinic and worked on three collaborative projects and
- 13 this was aimed at reducing harm for opioid addiction
- 14 and abuse, which is a top priority for the
- 15 Commissioner and Principal Deputy Commissioner of this
- 16 agency.
- I also want to say that I'm proud that this
- 18 year we also spearheaded an Overdose and Naloxone
- 19 Administration training course using didactic and
- 20 practical skills and we've already trained over 2,500
- 21 people in this area.
- Our Office of Laboratory Safety is also

- 1 involved in similar efforts and they developed an
- 2 online training to train personnel in opioid exposure
- 3 and Naloxone use.
- 4 I'll end by congratulating our Health
- 5 Informatics staff, which created and continues to
- 6 develop Precision FDA. This is a virtual laboratory
- 7 for analysis of data sets by scientists both inside
- 8 and outside of the FDA. Precision FDA received the
- 9 2019 Federal IT Innovation Award and we're proud of
- 10 those who made that possible.
- In closing, I'd like to make a point to say
- 12 this whenever I can, that I'm very proud of our
- 13 scientists here at the FDA, our researchers and our
- 14 review staff and the dedication that they have to our
- 15 mission every day. Our agency is truly science-based
- 16 and I am amazed at how focused our professionals are
- 17 on the daily work.
- 18 Through changes in administrations, changes
- 19 in leadership, changes in political climate, there's
- 20 one thing that doesn't change and that is the
- 21 diligence and steady hand of the FDA workforce that
- 22 keeps us as the gold standard of product regulation.

1 It's an honor to support and represent them at various

- 2 meetings, including this one. If you know any
- 3 talented scientists interested in medical product
- 4 regulation or public health, I encourage you to point
- 5 them over towards FDA.
- 6 Thank you all once again for your time, your
- 7 service and your thoughts, ideas and opinions, and I
- 8 look forward to a productive session today. Thank
- 9 you.
- 10 CHAIRMAN MCLELLAN: Thank you Denise. I
- 11 think if it's okay with you, we'll also include Amy's
- 12 report and then maybe the Board might have some
- 13 questions for the two of you. Is that all right?
- 14 RADM HINTON: Absolutely.
- 15 CHAIRMAN MCLELLAN: So we're very happy to
- 16 have any Abernethy here is the Principal Deputy
- 17 Commissioner and appreciate you taking time to join
- 18 us.
- DR. ABERNETHY: Thank you. I'm honored to
- 20 be here with you and I want to echo Denise's welcome
- 21 and most sincere thanks for those of you here for the
- 22 Science Board, those on the phone and participating

- 1 and a huge thanks for taking the time out of your busy
- 2 schedules to spend time with us. Your input is really
- 3 important to advancing the work that we all do
- 4 together.
- 5 For those of you don't know me, as just
- 6 mentioned, my name's Amy Abernethy. I'm the Principal
- 7 Deputy Commissioner and also the Acting Chief
- 8 Information Officer. I am a hematologist-oncologist
- 9 as well as a palliative medicine physician. I came
- 10 here by way of previously being a Professor of
- 11 Medicine at Duke. I was there for 20 years. And then
- 12 also the tech industry, including being at a small
- 13 tech startup and on the board of large technical
- 14 companies as well.
- And what I learned during that time was that
- 16 FDA helps to set the regulations, which really are the
- 17 guideposts and help us understand what to do and what
- 18 not to do. So especially we can focus on that which
- 19 is going to move us all forward and not get distracted
- 20 on activities that might not be as impactful. And so,
- 21 your advice about how we do work going forward is
- 22 pretty critical.

One of the areas that we'll talk about later

- 2 today is that I'm particularly involved in FDA's
- 3 technical efforts, including our recently announced
- 4 Technology Modernization Action Plan, which is a step
- 5 towards modernizing FDA's approach to the use of
- 6 technology for regulatory missions, including the
- 7 review of medical product applications. We call this
- 8 the TMAP. And this is intended to provide a sturdy
- 9 technological foundation for the development of our
- 10 ongoing strategy around how we use data itself,
- 11 including our strategy for stewardship, security,
- 12 quality control, analysis, and real time use of data.
- 13 And it's going into it really accelerate our path to
- 14 better therapeutic and diagnostic options for patients
- 15 and the community at large.
- We also include in this action plan,
- 17 modernization of FDA's infrastructure to make sure
- 18 that we can support, for example, the use of emerging
- 19 technologies and capabilities such as artificial
- 20 intelligence, blockchain, and other solutions. And
- 21 we're going to be ramping up activities that modernize
- 22 how we use tech and work with the stakeholder

1 community. We'll be talking about this after the

- 2 Scientific Board later today in a more informal
- 3 session. And I look forward to getting your feedback.
- 4 And so, I'm going to focus my prepared
- 5 comments on other areas of modernization and
- 6 innovation here at FDA, including the area of food
- 7 safety.
- 8 As part of FDA's new era of smarter food
- 9 safety, the FDA is exploring the potential for
- 10 artificial intelligence, AI, to improve screening of
- 11 imported food before it's allowed in the United States
- 12 for sale to US customers and it's example of where
- 13 we're going. We use import screening and actually use
- 14 a tool that we call PREDICT or otherwise known as the
- 15 Predictive Risk-based Evaluation for Dynamic Import
- 16 Compliance Targeting. Now you see why we call it
- 17 PREDICT.
- 18 And PREDICT helps FDA employees speed their
- 19 review of import entries while targeting the products
- 20 most likely to be at risk for evaluation. This tool
- 21 is intended to help us automatically search and
- 22 analyze large amounts of current and historical data

- 1 and it helps FDA personnel identify patterns, flag
- 2 issues, and determine the potential risk of new
- 3 shipments in real time. The increased number of
- 4 automated decisions give human reviewers more time to
- 5 focus on high risk entries, as you can imagine, and
- 6 it's a very valuable tool in ensuring food safety of
- 7 imported food in the United States.
- In a proof of concept project, PREDICT will
- 9 serve as a testing comparator as FDA develops a
- 10 prototype machine learning model to identify imported
- 11 seafood shipments that are more likely to be
- 12 violative. We expect that machine learning will
- 13 improve the sensitivity, specificity, and predictive
- 14 value of the selection model for import review. And
- 15 this will allow us to understand how machine learning
- 16 and other types of capabilities can help us update
- 17 what we do every day, but do so in a way that's
- 18 scientifically based, comparing prior tools to updated
- 19 tools incorporating machine learning.
- 20 And the other area of focus, as Denise
- 21 previously mentioned, it's the opioid crisis. This is
- 22 a top agency priority and it touches on so many of the

- 1 different kinds of work that FDA does as an agency,
- 2 from social science, informed decisions about consumer
- 3 information and labeling, to product chemistry and
- 4 formulation, to law enforcement and stopping illegal
- 5 drugs in transit.
- 6 We continue to work to support the
- 7 development of an access to drugs, medical devices,
- 8 digital health technologies, and diagnostic tests that
- 9 can offer solutions, detecting, treating and
- 10 preventing opioid use disorder, addressing diversion,
- 11 and treating pain.
- 12 In order to reduce overall opioid deaths FDA
- 13 is working to increase the availability of Naloxone.
- 14 As Denise mentioned, this is an emergency opioid
- 15 overdose treatment. Making Naloxone more wildly
- 16 available in every pharmacy as an approved over-the-
- 17 counter product is an important public health goal as
- 18 we see it.
- 19 To encourage drug companies to enter the OTC
- 20 market, the FDA designed, tested, and validated key
- 21 portions of the labeling needed for OTC Naloxone
- 22 products. This year, FDA also approved the first

1 generic nasal Naloxone product. There are prioritized

- 2 pathway for products that treat emergency overdoses
- 3 and we see all of these different kinds of solutions
- 4 coming together as the way of bringing innovation to
- 5 areas like a public health crisis like the opioid
- 6 story.
- We also play a vital role in helping to stop
- 8 the illicit drugs that continue to come into our
- 9 country often through the mail. Another area of
- 10 particular concern is the illegal sale of prescription
- 11 opioids online through roque internet pharmacies,
- 12 social media, and even the Dark Net. In many cases,
- 13 products illegally marketed online as opioids are
- 14 counterfeit drugs that contain potentially lethal
- 15 doses of illicit compounds like fentanyl. Just two
- 16 milligrams of fentanyl can be lethal.
- 17 Recent government data show a leveling off
- 18 or a slight decrease in the number of deaths
- 19 attributed to opioids and we want to ensure FDA
- 20 continues to pursue policies that are effective in
- 21 reducing opioid morbidity and mortality and
- 22 proactively identifying ways to better address the

1 opioid misuse and abuse and respond to new challenges

- 2 in this manner. For example, on the tech side, we're
- 3 also looking at how we can bring technology
- 4 modernization into our international mail facilities
- 5 to better detect drugs at risk in partnership with
- 6 the Customs and Border Protection.
- 7 Now moving to another, a critical area of
- 8 public health concern. Vaping. Vaping illness
- 9 continues to be an area of concern to us all. The FDA
- 10 and the US CDC are working tirelessly to investigate
- 11 the distressing incidents of severe respiratory
- 12 illness associated with vaping products. FDA and CDC
- 13 are currently working closely with state and local
- 14 health officials to investigate these incidents as
- 15 quickly as possible and we are committed to taking
- 16 appropriate actions as a clearer picture of the facts
- 17 emerge.
- To help gather and analyze as much
- 19 information as possible, the FDA's laboratory is
- 20 working closely with our federal and state partners to
- 21 identify the products or substances that may be
- 22 causing the illnesses. FDA is analyzing samples

1 submitted by a number of states for the presence of a

- 2 broad range of chemicals including nicotine, THC, and
- 3 other cannabinoids along with cutting agents,
- 4 diluents, and other additives: pesticides, opioids,
- 5 poisons, heavy metals, and toxics. That's a lot.
- 6 FDA remains committed to improving public
- 7 health and there are many priority issues and
- 8 concerns. And as you can see, this also means in huge
- 9 amounts of data that we need to process today and also
- 10 in the future and we want to make sure we're
- 11 continuously prepared.
- 12 As you can see as FDA working together with
- 13 the Science Board, we want to do the best together for
- 14 public health and we thank you for being here with us
- 15 today and let's get on to the meeting at hand.
- 16 CHAIRMAN MCLELLAN: Thank you. I hope you
- 17 guys are willing to maybe answer any questions or
- 18 comments real quick. Does the Board have any comments
- 19 on the reports we've just heard? Barb.
- 20 DR. KOWALCYK: Barbara Kowalcyk. Thank you
- 21 for the updates and I was really particularly happy to
- 22 hear about FDA's TMAP, the Technology Modernization

- 1 Action Plan, I think is what it stands for.
- Okay. so I just wanted to ask you a quick
- 3 question about that. There's been several committee
- 4 reports from this Board that have identified IT issues
- 5 and the ability to share data within FDA and across
- 6 the various partners with FDA.
- 7 I'm thinking particularly of a report that I
- 8 chaired couple of years ago looking at the ability of
- 9 some of the food safety laboratories, your state
- 10 partners, to be able to upload data into FDA directly
- 11 and there were some challenges around that.
- 12 So I was wondering if you could just expand a little
- 13 bit on how broad TMAP will be and will it be looking
- 14 at ways to better facilitate sharing from your
- 15 external partners?
- DR. ABERNETHY: This is a great question.
- 17 So when I came to FDA, really data and technology was
- 18 one of my key areas of focus on that brought me here.
- 19 And I was expecting to want to need to work on data
- 20 sharing as one of the critical areas. And I was also
- 21 expecting the predominant issue to be essentially, you
- 22 know, motivating people to be willing to share,

- 1 thinking about the contractual and confidential
- 2 information management issues, et cetera.
- 3 And what I discovered was that practically
- 4 speaking, we needed to deal with some critical
- 5 technology issues first. So the reason that the TMAP
- 6 is structured in the way that it is, first focused on
- 7 technological capabilities and then subsequently on
- 8 what can we do both within the agency but also the
- 9 biomedical and food community overall, is because it's
- 10 clear that being able to use data better, including
- 11 data sharing within FDA and across government is going
- 12 to require us to have the technical capabilities to
- 13 allow us to do so.
- 14 Denise mentioned Precision FDA in her
- 15 opening remarks, which is a really useful example, a
- 16 pilot, as well as what I would call a use case that
- 17 shows what it looks like when we can create
- 18 collaborative data sharing environments where multiple
- 19 scientists, regulators and others can actually see the
- 20 same datasets and develop algorithms off those
- 21 datasets, cross check each other's work, and also do
- 22 new work. And so, we know that there's the ability to

- 1 do that, but we actually have to make sure that we
- 2 build those technical environments and then also,
- 3 essentially the muscle of now how to share
- 4 capabilities in the future.
- 5 CHAIRMAN MCLELLAN: Yes, Cynthia.
- 6 DR. AFSHARI: Thank you very much for your
- 7 updates. Quite a lot going on and certainly with so
- 8 many changing dynamics, it's nice to see you
- 9 continuing to steer the ship.
- 10 In particular Dr. Hinton, I wanted to
- 11 congratulate you on the Science symposia and the data
- 12 science activities and they sound like they drew quite
- 13 a crowd.
- I wanted to ask you at the end of your talk,
- 15 you talked about, you know, continued desire to draw
- 16 scientists into FDA and for us to make
- 17 recommendations. And I know as a Board we've also
- 18 focused over the past few years around talent
- 19 development, retention, recruiting.
- 20 I'm just wondering how that's going. And
- 21 how you, you know, certainly as things are more
- 22 rapidly evolving with machine learning and artificial

- 1 intelligence, it means sometimes you have to reach
- 2 even broader than just scientists and biologists, but
- 3 also into computer science and engineering. And so I
- 4 was wondering if you could provide an update on how
- 5 that's going.
- 6 RADM HINTON: I will and then Dr. Abernethy
- 7 will join in. And one of the things we continue to
- 8 look for and recruit, you know, probably the best
- 9 scientists that we can and that includes researchers
- 10 and those that have support missions as well as in
- 11 project management and the like, with our Office of
- 12 Talent Solutions and which we're working closely with.
- 13 We are continuing to progress as far as the
- 14 hiring goes. We have seen a trajectory in our hiring
- 15 as far as biologists, chemists, and the like across
- 16 the board. We have a direct hiring mechanism for a
- 17 number of those positions and those are, of course,
- 18 through USA Jobs. So we continue to try to frame out
- 19 and direct and look for those direct hiring certs that
- 20 fit the position that we have at hand. And I think
- 21 more currently to-date are those that have the
- 22 background and the expertise to address our vaping

- 1 issues.
- 2 So I think we've made considerable progress
- 3 to-date. I'm sorry I don't have the exact numbers, but
- 4 I think the trajectory is good. So I think we are
- 5 confident that as we continue to work closely with OTS
- 6 and OHR that we will be able to bring on the talent
- 7 that's needed.
- 8 And then, with regards to hiring those
- 9 within the data scientists and the data analytics and
- 10 the machine learning where they vary very differently.
- 11 That's why we have our Acting Chief Information
- 12 Officer here to help shape out the position
- 13 descriptions and the unique needs in those areas.
- 14 DR. ABERNETHY: And I'll add something, and
- 15 I think Dr. Marks also might have some comments as it
- 16 relates to hiring.
- 17 As Denise mentioned certainly we have a
- 18 number of initiatives in place to hire more
- 19 scientists. We also are starting to ramp up our use
- 20 of the Cures hiring authority which came with the
- 21 Cures bill. And within the technical side, we now
- 22 have a direct hire authority for 2210, which is for

- 1 our engineering and analytic capabilities.
- 2 That being said, I think that we can all
- 3 acknowledge that, especially in the data and
- 4 technology space, there are many more needs than there
- 5 really are people readily prepared to do this work.
- 6 And we acknowledge FDA, not only do we need to hire,
- 7 but we also need to be thoughtful about different ways
- 8 of solving this problem, including new ways of working
- 9 together with scientists, including through our CERSI
- 10 program. So Denise mentioned that. As well as
- 11 unlocking the cognitive elasticity that already exists
- 12 within FDA.
- So how do we train and build people inside
- 14 of FDA to be data scientists of the future? And so,
- 15 that's one of the things that we're thinking about.
- 16 From my perspective, I think we have to
- 17 actually put all of the capabilities on the table and
- 18 ask how we're going to do this differently going
- 19 forward.
- 20 Dr. Marks, anything to add?
- 21 DR. MARKS: I basically would agree and I
- 22 think it's clearly a challenge to recruit and retain

1 the highest caliber scientists within the agency. And

- 2 that's not just because of the salary issue. It's
- 3 because right now it's an incredibly competitive
- 4 environment that we're working in. When you think
- 5 about it, with a number of venture capital gene
- 6 therapy startups, cell therapy groups, antisense
- 7 companies we are competing for top talent at leading
- 8 edge areas where there's a lot of competition.
- 9 The same thing goes with data sciences. In
- 10 fact, there's seems to be a large company moving in
- 11 across the river and in Virginia that might be a
- 12 competitive for peoplefor the FDA. So we'll continue
- 13 to work on that.
- 14 I think it is through the Cures authority,
- 15 the Cures hiring authority is very helpful. And
- 16 additionally, I think our ability to articulate a
- 17 compelling reason to participate in what we do here at
- 18 FDA is helpful. So we'll work together with that, but
- 19 I'm not going to sugar coat it. It's a challenge.
- 20 And we will rise to the challenge, I hope.
- 21 CHAIRMAN MCLELLAN: Thank you. Tony, you
- 22 will be our last comment before moving on. Thank you.

DR. BAHINSKI: All right, thank you. I'm

- 2 really heartened to hear about the technologies moving
- 3 forward and the progress that you've made. It maybe a
- 4 bit of an esoteric question, but you know, the
- 5 reactions, you know, tend to for crises or, you know,
- 6 issues tend to be more reactive than perspective in
- 7 looking forward down.
- I was wondering if there's any efforts at
- 9 the FDA with, you know, as you're hiring these new
- 10 people, using artificial intelligence to kind of get
- 11 ahead of the curve and kind of sort of, you know, a
- 12 way to predict, you know, what are the upcoming
- 13 issues. I know there's a lot of ways you leverage
- 14 that with experts including the Science Board to kind
- 15 of look prospectively down the road. But are you
- 16 thinking about that at all or is that a way beyond
- 17 kind of where you are right now?
- 18 DR. ABERNETHY: So actually we're thinking
- 19 about it in two ways right now, but I would love
- 20 advice about how to continue to think more creatively
- 21 in the future.
- Two examples of what we're doing right now.

