



**GRAS Associates, LLC**  
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June 3, 2020

Office of Food Additive Safety (HFS-200)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5001 Campus Dr.  
College Park, MD 20740



Attention: Dr. Susan Carlson  
Re: GRAS Notification – OPTI-BIOME® *Bacillus subtilis* MB40

Dear Dr. Carlson:

GRAS Associates, LLC, acting as the Agent for BIO-CAT Microbials, LLC (U.S.), is submitting for FDA review Form 3667 and the enclosed CD, free of viruses, containing a GRAS Notification for OPTI-BIOME® *Bacillus subtilis* MB40. Along with BIO-CAT Microbials, LLC's determination of safety, an Expert Panel of qualified persons was assembled to assess the composite safety information of the subject substance with the intended use in a wide variety of foods (including baked goods, nonalcoholic beverages, juice, cereal, chewing gum, coffee, tea, condiments, confections, dairy analogs, fats and oils, herbs, frozen dairy products, pasta, candy, milk, processed fruits; processed vegetables and vegetable juices, jams and jellies, sugar and sweet sauces). The attached documentation contains the specific information that addresses the safe human food uses for the subject notified substance as discussed in the GRAS guidance document.

If additional information or clarification is needed as you and your colleagues proceed with the review, please feel free to contact me via telephone or email.

We look forward to your feedback.

Sincerely,

William J. Rowe

President

Agent for BIO-CAT Microbials, LLC

GRAS Associates, LLC

11810 Grand Park Ave, Suite 500

North Bethesda, MD 20852

[wrowe@nutrasource.ca](mailto:wrowe@nutrasource.ca)

Enclosure: Form 3667 and GRAS Notification for BIO-CAT Microbials, LLC – OPTI-BIOME® *Bacillus subtilis* MB40

**FDA USE ONLY**

GRN NUMBER 000955	DATE OF RECEIPT June 11, 2020
ESTIMATED DAILY INTAKE	INTENDED USE FOR INTERNET
NAME FOR INTERNET	
KEYWORDS	

DEPARTMENT OF HEALTH AND HUMAN SERVICES  
Food and Drug Administration  
**GENERALLY RECOGNIZED AS SAFE  
(GRAS) NOTICE** (Subpart E of Part 170)

Transmit completed form and attachments electronically via the Electronic Submission Gateway (*see Instructions*); OR Transmit completed form and attachments in paper format or on physical media to: Office of Food Additive Safety (*HFS-200*), Center for Food Safety and Applied Nutrition, Food and Drug Administration, 5001 Campus Drive, College Park, MD 20740-3835.

**SECTION A – INTRODUCTORY INFORMATION ABOUT THE SUBMISSION**

1. Type of Submission (*Check one*)  
 New       Amendment to GRN No. \_\_\_\_\_       Supplement to GRN No. \_\_\_\_\_

2.  All electronic files included in this submission have been checked and found to be virus free. (*Check box to verify*)

3. Most recent presubmission meeting (*if any*) with FDA on the subject substance (*yyyy/mm/dd*): \_\_\_\_\_

4. For Amendments or Supplements: Is your amendment or supplement submitted in response to a communication from FDA? (*Check one*)  
 Yes    If yes, enter the date of communication (*yyyy/mm/dd*): \_\_\_\_\_  
 No

**SECTION B – INFORMATION ABOUT THE NOTIFIER**

<b>1a. Notifier</b>	Name of Contact Person Elaine Cooling		Position or Title Regulatory Affairs Manager	
	Organization ( <i>if applicable</i> ) BIO-CAT Microbials, LLC			
	Mailing Address ( <i>number and street</i> ) 689 Canterbury Rd			
City Shakopee		State or Province Minnesota	Zip Code/Postal Code 55379	Country United States of America
Telephone Number (434) 591-4661		Fax Number (434) 591-4507	E-Mail Address ecooling@bio-cat.com	
<b>1b. Agent or Attorney (if applicable)</b>	Name of Contact Person William Rowe		Position or Title President	
	Organization ( <i>if applicable</i> ) GRAS Associates, LLC			
	Mailing Address ( <i>number and street</i> ) 11810 Grand Park Avenue Suite 500			
City North Bethesda		State or Province Maryland	Zip Code/Postal Code 20852	Country United States of America
Telephone Number 519-341-3667		Fax Number 1-888-531-3466	E-Mail Address wrowe@nutrasource.com	

## SECTION C – GENERAL ADMINISTRATIVE INFORMATION

1. Name of notified substance, using an appropriately descriptive term

OPTI-BIOME® Bacillus subtilis MB40

2. Submission Format: (Check appropriate box(es))

- Electronic Submission Gateway  Electronic files on physical media  
 Paper  
If applicable give number and type of physical media

3. For paper submissions only:

Number of volumes \_\_\_\_\_

Total number of pages \_\_\_\_\_

4. Does this submission incorporate any information in CFSAN's files? (Check one)

- Yes (Proceed to Item 5)  No (Proceed to Item 6)

5. The submission incorporates information from a previous submission to FDA as indicated below (Check all that apply)

- a) GRAS Notice No. GRN \_\_\_\_\_  
 b) GRAS Affirmation Petition No. GRP \_\_\_\_\_  
 c) Food Additive Petition No. FAP \_\_\_\_\_  
 d) Food Master File No. FMF \_\_\_\_\_  
 e) Other or Additional (describe or enter information as above) \_\_\_\_\_

6. Statutory basis for conclusions of GRAS status (Check one)

- Scientific procedures (21 CFR 170.30(a) and (b))  Experience based on common use in food (21 CFR 170.30(a) and (c))

7. Does the submission (including information that you are incorporating) contain information that you view as trade secret or as confidential commercial or financial information? (see 21 CFR 170.225(c)(8))

- Yes (Proceed to Item 8)  
 No (Proceed to Section D)

8. Have you designated information in your submission that you view as trade secret or as confidential commercial or financial information (Check all that apply)

- Yes, information is designated at the place where it occurs in the submission  
 No

9. Have you attached a redacted copy of some or all of the submission? (Check one)

- Yes, a redacted copy of the complete submission  
 Yes, a redacted copy of part(s) of the submission  
 No

## SECTION D – INTENDED USE

1. Describe the intended conditions of use of the notified substance, including the foods in which the substance will be used, the levels of use in such foods, and the purposes for which the substance will be used, including, when appropriate, a description of a subpopulation expected to consume the notified substance.

The ingredient will be used in a wide variety of foods (including baked goods, nonalcoholic beverages, juice, cereal, chewing gum, coffee, tea, condiments, confections, dairy analogs, fats and oils, herbs, frozen dairy products, pasta, candy, milk, processed fruits; processed vegetables and vegetable juices, jams and jellies, sugar and sweet sauces).

2. Does the intended use of the notified substance include any use in product(s) subject to regulation by the Food Safety and Inspection Service (FSIS) of the U.S. Department of Agriculture?

(Check one)

- Yes  No

3. If your submission contains trade secrets, do you authorize FDA to provide this information to the Food Safety and Inspection Service of the U.S. Department of Agriculture?

(Check one)

- Yes  No, you ask us to exclude trade secrets from the information FDA will send to FSIS.

## SECTION E – PARTS 2 -7 OF YOUR GRAS NOTICE

(check list to help ensure your submission is complete – PART 1 is addressed in other sections of this form)

- PART 2 of a GRAS notice: Identity, method of manufacture, specifications, and physical or technical effect (170.230).
- PART 3 of a GRAS notice: Dietary exposure (170.235).
- PART 4 of a GRAS notice: Self-limiting levels of use (170.240).
- PART 5 of a GRAS notice: Experience based on common use in foods before 1958 (170.245).
- PART 6 of a GRAS notice: Narrative (170.250).
- PART 7 of a GRAS notice: List of supporting data and information in your GRAS notice (170.255)

### Other Information

Did you include any other information that you want FDA to consider in evaluating your GRAS notice?

Yes  No

Did you include this other information in the list of attachments?

Yes  No

## SECTION F – SIGNATURE AND CERTIFICATION STATEMENTS

1. The undersigned is informing FDA that BIO-CAT Microbials, LLC

(name of notifier)

has concluded that the intended use(s) of OPTI-BIOME® Bacillus subtilis MB40

(name of notified substance)

described on this form, as discussed in the attached notice, is (are) not subject to the premarket approval requirements of the Federal Food, Drug, and Cosmetic Act based on your conclusion that the substance is generally recognized as safe recognized as safe under the conditions of its intended use in accordance with § 170.30.

2. BIO-CAT Microbials, LLC agrees to make the data and information that are the basis for the  
(name of notifier) conclusion of GRAS status available to FDA if FDA asks to see them;  
agrees to allow FDA to review and copy these data and information during customary business hours at the following location if FDA asks to do so; agrees to send these data and information to FDA if FDA asks to do so.

689 Canterbury Rd Shakopee, MN 55379

(address of notifier or other location)

The notifying party certifies that this GRAS notice is a complete, representative, and balanced submission that includes unfavorable, as well as favorable information, pertinent to the evaluation of the safety and GRAS status of the use of the substance. The notifying party certifies that the information provided herein is accurate and complete to the best of his/her knowledge. Any knowing and willful misinterpretation is subject to criminal penalty pursuant to 18 U.S.C. 1001.

3. Signature of Responsible Official,  
Agent, or Attorney

Amy Mozingo

Digitally signed by Amy Mozingo  
DN: cn=Amy Mozingo, o=GRAS Associates LLC (a NutraSource company),  
ou=GRAS Associates LLC (a NutraSource company), email=amozingo@gras-  
associates.com, c=US  
Date: 2020.03.11 02:35 -0400

Printed Name and Title

Amy Mozingo on behalf of William J. Rowe, President

Date (mm/dd/yyyy)

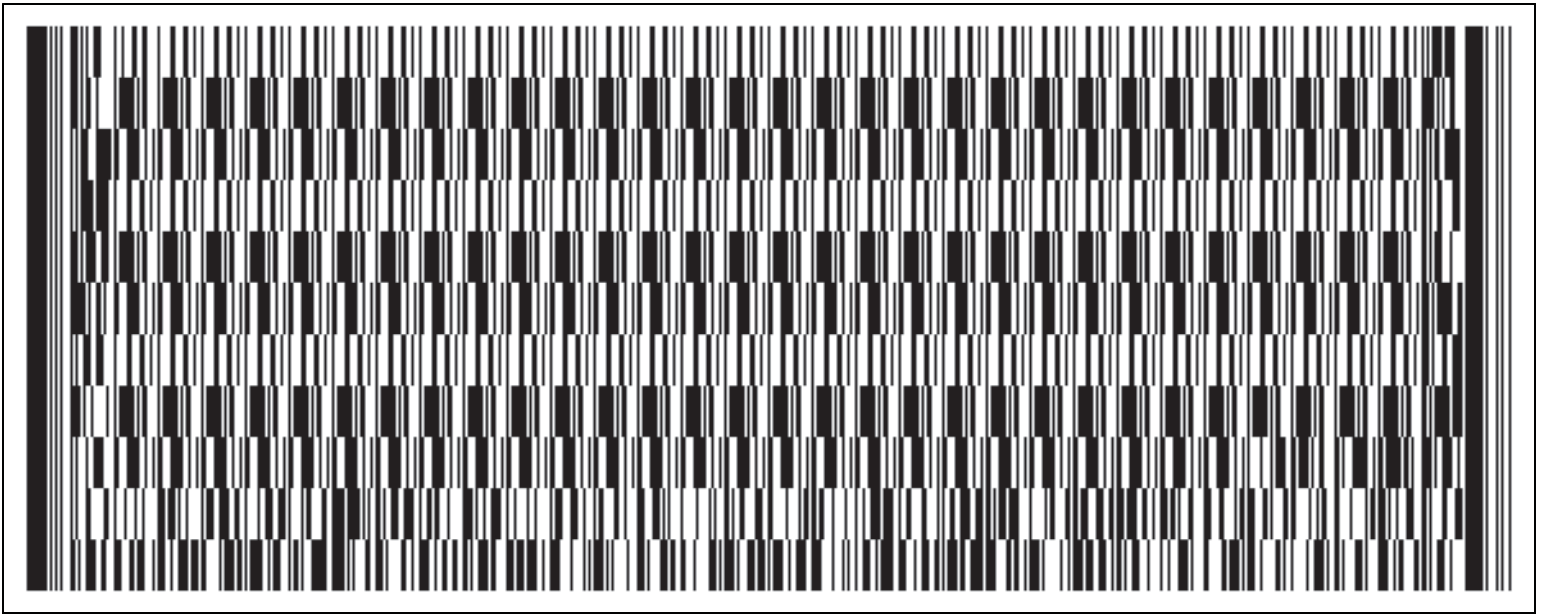
06/03/2020

**SECTION G – LIST OF ATTACHMENTS**

List your attached files or documents containing your submission, forms, amendments or supplements, and other pertinent information. Clearly identify the attachment with appropriate descriptive file names (or titles for paper documents), preferably as suggested in the guidance associated with this form. Number your attachments consecutively. When submitting paper documents, enter the inclusive page numbers of each portion of the document below.

<b>Attachment Number</b>	<b>Attachment Name</b>	<b>Folder Location (select from menu)</b> (Page Number(s) for paper Copy Only)
	Form 3667_BioCat_B. subtilis MB40_03June2020.pdf Transmittal Letter_BioCat_B. subtilis MB40_03June2020.pdf GRAS Notification_BioCat B. subtilis MB40_Revised_03June2020.pdf	

**OMB Statement:** Public reporting burden for this collection of information is estimated to average 170 hours per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to: Department of Health and Human Services, Food and Drug Administration, Office of Chief Information Officer, [PRASStaff@fda.hhs.gov](mailto:PRASStaff@fda.hhs.gov). (Please do NOT return the form to this address.). An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB control number.





**Safety Evaluation Dossier Supporting the Generally  
Recognized as Safe (GRAS) Conclusion**

**of**

***Bacillus subtilis* MB40**

6/3/2020

**Prepared By:**

**GRAS Associates  
11810 Grand Park Avenue  
Suite 500  
North Bethesda, MD 20852**

**Prepared For:**

**BIO-CAT Microbials, LLC  
689 Canterbury Rd  
Shakopee, MN 55379**



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## **PART 1. GRAS EXEMPTION CLAIM**

### **A. Claim of Exemption from the Requirement for Premarket approval Pursuant to 21 CFR 170.30**

BIO-CAT Microbials, LLC (BIO-CAT) has determined that their *Bacillus subtilis* MB40 (trade name Opti-Biome®) is generally recognized as safe (GRAS), under the intended conditions of use, in accordance with Section 201(s) of the Federal Food Drug and Cosmetics Act. This determination was made in concert with an appropriately convened panel of experts who are qualified by scientific training and experience, coordinated by GRAS Associates, LLC (“GA”). In addition, BIO-CAT has asked that GA act as the Agent for the submission of this GRAS notification.

This GRAS determination is based on scientific procedures as described in the following sections. A search of the scientific and regulatory literature was conducted through June 2, 2020 for information pertinent to the safety of the ingredient. Those references that were deemed pertinent to the objective at hand are listed in Part 7. BIO-CAT based its GRAS assessment on the large body of information that addressed the safety/toxicity/use(s) of *Bacillus subtilis* MB40 and other *Bacillus subtilis* strains, history of use of *Bacillus subtilis*, and compositional details, specifications, and method of preparation of the subject ingredient. Safety/toxicity studies performed with animals and human clinical trials were noted to have value. The totality of information about the composition, safety/toxicity/use(s) and dietary exposure ultimately provide the specific scientific foundation for the GRAS conclusion.

## **PART 2. SIGNED STATEMENTS AND CERTIFICATION**

This signed statement and certification has been prepared in accordance with the requirements of 21 CFR 170.225.

(a) This certification will be signed at a future date by a responsible official of GRAS Associates, LLC acting as agent for BIO-CAT.

(b) This GRAS dossier did not rely on any confidential information;

(c) (1) This Independent GRAS Assessment was conducted in accordance with Subpart E of 21 CFR Part 170;

(c) (2) Names and addresses of organizations;

Sponsoring Party:

BIO-CAT Microbials, LLC  
689 Canterbury Rd  
Shakopee, MN 55379  
U.S.

GRAS ASSOCIATES, LLC

Agent:

GRAS Associates, LLC  
11810 Grand Park Avenue  
Suite 500  
North Bethesda, MD 20852

(c) (3) The name of the ingredient is *Bacillus subtilis* MB40.

(c) (4) The ingredient will be used as an ingredient in a wide variety of foods (including baked goods, nonalcoholic beverages, juice, cereal, chewing gum, coffee, tea, condiments, confections, dairy analogs, fats and oils, herbs, frozen dairy products, pasta, candy, milk, processed fruits; processed vegetables and vegetable juices, jams and jellies, sugar and sweet sauces).

(c) (5) The statutory basis for our conclusion of GRAS status is through scientific procedures in accordance with § 170.30(a) and (b).

(c) (6) It is our view that the ingredient is not subject to the premarket approval requirements of the Federal Food, Drug, and Cosmetic Act based on our conclusion that the notified substance is GRAS under the conditions of its intended use.

(c) (7) If FDA were to ask to see the data and information that are the basis for our conclusion of GRAS status, either during or after FDA evaluation of this notice, we agree to:

(i) make the data and information available to FDA; and

(ii) agree to both of the following procedures for making the data and information available to FDA:

(A) Upon FDA's request, we will allow FDA to review and copy the data and information during customary business hours at our address specified where these data and information will be available; and

(B) Upon request by FDA, we will provide FDA with a complete copy of the data and information either in an electronic format that is accessible for their evaluation or on paper.

(c) (8) None of the data and information in Parts 2 through 7 of this GRAS notice are exempt from disclosure under the Freedom of Information Act, 5 U.S.C. 552 (e.g., as trade secret or as commercial or financial information that is privileged or confidential).

(c) (9) We certify that, to the best of our knowledge, this Independent GRAS Assessment is a complete, representative, and balanced review that includes unfavorable information, as well as favorable information, known to us and pertinent to the evaluation of the safety and GRAS status of the use of the substance.

(c) (10) BIO-CAT does not intend to add *Bacillus subtilis* MB40 to any meat and/or poultry products that come under FSIS/USDA jurisdiction. Therefore, 21 CFR 170.270 does not apply.

(c) (11) Signature



William Rowe  
President  
GRAS Associates, LLC  
11810 Grand Park Avenue  
Suite 500  
North Bethesda, MD 20852

Date: 6/3/2020

### **PART 3. IDENTITY, METHOD OF MANUFACTURE, SPECIFICATIONS, AND PHYSICAL OR TECHNICAL EFFECT**

#### **A. Notified Substance *Bacillus subtilis* MB40 Identification**

##### **1. Common or Usual Name**

*Bacillus subtilis* MB40

##### **2. Characterization**

*Bacillus subtilis* originally named *Vibrio subtilis* by Christian Gottfried Ehrenberg was discovered in 1835 and renamed *Bacillus subtilis* by Ferdinand Cohn in 1872 (Ehrenberg, 1835; Cohn, 1872). The BIO-CAT Microbials, LLC (BIO-CAT) produced *Bacillus subtilis* that is the subject of this safety evaluation / GRAS determination is a proprietary preparation of a *Bacillus subtilis* strain derived from *Bacillus subtilis* DSM 10 (DSMZ) and designated as *Bacillus subtilis* MB40. *Bacillus subtilis* MB40 has a faster sporulation time than DSMZ and thus improves turnaround time. It is a non-toxicogenic and non-pathogenic organism that has a patent deposit with the ATCC (BS-MB40 PTA-122264). *Bacillus subtilis* MB40 is periodically monitored for genetic drift.

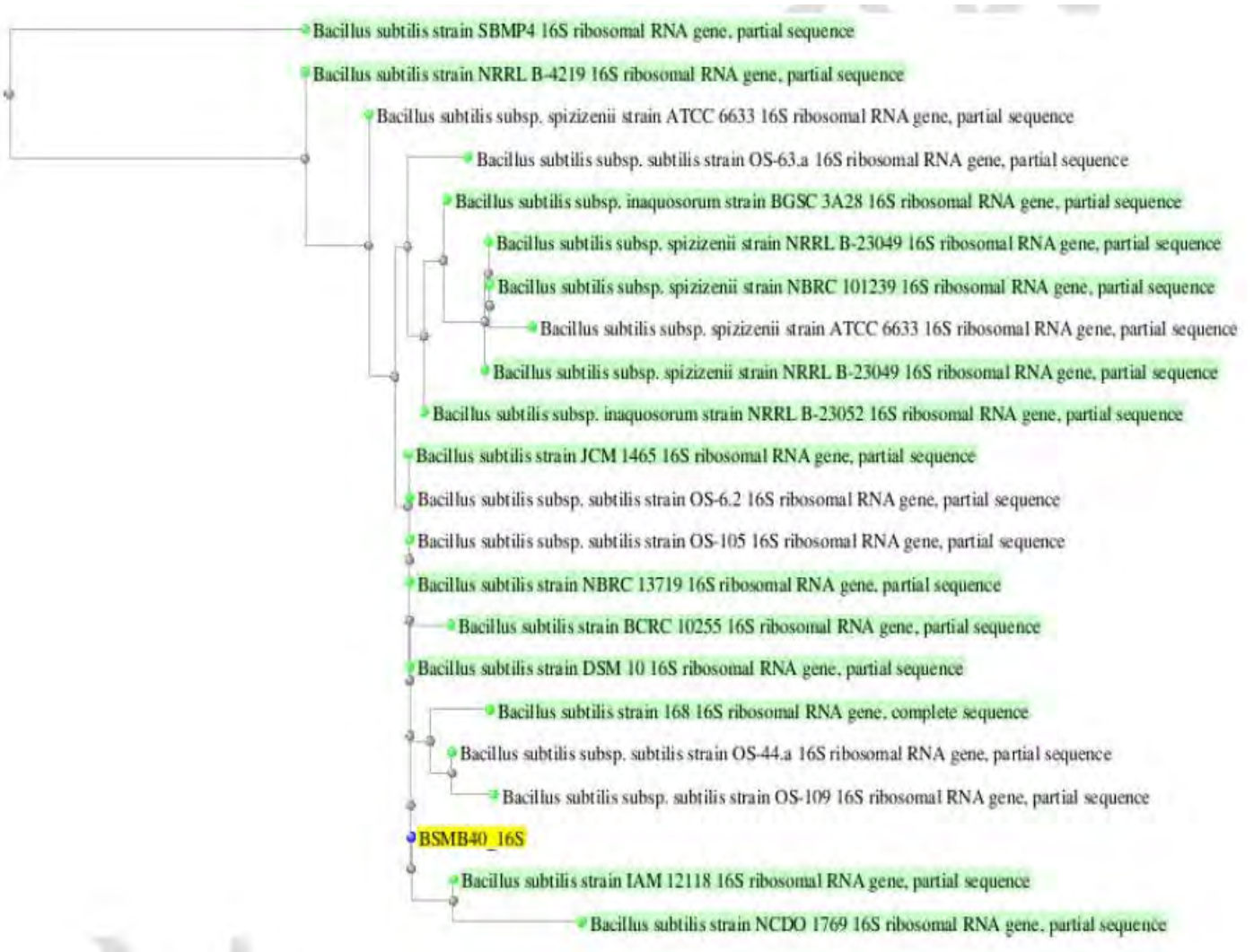
The organism is a gram-positive spore-forming rod that is a facultative aerobe that can also grow under anaerobic conditions. Its size is approximately 4-10 µm long and 0.25-1.0 µm in diameter (Yu et al., 2013). It is not genetically modified in any manner.

