

**Premarket Approval Application (PMA) for  
Medtronic, Inc.'s Symplicity Spyral Radiofrequency  
Renal Denervation System**

Circulatory System Devices Advisory Committee Meeting  
August 23, 2023



# Introduction, Background, Clinical Study Design

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# Review Team



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Statistics

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# Outline



- Introduction
- Background
- Device Description and Proposed Indications for Use
- Clinical Study Design
- Clinical Study Results
  - Safety
  - Effectiveness
- Patient preference study
- Post-approval Study
- Conclusions

# Clinical Background



- Hypertension (HTN) is a major public health issue
  - Prevalence ~45% of US adults
  - Higher rate among African Americans (57.1%) vs. Caucasians (43.6%) & Hispanics (43.7%) (NHANES, 2017-2018)<sup>1</sup>
- Associated with increased risk of serious conditions including<sup>2</sup>
  - Stroke
  - Heart disease
  - Heart failure
  - Noncardiac vascular disease
  - Renal Disease
- BP medications are the mainstay of HTN therapy, but:
  - BP medication adherence in approximately 60% of patients<sup>3</sup>
  - Target BP achieved in approximately 45% of patients<sup>4</sup>

1. National Health and Nutrition Examination Survey Fact Sheet. CDC. July 2020. Available at: [https://www.cdc.gov/nchs/data/factsheets/factsheet\\_nhanes.pdf](https://www.cdc.gov/nchs/data/factsheets/factsheet_nhanes.pdf)

2. Carey RM et al. Prevention and Control of Hypertension: JACC Health Promotion Series. *J Am Coll Cardiol* 72(11). 2018.

3. Choudhry NK et al. Medication Adherence and Blood Pressure Control: A Scientific Statement From the American Heart Association. *Hypertension*. 2022;79:e1-e14

4. Dorans KS et al. Trends in prevalence and control of hypertension according to the 2017 ACC/AHA Guidelines. *J Am Heart Assoc* 7(11). 2018.

# Defining Hypertension (1)



## 2017 US Societal Guideline Classification of Blood Pressure in Adults<sup>5</sup>

Category	SBP		DBP
Normal	<120 mmHg	AND	<80 mmHg
Elevated	120-129 mmHg	AND	<80 mmHg
Hypertension			
Stage 1	130-139 mmHg	OR	80-89 mmHg
Stage 2	≥140 mmHg	OR	≥90 mmHg

5. Whelton PK et al. ACC/AHA/AAPA/ABC/ACPM/AGS/APhA/ASH/ASPC/NMA/PCNA Guideline for the prevention, detection, evaluation, and management of high blood pressure in adults: A report of the American College of Cardiology / American Heart Association task force. *Circulation* 138(17). 2018.

# Defining Hypertension (2)



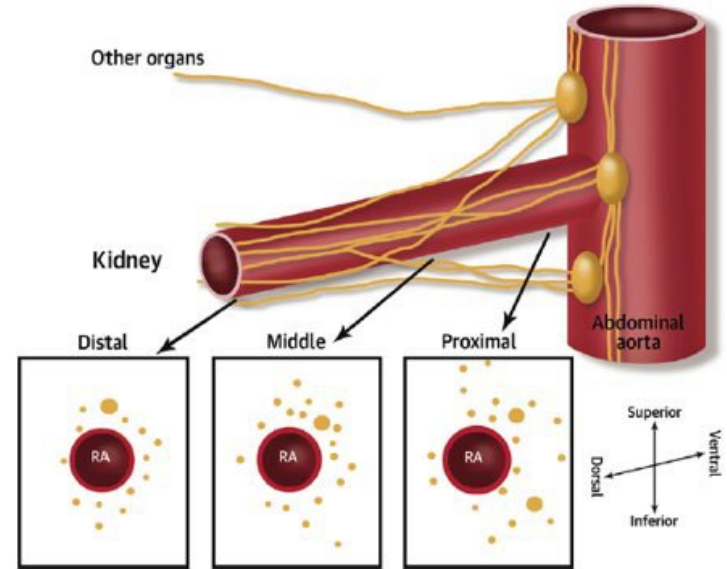
- Uncontrolled HTN: Above BP goal
  - Due to non-adherence to treatment; or
  - Despite adherence to treatment
- Resistant HTN: Above BP goal despite the use of 3 HTN medications (including a diuretic) with complementary mechanisms of action

# Role of Renal Physiology in Hypertension

- Renal vasculature innervated by mainly efferent sympathetic nerves
- Stimulation of efferent nerves leading to:
  - Increased reabsorption of Na and water
  - Reduced renal blood flow and GFR (vasoconstriction)
  - Increased activity of the RAAS



**Increased BP**





# Renal Denervation (RDN)



- Approach to reduce renal sympathetic activity by ablating the surrounding nerves
- Early single-arm clinical studies of percutaneous RDN technologies were promising with large magnitudes of BP reduction
- However, initial sham-controlled trials did not see quite as large BP reductions, and no difference between treatment and sham
- After denervation, some animal studies show re-innervation<sup>6-8</sup>
  - If re-innervation occurs in humans, sustained BP reduction could be impacted

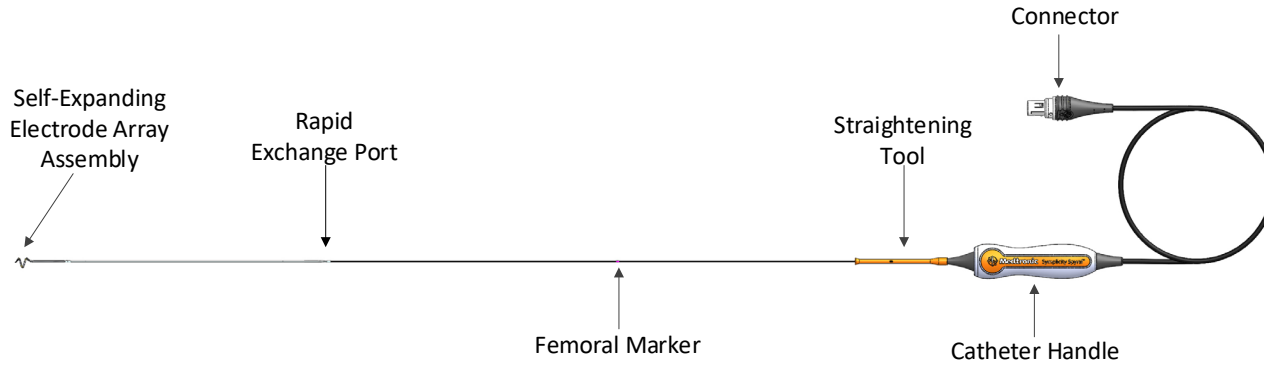
6. Mulder J et al. Renal sensory and sympathetic nerves reinnervate the kidney in a similar time-dependent fashion after renal denervation in rats. *Am J Physiol* 304(8). 2013.  
7. Booth LC et al. Reinnervation following catheter-based radio-frequency renal denervation. *Exp Physiol* 100(5). 2015.  
8. Kiuchi MG et al. Renal denervation update from the International Sympathetic Nervous System Summit: JACC State-of-the-Art Review. *J Am Coll Cardiol* 73(23). 2019.

# 2018 FDA Advisory Committee on HTN Devices



- Discussed clinical trial designs to evaluate safety and effectiveness of devices for HTN
- Key Panel recommendations<sup>9</sup>
  - Sham control trials
  - Trial designs
    - Medication withdrawal (off-med) study
    - Standardized BP medication (on-standardized med) study
  - Ambulatory BP measurement (ABPM) used as the primary BP assessment method
  - A 5-7 mmHg difference in BP reduction between active treatment and sham is clinically significant
  - Patient preference information is of value

# Symplivity Spyril Radiofrequency Renal Denervation (rfRDN) System



# Symlicity Spyral rfRDN System



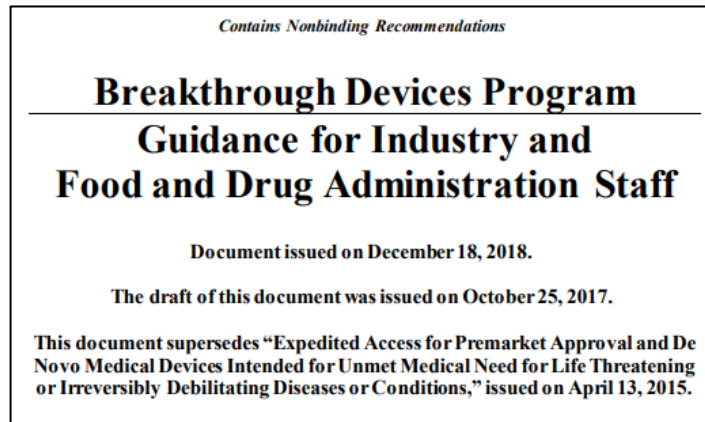
## Proposed indications for use:

The Symlicity Spyral multi-electrode renal denervation catheter and the Symlicity G3™ RF Generator are indicated for the reduction of blood pressure in patients with *uncontrolled hypertension despite the use of anti-hypertensive medications or in patients in whom blood pressure lowering therapy is poorly tolerated.*

# Breakthrough Devices Program (1)



- Symplicity Spyral granted breakthrough status in March 2020 for patients with uncontrolled hypertension
- Breakthrough Devices may provide for more effective treatment or diagnosis of life-threatening or irreversibly debilitating diseases or conditions
- Intended to provide patients with timely access to certain devices by expediting their development, assessment, and review



# Breakthrough Devices Program (2)



- **Does** allow for:
  - Interactive and timely communication with FDA
  - Prioritized review of submissions
  - Efficient and flexible clinical study design
  - Expedited review of preapproval manufacturing and quality systems compliance
  - Pre/Postmarket balance of data collection
- **Does not** alter/reduce the statutory requirement for premarket approval: reasonable assurance of safety and effectiveness

# Pre/Postmarket Balance of Data Collection



- FDA may accept greater uncertainty for a premarket submission along with timely postmarket data collection if the uncertainty is sufficiently balanced
- Benefit/Risk considerations include:
  - Probable benefits from earlier access
  - vs.
  - Probable risk of harm should postmarket data show that the device is ineffective or unsafe



# Nonclinical and Preclinical Device Evaluation



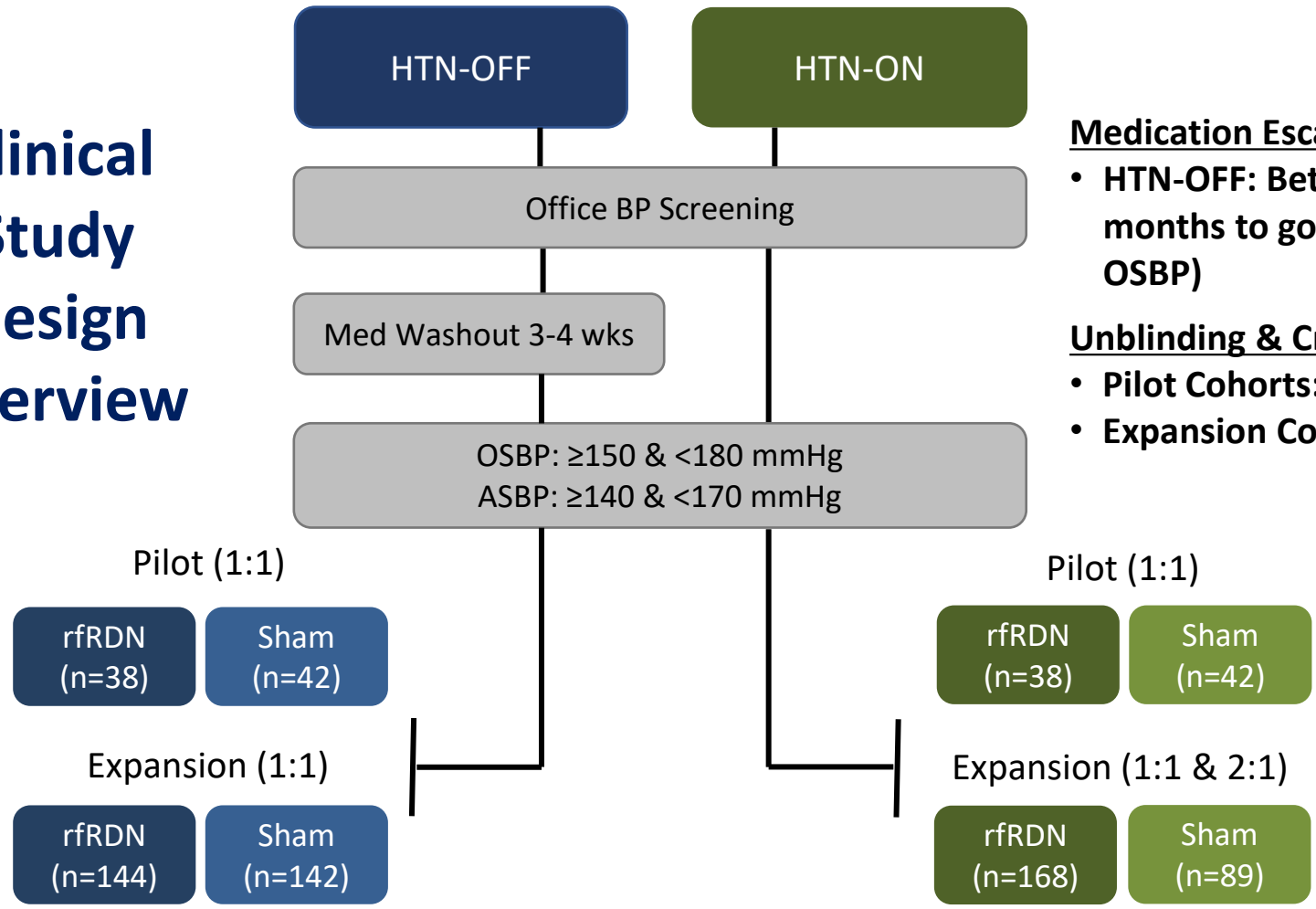
- Catheter Engineering Testing
  - Bench testing
  - Energy output and delivery
- Generator Engineering Testing
  - Electrical safety
  - Software validation
  - Cybersecurity
- System Compatibility
- Biocompatibility
- Sterilization & Packaging
- Preclinical Animal Studies

**No outstanding non-clinical study issues**



# CLINICAL STUDY DESIGN

# Clinical Study Design Overview



### Medication Escalation

- **HTN-OFF: Between 3-6 months to goal (<140 mmHg OSBP)**

### Unblinding & Crossover

- **Pilot Cohorts: 12 months**
- **Expansion Cohorts: 6 months**

# Key Enrollment Criteria



	HTN-OFF	HTN-ON
<b>Age</b>	≥20 and ≤80 years old at time of enrollment (consent).	
<b>OBP</b>	OSBP ≥150 mmHg and <180 mmHg and ODBP ≥90 mmHg	
<b>ABP</b>	24-hour SBP ≥140 mmHg and <170 mmHg	
<b>Medications</b>	Willing to discontinue antihypertensive medications at screening Visit 1 through the 3-month post-procedure visit	<ul style="list-style-type: none"><li>• On 1-3 antihypertensive medications at ≥50% maximal dose</li><li>• Stable medication regimen for ≥6 weeks</li></ul>