- 1 Now that we're starting to be able to gather data and
- 2 look at it differently inside the agency, we're also
- 3 looking at what does that tell us about where, for
- 4 example scientific direction is moving and what we
- 5 need to be thinking about. And that's very early, but
- 6 we actually have intentionally started to look at the
- 7 data from that perspective.
- 8 Secondarily, what we see is that the book of
- 9 work of the agency, itself, is accelerating. So if we
- 10 look at the number of gene therapy applications coming
- 11 into CBER, if we look at the potential of having now
- 12 multiple reviews per medical product, if we look at
- 13 just the distribution of work happening on the food
- 14 safety side, and the book of the work in the agency is
- 15 accelerating at a pace that we're still trying to
- 16 describe, but we think is something north of 10X and
- 17 probably south of a 100X, but real. And we're
- 18 actually, we've got a book of work right now trying to
- 19 figure out the math.
- That's important because it tells us that we
- 21 actually have to think about how do we bring in tools
- 22 and solutions to do our work as efficiently as

- 1 possible and potentially differently in the future in
- 2 order to accommodate that kind of difference between
- 3 now and 20 years from now. Those are the first two
- 4 things that we're working on. But we, I'd love
- 5 additional advice and I'm sure Dr. Marks has other
- 6 thoughts.
- 7 DR. MARKS: So I just want to just say that,
- 8 you know, I think each of the centers has a group,
- 9 they may call it something differently. Ours, it's
- 10 the Medical Countermeasures and Emerging Threats
- 11 Group, that basically their job is to lay awake at
- 12 night and worry about what's coming down.
- 13 And so, whether it be the misuse of genome
- 14 editing technology or the intentional release of some
- 15 virus into any type of environmental source. We do
- 16 have people that think about that. We also have you
- 17 know, we work together with the Department. There are
- 18 groups that work together and as part of a Health and
- 19 Human Services that have exercises to prepare for
- 20 potential threats, be they a novel influenza strain
- 21 that could be a pandemic, or other, you know, rad new
- 22 type threats, other things. I know that the foods

- 1 folks do similar things. The vet med people -- so
- 2 each of the centers have their own way of doing this.
- 3 The final thing I'd say is that we're also -
- 4 just to bring technology into this in terms of the
- 5 looking for things that could happen adversely to
- 6 products that are out there. We are looking into
- 7 using our artificial intelligence. We have a contract
- 8 right now in place with at our center with IBM Watson
- 9 and others to try to use artificial intelligence to
- 10 essentially pick through data to figure out signals by
- 11 using natural language processing and AI.
- So just among some of the things that are
- 13 being done.
- 14 CHAIRMAN MCLELLAN: Thank you all. And
- 15 committee members, thank you for engaging -- you're
- 16 watching in live there, the engagement based on prior
- 17 review studies and coming forward with what's
- 18 happening as a follow on. I love that. I think
- 19 that's exactly what we want to see for the future.
- 20 So speaking of prior reviews, back in 2017,
- 21 we established a review of CBER's research program a
- 22 couple of years back and it was led by a number of

1 members of our Board here. And so, we're in a great

- 2 position now to be a welcoming Peter Marks, our
- 3 Director and Carolyn Wilson, our Associate Director to
- 4 hear feedback on that review. I look forward to
- 5 hearing an update.
- 6 Carolyn, it looks like you're taking the
- 7 mic.
- DR. WILSON: Yes, I am.
- 9 Good morning and thank you. I'm pleased to
- 10 be here and as you noted, Dr. Marks is here as well
- 11 to respond to Qs and As as we go along.
- So this was a review that was done a few
- 13 years ago and I'm grateful to have the opportunity to
- 14 be here today to present to you the work we've done to
- 15 respond to the many very constructive recommendations
- 16 that we received from that review. Let's see. So to
- 17 remind you, let's see. Next slide.
- 18 Okay. So to remind you of the charge to the
- 19 Science Board and the subcommittee of the Science
- 20 Board. We had four major areas and it was a fairly
- 21 broad remit because we asked the subcommittee to
- 22 really review the entire center and how our scientific

1 endeavors support our regulatory mission, to also make

- 2 specific recommendations of how we could address
- 3 through our portfolio -- through changes in our
- 4 portfolio to accomplish our regulatory and public
- 5 health mission, identified gaps in regulatory science
- 6 capabilities or expertise, and such as opportunities
- 7 for collaborations to better leverage our ongoing
- 8 programs.
- 9 And I do want to mention I didn't include a
- 10 slide of the subcommittee members, but there are still
- 11 four members of the current Board who participated in
- 12 the subcommittee and that is Tony Bahinksi, Cindy
- 13 Afshari, Scott Steele, and Ted Reiss. So I'm really
- 14 grateful that they're still on the Board to hear this
- 15 report back from the center so you can hear the
- 16 outcome of the hard work you did.
- 17 So our major find the major findings and
- 18 overall conclusions were strong research program that
- 19 supports our regulatory mission, that we use a
- 20 researcher reviewer model that in an extraordinarily
- 21 effective way to address our needs, that the external
- 22 research collaborations help respond to emerging

- 1 regulatory challenges that we use core facilities to
- 2 support research in our center and other centers and
- 3 that overall have outstanding programs that we've
- 4 cultivated and that continued growth of these programs
- 5 will ensure success in the future.
- 6 So of course we were very pleased to have an
- 7 overall positive report, but of course they didn't
- 8 stop there or else I'd be able to sit down, but they
- 9 also went on to give us a number of center-wide
- 10 recommendations, as well as office specific
- 11 recommendations. So I'm going to go through this in a
- 12 fair amount of detail and I apologize, it's a little
- 13 bit tedious. But I felt that to do due justice to the
- 14 many recommendations that we receive from the Board
- 15 that this was our, the best way to do it. So I'm just
- 16 going to dive right in here.
- 17 So in the area of setting research
- 18 priorities and providing a nimble scientific
- 19 infrastructure, they recommend that we develop a
- 20 strategic research plan with mix of intramural and
- 21 extramural collaborations to address those needs. So
- 22 we are in the process right now developing a new

- 1 strategic plan for the center. One of the four goals
- 2 in that strategic plan is around the Regulatory
- 3 Science Program and we're incorporating the advice
- 4 from these recommendations into our planning process.
- 5 And I also am happy to report, in the past
- 6 two years we've significantly expanded our extramural
- 7 collaborations. We developed an SOP for engaging with
- 8 public-private partnerships. We've actually
- 9 implemented new agreements in the past year and are in
- 10 the process of evaluating another one right now. And
- 11 we anticipate this part of our program portfolio to
- 12 continue to grow. We also have significantly expanded
- 13 the use of the broad agency announcement and the CERSI
- 14 programs. Next slide.
- In particular we've done a lot to advertise
- 16 and educate staff about these mechanisms. We
- 17 developed an internet site with help from Carol Linden
- 18 and her staff to provide a much more detailed
- 19 information about the resources and how to engage in
- 20 using the BAA and CERSI mechanisms.
- 21 We provided training to our regulatory
- 22 science council, which for those of you who aren't

1 familiar, that is our governance board that oversees

- 2 our research programs. It's composed of the center
- 3 director, the deputy, myself as well as all the office
- 4 directors and their deputies and the office specific
- 5 associate directors for research.
- 6 And in FY '19, we actually funded nine broad
- 7 agency announcements and seven CERSI research
- 8 collaborations. And I'll just, as a footnote mention
- 9 that there were a couple of the CERSI collaborations
- 10 that actually did involve engaging youth, developing
- 11 methodology using AI to look through healthcare data.
- 12 So continuing then. The next recommendation
- in this area was to develop a center-wide horizon
- 14 scanning process. And in FY '19, we actually use the
- 15 Regulatory Science Council to perform this center-wide
- 16 horizon scanning. We identified high priority new
- 17 needs within each office and then also looked at
- 18 cross-cutting issues that would really support
- 19 everybody. And as you can imagine in today's world, a
- 20 very high priority was expanding our capacity in
- 21 bioinformatics, computational biology, and included in
- 22 that really is also artificial intelligence. And this

- 1 is really to support not just the research enterprise,
- 2 but also to engage these tools to support the review
- 3 process. Next slide.
- 4 And the third recommendation in this topic
- 5 is to develop a more nimble and adaptive governance
- 6 structure and culture using the Regulatory Science
- 7 Council and the Resource Committee to develop
- 8 contingency plans to shift resources and projects
- 9 rapidly.
- 10 And so, one of the things that the center
- 11 has done over the past couple of years is really
- 12 mature a process that we were using previously. But I
- 13 think that we've gotten much better at it. And that's
- 14 called an unfunded needs process to allocate funding,
- 15 really starting as early as the second quarter of each
- 16 fiscal year, looking at fallout money for example from
- 17 FTE under burn or other large projects that maybe are
- 18 not coming in, in terms of contracts is as expensive
- 19 as initially estimated, and trying to go through a
- 20 list that the offices provide at the beginning of the
- 21 year, but also as issues arise mid-year this provides
- 22 for a way to reallocate those funds that become

1 available throughout the year and put them into our

- 2 high priority needs.
- 3 So we feel that we also address this by
- 4 trying to use user fee funds now to fund projects that
- 5 are directly supporting regulatory review. And that
- 6 also frees up budget authority, which is a funding
- 7 mechanism that is much more flexible than user fees
- 8 and allows us to have a little bit more nimbleness in
- 9 our resource allocation.
- 10 And finally, we also do keep some money in
- 11 reserves. Both Dr. Marks and myself each have a
- 12 little chunk that allows us to also fund urgent needs
- 13 at any point in the year. So next slide.
- 14 So the next major bucket that the committee
- 15 report talks about is in research collaborations. The
- 16 first recommendation there is to further expand
- 17 collaborations and personnel exchanges with a variety
- 18 of agencies addressing similar emerging areas. And we
- 19 do that through collaborations in workshops. So in FY
- 20 '18, we had a collaboration with NIH to have a
- 21 workshop on the science and regulation of life,
- 22 microbiome-based products used to prevent treat or

1 cure in humans. And in FY '19 we also had a workshop

- 2 on biomarkers to advanced development of preventive
- 3 vaccines, which was also done with NIH.
- 4 We also have ongoing discussions as Dr.
- 5 Marks mentioned with all of these different government
- 6 agencies to identify emerging areas of need and to try
- 7 to be proactive in developing those.
- 8 The next area, which was increased
- 9 engagement in public-private partnerships. I already
- 10 mentioned. We have really moved forward in doing that
- 11 in the past year or two. And then, additional
- 12 workshops. We've also been leveraging the CERSI
- 13 program. And in October of last year it was actually
- 14 a joint CBER-CDER workshop that was held and leveraged
- 15 the expertise in several of the CERSIs to look at
- 16 predictive immunogenicity for better clinical
- 17 outcomes. Next slide.
- The next major bucket is researcher viewer
- 19 model and one of the recommendations was to designate
- 20 protected time for research. So I'm going to take a
- 21 moment here because this one is a very difficult one
- 22 to implement. Because our researchers do have all the

1 same responsibilities as fulltime review scientists,

- 2 which means they have their own portfolio of
- 3 regulatory files that they are responsible for because
- 4 of their specific expertise as new BLAs, INDs, and so
- 5 on, come in they may be the best person in the office
- 6 to address that particular regulatory file.
- 7 And because the regulatory workload is
- 8 somewhat stochastic, if you will, in the sense that we
- 9 never know when a new IND or -- BLAs are a little bit
- 10 more predictable, but even those, you never know for
- 11 sure. And so, this is something that while we realize
- 12 it is obviously a very important goal and we tried to
- 13 do it when feasible, we can't really carve out and
- 14 quarantee this for every single research staff. Next
- 15 slide.
- Okay. There we go. So then the next area
- 17 was on training, professional development and future
- 18 workforce.
- 19 I think it went two slides now. Can you go
- 20 back? Oh, okay. No, I don't know what happened
- 21 there. Okay. This is really strange. Do you see
- 22 what's happening on the screen? Yeah. Okay. Oh,

- 1 there. Sorry. Okay. So there we go.
- 2 So in this area exchanges and rotation
- 3 opportunities should include not only other parts of
- 4 FDA, academia, and other agencies also have bi-
- 5 directional exchanges and a sabbatical program. So
- 6 there is a mechanism to support this recommendation
- 7 and it's called the Intergovernmental Personnel Act,
- 8 which allows civilian federal employees to serve with
- 9 others, state, local government, universities, or
- 10 other eligible organizations up to two years without
- 11 losing employee rights or benefits.
- 12 And likewise, employees from other eligible
- 13 organizations may serve at federal agencies. So this
- 14 is logistically possible from the point of view of a
- 15 legal framework to support it. But again, we come
- 16 back to the same issue that I mentioned on the last
- 17 slide, which is with the regulatory workload of our
- 18 researcher viewers, this may be a very difficult one
- 19 to implement, and so it's going to have to be
- 20 addressed on a case-by-case basis.
- 21 Again, we recognize the value of being able
- 22 to go to another institution to learn new methodology

- 1 and refresh your skillset, but it's just a big
- 2 challenge for us. Next slide.
- 3 Also in training professional development
- 4 and future workforce, assuring appropriate travel
- 5 funding. We think this may have, we're not exactly
- 6 sure, but we think this may have been perhaps a
- 7 misunderstanding of our current system where we
- 8 actually do provide resources to every staff member to
- 9 support travel. It's called a Continuing Education
- 10 Account. In addition, each office and division is
- 11 really very supportive in allocating operating funds
- 12 sufficient to support travel to at least one meeting
- 13 per year, per staff. Many of our research scientists
- 14 also often get additional grants, either from the
- 15 Office of Chief Scientist through their various
- 16 funding mechanisms or other external entities. And
- 17 they may be able to tap into using those funds to also
- 18 support travel of their staff or their fellows.
- 19 So we think that we are doing a pretty good
- 20 job in this area. Obviously there's always a desire
- 21 to travel more to hear more about what's going on.
- 22 But we, as a center, clearly recognize the importance

- 1 and value of being able to get to at least scientific
- 2 or professional meeting in your field to ensure you
- 3 remain up-to-date. And likewise, to provide an
- 4 opportunity for us to share the research we're doing
- 5 here with the external community.
- 6 The second is to expand mentorship and
- 7 professional development. And we have developed in
- 8 the past year what we call a scientific mentoring tips
- 9 document that's specific for research staff at all
- 10 levels and has various information that's specific to
- 11 the mentor and the mentee. And we're hoping that that
- 12 will help to create and foster that culture around
- 13 scientific mentoring.
- 14 We also have expanded what we used to call
- our PI Peer Mentoring Group, so now it's called PI
- 16 Networking Group. And that actually is really turning
- 17 into a fantastic resource for the research PIs to come
- 18 once a month and just share among each other how
- 19 they're dealing with the challenges of the environment
- 20 that they're in. And a number of really good
- 21 recommendations and questions and concerns have risen
- 22 out of that group to my level. So it's working both

- 1 ways in helping them at the peer level, but also
- 2 bubbling up issues that are -- that require some
- 3 attention from my perspective. Next slide.
- 4 Impact and sustainability of core
- 5 facilities. The recommendation was to provide
- 6 necessary resources with sustainable funding models,
- 7 including how they could be shared more broadly within
- 8 the FDA. So the Regulatory Science Council last year
- 9 developed a new funding model for core facilities. We
- 10 actually it developed in FY '18 and phased it in, in
- 11 '18 and implemented it in '19.
- 12 And the idea is, is that what we do is in
- 13 the recognition that the core facilities are providing
- 14 an important role in supporting all of the research
- 15 within the center. We have a mixed model of central
- 16 funding. So we use our general account to fund
- 17 approximately half of all the core facility funding
- 18 needs. But then we distribute the other funding as to
- 19 each office as it's proportional to the usage. And we
- 20 think that that's an important element because it
- 21 creates a sense of accountability and transparency to
- 22 the offices, the divisions and the PIs. We actually

- 1 report out on a quarterly basis all the usage
- 2 statistics down to the PI level so that people can be
- 3 aware that, you know, these aren't really free. There
- 4 is a cost to them. But also again, you know, making
- 5 sure that we continue to support them in and manner
- 6 that's fair.
- We've also implemented a new contracting
- 8 mechanism using the IDIIQ, which is indefinite
- 9 quantity -- indefinite delivery, indefinite quantity.
- 10 Thank you. To allow for use of what we call a self-
- 11 insurance approach to support equipment repair. So,
- 12 for example, this year we put some money that fell out
- 13 at the end of the year into this IDIQ to make it
- 14 available to support equipment repair on an ongoing
- 15 needs in FY '20. And that allows us for some of the
- 16 equipment like, say a tabletop centrifuge and things
- 17 like that, that tend to not be particularly cost
- 18 effective to put in a expensive preventive maintenance
- 19 agreement and breaks down very rarely.
- This is a more cost effective approach to,
- 21 to meeting those needs. So that actually has been met
- 22 with a lot of enthusiasm and this also allows for

1 preventive maintenance visits, but not a preventive

- 2 maintenance contract. So you can sort of gauge the
- 3 amount of preventative maintenance that you may need
- 4 for a specific type of equipment, which again tends to
- 5 be a better deal than the vendor PM contracts. Next
- 6 slide.
- 7 Okay. I'm going to pause there because I
- 8 went through a lot of information before I dive into
- 9 the offices, to see if there's any questions or if
- 10 people are happier that I just keep going. I can do
- 11 it either way. What would you like?
- 12 CHAIRMAN MCLELLAN: I'm sure Carolyn we'll
- 13 have some questions. This is great.
- DR. WILSON: Okay, I'll keep going --
- 15 CHAIRMAN MCLELLAN: The flags are all up.
- 16 So Connie why don't we start with you?
- DR. WEAVER: So I was really curious about
- 18 your live microbiome-based product priority. I was at
- 19 an annual Bone and Mineral Science meeting a week ago,
- 20 and what I saw in probiotics associated with bone, it
- 21 looks to me like there's nothing systematic. They
- 22 just take whatever combination of live organisms in

- 1 whatever doses and just try it.
- 2 DR. WILSON: So this is -- I may be better
- 3 off leaving this to Dr. Marks to address. Okay. So,
- 4 the challenge with probiotics is that if there's not a
- 5 specific claim to treat or mitigate disease, then it's
- 6 a food supplement, and so some of that is not
- 7 regulated.
- 8 Then depending on how the language around
- 9 how it's being used. We get into the probiotics space
- 10 or what we call live Biotherapeutics when there's an
- 11 intention to treat, mitigate, or cure disease, and
- 12 then they need to come in and it has to be under IND.
- 13 And then, obviously we work with the sponsors to make
- 14 sure that it is done in a rigorous clinical trial
- 15 setting and so on and so forth.
- Peter, did you want to add anything to that?
- DR. MARKS: No. What you're looking at is
- 18 one of the challenges here that many people try to use
- 19 over-the-counter preparations without -- in
- 20 essentially for prevention, treatment cure, mitigation
- 21 of disease without having to come in for an
- 22 investigation of new drug application, which creates

- 1 this issue that they tend to study complex mixtures.
- We have groups that are trying to sort
- 3 through this and they're trying to look at what
- 4 individual strains of bacteria will do. And it's
- 5 pretty clear that as it would make sense that
- 6 different strains of bacteria might have different
- 7 effects. So we'll see more work in this area.
- 8 There's not much we can do to shut some of this down
- 9 without, you know, without doing a lot of detective
- 10 work.
- 11 CHAIRMAN MCLELLAN: We'll go to Ted, then
- 12 Cynthia, then Scott. Ted.
- 13 DR. REISS: Well first of all, we'd just
- 14 like to thank you guys for all the work that you've
- 15 done here. It was really just a tremendous
- 16 interaction. We really sort of enjoyed working with
- 17 you guys on the strategic plan.
- I just want to circle back to the, actually
- 19 the question that was asked before to maybe just pull
- 20 out a few additional subtleties. In one of the things
- 21 that we talked about was the horizon scanning sort of
- 22 issues and then the -- you know, cross-collaboration

1 with other department -- other agencies of the

- 2 government.
- 3 So can you give us just a little bit of
- 4 sense of perhaps how that horizon scanning, whether
- 5 it's the look at what's coming in, what's new on the
- 6 horizon or what threats might be on the horizon. And
- 7 the conversations you might be having with, you know,
- 8 with the CDC, DOD and so on and so forth. Is that
- 9 part of the process now?
- 10 DR. WILSON: So the process that was used
- 11 within, so this was sort of a bottom-up process. So
- 12 it started within Offices and Divisions and really
- 13 tapping into the collective expertise and knowledge of
- 14 the researchers as well as the review staff looking
- 15 at, you know, what are they hearing about at
- 16 scientific meetings? You know, just what are they
- 17 seeing developing in their fields of research and
- 18 integrating that with what's likely to turn into
- 19 medical products and they think are going to be
- 20 challenges that would face, they would be facing.
- 21 And then, they developed from that a number
- 22 of issues that they identified as sort of some of it's

- 1 as, as Donna Mendrick knows, who chairs the Emerging
- 2 Sciences Working Group.
- We've identified what we call emerging
- 4 science, which is really things that haven't hit our
- 5 doors yet or just barely starting to touch us and more
- 6 several years away versus evolving science, which are
- 7 things that are already in-house perhaps or clearly
- 8 hitting our doors, but it's moving very rapidly. So
- 9 you can imagine there's quite a lot of things,
- 10 especially in our space between things like genome
- 11 editing and what we were just talking about,
- 12 therapeutic products and so on.
- 13 So a lot of the topics that bubbled up from
- 14 those conversations were what I would call in the
- 15 evolving science. So there are things that are
- 16 already ongoing and we have some element of research
- 17 facing them, but maybe there's more that we need to do
- 18 to really be able to address all of the scientific
- 19 challenges that those bring. And then identifying
- 20 things that are more gaps where we really don't have
- 21 anything. And when I get into the office specific
- 22 recommendations, you'll see some new hires that we've

1 brought on to address some of those gaps, for example.

