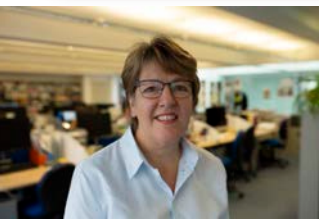


Development of nociception and pain

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NHS Foundation Trust

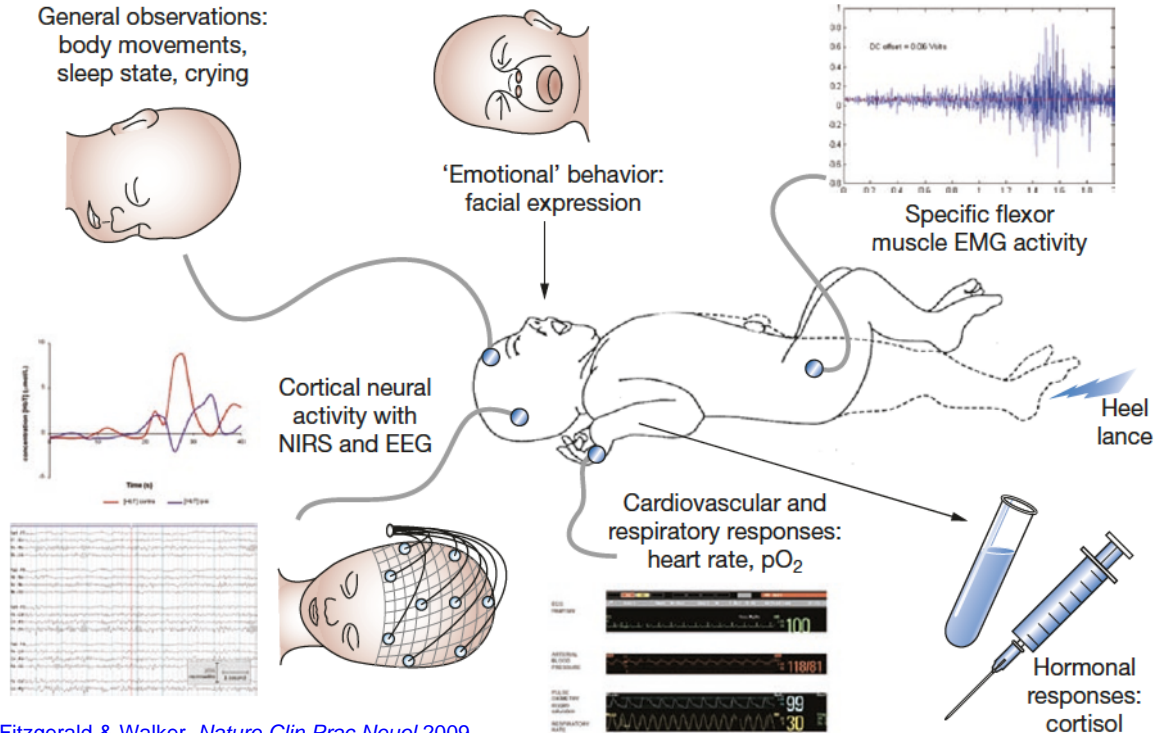


- **definitions**
 - nociception and pain
- **developing nociceptive pathways**
 - balance of excitation and inhibition
- **analgesia**
 - maintaining balance
- **type of injury**
 - mechanisms and targets

*NO CONFLICTS OF
INTEREST TO DECLARE*

Nociception

- neural process of encoding noxious stimuli
- neurophysiological response
 - functional after birth
 - periphery to cortex
- plus...
 - behaviour
 - autonomic
 - stress response



Pain

- unpleasant sensory and emotional experience associated with, or resembling that associated with, actual or potential tissue damage

IASP Revised Definition

Raja et al. *Pain* 2020



Pain and nociception are different phenomena. Pain cannot be inferred solely from activity in sensory neurons



Verbal description is only one of several behaviors to express pain; inability to communicate does not negate the possibility that a human or a nonhuman animal experiences pain

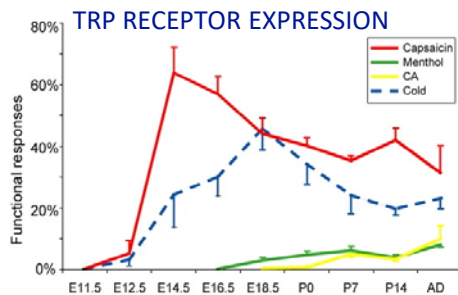


Although pain usually serves an adaptive role, it may have adverse effects on function and social and psychological well-being

