

Variable Dystrophin Content within Myofibers, between Myofibers, and between Regions of Muscles:

Determining the Level of Dystrophin that makes a Clinical Impact in BMD and Manifesting Carriers of DMD

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Dystrophin in drug development

- Parallel independent effort of Charley's Fund to address many similar questions
 - **Will 'riff off' their themes with review of literature supporting answers to three questions**
- *What does the literature say about the link between dystrophin expression and clinical outcomes?*
- *What questions in general need to be answered for dystrophin to be validated as a surrogate endpoint?*
- *Which might be real issues, but are not so critical that they can't be solved on more of a rolling basis?*

What does the literature say about the link between dystrophin expression and clinical outcomes?

- **Dystrophin loss of function is the cause of all dystrophinopathies – traditional names for groups**
 - **Duchenne**
 - Little or no dystrophin (<3%)
 - **Female manifesting carriers of DMD**
 - Varying amounts of normal dystrophin
 - **Key variable:** % of normal vs abnormal genes 'active'
 - **Becker**
 - Varying amounts of abnormal dystrophin
 - **Key variable:** Functionality of the protein (how abnormal?)

Dystrophin – clinical correlations

Duchenne

- 103 biopsies.
 - Hoffman et al. [N Engl J Med](#). 1988 May 26;318(21):1363-8

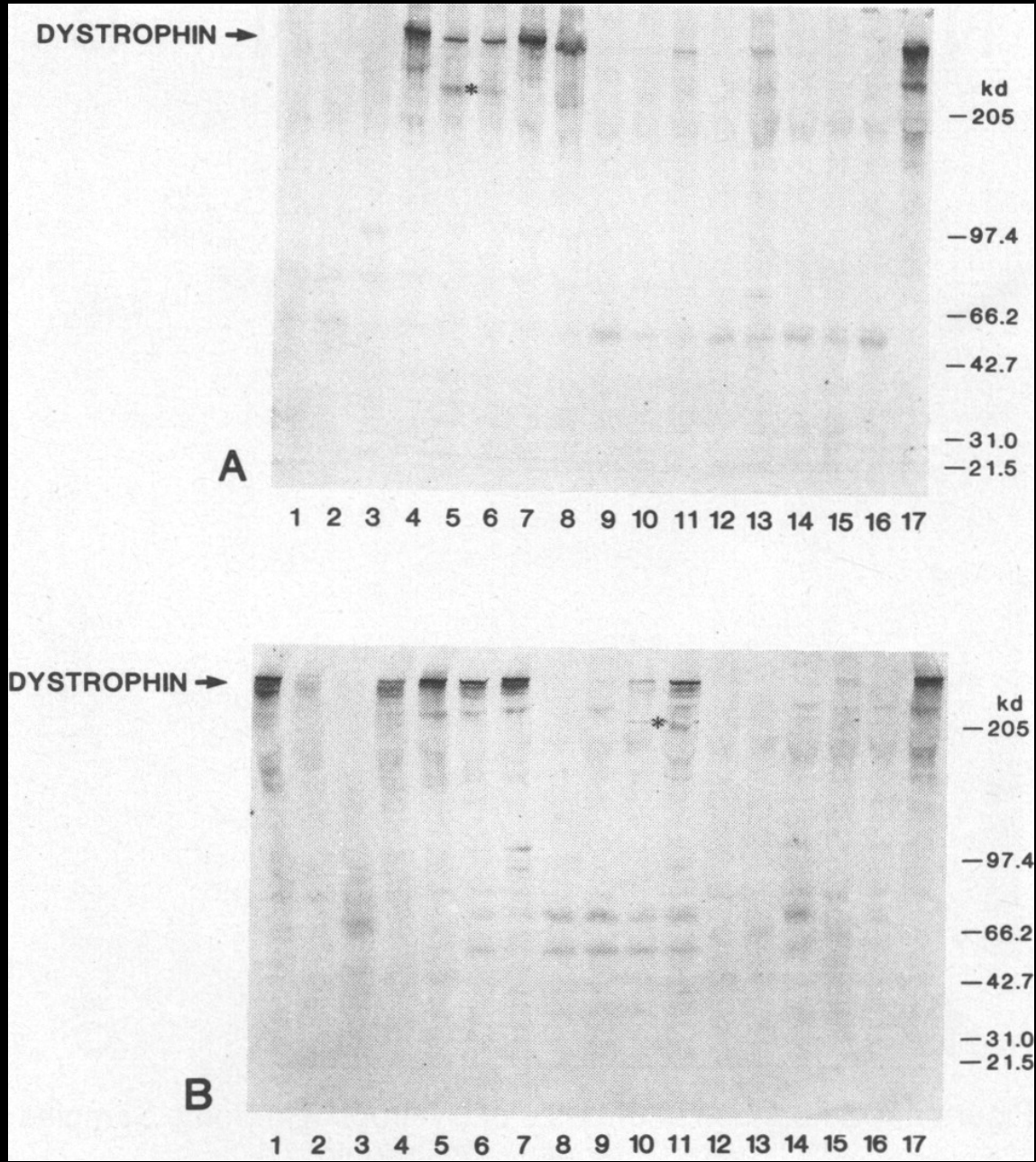


Table 1. Results of Dystrophin Analysis in 103 Muscle-Biopsy Specimens.

