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## ORIGINAL SUBMISSION

GRAS Notice (GRN) No. 609 http://www.fda.gov/Food/IngredientsPackagingLabeling/GRAS/NoticeInventory/default.htm



# Soni & Associates Inc.

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GRN 000609

November 11, 2015

Office of Food Additive Safety (HFS-255) Center for Food Safety and Applied Nutrition Food and Drug Administration 5100 Paint Branch Parkway College Park, MD 20740-3835

Subject: GRAS Notification for Rice Protein Concentrate

Dear Sir/Madam:

Pursuant to proposed 21 CFR 170.36 (62 FR 18960; April 17, 1997), SPRIM Strategy & Intelligent Innovation, Orlando, Florida, and Axiom Foods, Los Angeles, California, through Soni & Associates Inc. as its agent, hereby provides notice of a claim that the food ingredient rice protein concentrate described in the enclosed notification document is exempt from the premarket approval requirement of the Federal Food, Drug, and Cosmetic Act because it has been determined to be Generally Recognized As Safe (GRAS), based on scientific procedures.

As required, please find enclosed three copies of the notification. If you have any questions or require additional information, please feel free to contact me by phone at 772-299-0746 or by email at <a href="mailto:msoni@soniassociates.net">msoni@soniassociates.net</a> and <a href="mailto:msoniassociates.net">msoni@soniassociates.net</a> and <a href="mailto:msoniassociates.net">msoni@soniassociates.net</a> and <a href="mailto:msoniassociates.net">msoni@soniassociates.net</a> and <a href="mailto:msoniassociates.net">msoni@soniassociates.net</a> and <a href="mailto:msoniassociates.net">msoniassociates.net</a> and <

Sincerely, (b) (6)

Madhu G. Soni, Ph.D., FATS

Enclosure: Three copies of the GRAS notice

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FOOD ADDITIVE SAFETY

www.soniassociates.net

\*609



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#### 1. Claim of GRAS Status

#### 1.1. Claim of Exemption

Axiom Foods has determined that the intended use of its rice protein concentrate (Oryzatein™) derived from brown rice, is Generally Recognized As Safe, consistent with Section 201(s) of the Federal Food, Drug, and Cosmetic Act. This determination is based on scientific procedures as described in the following sections. Therefore, the use of rice protein concentrate in conventional foods is exempt from the premarket approval requirements of the United Sates (U.S.) Federal Food, Drug, and Cosmetic Act.



Madhu G. Soni, PhD, FACN, FATS

Agent for: SPRIM Strategy & Intelligent Innovation, Orlando, Florida, and Axiom Foods, Los Angeles, California

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#### 1.2. Name and Address of Notifiers

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&

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#### 1.3. Background

The purpose of this dossier is to (A) Establish the identity of rice protein 80 and 90% concentrate; (B) Estimate exposure under the intended conditions of use; (C) Document the literature pertaining to the safety of rice protein concentrate; and, (D) Assemble an independent panel of recognized experts (hereinafter referred to as the Expert Panel)<sup>1</sup> to review and issue an opinion on the GRAS status of rice protein concentrates as described in this dossier. As discussed below, the data and information summarized in this dossier demonstrate that the intended use of rice protein concentrate<sup>2</sup>, produced using current Good Manufacturing Practices (cGMP), and meeting food-grade specifications, is GRAS, based on scientific procedures, as described herein.

#### 1.4. Common or Usual Name of the Notified Substance

The common name of the substance of this notification is rice protein concentrate. Trade name: Oryzatein $^{TM}$ .

#### 1.5. Conditions of Use

Axiom Foods (Los Angeles, CA) intends to use rice protein concentrate (Oryzatein™) containing 80 and 90% protein derived from brown rice (*Oryza sativa*) as a food ingredient,

<sup>&</sup>lt;sup>1</sup>Modeled after that described in section 201(s) of the Federal Food, Drug, and Cosmetic Act, As Amended. See also attachments (curriculum vitae) documenting the expertise of the Panel members.

<sup>&</sup>lt;sup>2</sup> Although products containing 90% protein are considered as isolate, in this document both the forms (80 and 90%) are referred as rice protein concentrate

formulation aid and texturizer in conventional foods such as Baked Goods and Baking Mixes; Beverages and Beverage Bases; Breakfast Cereals; Dairy Product Analogs; Fats and Oils; Grain Products and Pastas; Milk Products; Plant Protein Products; Processed Fruits and Fruit Juices; Processed Vegetables and Vegetable Juices; Soups and Soup Mixes at levels ranging from 0.96 to 34.3%. Axiom Foods also intends to market rice protein concentrate as a directly consumed supplemental protein at use levels of 15 to 25 g protein/serving in sports nutrition or meal replacement applications where consumers mix their own beverages.

Intake of rice protein concentrate from the Axiom Foods intended food-uses and use-levels in conjunction with food consumption data included in the National Center for Health Statistics' (NCHS) National Health and Nutrition Examination Surveys (NHANES) were determined. The intended use of rice protein concentrate by Axiom Foods in the above mentioned food categories is estimated to result for "users only" at mean and 90<sup>th</sup> percentile intakes of 10.3 g/person [181 mg/kg body weight (bw)/day] and 17.3 g/person (388 mg/kg bw/day), respectively. It should be noted that the RDI for protein varies from 10 g/day for infants to 56 g/day for adult males, while, for pregnant or breastfeeding adult women, the RDI is 71 g/day. The Institute of Medicine recommends that at least 10% of the daily calories, but not more than 35%, should come from protein sources. Rice protein is intended to be used as a source of plant protein that will substitute for other protein sources in the diet. As such, rice protein in the diet will not result in an overall increase of consumption of protein in the diet.

#### 1.6. Basis for GRAS Determination

In accordance with 21 CFR 170.30, the intended use of rice protein concentrate has been determined to be generally recognized as safe (GRAS) based on scientific procedures. A comprehensive search of the scientific and regulatory literature was also conducted for this review. There is sufficient qualitative and quantitative scientific evidence, including human and animal data, to determine safety-in-use for rice protein concentrate. The safety determination of rice protein concentrate is based on the totality of available scientific evidence.

Determination of the safety and GRAS status of rice protein concentrate for direct addition to food under its intended conditions of use was made through the deliberations of an Expert Panel consisting of James T. Heimbach, Ph.D., John A. Thomas, Ph.D., and Robert L. Martin, Ph.D., who reviewed the information in this dossier as well as other information available to them. A comprehensive search of the scientific literature for safety and toxicity information on rice protein (*Oryza sativa*) and its concentrate and isolates was conducted through August 2015 and made available to the Expert Panel. These individuals are qualified by scientific training and experience to evaluate the safety of food and food ingredients. They critically reviewed and evaluated the publicly available information, including the potential human exposure to rice protein resulting from the intended use of Oryzatein<sup>TM</sup>, and individually and collectively concluded that the available information on rice protein contains no evidence that demonstrates or suggests reasonable grounds to suspect a hazard to the public health under the intended use conditions of Oryzatein<sup>TM</sup>. Following an independent, critical evaluation, the Expert Panel unanimously agreed to the decision described herein.

#### 1.7. Availability of Information

The data and information that forms the basis of Axiom Food's rice protein concentrate GRAS determination will be available for the Food and Drug Administration's review and copying at the following address or will be provided to the FDA upon request:

Madhu G. Soni, Ph.D., FATS Soni & Associates Inc., 749 46<sup>th</sup> Square, Vero Beach FL, 32968

Phone: (772) 299-0746; E-mail: sonim@bellsouth.net

#### 2. <u>Detailed Information about the Identity of Notified Substance</u>

#### 2.1. Substance Name

The name of the substance of this GRAS assessment is rice protein concentrate or rice protein isolate.

#### 2.2. Trade or Common Names

Rice protein concentrate and isolate derived from the whole rice grain will be marketed by Axiom Foods, Inc. under the brand name Oryzatein<sup>TM</sup>.

#### 2.3. Product Details

Rice protein concentrate will be marketed in two different forms:

- 80% and 90% protein concentration levels (Oryzatein™ 80, and Oryzatein™ 90).
  - Pursuant to the USDA specifications, Oryzatein™ 80 is considered to be protein concentrates, while Oryzatein™ 90 is considered to be protein isolate. It should be noted that in this document both these forms are referred as rice protein concentrate.
- Non-Silk (= 200 mesh), Silk (= 325 mesh), Ultra (= 600 mesh).
- Organic
- The product is marketed as gluten-free

Similar to other protein derivatives, Oryzatein™ is the finished powdered substance that remains after the extraction, separation and drying of the protein from its source material, in this case, rice.

#### 2.4. Botanical Source Identification

The protein is derived from non-GMO *Oryza sativa* whole-grain brown rice. Products were DNA tested by high-performance thin-layer chromatography to verify their natural origin. *Oryza sativa* possesses a long, well documented history of use with domestication, commercialization, and consumption dating back more than 9,000 years. According to Molina et al. (2011) all present rice variants can be accurately traced to its original consumption in Asia, starting with two species of wild rice.

#### 2.5. Compositional Analysis of Oryzatein™

#### 2.5.1. Nutrition Information

The nutritional composition of rice protein concentrates 80 and 90% along with rice are summarized in Table 1. As described below, two different concentrates (80 and 90%) are derived by hydrolysis and separation processes. As per the USDA definition, the first form of protein (80%) is classified as a concentrate while the second form of protein (90%) is classified as an isolate. Given the extent of the protein concentration, other components of the concentrate, such as carbohydrates and proteins, are likely to vary. As summarized in Table 1, the levels of carbohydrates, including dietary fiber and other carbohydrates, are higher in protein concentrates with lower protein levels. Except for protein and carbohydrate variation, all other constituents of both the products are similar.

Table 1. Nutritional Composition of Oryzatein™ Concentrates

Nutrient		Content per 100	g
	Oryza sativa¹	Oryzatein™ 80	Oryzatein™ 90
Total Calories	370	390	390
Calories from fat		3	3.5
Total Fat (g)	2.92	0.3	0.38
Saturated Fat (g)	0.58	0.18	0.20
Cholesterol (mg)	0:00	<0.8	<0.08
Sodium (mg)	7.00	93.1	99.3
Total Carbohydrates (g)	77.24	11.2	7.54
Dietary Fiber (g)	3.50	6.33	6.4
Sugars (g)	0.85	4.84	<0.35
Protein (g)	7.94	85.9	91.01
Vitamin A (IU)	0.00	· ´<30	. <30
Vitamin C (mg)	0.00	<0.44	<0.44
Calcium (mg)	23.00	14.3	14.8
Iron (mg)	1.47	5.1	7.7
Phosphorous %	. 0.333	. 0.19	0.20
Potassium %	0.223	0.002	0.001
Magnesium %	0.143	0.007	0.008
Manganese %		0.003	0.0003

Source: United States Department of Agriculture. National Nutrient Database for Standard Reference Release 24. 2011. http://www.ars.usda.gov/Services/docs.htm?docid=8964

#### 2.5.2. <u>Amino Acid Profile</u>

The typical amino acid profile (essential, conditionally essential and non-essential) of rice protein concentrates (80 and 90%), along with its source material (i.e., *O. sativa*), is summarized in Table 2. Except for some differences in a few amino acids, overall the amino acid profile of rice protein concentrate is similar to the amino acid composition of rice summarized in Table 2. This information suggests that the manufacturing process does not significantly affect the percent concentration of these amino acids in the final product.

Table 2. Amino Acid Profile of Rice Protein Concentrates (Oryzatein™)

AMINO ACIDS	Oryza so	ativa.	Oryza	ıtein™
	% of Total Amino Acid <sup>1</sup>	g/100g <sup>1</sup>	Oryzatein™ 80 - 80 Silk (% of Total Amino Acid)²	Oryzatein™ 90 - 90 Silk (% of Total Amino Acids)²
Essential			J	
Phenylalanine	5.16	0.410	4.74	<b>5.38</b> °
Valine <sup>3</sup>	5.87	0.466	5.44	6.18
Threonine	3.67	0.291	3.17	3.57
Tryptophan	1.27	0.101	0.99	1.12
Methionine	2.25	0.179	2.45	2.66
Isoleucine <sup>3</sup>	4.23	0.336	3.84	4.40
Leucine <sup>3</sup>	8.28	0.657	7.23	8.21
Lysine	3.82	0.303	2.82	3.21
Histidine	2.54	0.202	1.84	2.09
Conditionally Ess	ential			
Arginine	, 7.58°,	0.602	6.37	7.64
Cysteine	1.21	0.096	1.88	2.09
Glycine	4.93	0.391	3.82	4.33
Proline	4.69	0.372	3.95	4.49
Tyrosine	3.75	0.298	4.21	4.84
Others				
Aspartic Acid	9.36	0.743	8.21	, 9.33, ·
Alanine	5.83	0.463	5.14	5.67
Glutamic	20.38	1.618	15.22	17.22
Serine	5.18	0.411	4.24	4.75
Total Amino Acids	100	7.939	85.56	97.15

<sup>1.</sup> Source: United States Department of Agriculture. National Nutrient Database for Standard Reference Release 24; 2011

#### 2.6. Physical and Chemical Properties of Oryzatein™

Appearance	Light beige to medium beige				
Taste	Bland to sweet taste				
Odor	Clean odor				
Texture	Free flowing				

<sup>2.</sup> Source: Axiom Amino Acid Profile

<sup>3.</sup> Branched Chain Amino Acid

#### 2.7 Production Process

Oryzatein™ is derived from the bran + germ + endosperm extracted from whole-grain brown rice through a low-heat process. A flow chart of this process is depicted in Figure 1. Manufacturing processes are performed in compliance with ISO 9001 and 22000 and GSFI standards. The manufacturing facility is ISO 22000 and BRC certified, following both United States-based manufacturing quality processes and controls, as well as the Codex Standard for Rice adopted in 1995. All source material is tested on receipt and after production. Briefly, the manufacturing process as follow:

- Whole-grain brown rice is received, tested and approved for further processing.
- 2. Hydrolyzed process to obtain whole brown rice protein (40-60% concentration)
  - a. The enzyme amylase is used to separate protein from syrup solids. Only the whole brown rice protein concentrate is kept.
    - The amylase is a GRAS (21 CFR §184.1027) enzyme preparation produced by Novozymes through submerged fermentation of *Bacillus licheniformis* under well-controlled conditions in closed fermentation tanks.
- 3. Crude Protein<sup>1</sup> is tested for gluten.
  - a. If passes the test (ELISA test with a technical standard <20 ppm): crude rice protein is retained and submitted to step 4/ If not: rejected.
- 4. Separation process to obtain whole brown rice protein concentrate (80-90% concentration).
- 5. Drying process: This is a kill step with a dual function of heat-inactivating any enzyme residues.
  - a. The protein is washed, separated, dried and sterilized using a thermometer control, more than 80°C, time more than 2 hours
  - b. milled into the appropriate mesh
  - Testing for microbial purity: Aerobic Plate Count, Yeast and Mold, E. coli, Coliforms and Salmonella.
  - d. If passes: Packaged/If not: passes through the kill step again.
- 6. Packaging process:
  - a. Sampling and finished product testing for gluten and Proximates.
    - i. Pesticides have been tested regularly and are found to not be present in the finished product at detectible levels.

The enzyme processing aid (amylase) is GRAS for the intended use. Additionally, the source microorganisms are regarded as safe for food-grade enzyme preparations (Pariza and Johnson, 2001). All raw materials and processing aids used in the manufacture of rice protein are suitable food-grade materials and/or are used in accordance with applicable U.S. federal regulations for such uses. The derivation of protein from rice for the intended uses

<sup>&</sup>lt;sup>1</sup> Crude Protein: rice absent of sugars, once they are removed

as described here follows in-step with the macronutrient, historical safety usage, and laboratory analyses with both whey protein and soy protein.

Oryzatein® HACCP

**Flow** Whole Grain Whole Grain Brown Rice Syrup Solids (Oryza) Enzymes added Whole grain Brown Rice crude Protein (40-60%) Testing Did crude Rice protein pass? Reject crude protein Extractiom CCP #1 (foreign matter) Proten (80 & 90%) Drying CCP #2 (Kill Step) Miling and screening Packaging (Sampling and finished product testing) CCP #3 Metal Detection Warehouse Ship to client

Figure 1. Flow Chart for the Manufacturing Process of Rice Protein

#### 2.7. Food Grade Specifications

The food-grade specifications for rice protein concentrates 80 and 90% (Oryzatein™) are summarized in Table 3. To demonstrate conformance with the food-grade specifications, Axiom Foods has provided batch analysis data from five batches of rice protein concentrates 80 and 90%. Analytical results for typical food grade specifications, along with the results of analyses from five batches for each analysis parameter are presented in Tables 4-8. All tested samples were within GMP specification for all parameters, indicating that the production process is consistently in control.

Additionally, the specifications indicated below cover the two levels of protein concentration offered by the manufacturer, 80%, and 90%, respectively. As part of the manufacturing process illustrated in the Figure 1, the process that results in these two concentration variants is identical. The sole variable that determines overall protein concentration, and thereby the product variant, is the amount of time the material is subjected to hydrolysis and separation. As a result, carbohydrates and fibers are reduced as protein concentration increases through a hexane-free fractioning process used to isolate protein. The microorganisms and heavy metals are tested prior to and after processing. Axiom Foods assures that all final products (concentrates and isolates) marketed will be in compliance with the standard specifications summarized in this document (Table 3).

Table 3. Food Grade Specifications of Rice Protein Concentrates\*

Parameters	Oryzatein™ 80	Oryzatein™ 90
Proximates		
Protein (dry basis) (%)	≥80	≥ 90
pH .	4.5-7.0	4.5-7.0
Fat (%)	, ≤5	· ≤ 2.5
Fiber (%)	≤18	≤ 10
Moisture (%)	≤6	· ≤6
Ash (%)	≤ 3.5	≤ 2.5
Total Carbohydrate (%)	≤ 18	≤10
Gluten	<20 ppm	<20 ppm
Heavy Metals (ppm)	·<1 ·	· <1 .
Arsenic (As) (ppm)	<0.20	<0.20
Cadmium (Cd) (ppm)	<0.30	<0.30
Lead (Pb) (ppm)	<0.25	<0.25
Mercury (Hg) (ppm)	<0.045	<0.045
Microbiology		\
Total Plate Count (cfu/g)	≤15,000	≤15,000
Coliform (cfu/g)	≤30	≤30
Yeast and Molds (cfu/g)	≤100	≤100
Salmonella (cfu/10 g)	Negative	Negative
E. coli (cfu/10 g)	Negative	Negative
Staph aureus (cfu/10g)	Negative	Negative
Mycotoxins		
Aflatoxin B1 (μg/kg)	٠ <5 ،	<b>&lt;</b> 5 ,
Aflatoxin B2 (μg/kg)	<5	<5
Aflatoxin G1 (μg/kg)	<5	<5
Aflatoxin G2 (μg/kg)	<5	<5
Ochratoxin A (μg/kg)	, * · <5 ·	<b>&lt;</b> 5 .

#### 2.7.1. Chemical Analysis: Proximates

Analytical data for proximate levels from five lots each of rice protein concentrates 80 and 90% are summarized in Table 4. In one lot (Lot No.: 20150716-5) the levels of fiber (7.4 g/100 g) was slightly higher than the total carbohydrate 7.13%. The difference is minor may be related to analytical method.

Proximates:	Lot No.:								
Oryzatein 80	(b) (6)	(b) (6)							
Protein (dry basis) (%)	87.8	88.7	84.7	85.9	82.8				
pH	5.68	5.65	5.66	5.67	5.72:.				
Fat (%)	0.34	0.35	0.34	0.34	0.33				
Fiber (%)	6.4	6.5	6.5	6.6	6.8				
Moisture (%)	1.50	1.40	1.27	1.76	1.94				
Ash (%)	0.83	0.97	0.83	0.84	0.82				
Carbohydrate (%)	9.5	8.6	12.9	11.2	14.1				
				j.					
Proximates:	Lot No.:								
Oryzatein 90	(b) (6)								
Protein (dry basis) (%)	90.53	90.95	91.15	91.37	90.97				
рН	5.74	5.66	5.70	5.70	5.65				
Fat (%)	0.39	0.44	0.37	0.35	0.35				
Fiber (%)	7.5	6.6	5.3	5.3	7.4				
Moisture (%)	1.80	1.15,	1.33	1.40	1.19				
Ash (%)	0.95	0.98	0.94	0.88	1.00				
Carbohydrate (%)	8.07	8.05	7.35	7.13	7.13				

#### 2.7.2. <u>Microbiological Analysis</u>

The analytical results for microbial contaminants from five manufacturing lots of rice protein concentrate 80 and 90% are presented in Table 5.

Microbiology:	Testing	Lot No.:	Lot No.:	Lot No.:	Lot No.:	Lot No.:
Oryzateln 80	Method	(b) (6)				
Aerobic Plate Count	USP 2021	<100°	100	100	100	200
(cfu/g)	×* •					
Collform (cfu/g)	AOAC 991.14	<10	<10	<10	<10	<10
Yeast and Molds	AOAC 997.02	<10	<10	<10	<10	<10
(cfu/g)	7	*			*	
Salmonella (cfu/10g)	USP 2022	Negative	Negative	Negative	Negative	Negative
E. coli (cfu/10 g)	USP 2022	Negative`	Negative	Negative	Negative	Negative
Staph aureus (/10g)	USP 2022	Negative	Negative	Negative	Negative	Negative
			<del></del>	•		
Oryzateln 90		(b) (6)				
-						
Aerobic Plate Count	' USP 2021	(b) (6)	1100	1000	600	<100
Aerobic Plate Count (cfu/g)		1400				*
Aerobic Plate Count (cfu/g) Coliform (cfu/g)	USP 2021 AOAC 991.14	1400	<10	<10	<10	<10
Aerobic Plate Count (cfu/g) Coliform (cfu/g) Yeast and Molds		1400				*
Aerobic Plate Count (cfu/g) Coliform (cfu/g) Yeast and Molds (cfu/g)	AOAC 991.14 AOAC 997.02	1400 <10 <10	<10 <10	<10 <10	<10 <10	<10
Aerobic Plate Count (cfu/g) Coliform (cfu/g) Yeast and Molds	AOAC 991.14	1400	<10	<10	<10	<10
Aerobic Plate Count (cfu/g) Coliform (cfu/g) Yeast and Molds (cfu/g)	AOAC 991.14 AOAC 997.02	1400 <10 <10	<10 <10	<10 <10	<10 <10	<10

#### 2.7.3. <u>Heavy Metals</u>

Analytical results for heavy metals from five lots of rice protein concentrates 80% and 90% are summarized in Table 6. The results of these analysis show that the levels of these heavy metals are low and comply with the standard product specifications. Axiom recognizes that lot-to-lot variations happen, depending upon the source of the material. However, the final product will comply with the standard specifications summarized in Table 3 and also included in Table 6. Although rice is known to behave differently than most crops because it takes up arsenic from soil and water more readily than other foods, the arsenic levels in rice protein as well as the source material (rice) were found to be low. Given the recent concerns related to arsenic levels in foods, including rice, Axiom Foods has implemented a policy to test each batch of rice, the source material for protein extract, for the arsenic levels. Axiom has also provided inorganic arsenic analysis data for five lots each of Oryzatein™ 80 and Oryzatein™ 90 by employing the EPA1632 method. The results of this analysis revealed that inorganic arsenic from each of all ten batches were below levels of detection (<0.015 ppm).

**Table 6. Batch Analysis Data for Heavy Metals in Rice Protein Concentrate** 

Heavy	Standard	Testing	Lot No.:				
Metals:	Specifications	Method	(b) (6)				
Oryzatein 80		L					
Arsenic (As) (ppm)	<0.20	AOAC 993.14	0.016		0.021	0.018	ND
Cadmium (Cd) (ppm)	<0.30	AOAC 993.14	0.014	0.013	0.013	0.014	0.012
Lead (Pb) (ppm)	<0.25	AOAC 993.14	0.032	0.029	0.030	0.057	0.026
Mercury (Hg) (ppm)	<0.045	DMA	0.012	0.012	0.013	0.012	0.012
Oryzatein 90			20150716-1	20150716-2	20150716-3	20150716-4	20150716-5
Arsenic (As)	<0.20	AOAC 993.14	0.025	0.015	0.022	0.019	0.029
Cadmlum (Cd) (ppm)	<0.30	AOAC 993.14	0.017	0.010	0.014	0.067	0.012
Lead (Pb) (ppm)	<0.25	AOAC 993.14	0.054	0.051	0.042	0.031	0.040
Mercury (Hg) (ppm)	<0.045	DMA	0.014	0.014	0.015	0.014	0.013

<sup>\*</sup>Based on information provided by Axiom Foods

#### 2.7.4. Mycotoxins and Pesticides Testing

The results of mycotoxin testing from five batches and pesticide analysis from five batches are summarized in Tables 7 and 8, respectively. These investigations suggest that the levels of mycotoxins and pesticides are low enough to assure that rice protein concentrates 80 as well as 90% is safe for human consumption.

Table 7. Batch Analysis Data for Mycotoxins in Rice Protein 80 and 90% Concentrates\*

Oryzatein 80Mycotoxins	Testing Method	Lot Number: (b) (6)	Lot Number:	Lot Number:	Lot Number:	Lot Number:
Aflatoxin B1 (μg/kg)	AOAC 999.07 Modified	≪Spie/ke	≪5µg/kg	≪Speg/kg	€hā/kā :	@iiikjkā
Aflatoxin B2 (μg/kg)	AOAC 999.07 Modified	<5μg/kg	<5μg/kg	<5μg/kg	<5µg/kg	<5μg/kg
Aflatoxin G1 (μg/kg)	:AOAC999.07 Modified	. gh/gyg≥	≪Spe/ke	<b>€Sjug/kg</b>	<b>€jre/k</b> g	<b>€ing/k</b> g
Aflatoxin G2 (μg/kg)	AOAC 999.07 Modified	<5μg/kg	<5μg/kg	<5μg/kg	<5μg/kg	<5μ <b>g/k</b> g
Ochratoxin A (µg/kg)	'AOAC 999.07 Modified.	<b>€pg/kg</b>	<spe kg<="" th=""><th>&lt;5µg/kg</th><th>&lt;5jµg/kg</th><th>. <b>Spe</b>/ke</th></spe>	<5µg/kg	<5jµg/kg	. <b>Spe</b> /ke

Oryzatein 90	Testing	Lot Number:				
Mycotoxins	Method	(b) (6)	<u> </u>	· I	<u> </u>	
Aflatoxin B1 (μg/kg)	AOAC 999.07 Modified	<5μg/kg	<5µg/kg	<5μg/kg	<5μg/kg	<5μg/kg
Aflatoxin B2 (μg/kg)	AOAC 999.07 Modified	<5μg/kg	<5μg/kg	<5μg/kg	<5μg/kg	<5μg/kg
Aflatoxin G1 (μg/kg)	AOAC 999.07 Modified	<5μg/kg	<5μg/kg	<5μg/kg	<5μg/kg	<5μg/kg
Aflatoxin G2 (μg/kg)	AOAC 999.07 Modified	<5μg/kg	<5μg/kg	<5μg/kg	<5μg/kg	<5µg/kg
Ochratoxin A (μg/kg)	AOAC 999.07 Modified	<5μg/kg	<5µg/kg	<5μg/kg	<5μg/kg	<5μg/kg

<sup>\*</sup>Based on information provided by Axiom Foods

Table 8, Batch Analysis Data for Pesticides in Rice Protein Concentrate 80 and 90%

Pesticide	Methods	Lot No.:				
	Ì	(b) (6)				
Oryzatein 80	AOAC 2007.01	ND	ND	ND	'ND	ND .
Screened Pesticides	,			* .		
		(b) (6)	<u></u>	<u> </u>		
Oryzatein 90 Screened Pesticides	AOAC 2007.01	ND*.	ND	ND	ND	ND

ND-Not detected because under the limit of detection; \*\*Based on information provided by Axiom Foods. Over 225 pesticides, its metabolites or degradation products were measured with the detection limits from 0.05 to 0.01 ppm.

#### 2.7.5. Product Stability

Stability of rice protein concentrate 80% was evaluated at different time points following storage of Oryzatein™ 80 for over a period of two years. The rice protein concentrate samples were analyzed at 0 (study initiation), 2, 4, 6, 8, 10, 12, 14, 16, 18, 20, 22 and 24 months. No significant changes in the peroxide value with fat extraction, taste, and odor were noted that would suggest any safety concerns. Shelf life studies performed on concentration 80% show that the product is stable and in compliance with regulations, and consistent with the packaging notations which claim a 24 months shelf life in unopened bags, stored at temperatures below 80°F (27°C). This data also indicate that rice protein 90% derived using similar process is also likely to be stable.

#### 3. Intended Use and Consumer Exposure

#### 3.1. Intended Technological Effects

Rice protein concentrate is intended to be used as a substitute for, and/or in conjunction with, soy protein and whey protein in conventional food products. Target product

categories include food products needing protein-source properties such as promotion of ease of dry flow, masking of off-flavors, texturing of meat analogues, retention of oils and gelation, and increase of water-solubility. These applications are those defined in 21 CFR §170.3(o) (14) formulation aids, (20) nutrient supplements, (28) stabilizers and thickeners, and (32) texturizers.

#### 3.2. Intended Uses and Estimated Daily Intake

Axiom Foods intends to use rice protein concentrate as a food ingredient in multiple specific food categories. The intended use levels and the food categories to which rice protein concentrate will be added are summarized in Table 9. Rice protein concentrate will be added to Baked Goods and Baking Mixes; Beverages and Beverage Bases; Breakfast Cereals; Dairy Product Analogs; Fats and Oils; Grain Products and Pastas; Milk Products; Plant Protein Products; Processed Fruits and Fruit Juices; Processed Vegetables and Vegetable Juices; Soups and Soup Mixes at levels ranging from 0.96 to 34.3%. The use levels are based on purity criteria of 80% protein concentrate, for 90% concentrate the use levels will be adjusted accordingly. Axiom Foods does not intend to add rice protein concentrate to meat and poultry products or other products that come under USDA jurisdiction. Additionally, rice protein concentrate will not be added to infant formula or foods targeted to children.

Table 9. Summary of the Individual Proposed Food-Uses and Use-Levels of Rice Protein Concentrate (80%) in the U.S. Using NHANES 2011-2012 Data

Food Category	Food-Uses	Proposed Use Level of Rice Protein Concentrate (%) <sup>1</sup>
Baked Goods and Baking Mixes	Breads	4.8
	Rolls	4.8
	Bagels ·	4.4
	English Muffins	4.4
Beverages and Beverage Bases	Non-Milk Based Meal Replacements	1.04
Breakfast Cereals	Ready-to-Eat Breakfast Cereals	4.4 - 16
Dairy Product Analogs	Soy/Imitation Milks	1.04
Fats and Oils	Margarine <sup>2</sup>	17.12
	Salad Dressings	8
Grain Products and Pastas	Health Bars and Grain-Based Bars Containing Fruit and Vegetable <sup>3</sup>	20
Milk Products	Flavored Milk Drinks	1.04
	Milk-Based Meal Replacements	1.04
	Yogurt (Regular and Frozen) <sup>2</sup>	1.1 - 2.0
Plant Protein Products	Meat Alternatives	1 - 34.3
Processed Fruits and Fruit Juices	Fruit Juice <sup>2</sup>	1.04
	Fruit Nectars	1.04
	Fruit-Flavored Drinks	1.04
	Fruit Smoothies	20
Processed Vegetables and Vegetable Juices	Vegetable/Tomato Juice Including Vegetable Smoothies <sup>4</sup>	20
Soups and Soup Mixes	Prepared Soups, Dry Soup Mixes, and Condensed Soups	0.96

<sup>&</sup>lt;sup>1</sup> Use levels are calculated based on the purity criteria of 80% protein

<sup>&</sup>lt;sup>2</sup> These food-uses represent non-standardized food products; however, in order to obtain a conservative intake estimate, surrogate codes for the standardized food products were chosen.

<sup>&</sup>lt;sup>3</sup> It should be noted that there were no food codes identified for grain-based bars containing vegetable. However, for this assessment, it is assumed that the estimated consumption of grain-based bars containing

fruit would also reflect the intake of grain-based bars containing vegetable.

Estimates for the intake of rice protein concentrate were based on the proposed food uses and use levels in conjunction with food consumption data included in the U.S. National Center for Health Statistics' (NCHS) National Health and Nutrition Examination Surveys (NHANES) 2011-2012 (USDA, 2014; CDC, 2015). In consultation with SPRIM and Axiom Foods, these intake estimates were performed by Intertek Scientific and Regulatory Consultancy, Canada. Calculations for the mean and 90<sup>th</sup> percentile all-person and all-user intakes were performed for the proposed food uses of rice protein concentrate and the percentage of consumers were determined. Similar calculations were used to estimate the total intake of rice protein concentrate resulting from all proposed food uses of rice protein concentrate combined. In both cases, the per person and per kilogram body weight intakes were performed for different age groups.

Based on the exposure estimates, approximately 98% of the total U.S. population was identified as potential consumers of rice protein concentrate from the proposed food uses. Consumption of proposed food uses by the total U.S. population resulted in an estimated mean all-person and all-user intake of rice protein concentrate of 10.1 g/person/day (178) mg/kg bw/day) and 10.3 g/person/day (181 mg/kg bw/day), respectively. The 90<sup>th</sup> percentile all-person and all-user intakes of rice protein concentrate from the proposed food uses by the total population were 17.2 g/person/day (385 mg/kg bw/day) and 17.3 g/person/day (388 mg/kg b/day), respectively. Of the individual population groups, male adults were determined to have the greatest mean and 90<sup>th</sup> percentile all-user intakes of rice protein concentrate on an absolute basis, at 11.2 and 20.5 g/person/day, respectively, while infants had the lowest mean and 90<sup>th</sup> percentile all-user intakes of 7.1 and 13.4 g/person/day, respectively. On a body weight basis, infants were identified as having the highest mean and 90<sup>th</sup> percentile all-user intakes, corresponding to 519 and 959 mg/kg bw/day, respectively. A summary of dietary intake calculations from the intended food categories is presented in Table 10 and 11. For safety assessment purposes the highest 90<sup>th</sup> percentile intake of 20.5 g/person/day, noted in male adults is considered. Complete intake estimate analysis report is included as Appendix I.

Table 10. Summary of the Estimated Daily Intake of Rice Protein Concentrate from Proposed Food-Uses in the United States by Population Group (NHANES 2011-2012 Data)								
Population Group	Age Group	All-Person Consumption (g/day)			All-Users Consumption (g/day)			
	(Years)	Mean	90 <sup>th</sup> Percentile	% Users	n	Mean	90 <sup>th</sup> Percentile	
Infants	0 to 3	. 5.9	12.4	83.2	683	7.1	13.4	
Children	4 to 11	9.4	14.8	99.9	1,347	9.4	14.8	
Female Teenagers	12 to 19	10.5	16.5	98.8	526	10.6	16.5	
Male Teenagers	12 to 19	11.8	18.7	98.5	508	12.0	19.7	
Female Adults	20 and up	9.7	16.1	99.8	2,204	9.7	16.1	
Male Adults	20 and up	11.1	20.3	98.8	2,067	11.2	20.5	
Total Population	All Ages	10.1	17.2	98.4	7,335	- 10.3	17.3	

<sup>&</sup>lt;sup>4</sup> There were no food codes identified for vegetable smoothies within the NHANES dataset; however, the intake estimate for vegetable-based juices is expected to be representative of the intake from both vegetable-based juices and vegetable smoothies. It was assumed that a consumer of vegetable-based juices would drink a vegetable smoothie in replacement of a vegetable-based juice.

Table 11. Summary of the Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Proposed Food-Uses in the United States by Population Group (NHANES 2011-2012 Data)

Population Group	Age Group (Years)	All-Person Consumption (mg/kg bw/day)		All-Users Consumption (mg/kg bw/day)			
		Mean	90 <sup>th</sup> Percentile	% Users	n	Mean	90 <sup>th</sup> Percentile
Infants	0 to 3	431	855	83.1	680	519	959
Children	4 to 11	341	589	99.9	1,347	342	589
Female Teenagers	12 to 19	184	282	98.7	515	187	292
Male Teenagers	12 to 19	180	369	98.4	505	182	373
Female Adults	20 and up.	139	224	. 99.8	2,181	139	224
Male Adults	20 and up	132	235	98.8	2,048	133	235
Total Population	All Ages	178	385	98.4	7,276	181	388

In addition to the above described specific food uses of rice protein concentrate (Oryzatein™) to increase the level of protein in a product as a replacement for other animal or vegetable protein, Axiom Foods also intends to market rice protein concentrate as a directly consumed supplemental protein. The proposed use levels for these purposes may range from 15 to 25 g protein/serving when used as a protein ingredient in sports nutrition or meal replacement applications where consumers mix their own beverages. The available information indicates that whey protein is commonly used in these types of applications at levels of 15 to 25 g/serving. Axiom estimates that these products will be used by consumers one time per day (in protein powder sports nutrition applications). Thus, the maximum intake of rice protein concentrate from its uses in sports nutrition will be 25 g/person/day.

#### 4. Safety Related Information

#### 4.1. Common Knowledge of Safe Use

There is common knowledge of a long safe history of human consumption of rice as a food. Among the cereals, rice and wheat share equal importance as leading food sources for humankind (Chang, 2000). Rice has been cultivated since ancient times and has been extensively consumed around the world. Since historical times, rice has constituted an important commercial crop as it was a dietary staple for people. At present, leading rice-producing countries include the US, China, and other Asian countries. Rice is harvested from fields called paddies. In the rice milling process, the hull is first removed to produce brown rice. Brown rice consists of the bran layer, germ, and endosperm (starch). Bran and germ are concentrated sources of vitamins, minerals, flavones, and other phytonutrients present in brown rice. Brown rice has been used to produce various types of food products. Examples include breakfast cereals, baked goods, rice cakes, tea, pasta, and noodles. The available information indicates that consumption of rice in developing countries is approximately 68.5 kg/person/year (188 g/person/day) and 12.8 kg/person/year (35 g/person/day) in developed countries (Kahlon, 2009).

FDA considers rice under a general food category that includes grain products and pastas, including macaroni and noodle products, rice dishes, and frozen multicourse meals, without meat or vegetables. The USDA National Nutrient Database (NDSR, 2009) has listed 134 food products that contain rice. Thus the available information suggests that there is common

exposure to rice and its protein. As per 21 CFR §101.12(b), the serving size [Reference Amount Customarily Consumed (RACC)] of prepared rice is 140 g (45 g dry rice). The mean and 90<sup>th</sup> percentile rice consumption in the US for all individuals is reported as 152 and 312 g/person/day (Smiciklas-Wright et al., 2002). As rice contains approximately 8% protein, the intake of protein from consumption of rice at the mean and 90<sup>th</sup> percentile in the US is estimated to be 12.3 and 25.0 g/person/day, respectively. The 90<sup>th</sup> percentile intake of rice protein from the intended uses of the rice protein concentrate in different food categories of 17.3 g/person/day is lower than the 90<sup>th</sup> percentile daily intake of rice protein resulting from the consumption of rice.

#### 4.2. Annual and Daily Consumption in Asia

Rice is the staple food for more than half of the world's population. Approximately 91% of the world's rice is grown in Asian countries, and about 55% is accounted for by China, Taiwan and India alone. Three of the world's four most populous nations are rice-based societies—China, India, and Indonesia. The annual and daily rice consumption in Japan, China and Indonesia is summarized in Table 12. These data suggest that the daily 90<sup>th</sup> percentile protein intake from the consumption of rice can range from 23.7 g in Japan to 66.2 g protein/person/day in Indonesia. The available information suggests that there is a significant history of exposure to rice and in turn its protein.

