

# MRI/MRS assessment of the status of skeletal muscle in DMD patients

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# MRI/MRS assessment of the status of skeletal muscle in DMD patients

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# Natural History



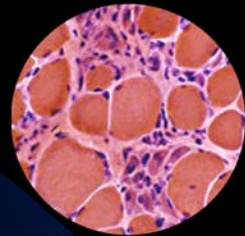
	Controls	DMD
Number	36	136
Mean Age (years)	9.7 ( $\pm 2.3$ )	8.3 ( $\pm 2.2$ )
Steroid positive (number)	NA	100
BMI	17.3 ( $\pm 3.5$ )	18.8 ( $\pm 4.1$ )



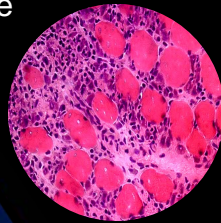
- **CHOP** - Philadelphia, PA
- **OHSU/Shriner's** – Portland, OR
- **UF** - Gainesville, FL
- Krista Vandenberg (UF), Director
- Lee Sweeney (UPenn/CHOP), Co-Director

# Magnetic Resonance Biomarker

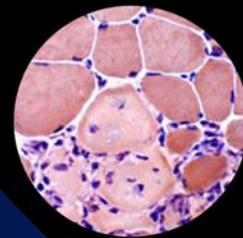
## MR Targets



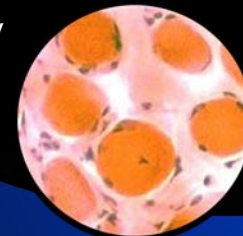
Muscle damage



Inflammation



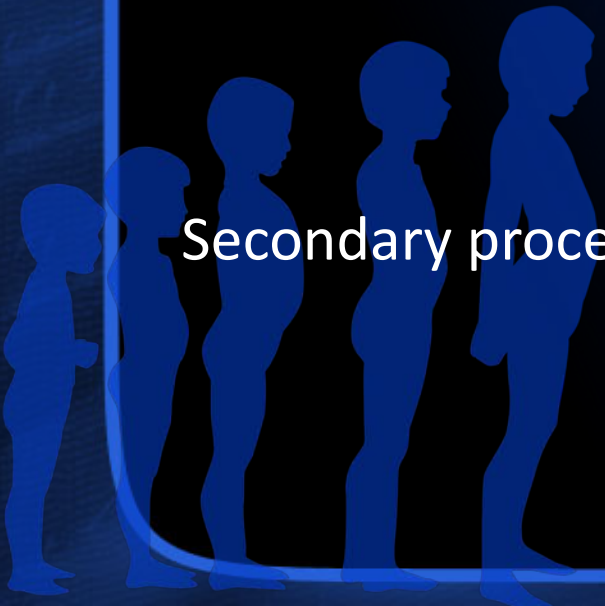
Atrophy and Hypertrophy



Fiber replacement

Disease Progression

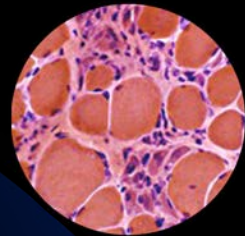
Secondary processes



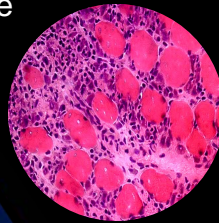
# Magnetic Resonance Biomarker

Most useful MR parameters:

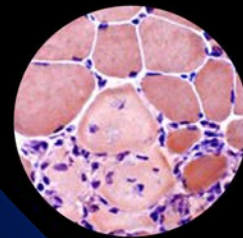
- Fat fraction (% of muscle replace by fat)
- Quantitative  $T_2$  imaging