##### **3. DNA Ribotyping Analysis and Full Genome Sequence Analysis**

Pure DNA was submitted to Beckman Coulter Genomics (Danvers, MA) for full genome sequencing following a series of DNA concentration and purity validations. Illumina® next

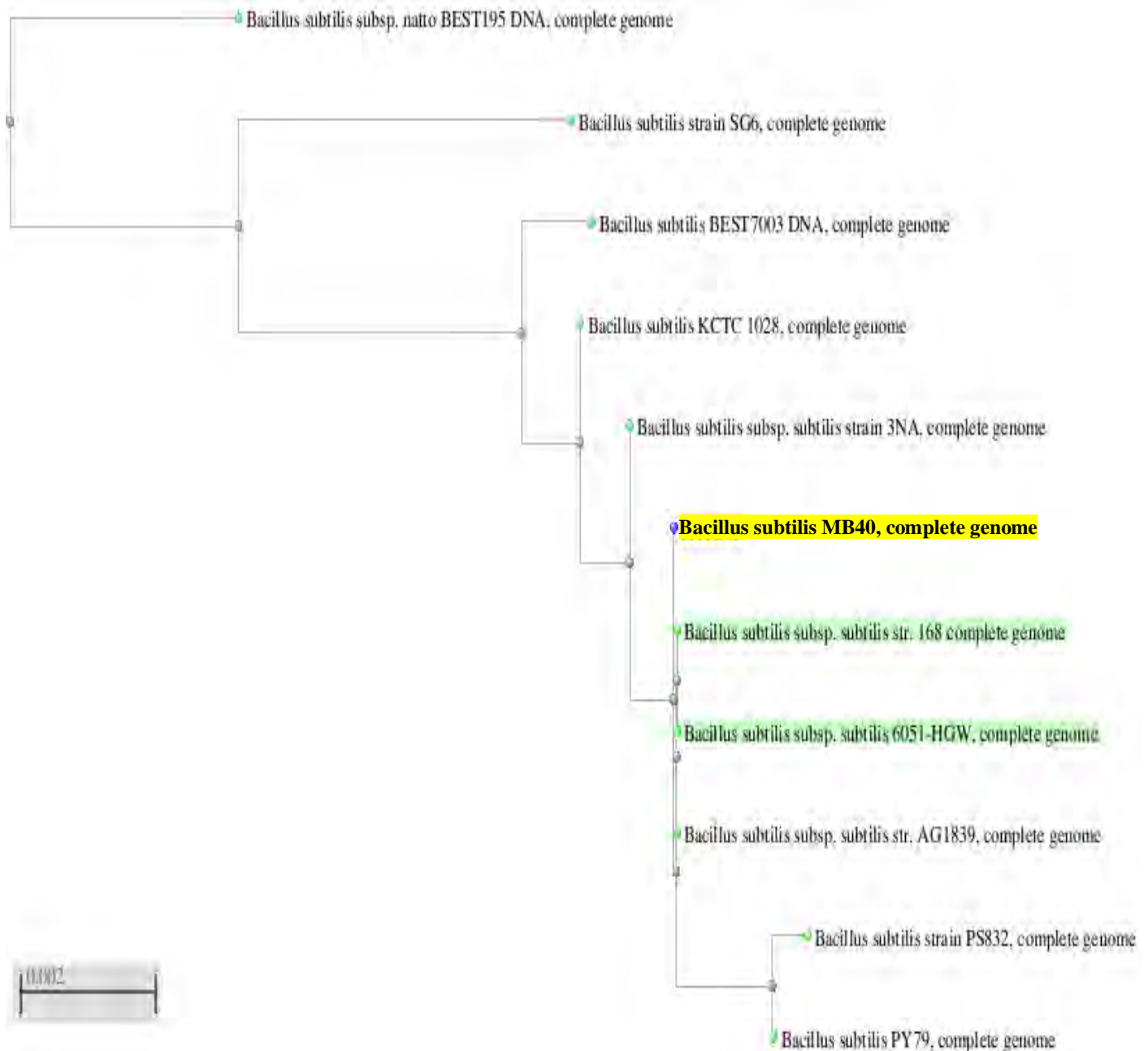
generation sequencing was used to sequence the entire *Bacillus subtilis* MB40 genome. This genome is over 1000 pages long and is not provided in this dossier. It is available upon request and would be provided electronically (BIO-CAT Microbials, 2015).

MIDI Labs (Newark, DE) performed 16S ribosomal DNA base pair analysis of *Bacillus subtilis* MB40 and confirmed that *Bacillus subtilis* MB40 was identified to the genus level with 99% similarity to *Bacillus subtilis* when compared to the Applied Biosystems MicroSeq® reference library. The lineage cladogram is shown in Figure 1. Strain MB40 is highlighted, located in the *Bacillus* genus and *subtilis* species library.



**Figure 1. Speciation based on 16S ribosomal DNA sequence**

Once the organism was identified to the genus and species level, a whole genome sequence alignment was done to more precisely fit *Bacillus subtilis* MB40 within the species framework. The cladogram for sequence alignment is provided in Figure 2.



**Figure 2. *Bacillus subtilis* MB40, highlighted in yellow, falls within the same in-group as *Bacillus subtilis* subsp. 6051-HGW, synonymous with DSM 10 parent strain.**

The resulting sequence data was compared to published *Bacillus* genomes using nBLAST (Nucleotide Basic Local Alignment Search Tool) (National Institutes of Health, 2019a). nBLAST outputs are provided in Table 1. *Bacillus subtilis* MB40 genome sequence alignments showed 99% identity with *Bacillus subtilis* subsp. *subtilis* 6051- HGW which is deposited as *Bacillus subtilis* DSM-10 at DSMZ (Leibniz Institute DSMZ- German Collection of Microorganisms and Cell Cultures Inhoffenstraße 7B 38124 Braunschweig GERMANY). *Bacillus subtilis* DSM-10 (also known as Marburg strain or Subtilis 6051-HGW, highlighted in bold) is the parent strain of *Bacillus subtilis* MB40.

**Table 1. Listing of the nBLAST outputs from the whole genome sequence alignments to *Bacillus subtilis* MB40**

DESCRIPTION	TOTAL SCORE	QUERY	E VALUE	IDENT	ACCESSION
Bacillus subtilis subsp. subtilis str. 168, complete genome	7.88E+06	98%	0	99%	CP010052.1
Bacillus subtilis KCTC 1028, complete genome	7.88E+06	98%	0	99%	CP011115.1
Bacillus subtilis subsp. subtilis strain 3NA, complete genome	7.84E+06	97%	0	99%	CP010314.1
Bacillus subtilis subsp. subtilis str. AG1839, complete genome	7.82E+06	97%	0	99%	CP008698.1
Bacillus subtilis subsp. subtilis str. JH642 substr. AG174, complete genome	7.82E+06	97%	0	99%	CP007800.1
Bacillus subtilis strain PS832, complete genome	7.85E+06	98%	0	99%	CP010053.1
<b>Bacillus subtilis subsp. subtilis 6051-HGW, complete genome</b>	<b>7.88E+06</b>	<b>98%</b>	<b>0</b>	<b>99%</b>	<b>CP003329.1</b>
Bacillus subtilis PY79, complete genome	7.52E+06	94%	0	99%	CP006881.1
Bacillus subtilis QB928, complete genome	7.73E+06	96%	0	99%	CP003783.1
Bacillus subtilis genome assembly BS49Ch, chromosome	7.88E+06	98%	0	99%	LN649259.1
Bacillus subtilis BEST7003 DNA, complete genome	7.46E+06	93%	0	99%	AP012496.1
Bacillus subtilis strain TO-A JPC, complete genome	7.46E+06	93%	0	99%	CP011882.1

#### 4. Phenotype Analysis

Fatty acid profiling via The MIDI Sherlock System Fatty Acid Methyl Ester (FAME) method has confirmed that *Bacillus subtilis* MB40 has a similarity index of 0.907 to the *Bacillus subtilis* species (Appendix 1).



### B. Method of Manufacture of *Bacillus subtilis* MB40

*Bacillus subtilis* MB40 is produced consistent with current Good Manufacturing Practices (cGMP) as a pure spore culture consisting of only fermentation medium and *Bacillus subtilis* MB40 spores. The pure spore culture is concentrated via centrifugation. The concentrated liquid is then blended with enough maltodextrin so the total solids is up to 10% and then spray dried. The preparation is then blended with additional maltodextrin (or other approved diluents including, but not limited to, sodium chloride, calcium carbonate, and sodium bicarbonate) to achieve the finished formulation (OPTI-BIOME®). All stabilizers/additives/media (or diluents) used in the process are food-grade. For the purpose of the toxicological testing described below (see Part 6, for safety evaluations), pure *Bacillus subtilis* MB40 or OPTI-BIOME® (the finished product to be marketed) were used as the test article.

A manufacturing process diagram for OPTI-BIOME® is provided in Figure 3.

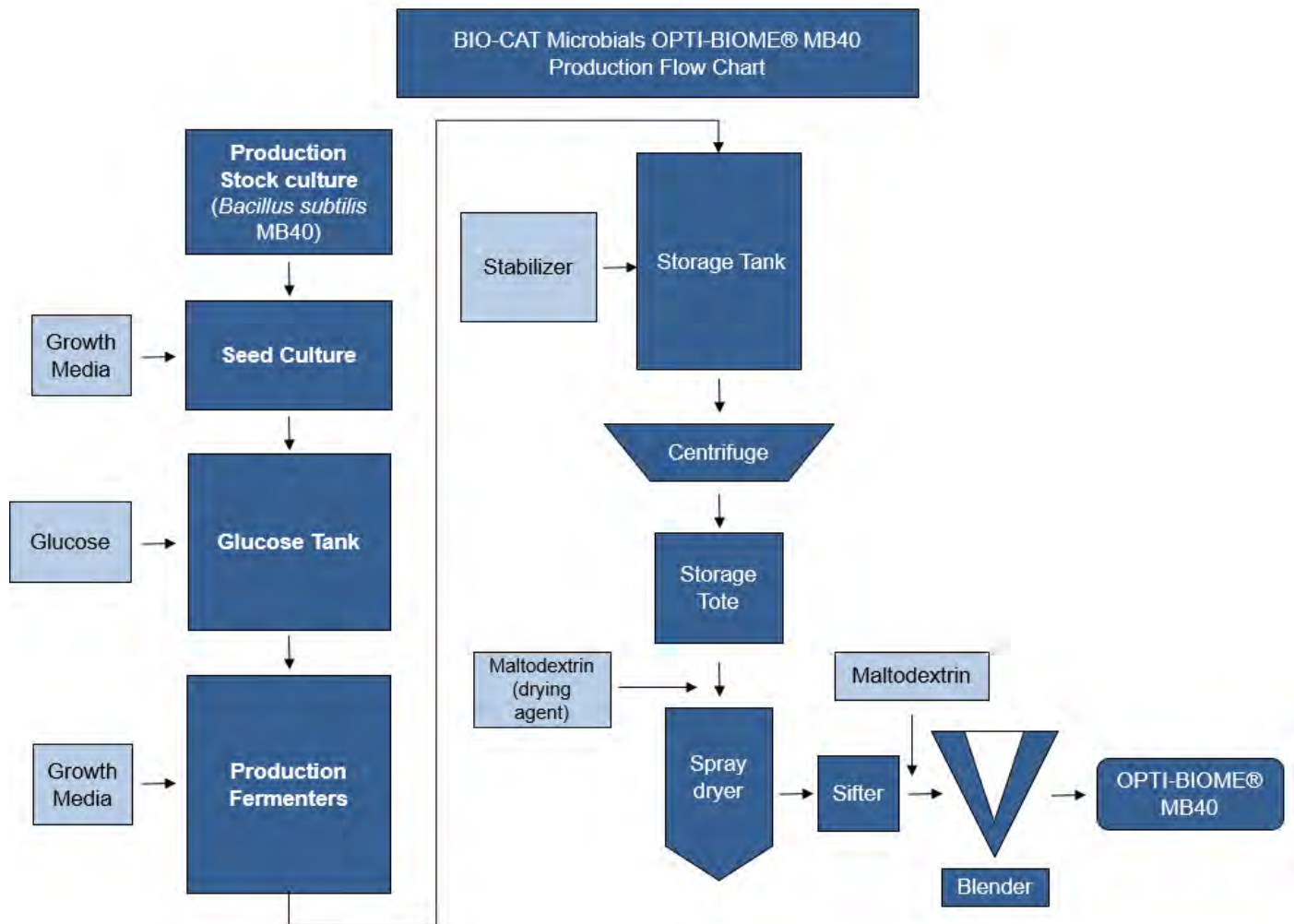


Figure 3. Method of Manufacture of OPTI-BIOME®

All fermentation equipment including tanks, lines, totes, separator, spray dryer, screens, and blenders are cleaned and sterilized prior to starting *Bacillus subtilis* MB40 fermentation batches. All equipment is swabbed (UltraSnap™, Hygiene, LLC) for microbial contamination. If a piece of equipment does not pass the ATP swab, that piece of equipment is not used until it has been recleaned and passes the ATP test. BIO-CAT manufactures other *Bacillus* products that contain soy and milk in the fermentation medium. Although *Bacillus subtilis* MB40 is produced on an allergen-free medium, the label contains the following statement “Although soy and milk are not formulated or used in the manufacture of this product, the product may contain traces of soy and milk.”

**C. Product Specifications**

The food grade specifications for *Bacillus subtilis* MB40 are summarized in Table 2. Conformance to specifications and consistency of *Bacillus subtilis* MB40 manufacturing is demonstrated by the analyses of five non-consecutive lots of commercially representative *Bacillus subtilis* MB40 with results summarized in Table 3 and certificates of analysis provided in Appendix 2.

The collection of these reports demonstrates that the substance is well characterized and meets the established purity criteria.

**Table 2. Food Grade Specification for *Bacillus subtilis* MB40**

PHYSICAL AND CHEMICAL PARAMETERS	SPECIFICATION (ACCEPTABLE TARGET/RANGE)	TEST METHOD
Color	Light Tan to Tan	Visual
Visual Inspection	Visually free of foreign material	Visual
Texture	Crystalline, free flowing powder	Organoleptic
Odor	Strong fermentation	Organoleptic
Identity*	>98% homology	16S Sequencing
Activity (CFU/g)	NLT 100 Billion	FDA BAM
Moisture Content (%)	<10	Ohaus MB-45
<b>Heavy Metals**</b>		
Lead (ppm)	<0.5	ICP
Mercury (ppm)	<0.5	ICP
Cadmium (ppm)	<0.5	ICP
Arsenic (ppm)	<0.3	ICP
<b>Microbiological Limits</b>		
Yeast and Mold (CFU/g)	≤300	FDA BAM
Salmonella (per 25 g)	Negative	FDA BAM
Coliforms (CFU/g)	≤30	FDA BAM
<i>E. coli</i> (per 25 g)	Negative	AOAC 991.14
<i>Listeria</i> (per 25 g)	Negative	FDA BAM
<i>S. aureus</i> (CFU/g)	Non-detected***	AOAC 2003.07

\*Results determined from testing of *Bacillus subtilis* raw material

\*\*Results determined from testing of every lot

\*\*\* Detection level for growth of *S. aureus* on product samples is 10 CFU/g. Product with any detectable growth of *S. aureus* is considered a failed test and will be destroyed.

AOAC – Association for Official and Analytical Chemists; BAM – Bacteriological Analytical Manual; CFU – Colony Forming Units; FDA – Food and Drug Administration; g – gram; ICP – Inductively Coupled Plasma; NLT – not less than; ppm – parts per million

**Table 3. Analytical Results for *Bacillus subtilis* MB40**

PHYSICAL AND CHEMICAL PARAMETERS	ACCEPTABLE TARGET/RANGE	BACILLUS SUBTILIS MB40 BATCH RESULTS				
		LOT NO. OPTIMB40-MC02	LOT NO. OPTIMB40-PC24	LOT NO. OPTIMB40-CB13	LOT NO. OPTIMB40-SA22	LOT NO. OPTIMB40-SC11
Color	Light Tan to Tan	Light Tan	Light Tan	Light Tan	Light Tan	Light Tan
Visual Inspection	Visually free of foreign material	Pass	Pass	Pass	Pass	Pass
Texture	Crystalline, free flowing powder	Pass	Pass	Pass	Pass	Pass
Odor	Strong fermentation	Pass	Pass	Pass	Pass	Pass
Identity*	>98% homology	Pass	Pass	Pass	Pass	Pass
Activity (CFU/g)	NLT 100 Billion	138 Billion	112 Billion	119 Billion	115 Billion	115 Billion
Moisture Content (%)	<10	5.61	3.75	4.95	5.69	4.25
<b>Heavy Metals**</b>						
Lead (ppm)	<0.5	0.03	0.08	0.03	0.02	0.03
Mercury (ppm)	<0.5	<0.01	0.01	0.01	0.01	0.01
Cadmium (ppm)	<0.5	0.01	0.04	0.01	0.01	<0.01
Arsenic (ppm)	<0.3	0.05	0.11	0.07	0.05	<0.03
<b>Microbiological Limits</b>						
Yeast and Mold (CFU/g)	≤300	<300	<300	<300	<300	<300
Salmonella (per 25 g)	Negative	Negative	Negative	Negative	Negative	Negative
Coliforms (CFU/g)	≤30	< 30	< 30	< 30	< 30	< 30
<i>E. coli</i> (per 25 g)	Negative	Negative	Negative	Negative	Negative	Negative
<i>Listeria</i> (per 25 g)	Negative	Negative	Negative	Negative	Negative	Negative
<i>S. aureus</i> (CFU/g)	Non-detected***	<10	<10	<10	<10	<10

\*Results determined from testing of *Bacillus subtilis* raw material

\*\*Results determined from testing of every 5th lot

\*\*\* Detection level for growth of *S. aureus* on product samples is 10 CFU/g. Product with any detectable growth of *S. aureus* is considered a failed test and will be destroyed.

CFU – Colony Forming Units; g – gram; NLT– not less than; ppm – parts per million

#### D. Technical Function

*Bacillus subtilis* MB40 is intended for use as an ingredient in a wide variety of foods.

#### E. Stability Data

Shelf-life stability of the manufactured product has been determined for up to 30 months at room temperature (21 ±2°C) storage. Samples from two lots were analyzed at the time of manufacture and at later dates for plate count. Stability for up to 30 months was demonstrated by average plate counts of *Bacillus subtilis* within ±16% of the original value.

Stability data is outlined in Table 4.

**Table 4. Shelf-life Stability of *Bacillus subtilis* MB40**

SAMPLE ID	DOM	ORIGINAL AVG. PC (BILLIONS)*	RECOUNT DATE	AVG PC ON RECOUNT DATE*	SD	% SD	SURVIVAL (% ±SD)	TIME ELAPSED (MONTHS)
OPTIMB40-CB13	March 13, 2018	119	7/15/2019	118	3.79	3.21	99±3	16
OPTIMB40-SA22	May 22, 2017	115	7/15/2019	131	1.89	1.44	114±2	26
OPTIMB40-SA22	May 22, 2017	115	11/05/2019	133	8.72	6.54	116 ±2	30

\*Average of three samples except for SA22 sample at 26 months where value is average from two samples.  
 DOM – date of manufacture; PC – plate count; SD – standard deviation

**F. Intended Food Uses and Anticipated Dietary Exposure**

**1. Proposed Uses**

*Bacillus subtilis* MB40 is intended for use as an ingredient in a wide variety of foods. *Bacillus subtilis* MB40 will be added to foods at a maximum level of 2 x 10<sup>9</sup> CFU/serving. The food categories, as defined in 21 CFR 170.3(n), to which *Bacillus subtilis* MB40 will be added are listed in Table 5.

**Table 5. Proposed Food Uses of *Bacillus subtilis* MB40**

FOOD CATEGORY
(1) Baked goods and baking mixes, including all ready-to-eat and ready-to-bake products, flours, and mixes requiring preparation before serving.
(3) Beverages and beverage bases, nonalcoholic, including only special or spiced teas, soft drinks, coffee substitutes, and fruit and vegetable flavored gelatin drinks.
(4) Breakfast cereals, including ready-to-eat and instant and regular hot cereals.
(5) Cheeses, including curd and whey cheeses, cream, natural, grating, processed, spread, dip, and miscellaneous cheeses.
(6) Chewing gum, including all forms.
(7) Coffee and tea, including regular, decaffeinated, and instant types.
(8) Condiments and relishes, including plain seasoning sauces and spreads, olives, pickles, and relishes, but not spices or herbs.
(9) Confections and frostings, including candy and flavored frostings, marshmallows, baking chocolate, and brown, lump, rock, maple, powdered, and raw sugars.
(10) Dairy product analogs, including nondairy milk, frozen or liquid creamers, coffee whiteners, toppings, and other nondairy products.
(12) Fats and oils, including margarine, dressings for salads, butter, salad oils, shortenings and cooking oils.
(16) Fresh fruit juices, including only raw fruits, citrus, melons, and berries, and home prepared "ades" and punches made therefrom.
(20) Frozen dairy desserts and mixes, including ice cream, ice milks, sherbets, and other frozen dairy desserts and

FOOD CATEGORY
specialties.
(21) Fruit and water ices, including all frozen fruit and water ices.
(22) Gelatins, puddings, and fillings, including flavored gelatin desserts, puddings, custards, parfaits, pie fillings, and gelatin base salads.
(23) Grain products and pastas, including macaroni and noodle products, rice dishes, and frozen multicourse meals, without meat or vegetables.
(25) Hard candy and cough drops, including all hard type candies.
(26) Herbs, seeds, spices, seasonings, blends, extracts, and flavorings, including all natural and artificial spices, blends, and flavors.
(28) Jams and jellies, commercial, including only commercially processed jams, jellies, fruit butters, preserves, and sweet spreads.
(30) Milk, whole and skim, including only whole, lowfat, and skim fluid milks.
(31) Milk products, including flavored milks and milk drinks, dry milks, toppings, snack dips, spreads, weight control milk beverages, and other milk origin products*.
(32) Nuts and nut products, including whole or shelled tree nuts, peanuts, coconut, and nut and peanut spreads.
(33) Plant protein products, including the National Academy of Sciences/ National Research Council "reconstituted vegetable protein" category, and meat, poultry, and fish substitutes, analogs, and extender products made from plant proteins.
(35) Processed fruits and fruit juices, including all commercially processed fruits, citrus, berries, and mixtures; salads, juices and juice punches, concentrates, dilutions, "ades", and drink substitutes made therefrom.
(36) Processed vegetables and vegetable juices, including all commercially processed vegetables, vegetable dishes, frozen multicourse vegetable meals, and vegetable juices and blends.
(37) Snack foods, including chips, pretzels, and other novelty snacks.
(38) Soft candy, including candy bars, chocolates, fudge, mints, and other chewy or nougat candies.
(40) Soups and soup mixes, including commercially prepared meat, fish, poultry, vegetable, and combination soups and soup mixes**.
(41) Sugar, white, granulated, including only white granulated sugar.
(42) Sugar substitutes, including granulated, liquid, and tablet sugar substitutes.
(43) Sweet sauces, toppings, and syrups, including chocolate, berry, fruit, corn syrup, and maple sweet sauces and toppings.

\**Bacillus subtilis* MB40 is not intended for use in infant formula.

\*\**Bacillus subtilis* MB40 is not intended for use in any product that would require additional review by USDA.

