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Medical Devices with Indications Associated with Weight Loss - Non-Clinical Recommendations

Draft Guidance for Industry and Food and Drug Administration Staff

DRAFT GUIDANCE

This draft guidance document is being distributed for comment purposes only.

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For questions about this document, contact OHT3: Office of Gastro-Renal, ObGyn, General Hospital, and Urology Devices/DHT3A: Division of Renal, Gastrointestinal, Obesity, and Transplant Devices at (301) 796-7030.



**U.S. Department of Health and Human Services
Food and Drug Administration
Center for Devices and Radiological Health**

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Preface

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This draft guidance, when finalized, will represent the current thinking of the Food and Drug Administration (FDA or Agency) on this topic. It does not establish any rights for any person and is not binding on FDA or the public. You can use an alternative approach if it satisfies the requirements of the applicable statutes and regulations. To discuss an alternative approach, contact the FDA staff or Office responsible for this guidance as listed on the title page.

I. Introduction

This draft guidance document provides recommendations for the non-clinical testing to support premarket submissions (e.g., Premarket Approval (PMA) Applications, Investigational Device Exemption (IDE) Applications, Premarket Notifications (510(k)s), and De Novo classification requests) for medical devices with indications for use associated with weight loss. Examples of indications associated with weight loss include indications for weight loss, weight reduction, weight management, or obesity treatment in patients who are overweight or have obesity. Due to the wide variety of device designs, among other things, there can be variability in the demonstrated weight loss and risk associated with these devices, as well as variability in the applicability of some of the recommended testing. The recommendations reflect current review practices of premarket submissions for these devices and are intended to promote consistency and facilitate efficient review of these submissions.

For the current edition of the FDA-recognized consensus standard(s) referenced in this document, see the [FDA Recognized Consensus Standards Database](https://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfStandards/search.cfm).¹ For more information regarding use of consensus standards in regulatory submissions, please refer to the FDA guidance titled “[Appropriate Use of Voluntary Consensus Standards in Premarket Submissions for Medical Devices](https://www.fda.gov/regulatory-information/search-fda-guidance-documents/appropriate-use-voluntary-consensus-standards-premarket-submissions-medical-devices).”²

¹ Available at <https://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfStandards/search.cfm>.

² Available at <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/appropriate-use-voluntary-consensus-standards-premarket-submissions-medical-devices>.

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33
34 In general, FDA’s guidance documents do not establish legally enforceable responsibilities.
35 Instead, guidances describe the Agency’s current thinking on a topic and should be viewed only
36 as recommendations, unless specific regulatory or statutory requirements are cited. The use of
37 the word *should* in Agency guidances means that something is suggested or recommended, but
38 not required.
39

40 II. Scope

41 The scope of this document is limited to devices with indications for use associated with weight
42 loss, including weight loss, weight reduction, weight management, or obesity treatment in
43 patients who are overweight or have obesity. This includes the existing product codes listed in
44 Table 1 below:
45

46 **Table 1. Existing product codes within the scope of this guidance**

Product Code	Product Code Name	Regulation Number
LTI	Intragastric implant for morbid obesity	Not applicable ³
OYF	Aspiration therapy system	Not applicable ⁴
PIM	Neuromodulator for obesity	Not applicable ⁵
ONY	Oral removable retainer for weight management	21 CFR 876.5981 ⁶
QFQ	Ingested, Transient, Space Occupying Device For Weight Management And/Or Weight Loss	21 CFR 876.5982 ⁷
QTD	Endoscopic Suturing Device For Altering Gastric Anatomy For Weight Loss	21 CFR 876.5983 ⁸

47
48 Although the product codes listed above are current as of the date of issuance of this guidance,
49 new product codes or classification regulations may be created over time and could fall within
50 the scope of this guidance. We recommend that you reference the product code database
51 (<http://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfPCD/classification.cfm>) or contact OHT3:
52 Office of Gastro-Renal, ObGyn, General Hospital, and Urology Devices if you are uncertain

³ This is a postamendments class III device.

⁴ *Ibid.*

⁵ *Ibid.*

⁶ This classification regulation includes special controls. *See* 21 CFR 876.5981(b).

⁷ This classification regulation includes special controls. *See* 21 CFR 876.5982(b).

⁸ This classification regulation includes special controls established in the reclassification order, available at https://www.accessdata.fda.gov/cdrh_docs/pdf21/DEN210045.pdf. The publication of this classification in the Federal Register and codification in the Code of Federal Regulations are currently pending.

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53 whether this guidance applies to your device and the product code for your device is not already
54 captured in this guidance.

55
56 Some of the recommendations in this guidance may assist in complying with some of the special
57 controls for devices with indications associated with weight loss. For information regarding
58 special controls for oral removable retainers for weight management, see 21 CFR 876.5981(b).
59 For information regarding special controls for ingested, transient, space occupying devices for
60 weight management and/or weight loss, see 21 CFR 876.5982(b). For information regarding
61 special controls for endoscopic suturing devices for altering gastric anatomy for weight loss, see
62 FDA’s website.⁹

63
64 This draft guidance should be viewed as a complement to FDA’s draft guidance entitled,
65 “[Medical Devices with Indications Associated with Weight Loss - Clinical Study and Benefit-
66 Risk Considerations](#),”¹⁰ which, once finalized, will provide recommendations regarding clinical
67 study design for these devices and also includes discussion on how FDA considers the benefit-
68 risk analysis to support such indications.

69

70 **III. Premarket Submission Recommendations**

71 **A. Device Description**

72 We recommend submitters identify their device by the applicable regulation number and product
73 code indicated in Section II above and include the information described below.

74

- 75 • An explanation of how the device functions, the scientific concepts that form the
76 basis for the device, and the significant physical and performance characteristics of
77 the device, such as device design, material(s) used, and physical properties.
- 78 • A complete description of the device, which may be facilitated by the submission of
79 engineering schematics or other figures. If the device consists of multiple
80 components, a diagram identifying how the different components of the device
81 system work together, a video, and/or animation, could be beneficial.
- 82 • A discussion of the physical specifications and/or tolerances of the device.
- 83 • If the device includes nitinol, submitters should include the General Information
84 recommended in the FDA guidance document “[Technical Considerations for Non-
85 Clinical Assessment of Medical Devices Containing Nitinol](#).”¹¹

86

⁹ See reclassification order, available at https://www.accessdata.fda.gov/cdrh_docs/pdf21/DEN210045.pdf.

¹⁰ When final, this guidance will represent FDA’s current thinking on clinical study and benefit-risk considerations for medical devices with indications associated with weight loss. Available at <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/medical-devices-indications-associated-weight-loss-clinical-study-and-benefit-risk-considerations>.

¹¹ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/technical-considerations-non-clinical-assessment-medical-devices-containing-nitinol>.

