

# **Dexcom G5 Mobile Continuous Glucose Monitoring (CGM) System for Non-Adjunctive Management of Diabetes**

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**July 21, 2016**

Dexcom, Inc.

Clinical Chemistry and Clinical Toxicology  
Devices Panel

# Introduction

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**Andrew Balo**

Executive Vice President

Clinical, Regulatory & Global Access

Dexcom, Inc.

# Current Dexcom G5 CGM Indication: Adjunctive Use

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- For detecting and tracking glucose trends and patterns in persons with diabetes
- For use as an **adjunctive device to complement, not replace,** information obtained from standard home glucose monitoring devices (SMBG)

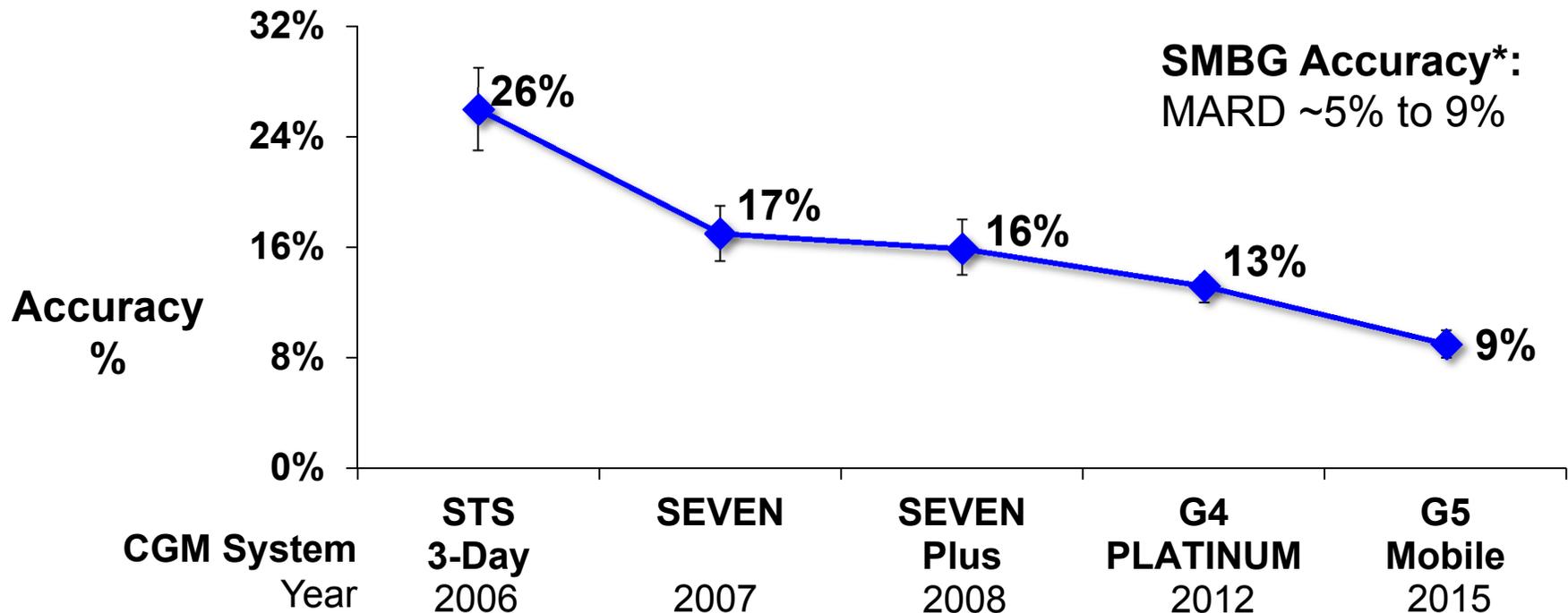
# Proposed Dexcom G5 CGM Indication: Non-Adjunctive Use

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- For management of diabetes
- Designed to **replace fingerstick** glucose testing for diabetes **treatment decisions**
- Fingerstick calibration every 12 hours
- Instructions for use to include information on CGM use for treatment decisions

# Public Health Rationale for Indication Change

1. Improvements over decades of use have made data highly reliable



\* Tack et al., (2012); Zueger et al., (2012); Kuo et al., (2011)

MARD: Mean Absolute Relative Difference; Error Bar = 95% Bootstrapped CIs

# Public Health Rationale for Indication Change

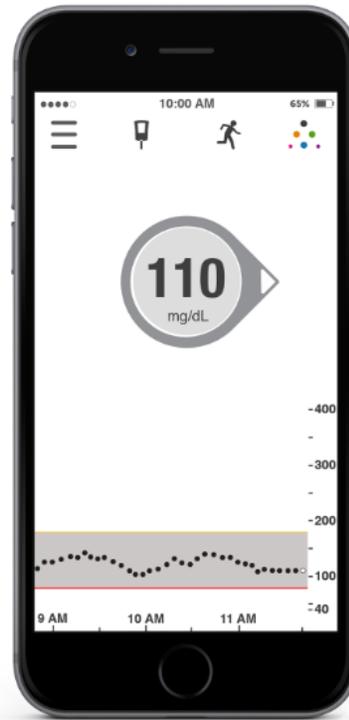
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1. Improvements over decades of use have made data highly reliable
2. Many existing patients currently use Dexcom CGM for making treatment decisions
  - Ability to educate on proper use is vital
3. Broader label will
  - Decrease fingerstick requirement
  - Increase access to CGM

# Dexcom G5 System: FDA-Approved Continuous Glucose Monitor (CGM)

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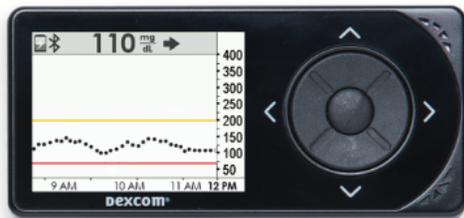
Mobile App



Sensor  
(in applicator)



Receiver

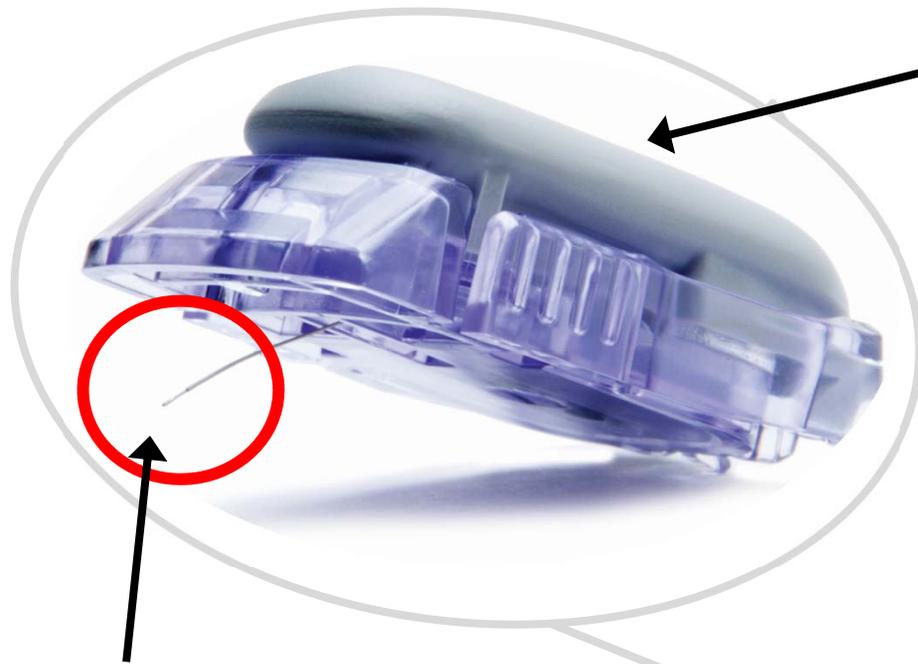


Transmitter



# Dexcom G5 CGM System: Sensor and Transmitter

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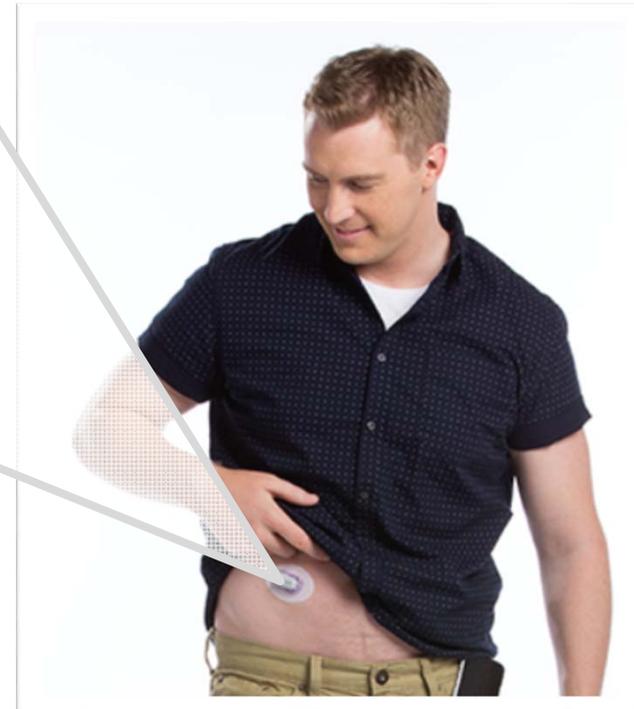


## Transmitter

- Converts sensor data into glucose readings (Software 505)
- Glucose data broadcast via Bluetooth to display device

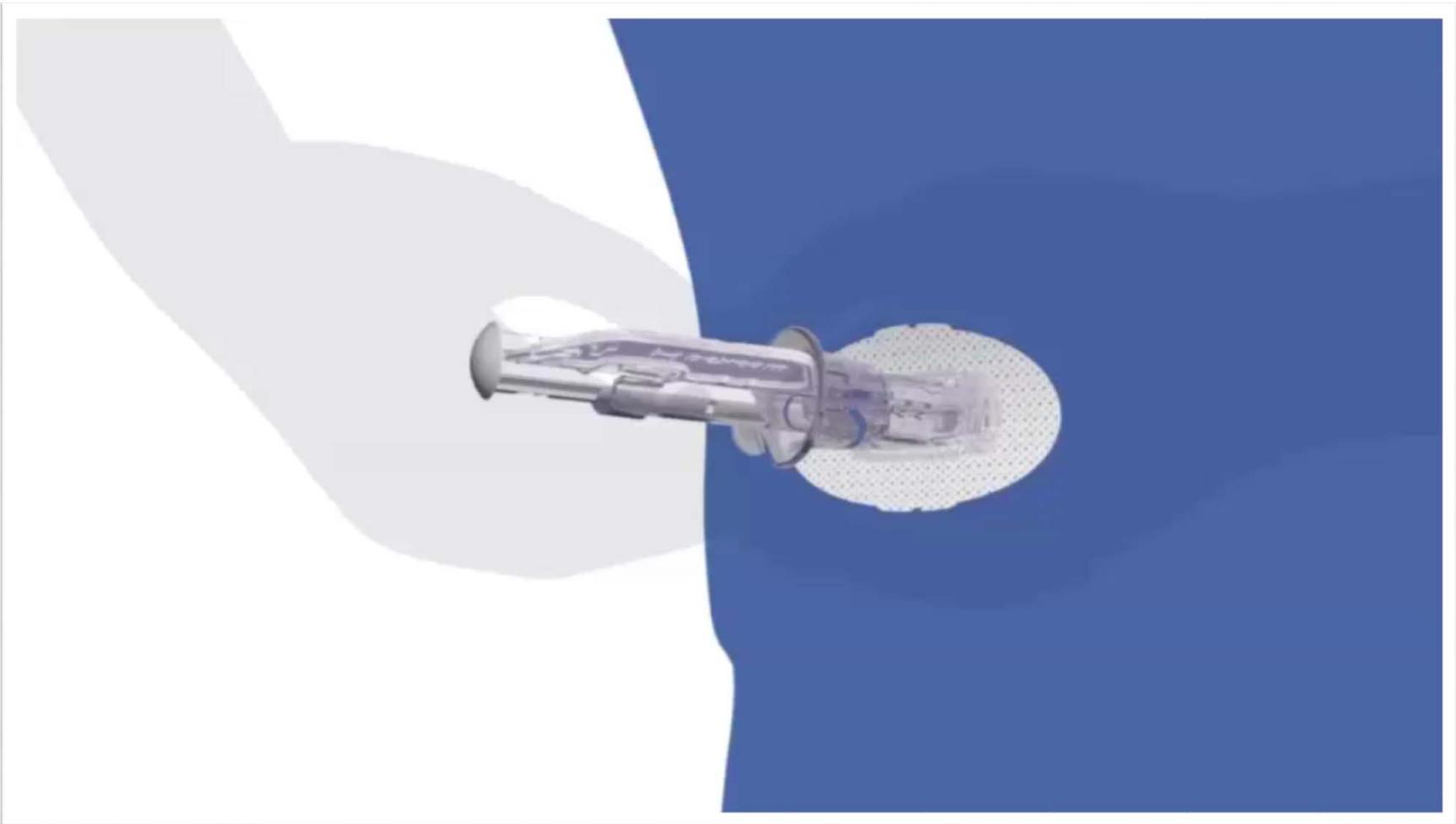
## Sensor

- Tiny wire inserted
- Converts glucose into electrical current
- Glucose range: 40-400 mg/dL
- Every 5 minutes, up to 7 days

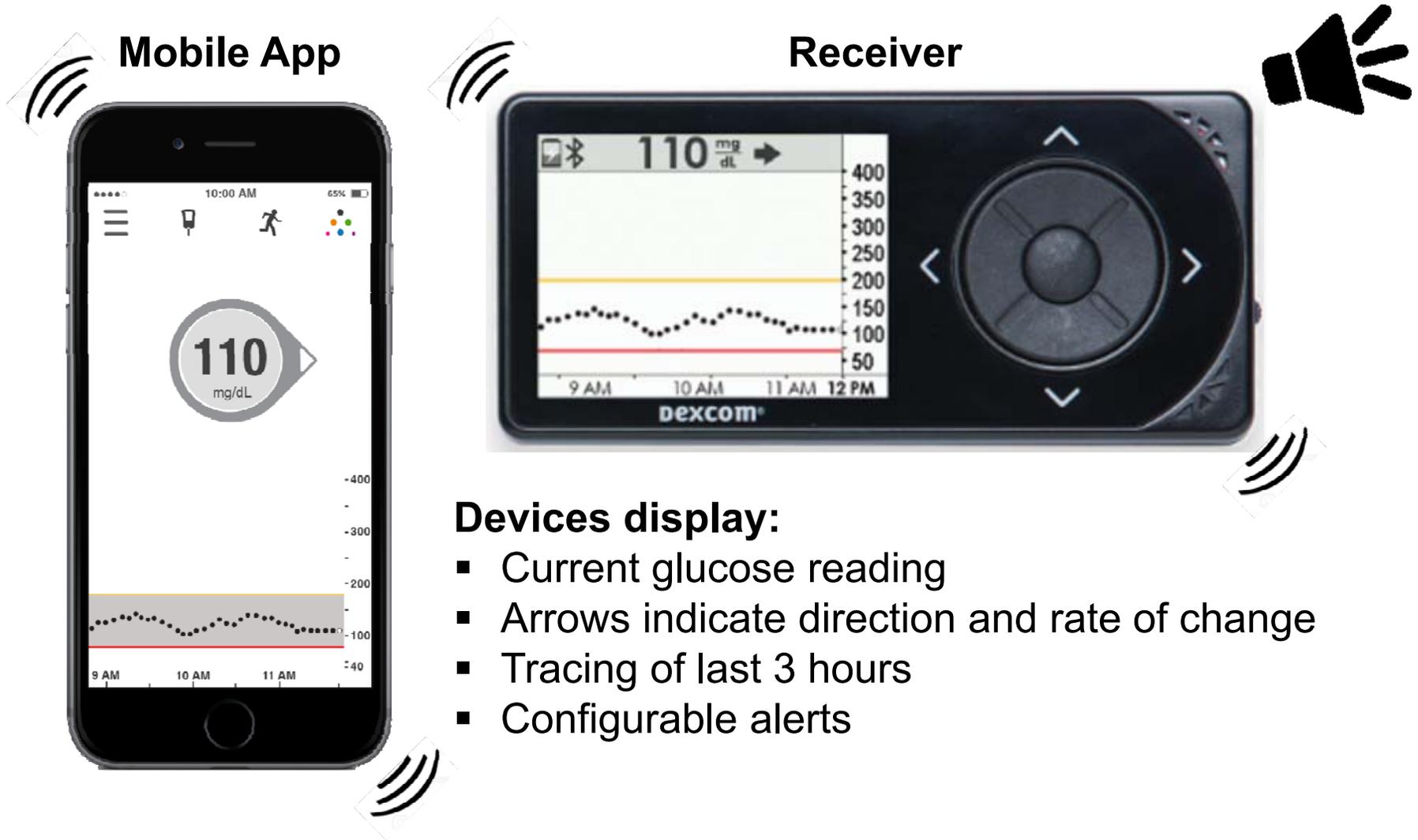


# Simple Sensor Insertion

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# Display Devices: Mobile App or Receiver



# Fixed Low Glucose Alarm at 55 mg/dL

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## Devices display:

- Fixed, non-configurable alarm set to 55 mg/dL
- Audible and vibratory alarm
- Repeats every 5 minutes until acknowledged or glucose level rises above 55 mg/dL

# Dexcom CGM Provides More Information than SMBG

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- Up to 288 readings per day
- Readily available
- Glucose trends/rate of change
- Alerts and alarms
- Improve time to treatment
- Remote monitoring (“sharing”)

# Regulatory Discussions

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- Testing strategy
- Mitigations for new risks
- Clinical data
- Human Factors
- Computer simulations
  - Provide additional data related to risks at physiological, sensor and meter extremes
  - Demonstrate safety and effectiveness

# Agenda

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**Clinical Utility of  
CGM-Based Treatment**

**Bruce Buckingham, MD**  
Stanford University

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**Simulation Studies**

**David Price, MD**  
Dexcom, Inc.

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**Planned Training and  
Human Factors Study**

**Claudia Graham, PhD**  
Dexcom, Inc.

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**Benefit-Risk Conclusion**

**Steven Edelman, MD**  
University of California at San Diego

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# Additional Experts

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- **Claudio Cobelli, PhD**  
Professor of Biomedical Engineering  
Dept. of Information Engineering  
University of Padova  
Padova, Italy
- **Andrea Facchinetti, PhD**  
Asst. Professor of Biomedical Engineering  
Dept. of Information Engineering  
University of Padova  
Padova, Italy
- **Jake Leach**  
Senior Vice President  
Research & Development  
Dexcom, Inc.