**OBP/ABP = Office/ambulatory blood pressure**

# Follow-up Schedule

	Screening	Baseline	Procedure	1M	3M	6M	12M	24-36M
OBPM	x	x		x	x	x	x	x
ABPM		x			x	x	x	x
Duplex Ultrasound						x	x	
CTA/MRA						x <sup>1</sup>	x <sup>2</sup>	
Drug testing		x			x	x	x	x
Blood chemistry		x		x	x	x	x	x
Quality of Life		x			x	x	x	x
Blinding assessment			discharge		x	x		

**OBPM/ABPM: Office/ambulatory blood pressure measurement; CTA: computed tomography angiography; MRA: magnetic resonance angiography**

<sup>1</sup>Required if renal artery stenosis suspected

<sup>2</sup>Required for at least 150 subjects or if renal artery stenosis suspected



# Statistical Analysis Plan

**Adrijo Chakraborty, PhD**

**Statistician**

**Office of Clinical Evidence and Analysis**

# Study and Analysis Cohorts



	HTN-OFF	HTN-ON
<b>Pilot Cohort: Subjects enrolled in the Pilot study</b>	80	80
<b>Expansion Cohort: Subjects enrolled following Pilot study</b>	251	257
<b>Additional subjects enrolled following positive interim analysis</b>	35	--
<b>Primary (Bayesian) Cohort: Expansion + discounted Pilot</b>	Up to 331 Based on Bayesian analysis	Up to 337 Based on Bayesian analysis
<b>Full Cohort: All enrolled subjects</b>	366	337

# Primary Safety Endpoint



The primary safety endpoint was defined as the occurrence of at least one of the following major adverse events (MAE):

a. 30 days

- All-cause mortality
- End stage renal disease
- Significant embolic events resulting in end-organ damage
- Renal artery perforation requiring intervention
- Renal artery dissection requiring intervention
- Major vascular complications
- Hospitalization for hypertensive crisis not related to non-adherence with BP medications or the study protocol

b. New renal artery stenosis (RAS), defined as a >70% diameter stenosis, confirmed by renal angiography at 6 months as determined by angiographic core laboratory

# Primary Safety Endpoint

## *Statistics Hypothesis and Analysis*

- Analysis population: First 253 evaluable RDN-treated subjects from the SPYRAL HTN-OFF and SPYRAL HTN-ON
- Safety event rate performance goal (PG) = 7.1% derived from literature review
- The primary safety null and alternative hypotheses:

$$H_0: \pi \geq 7.1\%$$

$$H_a: \pi < 7.1\%$$

where  $\pi$  is the proportion of subjects who had experience at least one of the safety endpoint event

- Exact binomial test
- Level of significance (one-sided) 0.05

**Additional analyses for pooled Pilot and Expansion Cohorts**



# Primary Effectiveness Endpoint

**HTN-OFF:** Change in SBP from baseline to 3-months post-procedure measured by 24-hour ABPM

**HTN-ON:** Change in SBP from baseline to 6-months post-procedure measured by 24-hour ABPM

- Primary effectiveness endpoint evaluated for each trial individually
- Intent to treat population used for the effectiveness assessment
- Baseline BP used as a covariate in the statistical model to derive the treatment effect

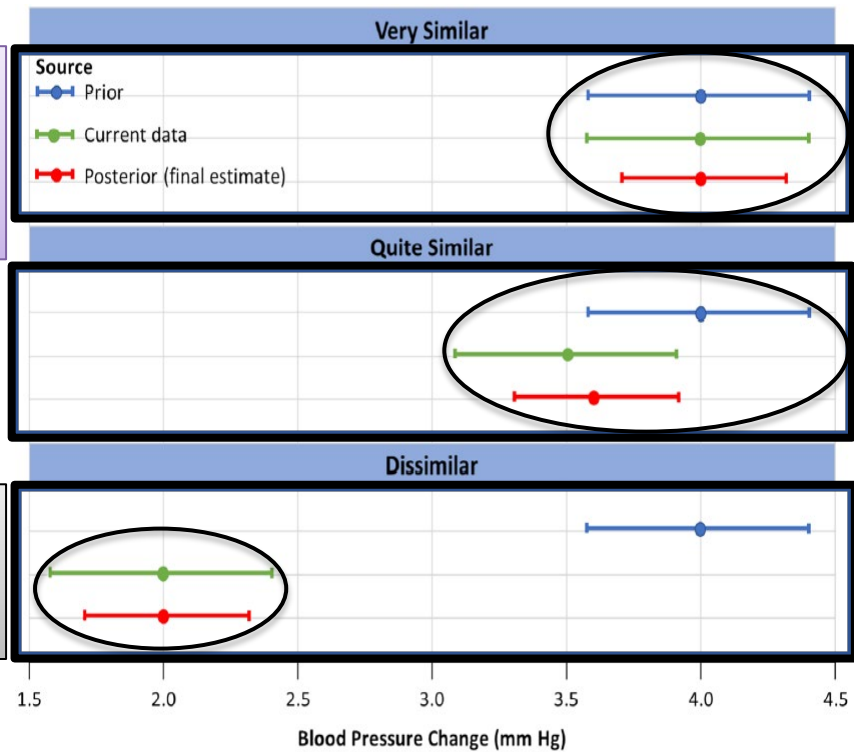
# Effectiveness Endpoint Analysis

## Power Prior based on similarity of outcomes

- Informative priors for the unknown parameters (such as ASBP change at follow-up) were developed from the Pilot study data
- The amount of information used from the pilot was based on the similarity between the effectiveness endpoint results of the Pilot and Expansion cohorts
- Amount of information to be used from the Pilot was determined separately for treatment and control arms

**Greater similarity between Pilot and Expansion outcomes => more Pilot information is used**

**Lesser similarity between Pilot and Expansion outcomes => less Pilot information is used**



# Primary Effectiveness Endpoint

## *Statistical Analysis*



Let  $\mu = \mu_t - \mu_c$  represents the treatment effect of BP change comparing treatment (RDN) and control (sham) groups where  $\mu_t$  and  $\mu_c$  are the BP changes in the treatment and control groups, respectively, at 3 months for HTN-OFF and 6 months for HTN-ON. The hypotheses are:

$$H_0: \mu \geq 0 \text{ vs.}$$

$$H_a: \mu < 0$$

- Interim analyses performed
- Informative prior developed from the Pilot Cohort using the Power Prior method
- Baseline BP used as a covariate in the statistical model to derive the treatment effect estimate
- Null hypothesis rejected if the posterior probability of  $H_a > 0.975$ , the prespecified threshold for success

# Primary Effectiveness Endpoint

## *Interim Analysis*



### Bayesian design with interim analyses

#### – HTN-OFF:

- Planned when 210, 240 evaluable subjects are available (maximum study size 300)
- Enrollment was stopped after the first interim analysis

#### – HTN-ON:

- Planned when 110, 149 evaluable subjects available to determine if the enrollment could be stopped (maximum study size 260)
- Enrollment continued to full enrollment (257 subjects)

# Primary Effectiveness Endpoint

## *Statistical Analysis*



- Considerations with the proposed approach
  - Amounts of pilot data leveraged for treatment and control were different
  - Use outcome data to determine similarity of the Pilot and Expansion data
  - Amounts of pilot data leveraged may vary at each interim analysis or the final analysis
- To study the robustness of results based on the proposed approach, several sensitivity analyses were conducted.
- As a secondary analysis of the primary effectiveness endpoints, ANCOVA method was used to determine the baseline adjusted treatment effect estimate.

# Secondary and Additional Effectiveness Endpoints



## Secondary endpoints

- Change in office SBP from baseline
- Change in office and ambulatory DBP from baseline
- Proportion of subjects achieving target OSBP (<140 mmHg)

## Additional endpoints

- Medication burden assessed using Medication Index methodologies

## Statistical analysis considerations

- Bayesian analyses only performed to evaluate change in Office SBP (HTN-OFF and HTN-ON)
- The results of the secondary endpoint assessment may not be interpretable if the primary endpoint is not met
- No prespecified plan for multiplicity adjustment to control for overall type 1 error rate

# Subgroup Analysis of the Primary Effectiveness Endpoint



- Prespecified subgroup analyses conducted for several subgroups including gender, race/ethnicity, and geography (US vs. non-US subjects), without multiplicity adjustment
- Entire pilot and Expansion datasets combined and analyzed



## **Clinical Study Results**

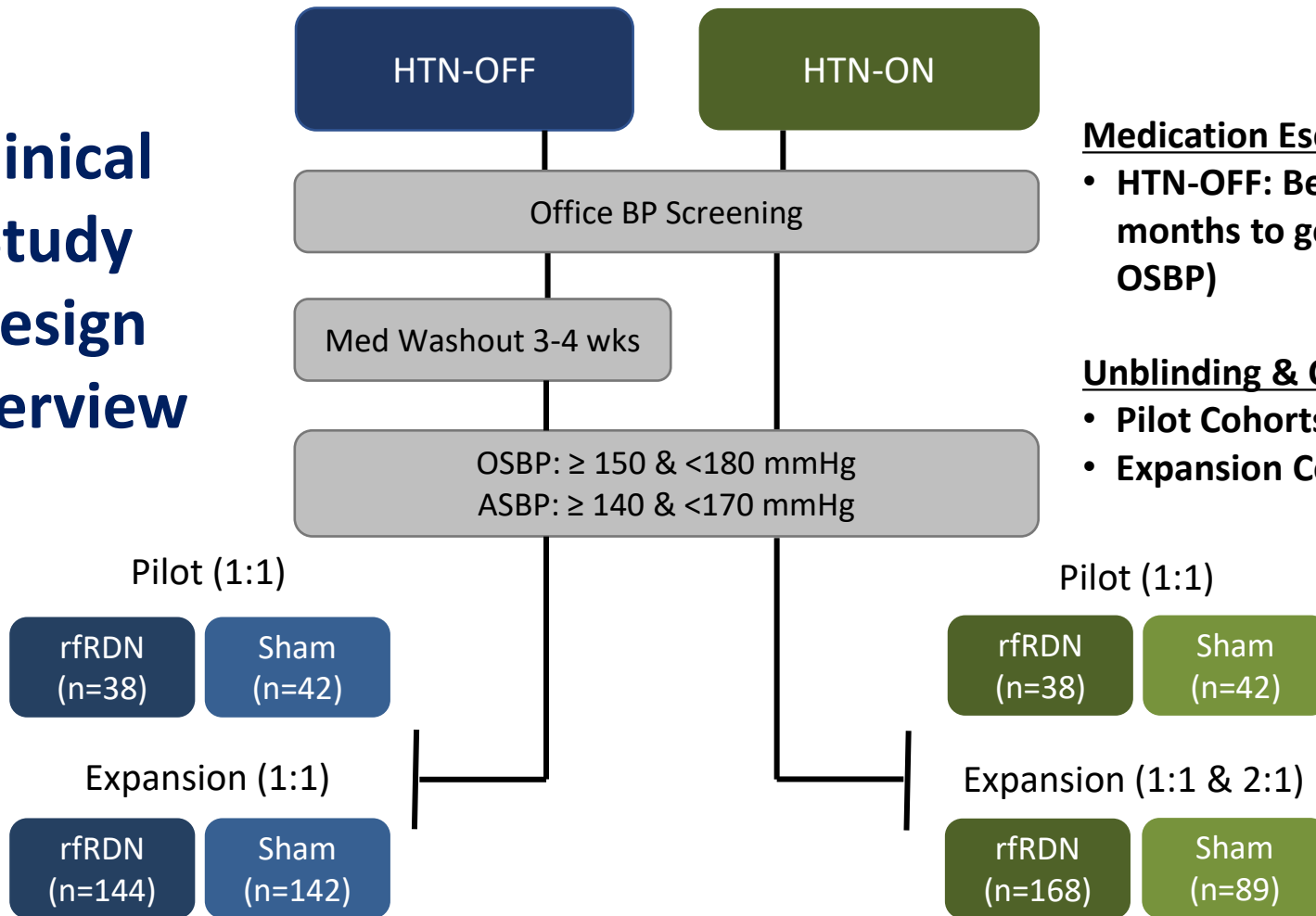
**Meir Shinnar, MD PhD**

**Cardiologist**

**Office of Cardiovascular Devices**



# Clinical Study Design Overview



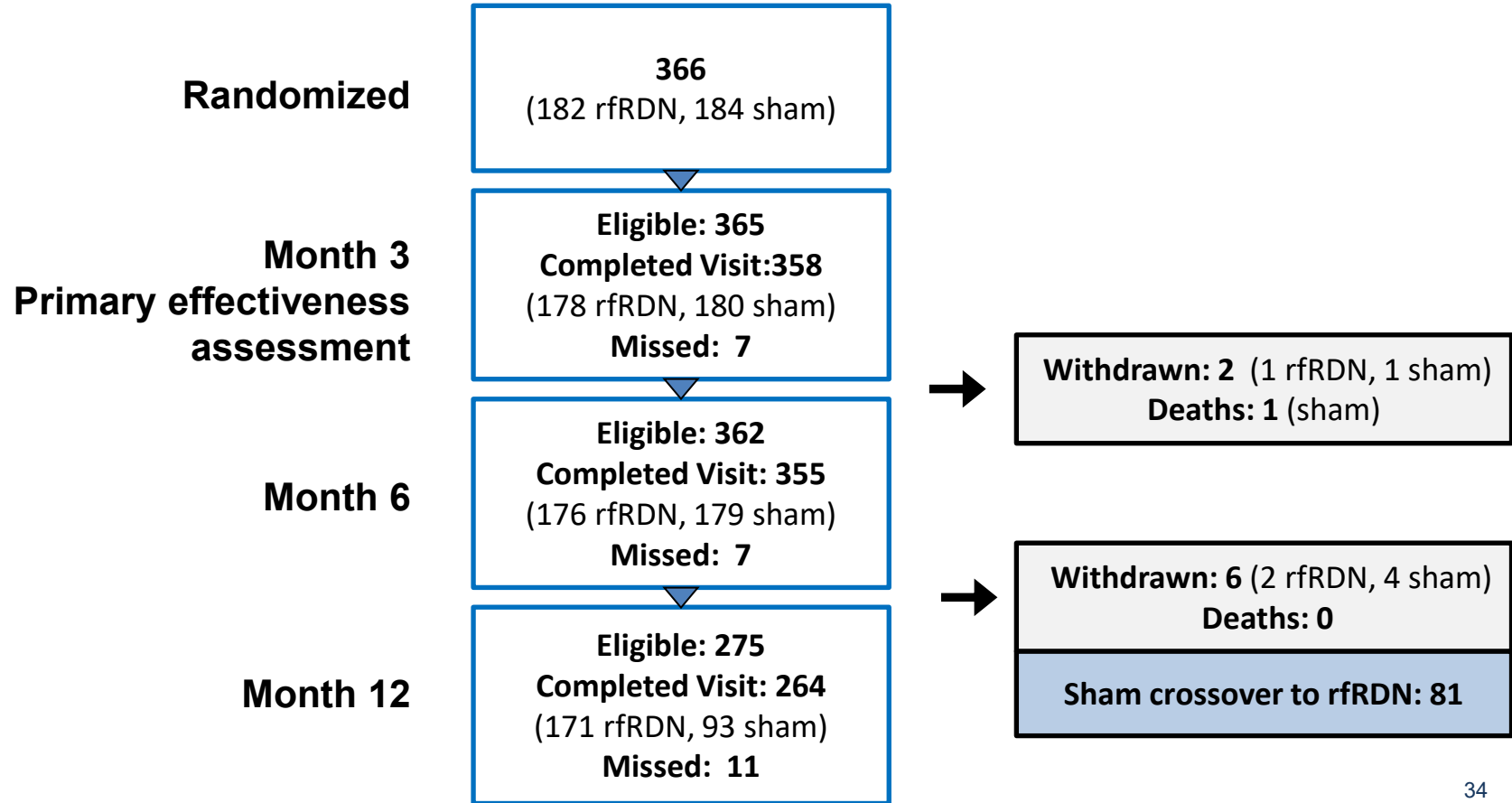
## Medication Escalation

- HTN-OFF: Between 3-6 months to goal ( $<140$  mmHg OSBP)

