



# SCIENCE AND OUR FOOD SUPPLY

Exploring **Food Agriculture** and **Biotechnology**



Teacher's Guide for Middle Level Classrooms  
1<sup>st</sup> Edition





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## Exploring **Food Agriculture** and **Biotechnology**

### Dear Teacher,

You may be familiar with *Science and Our Food Supply*, the award-winning supplemental curriculum developed by the U.S. Food and Drug Administration (FDA) and the National Science Teaching Association (NSTA). It uses food as the springboard to engage students in inquiry-based, exploratory science that also promotes awareness and proper behaviors related to food safety.

FDA has developed a new component to the program: *Science and Our Food Supply: Exploring Food Agriculture and Biotechnology* —Teacher's Guide for Middle Level Classrooms, 1<sup>st</sup> edition. Designed to be used separately or in conjunction with the original program, this curriculum aims to help students understand traditional agricultural methods and more recent technologies that many farmers use today.

The United States has long benefited from a successful agriculture system. However, with fewer people working on farms today compared to 100, or even 50, years ago, many American students do not fully understand how agriculture directly affects such aspects of their lives as food, health, lifestyles, and the environment. This new curriculum introduces science-based agricultural concepts of crop characteristics, planning, and selection. It also covers aspects of biotechnology that are used in agriculture today. Designed for use by middle level teachers, the emphasis is on an inquiry approach that is adaptable to science, agriculture, and related classes. It also aligns with current education standards and supports educators seeking Science, Technology, Engineering, and Mathematics (STEM) activities for their classrooms.

We are confident that this new curriculum will be a useful guide for learning key science concepts about food agriculture and increasing awareness of modern food choices.

### **The Science and Our Food Supply Team**

**FDA** – an agency of the U.S. Government that is authorized by Congress to inspect, test, approve, and set safety standards for all food (for people and animals), except meat, poultry, processed eggs, and catfish. The agency also ensures that these products are labelled truthfully with the information people need to use them safely and properly.

**Curriculum Development Advisors** – teachers in the fields of agriculture, biology, environmental science, technology, and related subject areas from across the United States.

# TABLE OF CONTENTS

## Up Front

Welcome .....	2
Why Teach Agricultural Biotechnology?.....	3
Highlights of Your Teacher's Guide .....	3
Overview of Activities.....	4

## Module 1: Foundations of Agriculture..... 5

Background Information, Part 1: Early Agriculture .....	6-8
Making a New Apple Cultivar (activity).....	9-17
Background Information, Part 2: Strawberry DNA .....	18
Strawberry DNA Extraction (lab).....	19-23

## Module 2: Genetic Engineering in Food Agriculture..... 24

Background Information, Part 1: Genetic Engineering .....	25-28
Background Information, Part 2: Targeted Genome Editing .....	29-30
Genetic Engineering (activity) .....	31-39

## Module 3: Environmental Factors..... 40

Background Information, Part 1: Growing Food Challenge .....	41-44
Agricultural Pests (activity).....	45-49
Pest Management Research Project (activity) .....	50-54
Background Information, Part 2: What is Citrus Greening?.....	55-56
Citrus Greening Management (activity) .....	57-61

## Module 4: Biotechnology and Nutrients..... 62

Background Information .....	63-68
Nutrient Supply (activity) .....	69-73

## Module 5: Food and Ingredient Evaluation..... 74

Background Information, Part 1: New Variety Evaluation .....	75-79
Background Information, Part 2: Food Labeling.....	80
Are There Ingredients from GE Plants in My Food? (activity) .....	81-87

## Capstone Projects (optional evaluation)..... 88

## Credible Source Guide..... 89

## Poster/Infographic Rubric..... 89

## Glossary..... 90

## Teacher Answer Sheets..... 91-101

## Education Standards by Activity..... 102-108

## Acknowledgments..... 109

The web links provided in *Science and Our Food Supply: Exploring Food Agriculture and Biotechnology* were current at the time of publication. In the event that they change and/or are no longer available, we suggest that you visit the “home page” of the named organization. From there, search for topical information.

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# WELCOME TO SCIENCE AND OUR FOOD SUPPLY

## Exploring **Food Agriculture** and **Biotechnology**

Food agriculture is a topic of great interest to farmers, consumers, scientists, educators, and many people of all ages. After all, all people and animals eat. People also use different words to describe how and where their food is grown and produced. This guide provides an introduction to some terminology and processes of food agriculture.

Many methods exist to grow food products. Some of these methods have been used since plants were first domesticated, and others were added as new methods and technologies were identified to address environmental and other challenges.

Some terms used in agriculture are clearly defined (e.g., grafting) whereas other terms (e.g., agricultural biotechnology, genetically modified, and genetic engineering [GE]) may differ in how they are used. Some of the language used to describe modern agricultural techniques is also evolving. The definitions used in this Guide are for the purposes of this curriculum.

This Guide will help you inform your students about historical agriculture and modern agricultural biotechnology. The *Science and Our Food Supply: Exploring Food Agriculture and Biotechnology* curriculum introduces selective breeding and a subset of techniques commonly referred to as genetic engineering. [Some may also refer to this technique as genetic modification and the products of such modifications as genetically modified organisms (GMOs)]. GE techniques allow scientists to specifically modify DNA of a microorganism, plant, or animal in order to achieve a desired trait. For example, genetic engineering can be used to add one or more genes to an organism to confer a trait the organism does not have or to modify a trait already existing in the organism (increasing or decreasing the expression of a particular trait).

### Expanding This Conversation

This curriculum was developed for teachers to enable students' understanding through scientific content, labs, activities, and interactive discussion in a classroom setting. You and your students may also want to discuss these topics with family, friends, and others. There is an array of information about food produced from GE sources, and some of it may be confusing or conflicting. FDA has developed a new public education initiative FEED YOUR MIND ([www.fda.gov/feedyourmind](http://www.fda.gov/feedyourmind)) for general consumers to learn about this topic. You and your students might find this material helpful to share with others.

### You'll find in-depth information and activities that cover these important topics:

- Selective breeding
- DNA in food crops
- An inside look at GE methods, including:
  - Bacterial transformation
  - CRISPR: a cutting-edge genome editing technique
- The environmental challenges and impacts of growing crops
- How food from GE plants is evaluated for food safety and nutrition
- Current labeling for food containing ingredients from GE plants
- Approaches to developing healthy food crops for countries with high rates of malnourishment

# WHY TEACH AGRICULTURAL BIOTECHNOLOGY?

Safe and nutritious food is the foundation of good health, and people in the United States have more food choices than ever before. Several of these choices are due to continuously improving technologies in food agriculture. Many people want to know more about how their food is produced so they can make the right choices for themselves. ***Science and Our Food Supply: Exploring Food Agriculture and Biotechnology*** aims to empower you and your students to make those choices. It incorporates key scientific knowledge and education resources to help students understand how biotechnology is used to produce food for humans and animals.

Food agriculture is both local and global, and students today can consider a wide range of possible careers in agriculture and related scientific fields. People with diverse agriculture or biotechnology jobs nationwide and around your community can visit your classroom, help students understand their

work, and inspire some of them to have related careers of their own. Today's students are needed to help find new ways to feed our growing world.

FDA regulates the safety of food for both humans and animals, including foods produced from GE plants. Foods from GE plants must meet the same food safety requirements as foods derived from traditionally bred plants. While foods with GE ingredients are sometimes referred to as genetically modified, genetically modified organisms (GMOs), or bioengineered, FDA considers GE to be the more precise term.

FDA and the U.S. Department of Agriculture (USDA) work together to help clarify different terms related to modern food biotechnology and how to best inform consumers about food they choose to grow, purchase, and consume. In 2018, USDA released requirements for how certain foods made with agricultural biotechnology methods should be labeled.

## HIGHLIGHTS OF YOUR TEACHER'S GUIDE

### What's Inside . . .

**Background Information** for teachers introduces key concepts and the agricultural context for each module or activity. Teachers should decide how much of this information is appropriate to share with their students.

**Activities** engage students with hands-on exploration.

**Student Worksheets** are reproducible handouts for students to record their data.

**Resources** list online references and materials supporting each activity. Visit [www.fda.gov/teachsciencewithfood](http://www.fda.gov/teachsciencewithfood) for more online resources.

### Connections to Curriculum Standards

This curriculum links to national education standards that provide guidance regarding the content that should be taught at particular levels, and what students at each level should be able to do and to understand. **See pages 102-108.**

You should carefully examine local and state frameworks and curriculum guides to determine the best method for integrating ***Science and Our Food Supply: Exploring Food Agriculture and Biotechnology*** into the program(s) of your school. Appropriate placement within the scope and sequence of a school's curriculum will optimize the interdisciplinary connections and enhance the ability of a student to learn key concepts related to agricultural biotechnology.

**Credible Sources:** Some activities in this curriculum ask students to research available information on a specific topic. For these activities, students should use credible information sources. A Credible Source Guide is on page 89.

### Watch for the following icons . . .



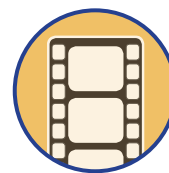
**Background Information**  
Indicates background information



**Activity**  
Indicates an activity



**Lab**  
Indicates a lab



**Video**  
Show or review a video clip

# OVERVIEW OF ACTIVITIES

The activities are written in this easy-to-understand format.

**MODULE 1: FOUNDATIONS OF AGRICULTURE**

## STRAWBERRY DNA EXTRACTION ACTIVITY

**TIME:** Two 45-Minute Class Periods

**ACTIVITY AT A GLANCE**  
In this activity, students' interest in food science is enhanced through an engaging and fun activity – the extraction, isolation, and observation of the DNA from strawberries.

**TIME TO TUNE IN**  
How to extract DNA from strawberries (9:45)  
[www.youtube.com/watch?v=h0pau8K8M4](https://www.youtube.com/watch?v=h0pau8K8M4)

**MIDDLE LEVEL**

**TIME:** The approximate amount of time needed to perform the activity.

**ACTIVITY AT A GLANCE:** Briefly summarizes the activity.

**TIME TO TUNE IN:** Shows the URL for an online video related to that activity.

**MATERIALS:** Includes the items needed to perform the activity.

**ADVANCE PREPARATION:** Indicates what you need to do before conducting the activity.

**INTRODUCTION:** Provides fun, innovative suggestions for introducing the activity. Where provided, suggested teacher dialogue is indicated by *boldface italics*.

**MODULE 1: FOUNDATIONS OF AGRICULTURE**

## STRAWBERRY DNA EXTRACTION ACTIVITY

**GETTING STARTED**

**MATERIALS FOR EACH GROUP OF TWO STUDENTS**

- 100-proof (200-proof alcohol – approximately 10 mL)
- One cup measuring cup
- Measuring teaspoon
- Table salt (non-iodized)
- Clear dishwashing liquid
- Water
- Two eight ounce, clear plastic cups
- Cheesecloth (or coffee filter)
- Funnel
- Three strawberries (fresh or frozen – note: frozen usually work best)
- Reusable, heavy-duty, quart-size plastic bag
- Cardstock or coffee filter
- Goggles for each student

**ADVANCE PREPARATION**  
Divide the class into small groups – two is best for this activity.  
Make a copy of the **Strawberry DNA Extraction** worksheet for each student.  
Chill the 100-proof alcohol in the freezer. It is important for the alcohol to be as cold as possible. Note: If ethanol is available, it does not need to be chilled.  
If preferred, you can prepare a stock extraction buffer by mixing 10 gallons (2 of water with 16 cup (128 mL) of one good quality dishwashing liquid and 2 tablespoons (32 mL) of non-iodized table salt. Stir in the buffer. Being careful not to produce any bubbles. Too many bubbles will prevent the extraction buffer from extracting as much DNA as possible. Each group would need 10 mL of this buffer. It is best if the buffer is made at least a day ahead of time.

**INTRODUCTION**  
Ask your students the following questions, and then discuss their responses.  
What is DNA?  
Where in the cell is the DNA found?  
What does the word extraction mean?  
How do you think you could extract the DNA from cells?  
Does your food contain DNA, if so, where would that DNA be found?  
The next activity will prove that the food we eat contains DNA. DNA will be clearly visible at the end of this activity!

**Laboratory Safety Reminder!**  
Remind students not to eat the strawberries at any time during this lab.

**MIDDLE LEVEL**

**MODULE 5: FOOD AND INGREDIENT EVALUATION**

## ARE THERE INGREDIENTS FROM GE PLANTS IN MY FOOD?

**INTRODUCTION**  
Food manufacturers must include any new ingredients to safety and nutritional value. They must also evaluate if the food is genetically engineered or not (GE food ingredients). This determines what ingredients are in the food and what kind of food labeling is required.  
Explain that a variety of labeling approaches are used to identify products that do or do not include ingredients from GE plants, and that different terms, such as genetically engineered, bioengineered, and GMO, are also used.  
Starting in January 2022, mandatory labels will read “bioengineered” if the food is a bioengineered food or is made using bioengineered food ingredients. Along with this, some companies may voluntarily identify products that do not use bioengineered food ingredients, and they may use phrases like “not genetically engineered” or “non-GMO.”  
Discuss a few examples of potential ingredients from GE plants in food.  
• corn starch could come from GE corn  
• soybean oil could come from GE soybeans  
• canola oil could come from GE canola  
• soy lecithin could come from GE soybeans

**STUDENT PROCEDURE**  
1. Watch the video.  
After viewing please complete an safety of genetically modified food (2:48) <https://www.youtube.com/watch?v=9p0u8K8M4>  
2. Each group should have a **Food Labels Card** set that will be divided into two groups based on the ingredients:  
(a) Foods with ingredients that could come from GE plants  
(b) Foods with ingredients that have no counterpart from a GE plant

**REVIEW**  
Labeling is used to inform consumers as well as for marketing, culture, and other purposes. One example of marketing is when foods are labeled “non-GMO” even though there are no GE counterparts (e.g., salt). Based on what you have learned in this activity, would you label these foods non-GMO? Why or why not?

**MIDDLE LEVEL**

**STUDENT PROCEDURE:** Gives the step-by-step process for the activity.

**REVIEW:** Uses interesting questions to guide students through a review of what they learned in the activity.

**SUMMARY:** Summarizes key concepts learned in the activity.

**EXTENSIONS:** Suggest activities to help students learn more about the topic.

**RESOURCES:** Provide references to online resources for the activity or for further study.

**UP NEXT:** Gives a preview of the next activity.

**MODULE 4: BIOTECHNOLOGY AND NUTRIENTS**

## NUTRIENT SUPPLY

**EXTENSIONS**  
Students could do one or more of the following activities:  
1. Develop an advertisement for one of the crops that could help to solve a specific nutrient deficiency. This can be a poster, a handout, pamphlet, video, song, audio cassette, announcement, or another marketing tool to promote cultivation and consumption of the crop.  
2. Create a profit to survey people in your school and/or community about hidden hunger and nutrient enhancement of crops as a solution. Create a graphic representation of your findings and present these to the respondents and the school in a way that educates them about these two issues.  
3. Research a GE crop that is still under development (not commercially available) that has enhanced nutrient content that could improve human health. Write an editorial to state your opinion about this particular crop. State why the crop should or should not be grown and used, include at least five sources as evidence for your viewpoint.

**SUMMARY**  
Hunger and undernutrition, in some form, exist in every country of the world. By the year 2030, the world will be populated with an estimated 8.2 billion people, and the United Nations' goal is that not one person will be undernourished.  
Through agricultural methods, including selective breeding and genetic engineering, staple crops can be genetically enhanced to have higher levels of nutrients to improve human and animal health. A limited number of GE crops are commercially available; however, several crops that have been genetically enhanced are in production or being used.  
**UP NEXT**  
How that we've considered some ways to enhance crop nutrient quality, let's take the next plant and animal varieties are evaluated for safety.

**RESOURCES**  
USDA Fact Sheet No. 41: Nutritionally Enhanced GM Food Crops <https://www.ars.usda.gov/research/publications/50569/p000041/default.aspx>  
State Nutrition (Global Health Organization) <https://www.who.int/news-room/fact-sheets/detail/malnutrition>  
HavenRFU Knowledge Center <https://www.havenrfu.com/arknowledge-center>  
Dr. Joseph Costigan & The War on Hunger <https://history.nih.gov/exhibitions/2014/08/14/2014-08-14-2014-08-14/>  
Improving nutrition through biofortification: A review of evidence from HarvestPlus, 2003 through 2016. <https://pubs.nsl.nsl.gov/pubmed/25840239>  
Bioscience Knowledge <http://pubs.lib.byu.edu:1631/p2163408/p1428399>  
JEC: Last 20 years' benefits of food biotechnology <http://foodnutrition.org/fact-sheet/benefits-of-food-biotechnology/>  
Biofortified Crops: Gains from Breeding, Agronomy, and Biotechnological Approaches Are Improving Lives of Millions of World's Poor <https://www.ars.usda.gov/research/publications/50569/p000041/default.aspx>  
Let Food Be Thy Medicine (Harvard) <http://www.health.harvard.edu/food-choices/supplements>  
The Protein in the Date – Part 5:20 <https://www.youtube.com/watch?v=7TR7Proua6A>

**MIDDLE LEVEL**

This module introduces a brief overview of plant domestication, selective breeding, and agricultural science.

For this module, it is recommended that teachers will have already taught students the following underlying key concepts: cell structure and function; cell division, cellular reproduction, and protein synthesis; plant structures, functions, and life cycles; and basic genetic terminology.

## BACKGROUND INFORMATION



This section provides an overview of key stages of plant domestication and early genetic discoveries.

## ACTIVITY & LAB



**Making a New Apple Cultivar activity** helps students examine how a hypothetical new apple variety with desired traits might result from crossbreeding two parent apple varieties.



### Time to Tune In

This short video shows some techniques (e.g., grafting, pest control) that one farm uses to grow and maintain an apple orchard.

*APPLE – How Does It Grow?* (5:32)

[www.youtube.com/watch?v=UWLmEh1HIBw](http://www.youtube.com/watch?v=UWLmEh1HIBw)



**Strawberry DNA Extraction lab** shows that DNA is found in a commonly consumed fruit, just as it is in food from any living source.

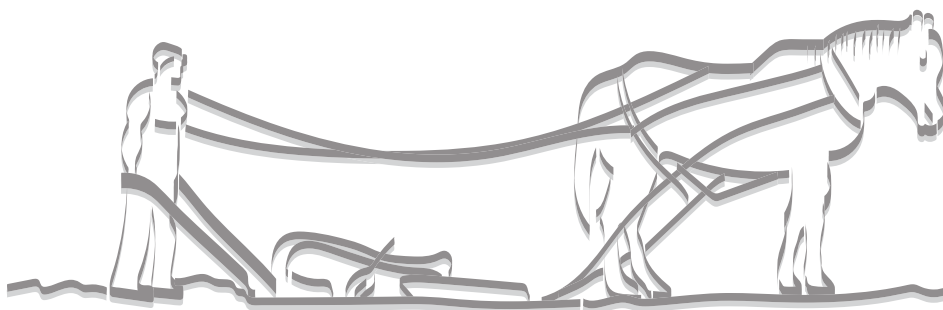


### Time to Tune In

In this video, Drs. Eric Green and Carla Easter from the National Human Genome Research Institute of the National Institutes of Health demonstrate how to extract DNA from strawberries using everyday household items.

*How to extract DNA from strawberries* (9:45)

[www.youtube.com/watch?v=hOpu4iN5Bh4](http://www.youtube.com/watch?v=hOpu4iN5Bh4)





## BACKGROUND INFORMATION

### PART 1

#### Early Agriculture

There is clear evidence of early, small-scale farming in the Middle East about 23,000 years ago. The seeds of edible cereals, such as wild emmer, wild barley, and wild oats, along with a grinding slab and sickle blades indicate that early humans harvested cereal along the Sea of Galilee. Low-oxygen lake sediment preserved the early farming evidence for modern archaeologists to study today.

Although exact years are not defined, early agriculture began independently in several areas around the globe.

Different societies selected plants to meet their needs and preferences. Preferred plants could grow to provide sufficient quantities and survive regional climate conditions, including

temperature, water availability, and sunlight. Plants that were adapted to local ecosystems and soil were (and still are) most likely to thrive and produce more food for people and livestock.

Civilization progressed through the Middle Ages and across the continents. Intercontinental exchanges after 1492 led to the global distribution of many crops. By the 1850s, railroad expansion supported both U.S. settlement and farming distribution across the country. Irrigation, crop rotation, and fertilizer use also enhanced farm production. With the invention of the gasoline-powered tractor in 1892, crop productivity increased significantly as this machine and others replaced much of the human labor. Recently, synthetic fertilizers and pesticides and more scientific selective breeding have further enhanced agricultural productivity. Throughout time, the goal has been to produce enough food to feed people, livestock, and pets.

#### Sample Milestones

Time	Region	Crop/Livestock
~ 21,000 B.C.	Levant (Eastern Mediterranean)	Wild emmer, wild barley, and wild oats
~ 9,500 B.C.	Fertile Crescent	Neolithic Founder Crops (emmer wheat, einkorn wheat, hulled barley, peas, lentils, bitter vetch, chick peas, and flax)
~11,000 – 9,000 B.C.	China	Rice, followed by mung, soy, and azuki
~ 11,000 B.C.	Mesopotamia	Pigs, followed by sheep
~ 8,500 B.C.	Turkey and Pakistan	Cattle
~ 8,000 B.C.	North America	Squash, potatoes, and beans
~ 7,000 B.C.	New Guinea	Sugarcane and some root vegetables
~ 5,000 B.C.	Sahel region of Africa	Sorghum
~ 8,000 – 5,000 B.C.	Andes of South America	Potatoes, beans, coca, llamas, alpacas, and guinea pigs
~ 8,000 – 5,000 B.C.	Papua New Guinea	Bananas
~ 4,000 B.C.	Mesoamerica ( current Central America)	Maize (teosinte)
~ 3,600 B.C.	Peru	Cotton
~ 3,000 B.C.	Somalia and Arabia	Camels



# MODULE 1: FOUNDATIONS OF AGRICULTURE

## BACKGROUND INFORMATION



### Scientific Advances in Agriculture

Humans have been modifying plants for thousands of years through selective breeding. By saving seeds from plants with the traits they desired, indigenous people played a significant role in domestication of corn with a range of colors, sizes, and uses. As farmers learned more about trait inheritance, they deliberately crossbred and selected plants to improve yield, flavor, and other desirable characteristics.

In 1866, Gregor Mendel published his work on the inheritance of pea plant traits. He grew more than 10,000 plants over 8 years and tracked them by number and offspring. He was the first person to identify that traits can be either dominant or recessive. His work went mostly unnoticed for three decades, but it is considered the beginning of modern genetics.

### Refresher: Mendelian Laws of Inheritance

- 1) *The Law of Segregation*: Each inherited trait is defined by a gene pair. Parental genes are randomly separated to the sex cells so that sex cells contain only one gene of the pair. Offspring therefore inherit one genetic allele from each parent when sex cells unite in fertilization.
- 2) *The Law of Independent Assortment*: Genes for different traits are sorted separately from one another so that the inheritance of one trait is not dependent on the inheritance of another.
- 3) *The Law of Dominance*: An organism with alternate forms of a gene will express the form that is dominant.

Although Mendel published his work in 1866, it wasn't until the early 1900's that his work was recognized.

While many advances in agricultural production were historically slow, the **Green Revolution** of the 1950s and 1960s allowed for more rapid increases in food production, specifically using high-yield seed varieties and fertilizer. In the 1960s, Norman Borlaug used selective breeding to significantly increase wheat yields (from 750 kg/hectare to 3,200 kg/hectare). His model was used later for other crops.

Throughout the 20<sup>th</sup> century, more was learned about genetic inheritance. For example, the garden strawberries that consumers buy today resulted from a cross between a strawberry species native to North America and a strawberry species native to South America.

In recent decades, certain crop improvements have also resulted from modern biotechnology when targeted changes to a plant's genetic makeup give the plant a new desirable trait. The term GE refers to the genetic modification practices that utilize modern biotechnology. This technology has been used to produce a variety of crops, including some new

apple varieties that resist browning associated with cuts and bruises by reducing levels of enzymes that cause browning.

### DNA in Our Food

We ingest DNA when we eat a plant or animal-derived food. An average meal contains more than 90,000 miles of DNA. Our digestive enzymes break the DNA molecules into smaller molecular components just like they break down proteins, carbohydrates, and fats into smaller molecules that our bodies can use. The DNA in our food does not become our DNA: If we eat an onion, it might give us onion breath, but it won't turn us into an onion.

### A Bit About Seeds

Some plants grow from seeds. A seed is a unit of reproduction that includes the genetic material and nutrients needed to start a new plant's development. Seed plants fall into two basic groups: **Gymnosperms** (do not produce flowers) and **angiosperms** (do produce flowers). The angiosperm flowers develop into fruits that contain seeds (e.g., apples, tomatoes, squash). Most of the food that humans eat comes from angiosperms. Examples of food from gymnosperms include pine nuts and ginkgo. Edible seeds (particularly cereals, legumes, and nuts) are a major source of human calories.

Some plants are grown through **vegetative reproduction** (vegetative propagation). This is a form of asexual reproduction. One form is growing a new plant from a part (a cutting) from another plant, essentially making clones. The cuttings can take root and grow into full plants.

### DID YOU KNOW?

Across the world, there are more than 1,000 seed banks that protect seed varieties of food crops to safeguard agricultural diversity. The USDA National Plant Germplasm System actively preserves seeds in several U.S. vaults; the largest facility is in the Rocky Mountains at Fort Collins, Colorado. Watch **The Seed Bank** to learn more about this important work: <https://vimeo.com/309965169> (12:24)

The largest seed bank in the world is the Svalbard International Seed Vault, located in a mountain on a remote island in Norway. It stores more than 1 million seed varieties. The Svalbard Vault was established to preserve seeds that could be used to restore varieties needed for global food security after natural or human-made disasters. For this reason, it is called the "Doomsday" Vault. To learn more about the Vault, watch this video: **A Rare Look Inside the Doomsday Seed Vault Deep In The Arctic** [www.youtube.com/watch?v=uAl8dSpkNWs](http://www.youtube.com/watch?v=uAl8dSpkNWs) (5:24)



## A Closer Look at Apples

The earliest apples grew on wild trees in Central Asia and Western China, possibly about 2 to 10 million years ago, around the time early humans were evolving. Although there is some disagreement about who cultivated the first apple trees, most scientists agree that they were cultivated in Kazakhstan by 2,000 B.C.

### DID YOU KNOW?

Apples have 17 chromosomes.

Most apples are **diploid** (have two sets of chromosomes), but some are **polyploid** (have more than two sets of homologous chromosomes).

People often tell stories of their ancestors and their traits. Through generations of offspring and migration, how did their family change? If food products could tell you their family stories, what could we learn about their ancestors and where they were raised? How did their family change over time? In the following apple activity, students will learn more about an apple that was developed through selective breeding from two different parent apple varieties.

## Farm Facts

- Two million farms dot the U.S. landscape.
- The average farm feeds 166 people annually.
- Farm and ranch families comprise less than 2% of the U.S. population.
- One acre of land can produce different types of crops, depending on the soil type and fertility, how much rain falls, and how much the sun shines. Typically, one acre can grow:
  - 840 pounds of cotton
  - 2,784 pounds of wheat (46.4 bushels)
  - 50,000 pounds of strawberries
- There are many agriculture-related careers, including some working with animals, plants, soil, machines, water resources, environmental studies, or technology, as well as some you might not think about like being a florist or beekeeper.
- 98% of all U.S. farms are owned by individuals, family partnerships, or family corporations. Just 2% of America's farms and ranches are owned by non-family corporations.

from the American Farm Bureau Foundation for Agriculture (2019)

## Agricultural Terms (for the purposes of this curriculum)

**Agriculture** – The science or practice of farming, derived from the Latin words “ager” (field) and “cultura” (cultivation).

**Biotechnology** – Specific techniques used by scientists to modify DNA or the genetic material of a microorganism, plant, or animal in order to achieve a desired trait. (Source: FDA)

**Cloning (e.g., potatoes, sweet potato, sugarcane)** – Producing genetically identical offspring.

**Cross Breeding** – Combining two sexually compatible species, breeds, or varieties to create a new variety with the desired traits of the parents. Example: The Honeycrisp apple gets its famous texture and flavor by blending the traits of the parents.

**Cultivar** – A contraction of “cultivated variety.” It refers to a plant type within a particular cultivated species that is distinguished by one or more characters.

**Domestication** – The process of breeding for one or more desirable characteristics in plants and animals. This was the first step for humans to move from hunter-gatherer to agricultural societies.

**Genetic Modification** – The process of altering the genome of an organism. Techniques include those used in traditional breeding as well as newer modification methods like genetic engineering.

**Grafting** – Inserting a shoot or twig from one plant into part of another rooted plant to selectively grow a specific variety.

**Heterosis (hybrid vigor)** – The enhanced function of any biological quality in a hybrid offspring.

**Hybridization/Hybrid** – The offspring of two plants of related species or different varieties.

**Precision Agriculture (PA)** – An approach to farm management that uses information technology, e.g., drones and GPS data, to ensure that the plants and soil receive the exact amount of water and other nutrients for optimum health and productivity. The goal of PA is to ensure profitability, sustainability, and protection of the environment.

**Selective Breeding** – A breeding method that uses organisms with specific desired traits to produce the next generation. There is evidence that by 5,000 B.C. humans had some understanding of inheritance and selectively bred more useful varieties of wheat, maize, rice, and dates.



# MAKING A NEW APPLE CULTIVAR



**TIME** Two 45-Minute Class Periods



## ACTIVITY AT A GLANCE

The purpose of this lesson is to introduce students to apple growing and show them how selective breeding is used to benefit both the apple grower and consumer by producing a new and better-quality apple.



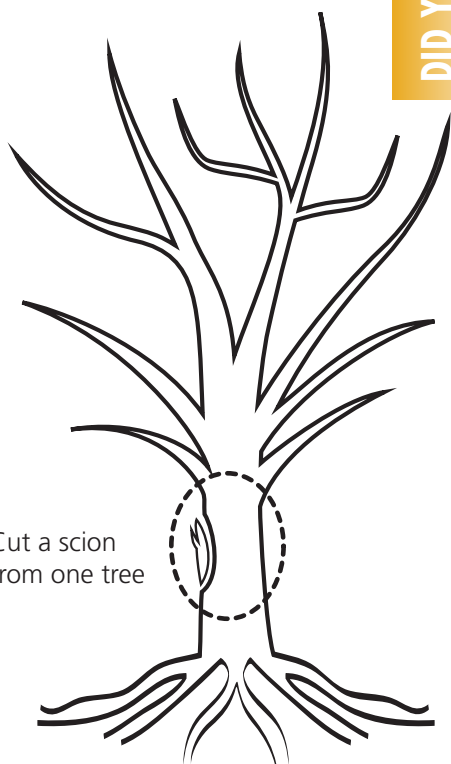
## TIME TO TUNE IN

*APPLE – How Does It Grow?* (5:32)  
[www.youtube.com/watch?v=UWLMeh1HIBw](http://www.youtube.com/watch?v=UWLMeh1HIBw)



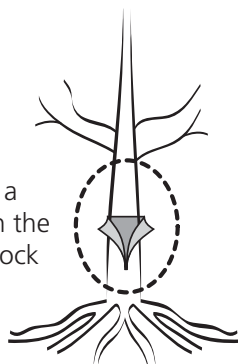
## DID YOU KNOW?

Apples do not grow “true” from seed. This means that if you plant a seed from one kind of apple, the apple tree that would grow will not be the same variety as the apple that the seed came from. The only way to reproduce a specific desired apple variety is to graft a bud or cutting from a tree that previously yielded that variety onto a rootstock. A rootstock is a compatible plant that already has a healthy root system. The bud or cutting that is grafted onto the rootstock is called a **scion**.



Cut a scion from one tree

## Example of a Grafting Method



Make a cut on the rootstock



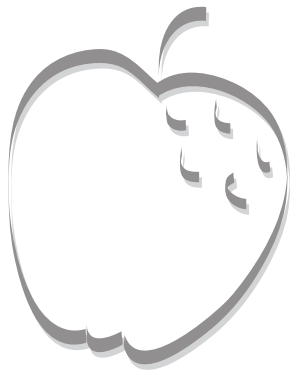
Insert scion into rootstock and tie to secure



## BACKGROUND INFORMATION

### The Development of the Cosmic Crisp® Apple

The apple is so common that it is very easy to take this fruit for granted. Yet, it has a very rich and interesting history. The wild apple trees that are thought to have come from ancient Asia thousands of years ago are believed to have produced hundreds of tiny fruits that were sour and consisted mostly of numerous dark brown seeds and a core. Over thousands of years, fruits that were more pest resistant and tolerant of geographical climate factors endured through natural selection. These apple trees were the earliest to be cultivated by humans.



#### Colonial America

In the United States, apples were first planted by colonists from the Massachusetts Bay Colony in the 17<sup>th</sup> century, and the first apple orchard was planted in Boston in 1625. One of our country's longest surviving apple trees was planted in 1647 in a Manhattan orchard. Unfortunately, the tree died after it was struck by a derailed train in 1866.

The only apples native to North America are crab apples, which were once called common apples. Apple **cultivars** (varieties) brought as seed from Europe were spread along North American trade routes, as well as cultivated on colonial farms. In 1845, one apple nursery catalogue offered 350 apple cultivars for sale.

#### Apples as a Crop

Apples are an important agricultural crop. Today, worldwide, there are more than 7,500 known apple cultivars. Over 2,500 different apple cultivars are grown in the United States, but only 100 varieties are grown commercially. Washington and New York are the leading apple-growing states. Only China produces more apples than the United States.

The basic techniques of apple-growing haven't changed much over the years; however, some new technologies, such as using DNA analysis in choosing parents and seedlings, are providing some important new tools in apple propagation. In the wild, apples can grow easily from seeds; however, since the apple fruit is formed through cross-pollination, this fruit can be very different from its parents. For this reason, apples are ordinarily propagated asexually by grafting. Grafting involves inserting a bud or twig from one plant into a small cut in the bark of a rootstock, which is a compatible trunk with established roots.

Most new apple cultivars originate as seedlings, which were either formed by chance or have been bred by deliberately crossing cultivars with promising characteristics, such as flavor and climate tolerance. The Cosmic Crisp® apple was formed by crossing the Enterprise and Honeycrisp apples. This new apple was developed over a period of 20 years by Washington State University's Tree Fruit Research and Extension Center (WSU-TFREC).

#### DID YOU KNOW?

**Why Do Cut Apples Turn Brown?** Apple cells contain phenol and phenolase enzymes. When an apple is sliced or damaged in a way that allows the cells to come into contact with air, these chemicals are exposed to oxygen, and the phenol is converted to melanin that gives apples the brown color.

# MODULE 1: FOUNDATIONS OF AGRICULTURE

## BACKGROUND INFORMATION



### Selective Breeding

In 1998, seed resulting from a cross between Enterprise and Honeycrisp apples was germinated and raised in a greenhouse to produce the Cosmic Crisp® apple. The seedling was transferred to a nursery and budded into a rootstock in 1999. The resulting tree was planted in an orchard in 2001. Fruit from this single, budded tree was evaluated in 2002 and 2003, and apples (now called WA 38) were selected. (Note: The WA38 designation means it was WSU's 38<sup>th</sup> attempt to get a new cultivar.) In 2004, buds from this single seedling were propagated onto rootstock. Two years later, the trees were planted in three different locations in the state of Washington. In 2007, more trees were budded for a much larger scale planting the following year. The fruit from the original tree as well as fruit from the subsequent plantings continue to be evaluated. It takes approximately 2 or more years for a new tree to bear fruit.

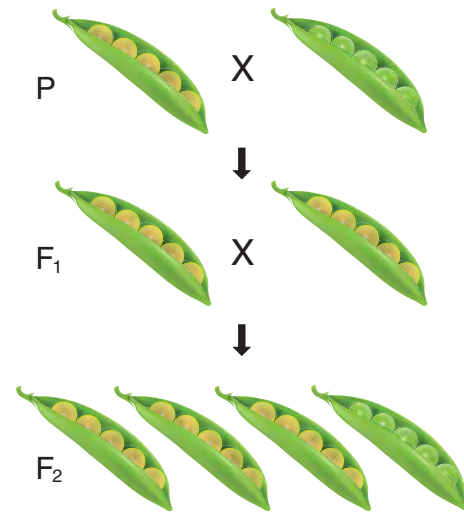
From that single seedling developed in 1998, just over 600,000 Cosmic Crisp® trees were in the ground in 2017, with some 7 million more planted in 2018 and another 6 million planned for planting in 2019. The apples became available to consumers in Fall 2019.

### Genetics

The modern science of genetics began during the mid-1800s with the work of Gregor Mendel in what is now the Czech Republic. Mendel experimented with ordinary garden pea plants that were true-breeding, which means that the flowers were mostly self-pollinating, and producing offspring identical to the parents. In other words, the offspring of true-breeding tall pea plants would all be tall, and the offspring of true-breeding short pea plants would all be short. Mendel also discovered that some of the pea plant's alleles were dominant, while others were recessive. A pea plant that was a true-breed for tallness would have two alleles for tallness; and, conversely, one that was a true-breed for shortness would have two alleles for shortness.

To learn more about how traits were passed from parents to offspring, Mendel decided to cross-pollinate true-breeding tall plants with true-breeding short plants. To his surprise, all the offspring were tall. When he crossed these offspring, the plants produced were either tall or short. He observed multiple traits that had two forms, e.g., height (tall or short), pea color (green or yellow), seed shape (smooth or wrinkled). Further study of garden peas and their traits led Mendel to the conclusion that some traits have the ability to mask other traits. He called these traits dominant and those that were masked, recessive.

### Pea Color Inheritance



However, in reality, not all traits behave as dominant or recessive. In some cases, the traits may express incomplete dominance where neither trait is dominant or recessive; and, the expressed trait is somewhere between the two traits. For example, some crossbred red and white flowers have pink flower offspring. In other cases, both the dominant and recessive traits may be expressed. This situation is called codominance. A sweet apple variety crossed with a tart apple variety may yield an apple variety that is both sweet and tart.

