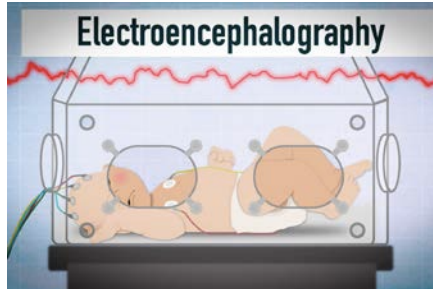


# FDA Public Workshop: 13<sup>th</sup> - 14<sup>th</sup> October 2021

Analgesic Clinical Trial Designs, Extrapolation, and Endpoints in Pediatric Patients from Birth to Less Than 2 Years of Age



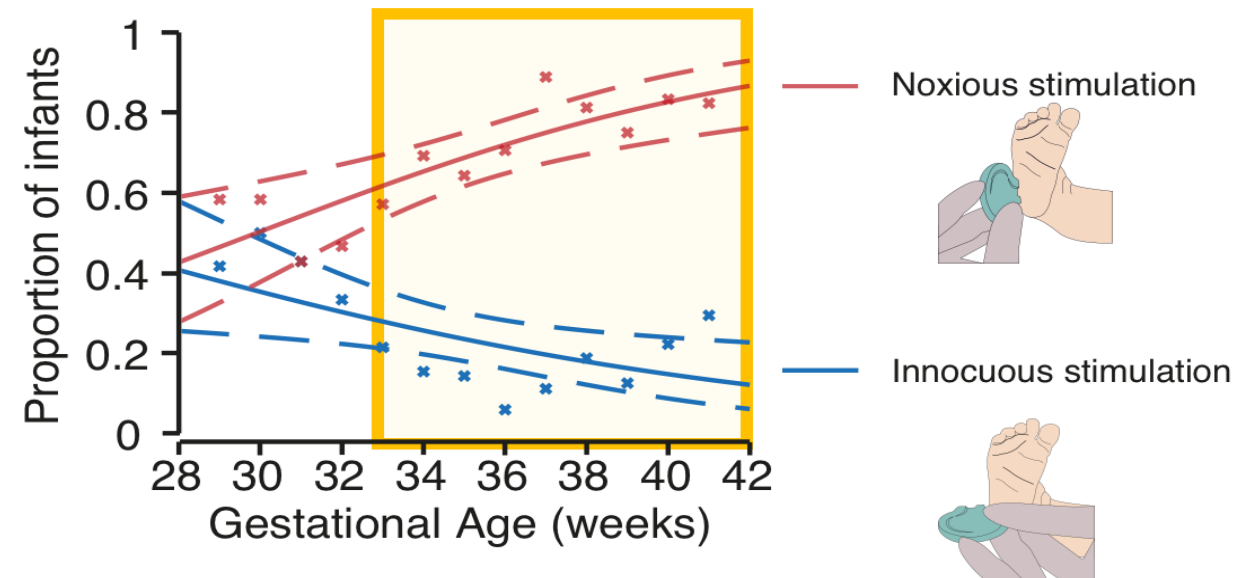
**Brain-derived  
approaches to assess  
neonatal & infant pain**