# Clinical Utility of CGM-Based Treatment Decisions

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**Bruce Buckingham, MD**

Professor of Pediatrics (Endocrinology)

The Lucile Salter Packard Children's Hospital

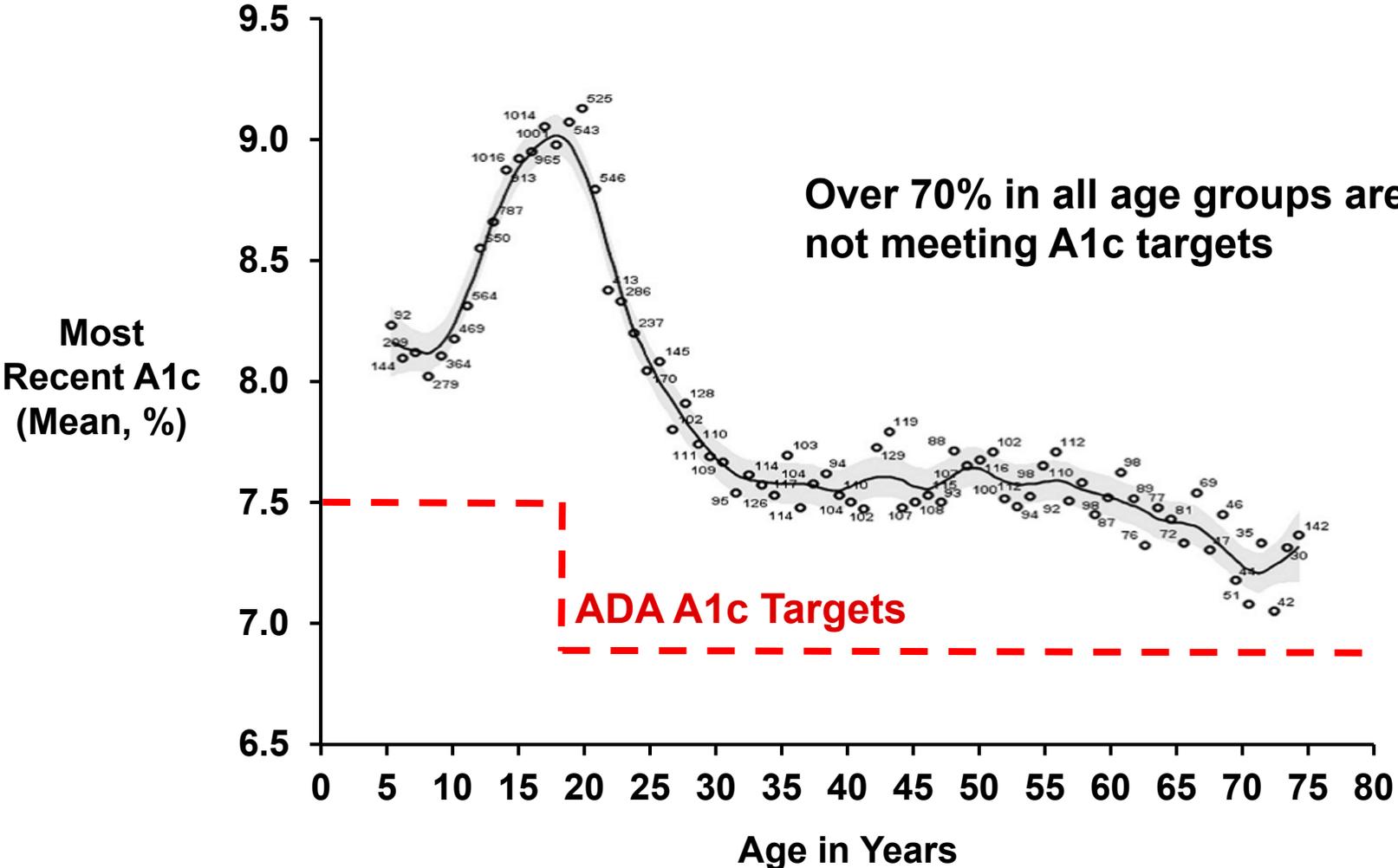
Stanford University

# Patients Using Insulin Are at Risk for Hypoglycemia and Chronic Complications

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- 3-4 million people with diabetes require insulin<sup>1</sup>
- Higher risk of hypoglycemia
- >10% of adults have severe hypoglycemia event annually<sup>2</sup>
  - Most severe hypoglycemia events occur at night or during sleep
  - SMBG testing is inadequate to prevent severe hypoglycemia

# Diabetes Remains Poorly Controlled



Miller et al., (2015)

# Managing a Complex Disease with Imperfect Glucose Data

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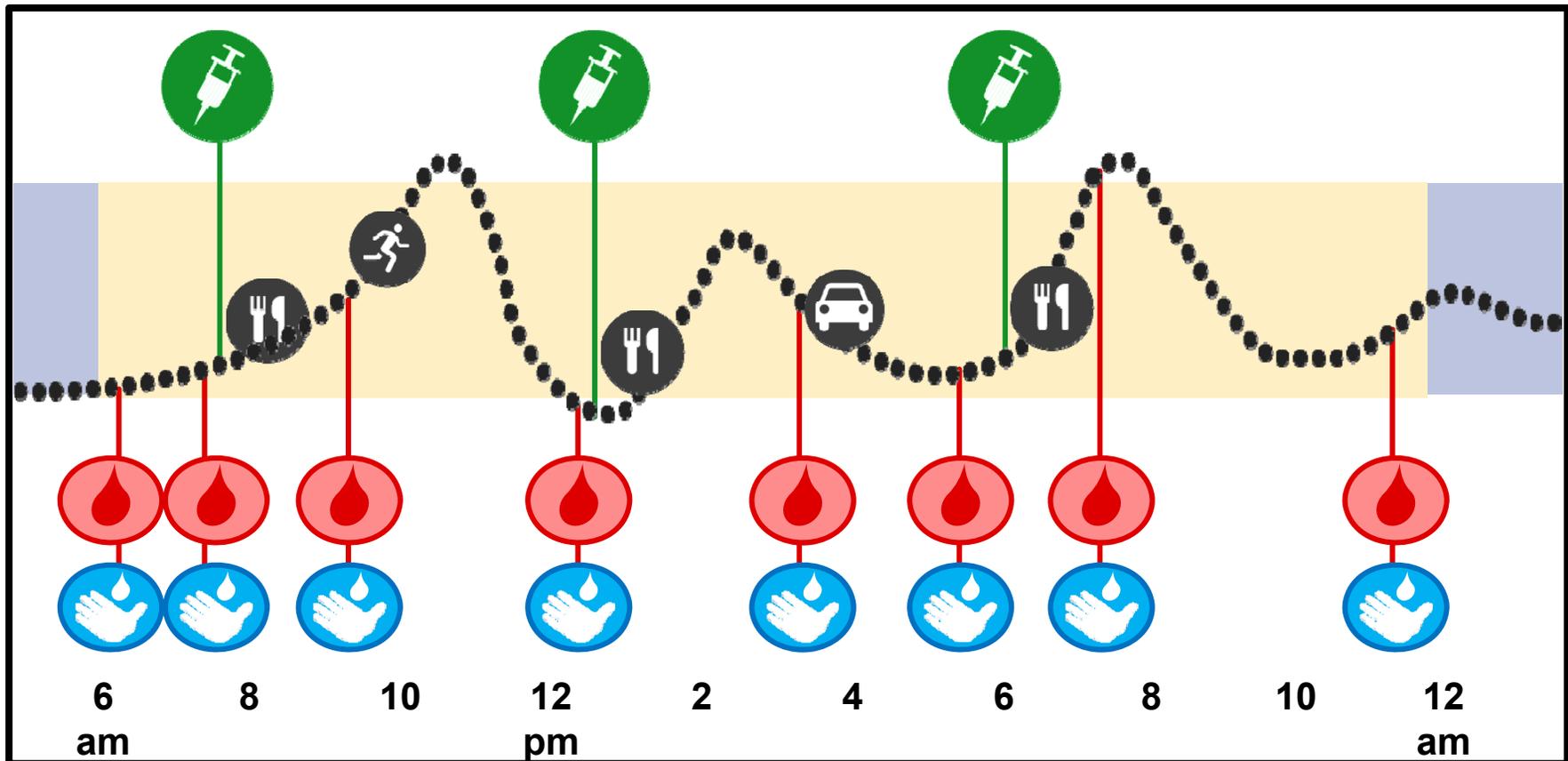
- SMBG may not always be accurate
- SMBG does not provide trend, rate of change or alert information
  - Particularly beneficial for ~20-25% with hypoglycemia unawareness

# Need to Increase Access to CGM

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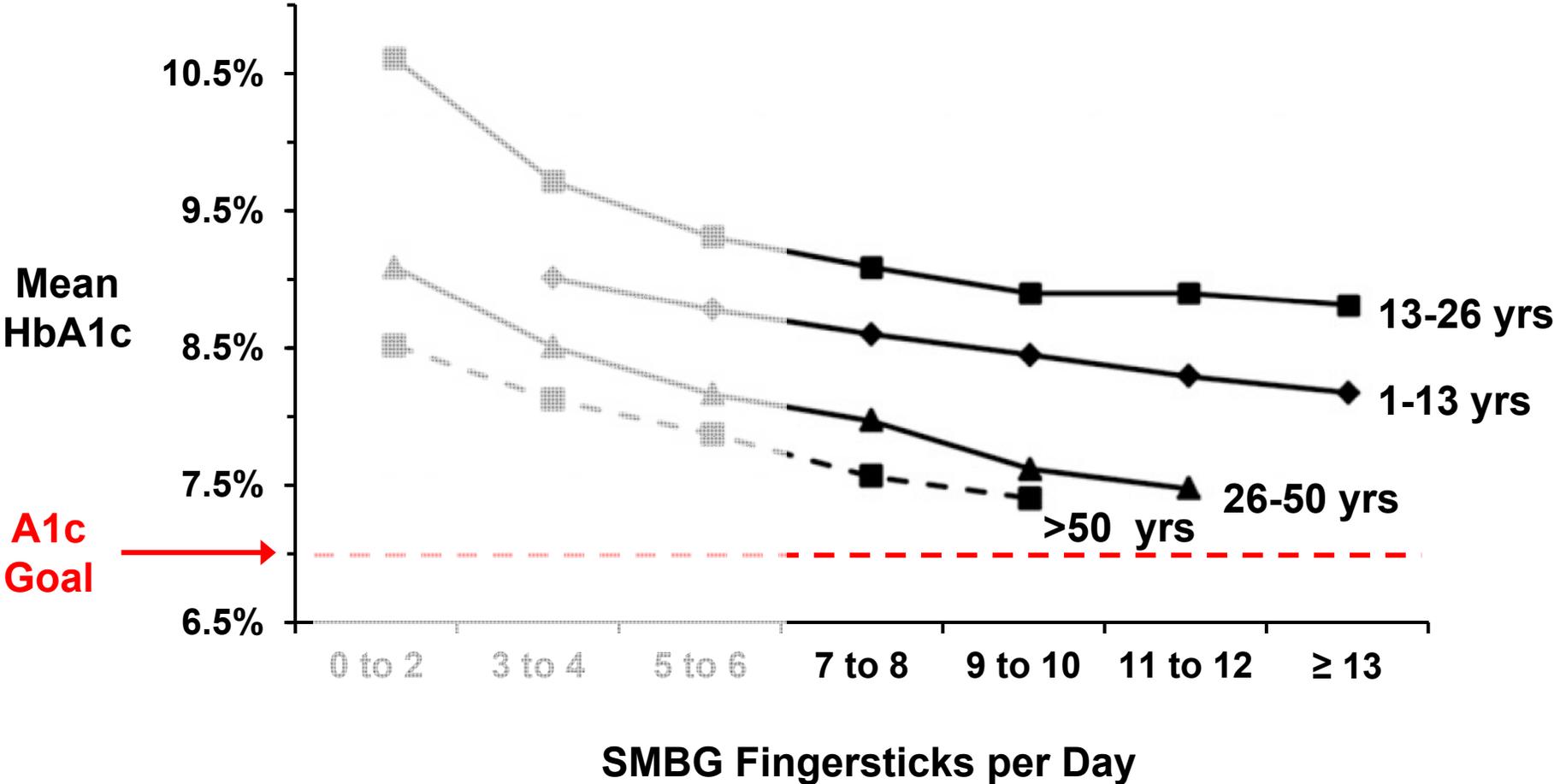
- CGM use improves treatment decisions
- CGM can reduce burden associated with fingersticks
  - Pain
  - Inconvenience
- CGM reduces inaccuracies associated with SMBG
- Many patients already using CGM for treatment decisions
- Changing label will improve access and allow for proper education and training

# Clinical Decisions in Typical Day for SMBG Insulin User



- Before eating 3-6 times a day
- Before bedtime
- Before driving
- Before, during, and after exercise
- Feeling shaky, sweating or suspicious of hypoglycemia
- When sick

# Even High Frequency Fingerstick Testing Does Not Lead to Sufficient HbA1c Control



Miller et al., (2013)

# Many Patients Do Not Test as Recommended

| Daily SMBG Tests | T1D Exchange<br>N=16,061 |
|------------------|--------------------------|
| 0 to 3           | 34%                      |
| 4 to 6           | 45%                      |
| 7 to 9           | 15%                      |
| >9               | 5%                       |

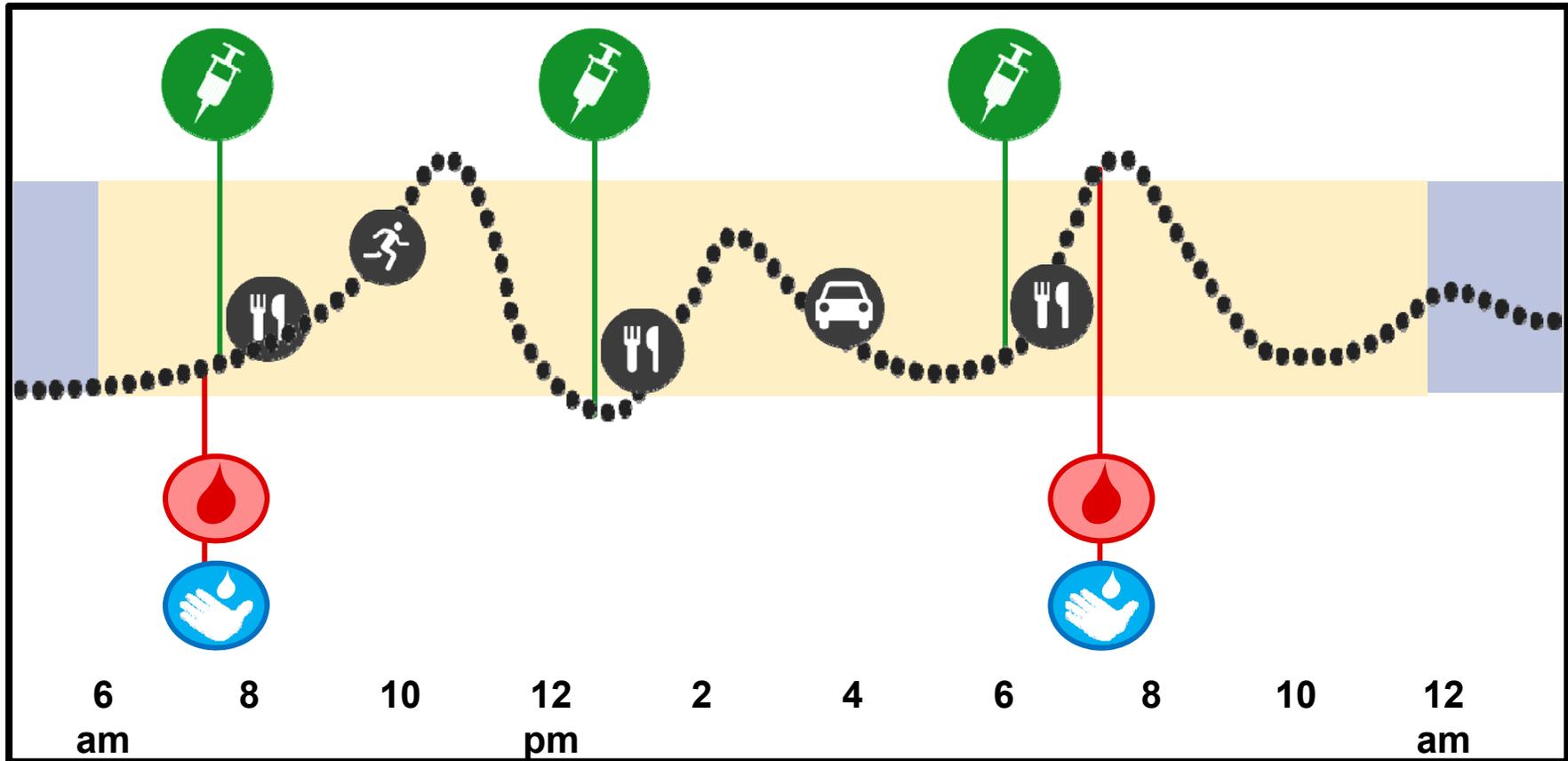
# Top 3 Reasons Patients Do Not Perform SMBG Test

| Reason  | Frequency<br>N=932 |
|---|--------------------|
| Too painful                                   | 27%                |
| Testing is slow and too much of a hassle      | 42%                |
| Attracts too much attention from other people | 18%                |