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88 **B. Labeling**

89 For a premarket approval application (PMA), submitters must submit all proposed labeling. (21
90 CFR 814.20(b)(10)). Additionally, a 510(k) submission must include proposed labeling in
91 sufficient detail to satisfy the requirements of 21 CFR 807.87(e). Proposed labels and labeling,
92 sufficient to describe the device, its intended use, and the directions for use must be provided.
93 Lastly, for De Novo requests, submitters must provide labeling sufficient to describe the device,
94 its intended use, and the directions for its use. (21 CFR 860.220(a)(18)).

95
96 As prescription devices, devices with indications associated with weight loss are exempt from
97 having adequate directions for lay use required under section 502(f)(1) of the Federal Food,
98 Drug, and Cosmetic Act (FD&C Act) as long as the conditions in 21 CFR 801.109 are met. For
99 instance, labeling must include adequate information for the intended user of the device,
100 including indications, effects, routes, methods, frequency and duration of administration and any
101 relevant hazards, contraindications, side effects, and precautions (21 CFR 801.109(d)). The
102 following section does not detail all of the elements of proposed labeling that are required within
103 a marketing submission, but instead outlines recommendations for specific content for inclusion
104 in the user manual that may apply specifically to devices with indications associated with weight
105 loss.

106

107 **(1) Warnings**

108 If the device includes nitinol and has prolonged or permanent contact with the body, we
109 recommend inclusion of the warning regarding nickel allergy as described in FDA guidance
110 “[Technical Considerations for Non-Clinical Assessment of Medical Devices Containing
111 Nitinol.](#)”¹²
112

113 **(2) MR Safety Information**

114 We recommend submitters follow the labeling guidance in “[Testing and Labeling Medical
115 Devices for Safety in the Magnetic Resonance \(MR\) Environment.](#)”¹³ We also recommend that
116 submitters use the standardized terminology and icons specified in the currently recognized
117 version of ASTM F2503: *Standard Practice for Marking Medical Devices and Other Items for
118 Safety in the Magnetic Resonance Environment.*
119

120 **(3) Overview of Clinical Studies**

121 Submitters should provide a narrative description of the study(ies) relevant to the device. For
122 information regarding clinical study considerations for these devices, we recommend submitters

¹² <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/technical-considerations-non-clinical-assessment-medical-devices-containing-nitinol>.

¹³ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/testing-and-labeling-medical-devices-safety-magnetic-resonance-mr-environment>.

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123 follow FDA’s draft guidance, “[Medical Devices with Indications Associated with Weight Loss-](#)
124 [Clinical Study and Benefit-Risk Considerations](#).¹⁴” The narrative should be brief, and for each
125 study, it should include a description of the following:

- 126
- 127 • design of the study, including any randomization, blinding, and the control or controls
128 used;
- 129 • number of patients enrolled;
- 130 • number of investigational sites both inside the United States (U.S.) and outside the
131 United States (O.U.S.);
- 132 • primary study endpoints;
- 133 • results of the study (e.g., adverse events, endpoint data, statistical analysis); and
134 • amount of available follow-up.

135
136 Data on the changes in the major weight-related comorbidities (e.g., type 2 diabetes mellitus,
137 hypertension) are important to describe the overall benefit-risk profile of a new device with an
138 indication associated with weight loss and could be included in the Clinical Studies section of the
139 device labeling. Any labeling associated with secondary effectiveness endpoints should be based
140 on results that are both clinically and statistically significant. If any of the secondary endpoint
141 analyses are intended to support the indications for use or to describe device performance in the
142 labeling (e.g., comparing treatment and control groups using p-values and confidence intervals),
143 we recommend that submitters pre-specify this intention in the study protocol and provide a
144 detailed description of the statistical methods submitters plan to follow. To support inclusion in
145 labeling, the overall type I error rate should be controlled. The clinical significance and
146 consistency across studies of any observed differences will be important in determining whether
147 the secondary effectiveness data are appropriate for inclusion in the Clinical Studies section of
148 the labeling.

149

(4) Adverse Events

150
151 In addition to the adverse event information from the clinical study described in Section IV.H of
152 FDA’s draft guidance, “[Medical Devices with Indications Associated with Weight Loss -](#)
153 [Clinical Study and Benefit-Risk Considerations](#),”¹⁵ submitters should also include potential risks
154 associated with the device.

155

¹⁴ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/medical-devices-indications-associated-weight-loss-clinical-study-and-benefit-risk-considerations>.

¹⁵ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/medical-devices-indications-associated-weight-loss-clinical-study-and-benefit-risk-considerations>.

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156 FDA has alerted health care providers about potential risks with liquid-filled intragastric
157 balloons.¹⁶ If the device is a liquid-filled intragastric balloon, we recommend that the specific
158 risks identified in these safety communications be included in the labeling, and occurrence rates
159 be separated by occurrence in the U.S. and globally, if applicable. These risks include, but may
160 not be limited to: spontaneous hyperinflation in patients' stomachs, acute pancreatitis,
161 esophageal perforation, gastric perforation, aspiration, and death.
162

(5) Patient Labeling (including patient implant card, if applicable)

163 Submitters should provide examples of all patient labeling, including the patient guide and
164 implant card, that are intended to be provided to patients. When preparing patient labeling, we
165 recommend use of the FDA guidance "[Guidance on Medical Device Patient Labeling](#)."¹⁷
166
167

168 For MR Conditional devices, we recommend submitters include in the patient labeling and on
169 the patient implant card all conditions for safe MR use as specified in "[Testing and Labeling
170 Medical Devices for Safety in the Magnetic Resonance \(MR\) Environment](#)"¹⁸ as well as the MR
171 Conditional icon from the currently recognized version of ASTM F2503: *Standard Practice for
172 Marking Medical Devices and Other Items for Safety in the Magnetic Resonance Environment*.
173
174

C. Sterility

175 Devices with indications for use associated with weight loss can be sterile or provided non-
176 sterile.
177

(1) Sterile Devices

178 Significance: Devices with indications for use associated with weight loss can be implanted
179 devices or come in contact with breached or compromised tissue and/or the blood path. Such
180 devices should be adequately sterilized to minimize infections and related complications.
181
182

183 Recommendation: For devices labeled as sterile, we recommend submitters provide the
184 information outlined below.¹⁹
185

¹⁶ See "The FDA alerts health care providers about potential risks with liquid-filled intragastric balloons," available at <https://www.fda.gov/medical-devices/letters-health-care-providers/fda-alerts-health-care-providers-about-potential-risks-liquid-filled-intragastric-balloons>.

¹⁷ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/guidance-medical-device-patient-labeling>.

¹⁸ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/testing-and-labeling-medical-devices-safety-magnetic-resonance-mr-environment>.

¹⁹ For 510(k) submissions, we recommend that submitters provide information for the final sterile device in accordance with FDA's guidance "[Submission and Review of Sterility Information in Premarket Notification \(510\(k\)\) Submissions for Devices Labeled as Sterile](#)" (available at <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/submission-and-review-sterility-information-premarket-notification-510k-submissions-devices-labeled>).