	Annual rice consumption kg/capita <sup>1</sup>	Daily Consumption g/capita	90 <sup>th</sup> percentile	Protein Content	90 <sup>th</sup> Percentile protein intake	
Japan	54.0	147.9	295.9	8%	23.7	
China	76.3	209.0	418.1	8%	33.4	
Indonesia	151.1	414.0	828.0	8%	66.2	

<sup>&</sup>lt;sup>1</sup>International Rice Research Institute. Available at: http://irri.org

#### 4.3. Biological Value in Human Nutrition

Rice is unquestionably a superior source of energy among the cereals. It has been well documented that rice has relatively low protein content (about 8% in brown rice versus 10% in wheat). However, brown rice ranks higher than wheat in net protein utilization. As compared to wheat, corn and sorghum, rice protein is superior in lysine content.

#### 4.4. Comparison of Oryzatein™ with Other Proteins

The amino acid profile of rice protein concentrate was compared with rice, rice milk, cow's milk and whey protein by independent parties following valid scientific procedures. The findings of the analyses are included in a report, "A Comparative Study of Axiom Foods/Growing Naturals Organic Whole Grain Brown Rice Protein Concentrate Powder as Compared to the USDA Standards of *Oryza sativa* L. and Rice Milk, the USDA Standards for Cow's Milk and the National Dairy Council Fact Sheet on Whey Protein for the Respective

Amino Acid Profiles.". The rice protein concentrate figures used in the report were for Oryzatein™. This report is included as Appendix II.

#### 4.5. Nutrient Value and Comparison

The comparison of nutrient profiles of rice protein concentrates 80 and 90% with other similar proteins such as whey and casein protein is summarized in Table 13. These comparisons suggest that rice protein concentrate is similar to other commonly marketed proteins. While widely used, whey has a lower concentration of protein (~50%), there are many hydrolyzed whey protein products that have concentrations in the 70-80% range with an approximate 40 g serving size.

Shih (2003) reported that processing of rice proteins involves various physical and chemical treatments which could affect the nutritional value of the protein. Depending on the extent and temperature, thermal processes cause decomposition of lysine and/or cysteine to various extents. *In vitro* enzymatic assays suggest that thermal processing of foods, such as boiling, parboiling, and extrusion, increases the digestibility of rice proteins. The findings from *in vivo* studies also indicate that heat treatment reduces the true digestibility of rice protein in rats by 10-15% (Shih, 2003). However, heat treatment improves the biological value of the protein such that net protein utilization in rats is not reduced. Parboiling also reduces true digestibility but increases biological value correspondingly without any adverse effect on net protein utilization (Shih, 2003). Koo and Lasekan (2007) reported that nutritional quality of rice protein compares favorably with other cereal proteins including wheat, oat and barley. The protein quality of rice (66%) ranks only below that of oats (68%) and surpasses that of whole wheat (53%) and of corn (49%).

Table 13. Nutrient Profile Comparison of Rice Protein Concentrates and Other Proteins

Parameters	Oryzatein		Optimum	Cellucor	Optimum Whey <sup>3</sup>	Muscle Pharm Whey <sup>4</sup>	WeightLo ss Lab. Whey <sup>5</sup> *
	O 80 O 90		Whey <sup>1</sup>	Casein <sup>2</sup>	wney		
Serving size	35	35	⋅ 39	34.5	35	38	40
Total Calories	136	136	140	120	130	150	160
Calories from fat	1	` 1	10	. 10	15	20	15
Total Fat (g)	0.12	0.13	1	1	1.5	1.5	2
Saturated Fat (g)	0.1	0.1	. 0	0.5	. 1	1.	*1. ,
Cholesterol (mg)	0	0	0	15	35	75	55
Sodium (mg)	33	35	190	300	170	159	95
Total Carbohydrates (g)	1.76	0.56	2	4	3	7	15
Dietary Fiber (g)	2.2,1	2.50	NA NA	1	2	1	8
Sugars (g)	1.7	0.12	1	1	1	3	5
Protein (g)	30.1	33.5	30	. 24	25	38	20

<sup>&</sup>lt;sup>1</sup>Nutrient Values based on Optimum, Platinum Hydrowhey (Advanced Hydrolyzed Whey Protein),

Supercharged Strawberry. Available at: http://www.optimumnutrition.com

<sup>&</sup>lt;sup>2</sup>Nutrient Values based on Cellucor, COR-Performance Whey, Molten Chocolate. Available at:

http://www.cellucor.com

<sup>&</sup>lt;sup>3</sup>Nutrient Values based on Optimum, Gold Standard 100% Casein, Chocolate Cake Batter. Available at: http://www.optimumnutrition.com

<sup>&</sup>lt;sup>4</sup>Nutrient Values based on MusclePharm, Combat Powder, Smores. Available at:

http://www.musclepharm.com

<sup>&</sup>lt;sup>5</sup>Nutrient Values based on Weight Loss Laboratories, Ultimate Nutrition Raw Whey Protein, Combat Powder, Smores. Available at: http://www.alibaba.com/product-

#### 4.6. Amino Acid Profile Comparison

In a recent publication, Kalman (2014) described amino acid profile of protein concentrate (Oryzatein-80™) and protein isolate (Oryzatein-90™) from brown rice. For these studies, two samples from different batches of Oryzatein-90™ and one sample of Oryzatein-80™ were analyzed. After hydrolysis in 6N hydrochloric acid for 24 hours at approximately 110°C and further chemical stabilization, samples were analyzed by HPLC after pre-injection derivitization. Total amino acid content of both the isolate and the concentrate was approximately 78% by weight with 36% essential amino acids and 18% branched-chain amino acids. These results were reported to be similar to the profiles of raw and cooked brown rice except in the case of glutamic acid which was 3% lower in the isolate and concentrate. The amino acid content and profile of the Oryzatein-90™ isolate was similar to published values for soy protein isolate but the total, essential, and branched-chain amino acid content of whey protein isolate was 20%, 39% and 33% greater, respectively, than that of Oryzatein-90™. The investigator suggested that these results provide a valuable addition to the nutrient database of protein isolates and concentrates from cereal grains.

In an attempt to gain an insight on the similarity and differences between rice protein concentrates and other currently marketed similar protein products, rice protein concentrates 80 and 90% (the subject of present GRAS assessment) was compared with whey and soy proteins (Table 14). The data presented in Table 14 show that the amino acid profile of rice protein concentrate is substantially similar to other commonly marketed high-protein concentration products such as whey and soy protein.

Table 14. Amino Acid Profile Comparison of Rice Protein Concentrates and Other Proteins

Other Proteins			<del>,</del>	T	т - э
AMINO ACIDS	Oryza sativa g/ 100g*	Oryzatein™ 80 - 80 Silk g/100g	Oryzatein™ 90 - 90 Silk g/100g	Whey <sup>1</sup> g/100g	Soy <sup>2</sup> g/100g
Alanine	0.463	5.14	5.67	4.82	2:677
Arginine	0.602	6.37	7.64	3.18	4.642
Aspartic Acid	0.743	8.21	9.33	12.26	7.249
Cysteine	0.096	2.88	2.09	2.28	0.886
Glutamic	.1.618	15.22	17.22	15.41	12.013
Glycine	0.391	3.22	4.33	2	2.688
Histidine	0.202	1.84	2.09	2.41	1.578
Isoleucine <sup>3,4</sup>	0.336	3.87	4.40	6.41	2.942
Leucine <sup>3,4</sup>	0.657	7.23	. 8.21	11.6	4.917
Lysine <sup>3</sup>	0.303	2.81	3.21	9.83	3.929
Methionine <sup>3</sup>	0.179	2.36	2.66	2.35	0.814
Phenylalanine <sup>3</sup>	0.41	4.74	5.38	3.56	3.278
Proline	0.372	3.95	4.49	6.28	3.298
Serine	0.411	4.24	4.75	6.24	3.369
Threonine <sup>3</sup>	0.291	3.17	3.57	8.44	2.474

Tryptophan <sup>3</sup>	0.101	0.99	1.12	1.8	0.835
Tyrosine	0.298	4.21	4.84	. 3.26	2.301
Valine <sup>3,4</sup>	0.466	5.44	6.18	6.09	3.064

- Cribb PJ. U.S. Whey Proteins in Sports Nutrition 2005. Available: http://usdec.files.cms-plus.com/Publications/WheySportsNutrition\_English.pdf
- United States Department of Agriculture. National Nutrient Database for Standard Reference Release 24, Nutrient data for 16122, Soy protein isolate.
- 3. Branched Chain Amino Acid
- 4. Essential Amino Acid

#### 4.7. Nutritional Requirement of Proteins

The Institute of Medicine (IOM) used the Continuing Survey of Food Intakes by Individuals (CSFII) 1994-1996, 1998 to estimate the background dietary intakes of protein for the US population. The mean adult protein intake ranged from 56 - 104 g/person/day, depending on the age group. At the 90<sup>th</sup> percentile, adult protein intakes ranged from 76 g/person/day to 142 g/person/day. In 2005, IOM set a Recommended Dietary Allowance (RDA) value for protein of 0.8 g/kg of body weight in adult males and females (IOM, 2005). IOM concluded that there were insufficient data to set Tolerable Upper Intake Levels (UL) for total protein or individual amino acids. This information suggest that the adult intake of protein ranges from 56 g to 142 g/person/day and the recommended daily intake for an adult weighing 60 kg is 48 g/person/day.

#### 4.8. Allergenicity and Immunological Considerations of Rice Protein

Cereal grains have been reported to be a cause of food allergies. In general, rice has been reported as an inhalant or contact allergen, rather than as a food allergen. There are some reported instances of rice-allergy/sensitivity. In Europe and the USA, rice is not considered an issue for allergenicity.

In Japan, the incidence of IgE-mediated rice sensitivity is reported at 10% in atopic individuals (Besler et al., 2001; Trcka et al., 2012). However, there is no indication that these individuals have an allergic response following the ingestion of rice. Studies of rice allergies and rice allergens are complicated by the fact that allergens exist in rice pollens; there is evidence that rice pollen allergens cross react with allergens in rice and grass pollens (Besler et al., 2001). IgE binding cross-reactivity of rice proteins to a lipid-transfer protein from maize has been demonstrated, indicating the presence of this plant-pan allergen in rice. In addition to ingested allergens, rice presents an important aero- allergen (Ory s 1) belonging to the grass pollen group I allergens (Besler et al., 2001). Despite these studies, rice continues to be a component of recommended hypoallergenic diets. It remains one of the major components of the elimination diets used in the evaluation and diagnosis of food allergies (Bock, 2003; Mofidi, 2003).

It has been suggested that certain organisms, tumors or whole allergens (e.g., peanut) contain glycans that serve as natural adjuvants directing a Th2 skewed response (Atochina et al., 2001; Okano et al., 2001; Thomas and Harn, 2004). Several of these glycans bind to ligands on dendritic cells, promoting DC2 differentiation (promoting a Th2 response). Glycans present in rice may, in combination with a potent antigen can potentially alter the immune response to that antigen.

In vitro studies on the IgE-binding reaction to rice proteins have suggested that the major IgE binding protein in rice is a 14-16 kD protein. Izumi et al. (1999) suggested this protein is a salt soluble albumin belonging to the  $\alpha$ -amylase/trypsin inhibitor family. However, the subjects with these antibodies have not been tested by food challenge and it is questionable whether this is a true allergy or perhaps the result of a grass pollen allergy.

In a recent study, Lee (2013) noted an increase of non-specific sensitization in Korean children, without clinical symptoms and attempted to determine the major IgE binding components in rice extract and its clinical significance. In this study, 24 children (15 boys and 9 girls; mean age, 16.3 months) with allergic disease, who were sensitized to rice antigen confirmed by ImmunoCAP, were enrolled. The IgE binding capacities of various types of rice (raw, cooked, and heat-treated, simulated gastric fluid- SGF, and simulated intestinal fluid- SIF) were investigated using SDS-PAGE and IgE immunoblot analysis. In SDS-PAGE, more than 16 protein bands were observed in the raw rice, whereas only 14-16 kDa and 31-35 kDa protein bands were observed in cooked rice. The common SDS-PAGE protein bands observed in SGF-, SIF-, and heat- treated rice were 9, 14, and 31 kDa. In a heated-rice IgE immunoblot, protein bands of 9, 14, and 31-33 kDa were found in 27.8, 38.9, and 38.9% of all sera, respectively. Furthermore, the 9 kDa, 14 kDa and 31-kDa bands were IgE binding components in 50%-75% of sera from symptomatic rice allergic children, and hence, appeared to be the clinically relevant rice allergens in Korean children.

In Cosmetic Ingredient Review (CIR, 2006) two cases of rice allergy have been reported: 1) a 17- year-old female who threw raw rice at a wedding developed acute erythema of the hands, edema of the eyelids, dyspnea, and cough—prick tests, open scratch, and handling tests, and radioallergosorbent (RAST) tests were positive for rice; 2) an atopic female developed similar symptoms after handling rice at a wedding as well as during handling of raw rice for cooking. It is noteworthy that positive responses to other cereal grains also were observed in these rice-positive women (CIR, 2006). It may be possible that raw rice used at the weddings may have contained some other impurities.

In a retrospective study, Mehr et al. (2009) examined and compared the characteristics of food protein-induced enterocolitis syndrome (FPIES) caused by rice and cow's milk/soy in children. These investigators noted 14 children (ages 2 to 14 months) with 26 episodes of rice FPIES compared with 17 children with 30 episodes of cow's milk (n=10) or soy (n=7) FPIES. As compared to children with FPIES caused by cow's milk/soy (0%), children with rice FPIES were more likely to have FPIES caused by other foods (36%). The findings from this study suggest the emerging importance of rice, a food commonly thought to be "hypoallergenic", as a significant trigger of FPIES.

In a case study, Trcka et al. (2012) attempted to identify allergens presumably responsible for anaphylaxis after ingestion of rice in a 33 year old male German subject. The subject exhibited several episodes of anaphylaxis after ingestion of cooked rice. Symptoms occurred within 20 min and comprised generalized urticaria, pruritus, angioedema, dysphagia and bronchospasm. Prick-to-prick tests were positive to raw and cooked rice (basmati rice and long grain rice) and preparations of different rice extracts. Specific IgE against rice (f9) was 1.87 kU A /l. The basophil activation test (BAT) showed specific IgE-mediated activation of basophils after stimulation with rice extracts. Four IgE-reactive rice proteins with an apparent molecular weight of 49, 52, 56 and 98 kDa were identified. Binding to the 56-kDa glycoprotein was at least partially independent from cross-reactive carbohydrate

determinants (CCD), whereas IgE binding to the other rice proteins was completely inhibited by pre-incubation with the CCD MUXF derived from bromelain. The investigators concluded that the high-molecular-weight allergens from rice seeds, predominantly a 56-kDa glycoprotein, seem to be responsible for anaphylaxis after consumption of rice in this subject.

In another case report, Villalta et al (2012) described a case of rice allergy in a patient (65 year old man) with bakers asthma for 10 years. On ISAC 112 IgE reactivity to wheat alphaamylase/trypsin inhibitor (nTri a aA\_Tl) and lipid transfer protein (rTri a 14) was found. The investigators hypothesized that the reaction by oral ingestion was elicited by homologous molecules in rice seeds.

The available information indicates that allergy to rice has been rare and the frequency to rice allergy varies among different populations. Consumption of rice protein concentrate is unlikely to result in allergic reaction. This is supported by the rarity of rice allergy and the ubiquitous exposure to this food stuff. Rice is among the first solid foods fed to infants in many cultures, in part because of its hypoallergenicity from lack of gluten. Axiom Foods acknowledges that rice protein concentrate (Oryzatein™) does not contain any of the eight foods (Milk, Egg, Fish, Crustacean shellfish, Tree nuts, Peanuts, Soybeans, Wheat) considered to be major food allergens under the U.S. Food Allergen Labeling and Consumer Protection Act of 2004 (FALCPA).

While the potential exists for an individual with exquisite sensitivity to rice protein to have an adverse response to consumption of products containing this substance, this is not a bar to a finding of safety and GRAS status because the presence of rice protein is indicated on the product label.

#### 4.9. Other Safety Studies

The Cosmetic Ingredient Review (CIR, 2006) Panel has evaluated the safety of Hydrolyzed Rice Bran Protein and Hydrolyzed Rice Protein. The Panel noted that rice bran protein hydrolysates are not (a) acutely toxic, (b) skin or ocular irritants in animals, (c) skin sensitizers in guinea pig maximization tests, and (d) irritating or sensitizing in clinical tests. Isolated cases of allergy to raw rice have been reported, but rice, in general, is considered nonallergenic. In the acute oral toxicity test of Hydrolyzed Rice Protein, male and female Sprague Dawley rats (five each) were gavaged with 2 g/kg body weight of the liquid material and followed for 14 days. No mortality or other clinical signs, including apathy or weight loss, were reported. Additional details of this study were not available. Although the CIR Panel review is focused on cosmetic applications of rice protein, some of the safety related observations are also applicable to the subject of present GRAS assessment.

Zhai et al. (1996) investigated the safety of Chinese wild brown rice in acute toxicity and mutagenicity studies. The grain of this rice has been reported to contain higher amounts of protein, ash and crude fiber than white rice. Levels of non-nutritive mineral elements such as arsenic, cadmium and lead are reported to be very low. In the acute 14-day toxicity study, 50 adult (25/sex) white mice (Kunming) weighing 18-20 g were used. In this study, mice were divided into five groups receiving 0, 2.15, 4.64, 10.00 and 21.5 g wild rice/kg bw, respectively. The test group receiving 21.5 g/kg was fed three times daily by gavage with the thin paste, other groups were fed only once daily. No abnormal reaction to a diet containing

up to 21.5 g/kg of Chinese wild brown rice was noted. None of the mice died. In the mutagenicity studies, as evaluated by the bone marrow micronucleus and sperm abnormality tests in mice (10 g/kg BW), Chinese wild brown rice was found to be negative. In Ames assay using *Salmonella typhimurium* with or without S-9 mix, Chinese wild brown rice was not considered as mutagenic (Zhai et al., 1996).

Khan et al. (2011) investigated biological quality and safety of rice bran protein isolates extracted by enzyme treatment for its food application. Biological quality of rice bran protein isolates [microwave rice bran protein isolates (MW-PI- 70%), dry heat protein isolates (DH-PI- 68%), parboiled protein isolates (PAR-PI- 59%) and unstabilized protein isolates (Un-PI- 79%)] was evaluated by feeding the rice protein concentrate diets to Sprague Dawley rats along with controls (fed reference diet containing casein and soy) and no protein diet for 10 days. The article does not provide additional details of the diet or its composition. Based on growth and nitrogen balance indices, the investigators concluded that rice bran protein isolates were of good nutritional quality and could be useful for addition in the plant protein profile. For the safety assessment six groups of mature male and female Sprague Dawley rats (6/sex/group) were fed a diet containing microwave rice bran protein isolates (MW-PI-70%), dry heat protein isolates (DH-PI-68%), parboiled protein isolates (PAR-PI- 59%), unstabilized protein isolates (Un-PI- 79%), casein (reference diet) and soy protein (reference diet) for two weeks. The details of the reference diet were not provided in the article (the authors mention providing this in a figure but the figure was not found in the publication). During the course of the study, body weights were recorded and, at termination, a series of serum chemistry parameters were analyzed and organ weights were recorded. There were no test-diet related adverse effects observed in both male and female rats. The investigators concluded that rice protein concentrate is safe for food use (Khan et al., 2011). The dose or level of protein used in this study is not mentioned in the article; it is likely that the authors used a formulated rat feed (synthetic diet) containing all commonly used ingredients along with rice and other protein isolates as complete source of protein at commonly used levels in rat feed.

Gottlob et al. (2006) and Sauer et al. (2012) investigated the effects of rice protein concentrate in growing pigs. In these studies, standard synthetic diets were prepared and the protein used in formulating the diet was rice protein. Gottlob et al. (2006) determined the apparent ileal digestibility (AID) and standardized ileal digestibility (SID) of amino acids (AA), digestible energy (DE), metabolizable energy (ME), and net energy (NE) for rice protein concentrate, salmon protein hydrolyzed, whey protein concentrate, and spray-dried plasma protein. The investigators noted that although rice protein concentrate contains a high crude protein concentration, it is relatively low in lysine and threonine concentrations. The rice protein concentrate used in the formulated diet for feeding to pigs was 18.55%. Apparent ileal digestible lysine, methionine, and threonine values for rice protein concentrate were 80.0, 65.6, and 68.4%, respectively, and SID for lysine, methionine, and threonine values were 86.6, 69.0, and 78.9%, respectively. The AA digestibility values for rice protein concentrate are lower than those for soybean meal. Digestible, metabolizable, and net energy values for rice protein concentrate were 4,724, 4,226, and 3,235 kcal/kg, respectively. Although apparent and standardized ileal digestibility values and digestible and metabolizable energy values for the proteins varied and all protein products tested had relatively high amino acid digestibility coefficients.

In another study, Sauer et al. (2012) assessed standardized ileal digestibility of amino acid in protein sources including extruded soybean meal, full fat heat-treated soybeans, and rice protein concentrate and also in grains including corn, barley, and wheat. In this study, a synthetic diet based on corn starch and casein was either supplemented with an extruded soybean meal, rice protein concentrate, full fat heat- treated soybeans, corn, barley, or wheat. The contribution of crude protein and amino acids from casein and from the assay feed ingredients to the assay diet averaged 50% each. The rice protein concentrate was added used at levels of 18.5% in the synthetic diet. Each diet was fed to 6 animals according to a row—column design with 3 periods. Apparent ileal digestibility was corrected for basal ileal endogenous losses of amino acid to obtain standardized ileal digestibility. The investigators concluded that the use of rice protein concentrate, despite its high crude protein content, in diets for weaned piglets is limited due to its low standardized ileal digestibility of amino acid.

In a review article, Koo and Lasekan (2007) noted that rice protein is rich in methionine and cysteine, although it is an incomplete protein source for human infants with lysine and threonine being the primary limiting amino acids. The protein quality is improved by fortification of rice proteins with these two limiting amino acids. Initially, rice protein-based infant formulas were based on high protein rice flours, but in recent years these formulas are based on rice protein concentrates, isolates or hydrolyzates, fortified with lysine and threonine. Hypoallergenicity efficacy, particularly for hydrolyzed rice protein-based formulas, has been reported, and limited data indicated that rice protein based infant formula may provide potentially adequate alternative if standard milk- or soy protein-based formulas are not tolerated.

In another review article, Prakash et al. (1996) reported that in spite of the presence of trypsin inhibitor in rice bran and rice bran protein concentrate, it does not affect the *in vivo* apparent digestibility of protein concentrate, as judged by the digestibility patterns of rice bran protein concentrate with or without (autoclaved) trypsin inhibitor activity. The protein efficiency ratios of rice bran ranges from 1.59 to 2.04 and that of protein concentrate from 1.99 to 2.19. The nitrogen digestibility of rice bran was reported to be 58.5. The investigators reported incorporation of protein concentrates prepared from full-fat and defatted rice bran in bread, beverages, pasta, confections, and weaning foods.

In a randomized, blinded, 16 week parallel feeding trial, Lasekan et al. (2006) evaluated growth, tolerance and plasma biochemistries in infants fed an experimental rice protein-based infant formula. Parents were given sufficient amount of the assigned formula to feed their infants until the next study visit. Assigned study formulas were fed *ad libitum* throughout the study as the only source of milk. Parents were advised not to provide solids or other supplements including minerals or vitamins during the study period. In this trial, 65 healthy infants were fed either an experimental partially hydrolyzed rice protein-based infant formula fortified with lysine and threonine (n=32), or a standard intact cow's milk protein-based formula (n=33) as a control. Assessments of growth, tolerance, and plasma biochemistries in infants were performed at enrollment, and at 2, 4, 8, and 16 weeks of age. Growth as determined by weight, length, and head circumference was similar between the 2 formula groups. All plasma biochemistries for both groups were within reference normal range. However, rice formula group had lower phosphorus (by 7%- p < 0.05) and urea nitrogen (by 8%), significantly lower essential amino acids except threonine, which was higher, and lower ratio of essential (including semi-essential) to non-essential amino acids.

Differences in the concentrations and ratios of amino acids became less as feeding progressed with age. Plasma total protein, albumin, prealbumin, calcium, magnesium, and alkaline phosphatase were not different between groups. The results of this study suggest that partially hydrolyzed rice protein-based formula was adequate in supporting normal growth and biochemistries in healthy term infants during the first 4 months after birth.

Joy et al. (2013) investigated the effects of post-exercise consumption of rice protein isolate to time of recovery and ability to elicit adequate changes in body composition compared to equally dosed whey protein isolate when given in large, isocaloric dose. In this study, 24 college-aged, resistance trained males were randomly and equally divided into two groups, either consuming 48 g of rice or whey protein isolate (isocaloric and isonitrogenous) on training days. Two weeks prior to and throughout the study, subjects were placed on a diet consisting of 25% protein, 50% carbohydrates, and 25% fat. Subjects were given individual meal plans at the beginning of the study. The protein supplement consisted of either 48 g of whey protein isolate (Dutch Chocolate) or 48 g of rice protein isolate (Oryzatein, Axiom Foods) dissolved in 500 ml of water. Subjects trained 3 days per week for 8 weeks as a part of a daily undulating periodized resistance-training program. The rice and whey protein supplements were consumed immediately following exercise. No detectable differences in psychometric scores of perceived recovery<sup>2</sup>, soreness, or readiness to train were noted. Significant time effects were observed in which lean body mass, muscle mass, strength and power all increased and fat mass decreased; however, no condition (physical) by time interactions were observed. There was a significant time effect (p < 0.01) for lean body mass, which increased in both the rice (58.5  $\pm$  5.5 (baseline) to 59.5  $\pm$  4.5 (week 4) to 61.0  $\pm$  5.6 kg (week 8) and whey protein  $(59.6 \pm 5.2 \text{ to } 61.9 \pm 4.5 \text{ to } 62.8 \pm 5.2 \text{ kg})$  conditions, with no differences between conditions (no condition X time effect). There was a significant time effect for body fat (p < 0.05), which decreased in both conditions,  $17.8 \pm 6.0$  to  $16.6 \pm 4.8$  to  $15.6 \pm 4.9$  kg in the rice protein condition and  $16.3 \pm 5.1$  to  $15.7 \pm 4.8$  to  $15.6 \pm 4.9$  kg in the whey protein condition, from pre to post training, with no differences between conditions (no condition X time effect). The investigators concluded that both whey and rice protein isolate administration post resistance exercise improved indices of body composition and exercise performance. No adverse effects were reported.

#### 5. <u>Summary and Discussion</u>

Rice is one of the most important staples in the world, supplying as much as half of the daily calories for half of the world's population. It has been consumed as a food around the world since ancient times. Brown rice is an excellent source of the trace minerals and niacin. Rice contains approximately 8% protein. Based on history of common use, rice is generally regarded as safe up to the level at which it is commonly consumed. The USDA Nutrient Database list includes rice and its preparations as foods. As per FDA, the Reference Amount Customarily Consumed (RACC) for rice is 140 g/serving [21 CFR §101.12(b)]. Based on data collected by USDA, the mean and 90<sup>th</sup> percentile estimated daily intake of rice is 152 and 312 g/person/day, respectively. In Asian countries the intake of rice is much higher and can

<sup>&</sup>lt;sup>1</sup> Undulating periodization involves changing the volume and intensity of the weight-training stimulus but not in a linear pattern.

<sup>&</sup>lt;sup>2</sup> Perceived Recovery Scale consists of values between 0–10, with 0–2 being very poorly recovered with anticipated declines in performance, 4–6 being low to moderately recovered with expected similar performance, and 8–10 representing high perceived recovery with expected increases in performance.

be as high as 828 g/person/day. Thus there is common knowledge of human consumption of rice.

In recent years, protein isolated from rice is gaining importance. Rice protein powder is a nutritional ingredient that can be added to a variety of meals or drinks to boost protein levels. Rice protein also has several functional effects in foods, such as (a) promotion of ease of dry flow, (b) ability to mask off-flavors, (c) improves texture, (d) increases watersolubility, etc. Axiom Foods intends to use rice protein concentrates (Oryzatein™ 80-90%) as a food ingredient, in multiple food categories. The processes by which rice protein is derived from whole-grain brown rice are primarily mechanical - sifting, hydrolysis, separation washing, drying, sieving, and milling - and do not result in chemical alteration of the rice. Further, there is no step in the process during which a deleterious substance could be introduced into the product. The protein content of Oryzatein™ is 80-90%. The rice protein concentrate derived by this process has been well characterized for its nutritional composition and characteristics. The rice protein concentrate has been compared for its nutritional constituents and amino acid profile with other protein concentrates such as whey and soy, and has been found to be substantially similar.

The intended use of rice protein concentrate by Axiom Foods in different food categories such as Baked Goods and Baking Mixes; Beverages and Beverage Bases; Breakfast Cereals; Dairy Product Analogs; Fats and Oils; Grain Products and Pastas; Milk Products; Plant Protein Products; Processed Fruits and Fruit Juices; Processed Vegetables and Vegetable Juices; Soups and Soup Mixes at levels ranging 0.96 to 34.3% will result in daily maximum intake (90<sup>th</sup> percentile) of 20.5 g/person/day. Compared to this value, the intake (90<sup>th</sup> percentile) of protein (24.96 g/person/day) from the consumption of rice as a staple is higher.

In addition to the aforementioned conventional food uses, rice protein concentrate Oryzatein™ is also intended for use in sports nutrition. For such use, Oryzatein™ in powdered form will be provided to consumers (i.e., athletes) for mixing in beverages that would be used in sports nutrition or as meal replacements. For this application, Axiom Foods recommends a use level of 15 to 25 g/serving based on the estimation that the consumer may consume such beverages once daily. The maximum dietary exposure from these uses will be 25 g/person/day. The Institute of Medicine (IOM, 2005) has established the recommended daily intake of protein of 0.8 g/kg bw/day for an adult. The IOM has also reported that the mean adult protein intake ranges from 56 - 104 g/day, depending on age group. At the 90<sup>th</sup> percentile, adult protein intakes ranged from 76 g/day to 142 g/day. As compared to this intake the intake of rice protein concentrate from its uses in sports nutrition is less - only 25 g/person/day. Such an intake by a health conscious consumer is unlikely to cause any adverse effects.

Given the long history of safe uses of rice as a food staple, there is lack of well-designed animal or human studies investigating the toxicity or adverse effects of rice or its constituents, including protein. As is the case with all dietary protein, rice protein concentrate is likely digested in the human gastrointestinal tract. The subject of this GRAS assessment offers consumers a safe source of protein manufactured under the standards of food purity. The results of available limited animal and human studies also did not reveal any adverse effects of rice protein concentrate. The rice protein is unlikely to cause allergic reaction.

The totality of available evidence from dietary consumption of rice for centuries, the current intake of rice as a staple, the substantial equivalence of Axiom Foods rice protein concentrate with other similarly marketed GRAS protein concentrates or isolates, and other limited safety studies reviewed in this document, suggest that consumption of rice protein concentrate from the intended uses of Oryzatein™ at levels ranging 0.96 to 34.3% in specified foods is safe. The proposed uses of Axiom's rice protein concentrate (Oryzatein™) are compatible with current regulations, for food ingredients in specified foods, when not otherwise precluded by a Standard of Identity, and is produced according to current good manufacturing practices (cGMP). On the basis of both scientific procedures¹ corroborated by history of exposure from natural dietary sources, consumption of rice protein concentrate as an added food ingredient to the food supply is safe at daily consumption of up to 20.5 g/day or at levels of 25 g/person/day from supplemental uses (Sports nutrition).

<sup>&</sup>lt;sup>1</sup> 21 CFR §170.3 Definitions. (h) Scientific procedures include those human, animal, analytical, and other scientific studies, whether published or unpublished, appropriate to establish the safety of a substance.

#### 6. Conclusion of the Expert Panel

Based on a critical evaluation of the publicly available data summarized herein, the Expert Panel members whose signatures appear below, have individually and collectively concluded that consumption of rice protein concentrate (Oryzatein™) as a food ingredient in selected food products such as Baked Goods and Baking Mixes; Beverages and Beverage Bases; Breakfast Cereals; Dairy Product Analogs; Fats and Oils; Grain Products and Pastas; Milk Products; Plant Protein Products; Processed Fruits and Fruit Juices; Processed Vegetables and Vegetable Juices; Soups and Soup Mixes at levels ranging 0.96 to 34.3%, when not otherwise precluded by a Standard of Identity as described in this monograph and resulting in the 90<sup>th</sup> percentile estimated intake of 20.5 g/person/day (or 25 g/person/day as ingredient for sports nutrition) is safe and GRAS.

It is also our opinion that other qualified and competent scientists reviewing the same publicly available toxicological and safety information, further corroborated by history of safe use, would reach the same conclusion. Therefore, we have also concluded that rice protein concentrate (Oryzatein $^{\text{TM}}$ ), when used as described, is GRAS based on scientific procedures.

(b) (6) Signature:	Date: 11/1/15
James T. Heimbach, Ph.D. <sup>1</sup>	/ '
President	
JHeimbach LLC, Port Royal, Virginia	
(b) (6)	
Signature:	Date: 11/9/13
	Date.
John A. Thomas, Ph.D.	,
Adjunct Professor of Toxicology and Pharmacology	
Indiana University School of Medicine, Fishers, Indiana	
(b) (6)	
Signature:	Date: November 2, 2015
Robert Leo Martin, Ph.D. Food Safety and Regulatory Consultant Waldorf, Maryland	
<sup>1</sup> Dr. Heimbach served as Chair of the Panel.	

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Nutrient Values based on Optimum, Gold Standard 100% Casein, Chocolate Cake Batter. Available at: http://www.optimumnutrition.com

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#### 8. Appendix I

### **Estimated Daily Intake of Rice Protein Concentrate by the** U.S. Population from Proposed Food-Uses

Prepared for:

Soni & Associates, Inc. 749 46<sup>th</sup> Square

Vero Beach, Florida, 32968

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Prepared by:

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September 8, 2015

Complete Intake analysis report included separately.

#### 9. Appendix II

#### **Attached Separately:**

A Comparative Study of Axiom Foods/Growing Naturals Organic Whole Grain Brown Rice Protein Concentrate Powder as compared to the USDA Standards of Oryza sativa L. and Rice milk, the USDA Standards for Cow's Milk and the National Dairy Council Fact Sheet on Whey Protein for the respective Amino Acid profiles" the findings of the analysis were included.

The rice protein concentrate used in the report were for Oryzatein

#### **Report for Axiom Foods / Growing Naturals**

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Sub-Investigators: Howard I Schwartz, MD Diane R. Krieger, MD

Date: April 11, 2012

Appendix I

# Estimated Daily Intake of Rice Protein Concentrate by the U.S. Population from Proposed Food-Uses

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September 8, 2015

# Estimated Daily Intake of Rice Protein Concentrate by the U.S. Population from Proposed Food-Uses

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# Estimated Daily Intake of Rice Protein Concentrate by the U.S. Population from Proposed Food-Uses

#### 1.0 INTRODUCTION

Rice protein concentrate is proposed for use in the United States (U.S.) in a variety of foods and beverages. Estimates for the intake of rice protein concentrate were based on the proposed food-uses and use-levels for rice protein concentrate in conjunction with food consumption data included in the U.S. National Center for Health Statistics' (NCHS) National Health and Nutrition Examination Surveys (NHANES) 2011-2012 (USDA, 2014; CDC, 2015). Calculations for the mean and 90<sup>th</sup> percentile all-person and all-user intakes were performed for each of the individual proposed food-uses of rice protein concentrate and the percentage of consumers were determined. Similar calculations were used to estimate the total intake of rice protein concentrate resulting from all proposed food-uses of rice protein concentrate combined. In both cases, the per person and per kilogram body weight intakes were reported for the following population groups:

Infants and Young Children, ages 0 to 3 years;
Children, ages 4 to 11;
Female teenagers, ages 12 to 19;
Male teenagers, ages 12 to 19;
Female adults, ages 20 and up;
Male adults, ages 20 and up; and
Total population (all age and gender groups combined).

#### 2.0 FOOD CONSUMPTION SURVEY DATA

#### 2.1 Survey Description

NHANES for the years 2011-2012 are available for public use. NHANES are conducted as continuous, annual surveys, and are released in 2-year cycles. Each year about 7,000 people from 15 different locations across the U.S. are interviewed, and approximately 5,000 complete the health examination component of the survey. Any combination of consecutive years of data collection is recognized and used as a nationally representative sample of the U.S. population. It is well-established that the length of a dietary survey affects the estimated consumption of individual users and that short-term surveys, such as a 1-day dietary survey, may overestimate consumption compared to surveys conducted over longer time periods (Anderson, 1988). Because two 24-hour dietary recalls administered on 2 non-consecutive days are available from

the NHANES 2011-2012 survey, these data were used to generate estimates for the current intake analysis.

NHANES 2011-2012 survey data were collected from individuals and households *via* 24-hour dietary recalls administered on 2 non-consecutive days (Day 1 and Day 2) throughout all 4 seasons of the year. Day 1 data were collected in-person, and Day 2 data were collected by telephone in the following 3 to 10 days, on different days of the week, to achieve the desired degree of statistical independence. The data were collected by first selecting Primary Sampling Units (PSUs), which were counties throughout the U.S., of which 15 PSUs are visited per year. Small counties were combined to attain a minimum population size. These PSUs were segmented and households were chosen within each segment. One or more participants within a household were interviewed. For NHANES 2011-2012, 13,431 individuals were selected for the sample, 9,756 were interviewed (72.6%) and 9,338 were sampled (69.5%).

In addition to collecting information on the types and quantities of foods being consumed, NHANES 2011-2012 collected socio-economic, physiological and demographic information from individual participants in the survey, such as sex, age, height and weight, and other variables useful in characterizing consumption. The inclusion of this information allows for further assessment of food intake based on consumption by specific population groups of interest within the total population. The sample design for NHANES 2011-2012 includes an oversample of Asian Americans, however sample weights were incorporated to allow estimates from these subgroups to be combined to obtain national estimates that reflect the relative proportions of these groups in the population as a whole (USDA, 2014; CDC, 2015).

#### 2.2 Statistical Methods

For the intake assessment, consumption data from individual dietary records, detailing food items ingested by each survey participant, were collated by computer and used to generate estimates for the intake of rice protein concentrate by the U.S. population<sup>1</sup>. Estimates for the daily intake of rice protein concentrate represent projected 2-day averages for each individual from Day 1 and Day 2 of NHANES 2011-2012 data; these average amounts comprised the distribution from which mean and percentile intake estimates were generated. Mean and percentile estimates were generated incorporating survey weights in order to provide representative intakes for the entire U.S. population. All-person intake refers to the estimated intake of rice protein concentrate averaged over all individuals surveyed, regardless of whether they potentially consumed food products containing rice protein concentrate, and therefore

<sup>&</sup>lt;sup>1</sup> Statistical analysis and data management were conducted in DaDiet Software (Dazult Ltd., 2015). DaDiet Software is a web-based software tool that allows accurate estimate of exposure to nutrients and to substances added to foods, including contaminants, food additives and novel ingredients. The main input components are concentration (use level) data and food consumption data. Data sets are combined in the software to provide accurate and efficient exposure assessments.

includes individuals with "zero" intakes (*i.e.*, those who reported no intake of food products containing rice protein concentrate during the 2 survey days). All-user intake refers to the estimated intake of rice protein concentrate by those individuals who reported consuming food products containing rice protein concentrate, hence the "all-user" designation. Individuals were considered 'users' if they consumed 1 or more food products containing rice protein concentrate on either Day 1 or Day 2 of the survey.

Mean and 90<sup>th</sup> percentile intake estimates based on sample sizes of less than 30 and 80, respectively, may not be considered statistically reliable due to the limited sampling size (LSRO, 1995). As such, the reliability of estimates for the intake of rice protein concentrate based on the consumption of these foods may be questionable for certain individual population groups. These values were not considered when assessing the relative contribution of specific food uses to total rice protein concentrate consumption and are marked with an asterisk in Appendices A and B.