# Skin Contaminants Reduce Meter Accuracy

| <b>Exposure</b>          | <b>Washed Hands<br/>(median)</b> | <b>Exposed Finger<br/>No Washing<br/>(median)</b> |
|--------------------------|----------------------------------|---|
| <b>Peeling an orange</b> | <b>98 mg/dL</b>                  | <b>171 mg/dL</b>                                  |
| <b>Peeling a grape</b>   | <b>93 mg/dL</b>                  | <b>360 mg/dL</b>                                  |

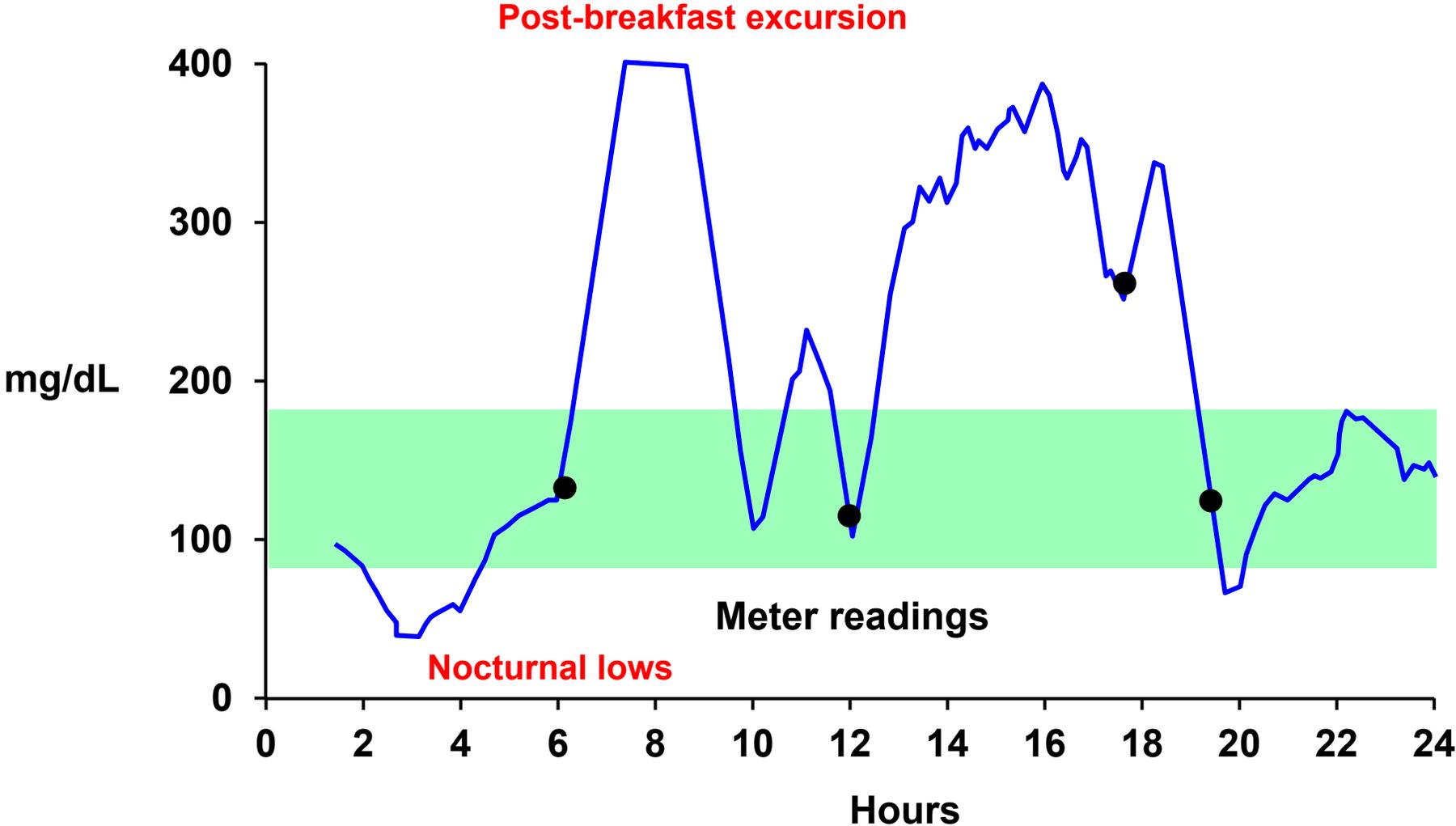
# Significant Reduction in Fingersticks With CGM-Based Treatment Decisions



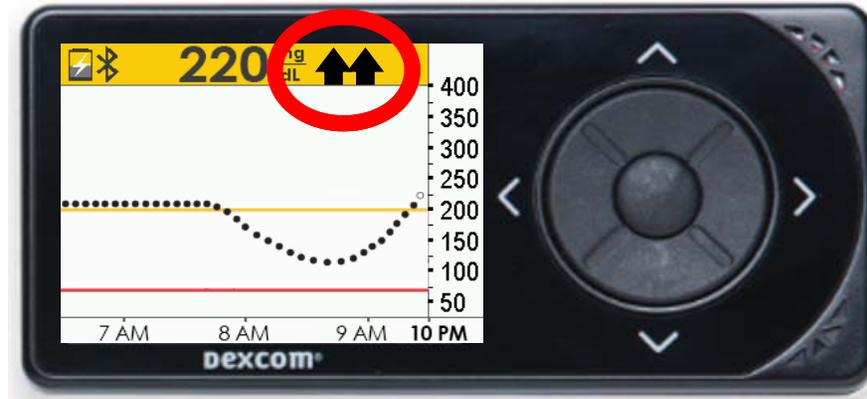
- Fingerstick to calibrate or when symptoms don't match CGM readings
- Patients look at their CGM display ~30 times/day\*

\* New et al., (2015); Nakamura et al., ADA (2016)

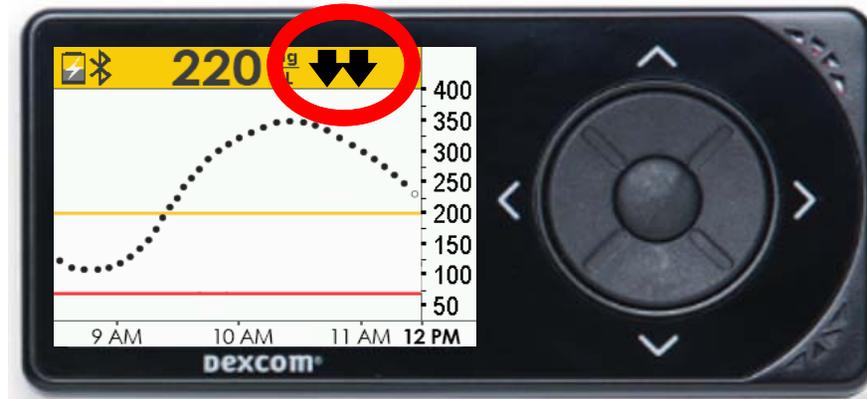
# Intermittent Monitoring is Not Enough



# CGM Allows Better Informed Treatment Decisions



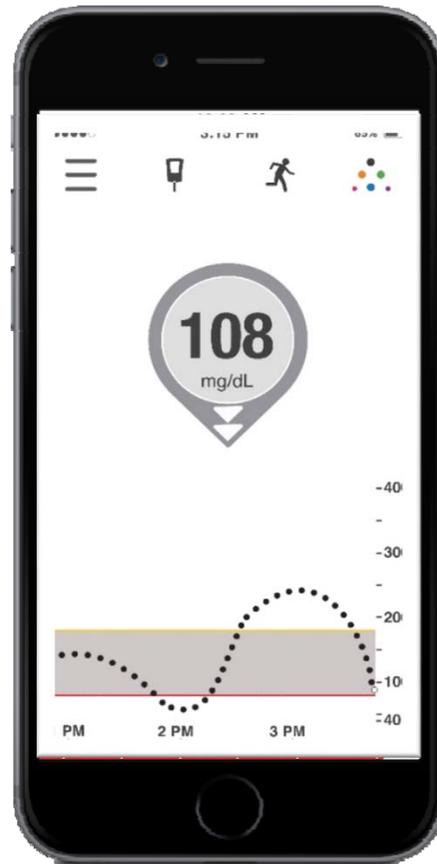
**Take a larger than usual dose**



**No insulin and maybe eat carbs**

# Use of Trend Arrows to Prevent Hypoglycemia

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- About to begin 40 minute drive home
- In 30 minutes, glucose could be 18 mg/dL
  - Eat food to treat

# Clinical Studies Using G5 Software: System Performance and Accuracy

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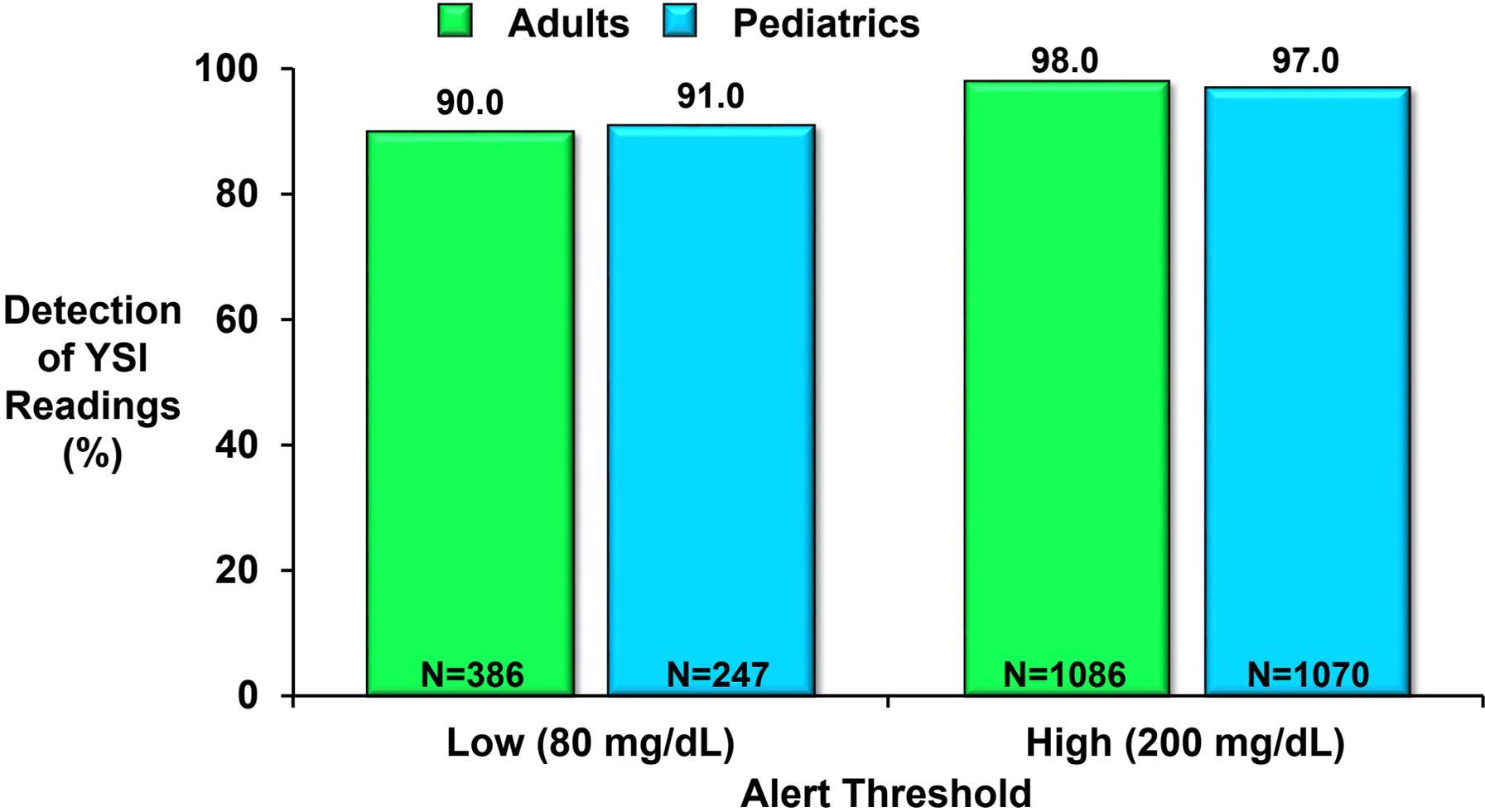
- Two studies:
  - Adults:  $\geq 18$  years
  - Pediatrics: 2 to 17 years
- Each subject wore 1 sensor
- Clinic glucose tracking study

# Accuracy Similar between Adult and Pediatric Patients

| Performance Parameters                               | Adults              | Pediatrics          |
|--|---------------------|---------------------|
|  | CGM vs. YSI<br>N=50 | CGM vs. YSI<br>N=59 |
| Temporally matched pairs                             | 2,263               | 2,262               |
| MARD %   | 9%                  | 10%                 |
| %20/20   | 93%                 | 91%                 |
| MAD (mg/dL) in hypoglycemia range ( $\leq 70$ mg/dL) | 6.4                 | 10.7                |

YSI = laboratory glucose reference standard (YSI Incorporated, Yellow Springs, OH)  
Laffel et al., (2016); Bailey et al., (2015)

# Effective Alert Performance: Within 15 Minutes of YSI $\leq 80$ or $\geq 200$ mg/dL



Percentage of true YSI events captured by sensor

# Benefits of CGM Use Demonstrated in Randomized Controlled Trials

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- RCTs compared CGM with SMBG
- CGM use improves outcomes
  - Reduction of A1C
  - Reduction or no increase in hypoglycemia
- CGM informs better decisions
- Studies performed in diverse populations

# DiaMonD Study Further Demonstrates CGM Improves Outcomes

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- Randomized controlled trial comparing adjunctive CGM to SMBG alone (n=157)
- CGM use:
  - Reduced HbA1c from 8.6% to 7.7%
  - Reduced hypoglycemia from 76 to 53 min/day
  - Reduced fingersticks from 5.1 to 3.6 tests/day

# Updated Label Would Support Increased Access

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- Currently, 16% of patients with T1D use CGM
- Elderly patients have high risk for hypoglycemia
- CGM not eligible for coverage due to adjunctive label
- Non-adjunctive label may make CGM eligible for coverage in vulnerable population

# Summary

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- State of diabetes care in US is suboptimal
- Dexcom CGM is accurate
- CGM use improves treatment decisions
- Many patients already using CGM for treatment decisions
- Changing label will improve access and allow for proper education and training

# Simulation Studies

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**David Price, MD**

Vice President

Medical Affairs

Dexcom, Inc.

# Benefits of Simulations

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- Virtual subjects act as their own control
- Allow isolation and evaluation of key variables that may influence risk
  - Can test variable extremes
- Virtual subjects can be treated more aggressively
- High risk populations can be simulated
- Allow clear separation between CGM- and SMBG-based decisions

# Two Simulations Using Different Models Were Conducted

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## 1. Two-Week Simulation Study

- Uses validated physiological model
- Evaluates typical conditions

## 2. Meal Dosing Simulation Study

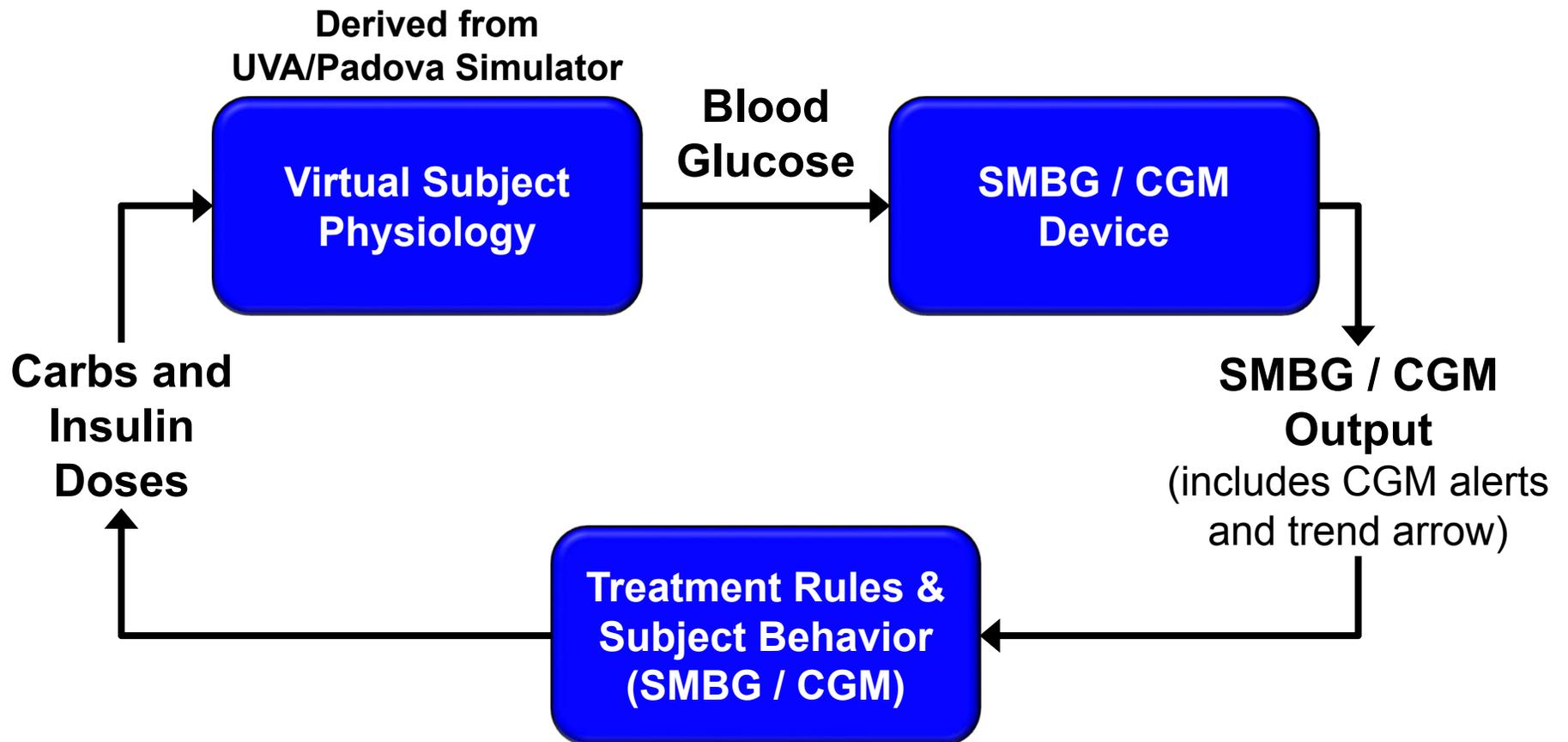
- Single-meal dose simulation
- Isolating individual conditions and behaviors
- Evaluates more extreme conditions