Dr Rebecca Slater  
Professor of Paediatric Neuroscience

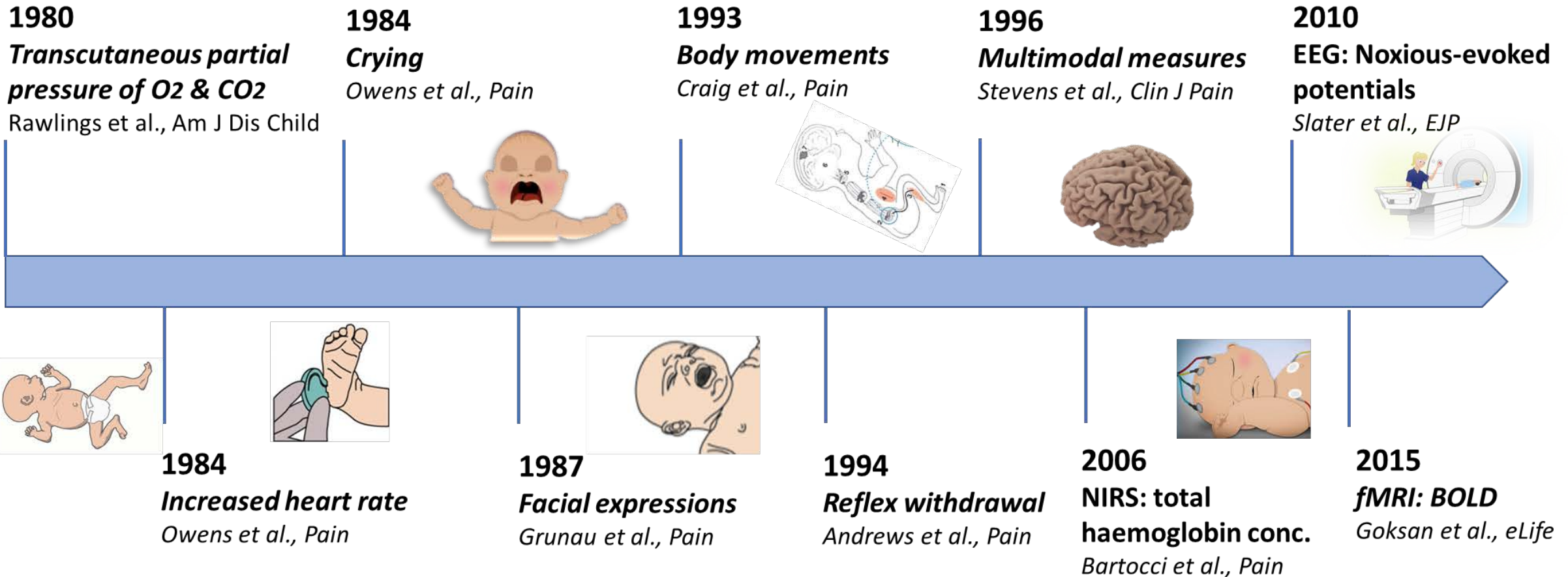


# Challenges with current pain measurement approaches

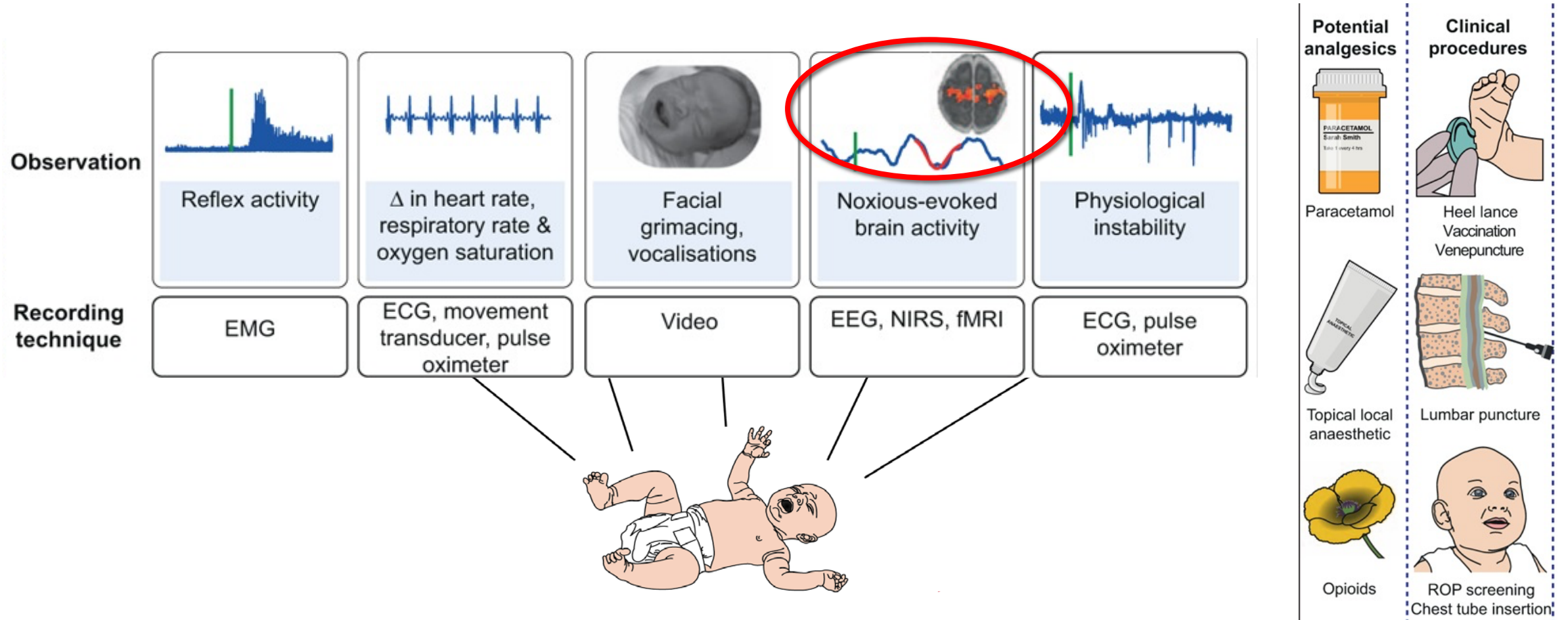
- Neonatal pain measurement is primarily reliant on observing changes in behavioural and physiological activity (e.g. heart rate).
- These measures are subjective, lacking specificity and sensitivity
  - Non-noxious stimuli (e.g. diaper change) can evoke high pain scores
  - Noxious stimulation may not elicit behavioral change in high % of neonates leading to low pain scores
- Advances in understanding neonatal physiology have occurred in recent years that may help improve measures of neonatal pain



# Quantifying noxious-evoked activity in the neonate



# Quantifying noxious-evoked activity in the neonate



# Advances in brain-derived approaches to better understand neonatal pain

**2006**

*J Neuro, Pain*

Recording noxious-evoked haemodynamic activity (NIRS).