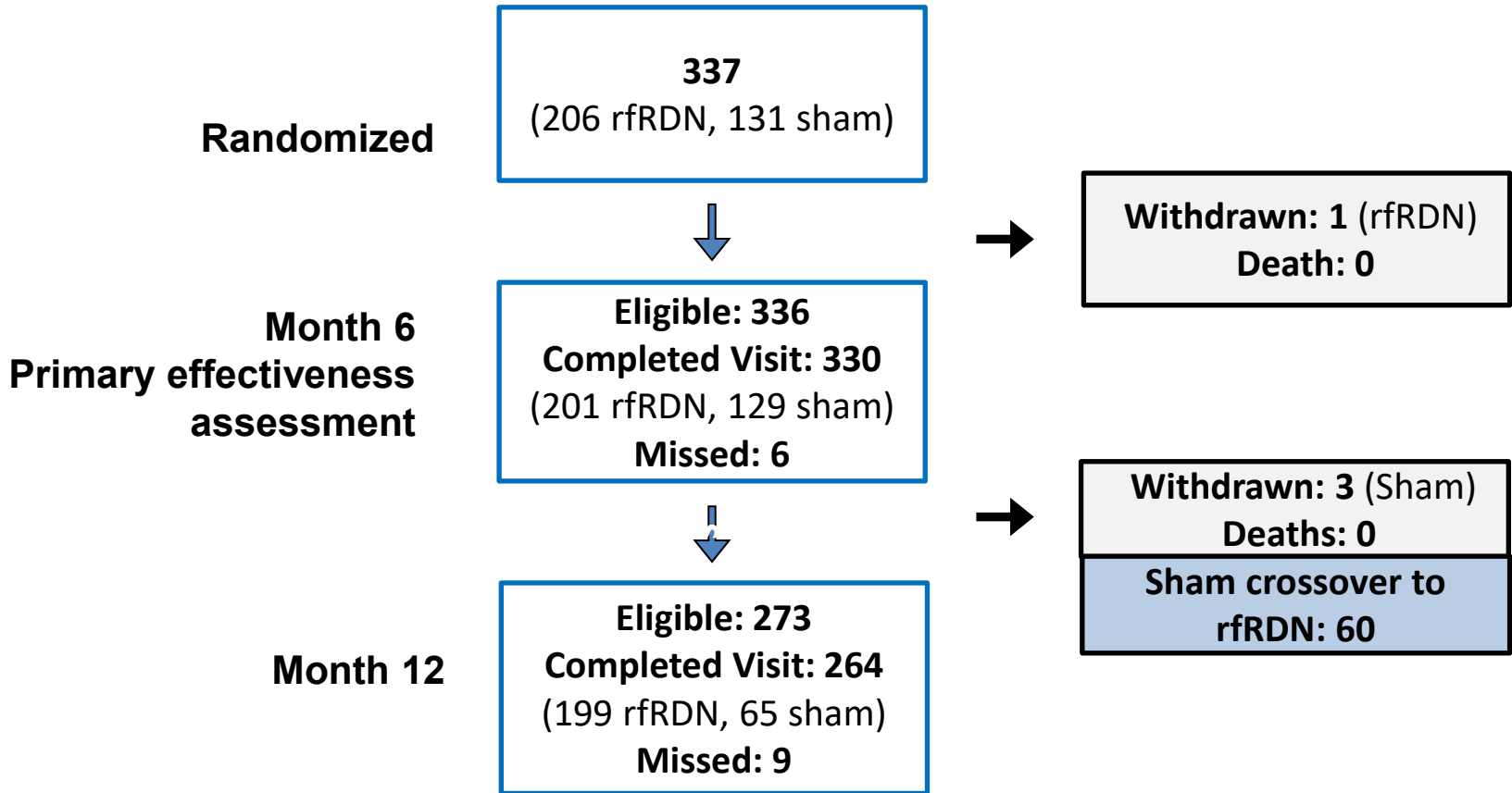
## Unblinding & Crossover

- Pilot Cohorts: 12 months
- Expansion Cohorts: 6 months

# HTN-OFF Subject Accountability



# HTN-ON Subject Accountability



# HTN-OFF Blinding Assessment



	Patient Blinding Index <sup>1</sup> (95% CI)	BP Assessor Index <sup>1</sup>
Discharge	0.66 (0.61, 0.71)	0.82 (0.78, 0.86)
3-Months	0.53 (0.48, 0.59)	0.73 (0.68, 0.78)

**1 Blinding Index: 1= complete blinding, 0=complete unblinding, 0.5=random guessing**

**Subject blinding was effective and was comparable between rfRDN and Sham subjects**

# HTN-ON Blinding Assessment



	Patient Blinding Index1 (95% CI)	BP Assessor Index
Discharge	0.68 (0.63, 0.73)	0.82 (0.78, 0.87)
3-Months	0.58 (0.53, 0.63)	0.75 (0.70, 0.79)
6-Months	0.58 (0.53, 0.63)	0.73 (0.68, 0.78)

**1 Blinding Index: 1= complete blinding, 0=complete unblinding, 0.5=random guessing**

**Subject blinding was effective and was comparable between rfRDN and Sham subjects**

# HTN-OFF Select Baseline Characteristics



Subject Baseline Characteristic	Pilot Cohort		Expansion Cohort		Full Cohort (Pilot + Expansion + Add'l Subjects)	
	rfRDN (N=38 Subjects)	Sham (N=42 Subjects)	rfRDN (N= 128 Subjects)	Sham (N= 123 Subjects)	rfRDN (N=182 Subjects)	Sham (N=184 Subjects)
Age (yrs)	55.8 ± 10.1	52.8 ± 11.5	51.4 ± 10.9	52.5 ± 10.0	52.5 ± 10.8	52.7 ± 10.1
Male	68.4%	73.8%	63.3%	66.7%	64.3%	69.6%
Length of hypertension diagnosis >5 yrs	60.5%	42.9%	53.9%	58.5%	56.1%	56.0%
<i>Geography</i>						
US	34.2%	34.2%	55.5%	52.8%	50%	46.2%
OUS	64.8%	64.8%	44.5%	47.2%	50%	53.8%
<i>Race</i>						
White	26.3%	23.8%	28.9%	32.5%	30.8%	32.6%
Black or African American	13.2%	11.9%	24.2%	21.1%	20.3%	17.4%
Asian	2.6%	2.4%	3.9%	0.8%	3.8%	1.1%
Japanese from Japan	5.3%	4.8%	0.8%	0.0%	1.6%	1.1%
Not reportable per local laws or regulations	52.6%	57.1%	41.4%	44.7%	42.9%	47.3%
Other	0.0%	0.0%	0.8%	0.8%	0.5%	0.5%

# HTN-OFF Baseline Blood Pressure



	Pilot Cohort		Expansion Cohort		Full Cohort (Pilot + Expansion + Add'l Subjects)	
Baseline Blood Pressure (mmHg)	rfRDN (N=38)	Sham (N=42)	rfRDN (N=128)	Sham (N= 123)	rfRDN (N=182)	Sham (N=184)
<i>Office measurements</i>						
Systolic blood pressure	162.0 ± 7.6	161.4 ± 6.4	162.9 ± 7.9	163.4 ± 7.8	162.8 ± 7.8	163.2 ± 7.7
Diastolic blood pressure	99.9 ± 6.8	101.5 ± 7.5	101.6 ± 7.0	102.2 ± 7.0	101.1 ± 7.1	102.2 ± 7.3
<i>24-hour measurements (ABPM)</i>						
Mean systolic blood pressure	153.4 ± 9.0	151.6 ± 7.4	150.8 ± 7.7	150.8 ± 7.5	151.2 ± 7.9	151.3 ± 7.6
Mean diastolic blood pressure	99.1 ± 7.7	98.7 ± 8.2	97.6 ± 7.7	99.2 ± 7.2	97.6 ± 7.9	99.3 ± 7.5

# HTN-ON Select Baseline Characteristics



Subject Baseline Characteristic	Pilot Cohort		Expansion Cohort		Full Cohort (Pilot + Expansion)	
	rfRDN (N=38 Subjects)	Sham (N=42 Subjects)	rfRDN (N=168 Subjects)	Sham (N=89 Subjects)	rfRDN (N=206 Subjects)	Sham (N=131 Subjects)
Age (yrs)	53.9 ± 8.7	53.0 ± 10.7	55.5 ± 9.0	55.4 ± 8.7	55.2 ± 9.0	54.6 ± 9.4
Male	86.8%	81.0%	79.8%	77.5%	81.1%	78.6%
Length of hypertension diagnosis >5 yrs	60.5%	81.0%	72.1%	82.0%	69.9%	81.7%
<i>Geography</i>						
US	39.5%	42.9%	45.2%	52.8%	44.2%	49.6%
OUS	60.5%	57.1%	54.8%	47.2%	55.8%	50.4%
<i>Race</i>						
White	34.2%	35.7%	34.5%	37.1%	34.5%	36.6%
Black or African American	10.5%	11.9%	18.5%	22.5%	17.0%	19.1%
Asian	0.0%	2.4%	1.2%	3.4%	1.0%	3.1%
Japanese from Japan	7.9%	2.4%	7.1%	5.6%	7.3%	4.6%
Not reportable per local laws or regulations	47.4%	47.6%	36.9%	29.2%	38.8%	35.1%
Other	0.0%	0.0%	0.0%	1.1%	0.0%	0.8%



# HTN-ON: Baseline Blood Pressure



Subject Baseline Blood Pressure (mmHg)	Pilot Cohort		Expansion Cohort		Full Cohort	
	rfRDN (N=38 Subjects)	Control (N=42 Subjects)	rfRDN (N=168 Subjects)	Control (N=89 Subjects)	rfRDN (N=206 Subjects)	Control (N=131 Subjects)
<b>Office measurements</b>						
<b>Systolic blood pressure</b>	164.4 ± 7.0	163.5 ± 7.5	162.6 ± 7.8	162.9 ± 8.2	163.0 ± 7.7	163.1 ± 7.9
<b>Diastolic blood pressure</b>	99.5 ± 6.9	102.7 ± 8.0	101.5 ± 6.9	100.9 ± 6.9	101.2 ± 7.0	101.5 ± 7.3
<b>24-hour measurements (ABPM)</b>						
<b>Mean systolic blood pressure</b>	152.1 ± 7.0	151.3 ± 6.8	149.0 ± 6.8	148.3 ± 6.9	149.6 ± 7.0	149.3 ± 7.0
<b>Mean diastolic blood pressure</b>	97.2 ± 6.9	97.9 ± 8.4	96.5 ± 7.7	94.6 ± 7.2	96.6 ± 7.6	95.7 ± 7.7

# rfRDN Procedural Characteristics

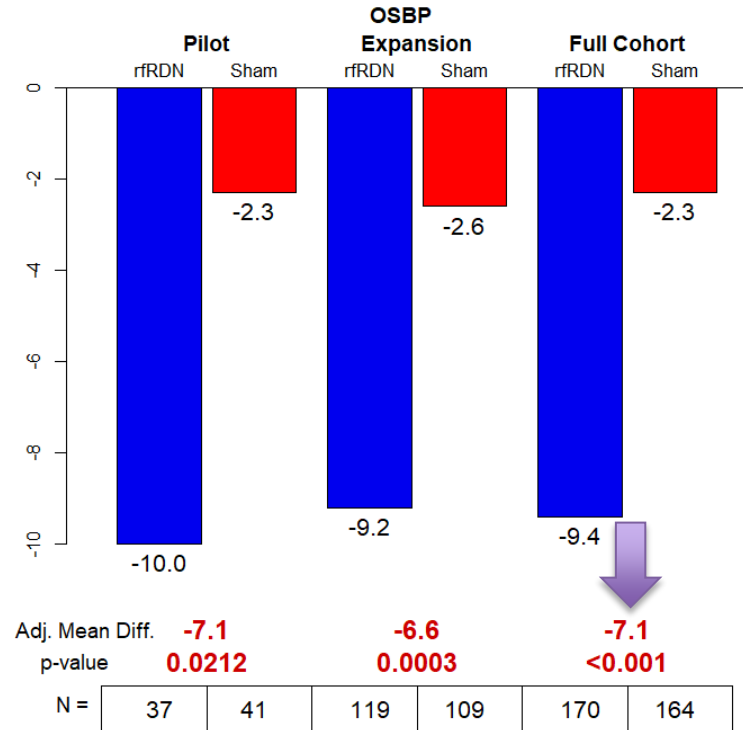
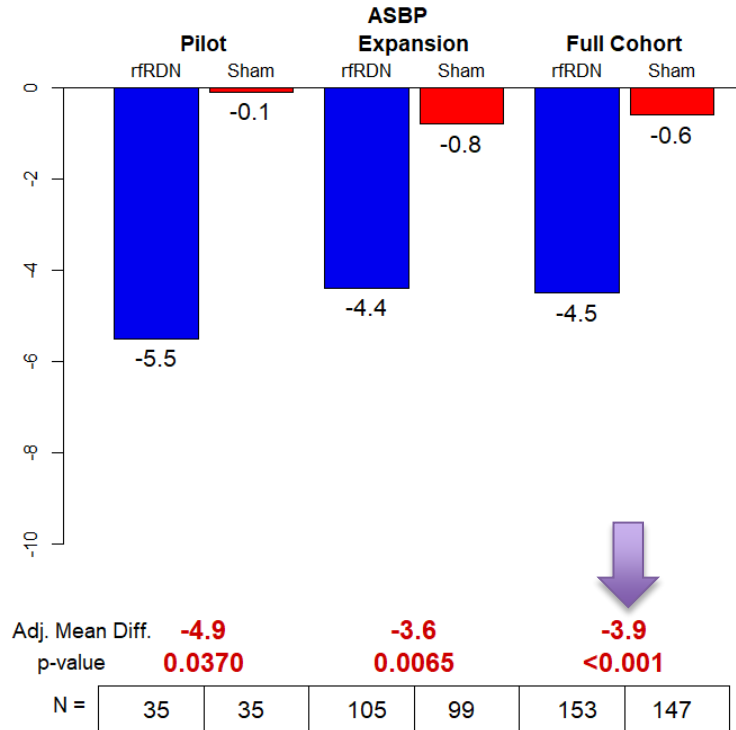