- I think that answers your question.
- 3 DR. REISS: Just to follow up. Any cross-
- 4 fertilization with other agencies or the government
- 5 around that?
- 6 DR. WILSON: Right. So that's happening
- 7 more at the agency level. I mean, well I should say
- 8 within the offices and the center, there's always
- 9 ongoing dialogue with CDC and DOD and HHS and those
- 10 conversations are happening all the time in a variety
- 11 of different topics. But what I was going to say is,
- 12 again, at the agency level, this Emerging Science
- 13 Working Group that Donna chairs, we've actually
- 14 brought in systematically, representatives from a
- 15 variety of different government agencies, including
- 16 NSF for example, in addition to places like DOD and
- 17 CDC and others to try to get a handle on what do they
- 18 see as sort of the emerging technologies that may not
- 19 be on our radar quite yet.
- 20 And then, as the representative from that
- 21 agency-wide group, I can also bring that back to the
- 22 center, the things that I think are important.

- DR. REISS: Good. Thank you.
- 2 CHAIRMAN MCLELLAN: Thank you. Cynthia.
- 3 DR. AFSHARI: Thank you Carolyn. I just,
- 4 again, wanted to commend the CBER leadership for
- 5 addressing the comments in the original review and
- 6 just how far you've come. You know, I think seeing
- 7 things around the unfunded model and the self-
- 8 insurance just as an example of how to achieve
- 9 additional value out of existing resources. My
- 10 question was you know, certainly sitting on the
- 11 committee, we felt what was really strong in the first
- 12 point you addressed, which is the reviewer regulator
- 13 model. It's unique in CBER and I think the committee
- 14 felt like it was very, very strong and really is
- 15 necessary given the mission of the division.
- You know, as we've heard already though,
- 17 there's increasing complexity to the products that
- 18 you're seeing and also an acceleration of volume. And
- 19 so I'm wondering, because you mentioned it a couple of
- 20 times, some of the things that the committee brought
- 21 up as important to kind of solidify and maintain that
- 22 ability, you know, such as protecting time for

- 1 research.
- 2 I'm wondering, given the challenges that you
- 3 talked about with the volume and the lack of
- 4 predictivity for what's coming in this increasing
- 5 complexity, do you see a threat to that model that you
- 6 may eventually end up in a place where you have to
- 7 have dedicated reviewers who don't have time for
- 8 research? And is there anything we could do as a
- 9 committee to help address that?
- 10 DR. WILSON: So it's important to note that
- 11 we have fulltime review staff and researcher reviewers
- 12 work in tandem with fulltime reviewers. So there is a
- 13 very big effort thanks to 21st Century Cures and other
- 14 resources that are coming into the agency to beef up
- 15 our expertise and our personnel in the really critical
- 16 areas, especially in the Office of Tissues and
- 17 Advanced Therapies.
- 18 And so, that while right now there's a big
- 19 burden on the researcher reviewers, we hope in the
- 20 next couple years that it'll start to normalize back
- 21 to where it was before as these new reviewers get up
- 22 to speed and you know, get hired, get up to speed.

- 1 Obviously, you don't walk in the door and do a BLA,
- 2 but, you know, it's a transition period right now and
- 3 there is a big burden on the researchers, but I don't
- 4 think that there's ever any intention to go away from
- 5 that model. I think the center is really committed to
- 6 that being a very important model.
- 7 CHAIRMAN MCLELLAN: Scott.
- B DR. STEELE: Thank you. Thanks, Carolyn. I
- 9 also want to echo my thanks. I appreciate the
- 10 thorough responses and the number of activities going
- 11 on. It's really exciting. You answered some of my
- 12 questions on the horizon scanning.
- 13 I was just wondering if that's going to be a
- 14 reoccurring activity --
- DR. WILSON: Yes.
- DR. STEELE: One other question, but go
- 17 ahead.
- 18 DR. WILSON: So what we decided in
- 19 conjunction with the Regulatory Science Council, they
- 20 felt that doing it every year was maybe a little too
- 21 frequent. So I think we landed with every four years.
- But in addition to the horizon scanning,

- 1 what we also do is every year one office does a
- 2 programmatic review and that's doing a deeper dive
- 3 within the office to look at, you know, how's their
- 4 research portfolio meeting their objectives and goals?
- 5 Are there gaps in their portfolio?
- And so, that is sort of a little bit of an
- 7 office-specific horizon scanning that will continue to
- 8 also bubble up issues that need to be addressed. And
- 9 that the way that works is we have four offices, so
- 10 it's one every year. So each office once every four
- 11 years. So that's going on as a cycle in addition to a
- 12 center-wide horizon review.
- 13 I welcome your thoughts if you think that's
- 14 a good approach.
- DR. STEELE: It seems like a great approach.
- 16 Thank you.
- 17 DR. WILSON: Great.
- DR. STEELE: The other question was
- 19 following up on the exchanges and recognizing the
- 20 challenges with having people, you know, participate
- 21 in those exchanges. But I was just wondering if even
- 22 since a number of agencies do them, if a shorter, you

1 know, 30, 60 day type of TDY is still an opportunity

- 2 that could be beneficial, but not be a significant
- 3 burden.
- 4 And then the other piece is, using that to
- 5 bring in people from DOD, NIST, if that's something
- 6 you've been utilizing or you see value in or if
- 7 agencies are willing to do that?
- 8 DR. WILSON: So we have on occasion allowed
- 9 individuals to go on for relatively short, I call them
- 10 mini-sabbaticals, to collaborating research
- 11 universities. And then, we have not formally looked
- 12 at bringing in members of other agencies in a
- 13 systematic way. But again, there are a number of
- 14 occasions when our research scientists will bring in a
- 15 person from another collaborating institution to learn
- 16 a technique or to teach them a technique and so on.
- 17 So, so there is this going on at sort of a low level,
- 18 but not in a systematic way.
- DR. STEELE: Thank you.
- DR. WILSON: Okay. I'm going to push on.
- 21 Oh, is there one more question? Sorry.
- 22 CHAIRMAN MCLELLAN: We have one more. Go

- 1 ahead Sean.
- DR. XIE: It's very nice to hear how the is
- 3 project going.
- 4 But I tried to follow Ted's comments. So
- 5 one of the things that's going -- you and the Chief
- 6 Scientist also mentioned modernize the FDA -- the
- 7 product review processing regulatory -- by
- 8 implementing AI. But Peter also says this is a
- 9 competitive at the hiring people. I think this is
- 10 true because in academic, for example, my lab and my
- 11 center has been going for 25 years for example,
- 12 focused on cannabinoid and chemical genomics platform.
- 13 It's integrated with the GPU machine and deep learning
- 14 and all integrates together.
- So I was thinking a good, you mentioned that
- 16 also intramural and extramural model, a program going.
- 17 So I serve on the NIH study section once in awhile
- 18 they come up with a program project so it would be
- 19 much faster for FDA to adapt other that is already
- 20 established for different projects and use it for your
- 21 CBER-related recreation processes.
- Those are more cost efficient because if

- 1 you're were hiring new people to do the from the
- 2 beginning, it will take awhile. But yeah, so I don't
- 3 know what is in this aspect prospect --
- 4 DR. WILSON: So I'll make several comments
- 5 on that. I think obviously as you point out, we are
- 6 leveraging external capabilities and expertise through
- 7 external collaborations both through the broad agency
- 8 announcement and the CERSI. Those are more around and
- 9 methods development and leveraging methods that have
- 10 been developed and those institutions. But it's
- 11 important to note that obviously also we have
- 12 regulatory data and so we can't do everything through
- 13 an external partnership. But to the extent that we
- 14 can harness that external knowledge to develop the
- 15 methods that then we could bring in-house to, to
- 16 support our needs as you point out that is an
- 17 approach we're taking.
- 18 The second thing I will also mention in
- 19 terms of internal expertise, this year we stood up an
- 20 Artificial Intelligence Working Group and lady of the
- 21 day, Donna Mendrick, is also chairing that she hardly
- 22 ever sleeps. And that that has been a great resource

- 1 for the scientists within the agency.
- 2 It turns out there's actually quite a lot of
- 3 work already going on in the agency that's using the
- 4 tools of AI or understand AI, like in Center for
- 5 Devices, to be able to evaluate regulatory devices and
- 6 learning from those regulatory reviews. And so, this
- 7 is a great forum for the scientists to come in, learn
- 8 from each other and it's another way of leveraging the
- 9 expertise in-house.
- 10 And then finally, that group is also looking
- 11 at and discussing an internal training program to try
- 12 to augment the expertise that we have here. And I
- 13 think either Amy or Denise also mentioned the idea of,
- 14 you know, trying to further those skill development
- 15 in-house.
- 16 All right. If there's no other questions,
- 17 cause there is actually quite a bit more to go and
- 18 maybe I won't pause for questions. I'll just get to
- 19 the end cause otherwise we may run out of time.
- 20 So I'm going to go through the office
- 21 specific recommendations. Just to remind you, there's
- 22 four different offices that each have a research

1 component. And this is not in any particular order

- 2 other than alphabetical.
- 3 So Office of Biostatistics and Epidemiology.
- 4 The first recommendation is talking about AI and
- 5 natural language processing, and I think I've already
- 6 mentioned that a lot of this. So you know, again,
- 7 we've been leveraging the best contract, BAA, and also
- 8 the CERSI mechanism to really augment our abilities in
- 9 these areas.
- 10 Upgrading technology. We weren't quite sure
- 11 exactly what this referred to, but we do think that
- 12 we're using the cutting edge technologies in the HIVE,
- 13 which as you may recall is the highly integrated
- 14 virtual environment that is supporting next generation
- 15 sequencing analysis. But it also can support other
- 16 things we're looking at whether or not that may be a
- 17 tool to help support AI activities.
- 18 And then we also do a lot of innovative
- 19 modeling and simulation. And then the data mining of
- 20 electronic health records sources, patient input
- 21 elicitation and others. So next slide.
- 22 At the time of this review, there was quite

- 1 a lot of expertise and personnel gaps and OBE has
- 2 really done a lot to reduce personnel vacancies over
- 3 the past year. For example, medical officer or
- 4 reviewer vacancies were reduced by 30 percent. And
- 5 again, to address these expertise gaps, they're really
- 6 looking at bringing in staff who have new skills such
- 7 as understanding how to harness real world evidence,
- 8 using developing tools to support science-based
- 9 patient input, the Sentinel Initiative, innovative
- 10 clinical trials, which again is a very big piece of
- 11 21st Century Cures Act, as well as model informed drug
- 12 development. Next slide.
- So the next recommendation is to competitive
- 14 to ensure there's time to advance regulatory science
- 15 and do interesting research and the funding to support
- 16 that. So in the Office of Biostatistics and
- 17 Epidemiology, they don't necessarily have the same
- 18 researcher reviewer model that we have in the lab-
- 19 based programs, but they do support postdoctoral
- 20 fellows and then those individuals do nothing but
- 21 research. They don't do review. And they're really
- 22 bringing in the new knowledge to apply modeling

- 1 computational science and develop analytic approaches
- 2 that the office needs. They also do a lot of methods
- 3 development through the Public Health Surveillance
- 4 Authority and again through a variety of different
- 5 external efforts such as BEST and Sentinel.
- 6 The next is to travel to conferences, to
- 7 present research findings and develop contacts with
- 8 other researchers. And again, we recognize that this
- 9 is a really critically important thing that the office
- 10 needs to support. Again, we think that the office has
- 11 really emphasized providing staff with opportunities
- 12 to present and attend scientific meetings throughout
- 13 the year and to support professional development for
- 14 physicians. So we're not quite sure what more we can
- 15 do here, but we think -- we certainly agree with the
- 16 committee that this is a critically important activity
- 17 to support.
- 18 Office of Blood Research and Review. It was
- 19 noted that additional resources could be productively
- 20 allocated for the focus generation of high throughput
- 21 sequencing data for generation of high -- for
- 22 generating reference panels for blood group and then

1 HLA antigens. And it was also noted that various NIH

- 2 supported large scale human genome sequencing programs
- 3 should be leveraged for data to inform these efforts
- 4 and offices looking at how to increase resources for
- 5 high throughput sequencing to support reference panel
- 6 development as well as furthering collaborations with
- 7 NIH to support this endeavor. Next slide.
- 8 Collaborations with industry were
- 9 recommended as well as academic partners to accelerate
- 10 some of these efforts and limit the costs and
- 11 suggested that they may need to upgrade technology and
- 12 hire a new FTE with relevant skills. So BR is
- 13 currently looking at outside partnerships as
- 14 appropriate to accelerate the effort and limit the
- 15 cost in this area. But at this time we don't have
- 16 anything specific to report. And while resources are
- 17 always a challenge. We obviously are taking this
- 18 recommendation into account and looking at our overall
- 19 programmatic priorities within the office to see
- 20 whether or not an FTE can be dedicated to this area.
- 21 FDA should consider how to best hire and
- 22 retain promising scientists and other staff,

- 1 especially those who are otherwise in high demand such
- 2 as big data informatics and statistics. And as you, I
- 3 think we've discussed a lot and as you heard that this
- 4 is a very top priority for the agency. And obviously
- 5 the office and the center is working to use the new
- 6 hiring program for supporting recruitment through 21st
- 7 Century Cures as that becomes a viable option as well.
- 8 Next slide.
- 9 This is to deploy an additional FTE to
- 10 expand the 'omic and bioinformatic expertise for
- 11 development of disease specificity and toxicity
- 12 biomarkers for a variety of different target
- 13 pathogens. And we are leveraging or the office is
- 14 leveraging the expertise within HIVE to apply
- 15 bioinformatic expertise and identify newer approaches
- 16 to develop and evaluate detection assays for emerging
- 17 infectious diseases in blood donors. Also looking at
- 18 how to shift programmatic resources through training
- 19 and direction.
- 20 All right. And we'll move on to Office of
- 21 Tissues and Advanced Therapies. And bear with me
- 22 because there were a lot of recommendations for this

- 1 office, but the bonus is that Office of Vaccines is
- 2 just one slide, so if you can stick with it, we're
- 3 getting close to the end when we hit Office of
- 4 Vaccines.
- 5 All right. So add depth in areas covered
- 6 within the office to anticipate future needs. And
- 7 we're very excited two PIs were recruited this year.
- 8 They both have arrived. They started in August. And
- 9 the first Dr. Pankak Mandal is starting a research
- 10 program on CRISPR engineered hematopoietic stem cell-
- 11 based cellular therapies and Dr. Ronit Mazor is
- 12 starting a research program on immunogenicity of
- 13 adeno-associated viral vectors. Next slide.
- 14 And this is continuing how to expand depth
- 15 in high priority needs. And as was mentioned, the
- 16 office has specific areas they identified in their
- 17 horizon scanning and those include personalized cancer
- 18 vaccines. And in particular, the computational
- 19 biology piece where the INDs are coming in using AI-
- 20 based algorithms to match MHC peptide combinations,
- 21 and the immunology of antigen processing and
- 22 presentation is being integrated into all of that.

1 And this is an area where we really need to increase

- 2 our understanding of these approaches in order to do a
- 3 more thorough review.
- 4 The other areas, is bioprocessing and
- 5 advanced manufacturing technologies for cell and gene
- 6 therapies. As you know, this is an incredibly
- 7 exciting time in the field, but as you probably know,
- 8 it's also running into challenges as these licensed
- 9 products are going into larger scale manufacturing and
- 10 they're running into capability issues. So this is
- 11 something that we're hoping we can help address
- 12 through a combination of intermural research, as well
- 13 as Denise mentioned, we're also partnering with other
- 14 external groups such as NIIMBL and Army to be aware of
- 15 their efforts and provide input there as well. Next
- 16 slide.
- 17 Assuring strategic and budget planning, that
- 18 appropriate distribution of resources are weighted
- 19 toward emerging and rapidly evolving areas and that
- 20 plan should enable flexibility. So I covered the
- 21 general approaches but also more specifically, in FY
- 22 '19 CBER was grateful to receive new funding authority

- 1 to support advanced manufacturing and OTAT was
- 2 allocated approximately \$2 million to support this
- 3 work.
- 4 And about half of that went to support the
- 5 startup package for Dr. Mandal's program and the other
- 6 half went to support projects that are ongoing PIs are
- 7 addressing, which we think will help support advanced
- 8 manufacturing such as karyotype and chromatin
- 9 stability in the stem cell arena. Lentiviral vector
- 10 manufacturing, which is, you know, is still old school
- 11 transfection of four plasmids. And then human iPSCs,
- 12 which is a very important area for product
- 13 development. And how to control differentiation and
- 14 the genetic engineering of these cells is going to be
- 15 an important issue to move these into the marketplace.
- There was also a recommendation to extend
- 17 collaborations to other divisions in CBER, and again,
- 18 we're not quite sure, this may have just been a lack
- 19 of knowledge in this area, but we actually, this
- 20 office collaborates quite broadly within the center,
- 21 so and beyond the center. So there are 84
- 22 collaborations with other -- a variety of other

1 government entities and 57 are within the FDA. And of

- 2 those more than half, 33, are within CBER but not
- 3 within the office.
- 4 So we think for, you know, the number of
- 5 staff and the number of projects within that office
- 6 that this is a fairly, you know, collaborative group,
- 7 but obviously if there are specific collaborations
- 8 that you think would augment the research efforts
- 9 there, we're open to those ideas as well. Next slide.
- 10 Another was improving the portfolio for AAV
- 11 gene therapy. And as I mentioned, we're very excited
- 12 to have Dr. Ronit Mazor, who joined us in August,
- 13 who's going to be looking at immunogenicity of AAV
- 14 vectors, which if you're familiar with that field, I'm
- 15 sure you know that that has been a real major issue
- 16 and can often be rate limiting to the clinical success
- 17 of AAV vector administration. Next slide.
- 18 Oh dear. Okay. There's that weird thing
- 19 happening again. Oh, thank you Rakesh.
- 20 Further development of platform technology
- 21 for enumeration of vector preparations through
- 22 advanced development of standards or centralized

- 1 laboratories. And in this slide, in the next, I'm
- 2 going to go through some various specific things that
- 3 we're doing in the standards arena.
- 4 I also want to just mention that actually
- 5 just last week, we, the center led the FDA Standards
- 6 Day, which is the first time we've come together as an
- 7 agency and shared the information and knowledge around
- 8 standard development that we're doing across the
- 9 different centers. And it was a very exciting
- 10 opportunity to hear about all the work that we're
- 11 doing. And what was also interesting to me is that
- 12 most of the other centers and agency components were
- 13 not aware of all the work we're doing. And a lot of
- 14 it is originating in our research laboratories.
- So OTAT, and its predecessor Offices of Cell
- 16 Tissues and Gene Therapies, actually have had a long
- 17 history of collaborative development of standards for
- 18 vectors. Actually, I can proudly say I was the person
- 19 who started this with the first replication competent
- 20 retrovirus standard that was available through ATCC in
- 21 the mid-nineties. That was followed by an adenovirus
- 22 5 standard. And then, more recently there's been a

1 lot of work with developing standards for AAV vectors.