## 2. Estimated Dietary Intake (EDI)

Consumer exposure to *Bacillus subtilis* MB40 was estimated using the methods described in GRN 399 (Ganeden, 2011) which utilized data from the USDA Nutrition Insights publication of the USDA Center for Nutrition Policy and Promotion (Basiotis et al., 2000). According to this report, males, aged 51 or older, consume the greatest number of servings of food per day, estimated as 18.2 servings of food/day, from the following categories: grains, fruits, vegetables, milk, meat and other (fats, oils, sweets). Therefore, using this upper intake level of 18.2 servings of food/day and assuming that *Bacillus subtilis* MB40 is added to every category of food outlined above, at the maximum use level of  $2 \times 10^9$  CFU/ serving, the maximum estimated daily intake (EDI) is calculated as  $3.64 \times 10^{10}$  CFU/day (approximately 36 billion CFU/day or  $5.2 \times 10^8$  CFU/kg bw/day for a 70 kg human).

### **3. Acceptable Daily Intake (ADI)**

The tolerated level of *Bacillus subtilis* MB40 after repeated administration in human volunteers was determined to be  $1 \times 10^{10}$  CFU/day (Spears et al., 2020). This result corroborates the results of published clinical safety studies with other strains of *Bacillus subtilis* in which no adverse effects were reported after repeated administration to human volunteers at up to  $1 \times 10^{10}$  CFU/day.

In addition, the acceptable daily intake (ADI) of *Bacillus subtilis* MB40 was calculated using the methodology employed for a similar microbial ingredient with GRAS status as a food ingredient, as described in GRN 399 (Ganeden, 2011) and Endres et al. (2011). Based on the No-Observed-Adverse-Effect-Level (NOAEL) of 2000 mg/kg bw/day (equivalent to  $3.7 \times 10^{11}$  CFU/kg bw/day or  $8.51 \times 10^{10}$  CFU/day) in the 14-day toxicity study in rats with *Bacillus subtilis* MB40 (Spears et al., 2020) (See Section 6), and conservative 100-fold safety factor for inter- and intra-species differences, the ADI of *Bacillus subtilis* MB40 in humans is calculated as  $3.7 \times 10^9$  CFU/kg bw/day (or  $2.6 \times 10^{11}$  (260 billion) CFU/day for a 70 kg person). Clinical studies with *Bacillus subtilis* MB40, clinical and nonclinical studies with other *Bacillus subtilis* strains and a GRAS Notice for a different *Bacillus subtilis* strain (GRN 831) support the safety and appropriateness of the ADI for *Bacillus subtilis* MB40.

### **G. Estimated Dietary Exposure to Any Other Substance That is Expected to be Formed in or on Food**

Not applicable.

### **H. Dietary Exposure to Contaminants, Byproducts and Other Bioactives**

Potential contaminants of BIO-CAT's *Bacillus subtilis* MB40 include microbes and heavy metals. The specifications set for BIO-CAT's *Bacillus subtilis* MB40 place limits on the maximum permissible levels of these impurities to assure an acceptable final product. The batch data for five different lots document quality control of the final product such that it meets these specifications (Table 3).

## **PART 4. SELF-LIMITING LEVELS OF USE**

There are no inherent self-limiting levels of use for *Bacillus subtilis* MB40.

## **PART 5. EXPERIENCE BASED ON COMMON FOOD USE IN FOOD BEFORE 1958**

The statutory basis for the conclusion of GRAS status of *Bacillus subtilis* MB40 in this document is not based on common use in food before 1958. The GRAS conclusion is based on scientific procedures.

## A. Other Information on Dietary Exposure

Humans are inherently exposed to *Bacillus subtilis*, given that the microbe can be isolated from water, soil, air and decomposing plant matter (Lefevre et al., 2017). Bacilli are reported to occur at population levels of  $10^6$  to  $10^7$  per gram of soil with 60-100% being in its inactive spore state (EPA, 1997). *Bacillus* counts of  $10^6$  CFU/g have been determined in wheat, grain, and whole meal (Sorokulova, 2013). Evidence shows that *Bacillus subtilis* spores have been found in the gastrointestinal tract of humans who have not intentionally consumed *Bacillus subtilis*-containing food or supplements (Tam et al., 2006; Hong et al., 2009; Fakhry et al., 2008).

In addition to indirect consumption, *Bacillus subtilis* has a long history of use in the food industry, specifically in fermented food products marketed in Asian and African regions. Alkaline-fermented foods generated by bacterial cultures containing *Bacillus subtilis* include Thai thua-nao and kinema from cooked soybeans, dawadawa from African locust beans, ugba from African oil beans, and orgiri from melon seeds (Wang and Fung, 1996). The traditional Japanese food “nattō” (fermented soybean) is made from soybeans fermented by *Bacillus subtilis*, and is believed to have been a component of the Japanese diet as early as the year 1450 (Shurtleff, 2012). At least three kinds of commercial nattō starter strains are available in Japan (Nishito et al., 2010). There are up to  $1 \times 10^9$  viable spores of *Bacillus subtilis*/gram of nattō product, the consumption of which has a long history of safe use and is associated with beneficial health effects (Cutting, 2011; Homma et al., 2006). The USDA nutrient databank (USDA, SR-28) states that there are 175 g in a serving of nattō. A person consuming one serving of nattō/day would therefore consume  $1.75 \times 10^{11}$  CFU *Bacillus subtilis*/day (175 billion CFU/day) from this source only (USDA, 2019).

It is expected that exposure to *Bacillus subtilis* from foods that have not been supplemented with the bacteria is low relative to the amount of *Bacillus subtilis* that will be added to food per this GRAS determination, with the possible exception of consumers of nattō. It is unlikely, however, that a daily consumer of nattō would also be consuming foods containing *Bacillus subtilis* MB40 at 90<sup>th</sup> percentile levels of intake.

### 1. US Regulatory History

#### a. GRAS Status

The GRAS status of carbohydrase and protease enzyme preparations sourced from nonpathogenic and nontoxigenic strains of *Bacillus subtilis* was affirmed in 1997 (21 CFR 184.1148 and 21 CFR 184.1150). Subsequently, several enzyme preparations sourced from *Bacillus subtilis* have been notified as GRAS for use in foods based on scientific procedures. A GRAS Notice for *Bacillus subtilis* DE111 for use in infant formula and several different foods received a no questions letter from FDA (GRN 831), and one for *Bacillus subtilis* was withdrawn (Table 6). For GRN 831, the estimated daily intake of *Bacillus subtilis* DE111 was  $1.3 \times 10^{11}$  CFU/day.



**Table 6. Summary of *Bacillus subtilis* in FDA GRAS Inventory**

SUBSTANCE	GRN # / CLOSURE DATE	INTENDED USE	USE RATE	COMPANY/ REFERENCE	FDA RESPONSE
<i>Bacillus subtilis</i> DE111	GRN 831 Oct 7, 2019	For use in conventional foods and infant formula	Up to $1 \times 10^{10}$ CFU/serving in foods intended for adults Up to $1 \times 10^9$ CFU/serving in foods intended for children aged 2-12 Up to $2 \times 10^8$ CFU/100 mL infant formula	Deerland Probiotics and Enzymes FDA GRN 831 (2019)	FDA had no questions
<b>Maltogenic alpha-amylase from <i>Bacillus stearothermophilus</i> produced in <i>Bacillus subtilis</i></b>	GRN 751 July 31, 2018	For use in processing starch in food manufacturing	Minimum levels necessary to achieve the intended technical effect	Novozymes North America, Inc. FDA GRN 751 (2018)	FDA had no questions
<b>Maltogenic amylase from <i>Geobacillus stearothermophilus</i> produced in <i>Bacillus subtilis</i></b>	GRN 746 June 13, 2018	For use in baking processes	Minimum levels necessary to achieve the intended technical effect	AB Enzymes FDA GRN 746 (2018)	FDA had no questions
<b>Subtilisin from <i>Bacillus amyloliquefaciens</i> produced in <i>Bacillus subtilis</i></b>	GRN 714 Feb 6, 2018	For use in the processing of protein at to facilitate protein hydrolysis	58-369 mg TOS/kg substrate	Danisco US Inc. (Dupont Industrial Biosciences) FDA GRN 714 (2018)	FDA had no questions
<b><math>\beta</math>-galactosidase enzyme preparation from <i>Bacillus circulans</i> produced in <i>Bacillus subtilis</i></b>	GRN 649 Nov 28, 2016	For use as a processing aid in the production of galacto-oligosaccharides (GOS)	Up to 0.3% of the lactose starting material	GenoFocus, Inc. FDA GRN 649 (2016)	FDA had no questions
<b><math>\beta</math>-glucanase from <i>Bacillus subtilis</i></b>	GRN 592 Oct 7, 2015	For use as a processing aid in brewing and potable alcohol production	36.56 mg TOS/kg grist	Danisco US Inc. FDA GRN 592 (2015)	FDA had no questions
<b>Lactase from <i>Bifidobacterium bifidum</i> produced in <i>Bacillus subtilis</i></b>	GRN 579 Nov 5, 2015	For use in the production of galacto-oligosaccharide for infant formula and in the production of fresh dairy products	1.1 mg TOS/g milk 1.3 mg TOS/g GOS for use in infant formula	Danisco US Inc. FDA GRN 579 (2015)	FDA had no questions
<i>Bacillus subtilis</i>	GRN 562	For use in post-harvest processing of bananas as an ingredient added to wash water	$6.3 \times 10^2$ CFU/mL to $1.9 \times 10^3$ CFU/mL	BiOWiSH Technologies, Inc. FDA GRN 562 (2014)	FDA ceased to evaluate at notifier's request
<b>Asparaginase enzyme preparation produced by genetically modified <i>Bacillus subtilis</i></b>	GRN 476 Feb 3, 2014	As an enzyme in bread, potato, cereals, coffee and chocolate products, at a level of up to 20 milligram	Up to 20 mg TOS/kg food	Novozymes North America, Inc. FDA GRN 476	FDA had no questions

SUBSTANCE	GRN # / CLOSURE DATE	INTENDED USE	USE RATE	COMPANY/ REFERENCE	FDA RESPONSE
		Total Organic Solids per kilogram of food		(2014)	
<b>1,4-<math>\alpha</math>-glucan branching enzyme preparation from <i>Bacillus subtilis</i> strain 168 expressing the glucan branching enzyme gene from <i>Aquifex aeolicus</i> strain VF5</b>	GRN 406 Sep 11, 2012	As an enzyme in the production of cyclic dextran and enzymatically-synthesized glycogen	0.07 mg TOS/ g substrate for cyclic dextran production 0.67 mg TOS/g substrate for glycogen production	Ezaki Glico Co., Ltd. FDA GRN 406 (2012)	FDA had no questions
<b>Branching glycosyltransferase enzyme preparation from <i>Bacillus subtilis</i> expressing a branching glycosyltransferase gene from <i>Rhodothermus obamensis</i></b>	GRN 274 Jun 25, 2009	As an enzyme in the starch industry to obtain dextrans with improved physical properties, such as higher solubility, lower viscosity, and reduced retrogradation	Up to 4%	Novozymes North America, Inc. FDA GRN 274 (2009)	FDA had no questions
<b>Pullulanase enzyme preparation from <i>Bacillus subtilis</i> expressing the pullulanase gene from <i>B. acidopullulyticus</i></b>	GRN 205 Dec 4, 2006	As an enzyme in the brewing industry (to hydrolyze 1-6- $\alpha$ -D-glucosidic linkages in pullulan, amylopectin, and glycogen	Up to 25 L/ton of starch dry substance	Novozymes North America, Inc. FDA GRN 205 (2006)	FDA had no questions
<b>Pectate lyase enzyme preparation from <i>Bacillus subtilis</i></b>	GRN 114 Jan 27, 2003	Use in fruit and vegetable purees and concentrates as an enzyme	0.5-1.0 % by weight	Japan Cellfoods Co., Ltd. FDA GRN 114 (2003)	FDA had no questions
<b>Pullulanase derived from <i>Bacillus subtilis</i> carrying a gene encoding pullulanase from <i>Bacillus naganensis</i></b>	GRN 20 Sep 30, 1999	Use in hydrolyzing starch and starch-related compounds in the production of corn sweeteners, baked goods, and alcoholic beverages at minimum levels necessary to accomplish the intended effect in accordance with current good manufacturing practices	Minimum levels necessary to accomplish the intended effect in accordance with cGMP	Enzyme Bio-Systems Ltd. FDA GRN 20 (1999)	FDA had no questions

CFU – colony forming units; cGMP – current Good Manufacturing Practices; GOS – galacto-oligosaccharides; kg – kilogram; mg – milligram; mL – milliliter; TOS – total organic solids

**b. New Dietary Ingredient Notifications**

Four New Dietary Ingredient Notifications (NDINs) for various *Bacillus subtilis* strains have been submitted to FDA, none of which have been accepted (Table 7). In all cases, FDA was unable to establish the safety of the ingredient. Reasons cited for lack of approval include lack of information about identity, consumption, antibiotic resistance, colonization in the gastrointestinal tract, effect on normal gut flora, metabolites known to be produced by the particular strain, or potential for allergy.

Despite the fact that no NDINs for *Bacillus subtilis* have been accepted, a total of 95 dietary supplement products containing *Bacillus subtilis* are mentioned on the National Institutes of Health (NIH) Dietary Supplement Label Database (National Institutes of Health, 2019b). The majority of these products did not mention the recommended use levels; however, two products mentioned daily use of  $1 \times 10^9$  CFU/day and  $2.0 \times 10^9$  CFU/day. A number of dietary supplements containing *Bacillus subtilis* in combination with other live microbials are available for sale on the internet, and a few contained only *Bacillus subtilis*. Recommended usage rates of two additional supplements containing only *Bacillus subtilis* that were found on websites are  $3.1 \times 10^9$  CFU/day and  $1 \times 10^{10}$  CFU/day (Amazon.com, 2019; Acupuncture Atlanta, 2019).

**Table 7. Summary of *Bacillus subtilis* in FDA NDI Inventory**

SUBSTANCE	NDIN # / DATE OF FDA'S RESPONSE	RECOMMENDED DAILY DOSE	COMPANY/ REFERENCE	FDA RESPONSE
<i>Bacillus Subtilis</i> Strain PB6 ATCC PTA-673	NDI 741 Jan.30, 2012	95 billion CFU /serving/day	Kemin Pharma FDA NDIN 741(2012)	FDA was unable to establish the safety of the ingredient
<i>Bacillus subtilis</i> PB6	NDI 477 July 31, 2008	$1 \times 10^9$ to $1 \times 10^{10}$ CFU/serving/day	Kemin Industries, L.C. FDA NDIN 477 (2008)	FDA was unable to establish the safety of the ingredient
<i>Bacillus Subtilis</i> Strain DB9001	NDI 324 March 3, 2006	$7.5 \times 10^8$ CFU/serving/day	BAU Inc. FDA NDIN 324 (2006)	FDA was unable to establish the safety of the ingredient
<i>Bacillus subtilis</i> DB9011	NDI 277 June 15, 2005	16.5 mg/capsule 1-3 capsules/day	BAU Inc. FDA NDIN 277 (2005)	FDA was unable to establish the safety of the ingredient

CFU – colony forming unit; NDI – New Dietary Ingredient; NDIN – New Dietary Ingredient Notification

**c. Animal Feed**

Under section 36.14 of the 2019 Association of American Feed Control Officials (AAFCO) Official Publication, *Bacillus subtilis* is listed as a microorganism that was reviewed by the Food and Drug Administration, Center for Veterinary Medicine and found to present no safety concerns when used in direct-fed microbial products (AAFCO, 2019).

**d. Pesticides**

Several *Bacillus subtilis* strains have been approved for use as biocides by the Environmental Protection Agency (EPA), and have been exempted from tolerances in food crops, including GB03; FMCH002, BU1814; MBI 600; CX-9060, QST 713, and QST 713 variant soil (EPA, 2008; EPA, 2017; EPA, 2018; EPA, 2009; 2012a; EPA, 2012b). In the Federal Register notice for the QST 713

variant soil exemption, the EPA stated that *Bacillus subtilis* is not considered to be toxic or pathogenic to humans, animals or plants (EPA, 2012b).

## 2. European Regulatory History

The European Food Safety Authority (EFSA) confirmed a Qualified Presumption of Safety Determination for the use of *Bacillus subtilis* as an animal feed additive based on the absence of toxigenic potential (EFSA, 2013).

## 3. Canadian Regulatory History

*Bacillus subtilis* is recognized by the Natural and Non-Prescription Health Products Directorate (NNHPD) of Health Canada as a Natural Health Product (NHP) ingredient under Schedule 1, Item 1 (bacterium) of the *Natural Health Product Regulations*. In order to sell NHPs like OPTI-BIOME® in Canada, a Product Licence in the form of an eight digit Natural Product Number (NPN) must be issued by Health Canada. Thus, submission of a Product Licence Application (PLA) to the NNHPD is required. Only once Health Canada has reviewed and approved a PLA for safety, efficacy, and quality, is an NPN granted. This unique identifier (i.e. 8000XXXX) must appear on the label's Principal Display Panel (PDP). The Master File pathway precedes the PLA process, and is a mechanism which enables manufacturers of raw materials or finished products to protect safety, efficacy, manufacturing, packaging, processing, and/or quality data. This proprietary information is held on file with the Government, preventing direct disclosure to the customer/Clinical Trial or Product Licence Applicant, while still permitting efficient investigation, approval, and registration. The OPTI-BIOME® Master File and associated mock PLA protects BIO-CAT's unique manufacturing process and allows their customers to efficiently register finished products containing *B. subtilis* MB40 – several of which have already done so. Although the Master File is specific to NHP use, it should be noted that food enzymes produced by various strains of *B. subtilis* are also recognized as food additives in Canada (Government of Canada, 2019).

## PART 6. NARRATIVE

### A. *Bacillus subtilis* Safety Evaluation (Other Strains)

*Bacillus subtilis* is not considered pathogenic or toxigenic to humans, animals, or plants (EPA, 1997). Based on a review of literature citing human infections with *Bacillus subtilis* ((de Boer and Diderichsen, 1991), almost all cases of *Bacillus subtilis* infection were related to drug abusers or debilitated patients. In general, there was no evidence of any pathogenic potential of *Bacillus subtilis* to humans and very few examples of *Bacillus subtilis* strains as confirmed causes of food poisoning.

In a case report of two patients presenting with cholestatic hepatitis, pruritus, and/or cirrhosis after consumption of Herbalife® preparations, samples of the Herbalife® products ingested by both patients showed growth of *Bacillus subtilis* (identified via sequencing of 16S rRNA and *gyrB*

genes), likely from contamination by an environmental source (Stickel et al., 2009). Although causality between consumption of Herbalife® products and disease was scored “probable” in both cases, Gram-positive bacteria are extremely rare causes for liver injury. Further, the NIH has examined 50 cases of liver injury attributed to Herbalife® products and opined that the mechanism is unexplained (NIH, 2018). The clinical safety of preparations containing *Bacillus subtilis* (discussed below) also supports the conclusion that the isolated case reports of hepatotoxicity from *Bacillus subtilis*-contaminated Herbalife® preparations do not give rise to safety concerns regarding the intended use of *Bacillus subtilis* MB40.

## 1. Toxicology Data on *Bacillus subtilis* (Other Strains)

### a. Safety studies in experimental animals

Oral toxicity studies with *Bacillus subtilis* in rats, mice, rabbits, and piglets confirm the lack of adverse effects associated with repeated exposures to *Bacillus subtilis* and are consistent with the results of the oral toxicity study with *Bacillus subtilis* MB40 (Spears et al., 2020). Although these published repeated exposure studies were generally conducted at a single dose level that did not permit evaluation of a dose-response relationship, the results of these studies support the safety assessment of several *Bacillus subtilis* species, some of which have documented histories of commercial applications (Sorokulova et al., 2008), at anticipated consumer exposure levels from use as an ingredient in foods. As discussed by Tompkins et al. (2008), the 28-day study with *Bacillus subtilis* R0179 (summarized below) was conducted “to ensure safety at high doses” of a product for which the therapeutic efficacy has been documented in a number of clinical trials.

A 10-day oral (gavage) toxicity study of *Bacillus subtilis* VKPM B2335 (BS3) was conducted in male BALB/c mice, male New Zealand white rabbits, newborn piglets (strain and sex not reported) (n=10/species) and a separate 30-day study was performed with rabbits (n=20) (Sorokulova et al., 2008). *Bacillus subtilis* VKPM B2335 (BS3) was administered at a single dose ( $1.0 \times 10^6$  CFU/day for mice;  $1.0 \times 10^9$  CFU/day for rabbits and piglets) in sterile phosphate buffered saline. An additional 10 animals/species received the vehicle alone in each study. The animals were observed for activity and behavior and histopathological evaluation of select tissues and organs was conducted after euthanasia. Blood samples were collected from rabbits by cardiac puncture on days 10 and 30 and evaluated for hematology parameters. Leukocytes were counted to determine the differential percentages of white blood cells (lymphocyte, monocytes, eosinophils, and heterophils). Total red blood cells, sedimentation rate and hemoglobin concentration were determined. Hematology parameters were not evaluated in mice or piglets.

There were no adverse effects on the general health status of the animals, and no changes in the organs and tissues of treated animals were reported. There were no differences in the hematological indexes measured in the blood from control and treated rabbits. The authors concluded that the test strain of *Bacillus subtilis* (VKPM B2335; BS3) “may therefore be considered as non-pathogenic and safe for human consumption” (Sorokulova et al., 2008).

Hong et al. (2008) conducted a 30-day gavage study of *Bacillus subtilis* Nattō administered to six male New Zealand White rabbits at a single dose of  $1.0 \times 10^9$  CFU/day. A naïve control group received the vehicle (saline) at the same volume (1 mL/day). Blood samples for hematological evaluation (total red blood cells, leucocytes, hemoglobin concentration, and differential percentages of white blood cells) were collected by cardiac puncture from anaesthetized animals on day 30 and select tissues and organs were collected for histopathological examination after euthanasia, including liver, kidneys, spleens, small intestines, and mesenteric lymph nodes. In a separate acute single-dose study conducted by the same authors, groups of 5 male and female Harley Dunkin guinea pigs were administered a 1 ml dose of *Bacillus subtilis* Nattō at  $1.0 \times 10^{12}$  CFU or the vehicle (saline) and observed for 14 days. Animals were observed daily for behavior, appearance, activity and feces. Body weights were recorded on days 0, 7, 14, and 17. On day 17, blood was drawn (by cardiac puncture from anaesthetized animals) for hematological analysis (same parameters as 30-day study). Select tissues and organs were collected for histopathological examination after euthanasia including liver, kidneys, spleens, small intestines, and mesenteric lymph nodes.

There were no reported adverse effects on the general health status or feed intake of rabbits administered *Bacillus subtilis* Nattō at  $1.0 \times 10^9$  CFU/day for 30 days. No changes in selected visceral organs and tissues were reported and no significant differences in the hematological indexes were reported in treated rabbits compared to controls. In the acute toxicity study, a statistically significant higher weight gain in female guinea pigs administered  $1.0 \times 10^{12}$  CFU *Bacillus subtilis* Nattō was reported on day 14 (but not days 7 or 17), while feed intake was unaffected in both males and females. Histological analysis of organs and tissues revealed no signs of inflammation or pathological changes and no differences in the hematological indices between control and treated groups. The authors concluded that “*Bacillus subtilis* appeared to show no sign of toxicity or virulence using *in vivo* assessments” (Hong et al., 2008).

A 28-day oral (gavage) toxicity study of *Bacillus subtilis* R0179 in rats was reported by Tompkins et al. (2008). *Bacillus subtilis* R0179 was administered to 15 male and 15 female Sprague- Dawley albino rats at a single dose of  $2 \times 10^9$  CFU/kg bw/day (vehicle not reported). A control group received an equal volume of the vehicle. Animals were monitored daily for mortality, morbidity, and clinical signs of toxicity. Body mass, food consumption, anatomic pathology, intestinal colonization, and infection were evaluated. The sensory reactivity to auditory, visual and proprioceptive stimuli, grip strength, and motor activity were also assessed. At the end of the treatment period, all animals were sacrificed and select organs (liver, kidneys, spleen, heart, and lungs) were subjected to histopathological and microbiological examination. Terminal portions of the small and large intestine from 4 animals/sex/group were removed for microbial examination of intestinal contents.