#### 3.0 FOOD USAGE DATA

The individual proposed food-uses and use-levels for rice protein concentrate employed in the current intake analysis are summarized in Table 3-1. Food codes representative of each proposed food-use were chosen from the NHANES 2011-2012 (USDA, 2014; CDC, 2015). Food codes were grouped in food-use categories according to Title 21, Section §170.3 of the Code of Federal Regulations (CFR, 2015). Product-specific adjustment factors were developed based on data provided in the standard recipe file for the Continuing Survey of Food Intakes by Individuals (CSFII) 1994-1996, 1998 survey (USDA, 2000). All food codes included in the current intake assessment are listed in Appendix C.

	ne Individual Proposed Food-Uses entrate in the U.S. (NHANES 2011-20	
Food Category	Food-Uses	Proposed Use Level of Rice Protein Concentrate (%) <sup>1</sup>
Baked Goods and Baking Mixes	Breads	4.8
	Rolls	4.8
	Bagels	4.4
	English Muffins	4.4
Beverages and Beverage Bases	Non-Milk Based Meal Replacements	1.04
Breakfast Cereals	Ready-to-Eat Breakfast Cereals	4.4 - 16
Dairy Product Analogs	Soy/Imitation Milks	1.04
Fats and Oils	Margarine <sup>2</sup>	17.12
	Salad Dressings	8

Table 3-1 Summary of the Individual Proposed Food-Uses and Use-Levels of Rice Protein Concentrate in the U.S. (NHANES 2011-2012)							
Food Category	Food-Uses	Proposed Use Level of Rice Protein Concentrate (%) <sup>1</sup>					
Grain Products and Pastas	Health Bars and Grain-Based Bars Containing Fruit and Vegetable <sup>3</sup>	20					
Meat Products	Meat Patty with Soy Protein	4.4					
Milk Products	Flavored Milk Drinks	1.04					
	Milk-Based Meal Replacements	1.04					
	Yogurt (Regular and Frozen) <sup>2</sup>	1.1 - 2.0					
Plant Protein Products	Meat Alternatives	1 - 34.3					
Processed Fruits and Fruit Juices	Fruit Juice <sup>2</sup>	1.04					
	Fruit Nectars	1.04					
	Fruit-Flavored Drinks	1.04					
	Fruit Smoothies	20					
Processed Vegetables and Vegetable Juices	Vegetable/Tomato Juice Including Vegetable Smoothies <sup>4</sup>	20					
Soups and Soup Mixes	Prepared Soups, Dry Soup Mixes, and Condensed Soups	0.96					

<sup>1</sup> Use levels are calculated based on the minimum purity criteria of 80% protein

<sup>2</sup> These food-uses represent non-standardized food products; however, in order to obtain a conservative intake estimate, surrogate codes for the standardized food products were chosen.

estimate, surrogate codes for the standardized food products were chosen.

It should be noted that there were no food codes identified for grain-based bars containing vegetable. However, for this assessment, it is assumed that the estimated consumption of grain-based bars containing fruit would also reflect the intake of grain-based bars containing vegetable.

<sup>4</sup> There were no food codes identified for vegetable smoothies within the NHANES dataset; however, the intake estimate for vegetable-based juices is expected to be representative of the intake from both vegetable-based juices and vegetable smoothies. It was assumed that a consumer of vegetable-based juices would drink a vegetable smoothie in replacement of a vegetable-based juice.

#### 4.0 FOOD SURVEY RESULTS

Estimates for the total daily intakes of rice protein concentrate from proposed food-uses are provided in Tables 4.1-1 and 4.1-2. Estimates for the daily intake of rice protein concentrate from individual proposed food-uses in the U.S. are summarized in Tables A-1 to A-7 and B-1 to B-7 of Appendices A and B, respectively. Tables A-1 to A-7 provide estimates for the daily intake of rice protein concentrate per person (g/day), whereas Tables B-1 to B-7 provide estimates for the daily intake of rice protein concentrate on a per kilogram body weight basis (mg/kg body weight/day).

## 4.1 Estimated Daily Intake of Rice Protein Concentrate from All Proposed Food-Uses in the U.S.

Table 4.1-1 summarizes the estimated total intake of rice protein concentrate (g/person/day) from all proposed food-uses in the U.S. population group. Table 4.1-2 presents this data on a per kilogram body weight basis (mg/kg body weight/day). The percentage of users was high among all age groups evaluated in the current intake assessment; greater than 83.2% of the population groups consisted of users of those food products in which rice protein concentrate is currently proposed for use (Table 4.1-1). Children had the greatest percentage of users at 99.9%. Large user percentages within a population group typically lead to similar results for the all-person and all-user consumption estimates. Consequently, only the all-user intake results will be discussed in detail.

Among the total population, the mean and 90<sup>th</sup> percentile all-user intakes of rice protein concentrate were determined to be 10.3 and 17.3 g/person/day, respectively. Of the individual population groups, male teenagers were determined to have the greatest mean all-user intake of rice protein concentrate on an absolute basis, at 12.0 g/person/day, while male adults were identified as having the greatest 90<sup>th</sup> percentile all-user intake at 20.5 g/person/day. Infants were determined to have the lowest mean and 90<sup>th</sup> percentile all-user intakes of 7.1 and 13.4 g/person/day, respectively (Table 4.1-1).

Table 4.1-1 Summary of the Estimated Daily Intake of Rice Protein Concentrate from Proposed Food-Uses in the U.S. by Population Group (2011-2012 NHANES Data)									
Population Group	Age Group	All-Perso (g/day)	n Consumption	All-Use (g/day)	rs Consu	mption			
	(Years)	Mean	90 <sup>th</sup> Percentile	% Users	n	Mean	90 <sup>th</sup> Percentile		
Infants and Young Children	Up to 3	5.9	12.4	83.2	683	7.1	13.4		
Children	4 to 11	9.4	14.8	99.9	1,347	9.4	14.8		
Female Teenagers	12 to 19	10.5	16.5	98.8	526	10.6	16.5		
Male Teenagers	12 to 19	11.8	18.7	98.5	508	12.0	19.7		
Female Adults	20 and up	9.7	16.1 .	99.8	2,204	9.7	16.1		
Male Adults	20 and up	11.1	20.3	98.8	2,067	11.2	20.5		
Total Population	All Ages	10.1	17.2	98.4	7,335	10.3	17.3		

On a body weight basis, infants were identified as having the highest mean and 90<sup>th</sup> percentile all-user intakes of any population group, of 519 and 959 mg/kg body weight/day, respectively (Table 4.1-2). Male adults were determined to have the lowest mean all-user intake of 133 mg/kg body weight/day, whereas female adults were identified as having the lowest 90<sup>th</sup> percentile all-user intake of 224 mg/kg body weight/day.

Table 4.1-2 Summary of the Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Proposed Food-Uses in the U.S. by Population Group (2011-2012 NHANES Data)

Population Group	Age Group (Years)	All-Person Consumption (mg/kg bw/day)			ers Cons bw/day)		
		Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Infants and Young Children	Up to 3	431	855	83.1	680	519	959
Children	4 to 11	341	589	99.9	1,347	342	589
Female Teenagers	12 to 19	184	282	98.7	515	187	292
Male Teenagers	12 to 19	180	369	98.4	505	182	373
Female Adults	20 and up	139	224	99.8	2,181	139	224
Male Adults	20 and up	132	235	98.8	2,048	133	235
Total Population	All Ages	178	385	98.4	7,276	181	388

# 4.2 Estimated Daily Intake of Rice Protein Concentrate from Individual Proposed Food-Uses in the U.S.

Estimates for the mean and 90<sup>th</sup> percentile daily intakes of rice protein concentrate from each individual food category are summarized in Tables A-1 to A-7 and B-1 to B-7 on a g/day and mg/kg body weight/day basis, respectively. The total U.S. population was identified as being significant consumers of breads (49.0 to 67.4% users), margarine (42.0 to 66.7% users), and salad dressings (19.4 to 59.6% users).

In terms of contribution to total mean intake of rice protein concentrate, breads (contributed 9.6 to 16.4% to total mean intakes) and ready-to-eat breakfast cereals (contributed 8.8 to 15.9% to total mean intakes) were the 2 main sources of intake across all population groups on both an absolute and on a mg/kg body weight basis. There were a low number of users identified from the food-use of meat patty with soy protein and as a result, the intakes for meat patty with soy protein were statistically unreliable. Furthermore, non-milk based meal replacements, meat alternatives, and fruit nectars all individually contributed ≤0.1% to total mean rice protein concentrate intakes across all population groups (see Tables A-1 to A-7 and/or B-1 to B-7 for further details).

#### 5.0 CONCLUSIONS

Consumption data and information pertaining to the individual proposed food-uses of rice protein concentrate were used to estimate the all-person and all-user intakes of rice protein concentrate for specific demographic groups and for the total U.S. population. This type of intake methodology is generally considered to be 'worst case' as a result of several

conservative assumptions made in the consumption estimates. For example, it is often assumed that all food products within a food category contain the ingredient at the maximum specified level of use. In addition, it is well-established that the length of a dietary survey affects the estimated consumption of individual users. Short-term surveys, such as the typical 2- or 3-day dietary surveys, may overestimate the consumption of food products that are consumed relatively infrequently (Anderson, 1988).

In summary, on an all-user basis, the resulting mean and 90<sup>th</sup> percentile intakes of rice protein concentrate by the total U.S. population from all proposed food-uses in the U.S., were estimated to be 10.3 g/person/day (181 mg/kg body weight/day) and 17.3 g/person/day (388 mg/kg body weight/day), respectively. Among the individual population groups, the highest mean and 90<sup>th</sup> percentile intakes of rice protein concentrate were determined to be 12.0 g/person/day (182 mg/kg body weight/day) and 19.7 g/person/day (373 mg/kg body weight/day), respectively, as identified among male teenagers. Infants had the lowest mean and 90<sup>th</sup> percentile all-user intakes of 7.1 g/person/day (519 mg/kg body weight/day) and 13.4 g/person/day (959 mg/kg body weight/day), respectively.

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## Appendix A

Estimated Daily Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Different Population Groups Within the U.S. (2011-2012 NHANES DATA)

Table A-1 Estimated Daily Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Infants and Young Children Aged Up to 3 Years Within the U.S. (2011-2012 NHANES Data) **Food-Use Category** All-Person All-Users Consumption (g/day) Contribution Consumption to Total (g/day) Mean Intake 90<sup>th</sup> 90<sup>th</sup> Mean % n Mean Percentile Percentile All 100 5.9 83.2 683 7.1 12.4 13.4 Baked Goods and Baking Mixes Breads 10.2 49.0 0.6 1.7 371 1.2 2.5 Rolls 0.7 3.0 0.2 16.8 117 1.0 2.2 Bagels 0.9 0.1\* 5.5 1.0\* 1.5\* na 23 English Muffins 0.2 <0.1\* 1.0 5 1.4\* 1.7\* na Beverages and Beverage Bases Non-Milk Based Meal 2 <0.1 <0.1\* na 0.1 1.7\* 1.9\* Replacements **Breakfast Cereals** Ready-to-Eat Breakfast Cereals 12.5 0.7 2.2 46.6 377 1.6 3.4 **Dairy Product Analogs** Soy/Imitation Milks 1.4 0.1\* na 2.3 17 3.7\* 5.4\* Fats and Oils Margarine 3.9 0.2 0.7 42.0 372 0.5 1.1 Salad Dressings 1.7 0.1 0.3 19.4 142 0.5 1.2 **Grain Products and Pastas** Health Bars and Grain-Based 8.7 0.5 1.9\* 11.0 48 4.6 8.3\* Bars Containing Fruit and Vegetable **Meat Products** Meat Patty with Soy Protein 0 0 0 na na Milk Products Flavored Milk Drinks 6.2 0.4 1.2 16.1 126 2.2 5.4 Milk-Based Meal Replacements 0.4 <0.1\* 0.9 2.2\* 2.4\* na 10 Yogurt (Regular and Frozen) 5.6 0.3 1.4 26.6 205 2.5 1.3 Plant Protein Products Meat Alternatives 0.2 <0.1\* 8.0 8 1.7\* 2.3\* na Processed Fruits and Fruit Juices Fruit Juice 19.6 1.2 3.6 51.5 424 2.2 4.9 Fruit Nectars 0.1 < 0.1\* 0.5 7 0.6\* na 1.1\* Fruit-Flavored Drinks 0.7 11.4 2.2 30.7 277 2.2 5.2 Fruit Smoothies 9.5 0.6\* 2.7 21 21.1\* na 31.3\*

Table A-1	Proposed F	ed Daily Intake of Rice Protein Concentrate from Individual ed Food-Uses by Infants and Young Children Aged Up to 3 Years ne U.S. (2011-2012 NHANES Data)							
Food-Use Category		Use Category % Contribution to Total		on iption	All-Users Consumption (g/day)			(g/day)	
ı		Mean Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile	
Processed Veg	etables and Veget	able Juices		•	1	·			
Vegetable/Tom Including Veget	ato Juice table Smoothies	2.5	0.1*	na	1.0	9	15.0*	34.4*	
Soups and Sou	p Mixes		•	- •					
Prepared Soup Mixes, and Cor		1.9	0.1	0.3	13.6	151	0.8	1.6	

na = not available
\* Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements.

Table A-2 Estimated Daily Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Children Aged 4 to 11 Years Within the U.S. (2011-2012 NHANES Data) All-Person All-Users Consumption (g/day) Food-Use Category Contribution Consumption to Total (g/day) Mean Intake 90<sup>th</sup> 90<sup>th</sup> Mean n Mean Percentile Percentile 100 1,347 14.8 All 9.4 14.8 99.9 9.4 Baked Goods and Baking Mixes 63.6 864 3.7 13.7 1.3 3.1 2.0 Rolls 0.6 1.9 40.7 530 1.5 2.8 6.5 Bagels 0.8 0.1 na 4.8 81 1.7 2.3 **English Muffins** 2.1 21 1.2\* 1.3\* 0.3 < 0.1\* na Beverages and Beverage Bases Non-Milk Based Meal <0.1 < 0.1\* 0.2 3 1.3\* 1.8\* na Replacements Breakfast Cereals Ready-to-Eat Breakfast Cereals 15.9 1.5 3.7 63.4 843 2.4 4.4 **Dairy Product Analogs** Soy/Imitation Milks 0.1\* 2.3 21 4.0\* 5.3\* 1.0 na Fats and Oils 4.4 0.4 1.2 58.3 772 0.7 1.4 Margarine Salad Dressings 3.4 0.3 1.1 40.8 536 0.8 1.8 Grain Products and Pastas 3.5 4.2 Health Bars and Grain-Based 6.1 0.6 13.7 141 6.8 Bars Containing Fruit and Vegetable Meat Products 0.1 2 1.8\* Meat Patty with Soy Protein < 0.1 < 0.1\* na 1.8\* Milk Products Flavored Milk Drinks 9.3 0.9 2.6 43.1 589 2.0 3.9 2.7\* 4.0\* Milk-Based Meal Replacements 0.4 1.5 13 <0.1\* na 0.2 Yogurt (Regular and Frozen) 2.5 0.9 24.7 308 1.0 2.0 Plant Protein Products Meat Alternatives 0.3 <0.1\* 2.1 20 1.2\* 1.7\* na Processed Fruits and Fruit Juices Fruit Juice 10.6 1.0 2.6 55.4 791 1.8 3.3 10 2.1\* 3.9\* Fruit Nectars 0.1 <0.1\* 0.5 na Fruit-Flavored Drinks 3.4 55.9 785 2.3 4.4 13.8 1.3 Fruit Smoothies 5.6 0.5 2.0 39 25.7 44.2\* na

Table A-2		aily Intake of ood-Uses by 0 S Data)						
Food-Use Cate	gory	% Contribution to Total	All-Person Consumption (g/day)		All-Users Consumption (g/			(g/day)
		Mean Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Processed Vege	tables and Vegeta	able Juices						
Vegetable/Toma Including Vegeta		2.8	0.3*	na	0.9	18	30.4*	61.7*
Soups and Soup	Mixes							
Prepared Soups Mixes, and Cond		2.3	0.2	0.9	18.5	309	1.2	2.4

na = not available

<sup>\*</sup> Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements.

Table A-3 **Estimated Daily Intake of Rice Protein Concentrate from Individual** Proposed Food-Uses by Female Teenagers Aged 12 to 19 Years Within the U.S. (2011-2012 NHANES Data) All-Person All-Users Consumption (g/day) **Food-Use Category** Contribution Consumption to Total (g/day) Mean Intake 90<sup>th</sup> 90<sup>th</sup> Mean n Mean Percentile Percentile AII 100 10.5 16.5 98.8 526 10.6 16.5 Baked Goods and Baking Mixes Breads 9.6 1.0 3.1 54.6 272 1.8 3.4 Rolls 2.2 44.0 3.5 7.3 8.0 213 1.7 0.2 2.4 3.8\* 1.5 na 6.3 36 Bagels 7 **English Muffins** 0.2 < 0.1\* 1.7 1.0\* 1.3\* na Beverages and Beverage Bases Non-Milk Based Meal 0 0 0 na na na na Replacements **Breakfast Cereals** Ready-to-Eat Breakfast Cereals 10.6 1.1 3.6 38.5 214 2.9 6.1 **Dairy Product Analogs** Soy/Imitation Milks 0.4 <0.1\* na 1.7 11 2.3\* 2.8\* Fats and Oils Margarine 2.6 0.3 0.9 46.0 248 0.6 1.2 Salad Dressings 5.8 0.6 2.4 48.8 242 1.3 3.1 Grain Products and Pastas Health Bars and Grain-Based 5.5 0.6 2.1\* 64 5.0 8.6\* 11.7 Bars Containing Fruit and Vegetable Meat Products Meat Patty with Soy Protein <0.1 <0.1\* 0.1 2 0.9\* 1.2\* na Milk Products Flavored Milk Drinks 3.0 0.3 1.4 18.9 105 1.7 2.6 Milk-Based Meal Replacements <0.1 <0.1\* na 0.3 1 0.3\* 0.3\* Yogurt (Regular and Frozen) 0.8\* 50 2.6\* 1.8 0.2 12.0 1.5 Plant Protein Products Meat Alternatives 0.3 < 0.1\* 1.8 11 1.5\* 3.0\* na Processed Fruits and Fruit Juices Fruit Juice 7.0 0.7 1.9 39.1 220 1.9 3.6 0 Fruit Nectars 0 0 na na na na Fruit-Flavored Drinks 9.6 1.0 3.1 35.4 225 2.8 5.2 Fruit Smoothies 29.2 3.1\* 6.8 29 45.1\* 60.5\* na

Table A-3	Proposed Fo	aily Intake of ood-Uses by F 012 NHANES	emale T					
Food-Use Cate	gory	% Contribution to Total Mean Intake	All-Person Consumption (g/day)		All-Us	ers Con	sumption	(g/day)
			Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Processed Vege	etables and Veget	able Juices	-	<u> </u>				
Vegetable/Toma		2.8	0.3*	na	0.6	3	49.7*	56.4*
Soups and Sou	o Mixes			•			•	•
Prepared Soups Mixes, and Con		2.8	0.3	1.3	20.0	119	1.5	2.4

na = not available

\* Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements.

Table A-4 Estimated Daily Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Male Teenagers Aged 12 to 19 Years Within the U.S. (2011-2012 NHANES Data) **Food-Use Category** All-Person All-Users Consumption (g/day) Contribution Consumption to Total (g/day) Mean Intake 90<sup>th</sup> 90<sup>th</sup> Mean n Mean Percentile Percentile All 100 11.8 18.7 98.5 508 12.0 19.7 Baked Goods and Baking Mixes **Breads** 15.0 1.8 4.2 66.1 302 2.7 4.6 Rolls 9.3 1.1 3.8 44.7 232 2.5 4.9 Bagels 1.7 0.2 4.6\* na 7.8 35 2.6 **English Muffins** <0.1\* 0.1 na 0.9 8 1.3\* 2.2\* Beverages and Beverage Bases Non-Milk Based Meal <0.1 <0.1\* 1 5.0\* 4.5\* na < 0.1 Replacements **Breakfast Cereals** Ready-to-Eat Breakfast Cereals 15.2 1.8 5.1 48.5 243 3.7 7.7 **Dairy Product Analogs** Soy/Imitation Milks 0.1 < 0.1\* na 0.7 6 1.9\* 2.8\* Fats and Oils Margarine 3.9 0.5 227 1.4 44.0 2.1 1.0 Salad Dressings 5.5 0.6 2.2 41.9 222 1.6 3.5 **Grain Products and Pastas** Health Bars and Grain-Based 5.1 0.6 2.4\* 11.5 48 5.2 7.1\* Bars Containing Fruit and Vegetable Meat Products Meat Patty with Soy Protein 0.1 <0.1\* 0.3 3 3.6\* 5.5\* Milk Products Flavored Milk Drinks 4.2 0.5 2.6 20.6 119 2.4 4.4 Milk-Based Meal Replacements 0.7 0.1\* 2.1 8 3.8\* 4.7\* na Yogurt (Regular and Frozen) 0.4 0.1 na 6.4 37 1.3\* 8.0 Plant Protein Products Meat Alternatives 0.4 < 0.1\* 1.0 6 4.3\* 6.2\* na Processed Fruits and Fruit Juices Fruit Juice 7.2 8.0 2.8 35.8 201 2.4 6.4 Fruit Nectars 0.1 <0.1\* 0.4 5 1.6\* 1.9\* na Fruit-Flavored Drinks 9.6 1.1 4.3 36.1 220 3.1 6.7 Fruit Smoothies 10.5 1.2\* 3.3 13 37.4\* 72.6\* na

Table A-4	Proposed Fo	ated Daily Intake of Rice Protein Concentrate from Individual sed Food-Uses by Male Teenagers Aged 12 to 19 Years Within th 2011-2012 NHANES Data)							
Food-Use Category		% Contribution to Total	All-Person n Consumption (g/day)		All-Users Consumption (g/day)			(g/day)	
		Mean Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile	
Processed Veg	etables and Veget	able Juices			•	•		•	
Vegetable/Tom Including Veget	ato Juice able Smoothies	8.3	1.0*	na	2.4	4	41.5*	40.4*	
Soups and Sou	p Mixes			•		1		I .	
Prepared Soup Mixes, and Cor		2.6	0.3	1.1	17.4	97	1.7	3.8	

na = not available
\* Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements.

Table A-5 **Estimated Daily Intake of Rice Protein Concentrate from Individual** Proposed Food-Uses by Female Adults Aged 20 Years and Over Within the U.S. (2011-2012 NHANES Data) All-Person All-Users Consumption (g/day) **Food-Use Category** Contribution Consumption to Total (g/day) Mean Intake 90<sup>th</sup> 90<sup>th</sup> Mean n Mean Percentile Percentile ΑII 100 9.7 2,204 16.1 99.8 9.7 16.1 Baked Goods and Baking Mixes 14.5 1.4 3.6 63.3 1,415 2.2 4.6 3.4 Rolls 0.6 1.9 36.0 756 1.7 6.3 0.2 2.3 3.5 Bagels 2.1 na 8.8 157 **English Muffins** 0.9 0.1 na 6.3 85 1.3 2.6 Beverages and Beverage Bases Non-Milk Based Meal < 0.1\* 0.7 18 3.5\* 7.4\* 0.2 na Replacements **Breakfast Cereals** Ready-to-Eat Breakfast Cereals 8.8 0.9 3.1 34.4 685 2.5 4.7 Dairy Product Analogs 74 Soy/Imitation Milks 0.5 < 0.1 na 2.6 1.7 3.9\* Fats and Oils Margarine 7.0 0.7 1.9 66.7 1,491 1.0 2.3 Salad Dressings 7.8 0.8 2.2 59.6 1,223 1.3 2.7 Grain Products and Pastas 8.4 Health Bars and Grain-Based 5.3 0.5 2.1 10.3 184 4.9 Bars Containing Fruit and Vegetable Meat Products 2.1\* 2.8\* Meat Patty with Soy Protein <0.1 <0.1\* na <0.1 Milk Products Flavored Milk Drinks 1.2 0.1 7.6 171 1.6 2.6 na 4.8 Milk-Based Meal Replacements 0.1 3.4 89 2.9 1.0 na Yogurt (Regular and Frozen) 2.7 0.3 1.0 19.6 382 1.4 2.5 Plant Protein Products Meat Alternatives 0.5 <0.1 2.7 66 1.7 3.9\* na Processed Fruits and Fruit Juices Fruit Juice 2.0 32.3 722 3.6 6.1 0.6 1.8 Fruit Nectars < 0.1\* 0.3 14 2.1\* 3.0\* 0.1 na Fruit-Flavored Drinks 7.2 0.7 2.5 21.1 549 3.3 7.3 Fruit Smoothies 1.8 3.5 78 51.0 101.1\* 18.5 na

Table A-5	Proposed Fo	ed Daily Intake of Rice Protein Concentrate from Individual ed Food-Uses by Female Adults Aged 20 Years and Over Within 11-2012 NHANES Data)						
Food-Use Category		ood-Use Category % All-Perso Contribution Consum to Total (g/day)			All-Us	ers Con	sumption	(g/day)
		Mean Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Processed Veg	etables and Veget	able Juices	•	<del></del> -			_ <del>'</del>	·
Vegetable/Tom Including Veget	ato Juice able Smoothies	5.6	0.5	na	1.8	42	29.5	52.9*
Soups and Sou	p Mixes			<del></del>		1		
Prepared Soup Mixes, and Con		3.8	0.4	1.5	24.4	606	1.5	2.9

na = not available

\* Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements.

Table A-6 Estimated Daily Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Male Adults Aged 20 Years and Over Within the U.S. (2011-2012 NHANES Data) **Food-Use Category** All-Person All-Users Consumption (g/day) Contribution Consumption to Total (g/day) Mean Intake 90<sup>th</sup> 90<sup>th</sup> Mean n Mean Percentile Percentile All 100 11.1 98.8 2.067 11.2 20.5 20.3 Baked Goods and Baking Mixes Breads 16.4 1.8 4.6 67.4 1,383 2.7 5.3 Rolls 9.3 1.0 3.2 43.3 834 2.4 4.1 6.9 1.6 0.2 6.2 113 2.9 Bagels na **English Muffins** 0.4 2.7 63 2.6\* <0.1 na 1.5 Beverages and Beverage Bases 22 Non-Milk Based Meal 0.7 0.1\* 1.5 5.1\* 10.2\* na Replacements **Breakfast Cereals** Ready-to-Eat Breakfast Cereals 10.9 1.2 4.3 32.9 603 3.7 6.3 Dairy Product Analogs Soy/Imitation Milks 0.4 <0.1 na 2.3 45 2.0 3.5\* Fats and Oils Margarine 6.6 0.7 2.1 62.0 1,306 1.2 2.6 Salad Dressings 7.7 2.4 56.1 1,074 1.5 3.1 0.9 Grain Products and Pastas Health Bars and Grain-Based 12.0 5.3 0.6 9.8 140 6.0 na Bars Containing Fruit and Vegetable Meat Products Meat Patty with Soy Protein 2 4.2\* 4.7\* <0.1 <0.1\* 0.1 Milk Products Flavored Milk Drinks 1.3 3.9 0.1 na 6.9 146 2.1 Milk-Based Meal Replacements 4.0 1.2 0.1 na 3.3 83 9.7 Yogurt (Regular and Frozen) 1.6 0.2 0.7 11.8 216 2.9 1.5 Plant Protein Products Meat Alternatives 2.0 41 0.3 < 0.1 1.6 3.6\* na Processed Fruits and Fruit Juices Fruit Juice 6.6 0.7 2.6 31.0 700 2.4 4.8 Fruit Nectars 0.5 21 2.0\* 3.8\* 0.1 < 0.1\* na Fruit-Flavored Drinks 7.0 8.0 2.6 20.6 464 3.8 9.0 Fruit Smoothies 2.3 63 42.0 69.4\* 8.8 1.0 na

Table A-6	Proposed Fo	aily Intake of ood-Uses by N 012 NHANES	/lale Adu					
Food-Use Category		% Contribution to Total	All-Person Consumption (g/day)		All-Users Consumption (g/day)			
		Mean Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Processed Veg	etables and Vegeta	able Juices	•			•		·
Vegetable/Tom Including Veget	ato Juice able Smoothies	9.9	1.1	na	2.7	45	41.2	72.6*
Soups and Sou	p Mixes							
Prepared Soup Mixes, and Con		3.8	0.4	1.5	24.3	542	1.8	4.3

na = not available

\* Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements.

Table A-7 **Estimated Daily Intake of Rice Protein Concentrate from Individual** Proposed Food-Uses by the Total U.S. Population (2011-2012 NHANES Data) All-Person All-Users Consumption (g/day) % Food-Use Category Contribution Consumption to Total (g/day) Mean Intake 90<sup>th</sup> 90<sup>th</sup> Mean Mean n Percentile Percentile AII 100 17.2 98.4 7,335 10.3 17.3 10.1 Baked Goods and Baking Mixes 63.7 4.7 Breads 1.5 4.0 4,607 2.3 14.8 Rolls 7.6 0.8 2.5 39.0 2,682 2.0 3.8 0.2 7.1 445 2.4 4.6 Bagels 1.7 na **English Muffins** 0.5 0.1 3.8 189 1.4 2.6 na Beverages and Beverage Bases Non-Milk Based Meal 0.4 < 0.1 8.0 46 4.5 10.1\* na Replacements **Breakfast Cereals** 3.7 38.6 2,965 2.9 5.4 Ready-to-Eat Breakfast Cereals 10.9 1.1 **Dairy Product Analogs** Soy/Imitation Milks 0.1 2.3 174 2.2 4.4 0.5 na Fats and Oils Margarine 6.0 0.6 1.8 60.5 4,416 1.0 2.3 2.2 1.3 2.9 Salad Dressings 6.9 0.7 52.7 3,439 Grain Products and Pastas Health Bars and Grain-Based 2.1 625 5.2 8.6 5.5 0.6 10.7 Bars Containing Fruit and Vegetable Meat Products Meat Patty with Soy Protein <0.1 <0.1\* 0.1 12 3.2\* 5.0\* na Milk Products Flavored Milk Drinks 2.5 0.3 1.1 12.9 1,256 1.9 3.8 Milk-Based Meal Replacements 0.9 0.1 na 2.8 204 3.3 6.4 0.9 2.5 Yogurt (Regular and Frozen) 2.2 0.2 16.6 1,198 1.3 Plant Protein Products **Meat Alternatives** 0.4 < 0.1 na 2.1 152 1.7 3.9 Processed Fruits and Fruit Juices 35.9 4.1 Fruit Juice 7.3 0.7 2.4 3,058 2.0 1.9 3.9\* Fruit Nectars 0.1 < 0.1 na 0.4 57 2.7 Fruit-Flavored Drinks 8.2 8.0 26.8 2,520 3.1 6.6 243 43.9 84.0 Fruit Smoothies 13.3 1.3 na 3.1

Table A-7		Daily Intake of Rice Protein Concentrate from Individual Food-Uses by the Total U.S. Population (2011-2012 NHANES							
Food-Use Category		% Contribution to Total	All-Person Consumption (g/day)		All-Users Consumption (g/day)				
		Mean Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile	
Processed Veg	etables and Vegeta	ble Juices						•	
Vegetable/Tom Including Veget	ato Juice table Smoothies	6.9	0.7	na	1.9	121	36.0	72.6	
Soups and Sou	p Mixes		•	<u> </u>					
Prepared Soup Mixes, and Cor		3.5	0.4	1.3	22.5	1,824	1.6	3.3	

na = not available

<sup>\*</sup> Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements.

### Appendix B

Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Different Population Groups Within the U.S. (2011-2012 NHANES DATA)

Table B-1 Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Infants and Young Children Aged Up to 3 Years Within the U.S. (2011-2012 NHANES Data) **Food-Use Category** All-Person All-Users Consumption (mg/kg Contribution Consumption (mg/kg bw/dav) to Total bw/day) Mean Intake 90<sup>th</sup> 90<sup>th</sup> % Mean Mean n Percentile Percentile AII 100 431 855 83.1 680 519 959 Baked Goods and Baking Mixes Breads 10.2 45 130 49.1 370 91 195 Rolls 3.0 13 46 16.8 117 74 142 4\* 70\* 107\* Bagels 0.9 5.5 23 na **English Muffins** 0.2 1\* 1.0 5 93\* 117\* na Beverages and Beverage Bases Non-Milk Based Meal <0.1 <1\* 0.1 2 118\* 122\* na Replacements **Breakfast Cereals** 116 Ready-to-Eat Breakfast Cereals 12.5 54 170 46.6 376 233 **Dairy Product Analogs** 6\* 17 390\* Soy/Imitation Milks 1.4 2.3 265\* na Fats and Oils Margarine 3.9 17 53 41.9 370 41 83 Salad Dressings 1.7 7 20 19.4 142 35 67 Grain Products and Pastas Health Bars and Grain-Based 8.7 37 129\* 11.0 48 338 604\* Bars Containing Fruit and Vegetable Meat Products Meat Patty with Soy Protein 0 na na 0 0 na na Milk Products Flavored Milk Drinks 6.2 25 72 16.2 126 153 331 Milk-Based Meal Replacements 2\* 10 0.4 na 0.9 185\* 209\* 5.6 Yogurt (Regular and Frozen) 24 204 94 26.6 92 162 Plant Protein Products 1\* Meat Alternatives 0.2 0.8 8 159\* 230\* na Processed Fruits and Fruit Juices Fruit Juice 19.6 85 271 51.4 421 165 357 51\* Fruit Nectars 0.1 <1\* 0.5 7 88\* na Fruit-Flavored Drinks 11.4 50 165 30.7 276 162 384 Fruit Smoothies 9.5 43\* 2.7 21 1.593\* 2,180\* na

Table B-1	able B-1 Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Infants and Youn Children Aged Up to 3 Years Within the U.S. (2011-2012 NHANES Data)								
Food-Use Cate	egory	% Contribution to Total	Contribution   Consumption (mg/kg		All-Users Consumption (mg/ bw/day)			(mg/kg	
		Mean Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile	
Processed Veg	etables and Veget	able Juices	•			<u> </u>			
Vegetable/Tom Including Veget	ato Juice able Smoothies	2.5	10*	na	1.0	9	1,060*	2,405*	
Soups and Sou	p Mixes	•	•						
Prepared Soup Mixes, and Con		1.9	8	23	13.6	150	60	130	

bw = body weight; na = not available

\* Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements.

Table B-2 Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Children Aged 4 to 11 Years Within the U.S. (2011-2012 NHANES Data) All-Person All-Users Consumption (mg/kg **Food-Use Category** Contribution Consumption bw/day) to Total (mg/kg bw/day) Mean Intake 90<sup>th</sup> 90<sup>th</sup> Mean n Mean Percentile Percentile 589 99.9 1,347 342 589 100 341 All Baked Goods and Baking Mixes 864 73 134 Breads 13.7 46 121 63.6 40.7 530 52 113 21 66 Rolls 6.5 118 4.8 81 61 8.0 3 na Bagels 1\* 65\* 2.1 21 43\* English Muffins 0.3 na Beverages and Beverage Bases 3 56\* 76\* Non-Milk Based Meal <1\* na 0.2 < 0.1 Replacements **Breakfast Cereals** 843 164 Ready-to-Eat Breakfast Cereals 15.9 54 135 63.4 85 **Dairy Product Analogs** Soy/Imitation Milks 5\* 2.3 21 195\* 303\* 1.0 na Fats and Oils 772 55 15 45 58.3 26 4.4 Margarine (b Salad Dressings 3.4 11 55.4 791 71 136 0.5 10 59\* 86\* 0.1 <1\* Fruit Nectars na Fruit-Flavored Drinks 13.8 45 125 55.9 785 80 153 5.6 18 2.0 39 900 1,567\* Fruit Smoothies na

Table B-2	Concentrate	aily Per Kilog from Individu n the U.S. (201	ial Propo	sed Food-	Uses b			d 4 to 11
Food-Use Category				All-Users Consumption (mg/kg bw/day)				
		Mean Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Processed Vege	etables and Vegeta	able Juices						
Vegetable/Toma Including Vegeta		2.8	9*	na	0.9	18	1,087*	2,198*
Soups and Sou	o Mixes	•				•	<u> </u>	•
Prepared Soups Mixes, and Con-		2.3	7	29	18.5	309	40	82

bw = body weight; na = not available

\* Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements.

Table B-3 Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Female Teenagers Aged 12 to 19 Years Within the U.S. (2011-2012 NHANES Data) **Food-Use Category** All-Person All-Users Consumption (mg/kg Contribution Consumption bw/day) (mg/kg bw/day) to Total Mean Intake 90<sup>th</sup> 90<sup>th</sup> Mean % n Mean Percentile Percentile All 100 98.7 515 184 282 187 292 Baked Goods and Baking Mixes Breads 9.6 17 46 54.5 265 31 53 Rolls 40 28 51 7.3 12 44.1 208 3 69\* Bagels 1.5 6.4 36 43 na **English Muffins** 0.2 <1\*\ 1.8 7 15\* 20\* na Beverages and Beverage Bases Non-Milk Based Meal 0 'nа 0 0 na na na Replacements **Breakfast Cereals** Ready-to-Eat Breakfast Cereals 10.6 20 67 38.4 208 52 110 **Dairy Product Analogs** Soy/Imitation Milks 0.4 1\* na 1.8 11 38\* 55\* Fats and Oils Margarine 2.6 14 45.8 242 11 17 Salad Dressings 5.8 10 48.9 236 20 48 31 Grain Products and Pastas Health Bars and Grain-Based 5.5 11 41\* 94 170\* 11.9 64 Bars Containing Fruit and Vegetable Meat Products Meat Patty with Soy Protein 0.1 2 16\* < 0.1 <1\* na 12\* Milk Products Flavored Milk Drinks 3.0 5 23 19.3 103 28 53 Milk-Based Meal Replacements 0 / 0 na na na na Yogurt (Regular and Frozen) 14\* 50 58\* 1.8 3 12.3 28 Plant Protein Products 1\* Meat Alternatives 1.9 11 28\* 59\* 0.3 'nа Processed Fruits and Fruit Juices Fruit Juice 7.0 13 38 38.4 213 32 65 Fruit Nectars 0 na na na na Fruit-Flavored Drinks 9.6 221 17 57 35.3 48 89 1,060\* Fruit Smoothies 29.2 57\* 6.9 29 817\* na

Table B-3	able B-3 Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Female Teenagers Aged 12 to 19 Years Within the U.S. (2011-2012 NHANES Data)									
Food-Use Category		% Contribution to Total	Consun	All-Person Consumption (mg/kg bw/day)		All-Users Consumption (mg/kg bw/day)				
		Mean Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile		
Processed Veg	etables and Veget	able Juices			!		-1-	<u> </u>		
Vegetable/Tomaincluding Veget	ato Juice able Smoothies	2.8	5*	na	0.6	3	911*	1,011*		
Soups and Sou	p Mixes							<u> </u>		
Prepared Soups Mixes, and Con		2.8	5	22	19.8	116	26	46		

bw = body weight; na = not available

\* Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements.