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- 186 1. For the sterilization method, submitters should provide the following:
- 187 a. a comprehensive description of the sterilization method/process;
- 188 b. a description of the sterilization chamber if not rigid, fixed (e.g., flexible bag);
- 189 c. the sterilization site;
- 190 d. in the case of radiation sterilization, the radiation dose; and
- 191 e. for chemical sterilants (e.g., ethylene oxide (EO), hydrogen peroxide (H₂O₂)), the
- 192 maximum levels of sterilant residuals that remain on the device, and an explanation of
- 193 why those levels are acceptable for the device type and the expected duration of
- 194 patient contact.
- 195 In the case of EO sterilization, CDRH has accepted EO residuals information based
- 196 on the currently recognized version of the standard, AAMI/ANSI/ISO 10993-7,
- 197 *Biological Evaluation of Medical Devices – Part 7: Ethylene Oxide Sterilization*
- 198 *Residuals*.
- 199 2. For the sterilization method, submitters should provide a description of the method used
- 200 to validate the sterilization cycle (e.g., the half-cycle method) as well as the sterilization
- 201 validation data. The submission should also identify all relevant consensus standards used
- 202 and identify any aspects of the standards that were not met. In the absence of a
- 203 recognized standard, a comprehensive description of the process and the complete
- 204 validation protocol should be submitted and reviewed.
- 205 3. Submitters should state the sterility assurance level (SAL) of 10⁻⁶ for devices labeled as
- 206 sterile unless the device is intended only for contact with intact skin. FDA recommends a
- 207 SAL of 10⁻³ for devices intended only for contact with intact skin.

208

(2) Non-Sterile Devices

210 Significance: If the single-patient use device makes contact with only non-sterile areas of the

211 body (e.g., intact gastrointestinal tract) and will not breach mucosal tissues, it may be acceptable

212 to be provided to the user and used as non-sterile. However, the use of a non-sterile device in the

213 gastrointestinal tract can introduce microbes that can cause illness, introduce antibiotic-resistant

214 organisms, and/or alter the gut microflora. Therefore, it is important to monitor microbial levels

215 during the manufacturing process to minimize these risks.

216

217 Recommendation: Submitters should describe the type and frequency of microbial monitoring

218 that is conducted to ensure that the types of microbes and the levels of bioburden on any

219 gastrointestinal tract-contacting components of the device will, within reason, not negatively

220 impact human health in regard to the risk of infection.

221

222 Submitters should provide test reports and protocols with the following information for devices

223 intended to be provided non-sterile:

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- 225 1. Description of the microbiological controls in the manufacturing process, which should
226 include processes to maintain low bioburden levels and the absence of pathogens (e.g.,
227 *Escherichia coli*, *Salmonella spp.*, *Clostridium spp.*) on the device;
- 228 2. Description and justification of the type and frequency of microbial monitoring
229 conducted;
- 230 3. The level of bioburden on the device and the historical data and scientific justification
231 used to determine alert and action levels;
- 232 4. Bioburden recovery efficiency validation and bioburden culture methods; and
- 233 5. The identities of predominant bioburden species and a justification for how the types of
234 microorganisms and the levels of bioburden on the device do not negatively impact
235 human health.

236
237 For intragastric devices filled with liquid (e.g., balloons), FDA recommends that the fill fluid for
238 the device is provided sterile. The presence of microorganisms in the fill fluid of these devices
239 may lead to hyperinflation of the device beyond the intended maximum fill volume described in
240 the labeling, which could lead to patient complications and/or device failure.

241 a. Clean Devices

242 If the device is intended to be labeled as “clean, non-sterile,” we recommend that submitters
243 describe the method of cleaning conducted to support that the device is clean, and include the
244 cleaning methods, assays to assess cleanliness, and acceptance criteria used. Submitters should
245 consider the FDA-recognized version of ASTM F3127: *Standard Guide for Validating Cleaning
246 Processes Used during the Manufacture of Medical Devices* for further recommendations related
247 to the validation of critical cleaning processes to reduce manufacturing contaminants on medical
248 devices to acceptable levels prior to packaging.
249

250 D. Pyrogenicity

251 Significance: Pyrogenicity testing is used to help protect patients from the risk of febrile reaction
252 due to gram-negative bacterial endotoxins and/or chemicals that can leach from a medical device
253 (e.g., material-mediated pyrogens).
254

255 Recommendation: To address the risks associated with the presence of bacterial endotoxins, if
256 applicable, the device should meet applicable pyrogen limit specifications.²⁰ Submitters should
257 also follow the recommendations in “[Pyrogen and Endotoxins Testing: Questions and
258 Answers](#).”²¹ To address the risks associated with material-mediated endotoxins, follow the

²⁰ For 510(k) submissions, submitters should meet pyrogen limit specifications by following the recommendations outlined in FDA’s guidance “[Submission and Review of Sterility Information in Premarket Notification \(510\(k\)\) Submissions for Devices Labeled as Sterile](#)” (available at <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/submission-and-review-sterility-information-premarket-notification-510k-submissions-devices-labeled>).

²¹ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/pyrogen-and-endotoxins-testing-questions-and-answers>.

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259 recommendations in FDA’s guidance “[Use of International Standard ISO 10993-1, ‘Biological](#)
260 [evaluation of medical devices - Part 1: Evaluation and testing within a risk management](#)
261 [process.’](#)”²²
262

263 For devices intended to be labeled as “non-pyrogenic,” we recommend that both bacterial
264 endotoxins and material-mediated pyrogens be addressed. As discussed in Section III.F,
265 material-mediated pyrogenicity assessment can be evaluated as part of a non-clinical animal
266 study.
267

268 **E. Shelf Life and Packaging**

269 Significance: Shelf life testing is conducted to support the proposed expiration date through
270 evaluation of the package integrity for maintaining device sterility, bioburden, or cleanliness and
271 evaluation of changes to device performance or functionality.
272

273 Recommendation: With respect to package integrity, submitters should provide a description of
274 the packaging, including how it will maintain the device’s sterility, bioburden, or cleanliness, the
275 protocol(s) used for package integrity testing, the results of the testing, and the conclusions
276 drawn from results.²³ We recommend that a package validation study include simulated
277 distribution and associated package integrity testing, as well as an aging process (accelerated
278 and/or real-time) and associated seal strength testing, to validate package integrity and shelf life
279 claims. We recommend following the methods described in the FDA-recognized series of
280 consensus standards AAMI/ANSI/ISO 11607-1: *Packaging for terminally sterilized medical*
281 *devices – Part 1: Requirements for materials, sterile barrier systems and packaging* and
282 AAMI/ANSI/ISO 11607-2: *Packaging for terminally sterilized medical devices – Part 2:*
283 *Validation requirements for forming, sealing and assembly processes.*
284

285 With respect to evaluating the effects of aging on device performance or functionality, shelf life
286 studies should evaluate the critical device properties to ensure it will perform adequately and
287 consistently during the entire proposed shelf life. To evaluate device functionality, we
288 recommend submitters assess each of the bench tests described in Section III.K and repeat all
289 tests that evaluate design components or characteristics that are potentially affected by aging
290 using aged devices.
291

292 For non-sterile devices that contact only non-sterile areas of the body (e.g., intact gastrointestinal
293 tract, intact skin), a risk assessment should be performed to identify if the device or device
294 component has the potential to support microbial growth during the shelf life (e.g., lubricants,
295 oils, organic substances). Non-sterile devices with a high risk of supporting microbial growth
296 should undergo bioburden testing at the end of the proposed shelf life to ensure that the device
297 does not exceed microbial action levels at the end of the proposed shelf life. If the device is

²² <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/use-international-standard-iso-10993-1-biological-evaluation-medical-devices-part-1-evaluation-and->

²³ For 510(k) submissions, submitters should provide a description of the packaging, including how it will maintain the device’s sterility, and a description of the package integrity test methods, but not the package test data.