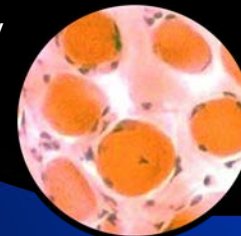
Muscle damage



Inflammation



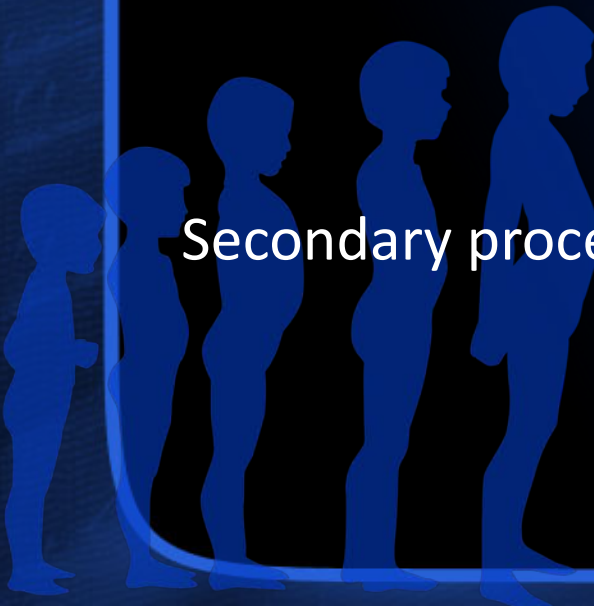
Atrophy and Hypertrophy



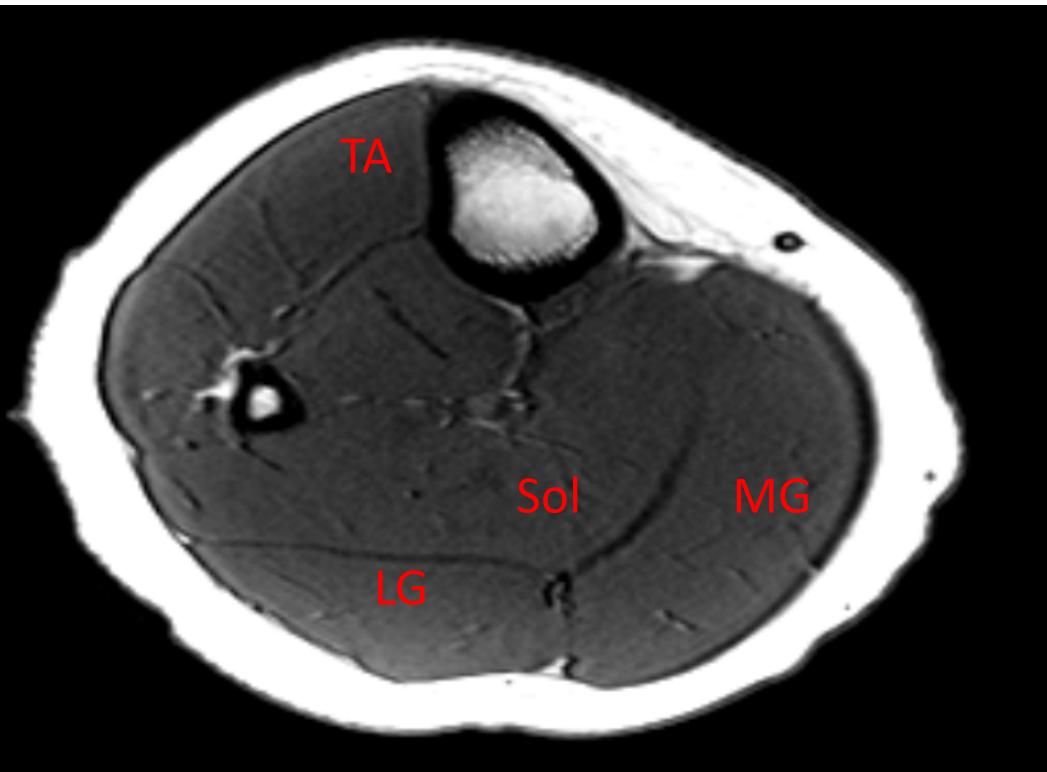
Fiber replacement

Disease Progression

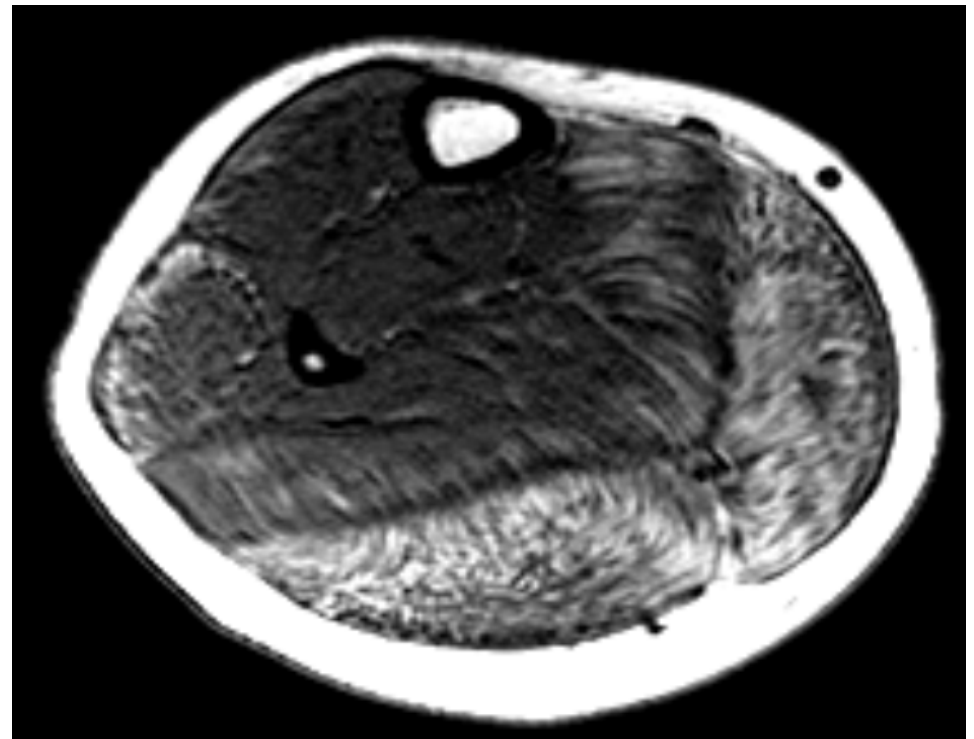
Secondary processes



Control

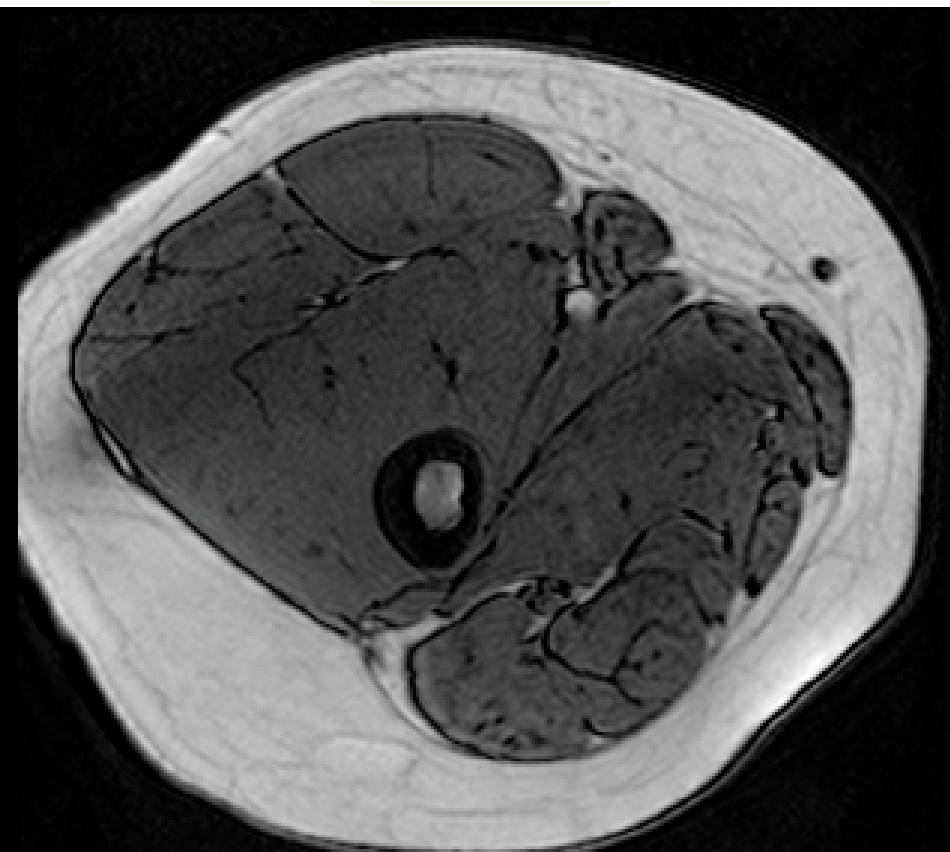