The techniques that Mendel used in the 19<sup>th</sup> century in studying genetics are still in use today.

### Apple Facts

- Apples are a good source of Vitamin C, potassium, and fiber.
- Apples are fat, sodium, and cholesterol free.
- It takes the energy from approximately 50 leaves to produce one apple.
- Apples ripen 6 to 10 times faster at room temperature than if they were refrigerated.
- Apples have five seed pockets or carpels. Each pocket contains seeds. The number of seeds per carpel is determined by the vigor and health of the plant. Different varieties of apples will have different numbers of seeds.
- The science of apple growing is called **pomology**.



# MAKING A NEW APPLE CULTIVAR

## GETTING STARTED

### MATERIALS

- **Making a New Apple Cultivar** worksheet (Part A and Part B) – one for each student
- Apple Cultivar cards - one set for each group of students
- One coin for each group
- Colored pencils

### ADVANCE PREPARATION

- Make copies of the **Making a New Apple Cultivar** worksheet (Part A and Part B) – one for each student.
- Make copies of the Apple Cultivar descriptions (pages 16-17) for your students. You can either create sets of cards by cutting them apart, or distribute the 2-page set to each group.

## INTRODUCTION

The United States is the world's second largest producer of apples and next to bananas, the apple is the most consumed fruit in the United States. Yet, if you ask students from where

their apples come, they will have limited knowledge of the apples' source. In fact, if you mention apple, the students may think of an electronic device – not the fruit.

## PROCEDURE

1. Ask the students the following questions and have them keep track of their responses since these questions will continue to be discussed throughout the lesson. As students respond to the questions, encourage them to think about the different traits apples have and how those traits are determined.
  - **How many different varieties of apples can you name?**
  - **How many of them have you eaten?**
  - **Which are your favorites and why?**
2. Explain: There are 7,500 different varieties of apples! This is mainly the result of efforts of apple growers and breeders. Apple growers try to find apples that are resistant to disease but are also appealing to the apple eater. To create apples with desirable characteristics, breeders must first find parent apples with those characteristics. Once parents are selected, apple growers and breeders wait until the spring, when the trees bloom. The breeder then transfers pollen from one tree (father) to another (mother) through a process called cross pollination.

Once the apple ripens, its seeds are collected and planted. It can take up to 5 years for apple trees to grow and produce fruit. Because inheritance patterns vary, not all of the apples will be the same. In fact, generally only 1 in 5,000 is found to have the desirable characteristics. When a seedling does bear fruit with the desirable characteristics, the apple is selected for further study and

evaluation. Once the apple is known to have the desired characteristics, it is chosen as a cultivar. The breeder can now patent the new variety and have the honor of giving the apple its own unique name.

3. Distribute a copy of the **Making A New Apple Cultivar** worksheet (Part A) to each student.
4. Show the video - *Apple – How Does It Grow?* [www.youtube.com/watch?v=UWLMeh1HIBw](http://www.youtube.com/watch?v=UWLMeh1HIBw). As the students watch the video, have them complete Part A of the worksheet. When they have completed Part A, discuss their responses. The purpose of this part of the activity is to make sure the students understand apple growing and the many different apple varieties and traits.
5. Refer to the questions at the beginning of the lesson and ask the students if they want to make any changes in their original responses.
6. Distribute a copy of the **Making A New Apple Cultivar** Worksheet (Part B) to each student, and a set of the descriptive apple cards (or the 2 printed pages) to each group.

Note: If the apples shown on the cards are available in the grocery stores, the actual apples could be used and compared with the information presented on the cards. The *Orange Pippin* website lists places where the apples can be purchased.

## MAKING A NEW APPLE CULTIVAR



## REVIEW

Students should now understand that creating an apple cultivar is a lengthy process.

## SUMMARY

Apples are one of the most important agricultural crops produced in the United States, and we are the second largest producer in the world. However, this production rate can be challenged by other apple-producing countries. It is important to continue to develop new apple cultivars. Apple breeders use deliberate processes to maintain an apple supply that is both breeder and consumer friendly.

## EXTENSIONS

Students could do one or more of the following activities:

1. Complete the Module 1 **Making A New Apple Cultivar** Part B worksheet in the High School Teachers Guide (page 15) using the following websites: [www.orangeippin.com](http://www.orangeippin.com) and [www.cosmiccrisp.com/the-facts](http://www.cosmiccrisp.com/the-facts). The Cosmic Crisp® apple is a new, non-browning apple developed by Washington State University. This apple is the result of the selective breeding of the Enterprise and Honeycrisp™ apples.
2. Research the development of the Opal® apple, another non-browning cultivar developed at the Institute of Experimental Botany in Prague, Czech Republic. It is a cross of the Golden Delicious with the Topaz. Students can compare it to the Cosmic Crisp® apple.
3. Research the development of the Arctic® apple, another non-browning apple that was developed through genetic engineering. Students can compare it to the Cosmic Crisp® apple.

## UP NEXT ►►►

Now that you've learned more about apple trait selection, let's take an inside look at strawberries.

## RESOURCES

- *Apple – How Does It Grow?*  
[www.youtube.com/watch?v=UWLmEh1HIBw](http://www.youtube.com/watch?v=UWLmEh1HIBw)
- *Apple Varieties of the Future from WSU's Apple Breeding Program*  
[www.youtube.com/watch?v=GeFCyeeDCYg](http://www.youtube.com/watch?v=GeFCyeeDCYg)
- *Cosmic Crisp® Apples*  
[www.cosmiccrisp.com/the-facts](http://www.cosmiccrisp.com/the-facts)
- *The Apple That Changed the World*  
[www.npr.org/sections/money/2018/05/03/607384579/the-apple-that-changed-the-world](http://www.npr.org/sections/money/2018/05/03/607384579/the-apple-that-changed-the-world); 5:56; May 3, 2018
- *Farmweek – New Apple*  
[www.youtube.com/watch?v=jZsu-\\_EGa\\_M](http://www.youtube.com/watch?v=jZsu-_EGa_M)
- *Grafting*  
<https://apples.extension.org/apple-tree-propagation-grafting/>
- *Incomplete Dominance, Codominance, Polygenic Traits, and Epistasis*  
[www.youtube.com/watch?v=YJHGfbW55I0](http://www.youtube.com/watch?v=YJHGfbW55I0)
- *Monohybrids and the Punnett Square Guinea Pigs*  
[www.youtube.com/watch?v=i-0rSv6oxSY](http://www.youtube.com/watch?v=i-0rSv6oxSY)
- *Orange Pippin*  
[www.orangeippin.com](http://www.orangeippin.com)
- *USDA – National Apple Rootstock Breeding Program*  
<https://www.ars.usda.gov/northeast-area/geneva-ny/plant-genetic-resources-unit-pgru/docs/about-pgru/national-apple-rootstock-breeding-program/>
- *Why are there so many types of apples?*  
[www.youtube.com/watch?v=mQePz62zkqA](http://www.youtube.com/watch?v=mQePz62zkqA)
- *National Agriculture in the Classroom*  
[www.agclassroom.org](http://www.agclassroom.org)

# STUDENT WORKSHEET

## MAKING A NEW APPLE CULTIVAR

### PART A: APPLE - HOW DOES IT GROW?

[www.youtube.com/watch?v=UWLmEh1HIBw](http://www.youtube.com/watch?v=UWLmEh1HIBw)

Name \_\_\_\_\_ Date \_\_\_\_\_ Class/Hour \_\_\_\_\_



1. What is meant by the statement "Each apple seed is genetically unique?" \_\_\_\_\_

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2. Explain how grafting is used to propagate new apple trees. \_\_\_\_\_

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3. Explain the importance of pollinators in the production of the apple crop. \_\_\_\_\_

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4. Describe some methods that apple growers use to control pests. \_\_\_\_\_

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5. If apples are only harvested in the late summer and fall, how are they available to consumers all year round? \_\_\_\_\_

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6. How does the United States compare to other countries in the amount of apples produced? \_\_\_\_\_

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# STUDENT WORKSHEET

## MAKING A NEW APPLE CULTIVAR

### PART B: APPLE BREEDING

Name \_\_\_\_\_ Date \_\_\_\_\_ Class/Hour \_\_\_\_\_

You will carry out a simulated, apple breeding activity, similar to the process of crossbreeding, to create your own new apple cultivar. You will do this simulation by choosing the two “parents” from the apple variety cards provided and simulate the crossbreeding of those parents by flipping a coin. The purpose of this activity is to replicate how long it takes to produce new apple cultivars.

1. Review the Apple Cultivar Cards.
2. Choose the parent apple cultivars – “mother” and “father” – that have the traits (color, size, shape, flavor, and resistance) that you want for your new apple cultivar. You will crossbreed these parents to produce your new apple cultivar. Write the names of your two parent cultivars on the lines below. Your mother cultivar will be represented by heads on your coin; your father cultivar will be represented by tails. At least one of your parents must have the trait you want to have in your new apple cultivar.

Mother apple cultivar – heads \_\_\_\_\_  
 Father apple cultivar – tails \_\_\_\_\_

3. List the five traits, including one resistance trait, you want for your new apple cultivar.

Desired traits of your new apple cultivar	
Fruit color	
Fruit size	
Fruit shape	
Flavor	
Choose 1 resistance trait and cross-out the others	
Browning	
Scab	
Mildew	
Fire blight	
Cedar Apple Rust	

4. You will flip a coin to determine if the trait is inherited from the mother apple or the father apple. If the coin is heads, the apple inherits the trait from the mother; if the coin is tails, the apple inherits the trait from the father (this is a very simplified model for inheritance). Count the number of flips for **each** trait until you get the desired trait. Record that data in the table below. Complete the selection of each trait before you start the next one.

New Apple Cultivar Trait	Mother	Father	Number of flips to get desired trait
Fruit color:			
Fruit size:			
Fruit shape:			
Flavor:			
Resistance to:			
Total number of coin flips to get all of the desired traits			

#### Report:

1. How many times (coin flips) did it take for you to get all the traits you want in your apple? \_\_\_\_\_
2. If it takes up to 5 years for a tree to mature enough to produce an apple, how many years would this process have taken you to produce your new cultivar? (Multiply the number of times (flips) it took you to replicate the variety, times 5 years.) \_\_\_\_\_
3. You can now patent and name your new apple. What will you call it? \_\_\_\_\_
4. Why did you pick the name? \_\_\_\_\_  
 \_\_\_\_\_

5. Draw a picture of your new apple cultivar below:

## Red Delicious Apple



Fruit color ..... Bright red speckled with white spots  
Fruit size ..... Medium  
Fruit shape ..... Heart-shaped  
Flavor ..... Mildly sweet  
Crispness ..... Light crispness  
Juiciness ..... Juicy  
Resistant to browning .... No

### Resistance to disease

Scab ..... Susceptible  
Mildew ..... Moderately resistant  
Fire blight ..... Resistant  
Cedar Apple Rust ..... Very resistant

## Gala Apple



Fruit color ..... Pink/orange stripes with yellow undertones  
Fruit size ..... Medium to large  
Fruit shape ..... Short-round-conical  
Flavor ..... Very sweet and mild  
Crispness ..... Not very crisp, but firm  
Juiciness ..... Juicy  
Resistant to browning .... Yes

### Resistance to disease

Scab ..... Very susceptible  
Mildew ..... Some susceptibility  
Fire blight ..... Some susceptibility  
Cedar Apple Rust ..... Some susceptibility

## Granny Smith Apple



Fruit color ..... Bright green may be speckled with white spots  
Fruit size ..... Medium to large  
Fruit shape ..... Round  
Flavor ..... Very tart  
Crispness ..... Crispy  
Juiciness ..... Juicy  
Resistant to browning .... No

### Resistance to disease

Scab ..... Susceptible  
Mildew ..... Very susceptible  
Fire blight ..... Very susceptible  
Cedar Apple Rust ..... Resistant

## Jonathan Apple



Fruit color ..... Red/yellow stripes, blushed with yellow to green undertones  
Fruit size ..... Medium to large  
Fruit shape ..... Short-round-conical  
Flavor ..... Sweet and tart  
Crispness ..... Crispy  
Juiciness ..... Very juicy  
Resistant to browning .... No

### Resistance to disease

Scab ..... Susceptible  
Mildew ..... Very susceptible  
Fire blight ..... Very susceptible  
Cedar Apple Rust ..... Susceptible

## Opal Apple



Fruit color ..... Bright lemon yellow  
Fruit size ..... Medium to large  
Fruit shape ..... Round  
Flavor ..... Sweet and tangy  
Crispness ..... Crisp  
Juiciness ..... Juicy  
Resistant to browning .... Yes

### Resistance to disease

Scab ..... Some resistance  
Mildew ..... Some resistance  
Fire blight ..... N/A  
Cedar Apple Rust ..... N/A

## Baldwin Apple



Fruit color ..... Bright red green with red stripes, may be speckled with small dots  
Fruit size ..... Large to extra large  
Fruit shape ..... Flat and round  
Flavor ..... Sweet and tart  
Crispness ..... Not very crisp, but firm  
Juiciness ..... Juicy  
Resistant to browning .... No

### Resistance to disease

Scab ..... Susceptible  
Mildew ..... Very susceptible  
Fire blight ..... Susceptible  
Cedar Apple Rust ..... Very resistant

## Macintosh Apple\*



Fruit color ..... Dark red and green  
and speckled with white dots  
Fruit size ..... Small to medium  
Fruit shape ..... Flat and round  
Flavor ..... Sweet and tart  
Crispness ..... Crisp  
Juiciness ..... Juicy  
Resistant to browning .... No

### Resistance to disease

Scab ..... Very susceptible  
Mildew ..... Moderately resistant  
Fire blight ..... Susceptible  
Cedar Apple Rust ..... Very resistant

*\*also called McIntosh*

## Enterprise Apple



Fruit color ..... Red speckled with  
white dots  
Fruit size ..... Medium to large  
Fruit shape ..... Flat and round  
Crispness ..... Not very crisp  
Flavor ..... Very tart  
Juiciness ..... Very juicy  
Resistant to browning .... No

### Resistance to disease

Scab ..... Very resistant  
Mildew ..... Susceptible  
Fire blight ..... Resistant  
Cedar Apple Rust ..... Resistant

## Golden Delicious Apple



Fruit color ..... Yellow gold and speckled  
with small spots  
Fruit size ..... Small to medium  
Fruit shape ..... Oblong or conical  
Flavor ..... Sweet and tart with a taste of honey  
Crispness ..... Crispy  
Juiciness ..... Juicy  
Resistant to browning .... No

### Resistance to disease

Scab ..... Susceptible  
Mildew ..... Very susceptible  
Fire blight ..... Susceptible  
Cedar Apple Rust ..... Susceptible

## Honeycrisp Apple



Fruit color ..... Light green/yellow background  
covered with red orange flush and  
speckled with dark spots  
Fruit size ..... Medium to large  
Fruit shape ..... Short-round-conical  
Crispness ..... Very crisp  
Flavor ..... Medium sweet  
Juiciness ..... Juicy  
Resistant to browning .... No

### Resistance to disease

Scab ..... Moderately resistant  
Mildew ..... Susceptible  
Fire blight ..... Resistant  
Cedar Apple Rust ..... Susceptible

## Keepsake Apple



Fruit color ..... Mostly red with orange  
or green blush  
Fruit size ..... Small  
Fruit shape ..... Irregular shaped-short-round  
Flavor ..... Sweet and spicy  
Crispness ..... Very crisp  
Juiciness ..... Juicy  
Resistant to browning .... No

### Resistance to disease

Scab ..... Very susceptible  
Mildew ..... Very susceptible  
Fire blight ..... Moderately resistant  
Cedar Apple Rust ..... Moderately resistant

## Cosmic Crisp® Apple



Fruit color ..... Red speckled with small  
yellow star shaped dots  
Fruit size ..... Medium to large  
Fruit shape ..... Round  
Crispness ..... Very crisp  
Flavor ..... Sweet and tart  
Juiciness ..... Very juicy  
Resistant to browning .... Yes

### Resistance to disease

Scab ..... Not available  
Mildew ..... Moderately susceptible  
Fire blight ..... Moderately susceptible  
Cedar Apple Rust ..... Not available



## BACKGROUND INFORMATION

### PART 2

#### Strawberry DNA

Deoxyribonucleic acid (DNA) is a molecule that contains the genetic instructions used in the development and functioning of all organisms and some viruses. Strands of DNA are divided into segments called genes. All organisms have genes that determine various biological traits, some of which are visible and some of which are not. Many genes, in turn, provide the information for making proteins, which carry out specific functions. This incredible molecule can easily be seen with the naked eye when collected from thousands of cells.

In this activity, students will extract strands of DNA from the nuclei of strawberry cells. Strawberry cells are used because their cells are easy to break open and they have lots of DNA. Their cells are **octoploid**, which means they have eight copies of each chromosome. Human cells are **diploid** (have two sets of chromosomes).

First, the students gently mash the strawberries to break the cells' walls and expose the inner membranes. Next the cells are mixed with the DNA extracting buffer, which is a mixture of soap, salt, and water. The soap dissolves the lipid bilayers of the cellular and nuclear membranes, exposing the DNA. The salt breaks up the protein chains that bind around the nucleic acids in the DNA. When the mixture is filtered, the strawberry cell parts that are larger than DNA are separated from the DNA. Adding chilled rubbing alcohol to the filtered solution causes the DNA to precipitate out of the solution and become visible. It is important to keep the alcohol cold, because the colder the alcohol, the less soluble the DNA. The other cell parts are soluble in the chilled alcohol.

#### How is DNA from Food Used by Scientists?

Scientists can use DNA isolated from food to identify particular traits, a plant or animal species, or potential contamination sources.

- Agricultural researchers use DNA analysis to choose desired traits that can be propagated in plants and animals.



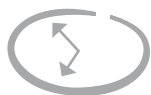
- DNA barcoding is a method that tests DNA in a food source for known DNA sequences that distinguish one species from another. For example, tilapia (fish) DNA has unique sequences that differ from trout DNA, so commercial fish can be analyzed to verify correct labeling.
- Working together, the FDA and the Centers for Disease Control and Prevention can trace the origins of microbial pathogens in food that is a potential source of foodborne pathogens by using DNA samples.

#### Uses of Genetics in Plant Breeding

- *Backcrossing*: This is a quality control step in the selective breeding process. Because a hybrid cross can result in the inheritance of desired and unwanted traits as well as the loss of desired traits, breeders cross the offspring of hybrid crosses with the preferred parent until the offspring has the desired traits but not the unwanted traits.
- *Inbreeding*: Some plant species may be fertilized by themselves and produce an inbred variety that is identical from generation to generation. The fact that it preserves the original traits make it useful for research, as new true-breeding cultivars, and as the parents of hybrids.
- *Hybrid breeding*: Two different inbred varieties can be crossed to produce offspring with stable characteristics and hybrid vigor, where the offspring is much more productive than either parent.
- *Mutation breeding*: Mutations in a plant's genome occur naturally and can result in desirable traits. Mutation breeding is the induction of genetic mutations by exposing plant cells to radiation or certain chemicals and then selecting for plants with desirable traits.
- *Molecular marker-assisted selection*: Molecular markers are DNA sequences that 'mark' locations on a genome. Breeders use molecular markers linked to desirable traits to genetically screen and select plants for breeding.
- *Genetic engineering*: Techniques that will be covered in Module 2.



# STRAWBERRY DNA EXTRACTION ACTIVITY



**TIME** Two 45-Minute Class Periods



## ACTIVITY AT A GLANCE

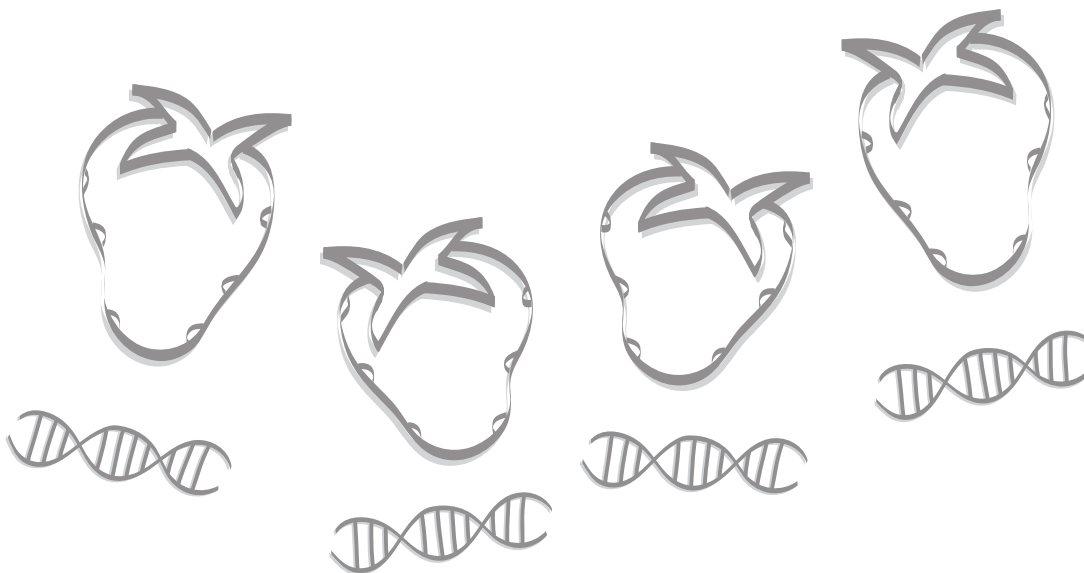
In this activity, students' interest in food science is enhanced through an engaging and fun activity – the extraction, isolation, and observation of the DNA from strawberries.



### TIME TO TUNE IN

*How to extract DNA from strawberries*  
(9:45)

[www.youtube.com/watch?v=hOpu4iN5Bh4](http://www.youtube.com/watch?v=hOpu4iN5Bh4)





# STRAWBERRY DNA EXTRACTION ACTIVITY

## GETTING STARTED

### MATERIALS FOR EACH GROUP OF TWO STUDENTS

- Isopropyl (rubbing) alcohol – approximately 10 mL
- One-cup measuring cup
- Measuring teaspoon
- Table salt (non-iodized)
- Clear dishwashing liquid
- Water
- Two eight-ounce, clear plastic cups
- Cheese cloth (or coffee filter)
- Funnel
- Three strawberries (fresh or frozen – note: frozen usually work best)
- Resealable, heavy-duty, quart-size plastic bag
- Craft stick or coffee stirrer
- Goggles for each student

### ADVANCE PREPARATION

Divide the class into small groups - two is ideal for this activity.

Make a copy of the **Strawberry DNA Extraction** worksheet for each student.

Chill the isopropyl alcohol in the freezer. It is important for the alcohol to be as cold as possible. Note: If ethanol is available, it does not need to be chilled.

If preferred, you can prepare a stock extraction buffer by mixing  $\frac{1}{2}$  gallon (2 L) of water with  $\frac{1}{2}$  cup (120 mL) of clear, good quality dishwashing liquid and 2 tablespoons (30 mL) of non-iodized table salt. Slowly mix the buffer, being careful not to produce any bubbles. Too many bubbles will prevent the extraction buffer from extracting as much DNA as possible. Each group would need 10 mL of this buffer. It is best if the buffer is made at least a day ahead of time.

## INTRODUCTION

Ask your students the following questions, and then discuss their responses.

*What is DNA?*

*Where in the cell is the DNA found?*

*What does the word extraction mean?*

*How do you think you could extract the DNA from cells?*

*Does your food contain DNA; if so, where would that DNA be found?*

If students need a review of cell organelles, use a diagram of a plant cell such as the one found at this website: <https://biologydictionary.net/plant-cell/>

### Laboratory Safety Reminder!

Remind students not to eat the strawberries at any time during this lab.

The next activity will prove that the food we eat contains DNA; the DNA will be clearly visible at the end of this activity!

STRAWBERRY DNA  
EXTRACTION ACTIVITY

## STUDENT PROCEDURE

## How to extract DNA from strawberries

[www.youtube.com/watch?v=hOpu4iN5Bh4](http://www.youtube.com/watch?v=hOpu4iN5Bh4)

The instructions you will follow for this lab are not identical to those in the video, however seeing it done first will clarify some of the concepts.

Pick-up the materials needed for this activity and take them to your workstation; be sure that each person in your group has a **Strawberry DNA Extraction** worksheet.

Everyone must wear their goggles throughout the activity.

## Instructions:

If fresh strawberries are being used, remove the green leaves.

1. Place the strawberries in the plastic bag and seal it, being careful to eliminate as much air as possible. Gently smash the berries for about two minutes; be very careful not to crush the bag. Make sure the berries are completely crushed because this starts to break open the cells and release the DNA.
2. Prepare the DNA extraction liquid by mixing together 2 teaspoons (10 mL) of detergent, 1 teaspoon of salt, and ½ cup (100 mL) of water in one of the plastic cups. Stir the mixture very carefully so there are no bubbles; the bubbles might interfere with the precipitation of the DNA.
3. Add 2 teaspoons (10 mL) of the DNA extraction liquid to the bag with the strawberries. This will further break down the membranes and release the DNA strands.
4. Reseal your plastic bags and carefully eliminate as much air as possible. Gently smash the berries for another minute; be sure to avoid creating any bubbles because they will prevent the extracting buffer from extracting as much DNA as possible.
5. Place the funnel inside the second plastic cup and place the cheese cloth inside the funnel. Open the bag and pour the strawberry mixture into the cheese cloth.
6. Twist the cheese cloth just above the liquid and gently squeeze the remaining liquid into the cup. After filtering the mixture, dispose of the cheese cloth and the plastic bag.
7. Note the level of the liquid in the cup; slowly add an equal amount of chilled rubbing alcohol to the cup, layering the alcohol on top of the strawberry liquid. This can be done by tilting the cup and slowly pouring the alcohol down the side of the cup. The DNA has just been isolated from the rest of the material contained in the cells of the strawberry.
8. Wait a few minutes and then carefully observe the line between the strawberry mixture and the alcohol. Notice development of a white, threadlike, cloud at this line. This is the strawberry DNA. The DNA will clump together and float to the top of the alcohol layer.
9. Observe the other groups' DNA samples; are there any differences?
10. Use the craft sticks or spoons to slowly extract the DNA from the cup.
11. Clean up your workstations and complete the worksheet.



# STRAWBERRY DNA EXTRACTION ACTIVITY

## REVIEW

Explain the importance of each step in the strawberry DNA extraction process by asking the following questions:

**Why did you have to mash the strawberries?**

**What was the purpose of the salt in the DNA extraction solution?**

**What was the purpose of the soap in the DNA extraction solution?**

**Explain what happened in the final step when the rubbing alcohol was added to the strawberry extract.**

**Explain what the DNA looked like.**

When the students have completed their responses to the questions, have them share their responses.

If you want to review the DNA extraction process and the purpose for each step, this video might help - *Strawberry DNA Extraction Lab Explanation* - [www.youtube.com/watch?v=vnjwNiJktZk](http://www.youtube.com/watch?v=vnjwNiJktZk)

Finally, ask the students to answer the following questions, and, when finished, share their ideas.

**Why is it useful for scientists to be able to extract DNA from fruits and vegetables? List at least two reasons.**

**If you could extract the DNA from any fruit or vegetable, which one would you choose and why would you want to study its DNA?**

## SUMMARY

While this activity is a very much-simplified process, the isolation, extraction, and observation of DNA are important parts of food agricultural science, allowing scientists to accurately select for the most desirable traits for the fruits and vegetables that we eat.

## EXTENSIONS

Students could do one or more of the following activities:

1. Experiment with extracting DNA from other fruits and vegetables and compare the amount of DNA extracted.
2. Perform the experiment and substitute different kinds of soaps and detergents such as powdered soaps, shampoo, or body scrubs in place of the dishwashing liquid.
3. Experiment with changing the quantity of materials used and comparing the amount of DNA extracted.
4. Watch the video – *Growing Strawberries: Strawberry Fields Forever* - [www.youtube.com/watch?v=CnQgSXRyO6Q](http://www.youtube.com/watch?v=CnQgSXRyO6Q). This 4-minute video shows how California strawberry growers are learning to grow their crops using newer, high-tech tools.

## RESOURCES

- *Growing Strawberries: Strawberry Fields Forever* from the CA Department of Food and Agriculture [www.youtube.com/watch?v=CnQgSXRyO6Q](http://www.youtube.com/watch?v=CnQgSXRyO6Q)
- *What is DNA and How Does It Work?* [www.youtube.com/watch?v=zwibgNGe4aY](http://www.youtube.com/watch?v=zwibgNGe4aY)

## UP NEXT ►►►

Now that you've learned about DNA in food, let's take a look at some more laboratory techniques being used to produce some plant and animal varieties.



# STUDENT WORKSHEET

## STRAWBERRY DNA EXTRACTION

Name \_\_\_\_\_ Date \_\_\_\_\_ Class/Hour \_\_\_\_\_

1. What is DNA? \_\_\_\_\_  
\_\_\_\_\_

2. Where in the cell is the DNA found? \_\_\_\_\_  
\_\_\_\_\_

3. What does the word *extraction* mean? \_\_\_\_\_  
\_\_\_\_\_

4. How do you think you could extract the DNA from cells? \_\_\_\_\_  
\_\_\_\_\_

5. Does your food contain DNA, and if so, where would that DNA be found? \_\_\_\_\_  
\_\_\_\_\_

6. Each step in the extraction process aids in isolating DNA from the other cellular materials. Explain why each step was necessary and put the DNA extraction procedure into context by answering the following questions:

Why did you have to mash the strawberries? \_\_\_\_\_  
\_\_\_\_\_

What was the purpose of the salt in the DNA extracting solution? \_\_\_\_\_  
\_\_\_\_\_

What was the purpose of the liquid detergent in the DNA extracting solution? \_\_\_\_\_  
\_\_\_\_\_

Explain what happened when you added the alcohol to the strawberry extract. \_\_\_\_\_  
\_\_\_\_\_

What did the extracted DNA look like? \_\_\_\_\_  
\_\_\_\_\_

7. Why is it useful for scientists to be able to extract DNA from fruits and vegetables? List at least two reasons. \_\_\_\_\_  
\_\_\_\_\_

8. If you could extract the DNA from any fruit or vegetable, which one would you choose and why would you want to study its DNA? \_\_\_\_\_  
\_\_\_\_\_

This module introduces students to laboratory methods used to alter genetic material and create organisms with desired traits.

For this module, it is recommended that teachers will have already taught students the following underlying key concepts: Cell structure and function, DNA structure, bacterial structure (prokaryotes), basic cell division and reproduction, and general selective breeding.

## BACKGROUND INFORMATION



**Part 1: Genetic Engineering** introduces some key milestones in the development of tools used in the laboratory to change DNA sequences. It also highlights select genetic modification processes.

**Part 2: Targeted Genome Editing** discusses cutting-edge technology now being used to “edit” DNA.

## ACTIVITY



**Genetic Engineering in Crops** introduces students to crop problems and possible GE solutions using genetic material to change a trait.



### TIME TO TUNE IN

*How are GMOs Made?  
The Genetically Modified  
Hawaiian Papaya Case Study*  
(5:31)  
[https://www.youtube.com/  
watch?v=2G-yUuiqI20](https://www.youtube.com/watch?v=2G-yUuiqI20)



*Gene Editing Yields Tomatoes  
That Flower and Ripen  
Weeks Earlier* (2:50)  
[https://www.youtube.com/  
watch?v=Jem3hP734uA](https://www.youtube.com/watch?v=Jem3hP734uA)



*CRISPR Gene Editing  
Explained* (2:10)  
[https://www.wired.com/  
video/watch/crispr-gene-  
editing-explained](https://www.wired.com/video/watch/crispr-gene-editing-explained)





## BACKGROUND INFORMATION

### PART 1

### Genetic Engineering

For most of history, farmers had to wait several plant generations before crops had the traits they most desired. The farmers used selective breeding, the process of choosing parent plants with the best traits over many generations. Selective breeding resulted in dramatic genetic changes to the species. While earlier farmers had no concept of the science of genetics, selective breeding based on observable traits allowed them to use plants' DNA to solve agricultural challenges and to improve the food supply. This approach to selecting specific traits is exemplified by the apple activity in Module 1.

Although selective breeding is still widely used, there are more modern processes available to alter the genetics of microorganisms, plants, and animals. More modern techniques to alter an organism's genetics includes mutation breeding, molecular marker-assisted breeding, genetic engineering, and genome editing.

**Genetic engineering (GE)** refers to deliberately modifying the characteristics of an organism by altering its genetic material. GE techniques include particle bombardment, Agrobacterium-mediated transformation, and targeted genome editing (the most recent additions to the genetic engineer's toolbox). Using GE technology, scientists can bring us improved agricultural products and practices faster than in the past.

#### Why genetically engineer plants?

Plants are genetically engineered for many of the same reasons that selective breeding is used: Better nutrition, higher **crop yield** (output), greater resistance to insect damage, and immunity to plant diseases.

Selective breeding techniques involve repeatedly cross-breeding plants until the breeder identifies offspring that have inherited the genes responsible for the desired combination of traits. However, this method may also result in the inheritance of unwanted genes responsible for unwanted traits (called **linkage drag**), and it can result in the loss of desired traits.

GE techniques can be used to isolate a gene or genes for the desired trait, add a gene from another organism or edit chromosomal DNA in a single plant cell, and generate a

#### Key biotechnology events related to food agriculture

1901	Japanese biologist Shigetane Ishiwatari discovered <i>Bacillus thuringiensis</i> (Bt), which makes a natural pesticide, found in soil worldwide and used by farmers since the 1920s.
1919	Karoly Ereky introduced the new term <i>biotechnology</i> (i.e., using biological systems to create products).
1971	Paul Berg completed a landmark gene splicing experiment.
1973	Stanley Cohen and Herbert Boyer created the first modified organism using recombinant DNA (rDNA) technology.
1974	Rudolf Jaenisch and Beatrice Mintz created the first transgenic animal (a mouse).
1978	Herbert Boyer starts a new company, Genentec and produces recombinant insulin.
1983	Mary-Dell Chilton inserted an antibiotic-resistant gene into a tobacco plant creating the first GE plant.
1987	Calgene creates the FlavrSavr <sup>®</sup> tomato.
1989	Chymosin from GE microorganisms authorized as a food processing aid by FDA.
1994	FDA concludes the FlavrSavr <sup>®</sup> tomato is as safe as comparable non-GE tomatoes.
1995	EPA approves the use of a Bt toxin as a plant-incorporated pesticide in a GE crop.
1998	GE virus-resistant papaya was grown commercially in Hawaii.
2012	CRISPR-Cas9 is used as a programmable RNA-guided DNA cutting tool.
2015	Genetically modified salmon is the first GE animal approved for food use in the United States.
2017	GE apples are available for sale in the United States.
2019	FDA completes consultation of high oleic soybean oil, first food from a genome edited plant.



## BACKGROUND INFORMATION

new plant with the trait from that cell. By adding one desired gene from the donor organism or by editing the gene in the chromosomal DNA of the single cell, the unwanted traits from the donor's other genes can be excluded. GE is used in conjunction with selective breeding to produce GE plant varieties that are on the market today.

### Development of GE Tools in Bacteria

Throughout the past 100 years, several developments have led to current GE methods. After early geneticists were able to identify the gene locus for specific plant traits, various methods were used to try to transfer the specific DNA sequence from one plant to another. One method was injecting the DNA from the donor plant directly into the recipient plant cell to see if it would integrate into the recipient cell's genome. Unfortunately, the DNA was degraded, and the method was unsuccessful. It was like trying to send an envelope through the mail with only a zip code; the postal service wouldn't know where to deliver it. Scientists eventually used bacteria to transfer new DNA to the recipient plant cell.

**Transformation** is the changing of the cell's genetic makeup through the addition of new DNA. The DNA can come from the environment surrounding the cell via "**horizontal gene transfer**" or be added in a laboratory through GE methods. The laboratory method developed to combine genetic sequences that would not otherwise be found in the genome is called **recombinant DNA (rDNA)** technology.

In 1973, Herbert Boyer and Stanley Cohen produced the first successful GE organism. Boyer had expertise using **restriction endonucleases** (enzymes that cut DNA at specific nucleotide sequences), and Cohen studied **plasmids** (small rings of DNA) in bacteria. They were able to use a restriction enzyme to cut open a plasmid loop from one bacterial species, insert a gene from a different bacterial species, and close the plasmid, which combined the genes from different bacteria into one rDNA molecule. An enzyme called ligase was used to help join the cut DNA strand. Then they transformed this rDNA plasmid into the bacterium *Escherichia coli* (*E. coli*) and showed that the bacteria could utilize the rDNA. In Boyer and Cohen's experiment, one gene coded for tetracycline resistance and the other for kanamycin resistance. Tetracycline and kanamycin are antibiotics that kill bacteria that do not have resistance genes. It was possible to see which of the *E. coli* in their experiment had successfully acquired the new genes by culturing them in the presence of the antibiotics, where only the successfully transformed

bacteria could grow. These experiments showed that bacterial transformation could be used to deliver the desired DNA to a useful site, just as the postal service delivers mail to the correct address.

**Restriction enzymes** are like scissors that cut DNA at specific sequences. Some restriction enzymes leave blunt DNA ends while others leave short, single-stranded overhangs called sticky ends.



**Ligase enzymes** are like the glue or tape for connecting DNA sequences in GE, or molecular biology, procedures.

Bacterial transformation still serves as the basis for a number of DNA technologies. Bacteria are used extensively in the laboratory for rDNA research. There are even some species of bacteria that go through the transformation process naturally, but most bacteria needs manipulation to become **competent** (able to take up the plasmid). Using the techniques from bacterial transformation, scientists have learned how to change the genome of plants, including plants that we use for food.

Scientists worldwide continue to use the Boyer and Cohen techniques to improve GE tools that develop, modify, and improve consumer products, including many of the food products we eat.

