



## Instructions on How to Comment on Food and Drug Administration's Strategies to Reduce Added Sugars Consumption in the United States

**Comments Period Ends January 22, 2024**

**Docket Number: FDA-2023-N-3849**

The National Strategy on Hunger, Nutrition, and Health notes that the intake of added sugars for most Americans is higher than what is recommended by the *Dietary Guidelines for Americans* and calls for U.S. Food and Drug Administration (FDA) to host, in collaboration with other federal partners, a public meeting on this issue. The event will cover the wide range of efforts being taken by federal agencies, communities, and private industry to reduce added sugars in the U.S. food supply and in consumer's diets. The FDA will review input received at the public meeting, in listening sessions, and in response to a Regulations.gov docket to determine next steps in consultation with our federal partners.

We invite interested persons, including those participating in the public meeting and/or listening sessions, to provide information on topics related to strategies to reduce added sugars consumption in the U.S., including the following:

- Specific actions the food industry could take to achieve added sugars reduction in the foods they provide
- Opportunities for the public and private sectors to work together to achieve added sugars reduction
- Innovative, successful policies and strategies that the food industry (e.g., manufacturers, restaurants, etc) or communities are using to help reduce consumption of added sugars.
- Vulnerable and/or underrepresented populations that should be a focus of an added sugars reduction strategy and culturally appropriate strategies and sensitivities should be considered when addressing overconsumption of added sugars in those populations
- Public health educators, communities, and consumers need from industry and government to successfully reduce added sugars consumption in the U.S., (e.g., informational websites, educational resources)

### There are two ways to comment:

Comment electronically at:

- The FDA Virtual Public Meeting and Listening Sessions on Strategies to Reduce Added Sugars Consumption in the United States; Request for Comments - Docket No. FDA-2023-N-3849 (<https://www.regulations.gov/>).
- **Electronic comments must be submitted on or before January 22, 2024.** Please note that late, untimely comments submitted after January 22, 2024, will not be considered. The [https://www.regulations.gov](https://www.regulations.gov/) electronic filing system will accept comments until 11:59 p.m. Eastern Time at the end of January 22, 2024.

Written comments may be mailed to:

Dockets Management Staff (HFA-305),  
Food and Drug Administration,  
5630 Fishers Lane, Rm. 1061,  
Rockville, MD 20852

Comments received by mail/hand delivery/courier (for written/paper submissions) will be considered timely if they are postmarked or the delivery service acceptance receipt is on or before January 22, 2024.

NOTE: The comment due date indicated on Regulations.gov is based on Eastern Standard Time. In this instance the comment due date is listed as **January 22, 2024**, so comments are due on that date by 11:59 PM ET. Also, please note that comments are not retrievable once submitted. To make changes, submit another comment referring to your previous comment correcting any errors and/or re-stating your position or opinion.