Duchenne

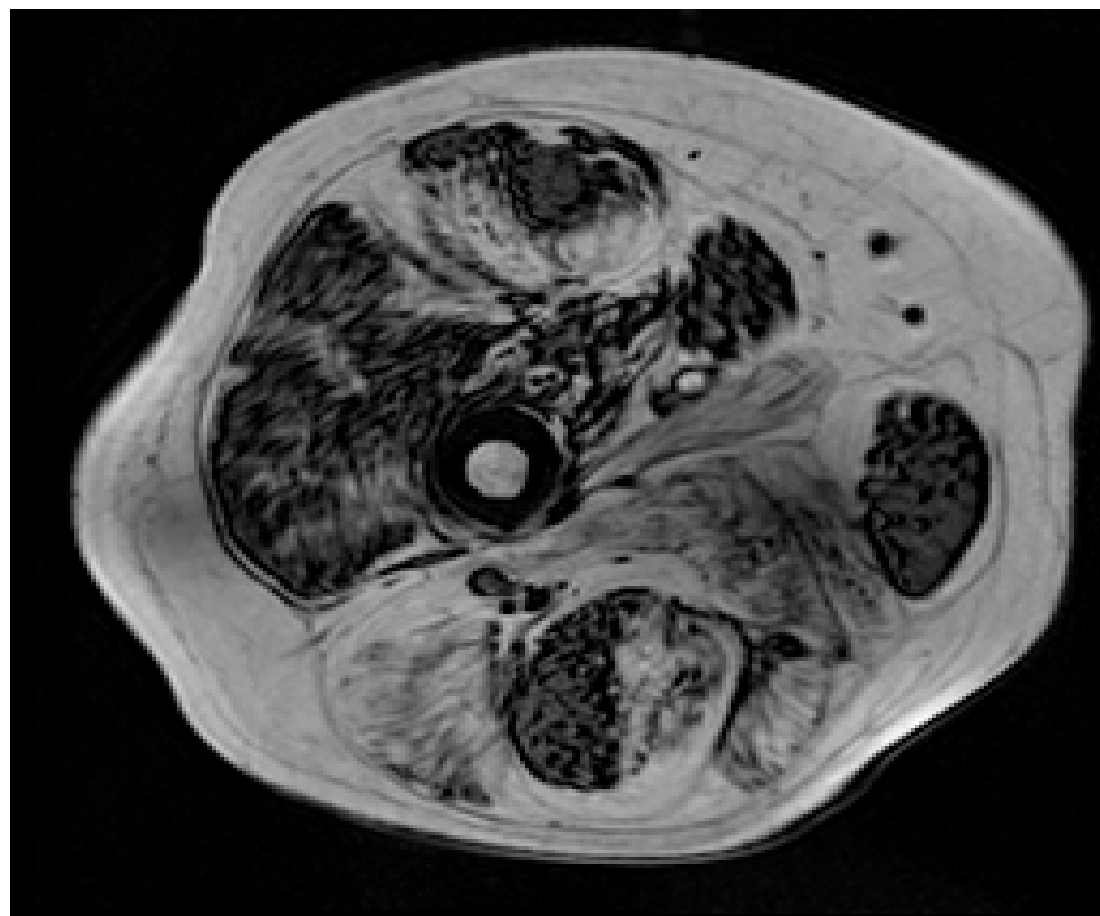


**Lower leg muscles**

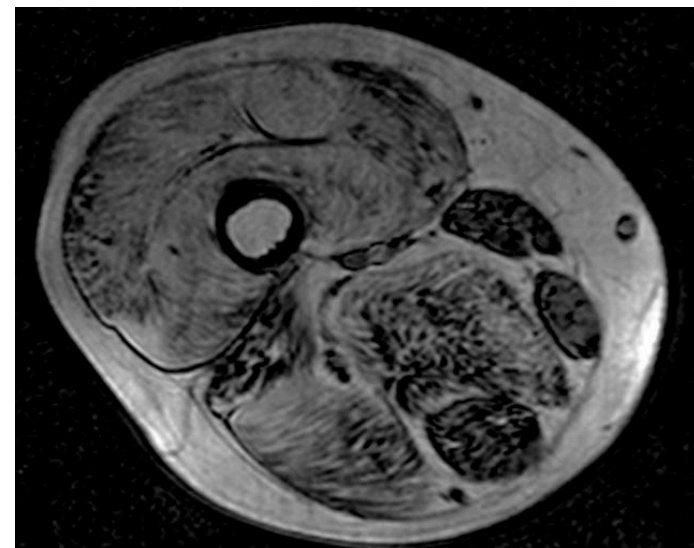
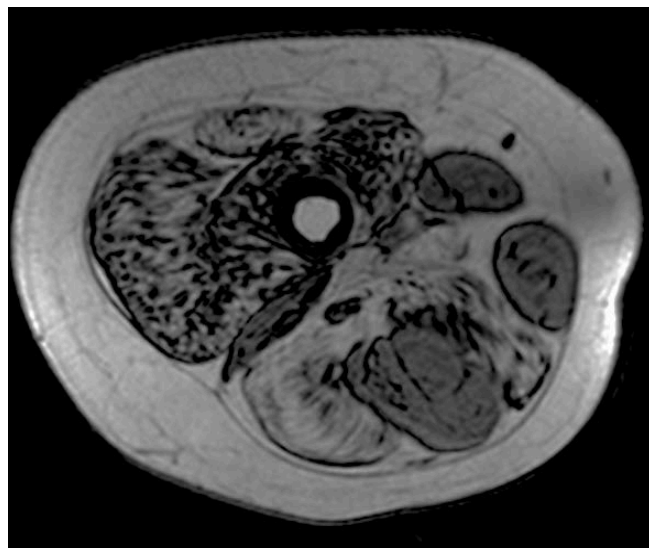
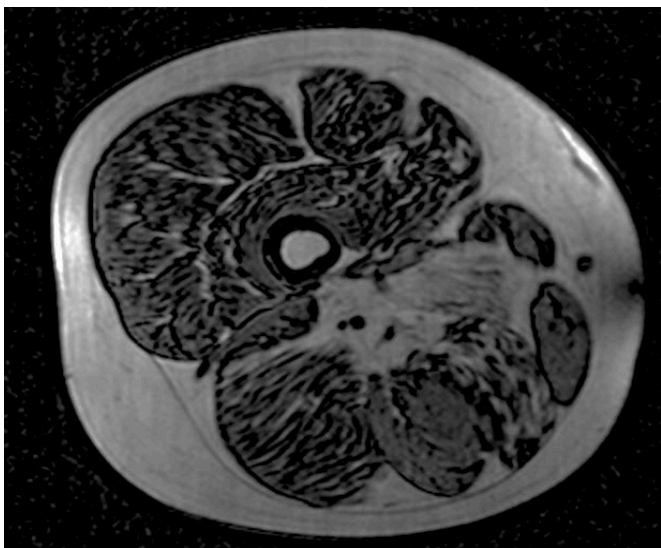
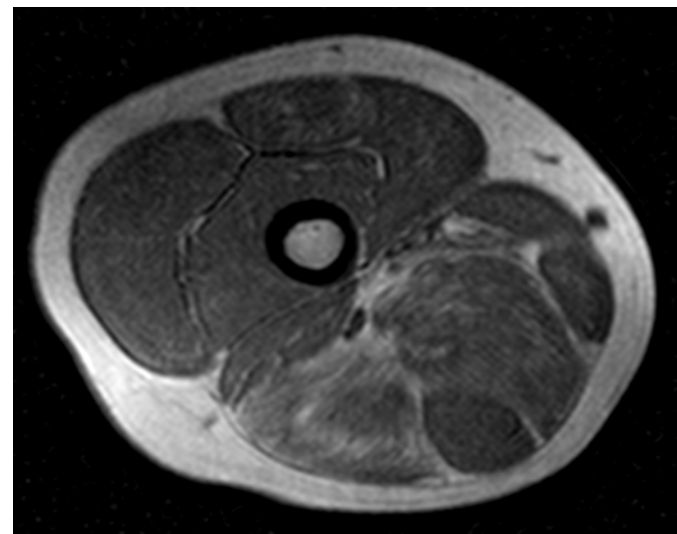
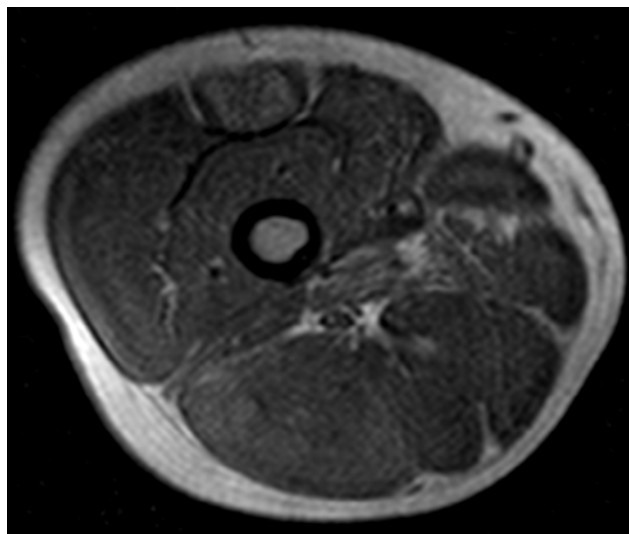
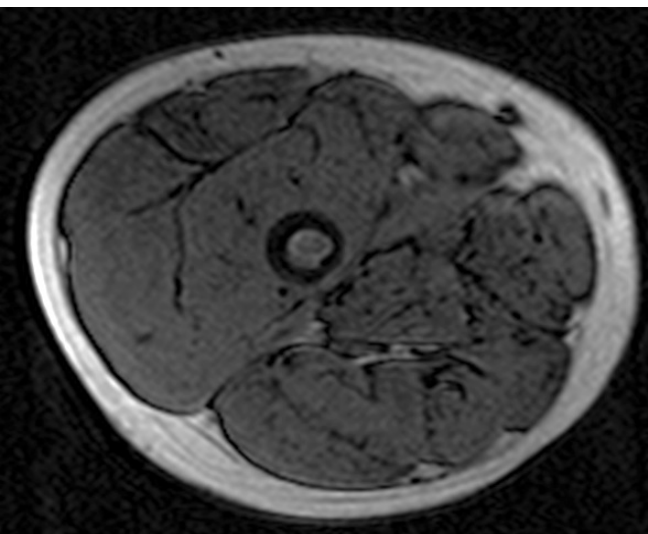
Control



