



# Defining Standards for Dystrophin Quantification in DMD Muscle Biopsies

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# Financial Disclosure

- John Babiak – employee at PTC Therapeutics, Inc

# Questions for Today

- What is the current status of assay validation and methodology for quantification of dystrophin in the context of drug development ?
  - Current methods for quantification of dystrophin have significant limitations in the ability to measure small differences in the dystrophin content of DMD muscle samples
  - The quality of biopsy samples due to sampling, handling and the extent of disease progression can negatively impact the interpretation of muscle biopsy dystrophin expression data in large clinical studies
- What are the key opportunities and knowledge gaps in the field ?

# Questions for today:

## How much dystrophin is in a DMD muscle ?

- Western blot: 0 – 5% of “healthy control”
- Immunostaining: 5 – 20% of “healthy control”

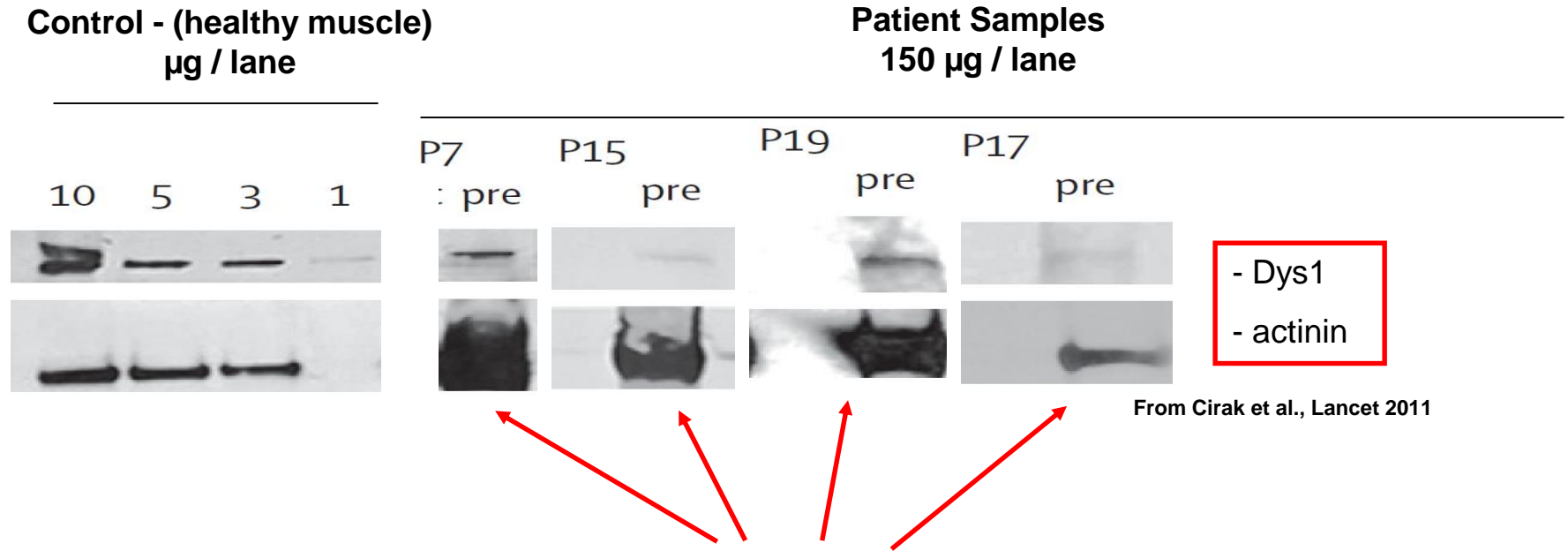
## Why is there such a large difference between methods ?

- Assumptions regarding linearity of measured response
- Use of relevant reference standards (or not)
- Subtracting background or other interfering signal (or not)

## Fundamental goals: Can an assay (samples + quantification method) consistently detect a small difference between two samples ?

## Can you scale the assay to run a large number (100s) of samples ?

# Use of a standard curve in Western Blot supports the concept that DMD muscle dystrophin is in the range of 0 – 5%



- Normalization to an internal reference muscle protein is a concern
  - A common practice is to normalize to a “loading control” muscle protein
  - This can severely impact reliability of results due to non-linearity of staining intensity of “overloaded” loading control
- Overloading of protein from DMD biopsy samples can introduce migration, transfer and staining artifacts

