Appendix C. NHANES food codes representative of the proposed use of shea stearin

Food code	Food description
Plant-based meat & poultry analogues	
Burgers/Grounds	
20000200	Ground meat, NFS
21500000	Ground beef, raw
21500100	Ground beef, cooked
21500310	Ground beef patty, cooked
23132000	Lamb, ground or patty, cooked
23220010	Veal, ground or patty, cooked
24198720	Chicken, ground
24207000	Turkey, ground
27111400	Chili con carne, NS as to beans*
27111406	Chili con carne with beans, home recipe*
27111410	Chili con carne with beans*
27111500	Beef sloppy joe, no bun*
27113300	Swedish meatballs with cream or white sauce*
27116350	Stewed seasoned ground beef, Mexican style*
27116400	Steak tartare*
27118120	Stewed seasoned ground beef, Puerto Rican style*
27141030	Spaghetti sauce with poultry*
27141035	Spaghetti sauce with poultry and added vegetables*
27141500	Chili con carne with chicken or turkey and beans*
27160100	Meatballs, NS as to type of meat, with sauce*
27162040	Spaghetti sauce with meat*
27162060	Spaghetti sauce with meat and added vegetables*
27211550	Stewed, seasoned, ground beef with potatoes, Mexican style*
27212000	Beef and noodles, no sauce*
27212050	Beef and macaroni with cheese sauce*
27212100	Beef and noodles with tomato-based sauce*
27213120	Porcupine balls with tomato-based sauce*
27213600	Beef and rice with cheese sauce*
27214100	Meat loaf made with beef*
27214110	Meat loaf made with beef, with tomato-based sauce*
27235000	Meat loaf made with venison/deer*
27246500	Meat loaf made with chicken or turkey*
27246505	Meat loaf made with chicken or turkey, with tomato-based sauce*
27260010	Meat loaf, NS as to type of meat*
27260050	Meatballs, with breading, NS as to type of meat, with gravy*
27260080	Meat loaf made with beef and pork*
27260100	Meat loaf made with beef and pork, with tomato-based sauce*
27261500	Stewed, seasoned, ground beef and pork with potatoes, Mexican style*
27315250	Stuffed cabbage rolls with beef and rice*

Food code	Food description
27315270	Stuffed grape leaves with beef and rice*
27330170	Stuffed grape leaves with lamb and rice*
27416200	Beef, ground, with egg and onion*
27416300	Beef taco filling: beef, cheese, tomato, taco sauce*
27510140	Cheeseburger slider, from fast food*
27510145	Cheeseburger, 1 miniature patty, with condiments, on miniature bun, from fast food / restaurant*
27510150	Cheeseburger, 1 miniature patty, on miniature bun, from school*
27510155	Cheeseburger, NFS*
27510160	Cheeseburger, from fast food, 1 small patty*
27510165	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant*
27510170	Cheeseburger (Burger King)*
27510171	Whopper Jr with cheese (Burger King)*
27510172	Cheeseburger (McDonalds)*
27510173	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Kid's Cheeseburger)*
27510174	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Cheeseburger)*
27510175	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Cheeseburger Deluxe)*
27510190	Cheeseburger, from school cafeteria*
27510191	Cheeseburger slider*
27510195	Cheeseburger, on white bun, 1 small patty*
27510196	Cheeseburger, on wheat bun, 1 small patty*
27510205	Cheeseburger, 1 small patty, with condiments, on white bun*
27510206	Cheeseburger, 1 small patty, with condiments, on wheat bun*
27510207	Cheeseburger, 1 small patty, with condiments, on whole wheat bun*
27510215	Cheeseburger, from fast food, 1 medium patty*
27510225	Cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant*
27510229	Quarter Pounder (McDonalds)*
27510231	Whopper with cheese (Burger King)*
27510232	Quarter Pounder with cheese (McDonalds)*
27510233	Cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant (Wendy's 1/4 lb Single with cheese)*
27510235	Cheeseburger submarine sandwich with lettuce, tomato and spread*
27510241	Cheeseburger, on white bun, 1 medium patty*
27510242	Cheeseburger, on wheat bun, 1 medium patty*
27510243	Cheeseburger, 1 medium patty, plain, on whole wheat bun*
27510245	Cheeseburger, on white bun, 1 large patty*
27510246	Cheeseburger, on wheat bun, 1 large patty*
27510251	Cheeseburger, 1 medium patty, with condiments, on white bun*
27510252	Cheeseburger, 1 medium patty, with condiments, on wheat bun*
27510253	Cheeseburger, 1 medium patty, with condiments, on whole wheat bun*
27510254	Double cheeseburger, on white bun, 2 small patties*
27510257	Double cheeseburger, on white bun, 2 medium patties*
27510258	Double cheeseburger, on wheat bun, 2 medium patties*

Food code	Food description
27510261	Cheeseburger, from fast food, 1 large patty*
27510262	Double cheeseburger, on white bun, 2 large patties*
27510266	Cheeseburger, 1 large patty, with condiments, on bun, from fast food / restaurant*
27510276	Bacon cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant*
27510281	Bacon cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Bacon Cheeseburger)*
27510305	Bacon cheeseburger, 1 medium patty, plain, on bun, from fast food / restaurant*
27510312	Bacon cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant*
27510331	Bacon cheeseburger, 1 medium patty, plain, on white bun*
27510341	Bacon cheeseburger, 1 medium patty, with condiments, on white bun*
27510342	Bacon cheeseburger, 1 medium patty, with condiments, on wheat bun*
27510343	Bacon cheeseburger, 1 medium patty, with condiments, on whole wheat bun*
27510346	Bacon cheeseburger, 1 large patty, with condiments, on bun, from fast food / restaurant*
27510371	Double cheeseburger, from fast food, 2 small patties*
27510376	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant*
27510386	Double cheeseburger (Burger King)*
27510387	Double cheeseburger (McDonalds)*
27510388	McDouble (McDonalds)*
27510389	Big Mac (McDonalds)*
27510391	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (Wendy's Double Stack)*
27510401	Double cheeseburger, from fast food, 2 medium patties*
27510405	Double cheeseburger, from fast food, 2 large patties*
27510406	Double cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant*
27510412	Double cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (McDonald's Double Quarter Pounder with Cheese)*
27510413	Double cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (Wendy's 1/2 lb Double with cheese)*
27510431	Double bacon cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (Burger King Bacon Double Cheeseburger)*
27510446	Double bacon cheeseburger, 2 medium patties, plain, on bun, from fast food / restaurant*
27510451	Double bacon cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant*
27510465	Double bacon cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (Wendy's Baconator)*
27510475	Double bacon cheeseburger, 2 large patties, with condiments, on bun, from fast food / restaurant*
27510486	Triple cheeseburger, 3 medium patties, with condiments, on bun, from fast food / restaurant*
27510501	Hamburger slider, from fast food*
27510506	Hamburger, 1 miniature patty, with condiments, on miniature bun, from fast food / restaurant*
27510511	Hamburger, 1 miniature patty, on miniature bun, from school*
27510531	Hamburger, from fast food, 1 small patty*
27510536	Hamburger, 1 small patty, with condiments, on bun, from fast food / restaurant*
27510551	Hamburger (Burger King)*
27510552	Whopper Jr (Burger King)*
27510553	Hamburger (McDonalds)*

Food code	Food description
27510555	Hamburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Hamburger)*
27510565	Hamburger, from school cafeteria*
27510573	Hamburger slider*
27510575	Hamburger, on white bun, 1 small patty*
27510576	Hamburger, on wheat bun, 1 small patty*
27510577	Hamburger, 1 small patty, plain, on whole wheat bun*
27510585	Hamburger, 1 small patty, with condiments, on white bun*
27510587	Hamburger, 1 small patty, with condiments, on whole wheat bun*
27510601	Hamburger, from fast food, 1 medium patty*
27510605	Hamburger, from fast food, 1 large patty*
27510606	Hamburger, 1 medium patty, with condiments, on bun, from fast food / restaurant*
27510615	Whopper (Burger King)*
27510616	Hamburger, 1 medium patty, with condiments, on bun, from fast food / restaurant (Wendy's 1/4 lb Single)*
27510631	Hamburger, on white bun, 1 medium patty*
27510632	Hamburger, on wheat bun, 1 medium patty*
27510633	Hamburger, 1 medium patty, plain, on whole wheat bun*
27510635	Hamburger, on white bun, 1 large patty*
27510636	Hamburger, on wheat bun, 1 large patty*
27510641	Hamburger, 1 medium patty, with condiments, on white bun*
27510642	Hamburger, 1 medium patty, with condiments, on wheat bun*
27510643	Hamburger, 1 medium patty, with condiments, on whole wheat bun*
27510649	Double hamburger, on white bun, 2 small patties*
27510655	Double hamburger, on white bun, 2 medium patties*
27510657	Double hamburger, on wheat bun, 2 medium patties*
27510658	Double hamburger, on white bun, 2 large patties*
27510661	Double hamburger, from fast food, 2 small patties*
27510667	Double hamburger, 2 small patties, with condiments, on bun, from fast food / restaurant*
27510671	Double hamburger, from fast food, 2 medium patties*
27510675	Double hamburger, from fast food, 2 large patties*
27510676	Double hamburger, 2 medium patties, with condiments, on bun, from fast food / restaurant*
27510681	Double hamburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (Burger King Double WHOPPER)*
27510682	Double hamburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (Wendy's 1/2 lb Double)*
27510700	Meatball and spaghetti sauce submarine sandwich*
27510705	Chiliburger, with or without cheese, on bun*
27517000	Hamburger wrap sandwich, from fast food*
27545000	Turkey or chicken burger, plain, on bun, from fast food / restaurant*
27545010	Turkey or chicken burger, with condiments, on bun, from fast food / restaurant*
27545100	Turkey or chicken burger, on white bun*
27545110	Turkey or chicken burger, on wheat bun*
27545200	Turkey or chicken burger, with condiments, on white bun*
27545210	Turkey or chicken burger, with condiments, on wheat bun*
27545220	Turkey or chicken burger, with condiments, on whole wheat bun*

Food code	Food description
28101000	Frozen dinner, NFS*
28110150	Beef with vegetable, diet frozen meal*
28110300	Salisbury steak dinner, NFS, frozen meal*
28110310	Salisbury steak with gravy, potatoes, vegetable, frozen meal*
28110330	Salisbury steak with gravy, whipped potatoes, vegetable, dessert, frozen meal*
28110350	Salisbury steak with gravy, potatoes, vegetable, dessert, frozen meal*
28110380	Salisbury steak with gravy, macaroni and cheese, frozen meal*
28110390	Salisbury steak, potatoes, vegetable, dessert, diet frozen meal*
28110660	Meatballs, Swedish, in gravy, with noodles, diet frozen meal*
28160310	Meat loaf with potatoes, vegetable, frozen meal*
28160650	Stuffed green pepper, frozen meal*
28310230	Meatball soup, home recipe, Mexican style*
28315160	Italian Wedding Soup*
41207030	Beans, dry, cooked with ground beef*
41811800	Meatball, meatless
41811890	Vegetarian burger or patty, meatless, no bun
41811950	Swiss steak, with gravy, meatless*
41812450	Vegetarian chili, made with meat substitute*
41812850	Vegetarian stroganoff*
41812900	Vegetarian meat loaf
58100100	Burrito with meat*
58100120	Burrito with meat and beans*
58100125	Burrito with meat and beans, from fast food*
58100135	Burrito with meat and sour cream*
58100140	Burrito with meat, beans, and sour cream*
58100145	Burrito with meat, beans, and sour cream, from fast food*
58100160	Burrito with meat, beans, and rice*
58100165	Burrito with meat, beans, rice, and sour cream*
58101320	Taco or tostada with meat*
58101323	Taco or tostada with meat, from fast food*
58101325	Taco or tostada with meat and sour cream*
58101345	Soft taco with meat*
58101347	Soft taco with meat, from fast food*
58101350	Soft taco with meat and sour cream*
58101357	Soft taco with meat and sour cream, from fast food*
58101620	Soft taco with meat and beans*
58101630	Soft taco with meat, beans, and sour cream*
58101730	Taco or tostada with meat and beans*
58101733	Taco or tostada with meat and beans, from fast food*
58101745	Taco or tostada with meat, beans, and sour cream*
58101800	Ground beef with tomato sauce and taco seasonings on a cornbread crust*
58101820	Mexican casserole made with ground beef, beans, tomato sauce, cheese, taco seasonings, and corn chips*
58101830	Mexican casserole made with ground beef, tomato sauce, cheese, taco seasonings, and corn chips*
58101930	Taco or tostada salad with meat*

Food code	Food description
58101945	Taco or tostada salad with meat and sour cream*
58103310	Tamale casserole with meat*
58104130	Nachos with meat and cheese*
58104180	Nachos with meat, cheese, and sour cream*
58104280	Gordita, sope, or chalupa with meat and sour cream*
58104290	Gordita, sope, or chalupa with meat*
58104500	Chimichanga with meat*
58104535	Chimichanga with meat and sour cream*
58106650	Pizza with extra meat, thin crust*
58106655	Pizza with extra meat, medium crust*
58106660	Pizza with extra meat, thick crust*
58106720	Pizza with meat and vegetables, from restaurant or fast food, thin crust*
58106730	Pizza with meat and vegetables, from restaurant or fast food, thick crust*
58106736	Pizza with extra meat and extra vegetables, thin crust*
58106737	Pizza with extra meat and extra vegetables, thick crust*
58106738	Pizza with extra meat and extra vegetables, medium crust*
58108010	Calzone, with meat and cheese*
58117310	Kibby, Puerto Rican style*
58122330	Knish, meat*
58126000	Turnover filled with ground beef and cabbage*
58126150	Turnover, meat- and cheese-filled, tomato-based sauce*
58130015	Lasagna with meat, home recipe*
58130020	Lasagna with meat and spinach*
58130140	Lasagna with chicken or turkey*
58130150	Lasagna, with chicken or turkey, and spinach*
58131110	Ravioli, NS as to filling, with tomato sauce*
58131120	Ravioli, NS as to filling, with cream sauce*
58131310	Ravioli, meat-filled, no sauce*
58131320	Ravioli, meat-filled, with tomato sauce or meat sauce*
58131330	Ravioli, meat-filled, with cream sauce*
58134130	Stuffed shells, cheese-filled, with meat sauce*
58134613	Tortellini, meat-filled, with tomato sauce, canned*
58145135	Macaroni or noodles with cheese and meat*
58145136	Macaroni or noodles with cheese and meat, prepared from Hamburger Helper mix*
58146120	Pasta with tomato-based sauce, cheese and meat*
58146210	Pasta with sauce, NFS*
58146315	Pasta with sauce and meat, from school lunch*
58146321	Pasta with tomato-based sauce and meat, restaurant*
58146322	Pasta with tomato-based sauce and meat, home recipe*
58146323	Pasta with tomato-based sauce and meat, ready-to-heat*
58146331	Pasta with tomato-based sauce, meat, and added vegetables, restaurant*
58146332	Pasta with tomato-based sauce, meat, and added vegetables, home recipe*
58146333	Pasta with tomato-based sauce, meat, and added vegetables, ready-to-heat*
58146341	Pasta with tomato-based sauce and poultry, restaurant*
58146342	Pasta with tomato-based sauce and poultry, home recipe*
58146343	Pasta with tomato-based sauce and poultry, ready-to-heat*