<b>rfRDN Subjects</b>	<b>HTN-OFF N=182</b>	<b>HTN-ON N=206</b>
<b>Procedure Time (min)</b>	99.3 ± 36.2	91.3 ± 31.2
<b>Denervation Time (min)</b>	59.7 ± 24.3	54.4 ± 19.2
<b>Amount of Contrast used (cc)</b>	207.8 ± 96.1	204.2 ± 81.4
<b><i>Intra-procedural medication</i></b>		
<b>Pain meds</b>	29.7% (54/182)	21.8% (45/206)
<b>Sedatives/Anxiolytics</b>	100.0% (182/182)	98.5% (203/206)
<b>Atropine</b>	2.2% (4/182)	2.9% (6/206)
<b>Hospital Stay (days)</b>	1.0 ± 0.1	1.0 ± 0.2
<b>Device success</b>	100.0% (181/181)	100.0% (205/205)
<b>Procedure success</b>	100.0% (181/181)	99.5% (204/205)

# HTN-OFF EFFECTIVENESS RESULTS

# HTN-OFF ASBP & OSBP Results at 3 Months

## Pilot, Expansion, and Full Cohort Frequentist Analysis



p-values not adjusted for multiplicity

SBP changes are unadjusted reductions from baseline

Differences and p-values determined from ANCOVA models adjusting for the baseline value

# HTN-OFF Primary and Powered Secondary Effectiveness Endpoint

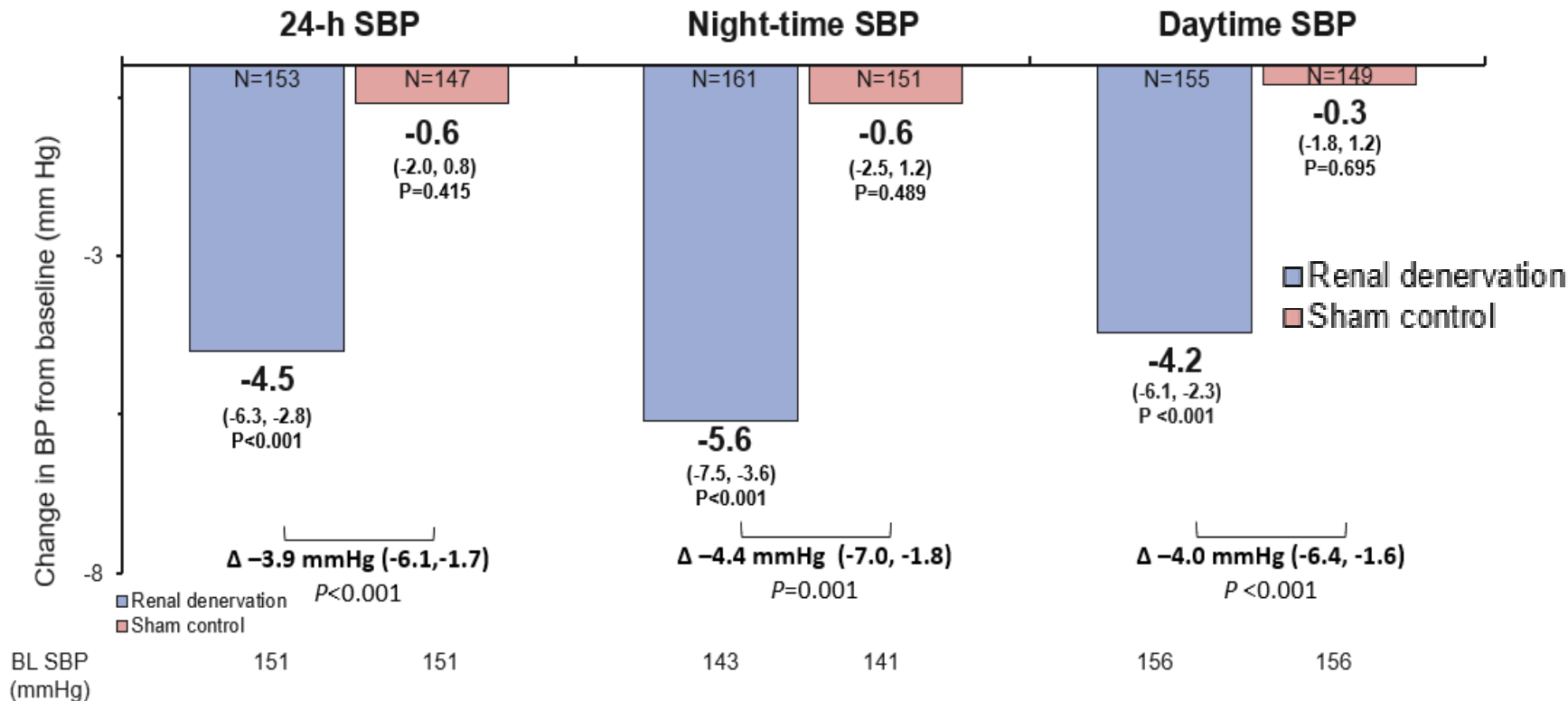
## *Bayesian Analysis at 3 Months*



	Pilot Cohort sample size (evaluable)	Effective Pilot Cohort sample size after discounting	$\alpha$ -discount parameter Estimate	Expansion Cohort sample size	Bayesian estimate of treatment effect (95% BCI)	Posterior probability of success (>0.975 meets success criteria)
<b>Primary Endpoint: 24-hour ASBP @ 3 months</b>						
<b>rfRDN</b>	35	30	0.864	105	-3.9 mmHg (-6.2 to -1.6)	0.9996
<b>Sham</b>	35	34	0.967	99		
<b>Secondary Endpoint: Office SBP @ 3 months</b>						
<b>rfRDN</b>	37	36	0.980	119	-6.5 mmHg (-9.6 to -3.5)	1.000
<b>Sham</b>	41	41	0.998	109		

# HTN-OFF Daytime vs. Nighttime ASBP at 3 Months

## Full Cohort



p-values not adjusted for multiplicity. SBP changes are unadjusted reductions from baseline. Differences and p-values determined from ANCOVA models adjusting for the baseline value.

# HTN-OFF Office SBP Changes at 3 and 6 Months

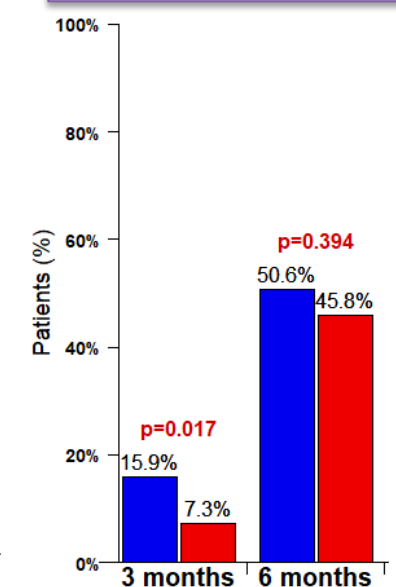
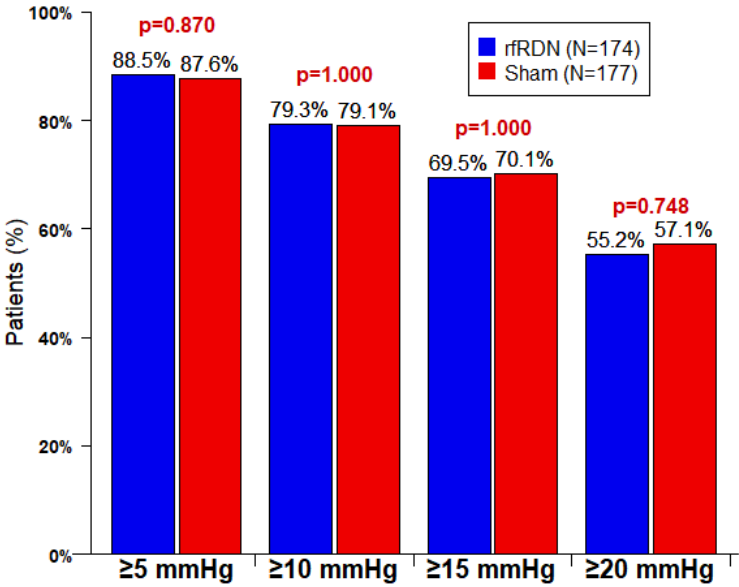
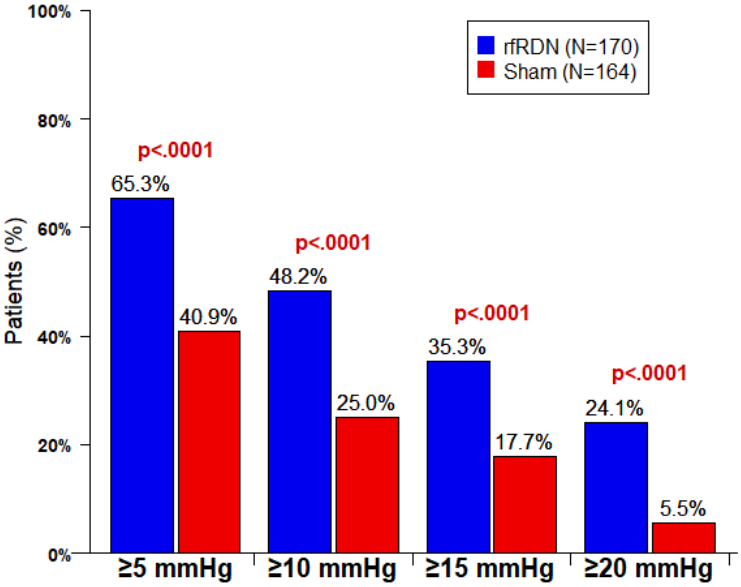
## Full Cohort



Subjects at target (<140 mmHg)

OSBP at 3 months

OSBP at 6 months



Attenuation of OSBP difference at 6 months

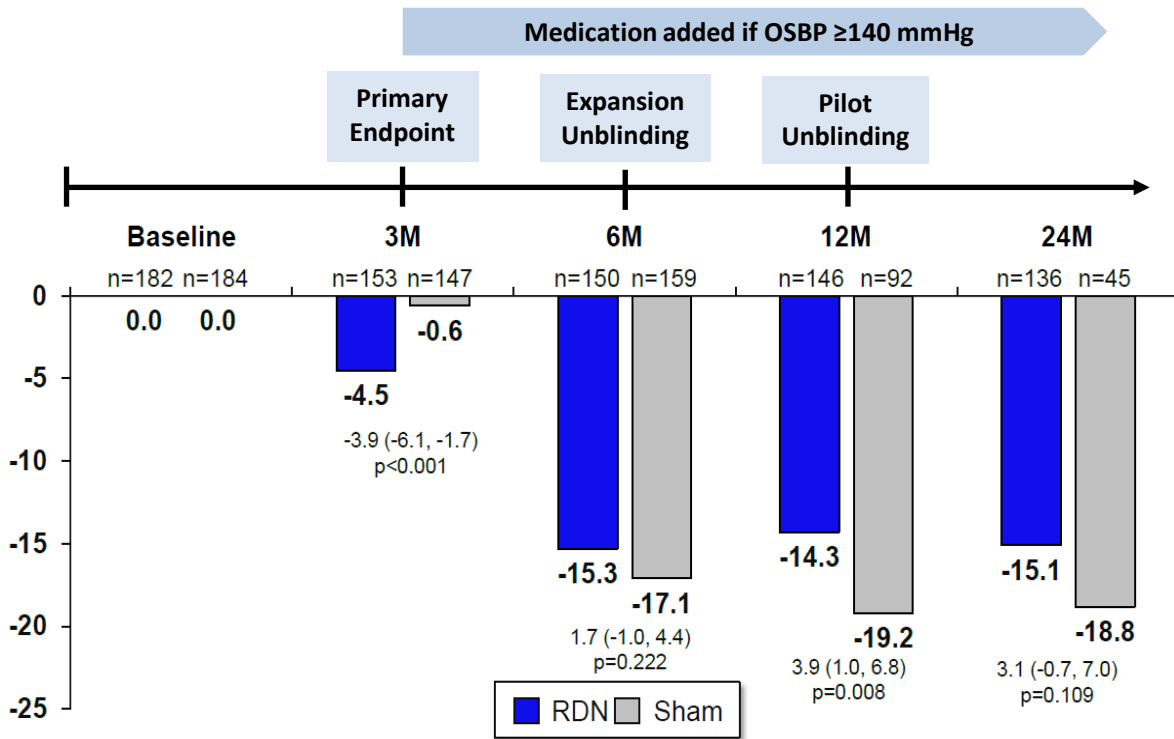
p-values not adjusted for multiplicity

# HTN-OFF Durability of BP Reduction



- 3.9 mmHg BP reduction difference in favor of rfRDN statistically significant at 3-months
- Not maintained at 6, 12, and 24 months
- BP meds added
- Unblinding between 6 and 12 months
- Smaller numbers in Sham group at 12 and 24 months due to crossovers

## 24-hr ASBP change – Full Cohort



p-values not adjusted for multiplicity

SBP changes are unadjusted reductions from baseline

Differences and p-values determined from ANCOVA models adjusting for the baseline value



# Medication Burden - Medication Index 1

- Medication Index 1 (MedIndex1, MI1) =  $\sum_{AH\ Meds} \left( \frac{\text{prescribed dose}}{\text{maximum standard dose}} \right)$
- MI1 corresponds to the number of maximum standard doses
- Example: For a patient taking 3 meds:
  - One med at max dose
  - One med at  $\frac{1}{2}$  max dose
  - One med at  $\frac{1}{4}$  max dose

$$MI1 = 1.75$$

- Average MI1 for a population = the average number of maximum standard doses meds
- Analysis
  - Calculate the average change in MI1 from baseline to follow-up
  - Relative MI1 change = the difference of the average change between treatment groups

