Public Workshop

Morphine Milligram Equivalents: Current Applications and Knowledge Gaps, Research
Opportunities, and Future Directions
Food and Drug Administration, Silver Spring, MD

Incalculable Harms: The Impact of MME-Based Policies on Patients with Intractable Pain Syndrome

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Freedom from pain, to the extent achievable, is the most fundamental of all human rights.

Families for Intractable Pain Relief *Incalculable Harms*

MME Policies Don't Work

- Flawed concept, many variables, patient response varies widely
- Lousy metric that fails to measure what matters
- MME Policies Have Caused Incalculable Harm, 2016 present
 - To patients, families, physicians, pharmacists, all citizens
- Why High Doses Are Needed by Some with Intractable Pain Syndrome
 - Genetics, malabsorption, receptor defects
- Measure What Does Matter to Patients and Families
 - Pain control
 - Functional capability
 - Quality of life

Bottom Line:

- Eliminate MME use as a threshold for prescribing, dispensing, suspecting, investigating, accusing, charging, and disciplining doctors and pharmacists or in any way limiting patient access to necessary opioid pain medications.
- Restore physician discretion to diagnose and prescribe!

Failure to act = Deliberate continuation of preventable harm = Federal Government torture of U.S. Citizens!

Remember this face:



This is my husband, Louis Ogden.

He had excellent pain relief from 2010 – 2018. Then his pain medication dose was reduced because his 2900 MME was "too high." He no longer has excellent pain relief, improved function, and good quality of life.

Does he deserve to suffer because an arbitrary meaningless number, MME, is "too high?"

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