Food code	Food description
58146351	Pasta with tomato-based sauce, poultry, and added vegetables, restaurant*
58146352	Pasta with tomato-based sauce, poultry, and added vegetables, home recipe*
58146353	Pasta with tomato-based sauce, poultry, and added vegetables, ready-to-heat*
58146401	Pasta with cream sauce and meat, restaurant*
58146402	Pasta with cream sauce and meat, home recipe*
58146403	Pasta with cream sauce and meat, ready-to-heat*
58146411	Pasta with cream sauce, meat, and added vegetables, restaurant*
58146412	Pasta with cream sauce, meat, and added vegetables, home recipe*
58146413	Pasta with cream sauce, meat, and added vegetables, ready-to-heat*
58146421	Pasta with cream sauce and poultry, restaurant*
58146422	Pasta with cream sauce and poultry, home recipe*
58146423	Pasta with cream sauce and poultry, ready-to-heat*
58146431	Pasta with cream sauce, poultry, and added vegetables, restaurant*
58146432	Pasta with cream sauce, poultry, and added vegetables, home recipe*
58146433	Pasta with cream sauce, poultry, and added vegetables, ready-to-heat*
58146622	Pasta, whole grain, with tomato-based sauce and meat, home recipe*
58146623	Pasta, whole grain, with tomato-based sauce and meat, ready-to-heat*
58146632	Pasta, whole grain, with tomato-based sauce, meat, and added vegetables, home recipe*
58146641	Pasta, whole grain, with tomato-based sauce and poultry, restaurant*
58146642	Pasta, whole grain, with tomato-based sauce and poultry, home recipe*
58146652	Pasta, whole grain, with tomato-based sauce, poultry, and added vegetables, home recipe*
58146653	Pasta, whole grain, with tomato-based sauce, poultry, and added vegetables, ready-to-heat*
58146702	Pasta, whole grain, with cream sauce and meat, home recipe*
58146713	Pasta, whole grain, with cream sauce, meat, and added vegetables, ready-to-heat*
58146722	Pasta, whole grain, with cream sauce and poultry, home recipe*
58146723	Pasta, whole grain, with cream sauce and poultry, ready-to-heat*
58146732	Pasta, whole grain, with cream sauce, poultry, and added vegetables, home recipe*
58146733	Pasta, whole grain, with cream sauce, poultry, and added vegetables, ready-to-heat*
58160135	Rice with beans and beef*
58162090	Stuffed pepper, with meat*
58162110	Stuffed pepper, with rice and meat*
58163450	Spanish rice with ground beef*
58301050	Lasagna with cheese and meat sauce, diet frozen meal*
58302050	Beef and noodles with meat sauce and cheese, diet frozen meal*
58304010	Spaghetti and meatballs dinner, NFS, frozen meal*
58304060	Spaghetti with meat sauce, diet frozen meal*
58306020	Beef enchilada, chili gravy, rice, refried beans, frozen meal*
75410530	Chiles rellenos, filled with meat and cheese*
77121010	Fried stuffed potatoes, Puerto Rican style*
77205110	Ripe plantain fritters, Puerto Rican style*
77250110	Stuffed tannier fritters, Puerto Rican style*
77316010	Stuffed cabbage, with meat, Puerto Rican style*
77316510	Stuffed cabbage, with meat and rice, Syrian dish, Puerto Rican style*
77316600	Eggplant and meat casserole*
Sausages	
14620320	Topping from meat pizza*

Food code	Food description
14620330	Topping from meat and vegetable pizza*
22002000	Pork, ground or patty, cooked
22321110	Ham, smoked or cured, ground patty
25220105	Beef sausage
25220106	Beef sausage, reduced fat
25220108	Beef sausage, reduced sodium
25220150	Beef sausage with cheese
25220350	Bratwurst
25220360	Bratwurst, with cheese
25220650	Turkey or chicken and beef sausage
25220710	Chorizo
25221310	Polish sausage
25221350	Italian sausage
25221400	Sausage, NFS
25221405	Pork sausage
25221406	Pork sausage, reduced fat
25221408	Pork sausage, reduced sodium
25221450	Pork sausage rice links
25221460	Pork and beef sausage
25221515	Salami, made from any type of meat, reduced sodium
25221610	Scrapple, cooked
25221810	Thuringer
25221830	Turkey or chicken sausage
25221855	Turkey or chicken sausage, reduced sodium
25221860	Turkey or chicken sausage, reduced fat
25221870	Turkey or chicken and pork sausage
25221875	Turkey or chicken, pork, and beef sausage, reduced sodium
25221910	Vienna sausage, canned
25221950	Pickled sausage
27120110	Sausage with tomato-based sauce*
27120120	Sausage gravy*
27121410	Chili con carne with beans, made with pork*
27150160	Shrimp with lobster sauce*
27220120	Sausage and rice with tomato-based sauce*
27220170	Sausage and rice with cheese sauce*
27320080	Sausage, noodles, and vegetables excluding carrots, broccoli, and dark-green leafy; tomato-based sauce*
27320120	Sausage, potatoes, and vegetables including carrots, broccoli, and/or dark-green leafy; gravy*
27363100	Jambalaya with meat and rice*
27420460	Sausage and vegetables, excluding carrots, broccoli, and dark-green leafy; no potatoes, tomato-based sauce*
27420470	Sausage and peppers, no sauce*
27560650	Sausage on biscuit*
27560660	Sausage griddle cake sandwich*
27560670	Sausage and cheese on English muffin*
27560705	Sausage balls, made with biscuit mix and cheese*

Food code	Food description
27560710	Sausage sandwich*
28310230	Meatball soup, home recipe, Mexican style*
32105190	Egg casserole with bread, cheese, milk and meat*
32130190	Egg omelet or scrambled egg, with meat, NS as to fat*
32130200	Egg omelet or scrambled egg, with meat, made with margarine*
32130210	Egg omelet or scrambled egg, with meat, made with oil*
32130220	Egg omelet or scrambled egg, with meat, made with butter*
32130240	Egg omelet or scrambled egg, with meat, made with animal fat or meat drippings*
32130260	Egg omelet or scrambled egg, with meat, made with cooking spray*
32130265	Egg omelet or scrambled egg, with meat, NS as to fat type*
32130270	Egg omelet or scrambled egg, with meat, no added fat*
32130290	Egg omelet or scrambled egg, with cheese and meat, NS as to fat*
32130300	Egg omelet or scrambled egg, with cheese and meat, made with margarine*
32130310	Egg omelet or scrambled egg, with cheese and meat, made with oil*
32130320	Egg omelet or scrambled egg, with cheese and meat, made with butter*
32130360	Egg omelet or scrambled egg, with cheese and meat, made with cooking spray*
32130365	Egg omelet or scrambled egg, with cheese and meat, NS as to fat type*
32130370	Egg omelet or scrambled egg, with cheese and meat, no added fat*
32130800	Egg omelet or scrambled egg, with meat and tomatoes, fat added*
32130810	Egg omelet or scrambled egg, with meat and tomatoes, no added fat*
32130820	Egg omelet or scrambled egg, with meat and tomatoes, NS as to fat*
32130830	Egg omelet or scrambled egg, with meat and dark-green vegetables, fat added*
32130840	Egg omelet or scrambled egg, with meat and dark-green vegetables, no added fat*
32130850	Egg omelet or scrambled egg, with meat and dark-green vegetables, NS as to fat*
32130890	Egg omelet or scrambled egg, with meat and vegetables other than dark-green and/or tomatoes, fat added*
32130900	Egg omelet or scrambled egg, with meat and vegetables other than dark-green and/or tomatoes, no added fat*
32130910	Egg omelet or scrambled egg, with meat and vegetables other than dark-green and/or tomatoes, NS as to fat*
32131000	Egg omelet or scrambled egg, with cheese, meat, and tomatoes, fat added*
32131010	Egg omelet or scrambled egg, with cheese, meat, and tomatoes, no added fat*
32131020	Egg omelet or scrambled egg, with cheese, meat, and tomatoes, NS as to fat*
32131030	Egg omelet or scrambled egg, with cheese, meat, and dark-green vegetables, fat added*
32131040	Egg omelet or scrambled egg, with cheese, meat, and dark-green vegetables, no added fat*
32131050	Egg omelet or scrambled egg, with cheese, meat, and dark-green vegetables, NS as to fat*
32131060	Egg omelet or scrambled egg, with cheese, meat, tomatoes, and dark-green vegetables, fat added*
32131070	Egg omelet or scrambled egg, with cheese, meat, tomatoes, and dark-green vegetables, no added fat*
32131080	Egg omelet or scrambled egg, with cheese, meat, tomatoes, and dark-green vegetables, NS as to fat*
32131090	Egg omelet or scrambled egg, with cheese, meat, and vegetables other than dark-green and/or tomatoes, fat added*
32131100	Egg omelet or scrambled egg, with cheese, meat, and vegetables other than dark-green and/or tomatoes, no added fat*

Food code	Food description
32131110	Egg omelet or scrambled egg, with cheese, meat, and vegetables other than dark-green and/or tomatoes, NS as to fat*
32202030	Egg, cheese, and sausage on English muffin*
32202034	Egg, cheese, and sausage on bun*
32202035	Egg, extra cheese, and extra sausage, on bun*
32202050	Egg, cheese, and sausage on biscuit*
32202055	Egg, cheese, and sausage griddle cake sandwich*
32202060	Egg and sausage on biscuit*
32202120	Egg, cheese and sausage on bagel*
32400200	Egg white, omelet, scrambled, or fried, with meat*
32400210	Egg white, omelet, scrambled, or fried, with meat, fat not added in cooking*
32400400	Egg white, omelet, scrambled, or fried, with cheese and meat*
32400600	Egg white, omelet, scrambled, or fried, with meat and vegetables*
32400610	Egg white, omelet, scrambled, or fried, with meat and vegetables, fat not added in cooking*
32400620	Egg white, omelet, scrambled, or fried, with meat and vegetables, NS as to fat added in cooking*
32400700	Egg white, omelet, scrambled, or fried, with cheese, meat, and vegetables*
32400710	Egg white, omelet, scrambled, or fried, with cheese, meat, and vegetables, fat not added in cooking*
33401100	Egg substitute, omelet, scrambled, or fried, with meat*
33401300	Egg substitute, omelet, scrambled, or fried, with cheese and meat*
33401310	Egg substitute, omelet, scrambled, or fried, with cheese and meat, fat not added in cooking*
33401500	Egg substitute, omelet, scrambled, or fried, with meat and vegetables*
33401600	Egg substitute, omelet, scrambled, or fried, with cheese, meat, and vegetables*
41810400	Breakfast link, pattie, or slice, meatless
54408430	Pretzels, soft, ready-to-eat, topped with meat*
58100010	Burrito, taco, or quesadilla with egg and breakfast meat*
58100013	Burrito, taco, or quesadilla with egg and breakfast meat, from fast food*
58100015	Burrito, taco, or quesadilla with egg, potato, and breakfast meat*
58100017	Burrito, taco, or quesadilla with egg, potato, and breakfast meat, from fast food*
58100020	Burrito, taco, or quesadilla with egg, beans, and breakfast meat*
58106602	Pizza with meat other than pepperoni, from frozen, thin crust*
58106604	Pizza with meat other than pepperoni, from frozen, medium crust*
58106606	Pizza with meat other than pepperoni, from frozen, thick crust*
58106610	Pizza with meat other than pepperoni, from restaurant or fast food, NS as to type of crust*
58106620	Pizza with meat other than pepperoni, from restaurant or fast food, thin crust*
58106625	Pizza with meat other than pepperoni, from restaurant or fast food, medium crust*
58106630	Pizza with meat other than pepperoni, from restaurant or fast food, thick crust*
58106633	Pizza, with meat other than pepperoni, stuffed crust*
58106634	Pizza, with meat other than pepperoni, from school lunch, medium crust*
58106635	Pizza, with meat other than pepperoni, from school lunch, thin crust*
58106636	Pizza, with meat other than pepperoni, from school lunch, thick crust*
58106650	Pizza with extra meat, thin crust*
58106655	Pizza with extra meat, medium crust*
58106660	Pizza with extra meat, thick crust*
58106720	Pizza with meat and vegetables, from restaurant or fast food, thin crust*
58106730	Pizza with meat and vegetables, from restaurant or fast food, thick crust*