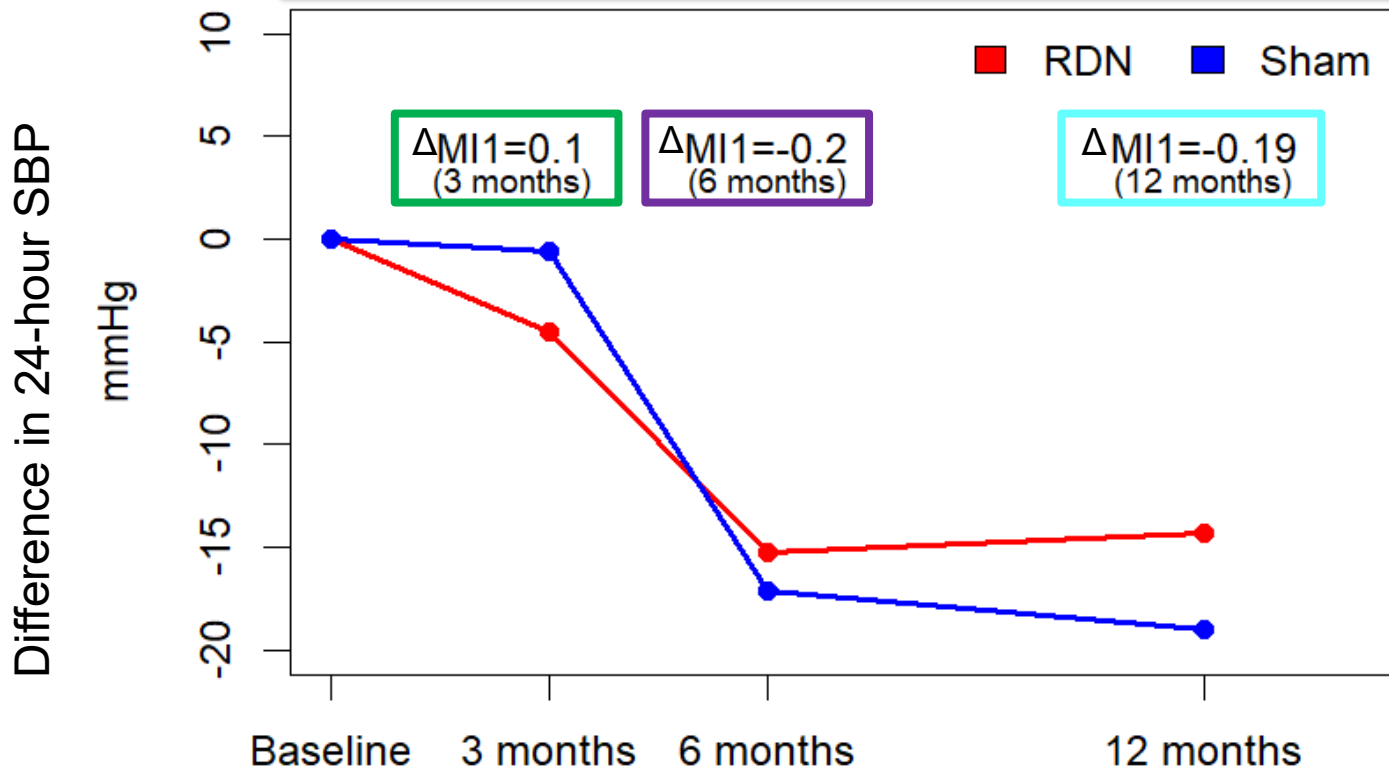
**Example: A relative MI1 change of -1.5 corresponds to the sham group, on average, increasing meds vs. baseline by 1.5 full med doses vs. the RDN group**

# HTN-OFF Durability of ASBP Reduction



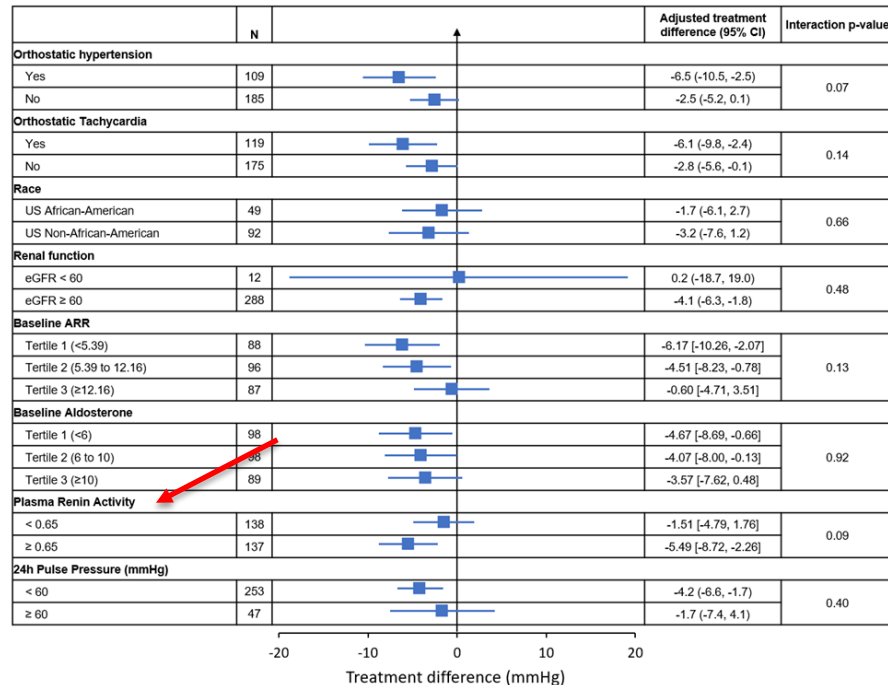
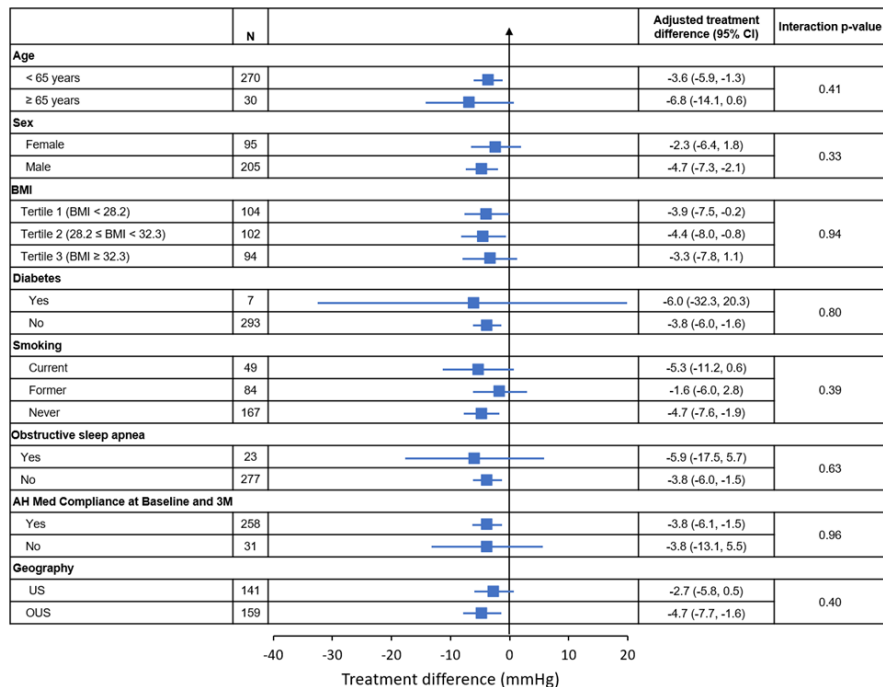
Changes in 24-hour ABP and MI1 Compared to Baseline – Full Cohort

$$\Delta MI1 = \Delta \text{ in RDN MI1} - \Delta \text{ in Sham MI1}$$



# HTN-OFF Subgroup Analysis – Full Cohort

## Reduction in 24-hour SBP at 3 Months



p-values not adjusted for multiplicity

Reduction in 24-hour SBP generally consistent across subgroups

# HTN-OFF Subgroup Analysis – Full Cohort

## *Plasma Renin Activity*



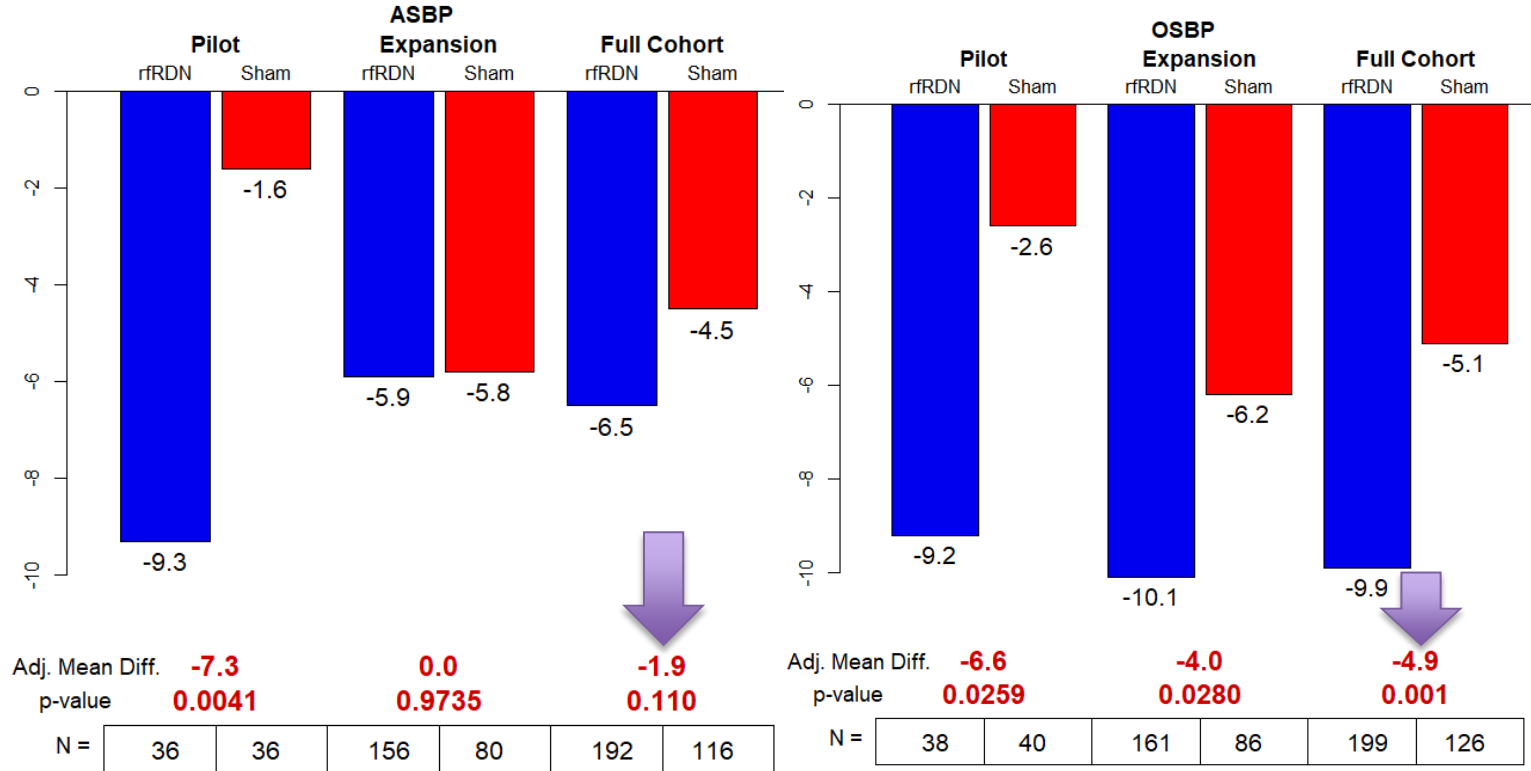
Plasma Renin Activity			
Plasma Renin Activity	# of Patients	Treatment difference	Interaction p value
<0.65	138	-1.51 (-4.79, 1.76)	0.09
≥0.65	137	-5.49 (-8.72,-2.26)	

p-values not adjusted for multiplicity

# HTN-ON EFFECTIVENESS RESULTS

# HTN-ON ASBP & OSBP Results at 6 Months

## Pilot, Expansion, and Full Cohort Frequentist Analysis



p-values not adjusted for multiplicity. SBP changes are unadjusted reductions from baseline  
Differences and p-values determined from ANCOVA models adjusting for the baseline value

# HTN-ON Primary and Secondary Effectiveness Endpoint

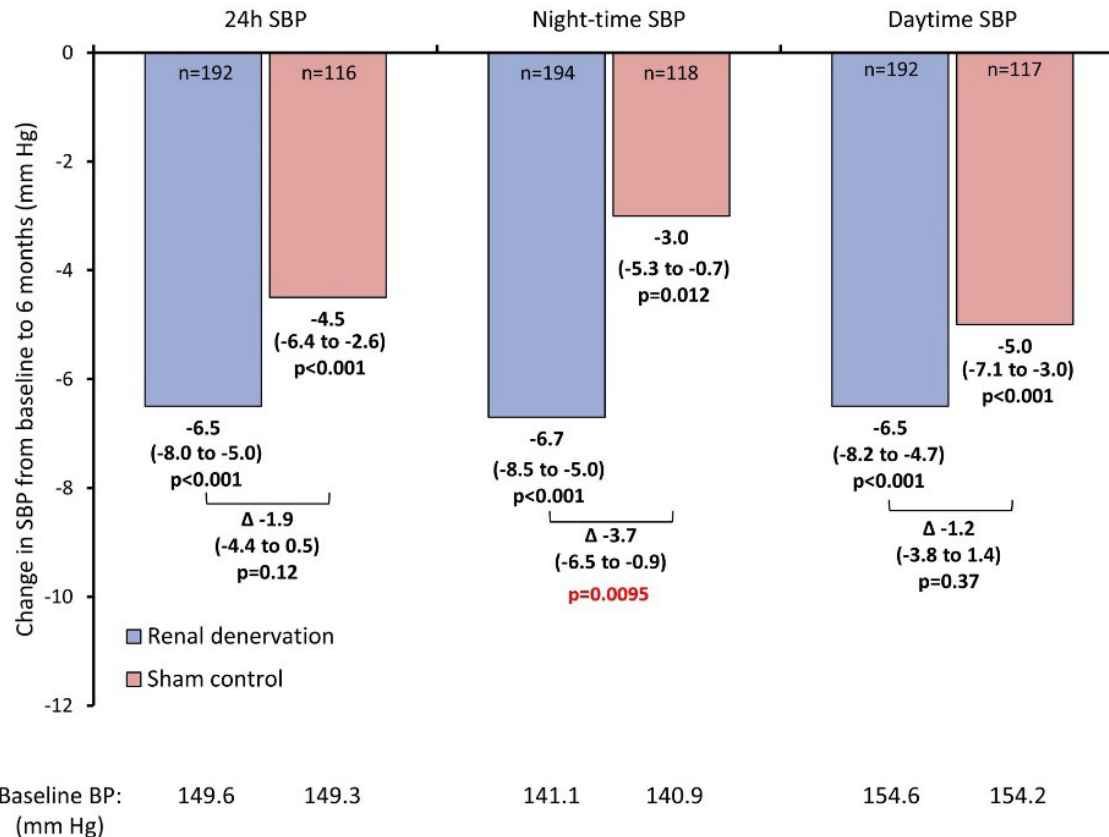
## Bayesian Analysis



	Pilot Cohort sample size (evaluable)	Effective Pilot Cohort sample size after discounting	$\alpha$ -discount parameter estimate	Expansion Cohort sample size	Bayesian estimate of treatment effect (95% BCI)	Posterior probability of success (>0.975 meets success criteria)
<b>Primary Endpoint: 24-hour ASBP @ 6 months</b>						
<b>rfRDN</b>	36	6.999	0.194	156	-0.03 mmHg (-2.8 to -2.8)	0.508
<b>Sham</b>	36	0.007	0.0002	80		
<b>Secondary Endpoint: Office SBP @6 months</b>						
<b>rfRDN</b>	38	38	>0.999	161	-4.1 mmHg (-7.4 to 0.75)	0.992
<b>Sham</b>	40	6.2	0.156	86		

# HTN-ON Daytime vs. Nighttime ASBP at 6 Months

## Full Cohort



p-values not adjusted for multiplicity. SBP changes are unadjusted reductions from baseline. Differences and p-values determined from ANCOVA models adjusting for the baseline value.