- 2 Standards for aAAV-2 and AAV-8 have been developed and
- 3 are available through ATCC, OTAT staff planned and
- 4 held a workshop on dose determining assays last year
- 5 in December. And there are continuing discussions
- 6 about the need to generate reference standards for
- 7 additional strains of AAV. USP is interested and
- 8 we're continuing to have that dialogue. Next slide.
- 9 In addition, there's a lot of work on
- 10 lentiviral vector reference material. Last March
- 11 there was a meeting in Norfolk by ISBioTech and that
- 12 we actually have a reference material that's currently
- 13 being manufactured at the Montreal National Research
- 14 Council in Canada, and that that will be shipped to
- 15 ATCC for vialing and distribution and hopes to be
- 16 available in spring of 2020.
- 17 So we think that we're doing a lot of work
- 18 there, but again, if you still feel there's specific
- 19 areas that we need to address better -- I should say
- 20 that one of the other things that's coming out of 21st
- 21 Century Cures, as you may know, is a mandate to work
- 22 with the Standard Development Organization to advanced

1 development of standards and reference materials for

- 2 regenerative medicine. And so, there's a lot of work
- 3 also going on there, which actually isn't mentioned on
- 4 that slide. But I can answer questions about that if
- 5 they come up.
- 6 Contribute to understanding the potential
- 7 impact of and improve assays for possible genotoxicity
- 8 related to CRISPR-CAS9 gene therapy. And I would just
- 9 say that this is really genome editing writ large.
- 10 Dr. Zhaohui Ye is a principal investigator
- 11 who's evaluating specificity and efficiency of various
- 12 CRISPR-based editing platforms using high throughput
- 13 sequencing. And he's doing that through two
- 14 collaborations. One with an investigator at the
- 15 National Center for Toxicological Research and another
- 16 one in collaboration with the UCSFs Stanford CERSI.
- 17 In addition, we're also doing studies of
- 18 CAS9 immunogenicity. Dr Zuben Sauna's lab is
- 19 developing assays to identify T-cell epitopes as well
- 20 as antibody reactivity in clinical samples. And
- 21 there's a number of strategies that can also be
- 22 harnessed to reduce the immunogenicity risk of CAS9,

1 and he's looking into how to how to best address that.

- 2 Next slide.
- 3 Prepare for rapid evolution of stem cell and
- 4 tissue engineering products, including expanding
- 5 leadership and expertise in manufacturing controls and
- 6 accompanying devices. And again, I think that we've
- 7 addressed that in some of the prior slides where we
- 8 talked about new recruits and new investments in these
- 9 areas. Next slide.
- 10 Prepare -- okay. We are coming to the end.
- 11 Next slide.
- 12 Office of Vaccines. I promised you it's
- 13 just the one slide. Strength and ability to attract
- 14 fellows and OVR accepts this recommendation and they
- 15 have really worked to attract and retain fellows.
- 16 However, there are changes that are beyond their
- 17 control and really beyond the center's control.
- 18 There's agency-wide issues and policies that have been
- 19 implemented in the last two to three years that do
- 20 impact our ability to attract and retain fellows.
- 21 One of the things that the agency is doing
- 22 to hopefully address some but not all of these policy

1 changes is to stand up an FDA traineeship program. We

- 2 are hoping for spring of 2020 and that will allow us
- 3 to have an additional mechanism to the ORISE program,
- 4 which has been somewhat problematic just because of
- 5 the need to use an interagency agreement and the
- 6 challenges of the procurement and acquisition issues
- 7 in that arena. So having it in-house, we're hoping
- 8 will alleviate some of those concerns.
- 9 The second is there needs to be a continuing
- 10 recognition that the requirement that investigators
- 11 can carry out and assay themselves, should not limit
- 12 consideration of novel techniques being proposed from
- 13 outside. These techniques should be adopted by FDA
- 14 investigators if it seems to be useful for their work,
- 15 but there should not be a requirement for them to do
- 16 so. And OVR again accepts this recommendation. They
- 17 thought it was consistent with previous and current
- 18 policy, but they have reiterated this approach to
- 19 managers and investigators to make sure that it is
- 20 clear.
- 21 So next slide. It's just a summary. And
- 22 again, CBER is grateful for and accepts the major

1 findings at the center and office levels. As you can

- 2 see we have implemented almost all recommendations
- 3 with a few exceptions. Hopefully I've explained to
- 4 you why and those exceptions are really due to
- 5 limitations of resources or other restrictions. Next
- 6 slide.
- 7 I just want to finish with another thank you
- 8 to the Science Board and especially to the
- 9 subcommittee because it was a very in-depth review. I
- 10 think it was carried out over the course of about a
- 11 year with quite a number of telecons, an in-person
- 12 meeting. And it was as you can see, generated a very
- 13 constructive report.
- 14 I want to thank many staff who supported the
- 15 implementation of these recommendations, obviously
- 16 center-wide, but in particular the four office
- 17 associate directors for research Drs. Atreya,
- 18 Chumakov, Epstein, and Tiwari. And then, Monica Young
- 19 and Emily Braunstein who are in my group, who were
- 20 instrumental in helping to support all of these
- 21 activities.
- 22 So I'll stop there and happy to answer any

1 additional questions and I'm sorry if I've gone a

- 2 little long.
- 3 CHAIRMAN MCLELLAN: No, it's a very
- 4 impressive response. And you know, kudos to both the
- 5 Board team that did that review and the extensive time
- 6 they gave to it and kudos also to your staff and the
- 7 way you've responded.
- 8 So we have time really for just a question
- 9 or two and be happy to entertain those if there's any
- 10 pending.
- 11 Scott, go ahead.
- DR. STEELE: Maybe just a quick question.
- 13 Thank you again, Carolyn. Just thinking of other
- 14 initiatives and alignment with NIH is, are there
- 15 particular groups involved with the All of Us
- 16 initiative at NIH? I'm just thinking about some of
- 17 the work they're doing with the next generation
- 18 sequencing and the data they're gathering.
- 19 DR. WILSON: just so you know, the FDA has a
- 20 Genomics Working Group and we are having conversations
- 21 with NHGRI around a variety of topics to encourage
- 22 synergism and collaboration in that arena. And I

- 1 think there are also other sort of agency-wide
- 2 connections going on. I know Dr. Collins actually
- 3 gave one of the keynote talks at the FDA Science
- 4 Symposium and talked about some of the work that's
- 5 going on. There's sort of an executive level council
- 6 that is FDA and NIH components where they discuss
- 7 things at a higher level and a broader initiative.
- I don't know, Denise, if you want to add
- 9 anything to that based on what you see in that arena?
- 10 Okay.
- 11 All alright. Well thank you again.
- 12 CHAIRMAN MCLELLAN: So Board members
- 13 members, I think it's worth saying an extra thanks to
- 14 Carolyn. Carolyn, if you can't tell, has been a deep
- 15 resource for us, incredibly well-connected with this
- 16 Board and engaging and we appreciate that Carolyn.
- 17 Just a phenomenal connection there.
- I particularly want to congratulate you, on
- 19 a bit of creativity, the IDIQ need approach. I'm
- 20 going to steal some thinking behind that and I hope
- 21 you appreciate a lot of our commentary in that review.
- 22 It was all about maintaining the sharpness and

- 1 creativity and broadness of your team. And that was
- 2 lot of that feedback to tease out that research and
- 3 the injection of new thinking to the team.
- DR. WILSON: Yes, most definitely. And
- 5 again, we do appreciate it. As you can see, we've
- 6 really taken all the recommendations to heart.
- 7 CHAIRMAN MCLELLAN: Great. And ladies and
- 8 gentlemen with that, we're going to exercise a bit of
- 9 a break here and take a recess for 10 minutes and so
- 10 be back and ready to go. And thank you very much.
- 11 (Recess.)
- 12 CHAIRMAN MCLELLAN: Okay. I think we will
- 13 bring ourselves back into regular order and start to
- 14 move forward.
- So we have in our agenda planning for this
- 16 meeting, we purposely have flipped this portion our
- 17 agenda in order to quite frankly bring a more diverse
- 18 thinking onto the table for our Board members to be
- 19 able to react to as they engage with them, with our
- 20 public hearing portion as well as with our CFSAN
- 21 portion of this subject.
- So we're now going to conduct our open

1 public hearing portion of today's meeting and both for

- 2 the FDA, as well as the public in general. We are
- 3 passionate and believe in the transparent process of
- 4 information gathering that this part of the meeting
- 5 reflects and to ensure that transparency and for the
- 6 Board, FDA believes it's important that we fully
- 7 understand the context of individuals presentations.
- 8 So we'd ask that for that reason that we encourage
- 9 speakers at the beginning of your oral statements to
- 10 fully advise the Committee of any financial
- 11 responsibilities they may have with a company or group
- 12 that may be effected by the topics of today's meeting.
- 13 If you choose not to address this issue of
- 14 financial relationship, at the beginning of the
- 15 statement, it will not preclude you from speaking.
- 16 However, we believe this inappropriate.
- 17 And I understand that there are two
- 18 requests. So we're going to proceed down that list.
- 19 And the first individual I'll invite to the podium is
- 20 John Cox from the International Association of Color
- 21 Manufacturers. John, thank you for coming to speak to
- 22 the Science Board this morning.

1 MR. COX: Thank you, Dr. McLellan. Good

- 2 morning.
- 3 Thank you. Good morning. Thank you for the
- 4 opportunity to provide comments to the Science Board
- 5 today. I am John Cox, General Counsel to the
- 6 International Association of Color Manufacturers. Our
- 7 member companies create and use color additives in a
- 8 wide variety of foods and beverages. And Dr.
- 9 McLellan, I hope that satisfies the financial
- 10 connection.
- In the short time that I have today, I'd
- 12 like to comment on recent risk assessments conducted
- 13 by various regulatory bodies to help inform the
- 14 Science Board's discussion.
- Rakesh can you confirm that the Board has
- 16 received our detailed comments?
- MR. RAGHUWANSHI: They have.
- 18 MR. COX: Wonderful. So my brief comments
- 19 today are a summary of our detailed written comments.
- 20 And in those comments we make three main points.
- 21 Number one, the latest science does not establish a
- 22 link between synthetic color additives and ADHD.

- 1 Number two, we believe that it is significant that
- 2 regulatory authorities have recently reconfirmed the
- 3 safety of these ingredients. And finally, we don't
- 4 believe that food color exclusion diets are effective
- 5 as nonpharmacological treatment of children with ADHD
- 6 and related problem behaviors.
- 7 Detailed risk assessments for seven of the
- 8 nine FDA certified food colors have been conducted by
- 9 the European Food Safety Authority or the Joint Expert
- 10 Committee on Food Additives, or both, since the 2011
- 11 Food Advisory Committee findings.
- 12 EFSA re-evaluated synthetic food colors in
- 13 the last 10 years is part of its broader food additive
- 14 re-evaluation program. Six of the FD&C colors are
- 15 approved for use in Europe. No concerns were raised
- 16 about safety or exposure and in most cases the
- 17 previous acceptable daily intakes were retained.
- 18 JECFA has also re-evaluated seven FD&C colors since
- 19 2011. Acceptable daily intakes were developed by
- 20 conducting risk assessments on each color based on a
- 21 relevant endpoint of toxicity other than neural
- 22 behavioral effects.

1 Both JECFA and EFSA reviewed the McCann-

- 2 Southampton study that was discussed in detail during
- 3 the 2011 FDA Food Advisory Committee meeting. EFSA
- 4 evaluated the study individually and JECFA in the
- 5 context of its re-evaluations of the relevant colors.
- 6 Both agencies independently reached the same
- 7 conclusion as the FDA, that the available data on
- 8 neural behavioral effects provided insufficient data
- 9 upon which to base a risk assessment for these effects
- 10 in children.
- 11 Both JECFA and EFSA have concluded that the
- 12 color additives they've re-evaluated are safe for
- 13 their intended use in foods and for all users,
- 14 including children.
- One of the questions that the Science Board
- 16 has been asked to consider today is whether there is a
- 17 link between consumption of FD&C color additives in
- 18 food by children from the general population and
- 19 adverse effects in their behavior. The latest science
- 20 does not establish a link between consumption of FD&C
- 21 color additives in food by children from the general
- 22 population and adverse effects on their behavior.

1 Reviews of the clinical trial literature

- 2 associated with ADHD and the consumption of color
- 3 additives show that any indication of adverse
- 4 reactions is limited to children who react adversely
- 5 to foods or are part of a sensitive subpopulation and
- 6 so have produced neither consistent nor strong
- 7 association between color additive intake and
- 8 undesired symptoms including ADHD. It's also worth
- 9 noting that any reliable effect linking synthetic
- 10 colors to ADHD symptoms are only present in parent
- 11 ratings, but not in teacher or observer ratings.
- 12 Additionally, animal studies in mice and
- 13 rats designed to detect neural behavioral effects have
- 14 been conducted for several food color additives,
- 15 including the US certified food colors. None of the
- 16 animal studies were considered to provide robust
- 17 evidence of behavioral effects and could not be used
- 18 in the risk assessments of either JECFA or EFSA.
- 19 As the Board knows, there was a challenge
- 20 study that attempted to replicate the findings of the
- 21 Southampton study in a different population and this
- 22 was published by Lok and others in 2013. This study

1 replicated the design of the McCann study in eight to

- 2 nine year old children in Hong Kong. Lok was part of
- 3 the McCann research team as a graduate student at
- 4 Southampton, so she was intimately familiar with the
- 5 study design. In contrast to the McCann-Southampton
- 6 study, Lok did not detect an association between color
- 7 additive intake and behavior.
- 8 There were some differences between the
- 9 studies. Specifically children with ADHD and
- 10 currently being treated with medication were excluded
- 11 from the Lok study. The preservative sodium benzoate
- 12 was not included in the same treatment as food colors,
- 13 but was tested separately and the administration of
- 14 the treatment was given in capsules instead of juice.
- 15 However, we feel that this study warrants close
- 16 examination to understand why no one has been able to
- 17 reproduce the findings of the Southampton study.
- 18 The second question the Board is asked to
- 19 consider is whether the latest science establishes
- 20 that the use of artificial food color exclusions is an
- 21 efficacious dietary intervention in the
- 22 nonpharmacological treatment of children with ADHD and

1 related problem behaviors. Excluding FD&C colors

- 2 would not be an efficacious dietary intervention.
- In fact, a diet excluding FD&C colors has
- 4 the lowest impact in improving behavior relative to
- 5 other interventions as noted and multiple meta-
- 6 analyses. Those that have found a benefit were unable
- 7 to do so conclusively. Nigg and others in 2012 noted
- 8 methodological limitations. Stevenson and others in
- 9 2014 concluded that the effect size was too small to
- 10 be of value and the patient population for which an
- 11 elimination diet would benefit remains uncertain.
- 12 These authors came to similar conclusions as others
- 13 before, that the data do not support dietary
- 14 restriction including the elimination of food color
- 15 additives as an efficacious treatment for ADHD.
- One systematic review, Pelsser and others in
- 17 2017, performed a critical analysis of two meta-
- 18 analyses that evaluated the evidence associated with
- 19 elimination diets of food colors and ADHD and
- 20 concluded the results do not support restriction of
- 21 food colors for the treatment of ADHD. That same
- 22 study suggests that a few foods diet approach has the

- 1 most substantial impact and suggest that this could be
- 2 a useful treatment for subgroups of children with
- 3 ADHD.
- 4 The most recent review that we have found
- 5 published in 2019, Cagigal and others, also concluded
- 6 that there is no clear evidence that supports dietary
- 7 interventions for the treatment of ADHD.
- 8 Your background materials indicate that the
- 9 Science Board is aware of these studies Nigg, Sonuga-
- 10 Barke and Stevenson. Taken together the studies all
- 11 indicate that the potential effectiveness of dietary
- 12 interventions, including color additive exclusion
- 13 diets as treatment for ADHD has not been demonstrated.
- 14 The meta-analysis and systematic reviews published in
- 15 the last five to seven years coalesce around a common
- 16 theme that current evidence for dietary methods both
- 17 restrictive, including color restricting, and pro-
- 18 nutrient diet diets does not support an association
- 19 between food colors and neural behavioral endpoints.
- 20 So the available studies don't suggest the
- 21 dietary therapy has a beneficial effect compared to
- 22 placebo and therefore it can't be recommended as an

- 1 evidence-based intervention for ADHD.
- 2 Thank you for your attention today. IACM
- 3 submitted detailed comments to the Board and we
- 4 support the continued investigation of this issue.
- 5 Food policy decisions that affect children's health
- 6 should be based on the best possible scientific
- 7 evidence.
- 8 To-date, the reviews of the clinical trial
- 9 literature associated with ADHD and the consumption of
- 10 color additives have produced neither consistent nor
- 11 strong association between color additive intake and
- 12 undesired symptoms including ADHD. The results of the
- 13 Southampton studies have not been reproducible. So
- 14 far all regulatory reviewers agree that no causal
- 15 relationship between synthetic colors and ADHD has
- 16 been established. The color additives industry will
- 17 continue to participate as regulatory authorities
- 18 examine this issue, but to-date we don't see a
- 19 relationship between color additives and any neural
- 20 behavioral effects.
- I would like to thank the Board for the
- 22 opportunity to speak to you today. I'd also like to

- 1 thank my colleagues at IACM, Sarah Codrea and Ms.
- 2 Maria Bastaki for their help in drafting the comments
- 3 to the Board. Thank you.
- 4 CHAIRMAN MCLELLAN: Thank you Mr. Cox. We
- 5 appreciate the submission of both the written material
- 6 and your oral presentation from the Association of
- 7 Color Manufacturers. Thank you very much.
- Next, I'd like to no, we're going to hold
- 9 questions until we have the full -- I'd like to invite
- 10 Lisa Lefferts from the Center for Science and Public
- 11 Interest to come forward. Lisa, thank you for
- 12 bringing forward your comments to the Board.
- DR. LEFFERTS: Thank you very much. It's an
- 14 honor to be here. My name is Lisa Lefferts. I'm a
- 15 Senior Scientist with Center for Science in the Public
- 16 Interest. And to respond to your question we are an
- 17 independent organization. We don't receive any
- 18 industry or government grants. I have no other
- 19 financial interest in this topic.
- We are an independent nonprofit science-
- 21 based health advocacy organization. With over half a
- 22 million subscribers. And we evaluate the safety of

1 different additives. We mainly rate most additives as

- 2 safe, but we do have concerns about this group of
- 3 additives.
- 4 This slide is taken from a presentation that
- 5 Dr. Chronis-Tuscano made to the Food Advisory
- 6 Committee in 2011 and I just put it up as a little
- 7 background to highlight that this is a very serious
- 8 endpoint. We're talking about, that is associated
- 9 with lifelong impairment and functioning. Different
- 10 environmental factors can contribute to the
- 11 expression, severity course, and comorbid conditions
- 12 of ADHD. And there's some very serious long-term
- 13 sequelae.
- 14 This is also taken from a slide presentation
- 15 by Dr. Stevenson that discusses hyperactivity is
- 16 existing on -- there's a normal distribution of
- 17 hyperactivity, and children with an extreme degree of
- 18 hyperactivity may be diagnosed with ADHD. So at the
- 19 very end of that spectrum. So we're concerned of
- 20 course, with any environmental factors that could be
- 21 shifting this distribution. So there you see the
- 22 extreme degree.