Food code	Food description
58106736	Pizza with extra meat and extra vegetables, thin crust*
58106737	Pizza with extra meat and extra vegetables, thick crust*
58106738	Pizza with extra meat and extra vegetables, medium crust*
58107050	Pizza, no cheese, thin crust*
58107222	White pizza, cheese, with meat, thin crust*
58107224	White pizza, cheese, with meat, thick crust*
58107232	White pizza, cheese, with meat and vegetables, thin crust*
58108010	Calzone, with meat and cheese*
58109030	Pizza, with meat, whole wheat thin crust*
58109040	Pizza, with meat, whole wheat thick crust*
58109120	Pizza, with meat, gluten-free thin crust*
58109130	Pizza, with meat, gluten-free thick crust*
58124230	Pastry, meat / poultry-filled*
58127270	Croissant sandwich with sausage and egg*
58127330	Croissant sandwich with sausage, egg, and cheese*
58128000	Biscuit with gravy*
58128250	Dressing with meat and vegetables*
58134613	Tortellini, meat-filled, with tomato sauce, canned*
58310210	Sausage and french toast, frozen meal*
58310310	Pancakes and sausage, frozen meal*
75414020	Mushrooms, stuffed*
77513010	Spanish stew*
Plant-based dairy alternatives and dairy analogues	
Butter	
13210180	Pudding, Mexican bread*
13411000	White sauce or gravy*
14630200	Cheese souffle*
14640050	Cheese sandwich, American cheese, on white bread, with butter*
14640052	Cheese sandwich, American cheese, on wheat bread, with butter*
14640054	Cheese sandwich, American cheese, on whole wheat bread, with butter*
14640056	Cheese sandwich, Cheddar cheese, on white bread, with butter*
14640058	Cheese sandwich, Cheddar cheese, on wheat bread, with butter*
14640060	Cheese sandwich, Cheddar cheese, on whole wheat bread, with butter*
14640062	Cheese sandwich, reduced fat American cheese, on white bread, with butter*
14640068	Cheese sandwich, reduced fat Cheddar cheese, on white bread, with butter*
14640100	Grilled cheese sandwich, NFS*
14640105	Grilled cheese sandwich, American cheese, on white bread*
14640110	Grilled cheese sandwich, American cheese, on wheat bread*
14640115	Grilled cheese sandwich, American cheese, on whole wheat bread*
14640125	Grilled cheese sandwich, Cheddar cheese, on white bread*
14640130	Grilled cheese sandwich, Cheddar cheese, on wheat bread*
14640135	Grilled cheese sandwich, Cheddar cheese, on whole wheat bread*
14640155	Grilled cheese sandwich, reduced fat American cheese, on white bread*
14640160	Grilled cheese sandwich, reduced fat American cheese, on wheat bread*

Food code	Food description
14640165	Grilled cheese sandwich, reduced fat American cheese, on whole wheat bread*
14640185	Grilled cheese sandwich, reduced fat Cheddar cheese, on white bread*
14640190	Grilled cheese sandwich, reduced fat Cheddar cheese, on wheat bread*
14640195	Grilled cheese sandwich, reduced fat Cheddar cheese, on whole wheat bread*
14650150	Cheese sauce made with lowfat cheese*
14650160	Alfredo sauce*
24168000	Chicken "wings" with hot sauce, from fast food / restaurant*
24168010	Chicken "wings" with hot sauce, from precooked*
24168020	Chicken "wings" with hot sauce, from other sources*
24168030	Chicken "wings", boneless, with hot sauce, from fast food / restaurant*
24168031	Chicken "wings", boneless, with hot sauce, from other sources*
26107121	Catfish, baked or broiled, made with butter*
26107131	Catfish, coated, baked or broiled, made with butter*
26109121	Cod, baked or broiled, made with butter*
26109141	Cod, coated, fried, made with butter*
26115121	Flounder, baked or broiled, made with butter*
26127121	Perch, baked or broiled, made with butter*
26137121	Salmon, baked or broiled, made with butter*
26137131	Salmon, coated, baked or broiled, made with butter*
26137141	Salmon, coated, fried, made with butter*
26151121	Trout, baked or broiled, made with butter*
26158011	Tilapia, baked or broiled, made with butter*
26158021	Tilapia, coated, baked or broiled, made with butter*
26158031	Tilapia, coated, fried, made with butter*
26319121	Shrimp, baked or broiled, made with butter*
26319161	Shrimp, coated, baked or broiled, made with butter*
27113000	Beef with cream or white sauce*
27120120	Sausage gravy*
27135050	Veal Marsala*
27143000	Chicken or turkey with cream sauce*
27146250	Chicken or turkey cordon bleu*
27146400	Chicken kiev*
27150060	Lobster newburg*
27212300	Beef and noodles with cream or white sauce*
27213010	Biryani with meat*
27242300	Chicken or turkey and noodles with cream or white sauce*
27243100	Biryani with chicken*
27250126	Shrimp and noodles with cream or white sauce*
27250610	Tuna noodle casserole with cream or white sauce*
27250630	Tuna noodle casserole with mushroom sauce*
27350080	Tuna noodle casserole with vegetables, cream or white sauce*
27360010	Goulash, NFS*
27450250	Oysters Rockefeller*
28101000	Frozen dinner, NFS*
28110220	Sirloin, chopped, with gravy, mashed potatoes, vegetable, frozen meal*
28110270	Sirloin beef, with gravy, potatoes, vegetable, frozen meal*

Food code	Food description
28110300	Salisbury steak dinner, NFS, frozen meal*
28110310	Salisbury steak with gravy, potatoes, vegetable, frozen meal*
28110350	Salisbury steak with gravy, potatoes, vegetable, dessert, frozen meal*
28110390	Salisbury steak, potatoes, vegetable, dessert, diet frozen meal*
28110620	Beef short ribs, boneless, with barbecue sauce, potatoes, vegetable, frozen meal*
28140100	Chicken dinner, NFS, frozen meal*
28141010	Chicken, fried, with potatoes, vegetable, dessert, frozen meal, large meat portion*
28143150	Chicken and vegetable entree with noodles, diet frozen meal*
28143170	Chicken in cream sauce with noodles and vegetable, frozen meal*
28143180	Chicken in butter sauce with potatoes and vegetable, diet frozen meal*
28143190	Chicken in mushroom sauce, white and wild rice, vegetable, frozen meal*
28143200	Chicken in soy-based sauce, rice and vegetables, frozen meal*
28143210	Chicken in orange sauce with almond rice, diet frozen meal*
28144100	Chicken and vegetable entree with noodles and cream sauce, frozen meal*
28145100	Turkey with gravy, dressing, vegetable and fruit, diet frozen meal*
28150510	Fish in lemon-butter sauce with starch item, vegetable, frozen meal*
28154010	Shrimp and vegetables in sauce with noodles, diet frozen meal*
28310150	Oxtail soup*
28311010	Pepperpot soup*
28350050	Fish chowder*
28355210	Crab soup, cream of, prepared with milk*
28355250	Lobster bisque*
28355260	Lobster gumbo*
28355310	Oyster stew*
28355350	Salmon soup, cream style*
28355440	Shrimp gumbo*
31105005	Egg, whole, fried, NS as to fat*
31105040	Egg, whole, fried with butter*
31105085	Egg, whole, fried, NS as to fat type*
31106000	Egg, whole, baked, NS as to fat*
31106020	Egg, whole, baked, fat added*
31108100	Egg, white, cooked, NS as to fat*
31108120	Egg, white, cooked, fat added*
31111000	Egg, yolk only, cooked, NS as to fat*
31111020	Egg, yolk only, cooked, fat added*
31201000	Duck egg, cooked*
31202000	Goose egg, cooked*
32101500	Egg, Benedict*
32129990	Egg omelet or scrambled egg, NS as to fat*
32130020	Egg omelet or scrambled egg, made with butter*
32130065	Egg omelet or scrambled egg, NS as to fat type*
32130120	Egg omelet or scrambled egg, with cheese, made with butter*
32130190	Egg omelet or scrambled egg, with meat, NS as to fat*
32130220	Egg omelet or scrambled egg, with meat, made with butter*
32130265	Egg omelet or scrambled egg, with meat, NS as to fat type*
32130290	Egg omelet or scrambled egg, with cheese and meat, NS as to fat*

Food code	Food description
32130320	Egg omelet or scrambled egg, with cheese and meat, made with butter*
32130365	Egg omelet or scrambled egg, with cheese and meat, NS as to fat type*
32130400	Egg omelet or scrambled egg, with tomatoes, fat added*
32130420	Egg omelet or scrambled egg, with tomatoes, NS as to fat*
32130430	Egg omelet or scrambled egg, with dark-green vegetables, fat added*
32130450	Egg omelet or scrambled egg, with dark-green vegetables, NS as to fat*
32130460	Egg omelet or scrambled egg, with tomatoes and dark-green vegetables, fat added*
32130480	Egg omelet or scrambled egg, with tomatoes and dark-green vegetables, NS as to fat*
32130490	Egg omelet or scrambled egg, with vegetables other than dark green and/or tomatoes, fat added*
32130510	Egg omelet or scrambled egg, with vegetables other than dark green and/or tomatoes, NS as to fat*
32130600	Egg omelet or scrambled egg, with cheese and tomatoes, fat added*
32130620	Egg omelet or scrambled egg, with cheese and tomatoes, NS as to fat*
32130630	Egg omelet or scrambled egg, with cheese and dark-green vegetables, fat added*
32130650	Egg omelet or scrambled egg, with cheese and dark-green vegetables, NS as to fat*
32130660	Egg omelet or scrambled egg, with cheese, tomatoes, and dark-green vegetables, fat added*
32130680	Egg omelet or scrambled egg, with cheese, tomatoes, and dark-green vegetables, NS as to fat*
32130690	Egg omelet or scrambled egg, with cheese and vegetables other than dark green and/or tomatoes, fat added*
32130710	Egg omelet or scrambled egg, with cheese and vegetables other than dark green and/or tomatoes, NS as to fat*
32130800	Egg omelet or scrambled egg, with meat and tomatoes, fat added*
32130820	Egg omelet or scrambled egg, with meat and tomatoes, NS as to fat*
32130830	Egg omelet or scrambled egg, with meat and dark-green vegetables, fat added*
32130850	Egg omelet or scrambled egg, with meat and dark-green vegetables, NS as to fat*
32130890	Egg omelet or scrambled egg, with meat and vegetables other than dark-green and/or tomatoes, fat added*
32130910	Egg omelet or scrambled egg, with meat and vegetables other than dark-green and/or tomatoes, NS as to fat*
32131000	Egg omelet or scrambled egg, with cheese, meat, and tomatoes, fat added*
32131020	Egg omelet or scrambled egg, with cheese, meat, and tomatoes, NS as to fat*
32131030	Egg omelet or scrambled egg, with cheese, meat, and dark-green vegetables, fat added*
32131050	Egg omelet or scrambled egg, with cheese, meat, and dark-green vegetables, NS as to fat*
32131060	Egg omelet or scrambled egg, with cheese, meat, tomatoes, and dark-green vegetables, fat added*
32131080	Egg omelet or scrambled egg, with cheese, meat, tomatoes, and dark-green vegetables, NS as to fat*
32131090	Egg omelet or scrambled egg, with cheese, meat, and vegetables other than dark-green and/or tomatoes, fat added*
32131110	Egg omelet or scrambled egg, with cheese, meat, and vegetables other than dark-green and/or tomatoes, NS as to fat*
32131200	Egg omelet or scrambled egg, with potatoes and/or onions, fat added*
32131220	Egg omelet or scrambled egg, with potatoes and/or onions, NS as to fat*
32400055	Egg white omelet, scrambled, or fried, NS as to fat*
32400070	Egg white omelet, scrambled, or fried, made with butter*
32400078	Egg white omelet, scrambled, or fried, NS as to fat type*

Food code	Food description
32400100	Egg white, omelet, scrambled, or fried, with cheese*
32400200	Egg white, omelet, scrambled, or fried, with meat*
32400300	Egg white, omelet, scrambled, or fried, with vegetables*
32400400	Egg white, omelet, scrambled, or fried, with cheese and meat*
32400500	Egg white, omelet, scrambled, or fried, with cheese and vegetables*
32400600	Egg white, omelet, scrambled, or fried, with meat and vegetables*
32400700	Egg white, omelet, scrambled, or fried, with cheese, meat, and vegetables*
33000990	Egg substitute, omelet, scrambled, or fried, NS as to fat added in cooking*
33001010	Egg substitute, omelet, scrambled, or fried, fat added*
33001020	Egg substitute, omelet, scrambled, or fried, made with butter*
33401000	Egg substitute, omelet, scrambled, or fried, with cheese*
33401100	Egg substitute, omelet, scrambled, or fried, with meat*
33401200	Egg substitute, omelet, scrambled, or fried, with vegetables*
33401300	Egg substitute, omelet, scrambled, or fried, with cheese and meat*
33401400	Egg substitute, omelet, scrambled, or fried, with cheese and vegetables*
33401500	Egg substitute, omelet, scrambled, or fried, with meat and vegetables*
33401600	Egg substitute, omelet, scrambled, or fried, with cheese, meat, and vegetables*
41420020	Edamame, cooked*
41812800	Vegetarian stew*
42204100	Gravy, vegetarian*
51000180	Bread, made from home recipe or purchased at a bakery, NS as to major flour*
51101050	Bread, white, made from home recipe or purchased at a bakery*
51101060	Bread, white, made from home recipe or purchased at a bakery, toasted*
51115020	Bread, cornmeal and molasses, toasted*
51121110	Bread, onion*
51134000	Bread, sweet potato*
51135000	Bread, vegetable*
51165000	Coffee cake, yeast type*
51167000	Brioche*
51188100	Pannetone*
51300140	Bread, whole wheat, made from home recipe or purchased at bakery*
51300150	Bread, whole wheat, made from home recipe or purchased at bakery, toasted*
51300210	Bread, whole wheat, with raisins*
51300220	Bread, whole wheat, with raisins, toasted*
51301040	Bread, wheat or cracked wheat, made from home recipe or purchased at bakery*
51301050	Bread, wheat or cracked wheat, made from home recipe or purchased at bakery, toasted*
51301120	Bread, wheat or cracked wheat, with raisins*
51301130	Bread, wheat or cracked wheat, with raisins, toasted*
51805010	Bread, sunflower meal*
53341750	Pie, chess*
53344200	Mixed fruit tart filled with custard or cream cheese*
53420000	Cream puff, eclair, custard or cream filled, NS as to icing*
53420100	Cream puff, eclair, custard or cream filled, not iced*
53441110	Baklava*
53453150	Empanada, Mexican turnover, fruit-filled*
53610100	Coffee cake, crumb or quick-bread type*

