## WHAT IS COLORECTAL CANCER?



Colorectal cancer is cancer that occurs in the colon or rectum.

## COLORECTAL CANCER SCREENING TESTS

FOR AVERAGE-RISK PATIENTS



## YOU HAVE OPTIONS

What type of test?	What are the details?
Colonoscopy	A thin tube with a light, camera, and surgical tools is placed into the rectum and colon. A colonoscopy should be done <b>once every 10 years</b> .
Flexible Sigmoidoscopy	A thin tube with a light, camera, and surgical tools is placed into the rectum and lower colon.
Virtual Colonoscopy	X-rays are used to take pictures of the colon.
Stool Sample Test	Tests a stool sample for blood or DNA (or both) from colorectal cancer. Some types of stool sample tests should be done once a year. Other types should be done at least every 3 years, or more often if your doctor recommends.
Blood test	An FDA-approved blood test can be done for people who choose not to take a stool sample test or visual screening procedure.

Health care providers recommend routine screening starting at age 45, or earlier if you are at higher risk.

Talk to your health care provider to figure out which type of screening and screening frequency is best for you.