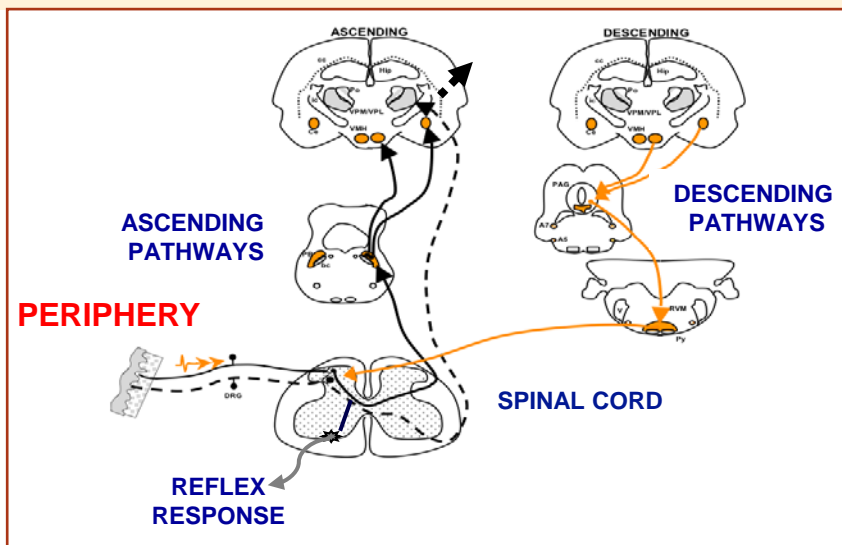
Developing nociceptive pathways

RESPONSE

- nociceptors transduce noxious stimuli
 - mechanical
 - thermal
 - chemical



Hjerling-Leffler et al. *J Neurosci* 2007



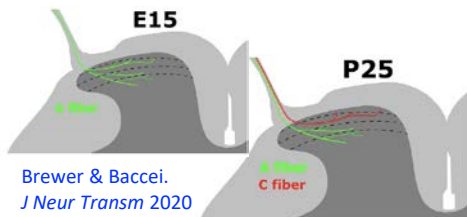
SENSITISATION

- primary hyperalgesia

Developing nociceptive pathways

ALTERED STRUCTURE

- A and C fibres



ACTIVATE ASCENDING PATHWAYS

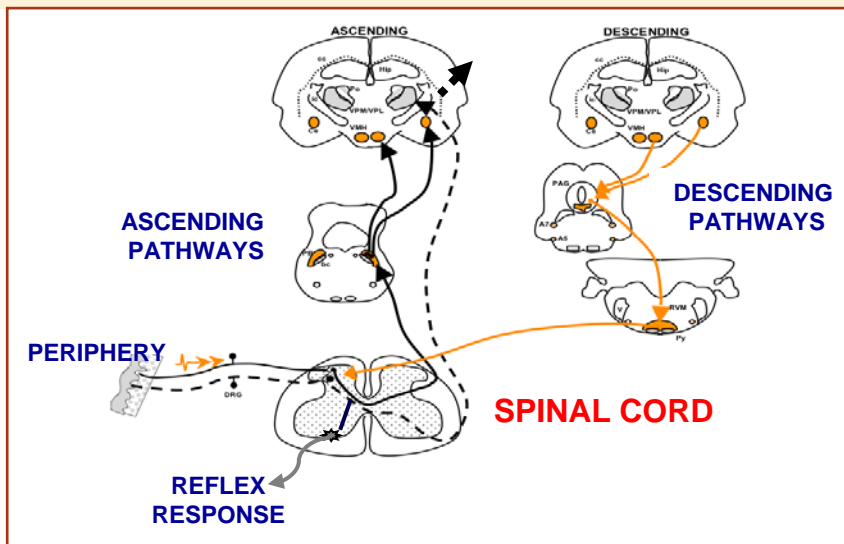
CENTRAL SENSITISATION

- muscle & cutaneous afferents



- increased AMPA-R
- increased glutamate release

Li & Baccei.
J Neurosci 2017



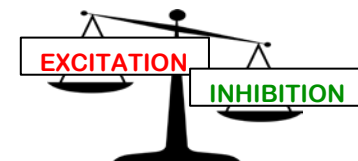
NMDA RECEPTORS

- expression

	P0-P7	P7-P22	Adult
Spinal cord	++ ^(2,4,5)		+ ^(2,4,5)
Dorsal horn	+ ⁽²⁾ + ⁽⁴⁾	+ ^(2,4)	+ ^(1,2,3,4,6)
Ventral horn	++ ⁽²⁵⁾ + ^(2,7)	+ ^(2,7) + ⁽⁴⁾	+ ^(1,4,6,7)