No clinical signs of toxicity or oral intolerance were reported in the study. There were no variations in body mass, food consumption, or mortality compared to the vehicle control group. There were no gross lesions at necropsy or changes in organ weights with the exception of lower absolute heart weights reported for test article-treated females only; heart weights relative to body weight were not

affected. The intestinal contents collected from treated animals were found to contain high levels of *Bacillus subtilis*. The authors concluded that the results of this study in combination with the observations of clinical studies in both infants and adults indicate that these microbes are safe for use and pose low risk to the consumer (Tompkins et al., 2008).

The effect of *Bacillus subtilis* 18 (BS-18) on intestinal health of 15-day old mice was studied by Li et al. (2019). Groups of 10 KM mice (5/sex) were necropsied after treatment with 0 or  $1 \times 10^9$  CFU/day BS-18 for 18 days and the intestine (duodenum, jejunum, ileum, and cecum), liver, spleen, and kidney were analyzed macroscopically and microscopically. The diversity of bacteria in the intestine was also examined. The mice exhibited no abnormal behavior during the treatment period and no pathological lesions were observed in tissues that were examined after necropsy. There also were no adverse effects on the microbiome of the intestine or on body weight.

**b. Feeding studies in livestock**

Several studies have been conducted in pigs and rabbits to assess the effect of *Bacillus subtilis* on performance. The results show that up to  $1.3 \times 10^8$  CFU/day *Bacillus subtilis* has no effect on performance of rabbits, that up to  $1.2 \times 10^9$  CFU/day during gestation and  $6.2 \times 10^9$  CFU/day during lactation has no effect on reproduction or development of pigs, and that up to  $3.1 \times 10^8$  CFU/day has no effect on the performance of piglets. Results of these studies are summarized in Table 8.

**Table 8. Results of *Bacillus subtilis* studies in livestock**

SPECIES	CONCENTRATION/ DOSE/DURATION	ENDPOINTS MEASURED	RESULTS	REFERENCE
Pigs (sucking)	0 or $2 \times 10^9$ CFU/kg formula powder <sup>3</sup> ( $3.1 \times 10^8$ CFU/day) <sup>1</sup> 21 days	BW, ADG, ADMI, FCR, intestinal morphology, weight of heart, liver, spleen, kidney, pancreas and intestine, differential white blood cell count, plasma immunoglobulins and cytokines, digestive enzyme activities, bacteria in colonic digesta, expression of genes associated with innate immunity in ileal tissue	No adverse effect on any parameter measured	Hu et al. (2017)
Pigs (pregnant sows and offspring)	0 or $3 \times 10^5$ CFU/g feed ( $8.4 \times 10^8$ CFU/day) <sup>2</sup>	Reproductive performance for two generations, body condition, feed consumption, BW, fecal bacteria	No adverse effect on any parameter measured	Kritas et al. (2015)
Pigs (pregnant sows and offspring)	0 or $5 \times 10^5$ CFU/g gestation feed plus $1 \times 10^6$ CFU/g lactation feed 0 or $5 \times 10^5$ CFU/g nursery feed	ADG, ADFI, BW, fecal consistency, fecal microbes, litter size and weight, number of piglets total born, born alive, stillborn, and mummies, pre-wean mortality	No adverse effect on any parameter measured with the exception of ↓ ADG and ADFI in late nursery period	Menegat et al. (2019)



SPECIES	CONCENTRATION/ DOSE/DURATION	ENDPOINTS MEASURED	RESULTS	REFERENCE
	(1.2 x 10 <sup>9</sup> CFU/day during gestation, 6.2 x 10 <sup>9</sup> CFU/day during lactation and 3 x 10 <sup>8</sup> CFU/day during the nursery period) <sup>3</sup>		in piglets born from treated sows. There was, however, no effect of sow dietary treatment on piglet gain: feed during this period.	
Rabbits (8 weeks old)	4 x 10 <sup>9</sup> CFU/g 0, 200, 400 g /ton feed (5 x 10 <sup>7</sup> or 1.3 x 10 <sup>8</sup> CFU/day) <sup>4</sup> 56 days	FC, BW, BW gain, FCR, carcass characteristics, serum cholesterol, hemoglobin, RBC, platelets, cell-mediated immunity	No adverse effect on any parameter measured	Fathi et al. (2017)
Rabbits (28 days old)	0 or 1x10 <sup>6</sup> CFU/g feed (5 x 10 <sup>7</sup> CFU/day) <sup>5</sup> 42 days	ADFI, BWG, FCR, performance index, fecal score, intestinal bacteria and VFA, feed digestibility	No adverse effect on any parameter measured	Phuoc and Jamikorn (2017)

<sup>1</sup> Calculated using stated CFU/kg powder, average initial body weight (2.69 kg) and average daily dry matter intake from Days 1-7 (154 g/day)

<sup>2</sup> Calculated using stated CFU/kg feed and feed consumption of 2.8 kg/day from 65<sup>th</sup> day of gestation to farrowing

<sup>3</sup> Calculated using stated CFU/kg feed and ADFI in sows of 2.4 kg/day during weaning and 6.2 kg/day during lactation and overall ADFI in offspring of 600 g/day during nursery period

<sup>4</sup> Calculated using 907 kg/ton feed, stated CFU/g microbial, g feed consumed over study (3193.1 and 3987.1 g feed consumed in low and high dose groups, and 56 study days

<sup>5</sup> Calculated using stated CFU/g feed and ADFI of 48.42 g/day from Days 28-42.

ADFI – average gaily feed intake; ADG – average daily gain, ADMI – average daily dry matter intake; BW – body weight, CFU – colony forming units; FC – feed consumption; FCR – feed conversion ratio; RBC – red blood cell count; VFA – volatile fatty acids

## 2. Clinical Safety Data on *Bacillus subtilis* (other strains)

A number of clinical studies have been performed with *Bacillus subtilis*, and for the purpose of this dossier, we have focused on any discussion of potential adverse effects associated with their intake.

Tompkins et al. (2010) published a review of 24 clinical investigations and 3 case studies with Medilac<sup>®</sup> formulations containing *Bacillus subtilis* R0179 and *E. faecium* R0026. Male and female study participants with ulcerative colitis, diarrhea, irritable bowel syndrome, and other gastrointestinal conditions were included in these studies. Although the clinical trials were predominantly designed to assess efficacy, several reported adverse event details. No adverse reactions were directly linked to the use of Medilac<sup>®</sup> formulations.

Total enrollment ranged from 34 to 352 subjects in each study with an overall median enrollment of 56 subjects. The median age in treatment groups ranged from 27 to 65 years. The dose regimen in nearly all of the reviewed studies was two capsules three times/day, resulting in approximately 3.0 x 10<sup>9</sup> CFU/day for 5 days to 12 weeks, with the exception of one study in which subjects

received  $1.5 \times 10^9$  CFU/day for 2 weeks. The basis for the selection of doses administered in the 27 studies reviewed was not described in this publication; however, all studies were reported to be investigator or institution-initiated, post-market clinical trials evaluating efficacy of supplementation (Tompkins et al., 2010).

A study in critically ill patients performed after publication of the Tompkins review reported no adverse effects of three times/day treatment with one capsule of Medilac-S® (total dose of *Bacillus subtilis* and *E. faecium*,  $1.35 \times 10^{10}$  and  $1.5 \times 10^9$  CFU/day, respectively) for up to 14 days (Zeng et al., 2016).

In a randomized, double-blind, placebo-controlled trial, healthy adults (n=81; 18-50 years old) received *Bacillus subtilis* R0179 at doses of 0.1, 1.0 or  $10 \times 10^9$  CFU/capsule/day for four weeks (Hanifi et al., 2015). The test article was comprised of 75% *Bacillus subtilis* R0179 in spore form and 25% in vegetative form. Participants were instructed to consume one capsule/day at the end of a meal. General wellness was assessed using a daily questionnaire evaluating gastrointestinal (GI), cephalic, ear-nose-throat, behavioral, emetic, and epidermal symptoms. GI symptoms were further evaluated using a weekly gastrointestinal symptom rating scale (GSRS). GI transit viability of *Bacillus subtilis* R0179 was assessed by plating and microbiota analysis by 16S rRNA at baseline, week 4 of the intervention and washout.

There were no reported Adverse Events related to consumption of the study product. General wellness and GI function were not affected by oral consumption of *Bacillus subtilis* R0179 at any dose. Daily questionnaire syndrome scores were not different from baseline and did not exceed a clinically significant score of 1. GSRS syndrome scores were not different from baseline and ranged from  $1.1 \pm 0.1$  to  $1.9 \pm 0.2$ . Fecal viable counts of *Bacillus subtilis* R0179 were statistically significantly higher compared to the placebo group and demonstrated a dose response. The authors concluded that “*Bacillus subtilis* R0179 survives passage through the human GI tract and is well tolerated by healthy adults at intakes from 0.1 to  $10 \times 10^9$  CFU/day”.

A double-blind, randomized, placebo-controlled trial was conducted to assess the effect of *Bacillus subtilis* C-3102 on chronic diarrhea in healthy volunteers with loose stools (Hatanaka et al., 2018). The subjects (n=44/group) received three tablets/day of a placebo or *Bacillus subtilis* C-3102 spores (total of  $2.2 \times 10^9$  CFU/day) for a total of eight weeks. Evaluations included Bristol stool scale, a physician-conducted GSRS, a subject’s perception of general health questionnaire, and water and microbial analyses of feces. Two subjects in the placebo group and four in the *Bacillus subtilis* C-3102 group dropped out of the study – none for intolerance to their designated treatment. Compliance was good – 99.4% in the placebo group and 99.7% in the *Bacillus subtilis* C-3102 group. There were no adverse effects of treatment on any parameter measured in the study, and there was no mention of any adverse events.

Hatanaka et al. (2020) recently performed a double-blind, randomized, placebo-controlled trial to determine whether ingestion of  $4.8 \times 10^{10}$  CFU/day *Bacillus subtilis* C-3102 for 28 days was safe for healthy adults. The subjects (n=44) were equally divided into the treatment and placebo groups.

Safety parameters, including physical examination, urinalysis, hematology, clinical chemistry, and bone mineral density (BMD) were measured at baseline, 2 and 4 weeks. Adverse events were recorded in a medical questionnaire administered by a clinical trial physician and daily reports written by the subjects. All subjects completed the study without violating the protocol and their rates of consumption were >90 %. There were no statistically significant differences in urinalysis, BMD or adverse events between groups. Statistically significant differences were noted in values of some parameters between the *Bacillus subtilis* C-3102 and placebo groups; however, they were not considered toxicologically relevant because they were transient and/or within stated reference ranges. These include increases in systolic blood pressure and mean corpuscular hemoglobin level and decreases in body fat percentage, cholinesterase, total cholesterol, and triglyceride levels at two weeks and an increase in direct bilirubin and a decrease in total cholesterol at 4 weeks. It is altogether possible that the statistically significant differences in blood pressure denoted at 2 weeks and direct bilirubin at 4 weeks are erroneous, because the values for systolic blood pressure in the two groups differed by less than 1 mm Hg ( $117.1 \pm 14.8$  mm Hg in the treatment group versus  $116.4 \pm 18.0$  mm Hg in the placebo group) and the values for direct bilirubin were equal ( $0.1 \pm 0.0$  mg/dL in both groups).

The effect of *Bacillus subtilis* CU1 on immune stimulation and resistance to common infectious disease episodes was tested in healthy, free-living seniors (age 60-74) in a randomized, double-blind, placebo-controlled, parallel-arm study (Lefevre et al., 2015). Results of safety tests are reported in a different publication (Lefevre et al., 2017). Subjects (50/group) consumed either the placebo or the test material ( $2.1 \times 10^9$  *Bacillus subtilis* CU1 spores daily) for 10 days, followed by 18 days without consumption of the study products (break period). This scheme was repeated four times during the 16-week study. Blood was collected at baseline (1-2 weeks before the start of the study) and at week 16 for hematology and evaluation of liver and kidney markers. Hemodynamic parameters, including arterial pressure and heart rate, were evaluated on the first day of the study (prior to test material consumption), halfway through the study (Day 56), and at the end of the study. Symptoms of gastrointestinal and upper/lower respiratory tract infections were recorded daily by the subjects. Blood, saliva and stool samples were collected in a predefined subset of the first forty-four subjects enrolled in the study (22/group) for analysis of Immunoglobulin A (all samples) and cytokines (blood only). *Bacillus subtilis* CU1 was found in stool of treated, but not control subjects. None of the subjects withdrew from the study after treatment start. There was no difference between groups in the number of subjects experiencing at least one adverse event or the likelihood of the adverse events being associated with study participation. Three events in the treatment group were possibly associated with participation in the study (2 incidents of nasal obstruction episodes in the same subject and one report of headache in another subject), and one event was likely related (mild pain for about 10 min after test capsule consumption) but remained an isolated event. In the placebo group, one event (a headache that appeared minutes after taking the test product and disappeared over the course of the day) was possibly related to study participation. All adverse events related to treatment in both groups were mild in severity. There was no effect of treatment with the test material on hematology, markers of liver or kidney toxicity or hemodynamics. The authors concluded that the test material was safe and well tolerated.

## **B. *Bacillus subtilis* strain MB40 Safety Evaluation**

### **1. Complete Genome Sequencing and Strain Lineage**

Complete genome sequencing was conducted on isolated *Bacillus subtilis* MB40 colonies in order to perform DNA sequence-based testing for potential risk ranging from antibiotic resistance to toxin production (Kramer and Spears, 2015a). As discussed in Part 3, the complete genome sequence is available upon request and would be provided electronically (BIO-CAT Microbials, 2015).

### **2. Genome Analysis - Toxin Screening**

Using the genome sequence, the potential of *Bacillus subtilis* MB40 to produce the major enterotoxins (Hbl, Nhe, CytK, entFM, and BceT) found in other disease/illness related *Bacillus* species was investigated using two *in silico* methods: virtual polymerase chain reaction (PCR) and nBLAST. Positive control genes were identified and used to demonstrate functionality of the nBLAST algorithm and virtual PCR tool. The *Bacillus cereus* genome was also analyzed as a positive control using both methods. No in-frame complete matches to the six major enterotoxins harbored by *Bacillus* species (Hbl, Nhe, CytK, entFM, and BceT) were generated for *Bacillus subtilis* MB40 using either nBLAST or virtual PCR (Kramer and Spears, 2015b).

### **3. Enterotoxin Testing**

Following the *in-silico* evaluation described above, the absence of two of the major enterotoxins produced by *Bacillus* species (*Bacillus* Diarrheal Enterotoxin and *Bacillus cereus* enterotoxins) was confirmed by commercially available assay kits manufactured by 3M (St. Paul, MN) and Oxoid (Hampshire, UK). Neither of the kits were able to detect the presence of either the toxin at their respective detection thresholds, while the positive and negative control samples yielded positive and negative results, respectively. Therefore, it was concluded that under production fermentation conditions *Bacillus subtilis* MB40 does not produce either of these toxins nor will they be present in the commercial product (Kramer and Spears, 2015b).

*Bacillus subtilis* has been shown to produce a protease, subtilisin, that is capable of causing sensitization in fermentation facility workers repeatedly exposed to high exposure levels (EPA, 1997). The level of residual subtilisin present in the *Bacillus subtilis* MB40 microbial preparation was demonstrated to be negligible (i.e. below analytical limits of detection) in a sensitive assay for alkaline protease activity (BIO-CAT; unpublished data on file). Subtilisin is considered to have “very low toxigenic properties” (EPA, 1997) and has GRAS status as a direct food additive at levels consistent with cGMP (21 CFR 184.1150).

### **4. Antibiotic Resistance**

Three different methods were used to test *Bacillus subtilis* MB40 for antibiotic resistance. Results of all three tests were submitted to Health Canada for the OPTI-BIOME® Master File.

A preliminary evaluation was conducted using ResFinder, a web-based method that uses nBLAST for identification of acquired antimicrobial resistance genes in whole-genome data (Zankari et al., 2012).

As shown in Table 9, bioinformatic data generated by ResFinder suggested that *Bacillus subtilis* MB40 had a high likelihood of being resistant to Tetracycline and Aminoglycoside antibiotics.

**Table 9. ResFinder Results for *Bacillus subtilis* MB40 Antibiotic Resistance**

ANTIBIOTIC GROUP	% IDENTITY	QUERY/HSP LENGTH	PREDICTED PHENOTYPE
Aminoglycoside Resistance gene aadK	100	855/855	Aminoglycoside Resistance
Beta-lactam		No resistance genes found	
Fluoroquinolone		No resistance genes found	
Fosfomycin		No resistance genes found	
Fusidic acid		No resistance genes found	
Glycopeptide		No resistance genes found	
MLS – macrolide, Lincosamide, and Streptogramin B		No resistance genes found	
Nitroimidazole		No resistance genes found	
Oxazolidinone		No resistance genes found	
Phenicol		No resistance genes found	
Rifampicin		No resistance genes found	
Sulphonamide		No resistance genes found	
Trimethoprim		No resistance genes found	
Tetracycline Resistance gene tet(L)	100	1377/1377	Tetracycline Resistance

Due to the potential for false positives or inclusive results from the ResFinder method, antibiotic sensitivity testing was performed in vivo based on published guidelines established by the Clinical Laboratory Standards Institute (CLSI) subcommittee on Antimicrobial Susceptibility Testing. *Bacillus subtilis* MB40 colonies were plated with various classes of antibiotics and incubated for 16-18 hours in ambient air at 35°C. *Escherichia coli* ATCC 25922 and *Staphylococcus aureus* ATCC 25923 were used as quality control test organisms according to CLSI protocols. Susceptibility or resistance to each antibiotic was determined based on the measured inhibition zones surrounding each antibiotic disc.

Both control organisms, *E. coli* and *S. aureus*, behaved within expected ranges as published by CLSI. *Bacillus subtilis* MB40 was susceptible to the majority of the antibiotics to which it was exposed (18 of 21), including those to which the *in silico* analysis predicted resistance (e.g. the aminoglycosides, gentamicin and kanamycin) (Table 10). *Bacillus subtilis* MB40 was determined to

have resistance to only one antibiotic, fosfomycin, and was neither susceptible nor resistant to rifampin. There is some difficulty in assessing the antibiotic susceptibility of *Bacillus subtilis* using the CLSI inhibition zone method because there is no given range for data interpretation for this genus and species. If *Bacillus subtilis* MB40 behaves similar to a *staphylococcus* it should be considered resistant to ampicillin; however, if *Bacillus subtilis* MB40 behaves more similar to an *enterococcus* then it should be considered susceptible to ampicillin.

**Table 10. Results of Antibiotic Susceptibility Testing**

TEST GROUP	DISC CODE	ZONE (MM)	ZONE INTERPRETATION
<b>Aminoglycosides</b>			
Kanamycin	K 30	35	S
Gentamicin	GM 10	33	S
Neomycin	N 30	29	S
Streptomycin	S 10	15	S
<b><math>\beta</math>-lactams: Penicillins</b>			
Penicillin	P 10	29	S
Ampicillin	AM 10	28	S, R*
Amoxicillin/Clavulanic acid	AmC 30	31	S
<b><math>\beta</math>-lactams: Cephems</b>			
Cephalothin	CF 30	52	S
Cefotaxime	CTX 30	25	S
Cefaclor	CEC 30	50	S
Ceftriaxone	CRO 30	26	S
<b>Fluorquinolones</b>			
Ciprofloxacin	CIP 5	30	S
<b>Fosfomycins</b>			
Fosfomycin + Glucose-6-Phosphate	FOS 200	6	R
<b>Folate Pathway Inhibitors</b>			
Sulfamethoxazole Trimethoprim	SXT	32	S
<b>Glycopeptides</b>			
Vancomycin	Va 5	17	S
<b>Macrolides, Lincosamides, Streptogramins</b>			
Clindamycin	CC 2	22	S
Erythromycin	E 15	33	S
Quinupristin/Dalfopristin	SYN 15	20	S
<b>Phenicol</b>			
Chloramphenicol	C 30	30	S

	DISC CODE	ZONE (MM)	ZONE INTERPRETATION
	RA 5	18	Int
	Te 30	19	S

Int – neither susceptible nor resistant; R – resistant; S – susceptible

\* Susceptible if *Bacillus subtilis* MB40 behaves more similar to an *enterococcus* and resistant if *Bacillus subtilis* MB40 behaves similar to a *staphylococcus*

An additional study was performed to determine the minimum inhibitory concentration (MIC) of eight different antibiotics (vancomycin, gentamicin, kanamycin, streptomycin, erythromycin, clindamycin, tetracycline and chloramphenicol) against *Bacillus subtilis* MB40. Testing was performed according to the Microdilution Broth Method outlined in CLSI Document M07-A10 (CLSI, 2015a). The concentration of *Bacillus subtilis* MB40 cells used per well was  $7.50 \times 10^5$  CFU/mL. *Staphylococcus aureus* (all antibiotics except streptomycin) and *Enterococcus faecalis* (streptomycin only) were tested in tandem with *Bacillus subtilis* MB40 as a validity check for the assay at  $1.3275 \times 10^6$  and  $2.40 \times 10^6$  CFU/mL (respectively), and exhibited MICs within the CLSI quality control range. Ten different dilutions of each antibiotic were tested to determine each MIC. Results for *Bacillus subtilis* MB40 are shown in Table 11.

The results show that *Bacillus subtilis* MB40 showed acceptable susceptibility to all antibiotics tested in the assay except streptomycin.

**Table 11. Minimum Inhibitory Concentrations of Antibiotics for *Bacillus subtilis* MB40**

ANTIBIOTIC	MIC (µg/mL)		
	MB40	S. AUREAS	E. FAECALIS
Vancomycin	0.5	1	
Gentamicin	0.125	0.25	
Kanamycin	1	2	
Streptomycin	>32		32*
Erythromycin	0.125	0.25	
Clindamycin	2	0.125	
Tetracycline	4	0.5	
Chloramphenicol	4	8	

MB40 – *Bacillus subtilis* MB40; MIC – Minimal Inhibitory Concentration; mL – milliliter; µg – microgram\*Inhibition at 32 µg/mL can be extrapolated to indicate susceptibility of streptomycin at 1000 µg/mL and a lack of high-level aminoglycoside resistance (per CLSI Document M100-S25) (CLSI, 2015b).

In conclusion, results of the antibiotic resistance tests that were performed with *Bacillus subtilis* MB40 showed resistance to fosfomicin, streptomycin and potentially ampicillin. The fact that



*Bacillus subtilis* MB40 was not resistant to streptomycin in the MIC test is not a unique finding for *Bacillus* species. A study performed by Adimpong et al. (2012) showed that out of 85 *Bacillus* species used for Sudanese bread production (*Bacillus subtilis* subsp. *subtilis* (n = 29), *Bacillus licheniformis* (n = 38) and *Bacillus sonorensis* (n = 18)), all were resistant to streptomycin.