Food code	Food description
53610170	Coffee cake, crumb or quick-bread type, with fruit*
53610200	Coffee cake, crumb or quick-bread type, cheese-filled*
54403040	Popcorn, air-popped, with added butter or margarine*
54403046	Popcorn, popped in oil, with added butter or margarine*
55100005	Pancakes, NFS*
55100015	Pancakes, plain, reduced fat, from fozen*
55100050	Pancakes, plain, from fast food / restaurant*
55100055	Pancakes, with fruit, from fast food / restaurant*
55100060	Pancakes, with chocolate, from fast food / restaurant*
55100065	Pancakes, whole grain, from fast food / restaurant*
55101000	Pancakes, plain*
55101015	Pancakes, plain, reduced fat*
55103000	Pancakes, with fruit*
55103020	Pancakes, pumpkin*
55103100	Pancakes, with chocolate*
55105000	Pancakes, buckwheat*
55105200	Pancakes, whole grain*
55105205	Pancakes, whole grain, reduced fat*
55200100	Waffle, plain, from fast food / restaurant*
55200110	Waffle, chocolate, from fast food / restaurant*
55200120	Waffle, fruit, from fast food / restaurant*
55200130	Waffle, whole grain, from fast food / restaurant*
55201000	Waffle, plain*
55203000	Waffle, fruit*
55203600	Waffle, chocolate*
55203700	Waffle, cinnamon*
55205000	Waffle, whole grain*
55211050	Waffle, plain, reduced fat*
55212000	Waffle, whole grain, reduced fat*
55300010	French toast, NFS*
55300050	French toast, plain, from fast food / restaurant*
55300055	French toast, whole grain, from fast food / restaurant*
55301000	French toast, plain*
55301015	French toast, whole grain*
55301025	French toast, gluten free*
55301055	French toast sticks, whole grain*
56200990	Grits, NS as to regular, quick, or instant, NS as to fat*
56201040	Grits, NS as to regular, quick, or instant, fat added*
56201050	Grits, regular or quick, made with water, NS as to fat*
56201052	Grits, regular or quick, made with water, fat added*
56201055	Grits, regular or quick, made with milk, NS as to fat*
56201057	Grits, regular or quick, made with milk, fat added*
56201090	Grits, with cheese, NS as to fat*
56201092	Grits, with cheese, fat added*
56201220	Grits, instant, made with water, fat added*
56201340	Grits, instant, made with milk, fat added*

Food code	Food description
56201360	Grits, instant, made with non-dairy milk, fat added*
56201515	Cornmeal mush, NS as to fat*
56201517	Cornmeal mush, fat added*
56202960	Oatmeal, NS as to regular, quick, or instant, NS as to fat*
56203055	Oatmeal, regular or quick, made with water, NS as to fat*
56203057	Oatmeal, regular or quick, made with water, fat added*
56203065	Oatmeal, regular or quick, made with milk, NS as to fat*
56203067	Oatmeal, regular or quick, made with milk, fat added*
56203075	Oatmeal, regular or quick, made with non-dairy milk, NS as to fat*
56203077	Oatmeal, regular or quick, made with non-dairy milk, fat added*
56203087	Oatmeal, instant, plain, made with water, fat added*
56203097	Oatmeal, instant, plain, made with milk, fat added*
56203125	Oatmeal, instant, maple flavored, NS as to fat*
56203135	Oatmeal, instant, maple flavored, fat added*
56203150	Oatmeal, instant, fruit flavored, NS as to fat*
56203160	Oatmeal, instant, fruit flavored, fat added*
56203180	Oatmeal, instant, other flavors, fat added*
56203550	Oatmeal, reduced sugar, flavored, NS as to fat*
56203560	Oatmeal, reduced sugar, flavored, fat added*
56203600	Oatmeal, multigrain, NS as to fat*
56203620	Oatmeal, multigrain, fat added*
56205004	Rice, white, cooked, made with butter*
56205007	Rice, white, cooked, fat added, NS as to fat type*
56205014	Rice, brown, cooked, made with butter*
56205017	Rice, brown, cooked, fat added, NS as to fat type*
56205090	Rice, cream of, cooked, fat added*
56205092	Rice, cream of, cooked, NS as to fat*
56207005	Cream of wheat, NS as to regular, quick, or instant, fat added*
56207017	Cream of wheat, regular or quick, made with water, fat added*
56207023	Cream of wheat, regular or quick, made with milk, fat added*
56207027	Cream of wheat, regular or quick, made with non-dairy milk, fat added*
56207060	Cream of wheat, instant, made with water, fat added*
56207094	Cream of wheat, instant, made with milk, fat added*
56207210	Whole wheat cereal, cooked, fat added*
56208510	Oat bran cereal, cooked, fat added*
56208520	Oat bran cereal, cooked, NS as to fat*
58120120	Crepe, filled with meat, poultry, or seafood, no sauce*
58122220	Gnocchi, potato*
58124220	Pastry, egg and cheese filled*
58124230	Pastry, meat / poultry-filled*
58124250	Spanakopitta*
58124500	Pastry, filled with potatoes and peas, fried*
58127150	Vegetables and cheese in pastry*
58127210	Croissant sandwich, filled with ham and cheese*
58133120	Manicotti, cheese-filled, with tomato sauce, meatless*
58134120	Stuffed shells, cheese-filled, with tomato sauce, meatless*

Food code	Food description
58134130	Stuffed shells, cheese-filled, with meat sauce*
58134310	Stuffed shells, with fish and/or shellfish, with tomato sauce*
58134660	Tortellini, cheese-filled, with cream sauce*
58145110	Macaroni or noodles with cheese*
58145112	Macaroni or noodles with cheese, made from packaged mix*
58145119	Macaroni or noodles with cheese, made from reduced fat packaged mix*
58145120	Macaroni or noodles with cheese and tuna*
58145135	Macaroni or noodles with cheese and meat*
58145140	Macaroni or noodles with cheese and tomato*
58145160	Macaroni or noodles with cheese and frankfurters or hot dogs*
58145170	Macaroni or noodles with cheese and egg*
58145190	Macaroni or noodles with cheese and chicken or turkey*
58145300	Macaroni or noodles with cheese, whole grain*
58146381	Pasta with cream sauce, restaurant*
58146382	Pasta with cream sauce, home recipe*
58146383	Pasta with cream sauce, ready-to-heat*
58146391	Pasta with cream sauce and added vegetables, restaurant*
58146392	Pasta with cream sauce and added vegetables, from home recipe*
58146393	Pasta with cream sauce and added vegetables, ready-to-heat*
58146401	Pasta with cream sauce and meat, restaurant*
58146402	Pasta with cream sauce and meat, home recipe*
58146403	Pasta with cream sauce and meat, ready-to-heat*
58146411	Pasta with cream sauce, meat, and added vegetables, restaurant*
58146412	Pasta with cream sauce, meat, and added vegetables, home recipe*
58146413	Pasta with cream sauce, meat, and added vegetables, ready-to-heat*
58146421	Pasta with cream sauce and poultry, restaurant*
58146422	Pasta with cream sauce and poultry, home recipe*
58146423	Pasta with cream sauce and poultry, ready-to-heat*
58146431	Pasta with cream sauce, poultry, and added vegetables, restaurant*
58146432	Pasta with cream sauce, poultry, and added vegetables, home recipe*
58146433	Pasta with cream sauce, poultry, and added vegetables, ready-to-heat*
58146441	Pasta with cream sauce and seafood, restaurant*
58146442	Pasta with cream sauce and seafood, home recipe*
58146443	Pasta with cream sauce and seafood, ready-to-heat*
58146451	Pasta with cream sauce, seafood, and added vegetables, restaurant*
58146452	Pasta with cream sauce, seafood, and added vegetables, home recipe*
58146682	Pasta, whole grain, with cream sauce, home recipe*
58146683	Pasta, whole grain, with cream sauce, ready-to-heat*
58146692	Pasta, whole grain, with cream sauce, and added vegetables, home recipe*
58146693	Pasta, whole grain, with cream sauce, and added vegetables, ready-to-heat*
58146702	Pasta, whole grain, with cream sauce and meat, home recipe*
58146713	Pasta, whole grain, with cream sauce, meat, and added vegetables, ready-to-heat*
58146722	Pasta, whole grain, with cream sauce and poultry, home recipe*
58146723	Pasta, whole grain, with cream sauce and poultry, ready-to-heat*
58146732	Pasta, whole grain, with cream sauce, poultry, and added vegetables, home recipe*
58146733	Pasta, whole grain, with cream sauce, poultry, and added vegetables, ready-to-heat*

Food code	Food description
58146741	Pasta, whole grain, with cream sauce and seafood, restaurant*
58147330	Macaroni or noodles, creamed, with cheese*
58147340	Macaroni or noodles, creamed, with cheese and tuna*
58160000	Biryani with vegetables*
58421010	Sopa Seca de Fideo, Mexican style, made with dry noodles, home recipe*
58421060	Sopa seca de arroz, home recipe, Mexican style*
63101310	Apple, baked*
63101500	Apple, fried*
63107410	Banana, fried*
71000100	Potato, NFS*
71102980	Potato, boiled, NFS*
71102990	Potato, boiled, ready-to-heat*
71103000	Potato, boiled, from fresh, peel not eaten, NS as to fat*
71103020	Potato, boiled, from fresh, peel not eaten, fat added, NS as to fat type*
71103040	Potato, boiled, from fresh, peel not eaten, made with butter*
71103105	Potato, boiled, from fresh, peel eaten, NS as to fat*
71103115	Potato, boiled, from fresh, peel eaten, fat added, NS as to fat type*
71103140	Potato, boiled, from fresh, peel eaten, made with butter*
71103310	Potato, canned, fat added, NS as to fat type*
71104030	Potato, roasted, NFS*
71104040	Potato, roasted, from fresh, peel eaten, NS as to fat*
71104060	Potato, roasted, from fresh, peel eaten, fat added, NS as to fat type*
71104080	Potato, roasted, from fresh, peel eaten, made with butter*
71104100	Potato, roasted, from fresh, peel not eaten, NS as to fat*
71104140	Potato, roasted, from fresh, peel not eaten, made with butter*
71104200	Potato, roasted, ready-to-heat*
71305015	Potato, scalloped, NFS*
71305020	Potato, scalloped, from fast food or restaurant*
71305030	Potato, scalloped, from fresh*
71305040	Potato, scalloped, from fresh, with meat*
71305050	Potato, scalloped, from dry mix*
71305060	Potato, scalloped, from dry mix, with meat*
71305070	Potato, scalloped, ready-to-heat*
71501000	Potato, mashed, NFS*
71501010	Potato, mashed, from fresh, made with milk*
71501011	Potato, mashed, from fresh, made with milk, with cheese*
71501012	Potato, mashed, from fresh, made with milk, with gravy*
71501013	Potato, mashed, from fresh, NFS*
71501016	Potato, mashed, from restaurant*
71501017	Potato, mashed, from restaurant, with gravy*
71501035	Potato, mashed, from dry mix, NFS*
71501040	Potato, mashed, from dry mix, made with milk*
71501045	Potato, mashed, from dry mix, made with milk, with cheese*
71501054	Potato, mashed, from dry mix, made with milk, with gravy*
71507005	Potato, baked, peel not eaten, with butter*
71507010	Potato, baked, peel not eaten, with sour cream*

Food code	Food description
71507020	Potato, baked, peel not eaten, with cheese*
71507025	Potato, baked, peel not eaten, with meat*
71507030	Potato, baked, peel not eaten, with chili*
71507035	Potato, baked, peel not eaten, with vegetables*
71508005	Potato, baked, peel eaten, with butter*
71508010	Potato, baked, peel eaten, with sour cream*
71508020	Potato, baked, peel eaten, with cheese*
71508025	Potato, baked, peel eaten, with meat*
71508030	Potato, baked, peel eaten, with chili*
71508035	Potato, baked, peel eaten, with vegetables*
71803010	Potato chowder*
71905008	Plantain, cooked, fat added, NS as to fat type*
71905100	Plantain, cooked with butter or margarine*
71930090	Cassava, cooked, NS as to fat added in cooking*
71930120	Cassava, cooked*
71950010	Tannier, cooked*
71962020	Dasheen, cooked*
71962040	Taro, cooked*
71970200	Fufu*
72101200	Beet greens, cooked, NS as to fat added in cooking*
72101220	Beet greens, cooked*
72103030	Broccoli raab, cooked*
72104220	Chard, cooked*
72107200	Collards, cooked, NS as to form, NS as to fat added in cooking*
72107201	Collards, cooked, from fresh, NS as to fat added in cooking*
72107203	Collards, cooked, from canned, NS as to fat added in cooking*
72107220	Collards, NS as to form, cooked*
72107221	Collards, fresh, cooked, fat added, NS as to fat type*
72107228	Collards, fresh, cooked with butter or margarine*
72107231	Collards, frozen, cooked with butter or margarine*
72107234	Collards, canned, cooked with butter or margarine*
72116220	Escarole, cooked*
72118201	Greens, cooked, from fresh, NS as to fat added in cooking*
72118220	Greens, NS as to form, cooked*
72118221	Greens, fresh, cooked, fat added*
72118222	Greens, frozen, cooked, fat added*
72119200	Kale, cooked, NS as to form, NS as to fat added in cooking*
72119201	Kale, cooked, from fresh, NS as to fat added in cooking*
72119220	Kale, NS as to form, cooked*
72119221	Kale, fresh, cooked, fat added*
72119228	Kale, cooked, from fresh, made with butter*
72122200	Mustard greens, cooked, NS as to form, NS as to fat added in cooking*
72122201	Mustard greens, cooked, from fresh, NS as to fat added in cooking*
72122203	Mustard greens, cooked, from canned, NS as to fat added in cooking*
72122221	Mustard greens, fresh, cooked, fat added*
72122228	Mustard greens, cooked, from fresh, made with butter*

Food code	Food description
72125200	Spinach, cooked, NS as to form, NS as to fat added in cooking*
72125201	Spinach, cooked, from fresh, NS as to fat added in cooking*
72125214	Spinach, cooked, NS as to form, made with oil*
72125218	Spinach, fresh, cooked with butter or margarine*
72125220	Spinach, NS as to form, cooked*
72125221	Spinach, fresh, cooked, fat added, NS as to fat type*
72125222	Spinach, frozen, cooked, fat added, NS as to fat type*
72125225	Spinach, frozen, cooked with butter or margarine*
72125228	Spinach, canned, cooked with butter or margarine*
72125240	Spinach souffle*
72125260	Spinach and cheese casserole*
72126001	Taro leaves, cooked*
72128200	Turnip greens, cooked, NS as to form, NS as to fat added in cooking*
72128203	Turnip greens, cooked, from canned, NS as to fat added in cooking*
72128221	Turnip greens, fresh, cooked, fat added*
72128222	Turnip greens, frozen, cooked, fat added*
72128228	Turnip greens, cooked, from fresh, made with butter*
72130201	Watercress, cooked*
72132199	Bitter melon leaves, horseradish leaves, jute leaves, or radish leaves, cooked, NS as to fat added in cooking*
72132201	Bitter melon, horseradish, jute, or radish leaves, cooked*
72133201	Sweet potato, squash, pumpkin, chrysanthemum, or bean leaves, cooked*
72201190	Broccoli, cooked, from restaurant*
72201200	Broccoli, cooked, NS as to form, NS as to fat added in cooking*
72201201	Broccoli, cooked, from fresh, NS as to fat added in cooking*
72201202	Broccoli, cooked, from frozen, NS as to fat added in cooking*
72201214	Broccoli, cooked, NS as to form, made with butter*
72201220	Broccoli, NS as to form, cooked*
72201221	Broccoli, fresh, cooked, fat added, NS as to fat type*
72201222	Broccoli, frozen, cooked, fat added, NS as to fat type*
72201224	Broccoli, fresh, cooked with butter or margarine*
72201227	Broccoli, frozen, cooked with butter or margarine*
72202010	Broccoli casserole with noodles*
72202020	Broccoli casserole with rice*
72203070	Broccoli, Chinese, cooked*
73102190	Carrots, cooked, from restaurant*
73102200	Carrots, cooked, NS as to form, NS as to fat added in cooking*
73102201	Carrots, cooked, from fresh, NS as to fat added in cooking*
73102202	Carrots, cooked, from frozen, NS as to fat added in cooking*
73102215	Carrots, cooked, NS as to form, made with butter*
73102218	Carrots, fresh, cooked with butter or margarine*
73102220	Carrots, NS as to form, cooked*
73102221	Carrots, fresh, cooked, fat added, NS as to fat type*
73102222	Carrots, frozen, cooked, fat added, NS as to fat type*
73102225	Carrots, frozen, cooked with butter or margarine*
73102228	Carrots, canned, cooked with butter or margarine*