# HTN-ON Nighttime ASBP 6 Months

## *12 AM (midnight) to 6 AM*



	<b>Adjusted Treatment Difference (95% CI) Between rfRDN and Sham Groups from Baseline to 6 months</b>	<b>p-value</b>
Full Cohort	-3.09 (-5.91, -0.26)	0.032
<b>Pilot</b>	-8.4 (-14.4, -2.4)	0.007
<b>Expansion Cohort</b>	-0.7 (-3.9, 2.5)	0.656

p-values not adjusted for multiplicity

Results of HTN-ON Full cohorts are not adjusted for differences in randomization ratios

Differences and p-values determined from ANCOVA models adjusting for the baseline value

# HTN-ON Office SBP Changes at 3 and 6 Months

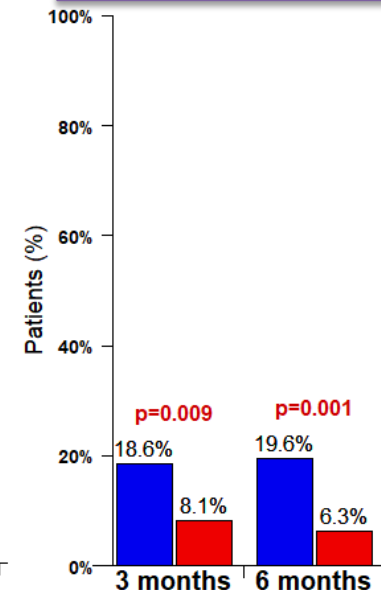
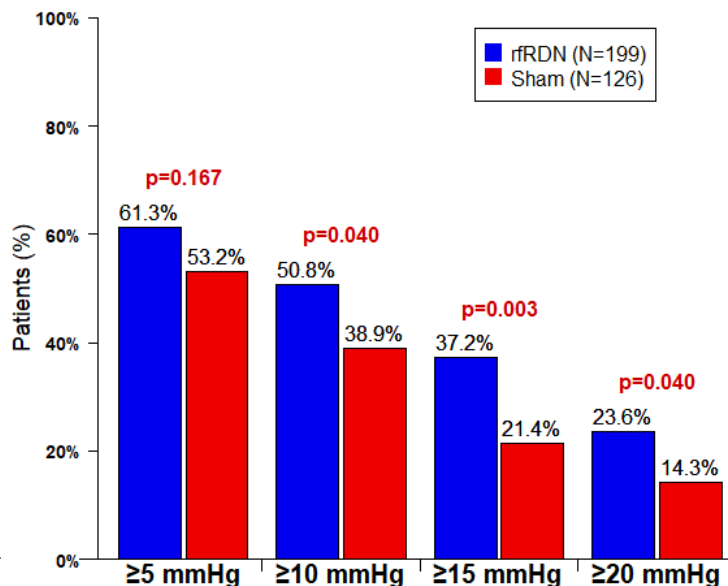
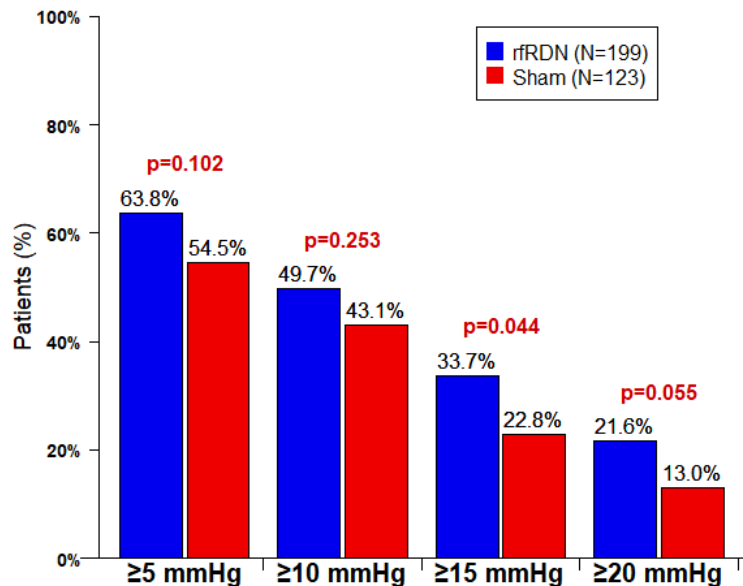


## Full Cohort

### OSBP at 3 months

### OSBP at 6 months

### Subjects at target (<140 mmHg)



p-values not adjusted for multiplicity

# HTN-ON Potential Confounders Affecting the Primary 24-Hour ASBP Endpoint



- Sham group increased medications more than RDN group
- Missing ABPMs may have impacted the effectiveness results

# HTN-ON Medication Burden

## Full Cohort

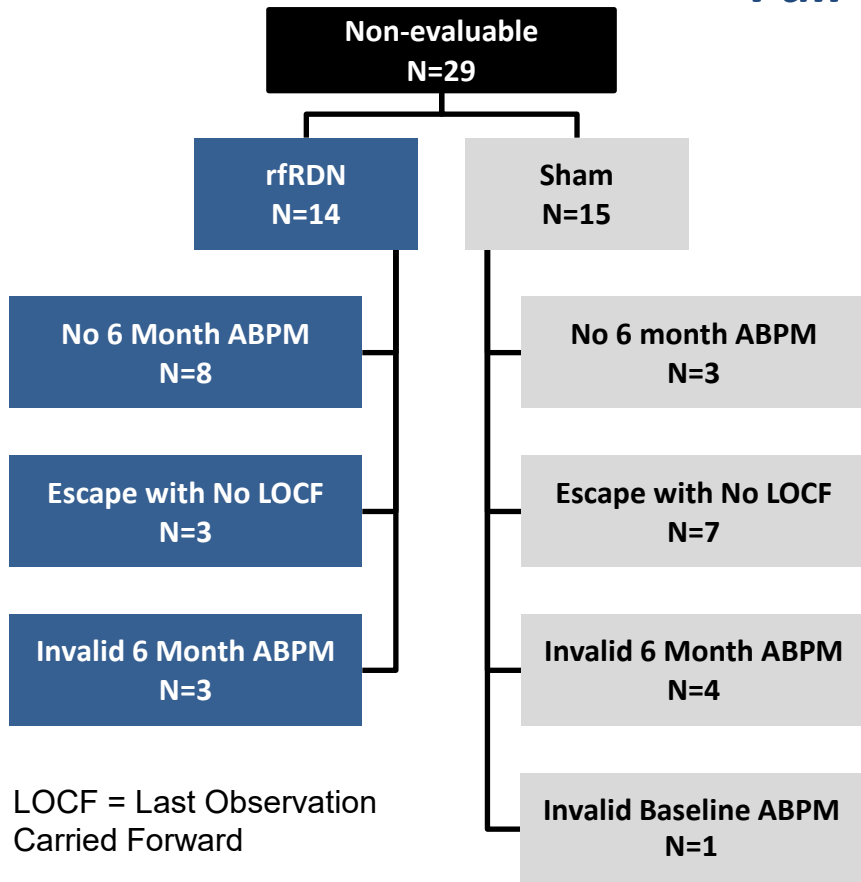


MEDICATION INDEX 1						
ANTIHYPERTENSIVE LOAD INDEX						
	rfRDN (n = 206)	Change from baseline (unadjusted)	Sham (n = 131)	Change from baseline (unadjusted)	p-value	Difference in Changes
<b>Baseline</b>	1.20 ± 0.85	0	1.17 ± 0.87	0	0.737	0
<b>3 months follow-up</b>	1.22 ± 0.89	0.02	1.26 ± 0.86	-0.09	0.150	-0.07
<b>6 months follow-up</b>	1.25 ± 0.88	0.05	1.34 ± 0.83	-0.17	0.073	-0.12

*p-values not adjusted for multiplicity*

# HTN-ON: Missing 6 Month ABPM Data

## Full Cohort



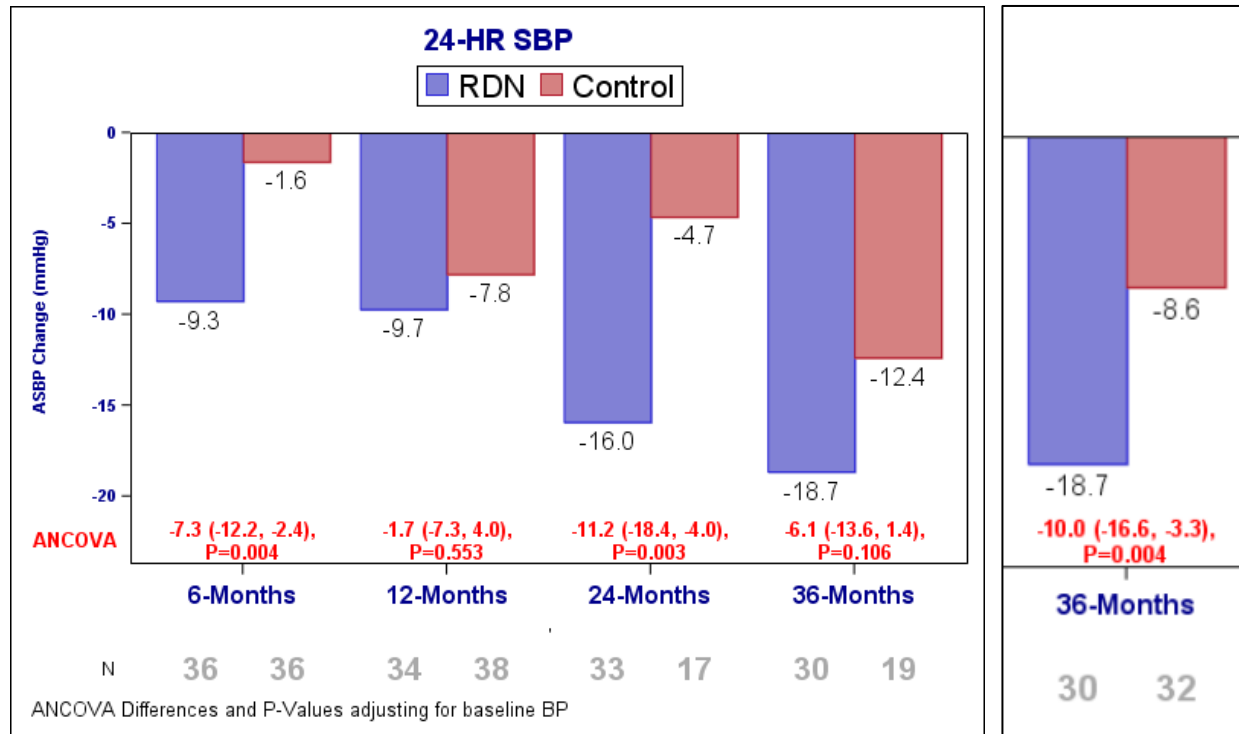
### Randomization

- Pilot 1:1
- Expansion
  - First 26 subjects – 1:1
  - Remaining 231 subjects – 2:1 (rfRDN:Sham)

### Missing Data

- rfRDN: 14/206 (6.8%)
- Sham: 15/131 (11.5%)