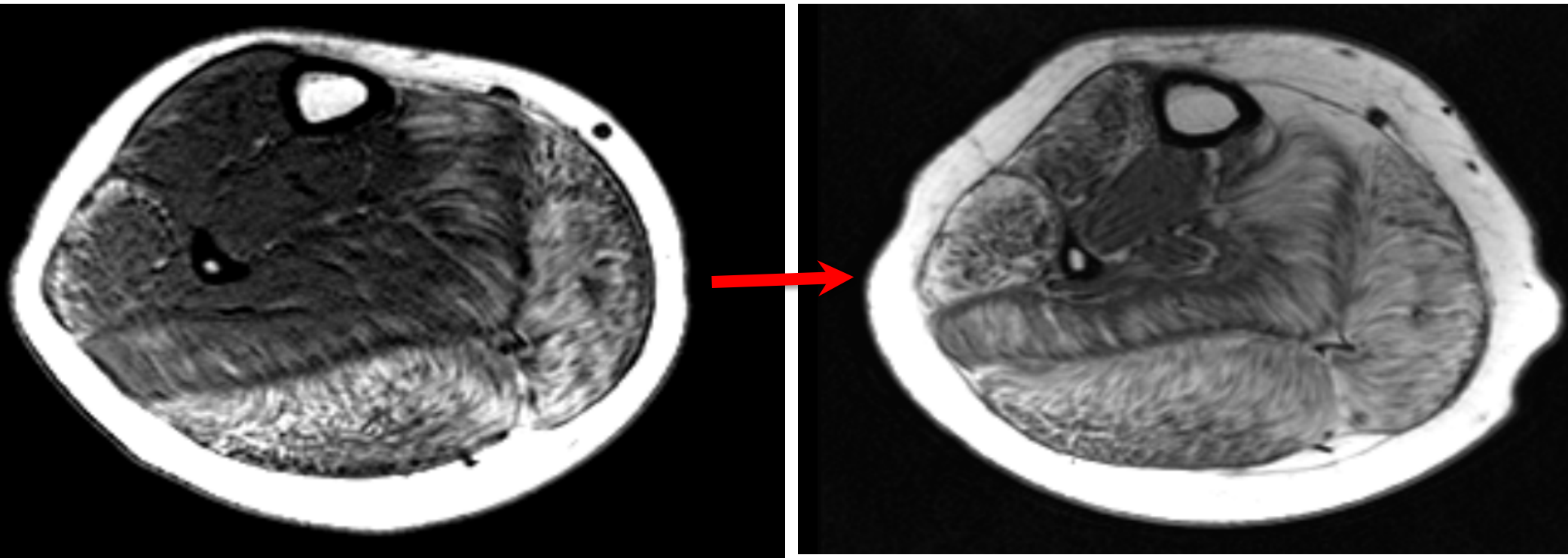
Duchenne



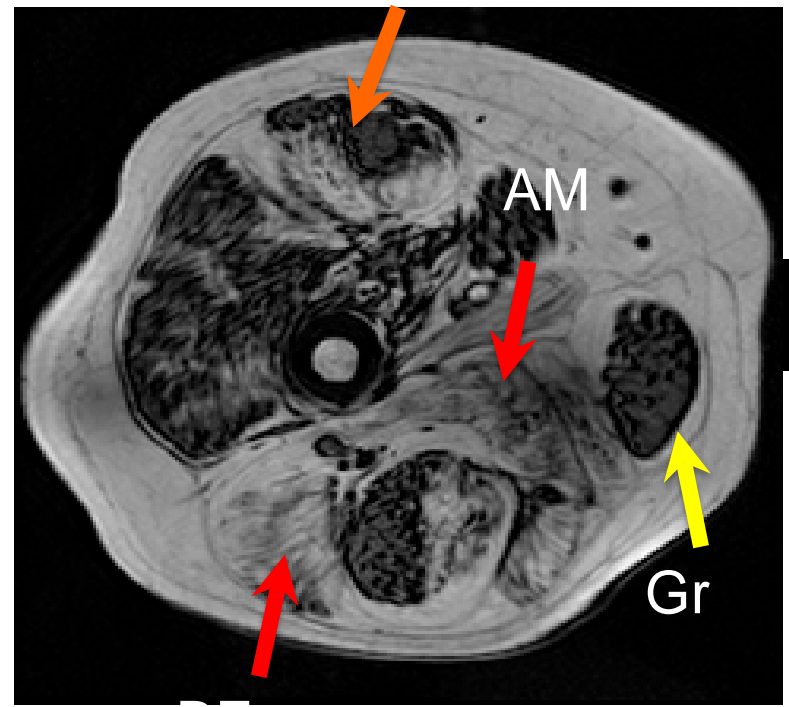
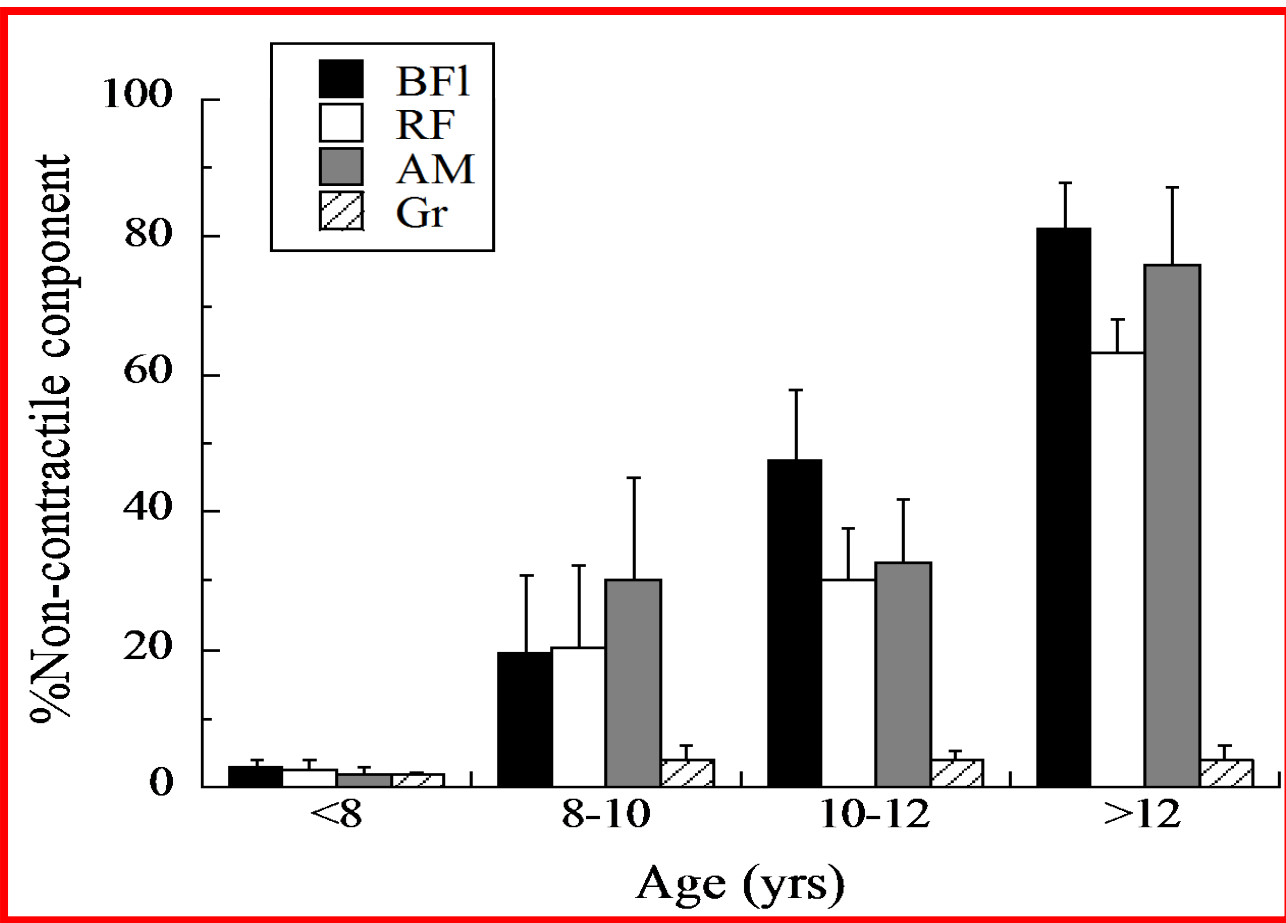
**Thigh muscles**





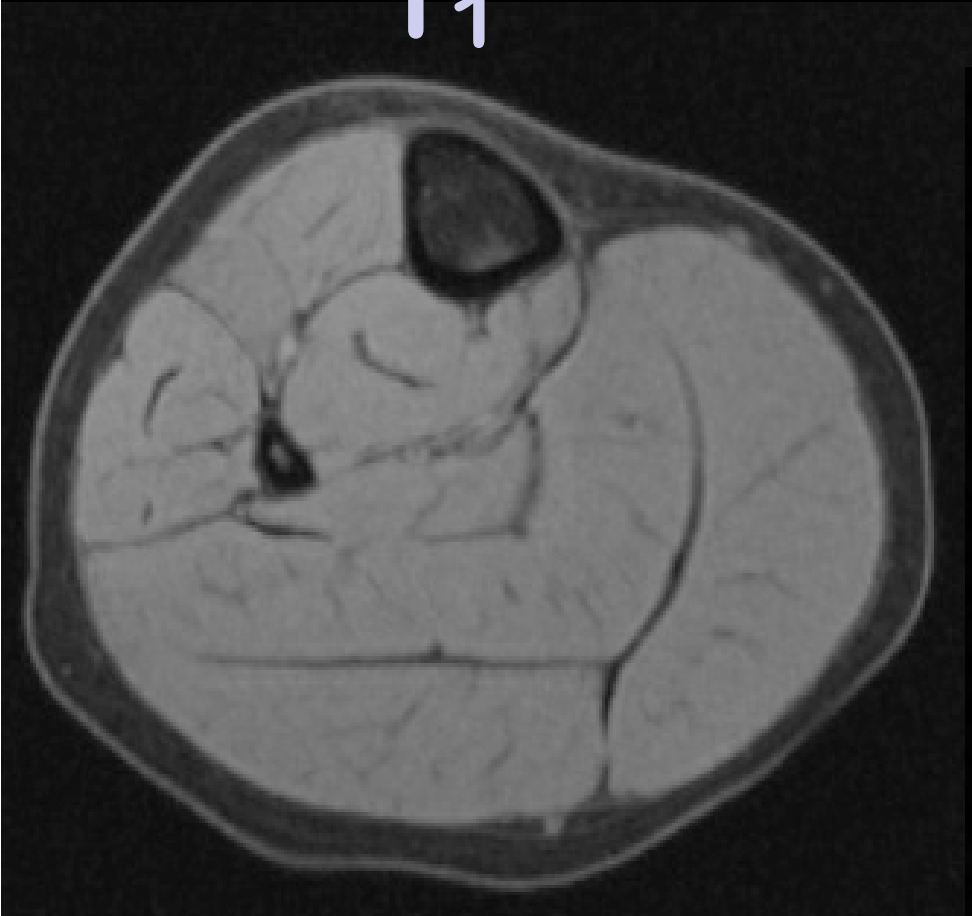


- Specific force production (force/muscle CSA)