	DYSTROPHIN DATA	CLINICAL DIAGNOSIS				
		DUCHENNE'S DYSTROPHY	INTERMEDIATE	BECKER'S DYSTROPHY	OTHER	
			DYSTROPHY (OUTLIERS)		NEUROMUSCULAR DISORDER	
		<i>number (percent) of specimens</i>				
• Duchenne (n=40)	• Loss of function	Normal size; 60–100% normal levels	1 (2.6)*	—	4 (22.2)*	38 (95.0)
	• <3%	Abnormal size; 40–100% normal levels	—	1 (14.3)	12 (66.6)*	2 (5.0)*
• Becker/Intermediate	• Partial loss of function	Normal size; 3–60% normal levels	1 (2.6)	4 (57.1)	1 (5.5)	—
		Abnormal size; 3–40% normal levels	1 (2.6)	1 (14.3)	—	—
	• More variable	<3% Normal level, or undetectable	35 (92.1)	1 (14.3)	1 (5.5)*	—
		Total	38	7	18	40

*The patients from whom these specimens were obtained were considered to represent unusual cases (see clinical histories in Methods).

Dystrophin-clinical correlations

Female carriers

- **Two girls with phenotype intermediate between those of Duchenne's and Becker's dystrophy.**
 - balanced X-chromosome translocation
 - 5 percent of normal
 - DMD-like
 - second girl had no detectable structural abnormality of her X chromosomes
 - Proximal weakness at the age of 5 years, ambulatory at age 12
 - 20 percent of normal

Genetic and biochemical normalization in female carriers of Duchenne muscular dystrophy: Evidence for failure of dystrophin production in dystrophin-competent myonuclei

E. Pegoraro, MD; R.N. Schimke, MD; C. Garcia, MD; H. Stern, MD; M. Cadaldini, MD; C. Angelini, MD; E. Barbosa, MD; J. Carroll, MD; W.A. Marks, MD; H.E. Neville, MD; H. Marks, MD; S. Appleton, MD; H. Toriello, PhD; H.B. Wessel, MD; J. Donnelly, MD; S.M. Bernes, MD; J.W. Taber, MD; L. Weiss, MD; and E.P. Hoffman, PhD

April 1995 NEUROLOGY 45 677

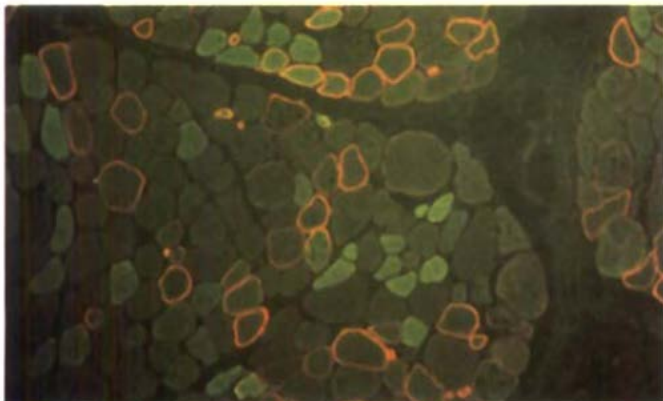
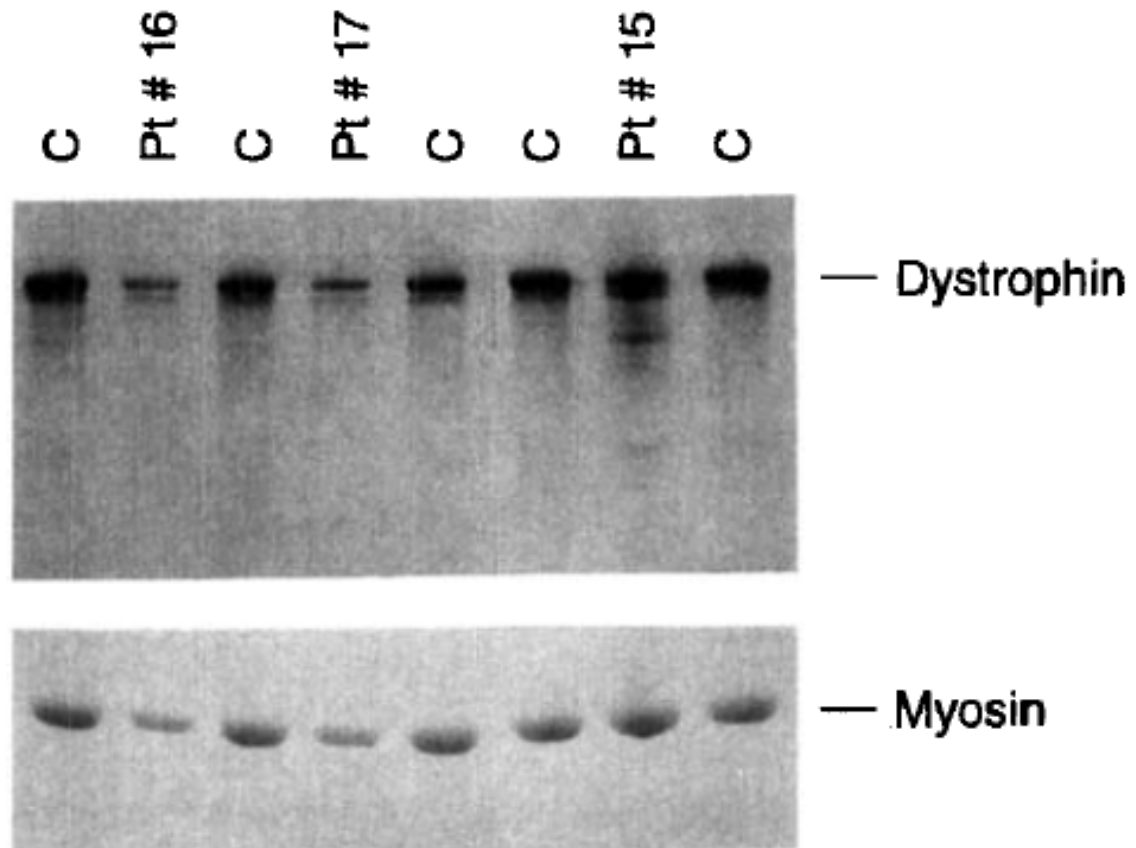
Dystrophin blots:

- 4 blots/patient
- vs. 2 Normal controls
- 8 measurements/patient
- Pre-flashed films; <5 s exp

% normal vs DMD genes

- Quantitated muscle
- Quantitated blood

N=19 patients



Pt	Inheritance of dystrophin gene mutations	Karyotype	Age at biopsy	Clinical severity	Dystrophin immunoblotting (% of normal)	% of active X in blood (height)		% of active X in muscle (height)		
						Mutant dys gene	Normal dys gene	Mutant dys gene	Normal dys gene	
1	P	46,X-X,+der(X)t(X;?)(p11;?)	2	Severe	18 ± 5	33%	80	20	55	45
2	M-F	46,X,Xq-(q25-qter)	4	Intermediate	3 ± 3	100%	85	15	75	25
3	P	46,X,t,(X;12)(p21.2;q24.33)	5	Mild	21 ± 5	24%	85	15	45	55
4	P	46,X,t(X;3)(p21;p21)	6	Intermediate	4 ± 3 (tr. 46 ± 13)	75%	95	5	90	10
5	M	46,XX	3	Mild	40 ± 15	37%	75	25	55	45
6	P	46,XX	4	Mild	32 ± 4	12%	100	0	70	30
7	M	—	8	Mild	24 ± 4	16%	75	25	75	25
8	M	46,XX	9	Severe	5 ± 3	60%	95	5	90	10
9	M	46,XX	10	Mild	3 ± 2	66%	75	25	80	20
10	P	46,XX	10	Intermediate	16 ± 9	56%	100	0	100	0
11	P	46,XX	12	DMD-like	48 ± 10	21%	75	25	65	35
12	—	46,XX	20	Severe	76 ± 23	30%	85 [‡]	15 [‡]	60	40
13	P	46,XX	29	Severe	70 ± 12	17%	95	5	15	85
14	M-F	46,XX	47	Intermediate	54 ± 15	28%	80	20	75	25

CV

With 8 dystrophin immunoblot measures/sample

Average CVs – range

HLOQ (>20%): 30% range: 12%-37%

LLOQ (<20%): 65% range: 33% - 100%

FDA guidance – CVs

< 15% (at HLOQ)

< 20% (at LLOQ)