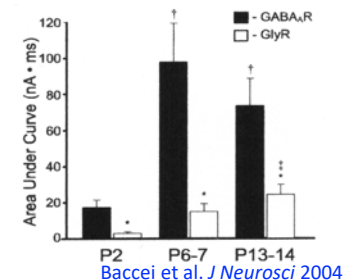
- subunit composition

de Geus et al. *Dev Neurobiol* 2020

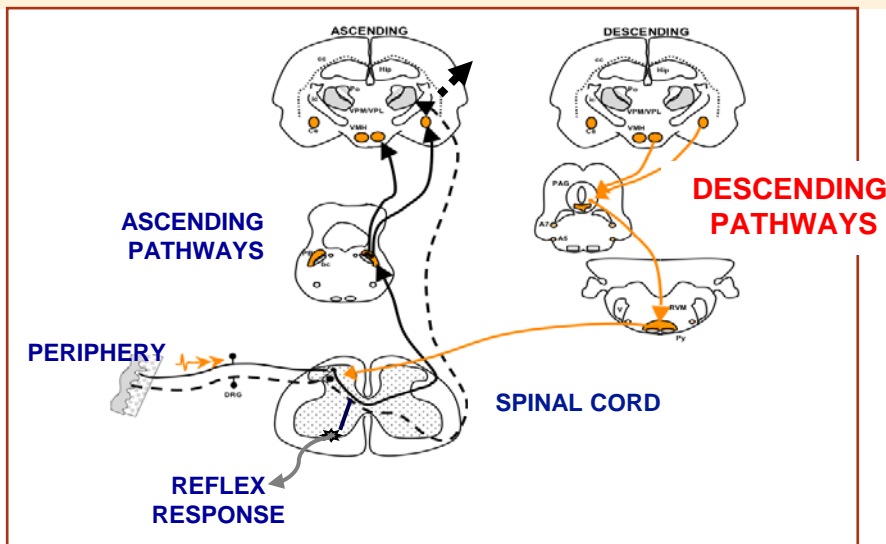


GABA, GLYCINE

- delayed maturation



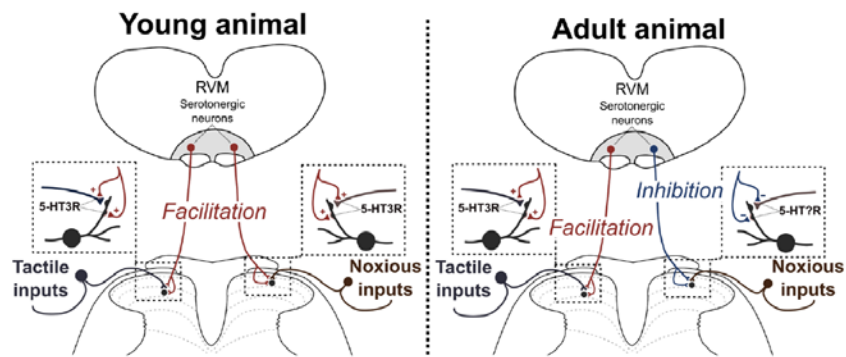
Developing nociceptive pathways



FACILITATION / INHIBITION

- delayed maturation of descending inhibition
 - *opioid*
 - *serotonin*

Kwok et al. Pain 2024

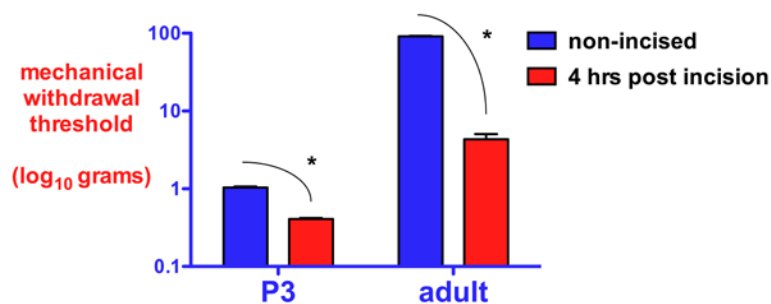
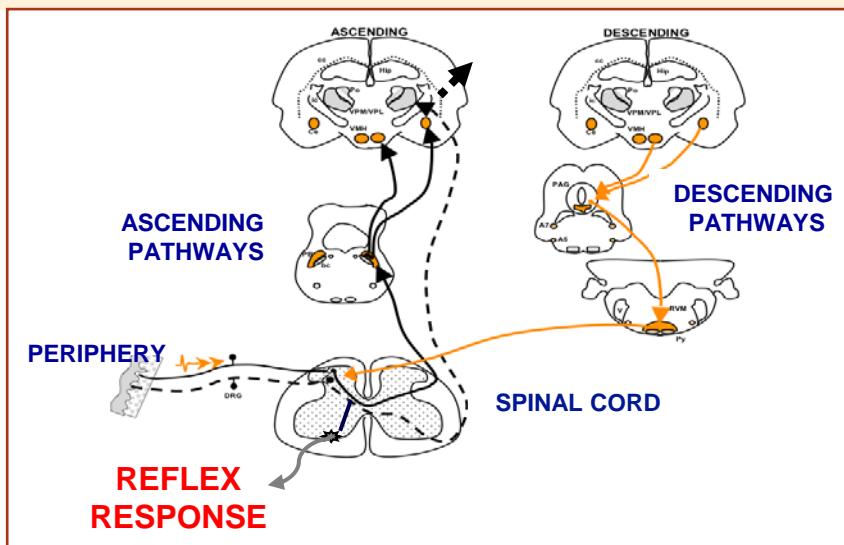


Schwaller et al. Sci Reports 2017

Developing nociceptive pathways

REFLEX

- low threshold
- poorly 'tuned'
 - generalized responses
- injury
 - increased sensitivity

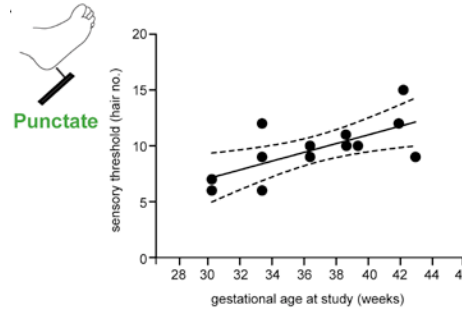