# HTN-ON BP Reduction Durability – Pilot Cohort



**Subject unblinding at 12 months**

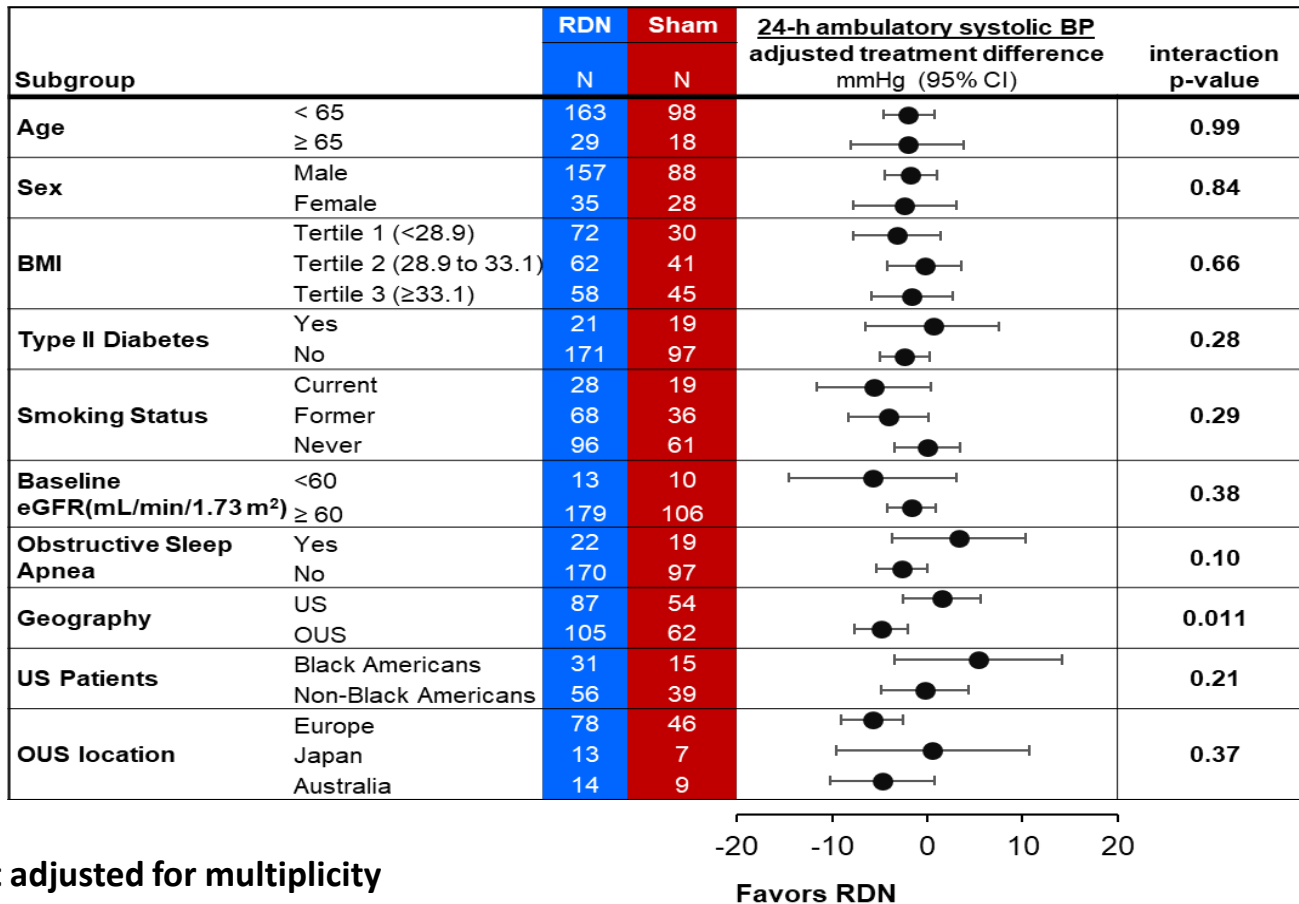
Without data imputation

With data imputation<sup>12</sup>

**p-values not adjusted for multiplicity**

12. Mahfoud ea. Long-term efficacy and safety of renal denervation in the presence of antihypertensive drugs (SPYRAL HTN-ON MED): a randomised, sham-controlled trial. Lancet. 2022;399(10333):1401-1410.

# HTN-ON Subgroup Analysis at 6 Months – Full Cohort



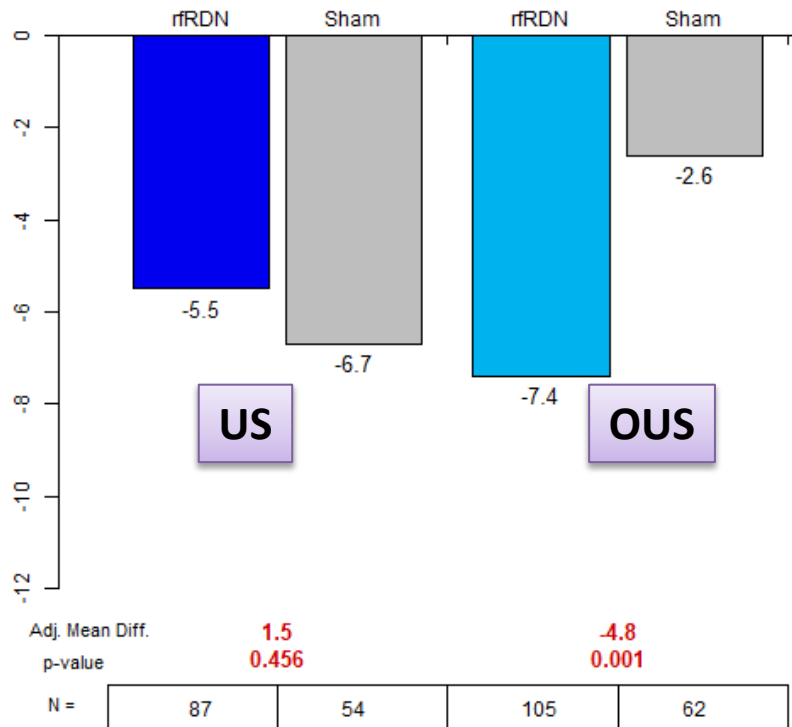
p-values not adjusted for multiplicity

# HTN-ON Subgroup Analyses at 6 Months – Full Cohort

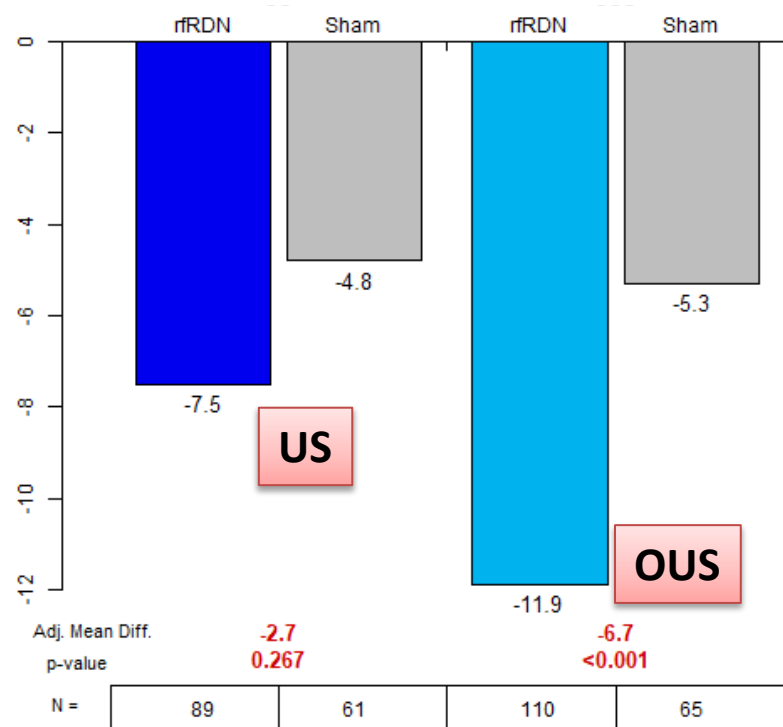
## *ASBP and OSBP in US vs OUS Subjects*



### 24-Hour SBP @ 6M



### Office SBP @ 6M



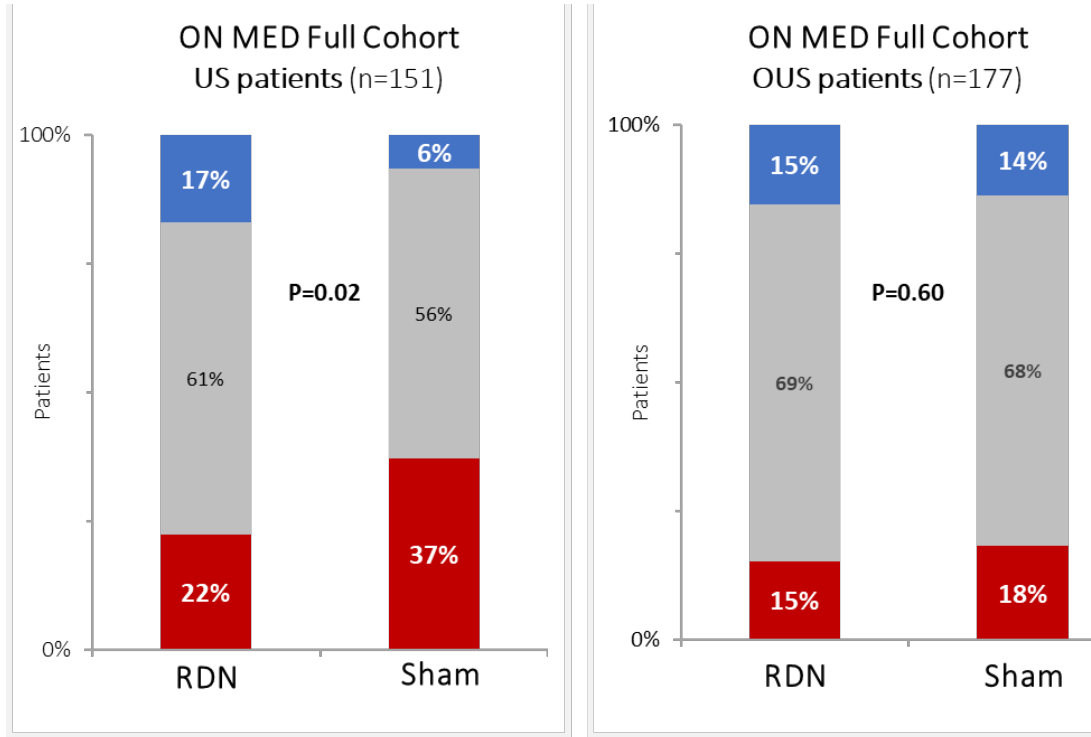
p-values not adjusted for multiplicity



# HTN-ON Subgroup Analysis at 6 Months – Full Cohort



## Changes in Medication Burden in US vs. OUS Subjects

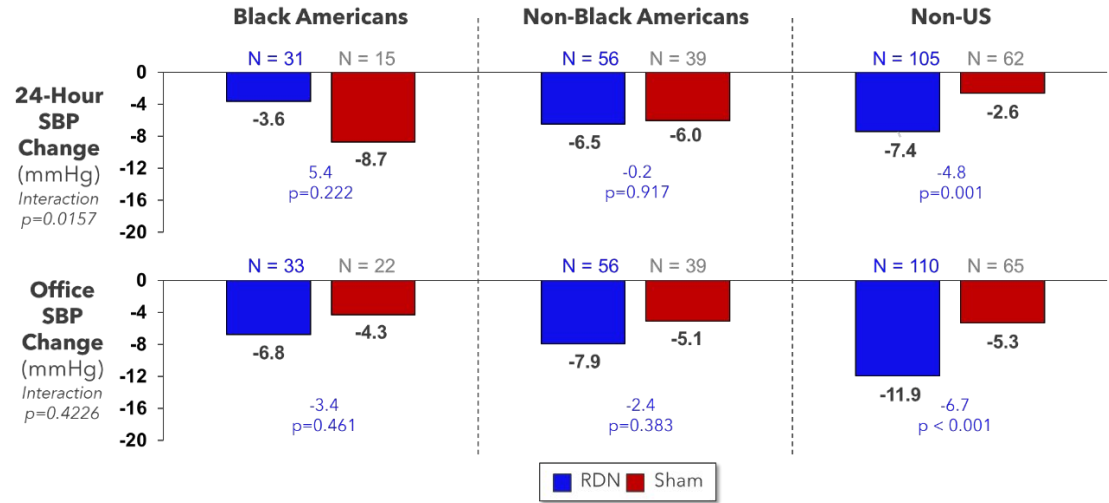


**US: On average, Sham patients increased medications by 0.24 of a full med dose vs. rfRDN patients**

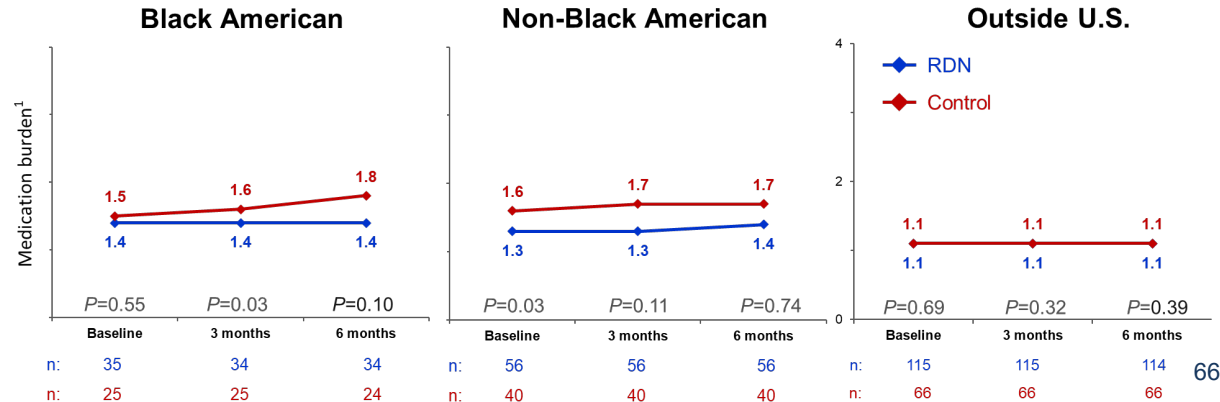
**OUS: Sham and rfRDN subjects had similar medication change profiles**

Medication burden (drug testing detected):  
■ Increase   ■ No change   ■ Decrease

# HTN-ON Subgroup Analysis at 6 Months – Full Cohort



## Black Americans vs. Non-Black Americans



p-values not adjusted for multiplicity

# SAFETY RESULTS

## HTN-OFF & HTN-ON

# Primary Safety Endpoint

The primary safety endpoint was defined as the occurrence of at least one of the following major adverse events (MAE):

a. 30 days

- All-cause mortality
- End stage renal disease
- Significant embolic events resulting in end-organ damage
- Renal artery perforation requiring intervention
- Renal artery dissection requiring intervention
- Major vascular complications
- Hospitalization for hypertensive crisis not related to non-adherence with BP medications or the study protocol

b. New renal artery stenosis (RAS), defined as a >70% stenosis, confirmed by renal angiography at 6 months as determined by angiographic core laboratory

# Primary Safety Endpoint Results – All Subjects



Pooled analysis of the composite 30-day MAE rate and 6 months renal artery stenosis for evaluable rfRDN-treated subjects from HTN-OFF and HTN-ON

	n/N	Composite MAE Rate	95% CI	Performance Goal (PG)	p-value
<b>First 253 evaluable subjects</b>	1/253	0.4%	0, 1.9%	7.1%	<0.001
<b>All subjects (pooled studies)</b>	2/537	0.4%	0, 1.2%		