**2008**

*EJP*

Recording noxious-evoked electrical brain activity (EEG).



**2011**

*Current Biology*

Early development of noxious-evoked brain activity.



**2017**

*Current Biology*

Impact of stress on noxious-evoked brain activity



**2006**

*Pain*

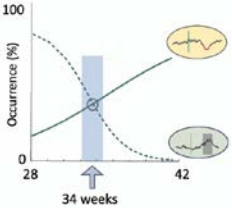
Long-term consequences of early life pain.



**2010 & 2018**

*Lancet*

Using brain-derived endpoints in clinical trials.



**2015, 2017**

*eLife, Acta Paed*

Measuring noxious-evoked brain activity using fMRI.



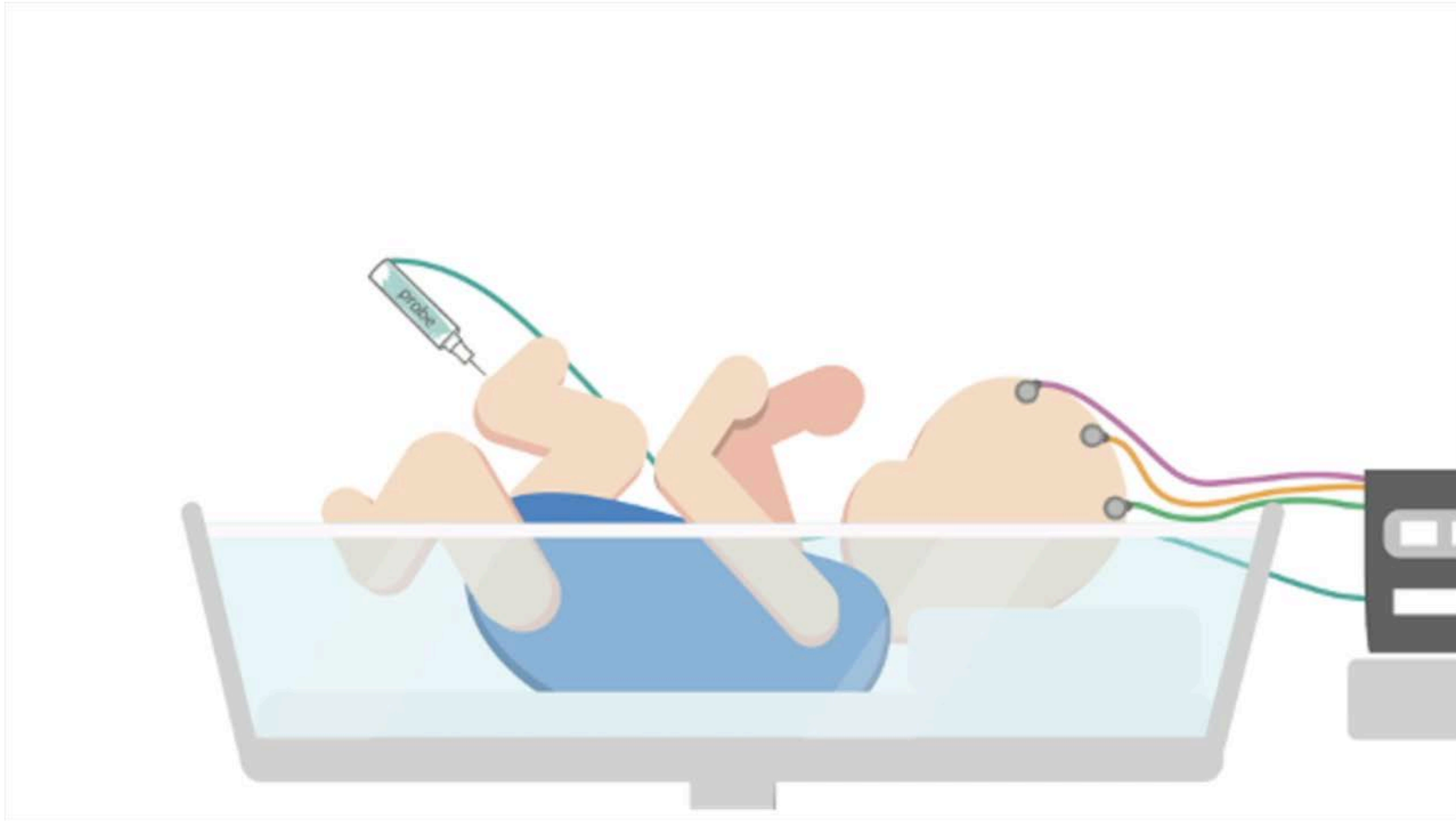
**2021**

*Nature Comms*

Understanding individual variability in pain responses.