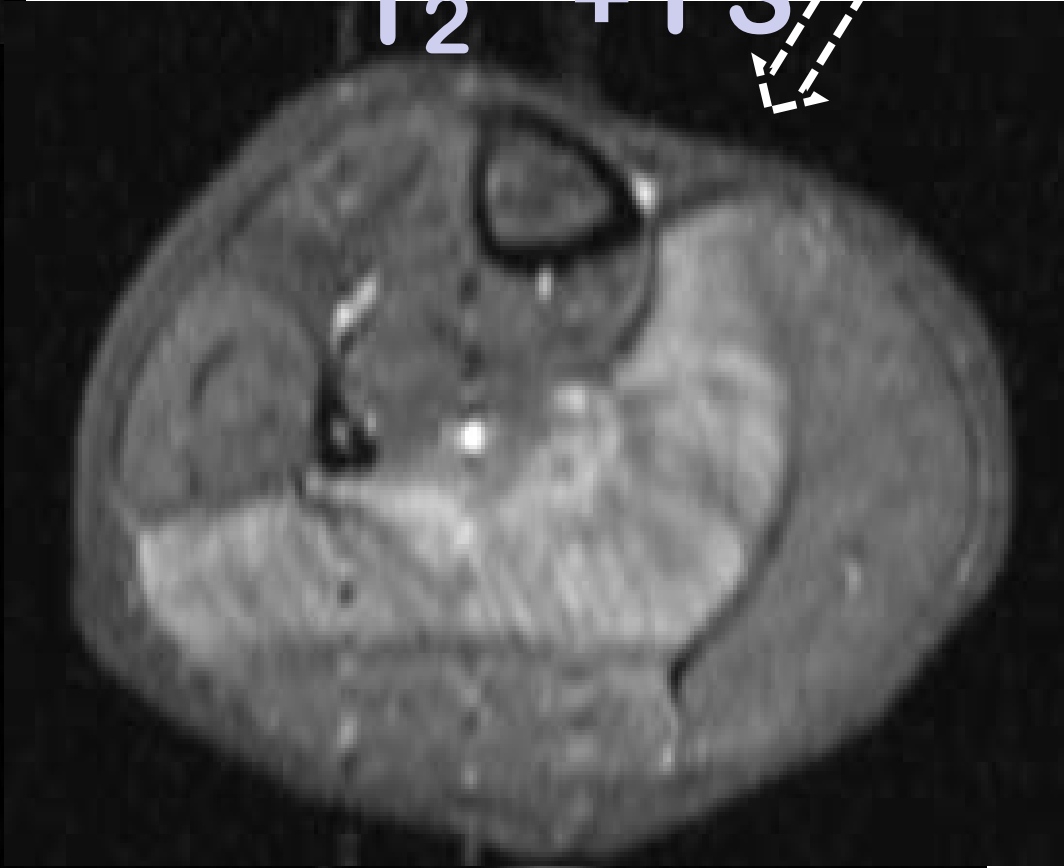


6

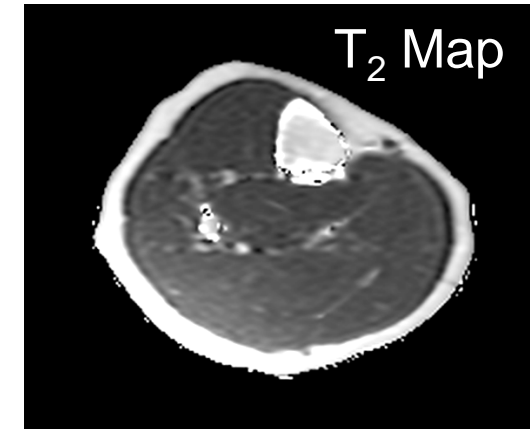
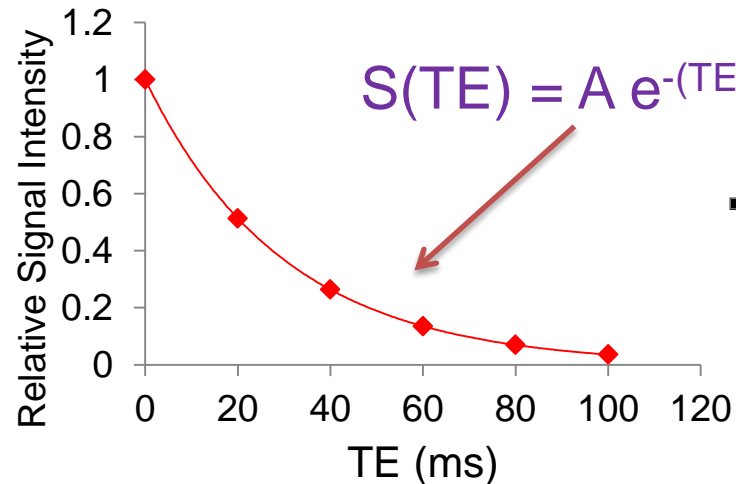
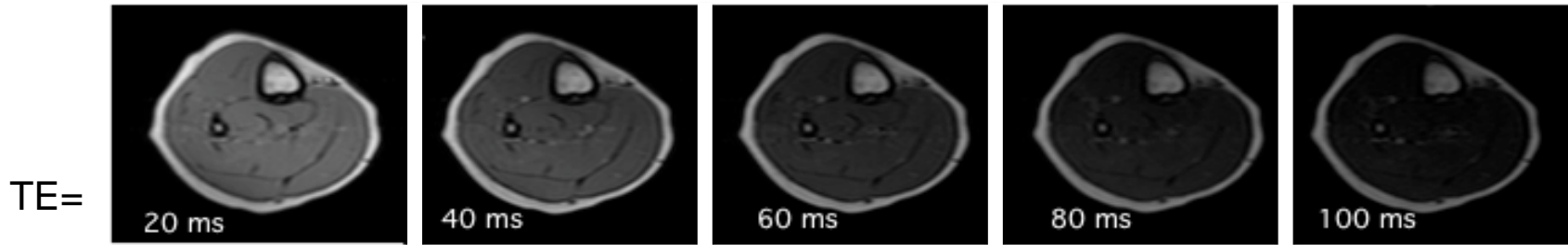
T<sub>1</sub>