Impact of developmental age

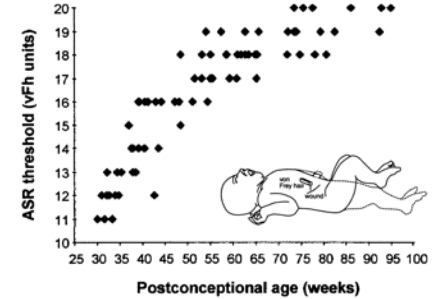
- **baseline varies with age**

- normal development
- impact of injury

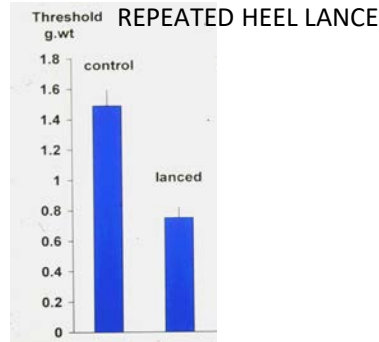
REFLEX THRESHOLDS



Cornelissen et al. *PLoS One* 2013

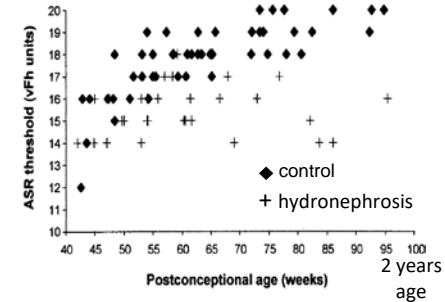


Andrews et al. *Pain* 2002a



Fitzgerald et al. *Pain* 1989

HYDRONEPHROSIS

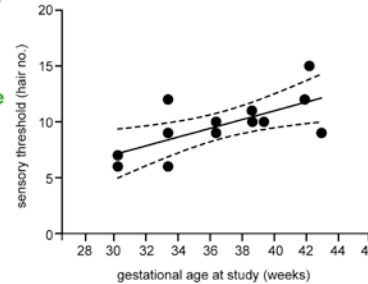


Andrews et al. *Pain* 2002a

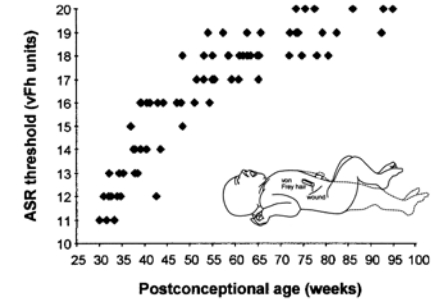
Impact of developmental age

- **baseline varies with age**
 - normal development
 - impact of injury
- **analgesic efficacy**
 - age-dependent variability
 - pre vs post
 - injured vs un-injured