1 And since 2011, this concept of ADHD as a

- 2 continuum or spectrum has gained traction. So this is
- 3 a quote from the associate editor of JAMA Pediatrics
- 4 in 2016, suggesting that we should move from a
- 5 diagnosis of ADHD to one of attention deficit
- 6 hyperactivity spectrum disorder and that the shift
- 7 should be from treating attentional capacity as a
- 8 clinical disease to recognizing that we need to do all
- 9 we can to help children maximize their ability to
- 10 focus. And similarly, this is taken from a article in
- 11 from 2019 in Nature Genetics. It was the discovery of
- 12 the first genome-wide significant risk loci for ADHD
- 13 and the results of that study encouraged a dimensional
- 14 view of ADHD as the extreme end of the continuum of
- 15 symptoms.
- So in 2011, this was a taken from the
- 17 background document provided to the Food Advisory
- 18 Committee. FDA concluded that a causal relationship
- 19 between exposure to certified color additives and
- 20 hyperactivity in children in the general population
- 21 had not been established. The paper also states that
- 22 for certain susceptible children with ADHD and other

1 problem behaviors, however, the data suggests that

- 2 their condition may be exacerbated by exposure to a
- 3 number of substances including synthetic color
- 4 additives.
- 5 And I just want to note that FDA did not ask
- 6 the Food Advisory Committee if color additives are
- 7 safe. And this is the legal definition of safety for
- 8 color additives. Safe means that there is convincing
- 9 evidence that establishes with a reasonable certainty
- 10 that no harm will result from the intended use of the
- 11 color additive. And I urge the Board and the agency
- 12 to consider this and which is a very different
- 13 standard than establishing a causal relationship.
- 14 Also FDA did not ask the advisory committee
- 15 about this portion of its conclusion that certain
- 16 susceptible children that their condition can be
- 17 exacerbated by exposure to synthetic color additives.
- In determining safety, the law requires
- 19 that FDA consider a number of relevant factors
- 20 including the probable consumption of/or other
- 21 relevant exposure of the additive in food drugs or
- 22 devices or cosmetics. And it also requires that the

- 1 cumulative effect of such additive be taken into
- 2 account considering chemically or pharmacologically
- 3 related substances in the diet.
- 4 So the top three food dyes certified for use
- 5 in food in the United States; Red 40, Yellow 5, and
- 6 Yellow 6 comprise over 90 percent of the dye certified
- 7 for use in food and they are all Azo dyes. And there
- 8 are a number of other Azo dyes that are approved by
- 9 FDA for use in drugs and cosmetics. And I've listed
- 10 those here. So these are all chemically related, but
- 11 the cumulative effect has not been taken into account.
- Now in Europe. The presence of any of those
- 13 three dyes triggers a label requirement and this is
- 14 what it looks like. It says that the dyes may have an
- 15 adverse effect on attention and activity in children.
- As I mentioned in the previous, or almost
- 17 previous slide, there are other exposures to dyes.
- 18 For example, in cough and pain syrups. And at a
- 19 scientific symposium on dyes held last month. There
- 20 was some new data presented on this, which indicated
- 21 that children can be exposed to pretty high levels of
- 22 dyes in these kinds of syrups.

- 1 So I'd like to just focus on what is the
- 2 evidence that has not, that was not considered by FDA
- 3 in 2011. So as your background materials show there
- 4 two additional meta-analyses. There've been six
- 5 additional major scientific reviews of the evidence
- 6 and then a number of other reviews or studies that I
- 7 would say provide additional support and evidence on
- 8 the growing consensus around dies and behavior. Also
- 9 four animal studies that reported no observed adverse
- 10 effect levels that were lower than those used by FDA
- 11 to establish its ADIs, meaning that those ADIs are
- 12 likely too high.
- Okay. So the next three slides discuss some
- 14 of the major reviews of diet and dyes and behavior.
- 15 And I've highlighted the ones that were not considered
- 16 in 2011. So in 1983, there was a major review, a
- 17 meta-analysis that did not find any effect between a
- 18 diet that eliminated dyes and some other substances
- 19 and hyperactive behavior. And after that 1983 meta-
- 20 analysis, it was believed for the next 20 years that a
- 21 food dyes did not have any adverse effect on behavior.
- There was another study in 1997 that did say

- 1 that there was a role, but really the Kavale and
- 2 Forness meta-analysis pretty much shaped the thinking
- 3 that began to change in 2004 with a small meta-
- 4 analysis published that found that when you excluded
- 5 the smallest and lowest quality trials, a small effect
- 6 size about 0.2. You have in your background material,
- 7 the Nigg meta-analysis, it found about a 0.27 effect
- 8 size when looking at objective tests of attention.
- 9 Okay. I'm trying to advance. Okay.
- 10 So there've been a number of other reviews,
- 11 some qualitative some quantitative. I'll talk a
- 12 little bit more about the Sonuga-Barke. But again
- 13 it's showing an effect size of about 0.42, a little
- 14 higher. We'll discuss why. And there've been some
- 15 other reviews. The ones by Arnold in 2013 and Faraone
- 16 in 2014, used evidence-based medicine criteria to
- 17 evaluate the strength of the evidence. And all of
- 18 these are finding that yes, there is a small effect
- 19 with elimination of dyes.
- 20 And then this one in 2014, also by Nigg, did
- 21 both a qualitative and quantitative analysis. And the
- 22 conclusion was that a small, but extensively discussed

1 literature yields and emerging consensus that dietary

- 2 intervention to remove additives, color, and perhaps
- 3 preservatives likely yields a small aggregate benefit.
- 4 And I'd really urge the Board and FDA to
- 5 consider inviting Dr. Nigg to make a presentation
- 6 because I know that he has continued to analyze this
- 7 data and update it.
- 8 So I just want to speak a little bit about
- 9 the 2012 meta-analysis. As you know meta-analysis is
- 10 the state of the art method for synthesizing all
- 11 available data. And it's particularly useful in this
- 12 context where we have many small randomized controlled
- 13 trials.
- 14 So I know this is a little bit crowded, but
- 15 this presents his 2012 results. And on the left there
- 16 you see all of the studies listed. Those are double
- 17 blind, randomized controlled trials, which is of
- 18 course the gold standard for establishing causality.
- 19 And at the bottom you'll see that there's a scale that
- 20 goes from minus 0.5 to plus one. And those are the
- 21 effect sizes. An effect size of zero means there's no
- 22 effect meaning no dyes, dyes. There's no difference.

1 Results to the right of zero indicates that

- 2 dyes, food dyes are making kids worse to the left.
- 3 Food dyes are making kids better. And the diamonds,
- 4 which I've circled in red are the pooled results. And
- 5 the width of the diamond shows the confidence
- 6 interval.
- 7 So what you can see is for the top and the
- 8 bottom diamond, they do not touch zero. They're
- 9 there. In other words, we can be fairly certain that
- 10 there really is an effect here. The middle diamond
- 11 just touches zero, so it's results are short a
- 12 statistical significance. What you can see though is
- 13 that these are pretty consistent results in terms of
- 14 effect size, not a huge effect, but an effect.
- 15 So these kinds of effect sizes are not
- 16 hugely significant from an individual standpoint, but
- 17 they are important at a population level, especially
- 18 when a large number of people are affected. And I
- 19 also just want to draw your attention to last diamond
- 20 there on the attention tests.
- 21 So this is the first meta-analysis to look
- 22 at objective tests of attention, which is very

- 1 important because those are not subject to problems
- 2 with blinding or the raters beliefs. So that's very
- 3 significant.
- 4 And this shows the results for restriction
- 5 diets. Again, the diamond shows the pooled results
- 6 are outside, you know, we have, we have confidence in
- 7 these results that there is a small effect size.
- 8 And this is the Sonuga-Barke 2013 results.
- 9 The red boxes are the effect sizes. The bars are the
- 10 confidence intervals and the blue boxes show the
- 11 pooled effects. If you look at the chart on the
- 12 right, that's artificial food color exclusion and
- 13 you'll see that the blue box does not touch -- the
- 14 confidence interval does not touch zero. For the
- 15 restricted elimination diets, it just fell short of
- 16 statistical significance.
- 17 So this meta-analysis is different from the
- 18 last one because it was restricted to children that
- 19 had a formal diagnosis with ADHD and it came up with a
- 20 slightly higher effect size probably for that reason.
- 21 It also looked at studies that were, you know, the
- 22 best -- probably blinded. So again trying to deal

1 with the issue of problems in blinding in some of the

- 2 studies.
- I'm going to very quickly run through other
- 4 some of the other qualitative reviews, but I don't
- 5 have time.
- 6 So this used the Oxford Center for Evidence-
- 7 based Medicine criteria to evaluate the strength of
- 8 the evidence. FDA approved medications got a five,
- 9 artificial food color exclusions got a four. Much
- 10 higher than other nonpharmacological treatments such
- 11 as psychotherapy, which got a one.
- 12 Okay, I'm waiting. Sorry. Technical
- 13 problems here. Okay.
- 14 And I don't have time to go through all of
- 15 these, but FDA was aware of this 2010 study, but it
- 16 indicated on its bibliography that it did not review
- 17 it, but it's actually very important because it
- 18 provides some important mechanistic evidence that may
- 19 explain why some children react to dyes and some do
- 20 not. And it has to do with polymorphisms in a
- 21 histamine degradation gene.
- 22 So in terms of any research going forward,

1 it would be very, very interesting to screen children

- 2 that have this polymorphism from those that don't,
- 3 that may explain why some children seem to react and
- 4 some children don't.
- 5 And then there are these other reviews that
- 6 I don't have time to discuss at the moment. But I do
- 7 want to just briefly pause on the Lok study in 2013.
- 8 When they removed food dyes and other additives from
- 9 the diet, they found that that reduced the level of
- 10 problematic behavior. But when they challenged the
- 11 children again, they did not find an effect. Now they
- 12 did not use the same dye mixture that was used in the
- 13 Southampton study. And they also used a different
- 14 form. They used a pill rather than a beverage. So
- 15 it's not at all a replication of the Southampton
- 16 study. In fact, the Southampton study was a
- 17 replication of the Isle of White study and it
- 18 confirmed the results in three year old children.
- 19 So yeah, this study did not use what we
- 20 would call Red 40 and it also had additional exclusion
- 21 compared to the Southampton study.
- The Pelsser review acknowledged that the

1 effect size of artificial food color-free diets was in

- 2 the small to medium area. And then here are some of
- 3 the other reviews, but they're all basically
- 4 supportive of this link. As you can see here. This
- 5 was one that looked at EEG effects -- sorry, waiting.
- 6 And again, I mentioned that these report no
- 7 observed adverse effect levels that are lower than
- 8 that used by FDA in establishing its ADI. If you
- 9 added up FDA's ADIs and compared that to the dose that
- 10 triggered reactions in an FDA-funded study from 1982
- 11 by Weiss, et al. you'll see that those that adds up to
- 12 be over 15 times the amount triggering reactions in
- 13 FDA funded study. Many other studies used lower doses
- 14 than that and found effects.
- So it doesn't take much for a child to
- 16 consume, to trigger adverse behavior that was observed
- 17 in these clinical trials. I also just want to bring
- 18 the Board's attention to an assessment being done
- 19 right now by the California Office of Environmental
- 20 Health Hazard Assessment. This is approximately a
- 21 year long effort where they're evaluating the
- 22 toxicology, epidemiology, clinical, and exposure

1 literature and databases. They've done a data call,

- 2 which has now ended, they held a scientific symposium
- 3 last month where there was some new information
- 4 presented and there'll be a scientific peer review and
- 5 public review period of their report. And this is
- 6 obviously going to be very relevant to the question
- 7 before the Board and the agency.
- 8 So in conclusion, dyes contribution to ADHD
- 9 and behavioral problems is real, although modest and
- 10 entirely preventable. And I assumed that the Board
- 11 has received the sign-on letter signed by six
- 12 organizations and 14 scientists affirming this
- 13 conclusion. This is not just my conclusion. And the
- 14 California OEHHA assessment will provide additional
- 15 information. Some children are markedly affected,
- 16 others are unaffected, and we have some genetic
- 17 information about why that may be. And banning dyes
- 18 or providing information on the label that dyes may
- 19 affect behavior is really the only public health
- 20 approach that we know of for reducing hyperactivity
- 21 and related behavioral problems.
- Thank you.

1 CHAIRMAN MCLELLAN: Thank you Ms. Lefferts,

- 2 we appreciate the Center for Science and Public
- 3 Interest and the report.
- 4 Committee I should explain when you call for
- 5 public opinion, it's everything from personal
- 6 conjecture, opinion all way through to detailed work.
- 7 We do not, you know, query that it's as a standard
- 8 practice. So just, just to explain Connie.
- 9 So anyways so we're going to move on and now
- 10 move into our FDA board assessment and discussion with
- 11 our experts and we're fortunate to have Susan Mayne,
- 12 our Director for Center for Food Safety and Applied
- 13 Nutrition with us. And Susan, maybe you can help with
- 14 the introduction of your entire team here if you
- 15 would. I appreciate that.
- DR. MAYNE: Great, thank you. I think you
- 17 heard earlier in the opening remarks about the
- 18 importance of science that underlies everything we do.
- 19 We are a science-based regulatory public
- 20 health agency and so we do appreciate getting your
- 21 input on some of the scientific issues that we are
- 22 challenged with here today. Just a comment from the

1 perspective of CFSAN, is we do have a large number of

- 2 scientists working within CFSAN. It's really
- 3 important to our mission in so many ways.
- 4 We have a big contingent of chemists and
- 5 microbiologists and toxicologists. We also have
- 6 nutritional experts, epidemiologists,
- 7 biostatisticians, and consumer studies experts. And
- 8 in that lies is the foundation of so much of what we
- 9 do. So we seek all of that multidisciplinary input in
- 10 the work that we do within CFSAN.
- 11 And part of the reason that we have a, you
- 12 know, such a large contingent of scientists within the
- 13 agency is because so much of the work we do in the
- 14 food and nutrition spaces in post-market and that is
- 15 we have to be prepared to respond to things as they
- 16 arise and things arise quite frequently. So I just
- 17 wanted to emphasize our commitments to science,
- 18 obviously, which is really important to the Science
- 19 Board. And the strong foundation that we rely upon
- 20 within our science.
- 21 So our policy is always based upon sound
- 22 science and we really are looking forward to getting

- 1 your input on today's topic on color additives and
- 2 behavioral effects in children. And I think I'm going
- 3 to move it over next to a Dr. Dennis Keefe, who is the
- 4 director of CFSAN's Office of Food Additive Safety and
- 5 he'll introduce his team that's going to be making the
- 6 presentation today.
- 7 So Dr. Keefe.
- 8 DR. KEEFE: Well, thank you Susan and thank
- 9 you to the Board for taking this topic on. My name is
- 10 Dennis Keefe. I'm the Director of the Office of Food
- 11 Additive Safety. This office is responsible for the
- 12 pre-market review of food additives, color additives,
- 13 grass substances, new varieties of plants.
- 14 This issue of the relationship between color
- 15 additives and food ingredients as mentioned by
- 16 previous speakers really arose first in the 1970s with
- 17 Dr. Feingold, when he put first put forward his
- 18 proposal of the link. This has been looked at several
- 19 times by NIH, by FDA. You've seen some reports of
- 20 EFSA and also JECFA looking at the relationship and
- 21 also the safety of these color additives.
- Today, we want to revisit this topic with

1 the Science Board to get your take on the views of the

- 2 current science. So with that in mind I brought some
- 3 of my team with me today. Dr. Andy Zajac. I've got
- 4 Scott Thurmond, who is a toxicologist from the office
- 5 who will be presenting giving you an overview. And
- 6 behind me is Dr. Diana Doell, who is a chemist in the
- 7 Office who has been involved with the exposure
- 8 assessments for the color additives.
- 9 So with that in mind Dr. Thurmond is going
- 10 to give you a brief overview of the history of this
- 11 issue and sort of where we are now with the science
- 12 and to get your views. So again, I want to thank you
- 13 for your participation in our discussion of the
- 14 science of the relationship between colors and
- 15 hyperactivity. So with that, Scott.
- DR. THURMOND: Thank you, Dr. Keefe.
- Well, let me go back. What I want to do is
- 18 basically give you a quick background on the issue.
- 19 It won't be in-depth by any means. Then I'm going to
- 20 talk about the 2011 Food Advisory Committee that the
- 21 FDA brought together to evaluate the food FD&C color
- 22 additives and ADHD issue in children.

1 After that, I'll talk a little bit about the

- 2 exposure assessment that we just -- back -- was
- 3 concluded in 2016 and published during that period.
- 4 After that, I'll update the literature
- 5 little bit about what we've looked at since then and
- 6 after that there'll be the questions to the Board.
- 7 So anyway, the brief history has been
- 8 mentioned in the 1970s, Dr. Benjamin Feingold proposed
- 9 that certain additives such as an artificial food,
- 10 colors and flavors, preservatives and natural
- 11 salicylates can trigger allergic-type reactions and
- 12 behavioral changes in children. He based this on his
- 13 clinical observations and he presented this
- 14 information at the annual meeting of the American
- 15 Medical Association.
- Based on this his findings, he devised an
- 17 elimination diet, which is often called the Kaiser
- 18 Permanente Diet, and he eliminated the artificial food
- 19 colors and flavors and preservatives such as butylated
- 20 hydroxytoluene and butylated hydroxyanisole, as well
- 21 as foods containing natural salicylate, which is a
- 22 large number of fruits and some vegetables. Also,

- 1 coffee is in that.
- 2 So he, in using this elimination diet in his
- 3 practice, he claimed there was a 60 to 80 percent
- 4 success rate in the lowering the hyperactivity of the
- 5 children that received this diet. Based on this work
- 6 by Dr. Feingold, the entire field of stimulated -- it
- 7 was stimulated, the field of research examining the
- 8 possible dietary triggers of problem behaviors in
- 9 susceptible children.
- In 1982, the NIH empaneled a Consensus
- 11 Development Panel to evaluate the data on defined
- 12 diets and hyperactivity. And they concluded that the
- 13 limited, there was limited positive association
- 14 between defined diets and decrease in hyperactivity.
- 15 They also noted that the decreases in hyperactivity
- 16 were not observed consistently. They identified some
- 17 data gaps including a lack of standardized diagnostic
- 18 criteria, a role of predisposing factors such as
- 19 genetic, developmental, and environmental, and the
- 20 lack of longitudinal perspective studies.
- 21 They finally concluded that this defined
- 22 dying approach should not be universally used in

- 1 treatment of childhood hyperactivity.
- In 1986 the FDA formed an advisory committee
- 3 on hypersensitivity to food constituents. They
- 4 evaluated the available data to adverse reactions
- 5 associated with food ingredients, including FD&C
- 6 Yellow No. 5. And they did not find any evidence of
- 7 behavioral disorders associated with the food
- 8 ingredients evaluated.
- 9 That brings us to 2007 and the Southampton
- 10 study, which was published in Lancet in that year.
- 11 The study itself was commissioned by the UK Food
- 12 Standards Agency. It was a six week study to
- 13 investigate whether certain mixtures of color
- 14 additives and a preservative, sodium benzoate, which
- 15 was used cause adverse behavioral effects in children
- 16 from the general population; three years old and eight
- 17 to nine years old.
- 18 There were two mixtures used in this study.
- 19 One was Sunset Yellow, which we refer to as Yellow No.
- 20 6. One was carmoisine, which is not allowed for use
- 21 in foods in this country and tartrazine which is
- 22 analogous to Yellow No. 5. Ponceau 4R, also not

- 1 allowed for use in this country infoods and sodium
- 2 benzoate. Mix B was Sunset Yellow, carmoisine,
- 3 Quinloline Yellow, not allowed for use in the US,
- 4 Allura red or Red 40 and sodium benzoate.
- 5 In their paper, they reported adverse
- 6 effects on behavior of three year old children with
- 7 Mix A, but not Mix B. And adverse effects in eight to
- 8 nine year old children with both Mix A and Mix B.
- 9 It should be noted that it's unclear whether
- 10 the Sunset Yellow or the others with analogous FD&C
- 11 codes underwent batch analysis, which we FDA requires
- 12 for any FD&C color to ensure their purity and
- 13 composition.
- 14 So, you know, and the other thing is that
- 15 for all FD&C colors that are used in products they're
- 16 required to be labeled on that product. In other
- 17 words, they have to state what the FD&C color is and
- 18 that goes for all the FD&C colors.
- 19 So in 2008, EFSA completed the assessment of
- 20 the Southampton study. They concluded in their review
- 21 that it provided only limited evidence that additives
- 22 had a small effect on activity and attention in

- 1 children. They also weren't quite sure what the
- 2 significant of the effects were. They were a little
- 3 unclear. They finally decided that the study cannot
- 4 be used as a basis for altering the acceptable daily
- 5 intakes for these colors or the ADIs.
- In 2009, they did a more thorough scientific
- 7 evidence search and then concluded that they did not
- 8 disagree with the previous decision of the 2008 panel.
- 9 And that the evidence does not substantiate link
- 10 between color additives and behavioral effects.
- 11 So in 2011, the FDA brought in our Food
- 12 Advisory Committee to evaluate the data that had gone
- 13 on before and make the decision, you know, to help us
- 14 get a better idea of what the issues, if there were
- 15 any issues related to FD&C colors, either behavioral
- 16 or in ADHD. The charge to the Food Advisory Committee
- 17 was to consider the available relevant data on the
- 18 possible association between children's consumption of
- 19 FD&C color additives in food and adverse behavioral
- 20 effects. We also asked the committee to advise us on
- 21 what action, if any, is warranted to ensure the safety
- 22 of these color additives.