## 5. Antibiotic Production

*Bacillus subtilis* is reported to produce 66 antibiotics, with 4-5% of its genome devoted to antibiotic synthesis (Sorokulova, 2013; Stein, 2005). Lantibiotics (peptide antibiotics) are among the many antimicrobial substances produced by members of the *Bacillus* genus (Lee and Kim, 2011; Mora et al., 2011). Lantibiotics are used in food preservation, but not orally administered as a treatment in human or veterinary medicine due to a lack of functional stability. These peptides are rapidly degraded through the digestive process rendering them of little use when orally administered (Edwards et al., 1999; Hansen, 1994). There is no indication that *Bacillus subtilis* MB40 produces antimicrobial substances that are used in medical or veterinary medicine and could potentially disrupt the normal intestinal microflora (Pariza et al., 2015). A cross-streak screening experiment in which *Bacillus subtilis* MB40 was plated with *Lactobacillus acidophilus* and *Lactobacillus casei*, confirmed that growth of these common gut bacteria was not inhibited by the presence of *Bacillus subtilis* MB40 (BIO-CAT Microbials; unpublished data on file).

## 6. Short-term Toxicity Study with *Bacillus subtilis* MB40

Short-term toxicity of *Bacillus subtilis* MB40 was evaluated in a 14-day oral gavage dose study in Sprague Dawley [CrI:CD(SD)] rats (Spears et al., 2020). Groups of 10 male and 10 female rats were administered *Bacillus subtilis* MB40 (supplied as a spray-dried powder at an activity level of  $1.85 \times 10^{11}$  CFU/g) by gavage at doses of 500, 1000, and 2000 mg/kg bw/day using concentrations of 50, 100, and 200 mg/mL prepared in deionized water. The doses were equivalent to  $9.25 \times 10^{10}$ ,  $1.85 \times 10^{11}$  and  $3.7 \times 10^{11}$  CFU/kg bw/day. Based on average initial body weights, the doses in terms of CFU/day were  $2.18 \times 10^{10}$ ,  $4.33 \times 10^{10}$ , and  $8.51 \times 10^{10}$ . A vehicle control group was concurrently administered deionized water on the same daily dosing regimen as the test article-treated groups. Test article formulations were prepared daily. The protocol was designed in general accordance with FDA Redbook 2000 Testing Guideline IV.C.3.a, *Short-Term Toxicity Studies with Rodents*.

Homogeneity of the test article formulations was confirmed prior to the initiation of dosing and target concentrations of the dosing formulations were verified by microbiological analysis of the first and last formulation preparations used. The activity (CFU/mL) of the analyzed formulation samples was within the laboratory's SOP-defined acceptance criteria (i.e.  $\pm 15\%$  of target for all doses and intervals).

Animals were evaluated twice daily for mortality and moribundity. Clinical examinations were performed daily and detailed physical examinations were performed weekly. Individual body weights and food consumption were recorded weekly. Clinical pathology evaluations (hematology,

coagulation, serum chemistry, and urinalysis) were performed on all rats at the scheduled termination. Complete necropsies were conducted, and organ weights were measured for preselected organs. A standard listing of tissues and organs were collected from all animals for potential microscopic examination.

No mortality and no test article-related effects were reported for any of the aforementioned evaluated parameters at any dose of *Bacillus subtilis* MB40. Some statistically significant differences in hematology, coagulation, and serum chemistry parameters were reported when the control and test article-treated groups were compared but were considered non-test-article related because they were not dose-dependent, were generally within the laboratory's historical range and were likely due to individual animal variability. For example, higher mean prothrombin times were noted in all test article-treated male and female groups but increases did not occur in a dose-related manner and group means generally were within the laboratory's historical control range of study means, with the exception of the mid-dose group males. Higher mean alanine aminotransferase values were noted in all test article-treated female groups (statistically significant at 500 and 2000 mg/kg bw/day) but there was no dose-response and group means were within the laboratory's historical control range of study means.

Some statistically significant differences in organ weights absolute and/or relative were reported when the control and test article-treated groups were compared but were considered non-test article-related because of the lack of a dose-response and because group means were within the laboratory's historical control range and were likely due to individual animal variability. For example, higher mean testes and adrenal gland weights (absolute and relative to brain weight) were noted in the test article-treated male groups at 500 and/or 2000 mg/kg bw/day.

The NOAEL for *Bacillus subtilis* MB40 after oral administration to rats for 14 days was determined to be 2000 mg/kg bw/day (equivalent to  $3.7 \times 10^{11}$  CFU/kg bw/day or  $8.51 \times 10^{10}$  CFU/day), the highest dose tested.

## **7. Human Clinical Safety and Tolerability Studies with *Bacillus subtilis* MB40**

### *Study 1*

In a single-blind, placebo lead-in study, the safety and tolerability of *Bacillus subtilis* MB40 was evaluated in normal, healthy adult volunteers (Spears et al., 2020). Thirty subjects were enrolled and 27 subjects (12 males and 15 females) completed the study. The completed subjects had an average age of  $36.0 \pm 10$  years and an average weight of  $75.6 \pm 15.4$  kg. Three subjects discontinued participation from the study after week 1 (two subjects) and week 2 (one subject) due to non-compliance with test product and completion of the study forms. The overall test product compliance of the subjects that completed the study was  $99.2\% \pm 3.3\%$ .

Subjects were initially given two placebo capsules per day for 7 days (placebo: 250 mg capsules containing only maltodextrin and other excipients). Subjects then received two test capsules per

day for 21 days (study product: 250 mg capsules containing 20 billion CFU/g of *Bacillus subtilis* MB40 [5 billion CFU/capsule] with maltodextrin and excipients). The total daily dose of *Bacillus subtilis* MB40 during the treatment period was  $10 \times 10^9$  (10 billion) CFU/day. The dose level was selected in order to achieve a dose that would not exceed the levels considered to be the acceptable daily intake of other *Bacillus* species with GRAS status. Subjects received a total of 42 doses of the study product, *Bacillus subtilis* MB40, throughout the duration of the study.

A GI Symptom Assessment Questionnaire and Bristol Stool Chart Diary were completed daily throughout the placebo and study product administration periods. The GI Questionnaire was provided to record the frequency and severity of GI symptoms (nausea, abdominal pain, bloating, heartburn, vomiting, gas, diarrhea, constipation or indigestion) after taking the placebo or study product. The Stool Chart Diary was provided to record the day/time of every bowel movement and associated stool description according to the Bristol Stool Chart.

The first dose of each weekly supply of placebo or study product was administered with 240 mL (8 fluid ounces) of room temperature water and a light snack at the clinic on Days 1, 8, 15 and 22. Subjects were then discharged following completion of study procedures and given the remaining supply of placebo or study product, along with a GI Questionnaire and Stool Chart Diary for the rest of the week. Subjects were instructed to take remaining doses of placebo or study product in the morning and the evening within 30 minutes of a meal separated as close as possible to 12 hours.

Study Product compliance and Adverse Events (AE) were recorded and assessed on Days 8, 15, 22, and 29 along with a review of subject GI Questionnaires and Stool Chart Diaries. Physical examinations, vital signs assessments, and clinical laboratory tests (hematology and serum chemistry) were conducted at appropriate intervals throughout the study to permit evaluation of any medically significant changes from baseline as a result of the study product administration.

There were no clinically significant changes as a result of study product administration based on physical exam findings, clinical laboratory tests, and vital signs and no Serious Adverse Events were reported during the study. There were five reported AE during the study, all graded as level 1 (mild; AE were graded on a Scale of 1-4, with 4 being the most severe). Three cases of viral upper respiratory infection were reported by three different subjects and ascribed as not likely related to the administration of the study product. Two AE, a case of nausea and chills both reported by the same subject, were ascribed as likely related to the administration of the study product; however, these transient symptoms occurred during the middle of the 21-day treatment period (Study Days 19-21; Treatment Days 12-14) and resolved within 31 hours. Therefore, this mild case of nausea and chills in one subject does not indicate a safety concern with respect to administration of the study product, *Bacillus subtilis* MB40.

There were no significant changes in the total number of bowel movements per subject per week between the placebo week (average of  $11.1 \pm 4.6$ ) and the three subsequent treatment weeks (week 2:  $10.7 \pm 3.6$ ; week 3:  $10.7 \pm 3.8$ ; week 4:  $11.2 \pm 4.3$ ) with *Bacillus subtilis* MB40

administration. Each subject's Bristol Stool Chart description was scored Type 1 (hard) through Type 7 (watery). The Bristol Stool Chart score was consistent across all of the study weeks for each subject (average for the placebo week 1:  $3.8 \pm 0.1$ ; averages for treatment weeks, week 2:  $3.9 \pm 0.1$ ; week 3:  $3.9 \pm 0.1$ ; week 4:  $3.9 \pm 0.2$ ). The symptoms reported on the daily GI Questionnaires during the treatment period generally occurred with similar or lower incidence and severity compared to the placebo week.

The administration of *Bacillus subtilis* MB40 at  $10 \times 10^9$  (10 billion) CFU/day for 21 days to 27 healthy volunteer subjects was concluded to be safe and well tolerated.

### Study 2

In a multi-center, randomized, double-blind, placebo-controlled, parallel study, the efficacy and safety of *Bacillus subtilis* MB40 on abdominal discomfort, gas and bloating was evaluated in a healthy adult population (Penet et al., 2019). Following a two-week run in period, participants received either a single OPTI-BIOME® capsule containing  $5 \times 10^9$  CFU of *Bacillus subtilis* MB40 plus excipients (maltodextrin, magnesium stearate, gelatin and silicon dioxide) or a single placebo capsule containing only the excipients, once daily for 28 days. Baseline demographics of participants in the two groups were well matched for age, gender, and the average bloating intensity and number of days with bloating during the run-in period. One hundred participants with an age range of 18-75 years were enrolled, and 75% of the participants were female.

Data from ninety-nine participants were analyzed in the Intent-to-Treat population (ITT ; n=50 received OPTI-BIOME® and n=49 received placebo) and from ninety-one participants were analyzed in the Protocol Compliant Population (PP; n=45 received OPTI-BIOME® and n=46 received placebo). Overall product compliance was 100%.

The change from baseline to week 4 in the weekly mean of the daily bloating, gas and abdominal discomfort scores was assessed by the modified Daily Abdominal Discomfort, Gas, and Bloating questionnaire. The change from baseline to week 4 in the modified GSRS was also assessed, as was the change from baseline to week 4 in the weekly mean consistency score as determined by the Bristol Stool Scale (BSS). The change from baseline to week 4 in the weekly mean number of bowel habits was determined from reports in the daily bowel habits diary. Quality of life was assessed by the modified RAND SF-36 questionnaire. Numerical efficacy endpoints were formally tested for significance between groups by an Analysis of Covariance. A within-group analysis on efficacy endpoints was done using a Student's paired samples t-test or Wilcoxon sign rank test.

The OPTI-BIOME® product was tolerated well among study participants. There were no adverse effects of treatment on any GI parameter evaluated. With respect to the safety analysis, all laboratory measures of complete blood count with differential, hematology, electrolyte count, liver and kidney function tests, and vitals remained within clinically normal levels during this study.

Thirty AE were reported by 22 participants in this study. Of these, 13 were reported by participants in the OPTI-BIOME® group and 17 were reported by participants in the placebo group. Of the 13 AE reported by those in the OPTI-BIOME® group, 8 were possibly related to the product: abdominal discomfort (1), constipation (3), diarrhea (1), dry mouth (1), flatulence (1), and increased appetite (1). All other AE were assessed as unlikely or not related to the product. Of the 17 AE reported by those in the placebo group, five were possibly related to the product: abdominal discomfort (1), constipation (2), infrequent bowel movements (1), and paresthesia (1). All other AE were assessed as either unlikely or not related to the product. All AE were resolved before the end-of-study.

Information from the two available studies are summarized in Table 12.

**Table 12. Summary of Clinical Trials for *Bacillus subtilis* strain MB40**

STUDY SETUP AND DETAILS	HUMAN STUDY RESULTS, SIGNIFICANCE, SAFETY	REFERENCE
<p><b>Study Design:</b> Single blind, placebo lead-in  <b>Study Length:</b> 28 days (7 days placebo, then 21 days treatment)  <b>Subjects:</b> n=30 healthy enrolled, 27 (12 M, 15 F) completed (36.0 ± 10 yrs.)  <b>Dose, Delivery, and Frequency:</b> 2 capsules/day, each containing 5 billion cultures (total 10 billion/day)</p>	<p><b>Outcome Measurements:</b></p> <ul style="list-style-type: none"> <li>• Compliance</li> <li>• Daily GI Symptom Assessment Questionnaire for frequency and severity of GI symptoms (nausea, abdominal pain, bloating, heartburn, vomiting, gas, diarrhea, constipation or indigestion)</li> <li>• Day/time of every bowel movement and associated stool description according to the Bristol Stool Chart</li> <li>• Physical examination, vital signs and clinical laboratory tests (hematology and serum chemistry)</li> <li>• Adverse events</li> </ul> <p><b>Results and Significance:</b></p> <ul style="list-style-type: none"> <li>• Compliance of 99.2% ± 3.3%.</li> <li>• Symptoms reported on GI Questionnaires during the treatment period generally occurred with similar or lower incidence and severity compared to the placebo week.</li> <li>• Consistent Bristol stool form score across all of the study weeks for each subject</li> <li>• No clinically significant changes in physical examinations, vital signs assessments, and clinical laboratory tests</li> <li>• No serious AE</li> <li>• Two AE (mild nausea and chills both reported by the same subject) were ascribed as likely related to the administration of the study product. These AE resolved within 31 hours of reporting.</li> </ul>	<p>(Spears et al., 2020)</p>
<p><b>Study Design:</b> Multicenter, randomized, double-blind, placebo-controlled, parallel  <b>Study Length:</b> 28 days  <b>Subjects:</b> n=99 healthy enrolled (n=50, 36 F and 14 M in treatment group and n=49, 38 F, 11M in in</p>	<p><b>Outcome Measurements:</b></p> <ul style="list-style-type: none"> <li>• Compliance</li> <li>• MDQ</li> <li>• Modified GSRS (diarrhea, constipation, abdominal discomfort, indigestion, and reflux symptom scores)</li> <li>• Bristol Stool Chart</li> <li>• Frequency of bowel movements</li> <li>• Quality of life (modified RAND SF-36 questionnaire)</li> </ul>	<p>(Penet et al., 2019)</p>

STUDY SETUP AND DETAILS	HUMAN STUDY RESULTS, SIGNIFICANCE, SAFETY	REFERENCE
placebo group); Age: 18-75 yrs. <b>Dose, Delivery, and Frequency:</b> 1 capsule/day, containing 5 billion cultures	<ul style="list-style-type: none"> <li>• Physical examination, vital signs assessments, and clinical laboratory tests (hematology and serum chemistry)</li> <li>• Adverse events</li> </ul> <b>Results and Significance<sup>a</sup></b> <ul style="list-style-type: none"> <li>• Compliance 100%</li> <li>• No adverse effect of treatment on GSRS, MDQ, Bristol Stool Chart, or frequency of bowel movements</li> <li>• No adverse effect of treatment on quality of life, physical examination, vital signs, and clinical laboratory tests</li> <li>• No serious AE</li> <li>• Thirteen AE in treatment group and 17 in placebo group</li> <li>• Eight AE in treatment group possibly related to the product: abdominal discomfort (1), constipation (3), diarrhea (1), dry mouth (1), flatulence (1), and increased appetite (1).</li> <li>• All AE resolved before the end-of-study</li> </ul>	

<sup>a</sup> Results are for total population

AE – adverse events; F – females; GI – gastrointestinal; GSRS – Gastrointestinal Symptoms Rating Scale; M – males; MDQ – Modified Daily Abdominal Discomfort, Gas, and Bloating Questionnaire

## 8. Safety Assessment of *Bacillus subtilis* MB40

The safety of *Bacillus subtilis* MB40 has been evaluated utilizing scientific procedures as outlined by Pariza et al. (2015) (Figure 4). Based on the outcome of the decision tree for determining the safety of microbial cultures for consumption by humans and animals including strain characterization and genome sequencing, screening for undesirable attributes and metabolites, and experimental evidence of safety by in appropriately designed safety evaluation studies, it was concluded that *Bacillus subtilis* MB40 is deemed to be safe for human consumption.

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**Figure 4. Pariza et al. (2015) Decision Tree Analysis of *Bacillus subtilis* MB40**

**Question 1.** Has the strain been characterized for the purpose of assigning an unambiguous genus and species name using currently accepted methodology?

**YES;** Strain MB40 is unambiguously characterized as *Bacillus subtilis* through 16S sequencing and complete *de novo* genome sequencing (Kramer and Spears, 2015a; additional details summarized below in "Safety Screening Tests with *Bacillus subtilis* MB40").  
(The evaluation proceeded to Question 2.)

**Question 2.** Has the strain genome been sequenced?

**YES;** The genome of *Bacillus subtilis* MB40 was sequenced by Beckman Coulter Genomics and typed to be 99% similar to the parent strain *Bacillus subtilis* DSM 10 (aka Marburg strain 168) (Kramer and Spears, 2015a; additional details summarized below in "Safety Screening Tests with *Bacillus subtilis* MB40").  
(The evaluation proceeded to Question 3.)

**Question 3.** Is the strain genome free of genetic elements encoding virulence factors and/or toxins associated with pathogenicity?

**YES;** Using either nucleotide BLAST® or virtual PCR analysis of *Bacillus subtilis* MB40, no in-frame complete matches to the major enterotoxins found in other disease/illness related *Bacillus* species (i.e. Hbl, Nhe, CytK, entFM, or BceT) were generated. The absence of BDE and BceT in *Bacillus subtilis* MB40 was also confirmed via commercially available assay kits (Kramer and Spears, 2015b; additional details summarized below in "Safety Screening Tests with *Bacillus subtilis* MB40").  
(The evaluation proceeded to Question 4.)

**Question 4.** Is the strain genome free of functional and transferable antibiotic resistance gene DNA?

**YES;** *Bacillus subtilis* MB40 contains no plasmid DNA which is typically associated with the transfer of antibiotic resistance genes. In an *in vivo* Antibiotic Sensitivity Test, *Bacillus subtilis* MB40 was susceptible to more than 85% of all antibiotics to which it was exposed, confirming the absence of most clinically relevant resistance genes in the MB40 genome (Spears et al., 2020; additional details summarized below in "Safety Screening Tests with *Bacillus subtilis* MB40").  
(The evaluation proceeded to Question 5.)

**Question 5.** Does the strain produce antimicrobial substances?

**NO;** The antimicrobial active compounds produced by members of the *Bacillus* genus are primarily lantibiotics and lantibiotic-like peptides which are rapidly degraded through the digestive process and not suitable for oral administration as a treatment in human or veterinary medicine (see additional details and references provided below in "Safety Screening Tests with *Bacillus subtilis* MB40").  
(The evaluation proceeded to Question 6.)

**Question 6.** Has the strain been genetically modified using rDNA techniques?

**NO;** *Bacillus subtilis* MB40 has not been genetically modified.  
(The evaluation proceeded to Question 8a.)

**Question 8a.** For strains to be used in human food: Was the strain isolated from a food that has a history of safe consumption for which the species, to which the strain belongs, is a substantial and characterizing component (not simply an 'incidental isolate')?

**NO;** *Bacillus subtilis* MB40 was isolated from the soil. However, it should be noted that *Bacillus subtilis* MB40 shares the same genus and species of *Bacillus subtilis* var. *natto* used in the fermentation of soybeans into "nattō, a traditional Japanese food."  
(The evaluation proceeded to Question to 13a.)

**Question 13a.** For strains to be used in human food: Does the strain induce undesirable physiological effects in appropriately designed safety evaluation studies?

**NO;** The No-Observed-Adverse-Effect-Level (NOAEL) for *Bacillus subtilis* MB40 after oral administration to rats for 14 days was determined to be 2000 mg/kg bw/day (equivalent to  $3.7 \times 10^{11}$  CFU/kg bw/day), the highest dose tested (Spears et al., 2020; additional details summarized below in "Short-term Toxicity Study with *Bacillus subtilis* MB40"). The safety and tolerance of *Bacillus subtilis* MB40 was demonstrated in humans after repeated oral administration at  $10 \times 10^9$  CFU/day (Spears et al., 2020; additional details summarized below in "Human Clinical Safety and Tolerability Study with *Bacillus subtilis* MB40")  
(The evaluation proceeded to Step 14a.)

**Step 14a:** The strain is deemed to be safe for use in the manufacture of food, probiotics, and dietary supplements for human consumption.



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### C. GRAS Criteria

FDA defines “safe” or “safety” as it applies to food ingredients as:

“...reasonable certainty in the minds of competent scientists that the substance is not harmful under the conditions of its intended use.”<sup>1</sup>

Amplification is provided in that the conclusion of safety is to include probable consumption of the substance in question, the cumulative effect of the substance and appropriate safety factors. It is FDA’s operational definition of safety that serves as the framework against which this evaluation is provided.

Furthermore, in discussing GRAS criteria, FDA notes that:

“...General recognition of safety requires common knowledge throughout the scientific community knowledgeable about the safety of substances directly or indirectly added to food that there is reasonable certainty that the substance is not harmful under the conditions of its intended use.”  
“‘Common knowledge’ can be based on either ‘scientific procedures’ or on experience based on common use in food prior to January 1, 1958.”<sup>2</sup>

FDA discusses in more detail what is meant by the requirement of general knowledge and acceptance of pertinent information within the scientific community, i.e., the so-called “common knowledge element,” in terms of the two following component elements:<sup>3</sup>

- Data and information relied upon to establish safety must be generally available, and this is most commonly established by utilizing published, peer-reviewed scientific journals; and
- There must be a basis to conclude that there is consensus (but not unanimity) among qualified scientists about the safety of the substance for its intended use, and this is established by relying upon secondary scientific literature such as published review articles, textbooks, or compendia, or by obtaining opinions of expert panels or opinions from authoritative bodies, such as JECFA and the National Academy of Sciences.

General recognition of safety based upon scientific procedures shall require the same quantity and quality of scientific evidence as is required to obtain approval of a food additive. General recognition of safety through scientific procedures shall be based upon the application of generally available and accepted scientific data, information, or methods, which ordinarily are published, as well as the application of scientific principles, and may be corroborated by the application of unpublished scientific data, information, or methods.

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<sup>1</sup> See 21 CFR 170.3 (e)(i) and 81 FR 54959 Available at: <https://www.federalregister.gov/documents/2016/08/17/2016-19164/substances-generally-recognized-as-safe> (Accessed on 11/1/19).

<sup>2</sup> See 81 FR 54959 Available at: <https://www.federalregister.gov/documents/2016/08/17/2016-19164/substances-generally-recognized-as-safe> (Accessed on 11/1/19).

<sup>3</sup> See Footnote 3.

The apparent imprecision of the terms “appreciable,” “at the time,” and “reasonable certainty” demonstrates that the FDA recognizes the impossibility of providing absolute safety in this or any other area (Renwick, 1990; Rulis and Levitt, 2009; Lu, 1988).

As noted below, this safety assessment to ascertain GRAS status for BIO-CAT Microbials’ *Bacillus subtilis* MB40 for the specified food uses meets FDA criteria for reasonable certainty of no harm by considering both the technical and common knowledge elements.

#### **D. FDA Safety Methodology**

Safety assessment methodology has been defined by advances in the science of risk assessment. Risk assessment, simply defined, consists of an estimate of exposure to a chemical or food ingredient coupled with an assessment of assigning a safe dose or level of exposure. Exposure estimates are based on knowledge of how the chemical and ingredient will be used. Assigning a safe dose can be a highly scientific mathematical approach, or a judgment approach, or a blend of these two approaches. The approach is usually dictated by the quantity, quality and rigor of the safety data available. For example, assessment of carcinogenic risk is usually a highly mathematical approach relying on specialized safety data. GRAS assessments on history of use are more a function of judgment based on information about use, as opposed to analysis of safety data. For ingredients where there is no history of use, FDA has traditionally used an approach that relies on simple mathematics using safety data and some measure of scientific judgment (Kokoski et al., 1990). FDA primarily relies on the review of laboratory animal data. More recently, FDA is relying on human clinical information. FDA toxicologists first determine that the study does not demonstrate any indication of a carcinogenic effect. The next step is to carefully review the findings at each dose level and assign the dose level without adverse effects as the NOAEL or “no adverse effect level.” The NOAEL, expressed as a weight of ingredient per kilogram of body weight of the experimental animal, is divided by an appropriate safety factor to obtain an ADI. The ADI is then compared to an EDI, expressed in the same units for sake of comparison. If the ADI comfortably exceeds the EDI, the ingredient is considered to be safe under intended conditions of use. If the ADI and EDI are close to being equivalent, or even if the EDI slightly exceeds the ADI, scientific judgment based on a variety of factors can be used to consider the ingredient to be safe under intended conditions of use (Frankos and Rodricks, 2001; Kokoski et al., 1990).