Food code	Food description
73102241	Carrots, glazed, cooked*
73102242	Carrots, cooked, from frozen, glazed*
73102243	Carrots, cooked, from canned, glazed*
73103000	Carrots, canned, low sodium, NS as to fat added in cooking*
73103022	Carrots, canned, reduced sodium, cooked with butter or margarine*
73111200	Peas and carrots, cooked, NS as to form, NS as to fat added in cooking*
73111203	Peas and carrots, cooked, from canned, NS as to fat added in cooking*
73111220	Peas and carrots, cooked, NS as to form*
73111221	Peas and carrots, fresh, cooked, fat added*
73111222	Peas and carrots, frozen, cooked, fat added*
73111223	Peas and carrots, canned, cooked, fat added*
73111231	Peas and carrots, cooked, from frozen, made with butter*
73201000	Pumpkin, cooked, NS as to form, NS as to fat added in cooking*
73201013	Pumpkin, canned, cooked*
73201020	Pumpkin, cooked*
73210010	Calabaza, cooked*
73301000	Squash, winter type, mashed, NS as to fat or sugar added in cooking*
73303000	Squash, winter type, baked, NS as to fat or sugar added in cooking*
73303020	Winter squash, cooked, fat added*
73303022	Squash, winter type, baked, no sugar added in cooking, made with butter*
73401000	Sweet potato, NFS*
73402000	Sweet potato, baked, peel eaten, NS as to fat*
73402022	Sweet potato, baked, peel eaten, made with butter*
73403000	Sweet potato, baked, peel not eaten, NS as to fat*
73403020	Sweet potato, baked, peel not eaten, fat added, NS as to fat type*
73403022	Sweet potato, baked, peel not eaten, made with butter*
73405000	Sweet potato, boiled, NS as to fat*
73405020	Sweet potato, boiled, fat added, NS as to fat type*
73405022	Sweet potato, boiled, made with butter*
73406000	Sweet potato, candied*
73407060	Sweet potato, canned, fat added*
73502000	Squash, winter type, soup, home recipe, canned, or ready-to-serve*
74201000	Tomatoes, NS as to form, cooked*
74201001	Tomatoes, fresh, cooked*
74201003	Tomatoes, canned, cooked*
74203010	Tomatoes, scalloped*
74504020	Tomato and okra, cooked, fat added in cooking, NS as to type of fat*
74504100	Tomato and onion, cooked, NS as to fat added in cooking*
74504120	Tomato and onion, cooked, fat added in cooking, NS as to type of fat*
75200100	Vegetables, NS as to type, cooked, NS as to fat added in cooking*
75201000	Artichoke, cooked, NS as to form, NS as to fat added in cooking*
75201020	Artichokes, NS as to form, cooked*
75201021	Artichoke, fresh, cooked, fat added*
75201023	Artichoke, canned, cooked, fat added*
75202000	Asparagus, cooked, NS as to form, NS as to fat added in cooking*
75202001	Asparagus, cooked, from fresh, NS as to fat added in cooking*

Food code	Food description
75202020	Asparagus, NS as to form, cooked*
75202021	Asparagus, fresh, cooked, fat added, NS as to fat type*
75202022	Asparagus, frozen, cooked, fat added, NS as to fat type*
75202023	Asparagus, canned, cooked, fat added, NS as to fat type*
75202028	Asparagus, fresh, cooked with butter or margarine*
75202032	Asparagus, frozen, cooked with butter or margarine*
75202035	Asparagus, canned, cooked with butter or margarine*
75203028	Bamboo shoots, cooked*
75204003	Beans, lima, immature, cooked, from canned, NS as to fat added in cooking*
75204022	Lima beans, from frozen, fat added*
75204023	Lima beans, from canned*
75204031	Beans, lima, immature, cooked, from frozen, made with butter*
75204964	Beans, string, cooked, from fresh, NS as to color, made with butter*
75204967	Beans, string, cooked, from frozen, NS as to color, made with butter*
75204970	Beans, string, cooked, from canned, NS as to color, made with butter*
75204980	Beans, string, cooked, NS as to form, NS as to color, fat added in cooking, NS as to type of fat*
75204981	Beans, string, cooked, from fresh, NS as to color, fat added in cooking, NS as to type of fat*
75204982	Beans, string, cooked, from frozen, NS as to color, fat added in cooking, NS as to type of fat*
75205000	Beans, string, cooked, NS as to form, NS as to color, NS as to fat added in cooking*
75205001	Beans, string, cooked, from fresh, NS as to color, NS as to fat added in cooking*
75205003	Beans, string, cooked, from canned, NS as to color, NS as to fat added in cooking*
75205005	Green beans, cooked, from restaurant*
75205010	Beans, string, green, cooked, NS as to form, NS as to fat added in cooking*
75205011	Beans, string, green, cooked, from fresh, NS as to fat added in cooking*
75205012	Beans, string, green, cooked, from frozen, NS as to fat added in cooking*
75205013	Beans, string, green, cooked, from canned, NS as to fat added in cooking*
75205030	Green beans, NS as to form, cooked*
75205031	Green beans, fresh, cooked, fat added, NS as to fat type*
75205032	Green beans, frozen, cooked, fat added, NS as to fat type*
75205033	Green beans, canned, cooked, fat added, NS as to fat type*
75205042	Beans, string, green, cooked, NS as to form, made with butter*
75205045	Green beans, fresh, cooked with butter or margarine*
75205048	Green beans, frozen, cooked with butter or margarine*
75205051	Green beans, canned, cooked with butter or margarine*
75205110	Beans, string, green, canned, low sodium, NS as to fat added in cooking*
75205130	Green beans, canned, reduced sodium, cooked, fat added, NS as to fat type*
75205132	Green beans, canned, reduced sodium, cooked with butter or margarine*
75206010	Beans, string, yellow, cooked, NS as to form, fat not added in cooking*
75206020	Yellow string beans, cooked*
75206037	Beans, string, yellow, cooked, from frozen, made with butter*
75207021	Bean sprouts, cooked*
75208000	Beets, cooked, NS as to form, NS as to fat added in cooking*
75208020	Beets, NS as to form, cooked*
75208021	Beets, fresh, cooked, fat added*
75208023	Beets, canned, cooked, fat added*
75208310	Bitter melon, cooked*

Food code	Food description
75209000	Brussels sprouts, cooked, NS as to form, NS as to fat added in cooking*
75209002	Brussels sprouts, cooked, from frozen, NS as to fat added in cooking*
75209020	Brussels sprouts, NS as to form, cooked*
75209021	Brussels sprouts, fresh, cooked, fat added*
75209022	Brussels sprouts, frozen, cooked, fat added*
75209041	Brussels sprouts, cooked, from fresh, made with butter*
75210020	Cabbage, Chinese, cooked, fat added*
75211010	Cabbage, green, cooked, NS as to fat added in cooking*
75211030	Cabbage, green, cooked, fat added, NS as to fat type*
75211032	Cabbage, green, cooked with butter or margarine*
75212000	Cabbage, red, cooked, NS as to fat added in cooking*
75212020	Cabbage, red, cooked*
75213100	Cactus, cooked, NS as to fat added in cooking*
75213120	Cactus, cooked, fat added*
75214000	Cauliflower, cooked, NS as to form, NS as to fat added in cooking*
75214001	Cauliflower, cooked, from fresh, NS as to fat added in cooking*
75214020	Cauliflower, NS as to form, cooked*
75214021	Cauliflower, fresh, cooked, fat added, NS as to fat type*
75214022	Cauliflower, frozen, cooked, fat added, NS as to fat type*
75214028	Cauliflower, fresh, cooked with butter or margarine*
75214031	Cauliflower, frozen, cooked with butter or margarine*
75215000	Celery, cooked, NS as to fat added in cooking*
75215020	Celery, cooked*
75215120	Fennel bulb, cooked*
75215511	Christophine, cooked*
75215990	Corn, cooked, from restaurant*
75216000	Corn, cooked, NS as to form, NS as to color, NS as to fat added in cooking*
75216003	Corn, cooked, from canned, NS as to color, NS as to fat added in cooking*
75216028	Corn, cooked, from fresh, NS as to color, made with butter*
75216100	Corn, yellow, cooked, NS as to form, NS as to fat added in cooking*
75216101	Corn, yellow, cooked, from fresh, NS as to fat added in cooking*
75216102	Corn, yellow, cooked, from frozen, NS as to fat added in cooking*
75216103	Corn, yellow, cooked, from canned, NS as to fat added in cooking*
75216120	Corn, NS as to form, cooked*
75216121	Corn, fresh, cooked, fat added, NS as to fat type*
75216122	Corn, frozen, cooked, fat added, NS as to fat type*
75216123	Corn, canned, cooked, fat added, NS as to fat type*
75216135	Corn, fresh, cooked with butter or margarine*
75216138	Corn, frozen, cooked with butter or margarine*
75216142	Corn, canned, cooked with butter or margarine*
75216178	Corn, yellow and white, cooked, from fresh, made with butter*
75216193	Corn, yellow, from canned, cream style, fat added in cooking*
75216228	Corn, white, cooked, from fresh, made with butter*
75216300	Corn, yellow, canned, low sodium, NS as to fat added in cooking*
75216322	Corn, canned, reduced sodium, cooked with butter or margarine*
75216700	Cucumber, cooked, NS as to fat added in cooking*

Food code	Food description
75216720	Cucumber, cooked*
75216722	Cucumber, cooked, made with butter*
75217000	Eggplant, cooked, NS as to fat added in cooking*
75217020	Eggplant, cooked, fat added*
75217301	Flowers or blossoms of sesbania, squash, or lily, cooked*
75217490	Hominy, cooked, NS as to fat added in cooking*
75217520	Hominy, cooked*
75218400	Leek, cooked*
75218501	Lotus root, cooked*
75219000	Mushrooms, cooked, NS as to form, NS as to fat added in cooking*
75219001	Mushrooms, cooked, from fresh, NS as to fat added in cooking*
75219020	Mushrooms, NS as to form, cooked*
75219021	Mushrooms, fresh, cooked, fat added, NS as to fat type*
75219023	Mushrooms, canned, cooked*
75219034	Mushrooms, fresh, cooked with butter or margarine*
75220020	Okra, NS as to form, cooked*
75220021	Okra, fresh, cooked, fat added*
75220022	Okra, frozen, cooked, fat added*
75220028	Okra, cooked, from fresh, made with butter*
75220032	Okra, cooked, from frozen, made with butter*
75220049	Lettuce, cooked, NS as to fat added in cooking*
75220051	Lettuce, cooked*
75220101	Luffa, cooked*
75221000	Onions, cooked, NS as to form, NS as to fat added in cooking*
75221001	Onions, cooked, from fresh, NS as to fat added in cooking*
75221002	Onions, cooked, from frozen, NS as to fat added in cooking*
75221015	Onions, cooked, NS as to form, made with butter*
75221018	Onions, cooked, from fresh, made with butter*
75221020	Onions, cooked, NS as to form, fat added in cooking, NS as to type of fat*
75221021	Onions, cooked, fat added*
75221030	Onions, pearl, cooked*
75221040	Onions, green, cooked, NS as to form, NS as to fat added in cooking*
75221061	Onions, green, cooked*
75221160	Palm hearts, cooked*
75222020	Parsnips, cooked*
75222022	Parsnips, cooked, made with butter*
75223003	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from canned, NS as to fat added in cooking*
75223022	Blackeyed peas, from frozen*
75223023	Blackeyed peas, from canned*
75223028	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from fresh, made with butter*
75223034	Peas, cowpeas, field peas, or blackeye peas, not dried, cooked, from canned, made with butter*
75224000	Green peas, cooked, from restaurant*
75224010	Peas, green, cooked, NS as to form, NS as to fat added in cooking*
75224012	Peas, green, cooked, from frozen, NS as to fat added in cooking*
75224013	Peas, green, cooked, from canned, NS as to fat added in cooking*