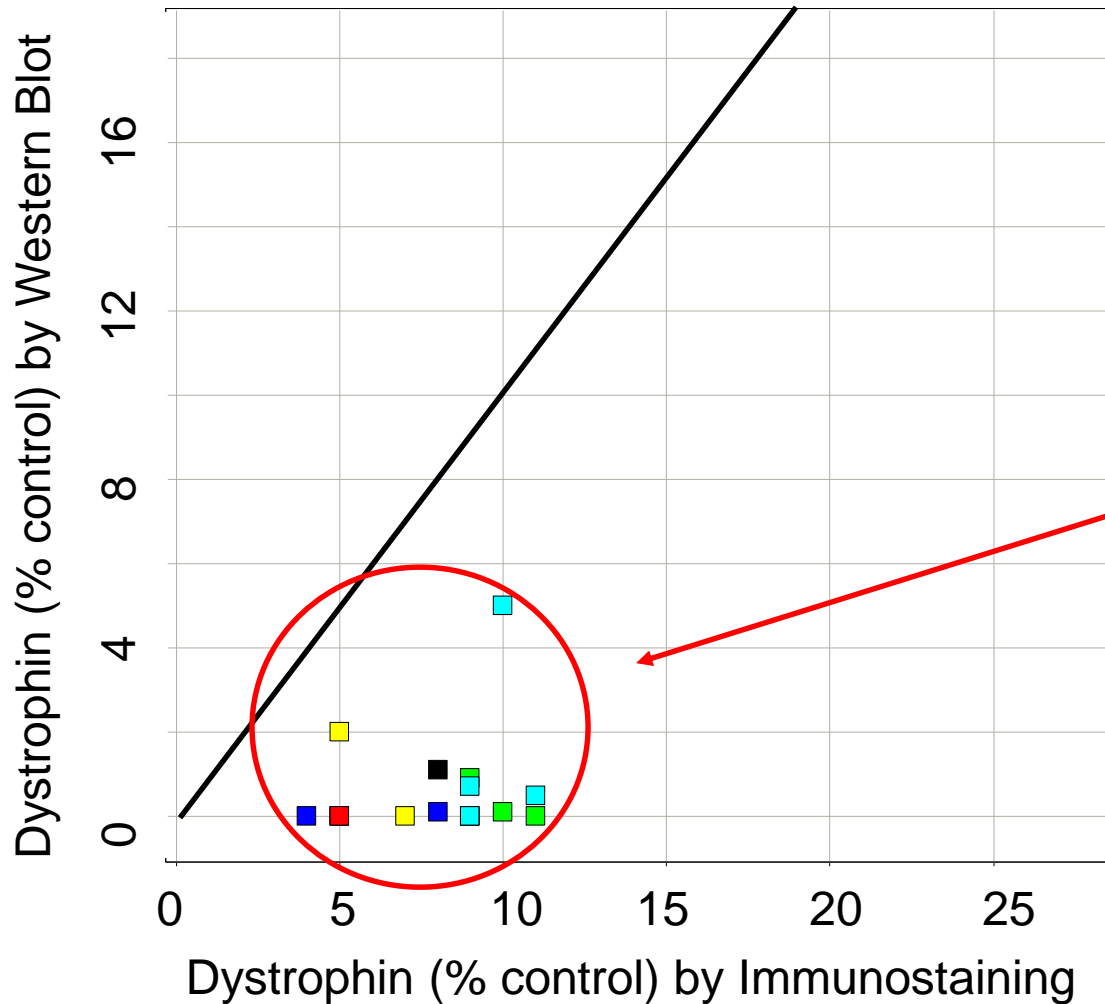
# Challenges with Western blot (especially for DMD)

- Efficiency extracting a large protein from muscle tissue
- Electrophoresis and electroblot of a large protein
- Potential for degradation of dystrophin
- Need to “overload” gel to visualize dystrophin can create distortions in migration, transfer and staining, especially of “loading control” protein

## What can help ?

- When available, use full-length recombinant dystrophin protein standard
  - Can run a standard curve
  - Can spike biopsies to determine extraction/detection efficiency
  - Potential to provide absolute determination of dystrophin content
- Spike biopsies with another detectable protein can also provide a useful “processing and loading control”
- Avoid normalization to an overloaded reference muscle protein