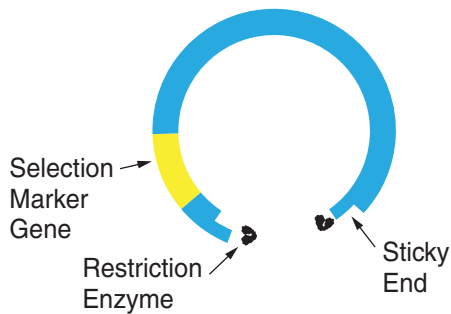
### Nature's Own Genetic Engineer

A widely used method of transferring a transgene to a plant is to use the soil bacterium *Agrobacterium tumefaciens* (*A. tumefaciens*). This bacterium has a natural ability to enter a plant cell and insert its own DNA into a plant's genome. A plasmid is constructed to include *A. tumefaciens* genes needed for transferring DNA into the recipient plant cell, the transgene of interest, and a selectable marker, such as a gene conferring antibiotic-resistance or herbicide tolerance. Scientists now use the bacterium's natural behavior to insert the transgene into a plant's genome.

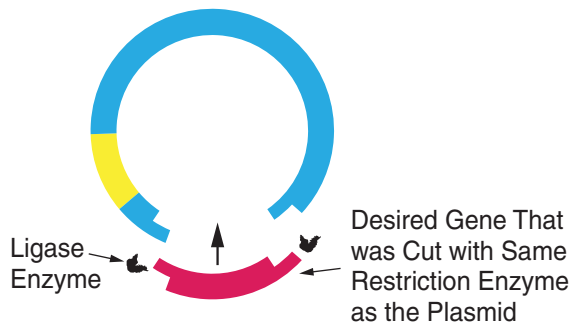


### Simplified Steps of Plasmid Development

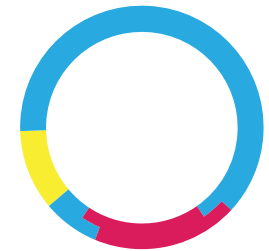
1. Plasmid Cut with a Restriction Enzyme



2. Plasmid and Desired Gene Joined Using DNA Ligase



3. Plasmid with Desired Gene Inserted



### Application of GE Tools in Plants

Plants can be genetically engineered to be resistant to pests and herbicides, to increase crop yield, or to tolerate adverse weather conditions using a process similar to bacterial transformation. Plants can also be engineered to produce fruits and vegetables that have longer and more stable shelf-lives in the grocery store. These GE uses have potential trickle-down benefits from the farmer to consumers, animals, and the environment. Because plants are eukaryotic and contain a nucleus, a slightly different method than the one used for bacterial transformation is used to insert the gene of interest.

For example, if scientists find a gene for enhanced drought resistance in a plant, and they want to use the gene to make another plant more drought resistant, an advantage of GE over selective breeding is that less time is required and linkage drag is avoided. The desired gene to be transferred and added to the genome of the recipient plant is often referred to as a **transgene**.

#### Genetic Engineering

- Allows the direct transfer of one or just a few genes between either closely or distantly related organisms
- Achieves crop improvement in a shorter time compared to conventional breeding
- Allows plants to be modified by adding, removing, or switching off particular genes

Adapted from: Agricultural Biotechnology (A Lot More than Just GM Crops).  
[www.isaaa.org/resources/publications/agricultural\\_biotechnology/download/Agricultural\\_Biotechnology.pdf](http://www.isaaa.org/resources/publications/agricultural_biotechnology/download/Agricultural_Biotechnology.pdf)

### Advanced Content

The technologies used to clone or synthesize genes are changing and evolving. The three major methods currently used are:

- Traditional cloning – isolating DNA directly from the genome of the donor organism and inserting it into a plasmid for later use
- Subcloning the gene of interest – copying the gene from an existing collection of DNA clones (“DNA library”)
- *De novo* gene synthesis – building a gene from scratch, using single nucleotides or short oligonucleotide strands without the need for a physical template

The techniques used by scientists to assemble and insert DNA pieces into the plasmid are also evolving along with the complexity of multi-gene DNA constructs. While simple restriction enzyme protocols can be used to create a single gene insert, multi-gene constructs such as those required for complex plant traits require more complex assembly strategies.

#### What is a DNA Library?

A DNA library is a collection of cloned DNA fragments that are stored in plasmids, which in turn are maintained and propagated in bacterial or yeast cells. The type of library is classified by the source of the DNA and the plasmid – referred to as a cloning vector – used to construct the library. Sources of DNA may be a single cell, a tissue, an organism, or an environmental sample containing multiple organisms. The DNA may be obtained from genomic sequences or from isolated mRNA and converted to complementary DNA (cDNA). Scientists use DNA libraries to find and study DNA encoding proteins or other functions of interest.



## MODULE 2: GENETIC ENGINEERING IN FOOD AGRICULTURE

# BACKGROUND INFORMATION

### General Plasmid Preparation

Bacterial plasmids are used to store a ready supply of the gene of interest. In the case of Agrobacterium-mediated plant transformation, the plasmids are used to transfer the gene of interest to the genome of the recipient plant. To receive the gene of interest, the bacterial plasmids are treated with a restriction enzyme that is compatible with the gene. This way, the plasmid DNA will have the same sticky ends as the gene, so they will combine more easily. The gene and plasmid DNA preparations are mixed with DNA ligase to seal the sticky ends of the DNA molecules together.

Scientists may also modify the bacterial plasmid using a similar process to insert one or more **selectable marker** genes. The selectable marker genes will be important later in the GE process when bacteria or plant cells with the gene of interest are being isolated. There are many selectable markers used to screen for bacterial, as well as plant transformants.

Selectable markers include:

- Auxotrophy (selects for the ability to grow on certain carbon sources)
- Antibiotic resistance (selects for ability to grow in the presence of a specific antibiotic)
- Herbicide tolerance (selects for ability to grow in the presence of a specific herbicide)

This new bacterial plasmid is called a **transformation plasmid** and has the gene of interest as well as the selectable marker gene. The transformation plasmid is added to bacteria using a bacterial transformation method. Finally, the bacteria are plated onto a medium containing the selection factor that will inhibit the growth of bacteria that did not take up the plasmid. The Petri plates are incubated to encourage bacterial growth, and only the bacteria that have taken up the transformation plasmid with the selectable marker gene will grow. Bacteria without it will not grow, resulting in millions of bacteria with the gene of interest in their DNA.

The next step is to transfer the gene to the plant cells. Currently, the most frequently used technique is Agrobacterium-mediated transformation. Bombardment with a gene gun is less common and typically used in cases where Agrobacterium-mediated methods don't work. Agrobacterium is a plant pathogen that has the natural ability to transfer DNA to plant cells. GE methods use a version of the Agrobacterium plasmid that has been "disarmed": the modified plasmid still has the ability to

transfer DNA into the plant's genome, but its disease-causing genes have been removed. Agrobacterium that have been transformed with the plasmid carrying the gene of interest and selectable marker are mixed with the plant cells. The Agrobacterium enters the plant cells and inserts a segment of the plasmid DNA (containing the gene and selectable marker gene) into the plant's genome. Once the Agrobacterium has had time to transform the plant cells, the cells are placed on medium containing: (1) An antibiotic that kills the Agrobacterium, (2) the selection factor that will inhibit growth of plant cells that did not take up the plasmid DNA, and (3) plant hormones that encourage the transformed cells to grow into new plants.

After a gene has been successfully inserted into the plant's genome, the modified plant must be able to grow and reproduce with its newly modified genome. First, the genotype of the plant must be studied so that the scientists only grow plants in which the genome has been modified correctly. When this is done, the GE plants will be grown under controlled conditions in a greenhouse and then in field trials to make sure that the new plants possess the desired new trait and show no new undesired characteristics.

### Food from GE Plants

The first GE plant evaluated by the FDA for human consumption was the FlavrSavr<sup>®</sup> tomato. FDA concluded that the FlavrSavr<sup>®</sup> tomato was as safe as comparable non-GE tomatoes. It was brought to market in 1994, but it was not sufficiently profitable to continue production. Although there are currently no GE tomatoes on the market, other GE food crops are commercially available. Most of these GE plants were engineered to increase resistance to disease or pests, or tolerance to specific herbicides.

As of 2023, there were 12 food crops available in the U.S. Of these, only a few GE crops in the grocery store are available as whole produce. Whole produce could include certain cultivars of apple, pineapple, potato, papaya, sweet corn, squash, and tomato. Ingredients derived from GE corn, soybeans, sugar beets, and canola (such as flour, oil, starch, and sugar) are used in a wide variety of foods including cereal, corn chips, veggie burgers, and more.

The 12 GE crops today are: Alfalfa, apples, canola, corn (field and sweet), cotton, papaya, pineapple, potatoes, soybeans, squash, sugar beets, and tomato.

**Animal food:** In the United States, more than 95 percent of food-producing animals consume food containing ingredients from GE crops. GE plants can also be found in food for non-food producing animals, such as cats and dogs.



## PART 2

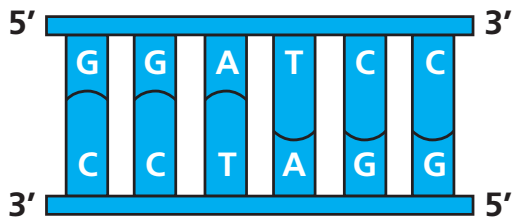
### Targeted Genome Editing

While original rDNA techniques would often result in random integration of the desired gene(s), newer **genome editing** techniques use tools to target the desired gene or the “edit” to a precise locus in the genome. One genome editing technique currently used by plant scientists is the CRISPR-Cas system. It’s part of a natural bacterial defense system that scientists are using to cut and modify DNA more precisely than any previous GE method.

#### What is CRISPR and how is it used by bacteria?

**CRISPR** stands for **Clustered Regularly Interspaced Short Palindromic Repeats**. CRISPRs are sequences of nucleotides in the bacterial genome where bacteria keep a record of previous infections by a virus and later use it to identify and fight subsequent attacks by the same virus. When a bacterial cell is infected by a virus, the cell incorporates pieces of the viral DNA into the CRISPR sequence, which then produces small, non-coding RNAs that act like virus detectors. This is a form of **adaptive immunity**.

#### Sample Palindromic Sequence



The sequence read in one direction on one strand matches the sequence read in the opposite direction on the complementary strand.

#### Acronym Alert

Early genetic engineering (GE) began about half a century ago, while genome editing is a more recent technique. Although both two-word phrases begin with a G and an E, in this curriculum, genome editing will always be spelled out, and GE refers to the broader category of genetic engineering techniques.

Close to the CRISPRs are **CRISPR-associated (Cas)** genes that encode for Cas proteins. In bacteria, Cas proteins are part of the adaptive immune system. Some Cas proteins help the bacterial cell to capture small pieces of invading viral DNA for insertion into the CRISPR sequences during the initial infection; others silence the attacking virus’ DNA during subsequent infections to protect the bacteria. For example, the small RNAs made from the CRISPR sequence containing the previously captured pieces of viral DNA (from the first infection) bind to the Cas9 endonuclease enzyme and target it to cut the viral DNA of repeat invaders.

#### Developing CRISPR-Cas as a New GE Tool

In 2012-2013, several scientific teams tested whether they could adapt the bacterial CRISPR-Cas immune system for use as a genome editing tool. First, they determined which specific components of the system were needed: The Cas9 enzyme and a guiding RNA. Next, they showed that they could target the Cas9 enzyme to cut a specific locus of their choosing simply by changing part of the guiding RNA sequence to match the targeted genome sequence. Collectively, multiple scientific teams showed CRISPR-Cas9 could be used as a programmable RNA-guided DNA cutting tool in bacteria, plant, mouse, and human cells.

This discovery was important because it meant that scientists could now cut and “edit” genomic DNA at a specific location of their choice. When the cell tries to repair the broken DNA strand by joining the pieces back together, scientists could take advantage of this process to add or remove specific DNA sequences. They could also include a repair template (with a mutation or a new gene entirely) to guide a specific repair by the cell’s own mechanisms. In agriculture, genome editing using CRISPR-Cas, or one of several other available DNA targeting and cutting tools, can be used to create plants that produce higher yields, are more nutritious, and have characteristics that will help them endure extreme weather conditions.



## MODULE 2: GENETIC ENGINEERING IN FOOD AGRICULTURE

# BACKGROUND INFORMATION

Here's the CRISPR-Cas9 process:

1. The scientist first identifies the precise location for the desired edit in the plant's genome.
2. A small piece of guide RNA is designed to target the DNA sequence at that location.
3. The guide RNA and Cas9 can be introduced into the plant cell as either DNA, RNA, or an RNA-protein complex called a ribonucleoprotein.
4. The guide RNA locates and binds to the targeted plant genomic DNA sequence. Its associated Cas9 enzyme then cuts the DNA at the targeted location.
5. The plant cell's own repair machinery re-attaches the cut DNA ends. During the process, nucleotides may be removed from or added onto the cut DNA ends. This can result in the loss of an undesirable trait or the expression of a new desired trait.
6. The cells are grown into mature plants with edited DNA.
7. The edited DNA is now heritable and can be passed on to the offspring.

Note: Depending on the method by which the guide RNA and Cas9 were introduced, they may not be present in the mature plant.

If the scientist includes a repair template during the plant transformation process (step 3), the repair template will direct the repair of the genomic DNA at the cut site (step 5).

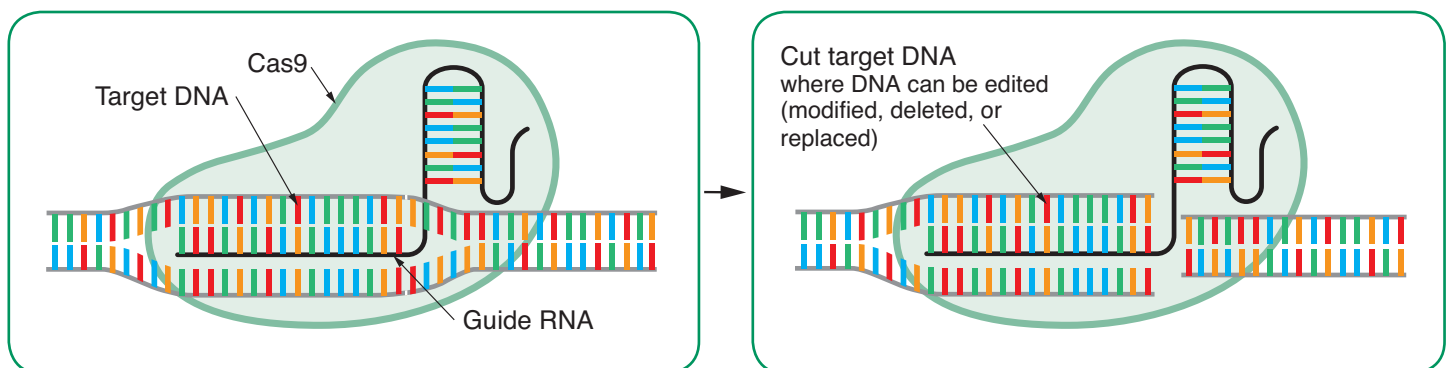
### CRISPR-Cas Delivery

There are several possible CRISPR-Cas delivery methods. The choice of delivery method depends on several factors, including which method is most efficient for the type of plant

#### Advanced Content

Plasmid-mediated delivery transforms the cell with a plasmid or plasmids carrying the genes for the guide RNA and Cas protein, similar to rDNA technology. Alternatively, direct delivery of the Cas9 protein with guide RNA into plant cells can be used.

### CRISPR-Cas9



being edited and whether the scientist's goal is transient or stable expression of the CRISPR-Cas components.

In 2013, scientists discovered how to use the CRISPR-Cas system to edit a plant's genome. Since this discovery, many scientists throughout the world have been working to improve our food supply through genome editing using CRISPR-Cas as well as other targeted DNA cutting systems like TALEN and Zinc Finger Nucleases. These genome editing tools are being used to improve:

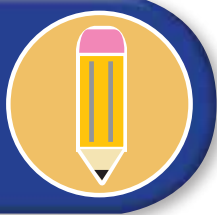
- a plant's yield performance
- nutritional value
- tolerance to biotic stress such as viral, fungal, and bacterial diseases
- tolerance to abiotic stress such as environmental conditions, including changes in water availability, temperature, and soil chemistry

The most studied crops are rice, corn, tomato, potato, barley, and wheat. Specific examples of researchers and their projects include scientists at Pennsylvania State University who used genome editing to extend the shelf-life of white mushrooms by disabling an enzyme that causes the mushrooms to brown, and scientists in Spain who used genome editing to modify the genome of wheat strains to be significantly lower in gluten.

The first food produced from a genome-edited crop became commercially available in 2019: High oleic soybean oil is lower in unhealthy fats than original soybean oil. Scientists are continually testing the potential of genome editing techniques to solve a range of food-related problems, such as:

- producing bananas that are resistant to a fungal disease that destroys the crop
- providing a solution to the citrus greening disease that is threatening U.S. orange trees
- protecting the world's chocolate supply by improving the cacao plant's ability to fight a virus that is destroying the crop in West Africa





# GENETIC ENGINEERING IN CROPS ACTIVITY



**TIME** One or Two 45-Minute Class Periods



## ACTIVITY AT A GLANCE

In addition to selective breeding, GE tools are used by plant breeders to solve agricultural challenges, such as producing enough food to feed a growing global population, or minimizing production impacts on our environment. Plants have been engineered to be more nutritious, more resistant to pests, drought tolerant, and more robust to remain intact during packing and transport. In this activity, students will explore genetic engineering strategies to address certain crop problems.



## TIME TO TUNE IN

*How are GMOs Made? The Genetically Modified Hawaiian Papaya Case Study* (5:31)

<https://www.youtube.com/watch?v=2G-yUuiqIZ0>

*Gene Editing Yields Tomatoes That Flower and Ripen Weeks Earlier* (2:50)

<https://www.youtube.com/watch?v=Jem3hP734uA>

*CRISPR Gene Editing Explained* (2:10)

<https://www.wired.com/video/watch/crispr-gene-editing-explained>

## GETTING STARTED

### MATERIALS

- Set of **The Genetic Engineering in Crops** cards (19 cards with illustrations and 19 cards with GE process steps). See pages 35-38.
- **Genetic Engineering** worksheet
- Mailing Labels – 10 to a sheet; 4 sheets for each set of cards
- 3" x 5" index cards
- Chart paper
- Double-sided tape
- Computer and internet access for the teacher and students (only for optional activity Step 6)

### ADVANCE PREPARATION

1. Students can work alone or in small groups.
2. Make a copy of the **Genetic Engineering** worksheet for each student.
3. Make **The Genetic Engineering in Crops** cards. To make one set of cards, copy the 19 crops on one sheet of 2" x 4" mailing labels and the illustrations for those steps on another sheet of labels. Attach the labels to 3" x 5" index cards. You could also copy the templates on card stock. Making sets in different colors helps keep the sets together. (Make one set of cards for each student or for each group.)

Alternatively, print the card art and text boxes using only one side of each sheet of paper, and cut the sections out for students to compare and match up.

Remember to mix (shuffle) the cards before handing them out.



# GENETIC ENGINEERING

## INTRODUCTION

Ask your class these questions:

1. *How are scientists using genetic engineering to improve the food that we eat?*

Possible answer: The genes from one organism can be added to the same kind of organism or to another kind of organism to make the plants more nutritious or resistant to disease.

2. *Imagine that scientists can edit DNA as easily as correcting typos on a computer. What impact do you think this would have on the food that we eat?*

The students might answer that it will be easier to change a plant's genes with targeted genome editing methods (such as the CRISPR-Cas system) than with non-targeted modification methods such as selective breeding, chemical or UV methods, and rDNA methods.

3. *What advancements could you expect to see in agriculture in the next 5 years?*

Some responses could include:

1. There could be many more changes in the plants we eat.
2. There could be more varieties of plants that we eat.
3. Plants could become more nutritious or more resistant to pests.
4. Our environment might be better because plants could be changed to reduce the need for certain pesticides.

Note: The steps in this activity can be adjusted to match the pace and content you want to emphasize with your students. The activity could follow a vocabulary review and be used to further review vocabulary. It could also be used as a post-assessment of the module's content.

## STUDENT PROCEDURE

1. Everyone should have a copy of the **Genetic Engineering** worksheet (page 39).
2. Watch the three videos: *How are GMOs Made? The Genetically Modified Hawaiian Papaya Case Study* <https://www.youtube.com/watch?v=2G-yUuiqIZ0>, *Gene Editing Yields Tomatoes That Flower and Ripen Weeks Earlier* <https://www.youtube.com/watch?v=Jem3hP734uA>, and *CRISPR Gene Editing Explained (2:10)* <https://www.wired.com/video/watch/crispr-gene-editing-explained>
3. In the next part of the activity, you will work with a set of cards that represents **Genetic Engineering in Crops**. There are two parts to the card set: one has descriptions of crop problems; the other has potential solutions. Your task is to match each Crop Problem card with a Possible Solution card.
4. Each person or group should have a set of the cards. The challenge is to match each Crop Problem card with a Possible Solution card. As each card is read, discuss it with your group. When your group thinks they have the correct matches, share this with the teacher.
5. Once everyone has successfully matched their cards, each person should complete the Genetic Engineering Student Worksheet using a short description of each crop problem and possible solution in his or her own words.
6. (Optional) Each student or small group could select one crop problem and its possible solution for further research to learn more about the science techniques used and the people who benefit from the GE crop. Students could then present the additional information to the class.

# GENETIC ENGINEERING



## REVIEW

Ask the students for their anonymous review/evaluation of this activity on an index card using a 3-2-1 evaluation:

- List 3 things they have learned
- List 2 questions they still have
- List 1 concern

Students can refer to the resources they used in this activity. Review their answers and discuss them with the class the next day.

## EXTENSIONS

Students could do one or more of the following activities:

1. Conduct the *Who Wants to Be a Genetic Engineer - Crop Genetic Engineering Simulation*  
<https://mediahub.unl.edu/media/10740>
2. Review the video *CRISPR Gene Editing Explained*, which uses the analogy of a toy train to explain the CRISPR-Cas system, and design an infographic that uses a similar analogy to explain the system.  
<https://video.wired.com/watch/crispr-gene-editing-explained>

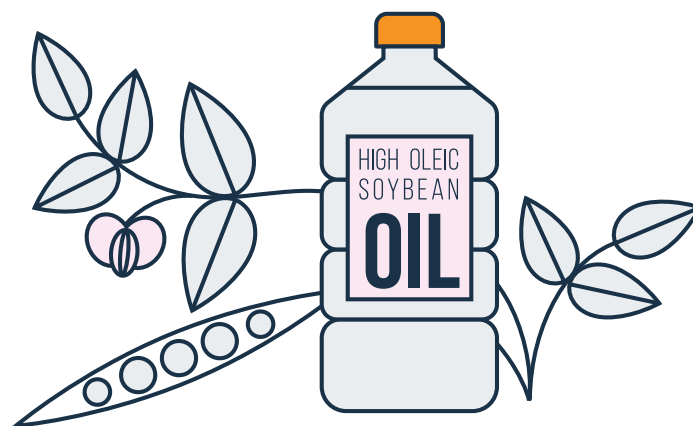
## SUMMARY

Genetic engineering is the use of modern techniques, including recombinant DNA methods, to modify the genetic information in an organism. It allows for faster trait selection than selective breeding, and can enhance the development of plant cultivars to help address some environmental challenges.

Genome editing techniques like CRISPR-Cas are powerful tools that scientists can use to target specific locations in the genome for editing (add, remove, or modify a gene to increase or decrease its expression) and thus change the traits of that organism. The promise and challenges that genome editing systems hold for agriculture are currently unknown. But, based on the results we have now, it is exciting to think about crops of the future and what they might be able to do.

## UP NEXT

In the next lesson, we will take a deeper look at some environmental factors that can challenge or help plants grow in the field. ▶ ▶ ▶





# GENETIC ENGINEERING

## RESOURCES

- *Soybean Genetic Modification*  
[www.youtube.com/watch?v=wTraZwHDHXk](http://www.youtube.com/watch?v=wTraZwHDHXk)
- *Herbert W. Boyer & Stanley N. Cohen*  
[www.youtube.com/watch?v=G3H-Uzts108](http://www.youtube.com/watch?v=G3H-Uzts108)
- *Transformation in Bacteria*  
[www.youtube.com/watch?v=dKD19cXkWBw](http://www.youtube.com/watch?v=dKD19cXkWBw)
- *How to Make a Genetically Modified Plant*  
[www.youtube.com/watch?v=JtkhHIG3nx4&t=365s](http://www.youtube.com/watch?v=JtkhHIG3nx4&t=365s)
- *Who Wants to Be a Genetic Engineer - Crop Genetic Engineering Simulation*  
<https://mediahub.unl.edu/media/10740>
- *Changing the Blueprints of Life - Genetic Engineering: Crash Course Engineering #38*  
[www.youtube.com/watch?v=FY\\_ZUEKWhBc](http://www.youtube.com/watch?v=FY_ZUEKWhBc)
- *A Visual Guide to Genetic Modification*  
<https://blogs.scientificamerican.com/sa-visual/a-visual-guide-to-genetic-modification/>
- *CRISPR – A History of Discovery*  
[www.youtube.com/watch?v=RKh2mi3tsmc](http://www.youtube.com/watch?v=RKh2mi3tsmc)
- *HHMI Biointeractive: CRISPR-Cas9 Mechanisms & Applications*  
[media.hhmi.org/biointeractive/click/CRISPR/](http://media.hhmi.org/biointeractive/click/CRISPR/)
- *Nature Video: CRISPR Gene Editing and Beyond*  
[www.youtube.com/watch?v=4YKFw2KZA5o](http://www.youtube.com/watch?v=4YKFw2KZA5o)
- Science Magazine (more technical option)  
*CRISPR-Cas guides the future of genetic engineering*  
<http://science.sciencemag.org/content/361/6405/866>
- *New Gene Editing Tool May Yield Bigger Harvests*  
[www.youtube.com/watch?v=UUo6lxLRbQ4](http://www.youtube.com/watch?v=UUo6lxLRbQ4)
- *What is CRISPR-Cas?*  
[www.youtube.com/watch?v=52jOEPzhpzc](http://www.youtube.com/watch?v=52jOEPzhpzc)
- *Future Predictions – Food Technology and Science*  
[www.youtube.com/watch?v=GCXhdAGx3NI](http://www.youtube.com/watch?v=GCXhdAGx3NI)
- *Transferring genes into plants*  
[www.youtube.com/watch?v=HOLaRq6ahzo](http://www.youtube.com/watch?v=HOLaRq6ahzo)
- *Bacterial Transformation 3D Animation*  
<https://vimeo.com/170630548>
- *The Royal Society: What is Genetic Modification?*  
<https://www.youtube.com/watch?v=rx953M-tpp4>

## Alfalfa Problem 1

Alfalfa is a very nutritious, perennial legume that contains high concentrations of several vitamins needed by dairy cattle. Weed infestations in alfalfa fields cause many problems for farmers: reduced crop yield, reduced crop quality, and more severe insect infestations. Alfalfa farmers use crop rotation, herbicides, and other practices to try to control weed infestation.



## Possible Solution

Removing weeds by physical methods such as tilling can be time-consuming and expensive, so farmers often spray herbicides to destroy weeds. Farmers use less fuel because fewer passes are made through the field to till. However, a farmer can only spray herbicides on a crop if it is tolerant to the herbicide. Scientists have genetically engineered crop plants to be tolerant to certain herbicides. Use of herbicide-tolerant crops could help reduce environmental damage because they require less tilling. Less tilling can lead to reduced soil erosion.

## Alfalfa Problem 2

Alfalfa is a very nutritious, perennial legume that provides food for dairy cattle. Alfalfa plant stems contain lignin, which is important because it provides strength for upright growth. The amount of lignin in the stems increases as the plants mature (grow). Since lignin is mostly indigestible by cows, this means that the quality of the alfalfa as a food decreases the longer the farmer waits to harvest it. The farmers have limited time during the growing season to harvest the alfalfa.



## Possible Solution

Scientists have identified several genes that control the ability of the plant to produce certain lignin building blocks. Genetic engineering has been used to suppress these genes, which causes a slower rate of lignin production in the plant but does not affect the strength of the plant's stem. The reduced-lignin plant gives the farmer greater flexibility to decide when to harvest his crop to achieve high yields and good food quality. This results in better food efficiency and less manure production.

## Apple Problem

Apples are a very important crop in the United States, the second largest producer of apples in the world. Biting and/or slicing into an apple damages the apple cells, and this causes a chemical reaction that turns the apple brown. The brown color is unappetizing to consumers who often throw the apples away rather than eating them. This results in wasted food.



## Possible Solution

Researchers have discovered that by inserting extra pieces of several genes into a plant, they can turn off expression of the browning enzymes and thus prevent browning.

## Canola Problem

The canola plant is cultivated for its seeds. The seeds are processed into high quality, edible oil that is used in many foods, and into high protein meal, which is desirable food for livestock, poultry and fish.



Weeds that grow among the canola plants compete for space, nutrients, and sunlight and ultimately can lead to significant crop yield losses and contaminate bulk seed at harvest. Weed control through herbicide application during the growing season improves the quantity and quality of the grain produced.

## Possible Solution

Removing weeds by physical methods such as tilling can be time-consuming and expensive, so farmers often spray herbicides to destroy weeds. Farmers use less fuel because fewer passes are made through the field to till. However, a farmer can only spray herbicides on his or her crop if it is tolerant to the herbicide. Scientists have genetically engineered crop plants to be tolerant to certain herbicides. Use of herbicide-tolerant crops could help reduce environmental damage because they require less tilling. Less tilling can lead to reduced soil erosion.

## Field Corn Problem 1

Corn is the premium food for cows, pigs, and chickens. Field corn is also used in the production of ethanol, an additive in gasoline, and a small portion is processed for use as corn cereal, corn starch, corn oil, and corn syrup for human consumption.



The corn borer, a moth that lays eggs on corn plants, is a serious pest. When the eggs hatch, the larva that looks like a small worm eats the corn plants and can cause millions of dollars of damage to the corn field.

## Possible Solution

To make plants resistant to damage by insect pests, scientists have taken genes from the bacteria *Bacillus thuringiensis* (Bt) and inserted these into the plant. The genes make proteins that are toxic to the insect pests that eat the plants. Bt toxins are desirable pest control agents because they are non-toxic to humans, animals, or most other insects, but are highly effective against specific groups of pest insects. When ingested, Bt toxins act as gut poisons for the pest, causing susceptible insects to stop feeding and eventually die.

## Field Corn Problem 2

Corn is the premium food for cows, pigs, and chickens. Field corn is also used in the production of ethanol, an additive in gasoline, and a small portion is processed for use as corn cereal, corn starch, corn oil, and corn syrup for human consumption.



Weed control is one of corn farmer's greatest challenges, because poorly controlled weeds drastically reduce crop yield and quality. Herbicides help increase yield, so they are an important part of commercial food production.

## Possible Solution

Removing weeds by physical methods such as tilling can be time-consuming and expensive, so farmers often spray herbicides to destroy weeds. Farmers use less fuel because fewer passes are made through the field to till. However, a farmer can only spray herbicides on a crop if it is tolerant to the herbicide. Scientists have genetically engineered crop plants to be tolerant to certain herbicides. Use of herbicide-tolerant crops could help reduce environmental damage because they require less tilling. Less tilling can lead to reduced soil erosion.

## Field Corn Problem 3

Corn is the premium food for cows, pigs, and chickens. Field corn is also used in the production of ethanol, an additive in gasoline, and a small portion is processed for use as corn cereal, corn starch, corn oil, and corn syrup for human consumption.



In some corn-growing regions of the United States, farmers can experience water shortages, sometimes caused by drought. Climate models suggest that drought will become more frequent in North America if the planet continues to heat up. Water will become increasingly precious. Plants under drought stress grow slower and may not survive. Droughts can lead to significant crop yield losses for farmers.

## Possible Solution

Scientists have developed a plant variety that carries a gene from the soil bacterium *Bacillus subtilis*. This gene makes a protein that helps reduce the damaging effects of drought by enabling the plant to preserve normal growth functions even when water is limited.

## Cotton Problem

Cotton is one of the most important crops grown in the United States. The major use of the cotton fiber is in the textile industry. The oil from the seeds is used in cooking and in making soaps. The seeds may also be used as food for livestock.



The cotton bollworm is an insect larva that feeds on parts of the cotton plant. Major harvest damage from bollworm infestations results in huge losses to farmers as well as industry, and leads to waste of precious resources like soil, water, and labor.

## Possible Solution

To make plants resistant to damage by insect pests, scientists have taken genes from the bacteria *Bacillus thuringiensis* (Bt) and inserted these into the plant. The genes make proteins that are toxic to the insect pests that eat the plants. Bt toxins are desirable pest control agents because they are non-toxic to humans, animals, or most other insects, but are highly effective against specific groups of pest insects. When ingested, Bt toxins act as gut poisons for the pest, causing susceptible insects to stop feeding and eventually die.

## Papaya Problem

The papaya is a tropical fruit with a pear shape, sweet taste, and soft texture.



One of the problems with growing papaya is susceptibility to a disease called the papaya ring spot virus. This virus deforms the fruit of young plants and can also prevent the plant from producing fruit. The virus is spread by insects and cannot be contained. Papaya production in Hawaii was cut in half because of this virus.

## Possible Solution

Scientists have transferred a gene from the plant virus into plants. This acts like a vaccine that makes the plant resistant to that specific virus. The virus genes are not transferred to humans through the food.

## Potato Problem 1

The potato is the leading vegetable crop in the United States. Potatoes are sold fresh and as processed products such as French fries and chips. Raw by-products of potato processing, as well as some potato protein, are used as food for farm animals.



Potatoes can be bruised by impact during harvesting and storage, which results in black spots in the potato. Consumers will not purchase discolored potatoes and those are thrown away. This results in food waste.

## Possible Solution

Researchers have discovered that by inserting a piece of a certain wild plant gene, they can turn off the expression of the enzyme in a plant involved in bruising. This prevents discoloration from bruising.

## Potato Problem 2

The potato is the leading vegetable crop in the United States. Potatoes are sold fresh and as processed products such as French fries and chips. Raw by-products of potato processing, as well as some potato protein, are used as food for farm animals.



During storage, the starch in the potato can turn into sugar and can negatively affect the color and taste of fried potato products. If sugar formation during storage could be prevented, the French fries and chips made from the stored potato would have a more consistent golden color and a better taste and texture.

## Possible Solution

Researchers have discovered that by inserting pieces of certain genes from a plant, they can turn off expression of the enzymes that change starch into sugars. This prevents production of the sugars responsible for undesirable color and taste.

## Potato Problem 3

The potato is the leading vegetable crop in the United States. Potatoes are sold fresh and as processed products such as French fries and chips. Raw by-products of potato processing, as well as some potato protein, are used as food for farm animals.



Asparagine is an amino acid found in potatoes that causes the potato, when cooked at high temperatures, to produce another chemical called acrylamide. Reducing acrylamide levels in foods may mitigate potential human health risks from exposure to acrylamide. If the amount of asparagine in the potato is reduced, then the amount of acrylamide produced can be reduced.

## Possible Solution

Researchers have discovered that by inserting a piece of a certain plant gene, they can turn off expression of the enzyme in plants that makes asparagine and prevent acrylamide production.

## Potato Problem 4

The potato is the leading vegetable crop in the United States. Potatoes are sold fresh and as processed products such as French fries and chips. Raw by-products of potato processing, as well as some potato protein, are used as food for farm animals.



Late blight, also called potato blight, is the disease that caused the Irish potato famine in the 1840's. This disease rotted the entire potato crop and led to the death of about a million people in Ireland. Late blight disease is still a major problem for potato farmers, especially in regions that receive a great deal of rainfall. Fungicides have been used for decades to prevent the blight disease, which is caused by a fungus-like organism.

## Possible Solution

Scientists have developed crops that are resistant to certain fungal diseases by inserting a gene from a wild relative that is resistant to the disease. This acts like a vaccine that makes the crop plant resistant to that specific disease. This new genetically engineered crop is more resistant to the damage caused by the fungus-like organism, so the farmer doesn't need to apply as much fungicide to keep the plants healthy.

## Potato Problem 5

The potato is the leading vegetable crop in the United States. Potatoes are sold fresh and as processed products such as French fries and chips. Raw by-products of potato processing, as well as some potato protein, are used as food for farm animals.



Colorado potato beetle larvae are slug-like animals with a soft shell. Larvae eat foliage as they grow; this is the most destructive stage, but the adult beetle can also eat the plant foliage and destroy the potato plant. Methods used to try to control this insect include: crop rotation, beneficial insects, systemic insecticides, foliar insecticides, and Bt products.

## Possible Solution

To make plants resistant to damage by insect pests, scientists have taken genes from the bacteria *Bacillus thuringiensis* (Bt) and inserted these into the plant. The genes make proteins that are toxic to the insect pests that eat the plants. Bt toxins are desirable pest control agents because they are non-toxic to humans, animals, or most other insects, but are highly effective against specific groups of pest insects. When ingested, Bt toxins act as gut poisons for the pest, causing susceptible insects to stop feeding and eventually die.

## Rice Problem

Rice is grown in more than 100 countries around the world. It is consumed as a staple food in several south and southeast Asian countries where many people suffer from a lack of vitamin A in their diets. Vitamin A deficiency is the leading cause of preventable blindness in children and long-term vitamin A deficiency increases the risk of infections and death. Although the carbohydrates in rice make it a good source of energy, rice has very little vitamin A. Since the populations that are vitamin A deficient are the same ones that use rice as a staple food, improving the nutritional quality of rice could improve their health.



## Possible Solution

Scientists inserted two genes – one from a plant and one from bacteria – into a plant to enable it to produce beta-carotene in the crop grains. The grain is 'golden' in color and can be eaten as a source of dietary beta-carotene. The human body can convert the beta-carotene we eat into vitamin A. This grain with beta-carotene has the potential to improve the health of populations that do not currently get enough vitamin A or beta-carotene in their diet.

### Soybean Problem 1

Soybeans are protein-rich, edible legumes that are used mainly as livestock food, but they are also used to produce many food ingredients such as tofu, soy beverages, soybean oil, and soy lecithin, which is used in chocolate and ice cream for a smoother texture. Weed growth alongside the crop is a recurring problem for farmers, who use a lot of time and materials to control the weeds.