Food code	Food description
75224030	Green peas, NS as to form, cooked*
75224031	Green peas, fresh, cooked, fat added, NS as to fat type*
75224032	Green peas, frozen, cooked, fat added, NS as to fat type*
75224033	Green peas, canned, cooked, fat added, NS as to fat type*
75224044	Green peas, fresh, cooked with butter or margarine*
75224047	Green peas, frozen, cooked with butter or margarine*
75224050	Green peas, canned, cooked with butter or margarine*
75224132	Green peas, canned, reduced sodium, cooked with butter or margarine*
75225014	Pigeon peas, cooked, NS as to form, NS as to fat added in cooking*
75225015	Pigeon peas, cooked, NS as to form, fat added in cooking*
75226000	Peppers, green, cooked, NS as to fat added in cooking*
75226020	Peppers, green, cooked*
75226022	Peppers, green, cooked, made with butter*
75226040	Peppers, red, cooked, NS as to fat added in cooking*
75226060	Peppers, red, cooked*
75226090	Peppers, hot, cooked, NS as to form, NS as to fat added in cooking*
75226093	Peppers, hot, cooked, from canned, NS as to fat added in cooking*
75226110	Peppers, hot, cooked, NS as to form, fat added in cooking, NS as to type of fat*
75226111	Hot peppers, cooked*
75227110	Daikon radish, cooked*
75228020	Rutabaga, cooked*
75230000	Sauerkraut*
75230020	Sauerkraut, cooked, fat added in cooking*
75231020	Snowpea, NS as to form, cooked*
75231021	Snowpea, fresh, cooked, fat added*
75231022	Snowpea, frozen, cooked, fat added*
75232120	Seaweed, cooked, fat added*
75233000	Squash, summer, yellow or green, cooked, NS as to form, NS as to fat added in cooking*
75233001	Squash, summer, yellow or green, cooked, from fresh, NS as to fat added in cooking*
75233020	Summer squash, yellow or green, NS as to form, cooked*
75233021	Summer squash, yellow or green, fresh, cooked, fat added, NS as to fat type*
75233022	Summer squash, yellow or green, frozen, cooked, fat added, NS as to fat type*
75233028	Summer squash, yellow or green, fresh, cooked with butter or margarine*
75233031	Summer squash, yellow or green, frozen, cooked with butter or margarine*
75233220	Spaghetti squash, cooked*
75233222	Squash, spaghetti, cooked, made with butter*
75234000	Turnip, cooked, NS as to form, NS as to fat added in cooking*
75234021	Turnip, cooked*
75234028	Turnip, cooked, from fresh, made with butter*
75235750	Winter melon, cooked*
75301120	Lima beans and corn, cooked, fat added*
75302009	Beans, string, green, with tomatoes, cooked, NS as to fat added in cooking*
75302011	Beans, string, green, with tomatoes, cooked, fat added in cooking*
75302200	Beans, string, green, with onions, NS as to fat added in cooking*
75302212	Beans, string, green, with onions, cooked, made with butter*
75302500	Beans, string, green, and potatoes, cooked, NS as to fat added in cooking*

Food code	Food description
75303022	Corn with peppers, red or green, cooked, made with butter*
75306999	Green peppers and onions, cooked, NS as to fat added in cooking*
75307000	Peppers and onions, cooked, fat added*
75307002	Green peppers and onions, cooked, made with butter*
75310990	Classic mixed vegetables, cooked, from restaurant*
75311000	Mixed vegetables, cooked, NS as to form, NS as to fat added in cooking*
75311002	Mixed vegetables, cooked, from frozen, NS as to fat added in cooking*
75311003	Mixed vegetables, cooked, from canned, NS as to fat added in cooking*
75311020	Classic mixed vegetables, NS as to form, cooked*
75311022	Classic mixed vegetables, frozen, cooked, fat added, NS as to fat type*
75311023	Classic mixed vegetables, canned, cooked, fat added, NS as to fat type*
75311028	Classic mixed vegetables, frozen, cooked with butter or margarine*
75311031	Classic mixed vegetables, canned, cooked with butter or margarine*
75311100	Mixed vegetables, canned, low sodium, NS as to fat added in cooking*
75315000	Peas and corn, cooked, NS as to fat added in cooking*
75315022	Peas and corn, cooked, made with butter*
75315200	Peas and mushrooms, cooked, NS as to fat added in cooking*
75315999	Squash, summer, yellow or green, and onions, cooked, NS as to fat added in cooking*
75316023	Squash, summer, yellow or green, and onions, cooked, made with butter*
75316031	Squash, summer, yellow or green, with tomato sauce, cooked, fat added in cooking*
75316032	Squash, summer, yellow or green, with tomato sauce, cooked, NS as to fat added in cooking*
75317000	Vegetables, stew type, cooked, NS as to fat added in cooking*
75317010	Vegetables, stew type, cooked, fat added*
75317012	Vegetables, stew type, cooked, made with butter*
75330060	Broccoli and cauliflower, cooked, fat added*
75330090	Broccoli, cauliflower and carrots, cooked, fat added*
75330100	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, no sauce, NS as to fat added in cooking*
75330122	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, no sauce, made with butter*
75330130	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, no sauce, NS as to fat added in cooking*
75330152	Vegetable combination, excluding carrots, broccoli, and dark-green leafy; cooked, no sauce, made with butter*
75340000	Vegetable combinations, Asian style, broccoli, green pepper, water chestnut, etc., cooked, NS as to fat added in cooking*
75340020	Asian stir fry vegetables, cooked, fat added*
75418030	Squash, summer, casserole, with rice and tomato sauce*
75418040	Squash, summer, casserole, with cheese sauce*
75450600	Vegetable combination, including carrots, broccoli, and/or dark-green leafy; cooked, with butter sauce*
75460700	Vegetable combinations, including carrots, broccoli, and/or dark-green leafy; cooked, with pasta*
75460710	Vegetable combinations, excluding carrots, broccoli, and dark-green leafy; cooked, with pasta*
75460800	Vegetable combinations, including carrots, broccoli, and/or dark-green leafy; cooked, with butter sauce and pasta*

Food code	Food description
75604020	Corn soup, cream of, prepared with water*
75608100	Onion soup, French*
76102030	Broccoli, carrots and cheese, baby food, junior*
81100000	Table fat, NFS*
81100500	Butter, NFS
81101000	Butter, stick
81101010	Butter, tub
81101100	Butter, stick, unsalted
81101500	Light butter, stick, salted
81101520	Butter, light
81104490	Butter-oil blend, NFS
81104510	Butter-oil blend, tub
81104550	Butter-oil blend, light
81105010	Butter-margarine blend, stick, salted*
81301000	Garlic sauce*
81301020	Lemon-butter sauce*
81302010	Hollandaise sauce*
81322000	Honey butter
91306020	Caramel dip, regular*
91306030	Chocolate dip*
91361020	Fruit sauce*
91718300	Ladoo, round ball, Asian-Indian dessert*
Cheese	
13210180	Pudding, Mexican bread*
13252500	Barfi or Burfi, Indian dessert*
14010000	Cheese, NFS
14101010	Cheese, Blue or Roquefort
14102010	Cheese, Brick
14103020	Cheese, Brie
14104100	Cheese, Cheddar
14104110	Cheese, Cheddar, reduced fat
14104115	Cheese, Cheddar, nonfat or fat free
14104200	Cheese, Colby
14104250	Cheese, Colby Jack
14104400	Cheese, Feta
14104600	Cheese, Fontina
14104700	Cheese, goat
14105010	Cheese, Gouda or Edam
14105200	Cheese, Gruyere
14106200	Cheese, Monterey
14106500	Cheese, Monterey, reduced fat
14107010	Cheese, Mozzarella, NFS
14107030	Cheese, Mozzarella, part skim
14107040	Cheese, Mozzarella, reduced sodium
14107060	Cheese, Mozzarella, nonfat or fat free

Food code	Food description
14107200	Cheese, Muenster
14107250	Cheese, Muenster, reduced fat
14108010	Cheese, Parmesan, dry grated
14108015	Cheese, Parmesan, dry grated, reduced fat
14108020	Cheese, Parmesan, hard
14108400	Cheese, Provolone
14108420	Cheese, provolone, reduced fat
14109010	Cheese, Swiss
14109020	Cheese, Swiss, reduced sodium
14109030	Cheese, Swiss, reduced fat
14110010	Cheese, Cheddar, reduced sodium
14120010	Cheese, Mexican blend
14120020	Cheese, Mexican blend, reduced fat
14131000	Queso Anejo, aged Mexican cheese
14131500	Queso Asadero
14132000	Queso Chihuahua
14133000	Queso Fresco
14134000	Queso cotija
14200100	Cheese, cottage, NFS
14201010	Cheese, cottage, creamed, large or small curd
14201200	Cottage cheese, farmer's
14201500	Cheese, Ricotta
14202010	Cheese, cottage, with fruit*
14202020	Cheese, cottage, with vegetables*
14203020	Cheese, cottage, salted, dry curd
14203510	Puerto Rican white cheese
14204010	Cheese, cottage, low fat
14204020	Cheese, cottage, lowfat, with fruit*
14206010	Cheese, cottage, lowfat, low sodium
14207010	Cheese, cottage, lowfat, lactose reduced
14410100	Cheese, American and Swiss blends
14410110	Cheese, American
14410120	Cheese, American, reduced fat
14410130	Cheese, American, nonfat or fat free
14410210	Cheese, American, reduced sodium
14410330	Cheese spread, American or Cheddar cheese base, reduced fat
14410500	Cheese, processed cheese food
14410600	Cheese, processed, with vegetables
14410620	Cheese, with wine
14420100	Cheese spread, American or Cheddar cheese base
14420160	Cheese spread, Swiss cheese base
14420300	Cheese spread, pressurized can
14502000	Imitation cheese
14610200	Cheese, cottage cheese, with gelatin dessert*
14610520	Cheese ball
14620110	Artichoke dip*

Food code	Food description
14620115	Spinach and artichoke dip*
14620130	Seafood dip*
14620200	Cheese dip*
14620300	Topping from cheese pizza*
14620310	Topping from vegetable pizza*
14620320	Topping from meat pizza*
14620330	Topping from meat and vegetable pizza*
14630200	Cheese souffle*
14640000	Cheese sandwich, NFS*
14640002	Cheese sandwich, American cheese, on white bread, no spread*
14640004	Cheese sandwich, American cheese, on wheat bread, no spread*
14640006	Cheese sandwich, American cheese, on whole wheat bread, no spread*
14640008	Cheese sandwich, Cheddar cheese, on white bread, no spread*
14640010	Cheese sandwich, Cheddar cheese, on wheat bread, no spread*
14640012	Cheese sandwich, Cheddar cheese, on whole wheat bread, no spread*
14640014	Cheese sandwich, reduced fat American cheese, on white bread, no spread*
14640018	Cheese sandwich, reduced fat American cheese, on whole wheat bread, no spread*
14640020	Cheese sandwich, reduced fat Cheddar cheese, on white bread, no spread*
14640024	Cheese sandwich, reduced fat Cheddar cheese, on whole wheat bread, no spread*
14640026	Cheese sandwich, American cheese, on white bread, with mayonnaise*
14640028	Cheese sandwich, American cheese, on wheat bread, with mayonnaise*
14640030	Cheese sandwich, American cheese, on whole wheat bread, with mayonnaise*
14640032	Cheese sandwich, Cheddar cheese, on white bread, with mayonnaise*
14640034	Cheese sandwich, Cheddar cheese, on wheat bread, with mayonnaise*
14640036	Cheese sandwich, Cheddar cheese, on whole wheat bread, with mayonnaise*
14640042	Cheese sandwich, reduced fat American cheese, on whole wheat bread, with mayonnaise*
14640046	Cheese sandwich, reduced fat Cheddar cheese, on wheat bread, with mayonnaise*
14640048	Cheese sandwich, reduced fat Cheddar cheese, on whole wheat bread, with mayonnaise*
14640050	Cheese sandwich, American cheese, on white bread, with butter*
14640052	Cheese sandwich, American cheese, on wheat bread, with butter*
14640054	Cheese sandwich, American cheese, on whole wheat bread, with butter*
14640056	Cheese sandwich, Cheddar cheese, on white bread, with butter*
14640058	Cheese sandwich, Cheddar cheese, on wheat bread, with butter*
14640060	Cheese sandwich, Cheddar cheese, on whole wheat bread, with butter*
14640062	Cheese sandwich, reduced fat American cheese, on white bread, with butter*
14640068	Cheese sandwich, reduced fat Cheddar cheese, on white bread, with butter*
14640100	Grilled cheese sandwich, NFS*
14640105	Grilled cheese sandwich, American cheese, on white bread*
14640110	Grilled cheese sandwich, American cheese, on wheat bread*
14640115	Grilled cheese sandwich, American cheese, on whole wheat bread*
14640125	Grilled cheese sandwich, Cheddar cheese, on white bread*
14640130	Grilled cheese sandwich, Cheddar cheese, on wheat bread*
14640135	Grilled cheese sandwich, Cheddar cheese, on whole wheat bread*
14640155	Grilled cheese sandwich, reduced fat American cheese, on white bread*
14640160	Grilled cheese sandwich, reduced fat American cheese, on wheat bread*
14640165	Grilled cheese sandwich, reduced fat American cheese, on whole wheat bread*

Food code	Food description
14640185	Grilled cheese sandwich, reduced fat Cheddar cheese, on white bread*
14640190	Grilled cheese sandwich, reduced fat Cheddar cheese, on wheat bread*
14640195	Grilled cheese sandwich, reduced fat Cheddar cheese, on whole wheat bread*
14650100	Cheese sauce*
14650150	Cheese sauce made with lowfat cheese*
14650160	Alfredo sauce*
14660200	Mozzarella sticks, breaded, baked, or fried
14670000	Mozzarella cheese, tomato, and basil, with oil and vinegar dressing*
25210150	Frankfurter or hot dog, cheese-filled*
27111430	Chili con carne, NS as to beans, with cheese*
27111440	Chili con carne with beans and cheese*
27135110	Veal parmigiana*
27146250	Chicken or turkey cordon bleu*
27146300	Chicken or turkey parmigiana*
27212050	Beef and macaroni with cheese sauce*
27213600	Beef and rice with cheese sauce*
27341000	Chicken or turkey, potatoes, corn, and cheese, with gravy*
27416300	Beef taco filling: beef, cheese, tomato, taco sauce*
27443150	Chicken or turkey divan*
27446315	Chicken or turkey garden salad with bacon and cheese, chicken and/or turkey, bacon, cheese, lettuce and/or greens, tomato and/or carrots, other vegetables, no dressing*
27446320	Chicken or turkey, breaded, fried, garden salad with bacon and cheese, chicken and/or turkey, bacon, cheese, lettuce and/or greens, tomato and/or carrots, other vegetables, no dressing*
27446330	Chicken or turkey garden salad with cheese, chicken and/or turkey, cheese, lettuce and/or greens, tomato and/or carrots, other vegetables, no dressing*
27446360	Chicken or turkey caesar garden salad, chicken and/or turkey, lettuce, tomato, cheese, no dressing*
27446362	Chicken or turkey, breaded, fried, caesar garden salad, chicken and/or turkey, lettuce, tomatoes, cheese, no dressing*
27450090	Tuna salad with cheese*
27460510	Antipasto with ham, fish, cheese, vegetables*
27510000	Beef sandwich, NFS*
27510140	Cheeseburger slider, from fast food*
27510145	Cheeseburger, 1 miniature patty, with condiments, on miniature bun, from fast food / restaurant*
27510150	Cheeseburger, 1 miniature patty, on miniature bun, from school*
27510155	Cheeseburger, NFS*
27510160	Cheeseburger, from fast food, 1 small patty*
27510165	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant*
27510170	Cheeseburger (Burger King)*
27510171	Whopper Jr with cheese (Burger King)*
27510172	Cheeseburger (McDonalds)*
27510173	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Kid's Cheeseburger)*
27510174	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Cheeseburger)*