# Immunostaining and Western Blot results do not correlate

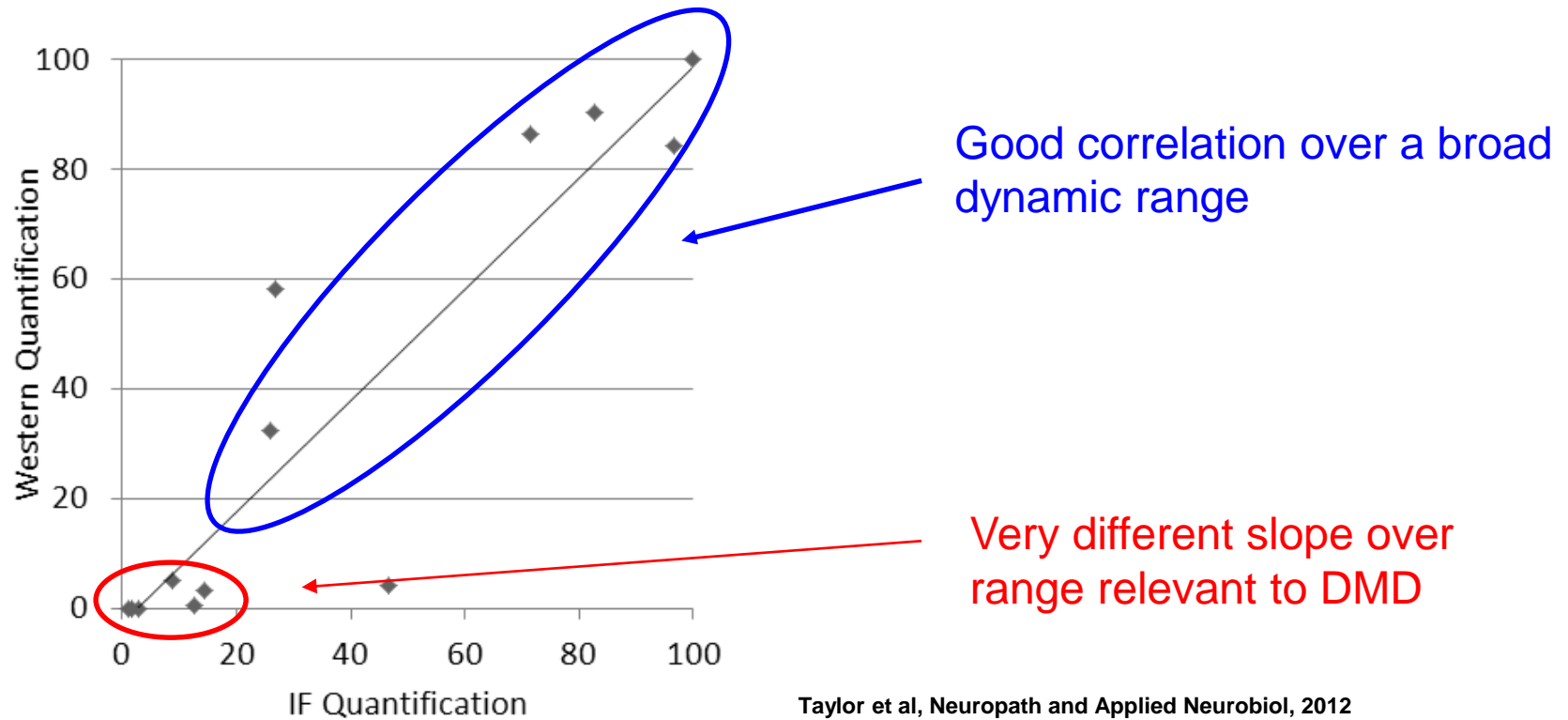


Within the range relevant to DMD, immunostaining overestimates the amount of dystrophin in a muscle biopsy relative to Western blot analysis and does not correlate with WB

Adapted from data in: Cirak et al., Lancet, 2011

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# Forcing a correlation across a broad dynamic range reduces reliability within the range needed for DMD



**Extrapolation of fit to include healthy controls distorts the linearity of response among DMD sample**

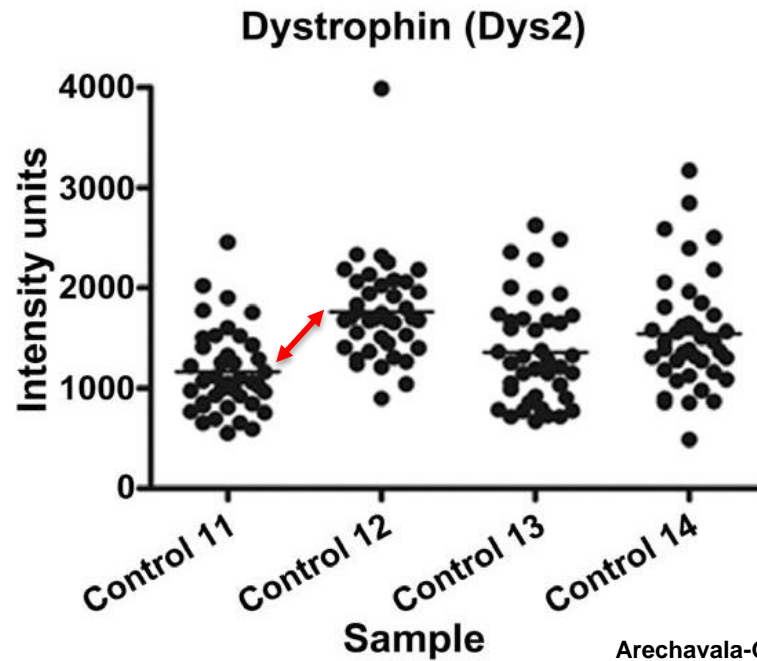


# The world is not linear, but locally it can be pretty close



Forcing long-range linearity reduces local accuracy  
Forcing “healthy control” to fit on the line reduces sensitivity in measuring dystrophin in DMD samples