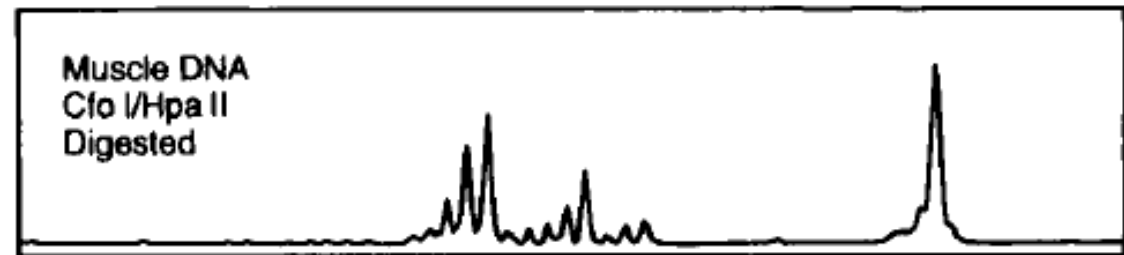
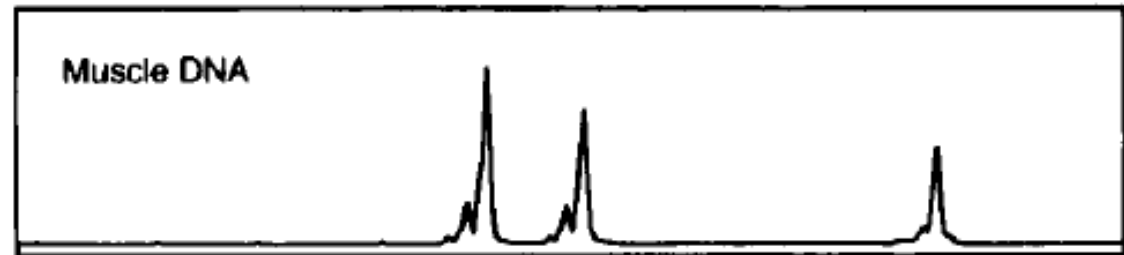
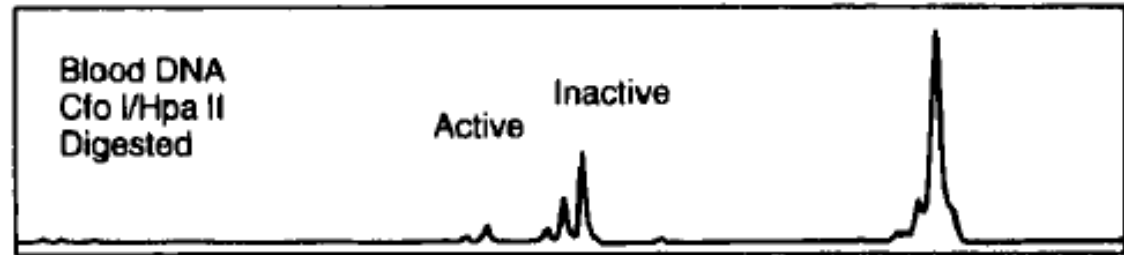
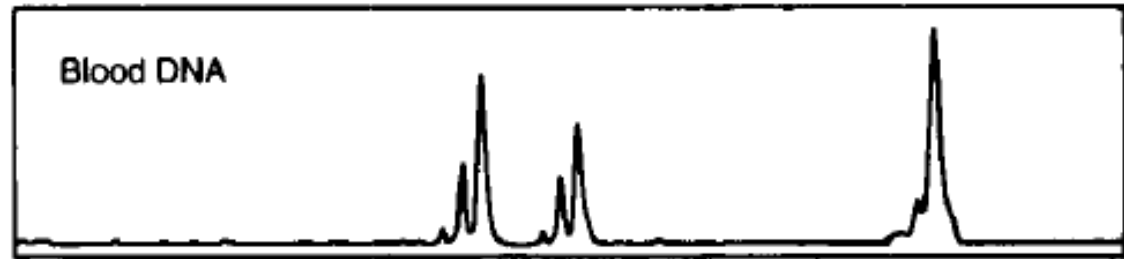
Skewed X - Inactivation (Pt # 3)