Food code	Food description
27510175	Cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Cheeseburger Deluxe)*
27510190	Cheeseburger, from school cafeteria*
27510191	Cheeseburger slider*
27510195	Cheeseburger, on white bun, 1 small patty*
27510196	Cheeseburger, on wheat bun, 1 small patty*
27510205	Cheeseburger, 1 small patty, with condiments, on white bun*
27510206	Cheeseburger, 1 small patty, with condiments, on wheat bun*
27510207	Cheeseburger, 1 small patty, with condiments, on whole wheat bun*
27510215	Cheeseburger, from fast food, 1 medium patty*
27510225	Cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant*
27510231	Whopper with cheese (Burger King)*
27510232	Quarter Pounder with cheese (McDonalds)*
27510233	Cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant (Wendy's 1/4 lb Single with cheese)*
27510235	Cheeseburger submarine sandwich with lettuce, tomato and spread*
27510241	Cheeseburger, on white bun, 1 medium patty*
27510242	Cheeseburger, on wheat bun, 1 medium patty*
27510243	Cheeseburger, 1 medium patty, plain, on whole wheat bun*
27510245	Cheeseburger, on white bun, 1 large patty*
27510246	Cheeseburger, on wheat bun, 1 large patty*
27510251	Cheeseburger, 1 medium patty, with condiments, on white bun*
27510252	Cheeseburger, 1 medium patty, with condiments, on wheat bun*
27510253	Cheeseburger, 1 medium patty, with condiments, on whole wheat bun*
27510254	Double cheeseburger, on white bun, 2 small patties*
27510257	Double cheeseburger, on white bun, 2 medium patties*
27510258	Double cheeseburger, on wheat bun, 2 medium patties*
27510261	Cheeseburger, from fast food, 1 large patty*
27510262	Double cheeseburger, on white bun, 2 large patties*
27510266	Cheeseburger, 1 large patty, with condiments, on bun, from fast food / restaurant*
27510276	Bacon cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant*
27510281	Bacon cheeseburger, 1 small patty, with condiments, on bun, from fast food / restaurant (Wendy's Jr. Bacon Cheeseburger)*
27510305	Bacon cheeseburger, 1 medium patty, plain, on bun, from fast food / restaurant*
27510312	Bacon cheeseburger, 1 medium patty, with condiments, on bun, from fast food / restaurant*
27510331	Bacon cheeseburger, 1 medium patty, plain, on white bun*
27510341	Bacon cheeseburger, 1 medium patty, with condiments, on white bun*
27510342	Bacon cheeseburger, 1 medium patty, with condiments, on wheat bun*
27510343	Bacon cheeseburger, 1 medium patty, with condiments, on whole wheat bun*
27510346	Bacon cheeseburger, 1 large patty, with condiments, on bun, from fast food / restaurant*
27510371	Double cheeseburger, from fast food, 2 small patties*
27510376	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant*
27510386	Double cheeseburger (Burger King)*
27510387	Double cheeseburger (McDonalds)*
27510388	McDouble (McDonalds)*
27510389	Big Mac (McDonalds)*

Food code	Food description
27510391	Double cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (Wendy's Double Stack)*
27510401	Double cheeseburger, from fast food, 2 medium patties*
27510405	Double cheeseburger, from fast food, 2 large patties*
27510406	Double cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant*
27510412	Double cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (McDonald's Double Quarter Pounder with Cheese)*
27510413	Double cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (Wendy's 1/2 lb Double with cheese)*
27510431	Double bacon cheeseburger, 2 small patties, with condiments, on bun, from fast food / restaurant (Burger King Bacon Double Cheeseburger)*
27510446	Double bacon cheeseburger, 2 medium patties, plain, on bun, from fast food / restaurant*
27510451	Double bacon cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant*
27510465	Double bacon cheeseburger, 2 medium patties, with condiments, on bun, from fast food / restaurant (Wendy's Baconator)*
27510475	Double bacon cheeseburger, 2 large patties, with condiments, on bun, from fast food / restaurant*
27510486	Triple cheeseburger, 3 medium patties, with condiments, on bun, from fast food / restaurant*
27510950	Reuben sandwich, corned beef sandwich with sauerkraut and cheese, with spread*
27513041	Roast beef submarine sandwich, with cheese, lettuce, tomato and spread*
27513050	Roast beef sandwich with cheese*
27515020	Steak and cheese submarine sandwich, with lettuce and tomato*
27515030	Steak and cheese sandwich, plain, on roll*
27515040	Steak and cheese submarine sandwich, plain, on roll*
27515070	Steak and cheese submarine sandwich, with fried peppers and onions, on roll*
27520135	Bacon, chicken, and tomato club sandwich, with cheese, lettuce and spread*
27520156	Bacon, lettuce, tomato, and cheese submarine sandwich, with spread*
27520160	Bacon, chicken, and tomato club sandwich, on multigrain roll with lettuce and spread*
27520166	Bacon, breaded fried chicken fillet, and tomato club sandwich with cheese, lettuce and spread*
27520320	Ham and cheese sandwich, with lettuce and spread*
27520350	Ham and cheese sandwich, with spread, grilled*
27520370	Hot ham and cheese sandwich, on bun*
27520390	Ham and cheese submarine sandwich, with lettuce, tomato and spread*
27520410	Cuban sandwich, with spread*
27540111	Sliced chicken sandwich, with cheese and spread*
27540147	Chicken fillet sandwich, fried, from fast food, with cheese*
27540151	Chicken fillet, breaded, fried, sandwich with cheese, lettuce, tomato and spread*
27540153	Chicken fillet sandwich, grilled, from fast food, with cheese*
27540176	Chicken fillet sandwich, fried, on white bun; with cheese*
27540186	Chicken fillet sandwich, fried, on wheat bun, with cheese*
27540196	Chicken fillet sandwich, grilled, on white bun, with cheese*
27540200	Fajita-style chicken sandwich with cheese, on pita bread, with lettuce and tomato*
27540206	Chicken fillet sandwich, grilled, on wheat bun, with cheese*
27540210	Chicken fillet wrap sandwich, fried, from fast food*

Food code	Food description
27540250	Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato and non-mayonnaise type spread*
27540280	Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread*
27540285	Chicken, bacon, and tomato club sandwich, with lettuce and spread*
27540291	Chicken submarine sandwich, with cheese, lettuce, tomato and spread*
27540296	Buffalo chicken submarine sandwich with cheese*
27540300	Chicken fillet wrap sandwich, grilled, from fast food*
27540350	Turkey submarine sandwich, with cheese, lettuce, tomato and spread*
27540361	Turkey and bacon submarine sandwich, with cheese, lettuce, tomato and spread*
27541001	Turkey, ham, and roast beef club sandwich with cheese, lettuce, tomato, and spread*
27550100	Fish sandwich, fried, from fast food, with cheese*
27550300	Fish sandwich, NFS*
27550405	Fish sandwich, fried, on white bun, with cheese*
27550425	Fish wrap sandwich*
27550730	Tuna salad sandwich, on bread, with cheese*
27550745	Tuna salad sandwich, on bun, with cheese*
27550751	Tuna salad submarine sandwich, with cheese, lettuce and tomato*
27550755	Tuna salad wrap sandwich*
27560120	Bologna and cheese sandwich, with spread*
27560670	Sausage and cheese on English muffin*
27560705	Sausage balls, made with biscuit mix and cheese*
27560910	Cold cut sumarine sandwich, with cheese, lettuce, tomato and spread*
28110380	Salisbury steak with gravy, macaroni and cheese, frozen meal*
28110660	Meatballs, Swedish, in gravy, with noodles, diet frozen meal*
28140100	Chicken dinner, NFS, frozen meal*
28141050	Chicken patty parmigiana, breaded, with vegetable, diet frozen meal*
28143080	Chicken with noodles and cheese sauce, diet frozen meal*
28143150	Chicken and vegetable entree with noodles, diet frozen meal*
28143170	Chicken in cream sauce with noodles and vegetable, frozen meal*
28144100	Chicken and vegetable entree with noodles and cream sauce, frozen meal*
28315160	Italian Wedding Soup*
32105190	Egg casserole with bread, cheese, milk and meat*
32130100	Egg omelet or scrambled egg, with cheese, made with margarine*
32130110	Egg omelet or scrambled egg, with cheese, made with oil*
32130120	Egg omelet or scrambled egg, with cheese, made with butter*
32130140	Egg omelet or scrambled egg, with cheese, made with animal fat or meat drippings*
32130160	Egg omelet or scrambled egg, with cheese, made with cooking spray*
32130170	Egg omelet or scrambled egg, with cheese, no added fat*
32130290	Egg omelet or scrambled egg, with cheese and meat, NS as to fat*
32130300	Egg omelet or scrambled egg, with cheese and meat, made with margarine*
32130310	Egg omelet or scrambled egg, with cheese and meat, made with oil*
32130320	Egg omelet or scrambled egg, with cheese and meat, made with butter*
32130360	Egg omelet or scrambled egg, with cheese and meat, made with cooking spray*
32130365	Egg omelet or scrambled egg, with cheese and meat, NS as to fat type*
32130370	Egg omelet or scrambled egg, with cheese and meat, no added fat*
32130600	Egg omelet or scrambled egg, with cheese and tomatoes, fat added*

Food code	Food description
32130610	Egg omelet or scrambled egg, with cheese and tomatoes, no added fat*
32130620	Egg omelet or scrambled egg, with cheese and tomatoes, NS as to fat*
32130630	Egg omelet or scrambled egg, with cheese and dark-green vegetables, fat added*
32130640	Egg omelet or scrambled egg, with cheese and dark-green vegetables, no added fat*
32130650	Egg omelet or scrambled egg, with cheese and dark-green vegetables, NS as to fat*
32130660	Egg omelet or scrambled egg, with cheese, tomatoes, and dark-green vegetables, fat added*
32130680	Egg omelet or scrambled egg, with cheese, tomatoes, and dark-green vegetables, NS as to fat*
32130690	Egg omelet or scrambled egg, with cheese and vegetables other than dark green and/or tomatoes, fat added*
32130700	Egg omelet or scrambled egg, with cheese and vegetables other than dark green and/or tomatoes, no added fat*
32130710	Egg omelet or scrambled egg, with cheese and vegetables other than dark green and/or tomatoes, NS as to fat*
32131000	Egg omelet or scrambled egg, with cheese, meat, and tomatoes, fat added*
32131010	Egg omelet or scrambled egg, with cheese, meat, and tomatoes, no added fat*
32131020	Egg omelet or scrambled egg, with cheese, meat, and tomatoes, NS as to fat*
32131030	Egg omelet or scrambled egg, with cheese, meat, and dark-green vegetables, fat added*
32131040	Egg omelet or scrambled egg, with cheese, meat, and dark-green vegetables, no added fat*
32131050	Egg omelet or scrambled egg, with cheese, meat, and dark-green vegetables, NS as to fat*
32131060	Egg omelet or scrambled egg, with cheese, meat, tomatoes, and dark-green vegetables, fat added*
32131070	Egg omelet or scrambled egg, with cheese, meat, tomatoes, and dark-green vegetables, no added fat*
32131080	Egg omelet or scrambled egg, with cheese, meat, tomatoes, and dark-green vegetables, NS as to fat*
32131090	Egg omelet or scrambled egg, with cheese, meat, and vegetables other than dark-green and/or tomatoes, fat added*
32131100	Egg omelet or scrambled egg, with cheese, meat, and vegetables other than dark-green and/or tomatoes, no added fat*
32131110	Egg omelet or scrambled egg, with cheese, meat, and vegetables other than dark-green and/or tomatoes, NS as to fat*
32202000	Egg, cheese, ham, and bacon on bun*
32202010	Egg, cheese, and ham on English muffin*
32202025	Egg, cheese and ham on bagel*
32202030	Egg, cheese, and sausage on English muffin*
32202034	Egg, cheese, and sausage on bun*
32202035	Egg, extra cheese, and extra sausage, on bun*
32202045	Egg, cheese, and steak on bagel*
32202050	Egg, cheese, and sausage on biscuit*
32202055	Egg, cheese, and sausage griddle cake sandwich*
32202070	Egg, cheese, and bacon on biscuit*
32202075	Egg, cheese, and bacon griddle cake sandwich*
32202080	Egg, cheese, and bacon on English muffin*
32202085	Egg, cheese and bacon on bagel*
32202120	Egg, cheese and sausage on bagel*
32202200	Egg and cheese on biscuit*

Food code	Food description
32400100	Egg white, omelet, scrambled, or fried, with cheese*
32400110	Egg white, omelet, scrambled, or fried, with cheese, fat not added in cooking*
32400120	Egg white, omelet, scrambled, or fried, with cheese, NS as to fat added in cooking*
32400400	Egg white, omelet, scrambled, or fried, with cheese and meat*
32400500	Egg white, omelet, scrambled, or fried, with cheese and vegetables*
32400510	Egg white, omelet, scrambled, or fried, with cheese and vegetables, fat not added in cooking*
32400700	Egg white, omelet, scrambled, or fried, with cheese, meat, and vegetables*
32400710	Egg white, omelet, scrambled, or fried, with cheese, meat, and vegetables, fat not added in cooking*
33401000	Egg substitute, omelet, scrambled, or fried, with cheese*
33401020	Egg substitute, omelet, scrambled, or fried, with cheese, NS as to fat added in cooking*
33401300	Egg substitute, omelet, scrambled, or fried, with cheese and meat*
33401310	Egg substitute, omelet, scrambled, or fried, with cheese and meat, fat not added in cooking*
33401400	Egg substitute, omelet, scrambled, or fried, with cheese and vegetables*
33401600	Egg substitute, omelet, scrambled, or fried, with cheese, meat, and vegetables*
41205020	Refried beans with cheese*
41205055	Layer dip*
41601090	Bean soup, with macaroni, home recipe, canned, or ready-to-serve*
51121045	Garlic bread, with parmesan cheese, from fast food / restaurant*
51121055	Garlic bread, with parmesan cheese, from frozen*
51121065	Garlic bread, with melted cheese, from fast food / restaurant*
51121075	Garlic bread, with melted cheese, from frozen*
51154600	Roll, cheese*
51183990	Breadsticks, NFS*
51184200	Breadsticks, soft, NFS*
51184210	Breadsticks, soft, from fast food / restaurant*
51184220	Breadsticks, soft, from frozen*
51184230	Breadsticks, soft, with parmesan cheese, from fast food / restaurant*
51184240	Breadsticks, soft, with parmesan cheese, from frozen*
51184250	Breadsticks, soft, topped with melted cheese*
51184260	Breadsticks, soft, stuffed with melted cheese*
53400200	Blintz, cheese-filled*
53440800	Strudel, cheese and fruit*
53452450	Cheese pastry puffs*
53610200	Coffee cake, crumb or quick-bread type, cheese-filled*
54408422	Pretzels, soft, ready-to-eat, coated or flavored*
54408430	Pretzels, soft, ready-to-eat, topped with meat*
54408432	Pretzels, soft, ready-to-eat, topped with cheese*
54408470	Pretzels, soft, filled with cheese*
54408487	Pretzels, soft, gluten free, coated or flavored*
56201090	Grits, with cheese, NS as to fat*
56201091	Grits, with cheese, no added fat*
56201092	Grits, with cheese, fat added*
58100000	Burrito, taco, or quesadilla with egg*
58100005	Burrito, taco, or quesadilla with egg and potato*
58100010	Burrito, taco, or quesadilla with egg and breakfast meat*