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298 determined to have a low risk of microbial growth during shelf life, then the microbiological
299 testing at the end of the proposed shelf life may not be necessary.

300
301 We recommend submitters provide the protocol(s) used for shelf life testing, the results of the
302 testing, and the conclusions drawn from results.²⁴ In the context of a PMA, if the submitter
303 intends to extend the shelf life of the device after initial approval, we recommend they provide
304 the protocol(s) to support the extension in the original submission per 21 CFR 814.39(a)(7). We
305 recommend all test samples undergo real-time aging to assess the effects of aging on the
306 maintenance of sterility and device performance.

307
308 If devices subjected to accelerated aging are used, we recommend submitters specify the way in
309 which the device was aged and provide a rationale to explain how the results of shelf life testing
310 based on accelerated aging are representative of the results if the device were aged in real time.
311 We recommend submitters age the devices as per the currently FDA-recognized version of
312 ASTM F1980: *Standard Guide for Accelerated Aging of Sterile Barrier Systems for Medical*
313 *Devices* and specify the environmental parameters established to attain the expiration date. For
314 devices or components containing polymeric materials or coatings, submitters should conduct
315 testing on real-time aged samples to confirm the results of the accelerated aging study. This
316 testing should be conducted in parallel with FDA review and results documented to file in the
317 design history file (i.e., complete test reports do not need to be submitted to FDA).

318

319 **F. Biocompatibility**

320 Significance: Devices with indications associated with weight loss contain patient-contacting
321 materials, which, when used for their intended purpose, may induce a harmful biological
322 response.

323
324 Recommendation: Submitters should determine the biocompatibility of all patient-contacting
325 components present in the device. If the device is identical in chemical composition and
326 processing methods to a device with a history of successful use, submitters can reference
327 previous testing experience or the literature, if appropriate. For some device materials, it may be
328 appropriate to provide a reference to either a recognized consensus standard, or to a Letter of
329 Authorization (LOA) for a device Master File (MAF). Submitters should refer to the following
330 FDA webpage for additional information on using device MAFs: [https://www.fda.gov/medical-](https://www.fda.gov/medical-devices/premarket-approval-pma/master-files)
331 [devices/premarket-approval-pma/master-files](https://www.fda.gov/medical-devices/premarket-approval-pma/master-files).

332

333 If submitters are unable to identify a legally marketed device with the same nature of contact and
334 contact duration that uses the same materials and manufacturing process as used in the subject
335 device, we recommend conducting the biocompatibility evaluation as recommended in FDA's
336 guidance "[Use of International Standard ISO 10993-1, 'Biological evaluation of medical devices](#)
337 [- Part 1: Evaluation and testing within a risk management process.](#)"²⁵ The evaluation should

²⁴ For 510(k) submissions, we recommend submitters provide a summary of the test methods used for shelf life testing, results, and the conclusions drawn from your results.

²⁵ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/use-international-standard-iso-10993-1-biological-evaluation-medical-devices-part-1-evaluation-and>.

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338 explain the relationship between the identified biocompatibility risks, the information available
339 to mitigate the identified risks, and any knowledge gaps that remain. Submitters should then
340 identify any biocompatibility testing or other evaluations that were conducted to mitigate any
341 remaining risks. We recommend that submitters consider the recommendations in this guidance,
342 which identifies the types of biocompatibility assessments that should be considered and
343 recommendations regarding how to conduct related tests.

344
345 Data from a non-clinical animal study²⁶ that uses the device in its final finished form could be
346 used in lieu of some biocompatibility tests, if the study is designed to include assessments for
347 those biocompatibility endpoints. For example, an implantation study could be used to evaluate
348 local tissue responses, material-mediated pyrogenicity, and acute, subacute/subchronic, and
349 chronic systemic toxicity evaluation, by including the parameters of clinical biochemistry,
350 hematology, gross pathology, and organ histopathology examinations.

351
352 For an intragastric device filled with gas or liquid, submitters should provide:

- 353 • Information to describe the source, chemical name, composition, purity, and
354 amount/dose of the filling gas or liquid.
- 355 • A toxicological risk assessment on the gas or liquid when it is expelled into the
356 stomach, upon emptying or rupture of the device.
- 357 • Information or test data (e.g., chemical leachable/extractable analysis) to evaluate the
358 potential chemical reaction of the filling gas or liquid with the device and assess the
359 toxicological risks to patients if any compounds leach out of the device.

360
361 If the device includes nitinol, we recommend that submitters consider the biocompatibility
362 recommendations in the FDA guidance “[Technical Considerations for Non-Clinical Assessment
363 of Medical Devices Containing Nitinol](#).”²⁷
364

365 **G. Software**

366 Significance: When the device contains software, adequate software performance testing
367 provides assurance that the device is operating within safe parameters and that adequate alarms
368 are provided to the user if warranted. Software should conform to user needs and the intended
369 use(s) of the device.

370
371 Recommendation: Refer to the FDA software guidance “[Content of Premarket Submissions for
372 Device Software Functions](#)”²⁸ for a discussion of the software documentation that submitters

²⁶ FDA supports the principles of the “3Rs,” to replace, reduce, and/or refine animal use in testing when feasible. We encourage sponsors to consult with us if they wish to use a non-animal testing method they believe is suitable, adequate, validated, and feasible. We will consider if such an alternative method could be assessed for equivalency to an animal study.

²⁷ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/technical-considerations-non-clinical-assessment-medical-devices-containing-nitinol>.

²⁸ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/content-premarket-submissions-device-software-functions>.

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373 should provide in the marketing submission. The software guidance outlines the recommended
374 information to be provided based on the Documentation Level associated with the device. If a
375 submitter believes that the device warrants a Basic Documentation Level as defined in this
376 software guidance, the submitter should provide a scientific justification that supports the
377 rationale of the Documentation Level based on the possible consequences of software failure.