# **Two-Week Simulation Study**

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# Simulation Components

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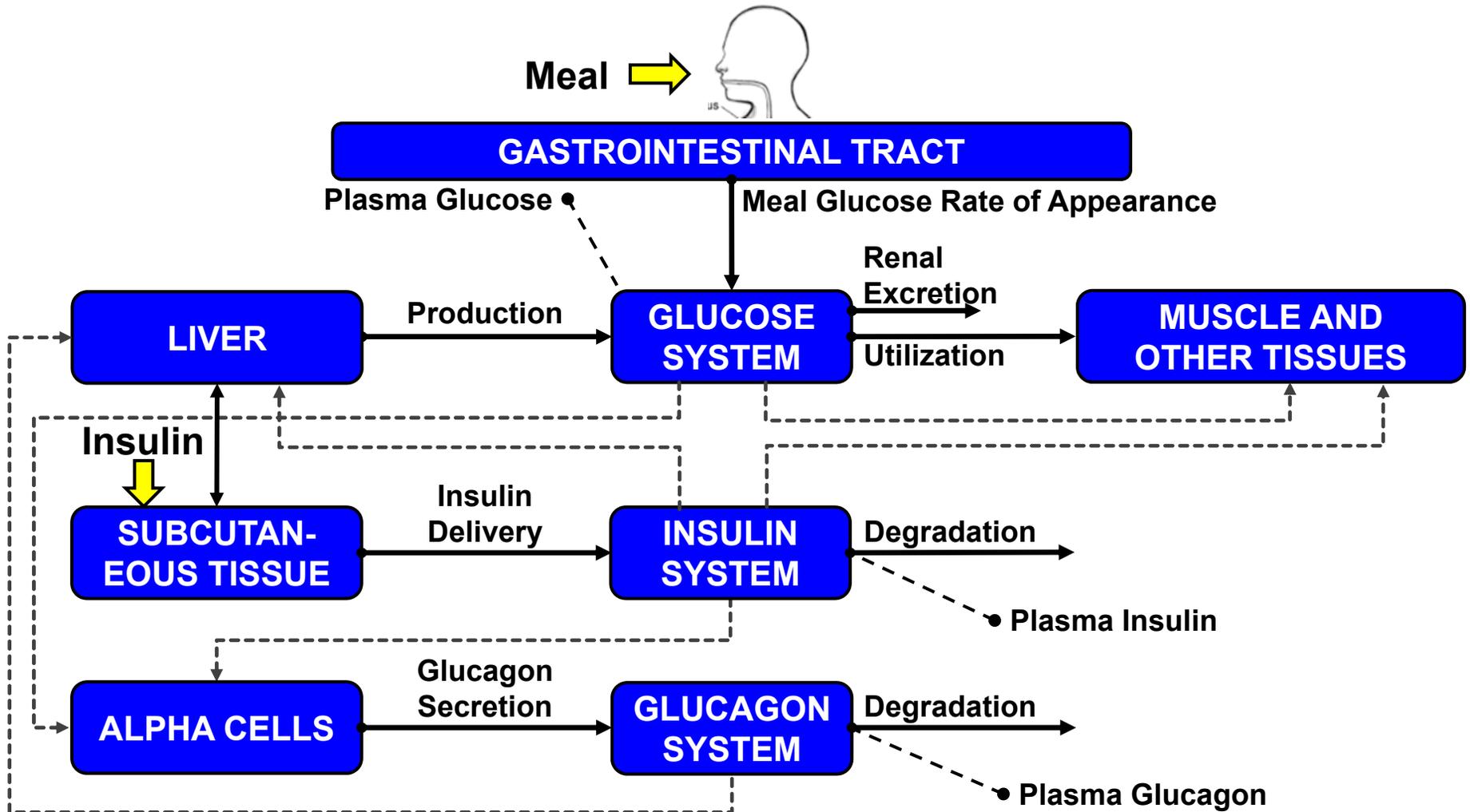


# UVA/Padova T1D Simulator

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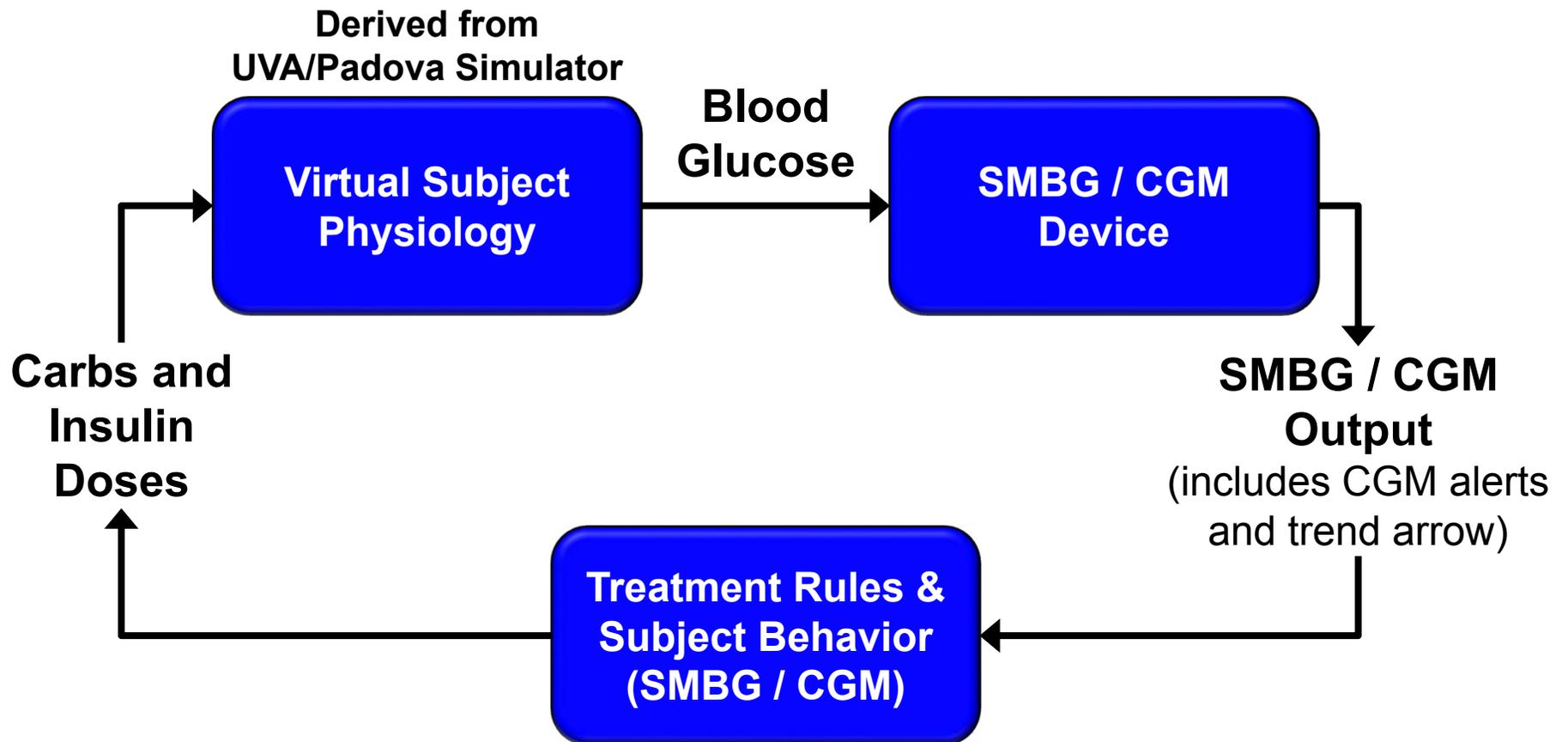
- Developed and validated using clinical data on meal response
  - Development: healthy subjects (N=204)
  - Validation: Type 1 subjects (N=71)
- First accepted by FDA in 2008 (updated in 2013)
  - As substitute to preclinical trials
- Adopted by JDRF Artificial Pancreas Consortium
- Supported 18 IDE approvals
- Cited in 1,030 publications
- Used by 32 academic research groups

# UVA/Padova Type 1 Diabetes Simulator



# Simulation Components

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# Treatment Rules

| SMBG-based Treatment  | CGM-based Treatment  |
|---|--|
| <ul style="list-style-type: none"> <li>• Standard meal dose</li> <li>• Correction bolus if routine check reveals hyperglycemia</li> <li>• Hypotreatments in response to symptoms or if routine check reveals low glucose</li> </ul> | <ul style="list-style-type: none"> <li>• Standard meal dose</li> <li>• Correction bolus in response to high alerts</li> <li>• Hypotreatments in response to low alerts/alarms and symptoms</li> <li>• All doses are corrected for CGM trend arrow according to published guideline*</li> </ul> |

## Assumptions:

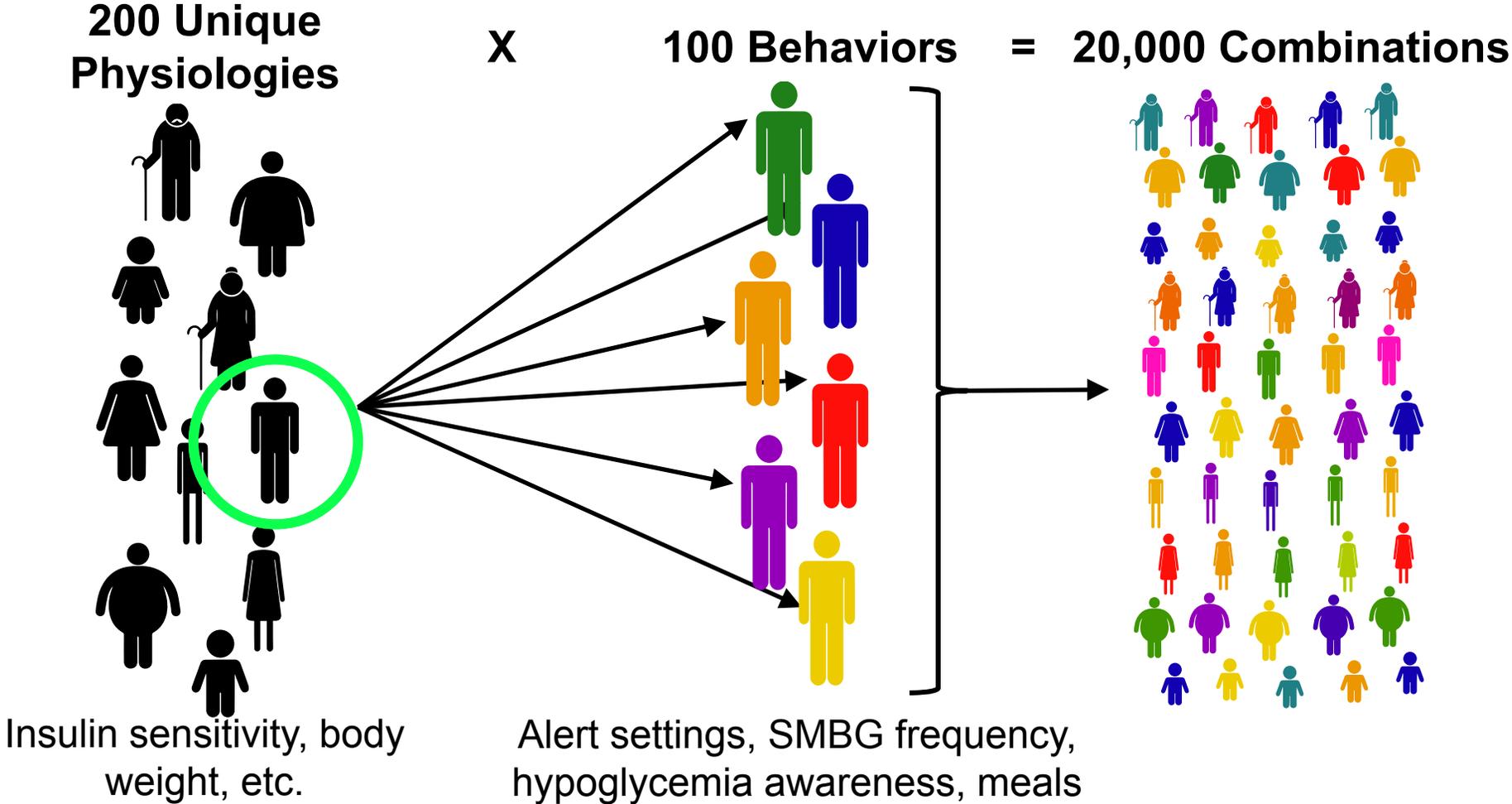
- No insulin boluses within 2 hours since last bolus
- No delay in response to hypoglycemia symptoms or alerts

\* Scheiner, (2015)

# Simulation Parameters

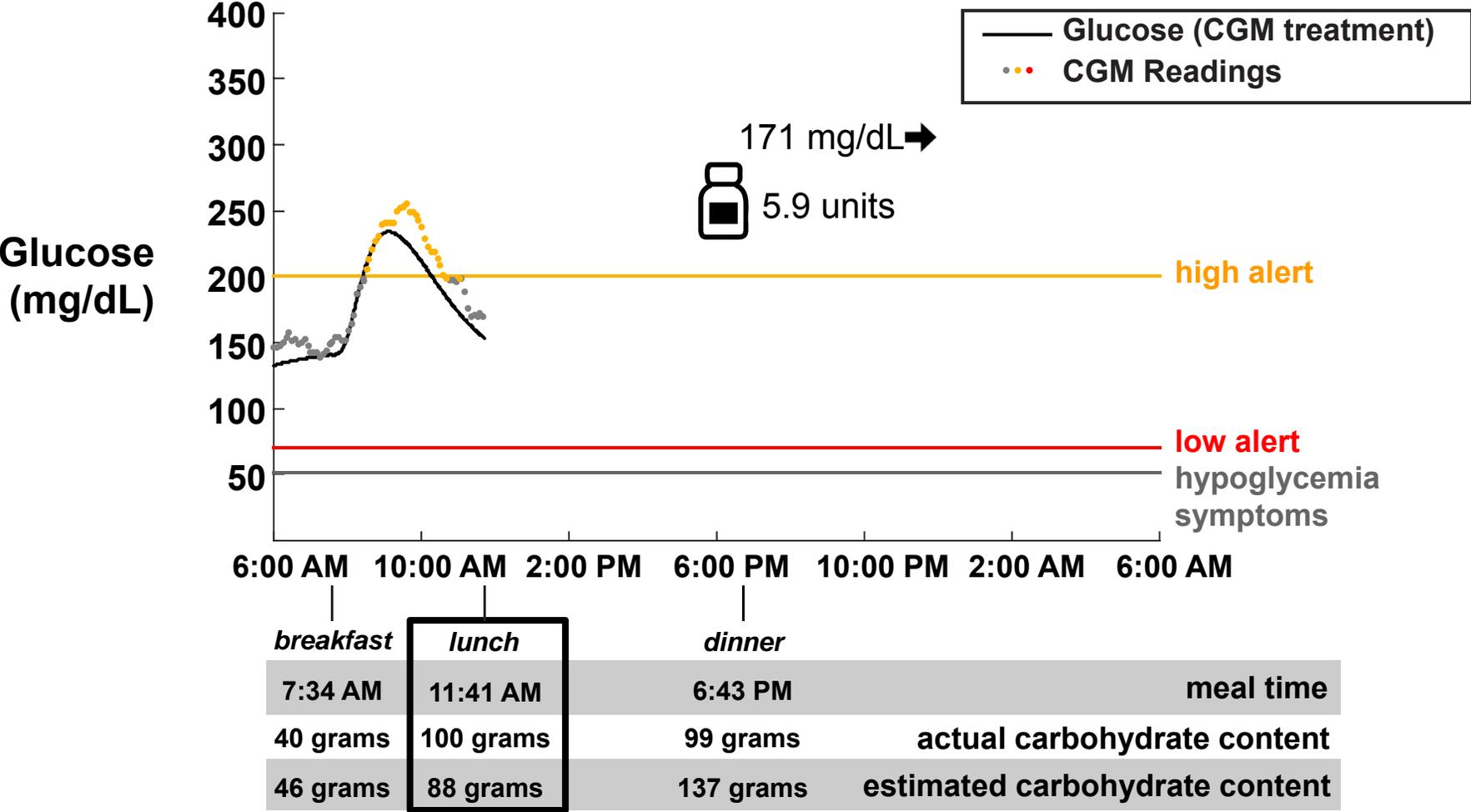
| Physiology  | Subject Behavior   |
|---|--|
| <p>36 physiological parameters, including:</p> <ul style="list-style-type: none"><li>• Body weight</li><li>• Insulin sensitivity</li><li>• Basal glucose</li><li>• Time constant of plasma-interstitial glucose kinetics</li></ul> <p>Derived therapy parameters:</p> <ul style="list-style-type: none"><li>• Insulin-to-carbohydrate ratio</li><li>• Correction factor</li></ul> | <ul style="list-style-type: none"><li>• Frequency of SMBG testing</li><li>• CGM low alert setting</li><li>• CGM high alert setting</li><li>• Threshold of hypoglycemia recognition</li><li>• Carbohydrate counting errors</li><li>• Meal sizes and times</li></ul> |