**2 MAEs: Both femoral pseudoaneurysms**

# Renal Artery Stenosis Assessment

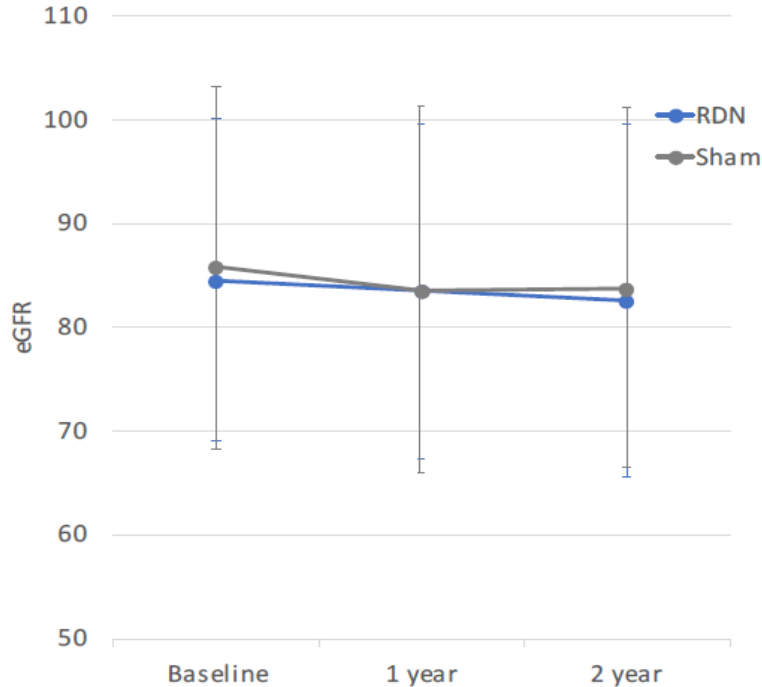
## *12 months CTA/MRA Study*



- Pre-specified minimum of 150 subjects with diagnostic CTAs or MRAs at 12 months
- 206 patients with 12-month CTA or MRA
  - No subjects with a >70% diameter stenosis (DS) lesion confirmed by angiogram
  - 6 patients (2.9%) with potential >50% and ≤99% diameter stenosis (DS)
    - 4 subjects with no confirmatory imaging (CTA/MRA, angiogram)
    - 2 subjects with 60% stenosis by CTA
  - 2 patients with potential >50% and ≤99% DS had renal angiograms read by site as “no stenosis,” but angiography was of insufficient quality for core lab to calculate DS

**Incidence of new renal artery 50 to 99% DS  
by CT/MRA could be as high as 2.9% - 3.9%**

# HTN-OFF Full Cohort and HTN-ON Pilot *eGFR Through 2 Years*



**eGFR through 2 years  
similar between rfRDN  
and Sham**

RDN	220	196	181
Sham	226	135	65

# SUPPLEMENTARY CLINICAL DATA



# Global SYMPPLICITY Registry (GSR)



- Prospective, multi-center, single-arm, open label registry
- Enrolling up to 5000 subjects  $\geq 18$  years of age
  - Including broader patient population with more comorbidities vs. HTN-OFF and HTN-ON
- Follow-up through 60 months
- Device versions:
  - Symplicity Flex (single electrode, 1<sup>st</sup> generation device)
  - Symplicity Spyral (multi-electrode, current PMA device)

# GSR 24-hour SBP Results

	Baseline	Change at 6-months	Change at 12-months	Change at 24-months	Change at 36-months
<b>Symplicity Spyral Catheter</b>	155.20 ± 20.10 N=542	-7.69 ± 18.72, N=289	-8.77 ± 18.04, N=242	-8.83 ± 17.96, N=132	-14.39 ± 21.93, N=74

# Limitations of Registry Data

- Unblinded
- Single arm
- Unclear if drop in BP is due to RDN or to nonspecific placebo or Hawthorne effects or regression to the mean and the like
- In RDN trials, difference between unblinded HTN-2 (with reduction of SBP by 32 mmHg RDN over control) and sham controlled HTN-3 (2 mmHg difference) shows importance of sham controls

# GSR Time in Target Range

- Time in Target Range (TTR) data presented for the GSR
- Caveats to consider
  - TTR is a measure of control of blood pressure. It is agnostic as to how BP control is achieved.
  - TTR not yet fully validated for clinical outcomes
  - Number of BP assessments (with interpolation) may be too few to accurately determine TTR
    - TTR literature often uses BP measurements spaced 1 or 3 months apart



## **Patient Preference Study**

**David Gebben, PhD**  
**Health Economist**  
**Office of Strategic Partnerships and**  
**Technology Innovation**

# Patient Preference Information (PPI)

## *CDRH Guidance*

**Guidance Document:** *Patient Preference Information – Voluntary Submission, Review in PMAs, HDE Applications, and De Novo Requests and Inclusion in Decision Summaries and Device Labeling. August 2016*

- PPI Definition:
  - qualitative or quantitative assessments of the relative desirability or acceptability to patients of specified alternatives or choices among outcomes or other attributes that differ among alternative health interventions
  - Not a patient-reported outcome (PRO) or other clinical trial endpoint or outcome

# Benefit-Risk Determination

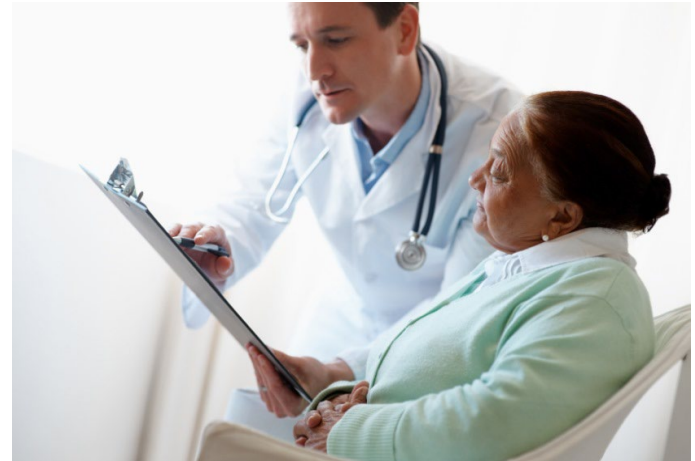
- Before considering Benefit-Risk (B-R), establish reasonable assurance of safety and effectiveness
- CDRH recognizes the patient preference information can supplement the assessment of benefits and risks
- Patient preference studies consider how patients tradeoff the benefits and risks of treatment options<sup>13</sup>

13. FDA Guidance. Factors to Consider When Making Benefit-Risk Determinations in Medical Device Premarket Approval and De Novo Classifications Guidance for Industry and Food and Drug Administration Staff. August 2019. <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/factors-consider-when-making-benefit-risk-determinations-medical-device-premarket-approval-and-de>

# Recommended Qualities of Patient Preference Studies

Well-designed and conducted patient preference studies can provide valid scientific evidence regarding patients' risk tolerance and perspective on benefit. This may inform FDA's evaluation of a device's benefit-risk profile during the PMA, HDE application, and De Novo request review processes.



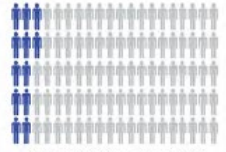



- A. All about Patients
  - Patient Centeredness
  - Sample Representativeness
  - Capturing Heterogeneous Patient Preferences
  - Comprehension by Study Participants
- B. Good Study Design
  - Established Good Research Practices
  - Effective Benefit-Risk Communication
  - Minimal Cognitive Bias
  - Relevance
- C. Good Study Conduct and Analysis
  - Study Conduct
  - Logical Soundness
  - Robustness of Analysis of Results





# PPI Study Qualities

- 400 respondents to PPI Survey
- Qualities consistent with CDRH PPI Guidance:
  - Follows guidelines for good research practices established by recognized professional organizations
  - Followed good ethical research practices
  - Survey understandable to respondents
- Medtronic met with the FDA and incorporated feedback into the design of the study.

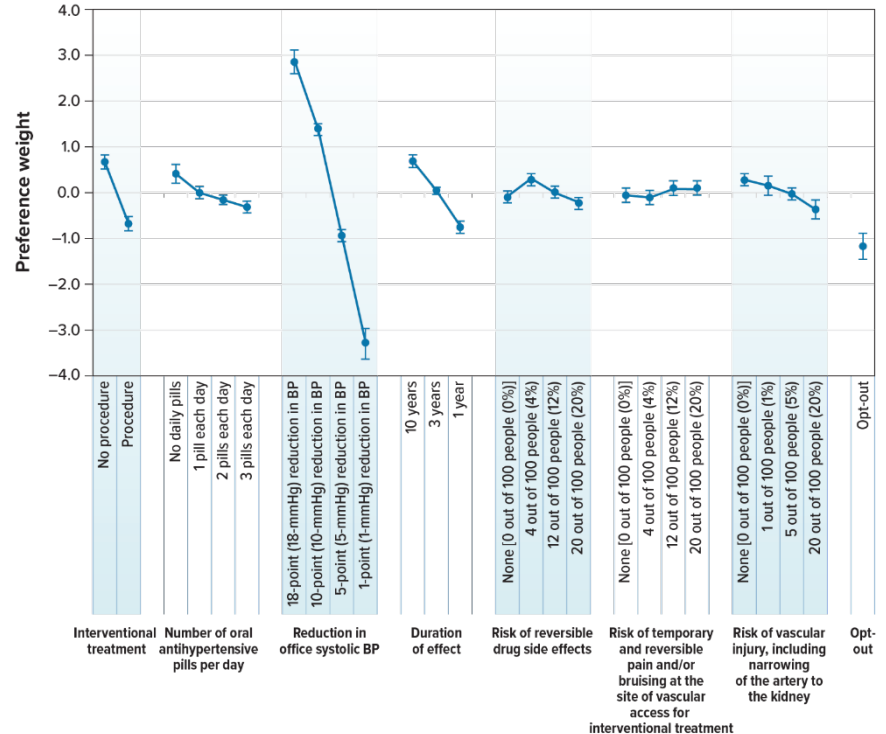
Treatment Feature	Treatment A	Treatment B
Minimally invasive surgical procedure to lower blood pressure	Procedure	No procedure
Number of daily pills to lower blood pressure	1 pill each day	2 pills each day
Reduction in systolic blood pressure measured in the doctor's office	10-point reduction in blood pressure	1-point reduction in blood pressure
How long the blood pressure reduction from the treatment lasts	1 year	1 year
Risk of drug side effects while taking blood pressure pills that may lead to more doctor visits	 None (0 out of 100 people [0%])	 20 out of 100 people (20%)
Risk of temporary and reversible pain and/or bruising in the upper thigh after the minimally invasive blood pressure procedure (up to 1 month)	 12 out of 100 people (12%)	 None (0 out of 100 people [0%])
Risk of injury to blood vessel requiring another surgery (likely minor) usually within 18 months	 None (0 out of 100 people [0%])	 None (0 out of 100 people [0%])

Example Choice Task

# PPI Study Results by Attributes and Levels

- Results generally as expected with levels in order of expected preference
- Reduction in office systolic blood pressure was main driver of preference choices
- Risks of treatments were not as important

Results from patient preference study



# PPI Study Results

- In general, patients accepted greater risks of side effects/adverse events from interventional treatment or pills for greater reductions in office systolic blood pressure
- From PPI survey results & possible B-R scenarios of treatment options, model of estimates for percentage of patients' treatment choices was created
- The scenarios suggest that between 15.1% - 30.9% of patients would select the RDN system intervention based on clinical scenarios



# Post-Approval Study And FDA Conclusions

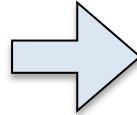
**Hiren Mistry, MS**  
**Biomedical Engineer**  
**Office of Cardiovascular Devices**

# Post Approval Study – AFFIRM

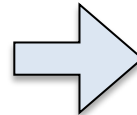


- Continued access protocol & post market study

Continued follow-up HTN-OFF & HTN-ON Subjects
Up to 200 rfRDN treated subjects



New Subjects
Up to 1000 new subjects
<ul style="list-style-type: none"><li>OSBP <math>\geq</math> 140 mmHg</li><li>chronic kidney disease (CKD)</li><li>isolated systolic HTN (ISH)</li><li>type 2 diabetes mellitus (DM Type 2)</li></ul>



AFFIRM STUDY
<b>Continued Follow-up Cohort</b>
Additional 24 months follow-up after HTN-OFF/ON studies
60 months total follow-up post rfRDN
<b>Main Cohort</b>
Receive rfRDN on enrollment
36 months follow-up post rfRDN

# Post Approval Study – AFFIRM Endpoints



- Safety: Incidence of MAE
- Effectiveness:
  - Change in OSBP, Home BP, 24hr ASBP
  - Procedural characteristics, BP medication burden, proportion requiring repeat RDN, and Time in Target Range
- Pre-specified subgroup analysis in ISH, CKD, DM Type 2 patients

# Post Approval Study – General Considerations



- Training to facilitate procedural success with new users
- Further evaluation of patient subgroups (gender, race)
- Additional collection of long-term renal imaging
- BP reduction durability

# FDA CONCLUSIONS



# Conclusions (1)

- Primary safety endpoint met
  - Pooled safety rate of 0.4%
  - No new RAS cases (>70% diameter stenosis)
    - Potential rate <3.9% for 12 Month RAS >50% and < 99% DS
- HTN-OFF: Primary effectiveness endpoint met
  - Between-group difference in mean ASBP reduction of 3.9 mmHg in favor of RDN vs. Sham at 3 months
- HTN-ON: Primary effectiveness endpoint not met
  - Between-group difference in mean ASBP reduction of 0.03 mmHg at 6 months
  - Discordant results between the HTN-ON Pilot and Expansion cohorts
    - Multiple hypotheses proposed to help explain the potential reasons for the results

## Conclusions (2)

- Strengths
  - Powered, randomized, sham-controlled, blinded trials
- Limitations
  - Small long-term RCT data sample size
  - Challenging interpretation BP reduction durability
    - Medication changes beyond 3 months (HTN-OFF) or 6 months (HTN-ON)
    - Longer-term BP measurements performed in unblinded subjects
    - Crossover from Sham to rfRDN reduced the sample size of the control group
- Patient Preference Study
  - Some patients may prefer rfRDN to an additional BP pill

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7. Booth LC et al. Reinnervation following catheter-based radio-frequency renal denervation. *Exp Physiol* 100(5). 2015.
8. Kiuchi MG et al. Renal denervation update from the International Sympathetic Nervous System Summit: JACC State-of-the-Art Review. *J Am Coll Cardiol* 73(23). 2019.
9. December 2018 Circulatory System Devices Panel of the Medical Devices Advisory Committee Meeting on Clinical Evaluation of Anti-Hypertensive Devices. [bit.ly/3OEirtN](http://bit.ly/3OEirtN)
10. FDA Guidance. Breakthrough Devices Program. December 2018. <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/breakthrough-devices-program>
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12. Mahfoud et al. Long-term efficacy and safety of renal denervation in the presence of antihypertensive drugs (SPYRAL HTN-ON MED): a randomised, sham-controlled trial. *Lancet*. 2022;399(10333):1401-1410.
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14. FDA Guidance. Patient Preference Information - Voluntary Submission, Review in Premarket Approval Applications, Humanitarian Device Exemption Applications, and De Novo Requests, and Inclusion in Decision Summaries and Device Labeling. August 2016. <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/patient-preference-information-voluntary-submission-review-premarket-approval-applications>