Determine % normal genes

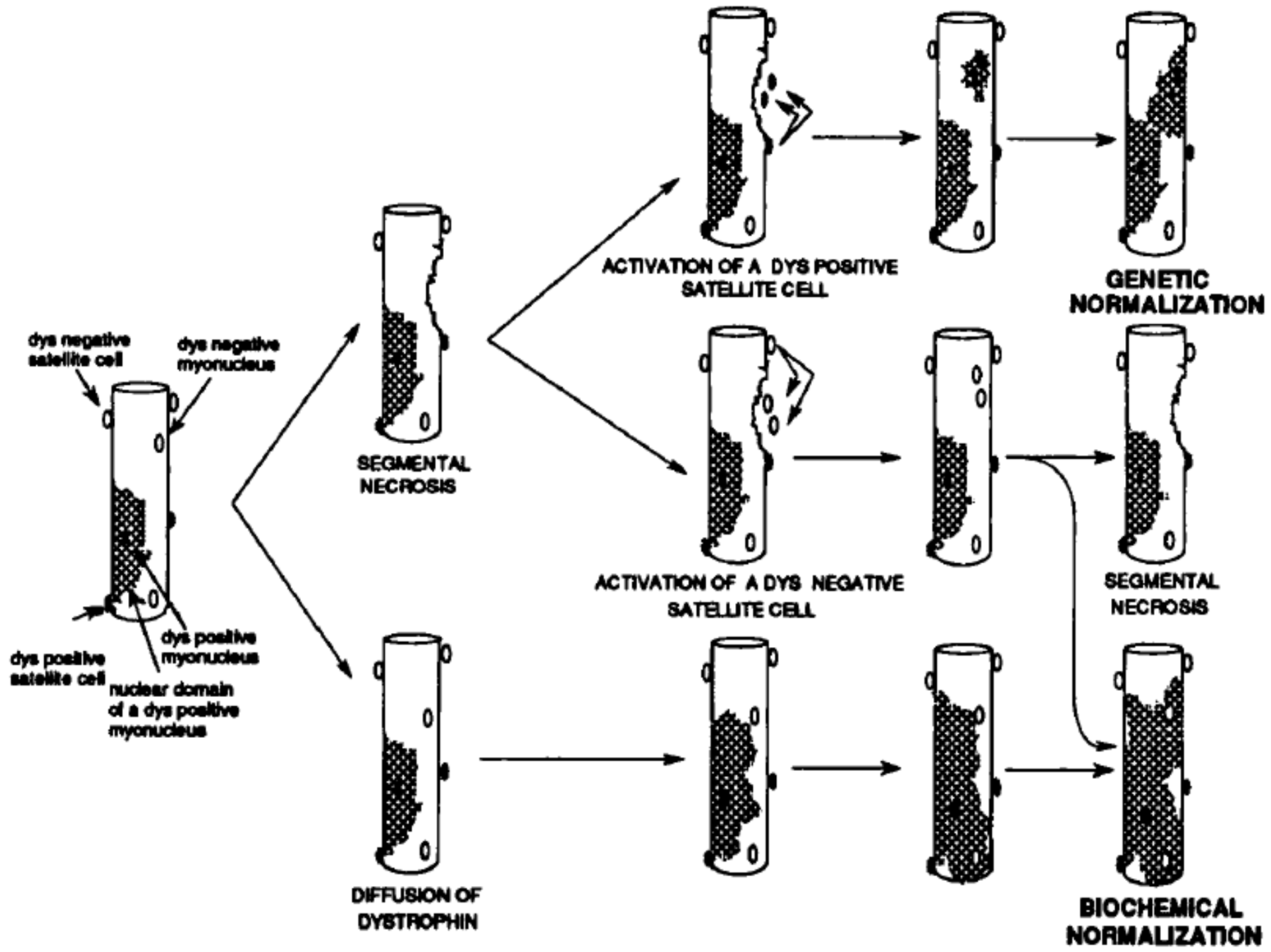
Use blood as 'initiation point'

Use muscle as 'set point'