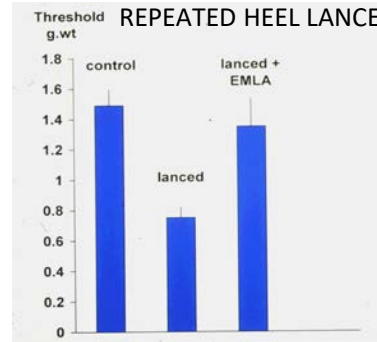
REFLEX THRESHOLDS



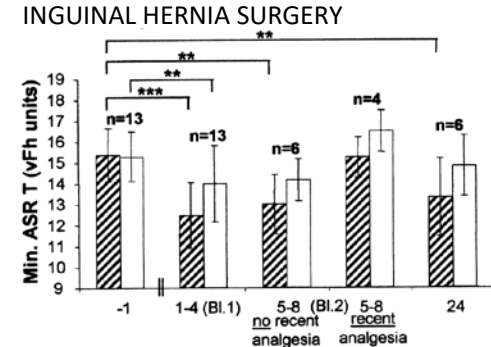
Cornelissen et al. *PLoS One* 2013



Andrews et al. *Pain* 2002a

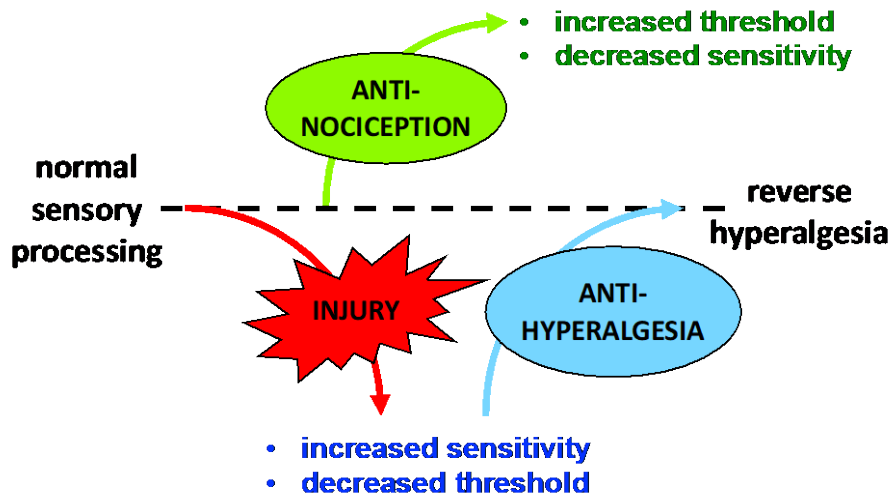
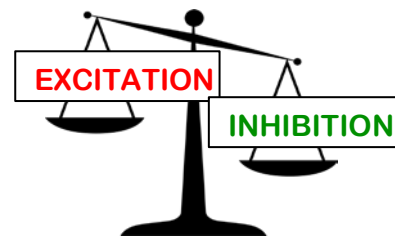


Fitzgerald et al. *Pain* 1989



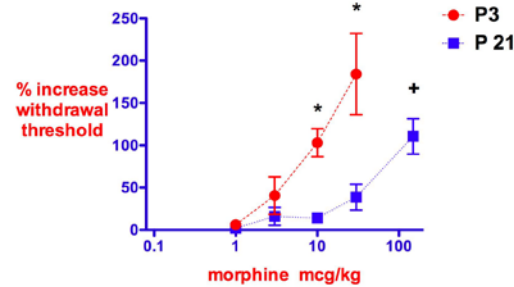
Andrews et al. *Pain* 2002b

- **balance impact of noxious input**
 - enhance inhibition / reduce excitation
- **requirement**
 - anti-nociceptive
 - reduce / reverse hyperalgesia
- **postnatal age**
 - efficacy and safety