### Possible Solution

Removing weeds by physical methods such as tilling can be time-consuming and expensive, so farmers often spray herbicides to destroy weeds. Farmers use less fuel because fewer passes are made through the field to till. However, a farmer can only spray herbicides on a crop if it is tolerant to the herbicide. Scientists have genetically engineered crop plants to be tolerant to certain herbicides. Use of herbicide-tolerant crops could help reduce environmental damage because the crops require less tilling. Less tilling can lead to reduced soil erosion.

### Soybean Problem 2

Soybeans are protein-rich, edible legumes that are used mainly as livestock food, but they are also used to produce many food ingredients such as soybean oil. Soybean oil contains a type of fat – polyunsaturated fat – which makes the oil less stable, resulting in a disagreeable taste and a shorter shelf-life. To increase soybean oil stability, manufacturers use a process called hydrogenation to decrease the levels of the unstable fats. Partial hydrogenation of soybean oil makes the oil more stable when used in food, but the process also produces *trans* fat. *Trans* fat has been linked to heart disease.



### Possible Solution

Scientists can use genome editing to remove, or delete, genes in the plant that are involved in the production of the polyunsaturated fat. Instead of making polyunsaturated fat, these plants accumulate more of a monounsaturated fat called oleic acid. Oils with a higher level of oleic acid are more stable, require less processing, and may be useful as an alternative for unhealthy *trans* fat-containing oils in processed food.

### Sugar Beet Problem

The sugar beet is a plant that is grown for its sugar content. Part of the plant is also used for animal food.

Sugar beets are labor-intensive to grow and require constant care. Sugar beet farmers consider weeds to be their major problem, and they spend a lot of time, effort, and resources trying to control the weeds. Because sugar beets grow over two seasons, there are many different weeds that affect the crop, so farmers must plan carefully, deciding which weeds to treat and when.



### Possible Solution

Removing weeds by physical methods such as tilling can be time-consuming and expensive, so farmers often spray herbicides to destroy weeds. Farmers use less fuel because fewer passes are made through the field to till. However, a farmer can only spray herbicides on a crop if it is tolerant to the herbicide. Scientists have genetically engineered crop plants to be tolerant to certain herbicides. Use of herbicide-tolerant crops could help reduce environmental damage because the crops require less tilling. Less tilling can lead to reduced soil erosion.

### Summer Squash Problem

Summer squash is a very common vegetable that is subject to infection from four different viruses. Infections result in stunted, discolored plants and some plants may have spots and an irregular shape. While these vegetables are safe to eat, their appearance deters consumers from purchasing them. The viruses routinely reduce crop yields by 20–80%, depending on the production season and growing region. Farmers use large amounts of insecticides to control the spread of the viruses because insects carry the viruses from plant to plant.



### Possible Solution

Scientists have transferred genes from the plant virus into plants. This acts like a vaccine that makes the plant resistant to that specific virus. If the plants are resistant to viral infection, the plants will be healthier and the farmer might use less insecticide to control the insects that spread the virus. The virus genes are not transferred to humans through the food.



# STUDENT WORKSHEET

## GENETIC ENGINEERING

Name \_\_\_\_\_ Date \_\_\_\_\_ Class/Hour \_\_\_\_\_

After you have matched the Crop Problem and Possible Solution cards, complete the chart below by writing a brief description of each problem and solution in your own words.

Crop Problems and Possible GE Solutions		
Crop	Problem	Possible Solution
Alfalfa		
Alfalfa		
Apple		
Canola		
Field Corn		
Field Corn		
Field Corn		
Cotton		
Papaya		
Potato		
Potato		
Potato		
Potato		
Potato		
Potato		
Rice		
Soybean		
Soybean		
Sugar Beet		
Summer Squash		

This module introduces environmental factors (focusing on pests) that can challenge crop growth, discusses a range of GE and non-GE strategies farmers might use to optimize their crop conditions, and includes engaging activities for students to learn about managing these environmental challenges.

For this module, it is recommended that teachers will have already taught students the following underlying key concepts: Biotic versus abiotic environmental factors, how food chains and food webs model the flow of energy through ecosystems, point source pollution, natural resource definition, renewable versus non-renewable natural resources, natural resource conservation (i.e., reducing, reusing, and recycling), pathogens, and introductory concepts in genetic engineering.

## BACKGROUND INFORMATION: PART 1



**Growing Food Challenge** introduces students to key environmental factors, e.g., pests, that impact crop success.



### Time to Tune In

This overview video identifies multiple agricultural practices and how they relate to the environment for students who are less familiar with these topics.

*Agriculture - Environmental Science (Bozeman Science)* (9:24)  
[www.youtube.com/watch?v=OGf04jPEaT0](http://www.youtube.com/watch?v=OGf04jPEaT0)

## ACTIVITY 1



**Agricultural Pests** enables students to identify and define crop pests.



### Time to Tune In

*The Amazing Ways Plants Defend Themselves* (6:12)  
<https://ed.ted.com/lessons/the-amazing-ways-plants-defend-themselves-valentin-hammoudi>

*Do We Really Need Pesticides?* (5:18)  
[www.youtube.com/watch?v=GLlIZ-qjXJA](http://www.youtube.com/watch?v=GLlIZ-qjXJA)

## ACTIVITY 2



**Pest Management Research Project** introduces students to a variety of GE and non-GE pest management strategies that a farmer might use.



### Time to Tune In

*G.A.P in Action: Integrated Pest Management* (2:46)  
[www.youtube.com/watch?v=7qQCLMFjRew](http://www.youtube.com/watch?v=7qQCLMFjRew)

## BACKGROUND INFORMATION: PART 2



**What Is Citrus Greening?** is a case study in which students will learn about various pest management approaches to protect citrus crops from this disease.

## ACTIVITY 3



**Citrus Greening Disease Management** engages students to consider potential citrus greening management strategies. **Advanced Activity**



### Time to Tune In

*Bitter Fruit - Citrus Greening Disease Threatens Florida Industry* (2:52)

[www.youtube.com/watch?v=T5nqVmlIUaM](http://www.youtube.com/watch?v=T5nqVmlIUaM)



## BACKGROUND INFORMATION

### PART 1

#### Growing Food Challenge

Plants growing in a natural environment face several challenges that affect which plants will survive and grow, produce seed, and complete their life cycle. Various pests such as weeds, herbivores, and pathogens can threaten plant production of grain, fruit, or flowers. Cultivated plants can have other stressors such as dry weather or a lack of soil nutrients. As a result, growers often manage their fields to reduce stress through methods such as irrigation, fertilization, and pest control to increase crop production.

Crops and their environment have an impact on one another. In agriculture, various approaches impact water use, pesticide use, and CO<sub>2</sub> release (**carbon footprint**). Tillage practices, fertilizer use, conventional pesticides, biopesticides, etc., are all factors that impact a crop's environmental footprint. **Environmental footprint** is the effect that a person, company, activity, etc., has on the environment, e.g., the amount of natural resources that a crop uses and the amount of harmful gases it produces.

**Official Definition of Pest** –An organism is declared to be a pest under circumstances that make it deleterious to man or the environment, if it is: (a) Any vertebrate animal other than man; (b) Any invertebrate animal, including but not limited to, any insect, other arthropod, nematode, or mollusk such as a slug and snail, but excluding any internal parasite of living man or other living animals; (c) Any plant growing where not wanted, including any moss, alga, liverwort, or other plant of any higher order, and any plant part such as a root; or (d) Any fungus, bacterium, virus, prion, or other microorganism, except for those on or in living man or other living animals and those on or in processed food or processed animal feed, beverages, drugs, and cosmetics. (U.S. Code of Federal Regulations)

Approaches to pest control include mechanical, biological, chemical, or cultural techniques. Some growers also use **integrated pest management (IPM)**, a decision-making

framework that helps growers decide when to apply pest control and which control techniques to use. IPM focuses on long-term pest control and aims to minimize pest impact on crop quality.

#### Methods of Pest Control in Crops

Method	Examples
Mechanical	Tilling, Mulching
Biological	Biological pesticide, Beneficial insects, Disease-resistant plant varieties developed through conventional breeding or GE methods
Chemical	Pesticides, Insecticides, Herbicides, Fungicides, Nematocides, Rodenticides, Bactericides
Cultural	Irrigation, Crop rotation, Mixed cropping, Cover cropping, Row covers, Sanitation

#### MECHANICAL PEST CONTROL

Plant pests can be controlled in many ways. Simply pulling weeds from a garden or flower bed reduces the competition for moisture and plant nutrients and helps avoid the insects those weeds might attract and harbor. This is known as a physical or mechanical control method of plant protection. Plant pest control often starts with preparing a site to make it harder for pests to survive. For example, a grower might **till** (turn over) the soil or put down mulch cloth to reduce weeds. Reduced tillage systems are also common and have certain benefits, such as reduced soil erosion.

Farmers can use different tilling methods to prepare soil before planting. **Reduced tillage** includes different approaches that conserve soil by leaving more plant residue on the soil surface and uses less energy. **No-till** is a method that leaves the soil undisturbed through use of a coultter (a vertical blade) that slices the soil, and another tool that places the seed at a proper depth. However, even in no-till systems, farmers may need to till every few years to reduce crop debris that could harbor crop pests such as insects and pathogens. **Conventional tillage** normally involves three or more steps using tractor-pulled tools. The environmental footprint varies with different tillage methods of pre-planting soil preparation.



## BIOLOGICAL CONTROLS

Biological controls are more complex than simply plowing a field. They use a biological organism or process to protect plants from damage caused by other organisms. Several types of natural or biological plant protection innovations have been developed throughout farming history. The most commonly used are:

1. Selective breeding to cultivate damage-resistant plants
2. Use of beneficial organisms to control weeds or insect populations
3. Biopesticides produced from microbial cultures, plants, or other organisms
4. GE plants designed to resist pests

### Biological Control Using Predators

Biological control with predators uses an organism (such as an herbivore, predator, pathogen, or parasitoid) that consumes the pest to reduce pest populations. For example, predator insects such as lady beetles and lacewings eat other insects. Parasitoid insects such as wasps lay their eggs on or in some life stage of the target insect. After an egg hatches, the developing immature stage of the parasitoid insect kills the targeted host by consuming the host tissues. Biological control might also involve releasing beneficial organisms to the environment or changing the landscape to increase populations of beneficial organisms.

### Limitations of Biological Control Using Predators

There are limits to the safety and effectiveness of biological insect control. For example, it may be necessary to eliminate or reduce the use of broad-spectrum pesticides, since both beneficial and target insects could be killed. Fungicides used against plant pathogenic fungi can also impact desired fungi when applied to reduce insect pests. In addition, strict regulations must be used to ensure that today's insect predator will not become tomorrow's pests.

Managing an insect attack can be complicated, because the attacking predatory or parasitoid insects cannot thrive until there are sufficient numbers of target insects to serve as prey or hosts. Some biocontrol insects may also destroy a broad range of insects – both beneficial and harmful. Sometimes beneficial insects can be considered pests when they become too numerous or are in the wrong place. Invasive lady beetles from Asia have displaced some native species in the United States. They can also become minor pests in the home when they invade in large numbers when weather starts to turn cool.

## CHEMICAL CONTROLS

Pesticide use is one of many management practices in agriculture. Continuous pressure to feed increasing populations has influenced agriculture to progress through many stages from domestication and improvement of crop plants, to mechanization, fertilization, and pesticide use. Pesticides are applied to crops, gardens, animals, lawns, recreational areas, and around homes and other buildings. They help provide abundant, disease-free, pest-free foods, improve crop yield, and reduce disease vectors for humans, animals, and plants.

Pesticides were considered necessary in crop production in the mid-twentieth century and were often applied in multiple passes across the field. Pesticides still are considered necessary in crop production, but improved technology provides pesticide options that are more compatible with other control methods and reduce environmental consequences. In addition, more judicious pesticide application has evolved over time, with application following field scouting to ensure that pesticides are only applied when there is a danger that pests may reach levels that significantly impact a crop's sale value.

### DID YOU KNOW?

Many plants have evolved to produce natural compounds to defend themselves from pests. Some of these substances are potentially harmful to animals (including humans) that eat the plants. How harmful a consumed substance is for humans or animals varies depending on exactly what the substance is and how much is consumed (the dose).

There are different types of pesticides such as herbicides, fungicides, insecticides, rodenticides, etc. Different herbicides are designed to be most effective at different timings: Some are only applied before planting to control germinating weed seeds, and others are applied after the crop plants emerge.

Pesticides are often used to solve plant pest problems, but if they are used incorrectly, some of them might not provide the desired results or can harm crop plants or the environment (including groundwater, lakes, or rivers). Pesticides are evaluated for their impact on the environment and for how they may affect the health of people who may be exposed to the pesticides. The U.S. Environmental Protection Agency (EPA) works with the U.S. Department of Agriculture (USDA) and the Food and Drug Administration (FDA) to monitor use of chemicals in food production and determine levels of safe use.

### Pesticide Impact on Humans

Pesticides may contain chemicals with possible health risks to humans. The risk is determined by the hazard and exposure,

# MODULE 3: ENVIRONMENTAL FACTORS

## BACKGROUND INFORMATION



i.e., how someone comes into contact with the pesticide (ingested, inhaled, or through skin contact).

The EPA classifies pesticides based on their chemical toxicity and separates them into four categories – Category I, II, III, or IV, with Category I chemicals being the most toxic. Using these categories, EPA restricts where the pesticide can be applied, how much can be applied, and also anticipates its possible exposure level to humans.

### Pesticide Impact on the Environment

Some pesticides can contaminate soil, water, turf, and other vegetation. In addition to killing insects or weeds, pesticides can be toxic to other organisms including birds, fish, beneficial insects, and non-target plants.

For the last 30 to 40 years, researchers have been developing pesticides that are more specific to their target pests and that have a reduced impact on the environment. Different pesticides also break down at different rates, which are further influenced by conditions such as moisture and temperature.

A **Risk Quotient (RQ)** is used to quantify the environmental impact of most commonly used pesticides (insecticides, fungicides, and herbicides) in agriculture and horticulture. The RQ value is calculated using key factors such as a pesticide's active ingredient(s), toxicity, amount applied, and how long it persists in the environment. RQ values allow pesticide options to be compared.

### Biological Pesticides (Biopesticides)

The most widely applied bacterial species used as a biological pesticide is *Bacillus thuringiensis* (*Bt*), a bacterium found in soil. *Bt* produces a natural crystal protein that is toxic to some other organisms like insects and nematodes. Some strains of the *Bt* bacterium produce toxins that are naturally highly specific to certain pest insects, but harmless to most other organisms. When *Bt* produces spores, a toxic crystal protein is formed inside the spore. The spores are suspended in a liquid and sprayed on the plants. When a targeted pest eats the spores, the crystal toxin is released, and the pest will die. *Bt* spores are regarded as safe to humans and the environment because they are so specific to a few types of insects.

There are many other natural organisms that can be used to produce a biological pesticide. Researchers in Florida are growing a naturally occurring fungus, *Hirsutella citriformis*, to fight the Asian citrus psyllid (jumping plant lice). Asian citrus psyllids are small insects that feed on citrus plants. They can transmit the bacteria that causes citrus greening disease to their host plants.

Citrus greening is one of the most serious citrus plant diseases in the world and affects many citrus trees in Florida

and the South. It is also known as Huanglongbing (HLB) or yellow dragon disease. An infectious virus of citrus known as Citrus tristeza virus (CTV) is being evaluated as a vector of biologically active peptides targeting the HLB bacterium into the cells of the citrus trees. While CTV is a pathogen of citrus, it can be used as a biological control of HLB in this case, because it uses CTV strains that have been selected to cause only a few mild symptoms when trees are infected.

Tillage methods influence pest control. In conventional tillage, few selective herbicides may be needed because the tillage helps to control weeds. Reduced tillage and no-till systems may require broad-spectrum (less selective) herbicides because there is less tillage. However, reduced tillage and no-till systems may have benefits such as enhanced nutrient cycling and water retention. Conventional tillage releases the most greenhouse gas when stored carbon in the soil is released into the atmosphere and more fuel is used for power tilling equipment.

### DID YOU KNOW?

Some people think all food that is labeled "organic" was grown without pesticides. However, there are many "organic" pesticides approved for use in growing food crops that can be labeled "organic." *Bt* is an organic pesticide. For a complete list of allowed and prohibited substances, see USDA's National Organic Program list: [www.ams.usda.gov/about-ams/programs-offices/national-organic-program](http://www.ams.usda.gov/about-ams/programs-offices/national-organic-program)

### FOCUS ON GE PLANTS

#### GE Plants with Enhanced Traits (Biotechnology)

Several GE crops have been developed specifically to be **insect resistant (IR)** or **herbicide tolerant (HT)**. IR *Bt* GE crops have been designed to produce a protein that kills specific target insects, such as the European Corn Borer, when they attack the plant. These proteins only affect specific receptors in the gut of certain target pests and are harmless to humans, mammals, and most non-target insects.

One unanticipated consequence of this pesticide specificity is the resurgence of some secondary pests (e.g., cutworms, wireworms) that are not targeted by the *Bt* endotoxin and can become primary pests in some years, in some locales. HT crops are designed to tolerate specific broad spectrum (non-selective) herbicides, which kill surrounding weeds but leave the cultivated crop intact. Glyphosate-tolerant crops are the most prevalent, although many new combinations of HT mechanisms are also used with older herbicides, such as dicamba, that are used commercially. In addition, HT traits are not required for reduced tillage or no-till practices, but they can make it easier for farmers to use these practices.



### European Corn Borer



Photo credit: Pennsylvania State University Entomology Department

### Biotechnology Approaches to Combat Plant Diseases

According to CropLife International (an association that promotes agricultural technologies such as pesticides and plant technology), more than a third of the world's potential crop production is lost each year to pests and plant diseases. Most crops can be damaged by diseases caused by soil-borne plant pathogens and insect-vector viruses. The three predominant types of plant disease agents are viruses, bacteria, and fungi.

- **Combating viral diseases:** Scientists have transferred virus genes, such as those that produce a virus coat protein, into plants. This acts like a vaccine that makes the plant resistant to that specific virus. Another way to increase plant resistance to viral infections is to inhibit the vectors, such as insects and nematodes, that carry the virus.
- **Combating bacterial diseases:** All crop plants are susceptible to bacterial infections. Bactericides, including antibiotics, are not a complete solution, because bacteria quickly evolve resistance to them, and this could have implications for treatment of infections in man and animals.

Fire blight is an example of a harmful bacterial disease that destroys pears, apples, quince, and some ornamental plants. One remedy is to spray trees with large quantities of antibiotics. Scientists have identified DNA markers for fire blight resistance and are working to develop resistant varieties.

- **Combating fungal diseases:** Fungi cause billions of dollars in crop losses each year. They attack nearly all fruit, vegetable, and grain varieties. Some plants are more susceptible to fungal diseases than others, simply because they are too slow to start fighting back after they are attacked, or they lack the resistance gene for that particular fungus. Some techniques can trigger these plants to respond sooner by treating them with fungal pathogens

that have been disarmed, or by using resistance inducers like salicylic acid, a naturally occurring plant biochemical, making the fungus harmless to the plant.

#### DID YOU KNOW?

Viroids, algae, and parasitic plants can also be disease agents or pests of crops. Viroids are similar to viruses but without the coat protein and with their own unique properties; they are folded RNA molecules with secondary structure and can cause significant diseases, e.g., potato scab.

### Environmental Impact of Growing GE Plants

GE crop technology has been used widely since the mid-1990s in several countries and has mainly been used in four main crops: canola, maize, cotton and soybean. The adoption of GE IR and HT technology has significantly reduced certain insecticide and herbicide use. Source: [www.ncbi.nlm.nih.gov/pmc/articles/PMC6277064/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC6277064/)

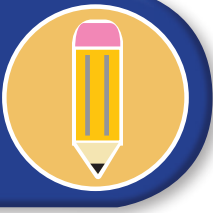
Generally, less fuel is consumed in the production of major GE crops because the HT traits make no-till practices easier to use, which results in lower carbon dioxide emissions. Specifically, HT GE crops require less tilling. The no-till process requires effective herbicide control of weeds in lieu of mechanical tillage and is facilitated by the adoption of HT crops. Farmers use less fuel because fewer passes are made through the field to till and to spray herbicides on GE crops.

The no-till method also reduces erosion on susceptible land in steep terrain or fragile landforms and reduces chemical use. The use of plants modified to resist corn borer and rootworm has also decreased insecticide use. These production practices allow GE crops to have increased yield, which also makes food cheaper to produce on less land.

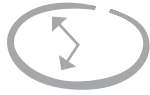
GE crops are sometimes blamed for lowering genetic diversity of crops and speeding the development of herbicide resistance in weeds. However, when farmers use seeds from fewer family lines, diversity decreases regardless of whether GE or non-GE seeds are used. In addition, herbicide use can result in the selection of weeds resistant to the herbicide in GE or non-GE crops. Herbicide-resistant weeds have long been a concern for farmers. The availability of HT GE crops has arguably resulted in faster selection of weeds resistant to the herbicide, but GE crops with multiple HT features could also help slow the selection of herbicide-resistant weeds.

#### How serious is weed resistance to pesticides?

In the United States, there are currently 14 weeds associated with common crop production that are resistant to the most popular non-selective, post-emergent herbicide. From the International Survey of Weed Resistance: [www.weedscience.org](http://www.weedscience.org)



# ACTIVITY 1: AGRICULTURAL PESTS



**TIME** Two 45-Minute Class Periods



## ACTIVITY AT A GLANCE

The crops we eat are constantly at risk of harm from pests. But what are these pests? In this activity, students will develop a definition of an agricultural pest that is meaningful to them and identify categories of pests such as insects, rodents, mollusks, weeds, and diseases.



## TIME TO TUNE IN

*The Amazing Ways Plants Defend Themselves* (6:12)  
<https://ed.ted.com/lessons/the-amazing-ways-plants-defend-themselves-valentin-hammoudi>

*Do We Really Need Pesticides?* (5:18)  
[www.youtube.com/watch?v=GLIIZ-qiXJA](http://www.youtube.com/watch?v=GLIIZ-qiXJA)

*Agriculture - Environmental Science (Bozeman Science)* (9:24)  
[www.youtube.com/watch?v=OGf04jPEaT0](http://www.youtube.com/watch?v=OGf04jPEaT0)

## GETTING STARTED

### MATERIALS

- Pictures of pests that affect our food crops. Pests should include insects, mites, weeds, and, if possible, diseases. See the Resource box (on page 48) for sources of downloadable pictures; consider citing local pests from your state/region.
- Pictures of beneficial organisms similar to the pests you chose – the resource list also contains sources for these pictures
- Internet access
- **Agricultural Pests** worksheet
- **Credible Source Guide**

### ADVANCE PREPARATION

- Divide your class into small groups.
- Print and number a set of pictures for each group; alternatively, prepare a PowerPoint presentation of the pictures.
- Make copies of the **Agricultural Pests** worksheet and **Credible Source Guide** for each student.



## INTRODUCTION

Agricultural Pests is the first of three activities in this module. In the second activity, students will research a specific agricultural pest and prepare a chart to display their research. In the third activity, students will learn about citrus greening disease and they will research different management programs for the disease.

Through discussion and observation of both agricultural pests and beneficial organisms, students will develop a working definition for “agricultural pest.” Their final

definition should be meaningful and could be similar to these:

- An **agricultural pest** is an organism living and growing where it is not wanted and can cause damage to the crops that are grown for food.
- It is an unwanted organism: A living thing that competes with people for food and fiber, attacks people or livestock directly, or annoys or otherwise affects aesthetic human values.

## STUDENT PROCEDURE

1. Make sure that everyone in your group has their own copy of the **Agricultural Pests** worksheet.
2. You will need to create a definition of “agricultural pest.” Brainstorm with your group about examples of organisms you think might be pests.
3. Take notes and make changes in your definition as you discuss options with your group.
4. Look through the set of agriculture-related pictures provided for each group.
5. Complete the data table as you review your pictures. Research the organisms online to learn if they are pests or beneficial and why they belong in this category. Use the **Credible Source Guide** as you do your research.
6. Select a “Fact Checker” for your group. Upon completion of the data tables, each group should present their findings, and a Fact Checker from another group should verify their accuracy.
7. Your teacher can provide names of a few organisms to research if you weren’t able to fill your table.
8. When you have completed your data table, watch the two videos about agricultural pests. The first video shows how plants can defend themselves and which pests

might affect the plants. As you watch each video, record the names of the different pests.

*The Amazing Way Plants Defend Themselves*

<https://ed.ted.com/lessons/the-amazing-ways-plants-defend-themselves-valentin-hammoudi>

*Do We Really Need Pesticides?*

<https://ed.ted.com/lessons/do-we-really-need-pesticides-fernan-perez-galvez#review>

After you have viewed both videos, discuss the various pests shown in the video.

If pictures of fungal and bacterial pests were not used at the beginning of this activity, look at some pictures of the effects of these organisms. Most of them are microscopic and cannot be directly observed—what we observe are the effects of the organism living in or on the plant.

You might see information about *Candidatus Liberibacter asiaticus* (*CLas*), the bacterium that causes citrus greening disease, which is the subject of Activity 3 in this module. This bacterium currently cannot be cultured on Petri dishes the way many other plant pathogens can be cultivated.





## REVIEW

Students should review their notes and create a final working definition of “agricultural pest”. The definition should be similar to the one below, but it does not need to be exact and should have meaning to the students. This is

the definition that your students should understand by the end of this activity:

*An agricultural pest is an organism living and growing where it is not wanted and can cause damage to the crops that are grown for food.*

## SUMMARY

We rely on crops grown on farms to supply us with the food we need to sustain a healthy life. To ensure that these crops are grown successfully, farmers must manage the pests that feed on or harm the crops. There are several methods of pest control in farming; the use of pesticides is one method that farmers use to control these pests.

There is a wide variety of pesticides and each type targets a certain type of pest. Insecticides target insects; fungicides target fungi; and herbicides target weeds. In addition to pesticides, there are many other methods that farmers use to control pests.

## EXTENSIONS

Students could do one or more of the following activities:

1. Pick their favorite fruit and/or vegetable and identify up to three pests that attack them and at least one insect that is beneficial to each fruit or vegetable.
2. Find pictures of labels from pesticide containers to identify the pests that are controlled by this product. What other information about the pesticide is provided on the label?
3. Make a list of pests that might be in and around your school and discuss their potential effects on the school environment.
4. Select crops that grow in your state and research several of the different pests that affect those crops.
5. Create a large Venn diagram with the headers: Pest, Beneficial, and Both. Students can write the names of organisms in the appropriate areas of the diagram.



### RESOURCES

- *Hungry Pests – USDA*  
[www.aphis.usda.gov/aphis/resources/pests-diseases/hungry-pests/?utm\\_campaign=crosby-2017&utm\\_source=hungrypests-com&utm\\_medium=redirect&utm\\_keyword=home](http://www.aphis.usda.gov/aphis/resources/pests-diseases/hungry-pests/?utm_campaign=crosby-2017&utm_source=hungrypests-com&utm_medium=redirect&utm_keyword=home)
- *Plant Pests and Diseases Programs*  
[www.aphis.usda.gov/aphis/ourfocus/planthealth/plant-pest-and-disease-programs/pests-and-diseases](http://www.aphis.usda.gov/aphis/ourfocus/planthealth/plant-pest-and-disease-programs/pests-and-diseases)
- *Pest Tracker*  
[www.aphis.usda.gov/aphis/resources/pests-diseases/hungry-pests/Pest-Tracker?utm\\_campaign=crosby-2017&utm\\_source=hungrypests-com&utm\\_medium=redirect&utm\\_keyword=/the-spread](http://www.aphis.usda.gov/aphis/resources/pests-diseases/hungry-pests/Pest-Tracker?utm_campaign=crosby-2017&utm_source=hungrypests-com&utm_medium=redirect&utm_keyword=/the-spread)
- *Agricultural Pest Survey Cooperative – Pest Lists*  
<http://caps.ceris.purdue.edu>
- *History of Pesticides*  
[www.youtube.com/watch?v=gyZPDcr5\\_dw](http://www.youtube.com/watch?v=gyZPDcr5_dw)
- *How Plants Make, Store, and Use Toxins*  
<https://learn.genetics.utah.edu/content/herbivores/planttoxins/>
- *Top Crop: Farming for the Future Educator's Guide*  
<https://www.nationalgeographic.org/media/top-crop-farming-future-educators-guide/>
- *Pesticide Labels*  
[www.epa.gov/pesticide-labels](http://www.epa.gov/pesticide-labels)
- *What is Integrated Pest Management (IPM)?*  
<https://www2.ipm.ucanr.edu/What-is-IPM>
- *University of Wisconsin - Agroforestry Practices: Strategies for Implementation*  
[www.youtube.com/watch?v=PRm4jnxCeMw](http://www.youtube.com/watch?v=PRm4jnxCeMw)
- *Apple Fire Blight*  
[www.youtube.com/watch?v=PdcDXNftoWg](http://www.youtube.com/watch?v=PdcDXNftoWg)

### Pictures of pests:

- *Agricultural Pests - UC IPM crop lists showing pests that affect each crop*  
<http://ipm.ucanr.edu/PMG/crops-agriculture.html>
- *Natural Enemies Gallery - UC IPM list of predators with pictures*  
<http://ipm.ucanr.edu/PMG/NE/index.html>
- *USDA Image Gallery – pictures of many crop pests*  
[www.ars.usda.gov/oc/images/image-gallery](http://www.ars.usda.gov/oc/images/image-gallery) (use search function)
- *Virginia Tech Weed Identification Guide*  
<http://oak.ppws.vt.edu/~flessner/weedguide>

### UP NEXT

Now that you have identified some agricultural pests, let's look at some ways farmers try to manage them to protect their crops. ▶▶▶

# STUDENT WORKSHEET

## ACTIVITY 1: AGRICULTURAL PESTS

Name \_\_\_\_\_ Date \_\_\_\_\_ Class/Hour \_\_\_\_\_

Write your working definition for agricultural pests here: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

DATA TABLE		
Name and Kind of Organism	Pest or Beneficial	Action

List the pests that affect the plants shown in the video, *The Amazing Way Plants Defend Themselves*  
<https://ed.ted.com/lessons/the-amazing-ways-plants-defend-themselves-valentin-hammoudi>

\_\_\_\_\_  
\_\_\_\_\_

List the pests that affect agricultural crops shown in the video, *Do We Really Need Pesticides?*  
<https://ed.ted.com/lessons/do-we-really-need-pesticides-fernan-perez-galvez#review>

\_\_\_\_\_  
\_\_\_\_\_

Final working definition for agricultural pests: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_



# ACTIVITY 2: PEST MANAGEMENT RESEARCH PROJECT



**TIME** Three 45-Minute Class Periods



## ACTIVITY AT A GLANCE

Students will become familiar with a specific agricultural pest, the damage it can cause to crops, and the variety of GE or non-GE programs that a farmer might use to manage that pest.



## TIME TO TUNE IN

*G.A.P in Action: Integrated Pest Management* (2:46)  
[www.youtube.com/watch?v=7qQCLMFjRew](http://www.youtube.com/watch?v=7qQCLMFjRew)

*IPM in Agriculture* (4:14)  
[www.youtube.com/watch?v=WTsXozqyGQU](http://www.youtube.com/watch?v=WTsXozqyGQU)

*Powdery Mildew: Identification and Management* (4:18)  
<https://smallgrains.ces.ncsu.edu/smallgrains-powdery-mildew/>

## GETTING STARTED

### MATERIALS

- List of agricultural pests to be researched such as vertebrates, mollusks, insects, mites, weeds, fungi, and bacteria
- Internet access
- **Agricultural Pest Research Project** worksheet— one for each group
- **Poster/Infographic Rubric** – one for each group
- **Credible Source Guide** – one for each group
- Supplies to create posters
- Sticky notes in 3 different colors

### ADVANCE PREPARATION

- Divide the class into small groups of 2 or 3 students.
- Create a list of agricultural pests from one of the lists in the Resource box (on page 53). Your list should include pests that would typically affect crops in your state and could be vertebrates, mollusks, insects, mites, weeds,

fungi, and bacteria. Note: The insect, Asian citrus psyllid, and the bacterium, *Candidatus Liberibacter asiaticus* (CLAs), associated with citrus greening disease, are the subject of Activity 3 in this module and should not be used in this activity.

- Each group should choose a pest from this list to research.
- If there are students who may be challenged by this research or if there are time constraints, direct them to USDA's Hungry Pests Website, which includes much of the needed information on one page. Hungry Pests – USDA - [www.aphis.usda.gov/aphis/resources/pests-diseases/hungry-pests/?utm\\_campaign=crosby-2017&utm\\_source=hungrypests-com&utm\\_medium=redirect&utm\\_keyword=home](http://www.aphis.usda.gov/aphis/resources/pests-diseases/hungry-pests/?utm_campaign=crosby-2017&utm_source=hungrypests-com&utm_medium=redirect&utm_keyword=home)
- Make a copy of the following materials for each group: **Agricultural Pest Research Project** worksheet; **Poster/Infographic Rubric**; **Credible Source Guide**.
- Gather materials the students will need to create their posters.

# PEST MANAGEMENT RESEARCH PROJECT



## INTRODUCTION

Your students will research a specific pest and prepare a poster (or infographic) that should include background information about that pest, as well as information about the GE and non-GE programs that are used to manage the pest.

## STUDENT PROCEDURE

- Review your definition of agricultural pest from the previous activity. You will now research a particular agricultural pest and the programs that are used to manage that pest, and will create a poster that will be shared with other groups.
- Select an agricultural pest for your group to research from the list provided by your teacher.
- Review the information that should be included on the poster:
  - Identification and proper description of the pest, and inclusion of a picture/drawing
  - Identification of the specific crops affected and to what extent each crop is affected
  - Explanation of which part of the pest's life cycle is most destructive
  - Explanation of how the pest causes damage to the crops
  - Identification of the pest as native or non-native to the United States and, if not, how it came to the United States
  - How much of the pest must be present for it to significantly harm the crop
  - Current methods (GE and non-GE) used to manage the pest, including if they are biological, cultural, mechanical, chemical, or a combination of methods. Include which management method, if any, is most effective, whether the management method controls or exterminates the pest population, and financial cost (if available)
  - Any other significant environmental effects of each management method
  - What the consequences would be for the crop if the pest is not managed
  - Summary/conclusion: Which method(s) is/are optimal and provide(s) the greatest pest control with the least collateral harm
  - Recommendation for a new or different method of pest control, if possible
- Watch the three videos listed in the **Time to Tune In** section (page 50) at the start of this activity. They introduce different agricultural pests and pest management approaches.
- When all of the groups have completed their posters and displayed them around the room, conduct a gallery walk for peer review and feedback. One group member should stay with each poster to explain their research and answer questions while the other group members review the other posters.
 

Use three different colored sticky notes to write your feedback:

  - record one thing you liked about each poster
  - one thing you wonder about
  - one thing the group could do to improve the poster

After all of the posters have been seen, review the feedback from all of the groups.



# PEST MANAGEMENT RESEARCH PROJECT

### REVIEW

Refer to the questions that the students used in their research, and ask them:

- **Name some of the pests you have researched.**
- **Why are these organisms considered pests?**
- **What are some of the programs that are being used to manage these pests?**
- **What would happen to our crops if these pests were not managed?**
- **How do these pests and their management programs affect the overall environment?**

### SUMMARY

Agricultural pests and their management are a constant struggle for farmers who work to provide our food. While there are usually many different ways to manage pests, farmers also need to look at what effect the pests and their management practices have on the overall environment.

### EXTENSIONS

Students could do one or more of the following activities:

1. Choose a pest that might be found in or around their homes and use the questions from this activity to describe how that pest could be managed.
2. Make a list of pesticides they find at home and indicate for which pests they are most effective.
3. Write a story about a crop from the perspective of the pest.
4. Participate in a virtual farming computer simulation or tour. Journey 2050 is a curriculum-based school program that takes students on a virtual simulation to explore world food sustainability. [www.journey2050.com](http://www.journey2050.com)
5. Use Google Earth to survey the crop production areas in your home county/district. Through observation, try to determine the most common crop and which tillage method is used.

### UP NEXT ▶▶▶

Now that we have examined some ways farmers try to manage pests, let's explore some ways that farmers are trying to solve a particularly challenging problem in citrus plants.

Some pests are easy to see, but farmers can use small magnifying lenses to find harder-to-see pests.