# Normalization to “control”: There can be large variability within and between “control” biopsies

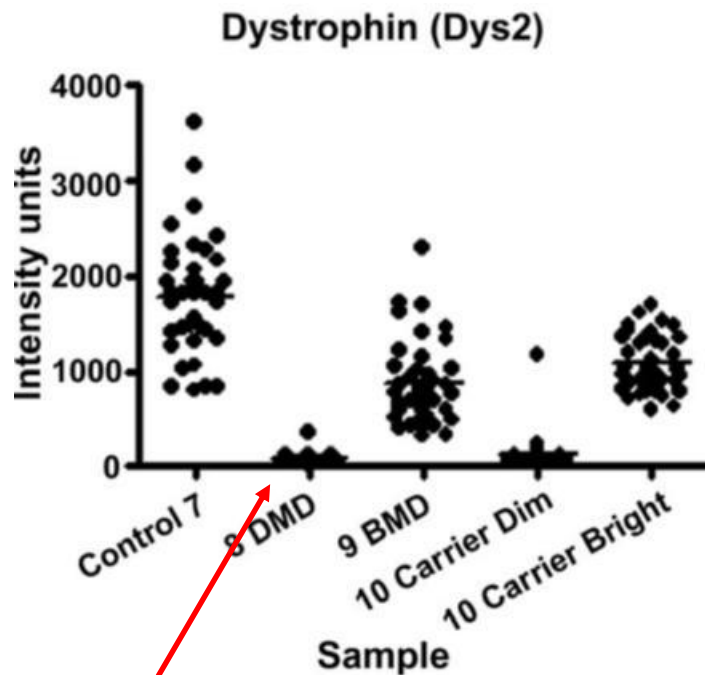


Arechavala-Gomez et al, Neuropath and App Neurobio, 2010

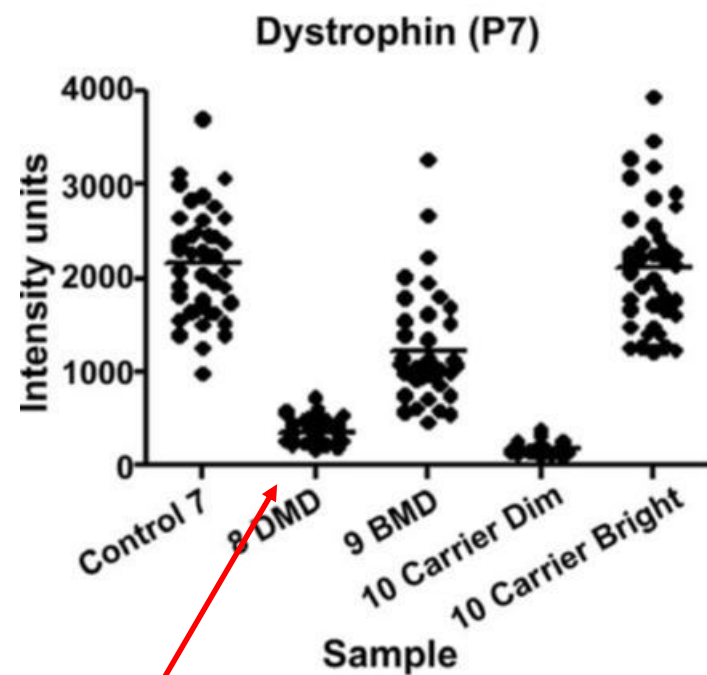
Calibration of appropriate “controls” could reduce variability across experiments

# Within-sample variability and staining techniques can impact results (immunofluorescence)

- Intensity of dystrophin staining varies considerably within samples
- Different antibodies yielded 3-fold difference in dystrophin level