Food code	Food description
58100013	Burrito, taco, or quesadilla with egg and breakfast meat, from fast food*
58100015	Burrito, taco, or quesadilla with egg, potato, and breakfast meat*
58100017	Burrito, taco, or quesadilla with egg, potato, and breakfast meat, from fast food*
58100020	Burrito, taco, or quesadilla with egg, beans, and breakfast meat*
58100100	Burrito with meat*
58100120	Burrito with meat and beans*
58100125	Burrito with meat and beans, from fast food*
58100135	Burrito with meat and sour cream*
58100140	Burrito with meat, beans, and sour cream*
58100145	Burrito with meat, beans, and sour cream, from fast food*
58100160	Burrito with meat, beans, and rice*
58100165	Burrito with meat, beans, rice, and sour cream*
58100200	Burrito with chicken*
58100220	Burrito with chicken and beans*
58100235	Burrito with chicken and sour cream*
58100245	Burrito with chicken, beans, and sour cream*
58100255	Burrito with chicken, beans, and rice*
58100260	Burrito with chicken, beans, rice, and sour cream*
58100300	Burrito with beans and rice, meatless*
58100320	Burrito with beans, meatless*
58100325	Burrito with beans, meatless, from fast food*
58100330	Burrito with beans, rice, and sour cream, meatless*
58100360	Chilaquiles, tortilla casserole with salsa, cheese, and egg*
58100370	Chilaquiles, tortilla casserole with salsa and cheese, no egg*
58100500	Enchilada, no sauce*
58100520	Enchilada with meat and beans, red-chile or enchilada sauce*
58100525	Enchilada with meat and beans, green-chile or enchilada sauce*
58100530	Enchilada with meat, red-chile or enchilada sauce*
58100535	Enchilada with meat, green-chile or enchilada sauce*
58100620	Enchilada with chicken and beans, red-chile or enchilada sauce*
58100625	Enchilada with chicken and beans, green-chile or enchilada sauce*
58100630	Enchilada with chicken, red-chile or enchilada sauce*
58100635	Enchilada with chicken, green-chile or enchilada sauce*
58100720	Enchilada with beans, meatless, red-chile or enchilada sauce*
58100725	Enchilada with beans, green-chile or enchilada sauce*
58100800	Enchilada, just cheese, meatless, no beans, red-chile or enchilada sauce*
58100805	Enchilada, just cheese, meatless, no beans, green-chile or enchilada sauce*
58101320	Taco or tostada with meat*
58101323	Taco or tostada with meat, from fast food*
58101325	Taco or tostada with meat and sour cream*
58101345	Soft taco with meat*
58101347	Soft taco with meat, from fast food*
58101350	Soft taco with meat and sour cream*
58101357	Soft taco with meat and sour cream, from fast food*
58101450	Soft taco with chicken*
58101457	Soft taco with chicken, from fast food*

Food code	Food description
58101460	Soft taco with chicken and sour cream*
58101520	Taco or tostada with chicken*
58101525	Taco or tostada with chicken and sour cream*
58101540	Taco or tostada with fish*
58101555	Soft taco with fish*
58101610	Soft taco with beans*
58101615	Soft taco with beans and sour cream*
58101620	Soft taco with meat and beans*
58101625	Soft taco with chicken and beans*
58101630	Soft taco with meat, beans, and sour cream*
58101635	Soft taco with chicken, beans, and sour cream*
58101720	Taco or tostada with beans*
58101725	Taco or tostada with beans and sour cream*
58101730	Taco or tostada with meat and beans*
58101733	Taco or tostada with meat and beans, from fast food*
58101735	Taco or tostada with chicken and beans*
58101745	Taco or tostada with meat, beans, and sour cream*
58101750	Taco or tostada with chicken, beans, and sour cream*
58101820	Mexican casserole made with ground beef, beans, tomato sauce, cheese, taco seasonings, and corn chips*
58101830	Mexican casserole made with ground beef, tomato sauce, cheese, taco seasonings, and corn chips*
58101930	Taco or tostada salad with meat*
58101935	Taco or tostada salad with chicken*
58101940	Taco or tostada salad, meatless*
58101945	Taco or tostada salad with meat and sour cream*
58101950	Taco or tostada salad with chicken and sour cream*
58101955	Taco or tostada salad, meatless with sour cream*
58104090	Nachos with cheese and sour cream*
58104120	Nachos with cheese*
58104130	Nachos with meat and cheese*
58104150	Nachos with chicken and cheese*
58104160	Nachos with chili*
58104180	Nachos with meat, cheese, and sour cream*
58104190	Nachos with chicken, cheese, and sour cream*
58104260	Gordita, sope, or chalupa with beans*
58104270	Gordita, sope, or chalupa with beans and sour cream*
58104280	Gordita, sope, or chalupa with meat and sour cream*
58104290	Gordita, sope, or chalupa with meat*
58104320	Gordita, sope, or chalupa with chicken and sour cream*
58104340	Gordita, sope, or chalupa with chicken*
58104500	Chimichanga with meat*
58104520	Chimichanga, meatless*
58104530	Chimichanga with chicken*
58104535	Chimichanga with meat and sour cream*
58104550	Chimichanga with chicken and sour cream*

Food code	Food description
58104710	Quesadilla, just cheese, meatless*
58104720	Quesadilla, just cheese, from fast food*
58104730	Quesadilla with meat*
58104740	Quesadilla with chicken*
58104750	Quesadilla with vegetables*
58104760	Quesadilla with vegetables and meat*
58104770	Quesadilla with vegetables and chicken*
58104800	Taquito or flauta with cheese*
58104820	Taquito or flauta with meat*
58104825	Taquito or flauta with meat and cheese*
58104830	Taquito or flauta with chicken*
58104835	Taquito or flauta with chicken and cheese*
58104900	Taquito or flauta with egg*
58104905	Taquito or flauta with egg and breakfast meat*
58105075	Fajita with vegetables*
58105100	Pupusa, cheese-filled*
58105105	Pupusa, bean-filled*
58106200	Pizza, cheese, from frozen, thin crust*
58106205	Pizza, cheese, from frozen, thick crust*
58106210	Pizza, cheese, from restaurant or fast food, NS as to type of crust*
58106220	Pizza, cheese, from restaurant or fast food, thin crust*
58106225	Pizza, cheese, from restaurant or fast food, medium crust*
58106230	Pizza, cheese, from restaurant or fast food, thick crust*
58106233	Pizza, cheese, stuffed crust*
58106234	Pizza, cheese, from school lunch, medium crust*
58106235	Pizza, cheese, from school lunch, thin crust*
58106236	Pizza, cheese, from school lunch, thick crust*
58106250	Pizza, extra cheese, thin crust*
58106260	Pizza, extra cheese, thick crust*
58106300	Pizza, cheese, with vegetables, from frozen, thin crust*
58106305	Pizza, cheese with vegetables, from frozen, thick crust*
58106320	Pizza, cheese, with vegetables, from restaurant or fast food, thin crust*
58106325	Pizza, cheese, with vegetables, from restaurant or fast food, medium crust*
58106330	Pizza, cheese, with vegetables, from restaurant or fast food, thick crust*
58106345	Pizza with cheese and extra vegetables, thin crust*
58106347	Pizza with cheese and extra vegetables, medium crust*
58106358	Pizza, cheese, with fruit, thin crust*
58106359	Pizza, cheese, with fruit, medium crust*
58106360	Pizza, cheese, with fruit, thick crust*
58106512	Pizza with pepperoni, from frozen, thin crust*
58106514	Pizza with pepperoni, from frozen, medium crust*
58106516	Pizza with pepperoni, from frozen, thick crust*
58106540	Pizza with pepperoni, from restaurant or fast food, NS as to type of crust*
58106550	Pizza with pepperoni, from restaurant or fast food, thin crust*
58106555	Pizza with pepperoni, from restaurant or fast food, medium crust*
58106560	Pizza with pepperoni, from restaurant or fast food, thick crust*

Food code	Food description
58106565	Pizza with pepperoni, stuffed crust*
58106570	Pizza with pepperoni, from school lunch, thin crust*
58106578	Pizza, with pepperoni, from school lunch, medium crust*
58106580	Pizza with pepperoni, from school lunch, thick crust*
58106602	Pizza with meat other than pepperoni, from frozen, thin crust*
58106604	Pizza with meat other than pepperoni, from frozen, medium crust*
58106606	Pizza with meat other than pepperoni, from frozen, thick crust*
58106610	Pizza with meat other than pepperoni, from restaurant or fast food, NS as to type of crust*
58106620	Pizza with meat other than pepperoni, from restaurant or fast food, thin crust*
58106625	Pizza with meat other than pepperoni, from restaurant or fast food, medium crust*
58106630	Pizza with meat other than pepperoni, from restaurant or fast food, thick crust*
58106633	Pizza, with meat other than pepperoni, stuffed crust*
58106634	Pizza, with meat other than pepperoni, from school lunch, medium crust*
58106635	Pizza, with meat other than pepperoni, from school lunch, thin crust*
58106636	Pizza, with meat other than pepperoni, from school lunch, thick crust*
58106650	Pizza with extra meat, thin crust*
58106655	Pizza with extra meat, medium crust*
58106660	Pizza with extra meat, thick crust*
58106700	Pizza with meat and vegetables, from frozen, thin crust*
58106702	Pizza with meat and vegetables, from frozen, medium crust*
58106705	Pizza with meat and vegetables, from frozen, thick crust*
58106720	Pizza with meat and vegetables, from restaurant or fast food, thin crust*
58106725	Pizza with meat and vegetables, from restaurant or fast food, medium crust*
58106730	Pizza with meat and vegetables, from restaurant or fast food, thick crust*
58106736	Pizza with extra meat and extra vegetables, thin crust*
58106737	Pizza with extra meat and extra vegetables, thick crust*
58106738	Pizza with extra meat and extra vegetables, medium crust*
58106750	Pizza with meat and fruit, thin crust*
58106755	Pizza with meat and fruit, medium crust*
58106760	Pizza with meat and fruit, thick crust*
58106830	Pizza with beans and vegetables, thick crust*
58107050	Pizza, no cheese, thin crust*
58107205	White pizza, cheese, thin crust*
58107212	White pizza, cheese, with vegetables, thin crust*
58107222	White pizza, cheese, with meat, thin crust*
58107224	White pizza, cheese, with meat, thick crust*
58107232	White pizza, cheese, with meat and vegetables, thin crust*
58108000	Calzone, with cheese, meatless*
58108010	Calzone, with meat and cheese*
58108050	Pizza rolls*
58109015	Pizza, cheese, whole wheat thin crust*
58109020	Pizza, cheese, whole wheat thick crust*
58109030	Pizza, with meat, whole wheat thin crust*
58109040	Pizza, with meat, whole wheat thick crust*
58109050	Pizza, cheese and vegetables, whole wheat thin crust*
58109060	Pizza, cheese and vegetables, whole wheat thick crust*

Food code	Food description
58109100	Pizza, cheese, gluten-free thin crust*
58109120	Pizza, with meat, gluten-free thin crust*
58109130	Pizza, with meat, gluten-free thick crust*
58109140	Pizza, cheese and vegetables, gluten-free thin crust*
58109150	Pizza, cheese and vegetables, gluten-free thick crust*
58109210	Breakfast pizza with egg*
58116115	Empanada, Mexican turnover, filled with cheese and vegetables*
58116310	Cheese turnover, Puerto Rican style*
58120110	Crepe, filled with meat, poultry, or seafood, with sauce*
58121620	Dumpling, vegetable*
58122210	Gnocchi, cheese*
58122320	Knish, cheese*
58124220	Pastry, egg and cheese filled*
58124230	Pastry, meat / poultry-filled*
58124250	Spanakopitta*
58125110	Quiche with meat, poultry or fish*
58125120	Spinach quiche, meatless*
58125180	Cheese quiche, meatless*
58126130	Turnover, meat- and cheese-filled, no gravy*
58126150	Turnover, meat- and cheese-filled, tomato-based sauce*
58126160	Turnover, cheese-filled, tomato-based sauce*
58126270	Turnover, chicken- or turkey-, and cheese-filled, no gravy*
58126290	Turnover, meat- and cheese-filled, lower in fat*
58126300	Turnover, meat- and cheese-filled, tomato-based sauce, lower in fat*
58126400	Turnover, filled with egg, meat and cheese*
58126410	Turnover, filled with egg, meat, and cheese, lower in fat*
58127150	Vegetables and cheese in pastry*
58127210	Croissant sandwich, filled with ham and cheese*
58127310	Croissant sandwich with ham, egg, and cheese*
58127330	Croissant sandwich with sausage, egg, and cheese*
58127350	Croissant sandwich with bacon, egg, and cheese*
58130011	Lasagna with meat*
58130013	Lasagna with meat, canned*
58130014	Lasagna with meat, from restaurant*
58130015	Lasagna with meat, home recipe*
58130016	Lasagna with meat, frozen*
58130020	Lasagna with meat and spinach*
58130140	Lasagna with chicken or turkey*
58130150	Lasagna, with chicken or turkey, and spinach*
58130310	Lasagna, meatless*
58130320	Lasagna, meatless, with vegetables*
58131110	Ravioli, NS as to filling, with tomato sauce*
58131120	Ravioli, NS as to filling, with cream sauce*
58131310	Ravioli, meat-filled, no sauce*
58131320	Ravioli, meat-filled, with tomato sauce or meat sauce*
58131323	Ravioli, meat-filled, with tomato sauce or meat sauce, canned*