T<sub>2</sub> + FS

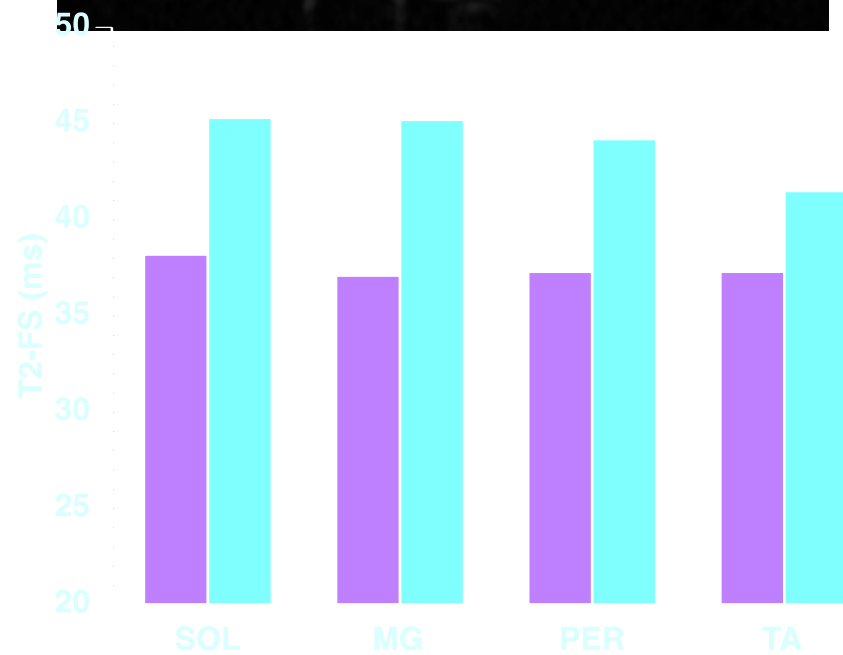
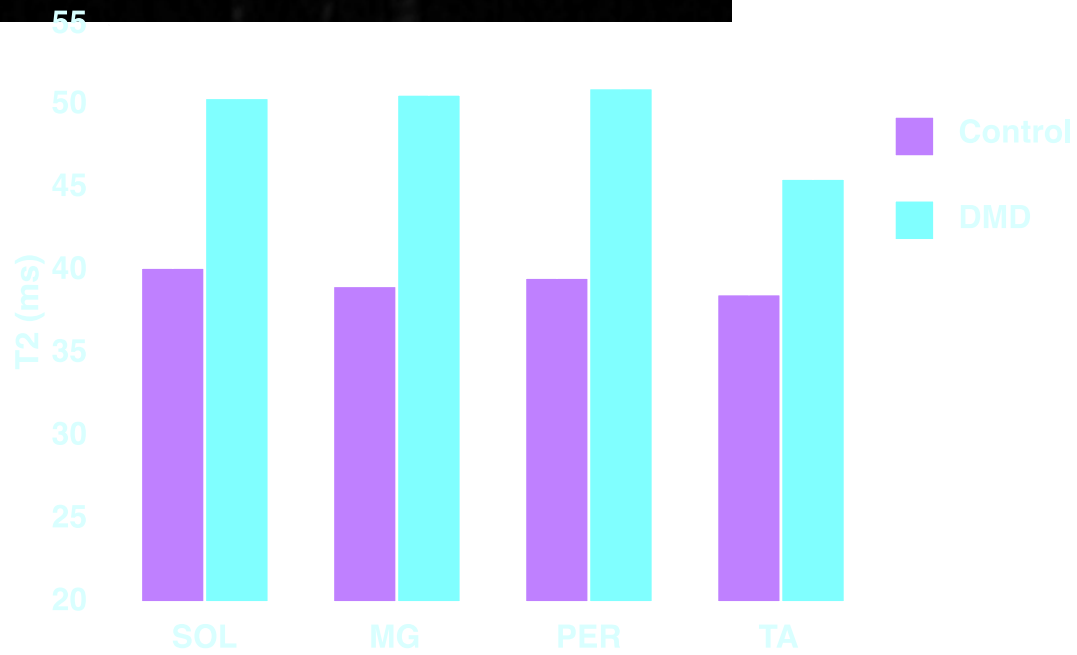
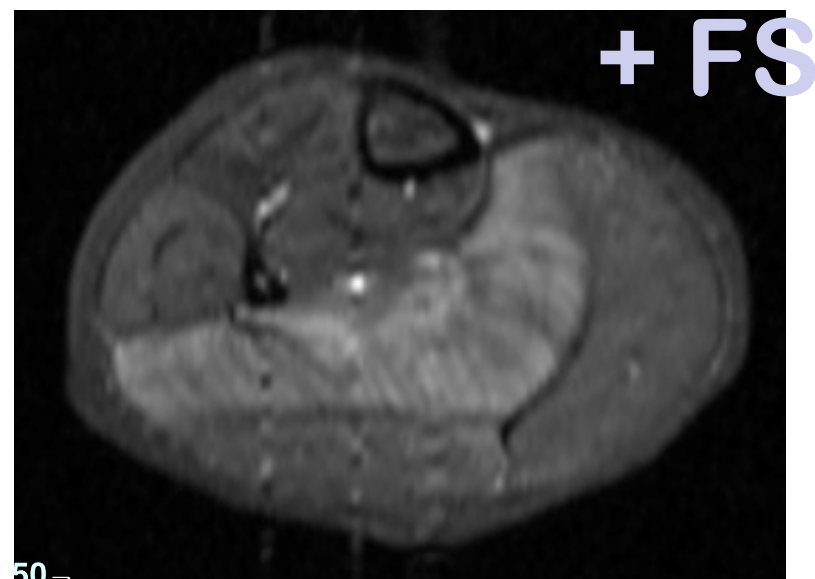
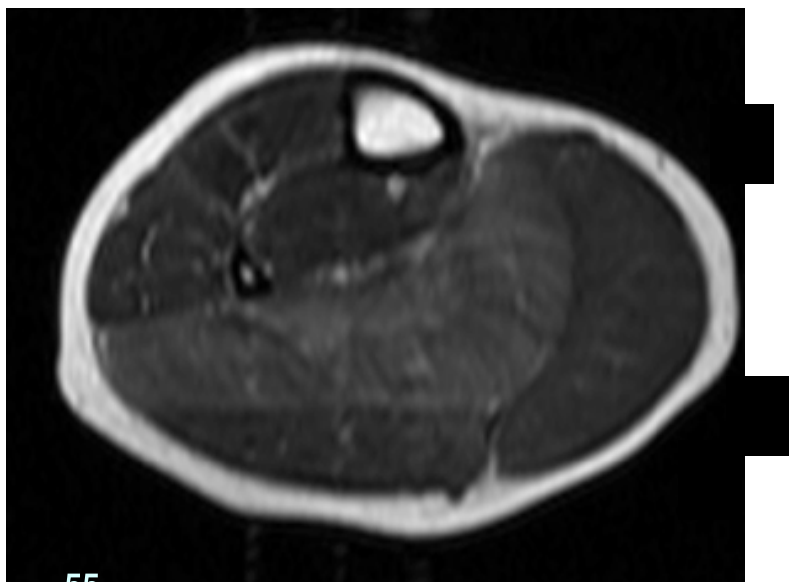


# T<sub>2</sub> as Marker of Muscle Damage/Inflammation



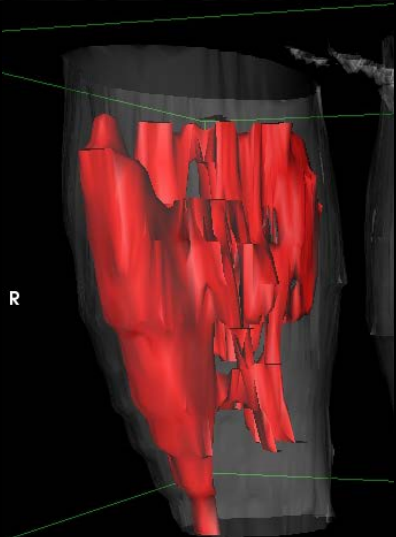
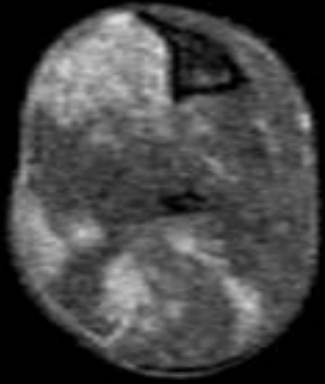
## T<sub>2</sub> is very sensitive to local tissue chemistry

- Changes in tissue compartmentation, i.e. membrane permeability
- Water content; edema, inflammation/regeneration
- Fat content, fibrosis,...

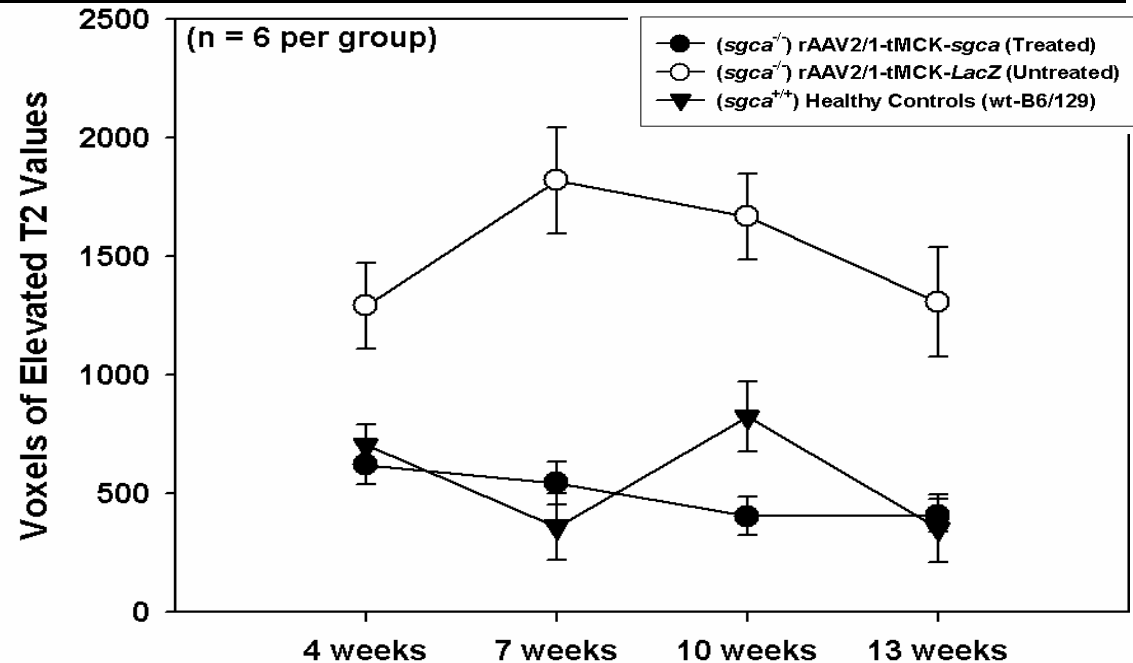
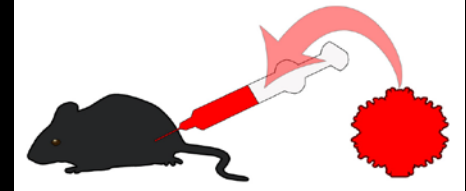