# PEST MANAGEMENT RESEARCH PROJECT



## RESOURCES

- *Agricultural News Website*  
<https://agfax.com>
- *Agricultural Pests - UC IPM crop lists showing pests that affect each crop*  
<http://ipm.ucanr.edu/PMG/crops-agriculture.html>
- *Cooperative Agricultural Pest Survey – Pest Lists*  
<http://caps.ceris.purdue.edu>
- *Hungry Pests – USDA*  
[www.aphis.usda.gov/aphis/resources/pests-diseases/hungry-pests/?utm\\_campaign=crosby-2017&utm\\_source=hungrypests-com&utm\\_medium=redirect&utm\\_keyword=home](http://www.aphis.usda.gov/aphis/resources/pests-diseases/hungry-pests/?utm_campaign=crosby-2017&utm_source=hungrypests-com&utm_medium=redirect&utm_keyword=home)
- *Pest Tracker*  
[www.aphis.usda.gov/aphis/resources/pests-diseases/hungry-pests/Pest-Tracker?utm\\_campaign=crosby-2017&utm\\_source=hungrypests-com&utm\\_medium=redirect&utm\\_keyword=/the-spread](http://www.aphis.usda.gov/aphis/resources/pests-diseases/hungry-pests/Pest-Tracker?utm_campaign=crosby-2017&utm_source=hungrypests-com&utm_medium=redirect&utm_keyword=/the-spread)
- *Plant Pests and Diseases Programs*  
[www.aphis.usda.gov/aphis/ourfocus/planthealth/plant-pest-and-disease-programs/pests-and-diseases](http://www.aphis.usda.gov/aphis/ourfocus/planthealth/plant-pest-and-disease-programs/pests-and-diseases)
- *Pesticide Management Education Program – Cornell University*  
[pmep.cce.cornell.edu](http://pmep.cce.cornell.edu)
- *Definition of “environmental footprint”*  
<https://dictionary.cambridge.org/us/dictionary/english/environmental-footprint>
- *The carbon footprints of food production*  
[www.researchgate.net/publication/228649298/download](http://www.researchgate.net/publication/228649298/download)
- *Classroom-Ready Lessons for Agriculture Instruction*  
[www.agednet.com](http://www.agednet.com)
  - FM141 - Choosing A Tillage System To Save Soil and Reduce Costs
  - BT128 - Using Biotechnology To Alter, Control and Improve Plant Production
  - BT118 - Biotech: The Environmental Benefits
- *The nitrogen fix (Science Magazine)*  
<https://science.sciencemag.org/content/353/6305/1225>
- *Pesticide Half-life Fact Sheet*  
<http://npic.orst.edu/factsheets/half-life.html>
- *UC IPM - Birds, mammals and reptiles (Vertebrate pests)*  
<http://ipm.ucanr.edu/PMG/menu.vertebrate.html>
- *Plant Diseases (National Program)*  
[www.ars.usda.gov/crop-production-and-protection/plant-diseases/](http://www.ars.usda.gov/crop-production-and-protection/plant-diseases/)
- *Carbon Sequestration in Soils*  
[www.esa.org/esa/wp-content/uploads/2012/12/carbonsequestrationinsoils.pdf](http://www.esa.org/esa/wp-content/uploads/2012/12/carbonsequestrationinsoils.pdf)
- *A Method to Measure the Environmental Impact of Pesticides*  
<https://ecommons.cornell.edu/handle/1813/55750>
- *The nitrogen cycle*  
[www.sciencelearn.org.nz/resources/960-the-nitrogen-cycle](http://www.sciencelearn.org.nz/resources/960-the-nitrogen-cycle)

# STUDENT WORKSHEET

## ACTIVITY 2: PEST MANAGEMENT RESEARCH PROJECT

Group Members \_\_\_\_\_ Pest \_\_\_\_\_

Use the tables below to collect data for your poster.

PEST		
Description of Pest	Native/Non-Native (Where it came from and how it got here)	Life Cycle Most Dangerous to Crop
Crop(s) Affected	Damage to Crop	Number of Individual Pests Present to Significantly Harm Crop

PEST MANAGEMENT OPTIONS			
Management Method	Environmental Impact	Effectiveness	Data Source(s)

Best possible management solution(s). \_\_\_\_\_

Note any data you find about the environmental impact of the best management solution(s), using + for positive impact, — for negative impact and 0 for no impact.

Air Quality _____	Pollinators _____	Human Health _____
Biodiversity _____	Wildlife _____	Surface Water _____
Groundwater _____	Soil Fauna _____	Irrigation _____
CO <sub>2</sub> Emissions _____	Estuaries _____	Fossil Fuels _____
Waste _____	Methane Emissions _____	Desertification _____
Sustainability _____	Government Policy _____	Flora _____





# BACKGROUND INFORMATION

## PART 2

### What is Citrus Greening?

Citrus greening (caused by the bacterium *Candidatus Liberibacter asiaticus*) is one of the most serious citrus plant diseases in the world. It is also known as Huanglongbing (HLB) or yellow dragon disease. Once a tree is infected, there is no cure. While the disease poses no threat to humans or animals, it has devastated millions of acres of citrus crops throughout the United States and abroad. Citrus greening is spread by a bacteria-infected insect, the Asian citrus psyllid (*Diaphorina citri* Kuwayama or ACP), and has put the future of America's citrus at risk. Infected trees produce fruits that are green, misshapen and bitter, unsuitable for sale as fresh fruit or for juice. Most infected trees die within a few years.

#### Global History

1919	First reported in southern China
1921	First report of disease in the Philippines, but it was thought to be related to zinc deficiency
1928	A disease named "yellow shoot" or "greening," depending on region, was observed in South Africa
1937	The first description of HLB in South Africa was assumed to be mineral toxicity
1941-1955	Most extensive work on greening in southern China was conducted
1956	Lin Kung Hsiang (researcher from China) concluded that greening is a graft transmissible infectious disease, not related to physiological disorders (e.g. nutrient deficiencies, water logging, etc.) or soil borne diseases (e.g. phytophthora, etc.)
1960's	HLB first appeared in Thailand
1965	Researchers in South Africa demonstrated HLB was transmissible by graft inoculation and by the African citrus psyllid, <i>Trioza erytreae</i>
1967	Philippine researchers demonstrated 'mottle leaf' or 'citrus dieback' could be transmitted by the Asian citrus psyllid, <i>Diaphorina citri</i>
1995	The official name of the disease became huanglongbing (HLB) at the International Organization of Citrus Virologists (IOCV) at the 13th conference of the Organization in Fuzhou (Fujian, China)
1998	Asian citrus psyllid arrived in Florida
2004	The disease was confirmed to be in Brazil
2005	The disease was confirmed to be in Florida
2012	First occurrence of Asian citrus psyllid/HLB in California
2017	The disease was confirmed to be present in California citrus

#### Florida History

2005	August - Citrus greening was first confirmed in south Miami-Dade county October 25 - Four counties confirmed positive (Dade, Broward, Palm Beach, Hendry) September 16 - Federal order issued to restrict the interstate movement of all citrus greening and Asian citrus psyllid host plant material from Florida's quarantined areas
2006	March 14 - Regulations for citrus nurseries were established
2007	December - Federal order issued was revised to include all counties with confirmed greening
2008	January 11 - Federal order issued to quarantine the entire state of Florida August 7 - Thirty-two counties confirmed positive (Sumter)
2009	February 16 - Thirty-three counties confirmed positive (Putnam)
2018	HLB is known to be present in all citrus growing areas of Florida

Timeline from the University of Florida <https://crec.ifas.ufl.edu/extension/greening/history.shtml>



### Pathogen

*Candidatus Liberibacter* species are phloem-limited plant pathogens that are mainly transmitted to plants by psyllids. An infected psyllid feeds on a healthy tree and injects the bacterium into the **phloem**. Plant food sugars are made by photosynthesis and are carried through its phloem system bidirectionally to flowers, fruits, roots, and seeds. Once a tree is infected with the bacterium, there is no known cure for the disease. This is partly because the bacterium is inside the vascular system of the plant (systemic) and is therefore very difficult to access.

### Diagnosis

The first sign of the disease is leathery leaves with yellow veins and blotchy marks, and the fruit remains green. Polymerase chain reaction (PCR), a common laboratory technique used to make many copies of a particular DNA region, is one way to positively confirm citrus greening.

Dogs have been trained to efficiently sniff out the bacterium *Candidatus Liberibacter asiaticus* in infected plants. The trained dogs can distinguish the citrus greening bacteria from other similar bacteria, resulting in highly reliable detection. While the number of trained dogs is currently limited, it is expected that they will eventually be used for early detection in all citrus-producing states.

### Management Approach

There are several management approaches currently in various stages of use and/or development. Groves can be managed:

- as if they already have greening with an integrated approach using disease-free nursery stock.
- by reduction of the inoculum by frequent disease surveys.
- by removal of symptomatic trees.
- by suppression of the Asian citrus psyllid.

Pruning only symptomatic (diseased) branches is ineffective. Tree removal, including the stump and roots, is the only way to ensure that infected trees will not spread the disease to other trees. New citrus trees (which should not be planted in the same area as the infected tree[s]) should be purchased from a certified nursery or propagated from clean bud wood.

**Scouting** (monitoring) is recommended four times a year, unless a grove already has greening. If there is currently greening in a grove or close by, scouting more than four times a year is recommended. Symptoms are most easily seen from September through March. During the spring growth, scouting becomes more difficult and scouts have to look further into the tree canopy. Scouting methods include using a tractor or pickup mounted platform (for taller trees), ATV's (for medium-sized trees), or walking (for young trees).

### Scouting for Citrus Disease



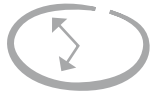
Grove conditions also affect pest management. Scouting is more difficult in a grove that has not been well-maintained. Nutritional deficiencies can cause greening symptoms to blend and go unnoticed. Excessive weeds and unmanaged areas in between the rows of trees cause scouts to watch where they are walking more than scouting. Tree size increases scouting work as well.

In the United States, trees that appear to have citrus greening are identified with a special tape (used only to identify the citrus greening disease) that is attached to the suspected branch; the tape is marked with the inspector's name and date. Ideally, scouts mark the end of the row and the number of suspect trees in that row. Safety concerns include grove conditions, chemical spray applications, weather, and potential for slips and falls.



# ACTIVITY 3: CITRUS GREENING MANAGEMENT

(Advanced Activity)



**TIME** Three 45-Minute Class Periods



## ACTIVITY AT A GLANCE

Students will research the cause of citrus greening disease and the different methods that are being used to control the disease.



## TIME TO TUNE IN

*Bitter Fruit - Citrus Greening Disease Threatens Florida Industry* (2:52)

[www.youtube.com/watch?v=T5nqVmlUaM](http://www.youtube.com/watch?v=T5nqVmlUaM)

*Citrus Greening Disease!* (9:10)

[www.youtube.com/watch?v=G\\_1sobDdtiM](http://www.youtube.com/watch?v=G_1sobDdtiM)



Lyle Buss, UFL IFAS

Asian citrus psyllid adult.



Lyle Buss, UFL IFAS

Asian citrus psyllid nymphs; note the white honeydew and the leaf distortion.



Timothy Gotwald, USDA ERS

“Zinc-pattern-deficiency” interveinal chlorosis symptoms.



Timothy Gotwald, USDA ERS

Asymmetrical “lopsided” sweet orange fruit.



# CITRUS GREENING MANAGEMENT

## GETTING STARTED

### MATERIALS

- **Citrus Greening Disease** worksheet
- **Citrus Greening Management Programs Data Table**
- **Credible Source Guide**
- A small box that contains individual slips of paper that show the names of different disease management programs.
- Internet Access

### ADVANCE PREPARATION

1. Divide the class into small groups of 2 or 3 students
2. Secure internet access
3. Make a copy of the following materials for each group: **Citrus Greening Disease** worksheet, **Citrus Greening Management Programs Data Table** (3 copies), and **Credible Source Guide** – one for each group.

4. Write the names of various citrus greening management methods on slips of paper and place them into a small box.

Suggested Management Programs (complete list on pages 96-97)

- Tenting and Steaming
- Nutrition Programs
- Parasitic Wasps
- Reflective Mulch
- Bactericides
- Citrus Under Protective Screens (CUPS)
- Disease-resistant Trees
  - by traditional breeding
  - or by GE methods (rDNA or genome editing)
- Insecticides
- GE Virus

## INTRODUCTION

This is the third activity in this module. In the first activity, students created a working definition of an agricultural pest. In the second activity, students researched certain agricultural

pests. In this activity, students will research citrus greening disease and the management programs that are currently used to try to address the disease.

## STUDENT PROCEDURE

1. Review your definition of agricultural pest from Activity 1 and the different pest management methods studied in Activity 2.
2. You will research the pest that causes citrus greening disease and the different programs being used to try to manage the disease.
3. Watch *Bitter Fruit - Citrus Greening Disease Threatens Florida Industry* - [www.youtube.com/watch?v=T5nqVmlUaM](http://www.youtube.com/watch?v=T5nqVmlUaM) and *Citrus Greening Disease!* - [www.youtube.com/watch?v=G\\_1sobDdtiM](http://www.youtube.com/watch?v=G_1sobDdtiM)
4. As you watch the videos, answer the questions on the **Citrus Greening Disease** worksheet and then share your answers after viewing the video.
5. Ask one person in your group to pick one of the different disease management programs from the slips in the small box. Each group will research that program and present their findings to the class in a 3-minute presentation.
6. Make sure that everyone in your group has a **Citrus Greening Management Programs Data Table** sheet. Review the information you will need to include in your report. Use the **Credible Source Guide** during your research.
7. As each group makes their presentation, the other groups should complete the **Citrus Greening Management Programs Data Table** with information they have learned from the presentations. After all of the presentations have been made, the groups could debate which management program is the most effective and why, using their Data Tables as references for their explanations.

## CITRUS GREENING MANAGEMENT



## REVIEW

Ask your students to reflect on the impact agricultural pests have on our food supply. If they could ask researchers to focus on one pest problem, what would it be and why would they choose that one?

## SUMMARY

Agricultural pests need to be managed effectively so we have an adequate food supply and adverse impacts on the environment from pest management tools are limited.

## EXTENSIONS

Students could do one or more of the following activities:

1. Create a story book (for 3rd grade level) about citrus greening disease and its management.
2. Make a list of what people can do to manage the pests in their environment.
3. Make a 30-60-second commercial on how people can manage pests in their environment.

## UP NEXT ►►►

Now that you've learned about environmental pests and ways farmers try to manage them, let's take a look at strategies to enhance nutrients in food for humans and animals.

## RESOURCES

- *Citrus Research Board*  
<https://citrusresearch.org/>
- *Biological Control for the Asian Citrus Psyllid* – describes parasitic wasps  
[www.youtube.com/watch?v=iHpmJy0Bq7M](http://www.youtube.com/watch?v=iHpmJy0Bq7M)
- *Citrus Greening Disease!*  
[https://www.youtube.com/watch?v=G\\_1sobDdtiM](https://www.youtube.com/watch?v=G_1sobDdtiM)
- *Breakthrough made in citrus greening research*  
<https://www.theledger.com/news/20190916/breakthrough-made-in-citrus-greening-research>
- *Dozens of Trees with Incurable Disease Found in Pico Rivera*  
[www.whittierdailynews.com/2017/12/18/dozens-of-trees-with-incurable-disease-found-in-pico-rivera/](http://www.whittierdailynews.com/2017/12/18/dozens-of-trees-with-incurable-disease-found-in-pico-rivera/)
- *Questions and Answers – Draft Environmental Impact Statement and Preliminary Pest Risk Assessment for Permit for Environmental Release of Genetically Engineered Citrus Tristeza Virus*  
[www.aphis.usda.gov/brs/aphisdocs/17\\_044101r\\_CTV\\_Q&A\\_April2019.pdf](http://www.aphis.usda.gov/brs/aphisdocs/17_044101r_CTV_Q&A_April2019.pdf)
- *Metalized Reflective Mulch a Bright Spot for Citrus*  
[www.growingproduce.com/citrus/insect-disease-update/metalized-reflective-mulch-bright-for-citrus](http://www.growingproduce.com/citrus/insect-disease-update/metalized-reflective-mulch-bright-for-citrus)

# STUDENT WORKSHEET

## ACTIVITY 3: CITRUS GREENING DISEASE

Name \_\_\_\_\_ Date \_\_\_\_\_ Class/Hour \_\_\_\_\_

Answer the following questions as you watch these two videos:

*Bitter Fruit - Citrus Greening Disease Threatens Florida Industry* [www.youtube.com/watch?v=T5nqVmliUaM](http://www.youtube.com/watch?v=T5nqVmliUaM) and

*Citrus Greening Disease* [www.youtube.com/watch?v=G\\_1sobDdtiM](http://www.youtube.com/watch?v=G_1sobDdtiM).

1. What is citrus greening disease and what are its symptoms? \_\_\_\_\_  
\_\_\_\_\_
2. What is the name of the bacterium that causes the disease? \_\_\_\_\_  
\_\_\_\_\_
3. How does the disease spread in a citrus grove? \_\_\_\_\_  
\_\_\_\_\_
4. How widespread is this disease in the United States? \_\_\_\_\_  
\_\_\_\_\_
5. Which groups of people are impacted by citrus greening disease? \_\_\_\_\_  
\_\_\_\_\_
6. What is the research objective of the scientists' work in the video? \_\_\_\_\_  
\_\_\_\_\_
7. What is the hypothesis for their research? \_\_\_\_\_  
\_\_\_\_\_
8. What happens to the bacterium in the body of a psyllid that enables it to be transmitted from one citrus tree to another? \_\_\_\_\_  
\_\_\_\_\_
9. List the 4 steps in the Detached Leaf Transmission Assay. \_\_\_\_\_  
\_\_\_\_\_
10. How do the scientists detect the bacteria in the infected leaves and why do they use this method? \_\_\_\_\_  
\_\_\_\_\_
11. What did the scientists learn through their research? \_\_\_\_\_  
\_\_\_\_\_
12. What do the scientists hope to eventually be able to do with their information? \_\_\_\_\_  
\_\_\_\_\_
13. Why do you think this research is important? \_\_\_\_\_  
\_\_\_\_\_
14. If you could use Genetic Engineering to create a way to control HLB, what would you design, and which pest control method would it use? \_\_\_\_\_  
\_\_\_\_\_

# CITRUS GREENING MANAGEMENT PROGRAMS DATA TABLE

Management Program	Management Description	Effectiveness of Treatment	Environmental Impact	Part of Tree Treated	Where Used and Frequency

This module introduces some aspects of biotechnology related to enhancing nutrient availability for plants, animals, and humans.

For this module, it is recommended that teachers will have already taught an introduction to nutrition, macronutrients, micronutrients, and basic selective breeding and genetic engineering.

## BACKGROUND INFORMATION



This section examines how some strategies such as selective breeding (introduced in Module 1) and genetic engineering (introduced in Module 2) can be used to enhance nutrient availability.

## ACTIVITY



**Nutrient Supply** will teach students to identify ways to enhance nutrient availability for a specific nutrient in a human population that struggles to meet their nutrition needs.

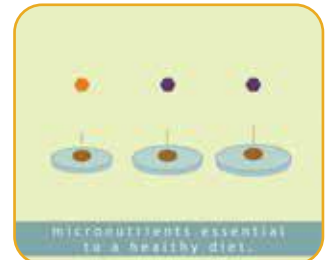


### TIME TO TUNE IN

*Biofortification: It All Starts With A Seed* (2:42)  
[https://www.youtube.com/watch?v=kSzHCDtJ\\_v0](https://www.youtube.com/watch?v=kSzHCDtJ_v0)

*Gene editing promises to boost nutrition in foods* (2:19)  
[www.youtube.com/watch?v=P3OLwTfTRhY](http://www.youtube.com/watch?v=P3OLwTfTRhY)

*How Can CRISPR Improve Food?* (3:32)  
[www.youtube.com/watch?v=tyNynnKECBs&t=21s](http://www.youtube.com/watch?v=tyNynnKECBs&t=21s)







## BACKGROUND INFORMATION

The first two modules in this Teacher’s Guide introduce key agricultural methods, particularly selective breeding and genetic engineering. Modules 3 and 4 highlight some of the major reasons *why* we use these techniques (e.g., to decrease pest damage, to enhance nutrient profile).

All living things (plants, animals, and humans alike) need nutrients to survive. Nutrients in food contribute to cell-building and structural materials, regulate important functions in living tissues, and provide energy for growth and health. Nutrients are categorized as macronutrients (proteins, carbohydrates, and fats) or micronutrients (vitamins and minerals). Macronutrients are consumed/required at greater levels (g), micronutrients at lower levels (mg or µg). An “essential” nutrient is a nutrient that a plant, animal, or human must obtain from another source, because that organism cannot make it or cannot make enough of it for good health.

### Human Nutrition

Every 5 years, human nutrition experts from different parts of U.S. society, including academia and government, review

the latest nutrition information and issue a report called the *Dietary Guidelines for Americans* to promote good health. These *Guidelines* identify:

- target dietary goals for key micronutrients and macronutrients
- nutrients that Americans typically should aim to get more of (e.g., fiber, Vitamin D, calcium, potassium, iron)
- nutrients that people should aim to get less of (e.g., sodium, saturated fat, added sugars).

Key nutrients are shown on Nutrition Facts labels to help people make healthy food choices. For a more detailed supplementary curriculum on nutrition, see *Science and Our Food Supply: Using the Nutrition Facts Label to Make Healthy Food Choices*.

Essential nutrients for human diets are shown below. The exact amount recommended for individual people varies by age and sex, as well as with specific health conditions. For recommended nutrient intake for healthy individuals, see *Dietary Reference Intakes for Macronutrients, Vitamins and Micronutrients*.

Essential Nutrients for Humans			
Macronutrients		Micronutrients	
Amino acids	Fatty acids	Vitamins	Minerals
Histidine	Linoleic acid	A	Ca (Calcium)
Isoleucine	Alpha-linolenic acid	B <sub>1</sub> (Thiamin)	Cl (Chlorine)
Leucine		B <sub>2</sub> (Riboflavin)	Cr (Chromium)
Lysine		B <sub>3</sub> (Niacin)	Cu (Copper)
Methionine		B <sub>5</sub> (Pantothenic acid)	Fe (Iron)
Phenylalanine		B <sub>6</sub>	Fl (Fluoride)
Threonine		B <sub>7</sub> (Niacin)	I (Iodine)
Tryptophan		B <sub>9</sub> (Folate)	K (Potassium)
Valine		B <sub>12</sub>	Mg (Magnesium)
		C (Ascorbic Acid)	Mn (Manganese)
		D	Mo (Molybdenum)
		E	Na (Sodium)
		K	Ni (Nickel)
		Choline	P (Phosphorus)
			S (Sulfur)
			Se (Selenium)
			Zn (Zinc)



### Toxins and Anti-Nutrients

In addition to making many desirable nutrients, plants make toxins. They adjust their biochemistry to adapt to their environment, including defending themselves from predators. If consumed in sufficient quantities, some toxins can affect human or animal health. Through domestication, agriculturally important crops (including tomatoes and potatoes) have been bred to eliminate or reduce the level of relevant toxins. The word toxin is sometimes used to indicate substances of biological origin with toxic properties. These are also often referred to as toxicants.

Major toxins and their effects:

- Cyanogenic glycosides in cassava, sorghum, and bamboo shoots that are improperly prepared can result in unsafe levels of cyanide toxins harmful to people and/or animals.
- Curcubitacin in cucumber and squashes can cause acute gastrointestinal effects.
- Glycoalkaloids (e.g., solanine) in potatoes may induce gastrointestinal and systemic effects if consumed in high amounts. Potatoes/potato byproducts (e.g., skins where glycoalkaloids are concentrated) that are high in glycoalkaloids can be fatal for animals.
- Psoralen, a furocoumarin produced by some plants (celery and parsnips) that can harm the skin of people working in the sunlight.
- Coumarin (normally in sweet clover) can be metabolized by some fungi into dicoumarol, which causes prolonged clotting time and bleeding disease in cattle (rarely in horses).

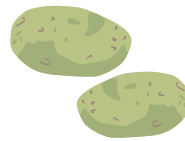
Plants also make substances that can affect the ability of human and animal digestive systems to extract the most nutrients out of food. These are called **anti-nutrients**.

Some major anti-nutrients and their effects:

- Glucosinolates in cruciferous vegetables can prevent iodine absorption.
- Lectins in legumes and whole grains can inhibit calcium, iron, phosphorous, and zinc absorption.
- Oxalates in leafy green vegetables and teas can inhibit calcium absorption.
- Phytates (phytic acid) in whole grains, seeds, legumes, and some nuts can decrease the bioavailability of iron, zinc, magnesium, and calcium.
- Saponins in legumes and whole grains can interfere with some nutrient absorption.
- Tannins in tea, coffee, and legumes can decrease iron absorption.

Human nutrition experts use dietary reference intake values to decide how much of a given nutrient people should consume (on average). These values include the adequate intake, recommended daily allowance, and tolerable upper limit for specific subgroups. Whether a substance is considered toxic depends on the dose (amount) consumed. The tolerable upper limit for an infant would be less than the limit for a grown adult, since the amount taken per body weight would be much higher for the infant. However, many desirable nutrients (including water) can be considered toxic if overconsumed. The phrase often used to describe this reality is “The dose makes the poison.”

### How Much is Too Much?



A 100-pound person would have to eat a pound or more of totally green potatoes to show low-grade symptoms of toxicity (nausea, diarrhea, vomiting).



Water needs vary with activity level. People also get water through various foods they eat. On an average day, adult men need 3.7 liters of water; adult women need 2.7 liters of water; and teenagers need about 2 liters. But, kidneys have a limit on how much water they can process each hour. Although highly unusual in healthy people, rapidly drinking excessive amounts of water can cause low sodium levels that lead to headaches, diarrhea, nausea, vomiting, and impaired brain function. Extreme overconsumption can be fatal.

### Nutrient Deficiency

Throughout history, there have always been some people who had diseases and ailments associated with nutrient deficiency or malnourishment. Malnourishment is typically caused by a lack of access to enough nutritious food because of poverty, war, climate or weather conditions, and other economic factors. Circumstances that make it uncertain whether nutritionally adequate and safe food is available in socially acceptable ways is also called “Household Food Insecurity.” Historically, the typical image of hunger was often an emaciated or very underweight person who also suffered from poverty. Today, hunger is still a problem, but the number of people who are both malnourished and overweight or obese has increased.



### Fortified Bread Saves the South

In the late 1800s and early 1900s, hundreds of thousands of people (mostly poor) in the southern United States were suffering from the disease known as pellagra. Over 150,000 people died from pellagra in the early 1900s, while others suffered with untreatable symptoms from the disease known as the Four D's: depression, dermatitis, diarrhea, death. For decades, it was unknown what caused pellagra, but many scientists thought it was linked to the corn-rich diet of the south. Dr. Joseph Goldberger, a Hungarian immigrant and epidemiologist, believed that pellagra was a diet-related disease. It was later discovered, after his death, that nicotinic acid (more commonly known as the vitamin 'niacin' or 'vitamin B<sub>3</sub>') was lacking in the diets of those suffering from pellagra. Much of the corn consumed in the southern United States was degerminated (processed to remove the germ portion of the corn kernel); the germ portion contains niacin.

In 1940, the FDA held the "flour hearings," and a team of scientists, doctors, and the Surgeon General worked tirelessly to propose adding thiamin, riboflavin, and niacin to bread. Cornbread and white breads lacking certain nutrients would be "enriched" with a fortified vitamin-rich flour. Enriched (fortified) white bread caused pellagra to virtually disappear overnight.

In February 2018, the World Health Organization (WHO) cited that about 1.9 billion people on earth were estimated to be overweight or obese, whereas almost half a billion people were estimated to be underweight. According to the United Nations, more than 1 in 10 people do not get enough to eat and 1 in 3 people are malnourished. Around 45% of deaths among children under 5 years of age are linked to undernutrition, mostly occurring in low- and middle-income countries. At the same time in these countries, rates of childhood overweight and obesity are rising. Although there is an increase in obesity, many of those people are also undernourished – a condition known as **hidden hunger**.

Women, infants, children, and adolescents are at highest risk of malnutrition. From conception to a child's second birthday, it is important that infants have access to nutrient-dense foods to ensure the best start in life, with long-term benefits.

### Malnutrition (WHO definition)

Malnutrition, in all its forms, includes undernutrition (wasting, stunting, underweight), inadequate vitamins or minerals, overweight, obesity, and resulting diet-related noncommunicable diseases.

### Hidden Hunger (WHO definition)

Hidden hunger is a lack of vitamins and minerals. Hidden hunger occurs when the quality of food people eat does not meet their nutrient requirements, so the food is deficient in micronutrients such as the vitamins and minerals that they need for their growth and development.

**TWO THIRDS**  
OF UNDERNOURISHED  
PEOPLE WORLDWIDE  
LIVE IN TWO REGIONS:

#### SUB-SAHARAN AFRICA



237 MILLION

#### SOUTHERN ASIA



277 MILLION



**22%** (149 MILLION)  
OF CHILDREN  
UNDER 5  
ARE **STUNTED**



**5.9%** (40 MILLION)  
OF CHILDREN  
UNDER 5  
ARE **OVERWEIGHT**



**7.3%** (49 MILLION)  
OF CHILDREN  
UNDER 5  
ARE **AFFECTED  
BY WASTING**

From the United Nations

Poverty can be one of several contributors to malnutrition. Malnourishment increases healthcare costs, reduces productivity, and slows economic growth, perpetuating a cycle of poverty and poor health. Malnutrition impacts every country in the world in some form and fighting malnutrition is one of the biggest global health challenges today. The United Nations is committed to an initiative known as "Zero Hunger by 2030." For more about this initiative, see [www.fao.org/resources/%20infographics/infographics-details/en/c/1003923/](http://www.fao.org/resources/%20infographics/infographics-details/en/c/1003923/).



# BACKGROUND INFORMATION

### Agricultural Methods to Enhance Nutrient Availability

The problem of malnutrition is complex and solving it will require an integrative approach that combines various public health interventions, such as providing oral supplementation, nutrition education, access to nutritious foods, and improving the nutritional composition of food. Various approaches have been used to help optimize nutrient intake for plants, animals, and people, as well as to minimize toxins and anti-nutrients.

Agricultural methods include:

- Selective breeding without molecular biology techniques to assist plant or animal selection
- Selective breeding with molecular biology techniques to support plant or animal selection
- Genetic engineering (GE) tools

Each of these is used to enhance plant nutritional profiles.

### Nutrient Enhancement

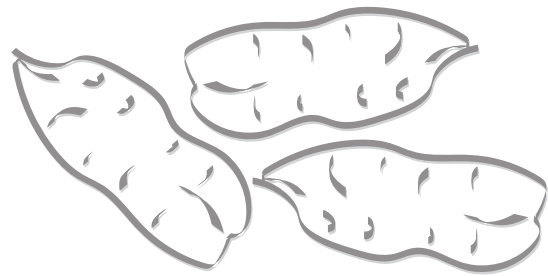
Traditionally, many techniques were employed to enrich the nutrient density of food. Nutritional value that is changed during the processing of food crops (post-harvest) is called **fortification**. Breads that have added riboflavin, thiamin, and niacin are examples of fortification.

Newer technologies, known as **biofortification**, include the use of plant breeding methods (both conventional plant breeding methods and GE tools) to increase the levels of certain key nutrients in foods. Through biofortification, staple food crops, such as rice and cassava, are developed to obtain varieties with higher levels of a single or several nutrients and improved agronomic traits (e.g., high-yield). Biofortification is a way to reach populations where conventional (post-harvest) fortification can be difficult to implement with little or no processing of crops, or for people who may have limited access to commercially fortified products.

Examples of biofortification projects include:

- Iron-biofortification of rice, beans, sweet potato, cassava, and legumes
- Zinc-biofortification of wheat, rice, beans, sweet potato, and corn
- Provitamin A carotenoid-biofortification of rice, sweet potato, maize, and cassava
- Amino acid and protein-biofortification of maize, sorghum, and cassava

To date, most crops with enhanced nutrient profiles have been developed using selective breeding without GE tools.



### Biofortification of the Sweet Potato in Uganda

Many people in Uganda are Vitamin A deficient. Vitamin A deficiency (VAD) lowers immunity, impairs vision, and may lead to blindness and even death. In Uganda, 32% of children under 5 years old are estimated to be Vitamin A deficient. Annually, Uganda loses about 145 million dollars to vitamin and mineral deficiencies (World Bank, 2009). To fight against this epidemic, researchers studied the typical Ugandan's diet to determine how to increase their overall intake of Vitamin A.

People of Uganda traditionally eat a white-fleshed sweet potato that lacks Vitamin A. Through conventional selective breeding, the orange-fleshed sweet potato was bred to be rich in Provitamin A carotenoid (beta-carotene), which is a precursor to Vitamin A, as a replacement for the white-fleshed potato in the diets of the people of Uganda. The successful integration of this new crop into Ugandan's diets was the result of key collaboration among scientists, the government, farmers, and the people of Uganda.

Farmers were taught how to grow this new sweet potato variety that was also well-suited for the environment. In addition, technical support was provided for processing, storing, and packaging this crop. The people of Uganda were educated about how this orange-fleshed sweet potato could help to improve their lives. Events like music concerts, community outreach programs, films, and community leader endorsements took place to promote its use. The sweet potato was poised as a delicious and healthier alternative that could be incorporated into many traditional and new dishes.

These efforts all contributed to the success and the bright future of the Vitamin A biofortified sweet potato in Uganda.

# MODULE 4: BIOTECHNOLOGY AND NUTRIENTS

## BACKGROUND INFORMATION



### GE Methods of Nutrient Enhancement

Scientists can employ multiple GE methods to develop new plants with enhanced nutritional content. The genetic tools used to increase nutrient content include:

- Increasing gene expression, by increasing gene copy number or by manipulating gene promoter activity
- Adding genes to bridge gaps in a biosynthetic pathway (e.g., Golden rice that contains beta-carotene, a precursor of Vitamin A) or to create new biosynthetic pathways (e.g., omega-3 canola)
- Promoting the expression of transcription factors to turn on innate but inactive biosynthetic pathways in different plant tissues or at different developmental stages (e.g., anthocyanin in tomatoes).

While few nutrient-enhanced plant varieties are currently available, this may change as many are under development.

It's important to know that plants developed for a specific nutritional purpose may also impact the availability of another nutrient. For example, a crop engineered to produce oil with more of the essential fatty acid, linolenic acid (omega-3 fatty acid), could have less of the essential fatty acid, linoleic acid (omega-6 fatty acid).

Some GE crops are in development with increases in multiple nutrients. Spanish researchers have created an African corn

variety with 169 times more beta-carotene, 6 times more vitamin C, and twice as much folate. A GE sorghum variety produced by the Biofortified Sorghum Project for Africa has increased levels of beta-carotene, iron, zinc, and essential amino acids. Crops like these may help reduce malnutrition in underdeveloped countries.

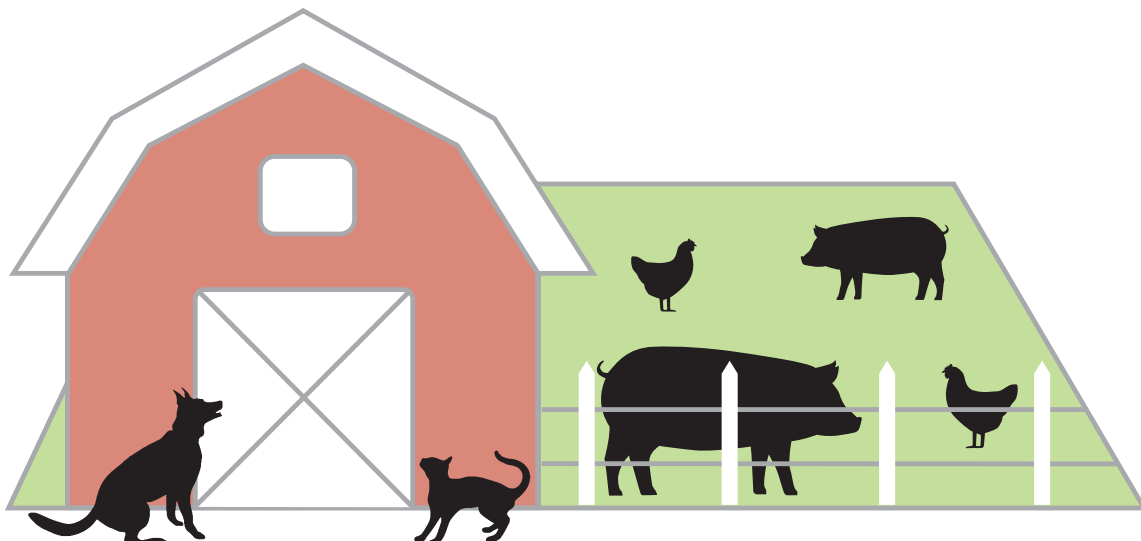
### Animal Food

Animals typically eat the same or similar diets their entire lives, and the nutrient requirements for each animal species during each life stage (e.g., pregnancy, lactation, growth, aging) and production conditions (if applicable) have been identified. Although the nutrient requirements (amino acids, fats, oils, carbohydrates, fiber, vitamins, and minerals) are usually defined, animal diets are made from several ingredients including whole grains, oilseeds, by-products of human food production, vitamins, and minerals.

Animal food includes crops cultivated through selective breeding for their nutrient content and can also be supplemented with other ingredients that fortify the food with important amino acids and other essential nutrients needed in animal diets. Periodically, animal nutritionists will review the latest nutrition information and provide guidance on the levels of nutrients that are required to promote good health. Plant breeders try to optimize nutrients in plants consumed by animals using similar approaches to those used to optimize plants for human nutrition.

### What's Safe or Unsafe to Eat Differs by Species

Many people enjoy chocolate and cook or season their food with onions and garlic. However, each of these typical human diet items contain substances that can harm cats, dogs, and other animals. If they eat too much of them, it could cause sickness or death.





# BACKGROUND INFORMATION

### Plant Nutrients - Focus on Nitrogen

Plants get some of their essential nutrients from the air and some from the soil in which they grow. Plants absorb carbon, oxygen, and hydrogen from the air. The three main nutrients they obtain from the soil are nitrogen (N), phosphorus (P), and potassium (K), often referred to as the trio NPK. Some scientists are researching methods to give major crops the ability to “fix” nitrogen from the air into a biochemically usable form. Nitrogen fixation is currently limited to certain microbes, and it is essential to life. Fixed nitrogen is a key ingredient in important biomolecules, including amino acids, which are the building blocks of proteins.

Farmers currently add nitrogen to their crops by applying fertilizer or by planting legumes, which host nitrogen-fixing bacteria in their roots. Altering cereal grain crops to produce their own nitrogen would be an achievement for biotechnology, and this could help solve two big problems: The overuse of fertilizer, which can pollute aquifers or water bodies, and the shortage of fertilizer experienced by small farmers in the developing world.