# 40,000 Unique Adult and Pediatric Combinations Generated



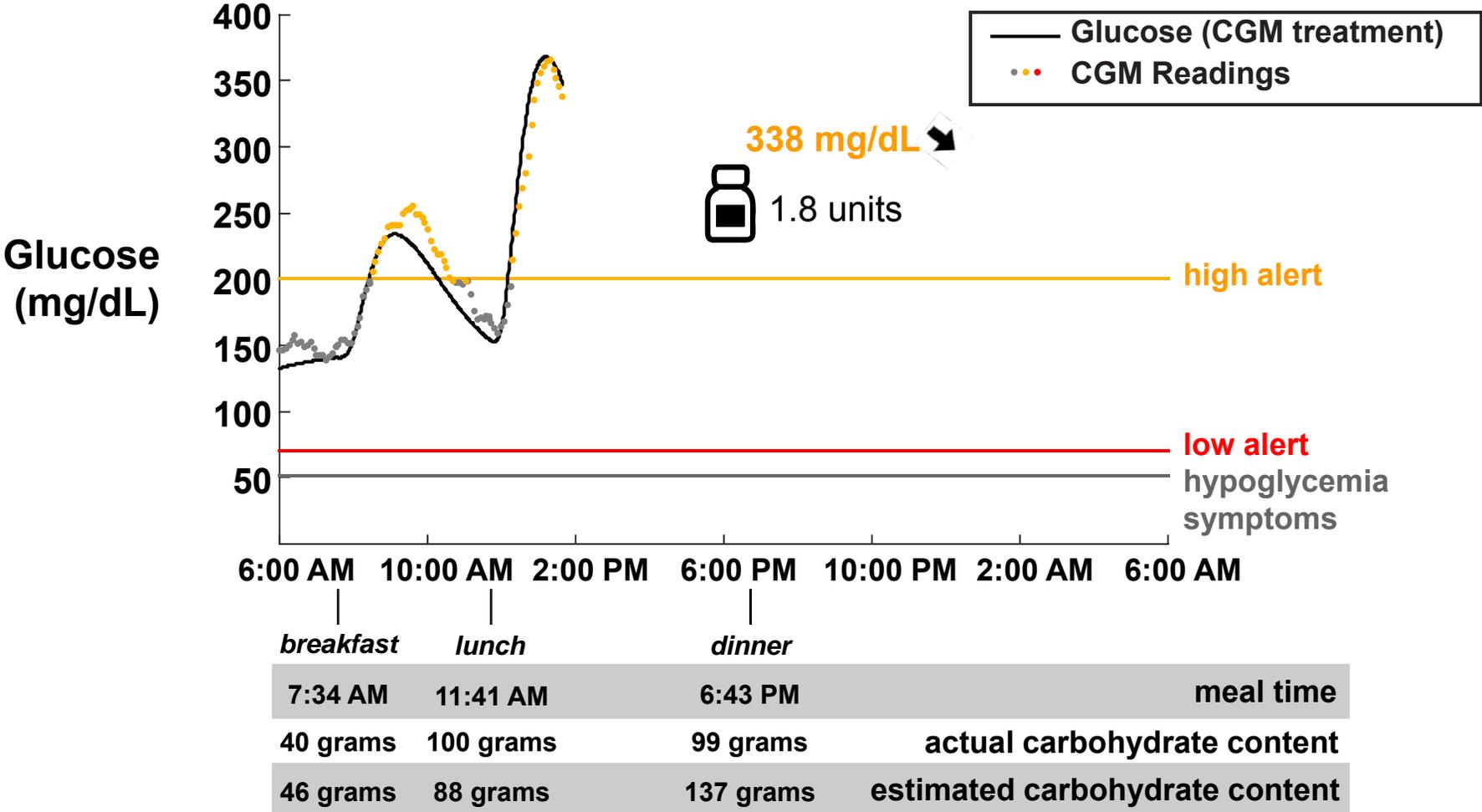
**Additional 20,000 for impaired hypoawareness**

# Simulated Day of CGM-Based Treatment

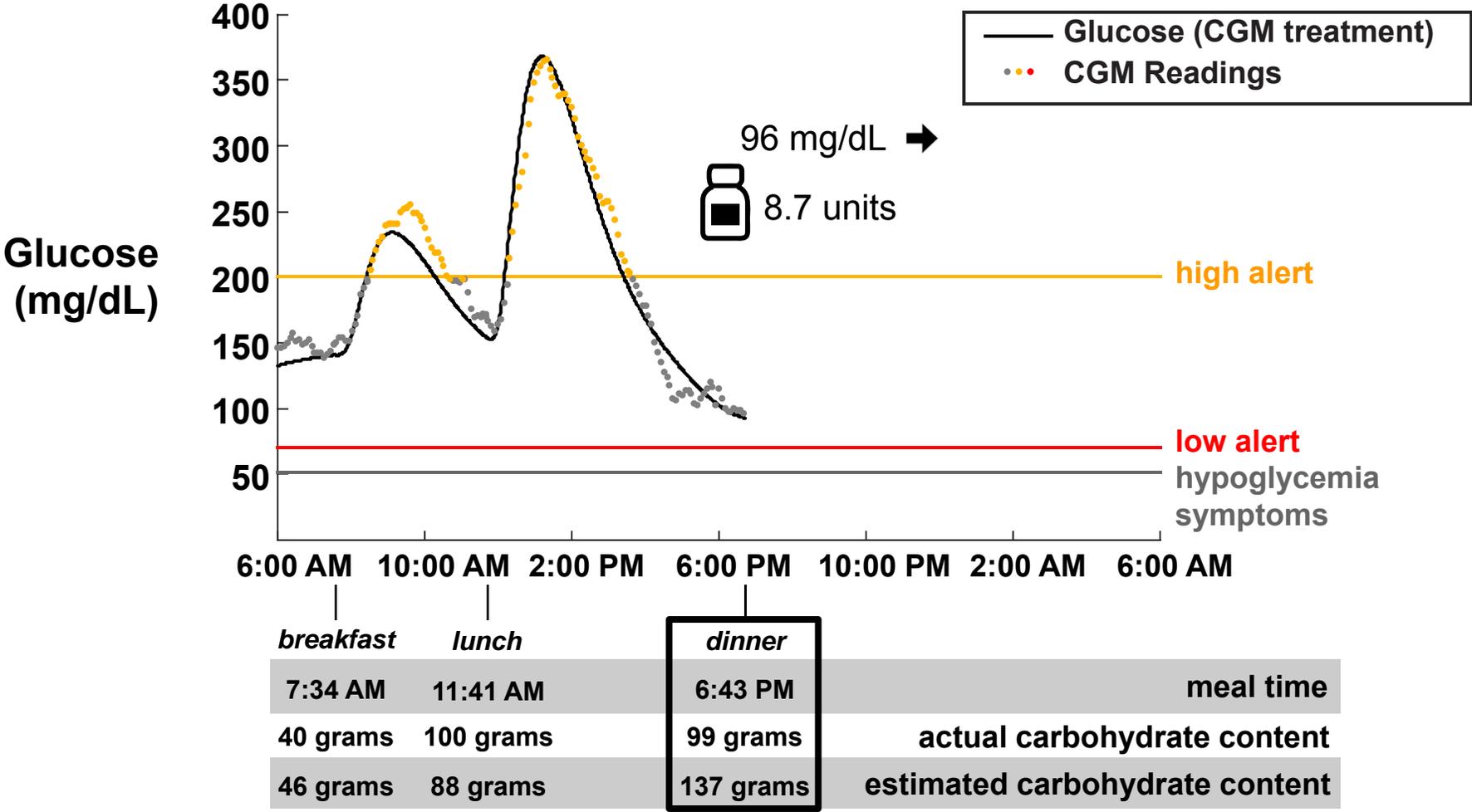


Insulin sensitivity factor: 55 mg/dL/unit; Insulin-to-carb. ratio: 15 grams/unit; Hypoglycemia symptom threshold: 51 mg/dL

# Simulated Day of CGM-Based Treatment

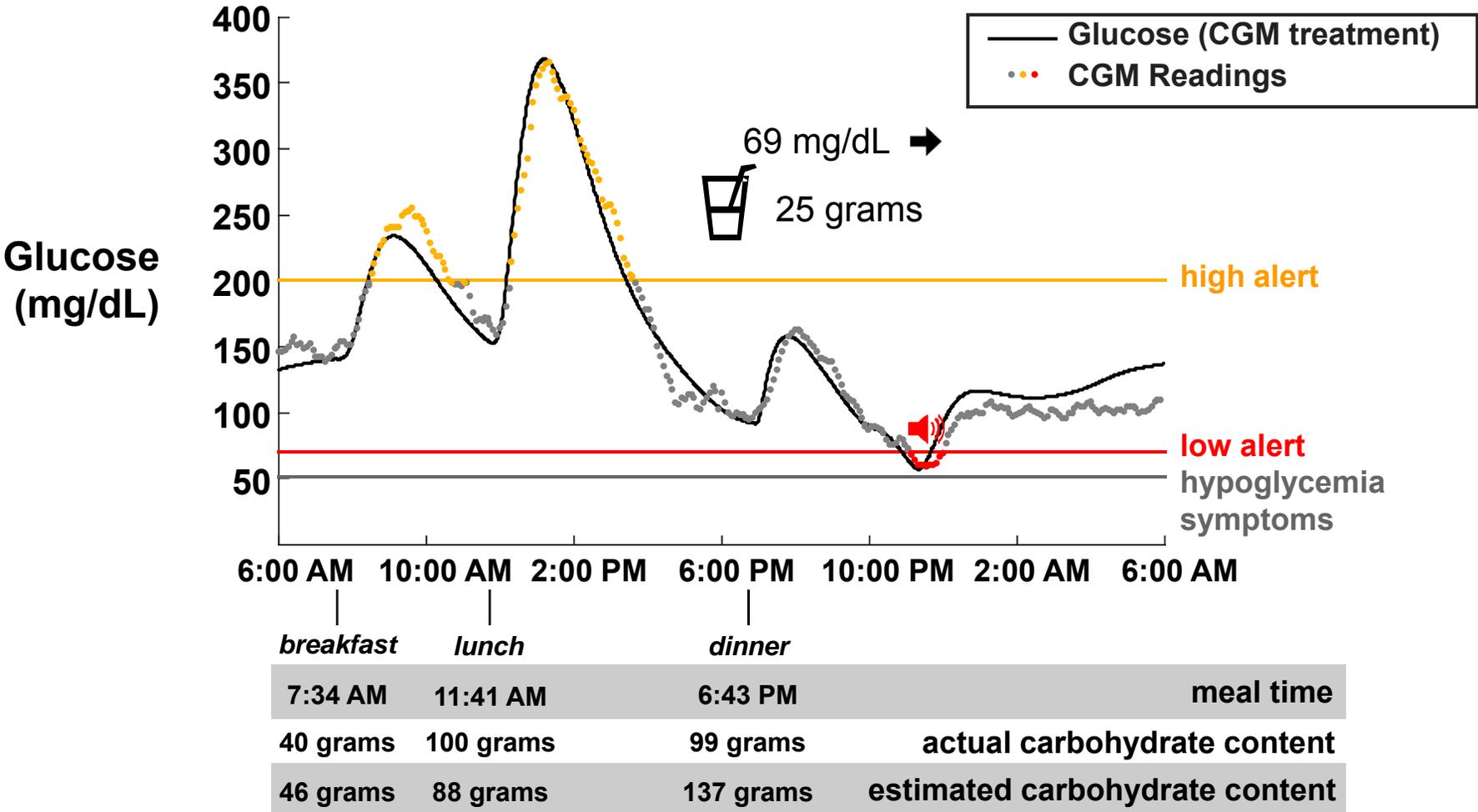


# Simulated Day of CGM-Based Treatment



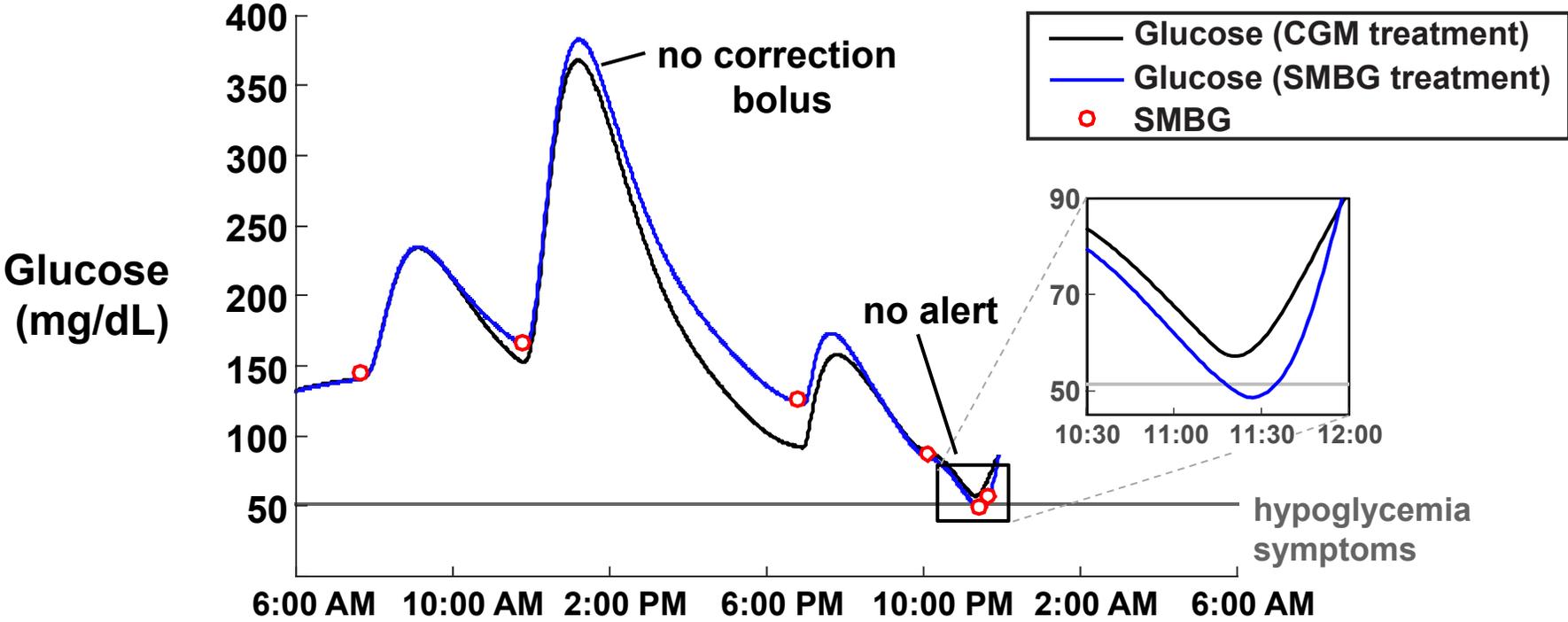
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# Simulated Day of CGM-Based Treatment



Insulin sensitivity factor: 55 mg/dL/unit; Insulin-to-carb. ratio: 15 grams/unit; Hypoglycemia symptom threshold: 51 mg/dL

# Simulated Day of SMBG-Based Treatment



|          |           |           |                                |
|----------|-----------|-----------|--------------------------------|
| 7:34 AM  | 11:41 AM  | 6:43 PM   | meal time                      |
| 40 grams | 100 grams | 99 grams  | actual carbohydrate content    |
| 46 grams | 88 grams  | 137 grams | estimated carbohydrate content |

# *A Priori* Research Question

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Are glycemic metrics obtained when basing treatment decisions on CGM **equivalent to** or **better than** metrics obtained when basing treatment decisions on SMBG?