5% of control

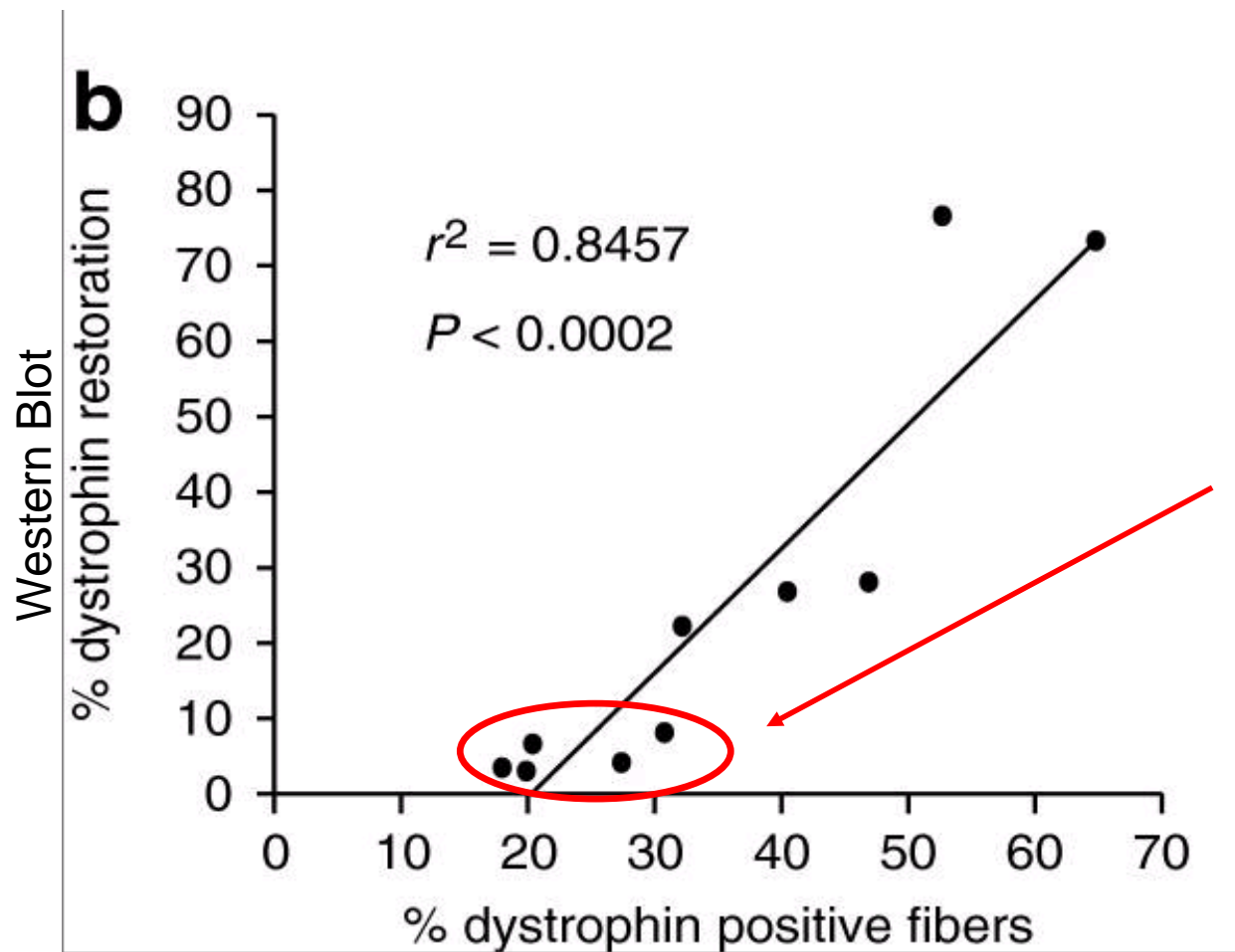


15% of control

Arechavala-Gomez et al, Neuropath and App Neurobio, 2010

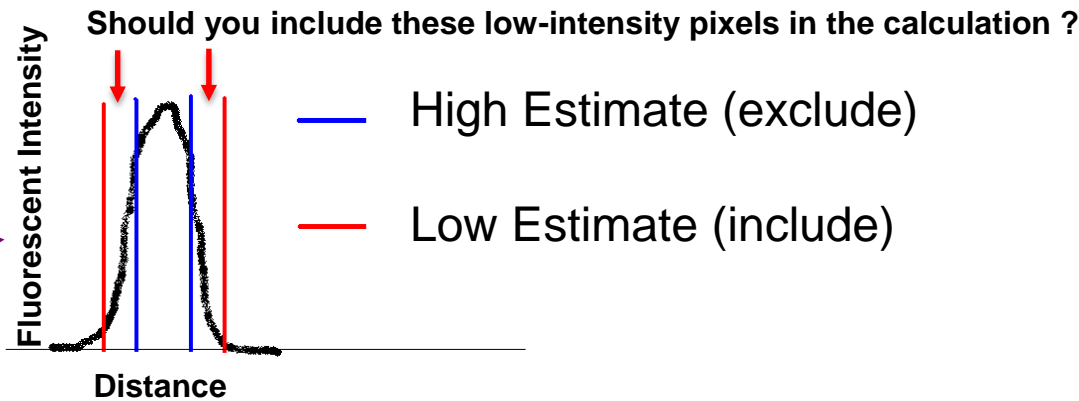
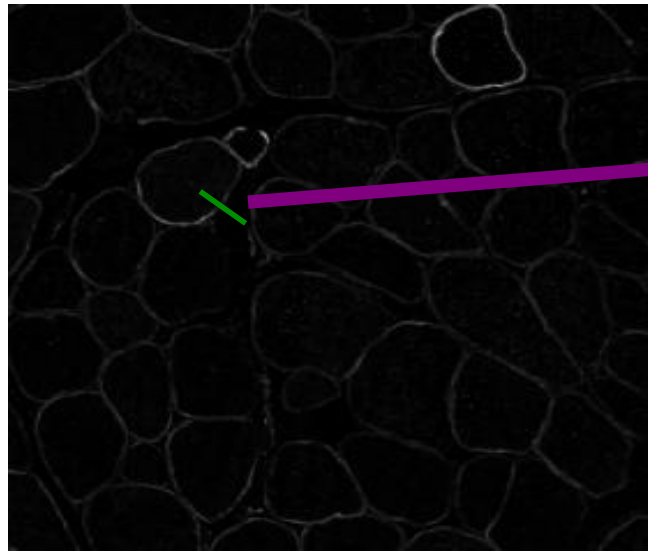
Highlights the need for reference standards in DMD range