Table B-4 Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Male Teenagers Aged 12 to 19 Years Within the U.S. (2011-2012 NHANES Data) All-Person All-Users Consumption (ma/ka **Food-Use Category** Contribution Consumption bw/day) to Total (mg/kg bw/day) Mean Intake 90<sup>th</sup> 90<sup>th</sup> Mean n Mean Percentile Percentile All 100 369 98.4 505 182 373 1.80 Baked Goods and Baking Mixes 15.0 27 63 66.0 299 40 76 52 Rolls 44.8 232 36 67 9.3 16 65\* 1.7 3 7.9 35 40 Bagels na 31\* **English Muffins** 0.1 <1\* na 0.9 8 22\* Beverages and Beverage Bases Non-Milk Based Meal <1\* 66\* 59\* < 0.1 na < 0.1 1 Replacements **Breakfast Cereals** Ready-to-Eat Breakfast Cereals 15.2 28 87 48.4 242 57 113 **Dairy Product Analogs** Soy/Imitation Milks 0.1 <1\* na 0.7 6 36\* 39\* Fats and Oils 224 Margarine 3.9 7 20 43.9 16 38 Salad Dressings 5.5 9 30 42.0 222 22 48 Grain Products and Pastas Health Bars and Grain-Based 5.1 11 43\* 11.5 48 91 181\* Bars Containing Fruit and Vegetable **Meat Products** Meat Patty with Soy Protein 0.1 <1\* 0.3 3 65\* 111\* na Milk Products Flavored Milk Drinks 4.2 20.4 116 40 8 39 64 1\* 8 63\* Milk-Based Meal Replacements 85\* 0.7 na 2.1 Yogurt (Regular and Frozen) 0.4 1 na 6.4 36 14 23\* Plant Protein Products 1\* 57\* 0.4 1.0 6 83\* Meat Alternatives na Processed Fruits and Fruit Juices Fruit Juice 7.2 13 42 35.9 199 36 5 26\* 33\* Fruit Nectars 0.1 <1\* 0.4 na Fruit-Flavored Drinks 9.6 18 63 36.0 219 49 108 Fruit Smoothies 10.5 18\* na 3.3 13 547\* 956\*

Table B-4	Fable B-4 Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Male Teenagers A 12 to 19 Years Within the U.S. (2011-2012 NHANES Data)								
Food-Use Cate	egory	% Contribution to Total	ntribution Consumption		All-Users Consumption (mg/kgbw/day)			(mg/kg	
		Mean Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile	
Processed Vege	etables and Vegeta	able Juices	-				,		
Vegetable/Toma Including Veget		8.3	14*	na	2.4	4	595*	572*	
Soups and Sou	o Mixes	-	·	_ <del></del>					
Prepared Soups Mixes, and Con-		2.6	5	16	17.5	96	28	64	

bw = body weight; na = not available
\* Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements.

Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Table B-5 Concentrate from Individual Proposed Food-Uses by Female Adults Aged 20 Years and Over Within the U.S. (2011-2012 NHANES Data) **Food-Use Category** All-Person All-Users Consumption (mg/kg Contribution Consumption bw/day) (mg/kg bw/day) to Total Mean Intake 90<sup>th</sup> 90<sup>th</sup> % Mean Mean n Percentile Percentile AII 100 139 224 99.8 2.181 139 224 Baked Goods and Baking Mixes Breads 14.5 20 51 63.2 1,401 31 64 Rolls 6.3 8 26 35.9 749 23 47 Bagels 2.1 3 8.8 156 33 49 na 0.9 1 6.4 85 18 32 **English Muffins** na Beverages and Beverage Bases Non-Milk Based Meal 0.7 17 46\* 101\* 0.2 <1\* na Replacements **Breakfast Cereals** 41 677 35 68 Ready-to-Eat Breakfast Cereals 8.8 12 34.5 Dairy Product Analogs 1 2.6 73 29 70\* Soy/Imitation Milks 0.5 na Fats and Oils 1,473 15 35 Margarine 7.0 10 28 66.5 7.8 11 28 59.8 1,212 18 39 Salad Dressings Grain Products and Pastas Health Bars and Grain-Based 5.3 21 10.4 183 67 122 Bars Containing Fruit and Vegetable Meat Products 30\* Meat Patty with Soy Protein < 0.1 <1\* na < 0.1 3 23\* Milk Products Flavored Milk Drinks 1.2 2 na 7.5 166 22 42 1 78 Milk-Based Meal Replacements 1.0 na 3.5 89 42 Yogurt (Regular and Frozen) 2.7 4 20 39 15 19.7 379 Plant Protein Products 0.5 2.6 63 26 58\* Meat Alternatives 1 na Processed Fruits and Fruit Juices 8 30 32.3 712 26 58 Fruit Juice 6.1 Fruit Nectars 0.1 <1\* 0.3 14 29\* 46\* na 29 43 Fruit-Flavored Drinks 7.2 9 20.9 539 92 78 Fruit Smoothies 18.5 28 3.6 786 1,660\* na

Table B-5	Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Female Adults Aged 20 Years and Over Within the U.S. (2011-2012 NHANES Data)							
Food-Use Category		Contribution Consumption to Total (mg/kg bw/day)		All-Users Consumption (mg/kg bw/day)				
				1	%	n	Mean	90 <sup>th</sup> Percentile
Processed Veg	etables and Vegeta	ıble Juices					•	•
Vegetable/Tomato Juice Including Vegetable Smoothies		5.6	8	na	1.8	41	452	665*
Soups and Sou	p Mixes			•	•		-	
Prepared Soups, Dry Soup Mixes, and Condensed Soups		3.8	5	20	24.4	601	22	46

bw = body weight; na = not available

\* Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements.

Table B-6 Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Male Adults Aged 20 Years and Over Within the U.S. (2011-2012 NHANES Data) **Food-Use Category** All-Person All-Users Consumption (mg/kg Contribution Consumption bw/day) to Total (mg/kg bw/day) Mean Intake 90<sup>th</sup> 90<sup>th</sup> Mean n Mean Percentile Percentile AII 100 132 235 98.8 2,048 133 235 Baked Goods and Baking Mixes Breads 16.4 21 53 67.2 1,366 32 62 Rolls 12 37 9.3 43.3 826 28 52 Bagels 1.6 2 6.2 112 33 59 na English Muffins 0.4 <1 na 2.7 63 18 27\* Beverages and Beverage Bases Non-Milk Based Meal 0.7 1.5 22 57\* 123\* na Replacements **Breakfast Cereals** Ready-to-Eat Breakfast Cereals 10.9 14 47 32.7 597 43 82 **Dairy Product Analogs** Soy/Imitation Milks 2.3 45 0.4 1 na 27 51\* Fats and Oils Margarine 6.6 9 62.1 1,294 24 14 31 Salad Dressings 7.7 10 28 56.1 1,063 17 38 Grain Products and Pastas Health Bars and Grain-Based 5.3 7 9.8 138 69 134 na Bars Containing Fruit and Vegetable Meat Products Meat Patty with Soy Protein <1\* 0.1 2 43\* 45\* < 0.1 Milk Products Flavored Milk Drinks 1.3 2 na 6.9 145 25 50 Milk-Based Meal Replacements 1.2 2 3.3 82 50 123 na Yogurt (Regular and Frozen) 2 1.6 8 11.9 214 18 38 Plant Protein Products Meat Alternatives 0.3 <1 2.0 40 20 48\* na Processed Fruits and Fruit Juices Fruit Juice 6.6 9 29 31.0 693 29 55 Fruit Nectars 0.1 <1\* 0.5 21 27\* 55\* na 28 Fruit-Flavored Drinks 7.0 9 20.7 460 43 92 Fruit Smoothies 8.8 12 2.3 63 537 931\* na

Table B-6	Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by Male Adults Aged 20 Years and Over Within the U.S. (2011-2012 NHANES Data)							
Food-Use Category		% Contribution to Total	Contribution Consumption		All-Users Consumption (mg/kg bw/day)			
		Mean Intake			%	n	Mean	90 <sup>th</sup> Percentile
Processed Veg	etables and Veget	able Juices	,	•		•		
Vegetable/Tomato Juice Including Vegetable Smoothies		9.9	14	na	2.7	44	505	1,021*
Soups and Sou	p Mixes							
Prepared Soups, Dry Soup Mixes, and Condensed Soups  3.8		5	18	24.3	537	21	51	

bw = body weight; na = not available

\* Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements.

Table B-7 Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by the Total U.S. Population (2011-2012 NHANES Data) **Food-Use Category** All-Person All-Users Consumption (mg/kg Contribution Consumption bw/day) to Total (mg/kg bw/day) Mean Intake 90<sup>th</sup> 90<sup>th</sup> Mean % n Mean Percentile Percentile All 100 178 385 98.4 7,276 181 388 Baked Goods and Baking Mixes Breads 14.8 25 63 63.6 4,565 39 79 12 37 2,662 30 59 Rolls 7.6 38.9 1.7 3 7.1 443 37 71 Bagels na **English Muffins** 0.5 1 na 3.8 189 21 37 Beverages and Beverage Bases Non-Milk Based Meal 0.4 8.0 45 54 115\* <1 na Replacements **Breakfast Cereals** Ready-to-Eat Breakfast Cereals 10.9 21 67 38.6 2,943 54 111 **Dairy Product Analogs** Soy/Imitation Milks 0.5 1 na 2.3 173 59 148 Fats and Oils 38 Margarine 6.0 10 29 60.4 4,375 17 Salad Dressings 6.9 10 28 52.7 3,411 19 42 Grain Products and Pastas Health Bars and Grain-Based 5.5 10 27 10.7 622 98 203 Bars Containing Fruit and Vegetable Meat Products 12 47\* Meat Patty with Soy Protein <0.1 <1\* 0.1 108\* na Milk Products Flavored Milk Drinks 2.5 7 17 12.9 1,245 53 104 1 51 114 Milk-Based Meal Replacements 0.9 2.8 202 na Yogurt (Regular and Frozen) 2.2 5 15 16.7 1,191 29 62 Plant Protein Products 0.4 1 2.1 148 30 70 Meat Alternatives na Processed Fruits and Fruit Juices Fruit Juice 7.3 16 45 35.8 3,029 46 100 68\* Fruit Nectars 0.1 0.4 57 34 <1 na 48 2,500 59 Fruit-Flavored Drinks 8.2 16 26.7 127 23 754 Fruit Smoothies 13.3 na 3.1 243 1,567

Table B-7	Estimated Daily Per Kilogram Body Weight Intake of Rice Protein Concentrate from Individual Proposed Food-Uses by the Total U.S. Population (2011-2012 NHANES Data)							
Food-Use Category		I I		All-Users Consumption (mg/kg bw/day)				
	,	Mean Intake	Mean	90 <sup>th</sup> Percentile	%	n	Mean	90 <sup>th</sup> Percentile
Processed Veg	etables and Veget	able Juices						
Vegetable/Tomato Juice Including Vegetable Smoothies		6.9	11	na	1.9	119	542	1,021
Soups and Sou	p Mixes						•	•
Prepared Soups, Dry Soup Mixes, and Condensed Soups  3		3.5	6	20	22.5	1,809	25	56

bw = body weight; na = not available

\* Indicates an intake estimate that may not be statistically reliable, as the sample size does not meet the minimum reporting requirements.

Soni & Associates, Inc. September 8, 2015 Appendix C
Representative NHANES Food Codes for Proposed Food-Uses of Rice
Protein Concentrate in the U.S. (2011-2012 NHANES DATA)