## **Pre-specified endpoints:**

- Daily time below 50 mg/dL
- Daily time above 250 mg/dL

## **Derived endpoints:**

- Event rate and average duration of low glucose events (below 50 mg/dL)

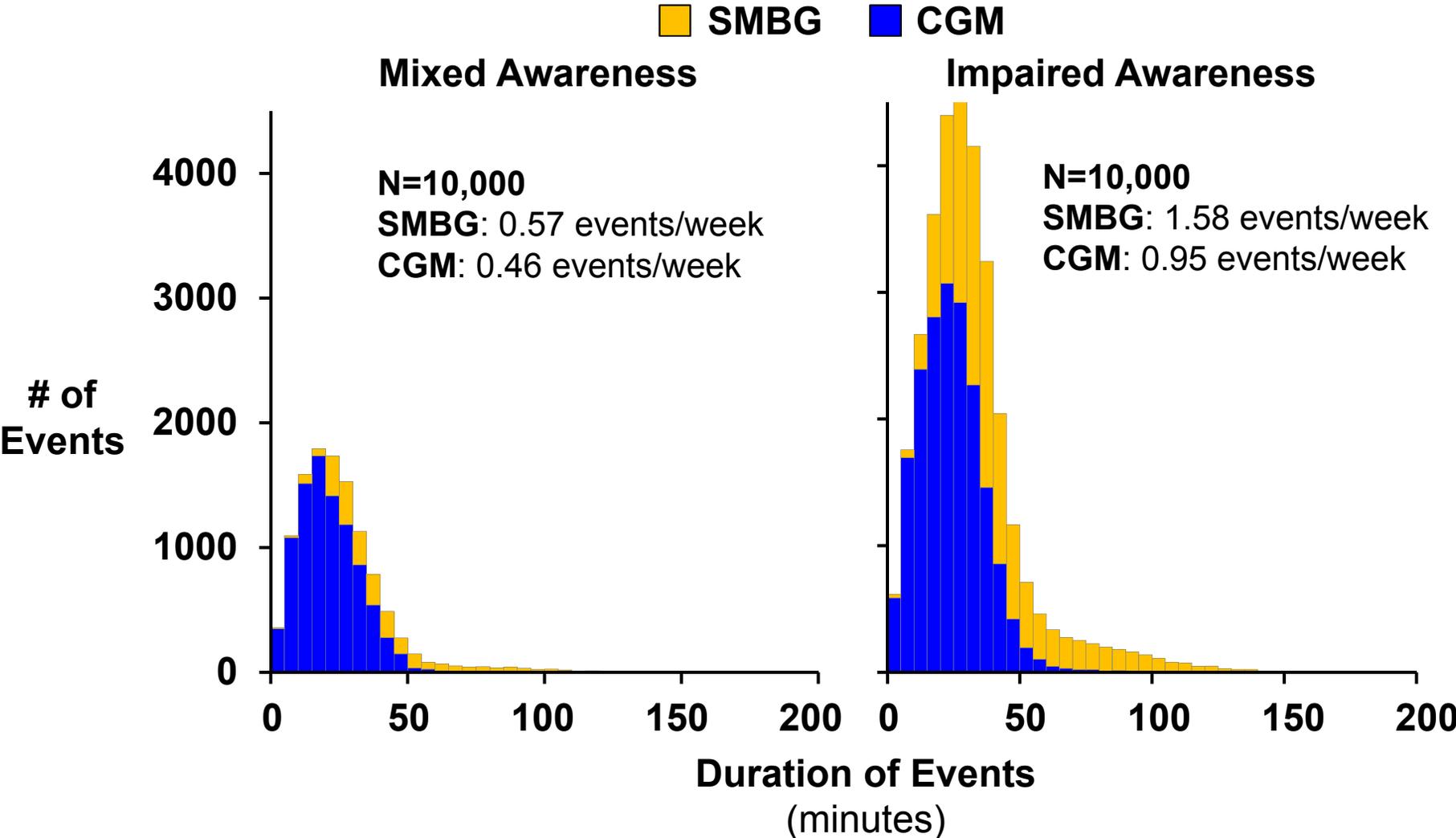
# Results in Adults

| Metric [min/day]                       | SMBG                           | CGM                            | Difference<br>(CGM - SMBG) |
|--|--------------------------------|--------------------------------|----------------------------|
|  | Median<br>[1Q, 3Q]             | Median<br>[1Q, 3Q]             |                            |
| <b>Mixed Hypoglycemia Awareness</b>    |                                |                                |                            |
| Time below 50 mg/dl                    | <b>0.0</b><br>[0.0-1.8]        | <b>0.0</b><br>[0.0-1.4]        | <b>0.0</b>                 |
| Time above 250 mg/dl                   | <b>125.6</b><br>[62.6-211.8]   | <b>119.1</b><br>[59.7-197.9]   | <b>-6.5</b>                |
| <b>Impaired Hypoglycemia Awareness</b> |                                |                                |                            |
| Time below 50 mg/dl                    | <b>3.9</b><br>[0.0-10.3]       | <b>1.4</b><br>[0.0-4.6]        | <b>-2.5</b>                |
| Time above 250 mg/dl                   | <b>125.2</b><br>[62.3 – 212.1] | <b>118.2</b><br>[59.7 – 198.2] | <b>-7.0</b>                |

# Results in Pediatrics

| Metric [min/day]                       | SMBG                          | CGM                           | Difference<br>(CGM - SMBG) |
|--|-------------------------------|-------------------------------|----------------------------|
|  | Median<br>[1Q, 3Q]            | Median<br>[1Q, 3Q]            |                            |
| <b>Mixed Hypoglycemia Awareness</b>    |                               |                               |                            |
| Time below 50 mg/dl                    | <b>0.0</b><br>[0.0-0.0]       | <b>0.0</b><br>[0.0-0.3]       | <b>0.00</b>                |
| Time above 250 mg/dl                   | <b>212.6</b><br>[116.9-330.8] | <b>200.2</b><br>[112.4-309.6] | <b>-12.4</b>               |
| <b>Impaired Hypoglycemia Awareness</b> |                               |                               |                            |
| Time below 50 mg/dl                    | <b>1.4</b><br>[0.0-4.9]       | <b>0.0</b><br>[0.0-2.1]       | <b>-1.4</b>                |
| Time above 250 mg/dl                   | <b>212.1</b><br>[116.3-329.6] | <b>200.6</b><br>[112.7-409.3] | <b>-11.5</b>               |

# Number and Duration of Events Below 50 mg/dL Reduced by CGM (Adults)



# Meal Dose Simulations

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# Single-Meal Dosing Simulation Method

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- Simulated 50,000 subjects with hypoglycemia unawareness, one meal per subject
- Inputs included meal size, insulin sensitivity and insulin-to-carbohydrate ratio
- Basic model of physiology, focused on meal dosing and post-meal glucose
- Rising and falling pre-meal glucose were modeled
- Same meal modeled with SMBG- and CGM-based doses (with alerts)
- **Endpoint:** % of meals with hypoglycemia defined as glucose below 70 mg/dL

# Meal-Time Simulation Assumptions

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- Doses determined from standard bolus equation (with trend adjustment for CGM)
- Dose error causes proportional deviation from target glucose, based on device measurement errors, carb-counting errors, and insulin sensitivity
- No spontaneous post-meal glucose values
- No high glucose alerts
- No hypoglycemia awareness
- CGM and SMBG performance derived from clinical data

# Factors Evaluated in Meal Dosing Simulation

| Category                  | Factor   |
|---------------------------|--|
| <b>Patient Physiology</b> | <ul style="list-style-type: none"> <li>• Insulin sensitivity (ISF and ICR)</li> <li>• Relationship between ISF and ICR</li> <li>• Errors in insulin sensitivity estimation</li> </ul>  |
| <b>User Behavior</b>      | <ul style="list-style-type: none"> <li>• Carbohydrate-counting error</li> <li>• Alert threshold</li> <li>• Erroneous compensation for pre-meal rate of change</li> <li>• Target glucose</li> <li>• Meal size</li> <li>• Calibration frequency</li> </ul> |
| <b>SMBG Performance</b>   | <ul style="list-style-type: none"> <li>• SMBG precision</li> <li>• Systematic SMBG bias</li> <li>• Inaccurate calibration of CGM</li> </ul>  |
| <b>Miscellaneous</b>      | <ul style="list-style-type: none"> <li>• Adult vs. pediatric CGM performance</li> <li>• Pre-meal glucose level</li> <li>• Day of CGM wear</li> </ul>   |

ISF: Insulin sensitivity factor

ICR: Insulin-to-carbohydrate ratio

# Examples of Tested Conditions

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- Hypoglycemia alert setting
  - 55 mg/dL vs. 80 mg/dL
- Target glucose
  - 80 mg/dL vs. 120 mg/dL
- Calibration frequency
  - 4 times/day vs. once every two days
- Trend adjustments
  - No adjustment vs. over-adjustment
- Carb counting error
  - No error vs. large error

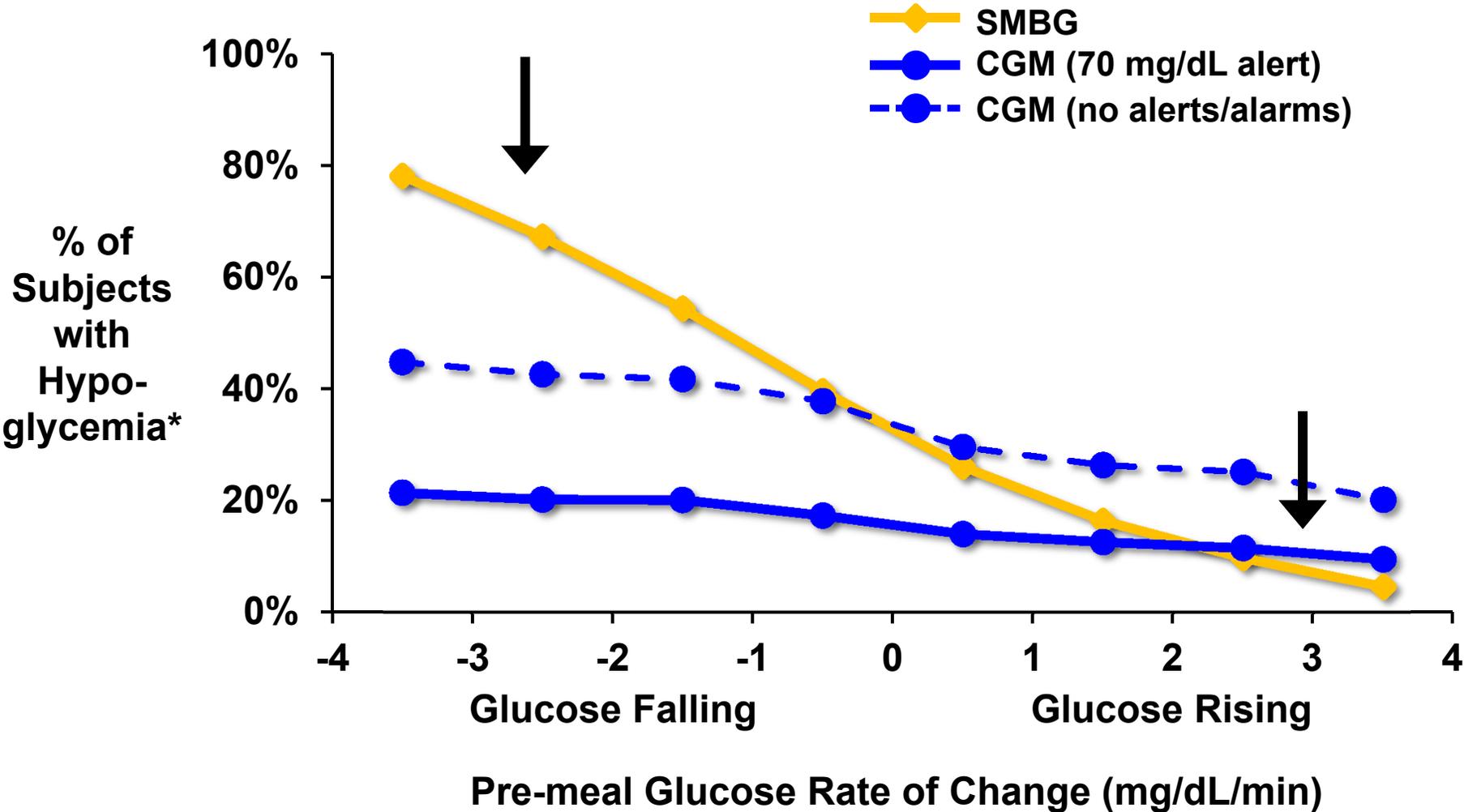
# Overview:

## Meal Dosing Simulation Results

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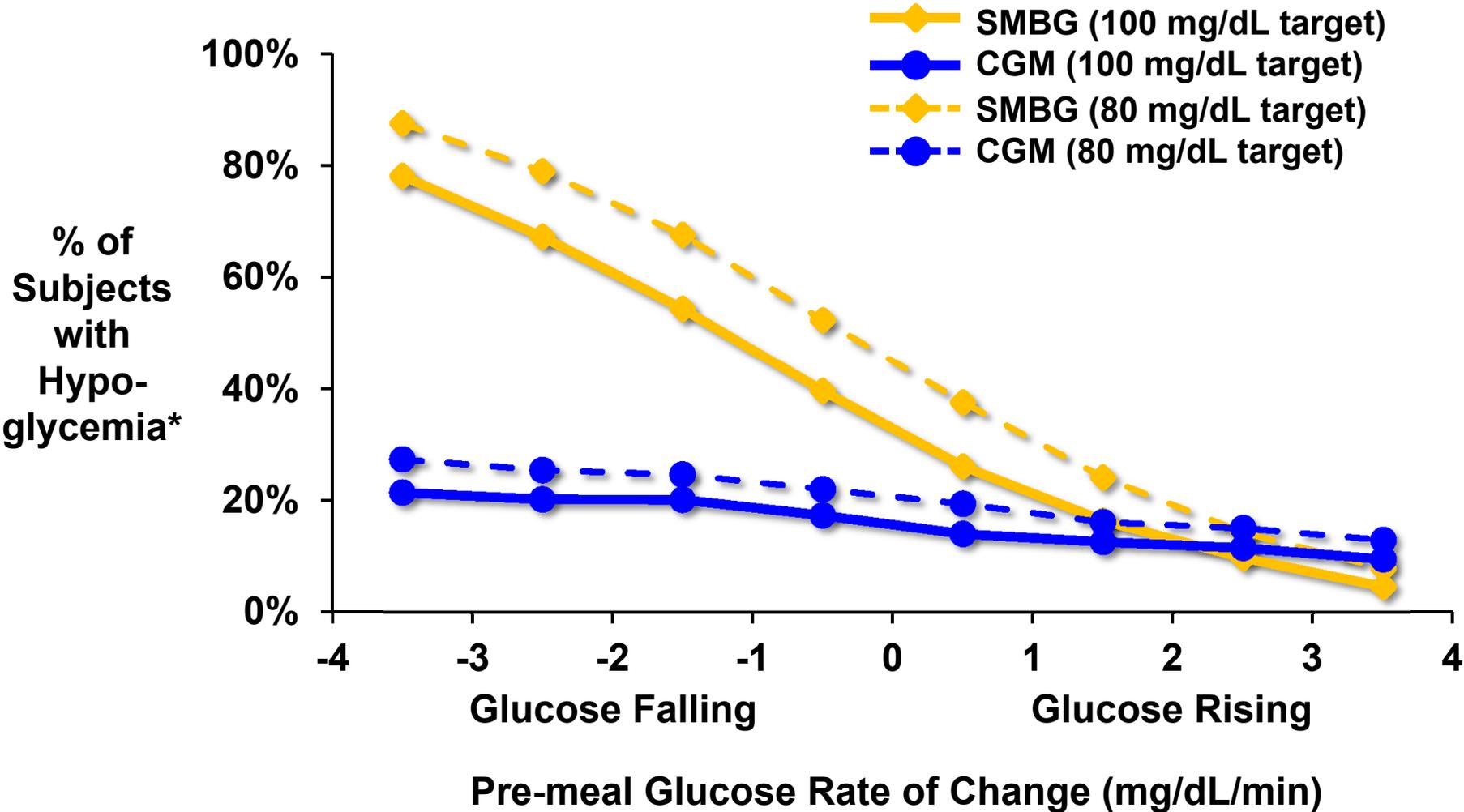
- Most factors did not elevate risk or increased risk similarly with CGM vs. SMBG
  - Lower target glucose
  - Higher errors in estimating
    - Carbohydrates
    - Insulin sensitivity
- 3 factors increased risk with CGM dosing
  - Setting excessively low alert threshold
  - Making inappropriate trend adjustments
  - Calibrating less than once a day