378
379 We recommend submitters provide a full description of the software/firmware supporting the
380 operation of the subject device following this software guidance, commensurate with the
381 appropriate Documentation Level. This recommendation applies to original devices/systems as
382 well as to any software/firmware changes made to already-marketed devices. Changes to
383 software must be revalidated and reverified in accordance with Design Controls, 21 CFR
384 820.30(g)(i),²⁹ and documented in the Design History File, 21 CFR 820.30(j).³⁰

385
386 If the device meets the definition of a cyber device under section 524B(c) of the FD&C Act,
387 cybersecurity documentation under section 524B(b) of the FD&C Act is required as part of the
388 premarket submission. For more information on this topic, see FDA’s guidance “[Content of
389 Premarket Submissions for Management of Cybersecurity in Medical Devices](#).”³¹

390
391 If the device includes off-the-shelf software, submitters should provide the additional
392 information as recommended in the FDA guidance documents “[Off-the-Shelf Software Use in
393 Medical Devices](#)”³² and “[Cybersecurity for Networked Medical Devices Containing Off-The-
394 Shelf \(OTS\) Software](#),”³³ which provide additional information regarding medical devices
395 utilizing off-the-shelf software.

396

²⁹ On February 23, 2022, FDA proposed to amend the device Quality System regulation, 21 CFR part 820, to align more closely with international consensus standards for devices (87 FR 10119; available at <https://www.federalregister.gov/documents/2022/02/23/2022-03227/medical-devices-quality-system-regulation-amendments>). Specifically, FDA proposed to withdraw the majority of the current requirements in part 820 and instead incorporate by reference the 2016 edition of the International Organization for Standardization (ISO) 13485, Medical devices - Quality management systems for regulatory purposes, in part 820. As stated in that proposed rule, the requirements in ISO 13485 are, when taken in totality, substantially similar to the requirements of the current part 820, providing a similar level of assurance in a firm’s quality management system and ability to consistently manufacture devices that are safe and effective and otherwise in compliance with the FD&C Act. FDA intends to finalize this proposed rule expeditiously. When the final rule takes effect, FDA will also update the references to provisions in 21 CFR part 820 in this guidance to be consistent with that rule.

³⁰ For 510(k) submissions, some software changes may warrant the submission of a new 510(k). For further information on this topic, refer to “[Deciding When to Submit a 510\(k\) for a Software Change to an Existing Device](#)” (available at <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/deciding-when-submit-510k-software-change-existing-device>).

³¹ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/content-premarket-submissions-management-cybersecurity-medical-devices-0>.

³² <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/shelf-software-use-medical-devices>.

³³ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/cybersecurity-networked-medical-devices-containing-shelf-ots-software>.

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397 Overall, the documentation related to the software contained in the medical device should
398 provide sufficient evidence to describe the role of the software included in the device, and
399 performance testing to demonstrate that the software functions as designed.
400

401 **H. Electrical Safety and Electromagnetic Compatibility** 402 **(EMC)**

403 **Significance:** If the device or device system is electrical, it may expose the operator and patient
404 to hazards associated with the use of electrical energy or may fail to operate properly in the
405 presence of electromagnetic disturbance.

406 **Recommendation:** These devices should be tested to demonstrate that they perform as anticipated
407 in their intended use environment. We recommend that this testing be performed as described in
408 the currently FDA-recognized versions of the following standards for medical electrical
409 equipment safety and electromagnetic compatibility:

- 410 • AAMI/ANSI ES60601-1: *Medical electrical equipment - Part 1: General*
411 *requirements for basic safety and essential performance.*
- 412 • AAMI/ANSI/IEC 60601-1-2: *Medical electrical equipment - Part 1-2: General*
413 *requirements for basic safety and essential performance - Collateral standard:*
414 *Electromagnetic disturbances - Requirements and tests.*
- 415 • If the device is an implanted electrical stimulator, we also recommend that submitters
416 conduct the specific tests for electrical safety and EMC that are described in the
417 currently FDA-recognized version of ISO 14708-3: *Implants for Surgery – Active*
418 *implantable medical devices – Part 3: Implantable neurostimulators.*

419
420 If submitting a declaration of conformity to the above standards, we recommend that appropriate
421 supplemental documentation such as an assessment of the results and how conformity was
422 determined, and information regarding test methods used should be provided, because this series
423 of standards includes general methods with multiple options and, in some cases, does not include
424 specific acceptance criteria or address assessment of results. For additional information on
425 providing electromagnetic compatibility information in a premarket submission, see FDA’s
426 guidance “[Electromagnetic Compatibility \(EMC\) of Medical Devices](#).”³⁴
427

428 Additionally, implanted devices that use a battery should remain functional through the battery
429 life to limit the need for unplanned surgical intervention.
430

³⁴<https://www.fda.gov/regulatory-information/search-fda-guidance-documents/electromagnetic-compatibility-emc-medical-devices>.

431

432 **I. Wireless Technology**

433 Significance: In the design, testing, and use of wireless medical devices, the correct, timely, and
434 secure transmission of medical data and information is essential for the safe and effective use of
435 medical devices and systems.

436
437 Recommendation: If the device incorporates radiofrequency wireless technology such as
438 Bluetooth, IEEE 802.11 (Wi-Fi), or RFID (radio frequency identification) technology; testing
439 beyond what is specified in the IEC 60601 standards is recommended to demonstrate that the
440 wireless device functions will perform as intended in environments with other wireless products.
441 For additional recommendations for home use devices with wireless technology, if applicable,
442 refer to FDA’s guidance “[Design Considerations for Devices Intended for Home Use](#).”³⁵

443
444 We recommend submitters consult FDA’s guidance “[Radio Frequency Wireless Technology in](#)
445 [Medical Devices](#)”³⁶ for additional recommendations on this topic.
446

447 **J. Magnetic Resonance (MR) Compatibility for Implants**

448 Significance: MR imaging of patients with implanted devices poses the following potential
449 hazards:

- 450
- 451 • Movement of the implant, resulting in tissue damage or displacement of the device;
452 heating of the tissue surrounding the implant and subsequent tissue damage; image
453 artifacts that may render the MR images uninterpretable or misleading; and/or
 - 454 • Malfunction of electrically active devices or induce voltages in leads or other long
455 conductive portions of the device which can result in a failure of the device to deliver
456 the intended therapy.

457
458 Recommendation: We recommend submitters address the safety and compatibility of the device
459 in the MR environment as described in the FDA guidance “[Testing and Labeling Medical](#)
460 [Devices for Safety in the Magnetic Resonance \(MR\) Environment](#).”³⁷

461
462 If the submitter would like to market devices of various sizes and shapes, then we recommend
463 following the recommendations in the FDA guidance “[Assessment of Radiofrequency-Induced](#)

³⁵ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/design-considerations-devices-intended-home-use>.

³⁶ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/radio-frequency-wireless-technology-medical-devices-guidance-industry-and-fda-staff>.

³⁷ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/testing-and-labeling-medical-devices-safety-magnetic-resonance-mr-environment>.