### Varied International Approaches

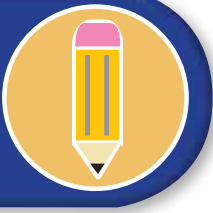
Internationally, crops developed using GE tools are usually referred to as “genetically modified,” GMOs, or bioengineered (BE). As of 2017, 17 million farmers in 24 countries report producing over 469 million acres of “genetically modified” crops. Although many countries are producing crops that include GE plants, many more import GE crops for use in food for humans and animals. Various countries adhere to different policies and legislation regarding current production, import, and export of genetically modified crops. For an overview of GE crops by country, see *ISAAA: 22 Years of Biotech Crops in the World*: <http://www.isaaa.org/resources/infographics/22yearsofbiotechcrops/22%20Years%20of%20Biotech%20Crops%20in%20the%20World.pdf>

### Select Nutrient-modified GE Plant Varieties\*

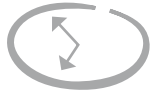
Canola	Laurical™ - more lauric acid
	Phytaseed™ - increases phosphorus availability in animal food
Corn/maize	Mavera™ - increases production of the amino acid lysine
Rice	Golden Rice – contains beta-carotene (provitamin A)
Soybeans	Treus™, Plenish™ - less polyunsaturated fat (linoleic and linolenic acid), more monounsaturated fat (oleic acid)
	Vistive Gold™ - less polyunsaturated fat (linoleic acid), less saturated fat (palmitic acid), more monounsaturated fat (oleic acid)
Pineapple	Rosé – increased lycopene
Purple tomato	Increased anthocyanins in the fruit

\*Check the ISAAA website for up-to-date regulatory status globally.

Source: [www.isaaa.org/gmapprovaldatabase/commercialtrait/default.asp?TraitTypeID=4&TraitType=Modified%20Product%20Quality%20in%20the%20World.pdf](http://www.isaaa.org/gmapprovaldatabase/commercialtrait/default.asp?TraitTypeID=4&TraitType=Modified%20Product%20Quality%20in%20the%20World.pdf)



# NUTRIENT SUPPLY ACTIVITY



**TIME** Two 45-Minute Classes



## ACTIVITY AT A GLANCE

In this activity, students will explore the global problem of nutrient availability and techniques that are being used to improve nutrient supplies where shortages exist. Students will also exercise their ability to identify credible information sources.



## TIME TO TUNE IN

*Biofortification: It All Starts with A Seed* (2:42)  
[https://www.youtube.com/watch?v=kSzHCDtJ\\_v0](https://www.youtube.com/watch?v=kSzHCDtJ_v0)

*Gene editing promises to boost nutrition in foods* (2:19)  
[www.youtube.com/watch?v=P3OLwTfTRhY](http://www.youtube.com/watch?v=P3OLwTfTRhY)

*How Can CRISPR Improve Food* (3:32)  
[www.youtube.com/watch?v=tyNynnKECBs&t=21s](http://www.youtube.com/watch?v=tyNynnKECBs&t=21s)

## GETTING STARTED

### MATERIALS

- Hunger Map (World Food Programme)  
<https://hungermap.wfp.org/> (updated annually)
- **Malnutrition Report** worksheet
- **Credible Source Guide**
- Internet access

### ADVANCE PREPARATION

Students can work individually or in groups for this activity.

Determine how students will research malnourishment, nutrient availability, and website credibility. Since the information is only available online, it's essential that all students have access to the internet.

Print enough copies of the **Malnutrition Report** worksheet and **Credible Source Guide** for everyone in your class.

To introduce the topic of malnourishment and hidden hunger, consider providing two images: one of an obese individual and one of someone who is emaciated. Ask students how these two differ and what they have in common. The concept is that sometimes hunger is hidden, and although a person is obese, he or she may still be malnourished.

Remind students that there are several strategies/tools they can use to improve nutrient availability. Biotechnology includes a range of tools, such as selective breeding and genetic engineering (bioengineering).



# NUTRIENT SUPPLY

## INTRODUCTION

This lesson will focus on using credible sources to research efforts being made to improve nutrient availability. Ask these questions to introduce nutrition/malnutrition:

- **What does a malnourished person look like?**
- **How can you determine if someone is malnourished?**
- **Which countries in the world do you think have the most malnourished people?**

- Other than donating food to these countries, what could be done to help malnourished people?
- In the year 2030, 8.3 billion people will need to be fed. In this same year, the United Nations is committed to ensuring that no person is undernourished. How do you think this will happen?

## STUDENT PROCEDURE

### Day 1

1. Everyone should have their own copy of the **Credible Source Guide** and **Malnutrition Report** worksheet.
2. Use the internet to see the search engine results for “malnutrition.” Hundreds, if not thousands, of web addresses should appear. Which ones are credible? Discuss the criteria for identifying credible sources as you begin your worksheet.
3. Refer to the Hunger Map as you begin your worksheet; choose a country to research that has one of the highest percentages of malnourishment (over 35% of the population).

### Day 2

1. Use part of the class to finish your research and review your answers on the **Malnutrition Report** worksheet.

2. You will present (possibly by PowerPoint) your research to the class; your presentation will include:
  - a. The selected country
  - b. The staple crops that the people in this country consume
  - c. The nutrient that people in this country lack
  - d. The nutrient-enhanced foods that are available to be grown in this country
  - e. Individual countries have their own laws and regulations governing use of biotechnology. If seeds for GE crops are made available to the country, do the regulations in the selected country permit their use by farmers? What is the process needed to obtain authorization for cultivation? For food use?
  - f. A proposal to introduce this crop to the farmers and consumers of this country

## REVIEW

1. **How could a person be obese but also be malnourished?** The quality of the diets of many obese people is deficient in micronutrients, such as vitamins and nutrients that are needed for proper growth and development. Although they take in more than enough calories, they lack foods rich in certain nutrients. This is known as hidden hunger.
2. **How does poverty intensify the risk of malnourishment?** People who experience poverty are more likely to be malnourished. Malnourishment increases healthcare costs, reduces productivity, and slows economic growth, which perpetuates a cycle of poverty and poor health. Malnutrition impacts every country in the world in some form.
3. **How do fortification and biofortification of crops compare?** Biofortification increases the nutrient levels during plant growth; the fortification process increases the nutrient levels during processing (post-harvest) of the crops. Biofortification has the benefit of reaching people in all areas of the world where processing and/or possible supplementation may be limited.
4. **How has biotechnology impacted agriculture to provide more nutritional crops?** Through selective breeding and genetic engineering, new crop varieties can be developed that have specific nutrient enhancements and that can be grown and readily accessible to the malnourished people of various countries. New crop varieties can also provide food choices with healthier nutrient profiles, such as oils with healthier fatty acid profiles.





## EXTENSIONS

Students could do one or more of the following activities:

1. Develop an advertisement for one of the crops that could help to solve a specific nutrient deficiency. This can be a poster, a t-shirt, pamphlet, video, song, public service announcement, or another marketing tool to promote cultivation and consumption of this crop.
2. Create a poll to survey people in your school and/or community about hidden hunger and nutrient enhancement of crops as a solution. Create a graphic representation of your findings and present these to the respondents and the school in a way that educates them about these two issues.
3. Research a GE crop that is still under development (not commercially available) that has enhanced nutrient content that could improve human health. Write an editorial to state your opinion about this particular crop. State why the crop should or should not be grown and used; include at least five sources as evidence for your viewpoint.

## SUMMARY

Hunger and undernutrition, in some form, exist in every country of the world. By the year 2030, the world will be populated with an estimated 8.3 billion people, and the United Nations' goal is that not one person will be undernourished.

Through agricultural methods, including selective breeding and genetic engineering, staple crops can be nutritionally enhanced to have higher levels of nutrients to improve human and animal health. A limited number of GE crops are commercially available; however, several crops that have been nutritionally enhanced are in production or being used.

## UP NEXT ▶▶▶

Now that we've considered some ways to enhance crop nutrient quality, let's learn how new plant and animal varieties are evaluated.

## RESOURCES

*ISAAA Pocket K No. 41: Nutritionally Enhanced GM Feed Crops*

[www.isaaa.org/resources/publications/pocketk/41/default.asp](http://www.isaaa.org/resources/publications/pocketk/41/default.asp)

*Malnutrition (World Health Organization)*

<https://www.who.int/news-room/fact-sheets/detail/malnutrition>

*HarvestPlus: Knowledge Center*

<https://www.harvestplus.org/knowledge-center>

*Dr. Joseph Goldberger & The War on Pellagra*

<https://history.nih.gov/exhibits/goldberger/index.html>

*Improving nutrition through biofortification: A review of evidence from HarvestPlus, 2003 through 2016.*

[www.ncbi.nlm.nih.gov/pubmed/28580239](http://www.ncbi.nlm.nih.gov/pubmed/28580239)

*Evaluating Credibility*

<http://guides.lib.byu.edu/c.php?g=216340&p=1428399>

*IFIC Fact Sheet: Benefits of Food Biotechnology*

<https://foodinsight.org/fact-sheet-benefits-of-food-biotechnology/>

*Biofortified Crops Generated by Breeding, Agronomy, and Transgenic Approaches Are Improving Lives of Millions of People around the World*

[www.ncbi.nlm.nih.gov/pmc/articles/PMC5817065/](http://www.ncbi.nlm.nih.gov/pmc/articles/PMC5817065/)

*Let Seed Be Thy Medicine (HarvestPlus)*

<https://vimeo.com/328702230/5f793b3d1f>

*The Poison is the Dose – Penn State*

[www.youtube.com/watch?v=THr7roac0cA](http://www.youtube.com/watch?v=THr7roac0cA)

# STUDENT WORKSHEET

## MALNUTRITION REPORT

Name \_\_\_\_\_ Date \_\_\_\_\_ Class/Hour \_\_\_\_\_

- How do you know that the Hunger Map (provided) is a credible source? \_\_\_\_\_  
\_\_\_\_\_
- Which countries exhibit undernourishment for greater than 35% of their population? \_\_\_\_\_  
\_\_\_\_\_
- Choose one of those countries for your report on malnutrition. Which country did you choose? Why? \_\_\_\_\_  
\_\_\_\_\_
- Sketch the shape of the country you chose and identify on which continent this country is located.

- Describe the country's climate. \_\_\_\_\_  
\_\_\_\_\_
- Complete the chart below using the **Credible Source Guide**.

Question	Answer(s) From Your Research	Citation: Title/Website Address
a. Identify one nutrient that this country struggles to provide its population.		
b. What percentage of the population suffers from malnourishment?		
c. What crops are grown in this country?		
d. Which foods are considered the staples in this country (rice, beans, cassava)?		
e. What are the reported causes of malnourishment in this country (environmental, economic, etc.)?		

*continued on next page*

# STUDENT WORKSHEET

## MALNUTRITION REPORT (CONTINUED)

Based on what you learned about the causes and effects of malnutrition in this country, what do you think can be done to help improve health here? In the chart below, identify three crops that could be nutritionally enhanced (by selective breeding or genetic engineering), grown, marketed, and distributed to the inhabitants of this country. *Confirm that the crop can grow in this country's climate and conditions.*

Nutrient-enhanced crop that could be grown in this country	Website Address/Citation

A challenge that farmers and scientists encounter after creating a nutrient-enhanced crop is whether other farmers will grow the food and people will incorporate it into their diet. Outline your plan to get one of the crops from your list into the country's cultivation system for widespread consumption. Create a five-step plan and explain each step.

Step	What you will do?	Why you will do it?
1		
2		
3		
4		
5		

This module discusses the evaluation process for new plant varieties developed for human or animal food and highlights new food labeling requirements.

The content in this module recommends that teachers will have already taught students the following underlying key concepts: methods used in food agriculture (e.g., selective breeding, genetic engineering) and reasons to use biotechnology (e.g., combat environmental pests, nutrient enhancement).

## BACKGROUND INFORMATION



**New Variety Evaluation** introduces how new plant varieties, including but not limited to varieties developed using modern methods of genetic modification, are evaluated for safe human and animal consumption.

**Food Labeling** introduces new labeling requirements for some foods developed using biotechnology. This content is intended to inform the teacher.

## ACTIVITY



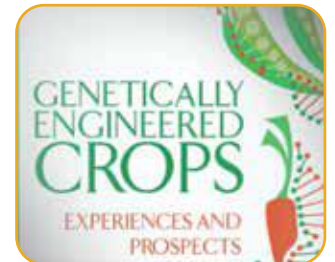
**Are There Ingredients from GE Plants in My Food?** uses a card sort that prompts students to examine the ingredients and labels of various foods, and then categorize which foods contain or don't contain ingredients that may come from GE plants.



### TIME TO TUNE IN

*Major science group weighs in on safety of genetically modified foods* (2:40)  
<https://www.cbsnews.com/news/genetically-modified-foods-are-safe-to-eat-report-finds/>

*What does "organic" actually mean?* (3:25)  
<https://grist.org/food/what-does-organic-actually-mean>





## BACKGROUND INFORMATION

### PART 1

#### New Variety Evaluation

A typical diet for most people includes a variety of foods. Some of those foods are eaten in their original form (such as a whole apple or a banana), while other foods (such as apple pie or banana muffins) are a combination of ingredients. Food ingredients include spices, sweeteners, preservatives, and other substances that affect food characteristics such as taste, texture, and nutritional content. The ingredients in processed foods are required to be on the labels.

All foods, whether a whole food or a food ingredient, have a certain chemical identity, i.e., a characterizing composition that may include one or more of the following: amino acids, fatty acids, carbohydrates, vitamins, and minerals (to name a few). Some whole foods and ingredients may also have components that function as anti-nutrients (compounds that interfere with nutrient absorption) or natural toxins. Some components may also elicit allergic responses in susceptible people. The levels of these food components provide the food's specific identity, i.e., what makes a banana a banana or a salmon a salmon, and what distinguishes corn oil from olive oil.

When a **new plant variety** is developed through genetic engineering (GE plant, GE variety), its composition is typically analyzed and compared with parental and commercial varieties. The levels of key components (nutrients, anti-nutrients, and toxins) are compared to assess any significant changes in those components. The safety and effects of any new or added substances are also assessed. Depending on the nature of the new substance(s) and with its history in other foods, the types of safety data will vary. The results of this comparison support whether or not food from the new variety has essentially the same safety profile and nutrient content as food from traditionally bred plants.

Accurate labeling helps people know more about the nutritional profile and ingredients in the food they eat. Consumers can use this information to ensure that they get enough of the nutrients they need and understand how to limit nutrients they want to minimize. They also can use food labels to identify and avoid food allergens such as peanuts, milk, wheat, and other ingredients that can cause allergic reactions in some people. If a food or ingredient is from a GE plant, it's the plant that has been genetically engineered, and not the ingredient per se. Many ingredients to date (like starches, sugars, and oils) derived



#### What makes up a banana?

**INGREDIENTS:** WATER (75%), **SUGARS (12%)** (GLUCOSE (48%), FRUCTOSE (40%), SUCROSE (2%), MALTOSE (<1%)), STARCH (5%), FIBRE E460 (3%), **AMINO ACIDS (<1%)** (GLUTAMIC ACID (19%), ASPARTIC ACID (16%), HISTIDINE (11%), LEUCINE (7%), LYSINE (5%), PHENYLALANINE (4%), ARGININE (4%), VALINE (4%), ALANINE (4%), SERINE (4%), GLYCINE (3%), THREONINE (3%), ISOLEUCINE (3%), PROLINE (3%), TRYPTOPHAN (1%), CYSTINE (1%), TYROSINE (1%), METHIONINE (1%)), **FATTY ACIDS (1%)** (PALMITIC ACID (30%), OMEGA-6 FATTY ACID: LINOLEIC ACID (14%), OMEGA-3 FATTY ACID: LINOLENIC ACID (8%), OLEIC ACID (7%), PALMITOLEIC ACID (3%), STEARIC ACID (2%), LAURIC ACID (1%), MYRISTIC ACID (1%), CAPRIC ACID (<1%)), ASH (<1%), PHYTOSTEROLS, E515, OXALIC ACID, E300, E306 (TOCOPHEROL), PHYLLLOQUINONE, THIAMIN, **COLOURS** (YELLOW-ORANGE E101 (RIBOFLAVIN), YELLOW-BROWN E160a), **FLAVOURS** (3-METHYLBUT-1-YL ETHANOATE, 2-METHYLBUTYL ETHANOATE, 2-METHYLPROPAN-1-OL, 3-METHYLBUTYL-1-OL, 2-HYDROXY-3-METHYLETHYL BUTANOATE, 3-METHYLBUTANAL, ETHYL HEXANOATE, ETHYL BUTANOATE, PENTYL ACETATE), 1510, NATURAL RIPENING AGENT (ETHENE GAS).

Source: *Ingredients of an All-Natural Banana*, James Kennedy (VCE Chemistry teacher in Melbourne, Australia)

from GE plants do not contain recombinant DNA, RNA, or protein and are chemically and functionally identical to their non-GE-derived counterparts. New labeling for some foods containing ingredients made through genetic engineering (bioengineering) becomes effective in 2020 with compliance mandated by 2022.

#### Safety Evaluation of Food from New Plant Varieties

The Federal Food, Drug, and Cosmetic Act requires that food from plants for humans and animals meet the same food safety requirements regardless of their origin, whether they are made from a plant variety that was created through crossbreeding, chemical or irradiation-induced mutagenesis, or genetic engineering. As new plant varieties were developed using GE tools over the past decades, FDA worked with the plant breeders to evaluate the safety of food from these GE varieties. This evaluation includes data analysis based on a comparison of food from the new GE plant variety to food from traditionally bred plant varieties with a history of safe use. Any differences identified during this comparison are then evaluated for safety.



# BACKGROUND INFORMATION

## Plant Biotechnology Consultation Program

FDA established a consultation process in the 1990s to work cooperatively with plant developers to help them ensure that foods made from new varieties, including those developed by genetic engineering, are safe and lawful. The consultation process allows a developer who intends to commercialize a new plant variety developed using modern genetic modification methods to meet with FDA to identify and discuss relevant safety, nutritional, or other regulatory issues about food for humans and animals made from the new variety. Plant breeders conduct tests and gather science-based evidence to verify that food from the new variety is as safe to eat as food from traditionally-bred varieties, and then submit the data and information to FDA for evaluation. FDA evaluates the submission and responds to the developer by letter. Since 1994, FDA has evaluated more than 180 new GE plant varieties through this program. For a list of completed consultations, see FDA's **Biotechnology Consultations database**.

## Safety Evaluation of GE Plants

Developers of GE plants gather information and conduct scientific studies to generate data, which they use to evaluate foods and ingredients from new varieties for safety and nutrition. Their review of food from the new varieties includes an examination of the following factors:

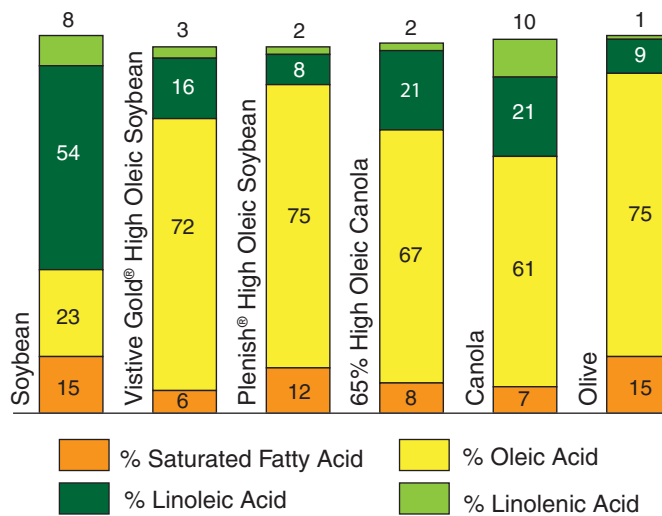
- **Identity:** Analyses to confirm the intended changes, including confirmation of the new or edited DNA, of new proteins produced from the DNA, and of other intended effects (traits).
- **Composition:** Whether key nutrients are within the expected ranges of values for the crop, whether endogenous (naturally occurring) toxins or antinutrients (compounds that interfere with the absorption of nutrients) are within acceptable levels
- **Safety and Regulatory Issues:** Potential for toxicity/allergenicity of new substances, and whether new substances require premarket review and approval by FDA by law. If the added substances are pesticides, they must be evaluated for food and environmental safety and authorized for use by the U.S. Environmental Protection Agency (EPA).

## Identity

Developers of new plant varieties, including new GE varieties, collect data to identify distinguishing attributes of the new traits in the plant and assess whether any new proteins or components present in the new variety are safe for humans or animals to eat.

When a substance produced in a new GE plant variety is one that is already present at a comparable level in currently consumed foods, a safety question about the new substance is unlikely. For example, high oleic acid soybean oil has higher levels of oleic acid compared to typical soybean oils, but the higher levels are similar to other food oils, such as canola and olive oil.

### Comparing Some Oils



Inform Magazine: High-oleic soybeans get the global green light, chart [http://www.informmagazine-digital.org/informmagazine/april\\_2018/MobilePagedArticle.action?articleId=1367747#articleId1367747](http://www.informmagazine-digital.org/informmagazine/april_2018/MobilePagedArticle.action?articleId=1367747#articleId1367747)

When a substance produced in a new GE variety is one that is not present – or is present only at lower levels – in currently consumed foods, its safety in food must be evaluated.

# MODULE 5: FOOD AND INGREDIENT EVALUATION

## BACKGROUND INFORMATION



### Composition

Developers of new plant varieties, including new GE varieties, collect data on the composition of the new variety by conducting field trials. Field trials for new GE varieties frequently include the new GE variety (test), along with a genetically comparable plant variety as a control and possibly one or more commercial varieties as reference varieties. Samples from the edible parts of the test, control, and reference varieties are collected, and the levels of key nutrients, anti-nutrients, and toxins are measured.

The results of the compositional analysis for the new GE variety are then compared with the results for the control and reference varieties. They may also be compared with plant composition data in science journals and public databases.



### Safety and Regulatory Issues

#### Health and Safety

New substances present in food from the new plant varieties, such as those introduced by genetic engineering, are studied to determine whether they could be toxic or allergenic.

The composition of food from new plant varieties is also evaluated for meaningful changes in their nutritional values or increased levels of endogenous anti-nutrients or toxins. Plants are an important source of nutrients in the diet, so changes in their composition have the potential to impact the health of humans and animals.

Some plants that we eat also produce natural toxins that are usually defense molecules against environmental threats such as bacteria, fungi, insects, or predators. Two examples of natural toxins are glycoalkaloids in potatoes and psoralens in celery. These natural toxins are generally not present in domesticated food crops at levels high enough to affect

human or animal health, but breeding may lead to changes in the levels of these substances.

Compositional changes are evaluated by dietary experts for their potential to impact the health of humans or animals. In some cases, the compositional change is specifically made to improve dietary intake status. For example, Golden Rice was developed to address vitamin A deficiency in south and southeast Asian countries where people typically consume a rice-based diet. However, if the level of a nutrient in the new plant variety is found to be too low or too high, this could lead to dietary deficiency or excess, respectively. Likewise, if the level of an anti-nutrient or toxin is found to be too high, this could cause harm. Either way, it is important to conduct the analysis in the context of the total diet. Scientists consider the role of food from the plant in the diet of humans and animals when performing this analysis. For example, they consider whether the food is an important source of particular vitamins and minerals in the context of the total diet.

#### Long-Term Safety

Scientists with expertise assessing the long-term safety of food and food ingredients for humans and animals consider several factors when they evaluate food from new plant varieties, including new GE varieties. This includes information about the long-term safety of the food from traditionally bred crops and information about the food safety of the newly introduced traits. The plant's components (fiber, protein, fat, DNA, anti-nutrients, etc.) have typically been part of the human diet for thousands of years. Just like the plant's endogenous nucleic acids and proteins, the recombinant nucleic acids and proteins are degraded during digestion in the human or animal gastrointestinal tract into their building blocks. For all GE plant varieties evaluated to date through FDA's Plant Biotechnology Consultation Program, the long-term safety of food from the new GE variety is expected to be the same as that of food from comparable traditionally-bred and safely-consumed plant varieties.

Note: When FDA considers the safety of foods from a new plant variety, it considers uses of the plant in food for both humans and animals.

#### DID YOU KNOW?

Food packages are required by law to list certain nutrients in food using the Nutrition Facts label. Some other labels, such as "Country of Origin" are also required by law, but several other labels are only used for marketing, i.e., to appeal to certain consumers. Examples of marketing labels are "non-GMO" and "Kosher."



# BACKGROUND INFORMATION

## Developer’s Safety Evaluation Steps

As a new plant variety is developed, the process includes several steps to compare various components in the new plant with the same components in the original parent (host) plant.

### Analyze Host/Parent Plant

Nutrients

Naturally-occurring toxins (if any)

Naturally-occurring anti-nutrients (if any)



### Analyze New Plant Variety

Same nutrients?	Same amounts?	Safe amounts?
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Same naturally-occurring toxins (if any)?	Same amounts?	Safe amounts?
-------------------------------------------	---------------	---------------

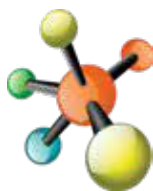
Same naturally-occurring anti-nutrients (if any)?	Same amounts?	Safe amounts?
---------------------------------------------------	---------------	---------------

### If there is New Protein in the Food Product...

Are new proteins from a toxic or allergenic source?

Are new proteins similar to known toxins?

Are new proteins similar to known allergens?



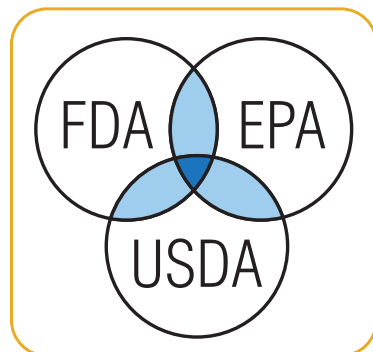
### Evaluate



Use the answers to questions above to decide whether food from the New Plant Variety is as safe and nutritious as food from the Host/Parent Plant or whether additional information is needed.

## Coordinated Biotechnology Regulation

Three federal agencies (FDA, USDA, and EPA) act under a coordinated regulatory framework to ensure the overall safety of GE new plant varieties:



- FDA regulates the safety of all food products for humans and animals in the United States other than meat, poultry, catfish and certain egg products, which are regulated by USDA.
- USDA, specifically the Animal and Plant Health Inspection Service (APHIS), is responsible for protecting agriculture from pests and diseases. They supervise field testing and monitor GE seed distribution until the GE plant variety is shown not to be harmful to agriculture and the environment.
- EPA regulates pesticides, including those that are produced in plants as a result of genetic engineering. To protect human and animal health, EPA assures that pesticidal substances expressed in GE plants are safe for consumption. EPA also regulates the environmental safety of the pesticidal substances.

To learn more about each agency’s role, explore the resources below.

- Coordinated Framework: <https://usbiotechnologyregulation.mrp.usda.gov/biotechnologygov/home>
- FDA: *Food from New Plant Varieties* [www.fda.gov/Geplantfoods](http://www.fda.gov/Geplantfoods)
- USDA: *Regulation of Biotechnology* <https://www.aphis.usda.gov/aphis/ourfocus/biotechnology>
- EPA: *EPA’s Regulation of Biotechnology for Use in Pest Management* <https://www.epa.gov/regulation-biotechnology-under-tsca-and-fifra/epas-regulation-biotechnology-use-pest-management>

## GE Animals

GE animals can be developed for a variety of purposes including disease-resistance, improved nutritional composition (e.g. healthier fat or lower allergenicity), and greater productivity (faster growth with less feed). For example, AquAdvantage Salmon was genetically altered to grow more quickly, using a gene commonly found in another type of fish. This salmon is the first GE animal to be approved for human consumption.



# MODULE 5: FOOD AND INGREDIENT EVALUATION

## BACKGROUND INFORMATION



### Scientific Perspectives

The scientific consensus is that food from GE plant varieties available for consumers is safe, e.g., poses no greater health risks or environmental concerns than their non-GE counterparts.

Some of the scientific organizations that support this position are:

- FDA, USDA, and EPA
- National Research Council
- American Association for the Advancement of Science
- Council on Science and Public Health
- World Health Organization
- European Food Safety Authority

### Evolving Science

More technologies emerge as farmers and scientists address changing needs in food agriculture. One approach, genome editing, describes a relatively new set of techniques to make changes at specific locations in the DNA of a plant, animal, or other living organism. (See Module 2.) These technologies can be used to introduce, remove, or substitute one or more specific nucleotides at a specific site in the organism's genome. Examples of different genome editing techniques include clustered regularly interspaced short palindromic repeat associated nucleases (CRISPR), zinc-finger nucleases (ZFNs), transcription activator-like effector nucleases (TALENs), and oligonucleotide-directed mutagenesis (ODM). FDA completed its first voluntary food safety consultation on food derived from a plant produced using genome editing in February 2019. Regardless of how a plant is produced, food from the plant must be safe.

### Examples of Foods Made with GE Techniques

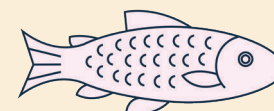
#### Plant

- USDA Approves Genetically Modified Non-Browning Apple (Arctic® Apples) [www.youtube.com/watch?v=3LFmWhJu6Pw](https://www.youtube.com/watch?v=3LFmWhJu6Pw)

#### AquAdvantage Salmon

- AquAdvantage Salmon is the first GE animal for consumption with an FDA-approved application. The company collected data for over 10 generations of the animal.

Read the FDA AquAdvantage Salmon Fact Sheet:



<https://www.fda.gov/animal-veterinary/animals-intentional-genomic-alterations/aquadvantage-salmon-fact-sheet>

#### Federal agency inventories of safety evaluations

(search by product, e.g., apple):

- FDA: <https://www.fda.gov/food/consultation-programs-food-new-plant-varieties/final-biotechnology-consultations>
- USDA: <https://www.aphis.usda.gov/aphis/ourfocus/biotechnology/regulatory-processes/permits/status-update/release-permits>
- EPA: <https://www.epa.gov/ingredients-used-pesticide-products/current-and-previously-registered-section-3-plant-incorporated>

### DID YOU KNOW?

FDA and USDA use different words to characterize the regulatory processes by which a GE plant is evaluated and designated as safe. FDA uses a consultation process to evaluate whether food from a GE plant requires FDA's premarket approval for safe use. USDA uses a petition process to deregulate (remove from USDA's regulatory oversight) GE plants once it is determined they do not pose a plant pest risk.

### Three-Part, Science-Based Approach to Safety Evaluation of New Plant Varieties

Case-by-case approach	Comparative approach	Focus on new substances
Does the plant have a history of safe use? Is it typically used in human food? In animal food? What parts of the plant are eaten? Is it eaten fresh or is it processed?	Are the levels of important nutrients in food from the plant similar to the levels in food from varieties of the plant with a history of safe use? Are the levels of toxins and anti-nutrients the same or lower? If the levels are different, do the differences affect safety or nutrition?	Are there new substances in the plant? Will the new substances be present in food made from the new plant? If so, are the new substances toxins, antinutrients, or allergens?



## PART 2

### Food Labeling

The information listed on food labels serves different purposes. Some labeling is for safety and identity, and other labeling is for consumer interest/marketing (e.g., USDA's National Organic Program). Some information is required by law, and some is voluntary.

#### FDA and Labeling of Food From GE Plants

FDA's mandatory labeling requirements that apply to food, including from GE plants, are the same requirements that apply to all other foods under FDA's authority. The law requires foods to be identified on their label by their common and usual name. The common and usual name of a food is a name that appropriately describes the basic nature of the food or its characterizing properties or ingredients. The composition and functional properties of many ingredients made from GE plants are comparable to non-GE-derived counterparts, so the GE plant-derived ingredients are often identified by the same common or usual name. However, in cases where the composition has been changed in a meaningful way, then food from the new plant variety, GE or non-GE, would have a new name that describes the change (e.g., high oleic acid soybean oil, pink pineapple).

#### Mandatory Labeling of "Bioengineered (BE)" Food

In July 2016, Congress passed the National Bioengineered Food Disclosure Law, which directed USDA to establish standards for disclosing human foods that are or have ingredients that are bioengineered (BE). In December 2018, after gathering information and deliberating on what the standards should require, USDA announced the National Bioengineered Food Disclosure Standard (NBFDS or "the Standard"), which defines BE foods as those that contain detectable genetic material that has been modified through certain laboratory techniques and cannot be created through conventional breeding or found in nature. The Standard requires food manufacturers, importers, and certain retailers to disclose information about whether food offered for retail sale is BE or uses BE food ingredients. NBFDS is a marketing standard designed to provide consumers more information about their food. It does not address the health and safety of bioengineered foods, including any nutritional aspects of such foods.

The Standard requires food manufacturers, importers, and certain retailers to ensure that BE foods, and foods with BE ingredients, include a BE food disclosure. The disclosure may be made using one of several options: text, symbol, electronic or digital link, and/or text message. These disclosures are required by January 1, 2022.

Because the Standard defines BE foods as those that contain detectable modified genetic material, many highly refined foods will not require a BE food disclosure. Many highly refined foods are processed in a way that makes modified genetic material undetectable, which means these foods and ingredients are no longer considered BE foods. For example, sugar that is made from a BE sugar beet is usually processed to the point that modified genetic material is not detectable. As a result, sugar from a BE sugar beet would likely not require a BE food disclosure. However, the food manufacturer could voluntarily use the "Derived from bioengineering" disclosure shown below.

**NOTE:** Foods from genome edited plants usually do not require BE labeling, dependent on whether they fall within the definition of bioengineered foods as established in the Standard.

#### BE Labels



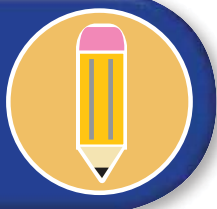
For more information on USDA's BE Standard and labeling, see [www.ams.usda.gov/rules-regulations/be](http://www.ams.usda.gov/rules-regulations/be).

#### USDA's National Organic Program

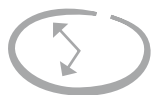
What are USDA "certified organic" foods? USDA certified organic foods are grown and processed according to federal guidelines addressing, among many factors, soil quality, animal raising practices, pest and weed control, and use of additives. A product cannot be labeled "organic" unless it meets the criteria set forth by the National Organic Program (NOP), overseen by USDA's Agricultural Marketing Service, for organic food. According to the NOP criteria, the use of genetic engineering is prohibited.

The NOP is a marketing standard and not a safety standard. That is, the NOP is a standard required for labeling a product as USDA certified organic and does not imply that a food is more or less safe than its non-organic counterparts. In fact, USDA certified organic foods and non-organic foods must meet the same food safety standards.

For more information, see <https://www.ams.usda.gov/rules-regulations/organic/labeling>.



# ARE THERE INGREDIENTS FROM GE PLANTS IN MY FOOD?



**TIME** Two 45-Minute Class Periods



## ACTIVITY AT A GLANCE

In this activity, students will examine a variety of foods and their ingredients to try to determine which foods contain ingredients that may come from GE plants.



## TIME TO TUNE IN

*Major science group weighs in on safety of genetically modified foods (2:40)*

<https://www.cbsnews.com/news/genetically-modified-foods-are-safe-to-eat-report-finds/>

*What does "organic" actually mean? (3:25)*

<https://grist.org/food/what-does-organic-actually-mean>

## GETTING STARTED

### MATERIALS

- **Food Labels Card** set
- Avery Mailing Labels #8163
- 3 x 5 Index Cards
- **Are There Ingredients from GE Plants in My Food?** worksheet
- Copies of USDA's fact sheet for consumers: **What is a Bioengineered Food?** [https://www.ams.usda.gov/sites/default/files/media/BE\\_Consumer.pdf](https://www.ams.usda.gov/sites/default/files/media/BE_Consumer.pdf)
- Personal devices or computers with internet access

### ADVANCE PREPARATION

- Divide the students into groups of 3 - 5.
- Create the **Food Labels Card** set for each group of students by copying them (pages 86-87) on Avery Mailing Labels #8163; then attach the labels to 3 x 5 Index Cards. For longer lasting card sets, laminate the cards. The cards could also be made by copying the templates on card stock and cutting them apart. Making sets in different colors helps keep the sets together.)
- Make a copy of the **Are There Ingredients from GE Plants in My Food?** worksheet for each group.
- Make copies for each student of the USDA fact sheet for consumers: **What is a Bioengineered Food?** [https://www.ams.usda.gov/sites/default/files/media/BE\\_Consumer.pdf](https://www.ams.usda.gov/sites/default/files/media/BE_Consumer.pdf)
- Distribute a **Food Labels Card** set to each group.



# ARE THERE INGREDIENTS FROM GE PLANTS IN MY FOOD?

## INTRODUCTION

Food manufacturers must evaluate any new ingredients for safety and nutritional value. They must also evaluate if the food was genetically engineered or uses GE food ingredients. This determines what ingredients are in the food and what kind of food labeling is required.

Explain that a variety of labeling approaches are used to identify products that do or do not include ingredients from GE plants, and that different terms, such as genetically engineered, bioengineered, and GMO, are also used.

Starting in January 2022, mandatory labels will read “Bioengineered” if the food is a bioengineered food or is made using bioengineered food ingredients. Along with this, some companies may voluntarily identify products that do not use bioengineered food ingredients, and they may use phrases like “not genetically engineered” or “non-GMO.”

Discuss a few examples of potential ingredients from GE plants in food.

- corn starch could come from GE corn
- soybean oil could come from GE soybeans
- canola oil could come from GE canola
- soy lecithin could come from GE soybeans

Ask students to brainstorm about the kinds of information they find on food labels. Groups should share their ideas with the whole class.

Consider asking students to gather (or take photos of) 3-4 food products from their home. Ask if anyone would like to share information about their food product and why the label is interesting to them. Ask them if the information and labeling on the package is required or if it is voluntary &/or used to market the product. This could be a short warm-up activity or a longer discussion.

Note: If students need a refresher on the Nutrition Facts label, refer to these resources:

- **What’s on the Nutrition Facts Label**  
<https://www.fda.gov/food/new-nutrition-facts-label/whats-new-nutrition-facts-label>
- **Interactive Nutrition Facts Label**  
[www.accessdata.fda.gov/scripts/InteractiveNutritionFactsLabel/#intro](http://www.accessdata.fda.gov/scripts/InteractiveNutritionFactsLabel/#intro)

## STUDENT PROCEDURE

1. Watch the videos:

*Major science group weighs in on safety of genetically modified foods* (2:40)

[www.cbsnews.com/news/genetically-modified-foods-are-safe-to-eat-report-finds](http://www.cbsnews.com/news/genetically-modified-foods-are-safe-to-eat-report-finds)

*What does “organic” actually mean?* (3:25)

<https://grist.org/food/what-does-organic-actually-mean>

2. Each group should have a **Food Labels Card** set that will be divided into two groups based on the ingredients:
  - (a) Foods with ingredients that could come from GE plants
  - (b) Foods with ingredients that have no counterpart from a GE plant

Discuss the food (and any ingredients) shown on each card, and decide which of the two categories is appropriate for that item.