1 At that meeting the FDA presented its review

- 2 of 33 clinical trials including the Southampton study
- 3 that were relevant to the association between
- 4 artificial colors and ADHD and related problem
- 5 behaviors.
- 6 These were the criteria that our expert
- 7 reviewer looked at in these studies. All the studies
- 8 did not have all of these criteria and it was up to
- 9 the reviewer to determine which ones, whether or not
- 10 the ones that were missing were critical to
- 11 interpretation of the findings from those studies.
- 12 There were 10 criteria there. So after our review of
- 13 the 33 studies, the FDA concluded that a causal
- 14 relationship between exposure to color additives and
- 15 hyperactivity in children in the general population
- 16 has not been established. And we also noted that
- 17 there is no definitive evidence of a biological
- 18 mechanism for effects on behavior.
- 19 However, as Ms. Lefferts has noted, the data
- 20 suggests that for certain susceptible children with
- 21 ADHD and other problem behaviors their condition may
- 22 be exacerbated by exposure to a number of food

1 substances, including, but not limited to artificial

- 2 food colors due to a unique intolerance and not to any
- 3 neurotoxic properties.
- 4 The Food Advisory Committee, you know, in
- 5 their conclusions after listening to all the input
- 6 they decided that the causal link between children's
- 7 consumption of FD&C color additives and adverse
- 8 behaviors are not established by the available data.
- 9 This did not contradict the FDA's findings on that.
- 10 Additional label information such as a warning labels,
- 11 as they do in Europe were unnecessary to ensure the
- 12 safe use of the FD&C color additives.
- In response to our question about additional
- 14 what we need to do additionally we did -- they
- 15 recommended that further research which was needed,
- 16 including additional safety studies. Well, the FDA
- 17 looked at the literature and decided that the animal
- 18 was not a good model for assessing hyperactivity in
- 19 humans or intolerance to certain compounds. So we
- 20 have not addressed that particular recommendation.
- 21 They also wanted us to do a comprehensive
- 22 exposure assessment for these compounds. In the next

1 couple of slides, I'll talk about that exposure

- 2 assessment that was done.
- 3 Here is the study or the structures of the
- 4 compounds -- of color compounds that we evaluated in
- 5 our exposure assessment. Notice that say Red 40,
- 6 which is known as Allura Red in Europe. And the
- 7 Yellow 6 and Yellow 5 are also, you know, included in
- 8 that batch. Not only do these -- are these structures
- 9 different for many of the colors, but they're also in
- 10 different chemical classes.
- 11 So the exposure assessment for FD&C colors
- 12 for the US population was based on data that our FDA
- 13 chemists developed or that was -- excuse me -- we had,
- 14 you know, analyzed from -- was it 2012 through 2014.
- 15 We did analytical data on 600 representative foods
- 16 sampled in that -- during that collection period.
- 17 The dietary exposure for each color additive
- 18 was estimated for a population two plus years of age
- 19 and for children two to five years of age and teenage
- 20 boys, 13 to 18 years old. You may wonder why we
- 21 looked at teenage boys in that. Well, it turns out
- 22 teenage boys are the biggest consumers of products

- 1 containing these FD&C colors.
- 2 So anyway, the study was published in 2016
- 3 in Food Additives and Contaminants Part A to Peer
- 4 Review Journal. And the final outcome from the
- 5 exposure assessment was that the estimated daily
- 6 intakes were well-below the acceptable daily --
- 7 accessible daily intake levels. In other words, the
- 8 ADT levels.
- 9 Okay. We did a little updated literature.
- 10 We don't have all the studies that were pointed out,
- 11 but these are the critical ones that we felt needed to
- 12 be evaluated. The Nigg, et al. 2012 study has been,
- 13 you know, mentioned before and these meta-analyses, it
- 14 was basically a meta-analysis study on the role of
- 15 diet and food colors in ADHD. The Sonuga-Barke study
- 16 done in 2013, was a meta-analysis study on dietary and
- 17 psychological interventions as treatment for ADHD.
- 18 And the Lok, et al. study in 2013 was a double blind
- 19 placebo controlled clinical study in children using
- 20 color additive mixtures. The Pelsser study in 2017
- 21 was a systematic review of several meta-analyses of
- 22 clinical studies on various dietary factors including

- 1 color additives and their possible role in ADHD.
- The FDA's conclusions on the Nigg, Sonuga-
- 3 Barke, and Lok studies was that there were no reliable
- 4 challenge effects were found in the Nigg study, there
- 5 were no reliable challenge effects were found with
- 6 parents and teacher/ observer outcome measures when
- 7 the analysis was restricted to the FDA approved
- 8 colors.
- 9 In that study, they allowed for the
- 10 publication bias. They removed publication bias from
- 11 that, which basically showed that very few of the
- 12 colors that were used had any impact on ADHD in these
- 13 children, the Sonuga-Barke, et al. paper. They had --
- 14 findings and our reviewer -- our findings did not
- 15 support the use of artificial food color exclusions as
- 16 an efficacious dietary intervention in the
- 17 nonpharmacological treatment of children with ADHD and
- 18 related problem behaviors. The Lok, et al. study,
- 19 which was done in Hong Kong, Chinese children at the
- 20 age of eight to nine years of age. We determined in
- 21 our review that the study did not show any significant
- 22 adverse effects from either the mix of four artificial

1 color additives or the sodium benzoate preservatives

- 2 on the behavior of the Chinese children in that age
- 3 range.
- 4 Okay. The Pelsser, study we've just found
- 5 that. We did a literature search in early or mid-
- 6 2019, which is why we may not have picked up the study
- 7 that Mr. Cox noted in his presentation. But the
- 8 Pelsser study was published in Plos One in 2017 and
- 9 the article title was "Diet and ADHC: Reviewing the
- 10 evidence, the systematic review of meta-analysis of
- 11 double blind placebo controlled trials evaluating the
- 12 efficacy of diet interventions on the behavior of
- 13 children with ADHD."
- 14 Basically, their method was they did a
- 15 search of the literature and found six meta-analysis
- 16 that matched their criteria of double blinded placebo
- 17 controlled trials that applied homogeneous diet
- 18 interventions. They determined an effect size and
- 19 confidence intervals for each dietary intervention and
- 20 the authors concluded that the effect size of
- 21 artificial food color-free diets was small to medium
- 22 such that the dietary intervention that excludes AFC,

- 1 should not be advised as a general ADHD treatment.
- Okay. Now we come to the questions to the
- 3 Board. We have had three questions that we've looked
- 4 at and gone back and forth on. And the first one is,
- 5 does the latest science establish a link between
- 6 consumption of FD&C color additives in food by
- 7 children from the general population and adverse
- 8 effects on their behavior. Second is, does the latest
- 9 science establish at the use of artificial food color
- 10 exclusion diets as an efficacious intervention in the
- 11 nonpharmacological treatment of children with ADHD and
- 12 related behaviors. The third is, since the 2011 Food
- 13 Advisory Committee, are there any new consideration in
- 14 terms of design characteristics of a study intended to
- 15 test the hypothesis that there is a causative link
- 16 between the individual color additives and ADHD in
- 17 children? Have there been any new tools developed
- 18 since 2011 that may be considered to be used in the
- 19 conduct of such a study.
- 20 And thank you for your attention.
- 21 CHAIRMAN MCLELLAN: Thank you Scott.
- 22 Appreciate that. And I think that's the end of the

- 1 oral presentations here.
- 2 So Board, we, we also have joining us on the
- 3 phone to two additional experts beyond those
- 4 introduced here. But I think Sherry Ferguson and John
- 5 Chelonis is here. Is -- are they on the phone?
- 6 DR. CHELONIS: Yes, John is here.
- 7 CHAIRMAN MCLELLAN: Thank you John.
- 8 DR. FERGUSON: I'm here, too. Sherry
- 9 Ferguson.
- 10 CHAIRMAN MCLELLAN: Thank you Sherry. Could
- 11 you all introduce yourself in terms of your background,
- 12 just so that we understand who you are as experts on
- 13 behalf of FDA?
- 14 DR. FERGUSON: Well this is Sherry Ferguson
- 15 and I am Division Director of Neurotoxicology at the
- 16 National Center for Toxicological Research. I've been
- 17 doing work in Developmental Neurotoxicology for almost
- 18 30 years now. I'm not sure I would consider myself an
- 19 expert on color additives and their effects, but that
- 20 gives you just a bit of history.
- 21 DR. CHELONIS: And I'm John Chelonis. I'm
- 22 with the National Center for Toxicological Research,

- 1 as well. I've been doing behavioral work with
- 2 children for about 20 years now and we have done some
- 3 work on looking at the effects of methylphenidate on
- 4 children with ADHD. Once again, I'm not an expert on
- 5 color additives, but I have done some work assessing
- 6 children with ADHD and looking at stimulant
- 7 medication.
- 8 CHAIRMAN MCLELLAN: Very good, thank you
- 9 both. I appreciate that.
- 10 So Board members at this time we, we would
- 11 welcome you to comment, to ask questions of our FDA
- 12 experts both here and on the, on the phone.
- 13 I am interested in seeking your opinions
- 14 here and so I would ask you to draw opinions. Okay.
- 15 That's a value to us. And at this point I think what
- 16 I would like to do is tackle each of these questions
- 17 one at a time. Unless you feel there's an automatic
- 18 tie across the three, then, then feel free tto explain
- 19 that and we'll go from there.
- 20 I'm not going to -- we're going to leave the
- 21 questions up so everyone has those in front of you and
- 22 we can proceed from there.

1 So Rich, I think you were the first one up.

- 2 So I'd ask you to go ahead. Thank you.
- 3 DR. LINTON: I have a question but I'm not
- 4 exactly sure how to address it or who to address it
- 5 to. But the question is related to the California
- 6 study that is beginning. I'd like to have a little
- 7 bit more information about the charge of that group.
- 8 The timeline for the work to be done and also how the
- 9 project is being funded.
- DR. DOELL: Hi, I'm Diana Doell with the
- 11 Division of Food Ingredients in the Office of Food
- 12 Additive Safety. That group -- it was resulted from a
- 13 Senator from California, that charged the California
- 14 EPA with looking at the, looking at color additives in
- 15 any neurodevelopmental effects on children. And we
- 16 met last month and there were a lot of experts there,
- 17 toxicologists, pediatricians, the government and
- 18 industry and they're going to take all of the
- 19 information there and continue that study and they are
- 20 supposed to have a peer reviewed report out next
- 21 summer.
- 22 CHAIRMAN MCLELLAN: Barb.

DR. KOWALCYK: I'm Barb Kowalcyk. I had a

- 2 couple of questions. One was in the first question is
- 3 "established a link," do you mean a causal link or an
- 4 associational link?
- DR. THURMOND: We've been trying to
- 6 establish a causal link.
- 7 DR. KOWALCYK: Okay. Well, it wasn't clear
- 8 from the question.
- 9 DR. THURMOND: Sorry.
- 10 DR. KOWALCYK: So the the second question I
- 11 had was, I believe it was Dr. Cox had mentioned a
- 12 more recent meta-analysis by Cagigal, et al. and from
- 13 2019. I did a quick search online and could not find a
- 14 copy of that meta-analysis. Have you looked at it?
- DR. THURMOND: No.
- DR. KOWALCYK: No. Okay. And then my final
- 17 question is CSPI gave a definition of safe and I
- 18 wanted to know if that was the definition or the level
- 19 of evidence needed to determine by CFSAN, if a colored
- 20 additive is safe.
- 21 DR. KEEFE: So this is Dennis Keefe. The
- 22 safety standard that's embedded in the statute for

- 1 color additives and also for food additives is a
- 2 reasonable certainty of no harm under the intended
- 3 conditions of use.
- DR. SARWAL: Hi, this is Minnie. Can I ask
- 5 a quick question on the phone?
- 6 CHAIRMAN MCLELLAN: Sure Minnie. This is
- 7 Mark.
- 8 DR. SARWAL: Yes, thank you so much.
- 9 Thank you for all those presentations. They were very
- 10 enlightening and a really well presented. I had a
- 11 question as we're looking at causal associations. Are
- 12 we able to from this meta-analysis be able to stratify
- 13 the impact of this effect as it stratified by age? So
- 14 like is a really younger age group perhaps more
- 15 susceptible than the older because childhood is a
- 16 broad age range and also is there variations by gender
- 17 and in addition also, is it a variation by if the
- 18 child was premature and therefore maybe more
- 19 susceptible? Do we have that kind of information?
- Sorry, that is my question.
- 21 CHAIRMAN MCLELLAN: What would you like her
- 22 to restate that or --

- 1 DR. SARWAL: Was it not clear?
- DR. THURMOND: Yeah, restate that. I'm not
- 3 sure we have an answer for you, but please restate
- 4 that.
- 5 DR. SARWAL: Yeah, I was just wondering,
- 6 because you're looking for causal associations. Are
- 7 there inherently more susceptible populations within
- 8 the child category? You know, the broad category of
- 9 childhood, the age range, and so is there perhaps has
- 10 the casual association being stratified to take into
- 11 account the very young aged recipient children, who
- 12 may actually have been very premature and therefore
- 13 more susceptible, their brains may be more
- 14 susceptible. And the other thing is by gender. Is
- 15 that risk stratification possible with the data as it
- 16 exists today?
- DR. THURMOND: That's a tough question to
- 18 answer. I think I'm going to ask Dr. Chelonis to
- 19 weigh in on that.
- 20 DR. CHELONIS: Well, as I said before, I'm
- 21 no expert on the color additives but just looking at
- 22 these meta analysis you guys provided. It seems to

- 1 me, you know, the populations and everything all
- 2 across the Board. So I don't think we have enough
- 3 studies really to be able to even think about
- 4 stratifying anything at the moment.
- 5 DR. STEELE: Yeah. I mean that the outcome
- 6 measures aren't even the same across the studies.
- 7 Right?
- B DR. CHELONIS: Yeah. I mean, some are
- 9 looking at behavior, some are looking at parent
- 10 ratings, some are looking at teacher ratings, you
- 11 know, as a bunch of different things. If you look at
- 12 the Sonuga-Barke article.
- 13 So, you know, I'm not, I think your question
- 14 is a very good one I think are things, you know, that
- 15 definitely, you know, there's some small, small
- 16 suggestion perhaps, but you know, it's nowhere near as
- 17 significant. There might be some cases where, you
- 18 know, you might want to look at these food additives
- 19 in more detail because, you know, you might be able to
- 20 get a specific population, but right now it's just too
- 21 early to tell I think.
- DR. SARWAL: Yeah. No, thank you. I think

- 1 this is really to trigger us to think, because one of
- 2 the questions are these trials sufficient or do we
- 3 need to be looking and generating more data? So maybe
- 4 this can be something we can think about if we are
- 5 wanting to design further studies.
- 6 DR. CHELONIS: I mean, one thing I was
- 7 looking at with the Nigg article was you know, when
- 8 you look at clinical issues, you're looking for two
- 9 things. You're looking for consistent differences
- 10 across many subjects or you're looking for large
- 11 magnitude effects. And if you run chi-squared,
- 12 looking at some of these studies that are FDA colors,
- 13 you don't really see significant evidence for either
- 14 one of them at this time.
- 15 CHAIRMAN MCLELLAN: Thank you. We're going
- 16 to go with Ted and then up here to Sean and then
- 17 Cynthia. Ted.
- 18 DR. REISS: Thank you, Mark. So I just
- 19 wanted to go back into the toxicology realm for a
- 20 second if possible. I know you said there's no animal
- 21 models of ADHD. It's a syndrome anyway. Probably
- 22 very difficult actually to model. But I was wondering

- 1 if there were any new hypotheses about what a food
- 2 additive, how a food additive might affect ADHD. We
- 3 talked about allergy. Do these drugs get into the
- 4 CNS? Do the metabolites get into the CNS? Do we know
- 5 anything about that that would lead, you know, that
- 6 would help us to sort of understand whether a causal
- 7 relationship or a hypothesis is present?
- 8 DR. THURMOND: Well, Ms. Lefferts mentioned
- 9 the histamine possible involvement. We have not been
- 10 able to confirm that or we have not seen another study
- 11 addressing that particular hypothesis.
- DR. REISS: Okay. Do these two, these
- 13 compounds get into the CNS at all or there
- 14 metabolites?
- DR. THURMOND: Most of them are large
- 16 molecules and they, you know, they're usually excreted
- 17 in feces or very few of them get into the systematic
- 18 circulation. And I'm not aware of any that even cross
- 19 the blood brain barrier.
- 20 CHAIRMAN MCLELLAN: Sean.
- 21 DR. XIE: That was a very comprehensive -- I
- 22 really like it. They bring up a lot of key points.