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464 [Heating in the Magnetic Resonance \(MR\) Environment for Multi-Configuration Passive Medical](#)
465 [Devices.](#)³⁸
466

467 **K. Non-Clinical Bench Performance Testing**

468 Non-clinical performance bench testing supports device usability, device safety, and device
469 performance. Typical bench performance testing should demonstrate that the device functions as
470 intended. To assist in determining the appropriate non-clinical bench performance testing for
471 their device, submitters can seek input from the Agency via the Q-Submission Program. For
472 details on the Q-Submission Program, refer to the guidance “[Requests for Feedback and](#)
473 [Meetings for Medical Device Submissions: The Q-Submission Program.](#)”³⁹
474

475 For information on recommended content and format of test reports for the testing described in
476 this section, refer to FDA’s guidance “[Recommended Content and Format of Test Reports for](#)
477 [Non-Clinical Bench Performance Testing in Premarket Submissions.](#)”⁴⁰
478

479 The non-clinical bench performance tests referenced in this section are intended to be general
480 recommendations. They are not an exhaustive list due to the variety of device technologies with
481 indications associated with weight loss.
482

483 **(1) Corrosion Resistance**

484 **Significance:** When made of metallic materials, device corrosion can cause or contribute to
485 premature device failure. In addition, corrosion byproducts may be toxic or cause other adverse
486 biological and tissue responses.

487 **Recommendation:** If the device includes nitinol, we recommend characterizing the corrosion
488 potential of the device as described in the FDA guidance “[Technical Considerations for Non-](#)
489 [Clinical Assessment of Medical Devices Containing Nitinol.](#)”⁴¹
490

491 If the device includes metallic materials other than nitinol, we recommend that the submitter
492 assess corrosion susceptibility as described below. Note that corrosion testing is generally not
493 warranted for limited contact devices; however, such testing may be requested in situations such
494 as devices with an electrically active component, a dissimilar metal couple, or a degradable
495 metal/polymer component where these features could accelerate metal corrosion. In these cases,
496 we recommend that submitters seek more detailed feedback via the Q-Submission Program.
497

³⁸ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/assessment-radiofrequency-induced-heating-magnetic-resonance-mr-environment-multi-configuration>.

³⁹ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/requests-feedback-and-meetings-medical-device-submissions-q-submission-program>.

⁴⁰ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/recommended-content-and-format-non-clinical-bench-performance-testing-information-premarket>.

⁴¹ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/technical-considerations-non-clinical-assessment-medical-devices-containing-nitinol>.

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498 **a. Pitting Corrosion**

499 We recommend conducting pitting corrosion testing on the as-manufactured device according to
500 the currently recognized version of ASTM F2129: *Standard test method for conducting cyclic*
501 *potentiodynamic polarization measurements to determine the corrosion susceptibility of small*
502 *implant devices* (or an equivalent method with justification). Testing should be performed after
503 subjecting the device to simulated use testing that mimics *in vivo* anatomic conditions.. This
504 device conditioning is intended to simulate the clinical conditions of the device at the time of
505 implantation. Appropriate simulated fluid (e.g., gastric or intestinal) should be used as the
506 standard test solution.

507
508 On the test report, when practical, we recommend plotting all polarization curves in one graph.
509 Results should be assessed against acceptance criteria. ASTM F2129 does not include
510 acceptance criteria. While there is limited data directly linking *in vitro* corrosion testing to *in*
511 *vivo* corrosion outcomes, there is published data that could be used to establish acceptance
512 criteria.⁴² The criteria should be justified based on pitting and crevice corrosion performance as
513 well as risk of metal leaching for the device. If breakdown occurred, submitters should include
514 results of the visual inspection of the device before and after testing to assess evidence of pitting
515 and location of pits. Images of sufficient magnification should be provided to support the
516 assessment. Literature or previous performance data may support the pitting susceptibility
517 assessment of the device. However, the materials, design, and fabrication processes specific to
518 the device may reduce or eliminate the applicability of literature or previous experience with the
519 device.

521 **b. Galvanic Corrosion**

522 Similar to pitting corrosion, galvanic corrosion may lead to higher than anticipated rates of metal
523 ion release or compromised mechanical integrity. If the device consists of contacting dissimilar
524 metals, galvanic corrosion testing should be considered. We recommend the methods described
525 in the currently recognized version of ASTM F3044: *Standard Test Method for Evaluating the*
526 *Potential for Galvanic Corrosion for Medical Implants*. As an alternative to using devices for
527 galvanic corrosion testing, coupons representing an expected worst-case galvanic coupling that
528 are subjected to identical manufacturing processes could be used. In addition, a scientific
529 justification may be provided, in lieu of testing, if the expected worst-case potential shift due to
530 galvanic coupling is small and if the relative surface ratios of the cathodic to anodic materials are
531 low.

533 **c. Metal Ion Release**

534 If a metal device does not meet the submitter's pre-specified acceptance criteria for corrosion
535 resistance or does not employ an established surface finishing process or if your device has an
536 electrically active component, we recommend metal ion release testing be performed per the
537 currently recognized version of ASTM F3306: *Standard Test Method for Ion Release Evaluation*

⁴² Corbett, R. A. (2004). Laboratory corrosion testing of medical implants. In *Proceedings of Materials and Processes for Medical Devices Conference* (pp. 166-171). ASM International, Materials Park, OH.

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538 *of Medical Implants*. A risk assessment should be performed to compare the amount of metal
539 ion(s) released from the device to a Tolerable Intake (TI) value for the metal(s). A TI value is
540 defined in the currently recognized version of ISO 10993-17: *Biological evaluation of medical*
541 *devices – Part 17: Establishment of allowable limits for leachable substances* as an “estimate of
542 the average daily intake of a substance over a specified time period, on the basis of body mass,
543 that is considered to be without appreciable harm to health.”
544

545 **(2) Dimensional Verification**

546 Significance: Accurate device dimensions help the user to achieve proper device sizing and
547 accurate placement in the body. They also affect the functional behavior of a device.
548

549 Recommendation: FDA recommends submitters include in the submission verification of
550 dimensional specifications for the device.
551

552 **(3) Strength**

553 Significance: Failure of bonds between materials used in the device can lead to device failure
554 and clinical complications.
555

556 Recommendation: We recommend that tensile strength testing be performed for any device
557 system that includes materials that are bonded, welded, or susceptible to fatigue. We recommend
558 that submitters test until failure or provide a justification why acceptance criteria are clinically
559 appropriate with a margin of safety.
560

561 **(4) Durability and Fatigue**

562 Significance: Failure of a device to maintain its integrity throughout the duration of use can
563 result in adverse clinical consequences or loss of therapy. For liquid-filled intragastric balloons,
564 susceptibility to leakage is believed to increase the risk of hyperinflation.
565

566 Additionally, exposure to the gastrointestinal environment can cause or contribute to degradation
567 of material coatings, which could expose patients to materials that are not intended to contact
568 body tissue. In addition to causing potential device failure, exposure of coated materials may
569 release chemicals that may be toxic or cause other adverse biological and tissue responses.
570

571 Recommendation: If the device can burst (e.g., an intragastric balloon) or leak, is subjected to
572 peristaltic forces, consists of material(s) that may be degraded by the gastrointestinal
573 environment, and/or consists of a protective plastic or polymer coating, then submitters should
574 demonstrate that the device will function as intended throughout its intended use life. As
575 applicable, we recommend conducting the following testing:

- 576 • Mechanical integrity and fatigue;
- 577 • Leak susceptibility;

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- 578 • Coating integrity; and
579 • Burst strength.