# Measuring noxious-evoked brain activity in the infant brain

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# Measuring noxious-evoked brain activity

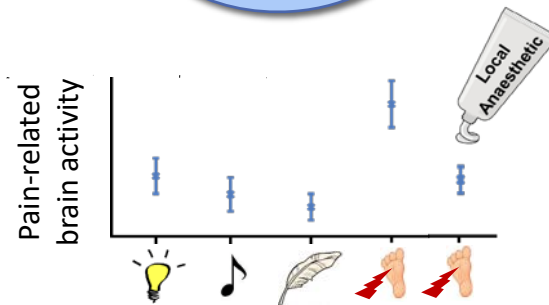
Near-infrared spectroscopy



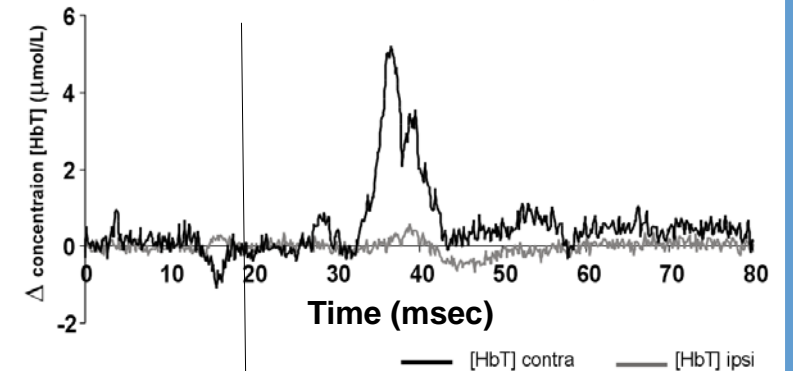
Electroencephalography (EEG)



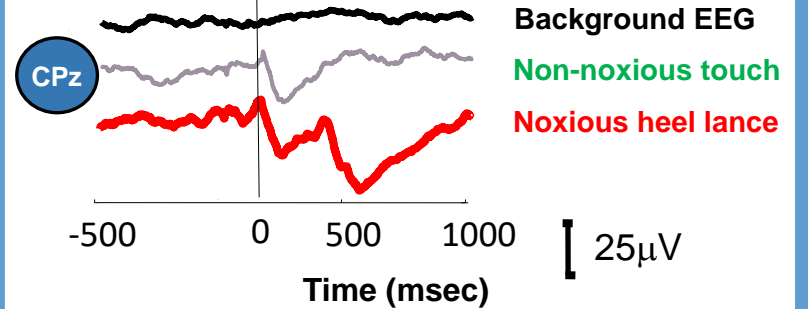
Clinically required noxious procedure (heel lance for blood sampling)