Correlate with Dystrophin production



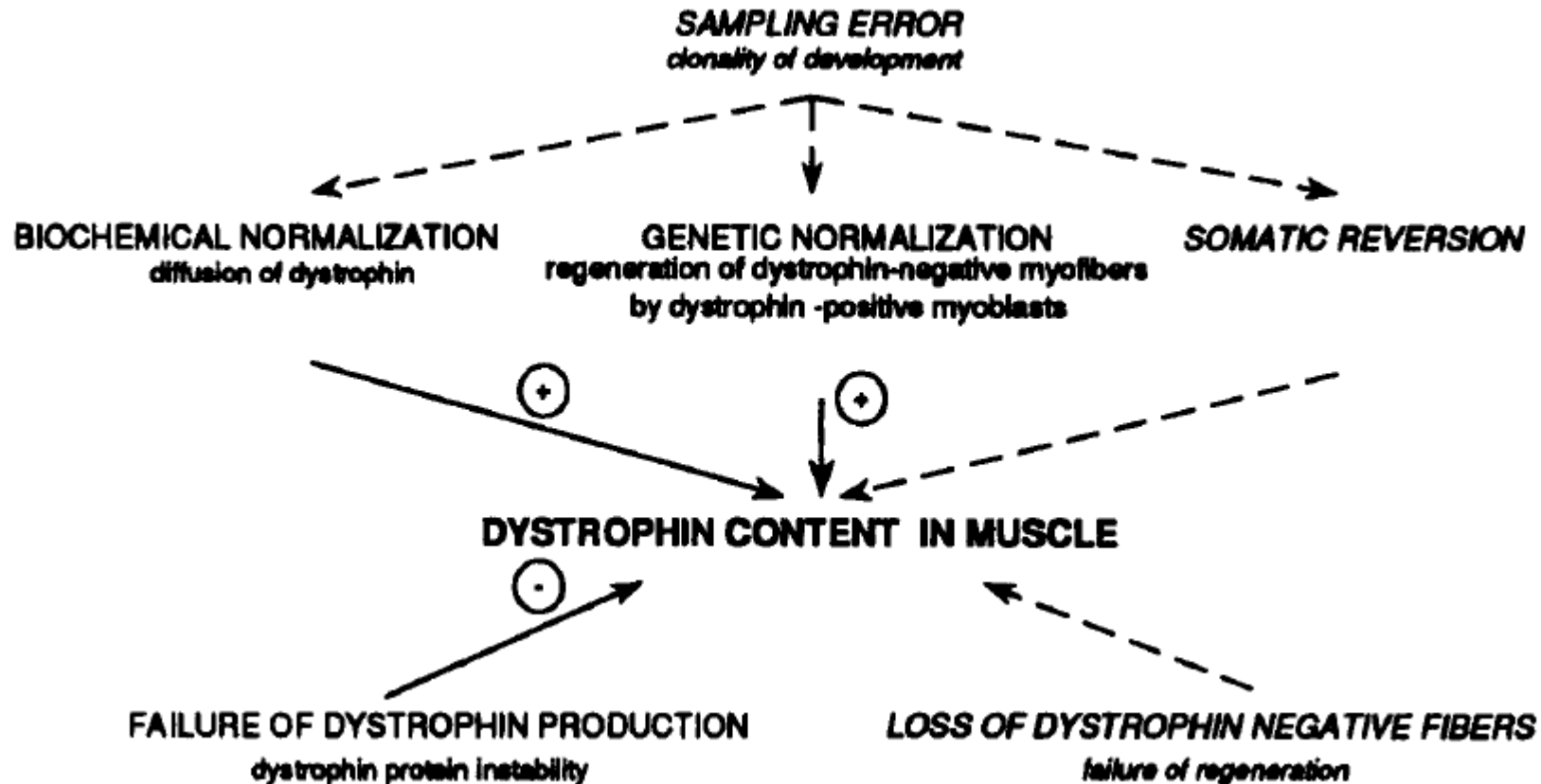
Mutant Dys Gene Normal Dys Gene Marker



Evidence for failure of dystrophin production in dystrophin-competent myonuclei

In older, more dystrophic muscle –

- 30% less dystrophin from normal dystrophin genes
- The gene is there, but dystrophin protein is not



Normal dystrophin: How much is enough?

Biochemical normalization

- Dystrophin diffusion in myofiber
- 2-fold increase
- Why CKs decrease

Genetic normalization

- Degen of (-) regen by (+)
- 3-fold increase
- Why manifesting carriers can improve

Failure of dystrophin production in end stage muscle

- About 30% less dystrophin than expect

How much is enough?

- Obvious sampling error
- In older more severe muscle, only dystrophin-positive myofibers still remain
- Given caveats, dystrophin seems like most any other protein
 - Threshold <5% severe, >20% normal

Becker muscular dystrophy

[Hoffman EP¹](#), [Kunkel LM](#), [Angelini C](#), [Clarke A](#), [Johnson M](#), [Harris JB](#).
[Neurology](#). 1989 Aug;39(8):1011-7.

Improved diagnosis of Becker muscular dystrophy by dystrophin testing.

97 patients (54 BMD): dystrophin-clinical correlations

Duchenne dystrophy

LoA ~11 years; dystrophin quantity less than 3% of normal

Severe Becker dystrophy

LoA 13 to 20 years; dystrophin 3% to 10%

Moderate/mild Becker dystrophy

LoA >20 years; dystrophin quantity greater than or equal to 20%

Exploring the Molecular Basis for Variability among Patients with Becker Muscular Dystrophy: Dystrophin Gene and Protein Studies

Alan H. Beggs,* Eric P. Hoffman,*¹ Judith R. Snyder,* Kiichi Arahata,§ Linda Specht,† Frederic Shapiro,‡ Corrado Angelini,|| Hideo Sugita,§ and Louis M. Kunkel*