# Risk of Hypoglycemia with CGM-Based vs. SMBG-Based Dosing



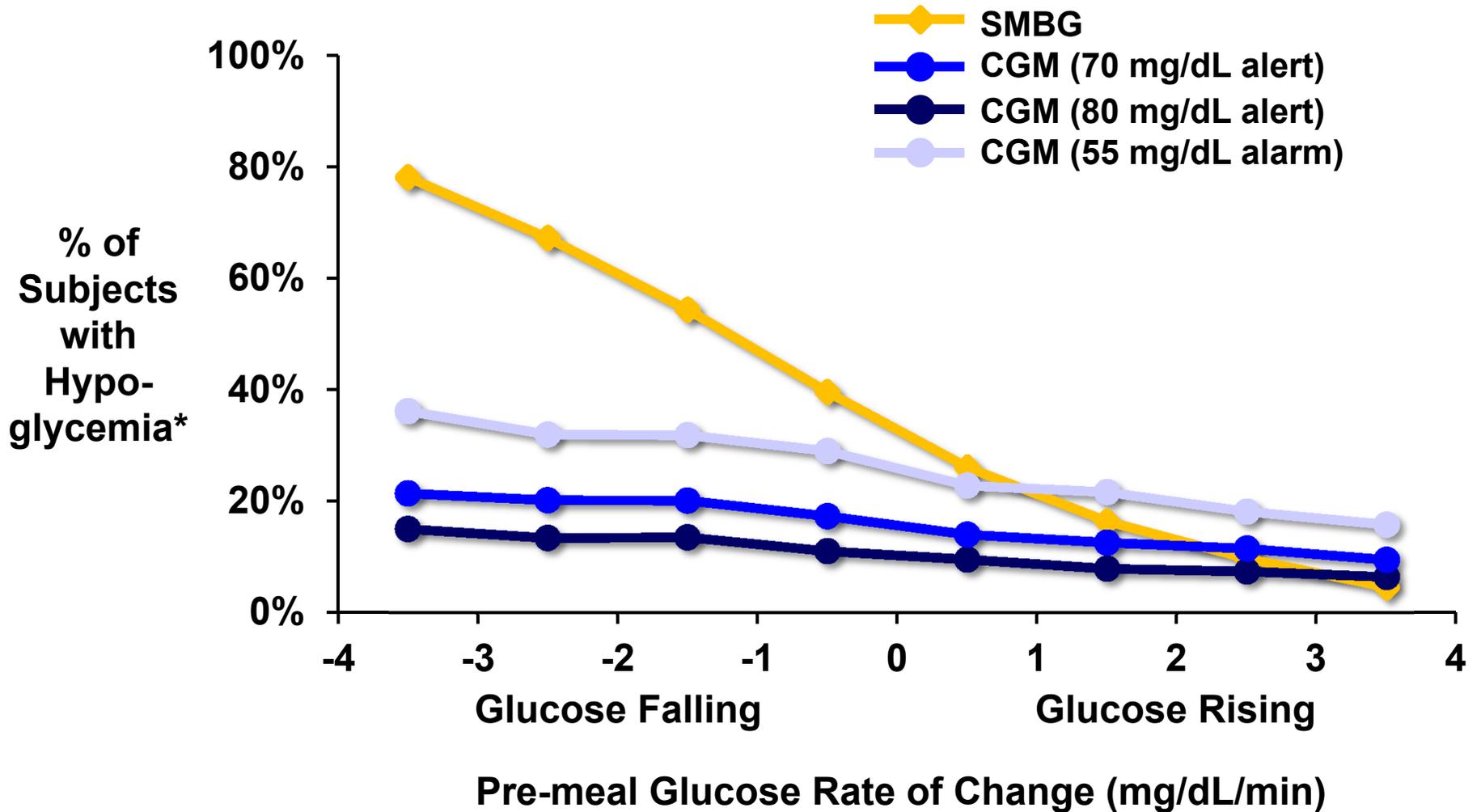
\* Glucose below 70 mg/dL

# Lowering Target Glucose Results in Comparable Increase in Risk



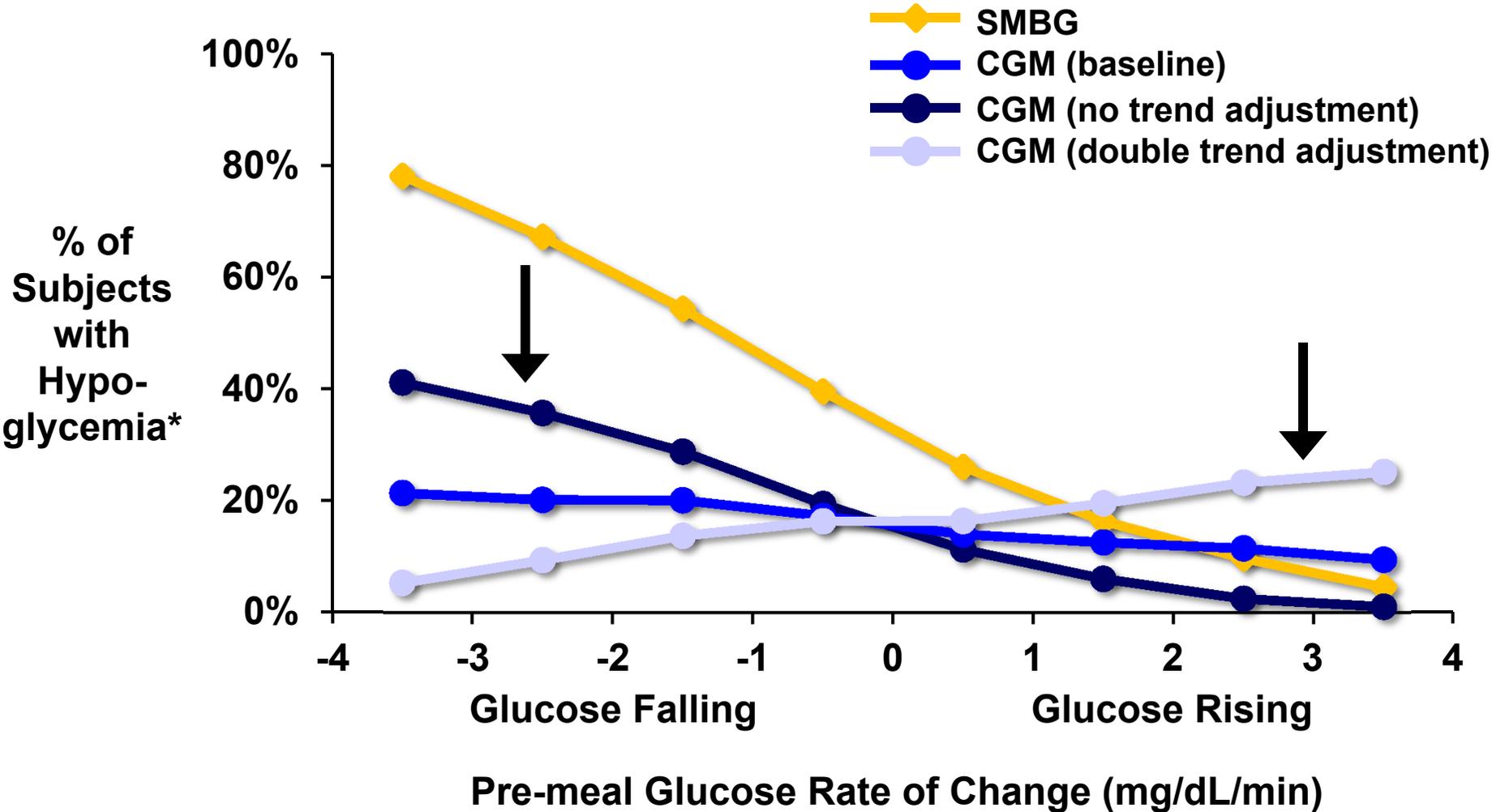
\* Glucose below 70 mg/dL

# Higher Alert Setting (80 vs. 55 mg/dL) Reduces Hypoglycemia Risk



\* Glucose below 70 mg/dL

# Changing Use of Trend Adjustment Impacts Risk



\* Glucose below 70 mg/dL

# Summary of Simulation Studies

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- Compared glycemic metrics for CGM- and SMBG-based treatment in two simulations
- CGM-based decisions did NOT increase risk under most conditions
- Increased CGM risk with inadequate calibration, large errors in trend adjustment, inappropriate alert settings
- Greatest benefit of CGM
  - Treatment decisions made with falling glucose
  - Impaired hypoglycemia awareness

# Planned Training and Human Factors Study

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**Claudia Graham, PhD, MPH**

Senior Vice President

Global Access

Dexcom, Inc.

# CGM Training vs. Medical Management

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- Device training encompasses how to set up and use CGM device
- Medical management is individualized treatment regimen determined between clinician and patient
- Dexcom Human Factors tested device usability and efficacy of training

# Training Focus: How to Use CGM for Treatment and Dosing Decisions

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- When SMBG tests are necessary
  - Calibration
  - No CGM reading or arrow
  - Symptoms don't match CGM reading
  - Acetaminophen
- Use CGM to make treatment and dosing decisions
  - Set proper alerts and alarms
  - Use CGM reading and trend arrow
- Educate about risks of stacking insulin
  - Too much insulin too close in time

# Tutorial Examples of When SMBG Tests Are Necessary

- Reading and arrow are needed for CGM-based treatment decisions
- If you have both, you may treat based on CGM number
- If you are missing either, use SMBG for treatment decisions



# Training Materials: Using CGM to Make Treatment Decisions

## What Does the Arrow Mean?



Steady  
(<15 points in 15 minutes)



Slowly Rising or Falling  
(15-30 points in 15 minutes)



Rising or Falling  
(30-45 points in 15 minutes)



Rapidly Rising or Falling  
(>45 points in 15 minutes)

# Tutorial Example: Educate About Risks of Stacking Insulin

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- If glucose level is rising an hour after taking insulin, watch and wait



What would you do if...

...you got a High Alert an hour after dosing?

**Watch and wait.**

# Training via 5 Methods

| Method  | Content  |
|---|--|
| <b>Product Instructions for Use</b>           | <ul style="list-style-type: none"> <li>• Getting Started Guide</li> <li>• Interactive tutorial</li> <li>• User Guide</li> <li>• Brief package inserts in sensor and receiver kits</li> </ul> |
| <b>In-app Training</b>                        | <ul style="list-style-type: none"> <li>• Users required to view screens during initial setup of Dexcom G5 Mobile App</li> </ul>  |
| <b>Dexcom Patient Care Team</b>               | <ul style="list-style-type: none"> <li>• 1-on-1 and group patient training</li> <li>• Phone, email, text communications</li> <li>• Webinars</li> </ul>                                       |
| <b>Additional Web-Based Materials</b>         | <ul style="list-style-type: none"> <li>• Case-based examples</li> </ul>  |
| <b>Education for Healthcare Professionals</b> | <ul style="list-style-type: none"> <li>• Account training</li> <li>• Printed materials</li> <li>• Online materials</li> </ul>  |

# Healthcare Professional Education for CGM-Based Treatment Decisions

1. One page conversation guide around non-adjunctive use
2. Web-based education program
3. Clinic Account Training
4. Conferences and local education



**Dexcom** | G5<sup>™</sup> mobile

## TREATMENT DECISIONS

252

mg/dL

Number
Arrow

The Dexcom G5 Mobile can now be used to make treatment decisions such as eating for a low or dosing for a high, but only when a number and an arrow are shown.

**☐ No Arrows or Readings**

Use your meter any time you don't have a number and arrow on your trend screen.

**☐ Symptoms**

Use your meter any time symptoms don't match readings. You know your body, listen to it.

**☐ Acetaminophen**

Use your meter if acetaminophen is in your system. Any medications containing acetaminophen, such as Tylenol, can give you a false high reading.

**☐ Calibration**

Use your meter to calibrate at the start of a sensor session and every 12 hours. Calibrating less often than every 12 hours might cause sensor glucose readings to be inaccurate.

**☐ Insulin Stacking**

Insulin takes time to work. It's important not to take insulin doses too close together, or "stack" insulin. Wait at least 2 hours. You don't want to go low; sometimes it's best to watch and wait.

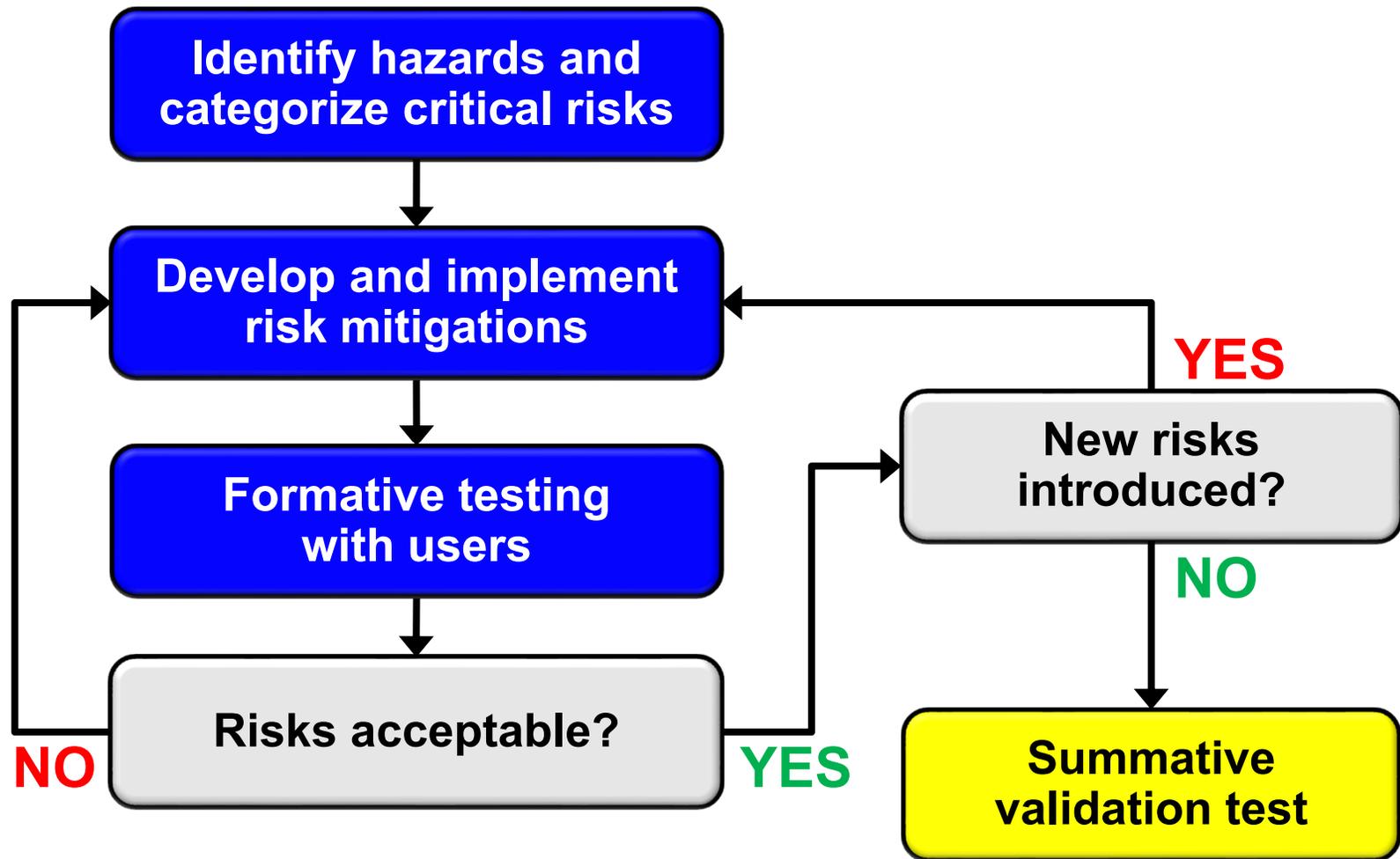
No number, no arrow, no treatment decision

# Human Factors Usability Study

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# Robust Human Factors Process to Identify Risks

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# Human Factors Testing

| <b>Study</b>                                      | <b>N</b>   |
|---|------------|
| <b>Formative 1</b>                                | <b>15</b>  |
| <b>Formative 2</b>                                | <b>9</b>   |
| <b>INITIAL Summative</b>                          | <b>47</b>  |
| <b>**Significant edit to training materials**</b> |            |
| <b>Formative 3</b>                                | <b>16</b>  |
| <b>FINAL Summative</b>                            | <b>49</b>  |
| <b>TOTAL</b>                                      | <b>136</b> |

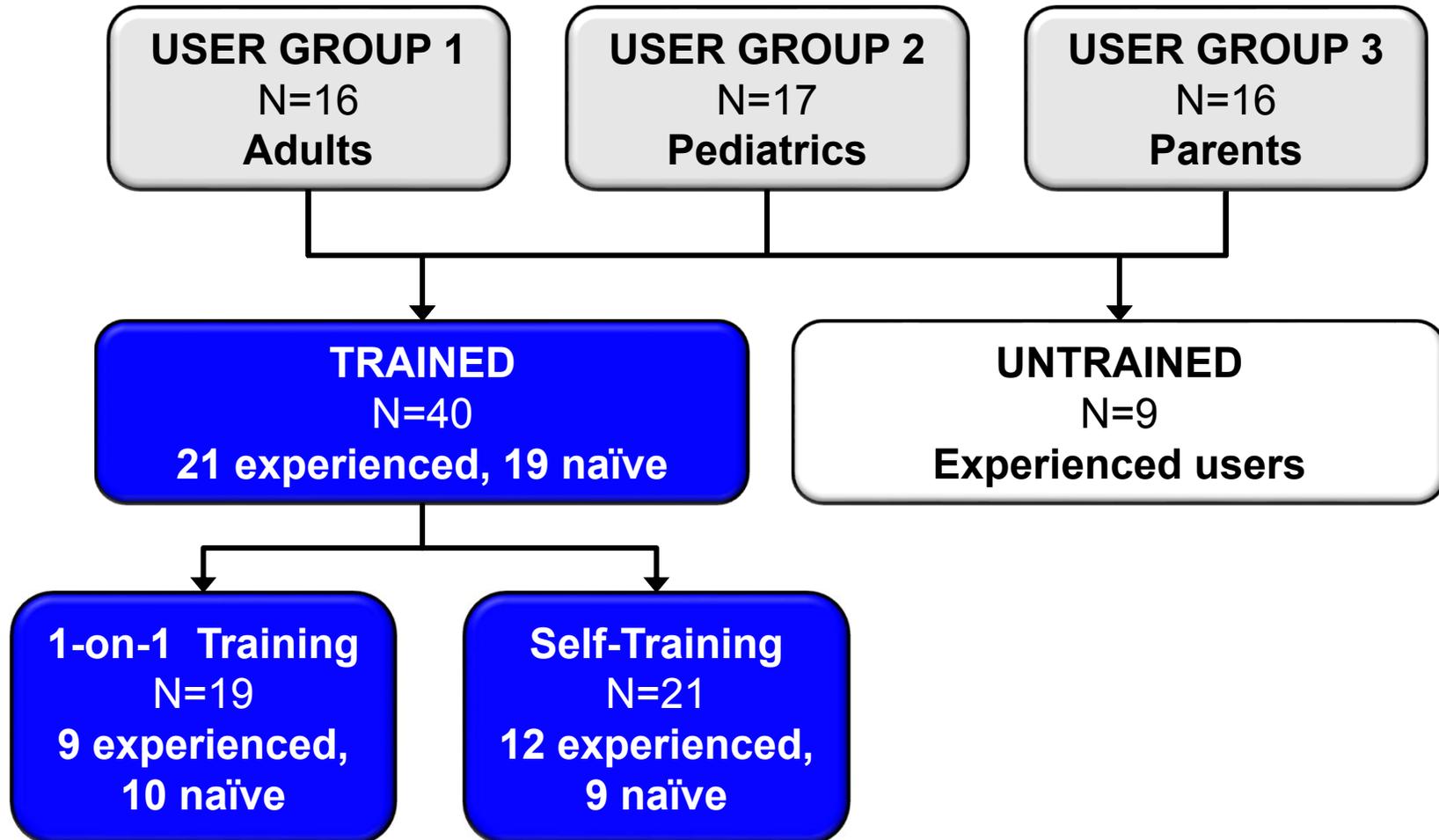
# Final Summative Study: Risks of Non-Adjunctive CGM Use

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1. Using CGM for treatment decisions without number and arrow
  - 3 distinct scenarios
2. Using CGM for treatment decisions when symptoms do not match CGM reading
  - 1 scenario
3. Insulin stacking
  - 2 scenarios

# Final Summative Study Design (N=49)

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# Results for Trained Users (n=40)

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- 99% overall pass rate for CGM-based scenarios
- 100% pass rate:
  - Pediatric users (n=13)
  - Users who self-trained with tutorial (n=21)
  - CGM naïve users (n=19)
- 1 failure observed
  - Adult with CGM experience
  - 1:1 training
  - Scenario: missing arrow