# Dystrophin-positive fiber counting overestimates dystrophin expression (by Western blot) in TA muscles of PMO-treated *mdx* mice



Within the range relevant to DMD, Dys+ fiber counting overestimates the amount of dystrophin in a muscle biopsy and does not correlate with Western blot analysis

# Quantifying the **AVERAGE** Intensity of an IF image introduces a high degree of imprecision because of the vague definition of an “edge”

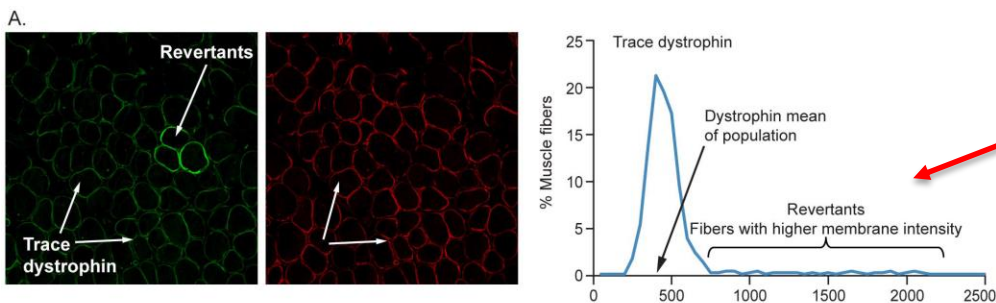


**High and low estimates differ by ~50% because a large number of low-intensity pixels flank the sides of the membrane**

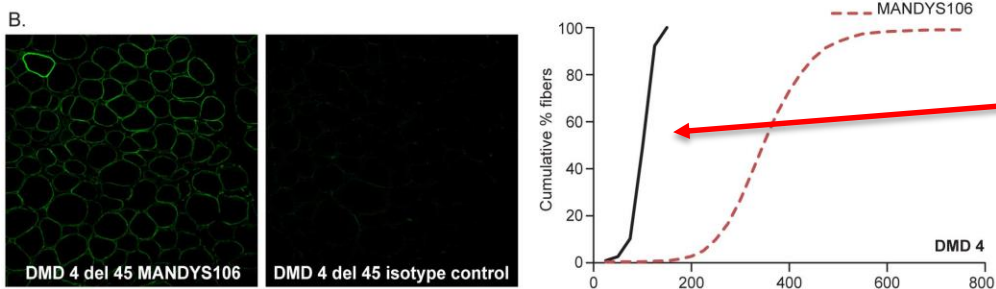
## Possible ways to reduce the impact of this limitation:

- Do not determine edge manually
- Measure TOTAL intensity of fibers of interest
- Normalize to length of membrane, not area (length x width)
- Examine pixel intensity distribution to assess extent of variability

# It is possible to identify and reduce the impact of artifacts in IF analysis



Identify and quantify revertant fibers



Assess background or other interfering signal intensity with isotype control antibody

Beekman et al, PLoS ONE, 2014

## Opportunities to reduce impact of background intensity

- Use isotype control to measure endogenous membrane fluorescence
- Explore use of calibrated fluorescent beads or spotting fluorescent standards onto sample to confirm linearity of fluorescent reading

# Challenges with Immunostaining (especially for DMD)

- Interference from background staining and endogenous fluorescence
- Non-linearity of staining response between DMD and healthy control
- Image analysis can introduce variability (uncertainty of edge detection)
- Limited batch size of current analysis methods increases variability
- Limitations in quality of DMD samples (due to disease or sample handling)