# MRI Monitoring Efficacy of Treatment

T<sub>2</sub> Contrast

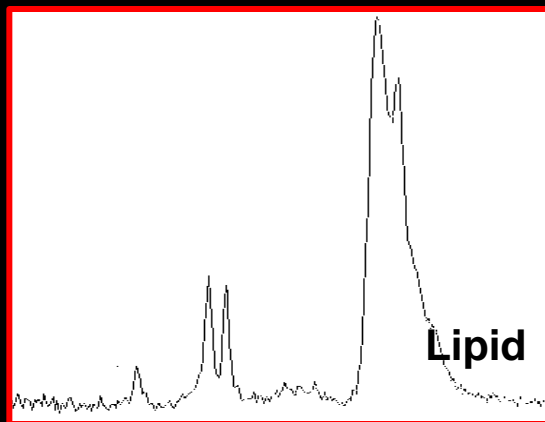


■ Elevated T2  
Untreated  
rAAV1-tMCK-LacZ

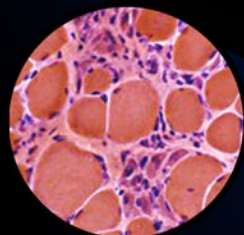
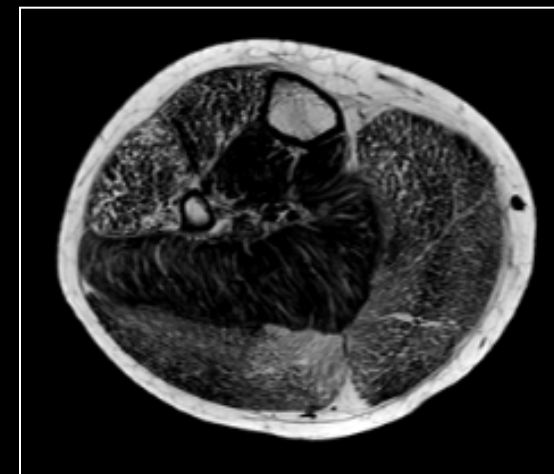


Pacak, *et al* "Long-term Skeletal Muscle Protection After Gene Transfer in a Mouse Model of LGMD-2D." *Mol Ther.* 2007 Oct;15(10):1775-81.

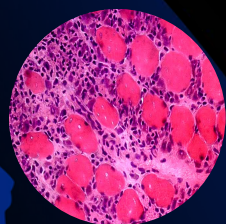
# H-Spectroscopy



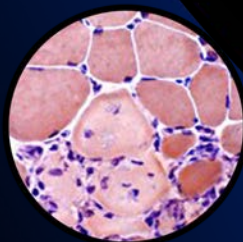
# 3 point Dixon Imaging



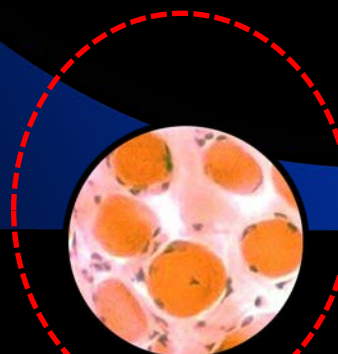
Membrane Integrity



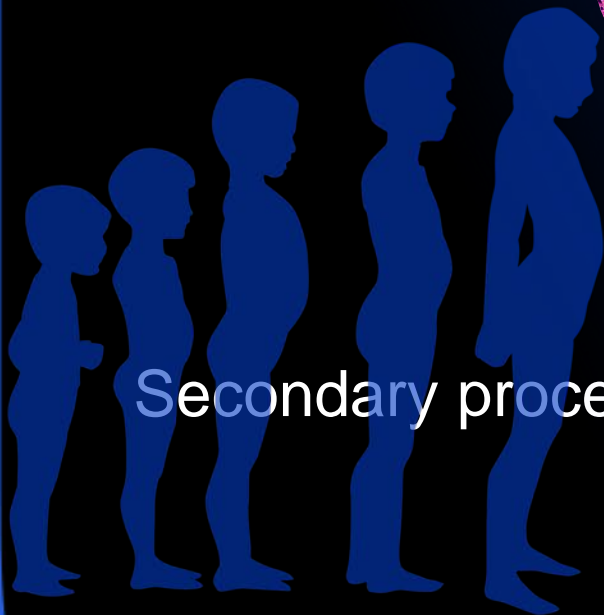
Inflammation



Apoptosis and atrophy



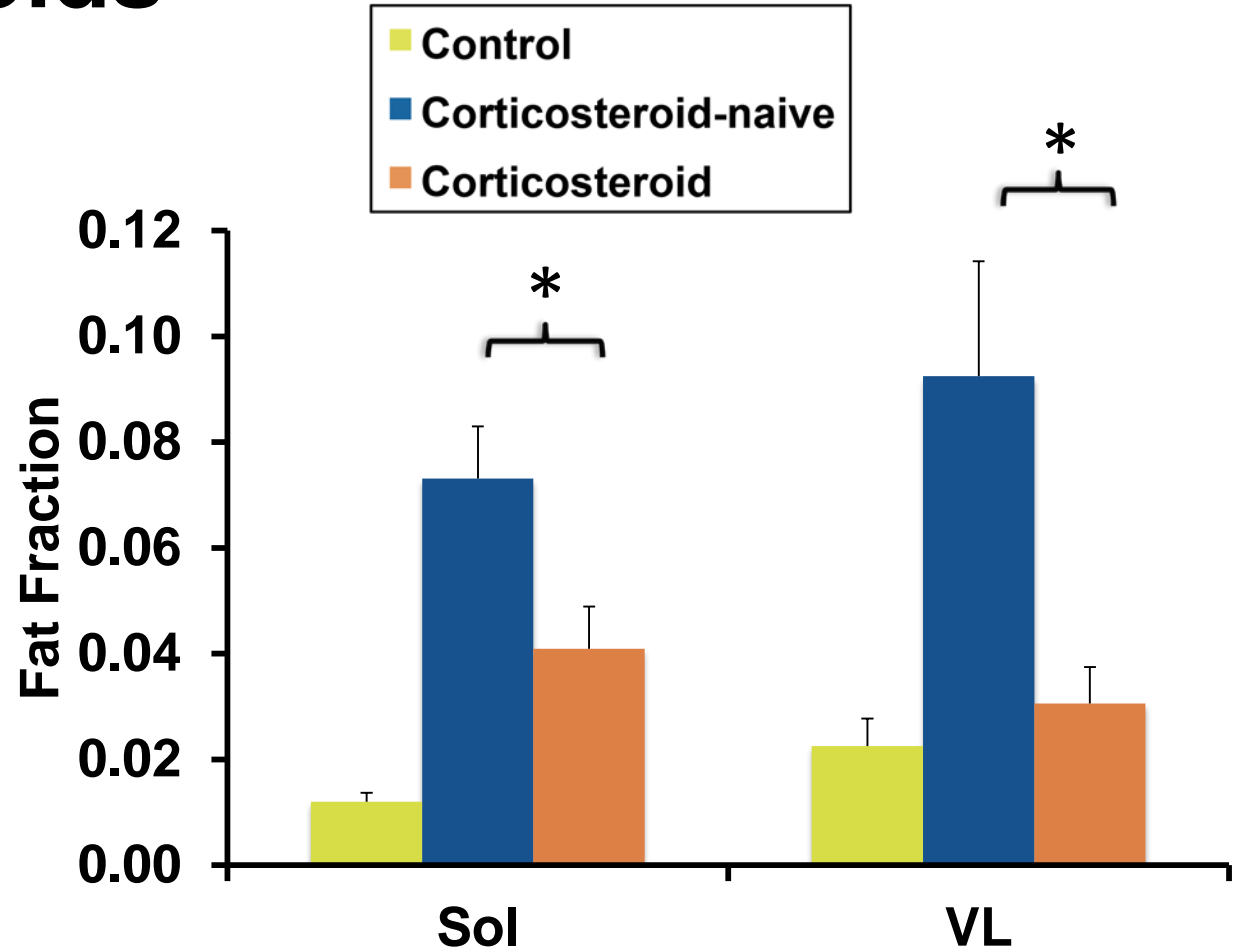
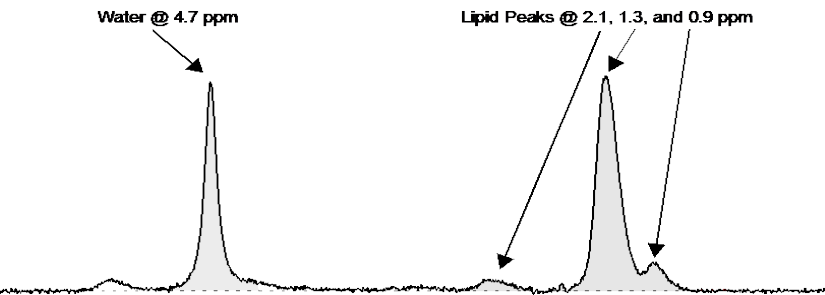
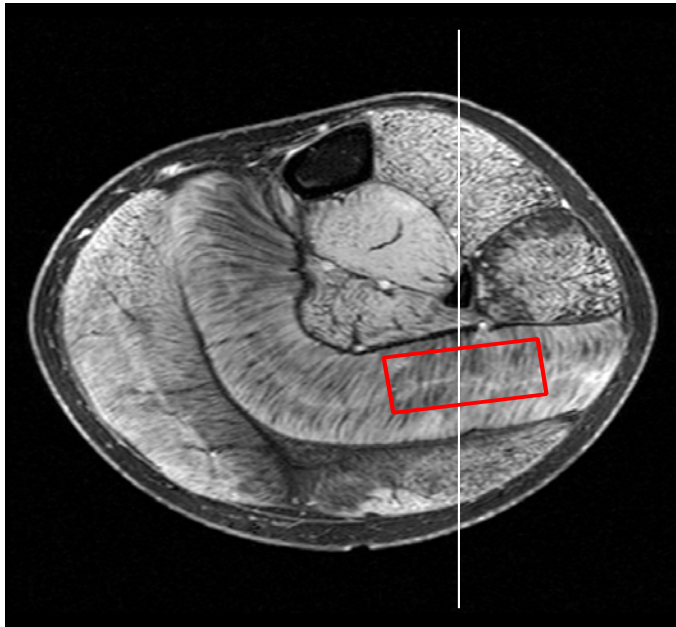
Fiber replacement