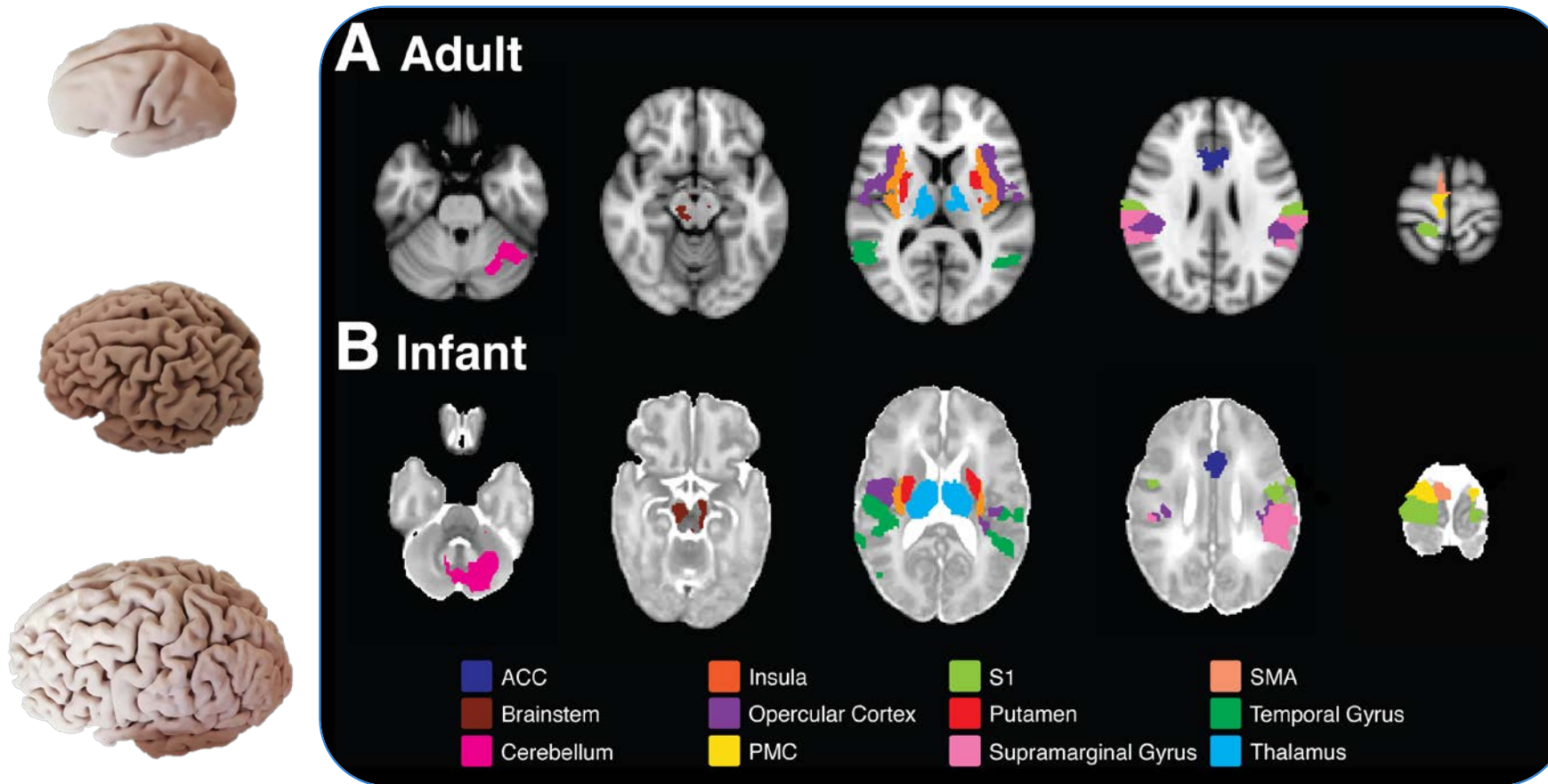
Near-infrared spectroscopy



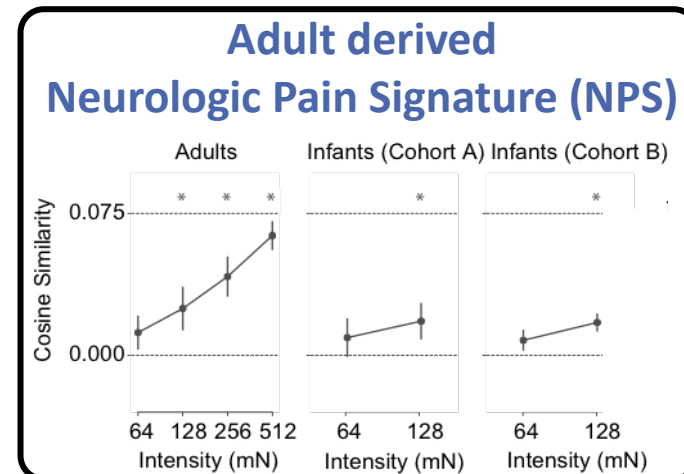
EEG



# Noxious-evoked brain activity in adults compared with infants

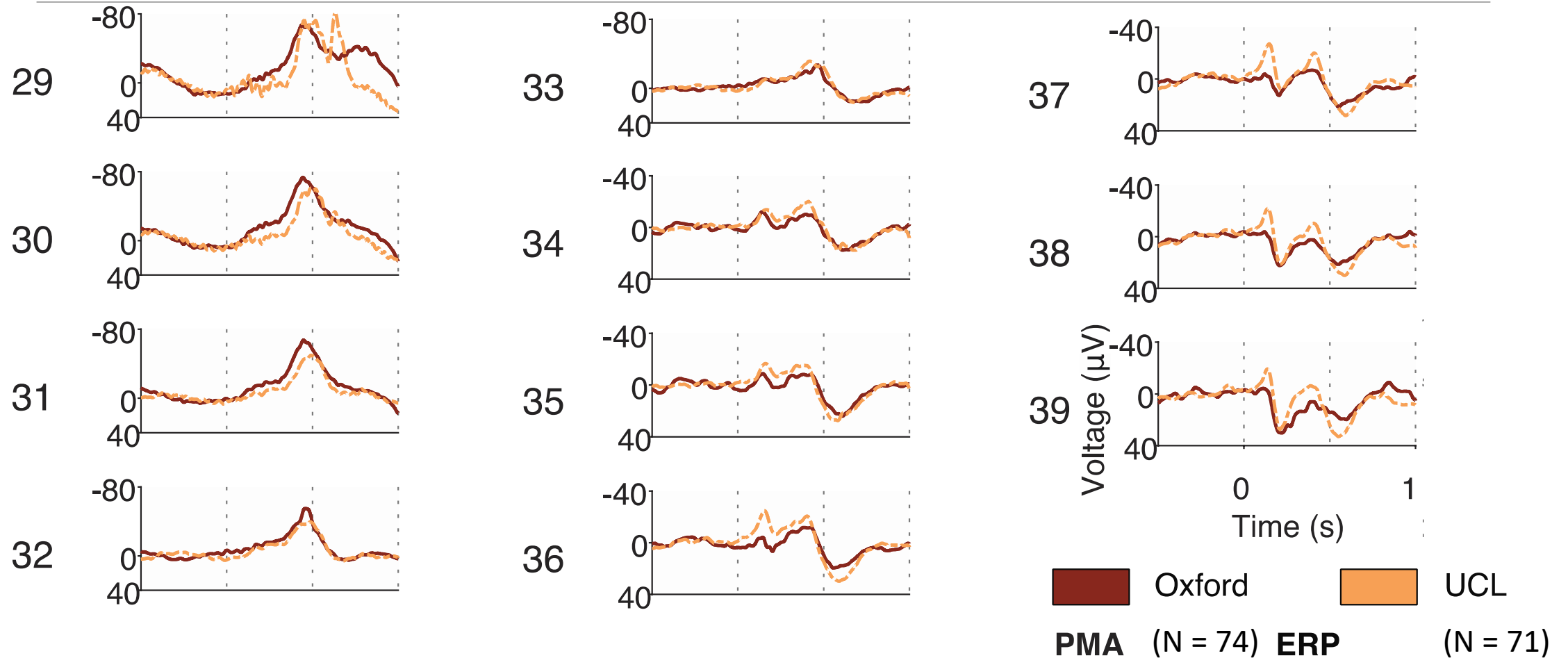


Similar patterns of noxious-evoked brain activity are recorded in neonates and adults when the same intensity nociceptive input is applied to the body, and adults verbally report that the stimuli are mildly painful.