FDA sets data requirements based on concern levels that are largely based on levels of use in food in concert with chemical structures if the ingredient is structurally similar to a chemical with known toxicity of concern.<sup>4</sup> Detailed guidelines are given by FDA on design and conduct of the study, including number of animals per dose groups, and tissues and fluids to be examined. FDA also requires that the studies are conducted according to Good Laboratory Practice regulations.<sup>5</sup> These criteria are fairly conservative; except in the most trivial exposure situations, most new

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<sup>4</sup> See a useful summary of FDA requirements by exposure level and chemical structure in FDA guidelines at: <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/guidance-industry-summary-table-recommended-toxicological-testing-additives-used-food> Accessed 11/1/2019.

<sup>5</sup> See <https://www.fda.gov/ICECI/Inspections/NonclinicalLaboratoriesInspectedunderGoodLaboratoryPractices/default.htm>. Accessed 11/1/2019

ingredients require a set of chronic and developmental toxicity studies, as well as a full battery of short-term studies for mutagenicity and genotoxicity. In these cases, FDA uses a 100-fold safety factor to calculate the ADI from the NOAEL. If only subchronic studies are available, FDA uses an additional uncertainty factor of ten, which translates to a safety factor of 1,000 (Frankos and Rodricks, 2001; Kokoski et al., 1990; Lu, 1988).

This methodology for setting an ADI has its limitations. The methodology cannot be used where estimated consumption exceeds 1.5 g /person/day because practical limitations preclude feeding rodents sufficiently high levels to achieve a margin of safety of 100-fold. In these cases, it has been suggested that there be an absence of adverse effects at doses approaching 2500 mg/kg bw/day, which is viewed as a practical limit in rodents (Borzelleca, 1992). In these instances, the safety evaluation needs to rely on scientific judgment from a variety of studies. In general, there needs to be a high NOAEL with lack of serious findings in the animal toxicology studies coupled with clean clinical studies in humans at the proposed use levels or good arguments based on ADME considerations or background occurrence in the diet.

FDA does not rigidly adhere to these guidelines for testing requirements in all cases. For purified natural extracts or natural products where the biological source is a common food, or the source is not of concern to FDA, the agency will usually agree with GRAS determinations for use at dietary levels of the extract or natural product that are equivalent to the average exposure to natural sources in the diet without requiring any new or additional toxicity data. However, if data in the literature indicate possible adverse effects, FDA will normally insist that more studies are undertaken to investigate the safety of the ingredient. Additional studies are normally required for allowance of higher use levels.

## **E. Common Knowledge Elements for GRAS Conclusions**

The first common knowledge element for a GRAS conclusion requires that data and information relied upon to establish safety must be generally available; this is most commonly established by utilizing studies published in peer-reviewed scientific journals. The second common knowledge element for a GRAS conclusion requires that consensus exists within the broader scientific community.

### **1. Public Availability of Scientific Information**

The key evidence for safety of *Bacillus subtilis* MB40 (nonclinical and clinical studies with *Bacillus subtilis* MB40 and other *Bacillus subtilis* strains) are publicly available. In addition, a GRN for *Bacillus subtilis* DE111 and twelve previous GRNs for enzymes produced from *Bacillus subtilis* (GRN 751, GRN 746, GRN 714, GRN 649, GRN 592, GRN 579, GRN 476, GRN 406, GRN 274, GRN 205, GRN 114, GRN 20) are available on the FDA's GRAS Notice Inventory website. EPA exemptions for *Bacillus subtilis* strains GB03, FMCH002, BU1814, MBI 600; CX-9060, QST 713, and QST 713 variant soil from tolerances in food crops are available in the Federal Register. This

GRAS evaluation satisfies the first common knowledge element, as the scientific information that is the basis of the GRAS determination for *Bacillus subtilis* MB40 is publicly available.

## 2. Scientific Consensus

The second common knowledge element for a GRAS conclusion requires that there must be a basis to conclude that consensus exists among qualified scientists about the safety of the substance for its intended use. BIO-CAT Microbials intends to add its *Bacillus subtilis* MB40 to a wide variety of foods. *Bacillus subtilis* MB40 will be added to foods at a maximum level of  $2 \times 10^9$  CFU/serving, for a maximum estimated daily intake (EDI) of  $36.4 \times 10^9$  (36.4 billion) CFU/day. This EDI does not present a safety concern to humans.

The traditional Japanese food “nattō” (fermented soybean) contains up to  $1 \times 10^9$  viable spores of *Bacillus subtilis*/gram of nattō product. Based on a serving size of 175 g, a daily consumer of nattō would therefore consume up to  $1.75 \times 10^{11}$  CFU *Bacillus subtilis*/day (175 billion CFU/day) from this source only.

Ingestion of  $4.8 \times 10^{10}$  (48 billion) CFU/day *Bacillus subtilis* C-3102 for 28 days has been shown to be safe for healthy adults

A significant number of animal, clinical studies, and reviews consistently support safety of numerous *Bacillus subtilis* strains, and a GRN for *Bacillus subtilis* DE111 (GRN 831) and twelve previous GRNs for enzymes produced from *Bacillus subtilis* have been reviewed by FDA with “no question” responses in GRAS notifications (GRN 751, GRN 746, GRN 714, GRN 649, GRN 592, GRN 579, GRN 476, GRN 406, GRN 274, GRN 205, GRN 114, GRN 20). The estimated daily intake of *Bacillus subtilis* DE111 for GRN 831 is  $1.3 \times 10^{11}$  CFU/day.

While no NDINs have been accepted by FDA, these notifications were rejected for lack of information rather than safety concerns from presented information. *Bacillus subtilis* is present in some currently marketed dietary supplements, with recommended doses up to 10 billion CFU/day. Numerous *Bacillus subtilis* strains are permitted for use on crops by EPA and are exempted from tolerances. The classification as a Natural Health Product by Health Canada and the Qualified Presumption of Safety conclusion from EFSA also demonstrate the view of other regulatory authorities on the safe use of *Bacillus subtilis*.

In addition, the strain specific data available for *Bacillus subtilis* MB40, based on *in silico/in vitro*, animal and clinical data demonstrate a lack of safety concerns for this strain based on the following:

- *Bacillus subtilis* MB40 is adequately characterized phenotypically and lacks known genetic elements for virulence factors/toxins associated with pathogenicity
- The antibiotic resistance profile is acceptable compared to species of *Bacillus* that are used in food

- The No-Observed-Adverse-Effect-Level (NOAEL) for *Bacillus subtilis* MB40 after oral administration to rats for 14 days was determined to be 2000 mg/kg bw/day (equivalent to  $3.7 \times 10^{11}$  CFU/kg bw/day or  $8.51 \times 10^{10}$  CFU/day in rats), the highest dose tested.
- Based on a conservative 100-fold safety factor for inter-and intra-species differences, the ADI of *Bacillus subtilis* MB40 in humans was calculated as  $3.7 \times 10^9$  CFU/kg bw/day (or  $2.6 \times 10^{11}$  (260 billion) CFU/day for a 70 kg person).
- Clinical studies with doses up to  $1 \times 10^{10}$  (10 billion) CFU *Bacillus subtilis* MB40 /day for up to 21 days demonstrate a lack of adverse effects.
- The estimated daily intake of *Bacillus subtilis* MB40 from proposed uses at potential maximum intakes is  $3.64 \times 10^{10}$  (36 billion) CFU/day, lower than the ADI.

Overall, the safety data in animals and humans for *Bacillus subtilis* MB40 support the conclusion that it is safe for human consumption.

BIO-CAT Microbials and the Expert Panel maintain that other well-qualified scientists would conclude that BIO-CAT Microbials' *Bacillus subtilis* MB40 is generally recognized as safe for use in food given the regulatory and safety data available and using well accepted toxicological principles.

## F. Regulatory Framework

The regulatory framework for determining whether a substance can be considered generally recognized as safe (GRAS) in accordance with section 201(s) (21 U.S.C. § 321(s)) of the Federal Food, Drug, and Cosmetic Act (21 U.S.C. § 301 *et. Seq.*) ("The Act"), is set forth at 21 CFR 170.30, which states:

General recognition of safety may be based only on the view of experts qualified by scientific training and experience to evaluate the safety of substances directly or indirectly added to food. The basis of such views may be either (1) scientific procedures or (2) in the case of a substance used in food prior to January 1, 1958, through experience based on common use in food. General recognition of safety requires common knowledge about the substance throughout the scientific community knowledgeable about the safety of substances directly or indirectly added to food.

General recognition of safety based upon scientific procedures shall require the same quantity and quality of scientific evidence as is required to obtain approval of a food additive regulation for the ingredient. General recognition of safety through scientific procedures shall ordinarily be based upon published studies which may be corroborated by unpublished studies and other data and information.

These criteria are applied below in an analysis of whether the use of *Bacillus subtilis* MB40 as an ingredient for selected foods is GRAS based upon scientific procedures.

### **G. Comparison of the Estimated Daily Intake to the Acceptable Daily Intake**

The tolerated level of *Bacillus subtilis* MB40 in an adult human was determined to be  $2.6 \times 10^{11}$  CFU/day based on the 14-day study in rats.

The EDI of *Bacillus subtilis* MB40 from proposed uses was determined to be  $3.64 \times 10^{10}$  CFU/day, the maximum amount estimated from food use. Using this conservative upper estimate of intake, consumer intakes of *Bacillus subtilis* MB40 from the proposed uses would not exceed the acceptable intake level.

### **H. Discussion of Information Inconsistent with GRAS Conclusion**

The authors of this GRAS determination are not aware of information that would be inconsistent with a finding that the proposed use of *Bacillus subtilis* MB40 as an ingredient in food is generally recognized as safe.

The regulatory framework for determining whether a substance is generally recognized as safe (GRAS) is in 21 CFR 170.30, which states that GRAS status through scientific procedures shall ordinarily be based upon published studies, which may be corroborated by unpublished studies and other data and information. These criteria have been applied to the existing data for *Bacillus subtilis* MB40.

### **I. GRAS Conclusion**

The weight of the publicly available evidence from nonclinical and clinical studies with *Bacillus subtilis* MB40 and other *Bacillus subtilis* strains provides a basis upon which to conclude that the proposed uses of *Bacillus subtilis* MB40 described in this dossier satisfy the safety standard of Reasonable Certainty of No Harm and are safe. Based on the pivotal, published data and information that are generally available, one may conclude that the proposed uses of *Bacillus subtilis* MB40, produced consistent with current Good Manufacturing Practice (cGMP) and meeting the food grade specifications presented above, are Generally Recognized As Safe (GRAS) based on scientific procedures. Support for these conclusions by a consensus of qualified experts in the general scientific community is provided in Appendix 3 (Expert Panel Report).

BIO-CAT's *Bacillus subtilis* MB40, when produced in accordance with FDA Good Manufacturing Practices requirements and when it meets those specifications presented by BIO-CAT in Table 2 is Generally Recognized As Safe when consumed at the levels and uses described herein. The quantity of a substance added to food should not exceed the amount reasonably required to accomplish its intended effect.

This declaration has been made in accordance with FDA's standard for food ingredient safety, i.e., reasonable certainty of no harm under the intended conditions of use.

## **PART 7. LIST OF SUPPORTING DATA AND INFORMATION IN THE GRAS NOTICE**

### **A. List of Acronyms and References**

#### **1. List of Acronyms**

µm	Micromolar
AAFCO	Association of American Feed Control Officials
ADFI	Average gaily feed intake
ADG	Average daily gain
ADI	Acceptable Daily Intake
ADMI	Average daily dry matter intake
AE	Adverse Events
AOAC	Association for Official and Analytical Chemists
ATP	Adenosine triphosphate
BAM	Bacteriological Analytical Manual
BIO-CAT	BIO-CAT Microbials, LLC
BSS	Bristol Stool Scale
bw	body weight
CFR	Code of Federal Regulations
CFU	Colony Forming Unit
cGMP	current Good Manufacturing Practice
CLSI	Clinical Laboratory Standards Institute
DNA	Deoxyribonucleic Acid
DOM	Date of Manufacture
EDI	Estimated Dietary Intake
EFSA	European Food Safety Authority
EPA	US Environmental Protection Agency
FAME	Fatty Acid Methyl Ester
FC	Feed consumption
FCR	Feed conversion ratio
FDA	US Food and Drug Administration
GI	Gastrointestinal
GOS	galacto-oligosaccharides
GRAS	Generally Recognized as Safe
GSRS	Gastrointestinal Symptom Rating Scale
ICP	Inductively Coupled Plasma
ITT	Intent-to-Treat
JECFA	Joint FAO/WHO Expert Committee on Food Additives
kg	kilogram
M	males
MDQ	Modified Daily Abdominal Discomfort, Gas, and Bloating Questionnaire
mg	milligram
min	Minute
mL	milliliter
n	number
nBLAST	Nucleotide Basic Local Alignment Search Tool
NDI	New Dietary Ingredient
NDINs	New Dietary Ingredient Notifications



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NHP	Natural Health Product
NLT	not less than
NNHPD	Natural and Non-Prescription Health Products Directorate
NOAEL	No observed adverse effect level
NPN	Natural Product Number
PC	plate count
PCR	polymerase chain reaction
PDP	Principal Display Panel
PLA	Product Licence Application
PP	Per protocol
PP	Protocol Compliant Population
ppm	parts per million
RBC	Red blood cell count
SD	standard deviation
TOS	total organic solids
USDA	US Department of Agriculture
VFA	Volatile fatty acids

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## B. Appendices

# Appendix 1 Fatty acid profiling via MIDI Sherlock System Fatty Acid Methyl Ester (FAME)

Sherlock Samples

Page 2

MIDI LABS/MICROBIAL ID, INC.  
 Volume: DATA0 File: E17A174.97C Samp Ctr: 9 ID Number: 1730  
 Type: Samp Bottle: 86 Method: RTSBA6  
 Created: 10/17/2017 1:04:11 PM Created By: kdohrman (Karen Dohrman)  
 Sample ID: C-BCM17-10 (02-BSMB40-ML6605)

RT	Response	Ar/Hr	RFact	ECL	Peak Name	Percent	Comment1	Comment2
0.7066	182529	0.007	---	6.5635		---	< min rt	
0.7190	1.134E+9	0.023	---	6.6495	SOLVENT PEAK	---	< min rt	
1.7728	607	0.009	1.036	12.6231	13:0 iso	0.26	ECL deviates: 0.000	Reference: 0.001
2.0502	2771	0.008	0.999	13.6280	14:0 iso	1.14	ECL deviates: 0.000	Reference: 0.000
2.1566	1020	0.009	0.988	13.9999	14:0	0.41	ECL deviates: 0.000	Reference -0.001
2.3482	77127	0.009	0.971	14.6316	15:0 iso	30.74	ECL deviates: 0.000	Reference -0.002
2.3765	95201	0.008	0.968	14.7249	15:0 anteiso	37.85	ECL deviates: 0.000	Reference -0.002
2.4598	533	0.009	---	14.9997	15:0	---	ECL deviates: 0.000	
2.5899	1499	0.009	0.953	15.4158	16:1 w7c alcohol	0.59	ECL deviates: 0.002	
2.6583	6990	0.009	0.949	15.6343	16:0 iso	2.61	ECL deviates: 0.001	Reference -0.001
2.7050	5188	0.009	0.946	15.7838	16:1 w11c	2.02	ECL deviates: 0.002	
2.7725	8324	0.009	0.942	15.9997	16:0	3.22	ECL deviates: 0.000	Reference -0.003
2.8242	310	0.009	0.939	16.1642	15:0 iso 3OH	0.12	ECL deviates: 0.002	
2.8539	359	0.008	0.938	16.2591	15:0 2OH	0.14	ECL deviates: 0.004	
2.9033	4270	0.009	0.935	16.4164	17:1 iso w10c	1.64	ECL deviates: 0.002	
2.9331	2343	0.009	0.934	16.5114	Sum In Feature 4	0.90	ECL deviates -0.001	17:1 anteiso B/iso I
2.9721	23610	0.009	0.932	16.6357	17:0 iso	9.04	ECL deviates -0.001	Reference -0.005
3.0029	23275	0.009	0.931	16.7336	17:0 anteiso	8.90	ECL deviates: 0.001	Reference -0.003
3.3989	680	0.011	0.917	18.0001	18:0	0.26	ECL deviates: 0.000	Reference -0.005
3.4898	500	0.013	0.914	18.2978	17:0 2OH	0.19	ECL deviates: 0.010	
---	2343	---	---	---	Summed Feature 4	0.90	17:1 iso I anteiso B	17:1 anteiso B/iso I

ECL Deviation: 0.003 Reference ECL Shift: 0.003 Number Reference Peaks: 10  
 Total Response: 253774 Total Named: 253774  
 Percent Named: 100.00% Total Amount: 243515

Matches:

Library	Sim Index	Entry Name
RTSBA6 6.21	0.907	Bacillus-subtilis
	0.682	Bacillus-amyloliquefaciens (Bacillus subtilis group)

Confidence Level/ Comment: SPECIES

Sherlock Version 6.3 [S/N 9030]

Reviewed by: [REDACTED] 10/17/2017



## Appendix 2 *Bacillus subtilis* MB40 Certificates of Analysis

### Appendix 2.1 Lot No. OPTIMB40-MCO2



### CERTIFICATE OF ANALYSIS

### OPTI-BIOME® *Bacillus subtilis* MB40

Lot Number:	OPTIMB40-MCO2		
Date of Manufacture:	1/2/2019		
<b>Test</b>	<b>Test Results</b>	<b>Product Acceptance Criteria</b>	<b>Method</b>
Activity	138 Billion CFU/g	Not less than 100 Billion CFU/g	US FDA BAM
Color	Light Tan	Light tan to dark tan	Organoleptic
Visual Inspection	Pass	Visually free from foreign material	Organoleptic
Texture	Pass	Crystalline, free flowing powder	Organoleptic
Odor	Pass	Strong fermentation	Organoleptic
ID*	Pass	> 98% homology	16S Sequencing
Moisture Content	5.61%	<10% moisture	Ohaus MB45
<b>Microbial</b>			
Yeast and Mold	<10 CFU/g	<300 CFU/g	US FDA BAM
Salmonella	Negative/25g	Negative/25g	US FDA BAM
Coliforms	<10 CFU/g	≤30 CFU/g	US FDA BAM
<i>E. coli</i>	Negative/25g	Negative/25g	AOAC 991.14
Listeria	Negative/25g	Negative/25g	US FDA BAM
<i>S. aureus</i>	<10 CFU/g	<10 CFU/g	US FDA BAM
<b>Heavy Metals**</b>			
Lead	0.03ppm	<0.5 ppm	ICP
Mercury	<0.01 ppm	<0.5 ppm	ICP
Cadmium	0.01 ppm	<0.5 ppm	ICP
Arsenic	0.05 ppm	<0.3 ppm	ICP

\*Results determined from testing of *Bacillus subtilis* raw material  
 \*\*Results determined from testing a minimum of every 5th lot

**Product Information**

Organism(s): Non-genetically modified *Bacillus subtilis*  
 Country of Origin: USA  
 Additional Ingredients: Maltodextrin from waxy malze  
 Shelf Life: 24 Months  
 Storage: Store in a cool, dry environment

The information on the Certificate of Analysis has been reviewed by BIO-CAT Microbials, LLC. Should we become aware of any discrepancies in the information provided we will notify our customer immediately. This Certificate shall not be reproduced except in full without written permission of BIO-CAT Microbials.

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\_\_\_\_\_  
 Chris Dranota  
 Quality Assurance Coordinator

Appendix 2.2 Lot No. OPTIMB40-PC24



CERTIFICATE OF ANALYSIS

OPTI-BIOME® *Bacillus subtilis* MB40

Lot Number: OPTIMB40-PC24  
 Date of Manufacture: 4/24/2019

Test	Test Results	Product Acceptance Criteria	Method
Activity	108 Billion CFU/g	Not less than 100 Billion CFU/g	US FDA BAM
Color	Light Tan	Light tan to dark tan	Organoleptic
Visual Inspection	Pass	Visually free from foreign material	Organoleptic
Texture	Pass	Crystalline, free flowing powder	Organoleptic
Order	Pass	Strong fermentation	Organoleptic
ID*	Pass	> 98% homology	16S Sequencing
Moisture Content	3.96%	<10% moisture	Ohaus MB45
<b>Microbial</b>			
Yeast and Mold	10 CFU/g	≤300 CFU/g	US FDA BAM
Salmonella	Negative/25g	Negative/25g	US FDA BAM
Coliforms	<10 CFU/g	≤30 CFU/g	US FDA BAM
<i>E. coli</i>	Negative/25g	Negative/25g	AOAC 991.14
Listeria	Negative/25g	Negative/25g	US FDA BAM
<i>S. aureus</i>	<10 CFU/g	<10 CFU/g	US FDA BAM
<b>Heavy Metals**</b>			
Lead	0.08 ppm	<0.5 ppm	ICP
Mercury	0.01 ppm	<0.5 ppm	ICP
Cadmium	0.04 ppm	<0.5 ppm	ICP
Arsenic	0.11 ppm	<0.3 ppm	ICP

\*Results determined from testing of *Bacillus subtilis* raw material

\*\*Results determined from testing a minimum of every 5th lot

**Product Information**

Organism(s): Non-genetically modified *Bacillus subtilis*  
 Country of Origin: USA  
 Additional Ingredients: Maltodextrin from waxy maize  
 Shelf Life: 24 Months  
 Storage: Store in a cool, dry environment

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 Quality Assurance Coordinator

**Appendix 2.3 Lot No. OPTIMB40-CB13**



**CERTIFICATE OF ANALYSIS**  
**OPTI-BIOME® *Bacillus subtilis* MB40**

Lot Number: OPTIMB40-CB13  
 Date of Manufacture: 3/13/2018

Test	Test Results	Product Acceptance Criteria	Method
Activity	119 Billion CFU/g	Not less than 100 Billion CFU/g	US FDA BAM
Color	Light Tan	Light tan to dark tan	Organoleptic
Visual Inspection	Pass	Visually free from foreign material	Organoleptic
Texture	Pass	Crystalline, free flowing powder	Organoleptic
Odor	Pass	Strong fermentation	Organoleptic
ID*	Pass	> 98% homology	16S Sequencing
Moisture Content	4.95%	<10% moisture	Ohaus MB45
<b>Microbial</b>			
Yeast and Mold	<10 CFU/g	≤300 CFU/g	US FDA BAM
Salmonella	Negative/25g	Negative/25g	US FDA BAM
Coliforms	<10 CFU/g	≤30 CFU/g	US FDA BAM
<i>E. coli</i>	Negative/25g	Negative/25g	AOAC 991.14
Listeria	Negative/25g	Negative/25g	US FDA BAM
<i>S. aureus</i>	<10 CFU/g	<10 CFU/g	US FDA BAM
<b>Heavy Metals**</b>			
Lead	0.03 ppm	<0.5 ppm	ICP
Mercury	0.01 ppm	<0.5 ppm	ICP
Cadmium	0.01 ppm	<0.5 ppm	ICP
Arsenic	0.07 ppm	<0.3 ppm	ICP

\*Results determined from testing of *Bacillus subtilis* raw material.  
 \*\*Results determined from testing a minimum of every 5th lot

**Product Information**  
 Organism(s): Non-genetically modified *Bacillus subtilis*  
 Country of Origin: USA  
 Additional Ingredients: Maltodextrin from waxy maize  
 Shelf Life: 24 Months  
 Storage: Store in a cool, dry environment

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 2/7/20  
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 Quality Assurance Coordinator

**Appendix 2.4 Lot No. OPTIMB40-SA22**



**CERTIFICATE OF ANALYSIS**  
**OPTI-BIOME® *Bacillus subtilis* MB40**

Lot Number:	OPTIMB40-SA22		
Date of Manufacture:	5/22/2017		
<b>Test</b>	<b>Test Results</b>	<b>Product Acceptance Criteria</b>	<b>Method</b>
Activity	115 Billion CFU/g	Not less than 100 Billion CFU/g	US FDA BAM
Color	Light Tan	Light tan to dark tan	Organoleptic
Visual Inspection	Pass	Visually free from foreign material	Organoleptic
Texture	Pass	Crystalline, free flowing powder	Organoleptic
Odor	Pass	Strong fermentation	Organoleptic
ID*	Pass	> 98% homology	16S Sequencing
Moisture Content	5.69%	<10% moisture	Ohaus MB45
<b>Microbial</b>			
Yeast and Mold	<10 CFU/g	≤300 CFU/g	US FDA BAM
Salmonella	Negative/25g	Negative/25g	US FDA BAM
Coliforms	<10 CFU/g	≤30 CFU/g	US FDA BAM
<i>E. coli</i>	Negative/25g	Negative/25g	AOAC 991.14
Listeria	Negative/25g	Negative/25g	US FDA BAM
<i>S. aureus</i>	<10 CFU/g	<10 CFU/g	US FDA BAM
<b>Heavy Metals**</b>			
Lead	0.02 ppm	<0.5 ppm	ICP
Mercury	0.01 ppm	<0.5 ppm	ICP
Cadmium	0.01 ppm	<0.5 ppm	ICP
Arsenic	0.05 ppm	<0.3 ppm	ICP

\*Results determined from testing of *Bacillus subtilis* raw material  
 \*\*Results determined from testing a minimum of every 5th lot

**Product Information**  
 Organism(s): Non-genetically modified *Bacillus subtilis*  
 Country of Origin: USA  
 Additional Ingredients: Maltodextrin from waxy maize  
 Shelf Life: 24 Months  
 Storage: Store in a cool, dry environment

The information on the Certificate of Analysis has been reviewed by BIO-CAT Microbials, LLC. Should we become aware of any discrepancies in the information provided we will notify our customer immediately. This Certificate shall not be reproduced except in full without written permission of BIO-CAT Microbials.