- 1 If allow me to follow the third question about --
- 2 actually this is when you ask for any model or
- 3 something available -- to available.
- 4 There is approach that we use called a
- 5 Bayesian causal network. It was originally developed.
- 6 Then we also -- one of the developer is Greg Cooper is
- 7 a biostatistician. So we use it that for other
- 8 purpose. If the data is available, we can try that.
- 9 But I'm not sure. This causal link is the from
- 10 statistics result and analysis or is from the machine
- 11 learning -- statistic analysis come up.
- DR. THURMOND: I'm sorry, what was the
- 13 question?
- 14 DR. XIE: Well, the definition there's no
- 15 causative link. Is that the predicting from the data?
- 16 Because there's a standard, there's a method called
- 17 the Bayesian causal network, is a more powerful based
- 18 on machine learning. We use that one, too. To
- 19 identify each of the attributes.
- 20 DR. THURMOND: Okay, we may have to look
- 21 into that.
- DR. XIE: And then back to the second is, I

- 1 was reading an article yesterday and also in your
- 2 presentation, you also show the data published in 2007
- 3 and shows -- I find that this article published by the
- 4 same author McCann and publishing -- is more high
- 5 impact journal 2007. And the data, they analyzing is
- 6 big, 300.
- 7 And in the report you presented in 2011, so
- 8 it shows that 41 children was it selected for data
- 9 analysis. My point is that the sample size I like the
- 10 -- although this is smaller sample size, but the
- 11 people who participate in this for scoring is a
- 12 parent, teacher, and also the psychiatrist is more
- 13 professional, comparable with the adolescent. I mean,
- 14 under the paper published in 2007, it was only parents
- 15 and teacher, so I'm not sure they scoring which may
- 16 effect outcome. Right?
- DR. THURMOND: Yes.
- DR. XIE: So you, if you can comment on
- 19 those.
- 20 DR. THURMOND: In the Southampton study the
- 21 authors relied more heavily on the parental feedback
- 22 then for either -- they had a teacher and classroom

1 observers and they opted for the parental, you know,

- 2 feedback to use in their analysis for the most part
- 3 that -- parental -- relying on the parental
- 4 observations is very subjective. I mean, if you've
- 5 got a, you know, a child with ADHD and he knows he's
- 6 in a study, he or she is in a study, the behavior may
- 7 change just because the parent is monitoring them, is
- 8 entering -- they have a little diary they're entering
- 9 their activities in. So that's tough to look at that.
- 10 In our thinking that teachers and classroom
- 11 observers probably, well, primarily teachers have a
- 12 better feel for whether a child is, his activity is
- 13 changing, whether or not, you know, they're responding
- 14 to treatment. And you know, if there's nothing there,
- 15 if they can't report any change, you know, that's a
- 16 problem for the you know, for the people who are
- 17 running the study.
- 18 DR. CHELONIS: Yes, this is John Chelonis.
- 19 If I can chime in for a second, I mean, one of the
- 20 criteria for ADHD is to have you know, problems across
- 21 two settings. I mean, part of the reason for that is
- 22 to make sure it's not, you know, just the parent

1 interacting with the child or the teacher interacting

- 2 with the child. That's problematic. So I would give
- 3 a lot more weight to studies that are looking at both
- 4 parents and teacher reports then to studies that are
- 5 just looking at parent reports solely.
- 6 CHAIRMAN MCLELLAN: Okay, good. I've got
- 7 Cynthia, Barb, Ted again? No. Okay. And then Dojin.
- 8 So Cynthia, please.
- 9 DR. AFSHARI: Yes, thank you. You know,
- 10 what struck me, listening to the multiple
- 11 presentations this morning were two things. I think.
- 12 One is that I'm certainly thinking about the
- 13 epidemiology and you know, that isn't my area of
- 14 expertise, but I know we have others. You know, it
- 15 just seems that all of the studies are confounded with
- 16 multiple variables and we haven't heard much
- 17 discussion about that. In terms of what else is
- 18 confounding in these subjects and how might that
- 19 influence and you know, we're focusing on a specific
- 20 aspect here, but I think providing that balanced view
- 21 and analysis is important.
- I think the second one was where Dr. Reiss

- 1 was going, which was just on the basics of the
- 2 toxicology and it may be worthwhile to revisit that in
- 3 a more formal, systematic manner. I know it was
- 4 brought up around the NOAEL and whether there's
- 5 evidence or not to suggest that the NOAEL is different
- 6 from how it was previously described, you know, and
- 7 whether that is the basis for setting the ADI.
- I think that we heard that, you know, maybe
- 9 diets are shifting or maybe there may be certain
- 10 people who have more exposure, but I think again, in
- 11 that classic kind of PK tox relationship to just show
- 12 how much of a range of safety margins or multiples do
- 13 we have above kind of were adverse effects were
- 14 determined or the ADI levels around different
- 15 individuals.
- 16 And I certainly think that piece that came
- 17 out around the fact that the compounds are large,
- 18 they're excluded from the CNS. You know, again, if
- 19 there aren't any individual variants that suggest
- 20 altered metabolism, I mean, all those points which are
- 21 classic kind of PK tox models are I think are very
- 22 relevant and could help provide, you know, either

1 points to sensitive patients or actually alleviate

- 2 some of the concern from a human exposure perspective.
- 3 CHAIRMAN MCLELLAN: Thank you. Barb.
- 4 Sorry, if you wanted to comment you're
- 5 welcome to.
- 6 DR. THURMOND: All right, all right. I
- 7 wasn't sure whether you were asking for a comment or
- 8 making a statement. Yes. Those are issues that, you
- 9 know, the, the multivariate issues related to ADHD
- 10 colors. That was the 1982 NIH study pointed that out.
- 11 Environmental, you know, the genetic components. I
- 12 mean, these are things that are difficult to take in
- 13 any, the human studies looking at this type of
- 14 interaction, dietary colors or whatever are extremely
- 15 difficult to do and do them reliably.
- You know, there were, as I noted, there were
- 17 10 criteria that our expert reviewer was looking at in
- 18 terms of, you know, the studies that we had reviewed.
- 19 And you know, it's difficult to find studies that have
- 20 all the components you would like to have.
- 21 DR. KEEFE: I wonder also, I wonder also
- 22 maybe Diana Doell, Dr. Doell can comment on the margin

1 of exposure issue you raise in terms of the ADIs that

- 2 have been established versus our more recent exposure
- 3 assessment for these colors?
- 4 DR. DOELL: Yeah, for all of the color
- 5 additives that we looked at in our exposure
- 6 assessment, we are about an order of magnitude below
- 7 the established ADIs. So we definitely had a large --
- 8 a lot of leeway in there between the consumption of
- 9 each color additive and the ADIs.
- 10 CHAIRMAN MCLELLAN: Very good. Barb.
- DR. KOWALCYK: So I had a couple of follow-
- 12 up questions. One I think Ted had asked you about
- 13 studies that looked at the models the toxicological
- 14 models. And you said you haven't seen another study.
- 15 And my question was, does that mean that no one's
- 16 looked at it or that, you know, people have looked at
- 17 it and you haven't seen that evidence?
- 18 I mean, as a statistician, okay. I go back
- 19 to the old adage is absence of evidence is not
- 20 evidence of absence. And as I was reading through the
- 21 packet, that's kind of what struck me. And so, I
- 22 wanted to find out if just clarify is that because no

- 1 other studies have been conducted or they've been
- 2 conducted and they haven't been -- and they haven't
- 3 found a link.
- 4 The other question I had is I noticed in
- 5 going through the meta-analyses, but most of these
- 6 studies are very old and a I was just wondering if you
- 7 had done in, and I think somebody had mentioned or I
- 8 read it, that they hadn't looked at publication bias
- 9 in the sense of -- had people been looking at, have
- 10 people looked at this since the 1970s, 1980s and found
- 11 no evidence so therefore they're not publishing or is
- 12 it that this research just hasn't been taken up in a
- 13 whole lot of detail since then.
- 14 Because if you look at the studies that are
- 15 included in those meta-analyses, most of them are from
- 16 the seventies and eighties. And so, the question that
- 17 arose to my mind is it a function of people aren't
- 18 studying it or people are studying it and that there's
- 19 nothing there. And I don't know what the answer to
- 20 that, but I was wondering if the agency had looked
- 21 into that as a possibility.
- DR. THURMOND: That's a very good question.

1 And no we haven't. It's something that ,you know, we

- 2 involved our biostatisticians at some levels, you
- 3 know, for a review. But I think we need to plug the
- 4 biostatisticians into more recent findings and take a
- 5 look at the data from a biostatistic standpoint.
- 6 We're open to any suggestions. This is just the part,
- 7 you know, this is why we were asking the Board, you
- 8 know, to appear before the Board. We need any other
- 9 feedback that you can give us and that's good
- 10 feedback.
- DR. KOWALCYK: So I know it's a very
- 12 difficult to try and figure out is how these studies
- 13 been conducted, but not published. But one thing that
- 14 just occurred to me is, I mean, have you reached out
- 15 to your colleagues at NIH and seen if people have been
- 16 submitting applications for studies that, you know,
- 17 which will give you a sense of, is this even on the
- 18 radar of or reached out to the community that's
- 19 engaged in this kind of issue to see what kind of
- 20 research is being conducted?
- 21 DR. THURMOND: That's a good question.
- 22 Thank you for asking it. If you've ever looked at

1 ClinicalTrials.gov and then did search on ADHD through

- 2 there, there are over 1,200 studies that are either
- 3 completed, planned, recruiting or whatever on every
- 4 possible modality, you know, naturopathic treatment,
- 5 dietary supplement treatment, drug, multi-drug,
- 6 psychological treatment.
- 7 There's only one study out there that I'm
- 8 aware of that specifically looks at artificial food
- 9 colors and ADHD and that study was supposed to have
- 10 been completed in August of last year, but according
- 11 to the website, they're still recruiting people for
- 12 it. So it's a difficult topic. You know, how do you
- 13 design this study to get all the variables that you
- 14 may or may not consider to be important and that's it.
- 15 We don't know what variables may be that important in
- 16 assessing ADHD and dietary restriction diets or
- 17 whatever. You know, and so it's -- I don't know, it's
- 18 a tough, tough nut to crack as they say.
- 19 CHAIRMAN MCLELLAN: Thank you. Dojin.
- 20 DR. RYU: I'm mostly trying to link this
- 21 with mechanistic studies. So if you go back the
- 22 original study suggested the allergic type reactions

1 versus behavioral changes. I tried to look it up but

- 2 have not successful in digging more evidences or
- 3 studies even involving or linking allergy reactions
- 4 versus behavioral changes. Have you seen any other
- 5 studies or results or any suggestions?
- 6 DR. THURMOND: I think there was that one
- 7 study that -- let me see. Yeah, the Sonuga-Barke
- 8 conducted where they were looking at psychological as
- 9 well as dietary elimination types of approaches and
- 10 psychological.
- 11 I'm not familiar with anything. Maybe
- 12 somebody else, Ms. Lefferts or you know, Mr. Cox is
- 13 familiar with that.
- 14 DR. RYU: So maybe my ultimate question is
- 15 where do we can eliminate immunological reaction from
- 16 the possible factor in triggering behavioral changes
- 17 or not?
- 18 DR. THURMOND: That's a good question. Can
- 19 we eliminate it? I don't know. I feel like I'm, you
- 20 know, I feel like I don't have the answers you're
- 21 looking for, but we don't have the answers we've been
- 22 looking for.

1 CHAIRMAN MCLELLAN: Thank you Dojin. So

- 2 we're going to go on to Connie and then Ted.
- 3 DR. WEAVER: I was wondering if we could
- 4 spend a couple of minutes sort of on context and
- 5 practical implications like from your exposure study,
- 6 do you verify what we read in one of our background
- 7 materials by Holton, in a the 2016 review, he said the
- 8 major sources of color additives are medicines,
- 9 vitamins and fruit juices. What about desserts and
- 10 candies and other things? Where is the exposure?
- And then where there's the exposure, what's
- 12 the need for them? Is it only a marketing competitive
- 13 issue or are there new categories of foods with
- 14 nutrients to encourage that children wouldn't consume
- 15 and therefore may be at risk for getting some of the
- 16 nutrients that go along with those foods because they
- 17 wanted a certain color or whatever.
- 18 And then if there were alternatives, like a
- 19 lot of the reviews suggest why isn't it just prudent
- 20 to take them out? But if there's a need to get
- 21 children to eat those foods, then the alternatives,
- 22 the natural sources that aren't synthetic, are they

- 1 safer? Do we know that?
- DR. DOELL: There were a lot of questions --
- 3 so I'm going to try to address all of them. From our
- 4 exposure assessment, the FD&C color additives can be
- 5 used in food, drugs, and cosmetics. And in our
- 6 exposure assessment, we focused on just the foods and
- 7 we looked at over 7,300 food products in the grocery
- 8 store. We basically did a systematic up and down the
- 9 aisles and lumped them into categories where we found
- 10 these color additives. And we identified about 52
- 11 food categories that contained FD&C color additives.
- Now, within those categories, not all
- 13 products contained the color additives, you would have
- 14 variability from some products would contain a FD&C
- 15 color additive, but maybe another product wouldn't.
- 16 Like macaroni and cheese. Some brands contain Yellow
- 17 5, Yellow 6, others had gone to annatto or turmeric in
- 18 their formulations. And so, it just really is a kind
- 19 of a formulation based whether they had the FD&C color
- 20 additive.
- 21 And in our exposure assessment, we actually
- 22 broke the exposure down by food category and we

- 1 identified those food categories for each color
- 2 additive that contributed the most to exposure.
- 3 Some of the common categories that we were
- 4 seeing were beverages, juice drinks, sometimes candy.
- 5 We would see -- it would kind of would vary by
- 6 category like for, I know, Red No. 3, like a lot of
- 7 the decorations, the icings on cakes. So we
- 8 definitely have an idea by color, which color
- 9 additives are contributing the most to exposure.
- 10 Now as far as nutritional value, a lot of it
- 11 is consumer preference for those products. Whether
- 12 the synthetic colors, you can use a small amount of
- 13 that color additive and get a quite vibrant color.
- 14 With a natural color a lot of times you have to use
- 15 more of that color additive and you still can't
- 16 achieve quite the same coloring effect that you would
- 17 with this synthetic color additives.
- 18 We have one brand of cereal that when they
- 19 removed the synthetic color additive, nobody bought it
- 20 anymore. Because that was the draw for that product
- 21 was those vibrant colors in the cereal.
- 22 Did I get all the questions?

DR. WEAVER: No. The last one, because the

- 2 natural substitutes, are they necessarily safer or
- 3 have been tested?
- 4 DR. THURMOND: No. No. No concerns. We
- 5 get natural colors in, in forms of petitions. And one
- 6 of the biggest concerns we have is, are we looking at
- 7 an allergenicity issue? Are there allergenicity
- 8 issues?
- 9 The same standard of safety applies to
- 10 natural as it does to the artificial. A lot of people
- 11 say, because it's natural, it's got to be good for
- 12 you, but you can get -- we have what we call CAERS
- 13 database, which is a public reporting database that
- 14 allows people to, you know, submit issues that they've
- 15 had with certain food ingredients or types of foods.
- 16 A lot of it's subjective. We don't have a lot of
- 17 physician submitted data, but there have been some
- 18 input on the so-called the natural colors, such as
- 19 annatto, you know, they've had supposedly adverse
- 20 effects. Whether or not it's related to annatto or
- 21 some other issue, we can't determine. But for
- 22 natural, natural is not any safer or less say than

- 1 FD&C colors.
- DR. DOELL: And I also like to point out
- 3 that in order for it to be labeled as an FD&C color
- 4 additive, it does have to go through batch
- 5 certification. Each batch that is produced for
- 6 identity impurity before it can be used in food
- 7 products.
- 8 CHAIRMAN MCLELLAN: Okay. Well, go down to
- 9 Ted.
- DR. REISS: So I have sort of two comments
- 11 or questions. The first one maybe ties together just
- 12 a little bit of the comments that everyone was making
- 13 here. It seems like there's no either longitudinal or
- 14 cross-sectional cohort studies in ADHD to understand
- 15 some of these predictor variables.
- 16 Correct me if I'm wrong, it might help to
- 17 answer some of these questions about the relationship
- 18 to allergy, you know, who's at high risk predictors,
- 19 these sorts of things. If it exists, please let us
- 20 know. But I didn't see it in any of the background
- 21 materials. That was just a comment.
- The question that I have also, we've also

- 1 brought up the issue of the heterogeneity of these
- 2 clinical trials and the heterogeneity responses to
- 3 small effect sizes and so on and so forth. In the
- 4 reports of the meta-analyses, I didn't see any summary
- 5 of blinding. Well, we talked about blinding about the
- 6 end points and the measurements and that sort of
- 7 stuff, but the blinding of actually the color
- 8 additives.
- 9 How was that done and how is it maintained,
- 10 especially in these older studies that are from the
- 11 '70s and '80s, where maybe people didn't pay attention
- 12 to those? Do you have any thoughts or information
- 13 about that?
- 14 DR. THURMOND: Well, sometimes they do a
- 15 placebo, they did a placebo effect and they'd run
- 16 placebos. I can't tell you what the methodologies are
- 17 for all these studies, but they made --
- 18 DR. REISS: No, I mean, blinding a color
- 19 additive. It's easy. You can't have the same color
- 20 because it's the same thing.
- 21 DR. THURMOND: I agree. And that's difficult
- 22 to do.

DR. REISS: But then the capsules can't be

- 2 clear, they have to be and the colors can change, too
- 3 if there's another color behind it.
- 4 DR. THURMOND: These products are a color or
- 5 they're not a color. And you know, if it's a mixture,
- 6 how do you blind a mixture?
- 7 DR. REISS: It just provides a methodologic
- 8 problem in doing some of these studies.
- 9 DR. THURMOND: Yeah, it is a real challenge.
- 10 CHAIRMAN MCLELLAN: Just to comment. There
- 11 are ways to visually create an abstract environment.
- 12 Either, you could wash the -- it depends on how this
- 13 was all, whether it was controlled design set up, but
- 14 you can wash a room with intense color that washes out
- 15 all of this anyways. Just a comment.
- Okay. I think we're coming up to Dojin next
- 17 and then Connie and then Tony and then -- back to ,
- 18 okay -- go ahead.
- 19 DR. RYU: Part of what I want is to follow-
- 20 up questions from Connie. But before that I'd like to
- 21 mention that this survey was done really nicely and I
- 22 cannot imagine going through all the analytical

- 1 testing of individual samples.
- 2 But about the analytical part, I assume that
- 3 all the matrix effect has been you know, challenged
- 4 and scrutinized to get that any recovery or the
- 5 extraction errors.
- 6 DR. DOELL: Yeah. Depending on the product,
- 7 it had an extraction method that was for that type of
- 8 matrix. So there were things for dairy that may be
- 9 different from a beverage and those were taken to
- 10 account in the masking method. And then the nice
- 11 thing about the method is you can analyze for all
- 12 seven color additives in one run.
- DR. RYU: Yeah. I looked at the original
- 14 article and it was well-developed. So if you could do
- 15 the exposure assessment in considering, I mean,
- 16 including medicines like over-the-counter drugs, that
- 17 the end results would go up to the any significant
- 18 level of concern or not, you know, currently study is
- 19 not at all, but if you add them up, would there be any
- 20 possibility that the level could be of concern?
- DR. DOELL: I think that's a hard question
- 22 because food is something that you're eating daily and

- 1 it's a chronic thing, but a lot of medications, you're
- 2 taking it for a short period of time and then you're
- 3 no longer taking it. So you're comparing a chronic
- 4 type of exposure more towards an acute type of
- 5 exposure.
- 6 So it's two almost different variables
- 7 there. Something we could look at is an exposure
- 8 assessment with the drug products, but we would just
- 9 need data on the levels of the colors in those
- 10 products as well.
- 11 CHAIRMAN MCLELLAN: We're going to go onto
- 12 Tony. But I'm going to comment here that I'm looking
- 13 for some speakers that may be haven't engaged a little
- 14 bit. If you are not finding yourself to a conclusive
- 15 or explorative place, take us to a questionable place.
- 16 Take us where you're not seeing stuff that you'd like
- 17 to see stuff. Tony.
- DR. BAHINSKI: Thanks Mark.
- 19 I have many of the same comments that many
- 20 of the folks on the Board have already expressed
- 21 regarding the you know, kind of the gaps in the robust
- 22 study design with a lot of the clinical trials and

1 other studies that have been presented to the Science

- 2 Board.
- And maybe it's in relation to Point 3. I've
- 4 been aware, just recently there's a new paradigm, you
- 5 know, with certain journals called the Registered
- 6 Reports and especially conducive to, you know, kind of
- 7 neural behavioral studies of this sort. Where
- 8 basically the editors find that there's an -- you
- 9 know, the subject of the study is important. I would
- 10 think something like this will qualify.
- 11 And then the peer review is done on the
- 12 study design. And so, I think that would, you know,
- 13 try and get around some of the issues that we've seen
- 14 with, you know size of the population, you know,
- 15 potential biases in the outcomes.
- 16 And then, the publication is actually
- 17 accepted at that point for publication regardless of
- 18 the outcome of the study. And I think that speaks to
- 19 what Dr. Kowalcyk was bringing up. You know, are we
- 20 not seeing studies coming out because they may be
- 21 negative. And so, there's some kind of publication
- 22 bias there. And I think that's the whole point of

- 1 these kind of Registered Reports.
- 2 And I think more and more journals are
- 3 picking this up. I think it's relatively new concept.
- 4 It's about 200 or so that are in there now.
- I don't know if there's a way to encourage
- 6 people in this field that, you know, to submit that
- 7 because I think that's a way to get some unbiased, you
- 8 know, robust study design that can help us get to some
- 9 of the answers here.
- DR. THURMOND: Well, I know years ago in
- 11 academia that publishing negative data was not
- 12 encouraged. And we've always argued that that
- 13 negative data can be the most informative because you
- 14 look at what they publish and you know, well, they did
- 15 something wrong here or there or maybe, you know, the
- 16 power of their study was not great enough. So, you
- 17 know, there are a lot of issues there and I think I
- 18 agree there are more and more journals that are
- 19 accepting negative outcomes in terms of publications.
- 20 DR. BAHINSKI: Right, but I think it's that
- 21 upfront review of the study design. It's critical
- 22 there.