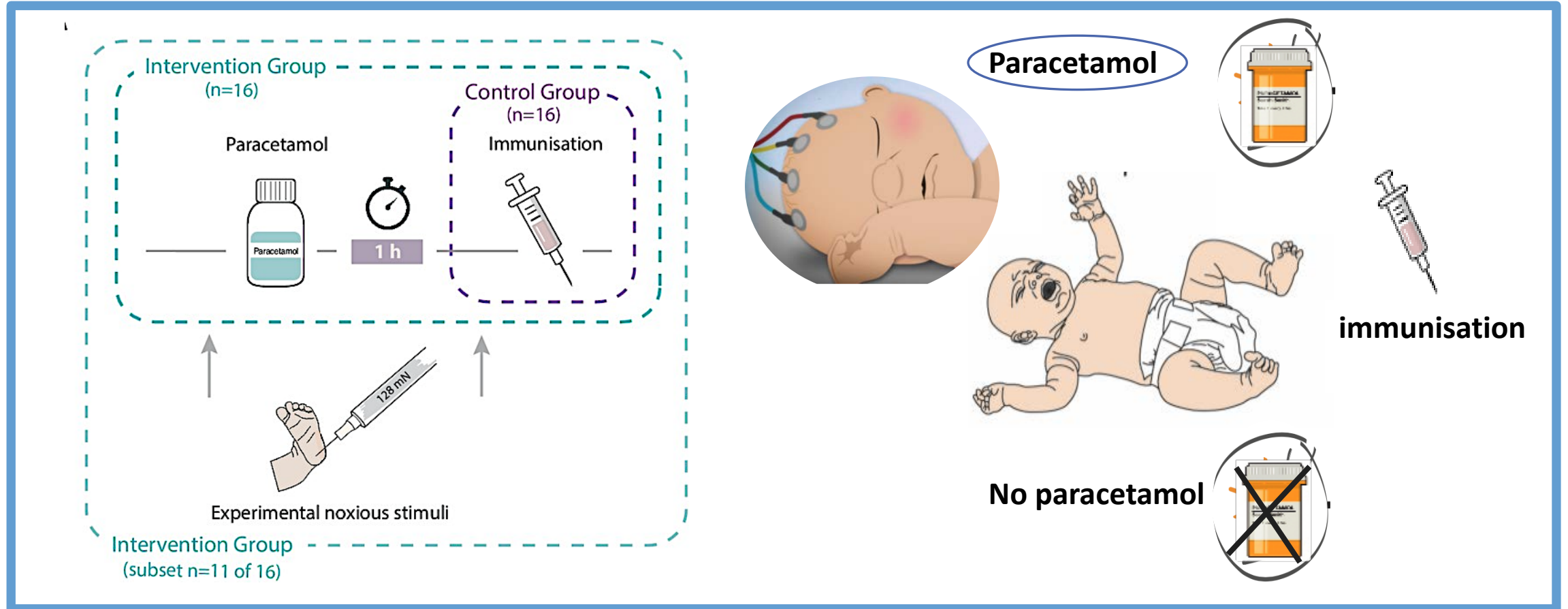




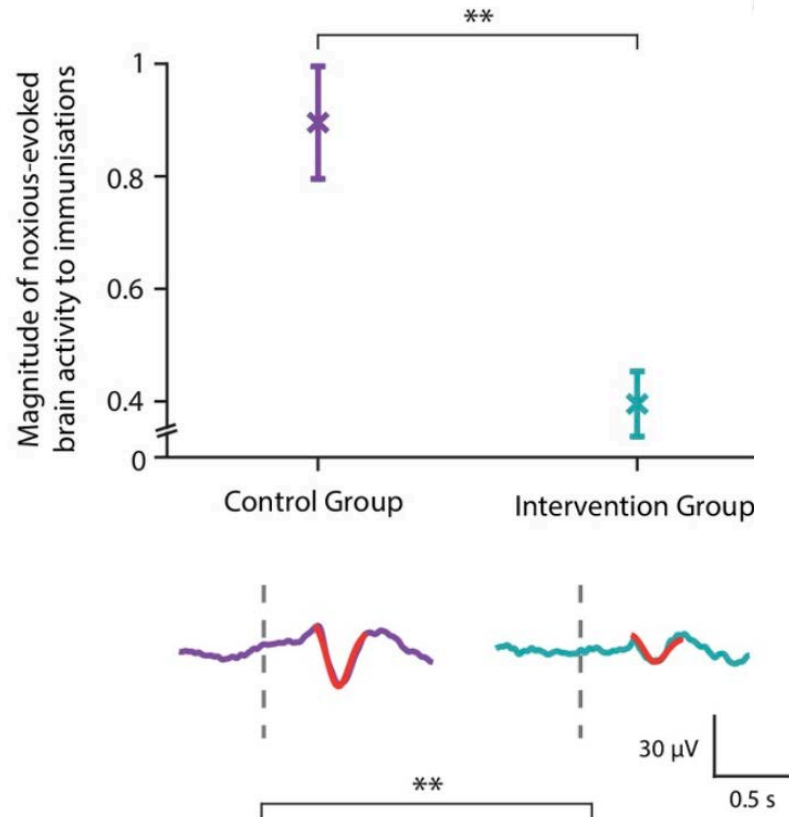
# Data reproducibility at independent sites: noxious-evoked brain activity



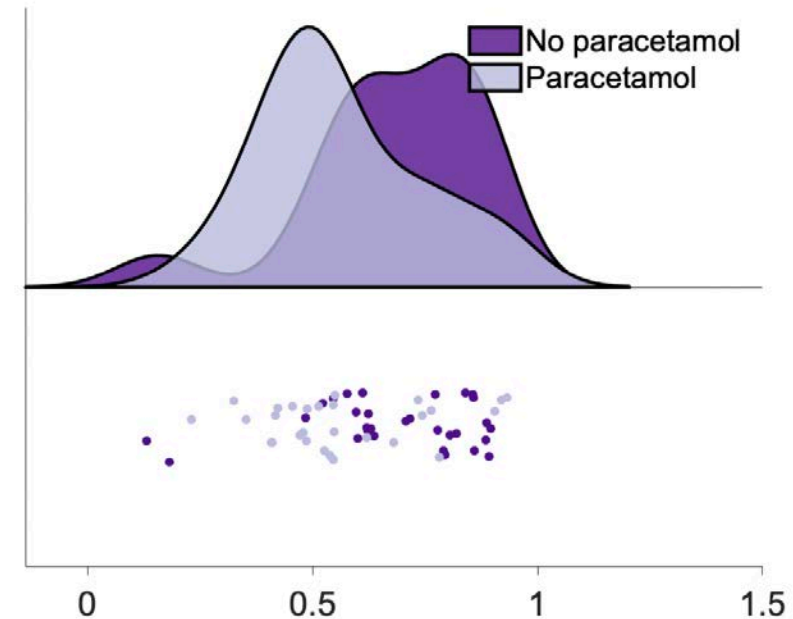
# Pilot data: paracetamol modulates neonatal noxious-evoked brain activity