# Representative NHANES Food Codes for Proposed Beverage-Uses of Rice Protein Concentrate in the U.S.

# **Baked Goods and Baking Mixes**

### **Breads**

[Rice protein concentrate] = 4.8%

	-
51000100	Bread, NS as to major flour
51000110	Bread, NS as to major flour, toasted
51000180	Bread, made from home recipe or purchased at a bakery, NS as to major flour
51000190	Bread, made from home recipe or purchased at a bakery, toasted, NS as to major flour
51101000	Bread, white
51101010	Bread, white, toasted
51101050	Bread, white, made from home recipe or purchased at a bakery
51101060	Bread, white, made from home recipe or purchased at a bakery, toasted
51102010	Bread, white with whole wheat swirl
51102020	Bread, white with whole wheat swirl, toasted
51105010	Bread, Cuban
51105040	Bread, Cuban, toasted
51106010	Bread, Native, water, Puerto Rican style (Pan Criollo)
51106020	Bread, Native, water, Puerto Rican style, toasted (Pan Criollo)
51106200	Bread, lard, Puerto Rican style (Pan de manteca)
51106210	Bread, lard, Puerto Rican style, toasted (Pan de manteca)
51106300	Bread, caressed, Puerto Rican style (Pan sobao)
51106310	Bread, caressed, Puerto Rican style, toasted (Pan sobao)
51107010	Bread, French or Vienna
51107040	Bread, French or Vienna, toasted
51108010	Focaccia, Italian flatbread, plain
51108100	Naan, Indian flatbread
51109010	Bread, Italian, Grecian, Armenian
51109040	Bread, Italian, Grecian, Armenian, toasted
51109100	Bread, pita
51109110	Bread, pita, toasted
51109150	Bread, pita with fruit
51109200	Bread, pita with fruit, toasted
51111010	Bread, cheese
51111040	Bread, cheese, toasted
51113010	Bread, cinnamon
51113100	Bread, cinnamon, toasted
51115010	Bread, cornmeal and molasses
51115020	Bread, cornmeal and molasses, toasted
51119010	Bread, egg, Challah
51119040	Bread, egg, Challah, toasted
51121010	Bread, garlic
51121110	Bread, onion
51121120	Bread, onion, toasted
51122000	Bread, reduced calorie and/or high fiber, white or NFS
51122010	Bread, reduced calorie and/or high fiber, white or NFS, toasted
51122100	Bread, reduced calorie and/or high fiber, white or NFS, with fruit and/or nuts
51122110	Bread, reduced calorie and/or high fiber, white or NFS, with fruit and/or nuts, toasted
51122300	Bread, white, special formula, added fiber
51122310	Bread, white, special formula, added fiber, toasted
51123010	Bread, high protein

```
51123020
               Bread, high protein, toasted
51127010
               Bread, potato
               Bread, potato, toasted
51127020
               Bread, raisin
51129010
               Bread, raisin, toasted
51129020
               Bread, white, low sodium or no salt
51130510
51130520
               Bread, white, low sodium or no salt, toasted
51133010
               Bread, sour dough
51133020
               Bread, sour dough, toasted
51134000
               Bread, sweet potato
               Bread, sweet potato, toasted
51134010
51135000
               Bread, vegetable
               Bread, vegetable, toasted
51135010
               Bruschetta
51136000
               Bread, dough, fried
51140100
               Bread, Spanish coffee
51168000
               Bread sticks, hard
51184000
               Bread stick, soft
51184010
51184020
               Bread stick, NS as to hard or soft
51184030
               Bread stick, soft, prepared with garlic and parmesan cheese
               Bread stick, hard, low sodium
51184100
51187000
               Melba toast
51187020
               Anisette toast
               Pannetone (Italian-style sweet bread)
51188100
               Zwieback toast
51188500
               Bread, whole wheat, 100%
51201010
               Bread, whole wheat, 100%, toasted
51201020
               Bread, whole wheat, 100%, made from home recipe or purchased at bakery
51201060
               Bread, whole wheat, 100%, made from home recipe or purchased at bakery, toasted
51201070
               Bread, pita, whole wheat, 100%
51201150
               Bread, pita, whole wheat, 100%, toasted
51201160
               Bread, sprouted wheat
51207010
               Bread, sprouted wheat, toasted
51207020
51300050
               Bread, whole grain white
               Bread, whole grain white, toasted
51300060
               Bread, whole wheat, NS as to 100%
51300110
               Bread, whole wheat, NS as to 100%, toasted
51300120
               Bread, whole wheat, NS as to 100%, made from home recipe or purchased at bakery
51300140
               Bread, whole wheat, NS as to 100%, made from home recipe or purchased at bakery,
51300150
               toasted
               Bread, chappatti or roti (Indian bread), wheat
51300175
               Bread, puri or poori (Indian puffed bread), wheat
51300180
               Bread, paratha, (Indian flat bread), wheat
51300185
               Bread, whole wheat, with raisins
51300210
               Bread, whole wheat, with raisins, toasted
51300220
               Bread, wheat or cracked wheat
51301010
               Bread, wheat or cracked wheat, toasted
51301020
               Bread, wheat or cracked wheat, made from home recipe or purchased at bakery
51301040
               Bread, wheat or cracked wheat, made from home recipe or purchased at bakery, toasted
51301050
               Bread, wheat or cracked wheat, with raisins
51301120
               Bread, wheat or cracked wheat, with raisins, toasted
51301130
               Bread, wheat or cracked wheat, reduced calorie and/or high fiber
51301510
               Bread, wheat or cracked wheat, reduced calorie and/or high fiber, toasted
51301520
               Bread, French or Vienna, whole wheat, NS as to 100%
51301540
               Bread, French or Vienna, whole wheat, NS as to 100%, toasted
51301550
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51301600	Bread, pita, whole wheat, NS as to 100%
51301610	Bread, pita, whole wheat, NS as to 100%, toasted
51301620	Bread, pita, wheat or cracked wheat
51301630	Bread, pita, wheat or cracked wheat, toasted
51306000	Bread stick, hard, whole wheat, NS as to 100%
51401010	Bread, rye
51401020	Bread, rye, toasted
51401030	Bread, marble rye and pumpernickel
51401040	Bread, marble rye and pumpernickel, toasted
51401060	Bread, rye, reduced calorie and/or high fiber
51401070	Bread, rye, reduced calorie and/or high fiber, toasted
51404010	Bread, pumpernickel
51404020	Bread, pumpernickel, toasted
51407010	Bread, black
51407020	Bread, black, toasted
51501010	Bread, oatmeal
51501020	Bread, oatmeal, toasted
51501040	Bread, oat bran
51501050	Bread, oat bran, toasted
51501060	Bread, oat bran, reduced calorie and/or high fiber
51501070	Bread, oat bran, reduced calorie and/or high fiber, toasted
51601010	Bread, multigrain, toasted
51601020	Bread, multigrain
51601210	Bread, multigrain, with raisins
51601220	Bread, multigrain, with raisins, toasted
51602010	Bread, multigrain, reduced calorie and/or high fiber
51602020	Bread, multigrain, reduced calorie and/or high fiber, toasted
51801010	Bread, barley
51801020	Bread, barley, toasted
51804010	Bread, soy
51804020	Bread, soy, toasted
51805010	Bread, sunflower meal
51805020	Bread, sunflower meal, toasted
51806010	Bread, rice
51806020	Bread, rice, toasted
51807000	Injera (American-style Ethiopian bread)
51808000	Bread, low gluten
51808010	Bread, low gluten, toasted
52401000	Bread, Boston Brown
52403000	Bread, nut
52404060	Bread, pumpkin
52405010	Bread, fruit
52407000	Bread, zucchini
52408000	Bread, Irish soda

Mixtures containing bread Adjusted for bread content of 40 to 69% [Rice protein concentrate] = 1.9 to 3.3%

Cheese sandwich	•
Cheese sandwich, grilled	
Cheese spread sandwich	
Sandwich, NFS	
Meat sandwich, NFS	
Bacon sandwich, with sprea	ıd
	Cheese sandwich, grilled Cheese spread sandwich Sandwich, NFS Meat sandwich, NFS

27520120	Bacon and cheese sandwich, with spread
27520300	Ham sandwich, with spread
27520310	Ham sandwich with lettuce and spread
27520330	Ham and egg sandwich
27520520	Pork sandwich
27540110	Chicken sandwich, with spread
27540130	Chicken barbecue sandwich
27540240	Chicken fillet, (broiled), sandwich, on whole wheat roll, with lettuce, tomato and spread
27560000	Luncheon meat sandwich, NFS, with spread
27560110	Bologna sandwich, with spread
27560120	Bologna and cheese sandwich, with spread
27560510	Salami sandwich, with spread
27560710	Sausage sandwich
27563010	Meat spread or potted meat sandwich
27570310	Hors d'oeuvres, with spread
32201000	Fried egg sandwich
32204010	Scrambled egg sandwich
42301010	Peanut butter sandwich
42302010	Peanut butter and jelly sandwich
58128220	Dressing with chicken or turkey and vegetables
74701000	Tomato sandwich

**Mixtures containing bread**Adjusted for bread content of 0.2 to 39%
[Rice protein concentrate] = 0.009 to 1.9%

13210110	Pudding, bread
13210150	Puerto Rican bread pudding made with evaporated milk and rum (Budin de pan)
13210180	Pudding, Mexican bread (Capirotada)
13210190	Pudding, Mexican bread (Capirotada), lower fat
27118110	Meatballs, Puerto Rican style (Albondigas)
27150020	Crab, deviled
27214100	Meat loaf made with beef
27214110	Meat loaf made with beef, with tomato-based sauce
27214600	Creamed dried beef on toast
27230010	Lamb or mutton loaf
27235000	Meat loaf made with venison / deer
27246500	Meat loaf made with chicken or turkey
27250080	Salmon loaf
27250150	Tuna loaf
27250250	Flounder with crab stuffing
27250260	Lobster with bread stuffing, baked
27250450	Shrimp toast, fried
27260010	Meat loaf, NS as to type of meat
27260050	Meatballs, with breading, NS as to type of meat, with gravy
27260080	Meat loaf made with beef and pork
27260090	Meat loaf made with beef, veal and pork
27260100	Meat loaf made with beef and pork, with tomato-based sauce
27260510	Liver dumpling
27351020	Codfish salad, Puerto Rican style (Gazpacho de bacalao)
27510000	Beef sandwich, NFS
27510480	Cheeseburger (hamburger with cheese sauce), 1/4 lb meat, with grilled onions, on rye
	bun
27510910	Corned beef sandwich
27510950	Reuben sandwich (corned beef sandwich with sauerkraut and cheese), with spread

27511010	Pastrami sandwich
27513010	Roast beef sandwich
27513010	Roast beef sandwich, with gravy
27513020	
27513050	Roast beef sandwich dipped in egg, fried, with gravy and spread  Roast beef sandwich with cheese
27515050	Fajita-style beef sandwich with cheese, on pita bread, with lettuce and tomato
27516010	Gyro sandwich (pita bread, beef, lamb, onion, condiments), with tomato and spread
27520130	Bacon, chicken, and tomato club sandwich, with lettuce and spread
27520140	Bacon and egg sandwich
27520150	Bacon, lettuce, and tomato sandwich with spread
27520320	Ham and cheese sandwich, with lettuce and spread
27520340	Ham salad sandwich
27520350	Ham and cheese sandwich, with spread, grilled
27520530	Pork sandwich, with gravy
27520540	Ham and tomato club sandwich, with lettuce and spread
27540120	Chicken salad or chicken spread sandwich
27540200	Fajita-style chicken sandwich with cheese, on pita bread, with lettuce and tomato
2754 <u>0</u> 230	Chicken patty sandwich with cheese, on wheat bun, with lettuce, tomato and spread
27540310	Turkey sandwich, with spread
27540320	Turkey salad or turkey spread sandwich
27540330	Turkey sandwich, with gravy
27550110	Crab cake sandwich, on bun
27550510	Sardine sandwich, with lettuce and spread
27550710	Tuna salad sandwich, with lettuce
27550720	Tuna salad sandwich
32105190	Egg casserole with bread, cheese, milk and meat
32203010	Egg salad sandwich
32301100	Garlic egg soup, Puerto Rican style (Sopa de ajo)
42303010	Peanut butter and banana sandwich
58128210	Dressing with oysters
58128250	Dressing with meat and vegetables
58131100	Ravioli, NS as to filling, no sauce
58131110	Ravioli, NS as to filling, with tomato sauce
58131310	Ravioli, meat-filled, no sauce
58131320	Ravioli, meat-filled, with tomato sauce or meat sauce
58162090	Stuffed pepper, with meat
58162120	Stuffed pepper, with rice, meatless
72116140	Caesar salad (with romaine)
72125260	Spinach and cheese casserole

# Rolls

[Rice protein concentrate] = 4.8%

51000200	Roll, NS as to major flour
51000230	Roll, NS as to major flour, toasted
51000250	Roll, made from home recipe or purchased at a bakery, NS as to major flour
51000260	Roll, made from home recipe or purchased at a bakery, toasted, NS as to major flour
51000300	Roll, hard, NS as to major flour
51000400	Roll, bran, NS as to type of bran
51150000	Roll, white, soft
51150100	Roll, white, soft, toasted
51151060	Roll, white, soft, made from home recipe or purchased at a bakery
51152000	Roll, white, soft, reduced calorie and/or high fiber
51152100	Roll, white, soft, reduced calorie and/or high fiber, toasted
51153000	Roll, white, hard

E44E0040	Dell substantian beautiful and an exact
51153010	Roll, white, hard, toasted
51154510	Roll, diet
51154550	Roll, egg bread
51154560	Roll, egg bread, toasted
51154600	Roll, cheese
51155000	Roll, French or Vienna
51155010	Roll, French or Vienna, toasted
51156500	Roll, garlic
51157000	Roll, hoagie, submarine
51157010	Roll, hoagie, submarine, toasted
51158100	Roll, Mexican, bolillo
51159000	Roll, sour dough
51160000	Roll, sweet, no frosting
51160100	Roll, sweet, cinnamon bun, no frosting
51160110	Roll, sweet, cinnamon bun, frosted
51161000	Roll, sweet, with fruit, no frosting
51161020	Roll, sweet, with fruit, frosted
51161030	Roll, sweet, with fruit, frosted, diet
51161050	Roll, sweet, frosted
51161250	Roll, sweet, no topping, Mexican (Pan Dulce)
51161270	Roll, sweet, sugar topping, Mexican (Pan Dulce)
51161280	Roll, sweet, with raisins and icing, Mexican (Pan Dulce)
51220000	Roll, whole wheat, 100%
51220010	Roll, whole wheat, 100%, toasted
51220030	Roll, whole wheat, 100%, made from home recipe or purchased at bakery
51220040	Roll, whole wheat, 100%, made from home recipe or purchased at bakery, toasted
51320010	Roll, wheat or cracked wheat
51320020	Roll, wheat or cracked wheat, toasted
51320040	Roll, wheat or cracked wheat, made from home recipe or purchased at bakery
51320050	Roll, wheat or cracked wheat, made from home recipe or purchased at bakery, toasted
51320500	Roll, whole wheat, NS as to 100%
51320510	Roll, whole wheat, NS as to 100%, toasted
51320530	Roll, whole wheat, NS as to 100%, made from home recipe or purchased at bakery
51320540	Roll, whole wheat, NS as to 100%, made from home recipe or purchased at bakery,
	toasted
51420000	Roll, rye
51421000	Roll, pumpernickel
51421100	Roll, pumpernickel, toasted
51502010	Roll, oatmeal
51502020	Roll, oatmeal, toasted
51502100	Roll, oat bran
51502110	Roll, oat bran, toasted
51620000	Roll, multigrain
51620010	Roll, multigrain, toasted

Mixtures containing rolls
Adjusted for roll content of 30 to 60%
[Rice protein concentrate] = 1.4 to 2.8%

14640200	Cheese sandwich, hoagie
27510210	Cheeseburger, plain, on bun
27510220	Cheeseburger, with mayonnaise or salad dressing, on bun
27510230	Cheeseburger, with mayonnaise or salad dressing and tomatoes, on bun
27510240	Cheeseburger, 1/4 lb meat, plain, on bun
27510250	Cheeseburger, 1/4 lb meat, with mayonnaise or salad dressing, on bun

27510270 Double cheeseburger (2 patties), plain, on bun 27510290 Double cheeseburger (2 patties), with mayonnaise or salad dressing, on bun 27510300 Double cheeseburger (2 patties), plain, on double-decker bun 27510310 Cheeseburger (2 patties), with mayonnaise or salad dressing, on double-decker bun 27510310 Cheeseburger with tomato and/or catsup, on bun 27510340 Cheeseburger, 1 oz meat, plain, on miniature bun 27510340 Double cheeseburger (2 patties), with mayonnaise or salad dressing and tomatoes, on bun 27510340 Cheeseburger with mayonnaise or salad dressing, tomato and bacon, on bun 27510420 Taco burger, on bun 27510420 Taco burger, on bun 27510540 Hamburger, plain, on bun 27510540 Hamburger, plain, on bun 27510550 Hamburger, with mayonnaise or salad dressing and tomatoes, on bun 27510540 Hamburger, with mayonnaise or salad dressing and tomatoes, on bun 27510550 Double hamburger (2 patties), with tomato and/or catsup, on bun 27510550 Double hamburger (2 patties), with tomato and/or catsup, on bun 27510560 Hamburger, 1/4 lb meat, plain, on bun 27510560 Hamburger, 1/2 oz meat, with mayonnaise or salad dressing and tomatoes, on bun 27510560 Hamburger, 1/2 oz meat, with mayonnaise or salad dressing and tomatoes, on bun 27510560 Hamburger, 1 oz meat, plain, on miniature bun 2751060 Hamburger, 1 oz meat, with mayonnaise or salad dressing and tomatoes, on bun 2751060 Hamburger, 1 oz meat, with mayonnaise or salad dressing and tomatoes, on bun 2751060 Hamburger, 1 oz meat, with mayonnaise or salad dressing and tomatoes, on bun 2751060 Hamburger, 1 oz meat, with mayonnaise or salad dressing and tomatoes, on bun 2751060 Hamburger, 1 oz meat, with mayonnaise or salad dressing and tomatoes, on bun 2751060 Hamburger (2 patties), with mayonnaise or salad dressing on bun 2751060 Hamburger (2 patties), plain, on miniature bun 2751070 Hamburger, 1 oz meat, with mayonnaise or salad dressing, on bun 2751070 Hamburger, 1 oz meat, with mayonnaise or salad dressing, on bun 2751070 Hamburger, 1 oz meat, with mayonnaise or salad d		
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27510360 Cheeseburger with mayonnaise or salad dressing, tomato and bacon, on bun 27510410 Chilburger, on bun 27510450 Cheeseburger, 1/4 lb meat, with ham, on bun 27510510 Hamburger, plain, on bun 27510520 Hamburger, with tomato and/or catsup, on bun 27510520 Hamburger, 1/4 lb meat, plain, on bun 27510540 Double hamburger (2 patties), with mayonnaise or salad dressing and tomatoes, on bun 27510550 Double hamburger (2 patties), with mayonnaise or salad dressing and tomatoes, on 27510560 Hamburger, 2 patties), with mayonnaise or salad dressing and tomatoes, on 27510560 Hamburger, 2-1/2 oz meat, with mayonnaise or salad dressing and tomatoes, on 27510590 Hamburger, 2-1/2 oz meat, with mayonnaise or salad dressing and tomatoes, on bun 27510590 Hamburger, with mayonnaise or salad dressing and tomatoes, on bun 27510600 Hamburger, 1/4 lb meat, with mayonnaise or salad dressing and tomatoes, on bun 27510620 Hamburger, 1/4 lb meat, with tomato and/or catsup, on miniature bun 27510630 Hamburger, 1/4 lb meat, with mayonnaise or salad dressing, on bun 27510630 Hamburger, 1/4 lb meat, with mayonnaise or salad dressing, on bun 27510790 Double hamburger (2 patties), plain, on bun 27510790 Double hamburger (2 patties), with mayonnaise or salad dressing, on bun 27510790 Pizzaburger (hamburger, cheese, sauce) on whole bun 27510790 Pizzaburger (hamburger, cheese, sauce) on whole bun 27510790 Pizzaburger (hamburger, cheese, sauce) on whole bun 27510790 Roast beef submarine sandwich, on roll, with lettuce, tomato and spread 27513070 Roast beef submarine sandwich, on roll, with lettuce and tomato 27515010 Steak sandwich, plain, on roll 27515010 Steak sandwich, plain, on roll 27515010 Steak sandwich, (Media noche), with spread 27510790 Chicken fillet (breaded, fried) sandwich 27540170 Chicken fillet (breaded, fried) sandwich 27540170 Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato and non-mayonaise type spread 2754030 Ticken fillet, broiled, sandwich with cheese, olettuce, tomato and spread 27	27010010	
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27510420 Cheeseburger, 1/4 lb meat, with ham, on bun 27510500 Hamburger, with tomato and/or catsup, on bun 27510501 Hamburger, with tomato and/or catsup, on bun 27510520 Hamburger, 1/4 lb meat, plain, on bun 27510520 Hamburger, 1/4 lb meat, plain, on bun 27510530 Double hamburger (2 patties), with tomato and/or catsup, on bun 27510540 Double hamburger (2 patties), with mayonnaise or salad dressing and tomatoes, on double-decker bun 27510560 Hamburger, 2-1/2 oz meat, with mayonnaise or salad dressing and tomatoes, on bun 27510570 Hamburger, 2-1/2 oz meat, with mayonnaise or salad dressing and tomatoes, on bun 27510580 Hamburger, 2-1/2 oz meat, with mayonnaise or salad dressing and tomatoes, on bun 27510690 Hamburger, 1-1/2 no meat, plain, on miniature bun 27510610 Hamburger, 1 oz meat, plain, on miniature bun 27510620 Hamburger, 1-1/4 lb meat, with tomato and/or catsup, on bun 27510620 Hamburger, 1-1/4 lb meat, with tomato and/or catsup, on bun 27510650 Double hamburger (2 patties), plain, on bun 27510760 Double hamburger (2 patties), plain, on bun 27510700 Meatball and spaghetti sauce submarine sandwich, on roll 27513060 Pizzaburger (hamburger, cheese, sauce) on whole bun 27513060 Pizzaburger (hamburger, cheese, sauce) on whole bun 27513070 Pizzaburger (hamburger, cheese, sauce) on whole bun 27515010 Steak sandwich with bacon and cheese sauce 27513070 Steak sandwich, plain, on roll, with lettuce, tomato and spread 27515010 Steak sandwich, plain, on roll 27515010 Steak sandwich, plain, on roll 27515010 Steak sandwich, (Media noche), with spread 2751010 Cuban sandwich, (Media noche), with spread 27520410 Chicken fillet (breaded, fried) sandwich 27540170 Chicken fillet (breided, sandwich with spread 27540280 Chicken fillet (breided, sandwich with cheese, on bun, with lettuce, tomato and spread 27540280 Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread 2754030 Time fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread 2754030 Firsh sandwich, on bun, with		
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27510510         Hamburger, with tomato and/or catsup, on bun           27510520         Hamburger, with mayonnaise or salad dressing and tomatoes, on bun           27510540         Double hamburger (2 patties), with tomato and/or catsup, on bun           27510550         Double hamburger (2 patties), with mayonnaise or salad dressing and tomatoes, on double-decker bun           27510560         Hamburger, 1/4 lb meat, with mayonnaise or salad dressing and tomatoes, on bun           27510570         Hamburger, 1/2 oz meat, with mayonnaise or salad dressing and tomatoes, on bun           27510590         Hamburger, 1 oz meat, with mayonnaise or salad dressing and tomatoes, on bun           27510600         Hamburger, 1 oz meat, plain, on miniature bun           27510610         Hamburger, 1/4 lb meat, with mayonnaise or salad dressing, on bun           27510620         Hamburger, 1/4 lb meat, with mayonnaise or salad dressing, on bun           27510630         Hamburger (2 patties), plain, on bun           27510640         Double hamburger (2 patties), plain, on bun           27510700         Meatball and spaghett sauce submarine sandwich, on roll           27510701         Pizzaburger (hamburger, chese, sauce) on whole bun           27513060         Roast beef submarine sandwich, on roll, with lettuce, tomato and spread           27515001         Steak submarine sandwich, on roll, au jus           27515000         Steak submarine		
Hamburger, 1/4 lb meat, plain, on bun		
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27515010 Steak sandwich, plain, on roll 27515030 Steak and cheese sandwich, plain, on roll 27515070 Steak and cheese submarine sandwich, with fried peppers and onions, on roll 27515150 Steak patty (breaded, fried) sandwich, with mayonnaise or salad dressing, lettuce, and tomato, on bun 27520410 Cuban sandwich, (Sandwich cubano), with spread 27520420 Midnight sandwich, (Media noche), with spread 27520500 Pork, barbecue sauce, onions and dill pickles on white roll 27540140 Chicken fillet (breaded, fried) sandwich 27540170 Chicken patty sandwich, miniature, with spread 27540250 Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato and non-mayonaise type spread 27540280 Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread 27550000 Fish sandwich, on bun, with spread 27550100 Fish sandwich, on bun, with cheese and spread 27550110 Crab cake sandwich, on bun 27560320 Frankfurter or hot dog, plain, on bun 27560330 Frankfurter or hot dog, with cheese, plain, on bun		
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Steak and cheese submarine sandwich, with fried peppers and onions, on roll Steak patty (breaded, fried) sandwich, with mayonnaise or salad dressing, lettuce, and tomato, on bun Cuban sandwich, (Sandwich cubano), with spread Midnight sandwich, (Media noche), with spread Pork, barbecue sauce, onions and dill pickles on white roll Chicken fillet (breaded, fried) sandwich Chicken patty sandwich, miniature, with spread Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato and non-mayonaise type spread Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread Turkey submarine sandwich, on roll, with cheese, lettuce, tomato and spread Fish sandwich, on bun, with spread Fish sandwich, on bun, with cheese and spread Crab cake sandwich, on bun Frankfurter or hot dog, plain, on bun Frankfurter or hot dog, with cheese, plain, on bun		
Steak patty (breaded, fried) sandwich, with mayonnaise or salad dressing, lettuce, and tomato, on bun  Cuban sandwich, (Sandwich cubano), with spread  Midnight sandwich, (Media noche), with spread  Pork, barbecue sauce, onions and dill pickles on white roll  Chicken fillet (breaded, fried) sandwich  Chicken patty sandwich, miniature, with spread  Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato and non-mayonaise type spread  Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread  Turkey submarine sandwich, on roll, with cheese, lettuce, tomato and spread  Turkey submarine sandwich, on roll, with cheese, lettuce, tomato and spread  Fish sandwich, on bun, with spread  Fish sandwich, on bun, with cheese and spread  Crab cake sandwich, on bun  Frankfurter or hot dog, plain, on bun  Frankfurter or hot dog, with cheese, plain, on bun		
tomato, on bun  27520410 Cuban sandwich, (Sandwich cubano), with spread  27520420 Midnight sandwich, (Media noche), with spread  27520500 Pork, barbecue sauce, onions and dill pickles on white roll  27540140 Chicken fillet (breaded, fried) sandwich  27540170 Chicken patty sandwich, miniature, with spread  27540250 Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato and non-mayonaise type spread  27540280 Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread  27540350 Turkey submarine sandwich, on roll, with cheese, lettuce, tomato and spread  27550100 Fish sandwich, on bun, with spread  27550110 Crab cake sandwich, on bun  27560320 Frankfurter or hot dog, plain, on bun  Frankfurter or hot dog, with cheese, plain, on bun		
27520420 Midnight sandwich, (Media noche), with spread 27520500 Pork, barbecue sauce, onions and dill pickles on white roll 27540140 Chicken fillet (breaded, fried) sandwich 27540170 Chicken patty sandwich, miniature, with spread 27540250 Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato and non-mayonaise type spread 27540280 Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread 27540350 Turkey submarine sandwich, on roll, with cheese, lettuce, tomato and spread 27550100 Fish sandwich, on bun, with spread 27550110 Crab cake sandwich, on bun 27560320 Frankfurter or hot dog, plain, on bun Frankfurter or hot dog, with cheese, plain, on bun		
27520500 Pork, barbecue sauce, onions and dill pickles on white roll 27540140 Chicken fillet (breaded, fried) sandwich 27540170 Chicken patty sandwich, miniature, with spread 27540250 Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato and non-mayonaise type spread 27540280 Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread 27540350 Turkey submarine sandwich, on roll, with cheese, lettuce, tomato and spread 27550000 Fish sandwich, on bun, with spread 27550100 Fish sandwich, on bun, with cheese and spread 27550110 Crab cake sandwich, on bun 27560320 Frankfurter or hot dog, plain, on bun Frankfurter or hot dog, with cheese, plain, on bun	27520410	
27540140 Chicken fillet (breaded, fried) sandwich 27540170 Chicken patty sandwich, miniature, with spread 27540250 Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato and non-mayonaise type spread 27540280 Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread 27540350 Turkey submarine sandwich, on roll, with cheese, lettuce, tomato and spread 27550000 Fish sandwich, on bun, with spread 27550100 Fish sandwich, on bun, with cheese and spread 27550110 Crab cake sandwich, on bun 27560320 Frankfurter or hot dog, plain, on bun Frankfurter or hot dog, with cheese, plain, on bun	27520420	Midnight sandwich, (Media noche), with spread
27540250 Chicken patty sandwich, miniature, with spread 27540250 Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato and non-mayonaise type spread 27540280 Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread 27540350 Turkey submarine sandwich, on roll, with cheese, lettuce, tomato and spread 27550000 Fish sandwich, on bun, with spread 27550100 Fish sandwich, on bun, with cheese and spread 27550110 Crab cake sandwich, on bun 27560320 Frankfurter or hot dog, plain, on bun Frankfurter or hot dog, with cheese, plain, on bun	27520500	Pork, barbecue sauce, onions and dill pickles on white roll
27540250 Chicken patty sandwich, miniature, with spread 27540250 Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato and non-mayonaise type spread 27540280 Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread 27540350 Turkey submarine sandwich, on roll, with cheese, lettuce, tomato and spread 27550000 Fish sandwich, on bun, with spread 27550100 Fish sandwich, on bun, with cheese and spread 27550110 Crab cake sandwich, on bun 27560320 Frankfurter or hot dog, plain, on bun Frankfurter or hot dog, with cheese, plain, on bun	27540140	Chicken fillet (breaded, fried) sandwich
Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato and non-mayonaise type spread  Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread  Turkey submarine sandwich, on roll, with cheese, lettuce, tomato and spread  Fish sandwich, on bun, with spread  Fish sandwich, on bun, with cheese and spread  Crab cake sandwich, on bun  Frankfurter or hot dog, plain, on bun  Frankfurter or hot dog, with cheese, plain, on bun	27540170	
and non-mayonaise type spread  Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread  Turkey submarine sandwich, on roll, with cheese, lettuce, tomato and spread  Fish sandwich, on bun, with spread  Fish sandwich, on bun, with cheese and spread  Crab cake sandwich, on bun  Frankfurter or hot dog, plain, on bun  Frankfurter or hot dog, with cheese, plain, on bun	27540250	Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato
Turkey submarine sandwich, on roll, with cheese, lettuce, tomato and spread Fish sandwich, on bun, with spread Fish sandwich, on bun, with cheese and spread Crab cake sandwich, on bun Frankfurter or hot dog, plain, on bun Frankfurter or hot dog, with cheese, plain, on bun		and non-mayonaise type spread
Turkey submarine sandwich, on roll, with cheese, lettuce, tomato and spread Fish sandwich, on bun, with spread Fish sandwich, on bun, with cheese and spread Crab cake sandwich, on bun Frankfurter or hot dog, plain, on bun Frankfurter or hot dog, with cheese, plain, on bun	27540280	Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread
727550000 Fish sandwich, on bun, with spread 27550100 Fish sandwich, on bun, with cheese and spread 27550110 Crab cake sandwich, on bun 27560320 Frankfurter or hot dog, plain, on bun 27560330 Frankfurter or hot dog, with cheese, plain, on bun	27540350	
27550100 Fish sandwich, on bun, with cheese and spread 27550110 Crab cake sandwich, on bun 27560320 Frankfurter or hot dog, plain, on bun 27560330 Frankfurter or hot dog, with cheese, plain, on bun		
27550110 Crab cake sandwich, on bun 27560320 Frankfurter or hot dog, plain, on bun 27560330 Frankfurter or hot dog, with cheese, plain, on bun	27550100	
27560320 Frankfurter or hot dog, plain, on bun 27560330 Frankfurter or hot dog, with cheese, plain, on bun		
27560330 Frankfurter or hot dog, with cheese, plain, on bun		
27560340 Frankfurter or hot dog, with catsup and/or mustard, on bun	27560330	
	27560340	Frankfurter or hot dog, with catsup and/or mustard, on bun

27560400	Chicken frankfurter or hot dog, plain, on bun
27560410	Puerto Rican sandwich (Sandwich criollo)
27560720	Sausage and spaghetti sauce sandwich

Mixtures containing rolls
Adjusted for roll content of 14.9 to 29%
[Rice protein concentrate] = 0.7 to 1.4%

27510110 27510260 27510320 27510330 27510350 27510370	Beef barbecue or Sloppy Joe, on bun Cheeseburger, 1/4 lb meat, with mushrooms in sauce, on bun Cheeseburger, 1/4 lb meat, with tomato and/or catsup, on bun Double cheeseburger (2 patties), with tomato and/or catsup, on bun Cheeseburger, 1/4 lb meat, with mayonnaise or salad dressing and tomatoes, on bun Double cheeseburger (2 patties, 1/4 lb meat each), with mayonnaise or salad dressing,
27510380	on bun Triple cheeseburger (3 patties, 1/4 lb meat each), with mayonnaise or salad dressing and tomatoes, on bun
27510390	Double bacon cheeseburger (2 patties, 1/4 lb meat each), on bun
27510430	Double bacon cheeseburger (2 patties, 1/4 lb meat each), with mayonnaise or salad dressing and tomatoes, on bun
27510670	Double hamburger (2 patties), with mayonnaise or salad dressing and tomatoes, on bun
27510680	Double hamburger (2 patties, 1/4 lb meat each), with tomato and/or catsup, on bun
27510690	Double hamburger (2 patties, 1/4 lb meat each), with mayonnaise or salad dressing and tomatoes and/or catsup, on double-decker bun
27510710	Pizzaburger (hamburger, cheese, sauce) on 1/2 bun
27515020	Steak and cheese submarine sandwich, on roll, with lettuce and tomato
27515040	Steak and cheese submarine sandwich, plain, on roll
27520360	Ham and cheese sandwich, on bun, with lettuce and spread
27520370	Hot ham and cheese sandwich, on bun
27520510	Pork barbecue or Sloppy Joe, on bun
27560310	Corny dog, with chili, on bun
27560360	Frankfurter or hot dog, with chili, on bun
27560370	Frankfurter or hot dog with chili and cheese, on bun
27560910	Submarine, cold cut sandwich, on bun, with lettuce

# Bagels

[Rice protein concentrate] = 4.4%

51180010	Bagel
51180020	Bagel, toasted
51180030	Bagel, with raisins
51180040	Bagel, with raisins, toasted
51180080	Bagel, with fruit other than raisins
51180090	Bagel, with fruit other than raisins, toasted
51208000	Bagel, whole wheat, 100%
51208010	Bagel, whole wheat, 100%, toasted
51208100	Bagel, whole wheat, 100%, with raisins
51208110	Bagel, whole wheat, 100%, with raisins, toasted
51300100	Bagel, whole grain white
51301700	Bagel, wheat
51301710	Bagel, wheat, toasted
51301750	Bagel, whole wheat, NS as to 100%
51301760	Bagel, whole wheat, NS as to 100%, toasted
51301800	Bagel, wheat, with raisins
51301810	Bagel, wheat, with raisins, toasted

51301820	Bagel, wheat, with fruit and nuts
51301830	Bagel, wheat, with fruit and nuts, toasted
51301900	Bagel, wheat bran
51301910	Bagel, wheat bran, toasted
51404500	Bagel, pumpernickel
51404510	Bagel, pumpernickel, toasted
51501080	Bagel, oat bran
51501090	Bagel, oat bran, toasted
51630000	Bagel, multigrain
51630010	Bagel, multigrain, toasted
51630100	Bagel, multigrain, with raisins
51630110	Bagel, multigrain, with raisins, toasted

# **English Muffins**

[Rice protein concentrate] = 4.4%

51186010 51186020	Muffin, English Muffin, English, toasted
51186100	Muffin, English, with raisins
51186120	Muffin, English, with raisins, toasted
51186130	Muffin, English, cheese
51186140	Muffin, English, cheese, toasted
51186160	Muffin, English, with fruit other than raisins
51186180	Muffin, English, with fruit other than raisins, toasted
51202000	Muffin, English, whole wheat, 100%
51202020	Muffin, English, whole wheat, 100%, toasted
51202050	Muffin, English, whole wheat, 100%, with raisins
51202060	Muffin, English, whole wheat, 100%, with raisins, toasted
51302500	Muffin, English, wheat bran
51302510	Muffin, English, wheat bran, toasted
51302520	Muffin, English, wheat bran, with raisins
51302530	Muffin, English, wheat bran, with raisins, toasted
51303010	Muffin, English, wheat or cracked wheat
51303020	Muffin, English, wheat or cracked wheat, toasted
51303030	Muffin, English, whole wheat, NS as to 100%
51303040	Muffin, English, whole wheat, NS as to 100%, toasted
51303050	Muffin, English, wheat or cracked wheat, with raisins
51303060	Muffin, English, wheat or cracked wheat, with raisins, toasted
51303070	Muffin, English, whole wheat, NS as to 100%, with raisins
51303080	Muffin, English, whole wheat, NS as to 100%, with raisins, toasted
51401200	Muffin, English, rye
51401210	Muffin, English, rye, toasted
51404550	Muffin, English, pumpernickel
51404560	Muffin, English, pumpernickel, toasted
51503000 51503010	Muffin, English, oat bran
51503010	Muffin, English, oat bran, toasted Muffin, English, oat bran, with raisins
51503040	Muffin, English, oat bran with raisins, toasted
51630200	Muffin, English, multigrain
51630200	Muffin, English, multigrain, toasted
31000210	wann, Enghan, malagram, wasteu

**Mixtures containing English muffins**Adjusted for English muffin content of 16.7 to 39.4%
[Rice protein concentrate] = 0.7 to 1.7%

27520380	Ham and cheese on English muffin
27560670	Sausage and cheese on English muffin
32101500	Egg, Benedict
32202010	Egg, cheese, and ham on English muffin
32202030	Egg, cheese, and sausage on English muffin
32202040	Egg, cheese, and beef on English Muffin
32202080	Egg, cheese, and bacon on English muffin

### **Beverages and Beverage Bases**

### Non-Milk Based Meal Replacements

[Rice protein concentrate] = 1.04%

95120050 Nutritional drink or meal replacement, liquid, soy-based

Non-Reconstituted Non-Milk Based Meal Replacements Adjusted for not being reconstituted, 16 g of powder to 240 mL of water [Rice protein concentrate] = 16.6%

95201200	EAS Whey Protein Powder
95201300	EAS Soy Protein Powder
95201600	Isopure protein powder
95230000	Protein powder, whey based, NFS
95230010	Protein powder, soy based, NFS

Non-Reconstituted Non-Milk Based Meal Replacements Adjusted for not being reconstituted, 25 g of powder to 375 mL of water [Rice protein concentrate] = 16.6%

95201500 Herbalife, nutritional shake mix, high protein, powder

### **Breakfast Cereals**

### Ready-to-Eat Breakfast Cereals (Biscuit-types)

[Rice protein concentrate] = 4.4%

57214000	Frosted Mini-Wheats
57214100	Frosted Wheat Bites
57219000	Fruit & Fibre (fiber), NFS
57221000	Fruit & Fibre (fiber) with dates, raisins, and walnuts
57221650	Fruit Harvest cereal, Kellogg's
57227000	Granola, NFS
57229000	Granola, lowfat, Kellogg's
57229500	Granola with Raisins, lowfat, Kellogg's
57308150	Mueslix cereal, NFS
57308190	Muesli, dried fruit and nuts (formerly Muesli with raisins, dates, and almonds)
57309100	Nature Valley Granola, with fruit and nuts
57319500	Sun Country 100% Natural Granola, with Almonds
57410000	Weetabix Whole Wheat Cereal

### Ready-to-Eat Breakfast Cereals (Regular Types)

[Rice protein concentrate] = 8%

57000000	Cereal, NFS
57000050	Kashi cereal NS as to ready to eat or cooked

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57000100 Oat cereal, NFS 57100100 Cereal, ready-to-eat, NFS 57101000 All-Bran 57102000 Alpen 57103000 Alpha-Bits 57103020 Alpha-bits with marshmallows Amaranth Flakes 57103050 Apple Cinnamon Cheerios 57103100 57104000 Apple Jacks 57106050 Banana Nut Crunch Cereal (Post) Banana Nut Cheerios 57106060 57106100 Basic 4 57106250 Berry Berry Kix 57106260 Berry Burst Cheerios Blueberry Morning, Post 57106530 57107000 Booberry 57110000 All-Bran Bran Buds, Kellogg's (formerly Bran Buds) 57111000 **Bran Chex** 57117000 Cap'n Crunch 57117500 Cap'n Crunch's Christmas Crunch 57119000 Cap'n Crunch's Crunch Berries 57120000 Cap'n Crunch's Peanut Butter Crunch 57123000 Cheerios 57124000 Chex cereal, NFS Chex Cinnamon 57124050 57124100 **Chocolate Cheerios** 57124300 Chocolate Lucky Charms 57125000 Cinnamon Toast Crunch 57125010 Cinnamon Toast Crunch Reduced Sugar Honey Nut Clusters (formerly called Clusters) 57125900 57127000 Cocoa Pebbles 57128005 Cocoa Puffs, reduced sugar 57130000 Cookie-Crisp Crunchy Corn Bran, Quaker 57131000 57132000 Corn Chex 57134000 Corn flakes, NFS 57134090 Corn flakes, low sodium Corn flakes, Kellogg's 57135000 Count Chocula 57139000 Cracklin' Oat Bran 57143000 57143500 Cranberry Almond Crunch, Post 57144000 Crisp Crunch 57148000 Crispix 57201900 Dora the Explorer Cereal Familia 57206000 Fiber One 57206700 57206705 Fiber One Caramel Delight Fiber One Honey Clusters 57206710 Fiber One Raisin Bran Clusters 57206715 Fiber 7 Flakes, Health Valley 57206800 Bran Flakes, NFS (formerly 40% Bran Flakes, NFS) 57207000 All-Bran Complete Wheat Flakes, Kellogg's 57208000 57209000 Natural Bran Flakes, Post (formerly called 40% Bran Flakes, Post) 57211000 Frankenberry

Froot Loops

57213000

57213850	Frosted Cheerios
57215000	Frosty O's
57216000	Frosted rice, NFS
57221700	Fruit Rings, NFS
57221800	Fruit Whirls
57221810	Fruity Cheerios
57223000	Fruity Pebbles
57224000	Golden Grahams
57230000	Grape-Nuts
57231000	Grape-Nuts Flakes
57231100	Grape-Nuts Trail Mix Crunch
57231200	Great Grains, Raisin, Date, and Pecan Whole Grain Cereal, Post
57231250	Great Grains Double Pecan Whole Grain Cereal, Post
57237100	Honey Bunches of Oats Honey Roasted Cereal
57237200	Honey Bunches of Oats with Vanilla Clusters, Post
57237300	Honey Bunches of Oats with Almonds, Post
57237310	Honey Bunches of Oats with Pecan Bunches
57237900	Honey Bunches of Oats Just Bunches
57238000	Honeycomb, plain
57239000	Honeycomb, strawberry
57239100	Honey Crunch Corn Flakes, Kellogg's
57240100	Honey Nut Chex
57241000	Honey Nut Cheerios
57241200	Honey Nut Shredded Wheat, Post
57243000	Honey Smacks, Kellogg's (formerly Smacks; Honey Smacks)
	Kashi Autumn Wheat
57301505 57301510	Kach: COLEAN
57301510	Kashi GOLEAN
57301511	Kashi GOLEAN Crunch
57301512	Kashi GOLEAN Crunch Honey Almond Flax
57301520	Kashi Good Friends
57301530	Kashi Heart to Heart Honey Toasted Oat
57301535	Kashi Heart to Heart Oat Flakes and Blueberry Clusters
57301540	Kashi Honey Sunshine
57302100	King Vitaman
57303100	Kix
57303105	Honey Kix
57304100	Life (plain and cinnamon)
57305100	Lucky Charms
57305150	Frosted oat cereal with marshmallows
57305160	Malt-O-Meal Blueberry Muffin Tops
57305165	Malt-O-Meal Cinnamon Toasters
57305170	Malt-O-Meal Coco-Roos
57305174	Malt-O-Meal Colossal Crunch
57305175	Malt-O-Meal Cocoa Dyno-Bites
57305180	Malt-O-Meal Corn Bursts
57305200	Malt-O-Meal Crispy Rice
57305210	Malt-O-Meal Frosted Flakes
57305215	Malt-O-Meal Frosted Mini Spooners
57305300	Malt-O-Meal Fruity Dyno-Bites
57305400	Malt-O-Meal Honey Graham Squares
57305500	Malt-O-Meal Honey and Nut Toasty O's
57305600	Malt-O-Meal Marshmallow Mateys
57306130	Malt-O-Meal Raisin Bran
57306700	Malt-O-Meal Toasted Oat Cereal
57306800	Malt-O-meal Tootie Fruities

57307010	Maple Pecan Crunch Cereal, Post
57307600	Mini-Swirlz Cinnamon Bun Cereal, Kellogg's
57308300	Multi Bran Chex
57308400	MultiGrain Cheerios
57316200	Nutty Nuggets, Ralston Purina
57316300	Oat Bran Flakes, Health Valley
57316380	Oat Cluster Cheerios Crunch
57316450	Oatmeal Crisp with Almonds
57316500	Oatmeal Crisp, Raisin (formerly Oatmeal Raisin Crisp)
57316710	Oh's, Honey Graham
57319000	100% Natural Cereal, plain, Quaker
57320500	100 % Natural Cereal, with oats, honey and raisins, Quaker
57321500	100 % Natural Wholegrain Cereal with raisins, lowfat, Quaker
57321700	Optimum, Nature's Path
57321800	Optimum Slim, Nature's Path
57321900	Organic Flax Plus, Nature's Path
57323000	Sweet Crunch, Quaker (formerly called Popeye)
57325000	Product 19
57326000	Puffins Gereal
57327450	Quaker Oat Bran Cereal
57327500	Quaker Oatmeal Squares (formerly Quaker Oat Squares)
57328000	Quisp
57329000	Raisin bran, NFS
57330000	Raisin Bran, Kellogg's
57330010	Raisin Bran Crunch, Kellogg's
57331000	Raisin Bran, Post
57332050	Raisin Bran, Total
57332100	Raisin Nut Bran
57336000	Rice Chex
57337000	Rice Flakes, NFS
57341000	Shredded Wheat'N Bran
57341200	Smart Start Strong Heart Antioxidants Cereal, Kellogg's
57342010	Smorz, Kellogg's
57344000	Special K
57344001	Special K Blueberry
57344005	Special K Chocolatey Delight
57344007	Special K Low Fat Granola
57344010	Special K Red Berries
57344015	Special K Fruit & Yogurt
57344020	Special K Vanilla Almond
57344025	Special K Cinnamon Pecan, Kellogg's
57346500	Oatmeal Honey Nut Heaven, Quaker (formerly Toasted Oatmeal, Honey Nut)
57347000	Corn Pops