## What can help ?

- Subtract background signal, as appropriate
- Run isotype control to measure background membrane fluorescence
- Utilize calibrated reference standard within DMD range
- Evaluate use of other calibrators (e.g. beads or spotted fluors)
- Use C-terminal-directed antibodies that detect full-length dystrophin
- Do not normalize to other muscle protein in DMD sample
- Work with gain settings appropriate to DMD, not “control” dystrophin signal
- Review algorithm for edge detection and assess potential to introduce variability
- Do not scale results to healthy control

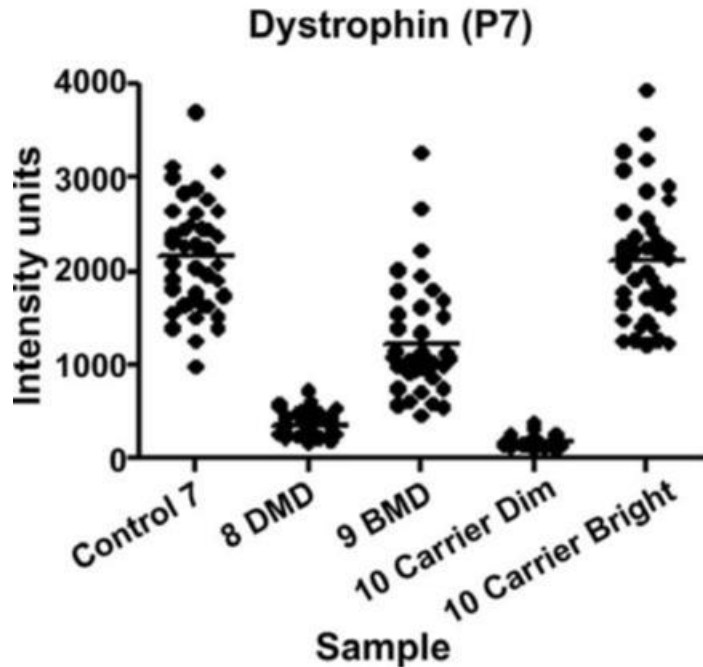
# Biopsy sample integrity can confound the measurement of dystrophin in DMD muscle biopsies

- Differences in dystrophin content between muscle groups
- Variability within a DMD muscle
- Differences in dystrophin content among fibers
- Impact of disease progression on immunostaining results
- Integrity of stored and shipped sample biopsies