68 BMD patients studied
DNA, biopsy, clinical correlations

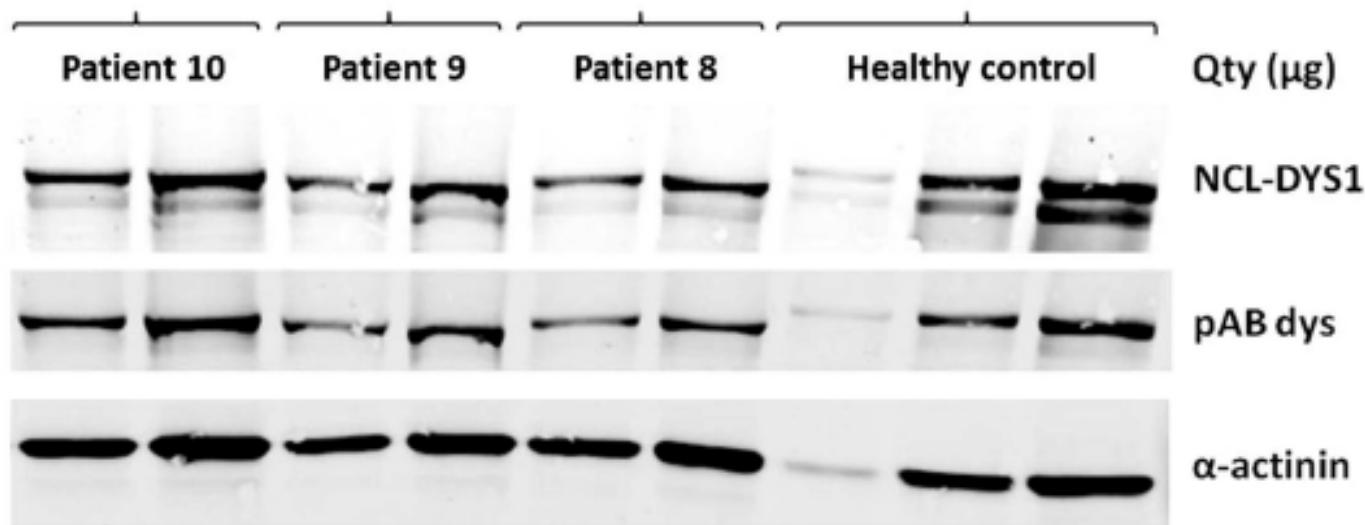
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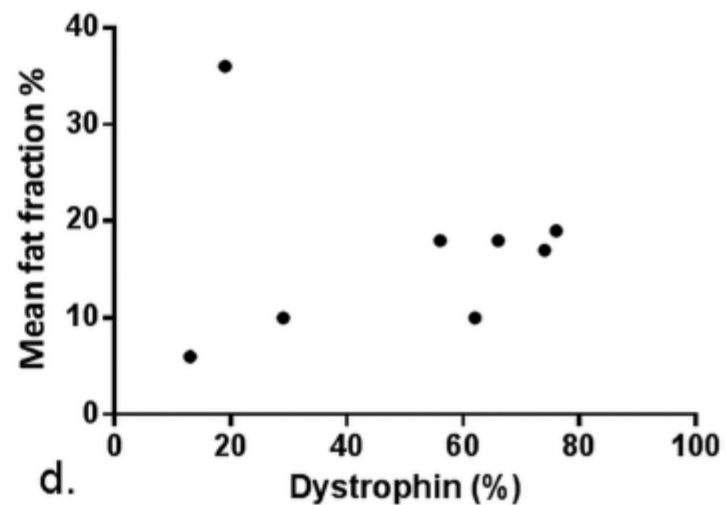
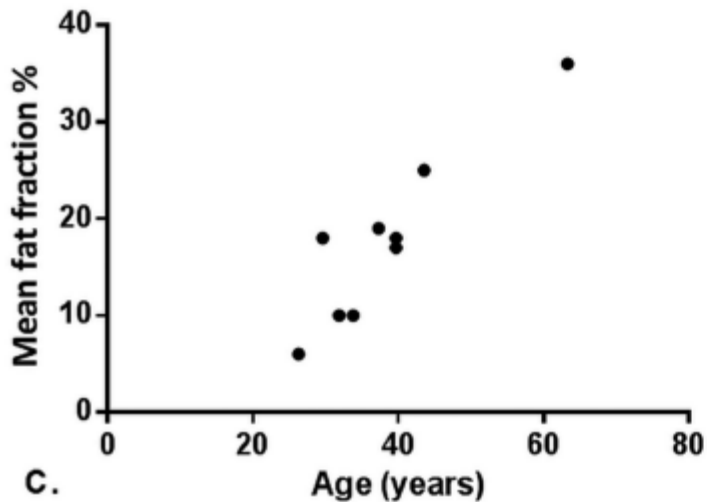
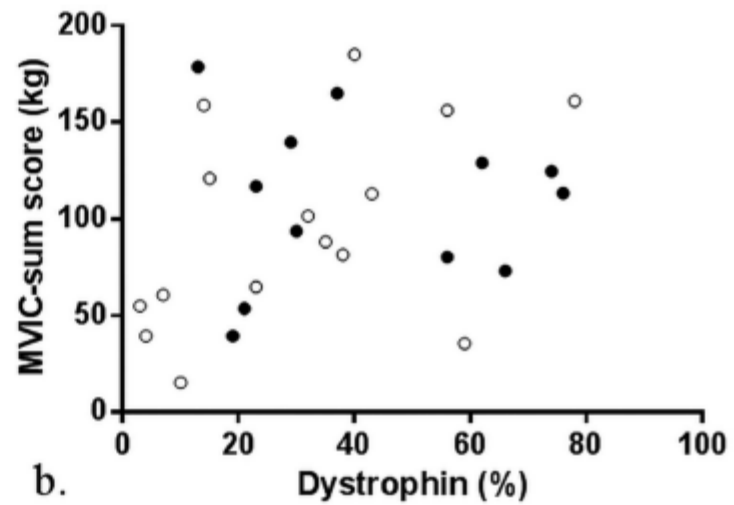
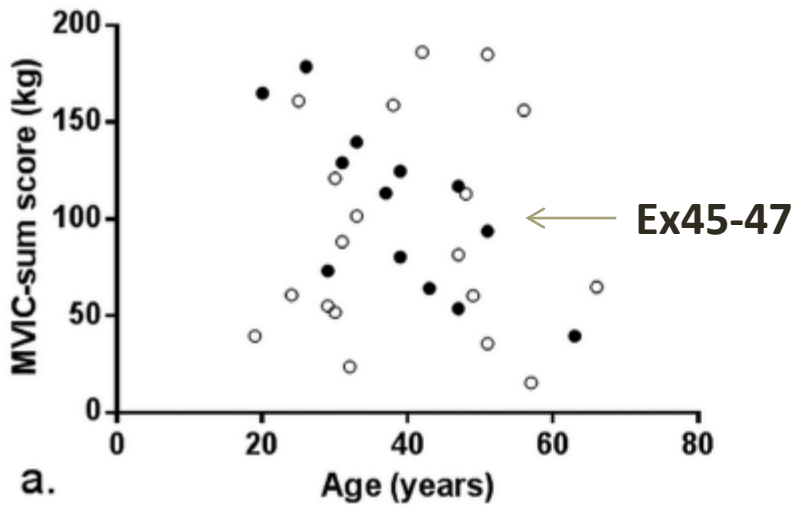
Comparison of Deletion/Duplication Sizes with Observed Dystrophin Sizes and Quantity