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**Appendix 2.5 Lot No. OPTIMB40-SC11**



**CERTIFICATE OF ANALYSIS**  
**OPTI-BIOME® *Bacillus subtilis* MB40**

Lot Number: OPTIMB40-SC11  
 Date of Manufacture: 7/11/2019

<u>Test</u>	<u>Test Results</u>	<u>Product Acceptance Criteria</u>	<u>Method</u>
Activity	115 Billion CFU/g	Not less than 100 Billion CFU/g	US FDA BAM
Color	Light Tan	Light tan to dark tan	Organoleptic
Visual Inspection	Pass	Visually free from foreign material	Organoleptic
Texture	Pass	Crystalline, free flowing powder	Organoleptic
Odor	Pass	Strong fermentation	Organoleptic
ID*	Pass	> 98% homology	16S Sequencing
Moisture Content	4.25%	<10% moisture	Ohaus MB45
<b>Microbial</b>			
Yeast and Mold	30 CFU/g	≤300 CFU/g	US FDA BAM
Salmonella	Negative/25g	Negative/25g	US FDA BAM
Coliforms	<10 CFU/g	≤30 CFU/g	US FDA BAM
<i>E. coli</i>	Negative/25g	Negative/25g	AOAC 991.14
Listeria	Negative/25g	Negative/25g	US FDA BAM
<i>S. aureus</i>	<10 CFU/g	<10 CFU/g	US FDA BAM
<b>Heavy Metals**</b>			
Lead	0.03 ppm	<0.5 ppm	ICP
Mercury	0.01 ppm	<0.5 ppm	ICP
Cadmium	<0.01 ppm	<0.5 ppm	ICP
Arsenic	<0.03 ppm	<0.3 ppm	ICP

\*Results determined from testing of *Bacillus subtilis* raw material  
 \*\*Results determined from testing a minimum of every 5th lot

**Product Information**  
 Organism(s): Non-genetically modified *Bacillus subtilis*  
 Country of Origin: USA  
 Additional Ingredients: Maltodextrin from waxy maize  
 Shelf Life: 24 Months  
 Storage: Store in a cool, dry environment

The information on the Certificate of Analysis has been reviewed by BIO-CAT Microbials, LLC. Should we become aware of any discrepancies in the information provided we will notify our customer immediately. This Certificate shall not be reproduced except in full without written permission of BIO-CAT Microbials.

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## Appendix 3 Expert Panel Report

### Foreword

An independent panel of experts (“Expert Panel”) was convened by GRAS Associates, LLC on behalf of their client, BIO-CAT Microbials, LLC (BIO-CAT) to evaluate the safety and Generally Recognized as Safe (GRAS) status of *Bacillus subtilis* MB40. The members of this Expert Panel<sup>†</sup> are qualified to serve in this capacity by qualification of scientific training and experience in the safety of food and food ingredients.

### Discussion

A significant amount of safety information related to the consumption of *Bacillus subtilis* MB40 and other strains of *Bacillus subtilis* is generally available. and has been discussed in Part 6 of dossier.

The Expert Panel has reviewed the manufacturing process and specifications for producing *Bacillus subtilis* MB40, and all available published safety data in its evaluation of the GRAS status of *Bacillus subtilis* MB40. The Expert Panel notes that *Bacillus subtilis* MB40 is 99% homologous to *Bacillus subtilis* DSM 10 and is non-pathogenic and non-toxigenic. *Bacillus subtilis* MB40 is produced consistent with current Good Manufacturing Practices (cGMP) as a pure spore culture consisting of only *Bacillus subtilis* MB40 spores, fermentation media and maltodextrin (or other diluents). All stabilizers/additives (or diluents) used in the process are food grade. The Expert Panel concurs that specifications for *Bacillus subtilis* MB40 are adequate and that BIO-CAT has demonstrated that the product is produced according to the specifications and is stable for up to 30 months at room temperature.

There is a high presumption that *Bacillus subtilis* MB40 is safe for human consumption based on the following: (1) other strains of *Bacillus subtilis* are available in dietary supplements, have been determined to be GRAS, or are used to produce enzymes that have been determined to be GRAS; (2) the EPA permits the use of *Bacillus subtilis* on crops without tolerances; (3) EFSA has issued a Qualified Presumption of Safety Determination for the use of *Bacillus subtilis* as an animal feed additive based on the absence of toxigenic potential; and, (4) estimated consumption *Bacillus subtilis* from nattō is up to  $1.75 \times 10^{11}$  CFU (175 billion CFU) / day.

BIO-CAT Microbials, LLC also evaluated the safety of *Bacillus subtilis* MB40 using the procedure outlined by Pariza et al. (2015). Based on the outcome of the decision tree for determining the safety of microbial cultures for consumption by humans and animals, including strain characterization and genome sequencing, screening for undesirable attributes and metabolites,

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<sup>†</sup> Dr. Falk is an independent consultant with over 20 years of experience in reviewing food safety issues, GRAS reviews, and new dietary ingredient notifications at the Life Science Research Office (LSRO) and LSRO Solutions. Dr. Douglas Archer is a microbiologist with extensive experience in food science and food safety. R. Martin holds a Ph.D. in Chemistry with over 38 years of experience evaluating safety of food ingredients within FDA.

and experimental evidence of safety by appropriately designed safety evaluation studies, it was concluded that *Bacillus subtilis* MB40 is deemed to be safe for human consumption.

The Expert Panel considered the following as evidence of safety for *Bacillus subtilis* MB40

- *Bacillus subtilis* MB40 is adequately characterized phenotypically and genetically and lacks known genetic elements for antibiotic resistance and virulence factors/toxins associated with pathogenicity;
- The No-Observed-Adverse-Effect-Level (NOAEL) for *Bacillus subtilis* MB40 after oral administration to rats for 14 days was determined to be 2000 mg/kg bw/day (equivalent to  $3.7 \times 10^{11}$  CFU/kg bw/day or  $8.51 \times 10^{10}$  CFU/day in rats), the highest dose tested;
- The safety of *Bacillus subtilis* has been demonstrated in guinea pigs at a single oral dose of  $1 \times 10^{12}$  CFU/day;
- The results of feeding studies in pigs show no adverse effects of up to up to  $1.2 \times 10^9$  CFU *Bacillus subtilis*/day during gestation and  $6.2 \times 10^9$  CFU *Bacillus subtilis*/day during lactation on reproduction or development;
- Clinical studies with doses up to  $1 \times 10^{10}$  (10 billion) CFU *Bacillus subtilis* MB40 /day for up to 21 days demonstrate a lack of adverse effects. This result is corroborated by the results of published clinical safety studies with other strains of *B. subtilis* in which no adverse effects were reported after repeated administration of up to  $4.8 \times 10^{10}$  CFU/day to human volunteers;
- *Bacillus subtilis* DE111 has been notified as GRAS (GRN 831) at an estimated intake level of up to  $1.3 \times 10^{11}$  CFU/day;
- A daily consumer of nattō consumes up to  $1.75 \times 10^{11}$  CFU *Bacillus subtilis*/day (175 billion CFU/day) from this source only;
- Based on a conservative 100-fold safety factor for inter-and intra-species differences, the ADI of *Bacillus subtilis* MB40 in humans was calculated as  $3.7 \times 10^9$  CFU/kg bw/day (or  $2.6 \times 10^{11}$  (260 billion) CFU/day for a 70 kg person) from the NOAEL of the 14-day study in rats;
- Clinical studies with *Bacillus subtilis* MB40, clinical and nonclinical studies with other *Bacillus subtilis* strains and the GRAS Notice for a different *Bacillus subtilis* strain (GRN 831) support the safety and appropriateness of the ADI for *Bacillus subtilis* MB40;
- The estimated daily intake of *Bacillus subtilis* MB40 from proposed uses at potential maximum intakes is  $3.64 \times 10^{10}$  (36 billion) CFU/day. Using this conservative upper estimate of intake, consumer intakes of *Bacillus subtilis* MB40 from the proposed uses would not exceed the ADI.



In summary, a compelling case can be made that scientific consensus exists regarding the safety of BIO-CAT Microbials' *Bacillus subtilis* MB40 in support of a GRAS conclusion under the conditions of its intended use.

## Conclusion

The Expert Panel critically reviewed the data provided by BIO-CAT Microbials for their *Bacillus subtilis* MB40, as well as publicly available published information obtained from peer-reviewed journals and other safety assessments prepared by other Expert Panels and well-respected international regulatory bodies.

BIO-CAT Microbials' *Bacillus subtilis* MB40, manufactured as described in Part 2.B of the Supplement, and declared within the subject notification meets FDA's definition of safety in that there is "reasonable certainty of no harm under the intended conditions of use" as described herein is generally recognized as safe (GRAS).



Robert L. Martin, Ph.D.



Michael Falk, Ph.D.



Douglas L. Archer, Ph.D.

**END**

**From:** [Amy Mozingo](#)  
**To:** [Hice, Stephanie](#)  
**Cc:** [William J. Rowe](#)  
**Subject:** RE: GRN 000955 - Questions for Notifier  
**Date:** Tuesday, January 19, 2021 4:08:00 PM  
**Attachments:** [image001.png](#)  
[GA\\_BioCat\\_GRN 000955 Addendum FINAL\\_01.19.21.pdf](#)

---

Dear Dr. Hice,

Please find attached the responses to FDA's questions on GRAS Notice No. 000955.

Should you need any further clarification please let us know.

Best Regards,

Amy Mozingo

**Amy Mozingo, MS**

**Director of Operations, GRAS Associates**

a Nutrasource Pharmaceutical and Nutraceutical Services company

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**From:** William J. Rowe <wrowe@nutrasource.ca>  
**Sent:** Thursday, January 7, 2021 3:37 PM  
**To:** Amy Mozingo <amozingo@gras-associates.com>  
**Subject:** Fwd: GRN 000955 - Questions for Notifier

Sent from my iPhone

Begin forwarded message:

**From:** "Hice, Stephanie" <[Stephanie.Hice@fda.hhs.gov](mailto:Stephanie.Hice@fda.hhs.gov)>  
**Date:** January 7, 2021 at 3:35:56 PM EST  
**To:** "William J. Rowe" <[wrowe@nutrasource.ca](mailto:wrowe@nutrasource.ca)>  
**Subject:** GRN 000955 - Questions for Notifier

Dear Mr. Rowe,

During our review of GRAS Notice No. 000955, we noted further questions that need to be addressed and are attached to this email.

We respectfully request a response within **10 business days**. If you are unable to complete the response within that time frame, please contact me to discuss further options. Please do not include any confidential information in your response.

If you have questions or need further clarification, please feel free to contact me. Thank you in advance for your attention to our comments.

Sincerely,

Stephanie Hice

**Stephanie Hice, PhD**

*Staff Fellow (Biologist)*

*Division of Food Ingredients*

**Center for Food Safety and Applied Nutrition**

**Office of Food Additive Safety**

**U.S. Food and Drug Administration**

[stephanie.hice@fda.hhs.gov](mailto:stephanie.hice@fda.hhs.gov)



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## Cover Letter


January 19, 2021

Office of Food Additive Safety (HFS-200)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
5001 Campus Dr.  
College Park, MD 20740

Attention: Dr. Stephanie Hice  
*Staff Fellow (Biologist)*  
*Division of Food Ingredients*  
[stephanie.hice@fda.hhs.gov](mailto:stephanie.hice@fda.hhs.gov)

Dear Dr. Hice,

GRAS Associates, LLC, acting as the Agent for BIO-CAT Microbials, LLC, submits this Addendum to answer questions/comments received for the GRAS Notification number 000955 for OPTI-BIOME® *Bacillus subtilis* MB40.



William J. Rowe  
President  
Agent for BIO-CAT Microbials, LLC  
GRAS Associates, LLC  
11810 Grand Park Ave, Suite 500  
North Bethesda, MD 20852  
[wrowe@nutrasource.ca](mailto:wrowe@nutrasource.ca)

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## Foreward

The purpose of this Addendum is to address questions posed by FDA during the GRAS Dossier review regarding OPTI-BIOME® *Bacillus subtilis* MB40. This addendum will address each question point by point as laid out in the request.

## Questions/Comments Regarding GRN 000955:

January 7, 2021

### Questions:

1. Please provide an approximate ratio of spores to vegetative cells. Additionally, please describe how the production of spores is ensured.

**Response:** The final powder product of *B. subtilis* MB40 is as close to 100% spores as can be measured. After fermentation, acid is added to the culture to drop the pH to 4.5. At this pH, spores will survive but any vegetative cells will not. Additionally, the stabilized culture is concentrated via centrifugation and then spray dried. Any possible remaining vegetative cells will not survive during the spray drying process. To ensure the final preparation is entirely spores, a total aerobic enumeration is compared to an aerobic enumeration that has been heat treated (80°C for 5 min). Only spores will survive the heat treatment. If the total aerobic count and the heat-treated spore count are the same, the preparation is 100% spores. If the total aerobic count is higher than the spore count, then there are vegetative cells present in the preparation.

2. For the administrative record, please explain what "... periodically monitored for genetic drift" means (page 6).

**Response:** Every year, samples of all *B. subtilis* MB40 stock vials are submitted to a 3rd party lab for 16S rRNA sequencing to confirm identity. Additionally, the complete genome sequencing has been completed twice (once in 2015 and again in 2019). These genome sequences have been aligned and compared to ensure no gene additions or deletions after generations of growth.

3. Please describe whether *Bacillus subtilis* strain BS-MB40 PTA-122264 produces any secondary metabolites, and whether this poses a safety concern.

**Response:** The *B. subtilis* MB40 genome has been analyzed using antiSMASH for the following secondary metabolites.

**Table 1. Secondary Metabolite Analysis Using antiSMASH**

Cluster type	Most similar known cluster	Similarity
NRPS (Non-ribosomal peptide synthases)	Surfactin	82%
NRPS (Non-ribosomal peptide synthases)	Plipastatin	30%
NRPS (Non-ribosomal peptide synthases)	Fengycin	93%

Cluster type	Most similar known cluster	Similarity
NRPS (Non-ribosomal peptide synthases)	Bacillibactin	100%
NRPS (Non-ribosomal peptide synthases)	Tridecaptin	40%
Other	Bacilysin	100%
TranAT-PKS	Bacillaene	100%
Sactipeptide, ranthipeptide	Sporulation killing factor	100%
Sactipeptide	Subtilosin A	100%
Terpene	N/A	N/A
Glycocin	Sublancin 168	100%

Based on the genomic data (antiSMASH), LC/MS was performed on extracts of *B. subtilis* MB40 culture to determine the presence of predicted secondary metabolites. Results are below.

**Table 2. Secondary Metabolite Analysis Using LC/MS**

	Compound	Presence/absence via LC/MS
Non-ribosomal peptides	Surfactin	Present
	Plipastatin	Present
	Fengycin	Present
	Bacillibactin	Absent (Predicted by genome)
	Bacilysin	Present
	Lichenysin	Absent
Polyketides	Bacillaene	Absent (Predicted by genome)
	Macrolactin	Absent

Harwood et al. (2018) mentions that surfactin is known to be produced by *B. subtilis*. Surfactin has surfactant properties and lyses mammalian cells (including red blood cells) *in vitro* at concentrations of 40  $\mu$ M– 60  $\mu$ M; at concentrations up to 25  $\mu$ M its cytolytic activity is not considered to be significant. Oral administration of 500 mg/kg bw/day surfactin C to pregnant ICR mice resulted in no maternal toxicity, fetotoxicity or teratogenicity, indicating that fairly large amounts of the material would have to be administered to rats to cause toxicity. In the 14-day rat study for *B. subtilis* MB40 (Spears et al., 2020), there was no evidence of toxicity to tissues or cells (including red blood cells) at up to 2000 mg/kg bw/day *B. subtilis* MB40 (equivalent to  $3.7 \times 10^{11}$  CFU/kg bw/day or  $8.51 \times 10^{10}$  CFU/day), the highest dose tested.

According to Harwood et al. (2018), plipastatin and fengycin are biosurfactant antifungal cyclic lipodecapeptides known to be produced by *B. subtilis*. Harwood states that plipastatin is widely advocated as a replacement for chemical fungicides because of its biodegradability and lack of reported toxicity to plants and animals. As mentioned above, there is no evidence of toxicity to tissues or cells in rats receiving up to 2000 mg/kg bw/day *B. subtilis* MB40 (equivalent to  $3.7 \times 10^{11}$  CFU/kg bw/day or  $8.51 \times 10^{10}$  CFU/day) for 14 days (Spears et al., 2020). Further, in clinical studies that were conducted with *B. subtilis* MB40, no adverse effects were noted (including GI effects) (Penet et al., 2019; Spears et al., 2020).

Bacilysin is also known to be produced by *B. subtilis* (Harwood et al., 2018). Bacilysin consists of L-alanine and the non-proteinogenic amino acid L-anticapsin and has activity against gram negative and gram positive pathogenic bacteria (Nannan et al., 2020). As mentioned above, there is no evidence of toxicity to tissues or cells in rats receiving up to 2000 mg/kg bw/day *B. subtilis* MB40 (equivalent to  $3.7 \times 10^{11}$  CFU/kg bw/day or  $8.51 \times 10^{10}$  CFU/day) for 14 days. Further, in clinical studies that were conducted with *B. subtilis* MB40, no adverse effects were noted (including GI effects).

As stated in the GRAS dossier, *B. subtilis* has Qualified Presumption of Safety (QPS) status. Further, a different strain of *B. subtilis* recently has been determined GRAS for use in human food (FDA GRN 905, 2020). This strain was not analyzed for its ability to produce secondary metabolites. As mentioned in Harwood et al. (2018), surfactin, plipastatin/fengycin and bacilysin are produced by 99%, 97% and 93% of *B. subtilis* strains tested. It is therefore likely that the strain of *B. subtilis* that was recently determined GRAS produces surfactin and there is a good possibility that it also produces plipastatin/fengycin and/or bacilysin. As mentioned by Harwood et al. (2018), “although widely used commercial strains of *B. subtilis* and *B. licheniformis* produce well-characterised secondary metabolites (PKs and NRPs) and AMPs, there are no well-authenticated reports of human or animal toxicity associated with these compounds. Indeed, each year the Japanese consume ~7 billion helpings of natto, a soybean-based food fermented using a surfactin producing natto variant of *B. subtilis*.”

In conclusion, there is no evidence to suggest that levels of surfactin, plipastatin, fengycin or bacilysin that could be produced from *B. subtilis* MB40 at the proposed level of intake of the ingredient in the dossier would not be safe for humans.

4. For the administrative record, please briefly specify how the purity of the initial inoculum is ensured, and state whether the fermentation process is conducted in a contained, sterile environment.

**Response:** The initial inoculation of the growth media is conducted in a positive pressure class 100,000 cleanroom where handling of all strains, flasks, and necessary tools is completed in a biosafety cabinet by a trained lab personnel wearing a “coverall” garment and footwear designated only for use in the cleanroom space. Additionally, the process of inoculation is witnessed by a second trained lab personnel and their initials are included with the documentation of the inoculum preparation. A sample of every



inoculum is tested for purity via streaking to trypticase soy agar (TSA) plates and pathogen contamination via streaking to selective media.

The stock vials are also tested at least once per year via 16S sequencing to ensure strain identity.

The production fermentation is conducted in a contained and sterile environment.

5. Please clarify if “Activity (CFU/g)” listed in Tables 2 and 3, as well as in Appendix 2, refers to Total Viable Spore Count (pages 11-12, 52-56).

**Response:** References to “counts” or “activity” in terms of CFU/g of *B. subtilis* MB40 powder means total viable spores.

6. The notifier states that the method used to detect *Staphylococcus aureus* is AOAC 2003.07 (page 11), which corresponds to enumeration of *S. aureus* in frozen lasagna, custard, frozen mixed vegetables, frozen hashbrowns, and frozen batter-coated mushrooms. Please clarify if this method is appropriate and fit for purpose.

**Response:** This is actually outdated information. In the initial testing for *S. aureus*, we utilized 3M petrifilm and this was the AOAC number listed in association with that 3M product. However, we have not utilized Petrifilm for the purposes of testing for *S. aureus* for quite some time. As is listed on the sample CoA, FDA BAM (chapter 12) methods are used.

7. The notifier states that the method used to detect “activity”, yeast and mold, *Salmonella* serovars, coliforms and *Listeria* spp. is “FDA BAM” (page 11). For the administrative record, please provide the chapter number from the FDA Bacteriological Analytical Manual used for the referenced methods.

**Response:**

Activity (total aerobic enumeration): Chapter 3

Coliforms: Chapter 4

Salmonella: Chapter 5

Listeria: Chapter 10

Yeast and Mold: Chapter 18

8. Please specify whether *Listeria* refers to *Listeria monocytogenes* (page 11).

**Response:** The *Listeria* assay used will identify the presence of the genus *Listeria* which includes *Listeria monocytogenes* but is not limited to only *Listeria monocytogenes*.