3. Record the items in each category in the data table.
4. As a class, review the foods you placed in each category and explain your reasons for placement. Modify your data tables, as needed, during the discussion.
5. Discuss whether there are any food safety concerns about eating foods with GE ingredients. Support your reasons with facts.

## REVIEW

Labeling is used to inform consumers as well as for marketing, cultural, and other purposes. One example of marketing is when foods are labeled “non-GMO” even

though there are no GE counterparts (e.g., salt). Based on what you have learned in this activity, would you label these foods non-GMO? Why or why not?

# MODULE 5: FOOD AND INGREDIENT EVALUATION

## ARE THERE INGREDIENTS FROM GE PLANTS IN MY FOOD?



### EXTENSIONS

Students could do one or more of the following activities:

1. Relate this activity to the ✓(Check) Your Snacks! activity (p. 56) from **Science and Your Food Supply: Using the Nutrition Facts Label to Make Healthy Food Choices** <https://www.fda.gov/media/109430/download>  
Students could check the labels on their favorite snacks to see if any of them have ingredients from GE plants.
2. Write a report using one food package from home and include all of the labeling used on that package. Discuss which information is: (1) required or voluntary and (2) used for health/nutrition or marketing/cultural reasons.

### SUMMARY

The information listed on food labels serves different purposes. Some labeling is for safety and identity, and other labeling is for consumer interest/marketing.

A variety of labeling approaches are used to identify products that do or do not include ingredients from GE plants; and different terms, such as genetically engineered, bioengineered, and GMO, are used.

Food manufacturers, importers, and certain retailers are required to ensure that BE foods, and foods with BE ingredients, include a BE food disclosure (using one of several options: text, symbol, electronic or digital link, or text message) by January 1, 2022.

### RESOURCES

- *Biotechnology Consultations on Food from GE Plant Varieties*  
<https://www.cfsanappsexternal.fda.gov/scripts/fdcc/index.cfm?set=NewPlantVarietyConsultations>
- *Types of Food Ingredients*  
[www.fda.gov/food/food-additives-and-gras-ingredients-information-consumers/types-food-ingredients](http://www.fda.gov/food/food-additives-and-gras-ingredients-information-consumers/types-food-ingredients)
- *USDA: List of Bioengineered Foods*  
[www.ams.usda.gov/rules-regulations/be/bioengineered-foods-list](http://www.ams.usda.gov/rules-regulations/be/bioengineered-foods-list)
- *Animals with Intentional Genomic Alterations (FDA)*  
<https://www.fda.gov/animal-veterinary/biotechnology-products-cvm-animals-and-animal-food/animals-intentional-genomic-alterations>
- *Secrets of Plant Genomes: Revealed! – Potatoes vs. Late Blight*  
<https://news.cals.wisc.edu/2011/05/23/potatoes-vs-late-blight/>
- *Uganda's GMO Potato Story*  
<https://youtu.be/GUeXOWpYkGA>
- *New Plant Variety Regulatory Information*  
<https://www.fda.gov/food/food-new-plant-varieties/new-plant-variety-regulatory-information>
- *GM Plants Questions and Answers: The Royal Society*  
<https://royalsociety.org/-/media/policy/projects/gm-plants/gm-plant-q-and-a.pdf>
- *USDA: Biotechnology FAQs*  
[www.usda.gov/topics/biotechnology/biotechnology-frequently-asked-questions-faqs](http://www.usda.gov/topics/biotechnology/biotechnology-frequently-asked-questions-faqs)

# ARE THERE INGREDIENTS FROM GE PLANTS IN MY FOOD?



## RESOURCES (continued)

- *Understanding New Plant Varieties*  
<https://www.fda.gov/food/food-new-plant-varieties/understanding-new-plant-varieties>
- *Genetically Engineered Crops (The National Academies)* The PDF version of the book can be downloaded for free from this web page.  
[www.nap.edu/catalog/23395/genetically-engineered-crops-experiences-and-prospects](http://www.nap.edu/catalog/23395/genetically-engineered-crops-experiences-and-prospects)
- *The Case for Engineering Our Food*  
<https://www.youtube.com/watch?v=wZ2TF8-PGQ4>
- *How to Make a Genetically Modified Plant*  
[www.youtube.com/watch?v=JtkhHIG3nx4](http://www.youtube.com/watch?v=JtkhHIG3nx4) (review)
- *Organisation for Economic Co-operation and Development, plant composition homepage*  
[www.oecd.org/chemicalsafety/biotrack/consensus-document-for-work-on-safety-novel-and-foods-feeds-plants.htm](http://www.oecd.org/chemicalsafety/biotrack/consensus-document-for-work-on-safety-novel-and-foods-feeds-plants.htm)

## Nutrition Education

- *FDA's Interactive Food Label*  
[www.accessdata.fda.gov/scripts/InteractiveNutritionFactsLabel/#intro](http://www.accessdata.fda.gov/scripts/InteractiveNutritionFactsLabel/#intro)
- *FDA – Labeling and Nutrition*  
[www.fda.gov/food/labelingnutrition/default.htm](http://www.fda.gov/food/labelingnutrition/default.htm)
- *FDA Regulatory Requirements for Nutrient Content Claims*  
[www.ncbi.nlm.nih.gov/books/NBK209851](http://www.ncbi.nlm.nih.gov/books/NBK209851)
- *What's New With the Nutrition Facts Label*  
<https://www.fda.gov/food/new-nutrition-facts-label/whats-new-nutrition-facts-label>
- *Science and Our Food Supply: Using the Nutrition Facts Label to Make Healthy Food Choices*  
[www.fda.gov/downloads/Food/FoodScienceResearch/ToolsMaterials/UCM586423.pdf](http://www.fda.gov/downloads/Food/FoodScienceResearch/ToolsMaterials/UCM586423.pdf)

# STUDENT WORKSHEET

## ARE THERE INGREDIENTS FROM GE PLANTS IN MY FOOD?

Name \_\_\_\_\_ Date \_\_\_\_\_ Class/Hour \_\_\_\_\_

Look at each **Food Label** card and think about the ingredients in that item. If there isn't a label, research the food or beverage to find out what ingredients it might contain. After you have determined which group the food belongs to (GE/possible GE or Non-GE), put a check mark in that box below and list the reason(s) for that choice.

Food Card item	Marketing label, e.g., organic	Food or ingredients that may come from GE crops	GE or Possibly GE	Food or ingredients with no corresponding GE counterpart	Non-GE
Arctic Apple					
Cinnamon Crunch Cereal					
Clementines					
Coffee					
Cosmic Crisp Apple					
Cottage Cheese					
Cream Filled Cookies					
Cut Green Beans					
Graham Crackers					
Granola Bars					
Honey Nut Oat Cereal					
Margarine					
Orange Juice					
Pita Bread					
Rainbow Papaya					
Seedless Watermelon					
Sour Cream					
Table Salt					
Tea					
Wheat Bread					

## HONEY NUT OAT CEREAL



### INGREDIENTS:

(Whole Grain Oats, Sugar, Oat Bran, Modified Corn Starch, Honey, Brown Sugar Syrup, Salt, Ground Almonds, Calcium Carbonate, Trisodium Phosphate, Wheat Flour, Vitamin E, Zinc, Iron, Vitamin C, Niacinamide, Vitamin B6, Vitamin B2, Vitamin B1, Vitamin A Palmitate, Folic Acid, Vitamin B12, Vitamin D)

## CREAM FILLED COOKIES



### INGREDIENTS:

Sugar, Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), Palm, And/Or Canola Oil, High Fructose Corn Syrup, Cornstarch, Salt, Baking Soda, Soy Lecithin, Naturally And Artificial Flavor

## COSMIC CRISP APPLE



## ARCTIC APPLE



## SEEDLESS WATERMELON



## RAINBOW PAPAYA



## GRANOLA BARS

### Tasty Time Granola Bars



### INGREDIENTS:

Rolled Oats, Brown Sugar, Rice Flour, Rolled Wheat, Soybean Oil, Whole Wheat Flour, Soy Protein, Dried Coconut

## CLEMENTINES



## CINNAMON CRUNCH CEREAL



### INGREDIENTS:

Whole Grain Wheat, Sugar, Rice Flour, Canola Oil, Fructose, Maltodextrin, Dextrose, Salt, Cinnamon, Trisodium Phosphate, Soy Lecithin, Caramel Color. BHT Added to Preserve Freshness.

## GRAHAM CRACKERS



### INGREDIENTS:

Unbleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate {Vitamin B1}, Riboflavin {Vitamin B2}, Folic Acid), Graham Flour (Whole Grain Wheat Flour), Sugar, Soybean and/or Canola Oil, Honey, Leavening (Baking Soda and/or Calcium Phosphate), Salt, Soy Lecithin, Artificial Flavor.



## TABLE SALT



### INGREDIENTS:

Salt, Calcium Silicate (an anticaking agent), Dextrose, Potassium Iodine

## CUT GREEN BEANS



### INGREDIENTS:

Organic Green Beans, Water, Sea Salt

## PITA BREAD



### INGREDIENTS:

Unbleached Enriched Flour (Wheat Flour Niacin Iron Thiamin Mono-Nitrate Riboflavin Folic Acid) Water Yeast Salt Dough Conditioners (Wheat Flour Mono-Diglycerides Calcium Sulfate Corn Starch Guar Gum Calcium Carbonate Soy Oil Salt Ascorbic Acid Ada Ammonium Sulfate Enzymes Sodium Meta Bisulfate Potassium Iodate) Preservatives Less Than 1% Calcium Propionate Potassium Sorbate.

## WHEAT BREAD



### INGREDIENTS:

Whole Wheat Flour, Water, Sugar, Wheat Gluten, Raisin Juice Concentrate, Wheat Bran, Yeast, Molasses, Soybean Oil, Salt, Preservatives (Calcium Propionate, Sorbic Acid), Monoglycerides, DATEM, Calcium Sulfate, Grain Vinegar, Soy Lecithin, Soy, Whey (Milk)

## COFFEE



### INGREDIENTS:

Ground Coffee Beans

## MARGARINE



### INGREDIENTS:

Oil Blend (Canola, Palm, Fish, Flaxseed, And Olive Oils), Water, Contains Less Than 2% Of, Salt, Pea Protein, Natural And Artificial Flavors, Sunflower Lecithin, Vitamin A Palmitate, Beta-Carotene (Color), Vitamin D, Monoglycerides Of Vegetable Fatty Acids (Emulsifier); And Potassium Sorbate, Lactic Acid, TBHQ, Calcium Disodium EDTA (To Protect Freshness).

## ORANGE JUICE



### INGREDIENTS:

Water, Concentrated Orange Juice

## COTTAGE CHEESE



### INGREDIENTS:

Organic Cultured Pasteurized Skim Milk, Organic Pasteurized Cream, Organic Nonfat Milk, Salt, Citric Acid, Organic Guar Gum, Organic Locust Bean Gum, Acidophilus and Bifidus Cultures.

## SOUR CREAM



### INGREDIENTS:

Cultured Pasteurized Cream and Fat Free Milk, Enzymes

## TEA



### INGREDIENTS:

Green Tea

# CAPSTONE PROJECTS (OPTIONAL EVALUATION)

We hope that this supplementary curriculum *Science and Our Food Supply: Exploring Food Agriculture and Biotechnology* has helped to increase understanding of a broad range of related topics. The activities in each module were designed to assess students' understanding of content highlighted in that module. In some cases, the activities also required consideration and application of concepts learned in a previous module. The optional Extension activities provided opportunities to explore module content from a different perspective.

As a final assessment, students could select one of the following options:

1. What was something you learned from this curriculum that surprised you? Write a paper or design an education initiative to describe this concept to friends, family, and your community.
2. Which topic was hardest for you to understand? Write a paper or design an education initiative to describe additional information that helped bridge your understanding gap to make it easier to understand.
3. Write a paper describing a genetic engineering approach to develop a new plant variety. Include the research, and the social and legal steps required to safely provide this new food to consumers.
4. As long as we have food to eat, there will be many different jobs and careers in the fields of food and food agriculture. These include rural farmers, urban farmers, scientific researchers, laboratory technicians, dieticians, food sensory experts (food tasters, food smellers), grocery store employees, chefs, bakers, farmer's market organizers, food lawyers, food photographers, food writers, and more. If you could choose any food-related career, what would it be? Write a paper about how you expect that job to change over the next 10 to 20 years, considering current and emerging biotechnologies.
5. Most of the plant crops we have today are very different from what they originally were. Choose one of the plant crops you like to eat and trace the changes that have taken place in that crop from when it was first farmed to today.
6. You are helping farmers in Africa learn how to grow a new kind of sweet potato and must educate them about the importance of this new crop from an economic and health perspective. The flesh of most of the sweet potatoes grown in Africa is white, but this new sweet potato is orange. The new sweet potato provides more Vitamin A, which would address the malnourishment that often occurs among many African women and children. Identify reasons why farmers may be resistant to growing this new, orange sweet potato. Create an information program/campaign to help the farmers understand the benefits of growing this new sweet potato.  
(Source - <https://phys.org/news/2019-04-sweet-potatoes-world.html>)
7. You are volunteering at a children's museum and have been assigned to the Food Agriculture exhibit. Describe a hands-on activity about food agriculture that you could teach to young children (grades 3-5). How will you simplify key concepts to make them age-appropriate and understandable?
8. Science concepts can be stronger when arts and design play a central role. Choose an art form (i.e., painting, drawing, music, theater, sculpture) as the pivotal approach to explaining a concept from *Food Agriculture and Biotechnology*. Be sure to include a written explanation of the correlation through an artist's eye.

Include data, facts, and reference sources in your response. Use the **Credible Source Guide** to help choose the best sources.

# CREDIBLE SOURCE GUIDE

The internet is such an extensive source of information that it can be challenging to find credible information. A credible source is one that is balanced and is written with factual evidence. Credible sources can vary with the audience, topic, and discipline. To determine if a source can be trusted, consider the following characteristic of a credible source:

<b>Author</b>	Information that includes an author or additional contact information can be a good indicator of credible work. An author who is willing to identify him/herself as the writer validates this site or work. The author's credibility can also be verified through searches for their background as well as for additional articles by the author.
<b>Date</b>	The date of research information shows whether the information is recent. The validity of older information can be confirmed by considering whether more recent information supports it.
<b>Sources</b>	The information found on websites or articles should have citations, i.e., list sources of the information included in the article.
<b>Domain</b>	Many domains (ex: .com, .org, and .net) can be purchased and used by any person or group. The domain .edu is used by higher education schools, colleges and universities; the .gov domain is reserved for government websites. Information found on the .edu and .gov domains usually host credible information, but sometimes students are given a .edu address for their personal use by universities — be careful when citing). The .org domain is usually used by non-profit organizations that may host articles or information that supports a specific perspective and is not solely educational information.
<b>Site Design</b>	Often, a well-designed site can indicate reliable information (however, this is very subjective). A well-designed site or article helps make information more easily accessible.
<b>Writing Style</b>	Poor spelling and grammar indicate that the site or article may not be credible. Credible sites carefully review writing style and grammar to ensure that information is clear, concise, and accessible to its audience.

There are always exceptions to any rule; sometimes there are credible sites and articles that don't conform to these six categories. If you are unsure that the site you are using is credible, crosscheck the information with other sources that are known to be credible, such as an encyclopedia or another reliable source about the subject.

Adapted from <https://uknowit.uwgb.edu/page.php?id=30276>

## POSTER/INFOGRAPHIC RUBRIC

CATEGORIES	4	3	2	1
<b>Required Elements</b>	All required elements and additional information are included.	All required elements are included.	All but 1 of the required elements are included.	Several required elements were missing.
<b>Labels</b>	All items of importance are clearly labeled.	Almost all items of importance are clearly labeled.	Many items of importance are clearly labeled.	Labels are too small to view or no important items were labeled.
<b>Graphics - Relevance</b>	All graphics are related to the topic and make it easier to understand.	All graphics are related to the topic and most make it easier to understand.	All graphics relate to the topic.	Graphics do not relate to the topic.
<b>Attractiveness</b>	The presentation is exceptionally attractive in terms of design, layout, and neatness.	The presentation is attractive in terms of design, layout, and neatness.	The presentation is attractive but it may be a bit messy.	The presentation is poorly designed and not attractive.
<b>Grammar</b>	There are no grammatical/mechanical mistakes.	There are 1-2 grammatical/mechanical mistakes.	There are 3-4 grammatical/mechanical mistakes.	There are more than 4 grammatical/mechanical mistakes.

# GLOSSARY AND INDEX

For the purposes of this curriculum, these terms are defined as follows.

Many of the terms below are clearly defined within the curriculum text and are listed in the index below with the page number where the definition can be found. Some additional terms that are not defined in the text and that might not be familiar to your students are defined below.

## INDEX

Term	Page
Adaptive Immunity	29
Agricultural Pest	41, 46
Angiosperm	7
Anti-nutrient	64
Biofortification	66
Biotechnology	8
Carbon Footprint	41
Cloning	8
Competent Bacteria	26
Composition (of food)	76
CRISPR	29
CRISPR-Associated (Cas) genes	29
Cross Breeding	8
Cultivar	8
Diploid	8, 18
DNA library	27
Domestication	8
Environmental Footprint	41
Fortification	66

Term	Page
Genetic Engineering (GE)	25
Genetic Modification	8
Genome Editing	29
Grafting	8
Gymnosperm	7
Heterosis (hybrid vigor)	8
Hidden Hunger	65
Horizontal Gene Transfer	26
Hybridization/Hybrid	8
Identity (of food)	76
Integrated Pest Management	41
Ligase	26
Linkage Drag	25
Malnutrition	65
Mendelian Laws of Inheritance	7
Methods of Cloning	27
Octoploid	18
Palindromic Sequence	29
Phloem	56
Plasmid	26

Term	Page
Pomology	11
Precision Agriculture (PA)	8
Recombinant DNA (rDNA)	26
Restriction Endonuclease	26
Restriction Enzymes	26
Risk Quotient	43
Scion	9
Scouting	56
Selective Breeding	8
Sticky Ends	26
Till	41
Toxicant	64
Toxin	64
Transformation	26
Transformation Plasmid	28
Transgene (also “desired gene”)	27
Vegetative Reproduction (propagation)	7

## GLOSSARY

Term	Page
<b>Abiotic</b> – physical (as opposed to biological), or not from living organism	30
<b>Bacterial Transformation</b> – the use of bacterial DNA to transfer genetic material from one cell to another	26
<b>Bioavailability</b> – the portion of a substance that can enter circulation and become effective in a living organism	64
<b>Biotic</b> – a living feature	30, 40
<b>Complementary DNA (cDNA)</b> – single-stranded DNA synthesized from an RNA template	27

Term	Page
<b>Crop Yield</b> – a measurement of the amount of agricultural production harvested per unit of land area	25
<b>Endonuclease</b> – an enzyme that cuts a DNA or RNA strand at a location other than the ends	26
<b>Green Revolution</b> – a period of agricultural advances in technology that increased crop yields worldwide in the 1950s and 1960s	7
<b>Nuclease</b> – an enzyme that cuts DNA or RNA into smaller sections	30
<b>Parasitoid</b> – insect whose larvae live as parasites on and eventually kill their host	42

Term	Page
<b>Repair Template (or template DNA)</b> – a single strand of DNA composed of the desired sequence of nucleotides to enable the creation of the double-stranded DNA containing the correct (or desired) sequence of nucleotides.	29
<b>Selectable Marker (selection marker)</b> – a gene that allows only organisms with a certain adaptation to survive under a particular condition, e.g., antibiotic exposure	28
<b>Tillage</b> – preparation of land to grow crops by mechanical agitation	41

# MAKING A NEW APPLE CULTIVAR WORKSHEET

## ANSWERS

### PART A: *APPLE, HOW DOES IT GROW?*

[www.youtube.com/watch?v=UWLMeh1HIBw](http://www.youtube.com/watch?v=UWLMeh1HIBw)

1. What is meant by the statement, "Each apple seed is genetically unique?"  
Each seed has the potential to produce a completely different apple than the one from which the seed came.
2. Explain how grafting is used to propagate new apple trees.  
In grafting, the bud from the apple cultivar the farmer wants to grow is placed in a small cut on an apple root stock. The bud and root stock fuse together and a new apple tree is produced.
3. Explain the importance of pollinators in the production of the apple crop.  
Insect pollinators are important in the cross-pollination of the apple blossoms. If the blossoms are not cross-pollinated, apples will not be produced.
4. Describe some methods that apple growers use to control pests?  
A fake apple covered with a sticky material attracts apple maggot flies. When the flies are observed on the apple, the grower knows it is time to spray.  
Insect birth control-twist ties with a pheromone in them are placed in the trees. The pheromone is released over time and sends out a scent that confuses the male insect and he never mates with the female.
5. If apples are only harvested in the late summer and fall, how are they available to consumers all year round?  
Apples are picked when they are half their ripened color and then placed in low oxygen storage, which puts the apples "to sleep."
6. How does the United States compare to other countries in the amount of apples produced?  
The United States is the second largest producer of apples in the world.

# MAKING A NEW APPLE CULTIVAR WORKSHEET

## SAMPLE ANSWERS

### PART B: APPLE BREEDING

You will carry out a simulated, apple breeding activity, similar to the process of crossbreeding, to create your own new apple cultivar. You will do this simulation by choosing the two “parents” from the apple variety cards provided and simulate the crossbreeding of those parents by flipping a coin. The purpose of this activity is to replicate how long it takes to produce new apple cultivars.

1. Review the Apple Cultivar Cards.
2. Choose the parent apple cultivars – “mother” and “father” – that have the traits (color, size, shape, flavor, and resistance) that you want for your new apple cultivar. You will crossbreed these parents to produce your new apple cultivar. Write the names of your two parent cultivars on the lines below. Your mother cultivar will be represented by heads on your coin; your father cultivar will be represented by tails. At least one of your parents must have the trait you want to have in your new apple cultivar.

Mother apple cultivar – heads Granny Smith

Father apple cultivar – tails Red Delicious

3. List the five traits, including one resistance trait, you want for your new apple cultivar.

Desired traits of your new apple cultivar	
Fruit color	Bright green
Fruit size	Middle to large
Fruit shape	Round
Flavor	Mildly sweet
Choose 1 resistance trait and cross-out the others	
<del>Browning</del>	
<del>Scab</del>	
<del>Mildew</del>	
Fire blight	
Cedar Apple Rust	

4. You will flip a coin to determine if the trait is inherited from the mother apple or the father apple. If the coin is heads, the apple inherits the trait from the mother; if the coin is tails, the apple inherits the trait from the father (this is a very simplified model for inheritance). Count the number of flips for **each** trait until you get the desired trait. Record that data in the table below. Complete the selection of each trait before you start the next one.

New Apple Cultivar Trait	Mother	Father	Number of flips to get desired trait
Fruit color: Bright Green	////	/	5
Fruit size: Medium to Large	//	/	3
Fruit shape: Round	/	/	2
Flavor: Mildly Sweet	/		1
Resistance to: Cedar Apple Rust		/	1
Total number of coin flips to get all of the desired traits			12

#### Report:

1. How many times (coin flips) did it take for you to get all the traits you want in your apple? 12
2. If it takes up to 5 years for a tree to mature enough to produce an apple, how many years would this process have taken you to produce your new cultivar? (Multiply the number of times (flips) it took you to replicate the variety, times 5 years.) 60
3. You can now patent and name your new apple. What will you call it? \_\_\_\_\_
4. Why did you pick the name? \_\_\_\_\_

5. Draw a picture of your new apple cultivar below:

# STRAWBERRY DNA EXTRACTION WORKSHEET ANSWERS

1. What is DNA?

Answers will vary. DNA is deoxyribonucleic acid – hereditary material passed from parents to offspring.

2. Where in the cell is the DNA found?

Answers will vary. DNA is found in the nucleus of the cell.

3. What does the word extraction mean?

Answers will vary. Extraction is to remove from or to take out of something.

4. How do you think you could extract the DNA from cells?

Answers will vary. Accept all student responses. Students may suggest that certain chemicals are needed.

5. Does your food contain DNA, and if so, where would that DNA be found?

Answers will vary. Students may suggest that the DNA is found in the cells of the food.

6. Each step in the extraction process aids in isolating DNA from the other cellular materials. Explain why each step was necessary and put the DNA extraction procedure into context by answering the following questions:

Why did you have to mash the strawberries?

To spread all the cells out as much as possible and to break down the cell walls

What was the purpose of the salt in the DNA extracting solution?

The salt helps the DNA precipitate out of the solution.

What was the purpose of the liquid detergent in the DNA extracting solution?

The detergent breaks open the cells; it breaks down the cell membrane and nuclear membrane.

Explain what happened when you added the alcohol to the strawberry extract.

The alcohol caused the DNA to precipitate out of the solution.

What did the extracted DNA look like?

It was a white, slimy solid.

7. Why is it useful for scientists to be able to extract DNA from fruits and vegetables? List at least two reasons.






Answers will vary. Scientists can use the DNA to determine which parents to cross to produce a plant with the desired traits.

The DNA can be used to determine if the seedlings produced by the cross breeding have the desired traits.






8. If you could extract the DNA from any fruit or vegetable, which one would you choose and why would you want to study its DNA?

Answers will vary.






# GENETIC ENGINEERING IN CROSS-ACTIVITY ANSWERS

<p><b>Alfalfa Problem 1</b></p>  <p>Alfalfa is a very nutritious, perennial legume that contains high concentrations of several vitamins needed by dairy cattle. Weeds often infest alfalfa fields, causing many problems for farmers: reduced crop yield, reduced crop quality, and more severe insect infestations. Alfalfa farmers use crop rotation, herbicides, and other practices to try to control weed infestation.</p>	<p><b>Possible Solution</b></p> <p>Removing weeds by physical methods such as tilling can be time-consuming and expensive, so farmers often spray herbicides to destroy weeds. Farmers use less fuel because fewer passes are made through the field to till. However, a farmer can only spray herbicides on a crop if it is tolerant to the herbicide. Scientists have genetically engineered crop plants to be tolerant to certain herbicides. Use of herbicide-tolerant crops could help reduce environmental damage because they require less tilling. Less tilling can lead to reduced soil erosion.</p>
<p><b>Alfalfa Problem 2</b></p>  <p>Alfalfa is a very nutritious, perennial legume that provides food for dairy cattle. Alfalfa plant stems contain lignin, which is important because it provides strength for upright growth. The amount of lignin in the stems increases as the plants mature (grow). Since lignin is mostly indigestible by cows, this means that the quality of alfalfa as a food decreases the longer the farmer waits to harvest it. The farmers have limited time during the growing season to harvest the alfalfa.</p>	<p><b>Possible Solution</b></p> <p>Scientists have identified several genes that control the ability of the plant to produce certain lignin building blocks. Genetic engineering has been used to suppress these genes, which causes a slower rate of lignin production in the plant but does not affect the strength of the plant's stem. The reduced-lignin plant gives the farmer greater flexibility to decide when to harvest his crop to achieve high yields and good food quality. This results in better food efficiency and less manure production.</p>
<p><b>Apple Problem</b></p>  <p>Apples are a very important crop in the United States, the second largest producer of apples in the world. Biting and/or slicing into an apple damages the apple cells, and this causes a chemical reaction that turns the apple brown. The brown color is unappealing to consumers who often throw the apples away rather than eating them. This results in wasted food.</p>	<p><b>Possible Solution</b></p> <p>Researchers have discovered that by inserting extra pieces of several genes into a plant, they can turn off expression of the browning enzymes and thus prevent browning.</p>
<p><b>Canola Problem</b></p>  <p>The canola plant is cultivated for its seeds. The seeds are processed into high quality, edible oil that is used in many foods, and into high protein meal, which is desirable food for livestock, poultry and fish. Weeds that grow among the canola plants compete for space, nutrients, and sunlight and ultimately can lead to significant crop yield losses and controllable bank seed at harvest. Weed control through herbicide application during the growing season improves the quantity and quality of the grain produced.</p>	<p><b>Possible Solution</b></p> <p>Removing weeds by physical methods such as tilling can be time-consuming and expensive, so farmers often spray herbicides to destroy weeds. Farmers use less fuel because fewer passes are made through the field to till. However, a farmer can only spray herbicides on his or her crop if it is tolerant to the herbicide. Scientists have genetically engineered crop plants to be tolerant to certain herbicides. Use of herbicide-tolerant crops could help reduce environmental damage because they require less tilling. Less tilling can lead to reduced soil erosion.</p>
<p><b>Field Corn Problem 1</b></p>  <p>Corn is the premium food for cows, pigs, and chickens. Field corn is also used in the production of ethanol, an additive in gasoline, and a small portion is processed for use as corn cereal, corn starch, corn oil, and corn syrup for human consumption. The corn borer, a moth that lays eggs on corn plants, is a serious pest. When the eggs hatch, the larva that looks like a small worm eats the corn plants and can cause millions of dollars of damage to the corn field.</p>	<p><b>Possible Solution</b></p> <p>To make plants resistant to damage by insect pests, scientists have taken genes from the bacteria <i>Bacillus thuringiensis</i> (Bt) and inserted these into the plant. The genes make proteins that are toxic to the insect pests that eat the plants. Bt toxins are desirable pest control agents because they are non-toxic to humans, animals, or most other insects, but are highly effective against specific groups of pest insects. When ingested, Bt toxins act as gut poisons for the pest, causing susceptible insects to stop feeding and eventually die.</p>





MIDDLE LEVEL 5

<p><b>Field Corn Problem 2</b></p>  <p>Corn is the premium food for cows, pigs, and chickens. Field corn is also used in the production of ethanol, an additive in gasoline, and a small portion is processed for use as corn cereal, corn starch, corn oil, and corn syrup for human consumption. Weed control is one of corn farmer's greatest challenges, because poorly controlled weeds drastically reduce crop yield and quality. Herbicides help increase yield, so they are an important part of commercial food production.</p>	<p><b>Possible Solution</b></p> <p>Removing weeds by physical methods such as tilling can be time-consuming and expensive, so farmers often spray herbicides to destroy weeds. Farmers use less fuel because fewer passes are made through the field to till. However, a farmer can only spray herbicides on a crop if it is tolerant to the herbicide. Scientists have genetically engineered crop plants to be tolerant to certain herbicides. Use of herbicide-tolerant crops could help reduce environmental damage because they require less tilling. Less tilling can lead to reduced soil erosion.</p>
<p><b>Field Corn Problem 3</b></p>  <p>Corn is the premium food for cows, pigs, and chickens. Field corn is also used in the production of ethanol, an additive in gasoline, and a small portion is processed for use as corn cereal, corn starch, corn oil, and corn syrup for human consumption. In some corn-growing regions of the United States, farmers can experience water shortages, sometimes caused by drought. Climate models suggest that drought will become more frequent in North America if the planet continues to heat up. Water will become increasingly precious. Plants under drought stress grow slower and may not survive. Droughts can lead to significant crop yield losses for farmers.</p>	<p><b>Possible Solution</b></p> <p>Scientists have developed a plant variety that carries a gene from the soil bacterium <i>Diazaeobacter</i>. This gene makes a protein that helps reduce the damaging effects of drought by enabling the plant to preserve normal growth functions even when water is limited.</p>
<p><b>Cotton Problem</b></p>  <p>Cotton is one of the most important crops grown in the United States. The major use of the cotton fiber is in the textile industry. The oil from the seeds is used in cooking and in making soaps. The seeds may also be used as food for livestock. The cotton bollworm is an insect larva that feeds on parts of the cotton plant. Major harvest damage from bollworm infestations results in huge losses to farmers as well as industry, and leads to waste of precious resources like soil, water, and labor.</p>	<p><b>Possible Solution</b></p> <p>To make plants resistant to damage by insect pests, scientists have taken genes from the bacteria <i>Bacillus thuringiensis</i> (Bt) and inserted these into the plant. The genes make proteins that are toxic to the insect pests that eat the plants. Bt toxins are desirable pest control agents because they are non-toxic to humans, animals, or most other insects, but are highly effective against specific groups of pest insects. When ingested, Bt toxins act as gut poisons for the pest, causing susceptible insects to stop feeding and eventually die.</p>
<p><b>Papaya Problem</b></p>  <p>The papaya is a tropical fruit with a pear shape, sweet taste, and soft texture. One of the problems with growing papaya is susceptibility to a disease called the papaya ring spot virus. This virus deforms the fruit of young plants and can also prevent the plant from producing fruit. The virus is spread by insects and is not contained. Papaya production in Hawaii was cut in half because of this virus.</p>	<p><b>Possible Solution</b></p> <p>Scientists have transferred a gene from the plant virus into plants. This acts like a vaccine that makes the plant resistant to that specific virus. The virus genes are not transferred to humans through the food.</p>
<p><b>Potato Problem 1</b></p>  <p>The potato is the leading vegetable crop in the United States. Potatoes are sold fresh and as processed products such as French fries and chips. Raw by-products of potato processing, as well as some potato protein, are used as food for farm animals. Potatoes can be bruised by impact during harvesting and storage, which results in black spots in the potato. Consumers will not purchase discolored potatoes, and those are thrown away. This results in food waste.</p>	<p><b>Possible Solution</b></p> <p>Researchers have discovered that by inserting a piece of a certain wild plant gene, they can turn off the expression of the enzyme in a plant involved in bruising. This prevents discoloration from bruising.</p>

MIDDLE LEVEL 6

<p><b>Potato Problem 2</b></p>  <p>The potato is the leading vegetable crop in the United States. Potatoes are sold fresh and as processed products such as French fries and chips. Raw by-products of potato processing, as well as some potato protein, are used as food for farm animals. During storage, the starch in the potato can turn into sugar and can negatively affect the color and taste of fried potato products. If sugar formation during storage could be prevented, the French fries and chips made from the stored potato would have a more consistent golden color and a better taste and texture.</p>	<p><b>Possible Solution</b></p> <p>Researchers have discovered that by inserting pieces of certain genes from a plant, they can turn off expression of the enzymes that change starch into sugars. This prevents production of the sugars responsible for undesirable color and taste.</p>
<p><b>Potato Problem 3</b></p>  <p>The potato is the leading vegetable crop in the United States. Potatoes are sold fresh and as processed products such as French fries and chips. Raw by-products of potato processing, as well as some potato protein, are used as food for farm animals. Asparagine is a chemical found in potatoes that causes the potato, when cooked at high temperatures, to produce another chemical called acrylamide. Reducing acrylamide levels in foods may mitigate potential human health risks from exposure to acrylamide. If the amount of asparagine in the potato is reduced, then the amount of acrylamide produced can be reduced.</p>	<p><b>Possible Solution</b></p> <p>Researchers have discovered that by inserting a piece of a certain plant gene, they can turn off expression of the enzyme in plants that makes asparagine and prevent asparagine production.</p>
<p><b>Potato Problem 4</b></p>  <p>The potato is the leading vegetable crop in the United States. Potatoes are sold fresh and as processed products such as French fries and chips. Raw by-products of potato processing, as well as some potato protein, are used as food for farm animals. Late blight, also called potato blight, is the disease that caused the Irish potato famine in the 1840's. This disease killed the entire potato crop and led to the death of about a million people in Ireland. Late blight disease is still a major problem for potato farmers, especially in regions that receive a great deal of rainfall. Fungicides have been used for decades to prevent the blight disease, which is caused by a fungus-like organism.</p>	<p><b>Possible Solution</b></p> <p>Scientists have developed crops that are resistant to certain fungal diseases by inserting a gene from a wild relative that is resistant to the disease. This acts like a vaccine that makes the crop plant resistant to that specific disease. This new genetically engineered crop is more resistant to the damage caused by the fungus-like organism, so the farmer doesn't need to apply as much fungicide to keep the plants healthy.</p>
<p><b>Potato Problem 5</b></p>  <p>The potato is the leading vegetable crop in the United States. Potatoes are sold fresh and as processed products such as French fries and chips. Raw by-products of potato processing, as well as some potato protein, are used as food for farm animals. Colorado potato beetle larvae are slug-like animals with a soft shell. Larvae eat foliage as they grow; this is the most destructive stage, but the adult beetle can also eat the plant foliage and destroy the potato plant. Methods used to try to control this insect include: crop rotation, beneficial insects, systemic insecticides, bait insecticides, and Bt products.</p>	<p><b>Possible Solution</b></p> <p>To make plants resistant to damage by insect pests, scientists have taken genes from the bacteria <i>Bacillus thuringiensis</i> (Bt) and inserted these into the plant. The genes make proteins that are toxic to the insect pests that eat the plants. Bt toxins are desirable pest control agents because they are non-toxic to humans, animals, or most other insects, but are highly effective against specific groups of pest insects. When ingested, Bt toxins act as gut poisons for the pest, causing susceptible insects to stop feeding and eventually die.</p>
<p><b>Rice Problem</b></p>  <p>Rice is grown in more than 100 countries around the world. It is consumed as a staple food in several south and southeast Asian countries where many people suffer from a lack of vitamin A in their diets. Vitamin A deficiency is the leading cause of preventable blindness in children and long-term vitamin A deficiency increases the risk of infections and death. Although the carbohydrates in rice make it a good source of energy, rice has very little vitamin A. Since the populations that are vitamin A deficient are the same ones that use rice as a staple food, improving the nutritional quality of rice could improve their health.</p>	<p><b>Possible Solution</b></p> <p>Scientists inserted two genes – one from a plant and one from bacteria – into a plant to enable it to produce beta-carotene in the crop grains. The grain is 'golden' in color and can be eaten as a source of dietary beta-carotene. The human body can convert the beta-carotene we eat into vitamin A. This grain with beta-carotene has the potential to improve the health of populations that do not currently get enough vitamin A or beta-carotene in their diet.</p>

MIDDLE LEVEL 7

<p><b>Soybean Problem 1</b></p>  <p>Soybeans are protein-rich, edible legumes that are used mainly as livestock food, but they are also used to produce many food ingredients such as milk, soy beverages, soybean oil, and soy lecithin, which is used in chocolate and ice cream for a smoother texture. Weed growth alongside the crop is a recurring problem for farmers, who use a lot of time and materials to control the weeds.</p>	<p><b>Possible Solution</b></p> <p>Removing weeds by physical methods such as tilling can be time-consuming and expensive, so farmers often spray herbicides to destroy weeds. Farmers use less fuel because fewer passes are made through the field to till. However, a farmer can only spray herbicides on a crop if it is tolerant to the herbicide. Scientists have genetically engineered crop plants to be tolerant to certain herbicides. Use of herbicide-tolerant crops could help reduce environmental damage because the crops require less tilling. Less tilling can lead to reduced soil erosion.</p>
<p><b>Soybean Problem 2</b></p>  <p>Soybeans are protein-rich, edible legumes that are used mainly as livestock food, but they are also used to produce many food ingredients such as soybean oil. Soybean oil contains a type of fat – polyunsaturated fat – which makes the oil less stable, resulting in a disagreeable taste and a shorter shelf-life. To increase soybean oil stability, manufacturers use a process called hydrogenation to decrease the levels of the unstable fats. Partial hydrogenation of soybean oil makes the oil more stable when used in food, but the process also produces trans fat. Trans fat has been linked to heart disease.</p>	<p><b>Possible Solution</b></p> <p>Scientists can use genome editing to remove, or delete, genes in the plant that are involved in the production of the polyunsaturated fat. Instead of making polyunsaturated fat, these plants accumulate more of a monounsaturated fat called oleic acid. Oils with a higher level of oleic acid are more stable, require less processing, and may be used as an alternative for unhealthy trans fat-containing oils in processed food.</p>
<p><b>Sugar Beet Problem</b></p>  <p>The sugar beet is a plant that is grown for its sugar content. Part of the plant is used for animal feed. Sugar beets are labor-intensive to grow and require constant care. Sugar beet farmers consider weeds to be their major problem, and they spend a lot of time, effort, and resources trying to control the weeds. Because sugar beets grow over two seasons, there are many different weeds that affect the crop, so farmers must plan carefully, deciding which weeds to treat and when.</p>	<p><b>Possible Solution</b></p> <p>Removing weeds by physical methods such as tilling can be time-consuming and expensive, so farmers often spray herbicides to destroy weeds. Farmers use less fuel because fewer passes are made through the field to till. However, a farmer can only spray herbicides on a crop if it is tolerant to the herbicide. Scientists have genetically engineered crop plants to be tolerant to certain herbicides. Use of herbicide-tolerant crops could help reduce environmental damage because the crops require less tilling. Less tilling can lead to reduced soil erosion.</p>
<p><b>Summer Squash Problem</b></p>  <p>Summer squash is a very common vegetable that is subject to infection from four different viruses. Infections result in stunted, discolored plants and some plants may have spots and an irregular shape. While these vegetables are safe to eat, their appearance deters consumers from purchasing them. The viruses routinely reduce crop yields by 20–80%, depending on the production season and growing region. Using virus large amounts of money to spread of the viruses because insects carry the viruses from plant to plant.</p>	<p><b>Possible Solution</b></p> <p>Scientists have transferred genes from the plant virus into plants. This acts like a vaccine that makes the plant resistant to that specific virus. If the plants are resistant to viral infection, the plants will be healthier and the farmer might use less insecticide to control the insects that spread the virus. The virus genes are not transferred to humans through the food.</p>

MIDDLE LEVEL 8

Student answers will vary in the second student worksheet.