57348000	Frosted corn flakes, NFS
57349000	Frosted Flakes, Kellogg's
57349020	Reduced Sugar Frosted Flakes Cereal, Kellogg's
57355000	Golden Crisp (Formerly called Super Golden Crisp)
57401100	Toasted oat cereal
57403100	Toasties, Post
57406100	Total
57406105	Total Cranberry Crunch
57407100	Trix
57407110	Trix, reduced sugar
57408100	Uncle Sam Cereal (formerly Uncle Sam's Hi Fiber Cereal)
57409100	Waffle Crisp, Post
	• • • • • • • • • • • • • • • • • • • •

57411000	Wheat Chex
57412000	Wheat germ, plain
57413000	Wheat germ, with sugar and honey
57417000	Shredded Wheat, 100%
57418000	Wheaties
57419000	Yogurt Burst Cheerios

# Ready-to-Eat Breakfast Cereals (Puffed Types)

[Rice protein concentrate] = 16%

57124200	Chocolate flavored frosted puffed corn cereal
57126000	Cocoa Krispies
57128000	Cocoa Puffs
57137000	Corn Puffs
57148500	Crispy Brown Rice Cereal
57151000	Crispy Rice
57218000	Frosted Rice Krispies, Kellogg's
57301500	Kashi, Puffed
57306100	Malt-O-Meal Puffed Rice
57306120	Malt-O-Meal Puffed Wheat
57306500	Malt-O-Meal Golden Puffs (formerly Sugar Puffs)
57307500	Millet, puffed
57335550	Reese's Peanut Butter Puffs cereal
57339000	Rice Krispies, Kellogg's
57339500	Rice Krispies Treats Cereal, Kellogg's
57340000	Rice, puffed
57416000	Wheat, puffed, plain
57416010	Wheat, puffed, presweetened with sugar

### **Dairy Product Analogs**

**Soy/Imitation Milks** [Rice protein concentrate] = 1.04%

11320000	Milk, soy, ready-to-drink, not baby's
11320100	Milk, soy, light, ready-to-drink, not baby's
11320200	Milk, soy, nonfat, ready-to-drink, not baby's
11321000	Milk, soy, ready-to-drink, not baby's, chocolate
11321100	Milk, soy, light, ready-to-drink, not baby's, chocolate
11321200	Milk, soy, nonfat, ready-to-drink, not baby's, chocolate
11340000	Milk, imitation, fluid, non-soy, sweetened, flavors other than chocolate

### Fats and Oils

# Margarine

[Rice protein concentrate] = 17.12%

81102000 81102010 81102020 81103020 81103030 81103040 81103041 81103060	Margarine, NFS Margarine, stick, salted Margarine, tub, salted Margarine, whipped, tub, salted Margarine, stick, unsalted Margarine-like spread, stick, salted Margarine-like spread, made with yogurt, stick, salted Margarine, tub, unsalted
81103060 81103070	Margarine, tub, unsalted Margarine, whipped, tub, unsalted

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81105010 Butter-margarine blend, stick, salted 81105020 Butter-margarine blend, tub, salted	81103080 81103090 81103100 81103120 81103130 81103140 81104010 81104011 81104020 81104070 81104070 81104100 81104110 81104500 81104500 81104500 81104500	Margarine-like spread, tub, salted Margarine-like spread, liquid, salted Margarine-like spread, stick, unsalted Margarine-like spread, tub, unsalted Margarine-like spread, whipped, tub, salted Margarine-like spread, tub, sweetened Margarine-like spread, reduced calorie, about 40% fat, tub, salted Margarine-like spread, reduced calorie, about 40% fat, made with yogurt, tub, salted Margarine-like spread, reduced calorie, about 40% fat, stick, salted Margarine-like spread, reduced calorie, about 20% fat, tub, salted Margarine-like spread, reduced calorie, about 20% fat, tub, unsalted Margarine-like spread, fat free, tub, salted Margarine-like spread, fat free, liquid, salted Vegetable oil-butter spread, stick, salted Vegetable oil-butter spread, reduced calorie, stick, salted Vegetable oil-butter spread, reduced calorie, stick, salted Vegetable oil-butter spread, reduced calorie, tub, salted
81105010 Butter-margarine blend, stick, salted 81105020 Butter-margarine blend, tub, salted		Vegetable oil-butter spread, reduced calorie, stick, salted
81105500 Butter-vegetable oil blend	81105010	Butter-margarine blend, stick, salted

Mixtures containing margarine
Adjusted for margarine content of 10 to 28%
[Rice protein concentrate] = 1.8 to 4.7%

26133130	Porgy, breaded or battered, baked
27116100	Beef curry
27135020	Veal scallopini
27151050	Shrimp in garlic sauce, Puerto Rican style (mixture) (Camarones al ajillo)
27360050	Meat pie, NFS
27560410	Puerto Rican sandwich (Sandwich criollo)
32104100	Egg, scrambled, made from dry eggs
33102010	Scrambled egg, made from powdered mixture
51167000	Brioche
53109300	Cake, Dobos Torte (non-chocolate layer cake with chocolate filling and icing)
53111500	Cake, graham cracker, without icing
53116000	Cake, pound, without icing
53116270	Cake, pound, chocolate
53116750	Cake, soy flour, without icing
53200100	Cookie, batter or dough, raw, not chocolate
53202000	Cookie, almond
53203000	Cookie, applesauce
53205250	Cookie, butterscotch, brownie
53205500	Cookie, butterscotch chip
53205760	Cookie, carob and honey brownie
53206020	Cookie, chocolate chip, made from home recipe or purchased at a bakery
53206550	Cookie, chocolate, made with oatmeal and coconut (no-bake)
53224250	Cookie, lemon bar
53233060	Cookie, oatmeal, with chocolate chips
53233100	Cookie, oatmeal, with chocolate and peanut butter (no-bake)
53236000	Cookie, pizzelle (Italian style wafer)
53241500	Cookie, butter or sugar cookie
53248000	Cookie, whole wheat, dried fruit, nut
53251100	Cookie, rugelach
53387000	Pie, Toll house chocolate chip

53415300	Crisp, blueberry
53420310	Wheat flour fritter, without syrup
53452450	Cheese pastry puffs
58122310	Knish, potato
58122320	Knish, cheese
58122330	Knish, meat
58124210	Pastry, cheese-filled
58128210	Dressing with oysters
63107090	Banana, red, fried
63107210	Banana, ripe, fried
91305010	lcing, chocolate
91305020	lcing, white

Mixtures containing margarine
Adjusted for margarine content of 5 to <10%
[Rice protein concentrate] = 0.9 to <1.8%

13210810	Puerto Rican pumpkin pudding (Flan de calabaza)
13411000	White sauce, milk sauce
14630200	Cheese souffle
14640000	Cheese sandwich
14640100	Cheese sandwich, grilled
14650150	Cheese sauce made with lowfat cheese
26100130	Fish, NS as to type, breaded or battered, baked
26107130	Catfish, breaded or battered, baked
26109130	Cod, breaded or battered, baked
26111130	Croaker, breaded or battered, baked
26115130	Flounder, breaded or battered, baked
26117130	Haddock, breaded or battered, baked
26157130	Whiting, breaded or battered, baked
26215120	Turtle (terrapin), cooked, NS as to cooking method
26303120	Clams, baked or broiled
26305120	Crab, baked or broiled
26313110	Mussels, cooked, NS as to cooking method
26315120	Oysters, baked or broiled
27113000	Beef with cream or white sauce (mixture)
27113200	Creamed chipped or dried beef
27143000	Chicken or turkey with cream sauce (mixture)
27146150	Chicken curry
27150020	Crab, deviled
27150030	Crab imperial
27212300	Beef and noodles with cream or white sauce (mixture)
27214600	Creamed dried beef on toast
27220080	Ham croquette
27233000	Lamb or mutton and noodles with gravy (mixture)
27235750	Veal and noodles with cream or white sauce (mixture)
27243400	Chicken or turkey and rice with (mushroom) soup (mixture)
27246300	Chicken or turkey cake, patty, or croquette
27246400	Chicken or turkey souffle Crab cake
27250040 27250550	Seafood souffle
27260510 27415150	Liver dumpling
	Beef chow mein or chop suey, no noodles
27420390	Pork chow mein or chop suey, no noodles

27443110	Chicken or turkey a la king with vegetables (including carrots, broccoli, and/or dark-green
	leafy (no potatoes)), cream, white, or soup-based sauce
27443120	Chicken or turkey a la king with vegetables (excluding carrots, broccoli, and dark-green
	leafy (no potatoes)), cream, white, or soup-based sauce
27460010	Chow mein or chop suey, NS as to type of meat, no noodles
27500050	Sandwich, NFS
27500100 <sup>°</sup>	Meat sandwich, NFS
27513030	Roast beef sandwich dipped in egg, fried, with gravy and spread
27520410	Cuban sandwich, (Sandwich cubano), with spread
27560000	Luncheon meat sandwich, NFS, with spread
27560110	Bologna sandwich, with spread
27560510	Salami sandwich, with spread
31106000	Egg, whole, baked, NS as to fat added in cooking
31106020	Egg, whole, baked, fat added in cooking
32105130	Egg omelet or scrambled egg, with onions, peppers, tomatoes, and mushrooms
32202040	Egg, cheese, and beef on English Muffin
51182010	Bread stuffing
52105100	Scone
52105110	Scone, whole wheat
52105200	Scone, with fruit
53102500	Cake, banana, NS as to icing
53102600	Cake, banana, without icing
53102700	Cake, banana, with icing
53104500	Cheesecake
53104550	Cheesecake with fruit
53104600	Cheesecake, chocolate
53107000	Cake, cupcake, NS as to type or icing
53107200	Cake, cupcake, NS as to type, with icing
53109000	Cake, cupcake, not chocolate, NS as to icing
53113950	Cake, lemon, NS as to icing
53114100	Cake, lemon, with icing
53116570	Cake, Ravani (made with farina)
53118500	Cake, torte
53119000	Cake, upside down (all fruits)
53120060	Cake, white, made from home recipe or purchased ready-to-eat, NS as to icing
53120260	Cake, white, with icing, made from home recipe or purchased ready-to-eat
53211000	Cookie bar, with chocolate, nuts, and graham crackers
53226500	Cookie, marshmallow, with rice cereal (no-bake)
53226600	Cookie, marshmallow and peanut butter, with oat cereal (no-bake)
53234250	Cookie, peanut butter with rice cereal (no-bake)
53235600	Cookie, Pfeffernusse
53244020	Cookie, butter or sugar, iced, with icing other than chocolate
53366000	Pie, yogurt, frozen
53371100	Pie, chiffon, with liqueur
53382000	Pie, chocolate-marshmallow
53385500	Pie, oatmeal
53390100	Pie, tofu with fruit
53415400	Crisp, cherry
53415500	Crisp, peach
53415600	Crisp, rhubarb
53420300	Air filled fritter or fried puff, without syrup, Puerto Rican style (Bunuelos de viento)
53440300	Strudel, berry
53440750	Strudel, pineapple
56201250	Grits, cooked, flavored, corn or hominy, instant, fat added in cooking
56202100	Millet, cooked, fat added in cooking

56203070	Oatmeal, cooked, instant, fat added in cooking
56205400	Rice, cooked, NS as to type, fat added in cooking
56205420	Rice, white, cooked, regular, fat added in cooking
56205430	Rice, white, cooked, instant, fat added in cooking
56205440	Rice, white, cooked, converted, fat added in cooking
56207120	Bulgur, cooked or canned, fat added in cooking
56207180	Couscous, plain, cooked, fat added in cooking
58108010	Calzone, with meat and cheese
58122210	Gnocchi, cheese
58128120	Cornmeal dressing with chicken or turkey and vegetables
58128220	Dressing with chicken or turkey and vegetables
58128250	Dressing with meat and vegetables
58145114	Macaroni or noodles with cheese, made from dry mix
58155610	Rice meal fritter, Puerto Rican style (Almojabana)
58156410	Rice with onions, Puerto Rican style (arroz con cebollas)
58160110	Rice with beans
58162090	Stuffed pepper, with meat
58162120	Stuffed pepper, with rice, meatless
58310310	Pancakes and sausage (frozen meal)
63101410	Apple rings, fried
63101500	Apple, fried
71501040	White potato, from dry, mashed, made with milk and fat
71501300	White potato, from dry, mashed, NS as to milk or fat
71501310	White potato, from fresh, mashed, NS as to milk or fat
71905210	Candied ripe plantain, Puerto Rican style (Platano en almibar)
72125240	Spinach souffle
73102240	Carrots, cooked, NS as to form, glazed
73102241	Carrots, cooked, from fresh, glazed
73102242	Carrots, cooked, from frozen, glazed
73102243	Carrots, cooked, from canned, glazed
73305010	Squash, winter, baked with cheese
74203010	Tomatoes, NS as to form, scalloped
74203011	Tomatoes, from fresh, scalloped
75213000	Cabbage, savoy, cooked, NS as to fat added in cooking
75216070	Corn, dried, cooked
75217490	Hominy, cooked, NS as to fat added in cooking
75217520	Hominy, cooked, fat added in cooking
75414020	Mushrooms, stuffed
75418060	Squash, summer, souffle
91361020	Fruit sauce
91361030	Raisin sauce
91361040	Plain dessert sauce

**Mixtures containing margarine**Adjusted for margarine content of 2 to <5% [Rice protein concentrate] = 0.3 to <0.9%

13170000	Baked Alaska
13210150	Puerto Rican bread pudding made with evaporated milk and rum (Budin de pan)
14630300	Welsh rarebit
26100120	Fish, NS as to type, baked or broiled
26103110	Barracuda, cooked, NS as to cooking method
26103120	Barracuda, baked or broiled
26105120	Carp, baked or broiled
26107120	Catfish, baked or broiled

26109120	Cod, baked or broiled
26111120	Croaker, baked or broiled
26115110	Flounder, cooked, NS as to cooking method
26115120	Flounder, baked or broiled
26117110	Haddock, cooked, NS as to cooking method
26117120	Haddock, baked or broiled
26119120	Herring, baked or broiled
26121110	Mackerel, cooked, NS as to cooking method
26121120	Mackerel, baked or broiled
26123120	Mullet, baked or broiled
26125110	Ocean perch, cooked, NS as to cooking method
26125120	Ocean perch, baked or broiled
26125130	Ocean perch, breaded or battered, baked
26127120	Perch, baked or broiled
26127130	Perch, breaded or battered, baked
26129120	Pike, baked or broiled
26131110	Pompano, cooked, NS as to cooking method
26131120	Pompano, baked or broiled
26133120	Porgy, baked or broiled
26135110	Ray, cooked, NS as to cooking method
26135120	Ray, baked or broiled
26137120	Salmon, baked or broiled
26141110	Sea bass, cooked, NS as to cooking method
26141120	Sea bass, baked or broiled
26141130	Sea bass, breaded or battered, baked
26143110	Shark, cooked, NS as to cooking method
26143120	Shark, baked or broiled
26145120	Smelt, baked or broiled
26149110	Swordfish, cooked, NS as to cooking method
26149120	Swordfish, baked or broiled
26151110	Trout, cooked, NS as to cooking method
26151120	Trout, baked or broiled
26153110	Tuna, fresh, cooked, NS as to cooking method
26153120	Tuna, fresh, baked or broiled
26157110	Whiting, cooked, NS as to cooking method
26157120	Whiting, baked or broiled
26207110	Roe, shad, cooked
26213120	Squid, baked, broiled
26301110	Abalone, cooked, NS as to cooking method
26315110	Oysters, cooked, NS as to cooking method
26317120	Scallops, baked or broiled
26317130	Scallops, steamed or boiled
26319120	Shrimp, baked or broiled
27120120	Sausage gravy
27150100	Shrimp, curried
27150310 27211190	Fish with tomato-based sauce (mixture)
	Beef and potatoes with cream or white sauce (mixture)
27236000 27242300	Venison/deer and noodles with cream or white sauce (mixture) Chicken or turkey and noodles with cream or white sauce (mixture)
27242300 27242400	Chicken or turkey and noodles, tomato-based sauce (mixture)
27242400	Chicken or turkey and rice with cream sauce (mixture)
27243300 27250020	Clams, stuffed
27250020 27250080	Salmon loaf
27250080	Scallops and noodles with cheese sauce (mixture)
27250110	Shrimp and noodles with cheese sauce (mixture)
21200100	Online and hoodies with cheese sauce (mixture)

27250150	Tuna loaf
27250250	Flounder with crab stuffing
27250270	Clams Casino
27250410	Shrimp with crab stuffing
27250610	Tuna noodle casserole with cream or white sauce
27250630	Tuna noodle casserole with (mushroom) soup
27250820	Fish and rice with cream sauce
27313110	Beef chow mein or chop suey with noodles
27317010	Beef pot pie
27320030	Ham or pork, noodles and vegetables (excluding carrots, broccoli, and dark-green leafy), cheese sauce (mixture)
27320070	Ham or pork, noodles, and vegetables (including carrots, broccoli, and/or dark-green
27320070	leafy), tomato-based sauce (mixture)
27350040	Shad creole, with rice
27350060	Shrimp creole, with rice
27350070	Tuna pot pie
27350200	Oyster pie
27350410	Tuna noodle casserole with vegetables and (mushroom) soup
27360080	Chow mein or chop suey, NS as to type of meat, with noodles
27360120	Chow mein or chop suey, various types of meat, with noodles
27450450	Shrimp creole, no rice
27450510	Tuna casserole with vegetables and (mushroom) soup, no noodles
27460100°	Lau lau (pork and fish wrapped in taro or spinach leaves)
27463000	Stewed gizzards, Puerto Rican style (Mollejitas guisadas)
27510260	Cheeseburger, 1/4 lb meat, with mushrooms in sauce, on bun
27510480	Cheeseburger (hamburger with cheese sauce), 1/4 lb meat, with grilled onions, on rye
	bun
27520310	Ham sandwich with lettuce and spread
27520320	Ham and cheese sandwich, with lettuce and spread
27520350	Ham and cheese sandwich, with spread, grilled
27520360	Ham and cheese sandwich, on bun, with lettuce and spread
27520420	Midnight sandwich, (Media noche), with spread
27550110	Crab cake sandwich, on bun
27560120	Bologna and cheese sandwich, with spread
28101000	Frozen dinner, NFS
28110000	Beef dinner, NFS (frozen meal)
28110510	Beef, sliced, with gravy, potatoes, vegetable (frozen meal)
28130000	Veal dinner, NFS (frozen meal)
28133340	Veal parmigiana with vegetable, fettuccine alfredo, dessert (frozen meal)
28140720	Chicken patty, or nuggets, boneless, breaded, potatoes, vegetable (frozen meal)
28140730	Chicken patty, breaded, with tomato sauce and cheese, fettuccine alfredo, vegetable
20145000	(frozen meal)
28145000	Turkey dinner, NFS (frozen meal)
28145210	Turkey with gravy, dressing, potatoes, vegetable (frozen meal)
28160300	Meat loaf dinner, NFS (frozen meal)
28160650	Stuffed green pepper (frozen meal)
28355250	Lobster bisquè
28355260 28355440	Lobster gumbo
	Shrimp gumbo
31105000	Egg, whole, fried
32101500	Egg, Benedict
32104900	Egg omelet or scrambled egg, NS as to fat added in cooking
32105000	Egg omelet or scrambled egg, fat added in cooking
32105010	Egg omelet or scrambled egg, with theese
32105020	Egg omelet or scrambled egg, with fish

32105030	Egg omelet or scrambled egg, with ham or bacon
32105040	Egg omelet or scrambled egg, with dark-green vegetables
32105050	Egg omelet or scrambled egg, with vegetables other than dark-green vegetables
32105060	Egg omelet or scrambled egg, with peppers, onion, and ham
32105070	Egg omelet or scrambled egg, with mushrooms
32105080	Egg omelet or scrambled egg, with cheese and ham or bacon
32105100	Egg omelet or scrambled egg, with potatoes and/or onions (Tortilla Espanola, traditional
	style Spanish omelet)
32105110	Egg omelet or scrambled egg, with beef
32105120	. Egg omelet or scrambled egg, with sausage and mushrooms
32105121	Egg omelet or scrambled egg, with sausage and cheese
32105122	Egg omelet or scrambled egg, with sausage
32105150	Egg omelet or scrambled egg, with chili, cheese, tomatoes, and beans
32105160	Egg omelet or scrambled egg, with chorizo
32105170	Egg omelet or scrambled egg with chicken
32202030	Egg, cheese, and sausage on English muffin
32202050	Egg, cheese, and sausage on biscuit
′32202130	Egg and steak on biscuit
33000100	Egg substitute, NS as to powdered, frozen, or liquid
33201010	Scrambled egg, made from cholesterol-free frozen mixture
33201110	Scrambled egg, made from cholesterol-free frozen mixture with cheese
33201500	Scrambled egg, made from cholesterol-free frozen mixture with vegetables
33202010	Scrambled egg, made from frozen mixture
33301010	Scrambled egg, made from packaged liquid mixture
41108010	Mung beans, fat added in cooking
41108020	Mung beans, NS as to fat added in cooking
41304980	Lentils, dry, cooked, NS as to fat added in cooking
41304990	Lentils, dry, cooked, fat added in cooking
42116100	Walnuts, honey-roasted
52213010	Spoonbread
52220110	Cornmeal bread, Dominican style (Arepa Dominicana)
53102000	Cake, applesauce, NS as to icing
53102200	Cake, applesauce, with icing
53104900	Cake, chocolate, made with mayonnaise or salad dressing, NS as to icing
53104950	Cake, chocolate, made with mayonnaise or salad dressing, with icing, coating, or filling
53105000	Cake, chocolate, devil's food, or fudge, standard-type mix (eggs and water added to dry
E210E0E0	mix), NS as to icing
53105050	Cake, chocolate, devil's food, or fudge, made from home recipe or purchased ready-to- eat, NS as to icing
53105200	Cake, chocolate, devil's food, or fudge, standard-type mix (eggs and water added to dry
33103200	mix), with icing, coating, or filling
53105260	Cake, chocolate, devil's food, or fudge, with icing, coating, or filling, made from home
00100200	recipe or purchased ready-to-eat
53108000	Cake, cupcake, chocolate, NS as to icing
53115300	Cake, nut, NS as to icing
53115320	Cake, nut, with icing
53115410	Cake, oatmeal, with icing
53115450	Cake, peanut butter, with icing
53118600	Cake, chiffon, NS as to icing
53118800	Cake, chiffon, with icing
53118950	Cake, chiffon, chocolate, with icing
53120000	Cake, white, standard-type mix (egg whites and water added), NS as to icing
53120200	Cake, white, standard-type mix (egg whites and water added), No as to long
53121000	Cake, yellow, standard-type mix (eggs and water added to dry mix), NS as to icing
53121060	Cake, yellow, made from home recipe or purchased ready-to- eat, NS as to icing
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53121200	Cake, yellow, standard-type mix (eggs and water added to dry mix), with icing
53121260	Cake, yellow, with icing, made from home recipe or purchased ready-to-eat
53124100	Cake, zucchini, NS as to icing
53124120	Cake, zucchini, with icing
53303510	Pie, berry, not blackberry, blueberry, boysenberry, huckleberry, raspberry, or strawberry;
	one crust
53305700	Pie, lemon (not cream or meringue)
53305720	Pie, lemon (not cream or meringue), individual size or tart
53310000	Pie, raspberry, one crust
53345000	Pie, Iemon cream
53345070	Pie, Iemon cream, individual size or tart
53347500	Pie, sour cream, raisin
53373000	Pie, black bottom
53400200	Blintz, cheese-filled
53400300	Blintz, fruit-filled
53410900	Cobbler, rhubarb
53415100	Crisp, apple, apple dessert
53430000	Crepe, dessert type, NS as to filling
53430200	Crepe, dessert type, fruit-filled
53430300	Crepe, dessert type, ice cream-filled
53440500	Strudel, cherry
53440600	Strudel, cheese
53440700	Strudel, peach
53440800	Strudel, cheese and fruit
55105100	Pancakes, cornmeal
56101030	Macaroni, cooked, fat added in cooking
56102020	Macaroni, whole wheat, cooked, fat added in cooking
56103020	Macaroni, cooked, spinach, fat added in cooking
56104020	Macaroni, cooked, vegetable, fat added in cooking
56112030	Noodles, cooked, fat added in cooking
56114020	Noodles, cooked, spinach, fat added in cooking
56117010	Long rice noodles (made from mung beans), cooked, fat added in cooking
56117110	Chow fun rice noodles, cooked, fat added in cooking
56131000	Spaghetti, cooked, fat added in cooking
56133010	Spaghetti, cooked, whole wheat, fat added in cooking
56200510	Buckwheat groats, cooked, fat added in cooking
56201020	Grits, cooked, corn or hominy, regular, fat added in cooking
56201040	Grits, cooked, corn or hominy, NS as to regular, quick, or instant, fat added in cooking
56201120	Grits, cooked, corn or hominy, quick, fat added in cooking
56201220	Grits, cooked, corn or hominy, instant, fat added in cooking
56201550	Cornmeal dumpling
56203040	Oatmeal, cooked, NS as to regular, quick, or instant, fat added in cooking
56203050	Oatmeal, cooked, regular, fat added in cooking Oatmeal, cooked, quick (1 or 3 minutes), fat added in cooking
56203060	Oatmeal, NS as to regular, quick, or instant, made with milk, fat added in cooking
56203220	Oatmeal, multigrain, cooked, fat added in cooking
56203620	Rice, cream of, cooked, fat added in cooking
56205090 56205130	Yellow rice, cooked, regular, NS as to fat added in cooking
56205170	Yellow rice, cooked, regular, fat added in cooking
56205510	Rice, brown, cooked, regular, fat added in cooking
56205530	Rice, brown, cooked, instant, NS as to fat added in cooking
56205550	Rice, brown, cooked, instant, fix added in cooking
56207060	Wheat, cream of, cooked, instant, fat added in cooking
56207080	Wheat, cream of, cooked, NS as to regular, quick, or instant, fat added in cooking
56207210	Whole wheat cereal, cooked, fat added in cooking
JULUILIU	without write at coreal, cooked, fat added in cooking

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56207220	Wheat, cream of, cooked, regular, fat added in cooking
56207230	Wheat, cream of, cooked, quick, fat added in cooking
56207330	Whole wheat cereal, wheat and barley, cooked, fat added in cooking
56208510	Oat bran cereal, cooked, fat added in cooking
56208540	Oat bran cereal, cooked, made with milk, fat added in cooking
58108000	Calzone, with cheese, meatless
58128110	Chicken cornbread
58131600	Ravioli, cheese and spinach-filled, with cream sauce
58134650	Tortellini, meat-filled, no sauce
58134720	Tortellini, spinach-filled, no sauce
58140310	Macaroni with tuna, Puerto Rican style (Macarrones con atun)
58145150	Macaroni or noodles with cheese and pork or ham
58145160	Macaroni or noodles with cheese and frankfurters or hot dogs
58147310	Macaroni, creamed
58147330	Macaroni, creamed, with cheese
58147510	Flavored pasta
58148180	Macaroni salad with cheese
58149110	Noodle pudding
58160120	Rice with beans and tomatoes
58160130	Rice with beans and chicken
58160140	Rice with beans and pork
58162310	Rice pilaf
58163310	Flavored rice mixture
58163330	Flavored rice mixture with cheese
58163360	Flavored rice, brown and wild
58163380	Flavored rice and pasta mixture
58163400	Flavored rice and pasta mixture, reduced sodium
58163510	Rice dressing
58163610	Rice-vegetable medley
61113500	Lemon pie filling
71101100	White potato, baked, peel eaten, NS as to fat added in cooking
71101120	White potato, baked, peel eaten, fat added in cooking
71103000	White potato, boiled, without peel, NS as to fat added in cooking
71103020	White potato, boiled, without peel, fat added in cooking White potato, boiled, with peel, NS as to fat added in cooking
71103100	White potato, boiled, with peel, his as to fat added in cooking  White potato, boiled, with peel, fat added in cooking
71103120 71103200	White potato, boiled, with peel, rat added in cooking  White potato, boiled, without peel, canned, low sodium, NS as to fat added in cooking
71103200	White potato, boiled, without peel, canned, low sodium, fat added in cooking
71103220	White potato, roasted, NS as to fat added in cooking
71104020	White potato, roasted, fat added in cooking
71301000	White potato, cooked, with sauce, NS as to sauce
71301020	White potato, cooked, with cheese
71305010	White potato, scalloped
71305110	White potato, scalloped, with ham
71501000	White potato, mashed, NFS
71501020	White potato, from fresh, mashed, made with milk and fat
71501030	White potato, from fresh, mashed, made with fat
71501050	White potato, from fresh, mashed, made with milk, fat and cheese
71501070	White potato, from dry, mashed, made with milk, fat, egg and cheese
71507000	White potato, stuffed, baked, peel not eaten, NS as to topping
71507010	White potato, stuffed, baked, peel not eaten, stuffed with sour cream
71507020	White potato, stuffed, baked, peel not eaten, stuffed with cheese
71507030	White potato, stuffed, baked, peel not eaten, stuffed with chili
71507040	White potato, stuffed, baked, peel not eaten, stuffed with broccoli and cheese sauce
71507050	White potato, stuffed, baked, peel not eaten, stuffed with meat in cream sauce

71508070	White potato, stuffed, baked, peel not eaten, stuffed with bacon and cheese
71702000	Potato pudding
71930090	Cassava (yuca blanca), cooked, NS as to fat added in cooking
71930120	Cassava (yuca blanca), cooked, fat added in cooking
71941130	Sweetpotatoes, Puerto Rican, roasted or baked
71945020	Yam buns, Puerto Rican style (Bunuelos de name)
72101200	Beet greens, cooked, NS as to fat added in cooking
72101220	Beet greens, cooked, fat added in cooking
72104200	Chard, cooked, NS as to fat added in cooking
72104220	Chard, cooked, fat added in cooking
72107200	Collards, cooked, NS as to form, NS as to fat added in cooking
72107201	Collards, cooked, from fresh, NS as to fat added in cooking
72107202	Collards, cooked, from frozen, NS as to fat added in cooking
72107203	Collards, cooked, from canned, NS as to fat added in cooking
72107220	Collards, cooked, NS as to form, fat added in cooking
72107221	Collards, cooked, from fresh, fat added in cooking
72107222	Collards, cooked, from frozen, fat added in cooking
72107223	Collards, cooked, from canned, fat added in cooking
72110200	Cress, cooked, NS as to form, NS as to fat added in cooking
72110201	Cress, cooked, from fresh, NS as to fat added in cooking
72110203	Cress, cooked, from canned, NS as to fat added in cooking
72110220	Cress, cooked, NS as to form, fat added in cooking
72110221	Cress, cooked, from fresh, fat added in cooking
72110223	Cress, cooked, from canned, fat added in cooking
72113200	Dandelion greens, cooked, NS as to fat added in cooking
72113220	Dandelion greens, cooked, fat added in cooking
72116200	Escarole, cooked, NS as to fat added in cooking
72116220	Escarole, cooked, fat added in cooking
72118200	Greens, cooked, NS as to form, NS as to fat added in cooking
72118201	Greens, cooked, from fresh, NS as to fat added in cooking
72118202	Greens, cooked, from frozen, NS as to fat added in cooking
72118203	Greens, cooked, from canned, NS as to fat added in cooking
72118220	Greens, cooked, NS as to form, fat added in cooking
72118221 72118222	Greens, cooked, from fresh, fat added in cooking
72118223	Greens, cooked, from frozen, fat added in cooking Greens, cooked, from canned, fat added in cooking
72119200	Kale, cooked, NS as to form, NS as to fat added in cooking
72119200	Kale, cooked, from fresh, NS as to fat added in cooking
72119202	Kale, cooked, from frozen, NS as to fat added in cooking
72119203	Kale, cooked, from canned, NS as to fat added in cooking
72119220	Kale, cooked, NS as to form, fat added in cooking
72119221	Kale, cooked, from fresh, fat added in cooking
72119222	Kale, cooked, from frozen, fat added in cooking
72119223	Kale, cooked, from canned, fat added in cooking
72120200	Lambsquarter, cooked, NS as to fat added in cooking
72120220	Lambsquarter, cooked, fat added in cooking
72122200	Mustard greens, cooked, NS as to form, NS as to fat added in cooking
72122201	Mustard greens, cooked, from fresh, NS as to fat added in cooking
72122202	Mustard greens, cooked, from frozen, NS as to fat added in cooking
72122203	Mustard greens, cooked, from canned, NS as to fat added in cooking
72122220	Mustard greens, cooked, NS as to form, fat added in cooking
72122221	Mustard greens, cooked, from fresh, fat added in cooking
72122222	Mustard greens, cooked, from frozen, fat added in cooking
72122223	Mustard greens, cooked, from canned, fat added in cooking
72123000	Poke greens, cooked, NS as to fat added in cooking

72123020	Poke greens, cooked, fat added in cooking
72125200	Spinach, cooked, NS as to form, NS as to fat added in cooking
72125201	Spinach, cooked, from fresh, NS as to fat added in cooking
72125202	Spinach, cooked, from frozen, NS as to fat added in cooking
72125203	Spinach, cooked, from canned, NS as to fat added in cooking
72125220	Spinach, cooked, NS as to form, fat added in cooking
72125221	Spinach, cooked, from fresh, fat added in cooking
72125222	Spinach, cooked, from frozen, fat added in cooking
72125223	Spinach, cooked, from canned, fat added in cooking
72128200	Turnip greens, cooked, NS as to form, NS as to fat added in cooking
72128201	Turnip greens, cooked, from fresh, NS as to fat added in cooking
72128202	Turnip greens, cooked, from frozen, NS as to fat added in cooking
72128203	Turnip greens, cooked, from canned, NS as to fat added in cooking
72128220	Turnip greens, cooked, NS as to form, fat added in cooking
72128221	Turnip greens, cooked, from fresh, fat added in cooking
72128222	Turnip greens, cooked, from frozen, fat added in cooking
72128223	Turnip greens, cooked, from canned, fat added in cooking
72128400	Turnip greens with roots, cooked, NS as to form, NS as to fat added in cooking
72128401	Turnip greens with roots, cooked, from fresh, NS as to fat added in cooking
72128402	Turnip greens with roots, cooked, from frozen, NS as to fat added in cooking
72128403	Turnip greens with roots, cooked, from canned, NS as to fat added in cooking
72128420	Turnip greens with roots, cooked, NS as to form, fat added in cooking
72128421	Turnip greens with roots, cooked, from fresh, fat added in cooking
72128422	Turnip greens with roots, cooked, from frozen, fat added in cooking
72128423	Turnip greens with roots, cooked, from canned, fat added in cooking
72128500	Turnip greens, canned, low sodium, cooked, NS as to fat added in cooking
72128520	Turnip greens, canned, low sodium, cooked, fat added in cooking
72201200	Broccoli, cooked, NS as to form, NS as to fat added in cooking
72201201	Broccoli, cooked, from fresh, NS as to fat added in cooking
72201202	Broccoli, cooked, from frozen, NS as to fat added in cooking
72201220	Broccoli, cooked, NS as to form, fat added in cooking
72201221	Broccoli, cooked, from fresh, fat added in cooking
72201222	Broccoli, cooked, from frozen, fat added in cooking
72202010	Broccoli casserole (broccoli, noodles, and cream sauce)
72202020	Broccoli casserole (broccoli, rice, cheese, and mushroom sauce)
73102200	Carrots, cooked, NS as to form, NS as to fat added in cooking
73102201	Carrots, cooked, from fresh, NS as to fat added in cooking
73102202	Carrots, cooked, from frozen, NS as to fat added in cooking
73102203	Carrots, cooked, from canned, NS as to fat added in cooking
73102220	Carrots, cooked, NS as to form, fat added in cooking
73102221	Carrots, cooked, from fresh, fat added in cooking
73102222	Carrots, cooked, from frozen, fat added in cooking
73102223	Carrots, cooked, from canned, fat added in cooking
73111200	Peas and carrots, cooked, NS as to form, NS as to fat added in cooking
73111201	Peas and carrots, cooked, from fresh, NS as to fat added in cooking
73111202	Peas and carrots, cooked, from frozen, NS as to fat added in cooking
73111203	Peas and carrots, cooked, from canned, NS as to fat added in cooking
73111220	Peas and carrots, cooked, NS as to form, fat added in cooking
73111221	Peas and carrots, cooked, from fresh, fat added in cooking
73111222	Peas and carrots, cooked, from frozen, fat added in cooking
73111223	Peas and carrots, cooked, from canned, fat added in cooking
73211110	Sweetpotato and pumpkin casserole, Puerto Rican style
73301000	Squash, winter type, mashed, NS as to fat or sugar added in cooking
73301020	Squash, winter type, mashed, fat added in cooking, no sugar added in cooking
73301030	Squash, winter type, mashed, fat and sugar added in cooking

73303000 Squash, winter type, baked, NS as to fat or sugar added in cooking 73303020 Squash, winter type, baked, fat added in cooking, no sugar added in cooking 73303030 Squash, winter type, baked, fat and sugar added in cooking 73401000 Sweetpotato, NFS Sweetpotato, baked, peel eaten, NS as to fat added in cooking 73402000 73402020 Sweetpotato, baked, peel eaten, fat added in cooking 73403000 Sweetpotato, baked, peel not eaten, NS as to fat added in cooking 73403020 Sweetpotato, baked, peel not eaten, fat added in cooking 73405000 Sweetpotato, boiled, without peel, NS as to fat added in cooking 73405020 Sweetpotato, boiled, without peel, fat added in cooking 73405100 Sweetpotato, boiled, with peel, NS as to fat added in cooking 73405120 Sweetpotato, boiled, with peel, fat added in cooking 73406000 Sweetpotato, candied 73407030 Sweetpotato, canned in syrup, with fat added in cooking 73409000 Sweetpotato, casserole or mashed 74204011 Tomatoes, from fresh, stewed 74504000 Tomato and okra, cooked, NS as to fat added in cooking 74504020 Tomato and okra, cooked, fat added in cooking 74505000 Tomato with corn and okra, cooked, NS as to fat added in cooking 74505020 Tomato with corn and okra, cooked, fat added in cooking 75200120 Vegetables, NS as to type, cooked, fat added in cooking 75201000 Artichoke, globe (French), cooked, NS as to form, NS as to fat added in cooking Artichoke, globe (French), cooked, from fresh, NS as to fat added in cooking 75201001 75201002 Artichoke, globe (French), cooked, from frozen, NS as to fat added in cooking 75201003 Artichoke, globe (French), cooked, from canned, NS as to fat added in cooking 75201020 Artichoke, globe (French), cooked, NS as to form, fat added in cooking 75201021 Artichoke, globe (French), cooked, from fresh, fat added in cooking 75201022 Artichoke, globe (French), cooked, from frozen, fat added in cooking 75201023 Artichoke, globe (French), cooked, from canned, fat added in cooking 75202000 Asparagus, cooked, NS as to form, NS as to fat added in cooking 75202001 Asparagus, cooked, from fresh, NS as to fat added in cooking 75202002 Asparagus, cooked, from frozen, NS as to fat added in cooking 75202020 Asparagus, cooked, NS as to form, fat added in cooking 75202021 Asparagus, cooked, from fresh, fat added in cooking 75202022 Asparagus, cooked, from frozen, fat added in cooking 75203020 Bamboo shoots, cooked, fat added in cooking Beans, lima, immature, cooked, NS as to form, NS as to fat added in cooking 75204000 75204001 Beans, lima, immature, cooked, from fresh, NS as to fat added in cooking 75204002 Beans, lima, immature, cooked, from frozen, NS as to fat added in cooking 75204003 Beans, lima, immature, cooked, from canned, NS as to fat added in cooking 75204020 Beans, lima, immature, cooked, NS as to form, fat added in cooking Beans, lima, immature, cooked, from fresh, fat added in cooking 75204021 75204022 Beans, lima, immature, cooked, from frozen, fat added in cooking 75204023 Beans, lima, immature, cooked, from canned, fat added in cooking 75204980 Beans, string, cooked, NS as to form, NS as to color, fat added in cooking 75204981 Beans, string, cooked, from fresh, NS as to color, fat added in cooking 75204982 Beans, string, cooked, from frozen, NS as to color, fat added in cooking 75204983 Beans, string, cooked, from canned, NS as to color, fat added in cooking Beans, string, cooked, NS as to form, NS as to color, NS as to fat added in cooking 75205000 75205001 Beans, string, cooked, from fresh, NS as to color, NS as to fat added in cooking 75205002 Beans, string, cooked, from frozen, NS as to color, NS as to fat added in cooking 75205003 Beans, string, cooked, from canned, NS as to color, NS as to fat added in cooking 75205010 Beans, string, green, cooked, NS as to form, NS as to fat added in cooking 75205011 Beans, string, green, cooked, from fresh, NS as to fat added in cooking 75205012 Beans, string, green, cooked, from frozen, NS as to fat added in cooking

75205013	Beans, string, green, cooked, from canned, NS as to fat added in cooking
75205030	Beans, string, green, cooked, NS as to form, fat added in cooking
75205031	Beans, string, green, cooked, from fresh, fat added in cooking
75205032	Beans, string, green, cooked, from frozen, fat added in cooking
75205033	Beans, string, green, cooked, from canned, fat added in cooking
75205110	Beans, string, green, canned, low sodium, NS as to fat added in cooking
75205130	Beans, string, green, canned, low sodium, fat added in cooking
75206000	Beans, string, yellow, cooked, NS as to form, NS as to fat added in cooking
75206001	Beans, string, yellow, cooked, from fresh, NS as to fat added in cooking
75206002	Beans, string, yellow, cooked, from frozen, NS as to fat added in cooking
75206003	Beans, string, yellow, cooked, from canned, NS as to fat added in cooking
75206020	Beans, string, yellow, cooked, NS as to form, fat added in cooking
75206021	Beans, string, yellow, cooked, from fresh, fat added in cooking
75206022	Beans, string, yellow, cooked, from frozen, fat added in cooking
75206023	Beans, string, yellow, cooked, from canned, fat added in cooking
75207000	Bean sprouts, cooked, NS as to form, NS as to fat added in cooking
75207001	Bean sprouts, cooked, from fresh, NS as to fat added in cooking
75207003	Bean sprouts, cooked, from canned, NS as to fat added in cooking
75207020	Bean sprouts, cooked, NS as to form, fat added in cooking
75207021	Bean sprouts, cooked, from fresh, fat added in cooking
75207023	Bean sprouts, cooked, from canned, fat added in cooking
75208000	Beets, cooked, NS as to form, NS as to fat added in cooking
75208001	Beets, cooked, from fresh, NS as to fat added in cooking
75208002	Beets, cooked, from frozen, NS as to fat added in cooking
75208003	Beets, cooked, from canned, NS as to fat added in cooking
75208020	Beets, cooked, NS as to form, fat added in cooking
75208021	Beets, cooked, from fresh, fat added in cooking
75208022	Beets, cooked, from frozen, fat added in cooking
75208023	Beets, cooked, from canned, fat added in cooking
75208290	Bitter melon, cooked, NS as to fat added in cooking
75208310	Bitter melon, cooked, fat added in cooking
75208700	Broccoflower, cooked, NS as to fat added in cooking
75208720	Broccoflower, cooked, fat added in cooking
75209000	Brussels sprouts, cooked, NS as to form, NS as to fat added in cooking
75209001 75209002	Brussels sprouts, cooked, from fresh, NS as to fat added in cooking Brussels sprouts, cooked, from frozen, NS as to fat added in cooking
75209002	Brussels sprouts, cooked, NS as to form, fat added in cooking
75209020	Brussels sprouts, cooked, from fresh, fat added in cooking
75209021	Brussels sprouts, cooked, from frozen, fat added in cooking
75210000	Cabbage, Chinese, cooked, NS as to fat added in cooking
75210020	Cabbage, Chinese, cooked, fat added in cooking
75211010	Cabbage, green, cooked, NS as to fat added in cooking
75211030	Cabbage, green, cooked, fat added in cooking
75212000	Cabbage, red, cooked, NS as to fat added in cooking
75212020	Cabbage, red, cooked, fat added in cooking
75213020	Cabbage, savoy, cooked, fat added in cooking
75213100	Cactus, cooked, NS as to fat added in cooking
75213120	Cactus, cooked, fat added in cooking
75214000	Cauliflower, cooked, NS as to form, NS as to fat added in cooking
75214001	Cauliflower, cooked, from fresh, NS as to fat added in cooking
75214002	Cauliflower, cooked, from frozen, NS as to fat added in cooking
75214003	Cauliflower, cooked, from canned, NS as to fat added in cooking
75214020	Cauliflower, cooked, NS as to form, fat added in cooking
75214021	Cauliflower, cooked, from fresh, fat added in cooking
75214022	Cauliflower, cooked, from frozen, fat added in cooking

75214023 Cauliflower, cooked, from canned, fat added in cooking 75215000 Celery, cooked, NS as to fat added in cooking 75215020 Celery, cooked, fat added in cooking 75216000 Corn, cooked, NS as to form, NS as to color, NS as to fat added in cooking Corn, cooked, from fresh, NS as to color, NS as to fat added in cooking 75216001 Corn, cooked, from frozen, NS as to color, NS as to fat added in cooking 75216002 75216003 Corn, cooked, from canned, NS as to color, NS as to fat added in cooking 75216020 Corn, cooked, NS as to form, NS as to color, fat added in cooking 75216021 Corn, cooked, from fresh, NS as to color, fat added in cooking 75216022 Corn, cooked, from frozen, NS as to color, fat added in cooking Corn, cooked, from canned, NS as to color, fat added in cooking 75216023 75216100 Corn, yellow, cooked, NS as to form, NS as to fat added in cooking Corn, yellow, cooked, from fresh, NS as to fat added in cooking 75216101 75216102 Corn, yellow, cooked, from frozen, NS as to fat added in cooking Corn, yellow, cooked, from canned, NS as to fat added in cooking 75216103 Corn, yellow, cooked, NS as to form, fat added in cooking 75216120 75216121 Corn, yellow, cooked, from fresh, fat added in cooking 75216122 Corn, yellow, cooked, from frozen, fat added in cooking 75216123 Corn, yellow, cooked, from canned, fat added in cooking 75216160 Corn, yellow and white, cooked, NS as to form, NS as to fat added in cooking 75216161 Corn, yellow and white, cooked, from fresh, NS as to fat added in cooking 75216162 Corn, yellow and white, cooked, from frozen, NS as to fat added in cooking 75216163 Corn, yellow and white, cooked, from canned, NS as to fat added in cooking Corn, yellow and white, cooked, NS as to form, fat added in cooking 75216180 Corn, yellow and white, cooked, from fresh, fat added in cooking 75216181 Corn, yellow and white, cooked, from frozen, fat added in cooking 75216182 Corn, yellow and white, cooked, from canned, fat added in cooking 75216183 75216200 Corn, white, cooked, NS as to form, NS as to fat added in cooking Corn, white, cooked, from fresh, NS as to fat added in cooking 75216201 75216202 Corn, white, cooked, from frozen, NS as to fat added in cooking 75216203 Corn, white, cooked, from canned, NS as to fat added in cooking Corn, white, cooked, NS as to form, fat added in cooking 75216220 75216221 Corn, white, cooked, from fresh, fat added in cooking 75216222 Corn, white, cooked, from frozen, fat added in cooking Corn, white, cooked, from canned, fat added in cooking 75216223 Corn, yellow, canned, low sodium, NS as to fat added in cooking 75216300 Corn, yellow, canned, low sodium, fat added in cooking 75216320 75216700 Cucumber, cooked, NS as to fat added in cooking 75216720 Cucumber, cooked, fat added in cooking 75217000 Eggplant, cooked, NS as to fat added in cooking 75217020 Eggplant, cooked, fat added in cooking 75218400 Leek, cooked, NS as to fat added in cooking 75219000 Mushrooms, cooked, NS as to form, NS as to fat added in cooking 75219001 Mushrooms, cooked, from fresh, NS as to fat added in cooking 75219002 Mushrooms, cooked, from frozen, NS as to fat added in cooking 75219003 Mushrooms, cooked, from canned, NS as to fat added in cooking 75219020 Mushrooms, cooked, NS as to form, fat added in cooking 75219021 Mushrooms, cooked, from fresh, fat added in cooking Mushrooms, cooked, from frozen, fat added in cooking 75219022 75219023 Mushrooms, cooked, from canned, fat added in cooking Okra, cooked, NS as to form, NS as to fat added in cooking 75220000 75220001 Okra, cooked, from fresh, NS as to fat added in cooking Okra, cooked, from frozen, NS as to fat added in cooking 75220002 Okra, cooked, from canned, NS as to fat added in cooking 75220003 75220020 Okra, cooked, NS as to form, fat added in cooking