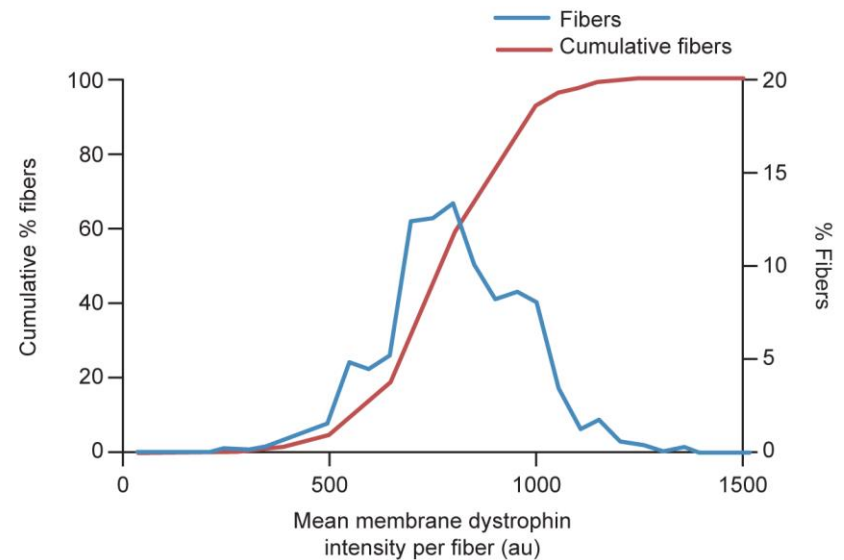


# Heterogeneity of dystrophin staining among muscle fibers is well documented



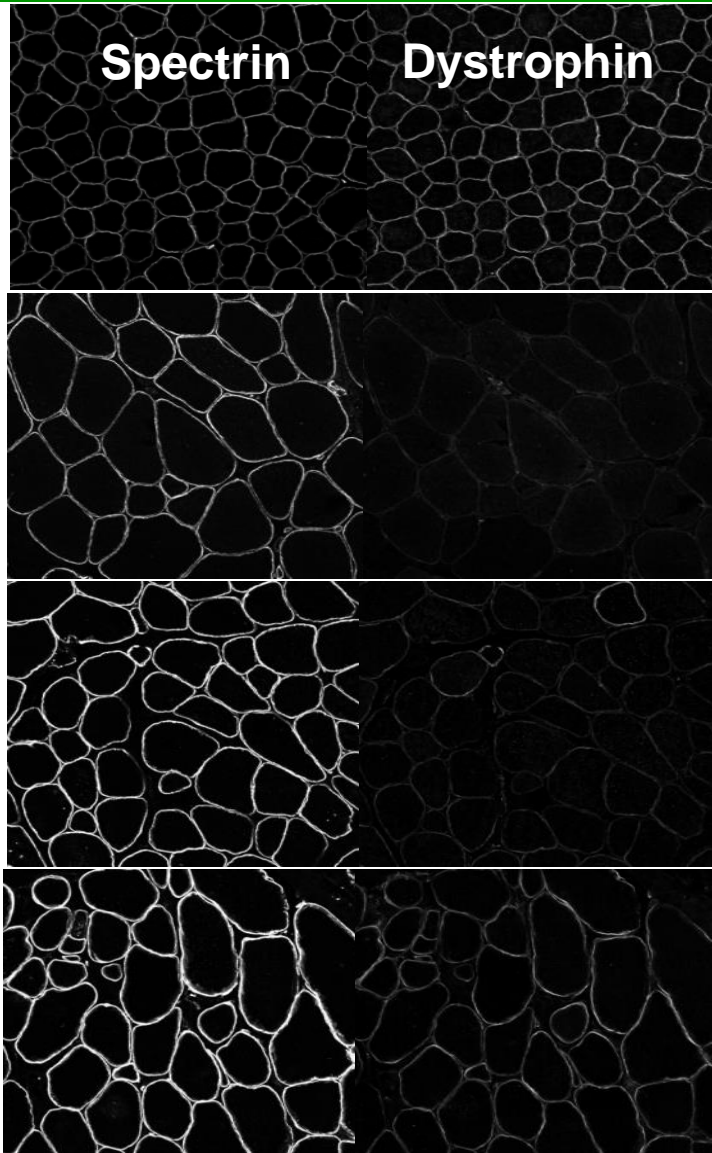
Arechavala-Gomez et al, Neuropath and App Neurobio, 2010

C. Analysis of dystrophin levels



Beekman et al, PLoS ONE, 2014

# Dystrophin is not predictive of 6MWD



**Patient A**    **6MWD = 474 m**    **Age 10**

**Patient B**    **6MWD = 475 m**    **Age 15**

**Patient C**    **6MWD = 292 m**    **Age 12**

**Patient D**    **6MWD = 276 m**    **Age 15**

# Process challenges for determining dystrophin levels in a large, multi-site clinical study



Patient



Muscle Sample Harvested

What muscle to biopsy ?  
High variability in size of sample  
Significant heterogeneity across entire muscle  
Should you biopsy “representative” or “most normal” section ?  
Invasive procedure performed multiple times in a study



Biopsy Sample Preparation at Site

Sample processing and shipping can lead to poor sample orientation and freezing artifacts



Staining/Imaging of Muscle Sample



Quantification of Dystrophin

Challenges in staining for low levels of dystrophin expression

Dystrophin quantification using dystrophic muscle adds complexity

Limited batch size of current methods

# Tissue pathology and defects can introduce aberrant staining artifacts (observations in 2 clinical studies)

- “High fat and fibrotic tissue content and low muscle content or damage related to biopsy handling or shipping can prohibit immunofluorescence analysis” – Lourbakos, A., et al, WMS poster 2013
- “...the majority of muscle biopsy samples were compromised..., which confounded interpretation of the dystrophin expression results.” – Bushby et al, Muscle and Nerve, 2014.
  - Freezing artifacts, n (%)
    - None = 74/342 (21.6)
    - Mild = 123/342 (36.0)
    - Severe = 145/342 (42.4)
  - Orientation, n (%)
    - Cross = 206/342 (60.2)
    - Mixed = 135/342 (39.5)
    - Longitudinal = 1/342 (0.3)
  - Endomysial fibrosis with or without fatty replacement, n (%)
    - Mild = 172/342 (50.3)
    - Moderate = 122/342 (35.7)
    - Severe = 48/342 (14.0)

# Questions for Today

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- What are the key opportunities and knowledge gaps in the field ?

# Conclusions – Methods and Sampling

- Potential good practices for Western blot:
  - Use a relevant standard curve
  - Avoid normalization to overloaded muscle proteins
  - Spike biopsies with detectable “processing and loading control”
- Potential good practices for Immunostaining:
  - Subtract background due to endogenous membrane fluorescence and non-specific antibody binding
  - Utilize calibrated reference standards within DMD range, NOT “healthy control”
  - Evaluate use of possible calibrators to determine linearity within relevant range
  - Utilize antibodies and fluorescence gain settings appropriate to DMD
  - Review algorithms used to detect edges and assess possible impact on results
  - Avoid normalization to other protein in DMD sample
  - Avoid fitting data to include “healthy control” results
- The quality of biopsy samples due to **sampling, handling** and the extent of **disease progression** can negatively impact the interpretation of muscle biopsy dystrophin expression data in large clinical studies