- DR. THURMOND: Exactly.
- DR. BAHINSKI: It's hard to do it on the
- 3 back end. Right?
- DR. KEEFE: If I could just jump in, this is
- 5 Dennis. You know, the 2011 FAC also recommended
- 6 certain criteria for conducting a study to address
- 7 these sorts of gaps that we identified in 2011. And I
- 8 think from the discussion here, I think, we still see
- 9 that there are a number of gaps here in our dataset.
- I wanted to come back to a point from Dr.
- 11 Weaver about the colors and whether there's benefit or
- 12 not to adding the colors. Under our statutory regime,
- 13 the approval of color additives and food additives is
- 14 based on safety only. It's not a safety benefit or
- 15 you know, a marketing benefit or anything. It's
- 16 purely a safety decision and whether or not at the
- 17 additive -- the color additive or the food additive,
- 18 you know, has a penetrance in the market is
- 19 successful. That's entirely up to the market and
- 20 technology. So we don't weigh in on that.
- 21 DR. ZAJAC: And also I just wanted to add
- 22 that there was the question about why are color

1 additives added to drug products. Sometimes they are

- 2 added to differentiate one drug from another drug. So
- 3 you may have a blue tablet versus a purple tablet.
- 4 Sometimes the color is also added so that the color is
- 5 consistent with the flavor in that product as well.
- 6 CHAIRMAN MCLELLAN: Just a quick side
- 7 comment regarding access to data. Of course, since
- 8 2013 the OSTP guidance for extramural funding
- 9 requiring public access is changing everything in the
- 10 universities. Most universities are taking that
- 11 approach that it is the data must be accessible,
- 12 whether it's a negative result or not, it must be
- 13 available. So that may change things in the future
- 14 for us. Barb, you were next.
- DR. KOWALCYK: Okay. Barb Kowalcyk. I
- 16 think Mark is hoping we'll start to address the
- 17 questions here. So, I'll just take a stab at it.
- 18 The first question I'm not sure that we can
- 19 say that there is sufficient evidence that there's a
- 20 causal link between consumption of these causative
- 21 additives and adverse effects on their behavior.
- 22 Conversely, I don't think there's enough evidence to

1 show that there is reasonable certainty that there is

- 2 no association. So I think it matters which way you
- 3 ask the question. So I think more information is
- 4 needed before you can make a decision on that.
- 5 Second question, kind of the same thing. I
- 6 don't think that there's enough evidence to establish
- 7 the use of color exclusion diets as efficacious
- 8 intervention, but I don't think that that closes the
- 9 book on this. I think more studies are needed. I
- 10 think there is enough evidence to suggest that there
- 11 may be something there. I don't know if that's going
- 12 to stand further -- the test of further research.
- 13 I did want to make a comment on small sample
- 14 sizes since that's come up a couple times, that many
- 15 of these studies have small sample sizes. When you
- 16 have small sample sizes you worry about underpowering
- 17 a study. So if you find a significant difference in a
- 18 study with small sample sizes, then I think you can
- 19 have fair confidence in that. If you find no
- 20 difference in a study with small sample sizes, then
- 21 you have to worry about it being underpowered.
- Now if your sample size is so large that you

- 1 detect differences, but they're not clinically
- 2 meaningful, that's also a problem, being overpowered.
- 3 But I don't think any of the studies that we're
- 4 looking at here have -- I was not concerned about this
- 5 study is being overpowered based on what I saw. Okay.
- 6 And then thirdly, so I just wanted to
- 7 mention that because many people, including some of
- 8 the reviews had commented on the small sample sizes
- 9 and that really didn't concern me. Only in the fact
- 10 that I would be cautious about interpreting no
- 11 significant differences from those studies.
- 12 And the third question, I do agree that
- 13 there are some other ways and I agree with Ted that
- 14 looking at some cohort studies or cross sectional
- 15 studies would be very valuable. I wonder if there are
- 16 studies that are already being conducted in children
- 17 with ADHD that do comprehensive dietary assessment on
- 18 these children over long-term. And would it be
- 19 possible to utilize that data and combine it with data
- 20 on the level of these colorings in those food products
- 21 to actually come up with estimates?
- 22 So that was something that I wanted to point

- 1 out that that may be able to be used.
- 2 Of course it is difficult to prove causation
- 3 in those types of studies, but it might give us some
- 4 valuable insight into some of the potential
- 5 confounders that are present and would give you very
- 6 large sample sizes which is what you need to be able
- 7 to start looking at those.
- 8 And finally, I know there was a question
- 9 about -- a question about how to mask color. I know
- 10 that there are some -- I think some of the studies
- 11 were using cookies or chocolate cookies to mask the
- 12 color. Of course that brings up other potential
- 13 confounders that I would think you would want to look
- 14 at. And I know one of the criticisms from, I think
- one of the reviewers of the Southampton studies was
- 16 that, that the studies looked at mixtures rather than
- 17 single additives.
- And personally, that didn't concern me. I
- 19 mean, it concerns me given the lack of studies on
- 20 single additives. But in reality these children are
- 21 consuming mixtures. And I think it's important for us
- 22 to be able to look at single additives but also

- 1 mixtures at the same time.
- 2 One question I did have and then I'll give
- 3 up because I've hogged too much time, is are their
- 4 tests for allergies to food colorings? I mean,
- 5 because it seems like that if you doing this study, I
- 6 would, if that's available, I would want to test all
- 7 participants for allergies to those food colorings, if
- 8 that test is available.
- 9 DR. THURMOND: That's a good question and I
- 10 agree. But getting back to your dosing approach as I
- 11 say, most, most are most colors are given as mixtures.
- 12 And you're right, a lot of -- some drinks have two
- 13 maybe more colors included in them.
- 14 The study I referred to from clinical trials
- 15 that is still recruiting, they changed their approach
- 16 early on from using color mixtures to using chocolate
- 17 cookies just as you mentioned. So, you know, but they
- 18 still haven't gotten the study off the ground, but
- 19 that seems to be the way to go or at least, you know,
- 20 if you can make sure the kids don't taste something
- 21 odd in the chocolate cookies.
- DR. ZAJAC: Also, I recall that some of the

- 1 studies did have a skin prick step as part of the
- 2 conduct of that study looking for an immunologic
- 3 response. And for Yellow 5 that is known to cause an
- 4 allergic type reaction, which is one of the reasons we
- 5 that it has to be declared in all foods, including
- 6 butter and an ice cream. Which would normally be
- 7 exempt from having to make that declaration because of
- 8 that concern.
- 9 DR. KOWALCYK: Just to follow up, I mean,
- 10 one thing that you could consider in the design of
- 11 these studies is matching on potential confounding
- 12 variables. Matching cases and controls, and that's
- 13 one thing it didn't really seem like they were doing
- 14 that in their studies.
- The other thing that I would -- ideally you
- 16 would have a study that would look at and collect data
- 17 on the frequency and quantity of consumption.
- 18 And if you can't do that, I would minimally
- 19 look at high versus low or no exposure. It seemed to
- 20 me that a lot of the studies, and maybe I wasn't --
- 21 maybe I misinterpreted because I didn't go read every
- 22 individual study that looked at exposure versus non

- 1 exposure, and you know, you can have someone that's
- 2 exposed on a very low level sporadically or even daily
- 3 versus someone that is exposed on a high level. I
- 4 have a 15 year old son at home, so I know exactly what
- 5 he eats and he's high exposure compared to compared to
- 6 my daughters.
- 7 But I think that you can also look at
- 8 different cutoff levels or different categories of
- 9 exposure and we might find significant results when we
- 10 start stratification, but that would require a larger
- 11 sample sizes.
- DR. THURMOND: Thank you.
- 13 CHAIRMAN MCLELLAN: Cynthia.
- 14 DR. AFSHARI: Yes. You know, I'll just come
- 15 back again. I mean, these discussions around some of
- 16 these trials and the confounding elements. I mean,
- 17 when I hear about chocolate cookies, I think about
- 18 sugar and caffeine and you know, factors like that and
- 19 what they play into some of those end points.
- 20 But I just wanted to come back to my comment
- 21 earlier and I think has been picked up around some of
- 22 the classic toxicology and pharmacology. And if we

- 1 think about the toolbox we have to normally look at,
- 2 you know, various receptor binding activities and
- 3 things of these types of molecules. I mean, there is
- 4 the ability and one of the things that FDA does really
- 5 well, as well as NCTR and NTP, is this overall weight
- 6 of evidence. And a lot of times it is the negative
- 7 data.
- 8 You know, if you aren't seeing any kind of
- 9 reactive binding in a tube, so to speak from a
- 10 biochemical perspective to you know, neural receptors
- 11 and things like that, that's one weight of evidence.
- 12 The fact that you don't get penetration into CNS past
- 13 the blood brain barrier. You know, again, it's
- 14 another weight of evidence thinking about short term
- 15 exposures are very low levels again is adding to
- 16 weight of evidence.
- 17 And so, I think those types of data, as well
- 18 as you know, I think has been picked up. I mean,
- 19 there are immunotox-type of assays that can be run. I
- 20 think also if we looked at, you know, compounds or
- 21 other things that activate histamine or that people
- 22 have allergic responses, those aren't associated with

- 1 ADHD. You know, there's just different pieces of
- 2 evidence that I think could be brought to the table in
- 3 a very systematic way that we would, as we're looking
- 4 at other compounds be it environmental, chemical,
- 5 pharmaceutical that we think about from a tox and a
- 6 pharmacology perspective that we should bring as part
- 7 of the total package here in the assessment given the
- 8 complexity of the clinical picture and some of that
- 9 data.
- 10 CHAIRMAN MCLELLAN: Okay. While we have
- 11 sort of a lag in comments here, my own interpretation,
- 12 I do not see this causal link. I agree that it may
- 13 be, it's just that we haven't got the right data, but
- 14 I'm certainly not seeing it right now, personally.
- The link in terms of treatment with ADHA, I
- 16 really think that comes back to the how do you measure
- 17 this whole issue of who does that measurement and how
- 18 do you get that to an objective status?. And again, I
- 19 do not see that. I do believe that we have been
- 20 talking about now some new approaches that are really
- 21 quite exciting.
- I fully agree. This conversation about

- 1 power analysis. I've been a passionate outspoken
- 2 person about regard for power analysis and need for
- 3 it. I would hope that that study -- that gathering,
- 4 the workshop that was done at the University of
- 5 Massachusetts that laid out specific and direct
- 6 approaches to answer this specific question, will
- 7 offer quidelines for future studies. I think that's
- 8 very powerful. And I'm really curious about the
- 9 Bayesian work and the opportunity to drive yourself
- 10 clearly to a causal link analysis with that. So neat
- 11 technique and I'd be curious how that works.
- 12 Ted.
- 13 DR. REISS: So since we're trying to
- 14 summarize, I'll go down your path there, Mark.
- I also agree that from what was presented
- 16 and what we've read about it, that there isn't any new
- 17 information that would really necessarily today change
- 18 the point of view or the perspective on both number
- 19 one and number two.
- 20 And I agree with my colleagues around sort
- 21 of the potential approaches that you can go forward to
- 22 put the package together of information that would

1 weigh into either the association or the causal

- 2 relationship. Here we talked about the preclinical
- 3 information that could be useful and so on.
- 4 The problem that we have here is that we're
- 5 not trying to show an effect, but we're trying to
- 6 prove a negative, which we've sort of talked about so
- 7 that it seems, you know, other than sort of piecing
- 8 together the other bits of information, the only
- 9 potential path forward would be to have a sort of a
- 10 collaborative -- a standardized clinical trial as Mark
- 11 was talking about from a methodologic point of view
- 12 that excludes an effect with a certain level of
- 13 certainty. That would probably be the only way
- 14 forward. The FDA has done that with cardiovascular
- 15 risk, for example, and so on. So that might be a
- 16 potential path forward.
- 17 CHAIRMAN MCLELLAN: Any further comments?
- 18 Committee members on the phone, you're welcome to
- 19 chime in.
- DR. NOLAN: Mark --
- 21 CHAIRMAN MCLELLAN: Go ahead Lisa.
- DR. NOLAN: One thing that strikes me as an

1 opportunity is there's some recent studies that find a

- 2 genetic link to ADHD and a comparison group of those
- 3 with the link and those not, that show signs of ADHD
- 4 may be useful test group to look at some of these
- 5 issues.
- 6 CHAIRMAN MCLELLAN: Thank you. I'm just
- 7 going to let us sit here for just a second.
- 8 DR. ZAJAC: I just wanted to add something
- 9 regarding blinding, it was the issue that was brought
- 10 up earlier here. And blinding is extremely important
- in a placebo controlled challenge test. And that was
- 12 one of the deficiencies we noted in the McCann study
- 13 that was done. Is there wasn't a test to ensure that
- 14 the parents were blind -- properly blind. Instead
- 15 they used an independent group for that.
- 16 And in terms of how you establish the
- 17 placebo to make it color equivalent to the challenge
- 18 drink in that test, I believe they use beet root
- 19 powder because the beverage was red. So for the
- 20 placebo I believe it was they used beet root and then
- 21 the challenge had the certified colors in it.
- 22 CHAIRMAN MCLELLAN: Thank you. Laura.

DR. TOSI: Really a question more than

- 2 anything else.
- In the readings that we got, there were some
- 4 animal models and yet when we were here, we heard it
- 5 doesn't matter really because it's not crossing the
- 6 blood brain barrier. I'm just a little bit confused
- 7 about whether there is some good animal data that we
- 8 should be taking into consideration or not.
- 9 CHAIRMAN MCLELLAN: Is it possible, Scott?
- 10 DR. THURMOND: Good question. Which means I
- 11 probably don't have an answer for you, but yeah, when
- 12 the Food Advisory Committee made a recommendation,
- 13 they talked about doing a developmental neurotox study
- 14 and we went back and looked at the literature and
- 15 there was no good animal study. The animal studies we
- 16 found were not, could not be used to assess human
- 17 hyperactivity or intolerance to any compounds.
- You know, there may be some other models
- 19 that we have not thought about animal models. I mean,
- 20 obviously we're not going to do primates, but you
- 21 know, as far as I know the animal models are not the
- 22 best choice for those types of studies.

- 1 CHAIRMAN MCLELLAN: Kathryn.
- DR. BOOR: So I have to say I'm struggling
- 3 with trying to imagine the perfect set of studies
- 4 because it's not going to be a study. It's going to
- 5 be a set of studies to try to get to the point where
- 6 you can look at causality. You need -- for causality
- 7 to some extent, there needs to be some reductionism in
- 8 thinking that we -- I haven't heard or seen or read in
- 9 any of these studies that get us to that point. And
- 10 so I guess I leave this set of comments with the
- 11 question.
- 12 Which is, is it possible for a consortium to
- 13 come up with what approaches the design of an ideal
- 14 study and a way for that sort of consortium to work
- 15 with the right team to start to do those kinds of
- 16 studies? Because I think it's so easy for us and
- 17 reading these papers to see what others did wrong, but
- 18 how can we do it right? And I think that's what I
- 19 find missing so far.
- 20 CHAIRMAN MCLELLAN: Thank you. Tony.
- 21 DR. BAHINSKI: One question and one kind of
- 22 follow- up comment. And the question is more about my

- 1 naiveté about the development of the blood brain
- 2 barrier. But I seem to remember that, you know, up to
- 3 a certain age, you know, the permeability changes over
- 4 time. Have people looked at that to see if these
- 5 compounds, you know, when you're a very early age you
- 6 have much more promiscuity of crossing the blood brain
- 7 barrier versus later as an adult it works much
- 8 tighter.
- 9 DR. THURMOND: To the best of my knowledge I
- 10 am not aware of any studies that were done that, but
- 11 you know, there may be some out there that we've
- 12 missed.
- DR. BAHINSKI: Okay. And the comment was
- 14 around -- one of the previous Board members brought up
- 15 around the association with the ADHD genes.
- I wonder if there's a way to leverage, you
- 17 know, these companies like 23andMe and others out
- 18 there that have genetic databases. And I know often
- 19 as part of the process if they, the patients or the
- 20 people that are getting that genetic background, if
- 21 there's a study or a clinical trial that may be of
- 22 relevance to their conditions.

o for ADHD, that associated gene, you know,

- 2 would they be willing to participate in a study?
- 3 Because I know recruitment for some of these studies
- 4 can be very difficult to get. So that might be a way
- 5 to identify a population that might be willing to
- 6 participate in some of these clinical trials. Just a
- 7 thought.
- 8 CHAIRMAN MCLELLAN: Scott.
- 9 DR. STEELE: Just following up Kathryn and
- 10 Ted's comments. I concurred with your summary for
- 11 questions one and two, but related the study
- 12 development and the challenge, I was just thinking of
- 13 some of the issues around rare disease and novel trial
- 14 designs they're doing there and small sample size
- 15 issues and challenges with diagnosis. And whether
- 16 it's -- there's been a lot of public-private
- 17 partnerships in that space. So I think the consortium
- 18 idea to design and launch some smaller targeted
- 19 studies might be a useful approach.
- 20 CHAIRMAN MCLELLAN: Good suggestion. Dojin,
- 21 please.
- DR. RYU: So I agree that there is no

1 perfect or good animal model to study the link this

- 2 color where they ADHD.
- And so, I tried to look it up, but they can
- 4 provide some pieces of information that can connect
- 5 dots. So in other words, if animal model could
- 6 provide some hints and would there be any way to say,
- 7 suggest a set of models or ways to have better
- 8 understanding or the better linkage between the
- 9 behavioral changes and the mechanistic causes?
- 10 So that would be, you know, question/comment
- 11 that I could not very much understand or to link all
- 12 the pieces of the data from the animal study, cannot
- 13 be directly linked to the ADHD.
- 14 So maybe a consortium or the concerted
- 15 effort to bring that you know, different models to
- 16 understand better how that may be linked to ADHD. And
- 17 that with another part as some studies used
- 18 polyunsaturated fatty acid in alleviating the
- 19 symptoms.
- 20 So in that case, if any mechanisms like
- 21 antioxidant or the oxidative stress being the
- 22 potential factors affecting that, then that could be

- 1 also you know, included because the clinical studies
- 2 are using that fatty acid being more in numbers in
- 3 recent years, then any other clinical studies approved
- 4 or ongoing.
- 5 So in that case, if you include that factor,
- 6 there got to be something that we can better connect
- 7 if you will.
- DR. FERGUSON: Hi, this is Sherry Ferguson.
- 9 I'm on the phone and I just wanted to make a comment
- 10 about the animal models. I think a developmental
- 11 neurotoxicity study would give us a lot of information
- 12 regarding changes in attention, changes in activity
- 13 levels in rodents.
- 14 But before we could even proceed with that,
- 15 we'd have to know a lot more about the metabolism and
- 16 excretion and how similar that is in rodents to
- 17 humans. And I don't think we have that information in
- 18 humans yet.
- 19 CHAIRMAN MCLELLAN: Thank you, Sherry.
- 20 Okay. I am going to draw our discussion
- 21 period here to close this. This has been a very
- 22 interesting challenge. I purposely took us through

- 1 this for the purpose of discussion and exchange of
- 2 opinions because I think up front we all recognize
- 3 there's a lot happening here and it's certainly a
- 4 mishmash of data that you're trying to individually
- 5 assess and put out there. And I appreciate those who
- 6 came forward and engaged in that conversation.
- 7 I hope I think on all three of the questions
- 8 you heard a sense of engagement and I hope you all,
- 9 particularly in the third one, where you're looking
- 10 for a new directions may have come up with some there
- 11 that may up may be of help. And so, thank you all for
- 12 being part of that.
- We will be having lunch and the committee
- 14 will be entering into a training session. We'll be
- 15 engaging with Amy Abernethy and looking forward to
- 16 that and talking about our future as a Board. Be
- 17 aware that April and October, we'll have two meetings
- 18 ahead coming up. So keep that in mind.
- 19 Rakesh will be getting in touch with us
- 20 regarding those possible dates. So speaking of which,
- 21 is there anything we need to add before I close out?
- MR. RAGHUWANSHI: No.

1	CHAIRMAN MCLELLAN: Good. Then let's call
2	this this formal meeting of the Board closed at this
3	point or complete, and then we'll have lunch and move
4	into our training session. Thank you all.
5	(Whereupon, at 12:29 p.m., the Science Board
6	meeting was adjourned.)
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