Secondary processes

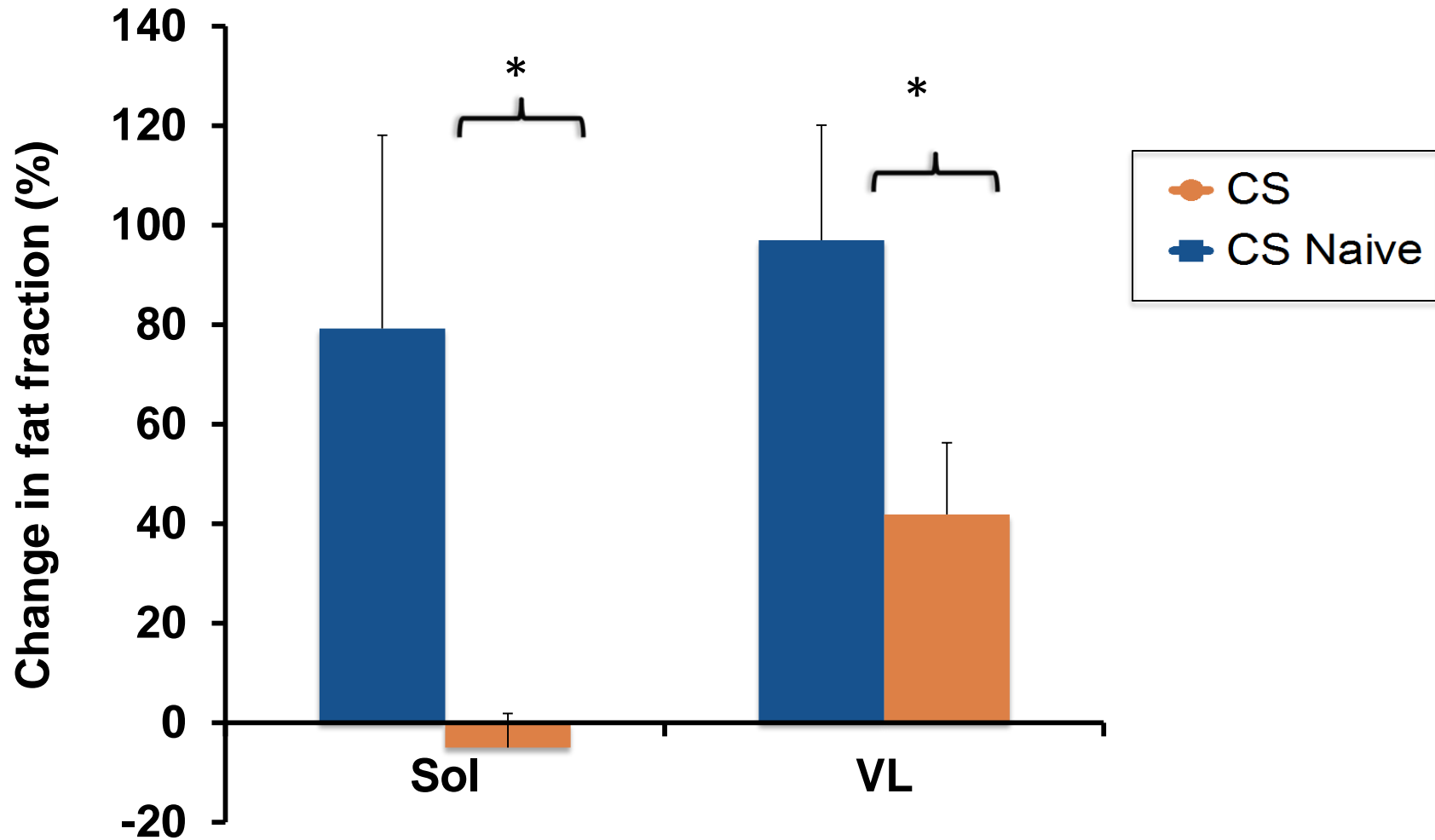
Disease Progression

# Comparison of Fat Fraction ± Corticosteroids

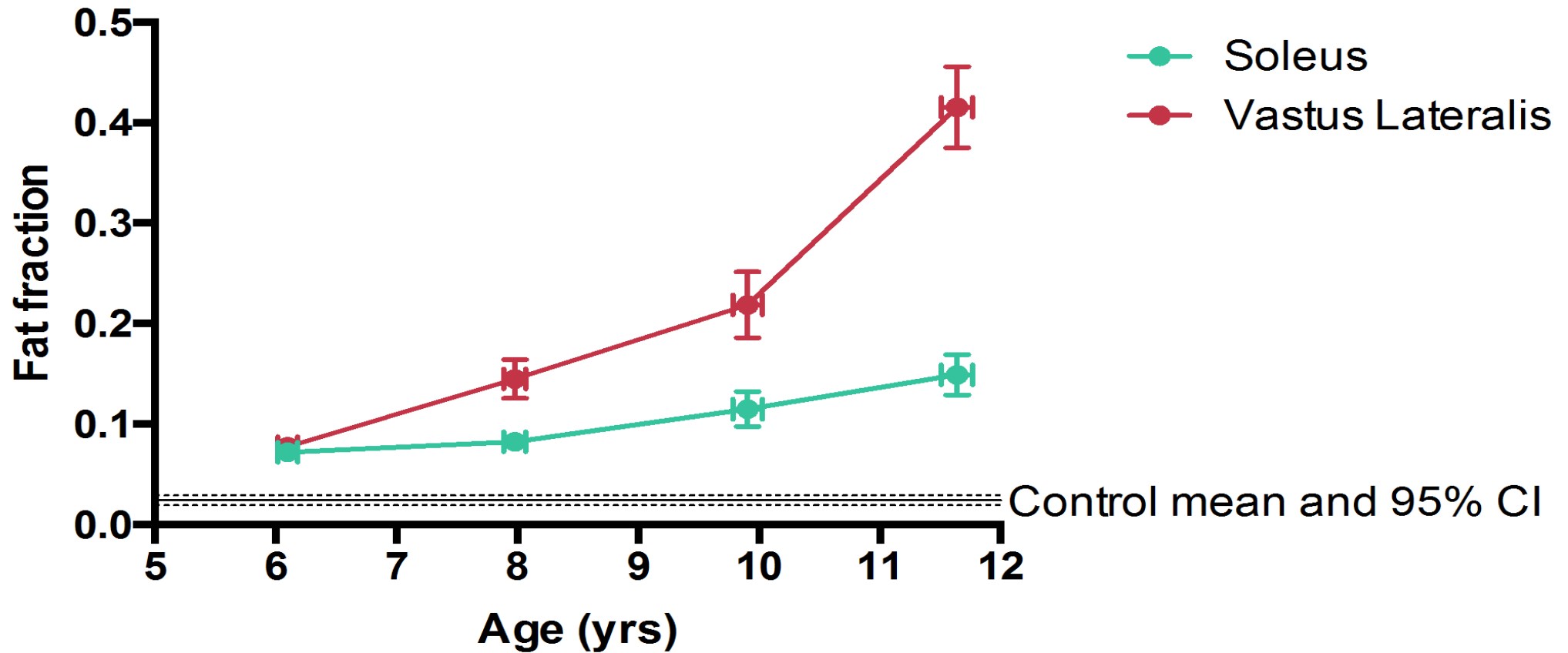




# 1 year Progression in Fat Fraction ± Corticosteroids



# Progression of Fat Fraction with Corticosteroids



# How can MRI be useful for dystrophin replacement therapies?

- MRI can identify areas of intact muscle to guide biopsies.
- Dystrophin expression should result in a **slower progression in intramuscular Fat Fraction** compared to untreated patients.
- The initiation of dystrophin expression may be associated with an **acute decline in  $T_2$** , which can be detected by both MRI and  $^1\text{H}$ -MRS. However, in older boys with high fat fractions, it may be necessary to use  $^1\text{H}$ -MRS to visualize only the  $T_2$  component specifically due to inflammation and/or damage.