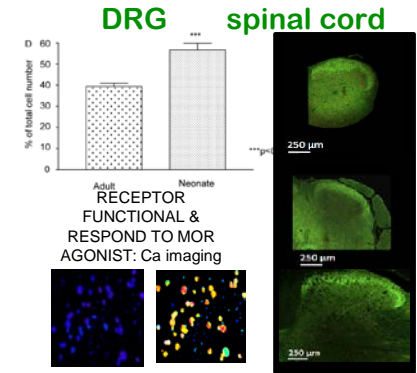
Analgesia : balancing activity

- distribution / function of receptors
 - dose-response

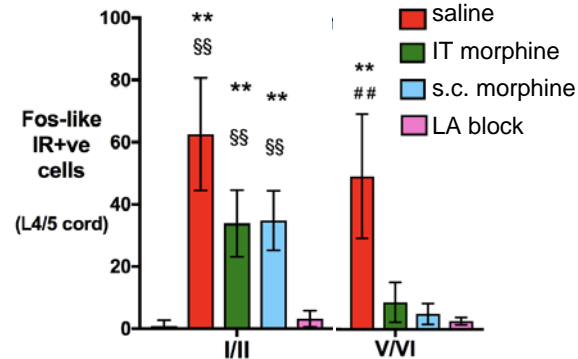


Westin et al. *Anesthesiol* 2010

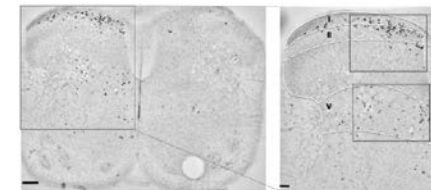
OPIOIDS



Nandi et al. *Pain* 2004;
Moriarty et al. *Br J Anaesth* 2018



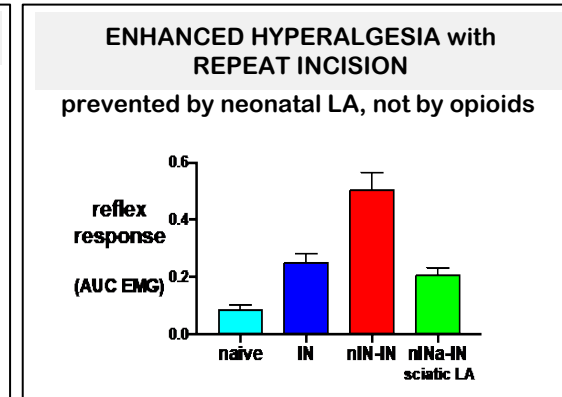
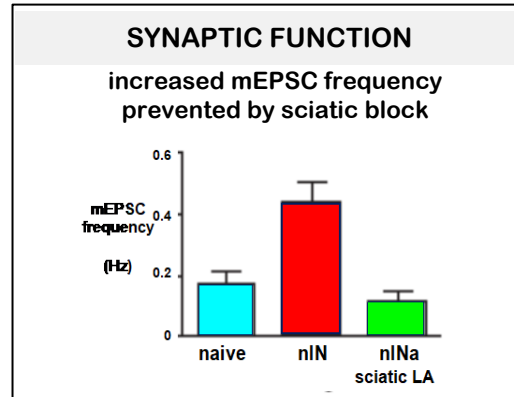
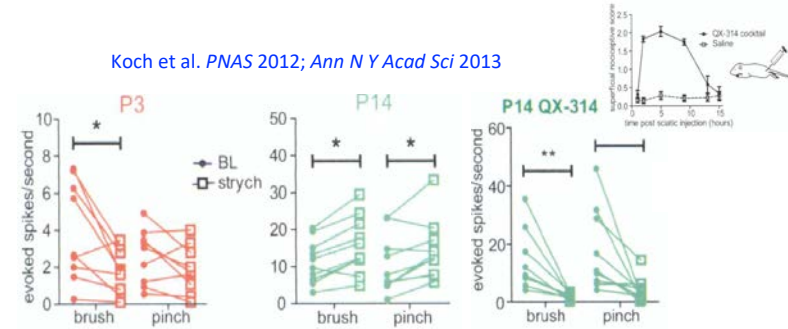
SURGICAL INJURY activated neurons in spinal cord