75220021	Okra, cooked, from fresh, fat added in cooking
75220022	Okra, cooked, from frozen, fat added in cooking
75220023	Okra, cooked, from canned, fat added in cooking
75221000	Onions, mature, cooked, NS as to form, NS as to fat added in cooking
75221001	Onions, mature, cooked, from fresh, NS as to fat added in cooking
75221002	Onions, mature, cooked, from frozen, NS as to fat added in cooking
75221020	Onions, mature, cooked or sauteed, NS as to form, fat added in cooking
75221021	Onions, mature, cooked or sauteed, from fresh, fat added in cooking
75221022	Onions, mature, cooked or sauteed, from frozen, fat added in cooking
75221040	Onion, young green, cooked, NS as to form, NS as to fat added in cooking
75221041	Onion, young green, cooked, from fresh, NS as to fat added in cooking
75221060	Onion, young green, cooked, NS as to form, fat added in cooking
75221061	Onion, young green, cooked, from fresh, fat added in cooking
75222000	Parsnips, cooked, NS as to fat added in cooking
75222020	Parsnips, cooked, fat added in cooking
75223000	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, NS as to form, NS as to
7022000	fat added in cooking
75223001	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from fresh, NS as to fat
70220001	added in cooking
75223002	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from frozen, NS as to
7 3223002	fat added in cooking
75223003	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from canned, NS as to
73223003	fat added in cooking
75223020	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, NS as to form, fat
73223020	added in cooking
75223021	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from fresh, fat added in
7 3223021	cooking
75223022	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from frozen, fat added
73223022	in cooking
75223023	Peas, cowpeas, field peas, or blackeye peas (not dried), cooked, from canned, fat added
73220020	in cooking
75224010	Peas, green, cooked, NS as to form, NS as to fat added in cooking
75224011	Peas, green, cooked, from fresh, NS as to fat added in cooking
75224012	Peas, green, cooked, from frozen, NS as to fat added in cooking
75224013	Peas, green, cooked, from canned, NS as to fat added in cooking
75224030	Peas, green, cooked, NS as to form, fat added in cooking
75224031	Peas, green, cooked, from fresh, fat added in cooking
75224032	Peas, green, cooked, from frozen, fat added in cooking
75224033	Peas, green, cooked, from canned, fat added in cooking
75226000	Peppers, green, cooked, NS as to fat added in cooking
75226020	Peppers, green, cooked, fat added in cooking
75226060	Peppers, red, cooked, fat added in cooking
75227110	Radish, Japanese (daikon), cooked, fat added in cooking
75228000	Rutabaga, cooked, NS as to fat added in cooking
75228020	Rutabaga, cooked, fat added in cooking
75231000	Snowpea (pea pod), cooked, NS as to form, NS as to fat added in cooking
75231001	Snowpea (pea pod), cooked, from fresh, NS as to fat added in cooking
75231002	Snowpea (pea pod), cooked, from frozen, NS as to fat added in cooking
75231002 75231020	Showpea (pea pod), cooked, NS as to form, fat added in cooking
75231020 75231021	Snowpea (pea pod), cooked, from fresh, fat added in cooking
75231021 75231022	Snowpea (pea pod), cooked, from frozen, fat added in cooking  Snowpea (pea pod), cooked, from frozen, fat added in cooking
75233000	Showpea (pea pod), cooked, from frozen, fat added in cooking Squash, summer, cooked, NS as to form, NS as to fat added in cooking
75233000 75233001	Squash, summer, cooked, from fresh, NS as to fat added in cooking
75233001 75233002	Squash, summer, cooked, from frozen, NS as to fat added in cooking
	Squash, summer, cooked, from canned, NS as to fat added in cooking
75233003	Squash, summer, cooked, from carried, No as to rat added in cooking

75233020	Squash, summer, cooked, NS as to form, fat added in cooking
75233021	Squash, summer, cooked, from fresh, fat added in cooking
75233022	Squash, summer, cooked, from frozen, fat added in cooking
75233023	Squash, summer, cooked, from canned, fat added in cooking
75233200	Squash, spaghetti, cooked, NS as to fat added in cooking
75233210	Squash, spaghetti, cooked, fat added in cooking
75234000	Turnip, cooked, NS as to form, NS as to fat added in cooking
75234001	Turnip, cooked, from fresh, NS as to fat added in cooking
75234002	Turnip, cooked, from frozen, NS as to fat added in cooking
75234003	Turnip, cooked, from canned, NS as to fat added in cooking
75234020	
75234020	Turnip, cooked, NS as to form, fat added in cooking
75234021	Turnip, cooked, from fresh, fat added in cooking
	Turnip, cooked, from frozen, fat added in cooking
75234023	Turnip, cooked, from canned, fat added in cooking
75301100	Beans, lima and corn (succotash), cooked, NS as to fat added in cooking
75301120	Beans, lima and corn (succotash), cooked, fat added in cooking
75302200	Beans, green string, with onions, NS as to fat added in cooking
75302210	Beans, green string, with onions, fat added in cooking
75307000	Green peppers and onions, cooked, fat added in cooking
75311000	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, NS as to
	form, NS as to fat added in cooking
75311002	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, from
	frozen, NS as to fat added in cooking
75311003	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, from
	canned, NS as to fat added in cooking
75311020	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, NS as to
	form, fat added in cooking
75311022	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, from
	frozen, fat added in cooking
75311023	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), cooked, from
	canned, fat added in cooking
75311100	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), canned, low
	sodium, NS as to fat added in cooking
75311120	Mixed vegetables (corn, lima beans, peas, green beans, and carrots), canned, low
	sodium, fat added in cooking
75315000	Peas and corn, cooked, NS as to fat added in cooking
75315020	Peas and corn, cooked, fat added in cooking
75315100	Peas and onions, cooked, NS as to fat added in cooking
75315120	Peas and onions, cooked, fat added in cooking
75316020	Squash, summer, and onions, cooked, fat added in cooking
75317000	Vegetables, stew type (including potatoes, carrots, onions, celery) cooked, NS as to fat
	added in cooking
75317010	Vegetables, stew type (including potatoes, carrots, onions, celery) cooked, fat added in
	cooking
75340000	Vegetable combinations, Oriental style, (broccoli, green pepper, water chestnut, etc)
	cooked, NS as to fat added in cooking
75340020	Vegetable combinations, Oriental style, (broccoli, green pepper, water chestnuts, etc),
	cooked, fat added in cooking
75340100	Vegetable combinations (broccoli, carrots, corn, cauliflower, etc.), cooked, NS as to fat
<del>-</del>	added in cooking
75340120	Vegetable combinations (broccoli, carrots, corn, cauliflower, etc.), cooked, fat added in
	cooking
75340130	Vegetable combination (green beans, broccoli, onions, mushrooms), cooked, NS as to fat
	added in cooking

75340150	Vegetable combination (green beans, broccoli, onions, mushrooms), cooked, fat added in
	cooking
75405010	Beets with Harvard sauce
75411010	Corn, scalloped or pudding
75418020	Squash, summer, casserole with tomato and cheese
75418220	Creamed christophine, Puerto Rican style (Chayote a la crema)
75460800	Vegetable combinations (including carrots, broccoli, and/or dark-green leafy), cooked,
	with butter sauce and pasta
75460810	Vegetable combinations (excluding carrots, broccoli, and dark-green leafy), cooked, with
	butter sauce and pasta
75602010	Cauliflower soup, cream of, prepared with milk
75604510	Cucumber soup, cream of, prepared with milk
75649110	Vegetable soup, home recipe
75649150	Vegetable noodle soup, home recipe
77316010	Stuffed cabbage, with meat, Puerto Rican style (Repollo relleno con carne)
91735000	Pralines

**Mixtures containing margarine**Adjusted for margarine content of 0.09 to <2% [Rice protein concentrate] = 0.016 to <0.3%

~13210110	Pudding, bread
13210750	Pudding, pumpkin
27135030	Veal with cream sauce (mixture)
27212000	Beef and noodles, no sauce (mixture)
27213000	Beef and rice, no sauce (mixture)
27213400	Beef and rice with (mushroom) soup (mixture)
27214300	Beef wellington
27220020	Ham and noodles with cream or white sauce (mixture)
27220030	Ham and rice with (mushroom) soup (mixture)
27220210	Ham and noodles, no sauce (mixture)
27220310	Ham or pork and rice, no sauce (mixture)
27242350	Chicken or turkey tetrazzini
27250210	Clam cake or patty
27250220	Oyster fritter
27250710	Tuna and rice with (mushroom) soup (mixture)
27250810	Fish and rice with tomato-based sauce
27250830	Fish and rice with (mushroom) soup
27250900	Fish and noodles with (mushroom) soup
27250950	Shellfish mixture and noodles, tomato-based sauce (mixture)
27311510	Shepherd's pie with beef
27320040	Pork, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)
27320100	Pork, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)
27320110	Pork, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato-based sauce (mixture)
27320120	Sausage, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)
27320130	Sausage, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)
27320140	Pork, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)
27320150	Pork, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)

27320210	Pork, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), no sauce (mixture)
27320340	Pork, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-
07000000	based sauce (mixture)
27320350	Pork, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), tomato- based sauce (mixture)
27330010	Shepherd's pie with lamb
27330050	Lamb or mutton, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)
27330060	Lamb or mutton, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), tomato-based sauce (mixture)
27343950	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), cheese sauce (mixture)
27343960	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy), cheese sauce (mixture)
27345440	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), cheese sauce (mixture)
27245450	
27345450	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green
0=0.4=4.00	leafy), cheese sauce (mixture)
27347100	Chicken or turkey pot pie
27347200	Chicken or turkey, stuffing, and vegetables (including carrots, broccoli, and/or dark-green leafy), no sauce (mixture)
27347210	Chicken or turkey,stuffing, and vegetables (excluding carrots, broccoli, and dark green leafy), no sauce (mixture)
27347220	Chicken or turkey, stuffing, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy (mixture)
27347230	Chicken or turkey, stuffing, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy (mixture)
27410210	Beef and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), no sauce (mixture)
27410220	Beef and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), no sauce (mixture)
27443150	
	Chicken or turkey divan
27446400	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), cheese sauce (mixture)
27446410	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), cheese sauce (mixture)
27450650	Shellfish mixture and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), (mushroom) soup (mixture)
27450660	Shellfish mixture and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)), (mushroom) soup (mixture)
27450700	Fish and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)), tomato-based sauce (mixture)
27450710	Fish and vegetables (excluding carrots, broccoli, and dark- green leafy (no potatoes)), tomato-based sauce (mixture)
28110300	\
	Salisbury steak dinner, NFS (frozen meal)
28110380	Salisbury steak with gravy, macaroni and cheese (frozen meal)
28110660	Meatballs, Swedish, in gravy, with noodles (diet frozen meal)
28113110	Salisbury steak, baked, with tomato sauce, vegetable (diet frozen meal)
28141010	Chicken, fried, with potatoes, vegetable, dessert (frozen meal, large meat portion)
28143110	Chicken cacciatore with noodles (diet frozen meal)
28145610	Turkey with gravy, dressing, potatoes, vegetable, dessert (frozen meal, large meat portion)
29145710	
28145710	Turkey tetrazzini (frozen meal)
28152030	Seafood newburg with rice, vegetable (frozen meal)

28152050	Shrimp with rice, vegetable (frozen meal)
28160310	Meat loaf in tomato sauce with potatoes, vegetable (frozen meal)
28160710	Stuffed cabbage, with meat and tomato sauce (diet frozen meal)
28340590	Chicken corn soup, home recipe
32105085	Egg omelet or scrambled egg, with cheese, ham or bacon, and tomatoes
53115000	Cake, marble, NS as to icing
53115200	Cake, marble, with icing
53116560	Cake, raisin-nut, with icing
53117000	Cake, spice, NS as to icing
53117200	Cake, spice, with icing
53118310	Cake, sponge, chocolate, with icing
53244010	Cookie, butter or sugar, with chocolate icing or filling
53301080	Pie, apple, fried pie
53301500	Pie, apple, one crust
53302080	Pie, apricot, fried pie
53303000	Pie, blackberry, two crust
53303070	Pie, blackberry, individual size or tart
53303500	Pie, berry, not blackberry, blueberry, boysenberry, huckleberry, raspberry, or strawberry;
1	two crust
53303570	Pie, berry, not blackberry, blueberry, boysenberry, huckleberry, raspberry, or strawberry,
	individual size or tart
53304070	Pie, blueberry, individual size or tart
53305010	Pie, cherry, one crust
53305070	Pie, cherry, individual size or tart
53307080	Pie, peach, fried pie
53310050	Pie, raspberry, two crust
53371000	Pie, chiffon, chocolate
53386250	Pie, pudding, chocolate, with chocolate coating, individual size
53386500	Pie, pudding, flavors other than chocolate, with chocolate coating, individual size
53410100	Cobbler, apple
53410500	Cobbler, cherry
53415200	Fritter, banana
53415220	Fritter, berry
53430100	Crepe, dessert type, chocolate-filled
53450000	Turnover or dumpling, apple
53450500	Turnover or dumpling, cherry
53450800	Turnover or dumpling, lemon
53451500	Turnover, guava
53520150	Doughnut, cake type, chocolate covered, dipped in peanuts
53520160	Doughnut, cake type, chocolate, with chocolate icing
53521100	Doughnut, raised or yeast, chocolate, with chocolate icing
53521130	Doughnut, raised or yeast, chocolate covered
53521300	Doughnut, wheat, chocolate covered
56205320	Rice, white and wild, cooked, fat added in cooking
56205330	Rice, white and wild, cooked, NS as to fat added in cooking
56205340	Rice, brown and wild, cooked, fat added in cooking
56205350	Rice, brown and wild, cooked, NS as to fat added in cooking
58115150	Tamal in a leaf, Puerto Rican style (Tamales en hoja)
58120110	Crepes, filled with meat, fish, or poultry, with sauce
58131110	Ravioli, NS as to filling, with tomato sauce
58131320	Ravioli, meat-filled, with tomato sauce or meat sauce
58131520	Ravioli, cheese-filled, with tomato sauce
58131530	Ravioli, cheese-filled, with meat sauce
58134610	Tortellini, meat-filled, with tomato sauce
58134620	Tortellini, cheese-filled, meatless, with tomato sauce

58134710	Tortellini, spinach-filled, with tomato sauce
58145110	Macaroni or noodles with cheese
58145113	Macaroni or noodles with cheese, canned
58145170	Macaroni and cheese with egg
58146120	Pasta with cheese and meat sauce
58155320	Seafood paella, Puerto Rican style (Paella a la marinera)
58157110	Spicey rice pudding, Puerto Rican style (arroz con dulce, arroz con especie)
58161300	White rice with tomato sauce
58161310	Rice, brown, with tomato sauce
58162130	Stuffed tomato, with rice and meat
58162140	Stuffed tomato, with rice, meatless
58301110	Vegetable lasagna (frozen meal)
58304010	Spaghetti and meatballs dinner, NFS (frozen meal)
63113030	Cherry pie filling
71403500	White potato, home fries, with green or red peppers and onions
71507100	White potato, stuffed, baked, peel not eaten, stuffed with chicken, broccoli and cheese
	sauce
71508000	White potato, stuffed, baked, peel eaten, NS as to topping
71508010	White potato, stuffed, baked, peel eaten, stuffed with sour cream
71508020	White potato, stuffed, baked, peel eaten, stuffed with cheese
71508030	White potato, stuffed, baked, peel eaten, stuffed with chili
71508040	White potato, stuffed, baked, peel eaten, stuffed with broccoli and cheese sauce
71508050	White potato, stuffed, baked, peel eaten, stuffed with meat in cream sauce
71508060	White potato, stuffed, baked, peel eaten, stuffed with bacon and cheese
71508100	White potato, stuffed, baked, peel eaten, stuffed with chicken, broccoli and cheese sauce
71802010	Macaroni and potato soup
71803010	Potato chowder
73103000	Carrots, canned, low sodium, NS as to fat added in cooking
73103020	Carrots, canned, low sodium, fat added in cooking
73111250	Peas and carrots, canned, low sodium, NS as to fat added in cooking
73111260	Peas and carrots, canned, low sodium, fat added in cooking
73201000 73201001	Pumpkin, cooked, NS as to form, NS as to fat added in cooking
73201001	Pumpkin, cooked, from fresh, NS as to fat added in cooking Pumpkin, cooked, from frozen, NS as to fat added in cooking
73201002	Pumpkin, cooked, from canned, NS as to fat added in cooking
73201003	Pumpkin, cooked, NS as to form, fat added in cooking
73201020	Pumpkin, cooked, from fresh, fat added in cooking
73201021	Pumpkin, cooked, from frozen, fat added in cooking
73201023	Pumpkin, cooked, from canned, fat added in cooking
74504100	Tomato and onion, cooked, NS as to fat added in cooking
74504120	Tomato and onion, cooked, fat added in cooking
75202003	Asparagus, cooked, from canned, NS as to fat added in cooking
75202023	Asparagus, cooked, from canned, fat added in cooking
75204100	Beans, lima, immature, canned, low sodium, NS as to fat added in cooking
75204120	Beans, lima, immature, canned, low sodium, fat added in cooking
75208100	Beets, canned, low sodium, NS as to fat added in cooking
75208120	Beets, canned, low sodium, fat added in cooking
75216190	Corn, yellow, NS as to form, cream style, fat added in cooking
75216193	Corn, yellow, from canned, cream style, fat added in cooking
75224110	Peas, green, canned, low sodium, NS as to fat added in cooking
75224130	Peas, green, canned, low sodium, fat added in cooking
· 75230020	Sauerkraut, cooked, fat added in cooking
75410530	Chiles rellenos, filled with meat and cheese (stuffed chili peppers)
75411020	Corn fritter
77316600	Eggplant and meat casserole

Salad Dressings [Rice protein concentrate] = 8%

83100100	Salad dressing, NFS, for salads
83100200	Salad dressing, NFS, for sandwiches
83101000	Blue or roquefort cheese dressing
83101500	Bacon dressing (hot)
83101600	Bacon and tomato dressing
83102000	Caesar dressing
83103000	Coleslaw dressing
83104000	French or Catalina dressing
83105500	Honey mustard dressing
83106000	Italian dressing, made with vinegar and oil
83107000	Mayonnaise, regular
83108000	Mayonnaise, imitation
83109000	Russian dressing
83110000	Mayonnaise-type salad dressing
83112000	Avocado dressing
83112500	Creamy dressing
83112950	Poppy seed dressing
83112990	Sesame dressing
83114000	Thousand Island dressing
83115000	Yogurt dressing
83200100	Salad dressing, light, NFS
83201000	Blue or roquefort cheese dressing, light
83201400	Coleslaw dressing, light
83202020	French or Catalina dressing, light
83203000	Caesar dressing, light
83204000	Mayonnaise, light
83204030	Mayonnaise, reduced fat, with olive oil
83204050	Mayonnaise-type salad dressing, light
83204500	Honey mustard dressing, light
83205450	Italian dressing, light
83206000	Russian dressing, light
83206500	Sesame dressing, light
83207000	Thousand Island dressing, light
83208500	Korean dressing or marinade
83210100	Creamy dressing, light
83300100	Blue or roquefort cheese dressing, fat free
83300200	Caesar dressing, fat free
83300300	Creamy dressing, fat free
83300400	French or Catalina dressing, fat free
83300500	Honey mustard dressing, fat free
83300600	Italian dressing, fat free
83300700	Mayonnaise, fat free
83300800	Russian dressing, fat free
83300900	Salad dressing, fat free, NFS
83301000	Thousand Island dressing, fat free

**Mixtures containing salad dressings**Adjusted for salad dressing content of 20 to 91%
[Rice protein concentrate] = 1.6 to 7.3%

12350100 Spinach dip, sour cream base

32103000	Egg salad
32203010	Egg salad sandwich
53104920	Cake, chocolate, made with mayonnaise or salad dressing, without icing or filling
73101110	Carrots, raw, salad
75140500	Broccoli salad with cauliflower, cheese, bacon bits, and dressing
75145000	Seven-layer salad (lettuce salad made with a combination of onion, celery, green pepper,
	peas, mayonnaise, cheese, eggs, and/or bacon)
75416500	Pea salad
81302050	Tartar sauce
81312000	Tartar sauce, low calorie

Mixtures containing salad dressings
Adjusted for salad dressing content of 1.6 to 18.8%
[Rice protein concentrate] = 0.13 to 1.5%

14620100	Dip, cream cheese base
14620120	Shrimp dip, cream cheese base
27416250	Beef salad
27420020	Ham or pork salad
27446200	Chicken or turkey salad
27446220	Chicken or turkey salad with egg
27450010	Crab salad
27450020	Lobster salad
27450030	Salmon salad
27450060	Tuna salad
27450070	Shrimp salad
27450090	Tuna salad with cheese
27450100	Tuna salad with egg
27450130	Crab salad made with imitation crab
27510220	Cheeseburger, with mayonnaise or salad dressing, on bun
27510230	Cheeseburger, with mayonnaise or salad dressing and tomatoes, on bun
27510250	Cheeseburger, 1/4 lb meat, with mayonnaise or salad dressing, on bun
27510280	Double cheeseburger (2 patties), with mayonnaise or salad dressing, on bun
27510300	Double cheeseburger (2 patties), with mayonnaise or salad dressing, on double-decker
	bun
27510340	Double cheeseburger (2 patties), with mayonnaise or salad dressing and tomatoes, on
	.bun
27510350	Cheeseburger, 1/4 lb meat, with mayonnaise or salad dressing and tomatoes, on bun
27510355	Cheeseburger, 1/3 lb meat, with mayonnaise or salad dressing, tomato and/or catsup on
	bun
27510359	Cheeseburger, 1/3 lb meat, with mayonnaise or salad dressing, and mushrooms, on bun
27510360	Cheeseburger with mayonnaise or salad dressing, tomato and bacon, on bun
27510370 .	Double cheeseburger (2 patties, 1/4 lb meat each), with mayonnaise or salad dressing,
	on bun
27510380	Triple cheeseburger (3 patties, 1/4 lb meat each), with mayonnaise or salad dressing and
	tomatoes, on bun
27510425	Double bacon cheeseburger (2 patties, 1/4 lb meat each), with mayonnaise or salad
	dressing, on bun
27510430	Double bacon cheeseburger (2 patties, 1/4 lb meat each), with mayonnaise or salad
	dressing and tomatoes, on bun
27510435	Double bacon cheeseburger (2 patties, 1/3 lb meat each), with mayonnaise or salad
	dressing, on bun
27510520	Hamburger, with mayonnaise or salad dressing and tomatoes, on bun
27510550	Double hamburger (2 patties), with mayonnaise or salad dressing and tomatoes, on
•	double-decker bun

27510560	Hamburger, 1/4 lb meat, with mayonnaise or salad dressing and tomatoes, on bun
27510570	Hamburger, 2-1/2 oz meat, with mayonnaise or salad dressing and tomatoes, on bun
27510590	Hamburger, with mayonnaise or salad dressing, on bun
27510630	Hamburger, 1/4 lb meat, with mayonnaise or salad dressing, on bun
27510660	Double hamburger (2 patties), with mayonnaise or salad dressing, on bun
27510670	Double hamburger (2 patties), with mayonnaise or salad dressing and tomatoes, on bun
27510690	Double hamburger (2 patties, 1/4 lb meat each), with mayonnaise or salad dressing and
	tomatoes and/or catsup, on double-decker bun
27510950	Reuben sandwich (corned beef sandwich with sauerkraut and cheese), with spread
27513040	Roast beef submarine sandwich, on roll, with lettuce, tomato and spread
27515150	Steak patty (breaded, fried) sandwich, with mayonnaise or salad dressing, lettuce, and
2.010100	tomato, on bun
27516010	Gyro sandwich (pita bread, beef, lamb, onion, condiments), with tomato and spread
27520110	Bacon sandwich, with spread
27520120	Bacon and cheese sandwich, with spread
27520130	Bacon, chicken, and tomato club sandwich, with lettuce and spread
27520150	Bacon, lettuce, and tomato sandwich with spread
27520160	Bacon, chicken, and tomato club sandwich, on multigrain roll with lettuce and spread
27520300	Ham sandwich, with spread
27520340	Ham salad sandwich
27520370	Hot ham and cheese sandwich, on bun
27520390	Ham and cheese submarine sandwich, on multigrain roll, with lettuce, tomato and spread
27520540	Ham and tomato club sandwich, with lettuce and spread
27540110	Chicken sandwich, with spread
27540120	Chicken salad or chicken spread sandwich
27540150	Chicken fillet (breaded, fried) sandwich with lettuce, tomato and spread
27540170	Chicken patty sandwich, miniature, with spread
27540190	Chicken patty sandwich, with lettuce and spread
27540230	Chicken patty sandwich with cheese, on wheat bun, with lettuce, tomato and spread
27540240	Chicken fillet, (broiled), sandwich, on whole wheat roll, with lettuce, tomato and spread
27540250	Chicken fillet, broiled, sandwich with cheese, on whole wheat roll, with lettuce, tomato
	and non-mayonaise type spread
27540260	Chicken fillet, broiled, sandwich, on oat bran bun, with lettuce, tomato, spread
27540270	Chicken fillet, broiled, sandwich, with lettuce, tomato, and non-mayonnaise type spread
27540280	Chicken fillet, broiled, sandwich with cheese, on bun, with lettuce, tomato and spread
27540310	Turkey sandwich, with spread
27540320	Turkey salad or turkey spread sandwich
27540350	Turkey submarine sandwich, on roll, with cheese, lettuce, tomato and spread
27550000	Fish sandwich, on bun, with spread
27550510	Sardine sandwich, with lettuce and spread
27550710	Tuna salad sandwich, with lettuce
27550720	Tuna salad sandwich
27560910	Submarine, cold cut sandwich, on bun, with lettuce
27570310	Hors d'oeuvres, with spread
32102000	Egg, deviled
41203020	Kidney bean salad
53104900	Cake, chocolate, made with mayonnaise or salad dressing, NS as to icing
53104950	Cake, chocolate, made with mayonnaise or salad dressing, with icing, coating, or filling
58134640	Tortellini, cheese-filled, meatless, with vinaigrette dressing
58148110	Macaroni salad
58148120	Macaroni salad with egg
58148130	Macaroni salad with tuna
58148140	Macaroni salad with crab meat
58148150	Macaroni salad with shrimp
58148160	Macaroni salad with tuna and egg

58148170 58148180	Macaroni salad with chicken Macaroni salad with cheese
58148500	Pasta salad (macaroni or noodles, vegetables, dressing)
58148550	Pasta salad with meat (macaroni or noodles, vegetables, meat, dressing)
63401010	Apple salad with dressing
63401020	Apple and cabbage salad with dressing
63402950	Fruit salad (excluding citrus fruits) with salad dressing or mayonnaise
63403010	Fruit salad (including citrus fruits) with salad dressing or mayonnaise
63412010	Pear salad with dressing
63413010	Pineapple salad with dressing
71601010	Potato salad with egg
71603010	Potato salad
73101210	Carrots, raw, salad with apples
74701000 .	Tomato sandwich
75141000	Cabbage salad or coleslaw, with dressing
75141100	Cabbage salad or coleslaw with apples and/or raisins, with dressing
75141200	Cabbage salad or coleslaw with pineapple, with dressing
75141300	Cabbage, Chinese, salad, with dressing
75148000	Cobb salad with dressing
75302080	Bean salad, yellow and/or green string beans
75416600	Pea salad with cheese

### **Grain Products and Pastas**

# Health Bars and Grain-Based Bars Containing Fruit and Vegetable [Rice protein concentrate] = 20%

53710400	Fiber One Chewy Bar
53710500	Kellogg's Nutri-Grain Cereal Bar
53710502	Kellogg's Nutri-Grain Yogurt Bar
53710504	Kellogg's Nutri-Grain Fruit and Nut Bar
53710600	Milk 'n Cereal bar
53710700	Kellogg's Special K bar
53710800	Kashi GOLEAN Chewy Bars
53710802	Kashi TLC Chewy Granola Bar
53710804	Kashi GOLEAN Crunchy Bars
53710806	Kashi TLC Crunchy Granola Bar
53710900	Nature Valley Chewy Trail Mix Granola Bar
53710902	Nature Valley Chewy Granola Bar with Yogurt Coating
53710904	Nature Valley Sweet and Salty Granola Bar
53710906	Nature Valley Crunchy Granola Bar
53711000	Quaker Chewy Granola Bar
53711002	Quaker Chewy 90 Calorie Granola Bar
53711004	Quaker Chewy 25% Less Sugar Granola Bar
53711006	Quaker Chewy Dipps Granola Bar
53711100	Quaker Granola Bites
53712000	Snack bar, oatmeal
53712100	Granola bar, NFS
53712200	Granola bar, lowfat, NFS
53712210	Granola bar, nonfat
53713000	Granola bar, reduced sugar, NFS
53713100	Granola bar, peanuts, oats, sugar, wheat germ
53714200	Granola bar, chocolate-coated, NFS
53714210	Granola bar, with coconut, chocolate-coated
53714220	Granola bar with nuts, chocolate-coated

53714230 53714250 53714300	Granola bar, oats, nuts, coated with non-chocolate coating Granola bar, coated with non-chocolate coating Granola bar, high fiber, coated with non-chocolate yogurt coating
53714400	Granola bar, with rice cereal
53714500	Breakfast bar, NFS
53714510	Breakfast bar, date, with yogurt coating
53714520	Breakfast bar, cereal crust with fruit filling, lowfat
53720100	Balance Original Bar
53720200	Clif Bar
53720300	PowerBar
53720400	Slim Fast Original Meal Bar
53720500	Snickers Marathon Protein bar
53720510	Snickers Marathon Energy bar
53720600	South Beach Living Meal Bar
53720610	South Beach Living High Protein Bar
53720700	Tiger's Milk bar
53720800	Zone Perfect Classic Crunch nutrition bar
53729000	Nutrition bar or meal replacement bar, NFS

### **Meat Products**

**Meat Patty with Soy Protein** [Rice protein concentrate] = 4.4%

21540100 Ground beef with textured vegetable protein, cooked

### Milk Products

### Flavored Milk Drinks

[Rice protein concentrate] = 1.04%

11511000	Milk, chocolate, NFS
11511100	Milk, chocolate, whole milk-based
11511200	Milk, chocolate, reduced fat milk-based, 2% (formerly "lowfat")
11511300	Milk, chocolate, skim milk-based
11511400	Milk, chocolate, lowfat milk-based
11512000	Cocoa, hot chocolate, not from dry mix, made with whole milk
11512500	Hot chocolate, Puerto Rican style, made with whole milk
11512510	Hot chocolate, Puerto Rican style, made with low fat milk
11513000	Cocoa and sugar mixture, milk added, NS as to type of milk
11513100	Cocoa and sugar mixture, whole milk added
11513150	Cocoa and sugar mixture, reduced fat milk added
11513200	Cocoa and sugar mixture, lowfat milk added
11513300	Cocoa and sugar mixture, skim milk added
11513350	Cocoa and sugar mixture, reduced sugar, milk added, NS as to type of milk
11513355	Cocoa and sugar mixture, reduced sugar, whole milk added
11513360	Cocoa and sugar mixture, reduced sugar, reduced fat milk added
11513365	Cocoa and sugar mixture, reduced sugar, lowfat milk added
11513370	Cocoa and sugar mixture, reduced sugar, skim milk added
11513400	Chocolate syrup, milk added, NS as to type of milk
11513500	Chocolate syrup, whole milk added
11513550	Chocolate syrup, reduced fat milk added
11513600	Chocolate syrup, lowfat milk added
11513700	Chocolate syrup, skim milk added
11514100	Cocoa, sugar, and dry milk mixture, water added

11514300	Cocoa with nonfat dry milk and low calorie sweetener, mixture, water added
11514500	Cocoa, whey, and low calorie sweetener, mixture, fortified, water added
11515100	Cocoa and sugar mixture fortified with vitamins and minerals, milk added, NS as to type
1	of milk, Puerto Rican style
11516000	Cocoa, whey, and low-calorie sweetener mixture, lowfat milk added
11518050	Milk beverage with nonfat dry milk and low calorie sweetener, water added, flavors other
	than chocolate
11519000	Milk beverage, made with whole milk, flavors other than chocolate
11519040	Milk, flavors other than chocolate, NFS
11519050	Milk, flavors other than chocolate, whole milk-based
11519105	Milk, flavors other than chocolate, reduced fat milk-based
11519200	Milk, flavors other than chocolate, lowfat milk-based
11519205	Milk, flavors other than chocolate, skim-milk based
11520000	Milk, malted, unfortified, NS as to flavor, made with milk
11521000	Milk, malted, unfortified, chocolate, made with milk
11522000	Milk, malted, unfortified, natural flavor, made with milk
11525000	Milk, malted, fortified, natural flavor, made with milk
11526000	Milk, malted, fortified, chocolate, made with milk
11527000	Milk, malted, fortified, NS as to flavor, made with milk
11531000	Eggnog, made with whole milk
11531500	Eggnog, made with 2% reduced fat milk (formerly eggnog, made with "2% lowfat" milk)
11541000	Milk shake, NS as to flavor or type
11541100	Milk shake, homemade or fountain-type, NS as to flavor
11541110	Milk shake, homemade or fountain-type, chocolate
11541120	Milk shake, homemade or fountain-type, flavors other than chocolate
11541400	Milk shake with malt
11541500	Milk shake, made with skim milk, chocolate
11541510	Milk shake, made with skim milk, flavors other than chocolate
11542000	Carry-out milk shake, NS as to flavor
11542100	Carry-out milk shake, chocolate
11542200	Carry-out milk shake, flavors other than chocolate
11551050	Milk fruit drink
11552200	Orange Julius
11560000	Chocolate-flavored drink, whey- and milk-based
11560020	Flavored milk drink, whey- and milk-based, flavors other than chocolate

Non-Reconstituted Flavored Milk Drinks (Adjusted for not being reconstituted, 28 g of powder to 240 mL of water) [Rice protein concentrate] = 9.95%

11830100	Cocoa (or chocolate) with dry milk and sugar, dry mix, not reconstituted
11830110´	Cocoa powder with nonfat dry milk and low calorie sweetener, dry mix, not reconstituted
11830120	Cocoa, whey, and low calorie sweetener, fortified, dry mix, not reconstituted
11830140	Chocolate, instant, dry mix, fortified with vitamins and minerals, not reconstituted, Puerto
	Rican style
11830150	Cocoa powder, not reconstituted (no dry milk)
11830160	Cocoa (or chocolate) flavored beverage powder with sugar, dry mix, not reconstituted
11830165	Cocoa (or chocolate) flavored beverage powder with reduced sugar, dry mix, not reconstituted
11830170	Cocoa (or chocolate) flavored beverage powder with low-calorie sweetener, dry mix, not reconstituted
11830200	Milk, malted, dry mix, unfortified, not reconstituted, flavors other than chocolate
11830210	Milk, malted, dry mix, fortified, not reconstituted, flavors other than chocolate
11830250	Milk, malted, dry mix, unfortified, not reconstituted, chocolate
11830260	Milk, malted, dry mix, fortified, not reconstituted, chocolate

11830400	Milk beverage, powder, dry mix, not reconstituted, flavors other than chocolate
11830450	Milk beverage with sugar, dry milk, and egg white powder, dry mix, not reconstituted
11830500	Milk beverage, powder, with nonfat dry milk and low calorie sweetener, dry mix, not
	reconstituted, chocolate
11830550	Milk beverage, powder, with nonfat dry milk and low calorie sweetener, dry mix, not
	reconstituted, flavors other than chocolate

#### Milk-Based Meal Replacements

[Rice protein concentrate] = 1.04%

95101000 95101010 95102000 95102010	Boost, nutritional drink, ready-to-drink Boost Plus, nutritional drink, ready-to-drink Carnation Instant Breakfast, nutritional drink, regular, ready-to-drink Carnation Instant Breakfast, nutritional drink, sugar free, ready-to-drink
95103000	Ensure, nutritional shake, ready-to-drink
95103010	Ensure Plus, nutritional shake, ready-to-drink
95104000	Glucerna, nutritional shake, ready-to-drink
95105000	Kellogg's Special K Protein Shake
95106000	Muscle Milk, ready-to-drink
95106010	Muscle Milk, light, ready-to-drink
95110000	Slim Fast Shake, meal replacement, regular, ready-to-drink
95110010	Slim Fast Shake, meal replacement, sugar free, ready-to-drink
95110020	Slim Fast Shake, meal replacement, high protein, ready-to-drink
95120000	Nutritional drink or meal replacement, ready-to-drink, NFS
95120010	Nutritional drink or meal replacement, high protein, ready-to-drink, NFS
95120020	Nutritional drink or meal replacement, high protein, light, ready-to-drink, NFS

Non-Reconstituted Milk-Based Meal Replacements (Adjusted for not being reconstituted, 16 g of powder to 240 mL of water)

[Rice protein concentrate] = 16.6%

95201700	Kellogg's Special K20 Protein Water Mix
95220000	Nutritional drink mix or meal replacement, powder, NFS
95220010	Nutritional drink mix or meal replacement, high protein, powder, NFS
95230020	Protein powder, light, NFS
95230030	Protein powder, NFS

Non-Reconstituted Milk-Based Meal Replacements (Adjusted for not being reconstituted, 50 g of powder to 454 mL of water) [Rice protein concentrate] = 10.4%

95202010 Muscle Milk, light, powder

Non-Reconstituted Milk-Based Meal Replacements (Adjusted for not being reconstituted, 26 g of powder to 227 mL of water) [Rice protein concentrate] = 10.4%

95210000 Slim Fast Shake Mix, powder 95210010 Slim Fast Shake Mix, sugar free, powder 95210020 Slim Fast Shake Mix, high protein, powder

Non-Reconstituted Milk-Based Meal Replacements (Adjusted for not being reconstituted, 70 g of powder to 454 mL of water) [Rice protein concentrate] = 7.8%

95202000 Muscle Milk, regular, powder

Non-Reconstituted Milk-Based Meal Replacements
(Adjusted for not being reconstituted, 40 g of powder to 250 mL of water)
[Rice protein concentrate] = 7.54%

95201000 Carnation Instant Breakfast, nutritional drink mix, regular, powder 95201010 Carnation Instant Breakfast, nutritional drink mix, sugar free, powder

#### Yogurt (Regular)

[Rice protein concentrate] = 1.1%

11410000	Yogurt, NS as to type of milk or flavor
11411010	Yogurt, plain, NS as to type of milk
11411100	Yogurt, plain, whole milk
11411200	Yogurt, plain, lowfat milk
11411300	Yogurt, plain, nonfat milk
11420000	Yogurt, vanilla, lemon, or coffee flavor, NS as to type of milk
11421000	Yogurt, vanilla, lemon, or coffee flavor, whole milk
11422000	Yogurt, vanilla, lemon, maple, or coffee flavor, lowfat milk
11422100	Yogurt, vanilla, lemon, maple, or coffee flavor, lowfat milk, sweetened with low calorie
	sweetener
11423000	Yogurt, vanilla, lemon, maple, or coffee flavor, nonfat milk
11424000	Yogurt, vanilla, lemon, maple, or coffee flavor, nonfat milk, sweetened with low calorie
0	sweetener
11425000	Yogurt, chocolate, NS as to type of milk
11426000	Yogurt, chocolate, whole milk
11427000	Yogurt, chocolate, nonfat milk
11430000	Yogurt, fruit variety, NS as to type of milk
11431000	Yogurt, fruit variety, whole milk
11432000	Yogurt, fruit variety, lowfat milk
11432500	Yogurt, fruit variety, lowfat milk, sweetened with low-calorie sweetener
11433000	Yogurt, fruit variety, nonfat milk
11433500	Yogurt, fruit variety, nonfat milk, sweetened with low-calorie sweetener
11446000	Fruit and lowfat yogurt parfait
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# Mixtures containing yogurt (regular) (Adjusted for yogurt content of 5 to 50%)

[Rice protein concentrate] = 0.05 to 0.5%

53104580 Cheesecake -type dessert, made with yogurt, with fruit
53441210 Basbousa (semolina dessert dish)
54430010 Yogurt chips
58124500 Pastry, filled with potatoes and peas, fried

#### Yogurt (Frozen)

[Rice protein concentrate] = 2.0%

11459990	Yogurt, frozen, NS as to flavor, NS as to type of milk
11460000	Yogurt, frozen, flavors other than chocolate, NS as to type of milk
11460100	Yogurt, frozen, chocolate, NS as to type of milk
11460150	Yogurt, frozen, NS as to flavor, lowfat milk
11460160	Yogurt, frozen, chocolate, lowfat milk
11460170	Yogurt, frozen, flavors other than chocolate, lowfat milk
11460190	Yogurt, frozen. NS as to flavor, nonfat milk

11460200 11460250 11460300 11460400 11460410 11460420 11460440 11461200 11461250 11461250 11461270	Yogurt, frozen, chocolate, nonfat milk Yogurt, frozen, flavors other than chocolate, Yogurt, frozen, chocolate, nonfat milk, with low-calorie sweetener Yogurt, frozen, flavors other than chocolate, Yogurt, frozen, flavors other than chocolate, Yogurt, frozen, chocolate, whole milk Yogurt, frozen, chocolate, whole milk Yogurt, frozen, chocolate-coated Yogurt, frozen, sandwich Yogurt, frozen, cone, chocolate Yogurt, frozen, cone, flavors other than chocolate Yogurt, frozen, cone, flavors other than chocolate Yogurt, frozen, cone, flavors other than chocolate, lowfat milk
(Adjusted for y	Yogurt, frozen, cone, chocolate, lowfat milk  anining yogurt (frozen)  yogurt content of 31 to 44%)  concentrate] = 0.63 to 0.88%  Cake, frozen yogurt and cake layer, not chocolate, with icing Cake, frozen yogurt and cake layer, chocolate, with icing Pie, yogurt, frozen

### **Plant Protein Products**

**Meat Alternatives** [Rice protein concentrate] = 1 to 34.3%

41812800	Vegetarian stew
41812400	Vegetarian pot pie
41812450	Vegetarian chili (made with meat substitute)
41812500	Tofu and vegetables (including carrots, broccoli, and/or dark-green leafy vegetables (no
	potatoes)), with soy-based sauce (mixture)
41812510	Tofu and vegetables (excluding carrots, broccoli, and dark-green leafy vegetables (no
	potatoes)), with soy-based sauce (mixture)
41812850	Vegetarian stroganoff (made with meat substitute)
41810600	Chicken, meatless, NFS
41810610	Chicken, meatless, breaded, fried
41811200	Fish stick, meatless
41811850	Scallops, meatless, breaded, fried (made with meat substitute)
41811890	Vegetarian burger or patty, meatless, no bun
41811950	Swiss steak, with gravy, meatless
41812600	Vegetarian, fillet
41812900	Vegetarian meat loaf or patties (meat loaf made with meat substitute)
41901020	Soyburger, meatless, with cheese on bun
41811800	Meatball, meatless
41810200	Bacon strip, meatless
41810400	Breakfast link, pattie, or slice, meatless
41811400	Frankfurter or hot dog, meatless
41811600	Luncheon slice, meatless-beef, chicken, salami or turkey
41810250	Bacon bits, meatless

### **Processed Fruits and Fruit Juices**

#### Fruit Juice

#### [Rice protein concentrate] = 1.04%

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61201020
                Grapefruit juice, NS as to form
                Grapefruit juice, canned, bottled or in a carton
61201220
61201620
                Grapefruit juice, frozen (reconstituted with water)
61204000
                Lemon juice, NS as to form
61204200
                Lemon juice, canned or bottled
                Lemon juice, frozen
61204600
61207000
                Lime juice, NS as to form
61207200
                Lime juice, canned or bottled
61207600
                Lime juice, frozen
                Orange juice, NFS
61210000
61210220
                Orange juice, canned, bottled or in a carton
61210250
                Orange juice, with calcium added, canned, bottled or in a carton
61210620
                Orange juice, frozen (reconstituted with water)
                Orange juice, frozen, with calcium added (reconstituted with water)
61210820
                Tangerine juice, NFS
61213000
61213220
                Tangerine juice, canned
61213620
                Tangerine juice, frozen (reconstituted with water)
61213800
                Fruit juice blend, including citrus, 100% juice
61213900