580
581 If the device includes nitinol, we recommend following the recommendations for mechanical
582 testing in the FDA guidance “[Technical Considerations for Non-Clinical Assessment of Medical](#)
583 [Devices Containing Nitinol](#).”⁴³
584

585 a. **Mechanical Integrity and Fatigue**

586 If the device is left indwelling in the body, the device should function as intended continuously
587 throughout the implant period under clinically relevant worst-case conditions. Testing submitted
588 should support that the device can withstand the implant environment and, if in the
589 gastrointestinal tract, simulated gastrointestinal motion (including simulated vomiting conditions,
590 if appropriate) while maintaining integrity and functionality. Devices should be aged to the
591 labeled shelf life prior to testing (*See* Section III.E).

592
593 We recommend that the device be in contact with simulated fluid (e.g., gastric, intestinal) at 37°C
594 for a time that is representative of the implantation time of the device plus a safety factor. The
595 safety factor should account for a reasonable worst-case scenario in the event that the device
596 remains in the body longer than intended. If applicable, the device should be subjected to
597 simulated gastrointestinal motion (i.e., peristalsis) during this period. An elevated temperature
598 can be used for accelerated testing over a shorter period of time, as supported by valid kinetic
599 calculations for impact of temperature and actual clinical use conditions.

600
601 The model for simulated gastric motion should be based on current literature on gastric motion
602 dynamics.^{44, 45} Submitters should consider that a gastric implant will be exposed to
603 circumferential pressures of variable intensity specifically during and following eating. The
604 amount of pressure used should be justified based on current literature and be representative of a
605 worst-case scenario. The number of pressure events (squeezes) that the device is subjected to
606 should consider the number of anticipated pressure events per minute using conservative
607 assumptions (e.g., assuming 100 minutes per meal and six meals per day).

608
609 An example calculation for a six-month gastric implant is:

610
611
$$\frac{3 \text{ events}}{\text{minute}} \times \frac{100 \text{ minutes}}{\text{meal}} \times \frac{6 \text{ meals}}{\text{day}} \times 180 \text{ days} = 324,000 \text{ events (or squeezes)}$$

612

⁴³ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/technical-considerations-non-clinical-assessment-medical-devices-containing-nitinol>.

⁴⁴ Bortolotti, M., Annese, V., and Coccia, G. (2000). Twenty-four hour ambulatory antroduodenal manometry in normal subjects (co-operative study). *Neurogastroenterol Motil* 12(3): 231-238.

⁴⁵ Marciani, L., Gowland, P. A., Fillery-Travis, A., Manoj, P., Wright, J., Smith, A., Young, P., Moore, R., and Spiller, R. C. (2001). Assessment of antral grinding of a model solid meal with echo-planar imaging. *Am J Physiol Gastrointest Liver Physiol* 280(5): G844-849.

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613 Testing should include appropriate acceptance criteria considering the device design, and
614 analyses of device integrity should be performed after exposure to the implant environment as
615 described above. Appropriate analyses should include burst strength testing and strength testing
616 if applicable to the device design.
617

618 **b. Leak Susceptibility**

619 We recommend that leak susceptibility testing be incorporated into mechanical integrity and
620 fatigue testing. If the device is inflated and has an inflation/deflation valve, or other design
621 component(s) that may leak, then we recommend that the integrity of the device throughout the
622 implantation period be assessed for its ability to prevent deflation and prevent ingress of
623 surrounding contents (e.g., stomach contents). The amount of leakage recorded should be
624 justified considering the clinical use of the device (e.g., risks of hyperinflation, infection, and
625 gastric and/or intestinal obstruction due to deflation).
626

627 **c. Coating Integrity**

628 This testing could be incorporated into the testing protocol for mechanical integrity and fatigue.
629 If the device consists of a protective plastic or polymer coating intended to eliminate patient
630 contact with a certain material, then we recommend submitters assess the device for coating
631 degradation potential in the implant environment as described above for mechanical integrity and
632 fatigue testing. After exposure to the simulated fluid, the tensile strength of the device material
633 should be measured and compared to an untreated device. Visual inspection of the device using
634 optical microscopy should also be performed.
635

636 **d. Burst Strength**

637 If the device has a balloon, or is an intragastric balloon, then we recommend assessing the
638 volume at which the balloon will burst. The purpose of this test is to evaluate the ability of the
639 balloon to withstand rupture under a worst-case clinically anticipated scenario. We recommend
640 that balloons not burst at least at a volume of “X” times the maximum labeled volume, where
641 “X” represents a worst-case scenario supported by a clinical justification considering the
642 likelihood of over inflation during device placement and/or hyperinflation during device use.
643

644 **(5) Delivery/Removal System Testing**

645 Significance: The device should be able to be safely and reliably delivered to, and removed from
646 (if applicable), the intended location in the patient according to the instructions for use, without
647 device failure and patient injury.
648

649 Recommendation: Simulated use testing, as part of bench testing, can be useful to ensure that a
650 device can be placed in and/or removed from the intended location in the patient without
651 complication. We recommend utilizing a simulated use test model that is representative of a
652 clinically relevant worst-case tortuous anatomy that the device is anticipated to encounter when
653 used as intended. Forces associated with deployment of the device should be measured against

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654 pre-defined acceptance criteria. Additionally, if the device is intended to be filled with gas or
655 liquid once placed inside the body (e.g., an intragastric balloon), then submitters should measure
656 the inflation/deflation time against pre-defined acceptance criteria. Submitters should provide a
657 clinically relevant justification for all acceptance criteria.
658

659 **(6) Interactions with Other Devices**

660 Significance: Interactions between an implanted device and other implants or external medical
661 devices may impact the performance of the device.
662

663 Recommendation: If the device is implanted and may interact with other implants, or external
664 medical devices, in particular, implanted pumps, implanted neurostimulators, external pumps
665 like insulin pumps, other products that contain magnets, or devices such as pacemakers that may
666 contain magnetically operated switches, then we recommend the following:

- 667 • If the device includes magnets, then submitters should provide data confirming the
668 magnetic strength specification, and provide data showing the magnetic field strength
669 of the device at its surface and as a function of distance from the device.
- 670 • Submitters should analyze how the device might interact with other devices like those
671 listed above, and determine if additional warnings in labeling are warranted.

672

673 **(7) Microorganism Susceptibility**

674 Significance: Devices that are left indwelling in the gastric environment can become
675 contaminated with microorganisms (e.g., fungi, bacteria). This is especially of concern when
676 stomach pH is increased due to concurrent use of proton pump inhibitors (PPIs), creating a
677 favorable growth environment. Microorganisms that colonize a device can degrade the device
678 material(s) and compromise the functionality of the device. Hyperinflation of intragastric
679 balloons could be associated with microbial contamination.⁴⁶ FDA is also aware of published
680 cases of fungal and bacterial colonization of intragastric balloons.⁴⁷ This may lead to adverse
681 events and/or loss of effectiveness. For example, a compromised intragastric balloon may deflate
682 and move into the bowels, potentially causing an obstruction.