Exons Deleted or Duplicated	No. of Patients	Predicted Size ^a (kD)	Observed Size ^a (kD)	Average Quantity ^a (%)
del 2-7	1	376	380	10
del 3.....	1	396	390	15
del 3-7	2	379	370 ± 0	10 ± 0
del 6-13.....	1	354	360	10
del 35-44	1	337	360	80
del 45-46	1	388	380	<5
del 45-47	11	382	380 ± 4	44 ± 17
del 45-48	9 ^b	375	377 ± 5	53 ± 32
del 45-49	4	371	377 ± 5	30 ± 16
del 45-53	3	345	367 ± 6	70 ± 36
del 48	1	393	400	100
del 48-49	2	389	385 ± 7	45 ± 7
del 48-51	1	376	380	90
dup 2-7	2	421	420 ± 0	40 ± 14
dup 13-42.....	1	580	600	70
dup 14-18.....	2 ^c	427	420 ± 0	15 ± 7

Dystrophin levels and clinical severity in Becker muscular dystrophy patients

J C van den Bergen,¹ B H Wokke,¹ A A Janson,² S G van Duinen,³ M A Hulsker,⁴ H B Ginjaar,⁵ J C van Deutekom,² A Aartsma-Rus,⁴ H E Kan,⁶ J J Verschuuren¹





Looking at only ex45-47 deletion patients (17%-80%)

- Age – strength – fat in muscle well correlated
- Dystrophin % is not well correlated

Threshold effect for abnormal dystrophin: <10% - Severe disease

- “Although we found no relation between (high) dystrophin levels and disease severity”
- “Our four patients with dystrophin levels **below 10%**”
 - low MVIC sum scores
 - early onset of symptoms
- “This finding implies a **threshold effect**, which is confirmed by several previous clinical studies suggesting that dystrophin levels below 10% are indicative of a more severe disease course. (*references 12, 14, 16*)”

Based on what we know from BMD, animal models, etc., what assertions should we feel comfortable making, and what major questions still need to be answered?

- Assertions:
 - Normal dystrophin – manifesting female carriers
 - 0-3% dystrophin = Duchenne muscular dystrophy (in a girl)
 - 3-5% dystrophin = severe disease
 - 10-20% = mild disease
 - >20% = asymptomatic
 - Abnormal dystrophin – Becker muscular dystrophy (all dystrophin replacement strategies)
 - 0-3% = Duchenne muscular dystrophy
 - 3-15% = Severe Becker muscular dystrophy (LoA 16-20 yrs)
 - >15% = mild/moderate/asymptomatic Becker muscular dystrophy
- What major questions still need to be answered?

- What questions in general need to be answered for dystrophin to be validated as a surrogate endpoint?
- Which are true "roadblocks" or hurdles that would be a mistake not to solve/answer before a drug were to be granted approval off a dystrophin surrogate?
- Studies need replicates, determine CVs, report these
- Options going forward: CVs of methods
 - Bend the rules for relatively poor CVs of immunoblot or immunostaining
 - Qualification of mass spec (CVs in range)

Blots: 8 dystrophin immunoblots

Average CVs – range

Mass spec

FDA guidance – CVs

HLOQ (>20%): 30%

6% HLOQ

< 15% HLOQ

LLOQ (<20%): 65%

22% LLOQ

< 20% LLOQ

- Which might be real issues, but are not so critical that they can't be solved on more of a rolling basis?
- ***Acknowledgement of sampling error***
 - Muscle is largest organ system of the body
 - A 0.1 g biopsy is a tiny sampling
 - There is substantial variation within myofibers, between myofibers and between muscles
- Change discussion from
 - **Improved sensitivity for clinically insignificant levels of dystrophin**
- To
 - **Accurate detection of variable but clinically significant amounts in a subset of patients.**
 - **Pharmacodynamic marker**
- **Research:** Determine why dystrophin is not being made by some normal nuclei, and what this may teach about
 - Variability in dystrophin in Becker
 - Variability in dystrophin in exon skipping