

International Clinical Trials

ICH E6(R3) Updates



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Objectives

Highlight the significance of international clinical trials in FDA-regulated research

Discuss the ICH E6(R3) updates that are relevant to the responsibilities of clinical investigators

Importance International Clinical Trials





Access to diverse populations



Enhanced generalizability of results



Accelerated patient recruitment



Addressing health issues that affect multiple regions



Enables sponsors to enter multiple markets simultaneously

Clinical Trial Data for Drug Approvals





approved NDAs and BLAs contained data from global sources.

*80%

Clinical Trials Conduct



- Clinical trails are increasingly global
- They are conducted under a variety of scenarios
- Some trials are based solely on foreign clinical data
- The inclusion of U.S. participants is crucial for FDA evaluation especially if the trial results are intended to support regulatory approval in the United States.

Trials Outside United States



 IND is not required for clinical trials outside the United States

 If a clinical trial is conducted under an IND, IND requirements must be met unless waived



An IND is a request for FDA authorization to ship an investigational drug across state lines for use in human clinical trials. The investigator responsibilities are covered under Part 312.60 to 312.70 Investigational New Drug Application Regulations

Form FDA 1572



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Required for clinical investigations conducted under an IND.

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			Address 2
 PROVIDE THE FOLLOWING CLINICAL PROTOCOL INFORMATION. (Select one of the following.) 	.)		Address 2
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P. COMMITMENTS			Address 2
I agree to conduct the study(ies) in accordance with the relevant, current protocol(s) and w notifying the sponsor, except when necessary to protect the safety, rights, or welfare of sub		xn .	Country
I agree to personally conduct or supervise the described investigation(s).			
I agree to inform any patients, or any persons used as controls, that the drugs are being used for investigational purposes and I will ensure that the requirements relating to obtaining informed consent in 21 CFR Part 50 and institutional review board (IRB) review and approval in 21 CFP Part 50 are met.		BOARD (IRB) THAT IS RESPONSIBLE FOR
I agree to report to the sponsor adverse experiences that occur in the course of the investigation(s) in accordance with 21 CFR			Address 2
312.84. I have read and understand the information in the investigator's brochure, including drug.	g the potential risks and side effects of the		
I agree to ensure that all associates, colleagues, and employees assisting in the conduct or obligations in meeting the above commitments.	f the study(ies) are informed about their	xn	Country
I agree to maintain adequate and accurate records in accordance with 21 CFR 312.02 and to make those records available for inspection in accordance with 21 CFR 312.08.		"None")	
I will ensure that an IRB that complies with the requirements of 21 CFR Part 58 will be respreview and approval of the clinical investigation. I also agree to promptly report to the IRB a unanticipated problems involving risks to human subjects or others. Additionally, I will not in IRB approval, except where necessary to eliminate apparent immediate hazards to human	all changes in the research activity and all nake any changes in the research without		
I agree to comply with all other requirements regarding the obligations of clinical investigate 21 CFR Part 312.	ors and all other pertinent requirements in	.(S) IN THE I	ND FOR THE STUDY(IES) TO
INSTRUCTIONS FOR COMPLETING FORM FDA STATEMENT OF INVESTIGATOR	A 1572		
 Complete all sections. Provide a separate page if additional space is needed. 			
2. Provide curriculum vitae or other statement of qualifications as described in Section 2.		OUS EDITIO	ON IS OBSOLETE.
Provide protocol outline as described in Section 8.			
Sign and date below.			
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FORWARD THE COMPLETED FORM AND OTHER DOCUMENTS BEING PROVIDED incorporate this information along with other technical data into an investigational New SHOULD NOT SEND THIS FORM DIRECTLY TO THE FOOD AND DRUG ADMINISTR	Drug Application (IND). INVESTIGATORS		
10. DATE (mm/dd/yyyy) 11. SIGNATURE OF INVESTIGATOR Sign			
(WARNING: A willfully false statement is a criminal offense, U.S.C. Title 18, Sec. 1001.)			
response, including the time to review instructions, search existing data sources, gather Fc and maintain the data needed and complete and review the collection of information. Send comments regarding this burden estimate or any other aspect of this information collection.	epartment of Health and Human Services ood and Drug Administration ffice of Operations apperwork Reduction Act (PRA) Staff RAStaff@r/da.hhs.gov		

DO NOT SEND YOUR COMPLETED FORM



CONTINUATION PAGE

ZIP or Postal Code

CONTINUATION PAGE - for Item 6

FORM FDA 1572 (3/22)

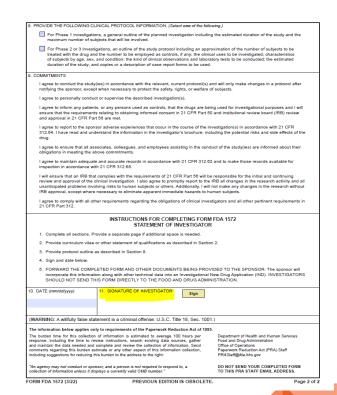
"An agency may not conduct or sponsor, and a person is not required to respond to, a collection of information unless it displays a currently valid OMB number."

PREVIOUS EDITION IS OBSOLETE.

