

# Health Effects of Smoking



**Smoking harms** nearly every organ in the body and leads to premature death.



In the United States, **1 of every 3** cancer deaths is linked to smoking.

**Smoking is a major cause of cardiovascular disease, which is the single leading cause of death in the U.S.**

Smoking causes **1 of every 5** deaths from cardiovascular disease.



**Smoking increases the risk for stroke.**

Deaths from stroke are more likely among smokers than among former smokers or people who have never smoked.



Nearly **8 in 10** cases of chronic obstructive pulmonary disease (COPD) are caused by smoking.



Smoking before, during, and after pregnancy can harm a baby's health.

**Smoking is a cause of type 2 diabetes.**



**More than 38 million adults in the United States suffer from diabetes.**



**Secondhand smoke causes more than**

**40,000** deaths a year.