Moriarty et al. *Br J Anaesth* 2018

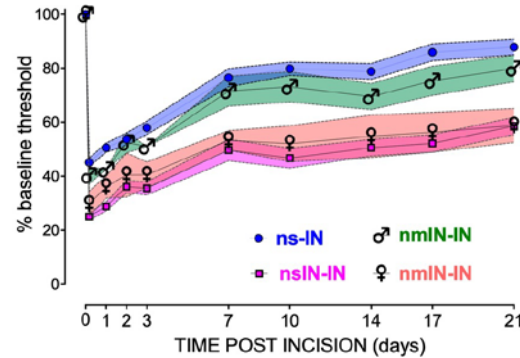
Analgesia : balancing activity

- **distribution / function of receptors**
- **activity-dependent maturation**
 - suppress normal input in absence of injury
 - delay inhibitory maturation
 - excess nociceptive input / injury
 - alter spinal circuits and function
 - LA : preventive analgesia



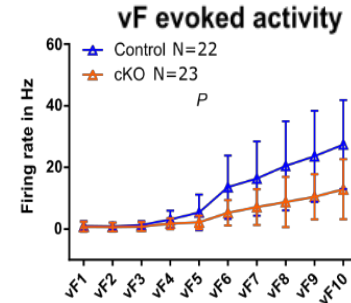
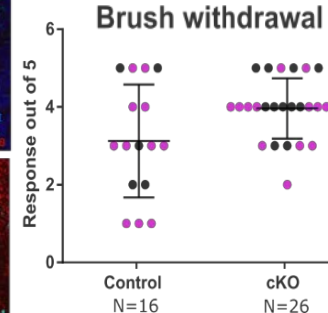
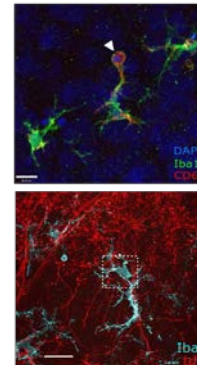
- distribution / function of receptors
- activity-dependent maturation
- specific developmental roles
 - microglia
 - influence neuronal excitability
 - inhibitors : sex-dependent
 - phagocytic role
 - shape synaptic circuits
 - inhibit : alter baseline sensitivity

MICROGLIAL INHIBITION



- adult: reduce incision-induced hyperalgesia
- neonate: prevent enhanced re-incision response
- *males only*