## Results for Untrained Users (n=9)

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- Total of 4 failures observed
  - All occurred in participants currently using CGM non-adjunctively (off-label)

| n / User Group      | Scenario(s) Failed   |
|---------------------|--|
| 1 Adult<br>1 Parent | <ul style="list-style-type: none"> <li>• CGM did not have an arrow</li> </ul>  |
| 1 Pediatric         | <ul style="list-style-type: none"> <li>• CGM did not have an arrow</li> <li>• Symptoms did not match CGM readings</li> </ul> |

**Demonstrates need for indication to allow training**

# Training Materials and Instructions for Use are Effective

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- Risks of CGM-based decisions largely mitigated through training
- Small residual risk for untrained patients
- Supports need for indication change to properly train

# Benefit-Risk Conclusion

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**Steven Edelman, MD**

Professor of Medicine

Endocrinology, Diabetes & Metabolism

University of California at San Diego (UCSD)

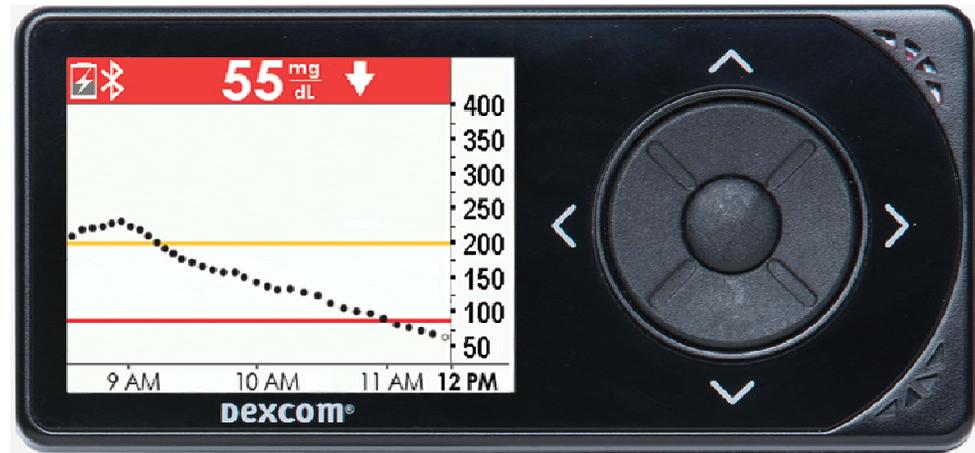
# Problem: Majority of Patients Do Not Achieve Glycemic Goals

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- Excessive episodes of hypoglycemia lead to morbidity and mortality
- Frustration, poor quality of life, economic costs and human suffering for user and entire family
- Not enough data throughout day and night
- SMBG is burdensome
  - “Pricking” 6 to 10 times a day leaves wide gaps of time with no information
  - Most people test far fewer

# CGM Offers Glucose Value With Added Benefit of Trend and Alerts

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- Alerts are active when patient is not monitoring
  - Work, school, driving, or sleeping

# Possible Risk: Inaccurate Sensor Values

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- Possible causes:
  - Calibrating to erroneous meter error
  - Infrequent calibration
- Mitigated by:
  - Device reminders
  - Training
  - Perform confirmatory fingersticks

# Possible Risk: Inappropriate Dosing Decisions

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- Possible causes:
  - Over-adjusting dose based on Trend Arrows
  - Insulin Stacking
- Mitigated by:
  - Use of alerts and alarms
  - Consultation with healthcare professional
  - Education

# Alerts Provide Additional Layer of Protection

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- Greatest benefit observed in people with impaired hypoglycemic awareness
  - Highest risk for severe hypoglycemia  
→ severe medical consequences
- Even people who have normal hypoglycemia awareness commonly have periods of diminished awareness
  - Sleeping
  - Distracted: work, driving, caring for children

# Many Patients Have Already Made Transition to CGM-Based Decisions

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- Trust in Dexcom CGM has increased
- CGM-based decision making is common among Dexcom users
- Established CGM users make treatment decisions without confirmatory fingersticks
  - Lower rate of hypoglycemia after initiating CGM
  - Making adjustments to insulin dose and timing based on trend information

# Benefits of Dexcom G5 CGM-Based Treatment Decisions Outweigh Risks

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- Overall risk of CGM-based treatment decisions is lower than with SMBG
- Added benefits of trends arrows, alerts, and sharing ability improves decision making
- Simulations and accuracy support safe and effective use
- Human Factors study validate training is effective

# **Dexcom G5 Mobile Continuous Glucose Monitoring (CGM) System for Non-Adjunctive Management of Diabetes**

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**July 21, 2016**

Dexcom, Inc.

Clinical Chemistry and Clinical Toxicology  
Devices Panel

**BACKUP SLIDES SHOWN**

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# Human Factors Sample Size Is Sufficient to Detect User Errors

- Followed FDA guidance on sample size for summative study
  - Considerations for Determining Sample Sizes for Human Factors Validation Testing, Appendix B
- Research by Faulkner (2003)
  - Sample size of 15 per user group detects a minimum of 90% and an average of 97% of all usability issues.

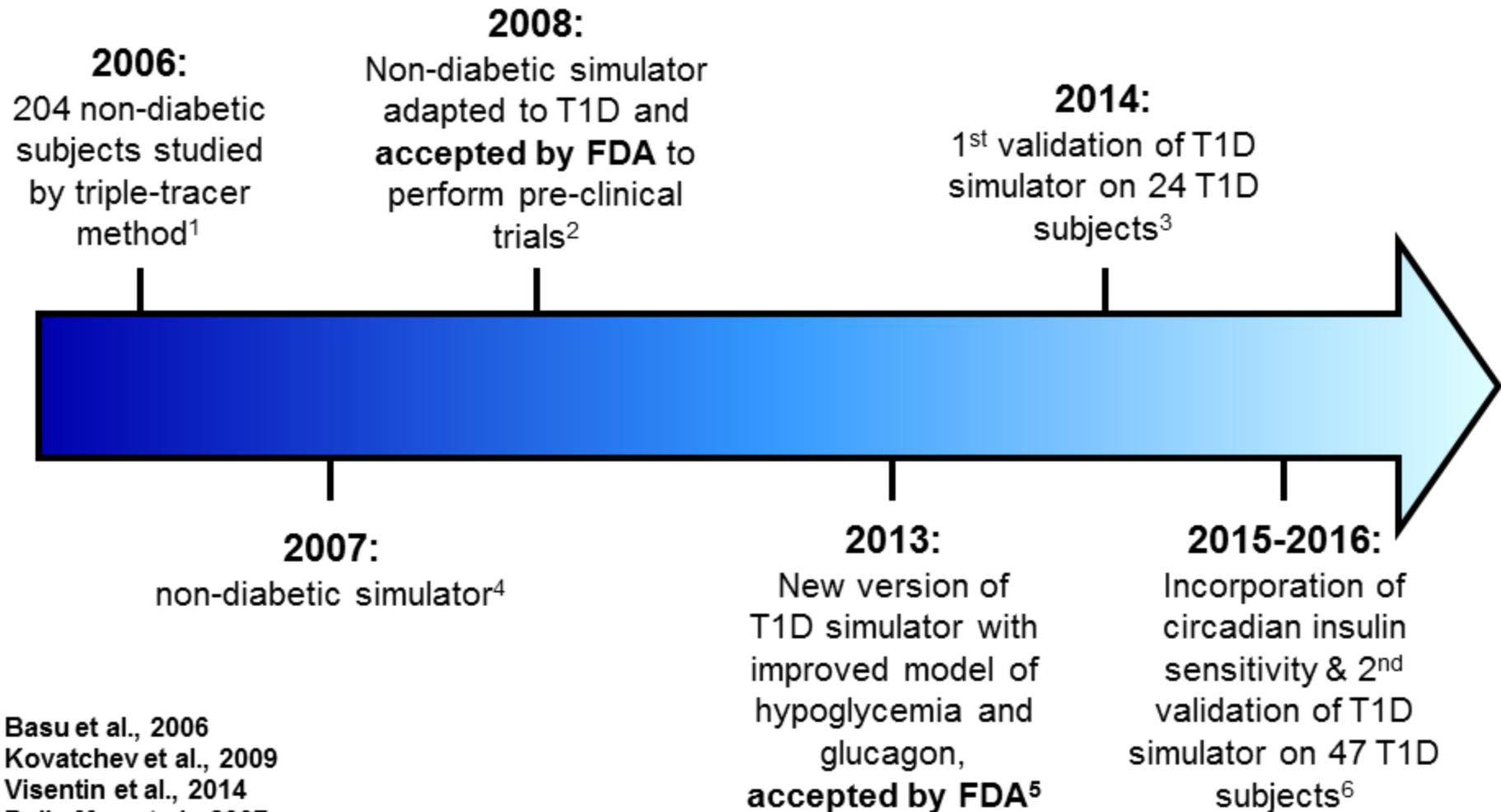
| Percentage of Total Known Usability Problems Found in 100 Analysis Samples |              |              |        |       |
|--|--------------|--------------|--------|-------|
| # Users  | Min. % Found | Mean % Found | SD     | SE    |
| 5  | 55           | 85.55        | 9.2957 | .9295 |
| 10   | 82           | 94.69        | 3.2187 | .3218 |
| 15   | 90           | 97.05        | 2.1207 | .2121 |
| 20   | 95           | 98.4         | 1.6080 | .1608 |
| 30   | 97           | 99.0         | 1.1343 | .1051 |

# Why Is Hypoglycemia Predicted In Silico Less Than That Clinically Observed?

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- Factors increasing the risk of hypoglycemia in real life that were not considered in simulations:
  - Physical exercise
  - Stress
  - Errors in the time of meal insulin dose administration
- However:
  - these factors were not considered in both SMBG and CGM treatment scenario
  - sufficiently large number of hypos on 40,000 virtual subject (total # of events below 50 mg/dl: 64,519 with SMBG; 42,161 with CGM)

# UVA/Padova T1D Simulator: Development



<sup>1</sup> Basu et al., 2006

<sup>2</sup> Kovatchev et al., 2009

<sup>3</sup> Visentin et al., 2014

<sup>4</sup> Dalla Man et al., 2007

<sup>5</sup> Dalla Man et al., 2013

<sup>6</sup> Hinshaw et al., 2013; Visentin et al., 2015; Visentin et al., 2016

# UVA/Padova T1D Simulator: Validation

## Comparison on 24 T1D subjects

|                   | Data          | Simulation              |
|-------------------|---------------|-------------------------|
| Mean (BG) mg/dl   | 156.9 ± 41.3  | 157.3 ± 43.3<br>(n.s.)  |
| % Values in Hypo  | 6.47 ± 10.19  | 7.98 ± 13.21<br>(n.s.)  |
| % Values in Hyper | 28.87 ± 24.75 | 27.64 ± 24.93<br>(n.s.) |
| % Time in Hypo    | 4.04 ± 7.93   | 6.22 ± 11.81<br>(0.006) |
| % Time in Hyper   | 33.90 ± 29.02 | 33.44 ± 30.99<br>(n.s.) |
| Nr. Hypo Events   | 37            | 32                      |
| Nr. Hyper Events  | 72            | 67                      |

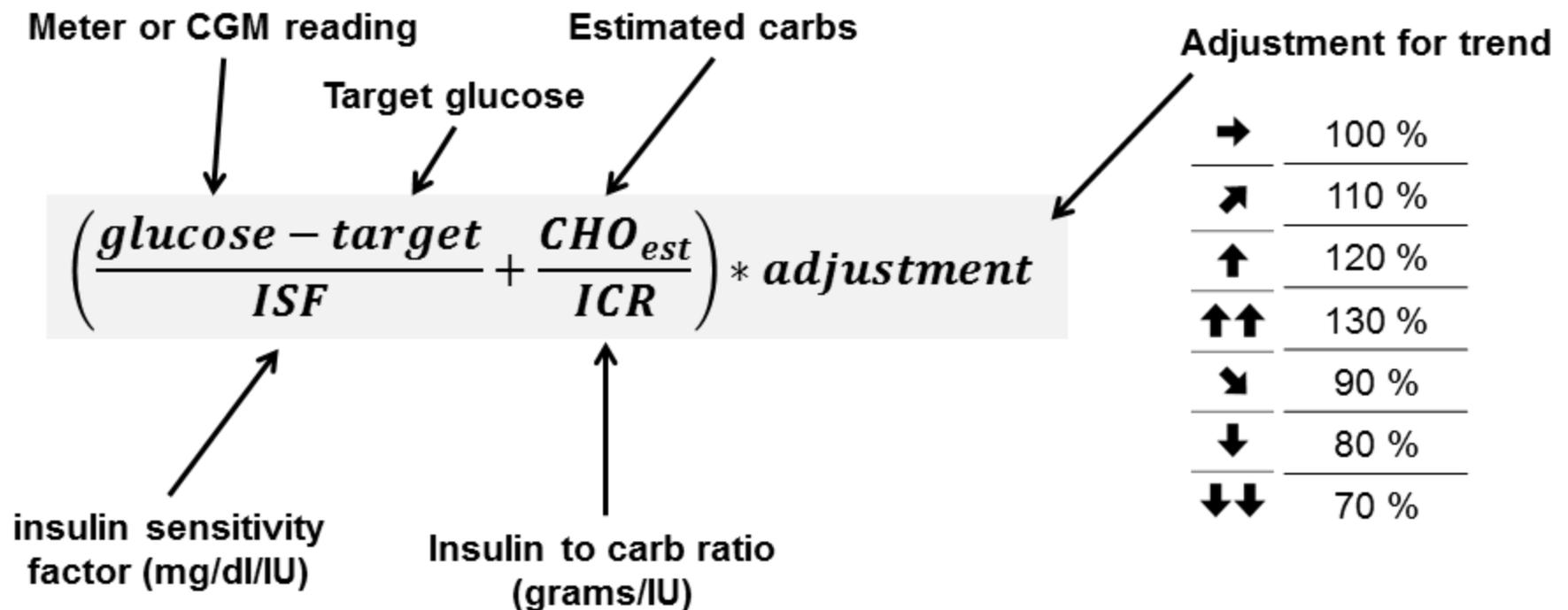
# UVA/Padova T1D Simulator: Validation

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- Data: 141 glucose traces, collected in 47 T1D subjects recruited for the AP@home FP7-EU project
- The physiological model implemented in the simulator was identified by Bayesian estimation
  - The distribution of parameters identified from data was statistically compared to the distribution of parameters of the simulator
  - No statistically significant differences were found except for the rate of intestinal absorption at breakfast (p-value=0.03)

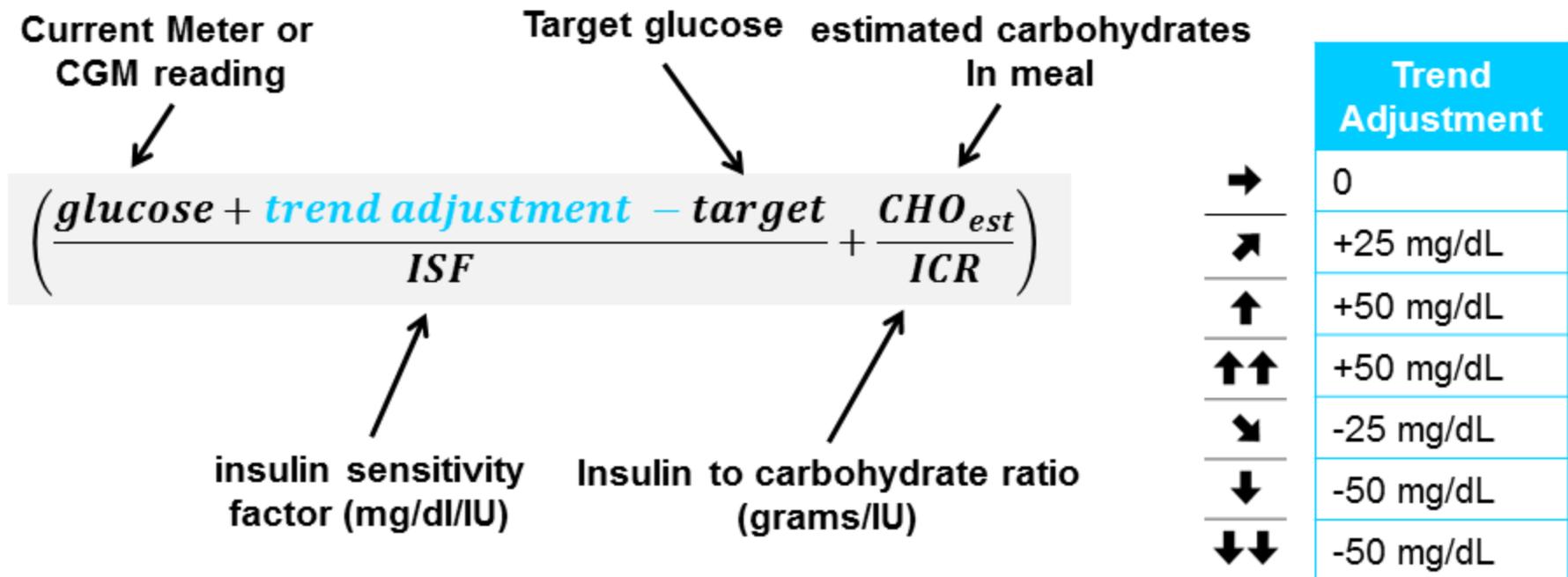
# Dose Determination (Meal simulations)

Standard bolus equation, with adjustments for glucose trend based on guidelines in published literature\*



# Mealtime Dose Determination (Two Week Simulation)

- Standard bolus equation, with adjustment for glucose trend as recommended in published literature\*



\* "Practical CGM" by Gary Scheiner, 2015

# Post-Market Follow-Up EU for Non-Adjunctive Use of G5 CGM

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- Dexcom G5 Mobile users surveyed in Germany and Sweden (in progress)
- 200 surveys sent
  - 62 completed in Germany
  - 23 completed in Sweden
- Population
  - 53% Pediatric
  - 47% adult
- Diabetes type
  - 98% Type 1
  - 2% Type 2