Form FDA 1572 Signature Waiver



- Clinical investigators conducting FDA regulated study outside the US may request waiver from FDA 1572 Signature.
- The waiver allows a study to proceed without a signed Form FDA 1572.
- Waiver requires alternative commitments such as following ICH E6 Good Clinical Practice, ensuring informed consent and IRB/IEC approvals



FDA Expectations of Clinical Investigators During Inspection





Adherence to Code of Federal Regulations



Knowledge about the clinical trial investigation



Understanding of their regulatory responsibilities

Inspection Areas of Focus



1) Protocol – adherence

7) Review of test article control; review of records custody and retention

6) Review of compliance with applicable regulations (e.g., Safety report, financial disclosure and updates)



2) Review of IC and IRB oversights

Comparison of line listings with source documents and verification of reported data and quality

5) Review of reporting to sponsor

4) Review of enrollment process Review of monitoring activities

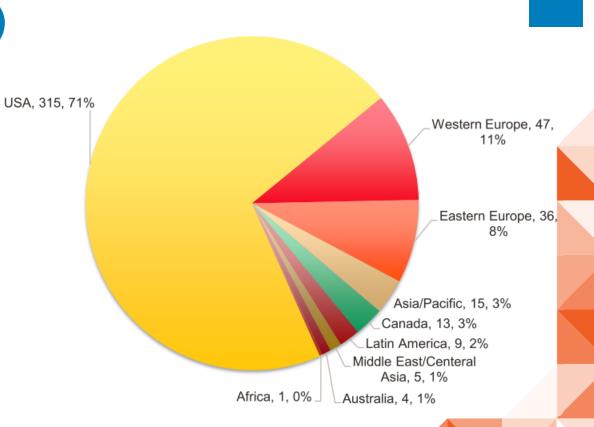
Clinical Investigator Inspections-Location

(CDER, FY2023)

A total of 445 clinical investigator inspections.

 ~70% of clinical investigator inspections are associated with NDA/BLA occur in the US.

 ~30% of clinical investigator inspections are associated with NDA/BLA occur outside the USA



FDA

Common Inspectional Observations



- Failure to follow investigational plan/protocol
- Inadequate/inaccurate records
- Inadequate drug accountability
- Failure to obtain and/or adequately document informed consent
- Failure to report adverse drug reactions and issues related to IRB communication





Acceptance of Foreign Data and ICH E6 Updates

Acceptance of Foreign Data

The FDA accepts data from foreign studies not conducted under an IND, provided the

- study is well-designed and properly conducted.
- study is carried out by qualified investigators.
- FDA can validate the data through inspections if needed.
- study is conducted in compliance with GCP

ICH E6 Revisions





1 May 1996

9 Nov. 2016

E6(R1): Post-Step 4 editorial corrections

E6(R3): Draft guideline available for public consultation

Purposes of the ICH E6 Updates



- To update and modernize Good Clinical Practice guideline.
- To provide guidance applicable to various clinical trial designs and promote innovation.
- To enhance the focus on a proportionate, risk-based approach to the design and conduct of clinical trials.
- To address the complexities of clinical trials within the current global regulatory environment.

Development Strategy for E6(R3)



Annex 1

 Considerations for interventional clinical trials

Annex 2

Additional considerations

When complete, E6(R3) will be composed of an overarching principles and, Annex 1 and Annex 2.

Draft Published

In the Making

Key Updates in ICH E6 (R3) Relevant to Clinical Investigators

Recommends to use varied approaches to IC

Clarifies overall **training requirements** for trial staff by
saying training should correspond to
what is necessary

Clarifies expectations regarding the use of computerized systems provided by the sponsor vs those available at clinical practice

Clarifies the expectations for the sponsor and investigator regarding use of service providers

Clarifies expectations regarding identification and maintenance of source records and timely data review

Clarifies requirements for **delegation documentation**, e.g., where the clinical trial activities are performed in accordance with routine clinical care, delegation may not be needed.

What is Next and Timeline?





Annex-1 draft has been published

Annex 2 is being developed



When finalized, the guidelines are expected to establish harmonized GCP standards



Training program is being developed that clarifies or provides supplementary explanation



The final E6(R3) will replace the current E6(R2) guideline that has been in effect since November 2016

Challenge Question #1



Which of the following statement is true regarding clinical investigations conducted outside the United States?

- A. Investigators must always submit an IND to the FDA
- B. All clinical trials must adhere to FDA regulations regardless of location
- C. IND submissions are only required for Phase III trials
- D. Investigators are not required to conduct their investigations under an IND

Challenge Question #2



Why is it important for the FDA to validate the data from clinical trials submitted in marketing applications?

- A. To determine whether the clinical trial participants were compensated appropriately
- B. To determine the commercial value of the product and ensure it will be profitable
- C. To guarantee that the clinical trial investigators receive appropriate compensation for their work
- D. None of the above

Take Home Points



 International clinical trials are vital for generating data to support drug approvals,

 Clinical investigators should fully understand FDA regulatory requirements and ICH E6 Good Clinical Practice standards to ensure successful trial conduct and data acceptance by the FDA.

Resources



- 1. Sec. 314.106 Foreign Data
- 2. FDA Acceptance of Foreign Clinical Studies Not Conducted Under an IND: Frequently Asked Questions | FDA
- 3. FDA Inspections of Clinical Investigators
- 4. Clinical Trials Guidance Documents
- 5. ICH E6(R3) Guidelines Good Clinical Practice
- 6. Form FDA 1572: Investigator Responsibilities
- 7. The Future of International Clinical Trials
- 8. Trends in Global Clinical Trials



Thank You!

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