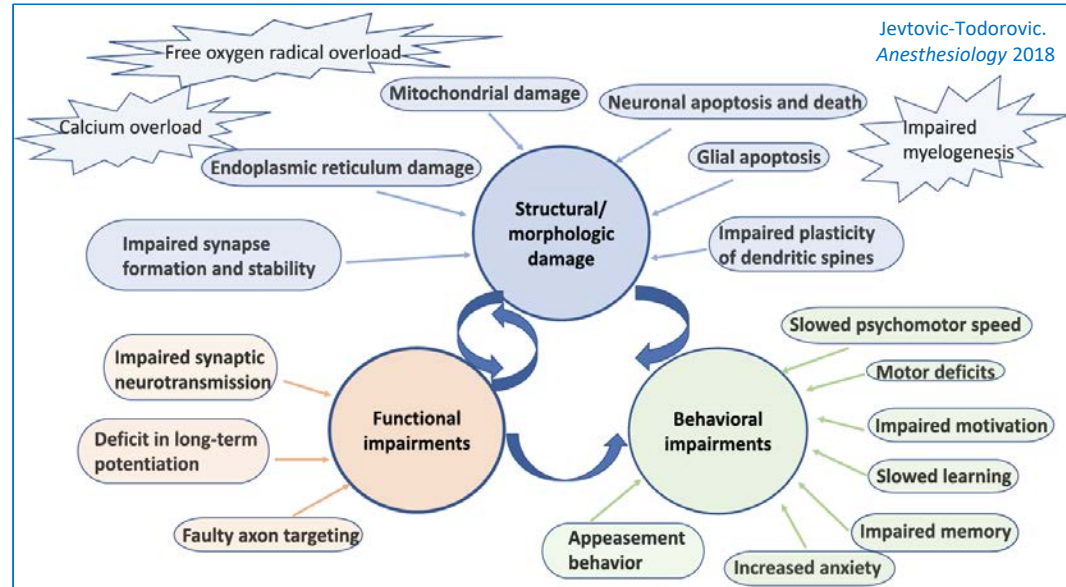
Moriarty et al. *J Neurosci* 2019



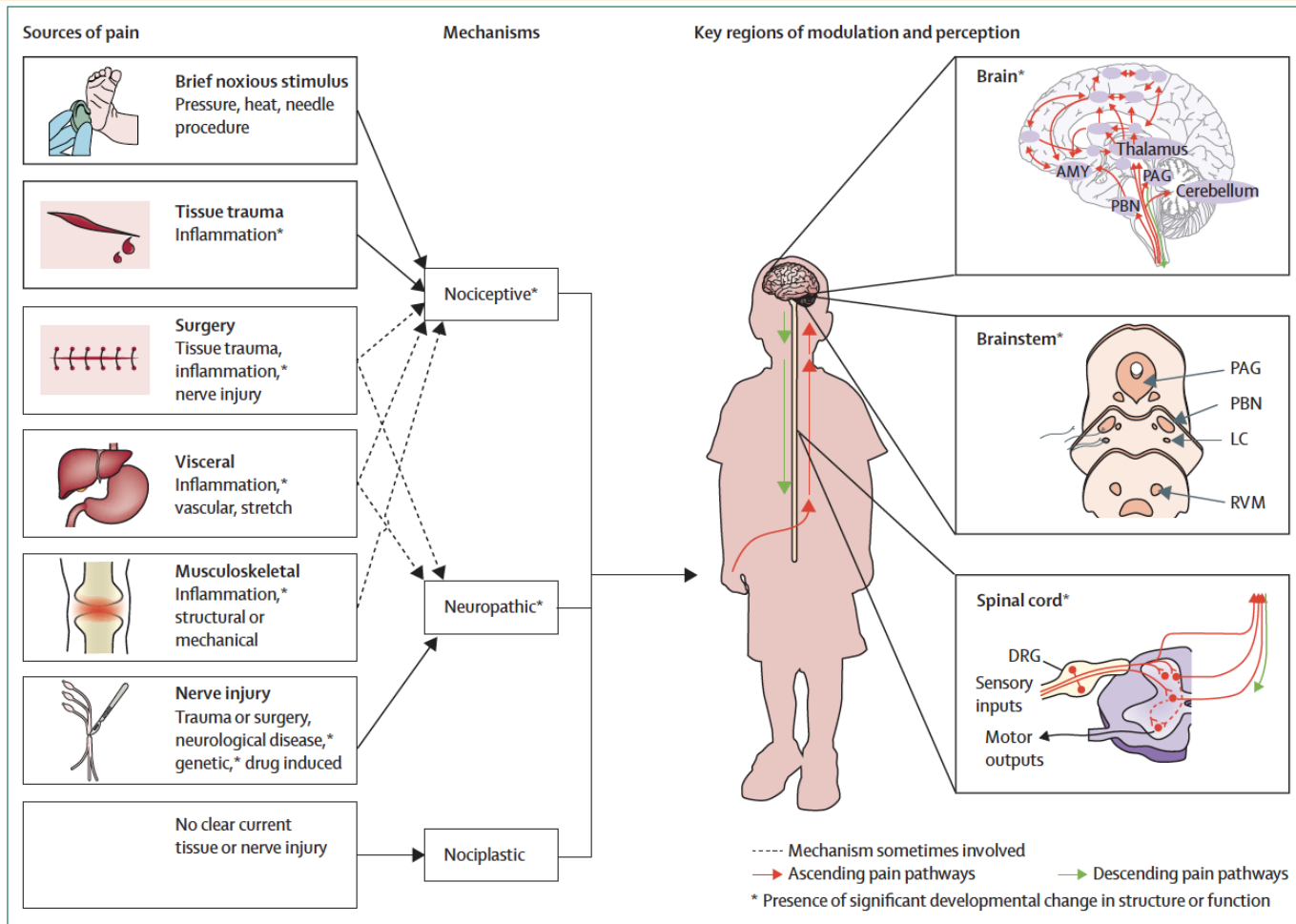
Xu et al. <https://doi.org/10.1101/2021.03.22.436389>

Analgesia : balancing activity

- distribution / function of receptors
- activity-dependent maturation
- specific developmental roles
- developmental toxicity / safety
 - link structure and function
 - tissue ↔ behaviour



Type of injury



procedural pain

- anti-nociceptive effect
- minimise hyperalgesia/
cumulative impact

surgery

- potential to intervene
before injury
 - skin, muscle, nerve,
bone, viscera

nerve injury

- trauma
 - delayed emergence
- chemotherapy
 - neuropathy
 - acute : mucositis
 - GD-2 antibodies

Eccleston et al. 2021
Lancet Child & Adolescent
Health Commission
doi: 10.1016/S2352-
4642(20)30277-7