# STUDENT WORKSHEET

## SAMPLE ANSWERS

### ACTIVITY 1: AGRICULTURAL PESTS

Name \_\_\_\_\_ Date \_\_\_\_\_ Class/Hour \_\_\_\_\_

Write your working definition for agricultural pests here: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

This answer key provides examples of the pests and beneficial insects and plants that students will find through their research.

DATA TABLE		
Name and Kind of Organism	Pest or Beneficial	Action
1. Russian wheat aphid	Pest	Feeds on wheat, barley, oats
2. Phytophthora ramorum – water mold	Pest	Feeds on tanoak and coastal live oak in California and Oregon
3. Brown stink bug – insect	Pest	Feeds mainly on fruit trees but also other plants – eastern United States
4. Hessian fly – insect	Pest	Feeds on winter wheat – southeastern United States
5. Two-spotted spider mite – mite	Pest	Feeds on vegetable and food crops
6. Asian citrus psyllid – insect	Pest	Feeds on all citrus trees
7. Honey bee – insect	Beneficial	Pollinates flowers
8. Giant African snail – mollusk	Pest	Feeds on fruit and vegetable plants
9. Long-jawed orb weaver – spider	Beneficial	Eat flies, moths, and other insects
10. Lady beetle – insect	Beneficial	Feeds on aphids and scale insects
11. Nasturtium – weed	Beneficial	Repels insect pests; crowds out other weeds

List the pests that affect the plants shown in the video, *The Amazing Way Plants Defend Themselves*  
<https://ed.ted.com/lessons/the-amazing-ways-plants-defend-themselves-valentin-hammoudi>

Answers: Insects (aphids, caterpillars, grasshoppers); small and large herbivores (tortoises, koala bears, elephants); fungi, bacteria, microbes

List the pests that affect agricultural crops shown in the video, *Do We Really Need Pesticides?*  
<https://ed.ted.com/lessons/do-we-really-need-pesticides-fernan-perez-galvez#review>

Answers: Insects, fungi, unwanted weeds, rodents, bacteria

Final working definition for agricultural pests: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

# STUDENT WORKSHEET

## ACTIVITY 2: PEST MANAGEMENT

### RESEARCH PROJECT SAMPLE ANSWERS

Group Members \_\_\_\_\_ Pest \_\_\_\_\_

Use the tables below to collect data for your poster.

PEST		
Description of Pest	Native/Non-Native (Where it came from and how it got here)	Life Cycle Most Dangerous to Crop
Giant African Snail	East Africa	Adult
Crop(s) Affected	Damage to Crop	Number of Individual Pests Present to Significantly Harm Crop
500 different kinds of plants – including all crops grown in Florida	Crops could be destroyed	One can lay 100 – 500 eggs; highly invasive

PEST MANAGEMENT OPTIONS			
Management Method	Environmental Impact	Effectiveness	Data Source(s)
Iron Phosphate	Does not affect the quality of the human environment (proper use and handling required)	Very effective when used in combination with boric acid and physical removal	University of FL; APHIS
Metaldehyde	Use with caution around birds and mammals (proper use and handling required)	When used in conjunction with other methods increases their effectiveness	University of FL; APHIS
Boric Acid	Does not significantly affect the quality of the human environment (proper use and handling required)	Very effective when used in combination with iron phosphate and physical removal	University of FL; APHIS
Physical removal	Plants not destroyed	Very effective when used in combination with boric acid and iron phosphate	University of FL; APHIS

Best possible management solution(s).

According to APHIS, the most effective management program includes physical removal, iron phosphate, and boric acid. In some areas, Metaldehyde has been approved for use in conjunction with physical removal, iron phosphate, and boric acid.

Note any data you find about the environmental impact of the best management solution(s), using + for positive impact, — for negative impact and 0 for no impact.

Air Quality	0	Pollinators	0	Human Health	0
Biodiversity	0	Wildlife	— Some birds	Surface Water	0
Groundwater	0	Soil Fauna	0	Irrigation	0
CO <sub>2</sub> Emissions	0	Estuaries	0	Fossil Fuels	0
Waste	0	Methane Emissions	0	Desertification	0
Sustainability	0	Government Policy	0	Flora	0

# STUDENT WORKSHEET

## SAMPLE ANSWERS

### ACTIVITY 3: CITRUS GREENING DISEASE

Name \_\_\_\_\_ Date \_\_\_\_\_ Class/Hour \_\_\_\_\_

Answer the following questions as you watch these two videos:

*Bitter Fruit - Citrus Greening Disease Threatens Florida Industry* [www.youtube.com/watch?v=T5nqVmlUaM](http://www.youtube.com/watch?v=T5nqVmlUaM) and

*Citrus Greening Disease* [www.youtube.com/watch?v=G\\_1sobDdtiM](http://www.youtube.com/watch?v=G_1sobDdtiM).

1. What is citrus greening disease and what are its symptoms?  
Citrus greening disease is a bacterial infection that impacts all kinds of citrus plants. Symptoms: fruit falls prematurely, fruit is misshapen, juice is very bitter.
2. What is the name of the bacterium that causes the disease?  
*Candidatus Liberibacter asiaticus*
3. How does the disease spread in a citrus grove?  
Psyllid insects transfer the bacterium from one plant to another. The bacteria live in the sap of the plant. The insects feed on the sap and ingest the bacteria and carry the bacteria from one tree to another.
4. How widespread is this disease in the United States?  
The disease is now in all counties in FL that grow citrus, GA, AL, MS, LA, TX, CA, SC, AZ.
5. Which groups of people are impacted by citrus greening disease?  
The disease impacts growers, producers, juicers, and consumers.
6. What is the research objective of the scientists' work in the video?  
Scientists are trying to understand how the bacteria are spread and to develop new ways to block it from spreading in a grove.
7. What is the hypothesis for their research?  
Scientists are interested in the disease transmission process. Not all insects are able to transmit the bacteria. They are trying to find out why some insects transmit the disease and some do not.
8. What happens to the bacterium in the body of a psyllid that enables it to be transmitted from one citrus tree to another?  
The bacteria need to be able to travel through the body of the insect, penetrate cell membranes, enter salivary glands, and reproduce inside the insect.
9. List the 4 steps in the Detached Leaf Transmission Assay.  
1. Set up healthy leaves 2. Collect exposed insects from diseased leaves 3. Put exposed insects on healthy leaves 4. Allow insects to feed on leaves for 7 days
10. How do the scientists detect the bacteria in the infected leaves and why do they use this method?  
Scientists look for the DNA of the disease-causing bacteria, which can be detected in just 7 days, because trees can take years to exhibit visible signs of the disease.
11. What did the scientists learn through their research?  
The scientists learned that some populations of insects transmitted the bacteria while others did not.
12. What do the scientists hope to eventually be able to do with their information?  
By studying the biology of the different populations of insects, they will learn why some transmit the bacteria and others do not.
13. Why do you think this research is important?  
Students should use the information from the video to answer this question.
14. If you could use Genetic Engineering to create a way to control HLB, what would you design, and which pest control method would it use? \_\_\_\_\_  
\_\_\_\_\_

# CITRUS GREENING MANAGEMENT PROGRAMS DATA

## TABLE **SAMPLE ANSWERS**

Management Program	Management Description	Effectiveness of Treatment	Environmental Impact	Part of Tree Treated	Where Used and Frequency
<b>Parasitic wasps – <i>Tamarixia Radiata</i></b>	Classical biocontrol: wasp lays egg inside body of psyllid nymph; wasp larva feeds on nymph, killing it. Adult wasp emerges from nymph's thorax. Adult wasps also feed on younger nymphs	Slows spread of disease; only works when population of psyllids is low	Wasps only known to attack psyllids	Psyllid nymph inside the tree	Arizona, Florida, California, Puerto Rico Used as long as psyllids are present
<b>Nutrition</b>	Diagnosis and Recommendation Integrated System (DRIS) used to analyze trees and determine fertilizer needed.	HLB stunts feeder roots and causes nutrient deficiencies in roots and canopies. Applying the proper amount of the deficient nutrients helps the tree fight HLB.		Leaves and roots	Florida
<b>Reflective mulch</b>	Material such as aluminum or silver polyethylene mulches reflect light up onto the plants & may impair psyllids' ability to find the tree; mulch together with fertigation* helps tree come into production more quickly.	Has been successful with certain vegetable crops; canopy of older trees shade the mulch	Requires less fertilizer, water, and herbicide vs. bare ground	Used under newly planted trees.	Florida, California, Brazil
<b>Heat treatment</b>	Mature trees are encased in plastic tent – sun heats air; or, steam is used. Seedlings are grown in greenhouses	Slows or diminishes psyllid count; kills some of bacteria; may prolong production and/or growth of tree		Tree	Implementation challenges on a large scale; height of trees is an issue. In use until a successful method can be found to eliminate the disease.
<b>Bactericides</b>	Topical treatment; not absorbed by tree or fruit; streptomycin and oxytetracycline	Slows bacterial growth; depends on number of treatments and when and kind of adjuvant**. Unproven	May be unsafe long-term. May block tree's transport system. Approved for other crops.	Tree	Florida New for citrus; successful for pear and apple trees. More research needed for optimal application strategy
<b>Bactericides</b>	Injected in trunk of tree - streptomycin and oxytetracycline	Costly. Ensures that light and rainfall don't degrade bactericide. Unproven	May be unsafe long-term. May block tree's transport system. Approved for other crops.	Leaves and roots	Florida
<b>Bactericide - Zinkicide</b>	Nanotechnology – reaches deep inside tree where bacteria are found; laser injected; can also be applied as a leaf spray or soil drench; kills CLAs	Experiments started in 2015	Safe for bees and other beneficial insects; derived from ingredients found in plants; metabolized after job is done	Leaves, roots	Florida

# CITRUS GREENING MANAGEMENT PROGRAMS DATA

## TABLE **SAMPLE ANSWERS** (CONTINUED)

Management Program	Management Description	Effectiveness of Treatment	Environmental Impact	Part of Tree Treated	Where Used and Frequency
<b>CUPS - Citrus Under Protective Screen</b>	Trees are grown under screens; grapefruit grown hydroponically in greenhouse - produce fruit in 1 year; those grown outdoors under screens produce early; IPM with biocontrol, hydroponics/irrigation, suitable rootstock varieties	Psyllid can be completely excluded.	May reduce insecticide, fertilizer, and water use. Protects from other insects.	Tree	Florida, California; year-round. Research is ongoing.
<b>Traditional Breeding</b>	Tree produced through traditional breeding methods. 10,000 hybrids have been tested for both yield and tree health. A few promising cultivars have been found.	Tree bred for other purposes; inadvertently found to produce more phloem when CLAs block phloem; more testing needed.	Trees are able to survive infection by CLAs. Trees still harbor CLAs so psyllid can spread it to other trees.	Rootstock	Florida, California. Sugar Belle is a hybrid of sweet Clementine & Minneola tangerine
<b>Genetically engineered plants</b>	Tree engineered with genes from spinach. Spinach genes cause citrus tree to produce defensive proteins. NOTE: see CTV - virus can be used to deliver proteins.	Trees in both greenhouses and field show continued resistance over 2nd and 3rd generations.		Tree - inner most layer of bark	Florida
<b>CRISPR-Cas 9</b>	Would be used to modify key citrus genes to be unresponsive to CLAs	Has been successful in developing canker-resistant citrus		Scions and rootstocks	Florida. Still in research
<b>Genetically engineered virus – Citrus tristeza virus (CTV)</b>	CTV is genetically engineered to use defensin proteins from spinach to manage the disease. Virus is injected into a young tree; when tree matures, shoots are taken from it and grafted onto healthy and infected trees.	Tree produces defensin, which protects tree from contracting disease or treats infected trees. Defensin pokes holes in bacteria's membranes causing them to lose fluids.	The spread of the virus to others trees is not expected. CTV is already found in citrus. Defensin is found in spinach, potatoes, wheat and sunflowers. The virus is not expected to travel beyond the inoculated tree.	Young trees	Florida, California Experimental — Acreage expansion is needed.
<b>Insecticide</b>	Synthetic; sprayed at flush time, i.e., when the tree is in full bloom	Several different kinds needed; long-term costs too high for growers	Insects develop resistance	Leaves	Florida Need to spray 3 or 4 times a year when trees are in flush.
<b>Bioinsecticide</b>	Challenger - contains a fungus that acts as a parasite to the psyllids, killing them.	Almost as effective as synthetic insecticides, but more expensive.		Insect	Brazil Has been used since 2018; more research needed.

\* The injection of fertilizers, soil amendments and other water-soluble products into an irrigation system.

\*\*adjuvant - second chemical used in combination with a compound that increases its effectiveness by, for example, prolonging its stickiness to the tree

# STUDENT WORKSHEET

## MALNUTRITION REPORT

### SOME ANSWERS

Name \_\_\_\_\_ Date \_\_\_\_\_ Class/Hour \_\_\_\_\_

1. How do you know that the Hunger Map (provided) is a credible source?  
(This is from the World Health Programme, a part of the United Nations, and there are citations.)
2. Which countries exhibit undernourishment for greater than 35% of their population?  
(As of 2019: Central African Republic, Haiti, Liberia, Madagascar, North Korea, Rwanda, Uganda, Zambia, and Zimbabwe)
3. Choose one of those countries for your report on malnutrition. Which country did you choose? Why?  
\_\_\_\_\_
4. Sketch the shape of the country you chose and identify on which continent this country is located.

5. Describe the country's climate. \_\_\_\_\_  
\_\_\_\_\_
6. Complete the chart below using the Credible Source Guide.

Question	Answer(s) From Your Research	Citation: Title/Website Address
a. Identify one nutrient that this country struggles to provide its population.		
b. What percentage of the population suffers from malnourishment?		
c. What crops are grown in this country?		
d. Which foods are considered the staples in this country (rice, beans, cassava)?		
e. What are the reported causes of malnourishment in this country (environmental, economic, etc.)?		

*Student answers will vary on the second page of this worksheet, so a sample page is not included.*

# STUDENT WORKSHEET

## ARE THERE INGREDIENTS FROM GE PLANTS IN MY FOOD? ANSWERS

**Teacher Note:** This answers for this activity may change over time as products change. Check for new products in the FDA biotech inventory <https://www.fda.gov/food/consultation-programs-food-new-plant-varieties/final-biotechnology-consultations> and on the USDA/AMS website <https://www.ams.usda.gov/rules-regulations/be/bioengineered-foods-list>.

Look at each **Food Label** card and think about the ingredients in that item. If there isn't a label, research the food or beverage to find out what ingredients it might contain. After you have determined which group the food belongs to (GE/possible GE or Non-GE), put a check mark in that box below and list the reason(s) for that choice.

Food Card item	Marketing label, e.g., organic	Food or ingredients that may come from GE crops	GE or Possibly GE	Food or ingredients with no corresponding GE counterpart	Non-GE
Arctic Apple			✓		
Cinnamon Crunch Cereal		Sugar; canola oil; fructose; maltodextrin; soy lecithin	✓		
Clementines					✓
Coffee					✓
Cosmic Crisp Apple					✓
Cottage Cheese	Organic				✓
Cream Filled Cookies		Sugar; canola oil; high fructose corn syrup; corn starch	✓		
Cut Green Beans	Organic				✓
Graham Crackers	Organic				✓
Granola Bars	BE	Soy protein; sugar	✓		
Honey Nut Oat Cereal		Sugars; corn starch	✓		
Margarine	Non-GMO				✓
Orange Juice					✓
Pita Bread		Corn starch; soy oil	✓		
Rainbow Papaya			✓		
Seedless Watermelon					✓
Sour Cream				No GE dairy cows currently used in milk production.	✓
Table Salt				Cannot be GE because it is not derived from an organism and so has no DNA.	✓
Tea	Organic				✓
Wheat Bread		Sugar; soybean oil; soy lecithin; soy	✓		

# SCIENCE AND OUR FOOD SUPPLY

## Exploring Food Agriculture and Biotechnology

### Education Standards by Activity

	Apple Cultivar	Strawberry DNA	GE	Pest ID	Pest Mgmt	Citrus Greening	Global Nutrition	Labeling
NGSS - Physical Science: Structure & Properties of Matter				✓	✓	✓	✓	✓
NGSS - Physical Science: Chemical Reactions		✓		✓	✓	✓		
NGSS - Life Science: Structure, Function & Information Processing	✓	✓	✓	✓	✓	✓	✓	✓
NGSS - Life Science: Matter & Energy in Organisms & Ecosystems	✓		✓	✓	✓	✓	✓	✓
NGSS - Life Science: Interdependent Relationships in Ecosystems	✓		✓	✓	✓	✓	✓	
NGSS - Life Science: Growth, Development & Reproduction of Organisms	✓	✓	✓	✓	✓	✓	✓	
NGSS - Life Science: Natural Selection & Adaptations	✓		✓	✓	✓	✓	✓	
NGSS - Earth's Systems			✓	✓	✓	✓	✓	
NGSS - Human Impacts	✓		✓	✓	✓	✓	✓	
NGSS - Engineering Design	✓		✓	✓	✓	✓	✓	
AL - Agriculture & the Environment	✓		✓	✓	✓	✓	✓	
AL - Plants & Animals for Food, Fiber & Energy	✓		✓	✓	✓	✓	✓	
AL - Food, Health & Lifestyle	✓		✓	✓	✓	✓	✓	
AL - Science, Technology, Engineering & Mathematics	✓	✓	✓	✓	✓	✓	✓	✓
AL - Culture, Society, Economy & Geography	✓		✓	✓	✓	✓	✓	✓
NSFCSE 3.0 - Career, Community & Family Connections	✓		✓	✓	✓	✓	✓	✓
NSFCSE 3.0 - Consumer & Family Resources	✓		✓	✓	✓	✓	✓	✓
NSFCSE 3.0 - Consumer Services								✓
NSFCSE 3.0 - Food Science, Dietetics, & Nutrition	✓	✓	✓	✓	✓	✓	✓	✓
NSFCSE 3.0 - Nutrition & Wellness	✓		✓	✓	✓	✓	✓	✓
NHES (2)	✓		✓	✓	✓	✓	✓	✓
NHES (3)			✓	✓	✓	✓	✓	✓
CCSS - ELA - Literacy	✓	✓	✓	✓	✓	✓	✓	✓
NCSS - Time, Continuity & Change	✓		✓				✓	✓
NCSS - Production, Distribution & Consumption	✓		✓	✓	✓	✓	✓	✓
NCSS - Science, Technology & Society	✓		✓	✓	✓	✓	✓	✓

See next pages for full standards: NGSS, AL, NSFCSE, National Health Education Standards, Common Core ELA/Literacy, and NCSS. ▶



# EDUCATION STANDARDS

*Science and Our Food Supply: Exploring Food Agriculture and Biotechnology* aligns with the following current education standards:

## NGSS – Next Generation Science Standards Arranged by Topic

### Physical Science

#### Structure & Properties of Matter

- MS-PS1-3 Gather and make sense of information to describe that synthetic materials come from natural resources and impact society.

#### Chemical Reactions

- MS-PS1-2 Analyze and interpret data on the properties of substances before and after the substances interact to determine if a chemical reaction has occurred.

### Life Science

#### Structure, Function & Information Processing

- MS-LS1-1 Conduct an investigation to provide evidence that living things are made of cells, either one cell or many different numbers and types of cells.
- MS-LS1-2 Develop and use a model to describe the function of a cell as a whole and ways parts of cells contribute to the function.
- MS-LS1-3 Use argument supported by evidence for how the body is a system of interacting subsystems composed of groups of cells.

#### Matter & Energy in Organisms & Ecosystem

- MS-LS1-6 Construct a scientific explanation based on evidence for the role of photosynthesis in the cycling of matter and flow of energy into and out of organisms.
- MS-LS2-1 Analyze and interpret data to provide evidence for the effects of resource availability on organisms and populations of organisms in an ecosystem.
- MS-LS2-3 Develop a model to describe the cycling of matter and flow of energy among living and nonliving parts of an ecosystem.
- MS-LS2-4 Construct an argument supported by empirical evidence that changes to physical or biological components of an ecosystem affect populations.

#### Interdependent Relationships in Ecosystems

- MS-LS2-2 Construct an explanation that predicts patterns of interactions among organisms across multiple ecosystems.
- MS-LS2-5 Evaluate competing design solutions for maintaining biodiversity and ecosystem services.

#### Growth, Development & Reproduction of Organisms

- MS-LS1-4 Use argument based on empirical evidence and scientific reasoning to support an explanation for how characteristic animal behaviors and specialized plant structures affect the probability of successful reproduction of animals and plants respectively.
- MS-LS1-5 Construct a scientific explanation based on evidence for how environmental and genetic factors influence the growth of organisms.
- MS-LS3-1 Develop and use a model to describe why structural changes to genes (mutations) located on chromosomes may affect proteins and may result in harmful, beneficial, or neutral effects to the structure and function of the organism.
- MS-LS3-2 Develop and use a model to describe why asexual reproduction results in offspring with identical genetic information and sexual reproduction results in offspring with genetic variation.
- MS-LS4-5 Gather and synthesize information about technologies that have changed the way humans influence the inheritance of desired traits in organisms.

**CONTINUED** ▶ ▶ ▶

## Natural Selection & Adaptations

- MS-LS4-4 Construct an explanation based on evidence that describes how genetic variations of traits in a population increase some individuals' probability of surviving and reproducing in a specific environment.
- MS-LS4-6 Use mathematical representations to support explanations of how natural selection may lead to increases and decreases of specific traits in populations over time.

## Earth's Systems

- MS-ESS3-1 Construct a scientific explanation based on evidence for how the uneven distributions of Earth's mineral, energy, and groundwater resources are the result of past and current geoscience processes.

## Human Impacts

- MS-ESS3-3 Apply scientific principles to design a method for monitoring and minimizing a human impact on the environment.
- MS-ESS3-4 Construct an argument supported by evidence for how increases in human population and per-capita consumption of natural resources impact Earth's systems.

## Engineering Design

- MS-ETS1-1 Define the criteria and constraints of a design problem with sufficient precision to ensure a successful solution, taking into account relevant scientific principles and potential impacts on people and the natural environment that may limit possible solutions.
- MS-ETS1-2 Evaluate competing design solutions using a systematic process to determine how well they meet the criteria and constraints of the problem.

## National Agricultural Literacy Outcomes (AL)<sup>1</sup>

### Agriculture & the Environment

- T1.6-8.b Describe benefits and challenges of using conservation practices for natural resources (e.g., soil, water, and forests), in agricultural systems which impact water, air, and soil quality
- T1.6-8.e Discuss the comparative environmental pros and cons of populations relying on their local and regional resources versus tapping into a global marketplace
- T1.6-8.g Recognize how climate and natural resources determine the types of crops and livestock that can be grown and raised for consumption
- T1.6-8.h Recognize the factors of an agricultural system which determine its sustainability

### Plants & Animals for Food, Fiber & Energy

- T2.6-8.c Identify farm practices for plant protection (e.g., using a pesticide, integrated pest management, cultural practices) and the harvest of safe products for consumers

### Food, Health & Lifestyle

- T3.6-8.d Explain how factors, such as culture, convenience, access, and marketing affect food choices locally, regionally, and globally
- T3.6-8.g Identify agricultural products (foods) that provide valuable nutrients for a balanced diet
- T3.6-8.j Identify the careers in food production, processing, and nutrition that are essential for a healthy food supply

### Science, Technology, Engineering & Mathematics

- T4.6-8.a Compare and contrast historical and current food processing and systems
- T4.6-8.b Describe how biological processes influence and are leveraged in agricultural production and processing (e.g., photosynthesis, fermentation, cell division, heredity/genetics, nitrogen fixation)

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<sup>1</sup> Spielmaker, D.M., & Leising, J.G. (2013). National agricultural literacy outcomes. Logan, UT: Utah State University, School of Applied Sciences & Technology. Retrieved from <http://agclassroom.org/teacher/matrix>

- T4.6-8.d Discuss how technology has changed over time to help farmers/ranchers provide more food to more people
- T4.6-8.f Explain the harmful and beneficial impacts of various organisms related to agricultural production and processing (e.g., harmful bacteria/beneficial bacteria, harmful/beneficial insects) and the technology developed to influence these organisms
- T4.6-8.g Identify science careers related to both producers and consumers of agricultural products
- T4.6-8.h Identify specific technologies that have reduced labor in agriculture
- T4.6-8.i Provide examples of science and technology used in agricultural systems (e.g., GPS, artificial insemination, biotechnology, soil testing, ethanol production, etc.); explain how they meet our basic needs; and detail their social, economic, and environmental impacts

### Culture, Society, Economy & Geography

- T5.6-8.a Consider the economic value of agriculture in America
- T5.6-8.g Identify agricultural products that are exported and imported

## Family & Consumer Sciences National Standards 3.0

### 1.0 Career, Community & Family Connections

- 1.1.1 Summarize local and global policies, issues, and trends in workplace, community, and family dynamics that affect individuals and families.
- 1.1.2 Analyze the effects of social, economic, and technological changes on work and family dynamics.
- 1.3.5 Analyze the effects of federal, state, and local public policies, agencies, and institutions on the family.

### 2.0 Consumer & Family Resources

- 2.1.3 Analyze decisions about providing safe and nutritious food for individuals and families.
- 2.3.1 Analyze state and federal policies and laws providing consumer protection.

### 3.0 Consumer Services

- 3.5.6 Evaluate the labeling, packaging, and support materials of consumer goods.

### 9.0 Food Science, Dietetics, & Nutrition

- 9.1.1 Explain the roles and functions of individuals engaged in food science, food technology, dietetics, and nutrition careers.
- 9.3.1 Analyze nutrient requirements across the life span addressing the diversity of people, culture, and religions.
- 9.3.2 Analyze nutritional data.
- 9.3.4 Assess the influence of cultural, socioeconomic and psychological factors on food and nutrition and behavior.
- 9.5.1 Analyze various factors that affect food preferences in the marketing of food to a variety of populations.
- 9.6.6 Analyze new products utilizing most current guidelines and innovations in technology.
- 9.7.7 Analyze the impact of food presentation methods and techniques on nutrient value, safety and sanitation, and consumer appeal of food and products.

### 14.0 Nutrition & Wellness

- 14.1.2 Investigate the effects of psychological, cultural, and social influences on food choices and other nutrition practices.
- 14.1.3 Investigate the governmental, economic, and technological influences on food choices and practices.
- 14.1.4 Analyze the effects of global, regional, and local events and conditions on food choices and practices.
- 14.1.5 Analyze legislation and regulations related to nutrition and wellness.
- 14.2.4 Analyze sources of food and nutrition information, including food labels, related to health and wellness.
- 14.4.3 Analyze how changes in national and international food production and distribution systems influence the food supply, including sustainability, organic food production and the impact of genetically modified foods.

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- 14.4.4 Investigate federal, state, and local inspection and labeling systems that protect the health of individuals and the public.
- 14.5.1 Investigate how scientific and technical advances influence the nutrient content, availability, and safety of foods.
- 14.5.2 Analyze how the scientific and technical advances in food processing, storage, product development, and distribution influence nutrition and wellness.
- 14.5.4 Analyze the effects of food science and technology on meeting nutritional needs.

### **National Health Education Standards**

#### **(2) Analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.**

- 2.8.2 Describe the influence of culture on health beliefs, practices, and behaviors.
- 2.8.5 Analyze how messages from media influence health behaviors.
- 2.8.6 Analyze the influence of technology on personal and family health.

#### **(3) Demonstrate the ability to access valid information, products, and services to enhance health.**

- 3.8.1 Analyze the validity of health information, products, and services.

### **Common Core State Standards, ELA Literacy**

- RL.8.1 & RI.8.1 Cite the textual evidence that most strongly supports an analysis of what the text says explicitly as well as inferences drawn from the text.
- RI.8.4 Determine the meaning of words and phrases as they are used in a text, including figurative, connotative, and technical meanings; analyze the impact of specific word choices on meaning and tone, including analogies or allusions to other texts.
- RI.8.5 Analyze in detail the structure of a specific paragraph in a text, including the role of particular sentences in developing and refining a key concept.
- RI.8.7 Evaluate the advantages and disadvantages of using different mediums (e.g., print or digital text, video, multimedia) to present a particular topic or idea.
- RI.8.8 Delineate and evaluate the argument and specific claims in a text, assessing whether the reasoning is sound and the evidence is relevant and sufficient; recognize when irrelevant evidence is introduced.
- RI.8.9 Analyze a case in which two or more texts provide conflicting information on the same topic and identify where the texts disagree on matters of fact or interpretation.
- W.8.1 Write arguments to support claims with clear reasons and relevant evidence.
- W.8.2 Write informative/explanatory texts to examine a topic and convey ideas, concepts, and information through the selection, organization, and analysis of relevant content.
- W.8.4 Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
- W.8.5 With some guidance and support from peers and adults, develop and strengthen writing as needed by planning, revising, editing, rewriting, or trying a new approach, focusing on how well purpose and audience have been addressed.
- W.8.6 Use technology, including the Internet, to produce and publish writing and present the relationships between information and ideas efficiently as well as to interact and collaborate with others.
- W.8.7 Conduct short research projects to answer a question (including a self-generated question), drawing on several sources and generating additional related, focused questions that allow for multiple avenues of exploration.
- W.8.8 Gather relevant information from multiple print and digital sources, using search terms effectively; assess the credibility and accuracy of each source; and quote or paraphrase the data and conclusions of others while avoiding plagiarism and following a standard format for citation.
- W.8.9 Draw evidence from literary or informational texts to support analysis, reflection, and research.
- W.8.10 Write routinely over extended time frames (time for research, reflection, and revision) and shorter time frames (a single sitting or a day or two) for a range of discipline-specific tasks, purposes, and audiences.

- SL.8.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on *grade 8 topics, texts, and issues*, building on others' ideas and expressing their own clearly.
- SL.8.2 Analyze the purpose of information presented in diverse media and formats (e.g., visually, quantitatively, orally) and evaluate the motives (e.g., social, commercial, political) behind its presentation.
- SL.8.3 Delineate a speaker's argument and specific claims, evaluating the soundness of the reasoning and relevance and sufficiency of the evidence and identifying when irrelevant evidence is introduced.
- SL.8.4 Present claims and findings, emphasizing salient points in a focused, coherent manner with relevant evidence, sound valid reasoning, and well-chosen details; use appropriate eye contact, adequate volume, and clear pronunciation.
- SL.8.5 Integrate multimedia and visual displays into presentations to clarify information, strengthen claims and evidence, and add interest.
- SL.8.6 Adapt speech to a variety of contexts and tasks, demonstrating command of formal English when indicated or appropriate.
- L.8.1 Demonstrate command of the conventions of standard English grammar and usage when writing or speaking.
- L.8.2 Demonstrate command of the conventions of standard English capitalization, punctuation, and spelling when writing.
- L.8.3 Use knowledge of language and its conventions when writing, speaking, reading, or listening.
- L.8.6 Acquire and use accurately grade-appropriate general academic and domain-specific words and phrases; gather vocabulary knowledge when considering a word or phrase important to comprehension or expression.
- RH.6-8.1 Cite specific textual evidence to support analysis of primary and secondary sources.
- RST.6-8.1 Cite specific textual evidence to support analysis of science and technical texts.
- RST.6-8.2 Determine the central ideas or conclusions of a text; provide an accurate summary of the text distinct from prior knowledge or opinions.
- RST.6-8.3 Follow precisely a multistep procedure when carrying out experiments, taking measurements, or performing technical tasks.
- RST.6-8.4 Determine the meaning of symbols, key terms, and other domain-specific words and phrases as they are used in a specific scientific or technical context relevant to *grades 6–8 texts and topics*.
- RST.6-8.5 Analyze the structure an author uses to organize a text, including how the major sections contribute to the whole and to an understanding of the topic.
- RST.6-8.6 Analyze the author's purpose in providing an explanation, describing a procedure, or discussing an experiment in a text.
- RST.6-8.7 Integrate quantitative or technical information expressed in words in a text with a version of that information expressed visually (e.g., in a flowchart, diagram, model, graph, or table).
- RST.6-8.8 Distinguish among facts, reasoned judgment based on research findings, and speculation in a text.
- RST.6-8.9 Compare and contrast the information gained from experiments, simulations, video, or multimedia sources with that gained from reading a text on the same topic.
- WHST.6-8.2 Write informative/explanatory texts, including the narration of historical events, scientific procedures/ experiments, or technical processes.
- WHST.6-8.4 Produce clear and coherent writing in which the development, organization, and style are appropriate to task, purpose, and audience.
- WHST.6-8.6 Use technology, including the Internet, to produce and publish writing and present the relationships between information and ideas clearly and efficiently.
- WHST.6-8.7 Conduct short research projects to answer a question (including a self-generated question), drawing on several sources and generating additional related, focused questions that allow for multiple avenues of exploration.
- WHST.6-8.8 Gather relevant information from multiple print and digital sources, using search terms effectively; assess the credibility and accuracy of each source; and quote or paraphrase the data and conclusions of others while avoiding plagiarism and following a standard format for citation.
- WHST.6-8.9 Draw evidence from informational texts to support analysis reflection, and research.

## NCSS – National Curriculum Standards for Social Studies

### Time, Continuity & Change

Learners will understand:

- The contributions of key persons, groups, and events from the past and their influence on the present.

### Production, Distribution & Consumption

Learners will understand:

- Individuals, government, and society experience scarcity because human wants and needs exceed what can be produced from available resources.
- The economic choices that people make have both present and future consequences.
- Economic incentives affect people's behavior and may be regulated by rules or laws.

### Science, Technology & Society

Learners will understand:

- Society often turns to science and technology to solve problems.
- Our lives today are media and technology dependent.
- Science and technology have had both positive and negative impacts upon individuals, societies, and the environment in the past and present.
- Science and technology have changed peoples' perceptions of the social and natural world, as well as their relationship to the land, economy and trade, their concept of security, and their major daily activities.
- Values, beliefs, and attitudes have been influenced by new scientific and technological knowledge (e.g., invention of the printing press, conceptions of the universe, applications of atomic energy, and genetic discoveries).
- The need for laws and policies to govern scientific and technological applications.
- That there are gaps in access to science and technology around the world.

**Science and Our Food Supply:  
Exploring Food Agriculture and Biotechnology  
was brought to you by...**



**Center for Food Safety and Applied Nutrition  
College Park, MD**

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*Office of Food Additive Safety*  
*Office of Nutrition and Food Labeling*  
*International Affairs Staff*

**Center for Veterinary Medicine**  
*Office of the Director*  
*Office of Surveillance and Compliance*

**USDA**

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