683

684 Recommendation: If the device is an intragastric implant, we recommend conducting a risk
685 assessment to assess susceptibility to microorganism colonization on the device and subsequent
686 material breakdown. The risk assessment should include, at a minimum:

- 687 • Device geometry: The device's geometry may contribute to "capturing" gut
688 microorganisms. For example, a smooth spherical shape may not allow colonization

⁴⁶ See "The FDA alerts health care providers about potential risks with liquid-filled intragastric balloons," available at: <https://www.fda.gov/medical-devices/letters-health-care-providers/fda-alerts-health-care-providers-about-potential-risks-liquid-filled-intragastric-balloons>.

⁴⁷ For example, see Coskun, H., & Bozkurt, S. (2009). A case of asymptomatic fungal and bacterial colonization of an intragastric balloon. *World journal of gastroenterology*, 15(45), 5751–5753.

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- 689 to occur as easily as a device design that includes external appendages (e.g., external
690 valve).
- 691 • Impact on device material: Colonizing microorganisms may impact material
692 properties; for example, change of elasticity could result in increased risk of material
693 rupture.
 - 694 • Gastric environment: Gastric pH may be altered during device indwelling (e.g., via
695 concomitant use of PPIs). Additionally, if the device causes delayed gastric emptying,
696 increased exposure times to microorganisms in the stomach may increase the
697 likelihood of colonization.
 - 698 • Clinical experience: If the device is already marketed in other countries, submitters
699 should provide an evaluation of known microorganism contamination issues. An
700 example of this evaluation could include an analysis of complaint data from
701 marketing the device in other countries.
 - 702 • Colonization testing: As appropriate, submitters should conduct an assessment of the
703 affinity for anticipated microorganisms to colonize the device under anticipated use
704 conditions. The assessment should evaluate fungal and bacterial species, as
705 applicable.

706

707 **L. Animal Studies**

708 Significance: Due to limitations of bench models, animal studies may be warranted to support
709 medical device premarket submissions. The *in vivo* setting generally provides an initial
710 assessment of how a medical device interacts with biological systems, including physiological,
711 pathological, and toxicological effects of the device, and how the biological system may affect
712 the device.

713

714 Recommendation: We recommend submitters assess whether an animal study(ies) is warranted
715 in the non-clinical testing plan. Study in an animal model should address factors that cannot be
716 evaluated through bench tests alone. The study design and endpoints should be based upon the
717 intended use of the device and clinical risk assessment. We recognize that there is no single best
718 animal study design; however, we have the following recommendations for designing an animal
719 study.

720

721 FDA supports the principles of the “3Rs,” replace, reduce and/or refine animal use in testing
722 when feasible. We encourage submitters to consult with us if they wish to use a non-animal
723 testing method they believe is suitable, adequate, validated, and feasible. We will consider if
724 such an alternative method could be assessed for equivalency to an animal study.

725

726 We encourage submitters to take advantage of the Q-Submission Program to ensure that the
727 animal study protocol addresses safety concerns and contains elements that are appropriate for a
728 regulatory submission. Additionally, for information and recommendations regarding animal
729 studies used to support medical device submissions, refer to the guidance “[General](#)”

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730 [Considerations for Animal Studies Intended to Evaluate Medical Devices](#).”⁴⁸ If the submitter is
731 proposing to use a non-animal testing method in lieu of an animal study, we recommend
732 discussing the proposal using the Q-Submission Program. For details on the Q-Submission
733 Program, refer to the guidance “[Requests for Feedback and Meetings for Medical Device
734 Submissions: The Q-Submission Program](#).”⁴⁹
735

736 **(1) Animal Model**

737 Large animal models are typically chosen for device safety evaluations, because they simulate
738 human gastrointestinal anatomy and size. Submitters should consider relevant comparative
739 anatomy and physiology when choosing the animal model for device safety testing. Porcine and
740 canine models are common choices because of similarities in gastrointestinal anatomy and
741 physiology to humans. FDA recognizes that device safety testing in an animal may be limited in
742 some cases by model anatomy or physiology. For example, quadruped animal models may
743 present a different anatomical device orientation *in vivo* given their stance versus the human
744 biped. Nevertheless, the chosen animal model should be scientifically justified and able to
745 address the safety characteristics that will be evaluated with an animal study.
746

747 **(2) Study Endpoint Considerations**

748 The primary objective of animal studies performed to support a submission to FDA is typically
749 to evaluate safety. Animal safety studies must be performed under the Good Laboratory Practice
750 for Nonclinical Laboratory Studies (GLP) regulation (21 CFR part 58) to help ensure the quality
751 and integrity of the safety data submitted to the Agency. Though the objectives of some animal
752 studies may also include usability or effectiveness, effectiveness can be challenging to
753 meaningfully assess in animal studies for devices with indications associated with weight loss.
754 Proof-of-concept studies, such as those evaluating device-related endocrine effects in an animal
755 model may provide valuable data to support a future FDA submission. However, animal models
756 of disease often present study confounders that complicate data interpretation. Therefore,
757 effectiveness can be more difficult to interpret in an animal model, particularly if animals are still
758 growing. FDA recognizes these limitations and believes that demonstration of effectiveness via
759 animal testing may not be appropriate for some devices with indications associated with weight
760 loss.
761

762 **(3) Animal Study Protocol**

763 We recommend that the animal study protocol address identified safety concerns via pre-defined
764 objectives and acceptance criteria. Study procedures should follow the planned clinical use as
765 closely as possible to help ensure applicability of data to device safety when used in humans.
766 The protocol should mimic the intended device deployment, implant location, treatment

⁴⁸ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/general-considerations-animal-studies-medical-devices>.

⁴⁹ <https://www.fda.gov/regulatory-information/search-fda-guidance-documents/requests-feedback-and-meetings-medical-device-submissions-q-submission-program>.

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767 procedures and duration, as well as device retrieval/explant, while considering the limitations
768 inherent to the animal model.

769
770 Animal model limitations can sometimes be managed by protocol modifications. For example,
771 altering device deployment procedures in animal testing may help address anatomic differences
772 between species. In such cases, we recommend that submitters consider how clinical deployment
773 procedures could be evaluated in other testing. Including a control or sham arm can also help to
774 differentiate device- from animal model-related adverse events, which could otherwise confound
775 the study data. We recommend that submitters include a scientific justification if they believe
776 observed adverse events are related to the animal model.

777
778 Whenever possible, animal testing should evaluate the final finished version of the device
779 intended for commercial distribution. This helps ensure applicability of the animal studies data to
780 clinical use in humans. FDA recognizes that some animal studies are performed to help support
781 safety while a device is still in development. In these cases, we recommend that submitters
782 include a description of any differences between the tested and final finished version of the
783 device and an explanation of why these differences would not be expected to affect data
784 interpretation in the submission.

785
786 In some cases, biocompatibility testing recommendations may also be addressed as part of other
787 animal studies, such as to assess device safety (*See Section III.F*). In these cases, we also
788 recommend that submitters use the Q-Submission Program to obtain feedback on the feasibility
789 of this approach and how best to design the animal study protocol.

790