9. The notifier indicates that inductively coupled plasma (ICP) is used to analyze for heavy metals but does not provide the exact method(s) (page 11). Please indicate the method(s) used to analyze for heavy metals. If standards method(s) are used, please provide the complete and appropriate citation(s).

**Response:** A contract lab (SORA Labs) is used for this work. The following response is from their lab:

“We have an internally-validated method derived from the following sources:

- 1) Ruth E. Wolf and Monique Adams, 2015, Multi-Elemental Analysis of Aqueous Geochemical Samples by Quadrupole Inductively Coupled Plasma-Mass Spectrometry (ICP-MS), USGS, U.S. Department of the Interior and U.S. Geological Survey Open – File Report 2015-1010, p 1-34, <http://dx.doi.org/10.3133/ofr20151010>.
- 2). United States Pharmacopeia 39/ National Formulary 34, Vol.1, General Chapters <232>, <2232> and <233>, (2016).
- 3). Method 6020A, ICP-MS, EPA 6020A, Revision 1, EPA January, 1998.
- 4). AOAC Official Method 993.14 Trace Elements in Water and Wastewaters. ICP-MS, 1993, AOAC 993.14.
- 5). Food and Nutrition Board, Food Chemicals Codex, Institute of Medicine, (National Academy Press, Washington DC, tenth ed., 2016), pp. 1422-1424. (General Test and Assays: ICP).”

10. Table 2 (page 11) indicates that heavy metal testing is performed on every lot, but Table 3 (page 12) indicates that heavy metal testing is done on every 5th lot. Please clarify the frequency in which heavy metal testing is performed on *B. subtilis* strain BS-MB40 PTA-122264 spore preparation.

**Response:** Up to this point, because of the relative infrequent rate at which *B. subtilis* MB40 is produced, every lot of material is tested to establish a pattern of consistency. When production increases to a point where more than 5 lots of material is produced per year, a transition to skip lot testing will occur.

11. Please include a statement indicating that all analytical methods used to analyze the batches for conformance with the stated specifications have been validated for that particular purpose.

**Response:** The methods were selected specifically because they represent industry standards for the analysis (most of them coming from the FDA BAM methods). Internal validations of all SOPs, media, and other testing materials are performed to ensure they are functioning as expected and laboratory personnel undergo skill assessments to ensure they can properly perform the analyses. Additionally, the results of internal analyses match the results of 3<sup>rd</sup> party testing.

12. On page 5, the notifier indicates that *B. subtilis* strain BS-MB40 PTA-122264 spore preparation will be used as an ingredient in a wide variety of conventional foods, including baked goods, non-alcoholic beverages, juice, cereal, chewing gum, coffee, tea, condiments, confections, dairy analogs, fats and oils, herbs, frozen dairy products, pasta, candy, milk, processed fruits, processed vegetables and vegetable juices, jams and jellies, and sugar and sweet sauces at a maximum level of  $2 \times 10^9$  colony forming units (CFU)/serving. However, Table 5 (page 15) includes several additional food

categories. Please clarify the food categories in which *B. subtilis* strain BS-MB40 PTA-122264 spore preparation is intended to be used.

**Response:** The language on page 5 was not meant to be totally inclusive for the purpose of brevity. Note that the word “including” is not meant to imply total inclusivity. The foods in Table 5 are the foods to which the strain will be added.

13. The notifier states that the intended use of *B. subtilis* strain BS-MB40 PTA-122264 spore preparation is GRAS based on scientific procedures (21 CFR 170.30(a) and (b)), however includes a discussion in Part 5, Experience Based on Common Use in Foods (pages 16-20). Please note that the information provided in Part 5 does not meet the regulatory definition of “Common Use in Foods” as defined by 21 CFR Part 170.245. We note that the provided discussion should be incorporated into Part 6, Narrative, as defined by 21 CFR Part 170.250. For the administrative record, please make a statement that corrects this reference.

**Response:** The GRAS is based on scientific procedures and not based on common use in food prior to 1958. As stated by FDA, additional information provided in Part 5 does not meet the regulatory definition of “Common Use in Foods” as defined by 21 CFR Part 170.245 and therefore is incorporated into the Part 6 narrative as instructed by FDA.

14. On page 17, the notifier lists the date of closure for GRN 000831 as October 7, 2019. We note that October 7, 2019 corresponds to the date of our correction letter, however, the date of closure is August 13, 2019. For the administrative record, please make a statement that corrects this reference.

**Response:** The date of closure listed for GRN 000831 in the GRAS dossier is incorrect and should be August 13, 2019.

15. On page 17, the notifier lists the intended use level for GRNs 000746 and 000751 as “... minimum levels necessary to achieve the intended technical effect”. We note that the intended use levels listed in our response letters for GRNs 000746 and 000751 are “... at a maximum level of 20 mg Total Organic Solids (TOS)/kg flour” and “... at levels up to 49.5 mg Total Organic Solids per kg (mg TOS/kg) starch raw material”, respectively. For the administrative record, please make a statement that corrects this reference.

**Response:** The reference links provided are those for the GRAS notifications which state that the intended levels are the at the minimum levels necessary to achieve the intended technical effect. The maximum levels stated above by the FDA are mentioned in the GRAS dossiers.

16. On page 19, the notifier lists the date of closure for NDI 277 as June 15, 2005. We note that the stamped date of closure reflected on the letter is May 27, 2005. For the administrative record, please make a statement that corrects this reference.

**Response:** The stamped date of closure on the FDA response letter is May 27, 2005.

17. On pages 30-31, the notifier states, "... results of the antibiotic resistance tests that were performed with *Bacillus subtilis* MB40 showed resistance to fosfomycin, streptomycin and potentially ampicillin".

a. Please describe whether this poses a potential safety concern.

**Response:** The results of all studies that were done for fosfomycin resistance are conflicting. No resistance genes were found for fosfomycin in strain *B. subtilis* MB40, yet the CLSI inhibition zone method showed that the strain was resistant to fosfomycin, when compared to the results for *E. coli* and *E. faecalis* (the only evaluated species for fosfomycin in this assay). The key for the test is appended to this response. As stated in the dossier, "there is some difficulty in assessing the antibiotic susceptibility of *Bacillus subtilis* using the CLSI inhibition zone method because there is no given range for data interpretation for this genus and species." Because no resistance genes for this antibiotic were found in the *B. subtilis* MB40, the result in the CLSI test should be considered a false positive due to lack of an appropriate strain for evaluation, and not a potential safety concern for humans.

Further, the results for ampicillin in the CLSI test as reported are somewhat misleading as reported in the dossier. In the CLSI test key, results for ampicillin resistance to five different species are reported (*Enterobacteriaceae*, *Enterococcus*, *Listeria monocytogenes*, *Haemophilis* and *Staphylococcus*). *B. subtilis* MB40 is susceptible to ampicillin if it is considered an *Enterobacteriaceae*, *Enterococcus*, *Listeria monocytogenes* or *Haemophilis*, and resistant only if considered a *Staphylococcus*. Further, the zone of inhibition reported (28 mm) is the upper limit for a conclusion of resistance to *Staphylococcus*, and 29 mm is the lower limit for a conclusion of susceptibility. Therefore, the susceptible result for ampicillin in the CLSI test using *Staphylococcus* as a comparator should be considered a false positive, and therefore not a safety concern. In support of this conclusion, *B. subtilis* strain DE111, which was recently notified as GRAS to FDA (in GRN 831), also used the CLSI inhibition test and found a slightly lower zone of inhibition (26 mm) for ampicillin. This result also was reported in FDA GRN 831 (2019) as both susceptible and resistant, and the FDA did not specifically point out that this could be a potential safety concern in GRN 831.

The weight of overall evidence (two of three tests) indicates that the strain is resistant to streptomycin. This is not a potential safety concern for humans since streptomycin is given parenterally (i.m. or i.v.) in humans for its indications.<sup>1</sup> Although this drug is used to control growth of bacteria in the GI tract of production animals<sup>2</sup>, it is not used for this purpose in humans. Therefore, resistance of the organism to streptomycin is not a safety concern for humans.

<sup>1</sup> See Streptomycin Dosage Guide with Precautions – Drugs.com: <https://www.drugs.com/dosage/streptomycin.html>. Accessed Jan. 15, 2021.

<sup>2</sup> See Streptomycin Oral Solution for veterinary use – Drugs.com: <https://www.drugs.com/vet/streptomycin-oral-solution.html#:~:text=STREPTOMYCIN%20ORAL%20SOLUTION%20is%20indicated%20as%20an%20aid,designed%20to%20be%20added%20to%20the%20drinking%20water>. Accessed Jan. 15, 2021.

b. Further, the notifier states, “The fact that *Bacillus subtilis* MB40 was not resistant to streptomycin in the MIC test is not a unique finding for *Bacillus* species” (page 31). For the administrative record, please clarify this discrepancy.

**Response:** The word “not” in front of the word “resistant” is a typographical error. MB40 is resistant to streptomycin in the MIC test, and this is not a unique finding for *Bacillus* species.

18. Please provide an updated literature search that discusses the safety of *B. subtilis*, including the date (month and year) the literature search was performed and discuss whether there are any study results that may be contradictory to a GRAS conclusion. Please discuss how these studies pertain to the safety of the intended uses of the ingredient. Examples include, but are not limited to, the following:

a. La Jeon, Y., Yang, J., Kim, M., Lim, G., Cho, S., Park, T., Suh, J., ... Lee, H. (2012). Combined *Bacillus licheniformis* and *Bacillus subtilis* infection in a patient with oesophageal perforation. *Journal of Medical Microbiology*, 61, 1766-1769. doi: 10.1099/jmm.0.042275-0

b. Harwood, C. R., Mouillon, J., Pohl, S., and Arnau, J. (2018). Secondary metabolite production and the safety of industrially important members of the *Bacillus subtilis* group. *FEMS Microbiology Reviews*, 42, 721-738. doi: 10.1093/femsre/fuy028

**Response:** The following discussion is appended to Section 6.1.

The original literature search for safety information on *B. subtilis* was conducted through January 2020 and has been updated to January 2021. The search located five relevant studies, plus a notified GRAS on *B. subtilis* that became publicly available during this period.

The GRAS dossier is for *Bacillus subtilis* SG188 (a spore formulation) and is incorporated by reference into Table 6 of the GRAS dossier for *Bacillus subtilis* MB40 as follows:

**Table 3. Amendment to Original Table 6. Summary of *Bacillus subtilis* in FDA GRAS Inventory**

SUBSTANCE	GRN # / CLOSURE DATE	INTENDED USE	USE RATE	COMPANY/ REFERENCE	FDA RESPONSE
<i>Bacillus subtilis</i> SG188	GRN 905 June 8, 2020	For use as an ingredient in beverages, such as milk drinks, protein high energy sports drinks, hot beverages and juices; and dry and shelf-stable products such as cereals, cookies, gums and confectionary	Up to 1 x 10 <sup>9</sup> spores per serving	SporeGen Ltd, FDA GRN 905 (2020)	FDA had no questions

GRN 905 states “In an extreme case, an individual might consume as many as 5 servings of foods containing the bacterium in a day, thus ingesting up to  $5 \times 10^9$  viable spores.

Three new articles were located about the use of *Bacillus subtilis* in animal feed and are incorporated by reference into Table 8 of the GRAS dossier for *Bacillus subtilis* MB40 as follows:

**Table 4. Amendment to Original Table 8. Results of *Bacillus subtilis* studies in livestock**

SPECIES	CONCENTRATION/ DOSE/DURATION	ENDPOINTS MEASURED	RESULTS	REFERENCE
Weaned piglets experimentally infected with an enterotoxigenic <i>E. coli</i>	<i>Bacillus subtilis</i> DSM 32540 ( $1 \times 10^9$ CFU/kg feed, approx. $7.2 \times 10^8$ CFU/day based on overall ADFI of 742 g/day) for 28 days in infected animals	BW, ADG, ADFI, GTF, diarrhea score, total and differential WBC, TNF- $\alpha$ and haptoglobin, intestinal morphology, bacterial translocation to mesenteric lymph nodes and spleen, microbial count in intestine hemolytic coliforms	No adverse effect on any parameter measured compared to infected controls	He et al. (2020a)
Weaned piglets experimentally infected with an enterotoxigenic <i>E. coli</i>	<i>Bacillus subtilis</i> DSM 32540 ( $2.56 \times 10^9$ CFU/kg feed, approx. $1.5 \times 10^9$ CFU/day based on overall ADFI of 598 g/day) for 28 days in infected animals	BW, ADG, ADFI, GTF, diarrhea score, alertness score, hematology, TNF- $\alpha$ and haptoglobin, intestinal morphology; bacterial translocation to mesenteric lymph nodes and spleen, microbial count in intestine hemolytic coliforms	No adverse effect on any parameter measured compared to infected controls	He et al. (2020b)
Weaned piglets experimentally infected with an enterotoxigenic <i>E. coli</i>	<i>Bacillus subtilis</i> DSM 32540 ( $1.3 \times 10^6$ CFU/g feed, approx. $5.2 \times 10^8$ CFU/day based on overall ADFI of 598 g/day) for 21 days in infected animals	BW, ADG, ADFI, GTF, fecal score, frequency of diarrhea, intestinal morphology, liver, stomach, small intestine, cecum, colon and spleen weight, pH and VFA content of cecal digesta	No adverse effect on any parameter measured compared to infected controls	Park et al. (2020)

ADFI – average gaily feed intake; ADG – average daily gain, ADFI – average daily feed intake; BW – body weight, CFU – colony forming units; FC – feed consumption; GTF – gain to feed ratio; TNF- $\alpha$  – tumor necrosis factor alpha; VFA – volatile fatty acid; WBC – white blood cell count

The results show that up to  $1.5 \times 10^9$  CFU/day of *B. subtilis* has no adverse effect on the performance of piglets infected with an enterotoxigenic *E. coli*.

The following study is added to Section 6.2 – Clinical Safety Data on *Bacillus subtilis* (other strains), by reference.

Rui and Ma (2020) conducted a retrospective study in 72 children (age 5-11) with antibiotic-associated diarrhea (AAD). The study was not randomized or placebo-



controlled. Groups of 36 subjects received routine treatment with or without *Bacillus subtilis* and *Enterococcus faecium* granules (two 1-gram packs daily for 7 days). The number of CFU ingested per day cannot be determined from the information given in the paper. The primary outcomes were duration of diarrhea (days), and number of dressings needed every day. The secondary outcomes were abdominal pain intensity (as measured by a 10-point visual analog scale, stool consistency (as assessed by Bristol Stool Scale) and any adverse events. There were no adverse effects of the intervention on primary or secondary outcomes and no adverse events were reported.

As mentioned above, FDA would like the La Jeon et al. (2012) and Harwood et al. (2018) studies to be discussed in the paper.

The Harwood et al. (2018) study is discussed above under Question 3 and the information is not reiterated here.

The La Jeon et al. (2012) paper is an “unusual” case report of a 71-year old male that visited the emergency department with chest pain that was first noticed after swallowing tablets containing *Bacillus subtilis* and *Bacillus Licheniformis* 3 hr before admission. The pain progressively worsened and was associated with dyspnea. His medical history included a mild drinking habit and past pulmonary tuberculosis. He was also taking medicine for chronic obstructive pulmonary disease (COPD). A computed tomography (CT) scan of the chest showed a pleural effusion in the left lower lobe and an esophageal perforation was suspected. The authors stated that they believed that the tablets were the cause of the perforation. Colonies identified as members of the genus *Bacillus* were isolated from blood and pleural fluid and 16S rRNA sequence analysis confirmed the presence of *Bacillus subtilis* and *Bacillus Licheniformis* in these fluids.

As mentioned in the GRAS dossier on Page 27, *Bacillus subtilis* is not considered pathogenic or toxigenic to humans, animals, or plants (EPA, 1997). Based on a review of literature citing human infections with *Bacillus subtilis* (de Boer and Diderichsen, 1991), almost all cases of *Bacillus subtilis* infection were related to drug abusers or debilitated patients. Also, as mentioned in Section 6B, no in-frame complete matches to the six major enterotoxins harbored by *Bacillus* species (Hbl, Nhe, CytK, entFM, and BceT) were generated for *Bacillus subtilis* MB40 using either nBLAST or virtual PCR (Kramer and Spears, 2015b). Further, the absence of two of the major enterotoxins produced by *Bacillus* species (*Bacillus* Diarrheal Enterotoxin and *Bacillus cereus* enterotoxins) was confirmed by commercially available assay kits manufactured by 3M (St. Paul, MN) and Oxoid (Hampshire, UK).

In the FDA comments section for FDA GRN 905 (2020) the authors stated “occasionally there are documented reports of what, prima facie, appears as a genuine [*Bacillus subtilis*] infection. For example, Jeon et al. (2012) describe a case of bacteremia following an esophageal perforation caused by *B. subtilis* and *B. licheniformis*. Similarly, a recent report (Gu et al., 2019) identified a strain of *B. subtilis* isolated from a deep-sea hydrothermal vent that has virulence potential in animals. In this case the precise mechanism whereby *B. subtilis* can invade vertebrate cells was not identified. As

discussed by Harwood et al. (2018), *Bacillus species* can secrete molecules that have cytotoxic potential.”

The authors of FDA GRN 905 (2020) also stated “while it is possible that the strains involved may have carried unique features enabling pathogenicity, it does illustrate that even non-pathogenic microorganisms can under some occasions participate in potentially lethal infection requiring clinical treatment. Most importantly, these studies demonstrate the need to conduct safety analysis on a strain-by-strain basis.” *Bacillus subtilis* MB40 has been tested for toxicity in rats for 14 days and there was no evidence of toxicity at doses up to  $3.7 \times 10^{11}$  CFU/kg bw/day ( $8.51 \times 10^{10}$  CFU/day).

None of the studies mentioned above provide contradictory information to a GRAS conclusion.

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*subtilis* MB40 to Reduce Abdominal Discomfort, Gas, and Bloating', *Alternative Therapies (in press)*.

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## **Appendix 1 – BD BBL Sensi-Disc Antimicrobial Susceptibility Instructions**

BD Key begins on the following page.

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**From:** [Amy Mozingo](#)  
**To:** [Hice, Stephanie](#)  
**Cc:** [William J. Rowe](#)  
**Subject:** RE: GRN 000955 - Questions for Notifier  
**Date:** Monday, February 8, 2021 2:17:35 PM  
**Attachments:** [image001.png](#)  
[2021-01-27 GRN 955 Questions for Notifier Response 2021-08-08.pdf](#)  
[Penet et al. Study evaluating the efficacy of MB40 to Reduce Abdominal Discomfort, Gas, and Bloating.pdf](#)

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Dear Dr. Hice,

Please find attached the responses to FDA's questions along with the full text PDF of the Penet et al 2019 publication.

Best Regards,

Amy Mozingo

**Amy Mozingo, MS**

**Director of Operations, GRAS Associates**

a Nutrasource Pharmaceutical and Nutraceutical Services company

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**From:** William J. Rowe <wrowe@nutrasource.ca>  
**Sent:** Wednesday, January 27, 2021 10:52 AM  
**To:** Amy Mozingo <amozingo@gras-associates.com>  
**Subject:** Fwd: GRN 000955 - Questions for Notifier

FYI for follow up thanks

Sent from my iPhone

Begin forwarded message:

**From:** "Hice, Stephanie" <[Stephanie.Hice@fda.hhs.gov](mailto:Stephanie.Hice@fda.hhs.gov)>  
**Date:** January 27, 2021 at 10:49:47 AM EST  
**To:** "William J. Rowe" <[wrowe@nutrasource.ca](mailto:wrowe@nutrasource.ca)>  
**Subject:** RE: GRN 000955 - Questions for Notifier

Dear Mr. Rowe,

During our review of GRAS Notice No. 000955, we noted further questions that need to be addressed and are attached to this email.

We respectfully request a response within **10 business days**. If you are unable to complete the response within that time frame, please contact me to discuss further options. Please do not include any confidential information in your response.

If you have questions or need further clarification, please feel free to contact me. Thank you in advance for your attention to our comments.

Sincerely,

Stephanie Hice

**Stephanie Hice, PhD**

*Staff Fellow (Biologist)*

*Division of Food Ingredients*

**Center for Food Safety and Applied Nutrition**

**Office of Food Additive Safety**

**U.S. Food and Drug Administration**

[stephanie.hice@fda.hhs.gov](mailto:stephanie.hice@fda.hhs.gov)

January 27, 2021

**Questions/Comments Regarding GRN 000955:**

**Questions:**

1. On page 34 of the notice, the notifier references a study by Penet et al., 2019. On page 49 of the notice, the study was listed as “in press” in the list of references. In the January 19, 2021 amendment, the notifier references the same study by Penet et al., 2019 (page 5), which is listed as “in press” in the list of references (pages 13-14). We note that, while the study is discussed in the notice, the full text of this paper is not accessible.

a. Please provide instructions regarding how to access the full text of the paper and clarify if it is peer-reviewed. If it is unpublished, we note that unpublished studies are generally only used to corroborate published studies and information that serves as the basis for a notifier’s GRAS conclusion. Therefore, please clarify if the basis of the notifier’s GRAS conclusion is impacted.

Response: The Penet article has been published in a peer-reviewed journal. The reference is Penet C, Kramer R, Little R, et al. A Randomized, Double-blind, Placebo-controlled, Parallel Study Evaluating the Efficacy of *Bacillus subtilis* MB40 to Reduce Abdominal Discomfort, Gas, and Bloating. *Alternative Therapies in Health and Medicine*. 2019 Nov. A link can be found here: [A Randomized, Double-blind, Placebo-controlled, Parallel Study Evaluating the Efficacy of \*Bacillus subtilis\* MB40 to Reduce Abdominal Discomfort, Gas, and Bloating. - Abstract - Europe PMC](#)

b. Please explain why, given the adverse events (AEs) reported in the treatment group from this study (listed in Table 12, page 35 of the notice), the notifier concludes that “no adverse effects were noted (including GI effects)” in their January 19, 2021 response to our question #3.

Response: Adverse events did occur in the Penet et al. 2019 study but the incidence did not differ between treatment and placebo groups. The response to FDA’s question #3 is therefore changed to “no treatment-related adverse effects were noted (including GI effects)”. Penet et al. (2019) stated that the effects in the treatment group were “possibly related” to treatment but also stated that the effects in the placebo group were also “possibly related” to treatment. Therefore, their use of “possibly related to treatment” is a misnomer. As stated in Penet et al., 2019, of the 13 AE reported by those in the OPTI-BIOME® group, 8 were “possibly related” to the product: abdominal discomfort (1), constipation (3), diarrhea (1), dry mouth (1), flatulence (1), and increased appetite (1). Of the 17 AE reported by those in the placebo group, five were “possibly related” to the product: abdominal discomfort (1), constipation (2), infrequent bowel movements (1), and paresthesia (1). Also, as stated in the Penet et al. 2019 study, “adverse event reporting between the groups was similar with 6 of 8 and 4 of 5 possibly related events attributable to gastrointestinal disorders in the MB40 and placebo groups respectively. All other adverse events were assessed as ‘unlikely’ or ‘not related’ to the study products.”

c. Please clarify if these AEs indicate a safety concern from consuming *Bacillus subtilis* strain BS-MB40 PTA-122264 spore preparation.

Response: The AEs reported in Penet et al. (2019) do not indicate a safety concern and therefore do not impact the conclusion of GRAS.

Penet, "A Randomized, Double-blind, Placebo-controlled, Parallel Study Evaluating the Efficacy of Bacillus subtilis MB40 to Reduce Abdominal Discomfort, Gas, and Bloating", ALTERNATIVE THERAPIES (2019). ( 12 pages)