                Fruit juice blend, including citrus, 100% juice, with calcium added
64100100
                Fruit juice, NFS
64100110
                Fruit juice blend, 100% juice
64100200
                Fruit juice blend, with cranberry, 100% juice
64101010
                Apple cider
64104010
                Apple juice
64104600
                Blackberry juice
                Cranberry juice, 100%, not a blend
64105400
64116020
                Grape juice
64120010
                Papaya juice
64121000
                Passion fruit juice
64124020
                Pineapple juice
                Pomegranate juice
64126000
64132010
                Prune juice
64132500
                Strawberry juice
64133100
               Watermelon juice
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Non-Reconstituted Fruit Juice (Adjusted for not being reconstituted, 1 cup of juice mix to 3 cups of water) [Rice protein concentrate] = 4.16%

61210720 Orange juice, frozen, not reconstituted

Mixtures containing fruit juice (Adjusted for fruit juice content of 26 to 81%) [Rice protein concentrate] = 0.27 to 0.84%

55207000 Waffle, multi-bran
92432000 Carbonated citrus juice drink
93301140 Screwdriver
93301320 Tequila Sunrise
93301370 Fuzzy Navel

Mixtures containing fruit juice (Adjusted for fruit juice content of 0.6 to 18%)

### [Rice protein concentrate] = 0.006 to 0.19%

27115100	Steak teriyaki with sauce (mixture)
27116300	Beef with sweet and sour sauce (mixture)
27120060	Sweet and sour pork
27146100	Sweet and sour chicken or turkey
27320500	Sweet and sour pork with rice
28500020	Gravy, meat, with fruit
53104300	Cake, carrot, diet
53105500	Cake, chocolate, with icing, diet
53430250	Crepe suzette
91361020	Fruit sauce
91361050	Duck sauce
92431000	Carbonated juice drink, NS as to type of juice
93404500	Sangria

#### **Fruit Nectars**

[Rice protein concentrate] = 1.04%

64200100	Fruit nectar, NFS
64201010	Apricot nectar
64201500	Banana nectar
64202010	Cantaloupe nectar
64203020	Guava nectar
64204010	Mango nectar
64205010	Peach nectar
64210010	Papaya nectar
64213010	Passion fruit nectar
64215010	Pear nectar
64221010	Soursop (Guanabana) nectar

Fruit-Flavored Drinks [Rice protein concentrate] = 1.04%

92510610	Fruit juice drink
92510650	Tamarind drink, Puerto Rican (Refresco de tamarindo)
92510720	Fruit punch, made with fruit juice and soda
92510730	Fruit punch, made with soda, fruit juice, and sherbet or ice cream
92511010	Fruit flavored drink (formerly lemonade)
92511250	Citrus fruit juice drink, containing 40-50% juice
92512050	Frozen daiquiri mix, from frozen concentrate, reconstituted
92512090	Pina Colada, nonalcoholic
92512110	Margarita mix, nonalcoholic
92513000	Fruit flavored frozen drink
92530410	Fruit flavored drink, with high vitamin C
92530510	Cranberry juice drink or cocktail, with high vitamin C
92530610	Fruit juice drink, with high vitamin C
92530950	Vegetable and fruit juice drink, with high vitamin C
92531030	Fruit juice drink, with thiamin (vitamin B1) and high vitamin C
92541010	Fruit flavored drink, made from powdered mix
92542000	Fruit flavored drink, made from powdered mix, with high vitamin C
92550030	Fruit juice drink, low calorie, with high vitamin C
92550040	Fruit juice drink, low calorie
92550110	Cranberry juice drink or cocktail, low calorie, with high vitamin C

92550350	Light orange juice beverage, 40-50% juice, lower sugar and calories, with artificial sweetener
92550400	Vegetable and fruit juice drink, low calorie, with high vitamin C
92550405	Vegetable and fruit juice drink, low calorie, with high vitamin C plus added vitamin E and vitamin A
92550610	Fruit flavored drink, low calorie, with high vitamin C
92550620	Fruit flavored drink, low calorie
92552000	Fruit flavored drink, made from powdered mix, low calorie, with high vitamin C
92552010	Fruit flavored drink, made from powdered mix, low calorie
92552020	Fruit juice drink, reduced sugar, with thiamin (vitamin B1) and high vitamin C
92552030	Fruit juice drink, reduced sugar, with vitamin E
92582100	Fruit juice drink, with high vitamin C, plus added calcium
92582110	Fruit juice drink, with thiamin (vitamin B1) and high vitamin C plus calcium

#### Non-Reconstituted Fruit-Flavored Drinks

(Adjusted for not being reconstituted, 1 cup of juice mix to 3 cups of water)

[Rice protein concentrate] = 4.16%

92511000

Lemonade, frozen concentrate, not reconstituted

#### Non-Reconstituted Fruit-Flavored Drinks

(Adjusted for not being reconstituted, 55 mL of frozen concentrate used to produce 240 mL beverage) [Rice protein concentrate] = 5.57%

92512040

Frozen daiquiri mix, frozen concentrate, not reconstituted

#### Non-Reconstituted Fruit-Flavored Drinks

(Adjusted for not being reconstituted, 16 g of powder to 240 mL of water)

[Rice protein concentrate] = 16.64%

92900100	Tang, dry concentrate
92900110	Fruit-flavored beverage

92900110 Fruit-flavored beverage, dry concentrate, with sugar, not reconstituted 92900200 Fruit-flavored beverage, dry concentrate, low calorie, not reconstituted 92900300 Fruit-flavored thirst quencher beverage, dry concentrate, not reconstituted

#### **Fruit Smoothies**

[Rice protein concentrate] = 20%

11553000	Fruit smoothie drink, made with fruit or fruit juice and dairy products
	rate of the date of the jaloo and daily products

11553100 Fruit smoothie drink, NFS

64134000 Fruit smoothie drink, made with fruit or fruit juice only (no dairy products)

#### **Processed Vegetables and Vegetable Juices**

#### Vegetable/Tomato Juice Including Vegetable Smoothies

[Rice protein concentrate] = 20%

74301100	Tomato juice
74301150	Tomato juice, low sodium
74302000	Tomato juice cocktail
74303000	Tomato and vegetable juice, mostly tomato
74303100	Tomato and vegetable juice, mostly tomato, low sodium

74304000 Tomato juice with clam or beef juice

### **Soups and Soup Mixes**

# Prepared Soups, Dry Soup Mixes, and Condensed Soups [Rice protein concentrate] = 0.96%

14710100	Cheddar cheese soup
14710200	Beer cheese soup, made with milk
27250124	Shrimp and noodles with (mushroom) soup (mixture)
28310110	Beef, broth, bouillon, or consomme
28310120	Beef, broth, bouillon, or consomme, canned, low sodium
28310150	Oxtail soup
28310210	Chili beef soup
28310220	Chili beef soup, chunky style
28310320	Beef noodle soup, Puerto Rican style (Sopa de carne y fideos)
28310330	Meat and rice noodle soup, Asian style (Vietnamese Pho Bo)
28310420	Beef and rice soup, Puerto Rican style
28311010	Pepperpot (tripe) soup
28311010	Menudo soup, canned, prepared with water or ready-to-serve
28315050	
	Beef vegetable soup with potato, pasta, or rice, chunky style, canned, or ready-to-serve
28315100	Beef vegetable soup with potato, stew type
28315110	Beef noodle soup, chunky style
28315120	Beef vegetable soup with noodles, stew type, chunky style
28315130	Beef vegetable soup with rice, stew type, chunky style
28315160	Italian Wedding Soup
28316020	Beef and mushroom soup, canned, low sodium
28317010	Beef stroganoff soup, chunky style
28320130	Ham, rice, and potato soup, Puerto Rican style
28320140	Ham, noodle, and vegetable soup, Puerto Rican style
28320160	Pork vegetable soup with potato, pasta, or rice, stew type, chunky style
28320300	Pork with vegetable (excluding carrots, broccoli and/or dark-green leafy) soup, Asian
	Style
28321130	Bacon soup, cream of, prepared with water
28330110	Scotch broth (lamb, vegetables, and barley)
28331110	Lamb, pasta, and vegetable soup, Puerto Rican style
28340110	Chicken, broth, bouillon, or consomme
28340150	Mexican style chicken broth soup stock
28340160	Chicken broth, canned, less or reduced sodium
28340170	Chicken broth, canned, low sodium
28340210	Chicken rice soup, Puerto Rican style (Sopa de pollo con arroz)
28340220	Chicken soup with noodles and potatoes, Puerto Rican style
28340310	Chicken gumbo soup
28340510	Chicken noodle soup, chunky style
28340530	Chicken soup
28340550	Sweet and sour soup
28340580	Chicken or turkey soup with vegetables (broccoli, carrots, celery, potatoes and onions),
	Asian style
28340600	Chicken or turkey vegetable soup, canned, prepared with water or ready-to-serve
28340610	Chicken or turkey vegetable soup, stew type
28340620	Turkey noodle soup, chunky style
28340630	Chicken vegetable soup with rice, stew type, chunky style
28340640	Chicken vegetable soup with noodles, stew type, chunky style
28340650	Chicken vegetable soup with rice, stew type, chunky style, prepared with milk
28340690	Chicken vegetable soup with potato and cheese, chunky style
28340700	Bird's nest soup (chicken, ham, and noodles)
28340750	Hot and sour soup
200-0100	Tiot and sour soup

28340800	Chicken or turkey soup with vegetables and fruit, Asian Style
28345010	Chicken or turkey soup, cream of, canned, NS as to made with milk or water, reduced
	sodium
28345020	Chicken or turkey soup, cream of, canned, made with milk, reduced sodium
28345030	Chicken or turkey soup, cream of, canned, made with water, reduced sodium
28345110	Chicken or turkey soup, cream of, NS as to prepared with milk or water
28345120	Chicken or turkey soup, cream of, prepared with milk
28345130	Chicken or turkey soup, cream of, prepared with water
28345160	Chicken and mushroom soup, cream of, prepared with milk
28345170	Duck soup
28350050	Fish chowder
28350110	Crab soup, NS as to tomato-base or cream style
28350120	Crab soup, tomato-base
28350210	Clam chowder, NS as to Manhattan or New England style
28350220	Clam chowder, Manhattan
28350310	Turtle and vegetable soup
28351110	Fish and vegetable soup, no potatoes (Sopa de pescado)
28351120	Fish soup, with potatoes (Sopa de Pescado)
28351160	Codfish, rice, and vegetable soup, Puerto Rican style
28351170	Codfish soup with noodles, Puerto Rican style
28355110	Clam chowder, New England, NS as to prepared with water or milk
28355120	Clam chowder, New England, prepared with milk
28355130	Clam chowder, New England, prepared with water
28355210	Crab soup, cream of, prepared with milk
28355350	Salmon soup, cream style
28355410	Shrimp soup, cream of, NS as to prepared with milk or water
28355420	Shrimp soup, cream of, prepared with milk
28355430	Shrimp soup, cream of, prepared with water
28355450	Seafood soup with potatoes and vegetables (including carrots, broccoli, and/or dark-
	green leafy)
28355460	Seafood soup with potatoes and vegetables (excluding carrots, broccoli, and dark-green
	leafy)
28355470	Seafood soup with vegetables (including carrots, broccoli, and/or dark-green leafy (no
00055400	potatoes))
28355480	Seafood soup with vegetables (excluding carrots, broccoli, and dark-green leafy (no
00000100	potatoes))  Nept back Rugate Rices style (Celele)
28360100	Meat broth, Puerto Rican style (Caldo)
28360210	Spanish vegetable soup, Puerto Rican style (Caldo gallego)
32300100 32301100	Egg drop soup Garlic egg soup, Puerto Rican style (Sopa de ajo)
41601010	Doon soun NEC
41601010	Bean with bacon or pork soup
41601020	Black bean soup
41601040	Lima bean soup, home recipe, canned or ready-to-serve
41601050	Soybean soup, made with milk
41601030	Soybean soup, miso broth
41601070	Pinto bean soup, home recipe, canned or ready-to-serve
41601090	Bean soup, with macaroni
41601000	Portuguese bean soup, home recipe, canned or ready-to-serve
41601110	Bean and ham soup, chunky style, canned or ready-to-serve
41601110	Bean soup with vegetables, rice, and pork
41601130	Bean soup, mixed beans
41601160	Bean and ham soup, canned, reduced sodium, prepared with water or ready-to-serve
41601170	Bean and rice soup
41602010	Chunky pea and ham soup
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41602020	Garbanzo bean or chickpea soup, home recipe, canned or ready-to-serve
41602030	Split pea and ham soup
41602040	Pea soup, instant type
41602050	Split pea soup
41602070	Split pea soup, canned, reduced sodium, prepared with water or ready-to-serve
41602090	Split pea and ham soup, canned, reduced sodium, prepared with water or ready-to-serve
41603010	Lentil soup, home recipe, canned, or ready-to-serve
41610100	White bean soup, Puerto Rican style (Sopon de habichuelas blancas)
58400000	Soup, NFS
58400100	Noodle soup, NFS
58400200	Rice soup, NFS
58401010	Barley soup
58401200	Barley soup, sweet, with or without nuts, Asian Style
58402010	Beef noodle soup
58402020	Beef dumpling soup
58402030	Beef rice soup
58403010	Chicken noodle soup
58403030	Chicken noodle soup, canned, low sodium, ready-to-serve
58403050	Chicken noodle soup, cream of
58403060	Chicken noodle soup, canned, reduced sodium, ready-to-serve
58403100	Noodle and potato soup, Puerto Rican style
58404010	Chicken rice soup
58404040	Chicken rice soup, canned, reduced sodium, prepared with water or ready-to-serve
58404050	Chicken rice soup, canned, reduced sodium, prepared with milk
58404100	Rice and potato soup, Puerto Rican style
58404500	Matzo ball soup
58404510	Chicken soup with dumplings and potatoes
58404520	Chicken soup with dumplings
58406010	Turkey noodle soup
58407000	Instant soup, NFS
58407010	Instant soup, noodle
58407030	Soup, mostly noodles
58407035	Soup, mostly noodles, reduced sodium
58407040	Instant soup, rice
58407050	Instant soup, noodle with egg, shrimp or chicken
58408010	Won ton (wonton) soup
58408500	Noodle soup with vegetables, Oriental style
58409000	Noodle soup, with fish ball, shrimp, and dark green leafy vegetable
71801000	Potato soup, NS as to made with milk or water
71801010	Potato soup, cream of, prepared with milk
71801020 ·	Potato soup, prepared with water
71801100	Potato and cheese soup
71851010	Plantain soup, Puerto Rican style (Sopa de platano)
72302000	Broccoli soup, prepared with milk, home recipe, canned or ready-to-serve
72302020	Broccoli soup, prepared with water, home recipe, canned, or ready-to-serve
72302100	Broccoli cheese soup, prepared with milk, home recipe, canned, or ready-to-serve
72307000	Spinach soup
72308000	Dark-green leafy vegetable soup with meat, Asian style
72308500	Dark-green leafy vegetable soup, meatless, Asian style
73501000	Carrot soup, cream of, prepared with milk
73501010	Carrot with rice soup, cream of, prepared with milk
74601000	Tomato soup, NFS
74601010	Tomato soup, cream of, prepared with milk
74602010	Tomato soup, prepared with water
74602050	Tomato soup, instant type, prepared with water

74602100	Tomato soup, canned, low sodium, ready-to-serve
74602200	Tomato soup, canned, reduced sodium, prepared with water, or ready-to-serve
74602300	Tomato soup, canned, reduced sodium, prepared with milk
74603010	Tomato beef soup, prepared with water
74604010	Tomato beef noodle soup, prepared with water
74604100	Tomato beef rice soup, prepared with water
74604500	Tomato noodle soup, prepared with water
74604600	Tomato noodle soup, cream of
74605010	Tomato rice soup, prepared with water
74606010	Tomato vegetable soup, prepared with water
74606020	Tomato vegetable soup with noodles, prepared with water
75600150	Soup, cream of, NFS
75601000	Asparagus soup, cream of, NS as to made with milk or water
75601010	Asparagus soup, cream of, prepared with milk
75601020	Asparagus soup, cream of, prepared with water
75601200	Cabbage soup, home recipe, canned or ready-to-serve
75601210	Cabbage with meat soup, home recipe, canned or ready-to-serve
75603000	Celery soup, cream of, NS as to made with milk or water
75603010	Celery soup, cream of, prepared with milk
75603020	Celery soup, cream of, prepared with water
75604010	Corn soup, cream of, prepared with milk
75604020	Corn soup, cream of, prepared with water
75604600	Gazpacho
75605010	Leek soup, cream of, prepared with milk
75605030	Leek soup, made from dry mix
75607000 ·	Mushroom soup, NFS
75607010	Mushroom soup, cream of, prepared with milk
75607020	Mushroom soup, cream of, prepared with water
75607040	Mushroom soup, with meat broth, prepared with water
75607050	Mushroom soup, cream of, prepared with water, low sodium
75607060	Mushroom soup, cream of, NS as to made with milk or water
75607080	Mushroom with chicken soup, cream of, prepared with milk
75607090	Mushroom soup, cream of, canned, NS as to made with milk or water, reduced sodium
75607100	Mushroom soup, cream of, canned, prepared with milk, reduced sodium
75607130	Mushroom soup, made from dry mix
75607140	Mushroom soup, cream of, canned, prepared with water, reduced sodium
75608010	Onion soup, cream of, prepared with milk
75608100	Onion soup, French
75608200	Onion soup, made from dry mix
75609000	Pea soup, NFS
75609010	Pea soup, prepared with milk
75609020 75600050	Pea soup, prepared with water
75609050 75611010	Pea soup, canned, prepared with water, low sodium
75611010 75612010	Vegetable soup, cream of, prepared with milk Zucchini soup, cream of, prepared with milk
75646010	Shav soup
75647000	Seaweed soup
	·
75649010 75649030	Vegetable soup, prepared with water or ready-to-serve  Vegetable soup, canned, low sodium, prepared with water or ready-to-serve
75649050 75649070	Vegetable soup, made from dry mix Vegetable soup, made from dry mix, low sodium
75650990 75651010	Minestrone soup, canned, reduced sodium, ready-to-serve
	Vegetable bean soup, prepared with water or ready-to-serve
75651020 75651030	Vegetable beef soup, prepared with water  Vegetable beef noodle soup, prepared with water
7 303 1030	vegetable beel hoodle soup, prepared with water

75651040 75651050 75651070 75651080 75651090 75651110 75651120 75651150 75652030 75654010 75656010 75656020 75656040	Vegetable noodle soup, prepared with water Vegetable chicken or turkey soup, prepared with water or ready-to-serve Vegetable rice soup, prepared with water Vegetable beef soup with rice, prepared with water or ready-to-serve Vegetable chicken soup, canned, prepared with water, low sodium Vegetable chicken rice soup, prepared with water or ready-to-serve Vegetable chicken noodle soup, prepared with water or ready-to-serve Vegetable noodle soup, canned, reduced sodium, prepared with water or ready-to-serve Vegetable beef soup, prepared with milk Vegetable soup, prepared with water Vegetable soup, Spanish style, stew type Vegetable soup, with pasta, chunky style Vegetable soup, with pasta, chunky style
75656060	Vegetable beef soup, chunky style
75657000	Vegetable broth, bouillon
(Adjusted for	aining prepared soups, dry soup mixes, and condensed soups soup content of 40 to 75%) concentrate] = 0.38 to 0.72%
27114000	Beef with (mushroom) soup (mixture)
27115000	Beef with soy-based sauce (mixture)
27120090	Ham or pork with (mushroom) soup (mixture)
27142100	Chicken or turkey fricassee
27150190	Lobster sauce (broth-based)
27220150	Sausage and rice with (mushroom) soup (mixture)
27350020	Paella with seafood
27360090	Paella, NFS
27464000	Gumbo, no rice (New Orleans type with shellfish, pork, and/or poultry, tomatoes, okra)
28522000	Mole poblano (sauce)
28522050	Mole verde (sauce)
41205100	Black bean sauce
58103250	Tamale, plain, meatless, no sauce, Mexican style
58147510	Flavored pasta
58163130	Dirty rice
58163610 72201241	Rice-vegetable medley Broccoli, cooked, from fresh, with mushroom sauce
75403020	Beans, string, green, cooked, NS as to form, with mushroom sauce
75403020	Beans, string, green, cooked, from fresh, with mushroom sauce
75403021	Beans, string, green, cooked, from frozen, with mushroom sauce
75403022	Beans, string, green, cooked, from canned, with mushroom sauce
75601100	Beet soup (borscht)
81302030	Orange sauce (for duck)
	•

Mixtures containing prepared soups, dry soup mixes, and condensed soups (Adjusted for soup content of 20 to <40%) [Rice protein concentrate] = 0.19 to <0.38%

2/113100	Beet stroganott '
27120080	Ham stroganoff
27120150	Pork or ham with soy-based sauce (mixture)
27130100	Lamb curry
27144000	Chicken or turkey with (mushroom) soup (mixture)
27150160	Shrimp with lobster sauce (mixture)
27160100	Meatballs, NS as to type of meat, with sauce (mixture)

27212400	Beef and noodles with (mushroom) soup (mixture)
27213120	Porcupine balls with tomato-based sauce (mixture)
27213400	Beef and rice with (mushroom) soup (mixture)
27213420	Porcupine balls with (mushroom) soup (mixture)
27213500	Beef and rice with soy-based sauce (mixture)
27220030	Ham and rice with (mushroom) soup (mixture)
27233000	Lamb or mutton and noodles with gravy (mixture)
27241010	Chicken or turkey and potatoes with gravy (mixture)
27242200	Chicken or turkey and noodles with gravy (mixture)
27242250	Chicken or turkey and noodles with (mushroom) soup (mixture)
27242350	Chicken or turkey tetrazzini
27250630	Tuna noodle casserole with (mushroom) soup
27250710	Tuna and rice with (mushroom) soup (mixture)
27250810	Fish and rice with tomato-based sauce
27250830	Fish and rice with (mushroom) soup
27250900	Fish and noodles with (mushroom) soup
27311610	Beef, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy), (mushroom) soup (mixture)
27311620	Beef, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy), (mushroom) soup (mixture)
27313310	Beef, noodles, and vegetables (including carrots, broccoli, and/or dark-green leafy), (mushroom) soup (mixture)
27313320	Beef, noodles, and vegetables (excluding carrots, broccoli, and dark-green leafy),
27010020	(mushroom) soup (mixture)
27315410	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), gravy
2,010110	(mixture)
27315420	Beef, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), gravy
_, 0, 0, 1_0	(mixture)
27317010	Beef pot pie
27320020	Ham pot pie
27320120	Sausage, potatoes, and vegetables (including carrots, broccoli, and/or dark-green leafy),
	gravy (mixture)
27320130	Sausage, potatoes, and vegetables (excluding carrots, broccoli, and dark-green leafy),
	gravy (mixture)
27343410	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green
	leafy), gravy (mixture)
27343420	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green
	leafy), gravy (mixture)
27343910	Chicken or turkey chow mein or chop suey with noodles
27345310	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green
	leafy), soy-based sauce (mixture)
27345320	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green
	leafy), soy-based sauce (mixture)
27347100	Chicken or turkey pot pie
27350050	Shrimp chow mein or chop suey with noodles
27350070	Tuna pot pie
27350410	Tuna noodle casserole with vegetables and (mushroom) soup
27360050	Meat pie, NFS
27363000	Gumbo with rice (New Orleans type with shellfish, pork, and/or poultry, tomatoes, okra, rice)
27414100	Beef with vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)),
	(mushroom) soup (mixture)
27414200	Beef with vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)),
	(mushroom) soup (mixture)

	27415100	Beef and vegetables (including carrots, broccoli, and/or dark-green leafy (no potatoes)),
		soy-based sauce (mixture)
	27445150	General Tso (General Gau) chicken
	27445250	Almond chicken
	27446100	Chicken or turkey chow mein or chop suey, no noodles
	27450040	Shrimp chow mein or chop suey, no noodles
	27450510	Tuna casserole with vegetables and (mushroom) soup, no noodles
	27450650	Shellfish mixture and vegetables (including carrots, broccoli, and/or dark-green leafy (no
		potatoes)), (mushroom) soup (mixture)
	27450660	Shellfish mixture and vegetables (excluding carrots, broccoli, and dark-green leafy (no
		potatoes)), (mushroom) soup (mixture)
	27513070	Roast beef submarine sandwich, on roll, au jus
	58123110	Manapua, filled with meat
	58145120	Macaroni or noodles with cheese and tuna
	58146200	Pasta, meat-filled, with gravy, canned
	58156410	Rice with onions, Puerto Rican style (arroz con cebollas)
	58156710	Rice with stewed beans, Puerto Rican style
•	58421000	Sopa seca (dry soup), Mexican style, NFS
	58421010	Sopa Seca de Fideo, Mexican style, made with dry noodles
	58421060	Sopa seca de arroz (dry rice soup), Mexican style
	72125260	Spinach and cheese casserole
	72201240	Broccoli, cooked, NS as to form, with mushroom sauce
	72201242	Broccoli, cooked, from frozen, with mushroom sauce
	75402020	Beans, lima, immature, cooked, NS as to form, with mushroom sauce
	75402021	Beans, lima, immature, cooked, from fresh, with mushroom sauce
	75402022	Beans, lima, immature, cooked, from frozen, with mushroom sauce
	75402023	Beans, lima, immature, cooked, from canned, with mushroom sauce
	75417020	Peas, cooked, NS as to form, with mushroom sauce
	75417021	Peas, cooked, from fresh, with mushroom sauce
	75417022	Peas, cooked, from frozen, with mushroom sauce
	75417023	Peas, cooked, from canned, with mushroom sauce
	Mixtures contai	ning prepared soups, dry soup mixes, and condensed soups
		oup content of 0.2 to <20%)
	[Rice protein co	oncentrate] = 0.002 to <0.19%
	27113300	Swedish meatballs with cream or white sauce (mixture)
	27135020	Veal scallopini
	27135040	Veal with butter sauce (mixture)
	27212350	Beef stroganoff with noodles
	27243300	Chicken or turkey and rice with cream sauce (mixture)
	27243400	Chicken or turkey and rice with (mushroom) soup (mixture)
	27313110	Beef chow mein or chop suey with noodles
	27315310	Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy),
	ma <sub>na</sub>	(mushroom) soup (mixture)
	27315320	Beef, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy),
		(mushroom) soup (mixture)
	07015510	Post vise and venture in the Control of the Control

Beef, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), soy-

Pork, rice, and vegetables (including carrots, broccoli, and/or dark-green leafy), soy-

Beef, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), soy-based

based sauce (mixture)

based sauce (mixture)

Pork chow mein or chop suey with noodles

sauce (mixture)

27315510

27315520

27320310

27320320

27320330	Pork, rice, and vegetables (excluding carrots, broccoli, and dark-green leafy), soy-based
	sauce (mixture)
27343510	Chicken or turkey, noodles, and vegetables (including carrots, broccoli, and/or dark-green
	leafy), tomato-based sauce (mixture)
27343520	Chicken or turkey, noodles, and vegetables (excluding carrots, broccoli, and dark-green
07045040	leafy), tomato-based sauce (mixture)
27345210	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green
07045000	leafy), gravy (mixture)
27345220	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green
07045440	leafy), gravy (mixture)
27345410	Chicken or turkey, rice, and vegetables (including carrots, broccoli, and/or dark-green
27345420	leafy), (mushroom) soup (mixture)
27343420	Chicken or turkey, rice, and vegetables (excluding carrots, broccoli, and dark-green
27360080	leafy), (mushroom) soup (mixture)
27360120	Chow mein or chop suey, NS as to type of meat, with noodles
27415150	Chow mein or chop suey, various types of meat, with noodles
27415130	Beef chow mein or chop suey, no noodles  Beef and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)),
27413200	soy-based sauce (mixture)
27416400	Sukiyaki (stir fried beef and vegetables in soy sauce)
27420390	Pork chow mein or chop suey, no noodles
27420500	Pork and vegetables (including carrots, broccoli, and/or dark-green leafy), soy-based
110000	sauce (mixture)
27420510	Pork and vegetables (excluding carrots, broccoli, and dark- green leafy), soy-based
	sauce (mixture)
27443110	Chicken or turkey a la king with vegetables (including carrots, broccoli, and/or dark-green
	leafy (no potatoes)), cream, white, or soup-based sauce
27443120	Chicken or turkey a la king with vegetables (excluding carrots, broccoli, and dark-green
•	leafy (no potatoes)), cream, white, or soup-based sauce
27443150	Chicken or turkey divan
27445110	Chicken or turkey and vegetables (including carrots, broccoli, and/or dark-green leafy (no
	potatoes)), soy-based sauce (mixture)
27445120	Chicken or turkey and vegetables (excluding carrots, broccoli, and dark-green leafy (no
07450440	potatoes)), soy-based sauce (mixture)
27450410	Shrimp and vegetables (including carrots, broccoli, and/or dark-green leafy (no
07450400	potatoes)), soy-based sauce (mixture)
27450420	Shrimp and vegetables (excluding carrots, broccoli, and dark-green leafy (no potatoes)),
27450600	soy-based sauce (mixture) Shellfish mixture and vegetables (including carrots, broccoli, and/or dark-green leafy (no
27430000	potatoes)), soy-based sauce
27450610	Shellfish mixture and vegetables (excluding carrots, broccoli, and dark-green leafy (no
27 100010	potatoes)), soy-based sauce
27460010	Chow mein or chop suey, NS as to type of meat, no noodles
28520000	Gravy or sauce, Chinese (soy sauce, stock or bouillon, cornstarch)
32105190	Egg casserole with bread, cheese, milk and meat
41207030	Beans, dry, cooked with ground beef
58112510	Dumpling, steamed, filled with meat, poultry, or seafood
58120110	Crepes, filled with meat, fish, or poultry, with sauce
58120120	Crepe, filled with beef, pork, fish and/or poultry, no sauce on top
58127110	Vegetables in pastry
58135110	Chow fun noodles with meat and vegetables
58140110	Spaghetti with corned beef, Puerto Rican style
58155210	Stuffed rice with chicken, Dominican style (Arroz relleno Dominicano)
58155320	Seafood paella, Puerto Rican style (Paella a la marinera)
58160130	Rice with beans and chicken

58160140 58163510 58306150 71801040 73111400	Rice with beans and pork Rice dressing Chicken enchilada with salsa, rice, vegetable, and dessert (diet frozen meal) Potato soup, instant, made from dry mix Carrots in tomato sauce
	ot being reconstituted, assuming preparation with equal parts water) concentrate] = 1.92% Cheddar cheese soup, canned, undiluted Chicken soup, canned, undiluted Chicken or turkey soup, cream of, canned, undiluted, reduced sodium Chicken or turkey soup, cream of, canned, undiluted Beef noodle soup, canned, undiluted Chicken noodle soup, canned, undiluted Chicken and rice soup, canned, undiluted Tomato soup, canned, undiluted Tomato rice soup, canned, undiluted Celery soup, cream of, canned, undiluted Gazpacho, canned, undiluted Mushroom soup, canned, undiluted Mushroom soup, cream of, canned, undiluted Vegetable soup, canned, undiluted Vegetable soup, canned, undiluted Vegetable beef soup, canned, undiluted Vegetable beef soup, canned, undiluted Vegetable soup, canned, undiluted Vegetable soup, canned, undiluted
	cot being reconstituted, 8 g of dry soup mix to 245 mL of water) concentrate] = 30.36%  Chicken broth, bouillion, or consomme, dry, not reconstituted Onion soup, dry mix, not reconstituted Vegetable soup, dry mix, not reconstituted Beef, broth, bouillon, or consomme, dry, not reconstituted Beef, broth, bouillon, or consomme, low sodium, dry, not reconstituted Vegetarian bouillon, dry



#### GASTROENTEROLOGY • SLEEP • NEUROLOGY • VACCINES • ARTHRITIS • NUTRITION • WOMEN'S HEALTH

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Attention: David Jay Janow With copy: Bob Bransky

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Date: April 11, 2012

Study Title: A Comparative Study of Axiom Foods/Growing Naturals Organic Whole Grain Brown Rice Protein Concentrate Powder as compared to the USDA Standards of *Oryza sativa L.* and Rice milk, the USDA Standards for Cow's Milk and the National Dairy Council Fact Sheet on Whey Protein for the respective Amino Acid profiles.

<u>Type of Study:</u> Prospective analysis using High Performance Liquid Chromatography (HPLC) and standard laboratory analytical methods for determining the total amino acid profile.

#### **Product Tested:**

- Axiom Foods Organic Oryzatein<sup>TM</sup> 80 Silk (Brown rice protein concentrate).
- Batch No. HZN1101/8-22

#### Amino Acids Analyzed:

Aspartic acid, threonine, serine, glutamic acid, proline, glycine, alanine, valine, isoleucine, leucine, tyrosine, phenylalanine, lysine, histidine, arginine, cystine, methionine and tryptophan.

Amino Acid Laboratory Analytical Technique: The samples are hydrolyzed in 6 N Hydrochloric acid for 24 hours at approximately 110°C. Phenol is added to the 6N Hydrochloric acid to prevent halogenation of tyrosine. Cystine and Cysteine are converted to S-2-carboxyethylthiocysteine by the addition of dithiodipropionic acid. Tryptophan is hydrolyzed from proteins by heating at approximately 110°C in 4.2 N Sodium Hydroxide. The samples are analyzed by HPLC after pre-injection derivitization. The primary amino acids are derivitized with o-phthalaldehyde (OPA) and the secondary amino acids are derivitized with fluorenylmethyl chloroformate(FMOC) before injection.<sup>1-3</sup>

Limit of Technique Quantitation: Most matrices - 0.1 mg/g

#### **Executive Summary:**

It is known that only the essential amino acids (EAA's) can have an effect on exercise recovery and that the non-essential amino acids (dispensable amino acids) do not have the same effects.

Research in physically active people has found whole milk (~ one cup) when consumed after a workout stimulates muscle protein synthesis (recovery). Newer research has elucidated that the most important amino acid for stimulating muscle recovery and growth is leucine. One cup of milk contains 730 mg of leucine. In addition, recent research demonstrates that at a minimum, a person needs up to 2.79 grams of the essential amino acid leucine in one serving in order stimulate muscle protein synthesis in the post-workout period.

Organic Oryzatein Silk 80 contains 2.11 grams leucine in a 34 gram serving (2,110 mg).

The product contains 6.2 grams (6,200 mg) leucine in a 100 gram serving.

Organic Oryzatein Silk 80 is a richer source of key essential amino acids as compared to cow's milk, soy protein concentrate and *oryza sativa*.

## Comparisons:

USDA Standard Values for Oryza sativa 4			
Amino Acid	mg/100g food		
Isoleucine	336		
Leucine	657		
Valine	466		
Lysine	303		
Methionine	179		
Cystine	96		
Phenylalanine	410		
Tyrosine	298		
Threonine	291		
Tryptophan	101		
Arginine	602		
Histidine	202		
Alanine	463		
Aspartic Acid	743		
Glutamic Acid	1,618		
Glycine	391		
Proline	372		
Serine	411		

USDA Standard Value for cow's milk <sup>9</sup>			
Amino Acid	mg/100g food		
Isoleucine	219		
Leucine	430		
Valine	255		
Lysine	248		
Methionine	86		
Phenylalanine	239		
Tyrosine	218		
Threonine	153		
Arginine	88		
Histidine	118		
Alanine	140		
Aspartic Acid	233		
Glutamic Acid	633		
Glycine	79		
Proline	283		
Serine	188		

National Dairy Council and US Dairy Export Council Fact Sheets on Whey Protein (WPC80 for amino acid profile)<sup>10</sup>

Amino Acid	g/100g protein
Isoleucine	6.41
Leucine	11.6
Valine	6.09
Lysine	9.83
Methionine	2.35
Cystine	2.28
Phenylalanine	3.56
Tyrosine	3.26
Threonine	8.44
Tryptophan	1.8
Arginine	3.18
Histidine	2.41
Alanine	4.82
Aspartic Acid	12.26
Glutamic Acid	15.41
Glycine	2.0
Proline	6.28
Serine	6.24

USDA Standard Value for Soy Protein				
Concentrate <sup>11</sup>				
Amino Acid	g/100g protein			
Isoleucine	2.942			
Leucine	4.917			
Valine	3.064			
Lysine	3.929			
Methionine	0.814			
Cystine	0.886			
Phenylalanine	3.278			
Tyrosine	2.301			
Threonine	2.474			
Tryptophan	0.835			
Arginine	4.642			
Histidine	1.578			
Alanine	2.677			
Aspartic Acid	7.249			
Glutamic Acid	12.013			
Glycine	2.688			
Proline	3.298			
Serine	3.369			

<sup>\*</sup>Produced by alcohol extraction

Organic Oryzatein™ 80 Silk			
As analyzed by Covance® 12			
Amino Acid	mg/34g		
Isoleucine	1,150		
Leucine	2,110		
Valine	1,520		
Lysine	721		
Methionine	775		
Cystine	554		
Phenylalanine	1,420		
Tyrosine	1,400		
Threonine	952		
Tryptophan	381		
Arginine	2,080		
Histidine	578		
Alanine	1,470		
Aspartic Acid	2,300		
Glutamic Acid	4,590		
Glycine	1,160		
Proline	1,210		
Serine	1,290		

Organic Oryzatein™ 90 Silk			
As analyzed by Covance® 13			
Amino Acid	mg/34g		
Isoleucine	1,180		
Leucine	2,180		
Valine	1,550		
Lysine	823		
Methionine	772		
Cystine	585		
Phenylalanine	1,500		
Tyrosine	1,450		
Threonine	993		
Tryptophan	398		
Arginine	2,150		
Histidine	619		
Alanine	1,520		
Aspartic Acid	2,360		
Glutamic Acid	4,730		
Glycine	1,200		
Proline	1,320		
Serine	1,330		

		Comparator I		
		Cow's Milk	WPC80	Organic Oryzatein <sup>TM</sup> 80 Silk
Ana	lysis based on:	mg/cup (244cc) <sup>14</sup>	mg/34g protein	mg/34g protein <sup>12</sup>
	Isoleucine*†	398	2,179.4	1,150
	Leucine*†	730	3,944	2,110
	Valine*†	503	2,070.6	1,520
	Lysine <sup>†</sup>	644	3,342.2	721
	Methionine <sup>†</sup>	203	799	775
	Cystine	46	775.2	554
Sp	Phenylalanine <sup>†</sup>	398	1,210.4	1,420
Amino Acids	Tyrosine	388	1,108.4	1,400
V	Threonine <sup>†</sup>	327	2,869.6	952
	Tryptophan <sup>†</sup>	98	612	381
E	Arginine	220	1,081.2	2,080
❖	Histidine <sup>†</sup>	232	819.4	578
	Alanine	261	1,638.8	1,470
	Aspartic Acid	659	4,168.4	2,300
	Glutamic Acid	1,728	5,239.4	4,590
	Glycine	151	680	1,160
	Proline	759	2,135.2	1,210
	Serine	464	2,121.6	1,290

<sup>\*=</sup>branched-chain amino acids †=Essential Amino Acids

		Comparator II		
,		Cow's Milk	Soy Protein Concentrate	Organic Oryzatein™ 80 Silk
Analysis based on:		mg/cup (244cc) <sup>13</sup>	mg/34g protein	mg/34g protein <sup>12</sup>
	Isoleucine*†	398	1,000.3	1,150
,	Leucine* <sup>†</sup>	730	1,671.8	2,110
	Valine*†	503	1,041.8	1,520
	Lysine <sup>†</sup>	644	1,335.9	721
	Methionine	203	276.8	775
	Cystine	46	301.2	554
Sp	Phenylalanine <sup>†</sup>	398	1,114.5	1,420
[ci	Tyrosine	388	782.3	1,400
<b>V</b>	Threonine <sup>†</sup>	327	841.2	952
<u>  ii</u>	Tryptophan <sup>†</sup>	98	283.9	381
Amino Acids	Arginine	220	1,578.3	2,080
<b>▼</b>	Histidine <sup>†</sup>	232	536.5	578
	Alanine	261	910.2	1,470
	Aspartic Acid	659	2,464.7	2,300
	Glutamic Acid	1,728	4,084.4	4,590
	Glycine	151	913.9	1,160
	Proline	759	1,121.3	1,210
	Serine	464	1,145.5	1,290

<sup>\*=</sup>branched-chain amino acids †=Essential Amino Acids

		Oryza sativa L	Cow's Milk	WPC80	Soy Protein Concentrate	Organic Oryzatein <sup>TM</sup> 80 Silk	Organic Oryzatein <sup>TM</sup> 90 Silk
Ana	llysis based on:	mg/100g food	mg/100g food	mg/100g protein	mg/100g protein	mg/100g protein	mg/100g protein
	Isoleucine*†	336	219	6,410	2,942	3,370	3,470.59
ļ	Leucine*†	657	430	11,600	4,917	6,200	6,411.76
	Valine*†	466	255	6,090	3,064	4,470	4,558.82
	Lysine <sup>†</sup>	303	248	9,830	3,929	2,120	2,420.59
	Methionine <sup>†</sup>	179	86	2,350	814	2,280	2,270.59
	Cystine	96	N/A	2,280	886	1,630	1,720.59
S	Phenylalanine <sup>†</sup>	410	239	3,560	3,278	4,170	4,411.76
Acids	Tyrosine	298	218	3,260	2,301	4,110	4,264.71
<b>V</b>	Threonine <sup>†</sup>	291	153	8,440	2,474	2,800	2,920.59
	Tryptophan <sup>†</sup>	101	N/A	1,800	835	1,120	1,170.59
Amino	Arginine	602	88	3,180	4,642	6,130	6,323.53
<b>₩</b>	Histidine <sup>†</sup>	202	118	2,410	1,578	1,700	1,820.59
	Alanine	463	140	4,820	2,677	4,310	4,470.59
	Aspartic Acid	743	233	12,260	7,249	6,750	6,941.18
	Glutamic Acid	1,618	633	15,410	12,013	13,500	13,911.76
	Glycine	391	79	2,000	2,688	3,400	3,529.41
	Proline	372	283	6,280	3,298	3,570	3,882.35
	Serine	411	188	6,240	3,369	3,800	3,911.76
	Total BCAA	1,459	904	24,100	10,923	14,040	14,441
	Total EAA	2,945	1,748	52,490	23,831	28,230	29,456
	Total AA	7,939	3,610	108,220	62,954	75,430	78,412

<sup>\*=</sup>branched-chain amino acids †=Essential Amino Acids

#### **Conclusions:**

- Organic Oryzatein™ Ultra 80 Silk contains a different amino acid profile than that of Oryza sativa.
- Organic Oryzatein™ Ultra 80 Silk contains a different amino acid profile than that of Cow's milk. 9
- Organic Oryzatein™ Ultra 80 Silk contains a different amino acid profile than that of Whey protein (WPC-80).
- Organic Oryzatein™ Ultra 80 Silk contains a greater amino acid total, leucine value and for branched chain amino and essential amino acids than Soy protein concentrate.
- Organic Oryzatein™ Ultra 80 Silk contains a unique Essential Amino Acid profile, whereas 37.4% of the amino acids in the protein are EAA.
- Organic Oryzatein™ Ultra 80 Silk contains 1,441.9% more leucine than Cow's milk and 943.7% more leucine than Oryza sativa per equalized standard serving.
- Organic Oryzatein™ Ultra 80 Silk comparatively contains 9.437 times (943.7%) leucine, 9.623 times (962.3%) branched chain amino acids, 9.586 times (958.6%) essential amino acids and 9.501 times (950.1%) total amino acids more than *Oryza sativa*.
- Organic Oryzatein™ Ultra 80 Silk comparatively contains 14.419 times (1,441.9%) leucine, 15.531 times (1,553.1%) branched chain amino acids, 16.15 times (1615%) essential amino acids and 20.895 times (2,089.5%) total amino acids more than Cow's milk.
- Organic Oryzatein™ Ultra 80 Silk comparatively contains 1.261 times (1,261%) leucine, 1.28 times (128%) branched chain amino acids, 1.185 times (118.5%) essential amino acids and 1.198 times (119.8%) total amino acids more than Soy Protein Concentrate.
- Cow's milk and leucine (when administered as part of an "EAA" mix) have both been found to positively impact muscle protein synthesis after exercise (recovery and growth). The amount of leucine needed to stimulate MPS is a range of 730 mg to 2, 790 mg (2.79 grams) in one serving. 15, 17-26
- Leucine is considered the most "anabolic" of the amino acids and the only essential amino acid to impact the body's ability to synthesize new protein. 15, 17-26
- Organic Oryzatein™ Ultra 80 Silk may be optimized by increasing the serving size from 34 grams to 45 grams. This
  would allow for the leucine content to be even richer allowing the potential benefit for the exercising person to
  be both for the younger and older adult. <sup>24</sup>
- Organic Oryzatein™ Ultra 80 Silk is a high quality source of useable protein for health promotion, maintenance and for sports nutrition.
- Organic Oryzatein™ Ultra 80 Silk appears to be a very good protein and great source of essential amino acids, that when used with exercise, can enhance exercise recovery and muscle protein synthesis. <sup>16-26</sup>
- Although not addressed in this analysis and report, it appears that Organic Oryzatein™ Ultra 80 Silk has utility over cow's milk, whey protein concentrate and isolate as well as soy protein isolate for the following reasons: it is not genetically modified (non-GMO), does not contain lactose (milk sugar), does not come from an animal known to be treated with growth hormones (rbST/bGH), anabolic steroids (AAS), estrogens and other hormones, antibiotics or other chemicals known to, suspected of, to affect or have an impact upon human health. <sup>27-30</sup>

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535689-0

Report Date:

21-Mar-2012

**Report Status:** 

Final

## **Certificate of Analysis**

#### Miami Research Associates

6141 Sunset Drive Suite 301

South Miami Florida 33143 United States

ample Name:	Organic Oryzatein Silk 80	Covance Sample:	1250431
roject ID	MIAMI_RES-20120313-0002	Receipt Date	12-Mar-2012
O Number	Charge - Mastercard	Receipt Condition	Ambient temperature
ot Number	HZN11018-22	Login Date	13-Mar-2012
ample Serving Size	34 g	Storage Condition	-20 (+/- 10) Degrees Celsius
Analysis		Result	Result per Serving
Amino Acids			
Aspartic Acid		6750 mg/100g	2300 mg/Serving Size
Threonine		2800 mg/100g	952 mg/Serving Size
Serine		3800 mg/100g	1290 mg/Serving Size
Glutamic Acid		13500 mg/100g	4590 mg/Serving Size
Proline		3570 mg/100g	1210 mg/Serving Size
Glycine		3400 mg/100g	1160 mg/Serving Size
Alanine		4310 mg/100g	1470 mg/Serving Size
Valine		4470 mg/100g	1520 mg/Serving Size
Isoleucine		3370 mg/100g	1150 mg/Serving Size
Leucine		6200 mg/100g	2110 mg/Serving Size
Tyrosine		4110 mg/100g	1400 mg/Serving Size
Phenylalanine		4170 mg/100g	1420 mg/Serving Size
Lysine		2120 mg/100g	721 mg/Serving Size
Histidine		1700 mg/100g	578 mg/Serving Size
Arginine		6130 mg/100g	2080 mg/Serving Size
Cystine		1630 mg/100g	554 mg/Serving Size
Methionine		2280 mg/100g	775 mg/Serving Size
Tryptophan			
Tryptophan		1120 mg/100g	381 mg/Serving Size

Covance Laboratories Inc.

### Amino Acids (TAALC S:6)

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#### Tryptophan (TRPLC S:3)

Covance Laboratories Inc.

AOAC International, 982.30 'Protein Efficiency Ratio', Official Methods of Analysis, (ed.) Patricia Cunniff, Sixteenth Ed., Vol. 2, AOAC International: Arlington, VA (1995).



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## **Certificate of Analysis**

### Miami Research Associates

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#### Testing Location(s)

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Covance Laboratories Inc.

Lori Ross - Associate Director

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