# Pilot data: paracetamol modulates neonatal responses to immunisation



**Probability that the procedure is noxious**



Classifier correctly classified **85 %** of observations as noxious in neonates who did not receive paracetamol prior to the immunisation. The scores were significantly lower when the infants were treated with paracetamol ( $p = 0.025$ )

# Using brain activity as a measure of analgesic efficacy in infants



sucrose, morphine and brushing tested for heel lance



paracetamol tested for immunisations



sucrose



paracetamol



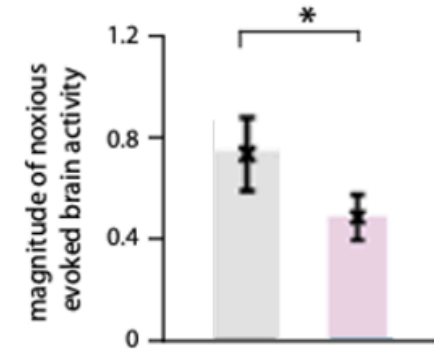
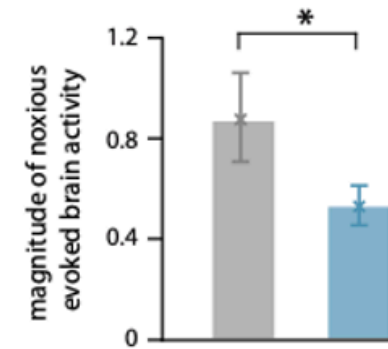
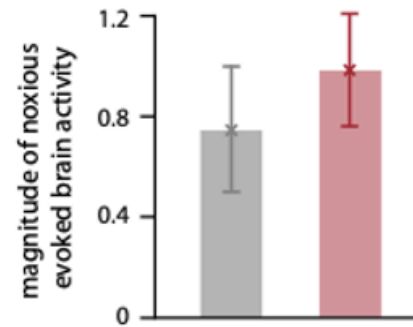
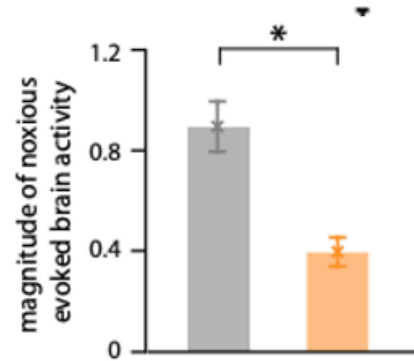
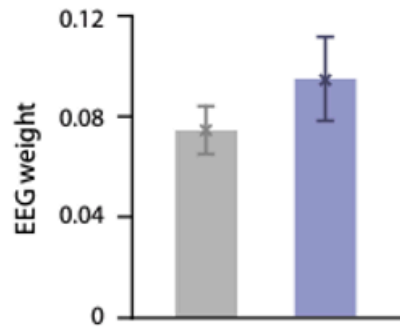
morphine



brushing



local anaesthetic

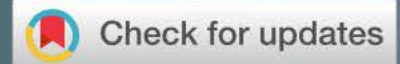


# Collaboration with regulators, industry, clinicians and academics

## Preterm health: time to bridge the evidence gap

[Rebecca Slater](#)  • [Fiona Moultrie](#) • [Ralph Bax](#) • [John van den Anker](#) • [Aomesh Bhatt](#)

Published: September 26, 2020 • DOI: [https://doi.org/10.1016/S0140-6736\(20\)31977-2](https://doi.org/10.1016/S0140-6736(20)31977-2) •



CrossMark

### Preterm health: time to bridge the evidence gap



ER Productions Limited/Getty Images

Despite the development of revolutionary life-sustaining advances in neonatal medicine, medications are frequently administered in an ad-hoc and suboptimal way. Most drugs prescribed in neonatal care have not been submitted to the stringent regulatory processes of drug licensing that are standard in adult medicine.<sup>1</sup> Although clinical research and licensing regulations differ between countries, the scarcity of licensed medications and inevitable use of off-label

but repetitive underdosing. Doing research in preterm infants presents considerable ethical, logistical, and commercial challenges. Specific barriers include the challenging ethics of gaining consent from vulnerable parents of critically ill infants,<sup>9</sup> high rates of morbidity and mortality, a greater risk of adverse drug events in this population,<sup>10</sup> issues surrounding clinical equipoise with the widespread use of drugs without evidence,<sup>11</sup> the acceptability of placebo use,<sup>12</sup> and concerns over liability

Make pain **matter**



Brain-derived approaches can be used as end points in clinical trials.

Make pain **visible**



Advances in imaging and analytical methods provide an opportunity to test the efficacy of analgesics across a range of clinical procedures.

Make pain **understood**



Develop methods to improve treatments, through better understanding of the pharmacokinetic and pharmacodynamic properties of analgesics.

Make pain **better**





**Thank you**